

Canadian perspectives: update on inhibition of *ALK*-positive tumours in advanced non-small-cell lung cancer

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ABSTRACT

Background Inhibition of the anaplastic lymphoma kinase (*ALK*) oncogenic driver in advanced non-small-cell lung carcinoma (NSCLC) improves survival. In 2015, Canadian thoracic oncology specialists published a consensus guideline about the identification and treatment of *ALK*-positive patients, recommending use of the *ALK* inhibitor crizotinib in the first line. New scientific literature warrants a consensus update.

Methods Clinical trials of *ALK* inhibitor were reviewed to assess benefits, risks, and implications relative to current Canadian guidance in patients with *ALK*-positive NSCLC.

Results Randomized phase III trials have demonstrated clinical benefit for single-agent alectinib and ceritinib used in treatment-naïve patients and as second-line therapy after crizotinib. Phase II trials have demonstrated activity for single-agent brigatinib and lorlatinib in further lines of therapy. Improved responses in brain metastases were observed for all second- and next/third-generation *ALK* tyrosine kinase inhibitors in patients progressing on crizotinib. Canadian recommendations are therefore revised as follows:

- Patients with advanced nonsquamous NSCLC have to be tested for the presence of an *ALK* rearrangement.
- Treatment-naïve patients with *ALK*-positive disease should initially be offered single-agent alectinib or ceritinib, or both sequentially.
- Crizotinib-refractory patients should be treated with single-agent alectinib or ceritinib, or both sequentially.
- Further treatments could include single-agent brigatinib or lorlatinib, or both sequentially.
- Patients progressing on *ALK* tyrosine kinase inhibitors should be considered for pemetrexed-based chemotherapy.
- Other systemic therapies should be exhausted before immunotherapy is considered.

Summary Multiple lines of *ALK* inhibition are now recommended for patients with advanced NSCLC with an *ALK* rearrangement.

Key Words Non-small-cell lung cancer, NSCLC, anaplastic lymphoma kinase, *ALK*, tyrosine kinase inhibitors, TKIs, CNS, metastases

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INTRODUCTION

Lung cancer is the most common cause of cancer-related death in Canada (26%), with an estimated 28,600 new cases diagnosed in 2017¹. Approximately 85% of those cases are non-small-cell cancer (NSCLC), with 70% of those being of

nonsquamous histology; most cases are found to be locally advanced or metastatic at diagnosis²⁻⁴. Distinctive chromosomal rearrangements in the *ALK* gene (*ALK*-positive)

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were first described in 2007⁵ and occur in approximately 2%–5% of patients with NSCLC⁶.

The most common *ALK* rearrangement is a fusion between the N-terminal half of *EML4* and the intracellular kinase domain of *ALK* (*EML4-ALK*)^{7,8}, leading to an active oncogenic driver. Other variations of *ALK* rearrangements exist. Additional *ALK*-related oncogenic drivers include point mutations in the kinase domain and *ALK* overexpression^{9,10}. Patients with *ALK*-positive NSCLC are typically younger and tend to be light or never-smokers⁹; brain metastases are present at diagnosis in approximately 25% of patients¹¹.

Many small-molecule tyrosine kinase inhibitors of *ALK* (*ALK* TKIs) have been developed. The first-generation TKI crizotinib inhibits cell-surface receptor tyrosine kinases including *ALK*, *MET*, and *ROS1*¹¹. Crizotinib treated *ALK*-positive patients eventually develop resistance through mechanisms including acquired mutations in the *ALK* tyrosine kinase domain, *ALK* gene amplification, and activation of other signalling pathways^{12–14}; the brain is the most common site of progression, occurring in approximately 60%–70% of crizotinib-treated patients^a. The second-generation TKIs alectinib and ceritinib and the next/third-generation ATP (adenosine triphosphate)-competitive *ALK* TKIs brigatinib and lorlatinib, designed to overcome resistance, are currently under development for use in *ALK*-positive disease.

CRIZOTINIB IN THE FIRST-LINE SETTING

PROFILE 1014

Based on promising results from a phase I study¹⁵, the phase III PROFILE 1007 trial compared second-line crizotinib ($n = 173$) with standard-of-care chemotherapy ($n = 174$, pemetrexed or docetaxel) in advanced *ALK*-positive NSCLC after progression on 1 prior platinum-based chemotherapy regimen¹⁶. The primary endpoint of median progression-free survival (PFS) was met, favouring crizotinib over chemotherapy [7.7 months vs. 3.0 months; hazard ratio (HR): 0.49; 95% confidence interval (CI): 0.37 to 0.64; $p < 0.0001$]. Results led, in May 2013, to Health Canada approval of second-line crizotinib for patients with *ALK*-positive disease after progression on platinum doublet therapy.

To assess crizotinib in the first line, the pivotal phase III PROFILE 1014 trial randomized 343 treatment-naïve patients with advanced *ALK*-positive nonsquamous NSCLC to receive either crizotinib or platinum–pemetrexed chemotherapy without pemetrexed maintenance¹⁷. The primary endpoint, PFS by independent radiologic review, was significantly longer with crizotinib than with chemotherapy (median: 10.9 months vs. 7.0 months; HR: 0.45; 95% CI: 0.35 to 0.60; $p < 0.001$). The overall response rate (ORR) was higher for crizotinib than for chemotherapy (74% vs. 45%, $p < 0.001$). Crizotinib was also associated with reduced lung cancer symptoms and improved quality of life. Based on those results, Health Canada in July 2015 approved crizotinib for treatment-naïve patients with *ALK*-positive NSCLC. At a median follow-up of approximately 46 months in both arms, median overall survival (OS) was numerically improved for crizotinib compared with chemotherapy (not yet reached vs. 47.5 months; HR: 0.76; 95% CI: 0.55 to 1.05; $p = 0.098$), although the difference did not reach significance¹⁸.

After adjustment for crossover in the crizotinib (19.2%) and chemotherapy (84.2%) groups, a more pronounced OS benefit was observed (HR: 0.35; 95% CI: 0.081 to 0.72). The longest OS was associated with crizotinib followed by a second-line *ALK* TKI; the shortest was associated with chemotherapy followed by treatments not involving an *ALK* TKI. Discontinuation attributable to treatment-related adverse events (AEs) occurred in 5% of patients receiving crizotinib and in 8% of patients receiving chemotherapy¹⁷.

