

Pulmonary vasculitis

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Abstract: Systemic vasculitides frequently affect the pulmonary vasculature. As the signs and symptoms of pulmonary vasculitis are variable and nonspecific, diagnosis and treatment represent a real challenge. Vasculitides should be given consideration, as these diseases present severe manifestations of rapidly progressing pulmonary disease. Examining other organs usually affected by vasculitides (e.g., the skin and kidneys) and determining autoantibody levels are essential to a better management of the disease. A radiological study would also contribute to establishing a diagnosis. The lungs are commonly involved in small-vessel vasculitis, anti-glomerular basement membrane disease, and vasculitides associated with antineutrophil cytoplasmic antibodies. Associated life-threatening diffuse alveolar haemorrhages and irreversible damage to other organs—usually the kidneys—are severe complications that require early diagnosis. Vasculitides are rare diseases that affect multiple organs. An increasing number of treatments—including biological agent-based therapies—requiring cooperation between specialists and centers have become available in the recent years. In the same way, clinicians should be familiar with the complications associated with immunosuppressive therapies.

Keywords: Pulmonary vasculitis; antineutrophil cytoplasmic antibodies (ANCA); eosinophilic granulomatosis with polyangiitis (EGP); granulomatosis with polyangiitis; microscopic polyangiitis (MPA); diffuse alveolar hemorrhage; anti-basement membrane antibodies

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Introduction

Vasculitides are a heterogeneous group of diseases characterised by the inflammation and destruction of vessel walls, which reduces blood flow into tissues. These diseases are classified according to the affected organ and size of the vessels involved (1-4). Vasculitides can be primary or secondary to connective tissue disease, infection, neoplasm, or to a state of hypersensitivity (5). Primary vasculitides are rare diseases with an approximate incidence of 20–100 cases/million/year and a prevalence of 150–450 cases/million (5-7). Small-vessel vasculitides associated with antineutrophil cytoplasmic antibodies (ANCA) generally affect the lungs.

Diagnosis is challenging and it is based on abnormal clinical, radiological, histopathological and analytical findings. More specifically, diagnosis is primarily based on ANCA levels and other immunopathological markers (immunoglobulin A, cryoglobulin and anti-basement membrane antibodies). The primary objective of this article was to determine the features of primary systemic vasculitis with pulmonary involvement.

Normal pulmonary vessels

A pulmonary vessel is composed of three concentric layers called “tunics”: the inner layer (tunica intima),

which contains endothelial cells and loose subendothelial connective tissue; the medial layer (tunica media), which is formed by concentric smooth muscle cells and variable amounts of elastin, reticular fibers and proteoglycans. It is more developed in arteries than in veins and is virtually absent from capillaries. The outer layer (tunica adventitia) is made up of collagen and elastic fibers. Its thickness is variable, being relatively thin in arteries and thick in venules and veins. It is the outer covering of blood vessels (vasa vasorum).

More specifically, pulmonary vessels contain a lower number of smooth muscle cells. Pulmonary vessels have a thin wall (a third the thickness of the aorta), which confers them more elasticity and enables their functioning at low pressure with high blood flows. There are two types of pulmonary arteries: muscle arteries—with a 100–1,000- μm diameter and a significantly thicker layer, and elastic arteries, which do not contain muscle cells and have a diameter of >1,000 μm (8).

Classification

The clinical and radiological features of vasculitides depend on the organ affected and size of the blood vessels involved, i.e., large-calibre (aorta and its main branches); medium-calibre (primary visceral arteries); and small-caliber vessels (arterioles, capillaries and venules). Therefore, clinical and radiological findings are major criteria for the classification of vasculitides, which is based on the Revised International Chapel Hill Consensus Conference Nomenclatures of Vasculitides of 2012 (Table 1) (9-11).

Pulmonary vasculitis

Vessel size is a useful clinical descriptor. However, the reason why a particular disease affects vessels of a specific diameter is unknown. Vessels of the same size are not necessarily identical, as they are shaped by the needs of their anatomical location during embryonic development. Thus, same-calibre vessels of distinct organs have different characteristics, since each vessel is designed to satisfy the local needs of the tissue it perfuses (12).

The etiology of these vasculitides is unknown, although interaction between genetic and environmental factors might play a role in the etiology of these diseases (12) (Figure 1).

Table 1 Systemic vasculitis classification according to the Revised International Chapel Hill Consensus Conference Nomenclatures of Vasculitides (9)

Large calibre
Takayasu's arteritis
Giant cell arteritis
Medium calibre
Polyarteritis nodosa
Kawasaki disease
Small calibre
ANCA
Granulomatosis with polyangiitis
Microscopic polyangiitis
Eosinophilic granulomatosis with polyangiitis
Immune complexes
Anti-basement membrane antibody disease
Cryoglobulinemic vasculitis
Henoch-Schönlein purpura
Hypocomplementemic urticarial vasculitis
Various calibres
Behçet disease
Cogan syndrome
Vasculitis-associated with other organs
HBV and HCV associated vasculitis
Lupus vasculitis
Rheumatoid vasculitis
Sarcoidosis vasculitis
Eosinophilic aortitis
Drug-induced vasculitis
Neoplastic vasculitis
Single-organ vasculitis
Cutaneous leukocytoclastic vasculitis
Cutaneous arteritis
Primary CNS vasculitis
Aortitis

ANCA, antineutrophil cytoplasm antibodies; CNS, central nervous system; HBV, hepatitis B virus; HCV, hepatitis C virus.

