Potential clinical applications of microRNAs as biomarkers for renal cell carcinoma

Yulian Mytsyk¹, Victor Dosenko², Michał Andrzej Skrzypczyk³, Yuriy Borys¹, Yuriy Diychuk⁴ Yulian Mytsyk¹, Victor Dosenko², Michał Andrzej Skrzypczyk³, Yuriy Borys¹, Yuriy Diychuk⁴,
Askold Kucher¹, Vasyl Kowalskyy¹, Serhyi Pasichnyk¹, Oleh Mytsyk⁵, Lubov Manyuk⁶

1 Department of Urology, Danylo Halytsky Lviv National Medical University, Lviv, Ukraine

2 General and Molecular Pathophysiology Department, Bogomoletz Institute of Physiology of National Academy of Sciences of Ukraine, Kiev, Ukraine 3 Centre of Postgraduate Medical Education in Warsaw, Department of Urology, Warsaw, Poland

4 Department of Urology, Lviv State Regional Oncology Treatment and Diagnostic Center, Lviv, Ukraine

5 Lviv Regional Bureau of Forensic Services, Lviv, Ukraine

6 Department of Foreign Languages, Danylo Halytsky Lviv National Medical University, Lviv, Ukraine

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Introduction Renal cell carcinoma (RCC) accounts for 3% of adult malignancies and more than 90% of kidney neoplasms. High rates of undiagnostic percutaneous kidney biopsies and difficulties in reliable pre-operative differentiation between malignant and benign renal tumors using contemporary imaging techniques result in large numbers of redundant surgeries. Absence of specific biomarkers for early detection and monitoring complicates on-time diagnosis of the disease and relapse. For the patients followed up after having a nephrectomy, a noninvasive and sensitive biomarker enabling early detection of disease relapse would be extremely useful.

Material and methods The study is a review of recent knowledge regarding potential clinical applications of microRNAs (miRNAs) as biomarkers of RCC.

Corresponding author

Michał A. Skrzypczyk Centre of Postgraduate Medical Education Department of Urology 231 Czerniakowska Street 00-416 Warsaw, Poland phone: +48 608 304 523 michalskrzypczyk@gmail. com

Results MicroRNAs are essential regulators of various processes such as cell proliferation, differentiation, development and death; they have been implicated in diverse biological and pathological processes in RCC. There is a class of miRNAs that promote RCC development (oncomirs) and a class of miRNAs that negatively regulate oncogenes, suppress tumor growth and invasion, and thus could be considered treatment agents (anti-oncomirs). Separate miRNAs and specific miRNAs expression profiles have been identified, enabling early detection of the disease, prediction of response to systemic therapy, or prognostication of biological behavior of the disease.

Conclusions The miRNA network analysis and gene profiling may help to identify the most sensible molecular signatures of RCC that can be used for diagnostic purposes, as well as poor prognosis signatures and poor therapeutic response signatures in patients who undergo systemic therapy.

Key Words: renal cell carcinoma \circ microRNA \circ diagnostics \circ prognosis \circ prediction \circ biomarker

INTRODUCTION

Renal cell carcinoma (RCC) is a relatively common pathology that is found in roughly 3% of all cases of malignant neoplasia in adults and approximately 90% of malignant kidney tumors. Nearly 1 in 69 men and 1 in 116 women will be diagnosed with RCC during their life. According to data of the U.S. National Cancer Institute, in 2016 the estimated number of new RCC cases was 62700, while the number of estimated deaths was 14240 (2.4% of all mortality due to oncological pathology). At the same time the 5-year survival rate of patients with RCC was 73.7% [1]. The most prevalent histological subtypes of renal cancer, are: clear-cell RCC (ccRCC, 60–80% of all patients), papillary RCC (pRCC, 10–15%), chromophobe RCC (chRCC, 5–10%) and other rare subtypes $\left($ <1%) [2]. Many molecular agents such as hypoxia-inducible factor (HIF), vascular endothelial growth factor (VEGF), carbonic anhydrase IX (CaIX), phosphatase and tensin homolog (PTEN), C-reactive protein (CRP), osteopontin, E-cadherin, CXCR4 (C-X-C chemokine receptor type 4), CD44, Ki67, p21, p53 and other potential RCC biomarkers have been investigated, however, not one of them demonstrated reliability in diagnostics, prediction of the treatment outcome or prognosis [3–6].

