

High-Dose Chemotherapy and Blood Autologous Stem-Cell Rescue Compared With Standard Chemotherapy in Localized High-Risk Ewing Sarcoma: Results of Euro-E.W.I.N.G.99 and Ewing-2008

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A B S T R A C T

Purpose

For over 30 years, the place of consolidation high-dose chemotherapy in Ewing sarcoma (ES) has been controversial. A randomized study was conducted to determine whether consolidation high-dose chemotherapy improved survival in patients with localized ES at high risk for relapse.

Methods

Randomization between busulfan and melphalan (BuMel) or standard chemotherapy (vincristine, dactinomycin, and ifosfamide [VAI], seven courses) was offered to patients if they were younger than 50 years of age with poor histologic response ($\geq 10\%$ viable cells) after receiving vincristine, ifosfamide, doxorubicin, and etoposide (six courses); or had a tumor volume at diagnosis ≥ 200 mL if unresected, or initially resected, or resected after radiotherapy. A 15% improvement in 3-year event-free survival (EFS) was sought (hazard ratio [HR], 0.60).

Results

Between 2000 and 2015, 240 patients classified as high risk (median age, 17.1 years) were randomly assigned to VAI ($n = 118$) or BuMel ($n = 122$). Seventy-eight percent entered the trial because of poor histologic response after chemotherapy alone. Median follow-up was 7.8 years. In an intent-to-treat analysis, the risk of event was significantly decreased by BuMel compared with VAI: HR, 0.64 (95% CI, 0.43 to 0.95; $P = .026$); 3- and 8-year EFS were, respectively, 69.0% (95% CI, 60.2% to 76.6%) versus 56.7% (95% CI, 47.6% to 65.4%) and 60.7% (95% CI, 51.1% to 69.6%) versus 47.1% (95% CI, 37.7% to 56.8%). Overall survival (OS) also favored BuMel: HR, 0.63 (95% CI, 0.41 to 0.95; $P = .028$); 3- and 8-year OS were, respectively, 78.0% (95% CI, 69.6% to 84.5%) versus 72.2% (95% CI, 63.3% to 79.6%) and 64.5% (95% CI, 54.4% to 73.5%) versus 55.6% (95% CI, 45.8% to 65.1%). Results were consistent in the sensitivity analysis. Two patients died as a result of BuMel-related toxicity, one after standard chemotherapy. Significantly more BuMel patients experienced severe acute toxicities from this course of chemotherapy compared with multiple VAI courses.

Conclusion

BuMel improved EFS and OS when given after vincristine, ifosfamide, doxorubicin, and etoposide induction in localized ES with predefined high-risk factors. For this group of patients, BuMel may be an important addition to the standard of care.

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INTRODUCTION

Treatment advances in Ewing sarcoma (ES) have largely resulted from a multidisciplinary approach

to clinical trials conducted by national and international cooperative groups. Over the years, these trials have answered key chemotherapy questions and better defined risk groups, allowing tailored treatment strategies. Prolonged disease-free

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ASSOCIATED CONTENT



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Appendix
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Data Supplements
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survival is achieved in the majority of patients with localized ES after treatment with multiagent chemotherapy and primary tumor control.¹⁻⁴ Larger initial tumor volume is a well-defined adverse prognostic factor,⁵⁻⁸ the predictive power of which is over-ridden by the extent of histologically determined chemotherapy-induced necrosis assessed in resected primary tumors.^{4,8-11} These observations can be used to define subgroups of patients with localized ES in whom treatment interventions to improve survival may be examined.

The rationale for high-dose therapy (HDT) in ES was developed to exploit an alkylating agent dose-response relationship. Several single-arm studies have indicated high-dose chemotherapy efficacy using historical controls in newly diagnosed metastatic or recurrent ES, using various drugs or combinations with or without total-body irradiation.¹²⁻¹⁸ Two national non-randomized studies evaluated the role of busulfan-melphalan (BuMel) in patients with poor histologic response and suggested its potential benefit compared with historical controls treated with conventional chemotherapy.^{19,20} Because these encouraging results were based on uncontrolled comparisons, a randomized comparison of high-dose chemotherapy against standard chemotherapy was therefore incorporated in two multinational controlled trials, Euro-E.W.I.N.G.99 and EWING-2008. In the selected high-risk population, termed R2Loc, the primary objective was to evaluate whether HDT using BuMel improved event-free survival (EFS) compared with standard chemotherapy (vincristine, dactinomycin, ifosfamide [VAI]).

METHODS

Study Design

The R2Loc trial was an international, randomized, superiority trial comparing consolidation treatment with BuMel or seven VAI courses in a two-parallel-group design. The R2Loc randomized trial was a component of the Euro-E.W.I.N.G.99 study (ClinicalTrials.gov identifier: NCT00020566) recruiting all patients with ES at diagnosis, enrolled by four cooperative groups: European Organization for Research and Treatment of Cancer (EORTC), Gesellschaft für Pädiatrische Onkologie und Hämatologie (GPOH), French Society of Pediatric Oncology and French Sarcoma Group, and the UK Children's Cancer and Leukaemia Group.^{1,21,22} From May 2010, patients from GPOH were recruited in the same R2Loc randomized trial conducted through the EWING-2008 study (ClinicalTrials.gov identifier: NCT00987636).

