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Consortium for the Study of Chronic Pancreatitis, Diabetes, and Pancreatic Cancer: From Concept to Reality

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Abstract

Research progress in diseases of the exocrine pancreas (chronic pancreatitis, pancreatogenic diabetes mellitus and pancreatic cancer) has been hampered by the disorders' heterogeneity, the limitations of previous small cross-sectional studies, the inability to safely obtain pancreatic tissue for study, and the lack of structured epidemiology tools, genetic testing, and biomarker development. Mechanism-based research of these diseases has suffered from the lack of systematically collected clinical measures in longitudinal cohort studies linked with biospecimens. Given the increasing incidence and prevalence of chronic pancreatitis and its association to the development of pancreatic cancer, its complications, high mortality rate, and associated health care cost, National Institute for Diabetes and Digestive and Kidney Diseases (NIDDK) and the National Cancer Institute funded the Consortium for the study of Chronic Pancreatitis, Diabetes and Pancreatic Cancer (CPDPC) to identify research gaps and foster multidisciplinary collaborations to better diagnose, characterize and manage CP and its sequelae. The CPDPC structure, governance and research objectives is described in this article. Studies undertaken by the CPDPC are described in other articles in this journal's issue.

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INTRODUCTION

The spectrum of pancreatic diseases, including recurrent and chronic pancreatitis, pancreatic adenocarcinoma ancreatic cancer) and diabetes associated with these pancreatic diseases, referred to as Type 3c diabetes mellitus, represent some of the most challenging medical disorders of our time. Based on input from patient advocacy groups, oncological and gastroenterological professional societies and from Advisory Councils to the National Cancer Institute (NCI) and the National Institute for Diabetes and Digestive and Kidney Diseases (NIDDK), a Consortium for the study of Chronic Pancreatitis, Diabetes and Pancreatic Cancer (CPDPC) was established by NCI and NIDDK as a unique multidisciplinary research program designed to accelerate progress in these complex disorders.

WHAT LED TO CREATION OF CPDPC?

The key impetus behind creation of the CPDPC is the lack of effective therapy for these diseases. Pancreatic cancer has an extremely high fatality rate and is the third leading cause of cancer death in the US with some estimates that it will become the second leading cause of cancer death by the year 2020.^{1,2} The incidence of pancreatic cancer in the US has been increasing for more than a decade, in parallel with the rates of pancreatitis, and both are likely driven by the epidemic of obesity and diabetes mellitus.³ Chronic pancreatitis (CP), which may result from repeated episodes of acute pancreatitis (recurrent acute pancreatitis [ARP]), is the strongest identified risk factor for pancreatic cancer and increases the risk at least 13.3 fold.⁴ Pancreatitis and pancreatic cancer often exist in a disease continuum. Patients with an episode of acute pancreatitis have a 20–30% likelihood of one or more recurrent episodes, with progression to chronic pancreatitis in ~10% of the recurrent cases. ^{3,5,6} Glucose intolerance and pancreatogenic diabetes (referred to as Type 3c diabetes) are observed in up to 80% of individuals during the course of this continuum.⁷ Importantly, the risk for pancreatic cancer in patients with both pancreatitis and Type 3c diabetes is increased 33 fold.⁶

No medical therapy (except abstinence from alcohol and tobacco) has been found to alter the course of the disease, and early diagnosis of both chronic pancreatitis and pancreatic cancer is problematic due to the absence of biomarkers of early disease. Therefore, it is imperative to develop tools for effectively managing patients with these diseases and to design interventions that can decrease the incidence of these diseases in vulnerable populations to address a currently unmet major public health problem. Preventing both pancreatitis progression and diabetes are critical goals, as is early identification of pancreatic cancer in a treatable stage.

The conceptual origin of the CPDPC represents the combined efforts of NIDDK and NCI, patient-based non-profit and professional organizations and many dedicated clinicians and scientists. A NIDDK sponsored workshop was held in June 2012 where lead scientists reviewed the state of the art and identified areas of research gaps in pancreatitis. These experts stressed the need for further basic and translational studies in chronic pancreatitis to identify strategies and therapeutic targets to reduce the burden of disease.⁸ Another workshop, co-sponsored by NCI and NIDDK, was held in June 2013 and highlighted the risk factors which link chronic pancreatitis, diabetes, and pancreatic cancer. Several themes emerged from the workshop. First, the complex relationship between pancreatitis, diabetes and PDAC. Second that CP can cause diabetes by destruction of the islets (Type 3c) and third that the risks of T3cDM and CP are additive in hereditary pancreatitis, but the specific PDAC risk of T3cDM in epidemiology studies is not known because it has not been specifically measured. It was proposed that pursuing these themes is best achieved by large consortium studies.⁶

