# Characterization of an Outbreak of Extended-Spectrum β-Lactamase-Producing Klebsiella pneumoniae in a Neonatal Intensive Care Unit in Italy

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Here we report an outbreak of extended spectrum  $\beta$ -lactamase-producing *Klebsiella pneumoniae* that occurred in a neonatal intensive care unit in Northern Italy and involved 97 patients. Progressively tightened sets of containment measures were implemented but the epidemic event was stopped only 9 months later. The final, effective, containment strategy consisted of the application of strict geographic cohorting of colonized infants and their nursing staff, the suspension of any new admission and a rigorous daily sterilization protocol for all surfaces and fomites in the ward. A posteriori characterization of the outbreak strain was performed using both traditional microbiology and molecular biology techniques, and whole genome sequencing, allowing to compare outbreak isolates with other strains collected in the previous two years. The results allowed to determine that the outbreak strain had been circulating inside the ward since the year before. Genomic characterization revealed that the strain carried a wide array of virulence and antibiotic resistance determinants, including gene *bla*<sub>TEM-206</sub>, which had never been reported in a clinical isolate of K. pneumoniae before. The presence of such a high number of determinants for antibiotic resistance imposes significant therapeutic limitations on the treatment of infections, thus, further epidemiological investigations are needed to evaluate the prevalence of the newly described variant.

**Keywords:** TEM-206, neonatal intensive care unit, *Klebsiella pneumoniae*, ESBL, geographic cohorting

## Introduction

 $\mathbf{E}$  NTEROBACTERIACEAE REPRESENT A MAJOR cause of nos-ocomial infections. Chemotherapeutic options available to clinicians for treatment of invasive Enterobacteriaceae infections have been reduced by the rapid emergence and spread of antimicrobial-resistant variants. Of particular concern is the ability of these bacilli to accumulate co-resistance and cross-resistance mechanisms, which has culminated in the circulation of multidrug-resistant (MDR) strains.<sup>1</sup> Among the causes indicated for the dissemination of MDR Gramnegatives there are overuse of antimicrobial drugs, with a prominent role of third generation cephalosporins, crosstransmission caused by the hands of nurses and other hospital personnel, and failure of infection control practices.

These issues are particularly pronounced in Neonatal Intensive Care Units (NICUs), where the admitted newborns are exposed to a high risk of nosocomial infections development,<sup>2</sup> due to the severity of their illness and to the exposure to invasive medical devices (e.g., mechanical ventilation, central venous catheter).<sup>3</sup>

Among Gram-negative MDR pathogens, Klebsiella pneumoniae (Kp) is one of the most common and dangerous causes of nosocomial infections, especially in NICUs. Kp shows a clear trend to spread clonally within healthcare institutions and to cause nosocomial outbreaks thanks to MDR

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phenotypes.<sup>4</sup> Indeed, most of the Kp clones that are responsible for outbreaks in neonatal wards exhibit resistance to penicillins, broad-spectrum cephalosporins, and monobactams through the production of extended spectrum  $\beta$ -lactamase (ES $\beta$ L).<sup>5</sup>

In Europe, individual cases or outbreaks of ES $\beta$ L-producing Kp (ES $\beta$ L-Kp) have been reported in several countries and the data from the EARS-NET database show that in 2015 the prevalence of third generation cephalosporin-resistant Kp isolates was of 57.3%.<sup>6</sup>

Among others, outbreaks caused by AmpC-producing Kp belonging to sequence types 14 and 26 (ST14 and ST26) and carbapenemase-producing Kp ST258 have been described in Italian NICUs.<sup>7–9</sup>

In this study, we describe an outbreak that occurred in the NICU of Fondazione IRCCS Policlinico San Matteo Hospital in Pavia from January 2013 to September 2013, and the measures that were implemented in the ward to contain and to solve the issue. We collected 97 ES $\beta$ L-Kp strains, and we investigated the molecular, genomic, and epidemiologic features to identify the factors that had contributed to their diffusion.

## The Event

Fondazione IRCCS Policinico San Matteo in Pavia is a 1000-bed hospital located in Northern Italy.