Treatment Beyond Progression

Oligometastatic progression on crizotinib can be treated with local therapy, surgery, or radiation. If clinical benefit is apparent, *ALK* TKIs can also be continued beyond progression in advanced *ALK*-positive NSCLC. That option is based on retrospective data showing significantly longer median OS from the start of crizotinib in 120 such patients who continued crizotinib compared with those who discontinued it ($n = 74$; 16.4 months vs. 3.9 months; HR: 0.27; 95% CI: 0.17 to 0.42; $p < 0.0001$)—an observation that remained significant after adjustment for confounding factors¹⁹. Although that retrospective analysis might be subject to selection bias and differences in disease biology, it remains a clinically important concept. For patients with minimal disease burden and no cranial involvement, an individualized treatment strategy developed by a multidisciplinary group might include treatment beyond progression.

SECOND-GENERATION ALK TKIS AFTER PROGRESSION ON CRIZOTINIB

Ceritinib: ASCEND-5 and -8

The pivotal phase III ASCEND-5 trial confirmed the efficacy of ceritinib shown in earlier phase I/II trials^{12,20,21} in patients progressing on crizotinib (Table 1)²². Patients who had received 1 (88%) or 2 (12%) lines of chemotherapy and who had progressed on crizotinib ($n = 231$) were randomized to ceritinib ($n = 115$) or single-agent chemotherapy ($n = 116$). Compared with chemotherapy, ceritinib was associated with significantly improved median PFS (5.4 months vs. 1.6 months; HR: 0.49; 95% CI: 0.36 to 0.67; $p < 0.0001$) and with improved ORR (39.1% vs. 6.9%). The most commonly reported AEs in the ceritinib group were gastrointestinal (diarrhea, nausea, vomiting). Discontinuation because of AEs occurred in 5% of patients receiving ceritinib and in 7% of patients receiving chemotherapy. Thus, ASCEND-5 was the first randomized phase III study to establish the option of further targeted therapy after crizotinib for advanced *ALK*-positive disease.

In earlier studies and in the ASCEND-5 trial, ceritinib was administered at 750 mg daily without food (750 mg fasting). The goal of the phase I ASCEND-8 trial was to determine whether ceritinib at 450 mg or 600 mg taken with a low-fat meal (450 mg or 600 mg fed) could improve the gastrointestinal AEs without compromising efficacy²⁷. Compared with the 600 mg fed or 750 mg fasting doses, ceritinib 450 mg fed resulted in similar pharmacokinetic

^a Novartis. Data on file [CLDK378X2101 full clinical study report as of 2 August 2013, and CLDK378A2201 full clinical study report as of 26 February 2014].

TABLE 1 Efficacy of second and next/third-generation ALK inhibitors after progression on crizotinib

Variable	Reference (study name)		
	Shaw <i>et al.</i> , 2017 ²² (ASCEND-5)	Novello <i>et al.</i> , 2018 ²³ (ALUR)	Ahn <i>et al.</i> , 2017 ²⁴ (ALTA)
Investigational agent	Ceritinib (second generation)	Alectinib (second generation)	Brigatinib (next/third-generation)
Study type	Phase III IRC	Phase III Investigator	Phase II (cohorts 2–5) ^a IRC
Review type	Third (88%) Fourth (12%)	Third	≥Second
Line of treatment	≥1 Lines of CTx and crizotinib	Platinum CTx and crizotinib	Crizotinib-refractory with (74%) or without (26%) prior CTx
Prior therapies	Crizotinib Pemetrexed 500 mg/m ² or docetaxel 75 mg/m ² every 3 weeks	Alectinib 600 mg twice daily	Crizotinib ±CTx
Dosage	750 mg daily	600 mg twice daily	Brigatinib 180 mg daily ^b (Brig-90/180)
Patients (n)	115	72	110
Median follow-up (months)	16.6	Not reported ^c	11.2
Intention-to-treat ORR (%)	39.1	37.5	46
95% Confidence interval	30.2 to 48.7	26 to 50	35 to 57 ^d
Median PFS (months)	5.4	9.6	15.6
Hazard ratio	0.49	0.15	0.64 ^e
95% Confidence interval	0.36 to 0.67	0.08 to 0.29	0.45 to 0.91
p Value	<0.0001	<0.001	Not reported
Median OS (months)	18.1 ^{f,g}	12.6 ^f	27.6
Hazard ratio	1.0	0.89	0.67
95% Confidence interval	0.67 to 1.49	0.35 to 2.24	0.42 to 1.06
p Value	0.50	Not reported	Not reported

^a Treatment cohorts included cohorts 2 and 3A (prior crizotinib only or prior crizotinib plus 1–2 lines of prior CTx (n = 59)); cohort 3B (prior non-crizotinib ALK TKI with or without CTx (n = 27)); and cohorts 4 and 5 (2–3 prior ALK TKIs with or without CTx (n = 11)).

^b After a 7-day lead-in with brigatinib 90 mg daily.

^c Median safety follow-up was 6.5 months for the alectinib arm and 5.8 months for the CTx arm.

^d 97.5% Confidence interval for the primary endpoint.

^e At a median follow-up of 8.0 months, median PFS was 12.9 months for Brig-90/180 and 9.2 months for Brig-90 (hazard ratio: 0.55; 95% confidence interval: 0.35 to 0.86)²⁶.

^f OS data were immature at the time of analysis.

^g Investigator-assessed.

IRC = independent review committee; CTx = chemotherapy; TKI = tyrosine kinase inhibitor; PFS = progression-free survival; OS = overall survival; ORR = overall response rate.

levels and treatment exposure at steady state, with fewer dose reductions or interruptions²⁸. Although both doses were tolerable (discontinuation because of AEs was 7.9% and 5.6% for the 450 mg fed and 750 mg fasting doses respectively), patients taking the 450 mg fed dose, compared with those taking the 750 mg fasting dose, also experienced fewer grade 3 or 4 gastrointestinal AEs, including diarrhea (1.1% vs. 7.8%), nausea (0% vs. 5.6%), and vomiting (0% vs. 4.4%). In treatment-naïve patients, the 450 mg fed compared with the 750 mg fasting dose resulted in median PFS durations of 17.6 months and 10.9 months as assessed by a blinded independent review committee (IRC). The ORR and time to response were similar in the two arms. The 450 mg fed dose was approved by many regulatory bodies, including the U.S. Food and Drug Administration²⁹.

