

HHS Public Access

Curr Opin Pharmacol. Author manuscript; available in PMC 2019 October 01.

Published in final edited form as:

Author manuscript

Curr Opin Pharmacol. 2018 October ; 42: 81–94. doi:10.1016/j.coph.2018.08.001.

The Present State of the Tuberculosis Drug Development Pipeline

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Abstract

Tuberculosis now ranks as the leading cause of death in the world due to a single infectious agent. Current standard of care treatment can achieve very high cure rates for drug-sensitive disease but requires a 6-month duration of chemotherapy. Drug-resistant disease requires significantly longer treatment durations with drugs associated with a higher risk of adverse events. Thus, there is a pressing need for a drug regimen that is safer, shorter in duration and superior to current front-line chemotherapy in terms of efficacy. The TB drug pipeline contains several candidates that address one or more of the required attributes of chemotherapeutic regimens that may redefine the standard of care of this disease. Several new drugs have been reported and novel targets have been identified allowing regimens containing new compounds to trickle into clinical studies. Furthermore, a recent paradigm-shift in understanding the pharmacokinetics of antitubercular drugs is revolutionizing the way we select compounds for clinical progression.

Introduction

Mycobacterium tuberculosis (Mtb) is arguably the most successful pathogen on earth, infecting a third of the world's population and killing more than a million people each year [1]. The drugs that are used for front-line chemotherapy of drug sensitive disease were developed more than half a century ago with the clinical studies that defined their optimal combination and duration largely completed in the 1970s [2]. While the standard of care is safe and well tolerated, the long duration of chemotherapy even for drug-sensitive disease is the major driver of patient non-adherence which in turn contributes to the emergence of drug resistance. The difficulty in developing clinically efficacious therapeutics that act more quickly is a result of multiple factors dominated by the complex biology of the pathogen and the extraordinary pathology of the disease. Herein, we discuss recent advances in all stages of TB drug development, starting from hit discovery and target validation to late-stage clinical studies. We then review advances in the pharmacokinetics of drugs in TB granulomas and how they relate to clinically observed treatment failures and successes.

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Compounds in the Discovery Phase of the Pipeline

Out of the hundreds of compounds used clinically to treat bacterial infections, only 18 are used to treat TB – the majority of which target macromolecular synthesis. Not only is there a need for new drugs, but also an indisputable lack of novel targets. Recently, however, several molecules with novel targets have been identified (Table 1). Several of these hits (broadly defined as a compound with a desirable biological activity within the mid-to lowmicromolar range, a $c \log P < 4$, a molecular weight less than 400, and whose activity has been confirmed upon retesting) has undergone chemical optimization to turn them into lead molecules (which are more potent analogs that possess desirable pharmacokinetic properties that would allow their efficacy to be tested in an *in vivo* model including high aqueous solubility, intermediate microsomal stability, and no Hep G2 hepatotoxicity at 50X of the IC_{50}). These compounds can be grouped into four large categories based on the pathways in which the enzyme they inhibit lie on, and the downstream effect, their inhibition has on the physiology of the bacterium.

First, compounds that inhibit distinct enzymes in pathways engaged by current antitubercular drugs in macromolecular biosynthesis. The clinical utility of isoniazid demonstrates the vulnerability of mycolic acid biosynthesis in Mtb at least under certain in vivo environments, and as such, drugs that target enzymes in this pathway have been sought after. Similarly, compounds that inhibit protein synthesis at a level independent of the ribosome are equally interesting because they offer a means to target strains harboring ribosome mutations. Two prominent examples are the benzofuran TAM16 which inhibits the polyketide synthase Pks13 [3], an enzyme involved in mycolic acid synthesis, and the benzoxaboroles which inhibit the leucyl-tRNA synthetase (LeuRS) [4,5]. Both compounds were shown to have activity against Mtb *in vitro* and in mouse models of infection and offer orthogonal strategies to pathways considered to be old favorites by medicinal chemists.

