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## Structural basis for GABA<sub>A</sub> receptor potentiation by neurosteroids

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### Abstract

Type-A  $\gamma$ -aminobutyric acid receptors (GABA<sub>A</sub>Rs) are the principal mediators of inhibitory neurotransmission in the human brain. Endogenous neurosteroids interact with GABA<sub>A</sub>Rs to regulate acute and chronic anxiety and are potent sedative, analgesic, anticonvulsant and anaesthetic agents. Their mode of binding, and mechanism of receptor potentiation remain, however, unknown. Here we report crystal structures of a chimeric GABA<sub>A</sub>R construct, in apo and pregnanolone-bound states. The neurosteroid-binding site is mechanically coupled to the helices lining the ion channel pore, and modulates the desensitization gate conformation. We demonstrate that the equivalent site is responsible for physiological, heteromeric, GABA<sub>A</sub>R potentiation and explain the contrasting modulatory properties of 3 $\alpha$  versus 3 $\beta$  neurosteroid epimers. These results illustrate how peripheral lipid ligands can regulate the desensitization gate of GABA<sub>A</sub>Rs, a process of broad relevance to pentameric ligand-gated ion channels.

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**Data availability.** The atomic coordinates and the structure factors are available from the Protein Data Bank under accession codes 5O8F (pregnanolone-bound  $\alpha$ 5TMD) and 5OJM (apo  $\alpha$ 5TMD). Source data for figures 1e, 3e and 3f are available with the paper online.

#### Author Contributions

Experimental work was performed by P.S.M. and S.S. (protein expression, purification, crystallization, electrophysiology), S.M. (protein expression, purification), L.D.C. (docking experiments), E.P. and J.S. (nanobody generation), A.R.A. (crystallography). The manuscript was written by P.S.M. and A.R.A., with input from all co-authors.

#### Competing Financial Interests

The authors declare no competing financial interests.

## Introduction

GABA<sub>A</sub>Rs are pentameric ligand-gated ion channels (pLGICs)<sup>1</sup>. Binding of the neurotransmitter GABA to the extracellular domain (ECD) opens an intrinsic pore, surrounded by a ring of five M2 transmembrane domain (TMD) helices, one from each subunit, to permit the passage of negatively charged chloride ions<sup>2</sup>. The pore-opening event is subject to modulation by endogenous ligands such as Zn<sup>2+</sup> and neurosteroids including pregnanolone and its 5 $\alpha$  epimer allopregnanolone<sup>3</sup>. Through modulation of GABA<sub>A</sub>Rs, neurosteroids are key regulators of the stress response and anxiety<sup>4–6</sup>. Over the ovarian cycle, fluctuations in neurosteroid levels impact on the GABA<sub>A</sub>R inhibitory drive affecting neuronal excitability, raising susceptibility to seizure and anxiety<sup>7</sup>. Changes to GABA<sub>A</sub>R subunit expression levels in the dentate gyrus due to fluctuating neurosteroid concentrations are linked to postpartum depression following pregnancy<sup>8</sup>. Most GABA<sub>A</sub>Rs in the human brain are heteromers, typically comprising two  $\alpha$  ( $\alpha$ 1-6), two  $\beta$  ( $\beta$ 1-3) and one  $\gamma$  ( $\gamma$ 1-3) or  $\delta$  subunits, out of 19 possible types<sup>9</sup>. The only GABA<sub>A</sub>R structure solved to date, the  $\beta$ 3 homopentamer crystallized in an agonist-bound desensitized conformation, offers the best available guide to a physiological receptor<sup>10</sup>. However, the other principal components of GABA<sub>A</sub>Rs, the  $\alpha$  subunits, are the ones conveying neurosteroid potentiation, through a key glutamine residue within the M1 helices<sup>3,11</sup>. In the absence of structural information it is impossible to understand how neurosteroids modulate GABAergic neurotransmission in mechanistic terms. To address this, we sought to express, characterize and solve structures of apo and neurosteroid-bound GABA<sub>A</sub>R constructs containing  $\alpha$  subunit TMDs.

## Results

### Neurosteroid potentiation of a $\beta$ 3- $\alpha$ 5 chimeric GABA<sub>A</sub>R construct

Heteromeric GABA<sub>A</sub>Rs have, thus far, proved intransigent to structural determination, and  $\alpha$  subunits expressed alone do not form homopentameric assemblies. To overcome these limitations, we generated a chimeric human receptor by fusing the  $\alpha$ 5 subunit TMD region to the  $\beta$ 3 subunit ECD. GABA<sub>A</sub>R- $\beta$ 3 homopentamers are gated by the natural agonist histamine<sup>10,12</sup> (rather than GABA) and the chimera, referred to as  $\alpha$ 5<sub>TMD</sub>, was also activated and then desensitized by histamine during whole-cell patch-clamp recordings from transfected HEK-293T cells (Fig. 1a). As reported for GABA<sub>A</sub>R- $\beta$ 3<sup>12</sup>,  $\alpha$ 5<sub>TMD</sub> channels also mediate a picrotoxin-sensitive leak current ( $I_{PTX}$ ) caused by spontaneous (agonist-independent) gating which accounts for  $67 \pm 3\%$  ( $n = 8$ ) of the total current ( $I_{\text{histamineMAX}} + I_{PTX}$ ) (Fig. 1b). Thus,  $\alpha$ 5<sub>TMD</sub> assembles into a functional gating unit. To measure pregnanolone potentiation of submaximal histamine responses it was necessary to reduce the very high level of spontaneous activity in  $\alpha$ 5<sub>TMD</sub> because neurosteroids potentiate low efficacy activated states, as observed in heteromeric GABA<sub>A</sub>Rs<sup>13</sup>. To achieve this we introduced a point mutation, T287K, into the M2-M3 loop critical for receptor gating (identified from screening residue swaps between the  $\alpha$ 5 and  $\beta$ 3 subunits; see alignment in Fig. 1c) which reduced spontaneous gating from  $67 \pm 3\%$  to  $21 \pm 3\%$  ( $n = 16$ ). On this background, pregnanolone strongly potentiated submaximal ( $EC_{10-15}$ ) histamine doses, by  $325 \pm 104\%$ ,  $n = 6$  ( $EC_{50} = 1.3 \pm 0.1 \mu\text{M}$ ,  $n = 6$ ) (Fig. 1d,e). Critically, this effect was ablated by leucine substitution of the key M1 Gln ( $\alpha$ 5 Gln245) previously identified to be

essential for neurosteroid potentiation in heteromeric  $\alpha\beta\gamma/\delta$  GABA<sub>A</sub>Rs (Fig. 1e). Furthermore, purified  $\alpha 5_{\text{TMD}}$  in detergent was thermostabilised by addition of pregnanolone ( $EC_{50} = 5.5 \pm 0.3 \mu\text{M}$ ,  $n = 3$ ) and this thermostabilisation was strongly attenuated by Q245L or Q245W mutations (tryptophan is the equivalent residue in  $\beta 1-3$  subunits) ( $EC_{50} > 30 \mu\text{M}$ ,  $n = 3$ , in both cases) (Supplementary Fig. 1). Thus, whether in cell membranes or in detergent,  $\alpha 5_{\text{TMD}}$  houses a neurosteroid potentiation site that requires the same key M1 glutamine for function as reported for heteromeric GABA<sub>A</sub>Rs.

### The $\alpha 5_{\text{TMD}}$ crystal structure

We next crystallized and determined the X-ray structures of  $\alpha 5_{\text{TMD}}$  in the absence and presence of pregnanolone, to 3.3 and 3.2 Å resolution, respectively (Fig. 2a-d, Table 1 and Supplementary Video 1). In each case  $\alpha 5_{\text{TMD}}$  was bound to a nanobody (Nb25) raised against the  $\beta 3$  ECD, which facilitated crystallisation (Supplementary Fig. 2a).  $\alpha 5_{\text{TMD}}$  retains the hallmark architecture of all eukaryotic pentameric ligand-gated ion channels (pLGICs) characterized to date including nicotinic acetylcholine, serotonin type 3, glycine and GluCl receptors<sup>1,14–21</sup>. Each subunit comprises an N-terminal  $\beta 3$  ECD folded into a twisted  $\beta$ -sandwich followed by an  $\alpha 5$  four-helical bundle TMD (Fig. 2a,b). The principal face (P) of each subunit intercalates with the complementary face (C) of its neighbour to form a ring of five subunits surrounding a central vestibule at the ECD level, which flows into a five-fold pseudo-symmetric pore in the TMD region. Each Nb25 straddles the neurotransmitter binding site located under the loop-C between adjacent subunits (Supplementary Fig. 2a-d). The ECDs of the apo and pregnanolone-bound  $\alpha 5_{\text{TMD}}$  structures are structurally very similar (RMSD in the 0.16-0.21 Å range between different chains, over 204 equivalent C $\alpha$  positions). Both adopt the same overall activated conformation as the agonist-bound GABA<sub>A</sub>R- $\beta 310$ , exhibiting a closed loop-C that contrasts with the antagonist-bound open loop-C in glycine receptors<sup>16,17</sup> (Supplementary Fig. 2c,e,f). When applied to  $\alpha 5_{\text{TMD}}$ T287K transfected HEK-293T cells in whole cell patch-clamp recordings, Nb25 alone did not induce responses. Moreover, Nb25 did not affect maximal potentiation in the presence of 10  $\mu\text{M}$  pregnanolone, the concentration used in crystallisation experiments (Supplementary Fig. 2g). However, the activated state adopted by  $\alpha 5_{\text{TMD}}$  ECDs in crystal structures, in the absence of agonist, is consistent with the strong propensity of this construct to be spontaneously active in a cellular context (Fig. 1b).