The ASCEND-5 trial demonstrated that ceritinib is an effective ALK inhibitor after crizotinib²². Similar efficacy and better tolerability of the lower dose of ceritinib was also confirmed in ASCEND-8^{27,28}. The lower dose improved the cost-benefit ratio of ceritinib therapy, and in 2017, it was approved by Health Canada and the pan-Canadian Oncology Drug Review as a second-line option for patients progressing on crizotinib.

Alectinib: ALUR

The pivotal phase III ALUR trial ($n = 107$) confirmed the efficacy of alectinib shown by earlier trials^{30,31} in patients with ALK-positive NSCLC who had progressed on both platinum-based chemotherapy and crizotinib (Table 1)²³. Patients were randomized 2:1 to either alectinib or standard second-line chemotherapy (pemetrexed or docetaxel). Investigator-assessed median PFS was significantly better in the alectinib group than in the chemotherapy group (9.6 months vs. 1.4 months; HR: 0.15; 95% CI: 0.08 to 0.29; $p < 0.001$), with a substantially improved ORR (37.5% vs. 2.9%). Discontinuation because of AEs occurred in 5.7% of patients at receiving alectinib and in 8.8% of patients receiving chemotherapy. Alectinib showed a significant PFS benefit in patients with crizotinib-refractory disease and received Health Canada approval for that indication on 31 October 2016³².

NEXT/THIRD-GENERATION ALK TKIS AFTER PROGRESSION ON CRIZOTINIB

Brigatinib: ALTA

Brigatinib is a next/third-generation ALK TKI designed for potent activity against a broad range of ALK-inhibitor resistant mutations³³. In preclinical models, brigatinib was associated with inhibition of all ALK resistance mutations tested, including the solvent-front mutation G1202R, which confers resistance to crizotinib, ceritinib, and alectinib^{34,35}.

Following on from an earlier phase I/II trial^{36,37}, the randomized phase II ALTA trial prospectively assessed the efficacy and safety of brigatinib in 222 crizotinib-refractory patients (74% had received prior chemotherapy) with advanced ALK-positive NSCLC, comparing a dose of 180 mg daily preceded by a 7-day 90 mg lead-in regimen (Brig-90/180, $n = 110$) with a dose of 90 mg once daily (Brig-90, $n = 112$)²⁶. The primary endpoint was investigator-assessed ORR, with PFS being a key secondary endpoint.

The ORR was 54% for the Brig-90/180 group and 45% for the Brig-90 group, with median PFS durations of 12.9 months and 9.2 months respectively (HR: 0.55; 95% CI: 0.35 to 0.86). Early-onset pulmonary AEs (median: within 2 days) occurred in 14 of 219 patients (6.4%). No events occurred after escalation to 180 mg in the Brig-90/180 arm, and in 7 of 14 patients, brigatinib re-treatment or continued treatment at a lower dose was instituted without pulmonary issues. Updated findings showed ORRs of 55% for Brig-90/180 and 46% for Brig-90 (Table 1)²⁴. Median PFS increased to 15.6 months in the Brig-90/180 group (95% CI: 11.1 months to 19.4 months), which was even higher when assessed by the IRC (16.7 months; 95% CI: 11.6 months to not reached), while the median PFS remained at 9.2 months in the Brig-90 group [95% CI: 7.4 months to 11.1 months (investigator) or 12.8 months (IRC)]. Discontinuation because of AEs occurred in 8.2% of patients receiving Brig-90/180 and in 2.7% of those receiving Brig-90²⁶. The Brig-90/180 regimen is the recommended dosing scheme.

Lorlatinib

Lorlatinib is a next/third-generation ALK TKI that is highly active in preclinical models of lung cancer harbouring chromosomal rearrangements of ALK, including cell lines with mutations that result in resistance to other ALK inhibitors, and it was specifically designed to penetrate the blood-brain barrier^{38,39}.

After determining a 100 mg optimal daily dose for lorlatinib, the ongoing phase I/II trial included multiple patient cohorts with advanced NSCLC and ALK rearrangements, many of whom were heavily pretreated (including 1–3 prior ALK TKIs with or without prior chemotherapy). An expanded analysis of the IRC-assessed ORR in 197 patients receiving 1 or more prior TKIs was recently presented (cohorts 2–5, Table 1)²⁵. In 59 patients previously treated with crizotinib with or without chemotherapy (cohorts 2–3A), the systemic ORR was 69% (95% CI: 56% to 81%), and the median PFS was not yet reached (95% CI: 12.5 months to not yet reached). In 27 patients previously treated with one second-generation TKI plus chemotherapy (cohort 3B), the systemic ORR was 33% (95% CI: 16% to 54%), and the median PFS was 5.5 months (95% CI: 2.9 months to 9.0 months). In 111 patients previously treated with 2 or more ALK TKIs with or without chemotherapy (cohorts 4 and 5), the systemic ORR was 39% (95% CI: 30% to 49%), and the median PFS was 6.9 months (95% CI: 5.4 months to 9.5 months). Among all patients in the phase II study ($n = 275$), treatment-related AEs leading to discontinuation occurred in 3% of patients. Lorlatinib showed substantial activity in patients with heavily pretreated ALK-positive NSCLC.

