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## Nanodisc-Forming Scaffold Protein Promoted Retardation of Amyloid-beta Aggregation

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### Abstract

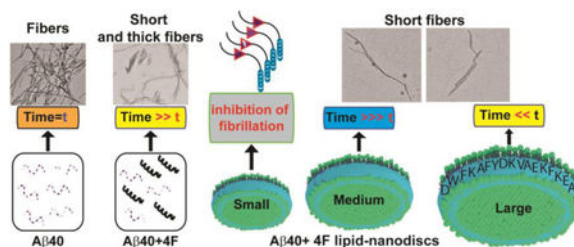
Peptidic-nanodiscs are useful membrane-mimetic tools for structural and functional studies of membrane proteins, and membrane interacting peptides including amyloids. Here, we demonstrate anti-amyloidogenic activities of a nanodisc-forming 18-residue peptide (denoted as 4F), both in lipid-bound and lipid-free states by using Alzheimer's amyloid-beta (A $\beta$ 40) peptide as an example. Fluorescence based amyloid fibrillation kinetic assays showed a significant delay in A $\beta$ 40 amyloid aggregation by the 4F peptide. In addition, 4F-encased lipid-nanodiscs, at an optimal concentration of 4F (>20  $\mu$ M) and nanodisc size (<10 nm), significantly affect amyloid fibrillation. A comparison of experimental results obtained from nanodiscs with that obtained from liposomes revealed a substantial inhibitory efficacy of 4F-lipid-nanodiscs against A $\beta$ 40 aggregation and were also found to be suitable to trap A $\beta$ 40 intermediates. A combination of atomistic molecular dynamics (MD) simulations with NMR and circular dichroism experimental results exhibited a substantial change in A $\beta$ 40 conformation upon 4F binding through electrostatic and  $\pi$ - $\pi$  interactions. Specifically, the 4F peptide was found to interfere with the central  $\beta$ -sheet-forming residues of A $\beta$ 40 through substantial hydrogen,  $\pi$ - $\pi$  and  $\pi$ -alkyl interactions. Fluorescence experiments and coarse-grained MD simulations showed the formation of a ternary complex, where A $\beta$ 40 binds to the proximity of peptidic-belt and membrane surface that decelerate amyloid fibrillation. Electron microscopy images revealed short and thick amyloid fibers of A $\beta$ 40 formed in presence of 4F or 4F-lipid-nanodiscs. These findings could aid in the development of amyloid inhibitors as well as in stabilizing A $\beta$ 40 intermediates for high-resolution structural and neurobiological studies.

### Graphical abstract

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## Keywords

Alzheimer's disease; Beta-amyloid; Nanodisc; Membrane scaffold protein; Protein aggregation

## Introduction

Disordered soluble proteins are potentially capable of growing into insoluble aggregates that are implicated in neuropathic disorders like Alzheimer's disease (AD) and Parkinson's disease and non-neuropathic disease like type-2 diabetes [1,2]. Increasing studies have been focused on the elucidation of detailed mechanisms of amyloid aggregation in order to aid in the development of amyloid inhibitors for potential medical treatment [3,4]. However, the accumulating discoveries from previous studies do not converge on a single mechanism of protein aggregation [5]. One of the impediments to understand the mechanism is that the disordered proteins are capable of growing into various types of aggregates due to their conformational plasticity [6,7]. According to biophysical and biochemical studies, the aggregates are different in their growth rate, morphology, and toxicity [8,9]. Their final and intermediate states seem to be continuously affected by countless factors such as physical environments and balances with other molecules [10–13]. In addition, pathological studies show the presence of insoluble aggregates of disordered proteins at the cell membrane interface, and the cell membrane has also been shown to play a catalytic role in the formation of toxic amyloid intermediates [14–16]. This evidence indicates that disordered proteins collaborate with cell membrane to progressively deprive cells of physiological functions through their aggregation [17,18].

To address the mechanism of the cooperative relationship between the cell membrane and disordered proteins, different types of membrane-mimetics have been designed. The use of liposomes and bicelles revealed that the peptide aggregation collapses membranes, and the area, hydrophobic thickness and curvature of lipid membrane affect the aggregation of an amyloid peptide or protein [19]. Lipid specificity has also been shown to modulate the conformational plasticity of disordered proteins in the formation of a partial folded structure that is known to be an important initial nucleating step for further aggregation of many different disordered proteins and peptides [20–23]. To avoid the effect of membrane curvature, recent studies utilized nanodiscs as a versatile system for protein aggregation studies [24,25]. Peptidic nanodiscs prepared using an amphipathic  $\alpha$ -helical apoA-I mimetic membrane scaffold protein (MSP) or short peptides (for example, the 4F peptide: *Ac*-D-W-F-K-A-F-Y-D-K-V-A-E-K-F-K-E-A-F-NH<sub>2</sub>) have recently been used to characterize the aggregation properties of amyloidogenic proteins [24,26]. These nanodiscs are stable for a

long time as well as capable of reconstituting various types of lipids that differ in acyl chain length and/or head group chemistry [27]. These unique advantages of nanodiscs have also been well utilized in NMR based structural studies of membrane proteins [28].

The AD associated amyloid-beta ( $A\beta$ ) peptides have been widely studied to establish mechanisms of amyloid formation and to investigate the roles of cell-membrane in modulating the aggregation behaviour. Different molecular targets such as small molecule compounds [29,30], peptides [31–33], antibodies [34,35] etc. have been discovered to inhibit  $A\beta$  aggregation and the progression implicated in AD. Studies have shown that electrostatic interaction between  $A\beta$  and target peptide inhibitors is crucial for the development of potent peptide inhibitors [32,33]. In addition, nanoparticles constituting with cationic and anionic surfactants have recently been tested to inhibit  $A\beta$  aggregation [36]. An alternative therapeutic approach for AD using high-density lipoprotein nanodiscs in animal model has also been reported recently [37]. Considering the charge interaction for the potential development of  $A\beta$  inhibitors, the amphipathic MSP or 4F peptides in solution or lipid nanodiscs with exposed charged residues to solvent could modulate the aggregation behaviour of  $A\beta$ . While lipid-nanodisc is becoming an useful membrane mimetic to investigate the roles of lipid membrane on amyloid aggregation and also to stabilize intermediates for structural studies [24,26], it is important to examine if the charged belt of the nanodiscs plays a role in modulating amyloid aggregation. In this study, we reveal a concerted ternary association driven by both nanodiscs scaffold protein and lipids with  $A\beta$ 40 that significantly delay/abolish protein aggregation. Our results demonstrate that the 4F peptide exhibit significant retardation of  $A\beta$ 40's aggregation both in lipid-nanodiscs associated and lipid-free states. The conformational changes induced by the intermolecular interaction between 4F and  $A\beta$ 40, and the interacting residues, are identified using CD, NMR and MD simulations. Employing atomistic all-atom and coarse-grained (CG) MD simulations, we further reveal the interactions between the 4F-peptidic belt and  $A\beta$ 40 which are supported by fluorescence quenching measurements.

## Results

### **$A\beta$ 40 aggregation is affected by 4F peptide in lipid-free solution or in nanodiscs**

The 4F peptide was used to prepare three differently sized nanodiscs (ND1, ND2 and ND3) at a 4F-peptide/lipid (w/w) ratio of 1, 0.5 and 0.25 (see the Materials and Methods section) and characterized using size-exclusion chromatography (SEC) (Fig. 1a). The dynamic light scattering (DLS) distribution analysis of SEC purified ND1, ND2 and ND3 samples presented an average size distribution with a hydrodynamic diameter of 8.2, 10.2 and 20.2 nm, respectively (Fig. 1b). Thioflavin-T (ThT) based fluorescence assay was used to monitor  $A\beta$ 40 aggregation both in lipid-free solution containing 4F peptides and in presence of 4F-lipid-nanodiscs, and the results are shown in Fig. 1c and d. The 4F peptide was found to significantly delay  $A\beta$ 40 aggregation, and the lag-time ( $T_{lag}$ ) of  $A\beta$ 40 fibrillation was found to increase by ~ 3 and 4 folds at equimolar and two times higher molar concentration of 4F, respectively (Fig. 2a). Even for a low concentration (1  $\mu$ M) of the 4F peptide, we observed a weak retardation of the  $A\beta$ 40 aggregation process (Fig. 1c).