Patients

Eligibility requirements were age younger than 50 years; enrollment at diagnosis either in Euro-E.W.I.N.G.99 or EWING-2008 studies for newly diagnosed biopsy-proven ES; localized disease classified as high risk because of poor histologic response to induction chemotherapy (residual viable cells $\geq 10\%$) for patients undergoing surgery after induction chemotherapy alone or because of large tumor volume at diagnosis (≥ 200 mL) in unresected or initially resected tumors or resected tumors with preoperative irradiation, but patients with a small unresected tumor were also eligible in case of poor clinical response to induction chemotherapy ($< 50\%$ radiologic reduction in soft tissue disease component); and no medical contraindication to treatment. After amendment, because of busulfan-related radiosensitivity,²³ patients expected to receive radiotherapy > 30 Gy to the spinal cord (Amendment July 2004) or > 45 Gy to large intestinal volume (Amendment November 2008) were no longer eligible. Written informed consent was obtained from all patients and/or their parents/guardians before enrollment.

Treatments

Induction chemotherapy consisted of six chemotherapy courses combining vincristine, ifosfamide, doxorubicin, and etoposide (VIDE).^{21,24} After one VAI course, allocated consolidation treatment was either seven VAI courses (VAI arm) or one course of high-dose BuMel chemotherapy with autologous stem-cell transplant (BuMel arm). Treatment schedule and chemotherapy details are in the Data Supplement.

Local therapy was tailored to patient and tumor characteristics, and included surgery with complete surgical removal wherever feasible, radiotherapy, or a combination of both (Data Supplement). Stem-cell harvest was undertaken according to local practice after VIDE course 2.

Randomization

Random assignment was performed after six VIDE courses plus one VAI consolidation course, after surgery and assessment of histologic response when applicable. Randomization was balanced and stratified according to cooperative group, sex, age (younger than 25 years), and local treatment (resection after chemotherapy alone with or without postoperative radiotherapy *v* initial surgery *v* resection after chemotherapy and radiotherapy *v* radiotherapy only). Centralized randomization software was used in all data centers, ensuring the concealment of the next patient allocation. The GPOH data center used permuted blocks of four. In the other data centers, randomization was also balanced by the treating center using dynamic allocation of treatment (minimization with a random factor set at 0.8).

End Points and Assessments

The primary end point was EFS, defined as the time from randomization to the date of the first failure assessed by the investigator (progression, relapse, second malignancy, or death, whatever the cause). Follow-up was planned every 3 months during the first 3 years, every 6 months during years 4 and 5, then yearly, regardless of treatment compliance. Overall survival (OS) since randomization was a secondary efficacy end point, considering all deaths, whatever the cause.

Central imaging review of tumor volume and response, and pathologic review were not undertaken. Compliance with treatment and toxicity were monitored. All chemotherapy doses were recorded, as well as the reasons for dose reduction or delay. Acute toxicity related to chemotherapy was assessed after each course, using a list of 22 selected items from the National Cancer Institute Common Toxicity Criteria version 2.0 and Bearman's criteria for sinusoidal obstruction syndrome.²⁵ Other adverse reactions were specified. A modified list was used to evaluate toxicity after radiotherapy, using Radiation Therapy Oncology Group classification for 17 toxicities.²⁶ For each toxicity type, the maximum grade observed over the whole maintenance treatment was computed, including radiotherapy to the primary site. Grade 4 hematologic toxicities and grade 3 or higher of all nonhematologic toxicities were considered severe.

Statistical Analysis

The study was designed to ensure 80% power for a 40% reduction in the risk of an event in the BuMel arm compared with the VAI arm (expected 3-year EFS, 70% *v* 55%; hazard ratio [HR], 0.60) with a two-sided log-rank test α of .05. The initial target sample size was 328 patients (124 events).²⁷ With support from the independent data monitoring committee, recruitment was stopped before reaching this target because of low accrual. This is the final analysis, on the basis of data as of July 2016.

Preplanned efficacy stopping rules were defined using the α spending function approach with O'Brien-Fleming boundaries.^{28,29} These analyses were only disclosed to the independent monitoring committee. Survival rates (EFS and OS) were estimated using the Kaplan-Meier method with Rothman's 95% CIs. Median follow-up was estimated using the reverse Kaplan-Meier method. The HR of event (EFS) and the HR of death (OS) were estimated in Cox models. The point estimate of the HR of event, its CI, and the *P* value were corrected for the four previous interim analyses

