

Increased Resting Hippocampal and Basal Ganglia Perfusion in People at Ultra High Risk for Psychosis: Replication in a Second Cohort

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We recently reported that resting hippocampal, basal ganglia and midbrain perfusion is elevated in people at ultra high risk (UHR) for psychosis. The present study sought to replicate our previous finding in an independent UHR cohort, and examined the relationship between resting perfusion in these regions, psychosis and depression symptoms, and traumatic experiences in childhood. Pseudo-Continuous Arterial Spin Labelling (p-CASL) imaging was used to measure resting cerebral blood flow (rCBF) in 77 UHR for psychosis individuals and 25 healthy volunteers in a case-control design. UHR participants were recruited from clinical early detection services at 3 sites in the South of England. Symptoms levels were assessed using the Comprehensive Assessment of At Risk Mental States (CAARMS), the Hamilton Depression Scale (HAM-D), and childhood trauma was assessed retrospectively using the Childhood Trauma Questionnaire (CTQ). Right hippocampal and basal ganglia rCBF were significantly increased in UHR subjects compared to controls, partially replicating our previous finding in an independent cohort. In UHR participants, positive symptoms were positively correlated with rCBF in the right pallidum. CTQ scores were positively correlated with rCBF values in the bilateral hippocampus and negatively associated with rCBF in the left prefrontal cortex. Elevated resting hippocampal and basal ganglia activity appears to be a consistent finding in individuals at high risk for psychosis, consistent with data from preclinical models of the disorder. The association with childhood trauma suggests that its influence on the risk of psychosis may be mediated through an effect on hippocampal function.

Key words: schizophrenia/ultra high-risk/cerebral blood flow/childhood trauma

Introduction

Alterations in hippocampal anatomy and function are among the most robust biological findings in schizophrenia,^{1,2} and have also been reported in people at ultra high risk (UHR) of developing psychosis.^{3–7} These observations are consistent with preclinical models, which posit a key role for the hippocampus in the development of psychosis. Such models also suggest that resting hippocampal activity is increased prior to illness onset and linked to elevated activity in regions involved in dopamine signaling in the striatum and midbrain.⁸ Resting cerebral activity in these regions can be assessed in vivo by measuring resting cerebral blood flow (rCBF), which is closely correlated with the level of local neural function due to neuro-vascular coupling,^{9,10} and can be measured using a Magnetic Resonance Imaging technique called pseudo-Continuous Arterial Spin Labelling (p-CASL). In a previous study using this approach, we found that subjects at UHR for psychosis exhibited increased rCBF in the bilateral hippocampus/subiculum, basal ganglia and midbrain, relative to controls.¹¹ These data, along with independent findings using a different method for measuring cerebral perfusion,⁵ provided the first evidence that the increased resting activity evident in preclinical models of psychosis¹² was also evident in humans at high risk for psychosis.

However, initial findings in psychosis research have not always been replicated, and recently this has become a particular issue for neuroimaging studies because of concerns about image analysis methods.^{13,14} The present study sought to address this issue by aiming to replicate our previous finding of elevated hippocampal, basal ganglia and midbrain rCBF in UHR individuals. We repeated the study using the same neuroimaging methods in a second, and completely independent sample of UHR subjects and healthy controls. We tested the hypothesis that the UHR group would again show elevated hippocampal, basal ganglia and midbrain rCBF relative to the controls. We then tested if elevated rCBF in these regions was associated with psychotic symptoms. Because depressive symptoms are also prevalent in about 40% of UHR subjects,¹⁵ and major depressive disorder is associated with alterations in hippocampal volume and function,^{16,17} we also tested if elevated rCBF in the hippocampus was specific to psychosis, or was also associated with depressive symptoms scores.

