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## Surface topography and hydrophilicity regulate macrophage phenotype in milled microfluidic systems

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### Abstract

Micromilling is an underutilized technique for fabricating microfluidic platforms that is well-suited for the diverse needs of the biologic community. This technique, however, produces culture surfaces that are considerably rougher than in commercially available culture platforms and the hydrophilicity of these surfaces can vary considerably depending on the choice of material. In this study, we evaluated the impact of surface topography and hydrophilicity in milled microfluidic devices on the cellular phenotype and function of primary human macrophages. We found that the rough culture surface within micromilled systems affected the phenotype of macrophages cultured in these devices. However, the presence, type, and magnitude of this effect was dependent on the surface hydrophilicity as well as exposure to chemical polarization signals. These findings confirm that while milled microfluidic systems are an effective platform for culture and analysis of primary macrophages, the topography and hydrophilicity of the culture surface within these systems should be considered in the planning and analysis of any macrophage experiments in which phenotype is relevant.

### Introduction:

Microfluidic cell culture platforms offer an array of advantages over traditional culture platforms for cell-based, biological research. These platforms utilize small sample volumes, enable efficient use of valuable material such as primary cells and expensive reagents, allow for precise control of the spatio-temporal environment, and offer high assay sensitivity with multiplexed endpoint analysis<sup>1</sup>. Unfortunately, the high start-up costs and narrow design flexibility of many of the more common microfabrication techniques available, such as

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Author Contributions:

D.K., J.Y., D.B., and J.L. contributed to the conceptualization and methodology of the research. J.Y. and D.B. designed the microscale platform with contributions from D.K.. D.K. and V.S. conducted the investigation. D.B. and J.L. supervised the research. D.K. prepared the original draft of the manuscript. J.Y., D.B., and J.L. reviewed and edited the manuscript. D.K., J.L., and D.B. performed to the funding acquisition for this research.

Conflicts of Interest:

Jiaquan Yu and David Beebe hold equity in Stacks to the Future LLC, which licensed some of the technology used in this study

injection molding, present major barriers to the wide spread adoption of this technology by the biologic community.

Micromilling is an alternative and underutilized technique for fabricating microfluidic platforms that is well-suited for the diverse needs of the biologic community and is not cost-prohibitive. This technique, which uses mill cutting tools to create microscale culture systems, offers versatility across various materials with short design-to prototype turnaround times and low costs when frequent design iterations are required<sup>2</sup>. However, micromilling produces culture surfaces with a relatively rough topography and the choice of material for micromilled devices can have dramatic effects on culture surface hydrophilicity. This is in contrast to commercially available cell culture systems, which typically have culture surfaces that are smooth and hydrophilic. As both surface topography and hydrophilicity have been shown to impact cell biology within *in vitro* cell culture platforms, it is critical to understand the degree to which the topography and hydrophilicity within micromilled systems influence cell biology and whether these factors need to be considered when designing and analyzing experiments.

Macrophages are a cell population whose phenotype and function are particularly sensitive to surface topography and hydrophilicity. These myeloid immune cells have integral roles in immunity, tissue repair, and cancer and can perform a diverse array of functions, including pathogen eradication, matrix remodeling, growth factor secretion, angiogenesis, and immune regulation<sup>3-6,7-9</sup>. These functions are regulated by their phenotype, which can range from a classical or M1 phenotype to an alternative or M2 phenotype. M1 macrophages promote cytotoxic T cell responses and intracellular pathogen destruction through high expression of reactive oxygen intermediates (ROIs) and proinflammatory cytokines<sup>7,10</sup>. M2 macrophages suppress immune responses and promote tissue repair through high expression of anti-inflammatory cytokines and growth factors<sup>10-12</sup>.

Environmental stimuli play an important role in regulating macrophage phenotype. These include paracrine factors, such as IL-4 and IL-10, which promote M2 polarization and IFN- $\gamma$ , which promotes an M1 phenotype<sup>6,7</sup>. Macrophages are also responsive to mechanical stimuli and cell surface interactions with surrounding stroma and surfaces are known to regulate their phenotype as well<sup>13-15</sup>. *In vitro*, surface topography and hydrophilicity are mechanical and physiochemical factors, respectively, which have been shown to regulate macrophage phenotype<sup>16,17</sup>. In this study, we sought to evaluate the effect of surface topography and hydrophilicity within milled microfluidic systems on the phenotype of primary, patient-derived macrophages. We employed acetone treatment of the micromilled surfaces to modulate surface topography and plasma etching to modulate the hydrophilicity of culture surfaces. We evaluated the impact of these surface properties on cell proliferation and gene expression in undifferentiated as well as M1- and M2-polarized macrophages (Figure 1).