Second, inhibitors of the TCA cycle and the glyoxylate shunt which is a bypass pathway activated in the absence of carbohydrates allowing bacteria to utilize fatty acids as carbon source [6]. A target-based screen identified a benzopyridazinone that selectively inhibits mycobacterial fumarate hydratase by binding to a unique allosteric site [7]. While promising, this compound had modest potency against Mtb H37Rv likely arising from its low cell permeability. The diketoester IMBI-3 which inhibits isocitrate lyase [8] and the indole diketoacids inhibiting malate synthase [9] were identified by high-throughput screening and structure-guided design. Although only indirect evidence was presented, inhibitors of the central carbon metabolism are likely also active against non-replicating Mtb since carbon assimilation pathways remain active during persistence. While the firstgeneration malate synthase inhibitors demonstrated in vivo efficacy [10], care must be taken when designing competitive inhibitors of the enzymes in the central carbon metabolism due to the similarity between the bacterial and human homologs. In addition to fatty acids, Mtb can also utilize cholesterol as carbon source in the intracellular environment, hence, compounds that inhibit these catabolic processes can aggravate the nutritional limitation imposed by macrophages [11].

Two compounds – a triazolopyrimidinone and a thiadiazole – identified through an intramacrophage high-throughput screen coupled with counter-screening in cholesterolcontaining media were found to inhibit cholesterol catabolism. Measurements of liberated $14CO_2$ coupled with *in vitro* biochemical assays pinpointed the target to be the flavindependent hydroxylase HsaAB, an enzyme involved in the degradation of the A/B rings of cholesterol [12]. Intramacrophage screens, which were originally developed to identify inhibitors of Mtb growth in macrophages [13], are particularly useful to identify inhibitors of host processes that Mtb exploits for its survival. It should be noted that such screens have since been extended to an *in vitro* granuloma model to capture elements of the granuloma biogenesis and thereby identify modulators of these processes [14]. Herein, partially purified protein derivative (PPD) from Mtb is used to coat sepharose beads prior to coincubation with peripheral blood mononuclear cells (PBMC). Alternatively, PBMCs can be co-cultured with exponentially growing BCG at a very low multiplicity of infection (MOI, 1 BCG to 10 PBMC). Cells will naturally be recruited around the beads or around BCG cells and eventually form a granulomatous lesion that recapitulates the in vivo pathology including cellular differentiation into giant cells and epithelioid cells and recruitment of lymphocytes [15]. Modelling the granuloma in vitro presents strategies to study the interactions of bacteria with host cells and how it relates to drug distribution (*vide* infra) and ultimately clinical efficacy. However, because granulomas are soft materials formed by an assortment of immune cells, robust reproducibility between granulomas grown in different batches could be an issue.

Third, inhibitors of the de novo biosynthesis of macromolecular building blocks. Allosteric inhibitors of tryptophan synthase (TrpAB) [16,17], cysteine synthase (CysM) [18] and ornithine acetyltransferase (ArgJ) [19] were reported, showing rescue of bacterial growth when tryptophan, cysteine, or arginine were exogenously added to the culture medium. TrpAB inhibitors demonstrated efficacy in vivo [17], likely exacerbating the tryptophan starvation imposed by CD-4 T cell-mediated immune response [20]. Concurrently, the in vivo efficacy of the ArgJ inhibitor is likely a combined effect of arginine reduction in Mtb and downregulation of the 5-lipoxygenase pathway in macrophages which further reduces bacterial survival [19]. Targeting inosine monophosphate dehydrogenase (IMPDH), the ratelimiting step in guanosine biosynthesis, by an indazole sulfonamide [21] or a phenyl imidazole [22], on the other hand, proved to be effective in vitro but had no in vivo efficacy which was ascribed to the high levels of guanine in lung tissue which can overcome enzyme inhibition. The discovery and design of inhibitors belonging to the second and third classes mentioned above should therefore be intimately linked with quantitative measurements of bioavailable metabolites and building blocks from the host to be able to predict in vivo and clinical efficacy.