FIRST-LINE TREATMENT WITH SECOND- AND NEXT/THIRD-GENERATION ALK TKIS

Ceritinib (Second Generation): ASCEND-4

The phase III ASCEND-4 trial randomized 376 treatment-naïve patients with ALK-positive advanced NSCLC to receive ceritinib 750 mg daily ($n = 189$) or platinum-pemetrexed with or without pemetrexed maintenance ($n = 187$)⁴⁰. The primary endpoint assessed by the blinded IRC was met, showing that, compared with chemotherapy, ceritinib

was associated with a significant improvement in median PFS (16.6 months vs. 8.1 months; HR: 0.55; 95% CI: 0.42 to 0.73; $p < 0.00001$), with ORRs of 72.5% (ceritinib) and 26.7% (chemotherapy) and similar improvements in duration of response and time to response. Patients treated with ceritinib experienced improved overall quality of life, with significantly prolonged time to definitive deterioration for lung cancer-specific symptoms, and fewer patients discontinued therapy because of treatment-related AEs in the ceritinib group (5%) than in the chemotherapy group (11%). A significant and clinically meaningful improvement in PFS was shown for first-line ceritinib compared with chemotherapy in patients with advanced *ALK*-rearranged NSCLC.

Alectinib (Second Generation): ALEX

The phase III ALEX trial randomized 303 treatment-naïve patients with *ALK*-positive advanced NSCLC to receive either alectinib 600 mg twice daily or crizotinib 250 mg twice daily⁴¹. At a median follow-up of 18.6 months for alectinib and 17.6 months for crizotinib, the IRC showed a significantly longer median PFS for alectinib compared with crizotinib (25.7 months vs. 10.4 months; HR: 0.50; 95% CI: 0.36 to 0.70; $p < 0.001$). The investigator-assessed ORR in the alectinib group was 82.9%; it was 75.5% in patients treated with crizotinib ($p = 0.09$). An updated analysis with nearly 8 months' additional follow-up confirmed those findings, showing improvements in the primary endpoint of investigator-assessed PFS (median: 34.8 months vs. 10.9 months; HR: 0.43; 95% CI: 0.32 to 0.58; p value not reported) and ORR (82.9% vs. 75.5%, p value not reported) for alectinib compared with crizotinib (Table II)⁴². Moreover, the Japanese phase III J-ALEX trial showed an impressive PFS improvement for patients receiving alectinib at a dose of 300 mg twice daily (HR: 0.34; 99.7% CI: 0.17 to 0.71; $p < 0.0001$)⁴³. Discontinuation for any-cause AEs occurred in 11% of patients receiving alectinib and in 13% of patients receiving full-dose crizotinib⁴¹. First-line alectinib was associated with both a significantly longer PFS and a favourable safety profile.

Brigatinib and Lorlatinib (Next/Third Generation)

Ongoing trials evaluating the efficacy of next/third-generation ALK TKIs in the first line are underway. Brigatinib is being compared with crizotinib in the international randomized multicentre phase III ALTA-1L trial with ALK TKI-naïve patients with *ALK*-positive advanced NSCLC (see NCT02737501 at <http://ClinicalTrials.gov/>), in which 270 patients have been randomized to the Brig-90/180 regimen or to crizotinib 250 mg twice daily. The primary endpoint, PFS as assessed by a blinded IRC, was met on 28 July 2018⁴⁴.

Lorlatinib is also being compared with crizotinib with respect to efficacy and safety in the phase III CROWN trial in *ALK*-positive metastatic NSCLC (see NCT03052608 at <http://ClinicalTrials.gov/>). The 280 enrolled patients are being randomized to lorlatinib 100 mg daily or to crizotinib 250 mg twice daily.

BRAIN METASTASES AND ALK TKIS

ALK-positive central nervous system (CNS) metastases are initially present in approximately 25% of patients with

ALK-positive NSCLC¹¹, and the CNS is the most common site of progression for patients taking crizotinib, with approximately 60%–70% of patients eventually developing this complication^b. Because the presence and treatment of CNS metastases can have debilitating consequences for patients, treatment of this patient subset deserves special attention.

Crizotinib

In the PROFILE 1014 trial (first-line crizotinib vs. platinum–pemetrexed), brain metastases were present at baseline in 26% of the group receiving crizotinib and in 27% of the group receiving chemotherapy¹⁷. Brain responses were not reported, but intracranial lesions progressed or new ones developed in 15% of the patients in each arm. Analysis of the 79 patients (23%) with stable treated brain metastases showed that time to progression in the brain nonsignificantly favoured crizotinib (HR: 0.45; 95% CI: 0.19 to 1.07; $p = 0.063$), that the intracranial disease control rate was significantly higher with crizotinib than with chemotherapy at both 12 weeks (85% vs. 45%, $p < 0.001$) and 24 weeks (56% vs. 25%, $p = 0.006$), and that median PFS was significantly improved in patients with treated brain metastases (9.0 months vs. 4.0 months; HR: 0.40; 95% CI: 0.23 to 0.69; $p < 0.001$)¹¹.

The ALEX trial mandated imaging of the brain at baseline and every 8 weeks throughout the trial; in the 22 patients who had measurable CNS metastases at baseline and who were treated with crizotinib, a 50% CNS response was seen (Table III), although the duration of response was only 5.5 months⁴¹.

Ceritinib

Of patients in the phase III ASCEND-5 post-crizotinib trial who had active-target brain lesions and at least 1 post-baseline tumour assessment, 17 (15%) received ceritinib and 20 (17%) received single-agent chemotherapy. Of those patients, 6 (35%) in the ceritinib arm and just 1 (5%) in the chemotherapy arm experienced an overall intracranial response²².

The phase III ASCEND-4 trial (first-line ceritinib vs. platinum–pemetrexed) included 22 patients in each arm with baseline measurable brain metastases and at least 1 post-baseline confirmed assessment⁴⁰. Of those patients, 16 (72.7%) receiving ceritinib and 6 (27.3%) receiving chemotherapy experienced an overall intracranial response. In ASCEND-4, only patients with confirmed CNS metastases were mandated to receive CNS imaging with computed tomography (CT) or magnetic resonance imaging (MRI) at baseline. Thus, a comparison of the incidence of new brain metastases between the treatment arms was not feasible.

Alectinib

Unlike crizotinib and ceritinib, alectinib is not a substrate of P-glycoprotein, a key efflux transporter located at the blood–brain barrier. Alectinib is therefore hypothesized to better penetrate CNS sites. In both preclinical and early clinical investigations, alectinib showed promising CNS activity^{30,31,45,46}.