### Neurosteroid binding modes

Surrounding the TMD pentamer of the pregnanolone-bound structure, but not the apo one, five large peaks were observed in the  $F_o - F_c$  omit electron density map. Each of these occupies a hydrophobic cavity at the interface between the principal M3 and complementary M1 helices of adjacent subunits (Supplementary Fig. 3). These were accounted for by pregnanolone molecules with half-chair geometry due to a *cis* junction between the A and B rings (Fig. 2c,d). The hydrophobic cavities contain the critical Gln245 residue, whose  $\epsilon$ -oxygen contributes a putative hydrogen bond from the top of the site to anchor the pregnanolone A ring 3 $\alpha$ -hydroxyl (Fig. 3a). The neurosteroid A ring is positioned flat beneath the M1 Ile242 side chain, perpendicular to and above the indole rings of M1 Trp249 (Fig. 3a). The B-D rings angle downwards, sandwiched between the side chains of M3 Ile305 and M1 Trp249. Tryptophan residues are highly prevalent in protein steroid binding

sites<sup>22</sup> and the stacking interaction observed is consistent with a previous study showing that an aliphatic Leu substitution of this M1 Trp ablated potentiation in GABA<sub>A</sub>R heteromers<sup>11</sup>. Pregnanolone B-D rings also make side-on van der Waals contacts with M1 Val<sup>246</sup>, which demarcates the deepest point of the pocket. Polar interactions anchor the neurosteroid at both ends. The D ring C20 ketone anchors the bottom end of the ligand by acting as a hydrogen bond acceptor for the M3 Thr<sup>309</sup> hydroxyl. Mutation of each of these residues individually, Q245S, V246A, W249L, I305A and T309A, all reduced sensitivity to pregnanolone potentiation of histamine responses on the T287K background by between 3- and 10-fold, with W249L reducing sensitivity the most (from  $0.8 \pm 0.2 \mu\text{M}$ ,  $n = 4$  to  $> 10 \mu\text{M}$ ,  $n = 8$ ) and T309A reducing sensitivity the least (to  $2.2 \pm 0.3 \mu\text{M}$ ,  $n = 3$ ) (Supplementary Fig. 4a). Structural alignment of the  $\beta_3$  TMD pentamer<sup>10</sup> over the  $\alpha_5$  TMD pentamer and subsequent examination of  $\alpha/\beta$  interfaces reveal that pregnanolone is well accommodated in the heteromer site at the  $\beta_P-\alpha_C$  interface containing the highly conserved  $\alpha$ -subunit M1 glutamine (Gln<sup>245</sup> in  $\alpha_5\text{TMD}$ , Fig. 3b). However, at the  $\alpha_P-\beta_C$  interface, the equivalent M1 position is occupied by  $\beta_3$  Trp<sup>237</sup>, removing the potential for  $3\alpha$ -hydroxyl coordination, clashing with pregnanolone and closing the top of the pocket (Fig. 3c,d). Although no  $\gamma$  subunit structure is currently available, sequence alignment also reveals an M1 tryptophan in place of M1 glutamine, predicting that the  $\alpha_P-\gamma_C$  pocket would be similarly occluded. Thus,  $\alpha_5\text{TMD}$  possesses a neurosteroid binding site that correctly predicts: (i) an involvement for the key M1 glutamine and tryptophan residues in heteromeric GABA<sub>A</sub>Rs<sup>3,11</sup> and (ii) that receptor potentiation by neurosteroids occurs only via the  $\beta_P-\alpha_C$  interface<sup>23</sup> (Fig. 3b versus 3c).

A previous mutagenesis study, guided by homology modelling, placed the  $\alpha$ -subunit M1 Gln close to M4 residues to create an intra-subunit pocket<sup>3</sup>, rather than the inter-subunit one described here. In  $\alpha_5\text{TMD}$ , the equivalent M4 residues Asn<sup>410</sup> and Tyr<sup>413</sup> are located outside the neurosteroid binding site and are incompatible with ligand coordination by Gln<sup>245</sup> (Supplementary Fig. 4b,c). Therefore, the previously reported effects of mutations to these residues on neurosteroid binding were, most likely, indirect. Moreover, (3 $\alpha$ ,5 $\beta$ )-6-azipregnanolone photolabels  $\beta_3$  homopentameric GABA<sub>A</sub>Rs at Phe<sup>30124</sup>, the equivalent residue to  $\alpha_5\text{TMD}$  M3 Thr<sup>309</sup> (Fig. 3a,b), consistent with the inter-subunit site we have identified. To functionally validate whether the neurosteroid-binding site observed crystallographically is equivalent to an inter-subunit potentiation site in the heteromeric  $\alpha_1\beta_3\gamma_2$  GABA<sub>A</sub>R, we introduced mutations into the  $\beta$ -subunit face that opposes the key heteromer  $\alpha$ -subunit M1 glutamine and tryptophan residues<sup>11</sup>. We compared the sensitivity to pregnanolone potentiation of wild-type GABA<sub>A</sub>R heteromers and heteromers containing  $\beta_3$  subunits with alanine substitutions at either M3 Leu<sup>297</sup> (corresponding to  $\alpha_5\text{TMD}$  Ile<sup>305</sup>) or M3 Phe<sup>301</sup> (corresponding to  $\alpha_5\text{TMD}$  Thr<sup>309</sup>) in whole-cell patch clamp recordings from transfected HEK-293T cells (Fig. 3e). Both  $\alpha_1\beta_3\text{L297A}\gamma_2$  and  $\alpha_1\beta_3\text{F301A}\gamma_2$  GABA<sub>A</sub>Rs retained wild-type sensitivity to the neurotransmitter GABA (wild type  $\text{EC}_{50} = 3.0 \pm 1 \mu\text{M}$ ,  $n = 8$ ; L297A  $\text{EC}_{50} = 5.0 \pm 2 \mu\text{M}$ ,  $n = 3$ ; F301A  $\text{EC}_{50} = 4.2 \pm 2 \mu\text{M}$ ,  $n = 3$ ). However,  $\alpha_1\beta_3\text{L297A}\gamma_2$  GABA<sub>A</sub>Rs were less sensitive to potentiation by both pregnanolone and its 5 $\alpha$  epimer allopregnanolone (a *trans* isomer with a "flat" geometry) by 10-fold and 5-fold, respectively (pregnanolone WT  $\text{EC}_{50} = 240 \pm 20 \text{ nM}$ ,  $n = 13$ ; L297A  $\text{EC}_{50} = 2500 \pm 200 \text{ nM}$ ,  $n = 11$ ; allopregnanolone WT  $\text{EC}_{50} = 280 \pm 40 \text{ nM}$ ,  $n =$

5; L297A  $EC_{50} = 1600 \pm 200$  nM,  $n = 9$ )(Fig. 3e,f). In contrast,  $\alpha 1\beta 3\gamma 2$  GABA<sub>A</sub>Rs retained wild-type sensitivity to both pregnanolone and allopregnanolone potentiation (pregnanolone  $EC_{50} = 280 \pm 40$  nM,  $n = 8$ ; allopregnanolone  $EC_{50} = 260 \pm 60$  nM,  $n = 4$ ). This is consistent with the more distal location of Phe301 on the border of the pocket, and also with its lack of conservation between human  $\beta$ -subunit subtypes at this position and the fact that the  $\beta$ -subunit subtype does not impact neurosteroid potentiation<sup>25</sup>. However, the strong impact of the  $\beta 3$  L297A mutation confirms that the inter-subunit location of the neurosteroid site observed in  $\alpha 5_{TMD}$  is retained in  $\alpha 1\beta 3\gamma 2$  heteromeric GABA<sub>A</sub>Rs.

To explore the  $\alpha 5_{TMD}$  neurosteroid binding mechanism further, we performed *in silico* analyses using the quantum mechanics polarized ligand docking (QMPLD)<sup>26</sup> algorithm implemented in the Schrödinger suite (<http://www.schrodinger.com>). The binding mode observed upon pregnanolone docking into the  $\alpha 5_{TMD}$  neurosteroid pocket was in agreement with the crystal structure (RMSD of 1.7 Å, calculated by VMD over all pregnanolone atoms) (Fig. 4a and Supplementary Fig. 5a). Van der Waals contacts were predicted to be the predominant driving force of interaction (binding energy of -36.6 Kcal mol<sup>-1</sup>), consistent with other steroid binding site analyses<sup>27</sup>. The electrostatic contribution was only -1.2 Kcal mol<sup>-1</sup>. Despite an elongated flat rather than half-chair geometry, allopregnanolone was also well accommodated into the site (Fig. 4b), with a similar binding energy ( $E_{\text{vdw}} = -35.4$  Kcal mol<sup>-1</sup>;  $E_{\text{coul}} = -1.4$  Kcal mol<sup>-1</sup>). Moreover, pregnanolone and allopregnanolone potentiated the  $\alpha 5_{TMD}$ T287K histamine responses similarly (Supplementary Fig. 5b). Allopregnanolone retained the same binding mode for its 3 $\alpha$ -hydroxyl, positioned equidistantly between the M1 Gln245  $\epsilon$ O and the Trp249  $\epsilon$ N (3.5 Å for pregnanolone; 3.6 Å for allopregnanolone). Due to its elongated flat geometry, this imposed a 1.2 Å downwards translation on the allopregnanolone B-D rings. In contrast to pregnanolone, its 3 $\beta$  epimer, epipregnanolone, is a weak potentiator of GABA<sub>A</sub>R heteromers<sup>28</sup>. Epipregnanolone has been shown to non-competitively antagonise pregnanolone potentiation, raising the hypothesis that it acts through an alternative site<sup>28</sup>. However, our epipregnanolone docking in the  $\alpha 5_{TMD}$  neurosteroid pocket led to similar binding energy estimates ( $E_{\text{vdw}} = -35.5$  Kcal mol<sup>-1</sup>;  $E_{\text{coul}} = -1.8$  Kcal mol<sup>-1</sup>), suggesting that it can bind the same site as pregnanolone and allopregnanolone. These alternative scenarios can be reconciled if epipregnanolone binding to one GABA<sub>A</sub> heteromer site allosterically prevents potentiation by pregnanolone bound at the other. However, the possibility also remains that GABA<sub>A</sub>R heteromers contain additional, non-overlapping, sites that bind epipregnanolone and mediate non-competitive inhibition. Notably, our docking studies reveal that the 3-hydroxyl group of epipregnanolone points "upwards" rather than "downwards", losing the potential coordination with Trp<sup>249</sup>  $\epsilon$ N, although potential coordination with Gln245  $\epsilon$ O is retained (Fig. 4c). We propose that positioning of the 3 $\alpha$ -hydroxyl between the Gln245 and Trp249 side chains is a contributing factor in determining whether transduction is potentiating or inhibitory in GABA<sub>A</sub>R heteromers. In contrast to the very weak potentiation on GABA<sub>A</sub>R heteromers, epipregnanolone triggers significant  $\alpha 5_{TMD}$ T287K potentiation (Supplementary Fig. 5b). This might be due to its cumulative action through the five neurosteroid-binding sites present in  $\alpha 5_{TMD}$ T287K, as opposed to only two equivalent sites in GABA<sub>A</sub>R heteromers, resulting in a stronger effect. Nevertheless, in these circumstances, the proposal that an

"upwards" position of the 3-hydroxyl reduces neurosteroid potentiation cannot be validated in the  $\alpha 5_{\text{TMD}}\text{T287K}$  chimera.