Next, we studied the effect of the 4F peptide present as the peptide-belt in all three different 4F-DMPC nanodiscs (ND1, ND2 and ND3) on the aggregation kinetics of A $\beta$ 40 (Fig. 1d). ND1 (8.2 nm diameter) containing 5  $\mu$ M 4F showed a substantial delay in A $\beta$ 40 aggregation. Upon increasing ND1 concentration, i.e. containing 10  $\mu$ M of 4F, delay in A $\beta$ 40 fibrillation over a day was observed (Figs. 1d and 2a). Interestingly, a further increase in ND1 concentration (containing 20 or 40  $\mu$ M of 4F) completely abolished A $\beta$ 40 aggregation as indicated by double asterisk in Fig. 1d. Unlikely, ND2 containing 5  $\mu$ M 4F did not significantly affect the  $T_{lag}$ ; but, ND2 containing 10  $\mu$ M 4F peptide deaccelerated A $\beta$ 40 aggregation by increasing the  $T_{lag}$  to  $\approx$ 13.7 hrs and abolished A $\beta$ 40 fibrillation containing 20  $\mu$ M of 4F (Figs. 1d and 2a). Remarkably, ND3 containing 10  $\mu$ M 4F peptide accelerated ( $T_{lag}\approx$ 2.8 hrs), but 20  $\mu$ M 4F peptide deaccelerated ( $T_{lag}\approx$ 10.3 hrs) A $\beta$ 40 aggregation.

While membrane curvature dependent alteration of A $\beta$ 40 aggregation by DMPC vesicles have been reported previously [38], our results show that the presence of nanodiscs alter the lag-time in a size-dependent manner (Figs. 1d and 2a). Specifically, the lag-time was increased by small size nanodiscs (ND1 and ND2) and decreased by large size nanodiscs (ND3) at a defined 4F peptide (or nanodisc) concentration (Fig. 1d). Unlike the lipid vesicles, the nanodiscs that are devoid of curvature may be used to trap A $\beta$ 40 monomers and/or oligomers on their planar lipid-bilayer surface. To further investigate the ability of 4F peptide nanodiscs to slow down the aggregation kinetics of A $\beta$ 40 by trapping intermediates, we compared the aggregation kinetics observed from small unilamellar vesicles (SUVs; Fig. S1b) with that observed from nanodiscs (Figs. 2b and S1c). The presence of SUVs promoted A $\beta$ 40 aggregation as shown in Fig. 2b (brown traces). ThT fluorescence analysis showed DMPC SUVs with an increasing concentration of lipids (from 1:1 to 1:20 A $\beta$ :DMPC molar ratio) did not significantly alter the lag-time (Fig. 2b, brown traces), which is in agreement with previous studies [38]. In contrast, nanodiscs depicted a significant delay in A $\beta$ 40 aggregation with an increasing concentration of 4F-DMPC nanodiscs (Fig. 2b, green traces for 1:1 and 1:5 A $\beta$ :DMPC molar ratios; and 1:10 and 1:20 A $\beta$ :DMPC shown in Fig. S1c). At A $\beta$ 40 to lipid molar ratio of 1:10 or 1:20, nanodiscs substantially abolish A $\beta$ 40 aggregation (Figure S1c; lag-time >24 hours), whereas SUVs accelerated its fibrillation (Fig. 2b, brown traces). As illustrated in Fig. 2b, the notable difference between the lag-times of A $\beta$ 40 aggregation observed in SUVs (about 2 hours) and nanodiscs (about 12 hours) for 1:5 A $\beta$ :lipid molar ratio indicates the differential aggregation kinetics influenced by the shape of SUVs or nanodiscs.

While previous studies revealed that a decrease in the size of zwitterionic liposomes accelerated A $\beta$ 40 fibrillation due to a high membrane curvature and more water-accessible hydrophobic surface for peptide interactions [38], our results show a counteractive role of 4F-DMPC-nanodiscs size on A $\beta$ 40's aggregation. As shown in Fig 1d, at a defined 4F (10  $\mu$ M) concentration, an increase in the size of nanodiscs was observed to accelerate A $\beta$ 40's aggregation ( $T_{lag}\approx$ 27.5, 13.7 and 2.8 hrs for ND1 (8.2 nm diameter), ND2 (10.2 nm diameter) and ND3 (20.2 nm diameter), respectively). It should also be noted that the presence of small size nanodiscs were found to significantly deaccelerate A $\beta$ 40's aggregation as compared to lipid-free A $\beta$  aggregation. Based on the experimental studies using lipid vesicles, previous studies have shown that A $\beta$ 40 aggregation is promoted by very

low lipid concentration [20,38,39]. However, as shown in Fig.2c, a very low DMPC concentration in nanodiscs (at 1:1 DMPC:A $\beta$  molar ratio) exhibited a linear correlation between 4F concentration and A $\beta$ 40 aggregation ( $T_{lag}$ ) kinetics indicating its counter protective role against A $\beta$ 40 fibrillation.

The role of lipids interaction in nanodiscs with A $\beta$ 40 was further studied using Fourier Transform infrared spectroscopy (FTIR). Binding of A $\beta$ 40 to 4F-DMPC nanodiscs affected the vibrational bands of both symmetric ( $\sim 1090\text{ cm}^{-1}$ ) and asymmetric ( $1234\text{ cm}^{-1}$ ) stretching modes of the lipid head group ( $\text{PO}_2^-$ ) (see Fig. S2). This indicated a concerted ternary association of A $\beta$ 40 with the lipid and 4F-peptide-belt of nanodiscs. Several other membrane components such as anionic lipids, cholesterol, gangliosides (GM) and sphingomyelin (SM) are connected to the pathology of membrane mediated AD progression [40–42]. To further investigate the role of lipids in nanodiscs in modulating A $\beta$ 40 aggregation kinetics, we designed three different 4F-nanodiscs (size  $<10\text{ nm}$ , Fig.S3a) with membrane compositions DMPC:DMPG (4:1), DMPC:GM (4:1) and DMPC:SM (4:1). For a defined nanodisc (containing  $5\text{ }\mu\text{M}$  of 4F) to A $\beta$ 40 ( $5\text{ }\mu\text{M}$ ) molar ratio, different membrane compositions of 4F-nanodiscs showed differential behavior of A $\beta$ 40 aggregation kinetics (Fig. 2d). For example, GM containing nanodiscs were observed to increase the lag-time compared to SM or anionic lipid containing nanodiscs. These experimental observations further confirm the involvement of lipids in modulating A $\beta$ 40 aggregation. A further increase in the nanodisc concentration (containing  $10\text{ }\mu\text{M}$  of 4F) substantially quenched the ThT fluorescence for 24 hours (Fig. S3b).

#### 4F-peptide forms a complex with A $\beta$ 40 and adopts an $\alpha$ -helical conformation

We next studied the binding mechanism of 4F with A $\beta$ 40 using CD, NMR and MD simulations. Far-UV CD measurements showed an increase in molar ellipticity at 208 and 222 nm indicating  $\alpha$ -helical conformation in 4F-A $\beta$ 40 mixture solution within few minutes (Fig. 3a). It should be noted that a favorable helix conformation of 4F peptide has been observed in nanodiscs where it tightly binds to lipids [43]. The time-dependent CD analysis showed a further increase in the helical content and molar ellipticity of the 4F-A $\beta$ 40 complex. In contrast, the time-dependent CD spectral analysis in absence of 4F showed a decrease in the molar ellipticity due to the self-assembling properties of A $\beta$ 40 (Fig. S4). The increase in the molar ellipticity over time and slow aggregation as revealed from ThT assay (Fig. 1c) indicate a nonfibrillar A $\beta$ 40 conformational state induced by the interaction with the 4F-peptide. Structural studies of 4F peptide (Fig S5) in solution using MD simulations showed the formation of 4F dimers (initially 4F monomers were placed  $\approx 1\text{ nm}$  away from each other) through symmetric packing along the horizontal axis through electrostatic (D1-E16), hydrogen bonding, and  $\pi$ - $\pi$  stacking (F6-F18; Y7-F18) interactions (Fig. 3b, Table S1). Similarly, substantial intermolecular interactions between 4F and A $\beta$ 40 peptides were observed within a 100 ns MD simulation. Electrostatic (between A $\beta$ :K13/K15 and 4F:D1, and A $\beta$ :D1 with 4F:E12),  $\pi$ - $\pi$  stacking (between A $\beta$ :F4 and 4F:F14, and A $\beta$ :F19 and 4F:F14), and a substantial number of hydrogen bonds and hydrophobic interactions between 4F and A $\beta$ 40 peptides were identified (Fig. 3b, Table S2). The hetero-tetramer 4F-A $\beta$ 40 complex showed an unfolded A $\beta$ 40 conformation (for both A $\beta$ 40 peptide molecules in the complex) during a 100 ns MD simulation; whereas a well-defined helical conformation was