The NICU is divided into four rooms with seven beds each, connected by a corridor. The medical and nursing staff includes 40 people. Approximately 300 patients are admitted annually. The NICU is a regional referral center for neonatal care and about 23% of the newborns admitted weigh less than 1,500 g. Prematurity, neonatal hypoxia, and hypoxic-ischemic encephalopathy are the most common reasons for admission.

Figure 1 shows the number of isolations of ES $\beta$ L-Kp in the NICU during 2013. Between January and March 2013 ES $\beta$ L-Kp was isolated from different sources (conjunctival swabs, low and high respiratory tract samples, blood, urine) from 11 patients, representing 14.1% of the patients admitted (*n*=78). Comparing this percentage with one of the same period of the previous year (3/76–3.9% *p*=0.003) a clear increase was detected, and the possibility of an outbreak was considered.



**FIG. 1.** *Above*: number of patients of the neonatal intensive care unit colonized (represented with a *gray line*) and infected (represented with *gray bars*) by *Klebsiella pneumoniae* in the period from April to October 2013. *Below*: number of patients of the neonatal intensive care unit colonized by *K. pneumoniae* during 2013.

Starting on April 17th, additional surveillance measures were undertaken: systematic fecal swabs for each patient admitted, increase in the use of disposable devices, daily cleaning, and passive surveillance. These measures did not succeed in reducing ES $\beta$ L-Kp presence, and the systematic fecal swab testing highlighted an even stronger pattern of colonization in apparently healthy infants. In the period April–June, 56 patients resulted to be colonized, 8 of which were also infected, out of a total of 75 patients admitted.

These data prompted a second set of stricter control measures implemented on June 19th, including an increased passive surveillance and the reduction of the total beds of the NICU from 28 to 20. This second set of measures was not sufficient to stop the outbreak, as in the following month 21 patients resulted to be colonized, 6 of which were infected, out of a total of 22 patients admitted. On July 24th 2013 the interventions were reinforced again: additional reduction of the total beds of the NICU from 20 to 18, supplementary training for all healthcare workers, accurate daily cleaning of the surfaces and fomites followed by disinfection, strict geographic cohorting of colonized infants and their nursing staff, and suspension of any new admission. This set of measures allowed to finally reduce the number of newly infected and colonized patients, respectively one and six in August, zero and three in September, zero, and one in October. Since November no additional cases were recorded, while strict surveillance was implemented until the end of the year.

## **Materials and Methods**

### Ethics statement

The study was designed and conducted in accordance with Helsinki declaration and approved by the Ethics Committee of Fondazione IRCCS Policlinico San Matteo in Pavia, Italy.

## Microbiology methods

All the biological samples collected were sent to the Microbiology and Virology Unit, where they were directly inoculated either on MacConkey agar plates (rectal swabs) or on Columbia agar with 5% sheep blood plates (conjunctival swabs, blood cultures, cerebrospinal fluid, respiratory samples). Identification and antibiotic susceptibility testing were performed using the Phoenix 100<sup>TM</sup> system (BD Dickinson and Company, Franklin Lakes, NJ) and interpreted according to EUCAST guidelines.<sup>10</sup> Phenotypic ES $\beta$ L detection were performed both with the double-disc synergy test<sup>11</sup> and with ES $\beta$ L + AmpC Screen kit (Rosco Diagnostica, Taastrup, Denmark). Infection was defined by the absence of relevant symptoms.

## Molecular microbiology methods

On the basis of resistance phenotype, specimens type/date of collection, 16 representative ES $\beta$ L-Kp isolated on 2013 were selected to perform the phenotypic and molecular characterization. Three isolates previously collected from blood cultures in the same unit in September 2011, August and October 2012 were also included in the study, for a total of 19 strains. Total DNA was extracted from all strains using a QIAamp DNA minikit (Qiagen, Italy) according to manufacturer's instructions.

Polymerase chain reaction (PCR) assays were performed to amplify the genes encoding for ES $\beta$ Ls (*bla*<sub>CTX-M</sub>, *bla*<sub>TEM</sub>, *bla*<sub>OXA</sub>) and aac(6')-Ib-cr, using primers and conditions previously described.<sup>12–15</sup> PCR products were purified using the kit Quantum Prep PCR Kleen Spin Columns (BioRad, Alfred Nobel Drive, Hercules) and subjected to double-strand Sanger sequencing (Macrogen, Inc., Seoul, South Korea).