Fourth, inhibitors of energy production. The discovery of bedaquiline (an ATP synthase inhibitor) put forth the essentiality of ATP synthesis and boosted interest in the search for inhibitors of oxidative phosphorylation. The latest addition to the portfolio of energy production inhibitors include a biphenyl benzamide inhibitor of demethylmenaquinone methyltransferase (MenG) [23], the terminal enzyme of menaquinone (MK) biosynthesis; a quinolone scaffold that inhibits the NADH:menaquinone oxidoreductase (Ndh) [24]; and a squaramide that inhibits ATP synthase [25]. Although all three scaffolds were discovered

from screening efforts biased towards a specific respiratory enzyme, only two had a validated target. The biphenyl benzamides were demonstrated to engage MenG and the squaramide resistant-conferring mutations mapped to the a and c subunits of ATP synthase.

All these recent studies further shift the paradigm of conventional drug design that have, until recently, banked on targets required only during bacterial replication. The expansion of target space will certainly enable the design of sterilizing drug regimens and hopefully curtail emergence of resistance.

Drugs and Drug Regimens under Clinical Development

In contrast to the compounds discussed above which are in the pre-clinical stage, several other candidates are in various phases of clinical development headlined by the recent approval of bedaquiline and delamanid (a nitroimidazole that poisons cells by liberating reactive nitrogen species and blocks cell wall synthesis). As one might suspect, drugs in the earlier stages of the clinical pipeline exhibit greater target diversity relative to those in later stages – a reflection of the recently renewed interest in TB drug development. Across the clinical pipeline, however, inhibition of cell wall synthesis and protein translation is well represented. Therefore, compounds in the various stages of the drug development pipeline with an orthogonal mechanism of action would avoid cross-resistance with drugs currently in clinical use or under clinical evaluation. Methods to filter out inhibitors of common protein targets exist [26,27] and their implementation early in the drug discovery phase would avoid redundancy in target identification and, more importantly, allow development of treatment regimens that can ideally address both drug-sensitive as well as drug-resistant disease.

An investigational new drug can enter the clinical development phase following target identification, lead optimization and demonstration of desirable pharmacokinetic (PK) parameters in various animal models. Ongoing clinical trials for new chemotherapeutic agents or regimens are described in Table 2. While often skipped, Phase 0 (pre-phase 1) assesses the safety of a new drug in fewer than 20 healthy volunteers, with the aim of recapitulating pharmacological profiles observed in various animal models during the preclinical stage. Some notable pre-phase 1 compounds include the bedaquiline analogue TBAJ-587 [28,29] and the semi-synthetic spectinamide 1810 which inhibits the ribosome [30]. TBAJ-587 maintains the bactericidal activity of bedaquiline along with decreased offtarget effects although lipophilicity remains an issue for this series, as SAR studies showed that analogs with a lower clogP were only equally as potent as bedaquiline [29]. Spectinamide 1810 has been optimized to maintain activity against drug-resistant Mtb while simultaneously evading intrinsic efflux by Mtb [30] and host-metabolism [31], while effective in vivo, spectinamide efficacy is limited by poor gut permability.