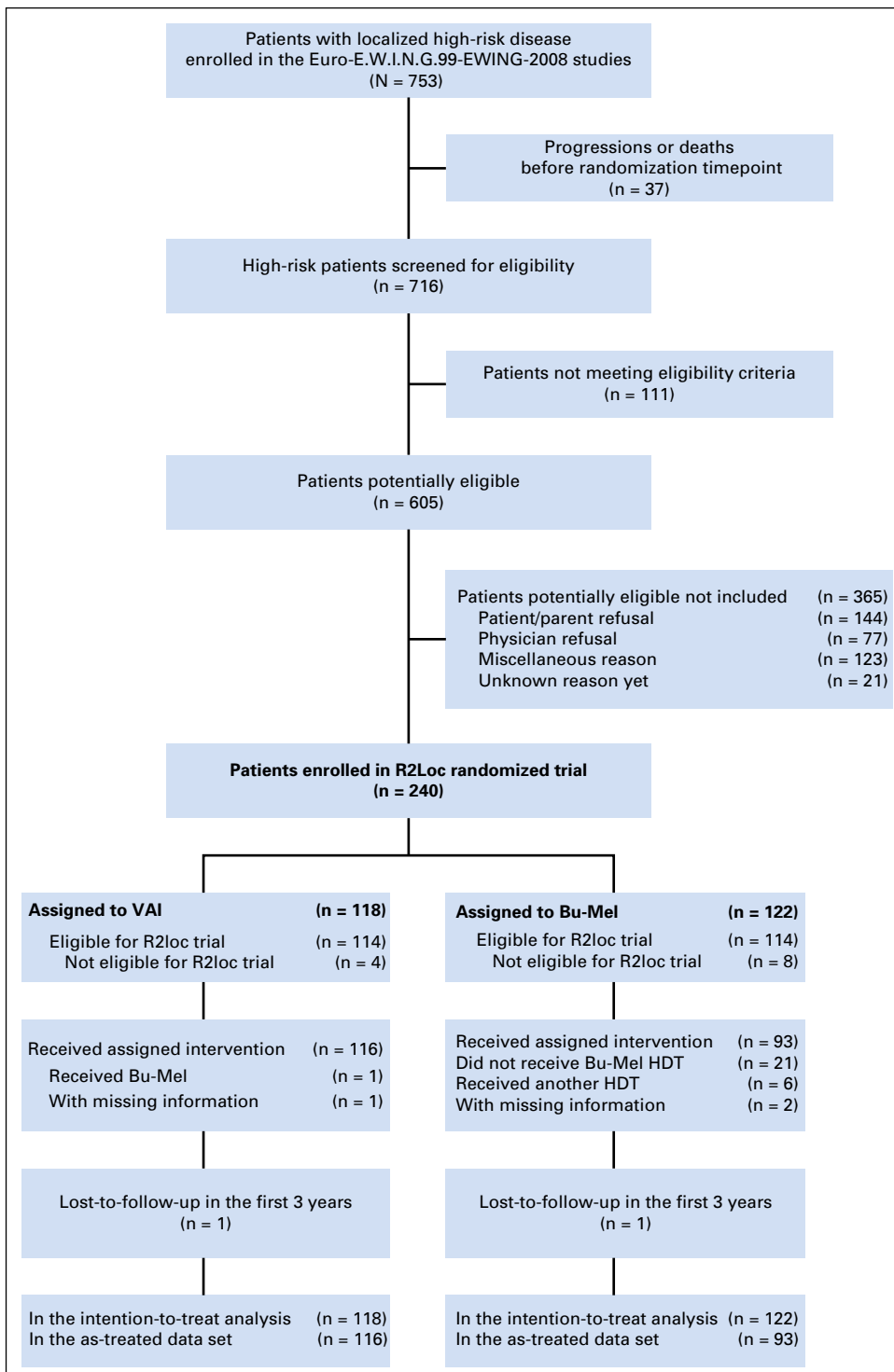


Fig 1. Trial profile. A total of 111 patients with disease classified as localized high-risk disease assessed for eligibility did not meet eligibility criteria: insufficient diagnosis criteria or diagnosis rejected (n = 14); persisting toxicity related to previous treatment and/or contraindication to planned treatment (n = 78), including contraindication to busulfan and melphalan (BuMel) because of planned radiotherapy to an axial site (n = 36); early radiotherapy (n = 13); psychological problems (n = 6); 123 patients meeting eligibility criteria were not enrolled because of other reasons. HDT, high dose therapy; R2Loc, selected high-risk population; VAI, vincristine, dactinomycin, and ifosfamide.

using the inverse normal method.³¹ The primary efficacy analysis was performed according to the patients' randomly assigned treatments (ie, by intention-to-treat population). Post hoc sensitivity analyses were performed, (1) adjusting for age (in four categories: < 12, 12 to 18, 18 to 25, > 25 years) and (2) excluding patients with a major treatment modification (as-treated; Data Supplement). The heterogeneity of treatment effect (BuMel v VAI) on EFS according to stratification variables and tumor volume, tumor site, and histologic response (post hoc exploratory analysis) were evaluated in

multivariable models, including interaction terms, and illustrated in a forest plot. Because the EFS is a composite end point, a competing risk approach was also used to estimate the effect of treatment on the risk of metastases using subdistribution HRs considered competing events: local progression/relapse without concomitant metastases, secondary malignancy, and death without prior metastases (post hoc analysis).^{32,33}

Safety analyses were performed on the safety set, excluding patients who did not receive the assigned treatment (as-treated population). For