## Materials and Methods:

### Device preparation and polishing

Microdevice surfaces were fabricated through standardized rapid prototyping methods. All devices were fabricated from sheets of polystyrene (2 mm, Goodfellow) through micro-CNC milling using a Tormach PCNC 770 mill. Acetone polishing was performed by adding 10  $\mu$ L of acetone directly onto a dry device, allowed to etch for 10 seconds, and then polished by a air hose. The polished device were then washed by water and soaked for overnight to remove potential leftover acetone. Plasma treatment was performed shortly before cell seeding through oxygen plasma at 100W for 1 minute. For devices that are acetone polished and oxygen plasma treated, oxygen plasma was performed after the acetone polishing and shortly before cell seeding.

### Isolation of Primary Cells

Peripheral blood specimens were collected at the University of Wisconsin with informed written consent under a University of Wisconsin Health Sciences Institutional Review Board (HS-IRB) approved protocol. The HS-IRB complies with the applicable requirements of the Department of Health and Human Services (DHHS) regulations, 45 CFR Part 46; the Food and Drug Administration (FDA) regulations, 21 CFR Parts 50, 56, 312, and 812; Veteran's Administration (VA) Regulations pertaining to the protection of human subjects, 38 CFR Part 16; and the privacy requirements of the Health Insurance Portability and Accountability Act of 1996 implemented by 45 CFR Parts 160 and 164 (Privacy Rule). Blood was drawn into vacutainer tubes (BD Biosciences) with EDTA anticoagulant. Whole blood was diluted 1:1 with Hank's balanced salt solution (HBSS, Lonza) and 30 mL of diluted blood was underlaid with 10 mL of ficoll-paque PLUS (GE Healthcare) per 50 mL conical tube. The blood was centrifuged for 40 min at 974 g, and resulting buffy coats were washed once with HBSS. Monocytes were enriched from peripheral blood mononuclear cells (PBMCs) using magnetic LS MACS columns (Miltenyi) following incubation with commercially available, pre-conjugated, anti-CD14 magnetic beads (Miltenyi) in a buffer containing 2 mM EDTA (Fisher Scientific) and 0.5% bovine serum albumin (BSA, Sigma-Aldrich) in phosphate buffered saline (PBS, Hyclone).

### Cell lines and cell culture

Following isolation, CD14+ cells (isolated from peripheral blood samples collected at the University of Wisconsin as above) were plated in microscale culture devices that had been micromilled followed by: 1) No additional treatment, 2) Acetone treatment, 3) Oxygen plasma treatment, and 4) Acetone and oxygen plasma treatment. Cell from each donor were plated on all 4 surface conditions. In each plate, 10  $\mu$ L of cells were plated in 12 wells at a concentration of  $3 \times 10^6$ /mL in Corning Cellgro® RPMI 1640 Medium (VWR, USA) containing 10 % FBS, 2% Pen-Strep, 1% glutamine(Life Technologies, USA). Monocyte-derived macrophages (MDMs) were obtained through culture with M-CSF (50ng/mL; TONBO) for 4 days followed by media exchange. Macrophages were then cultured for an additional 3 days in M-CSF (unpolarized macrophages), IFN-g (M1-polarized macrophages), or IL-4 (M2-polarized macrophages).

## Nucleic Acid Extraction

mRNA isolation was performed using Dynabeads® mRNA Direct Kit (Life Technologies, USA). Cells were lysed within the culture wells using 10 ul of supplied lysis/binding buffer. Lysate was transferred to tubes containing an additional 30ul of lysis/binding buffer. Culture wells were washed with an additional 10 ul of lysis/binding buffer, which was added to lysate. 10ul of washed beads were added to each sample lysate was washed with 200 ul Buffer A x 2 and 200 ul Buffer B x 1.

## Quantitative RT-PCR.

The mRNA elution sample containing PMPs was reverse transcribed using a High Capacity cDNA Reverse Transcriptase kit (Life Tech, USA), according to manufacturer's directions using Bio-Rad C1000 Thermo Cycler (Bio-Rad, USA). The RT reaction (12.5 µL) was then amplified for 10 cycles using TaqMan® PreAmp (Life Tech, USA) according to manufacturer's directions and diluted 1:3 in 1× TE (10 mM Tris-HCL pH8, 1 mM EDTA). For TaqMan® assays, 5 µL of diluted cDNA template was mixed with 10 µL iTaq® master mix (Bio-Rad, USA), 1 µL TaqMan® Gene Expression Assay (Specified in Table 6, Life Technologies, USA) and 4 µL nuclease free (NF) water. Each reaction was amplified for 45 cycles (denatured at 95 °C for 15 seconds followed by annealing at 60°C for 1 minute) using a CFX Connect® Real-Time PCR System (Biorad, USA). Threshold cycle (Ct) values were reported.