Phase 1 trials aim to determine safety and tolerability in humans, alongside studying the pharmacokinetics and pharmacodynamics of new drugs. Because healthy volunteers are usually monitored for a defined period, the optimum dose and formulation can be determined – information that will be used for subsequent phases. Drugs targeting the decaprenylphosphoryl-β-D-ribose-2'-epimerase (DprE1) – an enzyme necessary for the

synthesis of D-arabinofuranose – dominate phase 1 of the clinical pipeline. The benzothiazinones BTZ-043 and PBTZ-169 (macozinone) inhibit DprE1 via formation of a covalent adduct with an essential cysteine residue [32,33]. The risk of idiosyncratic drugrelated toxicity due to formation of chemically reactive drug metabolites may be a potential risk factor in development of these benzothiazinones although complete target inactivation could translate to lower doses and thus mitigate clinical toxicities. A trial on tolerability and pharmacokinetics of PBTZ-169 via single and multiple oral administration with an escalating dose was recently concluded. The large discrepancies in plasma drug concentrations of the benzothiazinones in repeated pharmacokinetic studies were found to be due to an *in vivo* dearomatization (via the enzymatic reduction of the nitrobenzene moiety) resulting in the formation of an air-sensitive Meisenheimer complex [34].

Therefore, results of the phase 1 trial on PBTZ-169, should it be consistent with the reported in vivo reduction, will be essential in determining optimum doses in subsequent phases. Other DprE1 inhibitors in phase 1 development include the azaindole TBA-7371 and the dihydrocarbostyril OPC-167832, with only the former having an active ongoing trial. TBA-7371 inhibits DprE1 non-covalently and may overcome potential toxicities or immunemediated hypersensitivities of the covalent DprE1 inhibitors.

Other notable drugs in phase 1 development include the QcrB (subunit of cytochrome $bc₁$) inhibitor, Q203 [35]; and the LeuRS inhibitor GSK656 [4]. The high cLogP of the former would be predicted to pose considerable challenges in designing a formulation that could be widely administered to the target population of tuberculosis patients. Both trials are randomized, placebo-controlled, single and multiple ascending dose studies.

In contrast to phase 1 of the pipeline, there is significant target diversity and a good mix of new experimental drugs and FDA-approved drugs for other indications under phase 2 clinical development (Table 2). Phase 2 of clinical trials involve testing the efficacy of a new drug in disease patients and determining whether it causes side effects in these cohorts. Most drug efficacy in this phase is evaluated through an Early Bactericidal Activity (EBA) study, wherein bacterial burden in patient sputum is measured before the start of treatment and monitored every 2 days for the first two weeks of treatment while on monotherapy with the drug of interest [36]. Ethical concerns about the risk of development of acquired drug resistance remain a concern despite limited evidence for drug resistance emerging in this short time frame. A new drug is considered to have an EBA if there is a significant drop in the bacterial count/mL of sputum/day as measured by standard CFU enumeration. While commonly used in early clinical monitoring of chemotherapeutic efficacy, EBA itself, has no correlation in clinical experience in achieving durable cure [37].

Among the novel compounds in phase 2 is the ethylenediamine SQ109, an inhibitor of MmpL3 function – a transporter of trehalose monomycolate [38]. SQ109 was not active alone in smear-positive pulmonary TB patients and neither did it increase the efficacy of 10 mg/kg of rifampicin (even at doses as high as 300 mg) in an EBA study [39]. A more recent trial of SQ109 in various combinations with high-dose rifampicin (R), moxifloxacin (M), isoniazid (H) and pyrazinamide (Z) (compared to the standard TB regimen: HRZE, $E =$ ethambutol) also did not observe significant potentiation by SQ109 as time to culture

conversion on solid media were similar in all treatment arms of the trial [40]. SQ109 exhibited synergistic interactions with rifampicin and isoniazid in a mouse model of chronic TB [41], therefore, the factors that prevent this synergy in human patients should be studied prior to advancing it to later stages of the pipeline. SQ109 does not directly bind to MmpL3 [42] and is expected to affect processes due to its ability to dissipate the transmembrane proton gradient [43] and, as a result, while the scaffold itself may have little promise for TB treatment, specific inhibitors of MmpL3 currently in the drug development pipeline may yield more promising clinical results.