In the last decade the role of microRNAs (miRNA, miR) in the development of RCC in order to assess their potential diagnostic, predictive and prognostic value was intensively explored. The miRNAs are small non-coding RNAs that regulate the expression of a broad spectrum of genes by affecting the 3′-untranslated regions (3′-UTR) of complementary mRNAs (Figure 1). The miRNAs regulate cell growth and cell cycle, apoptosis, replicative potential, angiogenesis, tissue invasion and metastasizing in RCC development (Figure 2) [7]. There is a class of miRNAs that promote cancer development (oncomirs) and, conversely – a class of miRNAs that negatively regulate oncogenes, suppress tumor growth and invasion, and thus could be considered treatment agents for RCC (anti-oncomirs) [8]. Currently, no miRNAs are used in wide clinical practice, nevertheless the results of multiple studies suggest exceptional potential of miRNAs as RCC biomarkers.

MicroRNAs in diagnostics of renal cell carcinoma

Currently, a high rate of undiagnostic percutaneous kidney biopsies (10–23%) and difficulties in reliable pre-operative differentiation between malignant and benign renal tumors (like oncocytoma and fatpoor angiomyolypoma) using contemporary imaging techniques result in the relatively high number of surgeries which might be considered as an overtreatment (7.5–33.6%) [9]. Absence of an accurate diagnostic biomarker for RCC promoted the interest of many researchers in studying miRNAs measured in tissues, serum or urine.

MiRNAs in tissues/serum

In 2007, Gottardo et al. reported that a composition of 4 miRs (miR-27, -28, -185, let-7f-2) was noticeably overexpressed in RCC specimens $(p < 0.05)$ in comparison to a healthy kidney [10]. Nakada and co-authors reported that 43 microRNAs were differently expressed in conventional RCC and in healthy kidney tissues: 37 miRs were significantly underexpressed in conventional RCC and the other 6 were

Figure 1. *The mechanisms of miRNA genesis and processing. poll II – RNA polymerase II; pri-miRNA – primary miRNA; Drosha – RNase III enzyme; DGCR8 – Drosha cofactor (Pasha); pre-miRNA – precursor miRNA; RISC – RNA-induced silencing complex*

overexpressed; the most significantly down-regulated miRs were microRNA-141 and microRNA -200c [11]. Another study validated in a multicenter cohort of 84 RCC patients (tissue, serum) and 93 healthy controls (serum) using quantitative real-time polymerase chain reaction (qRT PCR), showed that microRNA-1233 was significantly up-regulated in patients with RCC, enabling its detection with 77.4% sensitivity, 37.6%, specificity and area under the curve (AUC) of 0.588 [12]. Faragalla et al. in 2012 affirmed that miR-21 can be used as a diagnostic biomarker measured in RCCs tissues of different histologic subtypes, with the most significant expression levels in conventional and pRCCs. Measuring of microRNA-21 provided differentiation between ccRCC, pRCC, chRCC and oncocytoma with 90% specificity (95% confidence interval CI – 63.9–98.1%) and 83% sensitivity (95% CI, 53.5–97.6%) [13]. Redova et al. observed that microRNA-378 was up-regulated $(AUC = 0.71, p = 0.0003)$ and microRNA-451 was down-regulated (AUC = 0.77 , p < 0.0001) in the serum of patients with renal cancer in comparison to healthy controls. A composite use of microRNA-378 and microRNA-451 enabled diagnosis of RCC with the sensitivity, specificity and AUC of 81%, 83% and 0.86, respectively [14]. Zhao et al. reported that in primary ccRCC tissues the average microRNA-210 expression level was higher than in comparison to healthy controls ($p = 0.004$). In serum of patients with renal cancer, the average expression level