### Impact of neurosteroid binding on TMD conformation

To examine the impact of pregnanolone binding on the pore conformation, we next compared the TMD regions of the apo and pregnanolone-bound  $\alpha 5_{\text{TMD}}$  structures. Individual subunit TMDs superpose closely (RMSD in the 0.43-0.55 Å range between different chains over 123 equivalent Ca positions), adopting similar pore conformations to the desensitized GABA<sub>A</sub>R- $\beta 3$  homopentamer10 (Fig. 5a), rather than the open, desensitized (or partly open) and closed conformations of the related glycine receptor (GlyR)16,17 (Fig. 5b). In both apo and pregnanolone-bound states, the five M2 helices lining the pore, one from each subunit, taper inwards to a constriction at the intracellular end. The side chains of Val260 and Pro256, occupying the 2' and -2' positions (pLGIC pore numbering convention), demarcate a hydrophobic desensitization gate (Fig. 5a). However, while the pore diameter at 2' valine appears to be state-independent (4.8 Å), pregnanolone binding leads to pore enlargement, from 3.7 Å to 4.3 Å diameter, at -2' proline (Fig. 5b and Supplementary Video 2). This contrasts with the GABA<sub>A</sub>R- $\beta 3$  homopentamer, in which the desensitization gate comprises only a single ring, at -2' (Ala248) with a 3.1 Å diameter (Supplementary Fig. 6), but is reminiscent of the cation-conducting  $\alpha 4\beta 2$  nicotinic acetylcholine receptor (nAChR) in which two rings of residues, at 2' and -1' form a similar, albeit negatively charged, gate21 (Fig. 5b). Although the  $\alpha 5_{\text{TMD}}$  pore in both states is theoretically wide enough to conduct dehydrated Cl<sup>-</sup> ions (Pauling radius 1.8 Å) the gate contains no polar groups to substitute for the hydration shell and is highly likely to impede conductance29.

The increased -2' Pro ring diameter is the result of neurosteroid pocket expansion, required to accommodate pregnanolone (Fig. 5c,d and Supplementary Video 2). Neurosteroid binding displaces the complementary face away from the principal one, in particular at M1 Val246 (Ca displaced 0.9 Å) and Trp249 (Ca displaced 0.7 Å). Contrasting with this expansion, the polar interaction from the 3 $\alpha$ -hydroxyl draws the side chain of Gln245 into the pocket by 0.6 Å and down towards the Trp249  $\epsilon\text{N}$  by 0.7 Å (measurements corresponding to Gln245  $\epsilon\text{O}$  in both cases). The resultant torque from this rearrangement at the base of the M1 helix, which twists sideways and outwards, drives the translation of the M1-M2 intracellular linker (Fig. 5d and Supplementary Video 2; mean Ca displacement of Leu250, Asn251, Arg252, Glu253, Ser254, Val255 is 0.95 Å), not involved in crystal packing (Supplementary Fig. 7).

Besides pore dilation, which partly relieves its hydrophobic constriction, pregnanolone binding has longer-range effects, extending upwards through the TMD helical bundles and destabilizing their desensitized-state arrangement. Notably, straightening of the M2 helices drives inwards their extracellular ends and the contiguous M2-M3 loop, a key component of the TMD-ECD interface (Supplementary Video 3). This leads to an overall straightening of the subunits, with the ECD and TMD undergoing a rocking motion about their shared interface as  $\alpha 5_{\text{TMD}}$  switches between apo and pregnanolone-bound states (Fig. 6a and Supplementary Video 3). The type and magnitude of motions observed here are consistent with those previously proposed to support transitions between gating states in the heteromeric *Torpedo* nAChR, studied within a membrane environment30, as well as in the

detergent-solubilised homopentameric zebrafish  $\alpha 1$  GlyR16 (Fig. 6b) and *C. elegans* GluCl $\alpha$  receptor19, suggesting that all these constructs operate in the same allosteric framework, broadly applicable to pLGICs1.

The observed outward pull on the desensitisation gate in response to binding pregnanolone, and the impact of structure-guided mutagenesis, offer a molecular mechanism by which neurosteroids support pore opening in heteromeric receptors. Consistent with this model, the M1-M2 linker controls desensitisation in heteromeric GABA $_A$ Rs31. Expansion of the TMD inter-subunit space as a mechanism of potentiation has previously been described for the anti-parasitic agent ivermectin binding to the related *C. elegans* receptor GluCl18,19. However, ivermectin binds GluCl to a pocket higher up the TMD, not observed in GABA $_A$ Rs, and penetrates deeper between the subunits (Supplementary Fig. 8a,b).

## Discussion

Here, we present structures of a homomeric GABA $_A$ R construct,  $\alpha 5_{TMD}$ , in apo form and bound to a potentiation site by the endogenous neurosteroid pregnanolone. The binding site for neurosteroid corresponds to the one in heteromeric  $\alpha\beta\gamma/\delta$  GABA $_A$ Rs, which constitute the vast majority of physiological GABA $_A$ Rs9. These structures reveal the mode of neurosteroid binding and the motions induced in response to binding. Pregnanolone binds at the inter-subunit interface between the M3 helix on the principal face and the M1 helix on the complementary face. Consistent with the high hydrophobicity of neurosteroids, binding is driven by interactions with hydrophobic residues (-36.6 Kcal mol $^{-1}$  of the total -37.8 Kcal mol $^{-1}$  binding energy), in particular by a stacking interaction between the pregnanolone B-D rings and the  $\alpha 5$  M1 Trp249. The critical M1 Gln245 residue, forms a putative hydrogen bond *via* its  $\epsilon$ -oxygen to the pregnanolone A ring 3 $\alpha$ -hydroxyl. Expansion of Trp249 away from M3 to accommodate pregnanolone within the site, combined with attraction of Gln245 towards pregnanolone stacked on Trp249 imparts torque on the lower segment of M1, which triggers a sideways motion on the M1-M2 linker and withdraws M2 at the -2' ring to expand the desensitisation gate. The structure of the  $\alpha 5_{TMD}$  homopentamer potentiation site, compared with GABA $_A$ R- $\beta 310$ , also explains why in heteromeric GABA $_A$ Rs neurosteroids are well accommodated at the two  $\beta^P$ - $\alpha^C$  interfaces (Fig. 3a-c) but not at the two  $\alpha^P$ - $\beta^C$  interfaces23. In the latter, the key  $\alpha^C$  M1 Gln245 is replaced by  $\beta^C$  Trp237, which occludes the site and will sterically clash with the neurosteroid.

In a physiological context, extrasynaptic GABA $_A$ Rs are key targets for endogenous neurosteroids32. In particular, neurosteroids increase tonic inhibition by promoting opening of GABA $_A$ Rs that are only partially occupied by the low ambient concentrations of GABA present in the extrasynaptic regions32. The structural framework provided by  $\alpha 5_{TMD}$  in a desensitised state, bound by pregnanolone, reveals that the molecular basis of this physiological process can be accounted for by the neurosteroid drawing the equilibrium away from the closed resting state towards open and desensitized states. The degree by which neurosteroid binding supports the open state versus the desensitized state likely depends on the surrounding lipid environment. Neurosteroid potentiated the open state of  $\alpha 5_{TMD}$  in whole-cell patch-clamp recordings in HEK cells, i.e. within a membrane environment, but was bound to desensitised  $\alpha 5_{TMD}$  in detergent micelles in the crystal

structure. The  $\alpha 5_{\text{TMD}}$  structure also reveals the exposed location of the neurosteroid site on the outer face of the TMD, meaning that pregnanolone will bridge interactions between the  $\text{GABA}_{\text{A}}\text{R}$  and the lipid bilayer. Thus, it is not surprising that the broader lipidic context of the protein will affect the extent to which neurosteroid binding expands the desensitization gate and so potentiates the open state.

Overall, this study provides key insight into the mechanical coupling between peripheral lipid binding sites and the channel desensitization gate, and illustrates a novel form of modulation within the pLGIC superfamily.

## Online Methods

### Construct design

The  $\alpha 5_{\text{TMD}}$  construct was designed by fusing the extracellular domain of the human  $\text{GABA}_{\text{A}}\text{R}$   $\beta 3$  subunit (mature polypeptide numbering 1-217, QSVN...LKRN; Uniprot P28472) to the transmembrane domain of the human  $\text{GABA}_{\text{A}}\text{R}$   $\alpha 5$  subunit (mature polypeptide numbering 226-431, IGYF...GAASPK; Uniprot P31644). The  $\alpha 5$  intracellular M3-M4 loop amino acids 316-392 (RGWA...NSIS) were substituted by the SQPARAA sequence<sup>10,33</sup> to enhance the recombinant protein yield and facilitate crystallisation. This construct was cloned into the pHLsec vector<sup>34</sup>, between the N-terminal secretion signal sequence and a C-terminal 1D4 purification tag derived from bovine rhodopsin (TETSQVAPA) that is recognised by the Rho-1D4 monoclonal antibody (University of British Columbia)<sup>35,36</sup>. Point mutations were introduced to constructs by overlap PCR of whole construct cDNAs and subsequent ligation into the pHLsec vector<sup>34</sup>.

### Large-scale expression and purification of $\alpha 5_{\text{TMD}}$

Twenty-litre batches of HEK293S-GnTI<sup>-</sup> cells (ATCC Cat# CRL-3022, RRID: CVCL\_A785); which yield proteins with truncated N-linked glycans, Man<sub>5</sub>GlcNAc<sub>2</sub><sup>37,38</sup>) were grown in suspension to densities of  $2 \times 10^6$  cells ml<sup>-1</sup> in Protein Expression Media (PEM, Invitrogen) supplemented with L-glutamine, non-essential amino-acids (Gibco) and 1% foetal calf serum (Sigma-Aldrich) in 200 ml volumes each in empty 600 ml DMEM bottles (Gibco) with lids loose shaking at 130 rpm, 37°C, 8 % CO<sub>2</sub>. For transient transfection, cells from 1 litre of culture were collected by centrifugation (200 *g* for 5 mins) and resuspended in 150 ml Freestyle medium (Invitrogen) containing 3 mg PEI Max (Polysciences) and 1 mg plasmid DNA, followed by a 4 h shaker-incubation in a 2 litre conical flask at 160 rpm. Subsequently, culture media were topped up to 1 litre with PEM containing 1 mM valproic acid and returned to empty DMEM bottles. Typically, 40-70 % transfection efficiencies were achieved, as assessed by control transfections with a monoVenus-expressing plasmid<sup>39,40</sup>. 72 h post-transfection cell pellets were collected, snap-frozen in liquid N<sub>2</sub> and stored at -80 °C.