Table 1. Patient and Tumor Baseline Characteristics

Characteristics	VAI (n = 118)	BuMel (n = 122)	Total (n = 240)
Gender, No. (%)			
Male	73 (62)	75 (61)	148 (61)
Female	45 (38)	47 (39)	92 (38)
Median age, years (range)	17.1 (0.9-43)	17.4 (2.5-45)	17.1 (0.9-45)
Recruiting group, No. (%)			
EORTC	8 (7)	9 (7)	17 (7)
UKCCLG	20 (17)	21 (17)	41 (17)
SFCE/GSF/Unicancer	37 (31)	37 (30.5)	74 (31)
GPOH	42 (36)	42 (34.5)	84 (35)
GPOH-Ewing2008	11 (9)	13 (11)	24 (10)
Follow-up			
Median duration, years (range)	8.7 (0.1-13.4)	7.4 (0.08-13.9)	7.8 (0.08-13.9)
Lost to follow-up in the first 3 years, No. (%)	1 (1)	1 (1)	2 (2)
Primary tumor site, No. (%)			
Axis	66 (56)	70 (57)	136 (57)
Limb	52 (44)	52(43)	104 (43)
Tumor volume (1 MD), No. (%)			
< 200 mL	57 (48)	59 (48)	116 (48)
≥ 200 mL	60 (52)	63 (52)	123 (52)
Classification high-risk group/local treatment, No. (%)	118	122	240
Poor histologic response after chemotherapy alone	93 (79)	95 (78)	188 (78)
10%-29% viable cells	39 (33)	42 (34)	81 (34)
≥ 30% viable cells	52 (44)	51 (42)	103 (43)
Poor histologic response, NOS	2 (2)	2 (2)	4 (2)
Large tumor, histologic response not applicable	21 (18)	19 (16)	40 (17)
Preoperative radiotherapy	1 (1)	2 (2)	3 (1)
Initial surgery	6 (5)	6 (5)	12 (5)
Exclusive radiotherapy	14 (12)	10 (8)	24 (10)
Other	0	1 (1)	1 (< 1)
Other	0 (0)	2 (2)	2 (1)
Small tumor with exclusive radiotherapy, but poor clinical response	0 (0)	2 (2)	2 (1)
Nonhigh-risk group*	4 (3)	6 (5)	10 (4)

Abbreviations: BuMel, busulfan and melphalan; EORTC, European Organization for Research and Treatment of Cancer; GPOH, Gesellschaft für Pädiatrische Onkologie und Hämatologie; GSF, French Sarcoma Group; MD, missing data; NOS, not otherwise specified; SFCE, French Society of Pediatric Oncology; UKCCLG, Children's Cancer and Leukaemia Group; VAI, vincristine, dactinomycin, and ifosfamide.
*As detailed in the Data Supplement, 10 patients were enrolled in the randomized trial, although they were ineligible.

each toxicity category, the relative risk of having experienced a severe toxicity in BuMel versus VAI was estimated.

Estimates are provided with 95% CIs. All tests are two sided. The analyses were performed using SAS 9.3 software (SAS Institute, Cary, NC).

Study Oversight

Study protocols were approved by an independent ethics committee and the appropriate institutional review boards. The studies were conducted in accordance with the ethical principles of the Declaration of Helsinki and with Good Clinical Practice guidelines. The trial was designed jointly by the senior academic authors from the participating cooperative groups. The protocols are available online. Data were analyzed by the biostatisticians at Institut Gustave Roussy and reviewed by the statisticians' board. The first draft of this article was written by M.C.L.D., O.O., and J.W. All authors contributed to subsequent drafts and made the decision to submit the manuscript for publication. None of the funders had a role in study design, collection, analysis, or interpretation of data.

RESULTS

Patients

Between February 2000 and December 2015, 716 patients with a localized tumor fulfilling the predefined high-risk criteria,

enrolled in 131 centers from 13 countries, were assessed for eligibility. Among them, 111 did not meet eligibility criteria (details in the legend of Fig 1). Of 605 eligible patients, 221 were not enrolled because of patient/parent (n = 144) or physician (n = 77) refusal, 123 for other reasons, and 21 for whom the reason was unknown; 240 patients were included in the randomized trial: 118 assigned to VAI and 122 assigned to BuMel (Fig 1). The median age was 17.1 years (range, 11 months to 44.7 years). The baseline characteristics were well balanced between the two groups (Table 1), although over the course of the study, some changes were notable, with a greater proportion with less favorable histologic response represented (Data Supplement). Overall, 188 of the 240 patients (78%) entered the trial because of poor histologic response after chemotherapy alone. Median follow-up was 7.8 years and was not significantly different between treatment groups (Data Supplement). Among the 240 enrolled patients, four patients in the VAI arm and eight patients in the BuMel arm were not eligible (Data Supplement).

One patient allocated to VAI received BuMel on his request. In the BuMel arm, 21 patients did not receive any HDT because of patient refusal (n = 11), medical reason (n = 7), physician decision (n = 2), or failure to collect peripheral stem cells (n = 1); six patients received HDT other than BuMel because of physician decision in five