Three linezolid analogs (which target translation), sutezolid, LCB01–0371, and AZD5847 are also in phase 2 of the pipeline. High-doses of sutezolid alone exhibited a log reduction in sputum colony forming units (CFU) on the first 14 days of administration indicating good efficacy in smear-positive TB patients, despite exhibiting an inferior prognosis relative to HRZE [44]. A more recent trial examining the extended sputum EBA using various doses of LCB01–0371 for 15 days (compared to linezolid) is ongoing and currently recruiting patients. Finally, AZD5847 showed modest EBA when dosed at 500 mg and 800 mg twice daily although adverse side effects were apparent at higher doses [45].

Trials to shorten the duration of drug-sensitive tuberculosis to 4 months by substituting a fluoroquinolone for isoniazid or ethambutol have all failed [46–48]. The previously approved fluoroquinolones, levofloxacin and moxifloxacin, are now being evaluated in phase 2 trials designed at improving existing regimens for drug resistant disease. Three studies (MDR-END, OptiQ, and NEXT) containing levofloxacin (in combination with other drugs) in one or more of the treatment arms are active and recruiting patients with MDRTB [49]. All of these will be evaluating treatment success following 9–24 months of treatment with anticipated completion in 2019. One treatment arm in another phase 2 trial (NC-005) contains moxifloxacin (M) in combination with bedaquiline (B), pretomanid (Pa), and pyrazinamide [50]. Congruently, the simpliciTB (NC-008) trial will be comparing a 4month BPaMZ regimen to the standard 6-month HRZE/HR regimen and is anticipated to commence mid-2018. The resulting BPaMZ combination is targeted towards MDR-TB patients and has the potential to shorten treatment duration. Finally, the FDA-approved antiparasitic drug nitazoxanide [51] is being evaluated for its EBA in drug-susceptible TB patients compared to the standard HRZE regimen in patients in Haiti.

Phase 3 of the pipeline (Table 3) is represented by drug regimens containing bedaquiline, linezolid (L) and the nitroimidazoles, pretomanid and delamanid. In murine models of TB, drug combinations containing bedaquiline and/or pretomanid exhibited sterilizing activity [52], perhaps rationalizing the overrepresentation of these drugs in phase 3 regimens. The STAND trial (Shortening Treatment by Advancing Novel Drugs, previously NC-001 during its phase 2 development) using a PaMZ combination, was the first regimen to be tested in the clinic that contained a novel drug [50]. Promising results returned in 2016, in accordance with the superior EBA of PaMZ during phase 2 studies [53,54] with the caveat that EBA has no utility in predicting sterilizing cure as mentioned above. The TB Drug Alliance has since given precedence to advancing the BPaMZ (NC-005) regimen further into clinical development. The Nix-TB trial (which later transitioned into the ZeNix-TB or NC-007 in November 2017) evaluates the efficacy of BPaL in patients with MDR-TB and XDR-TB.

Initial results showed that of the 20 patients who have completed the 6- to 9month regimen and have been followed to the primary endpoint (6 months post-treatment), only 1 exhibited microbiological relapse (current standard of care is associated with a 5% relapse), suggesting potential for this treatment regimen.

Other ongoing phase 3 trials that contain bedaquiline and delamanid in new regimens include the endTB and TB-PRACTECAL trials. The drug-intensive endTB trial evaluates the efficacy of bedaquiline and/or delamanid in combination with linezolid, pyrazinamide, clofazimine and a fluoroquinolone in patients with fluoroquinolone-sensitive MDR-TB. The TB-PRACTECAL trial, on the other hand, studies the short treatment regimens composed of BPaL in combination with either moxifloxacin or clofazimine for 6 months in MDR-TB patients. Finally, bedaquiline is a component of a six-drug regimen in two of the treatment arms in the STREAM trial for patients with MDR-TB. This study aims to identify a fullyoral 9-month regimen without any adverse effects and microbiological relapse [55].

There are several other ongoing phase 2 and phase 3 trials which cover the whole clinical spectrum of tuberculosis – from TB-HIV co-infections, to latent TB treatment and optimizing drug regimens for TB in children.