The Recalcitrant Cancer Research Act of 2012 (Public Law 112–239, §1083)⁹ called upon the NCI to "develop scientific frameworks" to assist in making "progress against recalcitrant or deadly cancers." Pancreatic ductal adenocarcinoma is a recalcitrant cancer as defined by its five-year relative survival rate of less than 5 percent. The limited early diagnostic or therapeutic approaches for patients with pancreatic ductal adenocarcinoma has provided a stimulus for the evaluation of new and missed opportunities that could now be applied to the existing portfolio of pancreatic cancer research to make more substantial progress. In February 2014, NCI published a Scientific Framework for Pancreatic Ductal Adenocarcinoma¹⁰ which gave specific recommendations. These were based in part on the recommendations from a panel of extramural scientists convened by NCI in October 2012 and from an interdisciplinary meeting on June 2013 co-sponsored by NCI, NIDDK, and the Pancreatic Cancer Action Network, the NIDDK-NCI Pancreatitis-Diabetes-Pancreatic Cancer Workshop.⁶ These recommendations included: 1. Determine the relationship between pancreatogenic diabetes (type 3c diabetes) and the development of pancreatic cancer; 2. Understand the relationship between pancreatic cancer and diabetes and chronic pancreatitis and; 3. Evaluate longitudinal screening protocols for patients at high risk of developing pancreatic cancer because of genetic background or the presence of mucinous pancreatic cysts.

To address the recommendations of these workshops and meetings, the NCI and NIDDK published two Request for Applications (RFAs, RFA-DK-14–027¹¹ and RFA-DK-14–028¹²) for the establishment of a multidisciplinary consortium formed by a Coordination and Data Management Center (CDMC) and multiple clinical centers (CC) of excellence that would collect a cohort of patients and biospecimens suitable for mechanistic studies and pilot trials. These RFAs were designed to fill specific high priority needs not adequately met by any other programs at NIDDK or NCI. The major area of focus was chronic pancreatitis, diabetes, and the factors which increase the risk of pancreatic cancer in patients with chronic pancreatitis or diabetes.

The objectives of the RFAs were to form multi-disciplinary teams composed of members from the CCs and CDMC to undertake a comprehensive clinical, epidemiological, and

biological characterization of patients with CP (including adults and children with ARP) to gain insight into the pathophysiology of chronic pancreatitis and its sequela: chronic pain, pancreatic exocrine and endocrine insufficiency, T3cDM and the diabetes/pancreatic cancer association. Another objective was to undertake studies on the development of pancreatic cancer in newly diagnosed diabetic patients.

In addition, a major collaborative effort within the Consortium will be the establishment of an annotated repository of bio-specimens (blood, pancreatic and duodenal juice, stool, saliva and when feasible pancreatic tissue) to allow for the identification and validation of biomarkers for risk stratification and/or early detection.

Through the acquisition of a cohort of well-characterized patients and associated biospecimens, the proposed clinical research network will provide the resources and collaborative opportunities necessary for achieving many of the research objectives identified in the strategic plans of the participating institutes.

In response to RFA-DK-14–027 and RFA-DK-14–028, based on Study Section review, NCI and NIDDK program staff evaluations and with the concurrence of both NCI and NIDDK Advisory Councils a Consortium for the study of Chronic Pancreatitis, Diabetes and Pancreatic Cancer (CPDPC) was created with the following investigators (centers in alphabetical order):

Clinical Centers

- Baylor College of Medicine, Houston, Texas (Fisher, William E)
- Cedars-Sinai Medical Center, Los Angeles, Calif (Pandol, Stephen J; Goodarzi, Mark O.)
- Indiana University, Indianapolis, Ind (Fogel, Evan L.)
- Kaiser Foundation, Oakland, Calif (Van Den Eeden, Stephen K.)
- Mayo Clinic, Rochester, Minn (Chari, Suresh T; Topazian, Mark)
- Ohio State University, Columbus, Ohio (Conwell, Darwin L; Hart, Phil A; Steen, Hanno)
- Stanford University, Palo Alto, Calif (Park, Walter G.; Habtezion, Aida; Kim, Seung K)
- University of Florida, Gainesville, Fla (Forsmark, Christopher E; Cusi, Kenneth; Hughes, Steven J)
- University of Iowa, Iowa City, Iowa (Uc, Aliye)*
- University of Pittsburgh, Pittsburgh, Penn (Whitcomb, David C; Yadav, Dhiraj)

Coordination and Data Management Center (CDMC):

• MD Anderson Cancer Center, Houston, Texas (Feng, Ziding; Maitra, Anirban)

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*Pediatric clinical center, serving as point of contact for a network of 18 pediatric centers across the United States, Canada, Australia, and Israel.