We then sought to examine the relationship between rCBF in hippocampal, basal ganglia and midbrain regions and childhood trauma in UHR subjects. Childhood adversity is an important risk factor for psychosis,^{18–21} and for other psychiatric disorders.²² Exposure to environmental risk factors for psychosis may be especially influential during developmentally sensitive periods such as childhood.²³ However, the mechanisms through which environmental factors such as trauma in childhood alter brain development and increase risk for psychosis in adulthood remains unclear. One approach that can be used to address this issue is to examine the relationship between neuroimaging findings in adults and a measure of the extent to which they experienced trauma in childhood. A recent Positron Emission Tomography (PET) study employing this approach found that adversity in childhood was linked to elevated striatal dopamine function in adulthood.²⁴ However, while volumetric^{25,26} and functional neuroimaging studies²⁷ in adults with a history of childhood trauma report alterations in hippocampal and other regions, no studies have examined the relationship between rCBF and childhood trauma in an UHR cohort. Experimental studies in rodents have shown that peri-pubertal stress²⁸ can lead to alterations in striatal and cortical development and function.^{29,30} Based on these rodent studies and findings in human subjects, we predict that in UHR subjects, childhood trauma will be associated with increased rCBF in hippocampal, basal ganglia and midbrain regions.

METHODS

Participants and Assessment

The study had National Research Ethics Service (NRES) approval and all participants gave written informed consent to participate. One hundred two participants (25 healthy controls [CTRL] and 77 participants at UHR

of psychosis) participated in the study. UHR subjects were recruited through clinical early detection services at 3 sites: OASIS (Outreach and Support in South London),³¹ part of the South London and Maudsley NHS Trust; the West London Early Intervention Service, part of the West London Mental Health NHS trust; and CAMEO, part of the Cambridge and Peterborough NHS trust. All of the neuroimaging data were acquired at the Centre for Neuroimaging Sciences, King's College London. Diagnosis of the UHR state was made according to PACE criteria, using information acquired from the Comprehensive Assessment of At Risk Mental States (CAARMS³²). Briefly, this required that participants had 1 or more of the following: (1) attenuated psychotic symptoms (APS); (2) brief limited intermittent psychotic symptoms (BLIP: a history of 1 or more episodes of frank psychotic symptoms that resolved spontaneously within 1 week in the past year); or (3) a recent decline in function, together with either the presence of schizotypal personality disorder or a family history of psychosis in a first degree relative. All UHR participants met criteria for APS, 5 additionally met criteria for a BLIP and 2 for a recent decline in function/family history. Social and occupational functioning was measured using the GAF.³³

Eight of the UHR participants were being treated with low doses of antipsychotic medications (Quetiapine $n = 4$, Olanzapine $n = 2$, Risperidone $n = 2$) and 19 with antidepressant medications (Mirtazapine = 3, Citalopram = 2, Sertraline = 9, Fluoxetine = 3, Amitriptyline = 1, Venlafaxine = 1). Healthy controls were recruited from the local community. Control participants with a history of psychiatric disorders or who were receiving prescription medications were excluded. None of the control subjects had a history of neurological illness, or met DSM-IV criteria for drug or alcohol dependence. All participants (in both groups) had an estimated pre-morbid IQ in the normal range (ie, 80–110), as assessed using the National Adult Reading Scale (NART).³⁴ Depression was assessed using the Hamilton Depression Scale (HAM-D).³⁵ Hamilton Anxiety (HAM-A)³⁵ scores were also obtained for use as a covariate in statistical models (see below). Subjects were asked to provide information on tobacco (number of cigarettes per day) and cannabis use (0 = no use, 1 = experimental use, 2 = occasional use, 3 = moderate use, 4 = heavy use). Subjects who met DSM-IV criteria for a substance use disorder were excluded. Childhood trauma was assessed using the Childhood Trauma Questionnaire (CTQ).³⁶ This widely used instrument provides a retrospective measure of physical, emotional and sexual abuse that occurred before the age of 17 years. CTQ data were available in 38 UHR participants but not in CTRL.

p-CASL Protocol and Image Preprocessing

Arterial spin labeling allows the quantification of rCBF measures in units of ml/100g of tissue/per second. To

optimize the sensitivity to regional tissue perfusion and neural activity, p-CASL images were acquired after a long (1.5 s) post-labeling delay, to ensure that the data reflected perfusion at the level of capillary micro-circulation, which is most closely associated with neural function.⁹ p-CASL acquisition parameters and p-CASL image pre-processing procedures are detailed in the supplementary material and elsewhere.¹¹