Figure 2. *Mechanism of renal cell carcinoma pathogenesis based on dysregulated signaling pathways.*

of microRNA-210 was higher than in the control group ($p < 0.001$), allowing for identification of RCC with 81.0% sensitivity, 79.4% specificity and an AUC of 0.874. Moreover, the average expression level of microRNA-210 in serum was noticeably decreased in patients with RCC following one week after surgical treatment $(p = 0.001)$ [15]. In 2014, Chen et al. assessed the expression of microRNA-129-3p and microRNA-129-5p in 69 cases of paired renal tumors, healthy tissues and conventional renal cancer cell lines. Results showed that microRNA-129-3p instead of microRNA-129-5p was considerably under-expressed in ccRCC and chRCC; measuring of miR-129-3p expression in tissues allowed to differentiate conventional renal cancer from normal controls with 73.5% accuracy [16]. In another study, microRNA-210 serum expression levels were significantly higher in patients with ccRCC than in healthy controls $(p = 0.001)$ – receiver operating characteristic (ROC) curve was 65% sensitivity, 83% specificity and AUC of 0.77 (95% CI, 0.65–0.89) [17]. In 2015, Fedorko et al. found that if analyzed in combination, serum levels of miR-210 and miR-378 enable identification of patients with RCC (significant overexpression) with 80% sensitivity and 78% specificity if (p <0.0001). Furthermore, miR-210 and miR-378 expression levels significantly diminished 3 months after radical nephrectomy (p <0.0001) [18].

An accurate, but complex system of molecular classification of kidney cancer subtypes using the microRNA signature was proposed by Youssef et al.: the study enrolled 70 specimens – 20 conventional RCCs and 20 paired healthy tissues collected from the same patients, 10 papillary RCCs, 10 chromophobe RCCs and 10 oncocytomas. In result, 15 reliably differentially expressed miRs amongst RCC subtypes, oncocytomas, and healthy kidney tissues were detected. Sensitivity in differentiating healthy controls from RCC, ccRCC and pRCC was 97%, 100% and 97% respectively; accuracy to differentiate chRCC from oncocytoma was 100%. Moreover, the algorithm was cross-validated and demonstrated an accuracy of approximately 90% [19].

MiRNAs in urine

In contrast to a large number of studies involving measuring of miRNAs expression in tissues and serum of patients with RCC, only a few studies investigated the potential of miRNAs as urinary biomarkers. Brandenstein et al. in their work found that up-regulated miRNA-15a can be measured in urine from patients with ccRCC, but is barely detectable in cases of benign renal tumors (such as oncocytoma) and inflammation of the upper and lower urinary tract [20]. In our study, we assessed

the expression of miRNA-15a in the urine of 67 adult patients with solid renal tumors before and after surgery (22 ccRCCs, 16 pRCCs, 14 chRCCs, 8 oncocytomas, 5 angiomyolipomas and 2 papillary adenomas) compared to 15 healthy controls using PCR. It was found that miRNA-15a expression was significantly up-regulated in RCC patients in comparison to benign tumors and healthy renal parenchyma ($p < 0.01$). There was no significant difference in miR-15a expression levels between ccRCC, pRCC and chRCC. However, the presence of pathologically proven necrosis had an impact on miR-15a regulation in patients with RCC resulting in significantly $(p \leq 0.01)$ higher expression values in cases with necrosis in comparison with non-necrotic RCCs. Direct interconnection between RCC size and miR-15a expression value was registered: the Pearson correlation coefficient was 0.873. In differentiation between RCC and benign renal lesions we achieved 98.1% specificity and 100% sensitivity (95% CI 0.9–1.0) at a cut-off value of 5,00E-06 relative fluorescence units (RFU), with AUC of the ROC curve 0.955 [21]. Promising results in detection of RCC and identification of the most sensible biomarkers by means of microRNA profiling were presented in a number of works [22, 23]. However, further investigations with a larger number of patients of different stages, histologic subtypes and grades of differentiation between RCC and benign renal tumors and multicenter crossvalidation are required for the implementation of the existing knowledge into routine clinical practice.

MicroRNAs in prediction of response to systemic therapy of renal cancer

In cases of advanced/metastasized RCC, when there are no indications for the surgical treatment, systemic therapy (ST) can be used as an alternative curative modality. A number of groups of agents for ST of RCC were proposed: chemotherapeutic, immunotherapeutic (interferon- α), targeted therapy agents (tyrosine kinase inhibitors, monoclonal antibody against circulating VEGF, mechanistic target of rapamycin inhibitors). Unfortunately, the treatment response rates are devastatingly low $-3-31\%$ [24]. In this context, the prediction of RCC response to ST plays an essential role in treatment planning, enabling the avoidance in application of expensive treatment with side effects in cases with no potential benefit.