**Cell Counting**—Macrophages were counted following 7 days of culture on each surface. Dead cells were removed by aspiration of media and remaining adhered macrophages were then stained with Hoechst and imaged on a Nikon Eclipse TI-E microscope using the 10x objective. Nuclei were identified and the number of cells was quantified by Hoechst thresholding using NIS Elements AR software. Relative cell number was quantified by calculating the ratio of cells on each surface to the total cell number.

## Statistical Analysis

All experiments were repeated at least 3 times. Data are reported as means ± s.e.m. Differences among treatment groups were determined by t tests. P < 0.05 was considered significant.

## Results:

### Acetone and plasma gas treatment can modulate surface topography and hydrophilicity

To evaluate whether the surface topography and hydrophilicity of milled microfluidic systems impacts macrophage phenotype, microscale devices were first fabricated through the micromilling of polystyrene sheets. Devices were then either acetone polished to produce a smooth-hydrophobic surface, treated with oxygen plasma to produce a rough-hydrophilic surface, treated with a combination of acetone polishing and oxygen plasma treatment to produce a smooth-hydrophilic surface, or left untreated, resulting in rough-hydrophobic surface.

Profilometry was used to quantify variations in surface topography among each treatment condition. This analysis demonstrated that micromilling produces patterns of ridges and troughs throughout the culture surface, which reflect both the dimensions as well as the motion of the drill bit. Treatment of the micromilled surfaces with acetone polishing resulted in an overall smoothing of this surface with a 55% lowering in the height from peak to trough (Figure 2A). Plasma gas treatment did not result in any appreciable change in surface roughness.

The hydrophilicity of each surface was quantified through measurement of water contact angle. Plasma etching of both the micromilled and acetone treated surfaces resulted in a lowering of water contact angle, indicating an increase in surface hydrophilicity in each of these surfaces (Figure 2B). The combination of acetone polishing and plasma etching produced the surface with the lowest water contact angle.

### **Surface topography and hydrophilicity regulate attached cell number**

MDMs from 3 donors were cultured on each of the micromilled surfaces and the number of MDMs attached to each surface was quantified using fluorescence microscopy. After 7 days of culture, there were significantly more cells attached to the micromilled surface than either of the other 3 surfaces (Figure 3). While acetone treatment reduced the number of attached cells, treatment with plasma etching resulted in the least number of attached MDMs, regardless of surface topography.

### **Surface hydrophilicity regulates gene expression in unpolarized macrophages**

MDMs from 3 donors were cultured on each of the micromilled surfaces and evaluated for expression of select M1- and M2-associated genes through quantitative realtime PCR. For MDMs cultured on the non-plasma treated surfaces, variations in surface topography had no effect on expression of either M2 genes (Fig 4A) or M1 genes (Fig 4B). However, when surface hydrophilicity was increased through plasma gas treatment, there were significant changes in both M1 and M2 gene expression. These changes were dependent on the topographical properties of the surface. For macrophage culture on smooth surfaces, an increase in surface hydrophilicity resulted in increased expression of two of the three M2-associated genes evaluated and no significant increase in any of the M1-genes. Conversely, for macrophages cultured on rough surfaces, an increase in hydrophilicity resulted in significant increases in two of the three M1-associated genes and a significant increase in only one of the M2-associated genes.

### **Surface hydrophilicity regulates gene expression in M1- and M2-polarized macrophages in a polarization-specific manner**

Macrophage phenotype is strongly regulated by chemical stimuli, such as cytokines and chemokines, and these are frequently used to polarize and study macrophages *in vitro*. We therefore evaluated the impact of surface topography and hydrophilicity on macrophage phenotype in the presence of polarizing cytokines. On each of the 4 culture surfaces, macrophages were polarized to either an M1 phenotype with IFN- $\gamma$  or to an M2 phenotype with IL-4. MDMs were then analyzed for expression of M1- and M2-associated genes (Figure 5). In the presence of these IL-4 and IFN- $\gamma$ , surface topography had no significant

effect on expression of either M1 or M2 associated genes. However, when macrophages were polarized to an M1 phenotype with IFN-g, culture on surfaces with increased hydrophilicity was associated with an increase in expression of M1 genes with no effect on expression of M2 genes (Figure 5A). This was true on both smooth and rough surfaces. Similarly, for macrophages polarized to an M2 phenotype with IL-4, culture on both of the hydrophilic, plasma-etched surfaces increased expression of M2-associated genes, but did not have a significant effect on M1 genes (Figure 5B).