Statistical Analysis

Analyses of demographic and global rCBF data were performed in SPSS version 22 using appropriate parametric and nonparametric tests. Statistical analyses of regional rCBF data were performed using Statistical Parametric Mapping Version 8 (<http://www.fil.ion.ucl.ac.uk/spm/software/spm8>). We tested for significant group effects in rCBF quantities in CTRL and UHR using a region of interest (ROI) approach. ROIs were specified using coordinates from our previous rCBF study in a completely independent sample of UHR and CTRL subject (based on the contrast UHR > CTRL¹¹) (MNI coordinate system). ROIs were specified in the bilateral hippocampus/subiculum region (right ROI $x, y, z = 20, -28, -8$ and left ROI $x, y, z = -22, -28, -8$), the bilateral basal ganglia (right pallidum/putamen ROI $x, y, z = 22, -12, -4$, and the left pallidum/putamen ROI $x, y, z = -18, -8, -4$), and the left midbrain (ROI $x, y, z = -10, -32, -18$). Spheres

(6mm) were then constructed to form a mask containing all ROIs. Statistical inferences were made at $P < .05$ with Family Wise Error (FWE) correction for multiple comparisons at the voxel-level after applying small volume correction (SVC). Regional (ROI) group effects were tested using independent t -tests in SPM-8 including nuisance covariates (see below). Mean global rCBF was extracted from each individual subject to assess global effects and an independent t -test was performed in SPSS. rCBF values ($[\text{ml}/100\text{g}/\text{min}] \times 10$) were extracted from peak activations for use in the plots shown in figures 1 and 2 (for illustrative purposes and to check for outliers). As antipsychotic (AP) medication is known to affect rCBF,³⁷ additional analyses were conducted after UHR subjects receiving AP medication ($n = 8$) had been excluded. To ensure group tests were conducted in the same way as our previous study¹¹ the following covariates were included in statistical models: age, gender, global rCBF, anxiety (HAM-A scores) and cigarettes per day.

To establish the effect of symptoms and childhood trauma scores on regional rCBF values, we used CAARMS positive symptom, HAM-D and CTQ scores (available in 38 UHR subjects) as regressors in separate statistical models. Cigarettes per day and cannabis use were included as covariates of no interest in the regression model as both have been reported to affect rCBF.^{38,39} Statistical inferences were made at $P < .05$ with FWE correction for multiple comparisons at the voxel-level after