Cell pellets (approx. 200g) were solubilised in 600 ml buffer containing 20 mM HEPES pH 7.2, 300 mM NaCl, 1.5 % (w/v) dodecyl 1-thio- $\beta$ -maltoside (DDTM, Anatrace), 1 % (v/v) mammalian protease inhibitor cocktail (Sigma-Aldrich, cat. P8340) for 2 hours at 4 °C. Insoluble material was removed by centrifugation (10,000 *g*, 15 min). The supernatant was



diluted 2-fold in a buffer containing 20 mM HEPES pH 7.2, 300 mM NaCl and incubated for 2 hr at 4 °C with 10 ml CNBr-activated sepharose beads (GE Healthcare) pre-coated with 50 mg Rho-1D4 antibody (3.3 g dry powdered beads expand during antibody coupling to approximately 10 ml). Affinity-bound samples were washed slowly by gravity flow over 2 hours at 4 °C with 200 ml buffer containing 20 mM HEPES pH 7.2, 300 mM NaCl, 0.1 % (w/v) DDTM (approximately 20 x CMC), then 200 ml buffer containing 20 mM HEPES pH 7.2, 300 mM NaCl, 0.01 % (w/v) DDTM.  $\alpha 5_{TMD}$  was eluted overnight in 15 ml buffer containing 15 mM HEPES pH 7.2, 225 mM NaCl, 0.007 % (w/v) DDTM, 500  $\mu$ M TETSQVAPA peptide (Genscript). The eluate was centrifuged (30,000g, 15 min) and the supernatant was concentrated by ultrafiltration to 1-2 ml at 1-5 mg/ml using 100-kDa cut-off membranes (Millipore). The concentrated sample was centrifuged (30,000 g, 15 min) and the supernatant was aliquoted in 0.5-1.5 mg protein per 0.7 ml aliquots and either snap-frozen for storage at -80 °C or gel filtrated as appropriate. A single aliquot was loaded onto a Superose 6 10/300 Increase gel filtration column (GE Healthcare) equilibrated in 10 mM HEPES pH 7.2, 150 mM NaCl, 0.007 % (w/v) DDTM. The nanobody Nb25, expressed and purified as described below, was added to  $\alpha 5_{TMD}$  at 10-fold molar excess and the complex was concentrated by ultrafiltration to 4 mg/ml, using 100 kDa cut-off membranes (Millipore), for crystallisation trials. Typical final yields were 0.2 mg  $\alpha 5_{TMD}$  per litre of cells grown in suspension (10 g cell pellet). For the production of neurosteroid-bound  $\alpha 5_{TMD}$ , the gel filtration buffer described above was supplemented with pregnanolone, 30  $\mu$ M final concentration.

### Large-scale expression and purification of heteromeric $\alpha 1\beta 3$ GABA<sub>A</sub>Rs for generation of nanobody libraries

Human GABA<sub>A</sub>R  $\alpha 1$  and  $\beta 3$  subunits wild-type mature protein sequences were used ( $\alpha 1$  Uniprot P14867 entry Gln28 is Gln1 1-429 QPSL...PTPHQ;  $\beta 3$  Uniprot P28472 isoform 1 entry Gln26 is Gln1 1-448 QVSN...LYYVN), except that the intracellular loop between transmembrane helices 3 and 4 (M3-M4) was substituted, for  $\alpha 1$  from Arg313 to Ser390, and for  $\beta 3$  from Gly308 to Asn421, with the linker sequence, SQPARAA, to increase expression<sup>10</sup>. These constructs were cloned into the pHLsec vector<sup>34</sup>, between the N-terminal secretion signal sequence and for  $\beta 3$  a double stop codon, or for  $\alpha 1$  a C-terminal 1D4 purification tag. The expression and purification procedure was as described above for  $\alpha 5_{TMD}$  but with the following differences. Plasmids encoding the  $\alpha 1$  and  $\beta 3$  subunits were co-transfected in a 1:1 ratio. The detergent used for solubilization was decyl maltose neopentyl glycol (DMNG, Anatrace), supplemented with cholesterol hemisuccinate (CHS, Anatrace) at 10:1 molar ratio. The 15 ml eluted samples were loaded in 5 ml batches onto a Superdex 200 16/600 column (GE Healthcare) equilibrated in 10 mM HEPES pH 7.2, 150 mM NaCl, 0.007 % (w/v) DMNG10:1CHS, 50  $\mu$ M GABA. Peak fraction concentrations were typically 0.1 mg/ml and were further concentrated by ultrafiltration to 1 mg/ml using 100 kDa cut-off membranes (Millipore), aliquoted and snap-frozen at -80 °C. The final  $\alpha 1\beta 3$  GABA<sub>A</sub>R yield was 0.05 mg per litre of suspension culture (10 g cell pellet).

### Nanobody generation and purification

Camelid nanobodies against  $\alpha 1\beta 3$  GABA<sub>A</sub>Rs were generated using established protocols<sup>41</sup>. One animal was immunized six times with the recombinant 1D4 tagged human  $\alpha 1\beta 3$

GABA<sub>A</sub>R pentamer (described above). Subsequent to library generation, nanobodies were selected by phage display in two different ways: either by passive absorption of the GABA<sub>A</sub>- $\alpha$ 1 $\beta$ 3 pentamer, or by trapping the receptor using the 1D4 antibody. After two rounds of selections, 96 clones were screened and positive clones were sequenced, revealing 13 nanobody families. The nanobody Nb25, binding to the GABA<sub>A</sub>  $\beta$ 3 subunit, was produced and purified in milligram quantities from WK6su<sup>-</sup> *E. coli* bacteria. Bacteria were transformed with ~200 ng of nanobody expression plasmid pMESy4 containing the nanobody of interest and selected on Lysogeny broth (LB)-agar plates containing 2% glucose and 100  $\mu$ g/ml ampicillin. 2-3 colonies were used for preparing a pre-culture, which was used to inoculate 0.5 L Terrific broth (TB) cultures supplemented with 0.1 % glucose, 2 mM MgCl<sub>2</sub> and 100  $\mu$ g/mL ampicillin. Cultures were grown at 37 °C until their OD<sub>600</sub> reached 0.7, at which point Nb25 expression was induced with 1 mM IPTG. After induction cells were grown at 28 °C overnight and harvested by centrifugation (20 mins, 5000 *g*). Nanobodies were released from the bacterial periplasm by incubating cell pellets with an osmotic shock buffer containing 0.2 M Tris pH 8.0, 0.5 mM EDTA, and 0.5 M sucrose. The C-terminally His6-tagged Nb25 was purified using nickel affinity chromatography (binding buffer: 50 mM HEPES pH 7.2, 1 M NaCl, 10 mM imidazole; elution buffer: 50 mM HEPES pH 7.2, 0.2 M NaCl, 0.5 M imidazole), followed by size-exclusion chromatography on a Superdex 75 16/600 column (GE Healthcare) in 10 mM Hepes pH 7.2, 150 mM NaCl. Nb25 stocks were concentrated to 5-10 mg/mL, snap-frozen in liquid nitrogen and stored at -80 °C.

### Crystallization and X-ray data collection

The  $\alpha$ 5<sub>TMD</sub> construct contains 15 N-linked glycosylation sites, bringing a considerable extra volume, flexibility and potential occupancy heterogeneity. Therefore, prior to crystallization, concentrated  $\alpha$ 5<sub>TMD</sub> samples, with and without pregnanolone, were incubated with 0.01 mg ml<sup>-1</sup> endoglycosidase F142 for 2h at room temperature. Sitting drop vapour diffusion crystallization trials were performed in 96-well Swissci 3 well crystallisation plates (Hampton Research), at three ratios: 200 nl protein plus 100 nl reservoir, 100 nl protein plus 100 nl reservoir, 100 nl protein plus 200 nl reservoir. Drops were dispensed by a Cartesian Technologies robot43, and plates were maintained at 6.5 °C in a Formulatrix storage and imaging system. Initial crystals grew within 1-7 days in a range of conditions<sup>44</sup>, and diffracted up to intermediate resolution (>5 Å). Following additive-based optimization (MemAdvantage, Molecular Dimensions), pregnanolone-bound  $\alpha$ 5<sub>TMD</sub> crystals diffracting to 3.2 Å resolution were grown in 14 % poly-ethylene (PEG) 6000, 0.1 M *N*-(2-Acetamido)iminodiacetic acid (ADA), pH 5.6, 7.6 mM 4-Cyclohexyl-1-Butyl- $\beta$ -D-Maltoside (CYMAL-4) and apo  $\alpha$ 5<sub>TMD</sub> crystals diffracting to 3.3 Å resolution were grown in 14 % poly-ethylene (PEG) 5000, 0.08 M magnesium acetate, 0.1 M sodium citrate, pH 5.8, 1 mM ethylene glycol tetraacetic acid (EGTA). Crystals were cryoprotected by soaking in reservoir solution supplemented with 30 % ethylene glycol, and then were flash-frozen in liquid nitrogen. Diffraction images of 0.2° oscillation were collected at the Diamond Light Source, beamlines I03 (pregnanolone-bound  $\alpha$ 5<sub>TMD</sub>,  $\lambda$ =0.9763 Å) and I04 (apo  $\alpha$ 5<sub>TMD</sub>,  $\lambda$ =0.9795 Å), on Pilatus3 6M and Pilatus 6M-F detectors, respectively. X-ray data were indexed, integrated and scaled using the HKL2000 package<sup>45</sup> and merged using Aimless<sup>46,47</sup>. Data collection statistics are shown in Table 1.

## Structure determination, refinement and analysis

Pregnanolone-bound and apo  $\alpha 5_{\text{TMD}}$  structures were solved by molecular replacement using the human GABA<sub>A</sub>R- $\beta 3_{\text{cryst}}$  homopentamer10 (PDB ID: 4COF) and the gelsolin nanobody48 (PDB ID: 2X1Q) as a search model in Phaser49. Polypeptide chains were traced using iterative rounds of manual model building in Coot50 and refinement in Refmac51 and Phenix52,53. Automated X-ray and atomic displacement parameter (ADP) weight optimisation, and torsion angle non-crystallographic symmetry (NCS) restraints, were applied. The pregnanolone coordinates and geometry restraints were generated using the Grade Web Server (<http://grade.globalphasing.org>). Diffraction from the apo  $\alpha 5_{\text{TMD}}$  crystal was strongly anisotropic. Ellipsoidal truncation, with resolution limits along the reciprocal cell directions  $a^*$ ,  $b^*$  and  $c^*$  being 3.9 Å, 3.8 Å and 3.3 Å respectively, anisotropic scaling and a negative isotropic B-factor correction ( $-49.29 \text{ \AA}^2$ ) were performed using the UCLA-DOE Lab Diffraction Anisotropy server (<https://services.mbi.ucla.edu/anisoscale/>)54. Anisotropy correction led to improvements in the electron density map quality and facilitated model building. Both datasets (uncorrected and anisotropy-corrected) were deposited in the Protein Data Bank. The model deposited was refined against the anisotropy-corrected dataset, however we also provide refinement statistics against the full (uncorrected) dataset in Table 1.