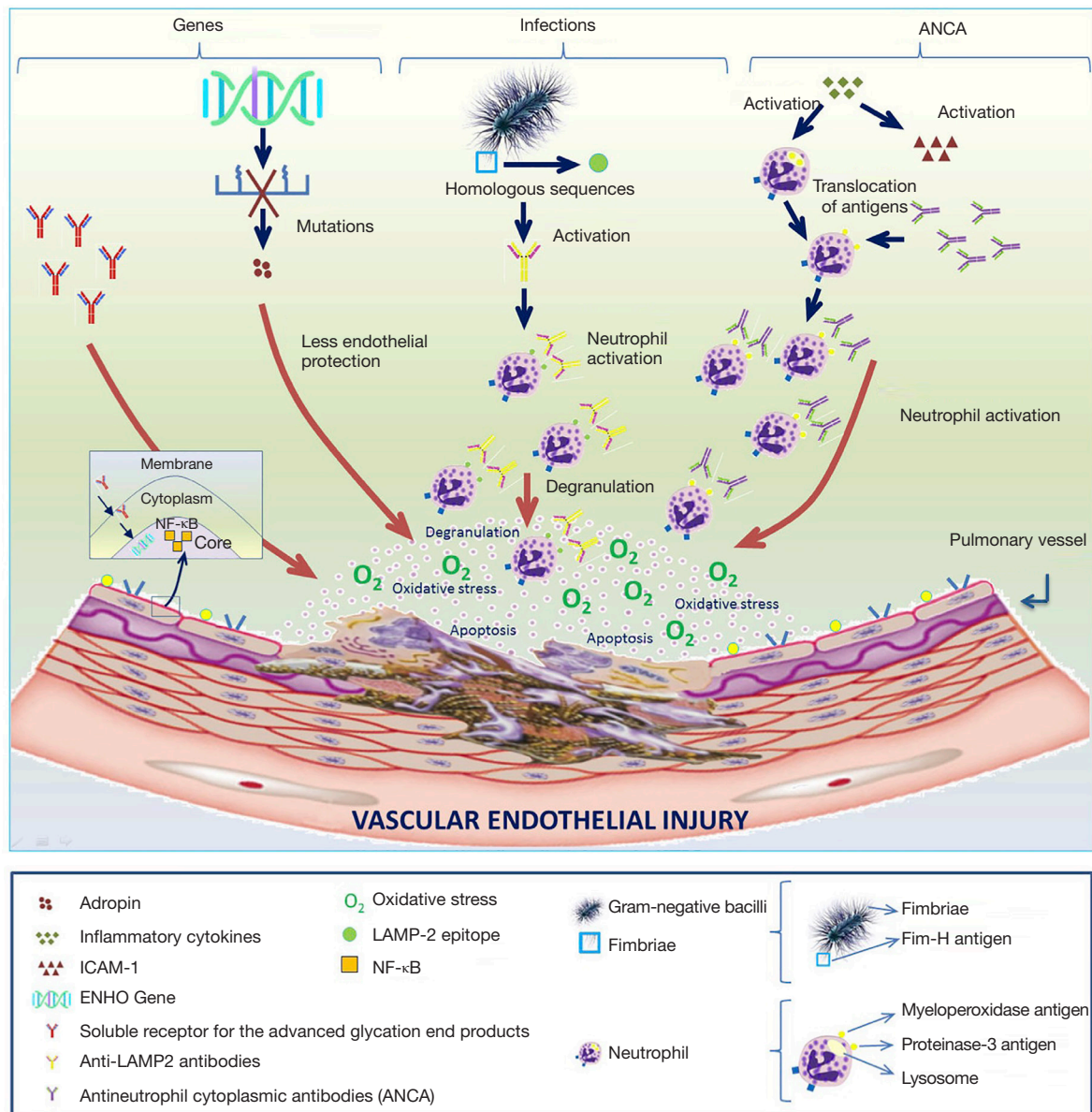


Figure 1 Etiopathogenesis of pulmonary vasculitis. Genetic, infectious and immune factors are involved in the etiopathogenesis of vasculitis, with a major role of antineutrophil cytoplasmic antibodies (ANCA). (I) Genetic factors: genetic mutations in the energy homeostasis associated gene reduces the release of adropine, thereby reducing endothelial protection and promoting vascular damage. In the same way, raises the levels of soluble RAGE, which promotes the production of nuclear factor kappa-light-chain-enhancer of activated B cells (NF-κβ) and initiates the inflammatory cascade involved in vascular damage; (II) infectious factors: Gram-negative bacilli fimbriae have FimH antigens that have DNA homologous sequences with epitopes (antigenic determinants that are recognised by the immune system) of the lysosomal-associated membrane protein 2 (LAMP-2). In light of an infection by these germs, FimH antigens are falsely recognised as LAMP-2 epitopes, which will activate the production of anti-LAMP-2 antibodies. This situation will trigger neutrophil activation and subsequent degranulation, finally producing vascular cellular apoptosis; (III) immunologic factors: vasculitides are associated with an acute proinflammatory status, with elevated levels of cytokines (ICAM-1, VCAM-1, IL-1, etc.) that take part in neutrophil activation, thereby promoting antigenic translocation (proteinase-3 antigen and myeloperoxidase pass from the lysosome to the cell membrane). In this new location, antigens are accessible to ANCA. This phenomenon results in neutrophil degranulation and oxidative stress, causing cellular apoptosis and endothelial vascular damage. RAGE, receptor of advanced glycated end products.

Large-vessel vasculitis

Takayasu's arteritis

Arteritis (which is often granulomatous) mainly affects the aorta and/or its branches of women <50 years old (9). Pulmonary arteritis is observed in 15–60% of patients (13). Initial symptoms usually are systemic and include malaise, low-grade fever and arthralgia (pre-ischemic phase). When the pulmonary artery is affected, it can cause dyspnea, coughing, chest pain, haemoptysis and, occasionally, pulmonary arterial hypertension. Late-term symptoms (ischemic phase) appear at an advanced stage and depend on the artery involved. These include variable pulse in the extremities and claudication of the vascular territory involved (10–25% of the cases). CT angiography and MRI scans can detect subtle changes in vessel walls, which helps differentiate current disease from stenosis caused by previously damaged vasculature. The use of positron emission tomography is, for the moment, the subject of intensive research (14). Diagnostic criteria are shown in *Table 2* (15).