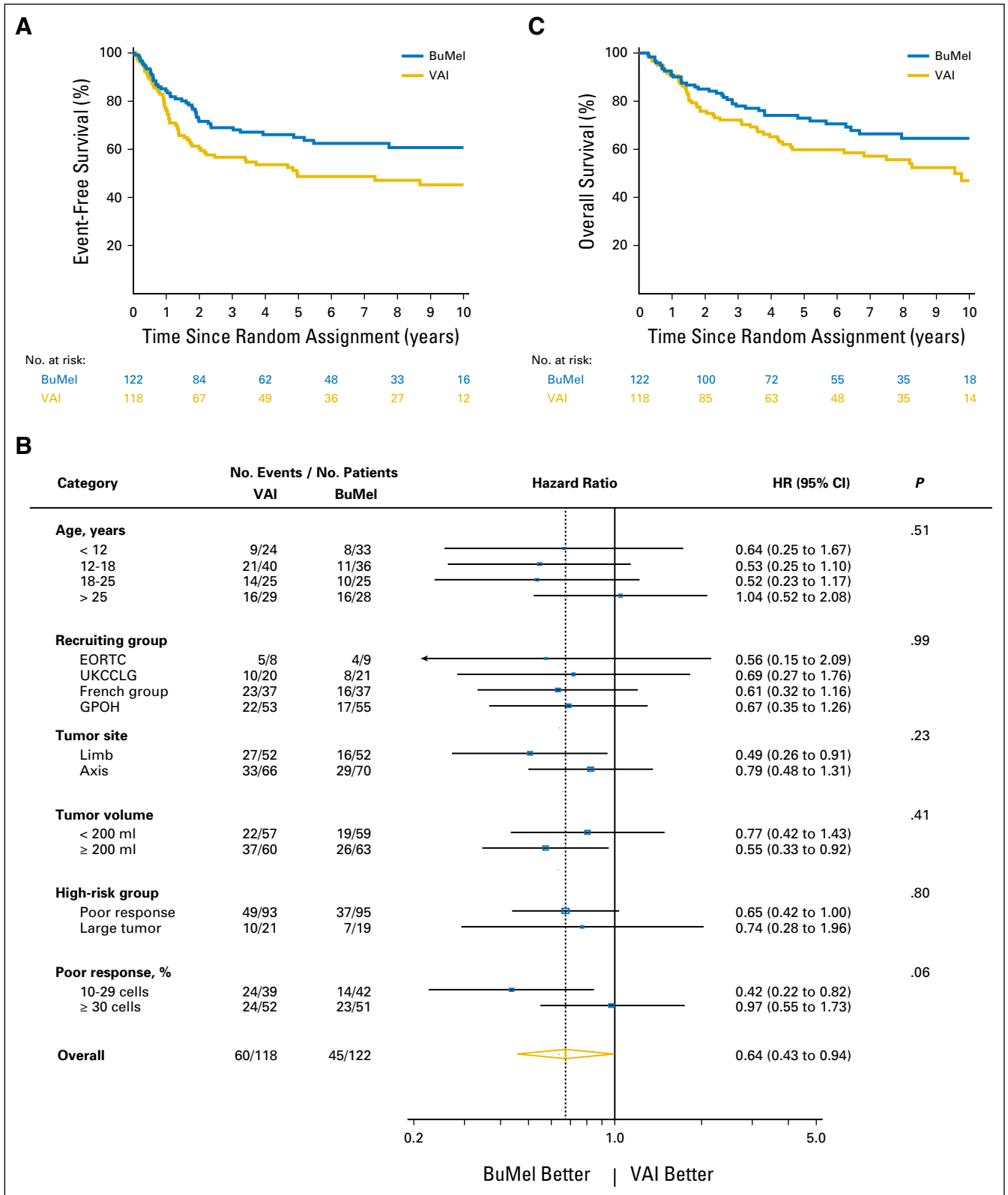


Fig 2. (A and B) Event-free survival (EFS) and (C) overall survival. (A) Kaplan-Meier estimates of EFS by treatment group, on the intention-to-treat (ITT) population. At the time of this analysis (cutoff date, Jan 1, 2016), 105 events were reported: 60 in the vincristine, dactinomycin, and ifosfamide (VAI) group and 45 in the busulfan and melphalan (BuMel) group. (B) Forest plot of EFS according to subgroups. The hazard ratio of events by subgroup were estimated in a Cox proportional hazards model, on the ITT population including all patients, except for the (1) assessment of treatment effect according to tumor volume: we excluded one patient with missing data; (2) assessment of treatment effect by the high-risk group definition (poor response v large tumor): we excluded 10 patients who were not classified as high risk (listed in the Data Supplement) and two patients who entered the trial for a small tumor with exclusive radiotherapy, but poor (continued on next page)

patients and BuMel contraindication in one patient (Data Supplement). These 28 patients were excluded in the as-treated analysis.

When grouped by selected factors, the proportions of patients randomly assigned to those not randomly assigned varied (data not shown). There were differences by study year, study group, age, tumor volume, histologic response, and treatment with radiotherapy.

Efficacy

A total of 105 events were reported (VAI arm, 60; BuMel arm, 45): 13 local progressions or local relapses, 80 distant metastases (including lung metastases in 51 patients), five secondary malignancies, and seven deaths as first events (Data Supplement), including three treatment-related deaths.

EFS for all 240 randomly assigned patients was 62.9% (95% CI, 56.6% to 68.9%) at 3 years and 54.0% (95% CI, 47.2% to 60.7%) at 8 years. The treatment effect of BuMel was estimated as an HR of 0.64 (95% CI, 0.43 to 0.95; $P = .026$), corrected for the four previous interim analyses. Three-year EFS rates for VAI and BuMel were 56.7% (95% CI, 47.6% to 65.4%) and 69.0% (95% CI, 60.2% to 76.6%), respectively, with this improvement being sustained at 8 years: 47.1% (95% CI, 37.7% to 56.8%) versus 60.7% (95% CI, 51.1% to 69.6%; Fig 2A; Table 2), respectively. The treatment effect estimate seems greater in the sensitivity analysis, when patients with protocol violations were excluded (Table 2). As illustrated in Figure 2B, no significant heterogeneity of the treatment effect was observed according to cooperative group, tumor site, tumor volume, or eligibility criteria for high-risk classification. However, patients with an intermediate poor response may benefit more than those with a very poor response (10% to 29% $v \geq 30\%$ viable cells; interaction test, $P = .06$), as well as older patients (≤ 25 $v > 25$ years of age; $P = .12$). Improvement in EFS was mostly related to a reduction in the risk of metastases (subdistribution-HR, 0.58; 95% CI, 0.37 to 0.90; $P = .02$; Data Supplement).