identified for 4F in comparison to the dimeric structure obtained in solution, which correlates well with CD results (Fig. 3a and b). The role of central aromatic residues F19 and F20 in modulating the aggregation kinetics through intermolecular  $\pi$ -stacking interactions have been reported for A $\beta$  [44]. Aromatic inhibitors and F19 mutation have been shown to significantly slow down A $\beta$  aggregation [41,42,43]. Thus, the protective role of 4F peptide on A $\beta$ 40 aggregation (Fig. 3b) could be explained in terms of  $\pi$ - $\pi$  and  $\pi$ -alkyl interactions (Table S2) that energetically disfavour A $\beta$ 40's ability to self-assemble by interfering with the  $\beta$ -sheet forming central and C-terminal domains. 2D SOFAST-HMQC NMR experiments showed that the addition of 4F peptide affected the 2D  $^1\text{H}/^{15}\text{N}$  correlation spectrum of A $\beta$ 40 (Fig. 3c). The 4F-A $\beta$ 40 complex presented a uniform reduction in NMR signal intensities for both N and C-terminal residues (Fig. 3d). On the other hand, the A $\beta$ 40 N and C-terminal residues depicted a decrease and increase in NMR signal intensities in presence of nanodiscs, respectively. This indicated a coupling between the charged N-terminus of A $\beta$ 40 and nanodisc could control the folding and aggregation propensity of A $\beta$ 40 as seen in ThT assays (Fig. 1d).

### Atomistic insights into the interaction between 4F-nanodisc's belt with A $\beta$ 40

Interaction of the peptidic belt of nanodiscs with A $\beta$ 40 was studied by monitoring tryptophan fluorescence using the Trp2 residue in the 4F peptide. A 50  $\mu\text{M}$  of 4F peptide solution (10 mM sodium phosphate buffer, pH 7.4) showed a tryptophan emission spectrum at 357 nm when excited at 295 nm (Fig. 4a) [43]. When 25  $\mu\text{M}$  of A $\beta$ 40 peptide was titrated with 50  $\mu\text{M}$  of 4F peptide solution, a small red shift (from 357 to 363 nm) in Trp2 fluorescence was observed over time. This observation suggests the solvent exposure of Trp2 residue of the 4F peptide upon binding with A $\beta$ 40 (Fig.4a). This is in agreement with the intermolecular interaction observed between 4F and A $\beta$ 40 peptides in all-atom MD simulations (Fig. 3b). To investigate if the presence of lipid-nanodiscs would affect the above-mentioned interaction between 4F and A $\beta$ 40 peptides, we carried out Trp2 fluorescence experiments and MD simulations as explained below. In presence of DMPC nanodiscs (containing 50  $\mu\text{M}$  of 4F peptide), a significant blue shift (from 357 to 343 nm) was observed in Trp2 fluorescence indicating Trp2 is oriented inside the hydrophobic-core of the lipid-bilayer in agreement with the amphipathic helical structure of the 4F peptide (Fig. 4b). Interestingly, a titration of 25  $\mu\text{M}$  A $\beta$ 40 with 4F-DMPC nanodiscs exhibited a gradual red shift in tryptophan fluorescence ( $\approx$  343 to 351 nm) within 40 min (Fig. 4b). This observed change in Trp2 fluorescence due to the addition of A $\beta$ 40 occurred within a time scale ( $\sim$ 40 minutes) where majority of the A $\beta$ 40 populations are either in monomeric and/or lower order oligomeric states ( $T_{\text{lag}} \approx$  13.7 hrs as shown in Fig. 2a). Therefore, the red shift (343 to 351 nm) indicating the solvent exposure of Trp2 residue of the 4F peptide could be interpreted as a consequence of a direct interaction between 4F and A $\beta$ 40 or, it could be due to the lipid bilayer interaction of A $\beta$ 40 (monomer and/or oligomers) which can cause membrane thinning and/or induce changes in the lipid packing and therefore the shape of the 4F belt [16]. Since fluorescence experiments can only be used to observe the orientation of the Trp2 residue but not on the size of the 4F-belt, we performed DLS experiments to monitor the change in the size of nanodiscs by adding A $\beta$ 40 monomers to ND1 (size of 8.2 nm diameter). After a 1-hour incubation, ND1 showed a  $\approx$  2 nm increase in the absolute size (as shown in Fig. S6). Thus, the combination of fluorescence and DLS experimental results



confirmed the change in the size of the 4F-belt as well as the change in the Trp2 orientation are due to A $\beta$ 40 interaction with nanodiscs. However, the direct versus lipid mediated 4F and A $\beta$ 40 interactions cannot be differentiated experimentally. Therefore, to gain further insights into the mechanism of A $\beta$ 40 interaction with 4F-nanodiscs, we performed both all-atom and coarse-grained (CG) MD simulations as explained below.

We used MSP (a diameter of  $\sim 98$  Å) encased zwitterionic/anionic atomic lipid bilayer models (see Materials and methods), instead of the 4F-nanodiscs, due to the availability of parametrized all-atom and CG nanodisc model systems at CHARMM-GUI [47] (Fig. S5). We were able to observe intermolecular interactions between A $\beta$ 40 and MSP-belt within several nanoseconds in all-atom MD simulations. Our all-atom MD 100 ns simulations showed interactions between A $\beta$ 40 and MSP-belt of 4:1 DMPC:DMPS nanodiscs. While majority of A $\beta$ 40 molecules were found to be unfolded and aggregated in the aqueous phase, a partially folded A $\beta$ 40 was observed to interact with MSP-belt within the defined simulation time length (100 ns) (Fig. S7a). A $\beta$ 40 exhibited significant electrostatic and hydrogen bonding interactions through its charged N-terminus with MSP's charged residues (Arg/Lys/Glu) located in the 120-133 region (see Table S3, Fig. S7a).

Analysis of hydrogen bond formation between A $\beta$ 40 and individual molecules of targeted MSP-encased lipid nanodisc (denoted as <sup>mSP</sup>DMPC/DMPS<sup>4:1</sup>) showed the formation of a comparatively consistent and higher number of hydrogen bonds between A $\beta$ 40 and MSP-belt after 20 ns MD simulation. On the contrary, unstable and relatively small number of hydrogen bonds were identified between A $\beta$ 40 and lipids present within the nanodisc (Fig. S8). Within the limited time scale of all-atom MD simulations, we could only observe a single A $\beta$ 40 out of total of eight A $\beta$ 40 molecules used in the simulations, interacting with the MSP-belt of the nanodisc. To overcome this limitation due to the restricted time length for all-atom MD simulations, we then investigated A $\beta$ 40 interaction with MSP-nanodiscs at microsecond time scale using CG model systems of MSP encased DOPC, DOPS, DOPE, POPC or a mixed lipid nanodiscs (see Figs. 5 and S9). Interestingly, several A $\beta$ 40 molecules were found to be located close to MSP-belt and in the vicinity of lipids located close to the MSP-belt (see video SV included in the Supporting Information). The A $\beta$ 40 molecules were initially observed to aggregate in the aqueous phase followed by a slow transition to water-lipid/MSP interface within microseconds of MD simulation time (Fig. S7b). Surprisingly, A $\beta$ 40 molecules were observed to bind directly to the MSP-belt in the case of 100% anionic DOPS lipids within a time scale of  $\approx 300$  ns (see the video SV included in the Supporting Information). A major population of the well-dispersed A $\beta$ 40 molecules in aqueous phase were identified to interact with MSP-belt in all the chosen MSP-nanodisc systems (listed in Table 1) irrespective of their lipid composition. As illustrated in Fig. 5, at the end of 3  $\mu$ s MD simulations, A $\beta$ 40 molecules were localized on the lipid bilayer surface but restricted to interact with the MSP-belt. Similarly, MSP-nanodiscs comprising of mixed lipids mimicking mitochondrial membrane also presented both lipid-bilayer-bound but with a restriction of A $\beta$ 40 population to interact with MSP during 3  $\mu$ s MD simulations (Fig. S9) suggesting that lipid composition has a minimal effect on the A $\beta$ 40-MSP interaction, which could potentially delay A $\beta$ 40 aggregation. Taken together, both all-atom and CG-MD simulations indicated that the binding efficacy of MSP-belt to A $\beta$ 40 molecules could modulate the

conformational plasticity of the amyloidogenic peptide to self-assemble in a lipid membrane environment.