The treatment for pulmonary artery stenosis consists of high doses of corticosteroids occasionally combined with methotrexate and azathioprine. Cyclophosphamide has been traditionally used for refractory or severe disease, although it is being progressively replaced with new biological agents [tocilizumab (interleukin-6 receptor antagonist) and rituximab (monoclonal antibody anti-CD20, which reduces lymphocyte B count through various mechanisms)] (16). Therapeutical options for severe stenosis of the pulmonary artery include angioplasty, stent implantation, bypass and pulmonary artery (17,18).

Giant cell arteritis

Arteritis (which is often granulomatous) usually affects the aorta and/or its main arteries, with a predilection for the carotid branches, vertebral arteries and the temporal artery. It is observed in patients >50 years of age and is often associated with rheumatic polymyalgia (9). Histologically, it is indistinguishable from Takayasu's arteritis and is 2–6 times more frequent in women than in men. Pulmonary involvement is rare (non-productive cough in 10% of patients) but it should be considered in patients of advanced age with recent pharyngeal pain, aphonia or cough of unknown origin. Findings on CT and MRI scans are similar to those in Takayasu's arteritis. Diagnostic criteria are shown in *Table 2* (19).

Treatment is based on corticosteroids (dose of

40–60 mg/day) (20) and results in rapid improvement. Methotrexate, cyclophosphamide and tocilizumab are therapeutic options in different settings (21). Like in Takayasu's arteritis, some patients can benefit from surgical interventions.

Medium-vessel vasculitis

Polyarteritis nodosa

Polyarteritis nodosa is a necrotizing arteritis with segment involvement of medium- and small-calibre muscular arteries without glomerulonephritis or vasculitis in arterioles, venules and capillaries not associated with ANCA (9). Up to 30% of patients present antigens against hepatitis B virus. Pulmonary involvement is rare and its presence indicates a disease other than polyarteritis nodosa (22).

Kawasaki disease

Kawasaki disease is an arteritis associated with mucocutaneous lymph-node syndrome and it predominantly affects medium and small arteries (9). Its most relevant complication is coronary artery damage, which ranges from transitory dilatation to vessel wall destruction, with the development of aneurysms (23). It generally occurs in children younger than 5 years (24). Pulmonary arteritis is observed in 45–71% of autopsies (25). The prevalence of pulmonary involvement is associated with ethnicity. In a case series study performed in Japan, 14.7% presented pulmonary alterations on chest X-ray (26). In contrast, in an Italian study in 250 patients, no pulmonary involvement was documented in any subject (27). Respiratory symptoms are secondary to diffuse interstitial lung disease (which generally manifests with a reticular/micronodular echo pattern) or to the presence of pulmonary infiltrates and pleural effusion (26).

Small-vessel vasculitis

This type of vasculitis can be categorized into ANCA-associated vasculitis (AAV) and immunocomplex vasculitis (*Table 1*). The difference lies in the absence or small number of immunocomplex vessel wall deposits found in AAV, which contrasts with the moderate to marked deposits observed in immunocomplex vasculitis.

ANCA-associated vasculitis

ANCA

ANCA are IgG-type antibodies against cytoplasmic antigens in the cytoplasm of neutrophils and monocytes

Table 2 Diagnostic criteria of pulmonary vasculitis

Disease	Diagnostic criteria
Takayasu's arteritis ^a	Age at onset <40 years One extremity claudication Decreased brachial artery pulse >10 mmHg difference in systolic arterial pressure between both arms Subclavian or aortic murmur Arteriography shows narrowing or occlusion of the aorta, its primary branches or large arteries in the proximal part of the upper or lower extremities
Giant cell arteritis ^a	Age at onset >50 years New start cephalaea Abnormality in the temporal artery (sensitivity or pulse diminished) Sedimentation rate \geq 50 mm/h Abnormal artery biopsy: vasculitis characterised by mononuclear cell infiltration or granulomatous inflammation with multinucleated giant cells
Granulomatosis with polyangiitis ^b	Nasal or oral inflammation Abnormal thoracic X-ray Active urinary sediment Granulomatous inflammation in the biopsy
Polyarteritis nodosa ^c	Weight loss <4 kg since the disease onset Livedo reticularis Testicular pain or sensitivity Myalgias, sensitivity or leg pain Mono or polyneuropathy Diastolic arterial pressure >90 mmHg Nitrogenated urea >40 mg/dL or creatinine >1.5 mg/dL Hepatitis B virus acute infection Arteriographic abnormalities Medium or small vessel artery biopsy with polymorphonuclear leukocytes
Microscopic polyangiitis	No differences with polyarteritis nodosa
Eosinophilic granulomatosis with polyangiitis ^d	Asthma Eosinophilia Mono or polyneuropathy Pulmonary infiltration Paranasal sinus alteration Extravascular eosinophils

Table 2 (continued)

Table 2 (continued)