The selected investigators represent the largest accumulation of pancreatic research expertise in the US, working from top academic clinical centers distributed across the US, providing a comprehensive "catchment" area to bring diverse patient population to the studies of the CPDPC (Fig. 1).

ORGANIZATION OF THE CPDPC CONSORTIUM

The CPDPC consists of the following entities: the NIDDK and NCI, ten Clinical Centers (CCs), a Coordination and Data Management Center (CDMC), an Executive Committee, a Steering Committee and its subcommittees, a Data and Safety Monitoring Board (DSMB), and other committees as needed.

The NIDDK and NCI, are responsible for organizing and providing support for the CPDPC and are involved substantially with the awardees as a "partner," consistent with the Cooperative Agreement mechanism. The NIDDK and NCI Project Scientists, provide programmatic oversight, monitor subject recruitment and study progress, ensure disclosure of conflicts of interest and adherence to NIDDK and NCI policies. The NIDDK/NCI appointed Chairperson(s) of the Steering Committee and all members of the DSMB.

All individual CCs are required to participate in a cooperative and interactive manner with one another, with the CDMC, and with the NIDDK and NCI in all aspects of the Consortium (for proposing protocols, participating in their overall development, conducting the research, and disseminating research findings).

The CDMC provides administrative and logistic support for the consortium, including developing and maintaining public and secured consortium website, supporting conference calls and in person meetings, establishing and managing subawards for each CC. The CDMC also provides coordination for each consortium collaborative study, including protocol development and management, study database, study monitoring for regulatory compliance and data quality, data analyses and DSMB reports. The CDMC provides statistical support for all consortium collaborative studies in study design and data interpretation and develops new statistical methodology if necessary to meet study needs.

CPDPC STUDY GOVERNANCE

Steering Committee

The Steering Committee is composed of the Principal Investigator (PI) of each CC, the CDMC, the NCI and NIDDK Project Scientists is the main governing body of the CPDPC and has primary responsibility for the general organization of the Consortium and approval of publications and ancillary studies. The Steering Committee is responsible for the conduct and monitoring of studies and reporting study results. Topics for investigational and treatment protocols are proposed and prioritized by the Steering Committee. Other subcommittees of the Steering Committee are established and operate as necessary, such as publications, ancillary, protocol, bio-specimens and radiology, etc.

Executive Committee

The Executive Committee is comprised of the CPDPC Study Co-Chairs, the PI of the CMDC, the NIDDK/NCI Project Scientists, convenes to effect management decisions required between Steering Committee meetings, as required for the function of the network.

Data and Safety Monitoring Board

An independent Data and Safety Monitoring Board has been established by the NIDDK in consultation with the NCI to review protocols and monitor patient safety and performance of each study. As a part of its responsibilities, the DSMB submits recommendations to the NIDDK/NCI regarding the continuation of each study. The DSMB is responsible for final approval of the Data and Safety Monitoring Plan developed by the CDMC. All protocols or changes to protocols are approved by Institutional Review Boards, the Steering Committee, the CPDPC Data and Safety Monitoring Board, the NIDDK and NCI before initiation.

RESEARCH OBJECTIVES AND PLANS OF THE CPDPC

In pursuing the research objectives of the CPDPC, as outlined in the published RFAs, the investigators organized themselves into 4 working groups around the main research objectives:

Adult Chronic Pancreatitis Working Group (Chairs: D.L. Conwell; D. Yadav)

Pediatric Chronic Pancreatitis Working Group (Chairs: A. Uc; M.E. Lowe)

DM PDAC Working Group (Chairs: S.T. Chari, A. Maitra)

Type3c DM Working Group (Chairs: M. Goodarzi, A. Habtezion)

With significant cross-fertilization across the four working groups, the consortium's investigators have developed 3 major longitudinal studies, two cross-sectional studies to standardize the diagnosis and to characterize type 3c Diabetes, and multiple ancillary studies.

As the activities of the 4 working groups is described in other articles in this issue of *Pancreas*, here we provide a list of the main longitudinal studies (A, B, C):

- A. <u>Prospective Evaluation of Chronic Pancreatitis for Epidemiologic and</u> Translational Studies (PROCEED).
- **B.** Pediatric Longitudinal Cohort Study of Chronic Pancreatitis (The <u>International</u> <u>Study Group of Pediatric Pancreatitis: In Search for a Cure (INSPPIRE 2).</u>
- C. A Prospective Study to Establish a <u>New Onset Diabetes (NOD)</u> Cohort.