## Discussion:

Micromilling offers numerous advantages for the fabrication of microfluidic devices for cell-based assays, including versatility across various materials, short design-to-prototype turnaround times and low costs when frequent design iterations are required. This technique, however, also produces culture surfaces that are rougher than commercial tissue culture devices and can vary considerably in hydrophilicity depending on choice of material. In this study, we evaluated the impact of surface topography and hydrophilicity of milled microfluidic devices on cellular phenotype and function. We utilized macrophages as a model cell type that can be differentially regulated by such platform characteristics and may have been a significant confounding variable to understand the biologic function of different cell populations.

On untreated polystyrene surfaces, the rough surface topography generated by the micromilling process had no effect on macrophage expression of any of the M1 or M2 genes evaluated in this study. Yet, when the hydrophilicity of the polystyrene surfaces was increased through plasma etching, macrophages cultured on the rough micromilled surface expressed higher levels of M1 genes and lower levels of M2 genes than macrophages cultured on surfaces that had been smoothed by acetone polishing. This data demonstrates that while the rough, micromilled surface can promote an M1 phenotype in primary macrophages, the presence of this effect is dependent on surface hydrophilicity.

Prior studies evaluating surface topography and hydrophilicity on macrophage phenotype have demonstrated mixed findings with respect to the effect of these surface properties on macrophage phenotype<sup>16-19</sup>. While some studies have found that rough surfaces upregulate secretion of pro-inflammatory cytokines, others have found no effect or even an anti-inflammatory effect of surface roughness<sup>19,20</sup>. Similarly, the impact of surface hydrophilicity has also ranged from pro-inflammatory to anti-inflammatory in the various studies that have evaluated the effect of this physiochemical factor<sup>16,18</sup>. Our observation that the impacts of topography, hydrophilicity, and chemical polarization are interdependent may explain, at least in part, why these studies have generated discordant conclusions. Additional studies will be needed to validate these findings on additional surfaces, such as titanium, which is frequently utilized for biologic implants and where macrophage-surface interactions may play an important role in clinical outcomes.

Chemical stimuli, such as cytokines, chemokines, and growth factors play an integral role in macrophage polarization and are often utilized to regulate and evaluate macrophage phenotype in vitro. We therefore evaluated how variations in surface roughness and

topography affected primary human macrophage phenotype in the presence IL-4 and IFN-g, which promote M2 and M1 polarization respectively. When these cytokines were added to macrophage cultures, we found that variations in surface topography had no effect on M1 and M2 gene expression regardless of surface hydrophilicity/hydrophobicity. Increases in surface hydrophilicity, however, was associated with dramatic increases expression M1-genes when MDMs were cultured with IFN-g and M2-genes MDMs were exposed to IL-4. This data suggests that hydrophilic surfaces augment the polarizing effect of chemical stimuli in MDMs. While we did not evaluate the mechanism driving this effect, prior studies have demonstrated that increased surface hydrophilicity leads to alterations in the adsorption of a range of biomaterials. Interactions between macrophage surface receptors, such as integrins, and these biomaterials may ultimately regulate the effect of chemical stimuli<sup>16</sup>. This concept of synergistic chemical-mechanical polarization was demonstrated in a study by Joshi et al, which found that activation of surface integrin receptors regulated M2-polarization by MCSF in macrophages<sup>21</sup>.

In addition to macrophage phenotype, surface topography and hydrophilicity also impacted macrophage cell number. We found that rougher and more hydrophobic surfaces were associated with higher macrophage cell numbers following seven days of culture. This was likely due to surface effects on macrophage attachment and proliferation, both of which are known to be impacted by culture surface features<sup>22-24</sup>. Whether the addition of other immune cell populations to these cultures would impact macrophage attachment and/or proliferation on these surfaces is another interesting, which warrants further investigation. *In vivo*, immune cells often work in concert to facilitate attachment and proliferation. Milled microfluidic culture devices provide a useful platform for investigating the impact of co-culture on immune cell attachment and proliferation on varying surface topographies and hydrophilicities. Additional experiments investigating this important question are in process.