Production of the  $\beta$ -lactamases detected with molecular methods was confirmed by isoelettrofocusing (IEF). IEF was performed on polyacrylamide gel containing ampholines with a pH range of 3.0–10.0 (Amersham Biosciences, France).  $\beta$ lactamase activities were detected with the chromogen nitrocefin (Oxoid, Basingstoke, Hampshire, England). Activity against CTX substrate of the  $\beta$ -lactamases bands separated by IEF was assayed by a substrate overlaying procedure, as reported previously.<sup>16</sup>

Conjugal transfer of resistance determinants were performed in liquid medium using the *Escherichia coli* K12 strain J62 (pro-, his-, trp-, lac-, SmR) and J53 (met-, pro-, rifR) as recipients. The transconjugants were selected on MacConkey agar containing CTX (8 mg/L) plus streptomycin (1000 mg/L) or rifampicin (100 mg/L). Plasmids were typed according to their incompatibility group using the PCR replicon-typing scheme as described previously.<sup>17</sup> The sizes of the plasmids were estimated using the S1 nuclease pulsed-field gel electrophoresis (PFGE) method.<sup>18</sup>

Clonality of the *K. pneumoniae* isolates was investigated by PFGE using *Xba*I restriction enzyme. Fragments were separated on a CHEF DRII system (Bio-Rad, Hercules, CA) at 14°C at 6 V/cm for 20 hr with an initial pulse time of 0.5 sec and a final pulse time of 30 sec. Lambda 48.5 kb concatamers (New England BioLabs, Beverly, MA) were used as size standard to align the bands. Dendrograms of strain relatedness were created with Fingerprinting II version 3.0 software (Bio-Rad) using UPGMA. The Dice correlation coefficient was used with a 1.5% position tolerance to analyze the similarities of the banding patterns.

In addition, Multi-locus sequence typing (MLST) was performed based on the sequence analysis of fragments of seven housekeeping genes: rpoB (beta-subunit of RNA polymerase), gapA (glyceraldehyde 3-phosphate dehydrogenase), mdh(malate dehydrogenase), pgi (phosphoglucoseisomerase), phoE (phosphorine E), infB (translation initiation factor 2), and tonB (periplasmic energy transducer). PCR amplifications were carried out under the following conditions: 35 cycles (denaturation at 94°C for 2 min, annealing at 50°C for 30 sec, and extension at 72°C for 30 sec) preceded by a 2 min denaturation at 94°C and followed by a 5 min extension at 72°C. Details of the MLST scheme including amplification and sequencing primers, allele sequences and STs are available on Institute Pasteur's MLST Web site.<sup>19</sup>

## Genomic methods

On the basis of the PFGE results, four strains out of 19 were analyzed using whole genome sequencing: the strain collected in September 2011, one collected in August 2012, and two collected during the outbreak. DNA, previously extracted for molecular analysis, was sequenced on a MiS-EQ Illumina machine, after Nextera library construction, to obtain 250 bp paired-ends reads. Reads were quality checked using FastQC (www.bioinformatics.babraham.ac.uk/projects/fastqc/), and assembled using MIRA 4.0rc1.<sup>20</sup> Genome assemblies were screened for strict cgMLST<sup>21</sup> genes and capsular genes using the BIGSdb software.<sup>22</sup> Finally, genomes

were scanned for the presence of virulence and antibiotic resistance genes using a BLAST search against the ResFinder<sup>23</sup> and VirulenceFinder<sup>24</sup> databases.

#### Statistical analysis

Descriptive statistics were produced for demographic features, clinical characteristics, and risk factors of cases. Mean and standard deviation are presented for normally distributed variables, median and interquartile range for non-normally distributed variables, and number and percentages for categorical variables. Groups were compared with parametric or nonparametric tests, according to data distribution for continuous variables, and with Pearson's  $\chi^2$  test (Fisher exact test where appropriate) for categorical variables. Logistic regression models (univariate analysis only, due to low number of events) were used to explore risk factors associated to infection (vs. colonization). In all cases, two-tailed tests were used. *p*-Value significance cutoff was 0.05. The Stata version 14.0 software (Stata Corporation, 4905 Lakeway Drive, College Station, TX) was used for statistical analysis.