In addition to the three longitudinal studies, the consortium will undertake two additional studies to define and characterize pancreatogenic Diabetes (Type 3cDM);

 Evaluation of a mixed meal test for <u>D</u>iagnosis and characterization of Pancreatogenic Diabetes secondary to pancreatic cancer and chronic pancreatitis (DETECT).

2. <u>Detailed Physiologic Characterization of the Insulin Axis in Type 3</u>c Diabetes versus Type <u>2</u> Diabetes (DEPICT 3v2).

The Consortium also provides an environment that fosters internal and external collaborations through ancillary studies which in the future will provide new information on the epidemiology, pathogenesis and treatment of chronic pancreatitis and its sequelae, in both in children and adults as well as diabetes and pancreatic cancer.

In conclusion the Consortium for the study of Chronic Pancreatitis, Diabetes, and Pancreatic Cancer represents a significant joint effort of the NIDDK and NCI to support a comprehensive research program for clinical, epidemiological, and biological characterization of patients with chronic pancreatitis (including those with acute recurrent pancreatitis), diabetes associated with exocrine pancreatic disease (Type 3c) and pancreatic cancer, and patients with early stage pancreatic cancer to gain insight into the pathophysiology and relationships between these pancreatic diseases; and to develop better methods (and biomarkers) for diagnosis, prevention, monitoring, early detection, and therapy. The results will identify strategies for more effective care and targeted interventions for patients with these challenging conditions.

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A. Investigators and Coordinators for Adult Pancreas studies (PROCEED, DETECT, NOD studies)

1) Co-investigators, Collaborators:

Baylor College of Medicine: Mohamed O. Othman; Mandeep Bajaj; Carlos A. Farinas; George Van Buren, II; Douglas S. Fishman; Joseph Petrosino; Eric J Silberfein; Barbara W. Trautner

Cedars Sinai Medical Center: Marc T. Goodman; Christie Y. Jeon; Srinivas Gaddam; Maxim S. Petrov; Joseph Pisegna; Sofiya Reicher; Bechien U. Wu; Laith Jamil; Simon K. Lo; Michael Stanley Lewis

Indiana University: Kieren J. Mather; Temel Tirkes; Stuart Sherman; Murray Korc

Kaiser Foundation: Margaret A. Tempero; Suraj Gupta; Kareem Mawad; Craig A. Munroe; Terry L. Jue; Assiamira Ferrara; Scott Oakes; Mark Anderson; Mattias Hebrok; Charles Quesenberry

Mayo Clinic: Yogish Kudva; Naoki Takahashi; Sudhakar Venkatesh; Gloria M. Petersen; Aleksey Matveyenko; Ayush Sharma; Tonya Palermo; Timothy B. Gardner; Yu-Xiao Yang

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2) Coordinators and Research Associates:

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University of Pittsburgh: Laura Mathews; Kelley Woods; Kimberly Stello; Nicole Komara; Melissa Saul; Melanie Mays; Phil Greer; Juan Castaneda; Amanda Kirshkaln; Mark Batistick

B. Investigators and Coordinators in Pediatric Pancreas study (INSPPIRE)

1) Co-investigators, Collaborators:

Baylor College of Medicine: Douglas Fishman

Cedars Sinai Medical Center: Quin Liu

Children's Hospital Los Angeles: Yuhua Zheng

Children's Hospital of Philadelphia: Asim Maqbool; Maria Mascarenhas

Cincinnati Children's Hospital: Maisam Abu-El-Haija, Jaimie Nathan, Tom K. Lin

Hadassah University Hospital: Michael Wilschanski

Hospital for Sick Children, Toronto, Canada: Tanja Gonska

Indiana University: Brian McFerron

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Montreal Children's Hospital: Veronique D. Morinville

Nationwide Children's Hospital: Cheryl Gariepy

Primary Children's Hospital: John Pohl

Seattle Children's Hospital: Matthew Giefer

Stanford University: Zachary M. Sellers

Sydney Children's Hospital: Chee Y. Ooi

University of California, San Francisco: Mel Heyman; Emily Perito

University of Minnesota: Sarah Jane Schwarzenberg; Melena D. Bellin

University of Pittsburgh: Sohail Husain; Kate Ellery

Washington University: Mark E. Lowe

2) Coordinators and Research Associates:

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Cincinnati Children's Hospital: Tyler Thompson

Hadassah University Hospital: Batya Vertsman; Geulah Cramel-Fink

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