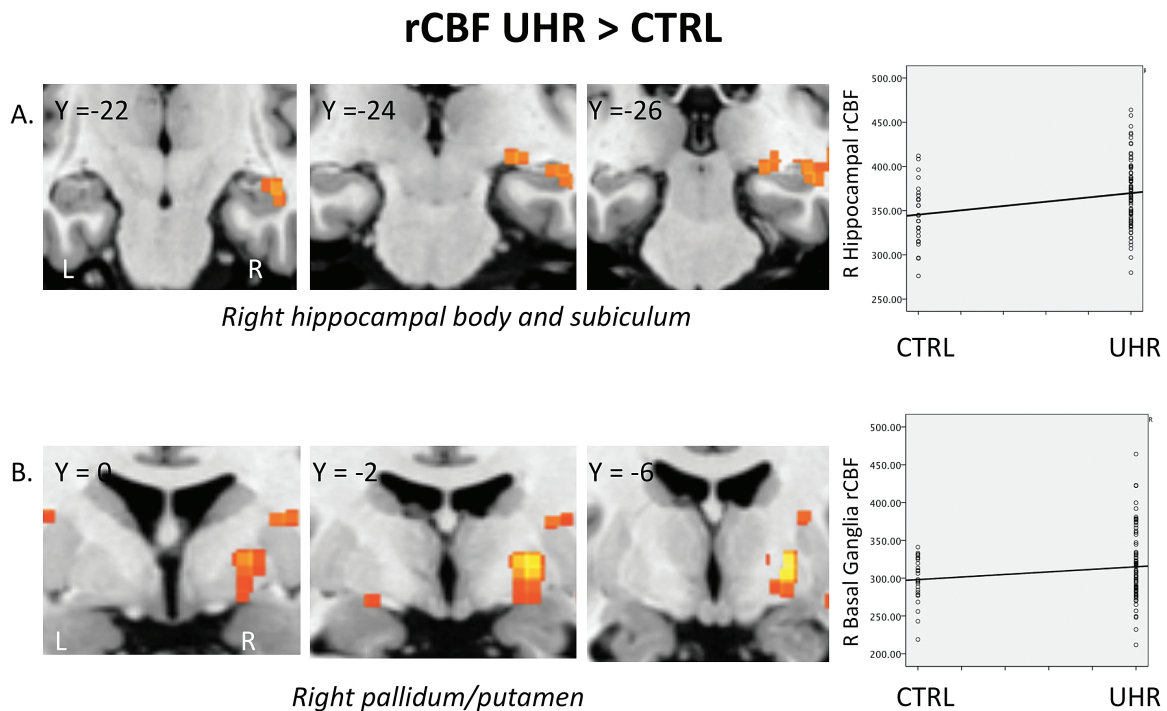


Fig. 1. (A) Coronal sections through the medial temporal lobe showing elevated resting cerebral blood flow (rCBF) in UHR relative to CTRL subjects ($P_{\text{FWE}} = .021$) and scatter plot showing rCBF levels in each case. (B) Coronal sections through basal ganglia regions showing elevated rCBF in UHR relative to CTRL subjects ($P_{\text{FWE}} = .03$) and scatter plot showing rCBF levels in each case. rCBF levels are quantified in $(\text{ml}/100\text{g}/\text{sec}) \times 10$.

applying SVC. For completeness an exploratory whole brain analysis was also conducted to assess wider effects of symptoms and childhood trauma on rCBF. Significant results are reported at a FWE cluster level ($P < .05$) using a cluster detection threshold of $P < .001^{14,40}$ to reduce likelihood of false positive results.

RESULTS

Demographic, Clinical and Medication Data

These data are summarized in table 1. CTRL and UHR participants did not differ significantly in terms of age, gender, handedness, premorbid IQ or cigarettes smoked per day. However UHR participants were less educated and used more cannabis, and as would be expected, UHR participants had higher levels of anxiety and depression. All of the UHR participants met the Attenuated Psychotic Symptoms criteria for inclusion in the study. A minority also met criteria for BLIPS ($n = 5$) or the schizotypy/familial risk criterion ($n = 2$). The mean CTQ score for UHR participants was 56 meaning that as a group these UHR participants reported moderate to severe levels of childhood trauma.³⁶

Global rCBF

Mean global rCBF (grey and white mater) did not differ significantly between the 2 groups (35.6 [SD = 8.1] vs 36.1 [SD = 6.61] ml/100g/min, respectively) ($t_{(101)} = 0.63$, $P = .94$).

Regions of Interest

Hippocampal/Subiculum rCBF.

Relative to the CTRL group, UHR participants showed increased rCBF in the right hippocampal ROI (hippocampal body extending to the subiculum/parahippocampal gyrus [$x, y, z = 24, -24, -6$; $Z = 2.99$; $K_E = 42$; $P_{FWE} = .021$; cohen's $d = .62$]) (figure 1A). The group effect in the left hippocampal ROI ($x, y, z = -30, -32, -4$; $Z = 2.14$; $K_E = 15$; $P_{FWE} = .15$; cohen's $d = .40$) was nonsignificant. There were no hippocampal regions in which the UHR group showed reduced rCBF relative to the CTRL group. When the 8 UHR using antipsychotic medication were removed from the model the result in the right hippocampal ROI remained significant ($x, y, z = 24, -24 -6$; $Z = 3.00$; $K_E = 38$; $P_{FWE} = .024$; cohen's $d = .63$).