## Results

## Case characteristics

During the period from January to March, 78 children were hospitalized in the NICU. Among these 11 (14.1%) were infected by ES $\beta$ L-Kp. This high prevalence prompted the declaration of an ES $\beta$ L-Kp ongoing outbreak. During the period April-September passive surveillance was implemented through analysis of rectal swabs. In this period 146 children were hospitalized in the NICU, 81 of them (55.4%) were either colonized (66) or infected (15) by ES $\beta$ L-Kp. Figure 1 shows the trend of the colonized patients during the period analyzed, indicating the measures that were progressively implemented until the resolution of the outbreak.

Demographic characteristics, gestational age, birth weight, and several risk factors, such as intubation, placement of central venous catheters and chest tubes are reported in Table 1. Level of prematurity (severe prematurity: gestational age <30 weeks), APGAR score at birth and at 10 min, and the length of stay result as significantly associated (p < 0.05) with ES $\beta$ L-Kp infection, whereas other demographic and clinical variables have not been identified as risk factors.

#### Microbiology and molecular results

From January to September 2013, 97 ES $\beta$ L-Kp isolates were obtained from the neonates, 66 of which were from surveillance cultures and 31 from clinical specimens: blood (*n*=7); high respiratory tract (*n*=3); lower respiratory tract (*n*=1); urine (*n*=12); cerebrospinal fluid specimens (*n*=2); and conjunctival swabs (*n*=6).

All 97 isolates showed the same MDR pattern and the phenotypic screening confirmed ES $\beta$ L enzyme production. Sixteen ES $\beta$ L-Kp representative strains of the outbreak event, plus three additional ES $\beta$ L-Kp strains obtained in the previous years, were selected for molecular characterization. See Table 2 for patients, isolation, and antibiotic susceptibility characteristics of the 19 isolates selected.

IEF showed four  $\beta$ -lactamase bands common to 18/19 isolates: pI 8.2, pI 7.5, pI 7.3, and pI of 5.4 generally associated with the expression of CTX-M-type, SHV-type, OXA-type, and TEM-type enzyme, respectively. Only the isolate collected in 2011 showed the presence of a unique  $\beta$ -lactamase band with pI 8.2. All the 19 isolates presented a band with hydrolytic activity on CTX (1 µg/mL) at pI of 8.2 by overlay assay, related to the production of CTX-M-type enzyme.

PCR and sequencing showed that all 19 isolates tested carried  $bla_{CTX-M-15}$  gene and all, except for the isolate of

Variable	Descriptive statistic	Colonized (n=66)	Infected $(n=26)$	OR	95% CI	p-Value (univariate)
Gender (male)	Number (%)	28 (41.8)	12 (46.2)	1.16	0.47-2.9	0.745
Birth weight (g)	Median (IQR)	1830 (1272–2182)	1495 (1185–2091)	$0.98^{a}$	0.92 - 1.04	0.465
Gestional age (week)	Median (IQR)	33.1 (30.7–35)	32 (29–37.1)	1.00	0.90-1.12	0.962
APGAR score (1 min)	Median (IQR)	8 (6–9)	6.5 (4–8)	0.79	0.64-0.97	0.024
APGAR score (10 min)	Median (IQR)	9 (8-10)	8.5 (7–9)	0.74	0.55-0.98	0.037
Severe prematurity (gestional age <30 weeks) <sup>b</sup>	Number (%)	13 (20)	11 (42.3)	2.90	1.09–7.87	0.033
Caesarean section (yes) <sup>c</sup>	Number (%)	45 (69.2)	20 (80)	1.78	0.58-5.41	0.311
Twin birth (yes) <sup>b</sup>	Number (%)	18 (27.7)	7 (26.9)	0.96	0.34-2.67	0.941
Surgery (yes)	Number (%)	8 (12.1)	6 (23.1)	2.17	0.67-7.03	0.195
Central vasculat catheter (yes)	Number (%)	45 (68.2)	20 (76.9)	1.56	0.55-4.44	0.409
Endotracheal tube (yes)	Number (%)	18 (27.7)	12 (46.2)	2.29	0.89-5.87	0.086
Nasogastric tube (yes) <sup>b</sup>	Number (%)	41 (63.1)	20 (76.9)	1.95	0.69-5.53	0.209
Parenteral nutrition (yes)	Number (%)	50 (79.9)	23 (88.5)	2.30	0.61-8.73	0.221
Maternal milk (yes) <sup>c</sup>	Number (%)	35 (54.7)	11 (42.3)	0.61	0.24-1.53	0.289
Length of stay (days)	Median (IQR)	24 (12–45)	44 (21-81)	1.02	1.0-1.03	0.018