The final models contain one  $\alpha 5_{\text{TMD}}$  homopentamer, bound to five Nb25 nanobodies, per asymmetric unit. The complete polypeptide chains could be built, with the exception of thirteen N-terminal (QSVNDPGNMSFVK) and thirteen C-terminal (NREPVIKGAASPK) GABA<sub>A</sub> residues, the final Ser residue in nanobody chains L, M and N and the C-terminal purification tags, presumably disordered. Furthermore, very strong additional electron density peaks were clearly visible in the outer parts of inter-subunit TMD regions in the  $\alpha 5_{\text{TMD}}$  maps. These could be unambiguously assigned to five pregnanolone molecules, one per inter-subunit interface, based on shape, coordination and refinement statistics. The  $\alpha 5_{\text{TMD}}$  extracellular region is heavily glycosylated, and we could observe clear electron density for 10 out of the 15 N-linked glycosylation sites, the remaining five being located in the N-terminal disordered regions. Glycans attached to Asn149 in each chain were protected from endoglycosidase F1 cleavage due to extensive interactions with both  $\alpha 5_{\text{TMD}}$  and the Nb25 nanobody molecules, underlying their important structural role10. Stereochemical properties of the models were assessed in Coot50 and Molprobit55. Protein geometry analyses revealed no Ramachandran outliers, with 97.88% residues in favoured regions, 2.12% residues in allowed regions, for pregnanolone-bound  $\alpha 5_{\text{TMD}}$  and 96.76% residues in favoured regions, 3.24% residues in allowed regions, for apo  $\alpha 5_{\text{TMD}}$ . The overall Molprobit scores are 1.24 and 1.74, respectively (100th percentile).

Structural alignments were performed in SHP56. Protein interfaces were analysed using the PDBePISA web server at the European Bioinformatics Institute ([http://www.ebi.ac.uk/pdbe/prot\\_int/pistart.html](http://www.ebi.ac.uk/pdbe/prot_int/pistart.html))57 and pore dimensions were analysed using the Coot implementation of Hole58, with a probe radius of 1.4 Å. Structural figures were prepared with the PyMOL Molecular Graphics System, Version 1.8, Schrödinger, LLC. Molecular videos and analyses were performed with the UCSF Chimera package, developed by the Resource for

Biocomputing, Visualization, and Informatics at the University of California, San Francisco (supported by NIGMS P41-GM103311)59.

### Cell preparation and electrophysiology

One day prior to experiments, 8 ml of Dulbecco's Modified Eagle Medium (DMEM) was pre-incubated for 10 mins at room temperature with 96  $\mu$ l lipofectamine2000 (ThermoFisher) and 48  $\mu$ g plasmid DNA, then added to a single T175 cm<sup>2</sup> flask containing HEK293T cells (30-50 % confluency; HEK 293T, ATCC Cat# CRL-3216, RRID: CVCL\_0063) and 2 ml DMEM (supplemented with 10 % fetal calf serum, L-Gln and non-essential amino acids). After 3 hrs this media was removed and replaced by DMEM supplemented with 10 % fetal calf serum. For GABA<sub>A</sub>R heteromers, pHLsec plasmids containing human full-length cDNA constructs were mixed in 1:1:2 ratio ( $\alpha$ : $\beta$ : $\gamma$ ), supplemented with 3% plasmid encoding enhanced green fluorescent protein (EGFP) to assess transfection efficiency. Specifically, the cDNA inserts used for heteromeric receptor expression were as follows: human GABA<sub>A</sub>R  $\alpha$ 1 mature protein sequence ( $\alpha$ 1 Uniprot P14867 entry Gln28 is Gln1 1-429 QPSL...PTPHQ) and human  $\beta$ 3 mature protein sequence ( $\beta$ 3 Uniprot P28472 entry isoform 1 Gln26 is Gln1 1-448 QVSN...LYYVN) cloned into the pHLsec vector<sup>34</sup> between the N-terminal secretion signal sequence and a double stop codon; Human GABA<sub>A</sub>R  $\gamma$ 2 mature protein sequence ( $\gamma$ 2 Uniprot P18507 isoform 1 entry Gln40 is Gln1 1-428 QKSDD...SYLYL) cloned into the pHLsec vector<sup>34</sup> between the N-terminal secretion signal sequence followed by streptavidin binding protein (MDEKTTGWRGGHVVEGLAGELEQLRARLEHHPQGQREP) and a C-terminal 1D4 purification tag. Transfection efficiencies were typically 50-80 % (cells expressing EGFP, as estimated by fluorescence microscopy). Eighteen to twenty-four hours later cells were washed with phosphate buffered saline, incubated in 4 ml TrypLE (Gibco) for 7 mins at 37 °C, suspended in 21 ml DMEM supplemented with 10 % fetal calf serum and L-Gln, centrifuged at 100 *g* for 1.5 mins, then suspended in 50 ml Freestyle 293 Expression Medium (Gibco) and placed in a shaking incubator (130 rpm, 37°C, 8 % CO<sub>2</sub>) for 30 mins. 25 ml cell suspension was then centrifuged at 100 *g* for 1.5 mins, and suspended in 4 ml external recording solution. This solution contained (mM): 137 NaCl, 4 KCl, 1 MgCl<sub>2</sub>, 1.8 CaCl<sub>2</sub>, 10 HEPES, and 10 D-Glucose, pH 7.4 ( $\approx$  305 mOsm). The internal recording solution contained (mM): 140 CsCl, 5 NaCl, 1 MgCl<sub>2</sub>, 10 HEPES, 5 EGTA, 0.2 ATP, pH 7.35 ( $\approx$  295 mOsm). Electrophysiological recordings were performed at room temperature using an Ionflux16 (Molecular Devices) in ensemble mode, with series resistance compensation set at 80 % and cells held at -60 mV. Pregnanolone and allopregnanolone (Sigma-Aldrich) were dissolved in DMSO as 100 mM stocks prior to dilution in external recording solution. These neurosteroids were co-applied with EC<sub>10-15</sub> GABA or histamine doses to generate dose response curves for heteromeric GABA<sub>A</sub>Rs and  $\alpha$ 5<sub>TMD</sub>. Expression of heteromeric receptors as assemblies of  $\alpha\beta\gamma$  subunits was confirmed by response to GABA, which requires co-assembly of  $\alpha$ 1 and  $\beta$ 3 subunits, and efficient inclusion of the  $\gamma$ 2 subunit into  $\alpha\beta\gamma$  heteromers was verified by testing for Zn<sup>2+</sup> sensitivity, with heteromeric constructs exhibiting low sensitivity to Zn<sup>2+</sup>, defined as less than 50 % inhibition of an EC<sub>50</sub> GABA response<sup>60</sup>.

## Molecular docking and binding-energy calculation

Small-molecule coordinates were generated by eLBOW and energy minimized with Ligprep in the Schrödinger suite at pH 7.0 with the OPLS\_2005 force field<sup>61</sup>. The standard conversion procedure with full hydrogen optimization was applied with the Protein Preparation workflow to the neurosteroid binding pocket between chains B and C in  $\alpha 5_{\text{TMD}}$ . These processed coordinates were used for the subsequent grid generation and ligand-docking procedures. The Glide Grid<sup>62,63</sup> (Schrödinger suite) was built using an inner box (the centroid of the pregnanolone molecule) of  $10 \times 10 \times 10 \text{ \AA}^3$  and an outer box (within which all the ligand atoms must be contained) that extended 20  $\text{\AA}$  in each direction from the inner one. Default values were used for all other parameters. The hydrogen bonds between the  $3\alpha$ -hydroxyl group and the 20-carbonyl group of the pregnanolone molecule respectively with the carbonyl group of Gln245 and hydroxyl group of Thr309 were used as positional constraints. Furthermore, the atoms C03, C20 and C06 of pregnanolone molecule were used as additional positional constraints. For docking, the QMPLD26 protocol (Schrödinger suite, <http://www.schrodinger.com/>) was used. The most reliable binding pose for each small molecule was selected on the basis of calculated van der Waals and electrostatic interactions. RMSD values were calculated with VMD<sup>64</sup>.

## Thermostability binding experiments

Information regarding the thermostability of a detergent-solubilised protein can be determined by heating protein samples over a range of temperatures for equal time periods and then measuring the reduction in the intensity of the monodisperse SEC profile for each protein sample<sup>65</sup>. With increasing temperature an increased proportion of protein is denatured, aggregates and is lost from the monodisperse peak when the protein is subsequently run on SEC. A measure of protein stability can then be obtained by plotting the decay in peak UV absorbance against increasing temperature, for example to obtain a 50 % melting temperature ( $T_m$ ). Purified GABA<sub>A</sub>R  $\alpha 5_{\text{TMD}}$  or  $\alpha 5_{\text{TMD}}$  mutants at  $0.02 \text{ mg ml}^{-1}$  (100 nM) in 150 mM NaCl, 10 mM HEPES pH 7.2, 0.007 % DDTM (w/v) were separated into 50  $\mu\text{l}$  aliquots in PCR tubes, and heated at a range of temperatures from 40-80 °C for 1 hour. Samples were run on a high-performance liquid chromatography system with automated micro-volume loader (Shimadzu) through a Superdex 200 Increase 3.2/300 column (GE Healthcare) maintained in 300 mM NaCl, 10 mM HEPES, 0.007 % DDTM (w/v). Monodisperse peak reduction with increasing temperature was measured relative to an unheated control sample maintained at 4 °C.

Importantly, because some drugs when bound thermostabilise detergent-solubilised protein<sup>65</sup>, the thermostability assay offers an efficient strategy to measure protein sensitivity to drugs in the detergent-solubilised environment. Purified GABA<sub>A</sub>R  $\alpha 5_{\text{TMD}}$  or  $\alpha 5_{\text{TMD}}$  mutants were separated into PCR tubes, supplemented with pregnanolone at a range of concentrations and heated at  $T_m$  30 % (the temperature at which the monodisperse peak was reduced by 70 %) for 1 hour. Afterwards samples were run on a high-performance liquid chromatography system with automated micro-volume loader (Shimadzu) through a Superdex 200 3.2/300 column (GE Healthcare) maintained in 300 mM NaCl, 10 mM HEPES, 0.007 % DDTM. Drug dose-response curves were generated by plotting UV absorbance against drug concentration.