## Conclusions:

Macrophage phenotype has important implications in their physiologic roles and is a key focus of macrophage-directed research. Our results demonstrate that the surface topography generated by the micromilling process as well as the hydrophilicity of the culture surface impact the phenotype of primary human macrophages cultured within micromilled systems. Furthermore, we found that the presence and magnitude of these effects are dependent on the presence of chemical polarization stimuli. These findings confirm that while milled microfluidic systems are an effective platform for culture and analysis of primary macrophages, the topography and hydrophilicity of the culture surface within these systems should be considered in the planning and analysis of any macrophage experiments in which phenotype is relevant. We also demonstrated in this study that both surface topography and hydrophilicity can be easily manipulated with post-fabrication modifications, including acetone polishing, which effectively reduced the surface roughness generated by the micromilling process and plasma gas treatment, which increased the hydrophilicity of the relatively hydrophobic material, polystyrene.

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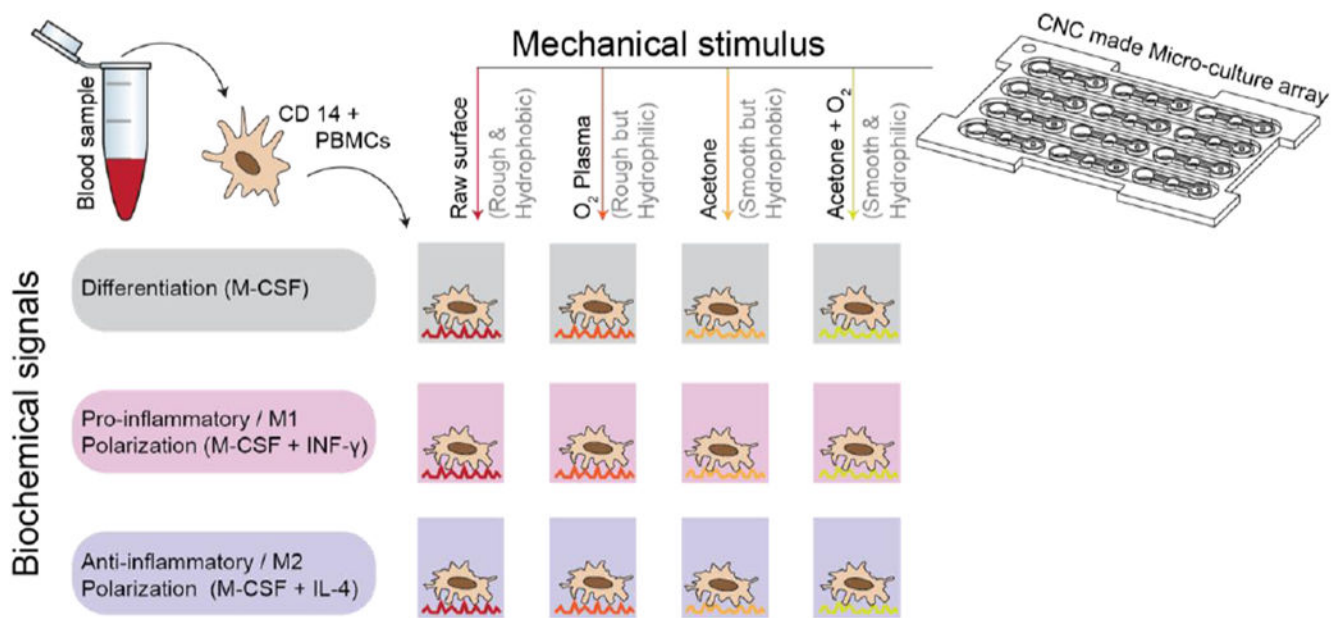
This work was supported by a Biology of Aging and Age Related Diseases T32 Training Grant (2T32AG000213–34), NIH R01 (CA185251), University of Wisconsin State Economic Engagement & Development (SEED) Research Program, and by the Prostate Cancer Foundation/Movember Challenge Award to Dr. Joshua Lang.