Table 1. Participant Characteristics for UHR and CTRL Groups

	UHR Mean ($n = 77$)	UHR SD	CTRL Mean ($n = 25$)	CTRL SD	Statistics	P
Age (y)	22.6	3.64	23.9	2.85	$t = 1.77$.09
NART IQ (estimated)	102.15	14.89	102.83	13.33	$t = .20$.84
Years of Education	14.59	2.22	15.84	3.56	$t = 2.13$.04
Cigarettes per day	6.28	8.18	3.72	5.50	$t = -1.46$.14
Cannabis use (Median) ^a	2	—	1	—	$Z = -1.91$.05
GAF	59.8	9.23	92.68	5.02	$t = 15.24$	<.001
Symptoms	58.61	11.70	92.40	5.11	$t = 14.98$	<.001
Disability	61.66	12.43	92.60	4.97	$t = 14.93$	<.001
CAARMS Total	42.17	21.96	—	—		
CAARMS Pos	10.08	4.32	—	—		
CAARMS Neg	4.97	4.11	—	—		
HAM-A	18.34	9.54	3.04	3.83	$t = -7.79$	<.001
HAM-D	16.88	10.35	1.33	2.93	$t = -6.73$	<.001
CTQ ^b	56.00	8.10	—	—		
	N	%	N	%	Statistics	P
Past or present MDD/anxiety disorder	24	31	—	—		
Antipsychotic medication	8	10.3%	—	—		
Antidepressant medication	19	24.6%				
Gender (male)	44	57	13	52	0.66	.72
Handedness (right)	63	81	23	92	5.09	.08

Note: NART, National Adult Reading Test; GAF, Global Assessment of Function; CAARMS, Comprehensive Assessment of At Risk Mental State; HAM-A, Hamilton Anxiety scale; HAM-D, Hamilton Depression Scale; MDD, Major Depressive disorder.

^aData missing in 5 cases.

^bData available in 38 UHR.

Basal Ganglia rCBF.

Relative to the CTRL group, UHR participants showed increased rCBF in the right basal ganglia ROI (in the pallidum/putamen [$x, y, z = 22, -8, -2$; $Z = 2.85$; $K_E = 16$; $P_{FWE} = .03$; cohen's $d = .65$]) (figure 1B). The group effect in the left basal ganglia ROI ($x, y, z = -22, -12, -6$; $Z = 1.69$; $K_E = 4$; $P_{FWE} = .25$; cohen's $d = .30$) was nonsignificant. There were no basal ganglia regions in which the UHR group showed reduced rCBF relative to the CTRL group. When the 8 UHR using antipsychotic medication were removed from the model the result in the right basal ganglia ROI remained significant ($x, y, z = 22, -8, -2$; $Z = 2.98$; $K_E = 38$; $P_{FWE} = .021$; cohen's $d = .68$).

Midbrain ROI rCBF.

There were no suprathreshold group effects within the midbrain ROI.

*rCBF Associations With Symptoms and Childhood Trauma**CAARMS Positive Symptoms.*

There was no association between CAARMS positive symptom scores and rCBF in the bilateral hippocampal

or midbrain ROIs. There was a significant positive correlation between CAARMS positive scores in the right basal ganglia ROI (globus pallidus/putamen ($x, y, z = 28, -12, -4$; $Z = 3.32$; $K_E = 29$; $P_{FWE} = .008$) (figures 2A and D). Exploratory whole brain analysis was nonsignificant.

Depressive Symptoms (HAM-D).

There were no significant associations between HAM-D scores and rCBF in any ROI. Exploratory whole brain analysis was also nonsignificant.

Childhood Trauma and rCBF.

ROI analysis revealed a positive association between CTQ scores and rCBF in right hippocampus/subiculum (right: $x, y, z = 24, -30, -12$; $Z = 3.82$; $K_E = 59$; $P_{FWE} = .034$) and the left parahippocampal gyrus extending to the thalamus (left: $x, y, z = -18, -28, -4$; $Z = 3.00$; $K_E = 60$; $P_{FWE} = .021$) (figures 2B and D). The association between CTQ scores and rCBF in basal ganglia and midbrain ROIs was nonsignificant. Whole brain analysis revealed that CTQ scores were negatively associated with rCBF in a large cluster spanning the left inferior frontal gyrus ($x, y, z = -58, 18, 22$; $Z = 4.42$; $K_E = 308$; $P_{FWE} < .01$) and superior/medial prefrontal cortex ($x, y, z = -4, 6, 70$; $Z = 4.33$; $K_E = 209$; $P_{FWE} < .001$; figure 3).