Chemotherapy

Chen and co-authors explored cell survival, cell cycle and programmed cell death in human kidney cells and 786-O cell line treated with chemotherapy using

microRNA-381 and 5-fluorouracil. They observed that microRNA-381 enhances 786-O cells sensitiveness to 5-fluorouracil by mitosis inhibitor protein kinase WEE1 and of cyclin-dependent kinase 2 activation [25]. Sun and co-authors in 2017 found that overexpression of miR-451 strengthened drug resistance during chemotherapy with decreased cellular viability, and promoted cell apoptosis of GRC-1 cell line pretreated by adriamycin (ADM), while overexpressed activating transcription factor 2 (ATF-2) inverted the consequence induced by microRNA-451 increased expression. Moreover, miR-451 knockdown improved drug susceptibility, reduced programmed cell death rate, and improved cell viability of ACHN cell line induced by ADM; however, ATF-2 suppression reversed the low rate of cell apoptosis and the high rate of cell viability induced by miR-451 knockdown [26].

Immunotherapy

In 2015, Zhang et al. in their study that involved 82 patients with RCC, strived to determine a molecular biomarker that can predict the response of renal cancer cells to natural killer (NK) therapy. The results demonstrated that microRNA-183 expression in the serum of patients with RCC was significantly up-regulated compared with healthy controls; the expression levels were directly associated with the tumor grade of differentiation. Furthermore, Chromium-51 release assay demonstrated that the primary renal cancer cells with under-expressed microRNA-183 in serum were more responsive to the cytotoxic impact of natural killer cells [27].

Targeted therapy

In 2013, Berkers et al. found that miR-141 was significantly underexpressed in RCC patients with poor response to sunitinib in comparison to good responders, which was associated with epithelial-to-mesenchymal transition (EMT) in vivo. In vitro introduction of miR-141 inverted EMT and inhibited cellular viability in hypoxic conditions [28]. In another study, 673 microRNAs were screened using TaqMan Low Density Arrays (TLDA) in the setting of metastatic RCC (mRCC) in 41 patients with utmost phenotypes of assigned effectiveness and resistance to sunitinib. In a selected cohort of patients, 64 differentially expressed miRs were identified by TLDA; 7 of them were assessed by qRT PCR in an independent series. Among others, microRNA-942 allowed to predict efficacy of sunitinib with the highest accuracy ($p = 0.0074$). Furthermore, the new paracrine tract of up-regulation of matrix metallopeptidase 9

(MMP-9) and VEGF secretion through microR-NA-942 expression and as a result enhancement in endothelial migration and resistance to sunitinib was depicted [29]. In 2015, Khella et al. analyzed miRNAs expression in patients with mRCC with a short and long $(\leq 12 \text{ vs. } >12 \text{ months})$ progressionfree survival (PFS) in whom sunitinib was administered as a first-line therapy. In result, negative interconnection between the expression of microRNA-221 and its target VEGFR2 was evidenced. High levels of microRNA-221 were characteristic of patients with poor PFS, while VEGFR2 was associated with longer PFS. Gain-of-function studies demonstrated that microRNA-221 and microRNA-222 inhibited angiogenesis and cell proliferation in endothelial cells from the umbilical vein and promoted proliferation in ACHN cells [30].

In experimental work, Papadopoulos et al. assessed the cytotoxic effect of sunitinib and everolimus in Caki-1 renal cancer cells and the influence of the therapy on several BCL2-family and apoptosisrelated miR clusters during and after treatment. It was found that both drugs had an inhibitive impact on time-dependent and dose-dependent cellular viability simultaneously promoting poly (ADP-ribose) polymerase cleavage. Significant shifts in expression of microRNA-15a, -16 and -145 under the impact of sunitinib and in expression levels of microRNA-15a, -145, BAX and BCL2 in everolimus application cohort were observed. Moreover, apoptosis in RCC cells was directly induced by both sunitinib and everolimus, at the same time affecting the regulation of BCL2 family members and apoptosis-related miRs [31].

Important data was published by Zheng el al.: in their study sorafenib was associated with autophagy activation in renal cancer cells (A489 and 786-0) that was interconnected with degradation of protein p62, upregulation of Beclin-1/autophagy protein 5 (ATG5) and conversion of light chain 3B-I/-II. Introducing of microRNA-30a in to A489/786-0 cells suppressed the expression of Beclin-1 and improved cytotoxicity induced by sorafenib. Conversely, a knockdown of microRNA-30a by means of exogenously expressed antagomiRNA-30a up-regulated expression of Beclin-1 and inhibited sorafenib-induced cytotoxicity in RCC cells [32].