### **A $\beta$ 40 forms short and thick fibers in presence of 4F peptide or 4F-nanodiscs fibers**

Structural polymorphism are associated with amyloids and studies have focused on understanding the mechanism of amyloid fibril formation and their neurobiological significance [48]. Here, we observed two distinct conformational states of A $\beta$ 40 fibers in presence of 4F or 4F-encased lipid-nanodiscs (Fig. S10) using transmission electron microscopy (TEM). The amyloid fibers obtained from 1:1 molar ratio of 4F:A $\beta$ 40 (Fig. 6b) or 4F-nanodisc:A $\beta$ 40 (Fig. 6c-f) were found to be thicker and shorter than A $\beta$ 40 fibers prepared in absence of 4F (Fig. 6a). In addition, we observed relatively small population of short fibers in all nanodisc systems (Fig. 6c-f) that contain equivalent amount of A $\beta$ 40 (5  $\mu$ M) in aqueous solution (Fig. 6a) and in 4F peptide mixed solution (Fig. 6b). Overall, the TEM analysis indicated 4F or 4F-nanodiscs generate short A $\beta$ 40 fibers that may exhibit potentially distinct neurobiological activities, which would be worth investigating in the future.

## **Discussion**

Structural characterization of amyloid proteins using lipid nanodiscs is emerging out to be an important approach to better understand the membrane-assisted amyloid aggregation process and to potentially develop therapeutic strategies [24,26,49,50]. While the membrane composition (Gangliosides/Sphingomyelin/Cholesterol) has been shown to modulate amyloid aggregation [51] and the pathological state of A $\beta$ , the findings reported in this study further highlights the protective role of apolipoprotein (MSP) or MSP-derived peptide (i.e., 4F in this study) on amyloidosis. In this study, we revealed that the 4F peptide mimicking a short segment of apo-lipoproteins interacts with A $\beta$ 40 and substantially delays the aggregation (Fig. 1c). Importantly, the 4F peptide was not only found to retard the aggregation kinetics of A $\beta$ 40, but also alters the fiber morphology by generating short and thick fibers (Fig. 6b). Our structural investigation showed electrostatic and  $\pi$ - $\pi$  interactions drive 4F-A $\beta$ 40 complex formation which is in agreement with the NMR results (Fig. 3c and d). The amyloid core residues including F19, F20, and L34-V36 residues, that drive beta-sheet formation, were significantly affected by the 4F peptide (Table S2) both in aqueous and in nanodisc solutions (Fig. 3d). The therapeutic significance of apolipoprotein A-I mimetic peptides (such as D-4F) in preventing atherosclerosis have been tested in animal models [52,53]. Here, we revealed their potential anti-amyloidogenic activities in the form of 4F-nanodiscs. The 4F-nanodiscs at an optimal concentration (containing > 20  $\mu$ M 4F) trap A $\beta$ 40 intermediates as revealed from the significant ThT fluorescence quenching as shown in Fig. 1d. By controlling the concentration of 4F-nanodiscs, we observed its linear correlation with the delay in A $\beta$ 40 aggregation kinetics, and extended the complete abolishment of A $\beta$ 40 fibrillation. In reference to a previous study that showed A $\beta$  binding to nanodisc using fluorescence titration experiments [26], it is possible that the A $\beta$ 40 aggregation could be modulated by varying membrane lipid composition of 4F-nanodiscs as illustrated in Fig. 2d. Hence, the membrane lipids in association with 4F-belt of the nanodisc most likely to involve in the modulation of A $\beta$ 40 aggregation through a concerted



mechanism of action (Fig. 2b and 2d). Taken together, the potential anti-amyloidogenic activity of 4F peptide highlighted its importance for A $\beta$  therapy and could be potential nanoparticles to isolate pathologically distinct A $\beta$ 40 intermediates for neurobiological functional studies.

Previous studies successfully carried out NMR experimental studies on two different amyloidogenic proteins (such as islet amyloid polypeptide (IAPP) and A $\beta$ 42) by using MSP based lipid-nanodiscs [24,26]. In this study, we have successfully demonstrated the use of 4F peptide-based lipid-nanodiscs for NMR experimental investigation of A $\beta$ 40. As recently demonstrated peptide-based nanodiscs have additional advantages over MSP-nanodiscs [54]. While A $\beta$  interaction with cell membrane accelerates its aggregation [20,38,39], here we show the solvent exposed charged residues in the peptide belt associated with lipids in the nanodisc play a protective role by delaying A $\beta$ 40 aggregation (Fig. 5). The application of apolipoprotein encapsulated lipid-nanodiscs has been tested in-vitro and in-vivo for successful drug-delivery of several poorly soluble drugs including polyphenolic amyloid inhibitors [55]. In addition, synthetic high-density lipoprotein nanoparticles have recently been tested in-vivo that reduce the amount of cerebral amyloid-beta in a transgenic mouse [37]. Considering the emerging application of lipid-nanodiscs, the amyloid inhibiting efficacy of 4F-nanodiscs reported in this study could be useful for potential therapeutic advancement for amyloidosis. It could also be worthwhile to test the bioavailability of amyloid inhibitors by incorporating them into 4F-nanodiscs.

## Conclusions

In this study, we have successfully demonstrated the existence of a crosstalk between the amphipathic peptidic belt of lipid-nanodiscs and amyloid aggregation by using a combination of fluorescence, CD, NMR and TEM experiments and MD simulations. This study also enabled us to identify the formation of several off-pathway amyloid aggregates (including the polymorphic fibers) that could be therapeutically important [48], and their high-resolution structures could be worth investigating. Therefore, the ternary association of A $\beta$ , lipid-membrane and peptidic belt must be considered to obtain accurate and complete information from biophysical/biochemical analysis and drug discovery. Based on the ability of nanodisc-belt to inhibit amyloid aggregation reported in this study, screening of more potent anti-amyloidogenic peptides derived from apolipoproteins could further assist in designing novel therapeutic targets to control AD progression. Although the influence of peptide-nanodiscs on A $\beta$ 's aggregation to form fibers is quite complex, and as shown by the results reported in this study that both the peptide-belt and the lipid composition play significant roles, more studies utilizing a variety of lipid composition to trap intermediates of aggregates of several different amyloid proteins/peptides would be useful. Such studies would enable the application of sophisticated biophysical and NMR experiments to obtain high-resolution structures, and could provide valuable insights into the mechanisms of aggregation to form toxic species in a membrane environment and to develop compounds to inhibit toxicity.

## Materials and methods

### Chemicals

Thioflavin T (ThT), uranyl acetate and all other salts were purchased from Sigma-Aldrich (St. Louis, MO). 1,2-dimyristoyl-sn-glycero-3-phosphatidylcholine (DMPC), 1,2-dimyristoyl-sn-glycero-3-phosphoglycerol (DMPG), ganglioside (GM1), sphingomyelin (SM) were purchased from Avanti Polar Lipids, Inc® (Alabaster, AL). Chemical reagents were purchased from commercial suppliers and used as received.