Disease	Diagnostic criteria
Anti-basement membrane antibody disease	Glomerular anti-basement membrane antibody disease (in serum or tissue) Crescentic proliferative glomerulonephritis Lineal deposit of immunoglobulin G in the glomerular basement membrane (direct immunofluorescence) With/without alveolar haemorrhage evidence
Cryoglobulinemic vasculitis	Finding cryoglobulinemia in the context of suggestive symptoms for vasculitis (purpura, peripheral neuropathy or glomerulonephritis)
IgA vasculitis (Henoch-Schönlein) ^a	Age ≤20 years Tangible purpura Severe abdominal pain Biopsy that shows granulocytes in small vessel walls
Hypocomplementemic urticarial vasculitis ^b	Major criteria <ul style="list-style-type: none"> ❖ Urticarial vasculitis skin lesions ❖ Seric hypocomplementemia Minor criteria <ul style="list-style-type: none"> ❖ Dermic venulitis proved by biopsy ❖ Arthritis or arthralgias ❖ Uveitis or episcleritis (or conjunctivitis) ❖ Mild glomerulonephritis ❖ Recurrent abdominal pain ❖ Anti-C1q antibodies associated to reduce seric levels of C1q
Behçet disease ^c	Recurrent oral ulcers Recurrent genital ulcers Ocular lesions Cutaneous lesions Positive patergia test

^a, should show at least 3 criteria; ^b, should show 2 or more criteria; ^c, diagnosis requires the integration of clinical, angiographic, and biopsy findings; ^d, should show 4 or more criteria; ^e, should show 2 major criteria and at least 2 minor criteria; ^f, should show the first criteria and at least 2 of the next ones.

[proteinase 3 (PR3) and myeloperoxidase (MPO)]—essentially azurophilic granules of polymorphonuclear neutrophils. ANCAs promote neutrophil migration and vessel wall degranulation, thereby triggering the release of proteases and other toxic metabolites responsible for vascular damage. In the context of endothelial cells, this process leads to endothelial detachment and lysis (28). The presence of ANCAs in more than 90% of microscopic

polyangiitis (MPA) and granulomatosis polyangiitis (GPA) suggests a relevant role in the etiology of the disease. This hypothesis is supported by the correlation between ANCAs titre and AAV (ANCAs decrease when a treatment is administered and increase in relapse); the effectiveness of plasmapheresis and B-cell targeted therapies (i.e., rituximab), and by a case of maternal MPO-ANCAs transfer to the neonate associated with the development of nephritis

and pulmonary hemorrhage in the neonate. Yet, ANCA must not be the only etiological factor for ANCA-induced vasculitis. Thus, some patients with ANCA-induced vasculitis phenotype are ANCA-negative, whereas some patients in remission are ANCA-positive (29). The most relevant ANCA staining patterns characterized by indirect immunofluorescence are cytoplasmic (c-ANCA; specific antibodies against PR3 that can be observed in GPA) and perinuclear [p-ANCA; antibodies against MPO and other antigens in eosinophilic granulomatosis with polyangiitis (EGP) and MPA].

Genetic factors

Different genetic factors could influence the etiopathogenesis of AAV. Mutations in the energy homeostasis associated gene (gene *ENHO*) reduce adropin production (a protein that protects the vascular endothelium), which is associated with endothelial damage. There is evidence demonstrating that *ENHO* mutations and adropin deficiency play a relevant role in the activation of endothelial cells during neutrophil recruitment. *ENHO* mutations and adropin deficiency have also been documented to be involved in neutrophil-endothelial interaction in vascular inflammation induced by interleukin-1 and tumor necrosis factor- α (TNF- α). This status increases susceptibility to ANCA-associated lung injury (30). AAV raises the levels of soluble receptors of advanced glycosylated end products (RAGE), which promotes the production of nuclear factor kappa-light-chain-enhancer of activated B cells (NF- κ B) and initiates the inflammatory cascade involved in vascular damage (31).

Granulomatosis with polyangiitis (Wegener's granulomatosis)

Granulomatous necrotizing inflammation affects the upper and lower airways, with necrotizing vasculitis mainly affecting medium and small vessels. It is common in pauci-immune necrotizing glomerulonephritis (9). The yearly incidence of this disease in Europe is 2.1–14.4 cases/million (32), and it occurs in all age groups.

Patients with GPA exhibit vascular cell adhesion molecule-1 (VCAM-1) overexpression in endothelial surface. VCAM-1 plays a crucial role in leukocyte recruitment and adhesion to the vascular endothelium, migration and extravasation. High levels of soluble VCAM-1 are a marker of endothelial cell activation in AAV (33). Soluble VCAM-1 levels are higher in GPA than in systemic sclerosis. High levels of soluble VCAM-1 are considered a marker of endothelial cell activation in AAV (33). Recent genetic studies have identified various loci strongly linked to predisposition to vasculitis, such as GPA and HLA-DP,

PR3, *SERPINA1* and semaphorin (*SMA6A*) (34).

Environmental factors—including exposure to toxic substances and infections—are known to be involved in the pathogenesis of vasculitis. Thus, two studies published in the 1990's revealed that chronic nasal infection by *Staphylococcus aureus* may trigger GPA activity (35,36). Some years later, several studies showed that chronic nasal infection by *Staphylococcus aureus* is an independent risk factor for GPA relapse, being patients previously treated with trimethoprim-sulfamethoxazole less likely to experience relapse (37–39). It has been demonstrated that fimbriated-pathogen infection frequently precedes pauci-immune focal necrotizing glomerulonephritis (acute inflammatory disease that results in rapid, irreversible kidney failure, typically in the context of systemic small vessel vasculitis such as GPA or MPA). Fimbriae of gram-negative bacilli present anti-FimH antibodies that have homologous sequences with epitopes on lysosomal-associated membrane protein-2 (LAMP-2), which promotes the activation of anti-LAMP-2. These antibodies cause neutrophil activation, and subsequent degranulation causes vascular cell apoptosis, which suggests that infection in a susceptible host could trigger the production of antibodies (40). Thus, FimH-triggered autoimmunity to LAMP-2 is a clinically relevant molecular mechanism that could induce the development of pauci-immune focal necrotizing glomerulonephritis (Figure 1).