The most significant limitation in progressing drugs into the phase 2 clinical studies is predicting their potential at achieving sterilizing cure in patients. Mouse studies have typically been applied retrospectively for predicting sterilizing cure in patients although newer mouse models that recapitulate some of the salient aspects of human disease have been developed and are currently being used in prioritizing drugs and drug regimens [56]. The marmoset model of tuberculosis is a non-human primate model that more closely recapitulates human disease, but more importantly, using this model with current front-line chemotherapy in comparison to an inferior drug regimen accurately mimicked bacillary load reduction and sterilizing efficacy in humans [57]. Although this model remains a lowthroughput costly barrier in drug development, it could certainly help prioritize those drugs that have the highest potential in achieving sterilizing cure. Importantly, studies in marmosets have highlighted the utility of PET-CT imaging as a non-invasive tool in monitoring chemotherapeutic efficacy and have helped to launch clinical trial to use PET-CT imaging as a diagnostic tool to monitor which patients are cured more quickly during therapy (ClinicalTrials.gov Identifier: NCT028218). If PET-CT imaging can be used successfully to predict treatment outcomes, it will replace EBA as a measure of early chemotherapeutic efficacy although the ultimate readout of sterilizing cure will remain to be relapse rates within a year after stopping treatment at least within the foreseeable future.

Pharmacokinetics of Drugs in Lung Granulomas

The granuloma, arguably the most distinctive pathological hallmark associated with TB, is a compact and organized conglomeration of macrophages, monocytes and other immune cells designed to "wall-off" Mtb from the surrounding lung tissue. While granuloma formation is a robust immune response that effectively contains the infection, it fails to eradicate the bacterium. At its core is a group of infected macrophages which can either transform into epithelioid cells (thought to be more phagocytic) or to accumulate lipids to become foamy

cells [58]. These cellular granulomas provide a hostile, nutrient-poor environment for the bacilli. In contrast, evidence also suggests that foamy macrophages sustain persistent bacteria [59]. Over time, participating cells undergo necrosis to form regions called the caseum, where the bacilli are released to the extracellular environment. Caseous granulomas eventually transform into cavities by erosion into and fusion with nearby airways, promoting dissemination of Mtb to other hosts [58]. Granulomas within the same host exhibit significant heterogeneity [56], generating a very complex pathology with both interlesion and intralesion diversity.

The lesion heterogeneity in TB leads to distinct subpopulations of bacteria that differ in their metabolic states (based on the nutritional capacity of their microenvironment as well as presence of antibacterial metabolites), which subsequently leads to varying phenotypic tolerance to chemotherapies [60]. This notion has been one of the guiding principles in developing drug regimens, that is, effective drug combinations should be able to target multiple subpopulations of the bacilli. Only recently have we realized that lesion heterogeneity also affects drug pharmacokinetics as well.

The complex architecture coupled with the multitude of extracellular biomolecules in granulomas result in varying drug permeabilities which leads to spatiotemporal periods of monotherapy, likely exerting selective pressure for resistance. In fact, a recent study estimated that multidrug resistance can occur in 1% of patients who are completely compliant with their treatment regimen due to variability in drug pharmacokinetics [61]. This novel paradigm came to light with the recent correlation found between the sterilizing activity of rifampicin and pyrazinamide and their drug distribution in lesions of TB patients visualized using imaging mass spectrometry [62]. It was found that rifampicin and pyrazinamide accumulated in both the necrotic foci and the subtending cellular layers (Figure 1), with the former accumulating after multiple doses and the later exhibiting a doseindependent accretion [62,63]. Knowing that the bacilli in caseum are largely nonreplicating [64], and that rifampicin maintains good efficacy against non-replicating Mtb, the observed rifampicin distribution in TB lesions possibly explains its sterilizing activity in the clinic. This is also likely the case for pyrazinamide – a prodrug that at least in vitro, exerts antitubercular activity under low pH conditions – as intramacrophage Mtb are known to reside in acidic compartments although the pH of human caseum within the granuloma is less clearly defined. In support of this, pyrazinamide was inactive in Kramnik mice (C3HeB/ FeJ) that had large necrotic lesions due to the neutral pH of the caseum [65]. The two other first-line drugs, isoniazid and ethambutol, were also found to have good lesion penetration and a sustained accumulation in necrotic foci [62,66].