### A $\beta$ 40 expression, purification and sample preparation

Unlabeled and uniformly  $^{15}\text{N}$  isotope labelled A $\beta$ 40 peptides were recombinantly expressed in *E. coli* BL21 (DE3). The A $\beta$ 40 plasmid was a generous gift from Professor Bernd Reif (Technical University of Munich, Germany). The expression and purification procedures of A $\beta$ 40 were as reported elsewhere [56,57]. The purified A $\beta$ 40 peptide was dissolved in 5% (v/v)  $\text{NH}_4\text{OH}$  and lyophilized at a concentration of 0.1 mg/ml. The peptide powder was then dissolved in buffer (10 mM sodium phosphate, pH 7.4) and sonicated for 15 s followed by centrifugation at  $14,000 \times g$  for 15 min at 4 °C to remove any small aggregates. The protein concentration was measured using NanoDrop spectrophotometer, and 100  $\mu\text{M}$  stock solutions of A $\beta$  were prepared for experiments. All experiments were performed using 10 mM sodium phosphate buffer, pH 7.4.

### Nanodiscs sample preparation

Large unilamellar vesicles (LUVs) were prepared as described elsewhere [27,38]. Briefly, lipid powders were dissolved (10 mg/ml) in HPLC-grade 1:1 chloroform and methanol followed by evaporation under a continuous stream of nitrogen gas. The lipid film (DMPC or DMPC mixed DMPG or GM or SM at 4:1 molar ratio) was kept under vacuum for 4 hours to completely remove any residual solvents. The dehydrated lipid film was hydrated in 10 mM sodium phosphate buffer (pH 7.4) followed by 5 minutes of vortex mixing. The lipid mixture was mixed with the 4F peptide to make a solution with DMPC:4F (w/w) ratios of 1:1 (ND1), 2:1 (ND2) and 4:1 (ND3), followed by vortex mixing for 5 minutes and then incubating overnight at 37 °C under gentle agitation. Small unilamellar vesicles (SUVs) were prepared by dissolving DMPC LUVs in 10 mM sodium phosphate buffer (pH 7.4). The hydrated lipid films were subjected to 30 minutes sonication in a water bath at 37 °C followed by 10 freeze-thaw cycles. Thereafter, the DMPC suspension was extruded 20 times through 30 nm polycarbonate membranes using a mini extruder (purchased from Avanti Polar Lipids, Inc., Alabaster, Alabama). The formation of nanodiscs and SUVs were confirmed by size distribution analysis using DLS experiments.

### Nanodisc purification and size-distribution analysis

The nanodiscs were purified by passing them through SEC using a Superdex 200 Increase 300/10 GL column operated on an AKTA purifier (GE Healthcare, Freiburg, Germany). DLS (Wyatt Technology Corporation, Goleta, CA) measurements were performed to check the size distribution of all SEC purified nanodiscs using a 1  $\mu\text{l}$  quartz cuvette. The concentration of nanodiscs were calculated by measuring the concentration of 4F peptides

using NanoDrop spectrophotometer. All 4F peptide based lipid-nanodiscs (namely, ND1, ND2 and ND3 or mixed lipid nanodiscs) were diluted to a 4F peptide concentration of 200  $\mu\text{M}$  and aliquots of samples were prepared as required for subsequent experiments. All DLS measurements were performed at 37  $^{\circ}\text{C}$  and the scattering results were averaged over 20 scans. Correlation functions were fitted using the isotropic sphere model and fittings were performed using the software provided by the supplier (Wyatt Technology Co., Goleta, CA).

### ThT Fluorescence assay

Thioflavin T (ThT) dye based fluorescence experiments were performed to monitor the aggregation kinetics of A $\beta$ 40 under various conditions. Fisher 96-well polystyrene plates with a sample (5 $\mu\text{M}$  A $\beta$ 40 and 10 $\mu\text{M}$  ThT, and with a variable concentration of lipid-nanodiscs or SUVs) volume of 100  $\mu\text{l}$ /well were used for fluorescence measurements. The kinetics of amyloid formation was monitored at 3-min intervals using a microplate reader (BioTek Synergy 2, Winooski, VT) with an excitation and emission wavelengths of 440 and 485 nm, respectively, at 37  $^{\circ}\text{C}$  under continuous and medium orbital shaking. The kinetic parameters were obtained by fitting fibrillation curves to the following sigmoid equation [58].

$$Y(t) = y_0 + \frac{A}{1 + \exp[-k(t - t_{0.5})]}$$

where  $y_0$  is the pre-transition baseline,  $k$  is the apparent growth rate constant and  $t_{0.5}$  is the half-time when ThT fluorescence reaches half of its maximum intensity. The lag time ( $T_{\text{lag}}$ ) is defined as  $T_{\text{lag}} = t_{0.5} - 1/2/k$ . Fourier transform infrared (FTIR) spectra were obtained for A $\beta$ 40 alone (5  $\mu\text{M}$ ) and mixed with 4F-DMPC nanodiscs containing 5  $\mu\text{M}$  of 4F in transmission mode within a range of 4000–400  $\text{cm}^{-1}$  using a Thermo scientific ATR-FTIR instrument.

### Transmission electron microscopy

Transmission electron microscopy (TEM) images were measured using a HITACHI H-7650 transmission microscope (Hitachi, Tokyo, Japan) at 25  $^{\circ}\text{C}$  following the protocols described elsewhere [20]. The A $\beta$ 40 peptide samples used in the ThT assay measurements (see methods) was used for TEM analysis. After ThT measurements, the A $\beta$ 40 fiber samples were further incubated at room temperature for 7 days and their TEM images were collected. A 10  $\mu\text{l}$  sample volume of 5  $\mu\text{M}$  of A $\beta$ 40 mixed with 10  $\mu\text{M}$  of 4F or 4F-nanodiscs containing 10  $\mu\text{M}$  of 4F (see Fig. 1d) was loaded on a collodion-coated copper grid. The spotted samples were incubated for 2 minutes followed by three times rinsing with Milli-Q water. The copper grid was next stained with 5  $\mu\text{l}$  of 2% (w/w) uranyl acetate for 1 minute followed by three times rinsing with Milli-Q water. The sample loaded grids were incubated overnight at room temperature and electron micrographs were collected.

### Tryptophan fluorescence quenching assay

The tryptophan (Trp2) residue in 4F peptide was used for fluorescence measurement. 4F peptide of concentration 50  $\mu\text{M}$  dissolved in 10 mM sodium phosphate buffer (pH 7.4) or 4F-DMPC (ND1) nanodiscs containing 50  $\mu\text{M}$  4F in presence or absence of 25  $\mu\text{M}$  A $\beta$ 40

were prepared for Trp2 fluorescence quenching measurements. Fluorescence emission was measured at 330 nm following an excitation at 295 nm (with a 5 nm bandwidth). The fluorescence measurement was recorded in a continuous mode using a FluoroMax 4<sup>®</sup> from Horiba Scientific<sup>®</sup> with a delay time of 1 minute per 5 scans using a 200  $\mu$ L cuvette at 37 °C. The spectra were normalized and the changes in emission spectral peak were analyzed.

### Molecular dynamics simulations

The 3D model structure of 4F peptide (Ac-DWFKAFYDKVAEKFKKEAF-NH<sub>2</sub>) was built using I-TASSER [59]. I-TASSER modelled  $\alpha$ -helical 4F peptide was further refined using Discovery studio visualizer. The solution NMR structure of A $\beta$ 40 determined in an aqueous environment [60] (PDB: 2LFM) was used for MD simulations. The MSP-encased nanodiscs (all-atom and coarse-grained) comprising of two molecules of MSP (a diameter of  $\sim$ 98 Å) and a variable number of phospholipids (see Table 1) were built using CHARMM-GUI [47]. MD systems comprising of eight molecules of A $\beta$ 40 and MSP-nanodiscs of variable lipids built using CHARMM-GUI were generated using GROMACS 5.0.7 [61]. The A $\beta$ 40 molecules were separated from one another by a distance of at least  $\approx$  5 Å (placed in random orientations) and were positioned  $\approx$  20 Å away from the nanodisc's lipid bilayer surface. All MD systems were neutralized by adding counter ions followed by energy-minimization using the steepest-descent method prior to carrying out simulations.

For all-atom MD simulations of 4F-4F interactions, two molecules of 4F (separated by  $\approx$  10 Å) were solvated in a cubic box (size  $\approx$  20 Å) with random orientations. Similarly, for A $\beta$ 40-4F interaction analysis, two molecules of A $\beta$ 40 and 4F were suspended in a cubic box. All atom MD simulations were performed using CHARMM36 [62] force field at 37 °C using GROMACS [61] software package, version 5.0.7. The pressure and temperature equilibrations were applied to each complex system as instructed in CHARMM-GUI. A final production MD run of 100 ns was performed for all three all-atom systems (Table 1). The coarse-grained (CG) systems comprising of eight molecules of A $\beta$ 40 and nanodiscs (containing DOPC, DOPS, DOPE, POPC or mitochondrial inner and outer membrane mixed lipids) were simulated using Martini (v2.2) force field [63] in GROMACS.