Between 25% and 55% of patients with GPA show lung involvement, which occurs more frequently in c-ANCA positive patients (41). The classical clinic triad includes upper airway (sinusitis, otitis, ulcerations, subglottic and bronchial stenosis) and lower airway involvement (haemoptysis, thoracic pain, dyspnea and cough) and glomerulonephritis (haematuria, azotemia), although not all occur at presentation (only 40% of patients have renal involvement at that moment) (42). Patients who do not show signs of systemic vasculitis and exhibit specific pathological and clinical changes in the respiratory tract should be considered GPA patients (especially if they are ANCA-positive). The most frequent radiological findings include pulmonary nodules and masses in any location (90% of cases) (43) that can join masses >10 cm, cavitate and get infected (hydro-aerial level in the interior of the mass). A perinodular ground glass halo may be observed. Other findings include thickening of the bronchial walls, atelectasis, bronchiectasis or pleural effusion (44). ANCA test is positive in >90% of cases (mainly c-ANCA/anti-PR3 positive). Diagnostic criteria are shown in Table 2.

Differential diagnosis with MPA is complex as granulomas are not observed in all samples.

The management of GPA and all AAVs is based on a range of recently published recommendations (45,46). Treatment consists of an initial “Remission induction therapy”, where a more intensive immunosuppressive therapy is administered to control the active illness, and a maintenance phase where the treatment is less intensive to minimize side effects while remission is maintained. When a new diagnosis of AAV—organ- or life-threatening—is confirmed, a combined treatment with glucocorticoids, cyclophosphamide or rituximab is recommended. If no organs are affected by AAV, management with a combination of methotrexate and mycophenolate is recommended. When AAV relapse occurs and compromises an organ or is life-threatening, the recommendation is the same as for newly diagnosed AAV (a combination of glucocorticoids and cyclophosphamide or rituximab). In patients with serum creatinine >5.7 mg/dL due to rapidly progressive glomerulonephritis—either *de novo* or recurrent—plasmapheresis should be considered. Plasmapheresis is also an option for the treatment of diffuse alveolar haemorrhage (DAH). In patients in remission, a combination of low doses of glucocorticoids and azathioprine, rituximab, methotrexate or mycophenolate for at least 24 months is recommended. For patients refractory to the treatment, it is recommended to replace cyclophosphamide with rituximab (or the other way round), refer the patient to an expert specialist, reconsider diagnosis, optimize the treatment, and arrange for inclusion in clinical trials. For decades, the standard treatment for patients with major organ involvement consisted of high doses of cyclophosphamide and glucocorticoids; consequently, approximately 75% of patients experienced remission within 3 months and 90% achieved it in 6 months. Yet, relapse and side effects were frequent (29). New recommendations are intended to limit exposure to cyclophosphamide and glucocorticoids during the induction and maintenance phase. Biological therapies (e.g., rituximab, among others) directed at cell and molecular components specific of autoimmune response and mediators of inflammatory damage could be more effective and less toxic (47). Patients treated with rituximab who exhibit a low proportion of B CD5⁺ cells relapse significantly earlier than the ones who have normal levels of B CD5⁺ cells. Thus, B CD5⁺ cells are considered an indicator of illness activity and guide remission maintenance therapy following treatment with rituximab (48).

MPA

MPA is a necrotizing vasculitis with little or no immune deposits (pauci-immune) that mainly affects small vessels. Recent genetic studies have identified various loci strongly associated with predisposition to vasculitis, most of which are important actors in immune and inflammatory response (49), as it occurs with MPA and HLA-DQ (50). Necrotizing glomerulonephritis is very common, pulmonary capillaritis is frequent and granulomatous inflammation is absent (9). Symptoms are discomfort, anorexia, fever, night sweats, arthromyalgia, weight loss and rapidly progressive glomerulonephritis (51). Pulmonary involvement is observed in 10–30% of cases usually in the form of DAH. Radiologically, a heterogeneous ground-glass pattern is observed accompanied by patchy and bilateral abnormalities suggesting DAH (52). ANCA test is positive—mainly for p-ANCA/anti-MPO—in 50–75% of patients. The treatment is the same as for AAV.

EGP

A granulomatous inflammation rich in eosinophils with necrotizing vasculitis mainly affecting medium and small vessels that is associated with asthma and eosinophilia. ANCA test is positive in 45–70% of patients (mainly for p-ANCA/anti-MPO). The presence of ANCA is more frequent in the presence of glomerulonephritis (9). Moreover, genetic studies have identified a strong association between EGP and HLA-DRB4 that triggers an immune inflammatory response (53). Asthma and eosinophilia are relevant, and differential diagnosis should be done with allergic bronchopulmonary aspergillosis, cortico-dependent asthma and eosinophilic pneumonia, among others. There are two types of EGP: ANCA-positive EGP—which affects the kidneys more frequently, and ANCA-negative negative EGP—with more pronounced eosinophilia and severe pulmonary disease (54). Asthma is always present, is corticoid-dependent and, in the long term, usually precedes vasculitis. Rhinitis, nasal polyps or sinusitis are rarely ulcerating. Radiological images show ground-glass opacity; patchy, bilateral, homogeneous—occasionally migratory—infiltrates peripherally located; hyperinflation, bronchial wall thickening, and the characteristic mosaic pattern of severe asthma (55). A third of patients show pleural effusion, predominantly eosinophilic (56). Increased levels of eosinophils (>25%) in bronchoalveolar lavage contribute to the diagnosis. Transbronchial biopsy rarely provides a conclusive diagnosis. Diagnostic criteria are shown in *Table 2*. The treatment is the same as for AAV. Adding leukotrienes or

omalizumab (monoclonal antibody anti-IgE) antagonists allows reducing the dose of corticosteroids in patients whose main limiting manifestation is asthma. This reduction of corticoids could help identify vasculitic manifestations of the illness (57,58).