The power of lesion pharmacokinetic parameters in predicting treatment outcomes is further exemplified by two recent studies. In a comparative study of the responses of BALB/c and C3HeB/FeJ mice to bedaquiline with and without pyrazinamide, two distinct populations were consistently observed in C3HeB/FeJ mice – one which responded well to the treatment and one which responded less favorably [67]. This bimodal response was attributed to the ability of C3HeB/FeJ mice to form both cellular and caseous lesions, in contrast to BALB/c mice which can only form cellular lesions. It was found that while pyrazinamide exhibited similar distribution in lesions between the two mouse strains, bedaquiline preferentially

accumulated in cellular lesions [67]. It was therefore likely that bedaquiline failed to target the large reservoir of bacilli in the caseous lesions of C3HeB/FeJ mice (Figure 1) leading to a population of mice that responded less favorably to treatment. Similarly, a recent study of rifapentine distribution in rabbits with cavitary lesions, showed that while rifapentine was able to distribute into cellular and fibrotic cavity walls to the same extent as rifampicin, it was inferior in partitioning into the caseum of cavitary lesions [68]. These results correlated well with a recent phase II trial that found an inverse correlation between lung cavity size and response to high doses of rifapentine [69].

The failure of recent clinical trials to shorten treatment of drug-sensitive disease where isoniazid or ethambutol was substituted with a fluoroquinolone could also retrospectively be explained, at least in part, by modeling the plasma and tissue pharmacokinetics and pharmacodynamics with activity against the various sub-populations of bacilli in the lesions. Using simulated exposures in typical patient populations, it was found that none of these fluoroquinolones were predicted to be particularly bactericidal against Mtb within the caseum although moxifloxacin may have had some superior activity against Mtb residing in host cells due to its higher intracellular partitioning [70].

The studies mentioned thus far epitomize the impact of lesion heterogeneity on localized drug response and demonstrate its predictive power in clinical outcomes. Therefore, it's not surprising that many of these studies advocate for measurements of lesion pharmacokinetic parameters in various animal models prior to advancing drugs into clinical studies. These studies also engrave the notion that serum drug concentrations don't always correlate with drug concentration at the site of infection – an idea that seems intuitive for TB given the complex histopathology observed in patients' lungs. However, a big drawback in the widespread application of lesion pharmacokinetic studies is the costly and invasive methodologies used and the requirement for sophisticated instruments to determine such parameters. Nevertheless, steps in the right direction are currently being made to accurately predict favorable lesion penetration of candidate drugs using in vitro models [64,71,72]. For example, profiling 279 compounds for caseum binding, coupled with *in silico* analysis led to the drafting of empirical rules that predict the extent of caseum binding and hence, drug diffusion into necrotic foci [72]. Because the caseum is entirely acellular drug penetration is dependent more on physicochemical effects rather than biological consequence. Further, only the fraction of free compounds (those not trapped inside macrophages) can passively diffuse into this matrix. As this diffusion proceeds inward, drugs bind to macromolecules in the outer rim of the caseum decreasing bioavailable concentration of drugs for continued inward diffusion. Various lipophilicity parameters including overall solubility, number of aromatic rings, molecular shape and number of $sp²$ carbons showed correlations with caseum binding. The sum of the hydrophobicity with the number of aromatic rings was found to correlate well with caseum binding. Taken together, these empirical measures could be used as guiding principles in property-based drug design during the early phases of drug discovery. However, while these guidelines can be predictive, the fact that a small number of drugs was used for this analysis indicate that this empirical rule should be taken with caution until a more comprehensive and definitive picture of physicochemical properties that define drug distribution is available.