The topology files for all lipids were obtained from CHARMM-GUI and A $\beta$ 40 topology was generated using *martinize* python program [64]. A production MD simulation run of 3  $\mu$ s was carried out for all systems at 37 °C. MD simulation trajectories were interpreted using visual molecular dynamics [65]. Molecular visualization was carried out using Discovery studio visualizer 3.5 [66] and PyMOL. The final images were built using Adobe illustrator (version 16.0.3). Complex structures retrieved from CG-MD simulations were converted to all-atom structures for structural analysis using CHARMM-GUI.

### NMR experiments

2D <sup>1</sup>H/<sup>15</sup>N SOFAST-HMQC [67] NMR spectra were recorded on a 600 MHz Bruker Avance III spectrometer equipped with a z-axis gradient cryogenic probe. Three types of samples were prepared in 10 mM sodium phosphate (pH 7.4) buffer containing 90% H<sub>2</sub>O/10% <sup>2</sup>H<sub>2</sub>O at 25 °C for NMR measurements: Samples-1: 50  $\mu$ M of uniformly <sup>15</sup>N-

labeled A $\beta$ 40 in solution; Sample-2: 50  $\mu$ M of uniformly  $^{15}$ N-labeled A $\beta$ 40 mixed with 50  $\mu$ M 4F peptide and incubated for 1 hour at room temperature; Sample-3: 50  $\mu$ M of uniformly  $^{15}$ N-labeled A $\beta$ 40 mixed with 4F-DMPC nanodisc (ND2) containing 50  $\mu$ M 4F and incubated for 1 hour at room temperature. All NMR spectra were obtained using 200 t1 increments and with 64 scans. NMR data were processed using TopSpin 3.5 (Bruker) and analyzed using Sparky [68].

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations:

<b>A<math>\beta</math></b>	amyloid-beta
<b>NMR</b>	nuclear magnetic resonance
<b>MSP</b>	membrane scaffold protein
<b>CD</b>	circular dichroism
<b>ThT</b>	Thioflavin-T
<b>SOFAST-HMQC</b>	band-selective optimized flip-angle short transient heteronuclear multiple quantum coherence
<b>SEC</b>	size-exclusion chromatography
<b>DLS</b>	dynamic light scattering
<b>ND</b>	nanodisc
<b>SUVs</b>	small-unilamellar vesicles
<b>LUV</b>	large-unilamellar vesicles
<b>MD</b>	molecular dynamics
<b>CG</b>	coarse-grained

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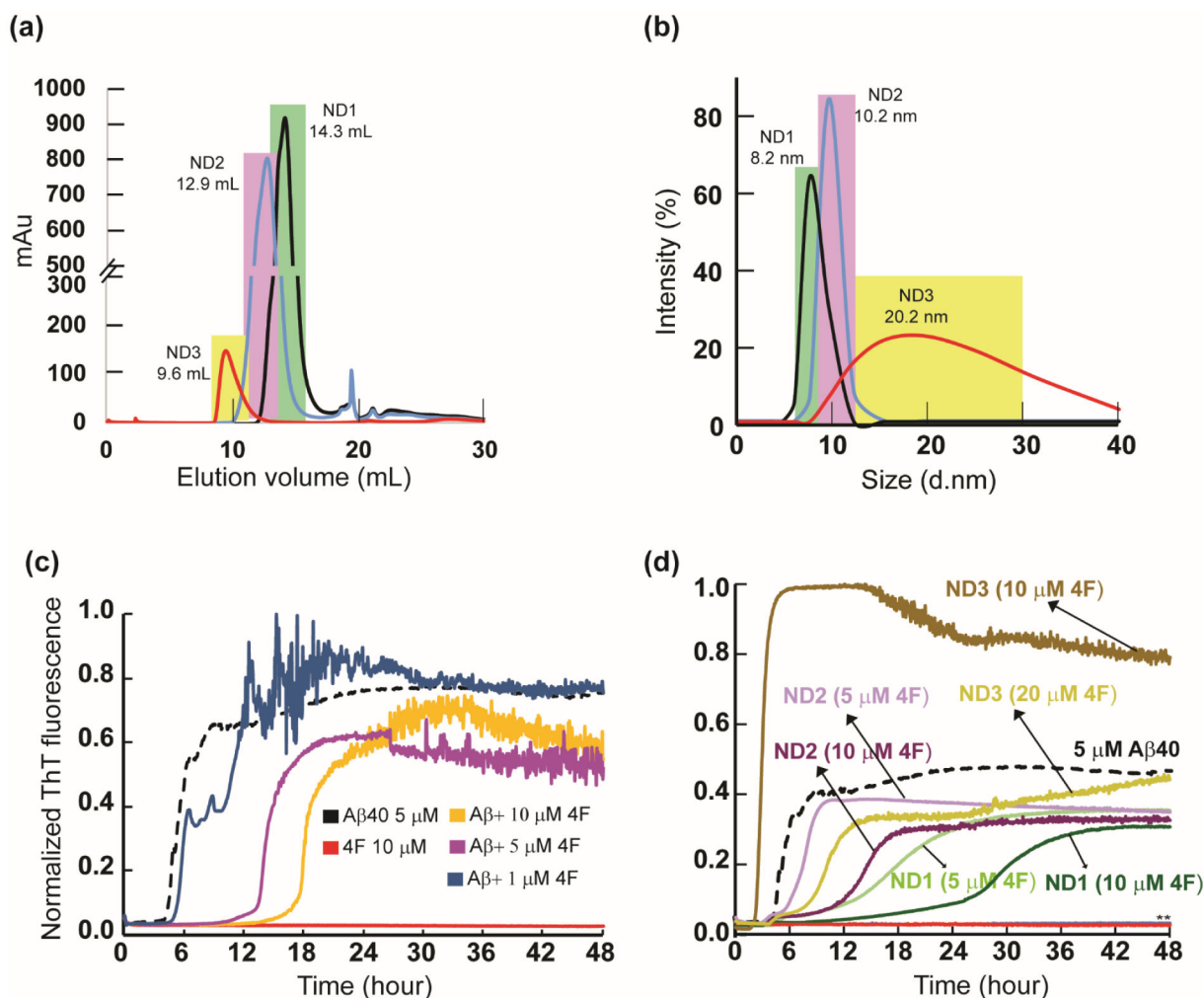
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**Highlights**

- Apolipoprotein mimetic 4F peptide retards beta-amyloid aggregation.
- 4F-nanodiscs substantially inhibit beta-amyloid fibrillation growth.
- Beta-amyloid forms short and thick fibers in presence of 4F or 4F-nanodiscs.
- Structural study reveals a ternary association between A $\beta$ 40 and 4F-nanodiscs.



**Fig. 1.** **4F peptide (lipid-free or nanodisc-bound) delay amyloid aggregation of Aβ40.** (a) Size-exclusion chromatography showing variable size 4F-encased DMPC nanodiscs at peptide:lipid (w/w) ratio of 1:1 (ND1), 1:2 (ND2) and 1:4 (ND3). (b) Size distribution profile of nanodiscs as a function of their hydrodynamic diameter measured using DLS. The highlighted colors in DLS indicate their corresponding SEC fractions. ThT fluorescence monitor the effect of 4F (lipid-free) peptide in solution (c) and 4F-enclosed lipid-nanodiscs (d) on Aβ40 aggregation (at 5 μM) kinetics at 37 °C in 10 mM sodium phosphate buffer (pH 7.4). The ThT fluorescence of Aβ40 aggregation in the absence of 4F is shown in black and the retardation of aggregation with an increasing concentration of 4F peptide is indicated with different colors. The double asterisks (\*\*) marked in Fig. 1d indicate ND1 and ND2 (containing 20 μM 4F) abolish Aβ40 aggregation. None of the nanodiscs (ND1-3) bind to ThT (see Figure S1a). It should be noted that a change in the 4F-peptide concentration also indicates a corresponding change in the lipid concentration, and therefore an increase in the 4F-peptide concentration indicates an increase in the nanodiscs concentration in the sample.