Immune complex small vessel vasculitis

Anti-basement membrane antibodies disease

Anti-basement membrane antibodies disease is a type of vasculitis that affects glomerular/pulmonary capillaries—or both, and presents deposits of anti-glomerular basement antibodies. Pulmonary involvement causes pulmonary haemorrhage, renal glomerulonephritis and acute kidney failure (9). The term “Goodpasture disease” is used for patients who exhibit anti-glomerular basement antibodies, whereas Goodpasture syndrome is used to describe the coexistence of glomerulonephritis and DAH of any cause. The origin of this disease is unknown, although genetic and environmental factors seem to be involved (59). This disease is characterized by a bimodal presentation of age, its incidence peaking at thirty (prevalent in men with renal and pulmonary involvement) and at sixty/seventy (when isolated renal affection is more frequent) (60). Pulmonary involvement (40–60% of patients, probably depending on the number of floating antibodies accessing the alveolar basement membrane) is less frequent than renal involvement, although the latter has also been documented (61). Radiological images are those characteristics of DAH. Lung biopsy shows alveolar haemorrhage with pulmonary capillaritis. Up to 20–30% of patients are also ANCAs-positive (generally against MPO) and usually show extra-renal involvement. Diagnosis is based on renal biopsy (linear deposits of IgG in the glomerular membrane). The elective treatment is triple therapy [corticosteroids, immunosuppressors (generally cyclophosphamide) and plasmapheresis (to remove anti-glomerular basement antibodies)] (62). In dialysis patients, plasmapheresis is questionable since these patients do not recover renal function. Rituximab alone or associated with cyclophosphamide also provides good results (63).

Cryoglobulinemic vasculitis

Vasculitis with cryoglobulin immune deposits that affects the small vessels associated with seric cryoglobulins (9). Pulmonary involvement is rare (approximately 2% of patients). Radiological alterations are related to DAH (64), and prognosis is usually poor (65).

IgA vasculitis (Henoch-Schönlein purpura)

Small vessel vasculitis with IgA1-dominant immune deposits.

This disease mainly affects children and usually involves the skin, peripheral nerves and glomeruli (glomerulonephritis indistinguishable from IgA nephropathy) (9). It is usually preceded by an upper airway infection, and infectious or chemical agents seem to be involved in its pathogenesis (66). Pulmonary involvement is rare in children and more frequent in adults. IgA deposits in the alveolar basement membrane lead to alveolitis. Radiological images show DAH (67) and pleural effusion (68).

Hypocomplementemic urticarial vasculitis

A type of vasculitis followed by urticaria and hypocomplementemia affecting the small vessels and associated with anti-C1q antibodies (69). It is often accompanied by glomerulonephritis, arthritis and ocular inflammation. Pulmonary affection appears in 20% of patients, generally in the form of chronic obstructive pulmonary disease and bronchial asthma. Pulmonary vasculitis leads to the release of elastase by neutrophils and the development of panacinar pulmonary emphysema, mainly in basal zones (70). Pleural effusion has also been reported (71).

Various-calibre vessel diseases

Behçet disease

Vasculitis in patients with Behçet disease is characterised by recurring oral and/or genital aphthous ulcers and inflammatory lesions in the skin, eyes, joints, and in gastrointestinal and/or central nervous system. This type of vasculitis affects vessels of any size (20% arteries, 80% veins). Thromboangiitis, thrombosis, arteritis and arterial aneurysm may also exist (9). It is generally observed in young men, with more cases in silk route countries, especially in Turkey (72). Thoracic involvement may be observed in less than 10% of cases (73), mainly in men. Clinical manifestations include haemoptysis, thoracic pain, cough and dyspnea (74). The most frequent findings are main and lobar pulmonary artery aneurysm—usually multiple and bilateral (75,76), superior caval vein obstruction, thromboembolism and pulmonary infarction (77). CT angiography may show affection of the pulmonary artery (78-80). Peripheral vascular damage may also be present (superficial or deep vein thrombosis). The management of vein thrombosis is controversial. While some experts recommend immunosuppressive treatment, others support the combination of immunosuppressants with blood thinners (81). The treatment is a combination of high doses of corticosteroids with cyclophosphamide,

azathioprine or infliximab (82-84). Anticoagulation is also used in patients with stenotic or occlusive disease. For refractory haemoptysis, surgical interventions such as endovascular embolization or lobectomy can be performed (85,86). Hughes-Stovin syndrome is a limited form of Behçet disease without oral or genital ulceration (87) with similar image findings (88).

Diagnosis

Medical records and physical examination

Vasculitides are difficult to diagnose, even for a well-trained specialist, as the symptoms of this rare group of diseases are similar to those of more common conditions (i.e., infection, neoplasm). However, there are particular signs that should raise suspicions, namely: (I) DAH [triad of diffuse alveolar infiltrates, hemoptysis (not always present) and dropped hematocrit followed by increased diffusion capacity by 30%]; (II) rapidly progressive glomerulonephritis [active urinary sediment (erythrocyte cylinders, haematuria with dysmorphic erythrocytes and proteinuria >500 mg/dL), elevated urea and creatinine serum levels, arterial hypertension and edema]; (III) lung-kidney syndrome (patients with DAH and glomerulonephritis); (IV) ulceration or deformity of upper airway lesions (for example, refractory chronic sinusitis with ulcers or soft tissue destruction); (V) cavitating lesions or pulmonary nodules on imaging; (VI) tangible purpura (suggests skin vasculitis); (VII) peripheral nervous system manifestations like mononeuritis; (VIII) Systemic disease (simultaneous presence of symptoms and signs that suggest simultaneous or sequential affection of various organs). Cough, fever or dyspnea are frequent manifestations; yet, the most characteristic sign is the presence of DAH as a result of capillaritis and the subsequent destruction of the alveolar-capillary membrane. At the onset of DAH, patients may be asymptomatic (symptoms will appear over days) or show acute respiratory failure. The majority of patients experience haemoptysis, although approximately a third of patients won't (89). Physical examination could reveal crepitant breathing.