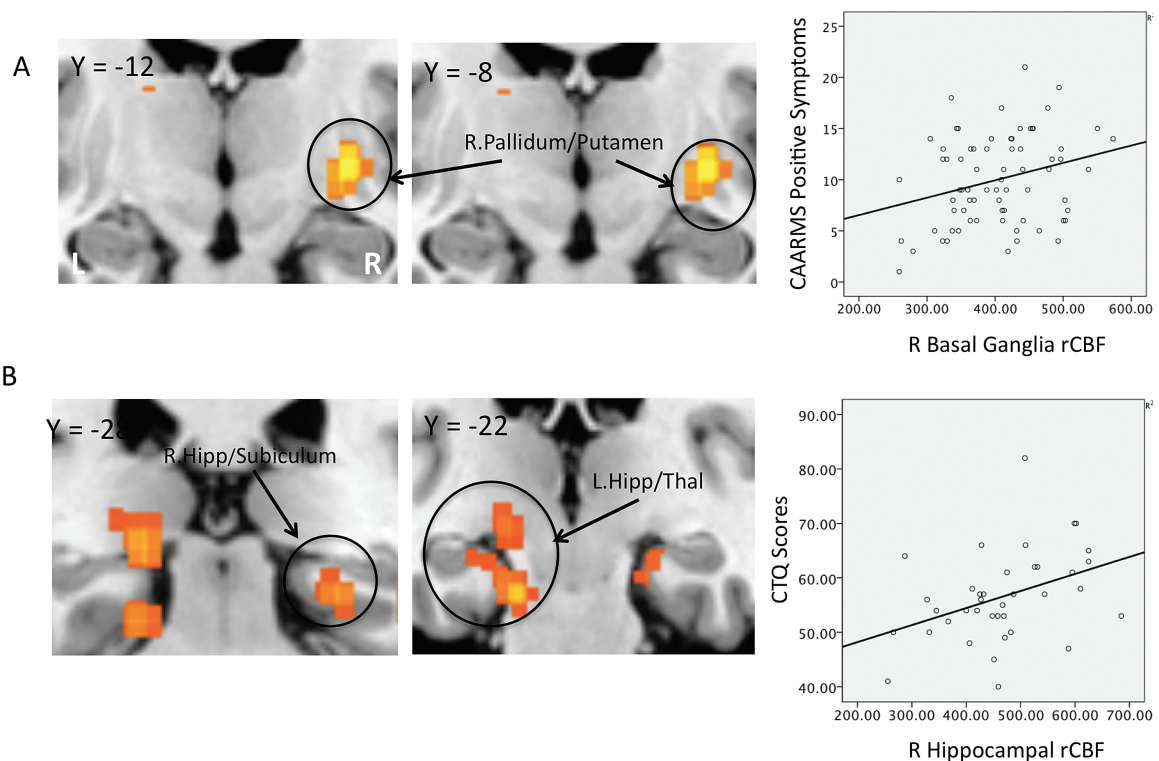
rCBF Regression

Fig. 2. (A) Coronal sections and scatter plot, basal ganglia regions where resting cerebral blood flow (rCBF) is significantly correlated with CAARMS positive symptom scores ($P_{FWE} = .008$). (B) Coronal section and scatter plot, medial temporal lobe regions where rCBF is positively correlated with CTQ scores ($P_{FWE} = .024$ [left] and $.031$ [right]).