## Cell lines used

HEK293S-GnTI<sup>-</sup> cells (ATCC Cat# CRL-3022, RRID: CVCL\_A785) and HEK 293T, (ATCC Cat# CRL-3216, RRID: CVCL\_0063), both confirmed free from mycoplasma contamination.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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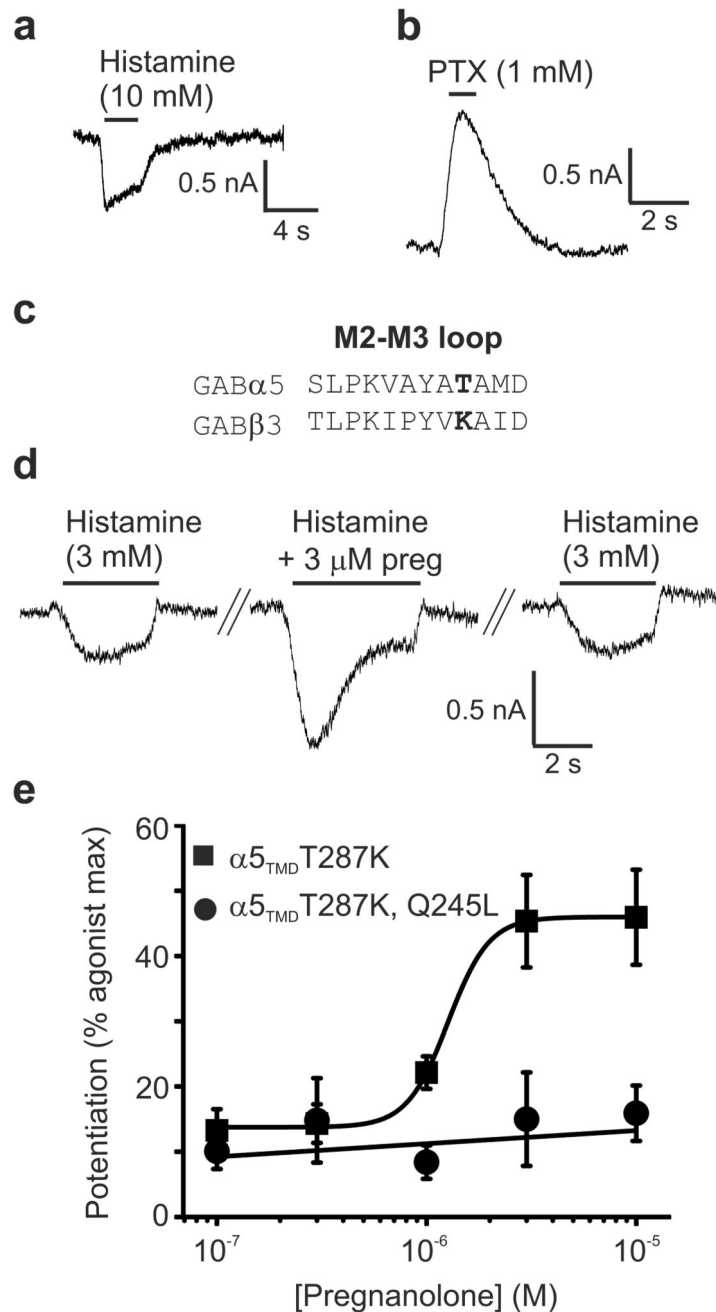
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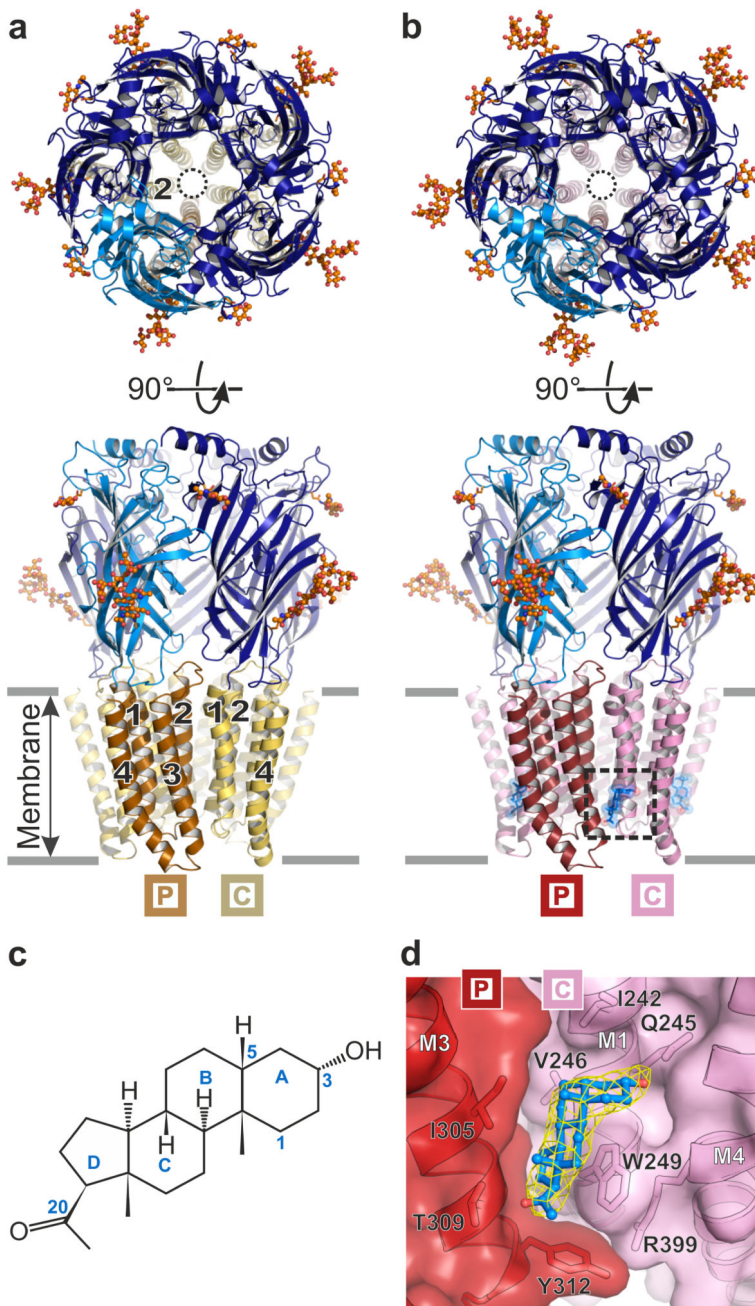
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**Figure 1.**

$\alpha 5_{\text{TMD}}$  forms a functional gating unit potentiated by pregnanolone at the Gln245 site. (a) HEK-293T whole-cell patch-clamp recording of the agonist histamine activating an inward current through  $\alpha 5_{\text{TMD}}$ , that subsequently desensitizes. (b) The classical GABA<sub>A</sub>R channel blocker picrotoxin blocks a spontaneous inward leak current generated by  $\alpha 5_{\text{TMD}}$ . (c) Sequence alignment of the M2-M3 loop from GABA<sub>A</sub>R  $\alpha 5$  and  $\beta 3$  subunits, highlighting in bold the T287K substitution. (d) Raw whole-cell patch-clamp EC<sub>10</sub> histamine responses from HEK cells transfected with  $\alpha 5_{\text{TMD}}\text{T287K}$ , before and after co-

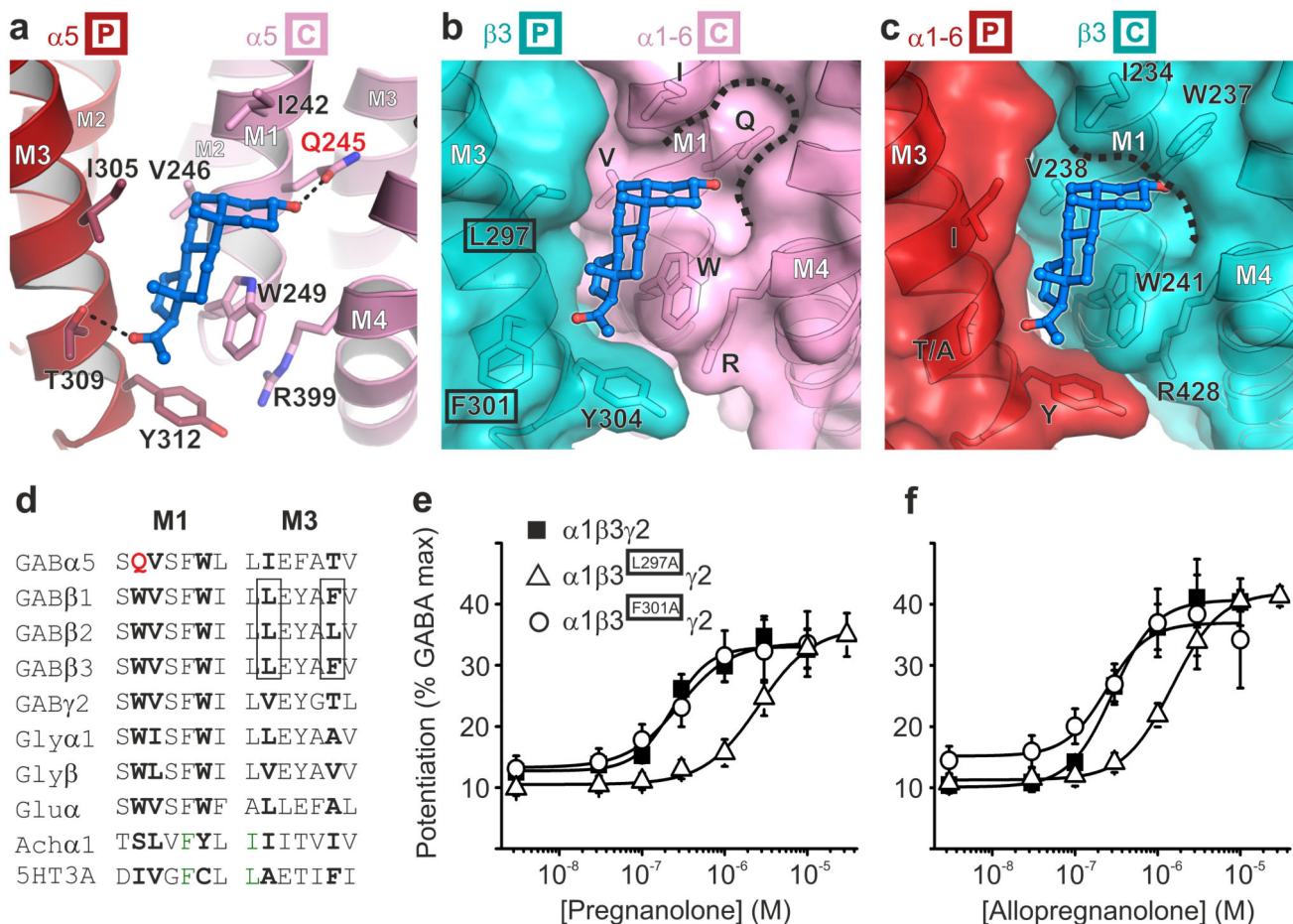
application with 3  $\mu\text{M}$  pregnanolone. (e) Pregnanolone dose-response curve for potentiation of histamine  $\text{EC}_{10-15}$  responses in  $\alpha 5_{\text{TMD}}$  T287K, and the ablation of potentiation upon introduction of a Q245L mutation in the M1 helix. Each data point represents mean  $\pm$  s.e.m. of  $n = 6$  experiments, each measurement being from different cells.