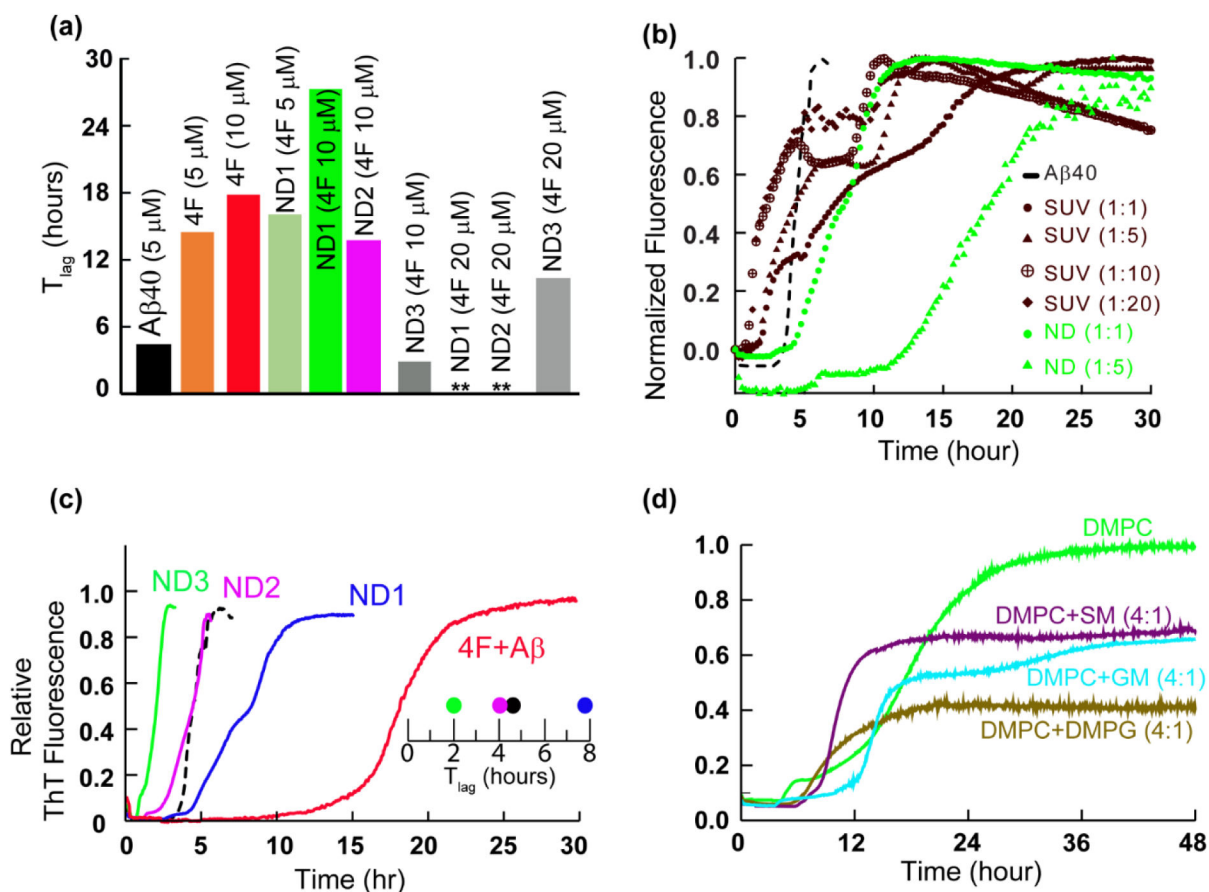
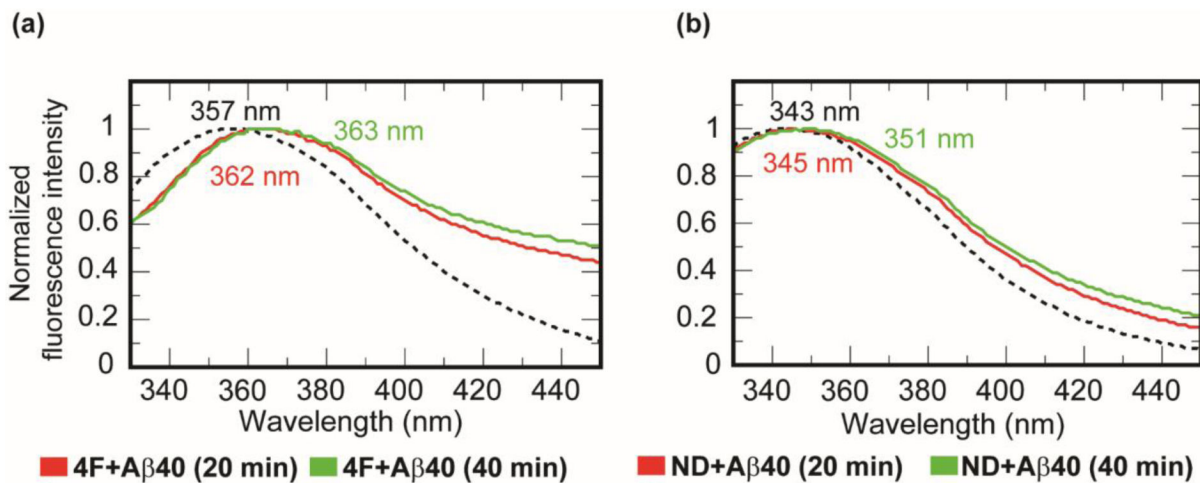


Fig. 2.

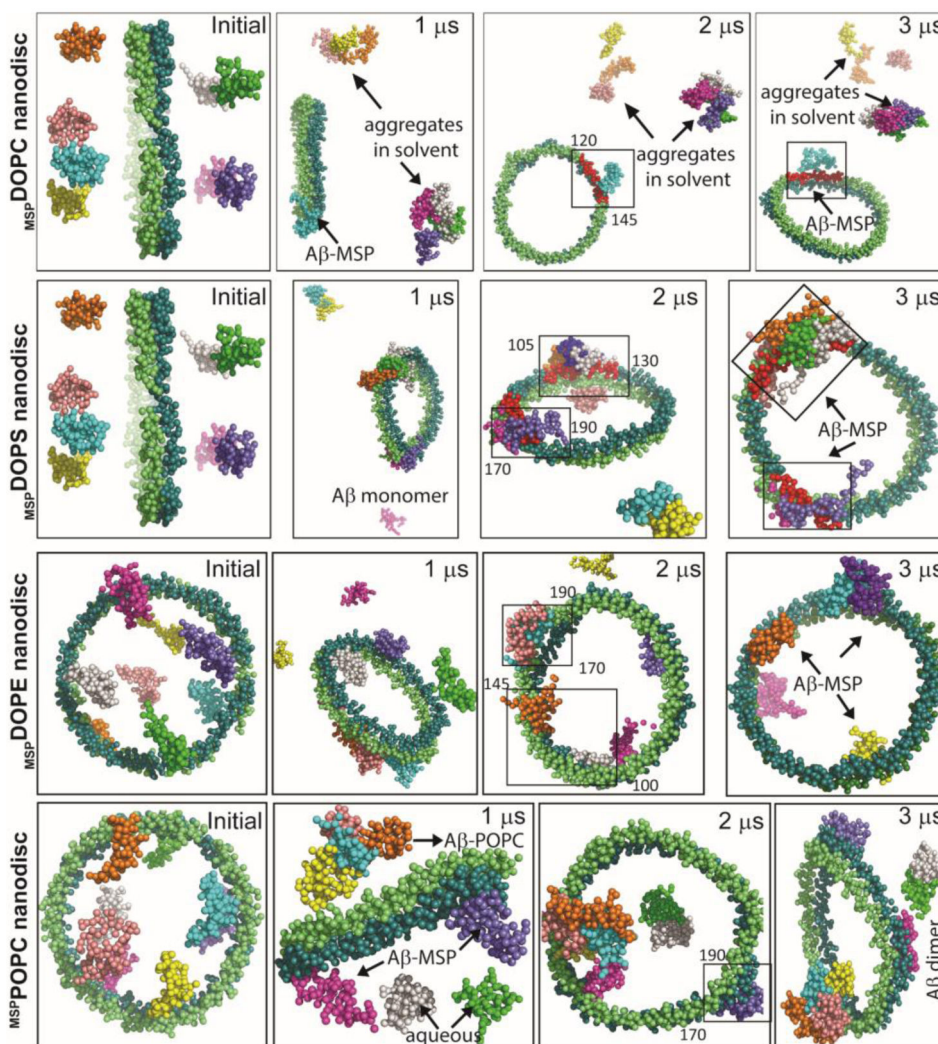
**Curvature and size of nanodiscs control Aβ40 aggregation.** (a) The lag-time of Aβ40 aggregation in 4F and 4F-nanodisc system as a function of time ( $T_{lag}$ ) calculated from Fig. 1c and d. (b) ThT assay of Aβ aggregation (5 μM) in presence of nanodiscs (green curves) and DMPC SUVs (brown curves) at the indicated peptide to lipid concentration. NDs at Aβ40 to lipid molar ratio of 1:10 or 1:20 substantially quenches Aβ aggregation and are shown in the figure S1b. (c) ThT fluorescence showing Aβ40 aggregation (5 μM) in absence of nanodiscs and 4F (black) and in presence of nanodiscs (blue, pink and green traces) or 4F (red trace). The  $T_{lag}$  shows a linear correlation between the delay in Aβ40 aggregation and the size of nanodiscs at a minimal DMPC concentration (5 μM) containing 1.5 μM (ND1), 0.75 μM (ND2) and 0.375 μM (ND3) of 4F peptide, (d) Lipid-dependent Aβ aggregation in nanodiscs composed of the indicated lipids. SM and GM denote sphingomyelin and gangliosides, respectively.