rCBF Whole Brain Regression

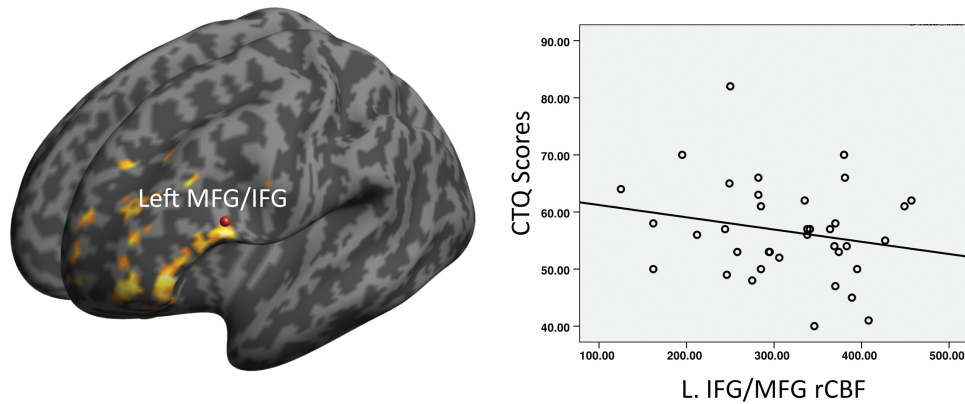


Fig. 3. Render and scatter plot, left prefrontal regions where rCBF is negatively correlated with CTQ scores (whole brain analysis) ($P_{\text{FWE}} < .001$).

Discussion

The first aim of the present study was to replicate our previous finding of elevated hippocampal, basal ganglia, and midbrain rCBF¹¹ in a larger, independent cohort of UHR individuals. We were unable to replicate our previous finding of elevated rCBF in the midbrain. Furthermore, elevated hippocampal and basal ganglia rCBF were not seen bilaterally, but were instead restricted to the right hemisphere. It is unclear why elevated midbrain and left hippocampal/basal ganglia rCBF were not observed in this second cohort. Both cohorts presented with similar levels of UHR symptoms although the current group of UHR subjects were better matched to their control group in terms of IQ and cigarette smoking. However, elevated rCBF in the right hippocampus/subiculum and basal ganglia does appear to be a robust finding in UHR subjects (effect sizes in these regions were similar to those seen in our previous study, ie, in the small to medium range). This finding remained significant after excluding the minority of UHR participants taking antipsychotic medication, and was not attributable to a difference in global rCBF levels, which were not significantly different between groups. Elevated hippocampal rCBF is also consistent with evidence from studies using other MRI techniques reporting that UHR subjects show increased resting hippocampal perfusion,^{5,41} reductions in hippocampal grey matter volume³ and activation during cognitive tasks.^{6,7} Findings are also in line with data from preclinical models of psychosis that indicate that hippocampal neuronal activity is increased, leading to altered activity in striatal/basal ganglia regions involved in dopamine regulation.⁸ Consistent with our previous study however, elevated hippocampal rCBF was not associated with levels of attenuated positive symptoms. Neither, in this second cohort, were hippocampal rCBF levels associated with

depressive symptoms. Interestingly, rCBF levels in the right pallidum were associated with attenuated positive symptoms. The pallidum is part of the basal ganglia and a network of subcortical regions involved in the regulation of striatal dopamine function,⁸ which, has been shown to be aberrant in UHR subjects.^{42,43}

We also aimed to investigate the relationship between rCBF levels and childhood trauma in UHR subjects. We found that CTQ scores in our UHR subjects were in the moderate to severe range,³⁶ consistent with previous reports of increased levels of childhood trauma in UHR cohorts,^{19,20,24} and the well-established link between childhood adversity and psychotic disorders in adulthood.¹⁸ Within our UHR sample, CTQ scores were positively correlated with rCBF levels in the bilateral hippocampus extending to the thalamus and parahippocampal gyrus (left ROI). Whole brain analysis showed that CTQ scores were also negatively associated with rCBF in the left inferior and superior frontal gyrus. Previous neuroimaging studies in UHR subjects have reported alterations in rCBF,^{5,11} activation^{6,7,44} and volume^{3,4} in hippocampal and prefrontal regions. However, surprisingly few studies have examined the relationship between neuroimaging measures in UHR subjects and a history of childhood trauma. The only previous study of this kind in subjects at UHR for psychosis reported that childhood adversity was linked to increased striatal dopamine synthesis capacity in adulthood, although this effect was evident across both UHR subjects and controls.²⁴ In patients with psychosis, one study described an association between childhood trauma and reduced prefrontal volume,⁴⁵ but another failed to find an association between childhood trauma and hippocampal volume.⁴⁶ However, the sample sizes in the studies to date have been relatively small; investigations involving larger samples are needed, particularly given the heterogeneity of the UHR category.⁴⁷