^b Novartis. Data on file [CLDK378X2101 full clinical study report as of 2 August 2013, and CLDK378A2201 full clinical study report as of 26 February 2014].

TABLE II Efficacy of first-line first- or second-generation ALK inhibitors in treatment-naïve patients with ALK-positive disease

Variable	Reference (study name)					
	Solomon <i>et al.</i> , 2014 ¹⁷ (PROFILE 1014)		Soria <i>et al.</i> , 2017 ⁴⁰ (ASCEND-4)		Camidge <i>et al.</i> , 2018 ⁴² (ALEX, poster)	
Investigational agent	Crizotinib (1st generation)		Ceritinib (2nd generation)		Alectinib (2nd generation)	
Phase	III		III		III	
Review	IRC		IRC		Investigator	
Treatment	Crizotinib 250 mg twice daily	Pemetrexed 500 mg/m ² plus platinum CTx every 3 weeks	Ceritinib 750 mg daily	Pemetrexed 500 mg/m ² plus platinum CTx every 3 weeks	Alectinib 600 mg twice daily	Crizotinib 250 mg twice daily
Patients (<i>n</i>)	172	171	189	187	152	151
Median follow-up (months)	~46		Not reported		27.8	22.8
Intention-to-treat ORR (%)	74	45	72.5	26.7	82.9	75.5
95% Confidence interval	67 to 81	37 to 53	65.5 to 78.7	20.5 to 33.7	76.0 to 88.5	67.8 to 82.1
<i>p</i> Value	<0.001		Not reported		Not reported	
Median PFS (months)	10.9	7.0	16.6	8.1	34.8 ^a	10.9 ^a
Hazard ratio	0.45		0.55		0.43	
95% confidence interval	0.35 to 0.60		0.42 to 0.73		0.32 to 0.58	
<i>p</i> Value	<0.001		<0.00001 ^b		Not reported	
Median OS (months)	Not yet reached ^c	47.5 ^c	Not estimable ^c	26.2 ^c	Not estimable ^c	Not estimable ^c
Hazard ratio	0.76		0.73		0.76	
95% confidence interval	0.55 to 1.05		0.50 to 1.08		0.50 to 1.15	
<i>p</i> Value	0.0978		Not reported		Not reported	

^a The event-free survival rate at 12 months was 68.4% with alectinib (95% confidence interval: 61.0% to 75.9%) compared with 48.7% with crizotinib (95% confidence interval: 40.4% to 56.9%); the IRC-assessed median PFS was 25.7 months compared with 10.4 months (hazard ratio: 0.50; 95% confidence interval: 0.36 to 0.70; *p* < 0.001).

^b The investigator-assessed median PFS was 16.8 months compared with 7.2 months (hazard ratio: 0.49; 95% confidence interval: 0.37 to 0.64; *p* < 0.00001).

^c The OS data were immature at the time of analysis.

IRC = independent review committee; CTx = chemotherapy; PFS = progression-free survival; OS = overall survival; ORR = overall response rate.

In the phase III ALUR trial comparing alectinib with single-agent chemotherapy after chemotherapy–crizotinib, CNS response was the key secondary endpoint²³. All patients were required to undergo imaging by CT or MRI every 6 weeks for the duration of the trial (to coincide with scheduled chemotherapy visits). Measurable lesions in the CNS were seen in 24 patients (33%) in the alectinib group and in 16 patients (46%) in the chemotherapy group, with a CNS ORR of 54.2% being observed in those treated with alectinib (95% CI: 33% to 74%) compared with 0% in the group receiving chemotherapy (95% CI: 0% to 21%; *p* < 0.001).

The phase III ALEX trial was appropriately designed to observe both the incidence of CNS metastases and the CNS response for first-line alectinib compared with crizotinib⁴¹; brain imaging every 8 weeks was mandatory throughout the study. Brain metastases were seen at baseline in 64 patients (42%) randomized to alectinib and in 58 patients (38%) randomized to crizotinib. Measurable baseline CNS lesions were observed in 21 patients (13.8%) receiving alectinib and in 22 (14.6%) receiving crizotinib, with a CNS response being observed in 17 patients receiving alectinib (81%; 95% CI: 58% to 95%) and in 11 receiving crizotinib (50%; 95%

CI: 28% to 72%). The median duration of CNS response was considerably longer in the patients receiving alectinib (17.3 months; 95% CI: 14.8 months to not yet reached) than in those receiving crizotinib (5.5 months; 95% CI: 2.1 months to 17.3 months), as was the time to CNS progression in the intention-to treat population (*n* = 303; HR: 0.16; 95% CI: 0.10 to 0.28; *p* < 0.001). Progression events in the CNS were seen in 18 patients receiving alectinib (12%) and in 68 patients receiving crizotinib (45%). The more recently reported 12-month cumulative incidence rates of CNS progression in patients without baseline CNS metastases were 4.6% for the alectinib group (95% CI: 1.5% to 10.6%) compared with 31.5% for the crizotinib group (95% CI: 22.1% to 41.3%)⁴⁷. This detailed prospective analysis confirms the greater ability of alectinib to prevent CNS progression.

Brigatinib

Brigatinib has impressive CNS activity despite being a substrate for P-glycoprotein. In the phase II ALTA trial evaluating two doses of brigatinib in patients previously treated with crizotinib, 69% (*n* = 154) had brain metastases at baseline; measurable brain lesions were observed in 18

TABLE III Central nervous system (CNS) response with first- and second-line ALK inhibitors