It is tempting to argue that while validation of new drug targets and discovery of new scaffolds are important, these efforts will ultimately be rendered futile if the eventual drug doesn't reach the entirety of the Mtb population. Therefore, greater attention must be paid to examine the fundamental factors that dictate drug distribution in TB lesions. Furthermore, the studies mentioned in this section were done in mouse and rabbit models of pulmonary TB which, as one might suspect, have subtle yet crucial differences with the human pathology.

Conclusion and Outlook

Several limitations still exist in developing effective and fast-acting TB treatments, chief among which are the complex and heterogenous nature of the disease pathology. There are several other shortcomings and gaps in knowledge in the field that we did not cover, including understanding the biology of different subpopulations of Mtb and whether these are clinically relevant, and development of a quick and accurate diagnostic method to both detect the bacteria and monitor response to chemotherapy. For now, we conclude by echoing the propositions we mentioned above. First, expanding the target space will be streamlined by the early incorporation of triage methods that filter out inhibitors of the most vulnerable drug targets. This will likely lead to drug combinations that attack the bacteria at multiple points curtailing emergence of resistance and lead to a sterilizing cure. Second, optimization of drug regimens should occur in animal models that accurately recapitulate the pathology of human pulmonary TB. New animal models are available that are still not necessarily widely applied in pre-clinical studies. Finally, pharmacokinetic parameters of active compounds must be established in robust animal models and used as a metric in advancing clinical candidates. This will lead to a better idea of the optimum dose prior to entering the clinical stage and lower the failure rate at the later stages of the pipeline. While there is still a long way to go to develop the optimum treatment course, the flurry of compounds within the pipeline and the diversity in pre-clinical development certainly offers some hope towards the goal of realizing a world rid of TB.

Acknowledgement

This work was funded by the Intramural Research Program of NIAID/ NIH.

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Figure 1. Lesion pharmacokinetics of representative anti-TB drugs.

(A) Differences in the physicochemical properties of drugs, coupled with the complex architecture of TB granulomas result in varying permeability profiles across different lesion types. The result is periods of monotherapy that generate selective pressure for emergence of resistance. (B) Imaging MS (top) and H&E (bottom) stained section of necrotic nodules and cavities (outlined in white) in rabbit lungs showing accumulation of rifampicin 6 hrs after the 7th daily dose. Image in (B) courtesy of Dr. Brendan Prideaux and Dr. Veronique Dartois of New Jersey Medical School, Rutgers, The State University of New Jersey

Table 1.

Lead compounds with known targets against M. tuberculosis.

a indicated IC50 values refer to inhibitory activity against purified enzymes, and MICs are inhibitory concentrations against whole cells.

 b enzyme-inhibitor complex was not crystallized but rather, the binding site and binding interactions were deduced based on computational methods.

More compounds in pre-clinical development can be found at www.newtbdrugs.org

Table 2.

Drugs under Clinical Development.

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Curr Opin Pharmacol. Author manuscript; available in PMC 2019 October 01.

* The general structure of OPC-167832 shown here was taken from the US patent No. US2017/0253576 A1.

More compounds in clinical development can be found at www.newtbdrugs.org

Table 3.

Representative Clinical Trials in Advanced Phases of the Pipeline.

*BDQ = bedaquiline, PRE = pretomanid, MOX = moxifloxacin, PZA = pyrazinamide, LZD = linezolid, DLM = delamanid, LVX = levofloxacin, ETH = ethionamide, INH = isoniazid, TRZ = terizidone, NAC = N-acetylcysteine, CFZ = clofazimine, EMB = ethambutol, PTH = prothionamide, RPT = rifapentine.