A recent meta analysis of volumetric imaging studies across psychiatric diagnoses found a robust relationship between a history of childhood trauma and reduced hippocampal and dorsolateral prefrontal volumes in adulthood.²⁵ It is possible that alterations in volume and function in hippocampal and prefrontal regions, due to childhood trauma, underlie vulnerability to a range of psychiatric disorders. Indeed, within UHR cohorts there are high levels of comorbidity, particularly with depression.¹⁵ A previous perfusion study reported altered prefrontal and hippocampal rCBF in patients with depression.⁴⁸ However, in the present study, we did not observe an association between rCBF levels and depressive symptoms.

Interestingly, the results of the present study show that elevated hippocampal rCBF, while associated with childhood trauma, was not directly related to levels of attenuated psychotic symptoms. It seems reasonable to speculate that elevated hippocampal rCBF in UHR subjects may be associated with a general psychiatric vulnerability. Accordingly, it is well established that the majority of UHR subjects do not go on to develop a psychotic disorder⁴⁹ and a significant proportion have additional clinical needs.⁵⁰

Mechanistically, interactions between the prefrontal cortex, hippocampus (and amygdala) are thought to be critical for normal emotional and stress regulation,⁵¹ and these regions have well-established roles in cognitive and mnemonic processing, which are known to be impaired across a range of psychiatric diagnoses. Hippocampal and prefrontal regions seem to be particularly susceptible to effects of environmental stressors, particularly in early life.²⁵ Adverse environmental experiences can lead to stress sensitisation and increased stress responsivity, which is thought to reflect disruption of hippocampal-prefrontal interactions.⁵²

Limitations

Although our sample was a good size, UHR and CTRL participants were not matched for education levels, cannabis use or anxiety levels. While this is not uncommon in case control studies comparing psychosis or psychosis risk populations to healthy controls, we accounted for these group differences by including these factors in our analyses. Because CTQ data were not available from our healthy control participants, we could not assess whether the relationship between childhood trauma and hippocampal rCBF that we identified is specific to UHR subjects. The relationship between childhood trauma and rCBF in healthy populations has not been examined before, but a recent meta-analysis found that childhood adversity was associated with reduced hippocampal volume in nonclinical and general population samples.²⁶ Further, CTQ scores were not available for all of the subjects in the UHR sample, and this may have limited our power to detect significant associations between childhood trauma and rCBF in other brain regions. Some

participants were unwilling to complete a questionnaire on this sensitive topic, while others were unable to provide accurate or complete information, thus reducing the number of participants in which CTQ data were available. It is also worth noting that a recent study reported that young adults that retrospectively recalled having been being maltreated (ie, using the CTQ) had a particularly elevated risk for psychopathology. However, when prospective informant-reports from caregivers and clinicians are used instead, the relationship between childhood trauma and later psychiatric problems appears to be less robust.⁵³ Nevertheless, the number of subjects in whom these data were available was comparable to that in previous studies of this type.^{24,25} Although most of our UHR subjects were medication-naïve, a minority (8 of 77) had been treated with low doses of antipsychotic drugs which could have altered both the severity of psychotic symptoms and rCBF.³⁷ However, the main findings remained significant after exclusion of these subjects. UHR subjects typically go on to have diverse clinical outcomes, with some developing psychotic or other Axis-I disorders, others having persistent attenuated symptoms, and some improving such that they no longer meet the inclusion criteria for the UHR state.⁵⁴ The UHR sample we studied remains to be followed up, at which point it will be possible to examine the relationship between baseline rCBF and these different outcomes.

Conclusions

Elevated resting activity in the right hippocampus and pallidum appears to be a consistent finding in people at UHR for psychosis. Increased rCBF in the hippocampus may be related to the severity of traumatic experiences in childhood.

Supplementary Material

Supplementary material is available at <https://academic.oup.com/schizophreniabulletin/>.

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