Benefit from BuMel was also observed in OS. Ninety deaths were reported (VAI, 53; BuMel, 37), leading to an HR of 0.63 (95% CI, 0.41 to 0.95; $P = .028$). Three-year OS was 72.2% (95% CI, 63.3% to 79.6%) and 78.0% (95% CI, 69.6% to 84.5%) for VAI and BuMel, respectively (Fig 2C), and 75.1% (95% CI, 69.2% to 80.2%) overall. Eight-year OS was 55.6% (95% CI, 45.8% to 65.1%) versus 64.5% (95% CI, 54.4% to 73.5%).

Safety

Significantly more BuMel patients experienced severe acute toxicities (Fig 3), but toxicity arose from a single high-dose course versus multiple VAI courses (Data Supplement). The effect of BuMel on the risk of severe acute toxicity did not differ between patients older than 25 years and younger patients (Data Supplement). Three treatment-related deaths were reported in the BuMel arm, although one was in a patient who did not receive BuMel

because of renal dysfunction. One patient with a cervical spine primary site died as a result of myelopathy related to radiotherapy administered after BuMel, and one patient with a chest wall primary site died as a result of acute respiratory distress syndrome associated with pancytopenia 5 months after receiving BuMel.

DISCUSSION

In the subgroup of patients with localized ES specifically defined for this study, treatment with BuMel conferred a significant, sustained, and clinically meaningful improvement (European Society for Medical Oncology–Magnitude of Clinical Benefit Scale grade A) in EFS and OS.³⁴ This outcome was despite the final analysis being conducted after recruitment of only 240 of a planned 328 patients and was sustained with prolonged follow-up. This finding is particularly significant, given the observation that cure rates in this important cancer of children and young people have improved modestly at best over recent decades and that the expanding knowledge of the biology of ES has, to date, not resulted in the introduction of new agents into standard care.³⁵

Several factors deserve more detailed consideration. First, this was a complex but pragmatic trial performed by an experienced multinational cooperative group that encompassed a large proportion of major pediatric and sarcoma-treating centers in Europe. Despite this, recruitment fell short of the recruitment rates proposed at study initiation. The study was closed before the planned event/patient target was reached because of some investigators' concerns that rates of participation in the study were too low to be sustainable. Of patients within the study registration cohort, one third of those fulfilling the definition of localized high-risk disease were ultimately randomly assigned, with evidence of low acceptability of the study question to both clinicians and patients. We acknowledge that this limits the external validity of our findings. However the description of a screened population and the estimate of randomization rate are missing from other studies, and sets this intervention into a clinically meaningful context.

The use of histologic response as the main selection criterion identifies a population of patients with some degree of initial drug resistance. In R2Loc, this is supplemented by other high-risk patients, accounting for 20% of randomly assigned patients, for whom histologic response was not available, those with tumors > 200 mL who had undergone primary surgery or had early radiotherapy or exclusive radiotherapy. This subset of patients may include patients with unidentifiable good response to induction chemotherapy. Overall, the BuMel effect seemed consistent across main strata (cooperative group, tumor site, tumor volume, or eligibility criteria for high-risk classification). Within the poor histologic response spectrum, it is possible that BuMel may have less benefit in those with poor response, although, given that this was an observation from a post hoc exploratory analysis, it is insufficient evidence to be

(Continued). clinical response (too small category); and (3) assessment of treatment effect according to the grading of histologic response in patients with poor response: we focused the analysis on the 188 patients who entered the trial because of a poor histologic response and excluded four patients with poor response not otherwise specified. French group: French Society of Pediatric Oncology/French Sarcoma Group/Unicancer. Concerning the interaction between treatment effect and age, the P value was .12 when age was considered in two categories using the cutoff of 25 years as defined at the design stage to stratify the randomization. (C) Kaplan-Meier estimates for overall survival by treatment group on the ITT population. EORTC, European Organization for Research and Treatment of Cancer; GPOH, Gesellschaft für Pädiatrische Onkologie und Hämatologie; UKCCGLG, UK Children's Cancer and Leukaemia Group

Table 2. EFS and Overall Survival Analysis, Main Analysis on the Intention-To-Treat Population, and Sensitivity Analysis on the As-Treated Population

Outcome	Intention-To-Treat Analysis		As-Treated Population*	
	VAI Arm (n = 118)	BuMel Arm (n = 122)	VAI Arm, n = 116	BuMel Arm (n = 93)
EFS				
No. and type of events	60	45	60	33
Progression/relapse	56	37	56	27
Local progression or relapse	8	5	8	4
Without metastases	48	32	48	23
Distant metastases				
With or without local progression or relapse				
Secondary malignancy	3	2	3	2
Death as first reported event†	1	6	1	4
Treatment-related death	0	3‡	0	2
Death from other cause	1	2§	1	1
Death from unknown cause	0	1	0	1
3-year EFS since randomization, % (95% CI)	56.7 (47.6 to 65.4)	69.0 (60.2 to 76.6)	56.0 (46.8 to 64.8)	71.7 (61.8 to 79.9)
8-year EFS since randomization, % (95% CI)	47.1 (37.7 to 56.8)	60.7 (51.1 to 69.6)	46.3 (36.8 to 56.0)	62.8 (51.9 to 72.6)
HR of event (95% CI)	1	0.64 (0.43 to 0.95)	1	0.57 (0.37 to 0.88)
<i>P</i>		.026#		.010
Adjusted HR of event (95% CI)#	1	0.65 (0.44 to 0.96)	1	0.58 (0.38 to 0.89)
<i>P</i>		.032		.012
Overall survival				
No. and cause of deaths	53	37	53	28
Due to progression/relapse	48	31	48	24
Treatment-related death	0	3§	0	2
Secondary malignancy	4	0	4	0
Other cause	1	2	1	1
Unknown cause		1		1
3-y OS from randomization, % (95% CI)	72.2 (63.3 to 79.6)	78.0 (69.6 to 84.5)	71.7 (62.8 to 79.2)	79.2 (69.8 to 86.3)
8-y OS from randomization, % (95% CI)	55.6 (45.8 to 65.1)	64.5 (54.4 to 73.5)	55.0 (45.1 to 64.5)	65.4 (54.1 to 75.3%)
HR of death (95% CI)	1	0.63 (0.41 to 0.95)	1	0.58 (0.37 to 0.92)
<i>P</i>		.028		.019
Adjusted HR of death (95% CI)#	1	0.64 (0.42 to 0.97)	1	0.59 (0.37 to 0.93)
<i>P</i>		.035		.022