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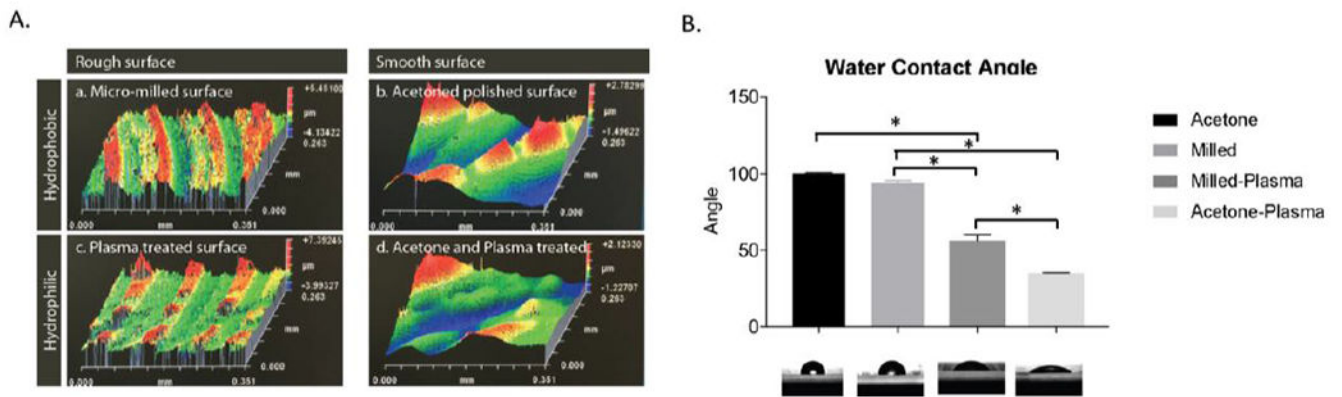
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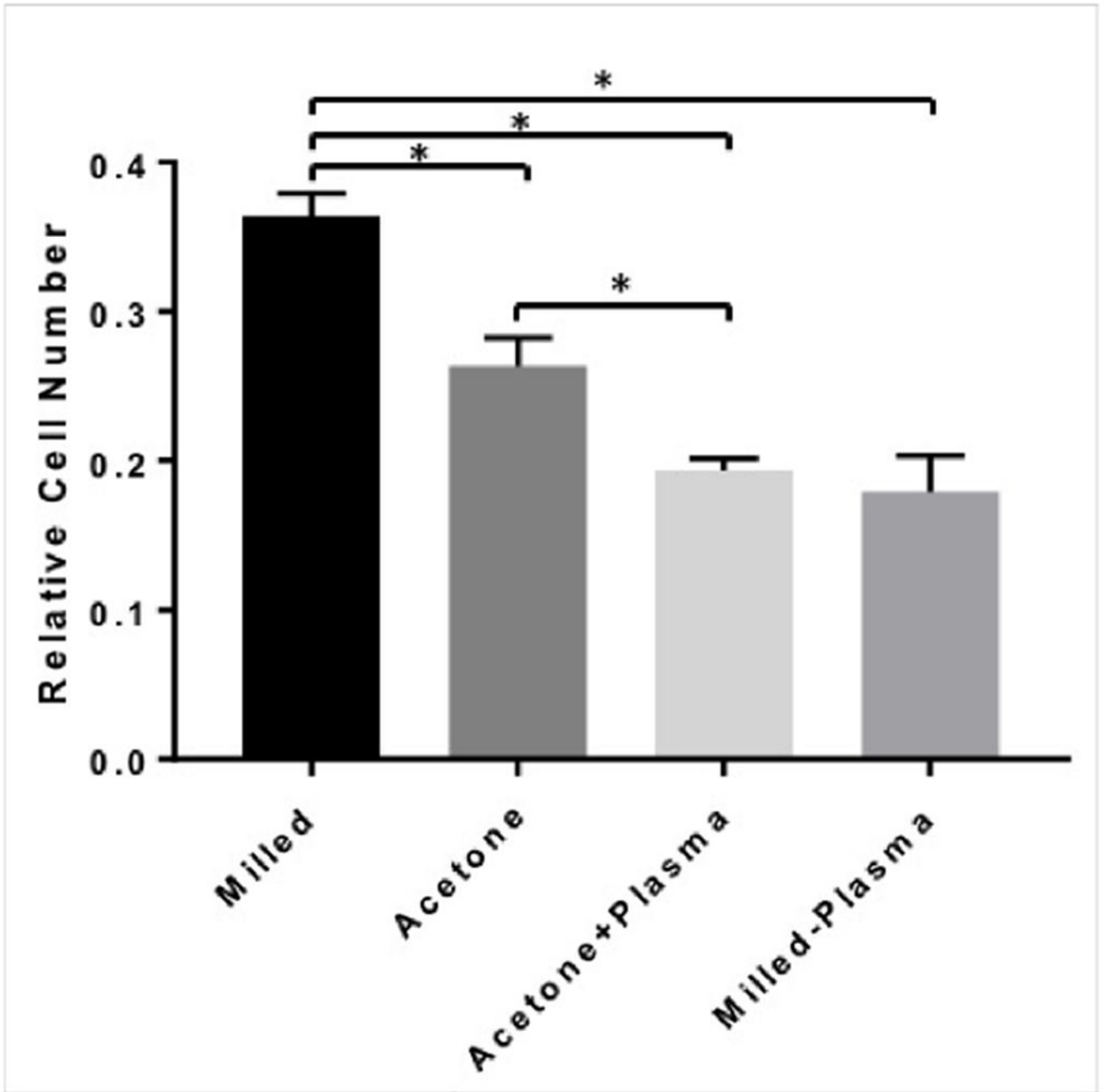


**Figure 1.** Schematic representation of MDM isolation from patient blood samples followed by culture on untreated and treated micromilled surfaces with varying chemical stimuli.