**Figure 2.**

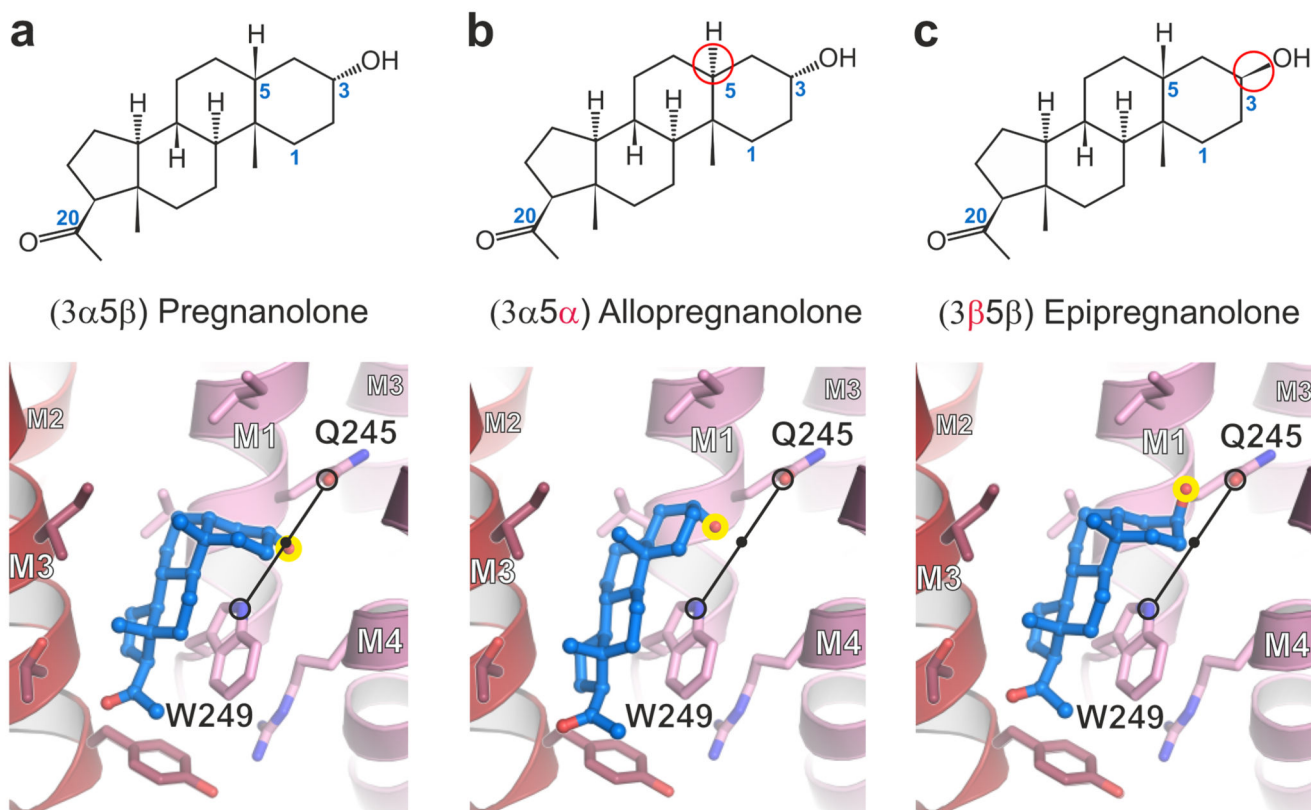
Architecture of GABA<sub>A</sub> R  $\alpha 5$ TMD. (a) and (b) Top-down and side-on views of the  $\alpha 5$ TMD pentamer in apo and pregnanolone-bound forms, respectively. Subunits each comprise the  $\beta 3$  extracellular domain (dark and light blue) and  $\alpha 5$  transmembrane domain ( $\alpha$ -helices M1-M4 shown in beige/yellow or red/pink). In top-down views, the pore is indicated by a black circle, lined by five M2 helices (one per subunit). Side-on views highlight the helical organisation (M1-M4, numbered 1 to 4 per subunit, where visible) in (a), and the presence of pregnanolone in (b) (blue stick and space-fill, inside dashed box). N-linked glycans are

shown as spheres coloured by atom type (carbon atoms in orange, oxygen atoms in red). The principal (P) and complementary (C) subunits, for the visible inter-subunit interface, are indicated by boxed labels. (c) Structural formula of pregnanolone with rings labelled A to D. Carbon atoms mentioned in the text are numbered. (d) Close-up of pregnanolone ("ball-and-stick" representation) bound to  $\alpha 5_{\text{TMD}}$  (cartoon and surface representation). The  $2F_o - F_c$  electron density map surrounding the ligand is contoured at  $1.3\sigma$  (yellow mesh).

**Figure 3.**

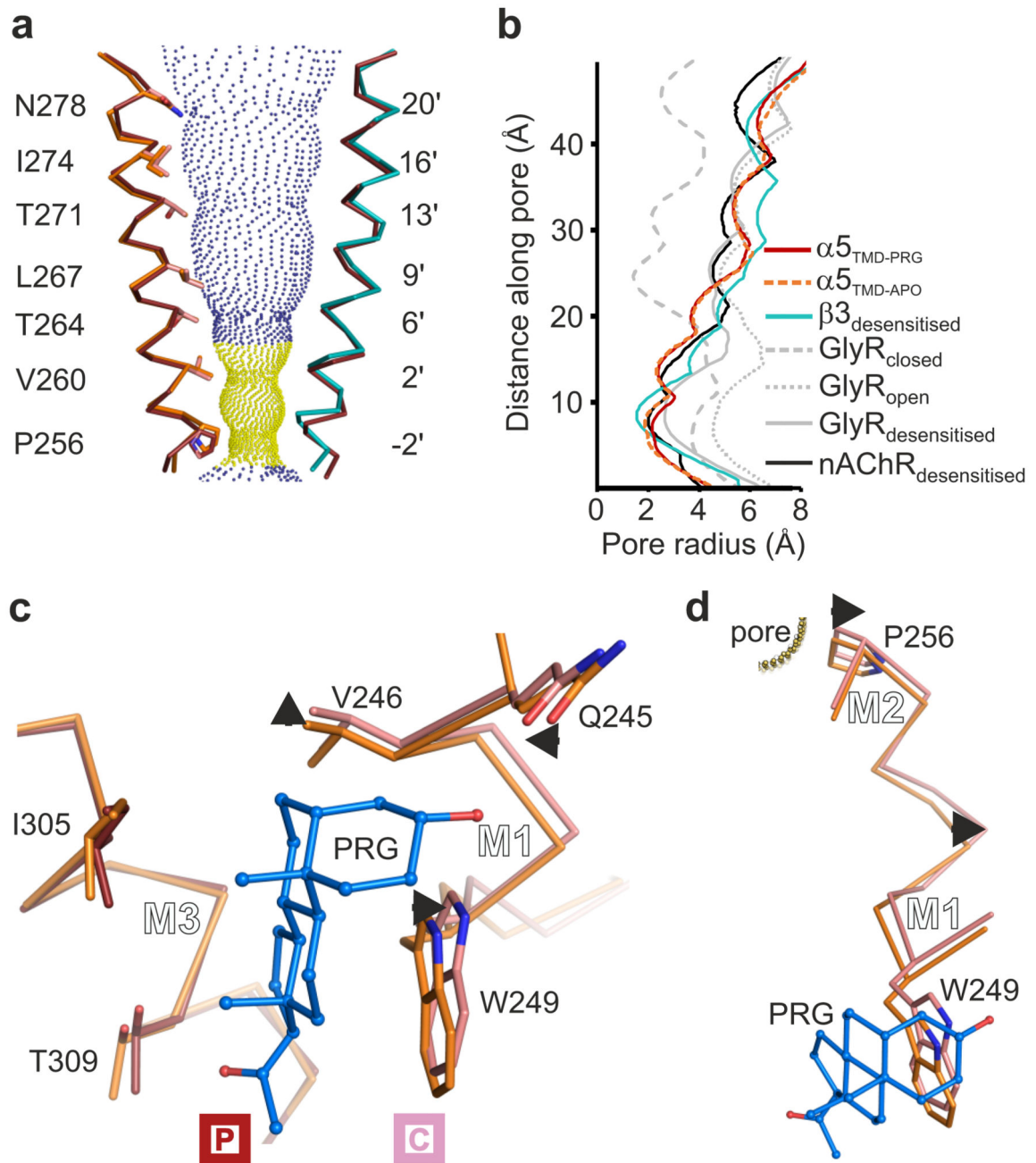
The neurosteroid potentiation site. (a) Pregnanolone (ball-and-stick representation, carbon atoms in blue, oxygen atoms in red) bound to an inter-subunit site between M3 residues on the principal face of one subunit (P in box) and M1 residues on the complementary face of the next (C in box). Putative hydrogen bonds between the pregnanolone 3 $\alpha$ -hydroxyl and the Gln245 amide (2.4 Å) and C20 ketone and Thr309 hydroxyl (3.0 Å) are indicated by dashed lines. (b) and (c) Modelled heteromeric  $\beta_P$ - $\alpha_C$  and  $\alpha_P$ - $\beta_C$  interfaces respectively, in cartoon and surface representation, in which the relevant  $\alpha 5$  TMD face is substituted by the equivalent  $\beta 3$  subunit structure (PDB ID: 4COF). Note that  $\alpha 5$  residues in these two panels are labelled by letters only, without numbers, to reflect their conservation across the  $\alpha$  subunits ( $\alpha 1-6$ ) within this site. Pregnanolone is well accommodated in the heteromeric  $\beta_P$ - $\alpha_C$  site (b) but not in the  $\alpha_C$ - $\beta_P$  site (c) due to the replacement of  $\alpha$  M1 Gln with the  $\beta 3$  M1 Trp237, which closes the top of the pocket (dashed line). (d) Sequence alignment of the M1 and M3 motifs containing the neurosteroid binding site residues (bold) in the GABA $_A$ R  $\alpha 5$  subunit and equivalent regions in other human pLGIC superfamily members. M1 Gln245, unique to GABA $_A$ R  $\alpha$ -subunits, is highlighted in red. GABA $_A$ R  $\beta$ -subunit residues contributed from the complementary face in heteromeric receptors are boxed. (e) Pregnanolone and (f) Allopregnanolone dose-response curves for potentiation of GABA EC $_{10-15}$  responses.