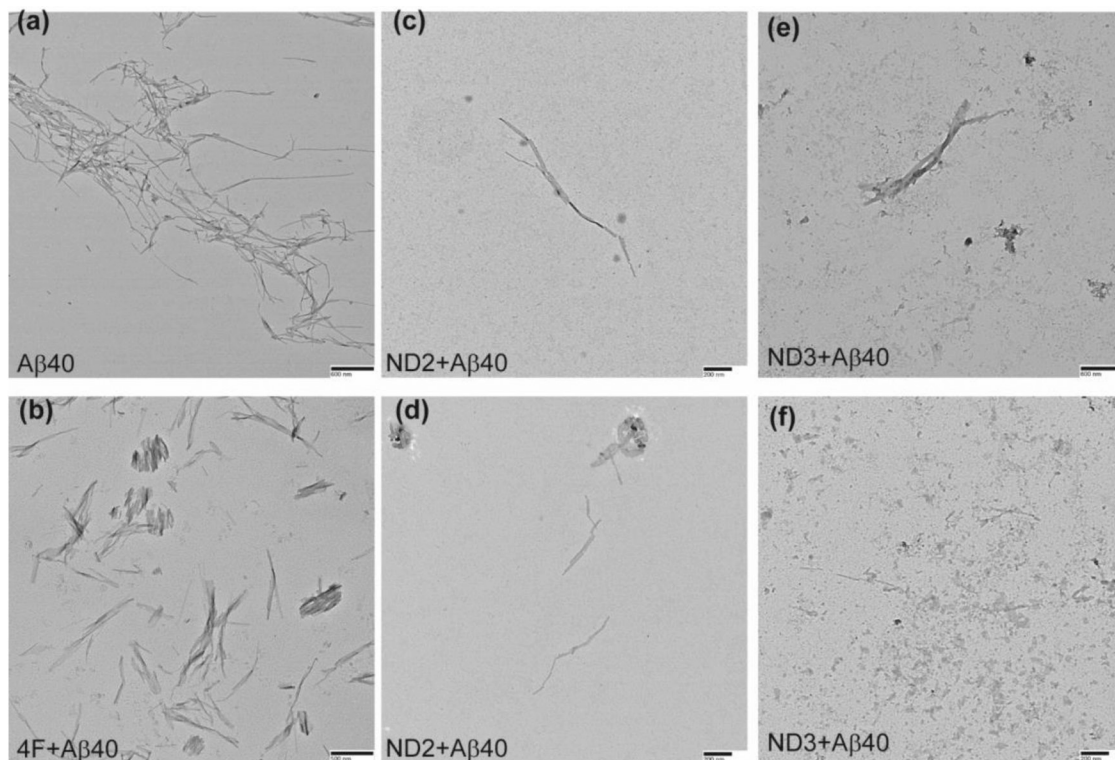




**Fig. 4.**  
**Probing 4F-A $\beta$ 40 interactions by tryptophan fluorescence quenching.** Monitoring tryptophan (Trp2 residue of the 4F peptide) fluorescence quenching in (a) 50  $\mu$ M 4F peptide solution and (b) ND1 containing 50  $\mu$ M 4F peptides in presence (red and green traces) and absence (dashed black traces) of 25  $\mu$ M A $\beta$ 40 at 37  $^{\circ}$ C at the indicated time intervals (0 min in dashed lines, 20 min in red, and 40 min in green).



**Fig. 5.** MD simulations reveal A $\beta$ 40-MSP interactions. Illustration of A $\beta$ 40 interaction with MSP in nanodiscs at the indicated MD simulation times. MD snapshots are retrieved after every 1  $\mu$ s from zwitterionic (DOPC/DOPE/POPC) or anionic (DOPS) MSP-based lipid-nanodiscs. The MSP protein chains (ring shape) and A $\beta$  molecules (eight) are represented in vdw using VMD and drawn in different colors. The lipid molecules in the center and water inside the box are not shown for visual clarity. MSP domains binding with A $\beta$ 40 are covered in a rectangle and the amino acid residues spanning the binding domains are indicated. All A $\beta$ 40 molecules are initially placed  $\approx 10$   $\text{\AA}$  away from the lipid bilayer surface and a minimum distance of  $\ll 5$   $\text{\AA}$  is maintained between A $\beta$  molecules in aqueous phase.



**Fig. 6.**  
**TEM images showing morphology of A $\beta$ 40 fibers in presence and absence of 4F peptide or 4F-peptide-lipid-nanodiscs.** The samples analyzed by ThT based experiments (see Figure 1) are used for or TEM imaging. A $\beta$ 40 samples in absence of 4F or 4F-nanodiscs (a) and in presence of 4F (b), ND2 (c and d) and ND3 (e and f) were adsorbed on carbon-coated copper grids and negatively stained with 2% uranyl acetate for TEM imaging. Scale bars are shown on the bottom right. TEM image of nanodiscs is shown in Figure S10.

**Table 1.**

List of parameters and simulated systems used in molecular dynamics simulations.

All-atom MD systems	Phospholipid type	Total atoms	Simulation length
4F-4F (2 molecules)	N/A	5597	100 ns
A $\beta$ 40 (2 mols)-4F (2 mols)	N/A	13147	100 ns
A $\beta$ 40- <sup>MSP</sup> DMPC/DMPS <sup>4:1</sup>	8 A $\beta$ 40; 152 DMPC; 38 DMPS	117079	100 ns
<b>Coarse-grained MD systems</b>			
A $\beta$ 40- <sup>MSP</sup> DOPC	8 A $\beta$ 40; 172 DOPC	29648	3 $\mu$ s
A $\beta$ 40- <sup>MSP</sup> DOPS	8 A $\beta$ 40; 167 DOPS	29602	3 $\mu$ s
A $\beta$ 40- <sup>MSP</sup> POPC	8 A $\beta$ 40; 173 POPC	27215	3 $\mu$ s
A $\beta$ 40- <sup>MSP</sup> DOPE	8 A $\beta$ 40; 188 DOPE	29824	3 $\mu$ s
A $\beta$ 40- <sup>MSP</sup> Mitochondria <sup>Inner</sup>	DOPC:DOPE:Cholesterol:Cardiolipin (40.8:26.5:12.2:20.4 %); 8 A $\beta$ 40	38080	3 $\mu$ s
A $\beta$ 40- <sup>MSP</sup> Mitochondria <sup>Outer</sup>	DOPC:DOPE:Cholesterol:Cardiolipin (58:29:13:0%); 8 A $\beta$ 40	37420	3 $\mu$ s