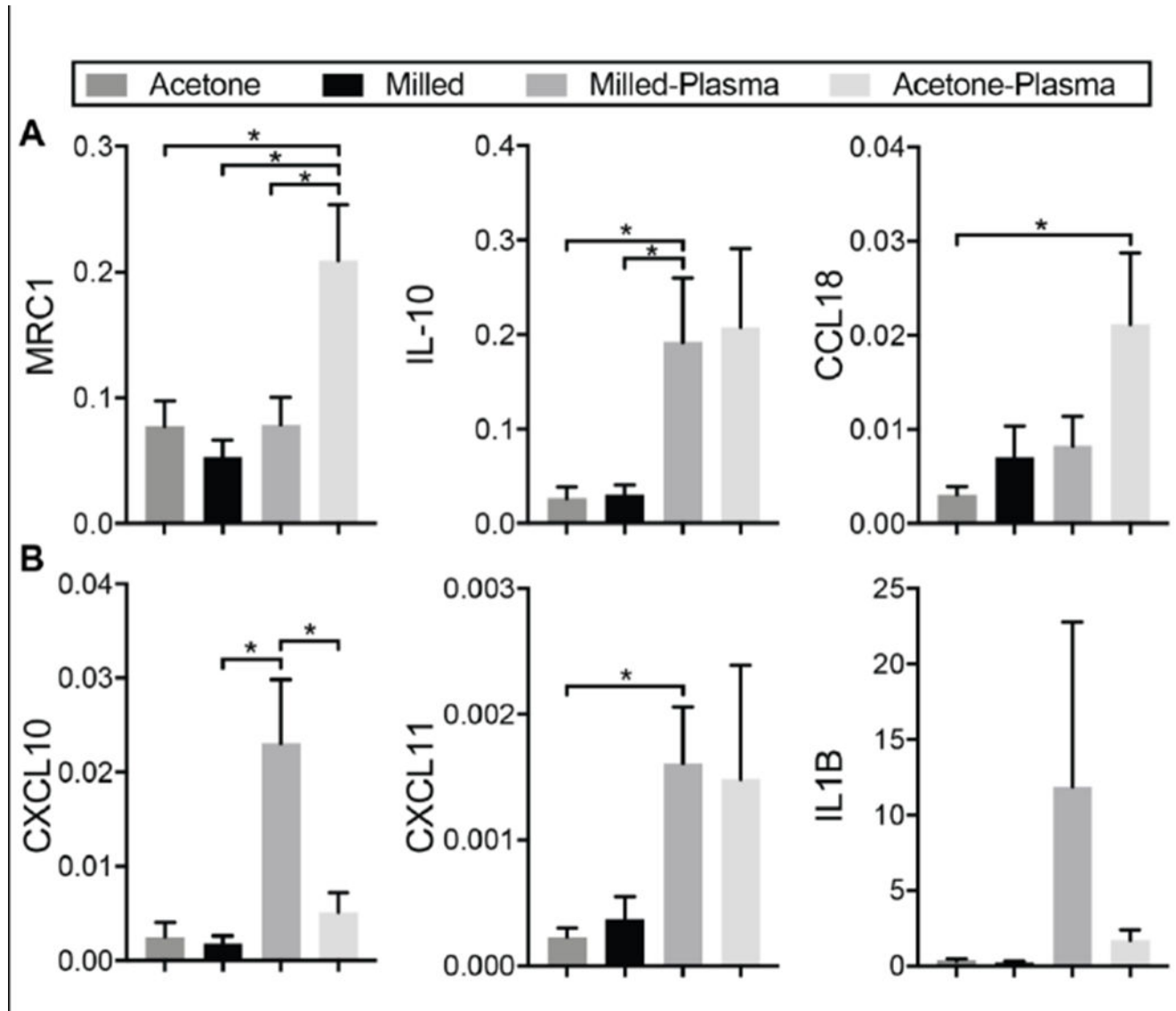


**Figure 2.**

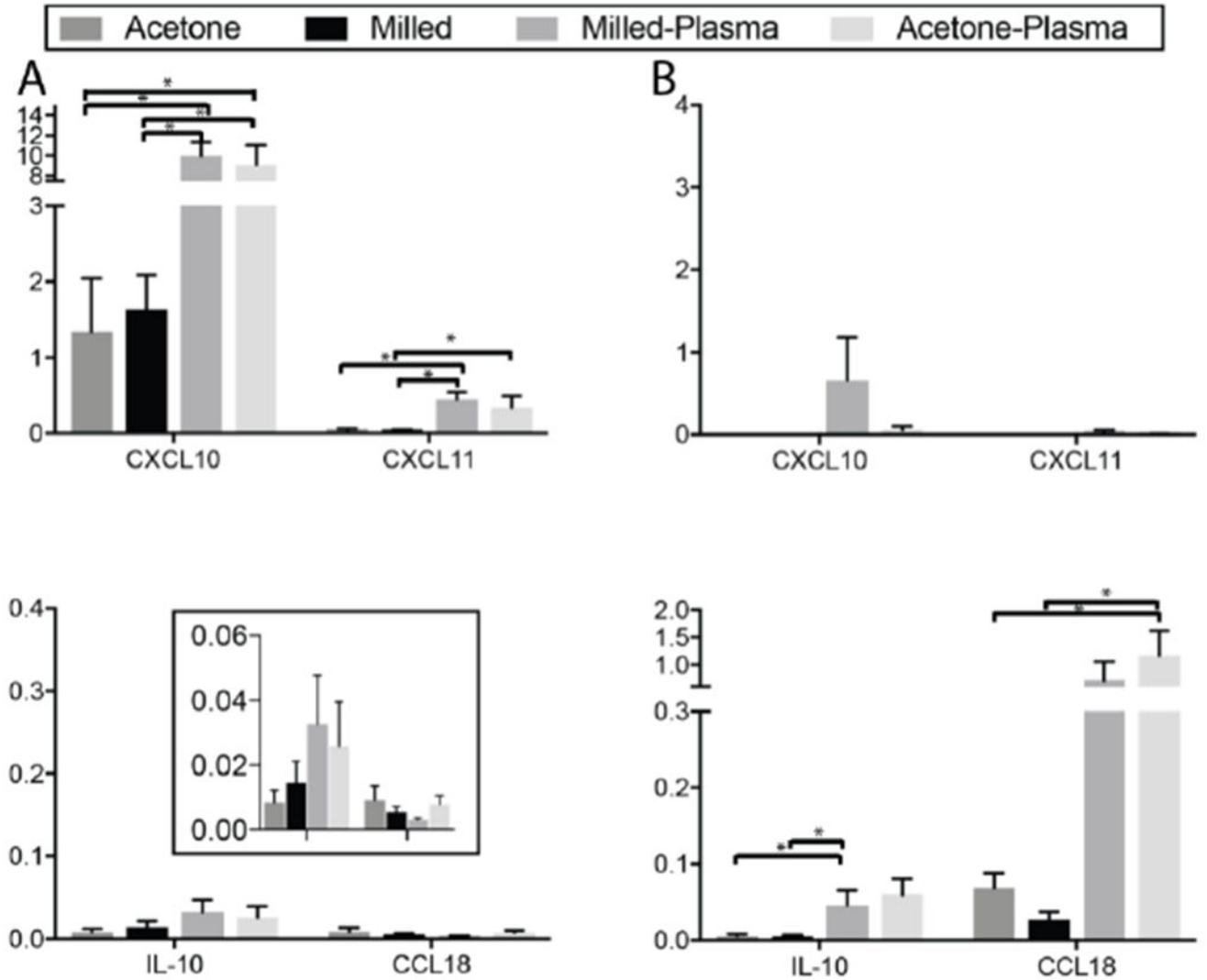
A. Profilometry analysis of the culture surface within micromilled devices after micromilling and after treatment with acetone polishing, plasma etching, and combination of both treatments. B. Measurement of water contact angle on each of the 4 surfaces.



**Figure 3.** Relative cell number attached to each surface was quantified after 7 days of culture using fluorescence microscopy. \* $p < 0.05$ .



**Figure 4.** mRNA expression of A. M2-associated genes and B. M1-Associated genes in MDMs cultured on each of the 4 surfaces. Data displayed in normalized relative quantity. \* $p < 0.05$ .



**Figure 5.** mRNA expression of M1- (top) and M2-associated genes (bottom) in MDMs polarized with A. IFN- $\gamma$  and B. IL-4. \* $p < 0.05$ .