In another recent work, an attempt was made to assign microRNA signature able to predict the therapeutic response to antiangiogenic tyrosine kinase inhibitor (TKI) treatment used as the first-line treatment in patients with RCC. As a result of the overseen analysis, it was found that miR-99b-5p was significantly down-regulated in patients with short progression free survivial (PFS) (<8 months) and TKI non-responders (progressive disease patients according to Response Evaluation Criteria in Solid Tumors) ($p < 0.0001$, each) [33]. Such data demonstrates the potential of microRNAs as predictive biomarkers of solid tumors of RCC; however, further investigations are necessary.

MicroRNAs in renal cell carcinoma prognosis

Recurrence

In 2010, Hildebrandt et al. found that microRNA-9-1 and microRNA-9-3 methylation was more substantive in deoxyribonucleic acid (DNA) obtained from primary RCCs of recurrent patients (p-values 0.012 for miR-9-1 and 0.009 for miR-9-3) compared to patients with no recurrence. Moreover, miR-9-3 methy-

Table 1. *Oncomirs in pathogenesis of renal cell carcinoma [1–40]*

MicroRNA	Target	Pathway/mechanism
miR-7		Cell migration, proliferation and apoptosis
miR-15a-5p		Cell proliferation, migration, invasion and apoptosis
miR-17-5p	VEGF-A, EGLN3	Cell cycle, migration, proliferation, and invasion, modulation of the differentiation of mesenchymal stem cells
$miR-21$	TORC1, FasL, TIMP3, TCF21, PDCD4, TPM1.	Akt/TORC1/KISS1/ PTEN/Akt/ΙΚΚβ and NFKB-dependent cyclin D1 expression/ Activation of caspase pathway/ cell prolife- ration and cell apoptosis
miR-23b	POX	HIF/apoptosis
miR-28-5p	Mad ₂	VHL/mitotic checkpoint function/chromo- somal instability
miR-29b	KIF1B	Apoptosis, proliferation and invasion ability
miR-30b		Cell proliferation, invasion, migration and apoptosis
miR-106b		Cell proliferation, migration and apoptosis
miR-122	mTOR, OCLN, Sprouty2	PI3K/Akt/Cell proliferation, invasion and migration
miR-142-3p		Cellular migration, proliferation and apoptosis
miR-155	BACH1, E2F2	Cell proliferation, migratory activity and apoptosis
miR-195-3p		Cell proliferation, migration, invasion and apoptosis
miR-203a	$GSK-3\beta$	Cell proliferation, migration, and apoptosis
miR-210	ISCU1/2	VHL/HIF1α/centrosome amplification/ migratory and invasive potential of ACHN metastatic RCC cells
miR-217		HIF-1α/AXL/ LncRNA HOTAIR/ proliferation, migration, EMT process and apoptosis
miR-224	VHL, SMAD4, SMAD5, DIO1	VHL/HIF1α/Tissue hypothyroidism in RCC
miR-590-5p	PBRM1	Inhibition of G1/S transition / cell prolifera- tion and invasion

Table 2. *Anti-oncomirs in pathogenesis of renal cell carcinoma [1–40]*

lation was associated with a higher risk of recurrence (hazard ratio HR 5.85, 95% CI 1.30–26.35), increased levels of methylation of both microRNA-9-1 and microRNA-9-3 were characteristic of patients with decreased recurrence-free survival (RFS) time for about 30-month (p-values 0.034 for miR-9-1 and 0.007 for miR-9-3) [34]. In another study Nakata et al. noticed that miR-27a-3p levels (low vs. high HR, 2.33; 95% CI, 1.07–5.47, $p = 0.0330$ showed significant association with cancer progression, and miR-193a-3p levels (low vs. high HR, 1.93; 95% CI, 0.90–4.37, $p = 0.0942$ were associated with cancer progression [35]. In 2013, Gebauer et al. reported that higher relative methylation of microRNA-124-3 in ccRCCs tissues was associated with worse RFS (HR = 9.37, $p = 0.0005$ [36].