Abbreviations: BuMel, busulfan and melphalan; EFS, event-free survival; HR, hazard ratio; OS, overall survival; VAI, vincristine, dactinomycin, and ifosfamide.

*As-treated data set: excluding 31 patients (two in the VAI arm, 29 in the BuMel arm); 28 patients with a major treatment modification (Data Supplement); three patients with missing information about received treatment.

†The seven deaths as first events are detailed in the Data Supplement.

‡Three treatment-related deaths were reported in the BuMel arm, but one occurred in a patient who did not receive BuMel (allocated to BuMel, but received two VAI courses and no BuMel because of limited renal function; renal insufficiency and cardiac insufficiency, leading to death 3 months after randomization).

§Two deaths due to another cause were reported in the BuMel arm, but one occurred in a patient who did not receive BuMel because of patient choice.

|| Hazard ratios with their 95% CIs and *P* values were estimated in Cox models including only the treatment effect as a covariable, with prior check of the proportional hazards assumption by adding a time-interaction term and by using the Martingale-based residuals.³⁰

¶ The HR provided in the table for the main analysis of EFS was corrected for the four previous interim analyses using the inverse normal method. Before this correction, the HR was 0.64 (95% CI, 0.43 to 0.94; *P* = .023).

#Hazard ratios with their 95% CIs and *P* values were estimated in Cox models including the treatment effect and age in four categories (< 12, 12 to 18, 18 to 25, > 25) as covariables.

used alone to exclude patients from treatment with BuMel if all other criteria for possible benefit are fulfilled. It is also possible that there may be less benefit for older patients, although this observation may be by chance, and the test for interaction was not significant.

BuMel was chosen as HDT based on international transplant registry data^{16,18} and previous work by the French Society of Pediatric Oncology.²⁰ Concerns about interaction with radiotherapy, including fatal toxicity, led to a protocol amendment after which patients requiring large-volume or high-dose radiotherapy to critical organs were excluded from randomization.²³ There is little evidence to define thresholds for concurrent use of radiotherapy and busulfan. Others have reported its use after whole-lung irradiation

without significant toxicity.³⁶ There are no data to support equivalent efficacy with treosulfan, which, although closely related to busulfan, is less radiosensitizing.

We chose to compare BuMel against seven cycles of maintenance chemotherapy only. Given that the effect of HDT in this series is seen in a reduction in the incidence of subsequent metastases, which were often pulmonary, we cannot exclude that whole-lung irradiation would have similar benefits.^{37,38}

Extrapolation of benefit to other settings in ES is to be cautioned against. A similar effect of BuMel on survival in patients presenting with pulmonary metastases was not observed when bilateral pulmonary irradiation was added to conventional