TABLE 1. DEMOGRAPHIC FEATURES, CLINICAL CHARACTERISTICS, AND RISK FACTORS OF PATIENTS:COMPARISON BETWEEN COLONIZED (N=66) AND INFECTED SUBJECTS (N=26)

<sup>a</sup>per 100 g.

<sup>b</sup>One missing data.

<sup>c</sup>Two missing data.

OR, odds ratio; CI, confidence interval; IQR, interquartile range.

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– LABLE 5. MOLECULAR CHARACTERISTICS OF EXTENDED SPECTRUM D-LACTAMASE-PRODUCING <b>K</b> . <i>Pneumonia</i> ( <i>n</i> =1	TABLE 3. MOLECULAR	CHARACTERISTICS OF EXTENDED	ed Spectrum β-Lact	FAMASE-PRODUCING $K$ .	. PNEUMONIA ( $N=1$
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Isolate	IEF	Overlay assay	Resistance genes (polymerase chain reaction)	MLST	PFGE clone
1 (BC)	pI 8.2	pI 8.2	blaCTX-M-15	ST14	В
2 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
3 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
4 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
5 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
5 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
6 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
7 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
7 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
7 (CSF)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
8 (CS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
9 (NA)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
10 (BL)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
11(Ù)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
12 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
13 (BC)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
14 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
15 (CS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А
16 (RS)	pI 8.2, pI 7.5, pI 7.3, pI 5.4	pI 8.2	blaCTX-M-15, blaOXA-1, blaTEM-206, aac(6')-Ib-cr	ST307	А

IEF, isoelettrofocusing; MLST, multi-locus sequence typing; PFGE, pulsed-field gel electrophoresis.

2011, additionally carried  $bla_{OXA-1}$ ,  $bla_{TEM-206}$ , and aac(6')-Ib-cr gene (Table 3).

All the isolates analyzed were able to perform conjugation. The transfer of the ES $\beta$ L determinant was observed at a frequency of ~ 10<sup>-3</sup> transconjugants per recipient. Plasmid analysis indicated that all but the 2011 isolate had acquired a plasmid of about 200 kb belonging to the IncF incompatibility group.

PFGE clustered 18 of the 19 isolates into a clonal type named A, which exhibited two subtypes, A1 and A2. The isolate collected in 2011 was the only one belonging to a different clonal type, named B.<sup>25</sup> MLST assigned the 18 isolates (collected from 2012 to 2013) of the dominant clonal type A to sequence type ST307, while the isolate collected in 2011 was assigned to ST14. The temporal distribution of ES $\beta$ L-producers and their respective clonal type are shown in Fig. 2.

Four representative strains were selected for Illumina sequencing. They are 1 (BC) (the isolate collected in 2011), 2 (BC) (the isolate collected in August 2012), 7 (BC), and 13 (BC) (two isolates collected in 2013). *In-silico* MLST confirmed the amplicon sequencing results (*i.e.*, ST307 for the three clone A isolates and ST14 for the 2011 strain). Furthermore, the three sequenced clone A isolates were assigned to the KN2 capsular type through the presence of the wzi-173 capsular antigen allele, while the isolate collected in 2011 turned out to have capsular type K2 (wzi-2).

Out of 634 strict cgMLST genes, 605 were found in all four genomes. The three genomes of clone A shared the same allele for all 605 genes, while Kp1734 differed for 506 alleles from the other three (for further details, see Supplementary Table S1; Supplementary Data are available online at www.liebertpub.com/mdr). BLAST-search against the Virulence Finder database allowed to characterize the genomes further (Table 4). In detail, all four isolates presented the genes encoding the type 3 fimbrial proteins (*mrkABDFHIJ*) and gene *iutA* (coding for a siderophore). Isolate Kp1734 was characterized by the presence of genes

*kfuA*, *kfuB*, and *kfuC* (responsible for iron acquisition), which were not detected in the three ST307 genomes.