Setting and agent	Reference (study name, phase)	Pts with measurable brain metastases at baseline (n)	CNS ORR [n/N (%)] with		p Value
			ALK inhibitor	Chemotherapy	
<i>First line</i>					
Crizotinib	Solomon <i>et al.</i> , 2016 ¹¹ (PROFILE 1014, III)	79 ^a	Not reported ^b	Not reported ^b	Not reported ^b
	Peters <i>et al.</i> , 2017 ⁴¹ (ALEX, III)	22 ^c	11/22 (50)	Not applicable ^d	Not reported
Alectinib	Peters <i>et al.</i> , 2017 ⁴¹ (ALEX, III)	21 ^c	17/21 (81)	Not applicable ^d	Not reported
Ceritinib	Soria <i>et al.</i> , 2017 ⁴⁰ (ASCEND-4, III)	44 ^e	16/22 (72.7)	6/22 (27.3)	Not reported
<i>Second line</i>					
Brigatinib	Ahn <i>et al.</i> , 2017 ²⁴ (ALTA, II, randomized)	Brig-90/180 ^f : 18	12/18 (67)	Not applicable	Not reported
		Brig-90 ^g : 26	13/26 (50)		
Ceritinib	Shaw <i>et al.</i> , 2017 ²² (ASCEND-5, III)	37 ^e	6/17 (35)	1/20 (5)	Not reported
Alectinib	Novello <i>et al.</i> , 2018 ²³ (ALUR, III)	40 ^c	13/24 (54.2)	0/16 (0)	<0.001
Lorlatinib	Shaw <i>et al.</i> , 2018 ²⁵ (II, expansion, pooled cohorts 2–5)	132 ^h	70/132 (53) ⁱ	Not available	Not reported

^a Patients with stable treated brain metastases.

^b Compared with chemotherapy, crizotinib was associated with significantly improved intracranial disease control, including stable disease, at 12 weeks (85% vs. 45%, $p < 0.001$) and at 24 weeks (56% vs. 25%, $p = 0.006$).

^c Patients with measurable CNS disease at baseline.

^d Trial compared crizotinib with alectinib (CNS ORR: 50% vs. 81% respectively).

^e Eligible patients with active brain metastases and at least 1 post-baseline assessment.

^f Brigatinib 180 mg daily after a 7-day lead-in with brigatinib 90 mg daily.

^g Brigatinib 90 mg daily.

^h Brain metastases present at baseline.

ⁱ Intracranial ORR.

Pts = patients; ORR = objective response rate.

patients receiving Brig-90/180 (16.4%) and in 26 patients receiving Brig-90 (23.2%)²⁶. A recent update showed that intracranial ORRs were seen in 12 patients receiving Brig-90/180 (67%) and in 13 patients receiving Brig-90 (50%)²⁴. At a median follow-up of 18.6 months in the Brig-90/180 arm, the median duration of CNS response was 16.6 months; in the 73 patients in that arm with any brain metastases at baseline, an IRC-assessed intracranial PFS of 18.4 months (95% CI: 12.6 months to not yet reached) was observed.

Results from the phase III ALTA-1L trial (NCT02737501 at <http://ClinicalTrials.gov/>) comparing brigatinib with crizotinib in patients with no prior TKI therapy and 1 or no prior systemic anticancer regimens in the advanced setting are eagerly awaited to confirm the foregoing results. The study protocol mandates disease assessment of the brain by CT or MRI (or both) at screening, at baseline, every 8 weeks through cycle 14, and every 3 cycles thereafter until disease progression. Like the ALEX study of alectinib, ALTA-1L will provide a greater understanding of CNS response with brigatinib and the ability of brigatinib to reduce the occurrence of brain metastases.

Lorlatinib

Lorlatinib was specifically designed to penetrate the blood brain-barrier^{38,39}, and in the ongoing phase I/II trial of lorlatinib in patients previously treated with at least 1 prior ALK TKI ($n = 197$, cohorts 2–5), 67% of patients ($n = 132$) had brain metastases at baseline, with an overall intracranial ORR of 53% (Table III)²⁵. Among the patients previously treated with crizotinib with or without chemotherapy ($n = 37$, cohorts 2–3A), the intracranial ORR was 68% (95% CI: 50% to 82%). Among those previously treated with 1 second-generation TKI plus chemotherapy ($n = 12$, cohort 3B), the intracranial ORR was 42% (95% CI: 15% to 72%), and in the patients previously treated with 2 or more ALK TKIs with or without chemotherapy ($n = 83$, cohorts 4 and 5), the intracranial ORR was 48% (95% CI: 37% to 59%).

The ongoing randomized open-label two-arm phase III CROWN study (NCT03052608 at <http://ClinicalTrials.gov/>) is comparing lorlatinib with crizotinib in the first-line treatment of patients with metastatic ALK-positive NSCLC. The primary objective is blinded IRC-assessed PFS; important blinded IRC-assessed secondary objectives include CNS

ORR from the time of study initiation up to 33 months and intracranial time to progression. Baseline MRI screening and follow-up brain imaging every 8 weeks by either MRI or CT is required.

Improved CNS responses have been observed for all second- and next/third-generation ALK TKIs in patients progressing on crizotinib. Cross-trial comparisons and the direct comparison of crizotinib with alectinib in the ALEX trial suggest that crizotinib has the least CNS activity among all the ALK TKIs.

ALK TESTING

Detection of *ALK* rearrangements is necessary to select patients for optimal treatment of NSCLC with ALK inhibitors; testing should be performed in all patients eligible for targeted therapy at the time of diagnosis of advanced NSCLC when a component of adenocarcinoma is noted or suspected⁴⁸. Eligible pathologic diagnoses include adenocarcinoma, large-cell carcinoma, sarcomatoid carcinoma, adenosquamous carcinoma, and NSCLC not otherwise specified. Patients not eligible for *ALK* testing are those with “pure” squamous-cell, small-cell, and large-cell neuroendocrine carcinoma^{49–53}. However, *ALK* testing can be considered for atypical patients, such as a lifetime never-smoking individual with squamous-cell carcinoma. Testing has to be performed before systemic therapy is initiated. Tissue samples from the primary tumour or metastases are equally suitable for analysis. Biopsies, resection specimens, and cytology specimens with an available cellblock are all suitable for *ALK* testing using immunohistochemistry (IHC) and fluorescence *in situ* hybridization (FISH).