Laboratory findings

The most frequent finding in DAH is anaemia, although leucocytosis may also appear. Lactate dehydrogenase values double the normal upper limit and are a risk factor

for intrahospital mortality (90). Creatinine values may be elevated if DAH is a manifestation of a lung-kidney syndrome with concurrent glomerular disease. Elevated levels of eosinophils in peripheral blood and tissues in patients with EGP suggest that these cells play a role in the pathogenesis of the disease. CD95-induced inhibition of apoptosis prolongs the half-life of eosinophils, which decisively contributes to the development of chronic eosinophilia. Although the mechanism by which the activation of eosinophils causes endothelial damage is not completely understood, recent data suggest a potential role of T lymphocytes secreting eosinophil-activating cytokines (91).

Radiology

In DAH, high resolution thoracic computerised tomography (CT) may show bilateral consolidations, although diffuse bilateral ground glass areas can also be observed, sometimes restricted to the lower lobes (64). When clinical symptoms resolve, radiological images improve, although symptoms may persist some weeks after bleeding have been stopped. After DAH, a septal thickening called "beaded pattern" may be observed (92). Recurrent DAH can lead to pulmonary fibrosis. Thoracic CT scan will help discard other potential causes of pulmonary haemorrhage in patients with haemoptysis.

Bronchofibroscopy

In DAH, sequential aliquots of bronchoalveolar lavage look increasingly bloodier. Diagnosis of DAH is confirmed when at least 20% of the alveolar macrophages collected demonstrate hemosiderin deposits on iron staining. Yet, haemorrhage may not be detected if bronchoalveolar lavage is performed incorrectly.

Histopathology

The diagnostic profitability of the transbronchial biopsy is usually <10% (93). For small vessel diagnosis, a biopsy of the radiologically anomalous pulmonary parenchyma by videothoracoscopy is highly effective (94,95). Histopathological findings should be interpreted in conjunction with clinical and serological data, and final diagnosis should be confirmed by immunofluorescence. Comparative histopathological analysis of another tissue should also be performed, if available.

Figure 2 shows the algorithm with recommendations for the management of AAV.

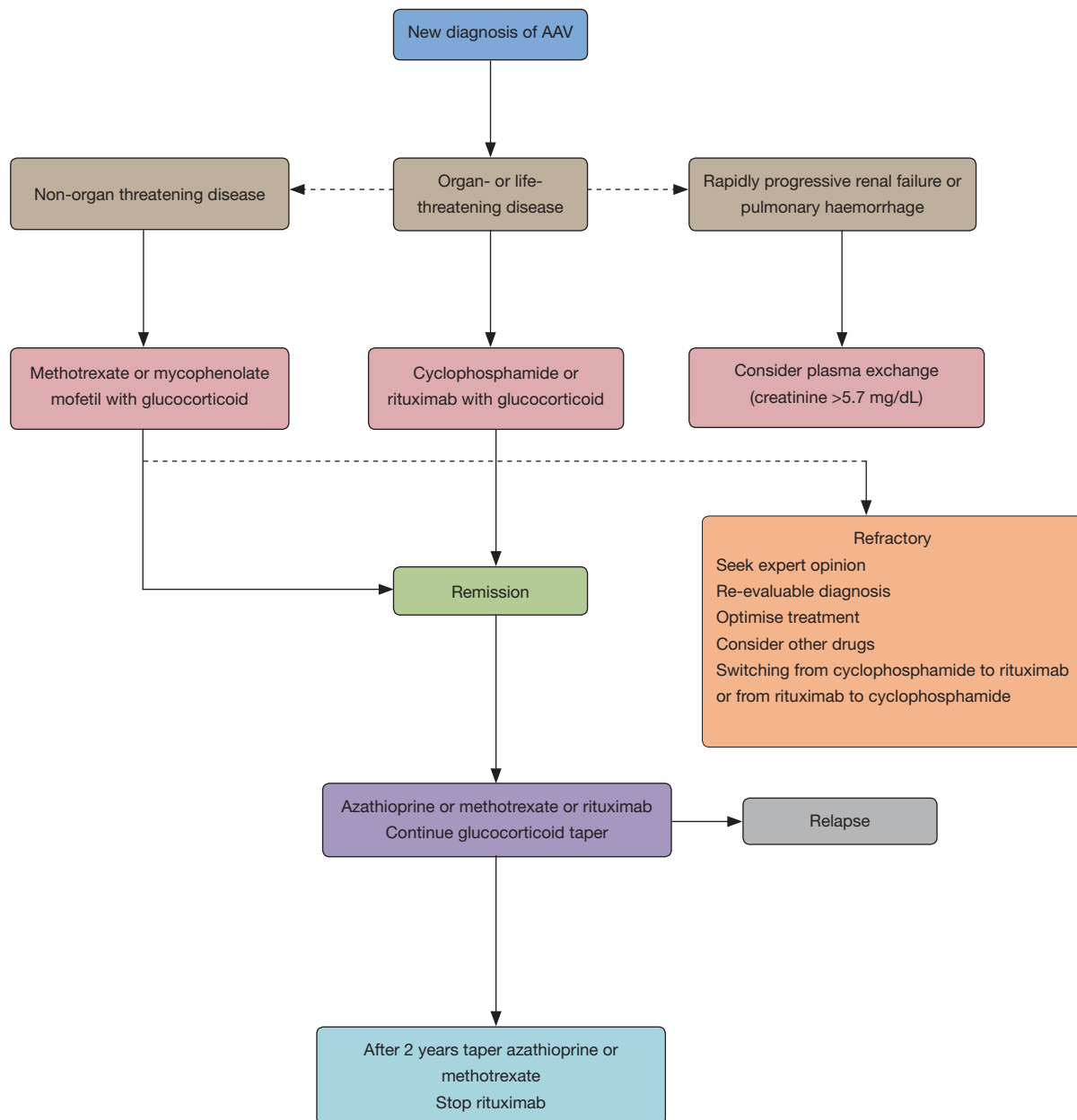


Figure 2 Algorithm of vasculitis associated with antineutrophil cytoplasmic antibodies (Yates *et al.* modification) (46). Dashed lines indicate that an alternative or complementary action should be considered. AAV, ANCA-associated vasculitis; ANCA, antineutrophil cytoplasmic antibody.