Metastasis

In a study accomplished by Slaby et al., it was observed that microRNA-106b expression levels were reliably lower in patients with RCCs in whom metastasis developed compared with non-metastatic cases ($p = 0.030$). Moreover, miR-106b expression level was predictive for early metastasis after nephrectomy in patients with renal cancer (long-rank $p = 0.032$ [37]. The scratch migration assays demonstrated that microRNA-506 mimics noteworthy suppressed migration of RCC cells in the Yang et al. study. Furthermore, the transwell invasion assay disclosed that the potential of renal cancer invasiveness transfected with microRNA-506 mimics was considerably decreased [38].

Survival

Faragalla et al. found that RCCs with higher stage and grade were associated with significantly higher microRNA-21 levels in tissue samples. MicroRNA-

Table 3. *MicroRNAs associated with renal cell carcinoma prognosis [1–40]*

MicroRNA	Pathway/mechanism
miR-9	Cancer development and metastatic recurrence
miR-19a	Poor prognosis
$miR-21$	Disease-free and overall survival rates, stage and grade, advanced clinic-pathological features and poor prognosis
miR-21/10b ratio	Disease severity and survival, poor prognosis in metastasis-free patients
miR-23b/27b cluster	Good overall survival
$miR-27a-3p$	Predictive factor for recurrence
miR-100	Advanced tumor T stage, presence of metastasis, overall and tumor-specific survival
miR-106	Early metastasis after nephrectomy
miR-124-3	Advanced tumors and disease recurrence
miR-126	Cancer-specific survival
miR-155	Poor clinical outcomes
miR-187	Lower survival rates
miR-217	Lower survival rates
miR-221	Poor overall survival
miR-321	Tumor proliferation and survival rates
$miR-424$	Tumor proliferation and survival rates
miR-429	Linked to metastasis and poor prognosis
miR-486	Cancerspecific mortality after nephrectomy
miR-497	Poor prognosis
miR-630	Lower overall survival
miR-1236	Favorable survival

21-positive patients had a reliably shorter diseasefree survival (HR 2.15, 95% CI 1.16-3.98, p = 0.014) [14]. According to Goto et al., microRNA 486 expression in RCC samples was about 2.7 fold higher when compared to healthy kidney tissues $(P < 0.0001)$. In 46 cases of RCCs of stage III and IV overexpressed microRNA 486, which was associated with poor cancer specific mortality (CSM), independent of other covariates and TNM staging $(P = 0.0064)$. Besides, according to the Kaplan Meier analysis, microRNA 486 expression was associated with CSM in 14 patients with RCC (of III and IV stages) that were not treated with interferon α (P = 0.0574) [39]. According to our unpublished data, we observed poor cancer specific survival (CSS) in patients with RCC and overexpressed miR-15a in tumor tissues. Patients with renal cancer and miRNA-15a expression ≤0.10 RFU 3-year and 5-year CSS was 100% and 97.0% accordingly, the mean overall survival (OS) was 59.88 ± 0.12 months $(95\% \text{ CI } 59.66-60.11);$ 3-year and 5-year CSS in patients with miR-15a expression >0.10 RFU was 83.9% and 54.8% respectively; the mean OS was 49.74 ± 2.16 months $(95\%$ CI – 59.66–60.11). Optimistic results were described in studies where microRNA profiling was executed in order to identify a molecular signature of a poor prognosis in patients with RCC [40]. We summarized the available data on miRs impact on RCC pathogenesis and oncological characteristics of the tumor which may play an important role in predicting disease outcome (Tables 1 and 2). A list of miRNAs that are known to be directly associated with renal cell carcinoma prognosis is presented in Table 3.

Despite the potential value of microRNAs in the disease outcome prognosis, currently none of them supplemented existing RCC prognostic nomograms like the The University of California in Los Angeles integrated Staging System (UISS), stage-size-gradenecrosis (SSIGN) score, Karakiewicz's nomogram or the Memorial Sloan-Kettering Cancer Center (MSKCC) prognostic system.

CONCLUSIONS

Data described in many investigations displays the prominent potential of microRNAs as diagnostic, predictive and prognostic biomarkers of renal cell carcinoma. MiRNA network analysis and gene profiling may help to identify the most sensible molecular signatures of RCC that can be used for diagnostic purpose, as well as poor prognosis signatures and poor therapeutic response signatures in patients who undergo systemic therapy. However, application of such novel biomarkers in routine clinical practice still requires further research, a larger number of patients and multicenter cross-validation.

Conflicts of interest

The authors declare no conflicts of interest.

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