Initially, the standard method for detection of *ALK* gene rearrangements in the United States was FISH using the U.S. Food and Drug Administration–approved *ALK* Break Apart FISH Probe Kit (Abbott Molecular, Abbott Park, IL, U.S.A.). In Canada, FISH, IHC, and other assays are available for detecting *ALK* rearrangements. However, FISH is both expensive and labour-intensive, making it challenging to implement as the primary diagnostic test for the identification of *ALK* rearrangements in all molecular pathology laboratories nationwide. A network of pulmonary and molecular pathologists and cytogeneticists working in academic centres across Canada conducted the Canadian ALK study to address the challenge of standardization and optimization of detection tests for *ALK*-positive NSCLC⁵⁴. Cases deemed weakly positive or equivocal for ALK by IHC were then tested by *ALK* FISH for confirmation. The results supported the use of appropriately validated IHC laboratory-developed IHC assays using the 5A4 ALK antibody clone to screen for *ALK*-positive NSCLC. A second Canadian Immunohistochemistry Quality Control study showed good results and high concordance for ALK IHC testing at 21 participating Canadian laboratories. Moreover, recent data from the ALEX trial indicate that, compared with *ALK* FISH, ALK IHC might identify more patients who benefit from ALK TKIs and that ALK IHC–positive patients might benefit even if *ALK* FISH results are negative⁵⁵.

In June 2017, the U.S. Food and Drug Administration approved the Ventana ALK (D5F3) CDx IHC Assay (Roche

Diagnostics, Risch-Rotkreuz, Switzerland) for the qualitative detection of ALK protein in formalin-fixed paraffin-embedded NSCLC tissue stained with a Ventana BenchMark XT or BenchMark Ultra automated staining instrument⁵⁶. Currently, in Canada, positive ALK IHC is sufficient for obtaining access to ALK TKIs. Nevertheless, the use of ALK IHC alone requires high levels of reliability, and ongoing quality assurance and adoption should be linked to strict validation standards and ongoing quality assurance^{48,57}.

OPTIMAL SEQUENCING OF THERAPY

The optimal sequencing of ALK TKIs in patients with *ALK*-positive advanced NSCLC continues to evolve, with a suggested sequencing outlined in Figures 1 and 2 for treatment-naïve and crizotinib-refractory patients respectively.

Initial Therapy

In Canada, recommendations for new therapies must meet regulatory requirements and must, in phase III trials, demonstrate improved clinical outcomes compared with the current standard of care. Crizotinib was approved by Health Canada in April 2012 and has since been the standard of care for treatment-naïve patients with *ALK*-positive NSCLC. However, initial treatment is currently changing given that alectinib and ceritinib both have phase III data to support first-line use (Figure 1).

The ALEX trial is the only study to have compared a second-generation agent, alectinib, with the current first-line standard, crizotinib. The well-designed protocol—which showed an improvement by a factor of almost 2.5 in investigator-assessed median PFS (34.8 months vs. 10.9 months)⁴², a significantly reduced incidence of CNS

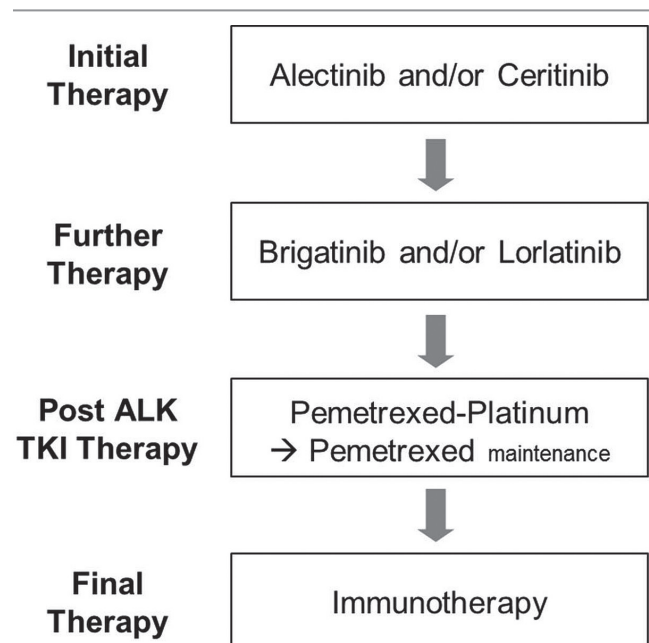


FIGURE 1 Therapy options for treatment-naïve patients with advanced nonsquamous *ALK*-positive non-small-cell lung cancer. TKI = tyrosine kinase inhibitor.

progression⁴⁷, and a favourable safety profile⁴¹ for alectinib compared with crizotinib—provides compelling evidence for the use of alectinib as first-line therapy.

Outcomes from the ASCEND-4 trial also show good support for the use of ceritinib in this setting, although no randomized comparison with crizotinib was performed. The trial demonstrated strong activity for ceritinib compared with platinum–pemetrexed chemotherapy, with a more-than-doubled median PFS (16.6 months vs. 8.1 months)⁴⁰. Gastrointestinal-related AEs were considerably higher in the ceritinib 750 mg arm, although most were grade 1 or 2 and manageable; treatment discontinuation was required in only 3 patients (2%). Results from ASCEND-8 in previously treated patients also show that lower-dose ceritinib (450 mg) is equally effective, with an improved toxicity profile and cost–benefit ratio^{27,28}. Again, cross-trial comparisons should be interpreted with caution, although it is notable that in these relatively comparable populations, the median PFS for ceritinib in ASCEND-4 was higher by a factor of 1.5 than the median for high-dose crizotinib in the PROFILE 1014 study^{17,40}.

Level I evidence supports the use of alectinib as a new standard of care for treatment-naïve patients with ALK-positive NSCLC, and indirect data support ceritinib as an active and cost-effective option (Figure 1). Because case reports suggest that sequential use of these agents in either order might also impart clinical benefit, both are reasonable choices for initial therapy^{58–62}.

Further Treatments

Recently, data from the ASCEND-5 and ALUR trials have respectively demonstrated activity for ceritinib and alectinib in patients progressing on crizotinib-based therapy^{22,23}, establishing both as viable later-line treatment options (Figure 2). Although cross-trial comparisons should be interpreted with caution, and although those studies included slightly different patient populations [the ALUR trial was conducted strictly in third-line patients (100% having received both a platinum doublet and crizotinib), and ASCEND-5 included a mix of third-line (88% same population as ALUR) and fourth-line patients (12% having received 2 lines of chemotherapy and crizotinib)], the median PFS for alectinib appears to be slightly higher than the median for ceritinib, and a network meta-analysis suggested less toxicity with alectinib⁶³. It must be noted that ALUR was conducted in a slightly more favourable population²³, and outcomes from ASCEND-8 have shown that lower-dose ceritinib (450 mg) administered with food is as efficacious as the 750 mg dose used in the ASCEND-5 trial, with an improved safety profile^{22,27,28}. Ceritinib and alectinib were both recently approved by the pan-Canadian Oncology Drug Review and are currently in price negotiations at the pan-Canadian Pharmaceutical Alliance. Both should be considered after progression on crizotinib.