As regards antibiotic resistance, determinants for resistance to ES $\beta$ L (*bla*<sub>CTX-M-15</sub>), quinolone (*oqxA*, *oqxB*) aminoglycoside (*aac*(3)-*IIa*), and fosfomycin (*fosA*) resistance genes were identified in all isolates. In addition, genomes of clone A carried an array of genes that are not present in the genome of clone B. This includes *strA* and *strB* (aminoglycoside), *bla*<sub>SHV-28</sub>, *bla*<sub>TEM-206</sub>, *bla*<sub>OXA-1</sub> (beta-lactams), *aac*(6')*Ib*-*cr* (fluoroquinolone and aminoglycoside resistance), *catB3* (phenicol), qnrB66 (quinolone), sul2 (sulfonamide), tet(A) (tetracycline), and *dfrA14* (trimethoprim) (see Table 4 for further details).

The sequences of the four genomes are available with the following EBI accession numbers: 1 (BC)—as PV1BC—under ERS1864686, 2 (BC)—as PV2BC—under ERS1864687, 7 (BC)—as PV7BC—under ERS1864688, and 13 (BC)—as PV13BC—under ERS1864689.

## Discussion

Patients admitted to NICUs represent a population at high risk of infection with ES $\beta$ L-Kp strains, an important cause of morbidity and mortality due to the limited treatment options. Indeed these strains exhibit coexistence of ES $\beta$ L production with resistance to quinolones, aminoglycosides, and trimethoprim–sulfamethoxazole, and have thus become a sanitary threat worldwide.<sup>26</sup>

In this study, we describe an outbreak of ES $\beta$ L-Kp, which occurred during the period January-September 2013 in the NICU of the Fondazione IRCCS Policlinico San Matteo Hospital in Pavia, and that affected 92 infants, 26 infected and 66 colonized. A total of 97 ES $\beta$ L-Kp strains were isolated during the outbreak period: 16 of them, together with 3 strains that had been isolated previously, were subjected to molecular characterization. A clonal pattern was observed among 18/19 ES $\beta$ L-Kp isolates: not just the 16 outbreak



**FIG. 2.** Cluster analysis of the 19 ES $\beta$ Ls-producing *K. pneumoniae* pulsed-field gel electrophoresis profiles. Lambda 48.5 kb concatamers (New England BioLabs, Beverly, MA) were used as size standard to align the bands. Date of isolation is also included. The scale bar at the *top* (*left*) indicates similarity coefficient (%). ES $\beta$ Ls, extended spectrum  $\beta$ -lactamases.

TABLE 4.	PRESENCE OF	GENES (AND	ALLELES)	Related	TO ANTIM	ICROBIAL	RESISTANCE
	AND	VIRULENCE II	n the Fou	R SEQUEN	ced Geno	MES	