Figure 3 displays the diagnostic algorithm of pulmonary vasculitis that correlates radiological findings with clinical and laboratory findings (44).

To summarise, many systemic vasculitides may affect the pulmonary vasculature. Their signs and symptoms may be non-specific, and diagnosis becomes a real challenge. Laboratory findings contribute to reduce differential

diagnosis, although overlapping with other vasculitides and pathological processes may occur. Imaging tests can reveal specific alterations that guide the clinician to the right diagnosis. Vascular pulmonary involvement is a severe manifestation of severe systemic vasculitis and generally requires immediate treatment with corticosteroids and immunosuppressants.

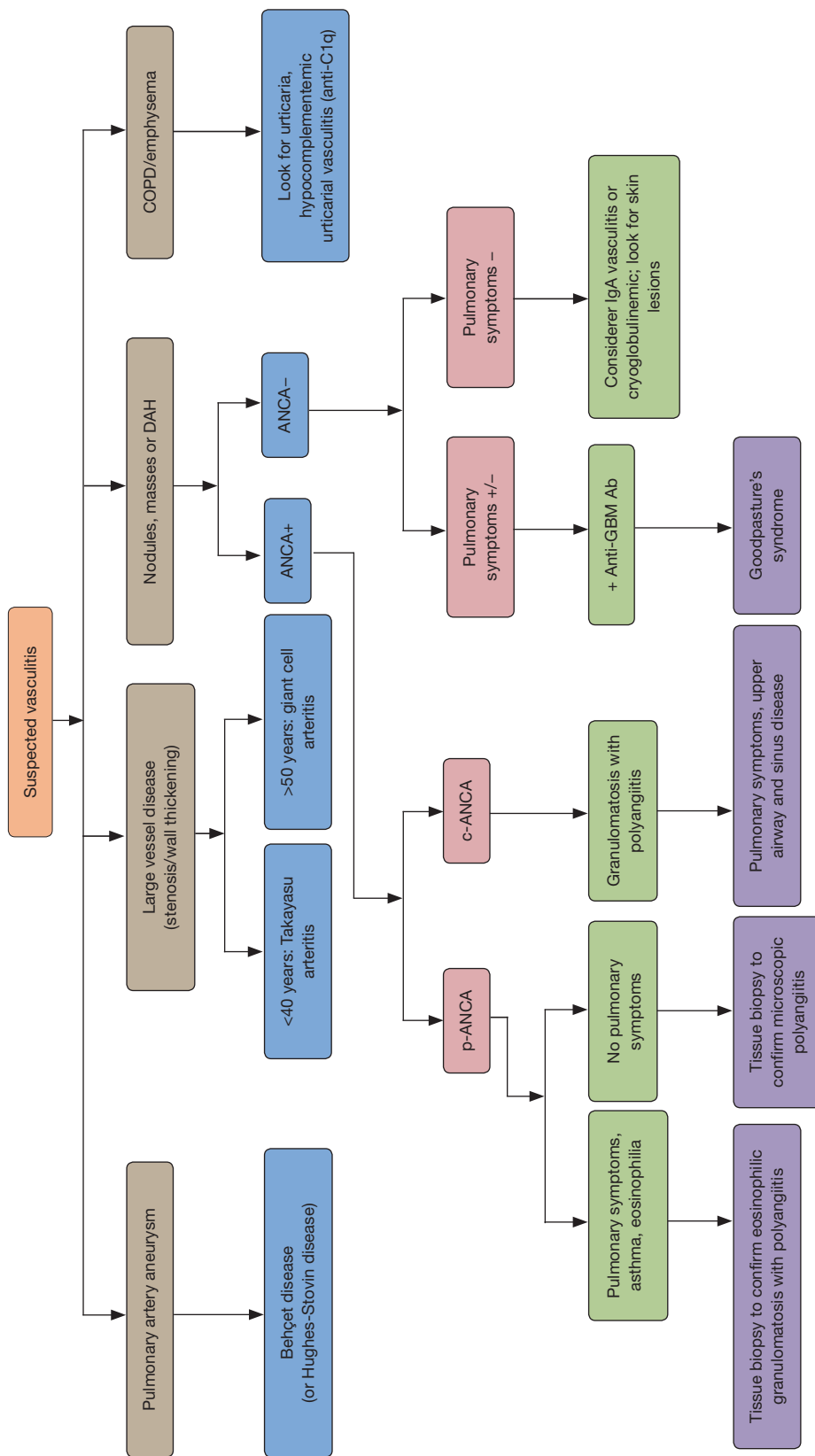


Figure 3 Diagnostic algorithm of pulmonary vasculitis that correlates diagnostic images with clinical and lab findings (Mahmoud *et al.* modification) (44). Ab, antibodies; ANCA, antineutrophil cytoplasmic antibody; p-ANCA, perinuclear immunofluorescence ANCA; c-ANCA, cytoplasmic immunofluorescence ANCA; COPD, chronic obstructive pulmonary disease; DAH, diffuse alveolar haemorrhage; GBM, glomerular basement membrane.

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Footnote

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