High-Dose Chemotherapy for Ewing Sarcoma

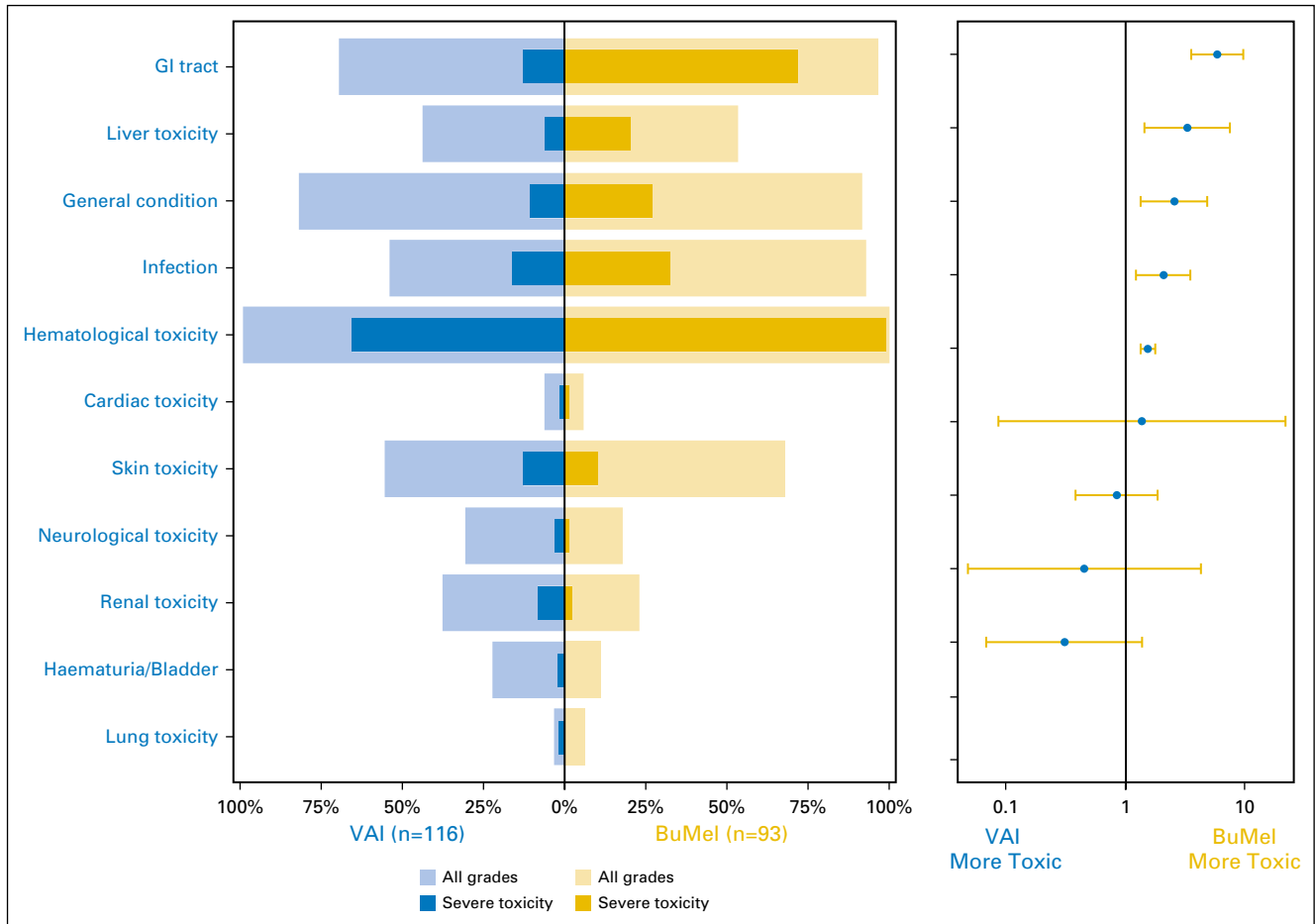


Fig 3. Adverse events. The panel on the left is a butterfly plot showing the proportion of patients experiencing an adverse event, whatever the grade (gold for busulfan and melphalan [BuMel] and blue for the vincristine, dactinomycin, and ifosfamide [VAI] arm), and a severe adverse event (dark gold for BuMel and dark blue for VAI arm) according to the randomization group. The panel on the right displays the relative risk of a severe adverse event in patients with BuMel relative to patients with VAI, with 95% CIs for a 2 × 2 table. The acute toxicity related to chemotherapy was assessed after each course, using a list of 22 selected items from the National Cancer Institute Common Toxicity Criteria version 2.0. A modified list of items was used to evaluate toxicity after radiotherapy, using Radiation Therapy Oncology Group classification for eight types of specific toxicities. A free text area was available to document other adverse reactions. The toxicity items were then pooled by category: bladder toxicity, cardiac toxicity, GI toxicity, general deterioration, hematologic toxicity, infection, liver toxicity, lung toxicity, neurologic toxicity (including mood alteration), renal toxicity, and skin toxicity. The respiratory tract toxicity (larynx, pharynx, salivary gland) reported after radiotherapy was pooled within the category GI toxicity because of small numbers and because they were usually associated. Details are provided in the Data Supplement. For each adverse event type, the analysis is based on the maximum grade observed over the whole maintenance treatment duration. A grade 4 hematologic toxicity and a grade ≥ 3 non-hematologic toxicity were classified as severe toxicities. The categories of adverse event are ordered by decreasing value of the relative risk of severe toxicity. This analysis was performed on the safety set (116 VAI patients and 93 BuMel patients), excluding patients who did not receive the treatment allocated by randomization, similar to the as-treated population. The number of chemotherapy courses followed by toxicity over the whole maintenance treatment duration is detailed in the Data Supplement.

chemotherapy.³⁷ Uncontrolled studies of HDT in patients with recurrent ES describe some patients with far superior survival than would be expected from conventionally dosed chemotherapy alone, but no randomized studies have been conducted.^{39,40} It is possible that different induction regimens may select different groups of patients for which the benefits of BuMel may also differ. Whether results similar to those reported here are achievable with dose-compressed vincristine, doxorubicin, cyclophosphamide/ifosfamide and etoposide is an open question.²

As expected, more patients experienced severe toxicity in the BuMel arm than in the VAI arm, mostly hematologic, digestive, and hepatic. However, these types of toxicity were transient and occurred only once after BuMel compared with

repetitive hematologic toxicity with VAI courses. Two patients died as a result of BuMel toxicity, including one as a result of interaction with radiotherapy. Recommendations for the use of radiotherapy with BuMel as adopted during this study should limit this risk. Long-term toxicity from this and similar cohorts has yet to be reported.

These results are a further illustration of the value of international collaboration in rare cancers such as ES. Although the study was challenging to undertake, patients and their clinicians can now benefit from randomized evidence of the value of this treatment. Although the benefit was shown for a relatively small subgroup, the reliable demonstration of EFS and OS improvement indicates that BuMel may be considered as a standard of care for patients with localized ES fulfilling the definition of

high-risk disease used in this trial and no contraindication to BuMel.

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Disclosures provided by the authors are available with this article at jco.org.

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High-Dose Chemotherapy and Blood Autologous Stem-Cell Rescue Compared With Standard Chemotherapy in Localized High-Risk Ewing Sarcoma: Results of Euro-E.W.I.N.G.99 and Ewing-2008

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