Alanine substitution of  $\beta 3$  principal face residues Leu297, but not Phe301, reduces neurosteroid sensitivity. These residues are highlighted by black boxes in **b**. Each data point represents mean  $\pm$  s.e.m. Pregnanolone EC<sub>50</sub> *n* number: EC<sub>50</sub>: WT *n* = 13, L297A *n* = 11, F301A *n* = 8. Allopregnanolone EC<sub>50</sub>: WT *n* = 5, L297A *n* = 9, F301A *n* = 4. Each *n* EC<sub>50</sub> measurement is from different cells.



**Figure 4.** Computational docking of pregnanolone and related neurosteroids. Structural formulae and  $\alpha 5$ TMD structures showing binding modes of computationally docked (a) pregnanolone, (b) allopregnanolone and (c) epipregnanolone. Stereoisomeric differences from pregnanolone are indicated in formulae by red circles. In the 3D models, the critical C3 hydroxyl group is highlighted by a yellow circle. Potentiators possess a  $3\alpha$ -hydroxyl which is computationally docked equidistantly between the Gln245  $\epsilon$ O and Trp249  $\epsilon$ N (3.5 Å for pregnanolone; 3.6 Å for allopregnanolone; indicated by a black line) regardless of whether the rings assume a half-chair or flat geometry. The C3 hydroxyl of  $3\beta$  pregnanolone can only share a putative hydrogen bond with the Gln245 amide (2.8 Å distance).

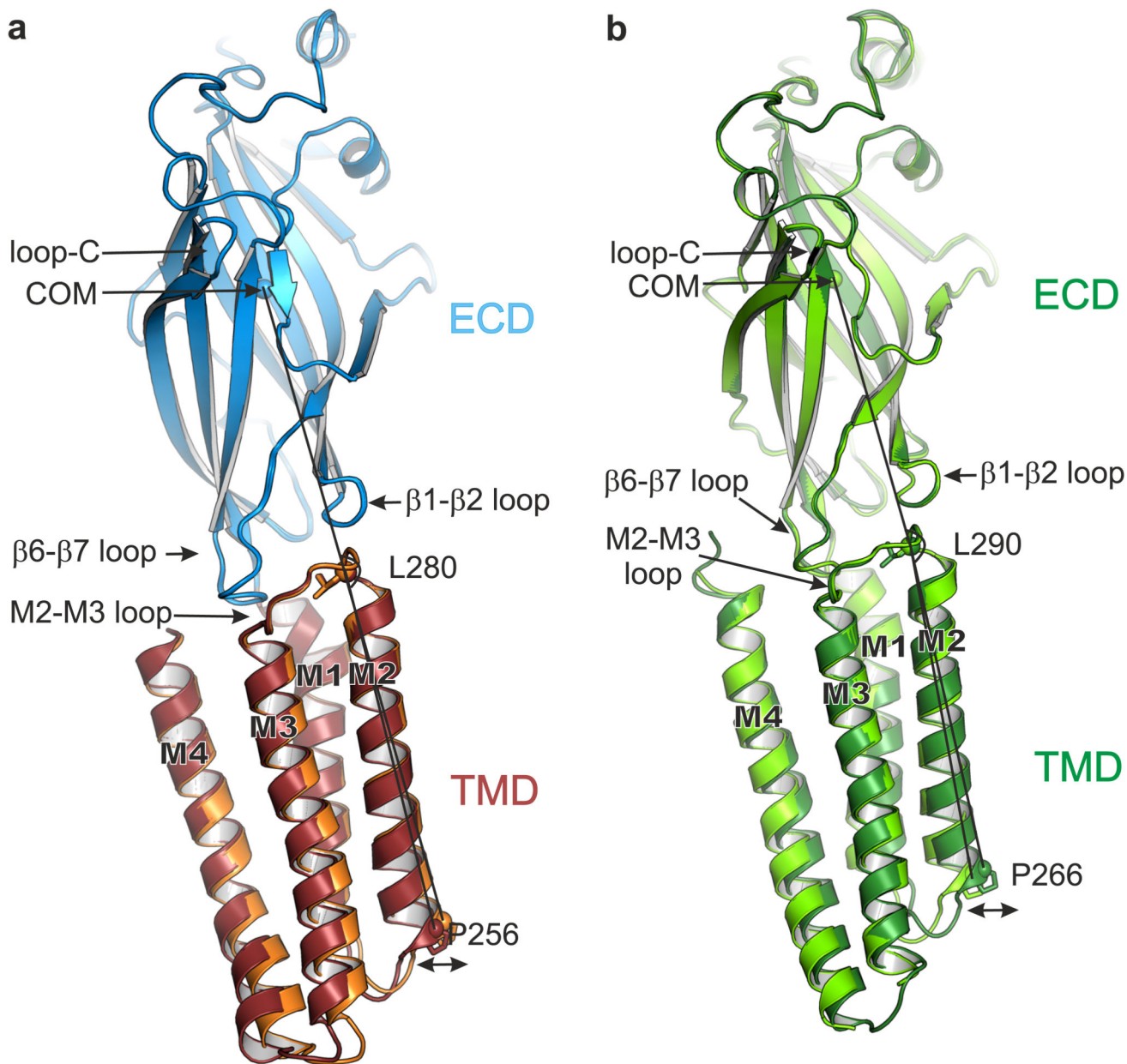




**Figure 5.**

Pore conformation and neurosteroid induced motions in  $\alpha 5_{\text{TMD}}$ . **(a)** View of two opposing pore-lining M2 helices, the other three being removed for clarity. The pregnanolone-bound  $\alpha 5_{\text{TMD}}$  state (ruby) is shown on both sides. For comparison, overlays of  $\alpha 5_{\text{TMD}}$  apo state (on the left side, orange), and of GABA<sub>A</sub>R- $\beta 3$  (on the right side, teal) M2 helices are shown. Blue and yellow spheres define pregnanolone-bound  $\alpha 5_{\text{TMD}}$  pore radii greater than or less than 3.2 Å respectively (radius of a hydrated Cl<sup>-</sup> ion). **(b)** A plot of pore radii for  $\alpha 5_{\text{TMD}}$  structures compared to GABA<sub>A</sub>R- $\beta 3$  in the desensitised state (PDB ID: 4COF), the glycine

receptor in the resting closed, open and desensitised states (PDB IDs: 5JAD, 5JAE and 5JAF), and  $\alpha 4\beta 2$  nAChR (PDB ID: 5KXI). (c) Superposition of apo (orange) versus pregnanolone-bound (ruby)  $\alpha 5_{TMD}$  principal faces reveals pregnanolone-induced motions on the complementary face (pink) of the neurosteroid pocket (indicated by short black arrows). (d) The same superposition as in c, zooming in on the pregnanolone-induced motions along the M1-M2 linker of a complementary face subunit, which impact on the Pro256 desensitization gate.



**Figure 6.** TMD motions relative to the ECD. **(a)** Side-on view of a single subunit (B chains), from apo  $\alpha 5_{\text{TMD}}$  (orange TMD) and pregnanolone-bound  $\alpha 5_{\text{TMD}}$  (ruby TMD), superposed by their ECDs (blue). The ECD conformations are very similar (RMSD of 0.19 Å over 204 equivalent Ca positions). However, the lower half of the pregnanolone-bound TMD flexes such that the desensitisation gate at Pro256 swings outwards from the pore (indicated by double-headed arrow). The angles measured between the ECD centre of mass (COM) and the Ca atoms of Leu280 at the top of M2 and Pro256 at the bottom of M2 are 162.5° (apo  $\alpha 5_{\text{TMD}}$ ) and 164.4° (pregnanolone-bound  $\alpha 5_{\text{TMD}}$ ), respectively, i.e. a 1.9° swing. **(b)** Equivalent view and superposition between open GlyR (light green, PDB ID: 3JAE) and

desensitized (or partially open) GlyR (dark green, PDB ID: 3JAF). The narrowest pore diameter is at -2' (Pro266) position in both cases (8.8 Å and 5 Å, respectively). The GlyR ECD conformations are also very similar (RMSD of 0.31 Å over 210 equivalent C $\alpha$  positions in chains B). As observed in  $\alpha$ 5<sub>TMD</sub>, relative to the superposed ECDs the lower half of the GlyR TMD flexes such that the desensitization gate at Pro266 is displaced outwards from the pore to expand and open the channel. The angles measured between the ECD COM and the C $\alpha$  atoms of Leu290 at the top of M2 and Pro266 at the bottom of M2 are 161.4° (desensitized GlyR) and 164.1° (open GlyR), respectively, i.e. a 2.7° swing.

**Table 1**  
**Crystallographic data collection and refinement statistics**

	Pregnanolone-bound $\alpha 5_{\text{TMD}}$ (PDB 5O8F)	Apo $\alpha 5_{\text{TMD}}$	
		Uncorrected	Anisotropy corrected (PDB 5OJM)
<b>Data collection</b>			
Space group	<i>I</i> 23	<i>C</i> 2	
Cell dimensions			
<i>a</i> , <i>b</i> , <i>c</i> (Å)	290.1, 290.1, 290.1	177.3, 139.9, 191.5	
$\alpha$ , $\beta$ , $\gamma$ (°)	90.0, 90.0, 90.0	90.0, 102.2, 90.0	
Resolution (Å)	205.13-3.15 (3.31-3.15) <sup>a</sup>	187.14-3.28 (3.42-3.28)	
$R_{\text{merge}}$	0.728 (3.107)	0.352 (2.807)	0.352 (2.792)
$R_{\text{meas}}$	0.741 (3.169)	0.371 (2.960)	0.371 (2.944)
$R_{\text{pim}}$	0.135 (0.621)	0.117 (0.936)	0.117 (0.930)
$I/\sigma(I)$	7.55 (1.26)	7.85 (1.08)	7.86 (1.09)
$CC_{1/2}$	0.988 (0.215)	0.998 (0.395)	0.998 (0.400)
Completeness (%)	99.94 (100.00)	99.78 (99.71)	73.86 (6.89)
Redundancy	30.4 (25.6)	10.0 (9.9)	10.0 (9.9)
<b>Refinement</b>			
Resolution (Å)	49.75-3.19 (3.31-3.19)	48.88-3.30 (3.42-3.30)	48.88-3.30 (3.42-3.30)
No. reflections	66647 (6629)	68726 (6866)	50816 (473)
$R_{\text{work}}/R_{\text{free}}$	0.232/0.244 (0.360/0.367)	0.255/0.282 (0.389/0.395)	0.236/0.256 (0.244/0.261)
No. atoms			
Protein	18217	-	18141
N-linked glycans	485	-	397
Pregnanolone	115	-	-
<i>B</i> factors (Å <sup>2</sup> )			
Protein	72.1	-	71.3
N-linked glycans	90.7	-	99.1
Pregnanolone	59.6	-	-
R.m.s. deviations			
Bond lengths (Å)	0.008	-	0.009
Bond angles (°)	1.22	-	0.71

One crystal was used per structure.

<sup>a</sup>Values in parentheses are for the highest-resolution shell.