Associated phenotype/function	13 (BC)	7 (BC)	2 (BC)	<i>1(BC)</i>
Aminoglycoside resistance	strA	strA	strA	//
Aminoglycoside resistance	<i>strB</i>	<i>strB</i>	<i>strB</i>	//
Aminoglycoside resistance	aac(3)-IIa	aac(3)-IIa	aac(3)-IIa	aac(3)-IIa
Beta-lactam resistance	$bla_{\rm SHV-28}$	$bla_{\rm SHV-28}$	$bla_{\rm SHV-28}$	//
Beta-lactam resistance	$bla_{\text{TEM-206}}$	$bla_{\text{TEM-206}}$	$bla_{\text{TEM-206}}$	//
Beta-lactam resistance	$bla_{\text{CTX-M-15}}$	bla <sub>CTX-M-15</sub>	bla <sub>CTX-M-15</sub>	$bla_{\text{CTX-M-15}}$
Beta-lactam resistance	$bla_{OXA-1}$	$bla_{OXA-1}$	$bla_{OXA-1}$	//
Beta-lactam resistance	//	//	//	$bla_{\text{TEM-1B}}$
Beta-lactam resistance	//	//	//	$bla_{SCO-1}$
Fluoroquinolone and aminoglycoside resistance	aac(6')Ib-cr	aac(6')Ib-cr	aac(6')Ib-cr	//
Fosfomycin resistance	fosA	fosA	fosA	fosA
Phenicol resistance	catB3	catB3	catB3	Ĩ//
Quinolone resistance	oqxB	oqxB	oqxB	oqxB
Quinolone resistance	oqxA	oqxA	oqxA	oqxA
Quinolone resistance	qnrB66	qnrB66	qnrB66	//
Sulfonamide resistance	sul2	sul2	sul2	//
Tetracycline resistance	tet(A)	tet(A)	tet(A)	//
Trimethoprim resistance	dfrA14	dfrA14	dfrA14	//
Siderophore	iutA	iutA	iutA	iutA
Siderophore	//	//	//	kfuA
Siderophore	//	//	//	kfuB
Siderophore	//	//	//	kfuC
Fimbriae	mrkA	mrkA	mrkA	mrkA
Fimbriae	mrkB	mrkB	mrkB	mrkB
Fimbriae	mrkC	mrkC	mrkC7	mrkC
Fimbriae	mrkD	mrkD	mrkD	mrkD
Fimbriae	mrkF	mrkF	mrkF	mrkF
Fimbriae	mrkH	mrkH	mrkH	mrkH
Fimbriae	mrkI	mrkI	mrkI	mrkI
Fimbriae	mrkJ	mrkJ	mrkJ	mrkJ
Capsular antigen	wzi-173	wzi-173	wzi-173	wzi-2

//, not detected.

strains, but also the two strains collected in 2012 turned out to belong to a single PFGE clone and to ST307. This result clearly indicates that the outbreak strain had been present in the NICU for at least 6 months before the start of the outbreak.

These 18 strains belonging to ST307 carried  $bla_{CTX-M-15}$  gene,  $bla_{OXA-1}$ ,  $bla_{TEM-206}$ , and aac(6')-Ib-cr genes. To our knowledge, this is the first report of *K. pneumoniae* carrying  $bla_{TEM-206}$  in clinical isolates. It was previously found in *E. coli* isolates from farmed chickens in China and in *E. coli* isolates from pigs in Germany.<sup>27,28</sup> Genomics was used to further characterize four isolates (1 [BC], 2 [BC], 7 [BC], and 13 [BC]). The results confirmed the unrelatedness of the strain isolated in 2011 with the other three, which present a different cgMLST profile and carry different determinants for antimicrobial resistance and virulence. Furthermore, genomic characterization confirmed the clonality of the strains of 2013 and that isolated in 2012.

Many ES $\beta$ L-Kp outbreaks have been reported worldwide, due to the capability of this organism to survive in nosocomial environments,<sup>29</sup> including NICUs. Strategies to control outbreaks of MDR bacteria colonization/infection in the NICUs may include strict implementation of hands hygiene measures, isolating patients, screening healthcare workers, and performing admission and periodic surveillance cultures. Nevertheless, the standard interventions of infection control within the NICU were in this case not sufficient to terminate the outbreak. Only suspension of admission and cohorting colonized/infected from uncolonized/uninfected newborns into two separate rooms with dedicated staff reduced and later stopped the diffusion of ES $\beta$ L-Kp, as testified by the complete absence of new cases (Fig. 1) during the following months.

Finally, this study reports an ST307 *K. pneumoniae* clone which, carrying resistance and virulence genes, imposed significant therapeutic limitations on the treatment of hospital- and community-acquired infections and could compete with the worldwide ST258 clone,<sup>30,31</sup> although larger studies are needed to determine the real epidemiological importance. Nevertheless, the presence of new resistance genes reinforces the necessity for permanent surveillance programs. Local epidemiologic studies, specific for single countries, regions, or even single hospitals, are needed to help physicians in managing their patients in daily practice, for microbiologists to detect more accurately the resistance patterns of pathogens circulating within their hospital, and for both to implement more efficient systems of infection control to prevent the spread of multidrug-resistant *K. pneumoniae* infections.

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## **Disclosure Statement**

No competing financial interests exist.

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