Brigatinib has demonstrated activity in second-line or later disease after progression on crizotinib²⁶, and lorlatinib has shown benefit after multiple lines of prior ALK TKI therapy²⁵. Results from phase I/II studies suggest that either can be used in patients progressing on prior ALK inhibitors^{26,25}. Data for the use of brigatinib after progression on alectinib are currently lacking, and therefore the optimal sequencing is currently unknown (Figures 1 and

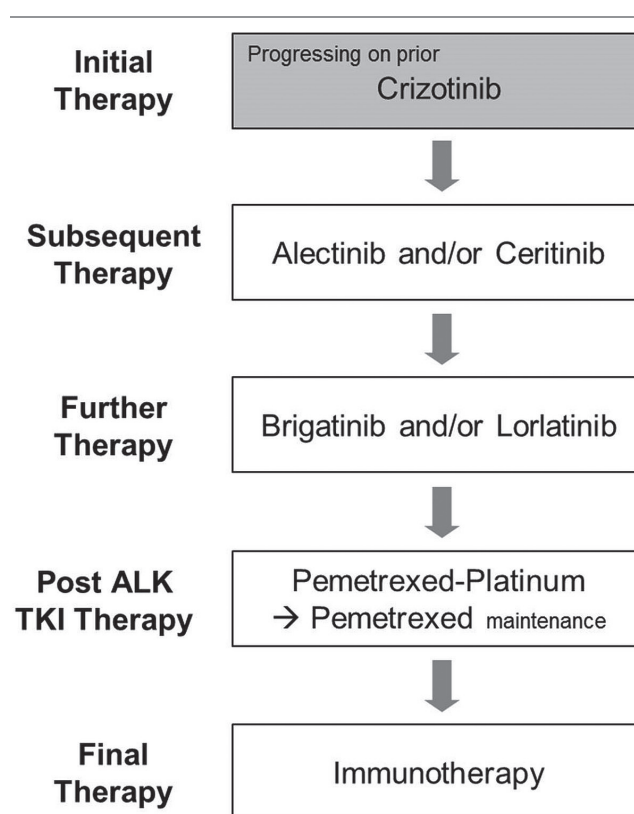


FIGURE 2 Therapy options by line for later lines in patients with advanced ALK-positive non-small-cell lung cancer currently receiving and progressing on crizotinib. TKI = tyrosine kinase inhibitor.

2). Lorlatinib has demonstrated activity after multiple lines of ALK TKIs²⁵, which could potentially indicate a preference for the use of brigatinib. However, preclinical and clinical evidence shows activity for lorlatinib against G1202R^{25,64}, and preclinical data to date show activity for brigatinib against this most frequent and challenging ALK resistance mutation³⁴. Further treatments could therefore include single-agent brigatinib or lorlatinib, or both sequentially. Rebiopsy to identify resistance mutations to guide therapy is not currently recommended, although that practice might play a role in the future.

Given that patients with advanced NSCLC and an ALK rearrangement might have tumours that are quite sensitive to pemetrexed platinum-doublet chemotherapy⁶⁵, that approach should be considered as an option to be used sequentially after brigatinib and lorlatinib (Figures 1 and 2). Although the exact sequence of these regimens in a new era of first-line alectinib or ceritinib has yet to be determined, the new options provide many treatment sequence alternatives. If single-agent pembrolizumab is being considered in patients with high PD-L1 expression, it should be noted that ALK-positive patients were excluded from the phase III first-line pembrolizumab trial, and other data suggest a low likelihood of response in such patients because their mutational burden is low^{66–69}. Although clinical trials are ongoing, findings to date underscore the importance of exhausting other systemic therapies before considering immunotherapy.

SUMMARY

Emerging data have expanded the role for ALK inhibition in patients with ALK-positive NSCLC, and Canadian recommendations have been updated accordingly:

- Patients with advanced nonsquamous NSCLC have to be tested for the presence of an ALK rearrangement.
- Treatment-naïve patients with ALK-positive disease should initially be offered single-agent alectinib or ceritinib, or both sequentially.
- Crizotinib-refractory patients should be treated with single-agent alectinib or ceritinib, or both sequentially.
- Further treatments could include single-agent brigatinib or lorlatinib, or both sequentially.
- Patients progressing on ALK TKIs should be considered for pemetrexed-based chemotherapy.
- Other systemic therapies should be exhausted before immunotherapy is considered.

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CONFLICT OF INTEREST DISCLOSURES

BM serves on advisory boards for Novartis, Pfizer, and Roche; JA serves on advisory boards for Novartis, Pfizer, Takeda, and Roche, and has given talks for, or served on advisory boards for, AstraZeneca, Boehringer Ingelheim, Bristol–Meyers Squibb, Merck, Novartis, and Pfizer; RA serves on advisory boards for Novartis, Pfizer, and Roche; DGB serves on advisory boards for Novartis, Pfizer, and Roche; NB serves on advisory boards for Takeda, Novartis, Pfizer, and Roche; RB serves on advisory boards for Roche, Takeda, Merck, and AstraZeneca; CB serves on advisory boards for AstraZeneca, Boehringer Ingelheim, Bristol–Meyers Squibb, Merck, and Pfizer; VH serves on advisory boards for Amgen, AstraZeneca, Boehringer Ingelheim, Bristol–Meyers Squibb, Eli Lilly, Merck, Novartis, Roche, and Pfizer; RJ serves on advisory boards for Novartis, Pfizer, and Roche; DNI has received honoraria from, or has been part of an advisory board for, AstraZeneca, Boehringer Ingelheim, Bristol–Myers Squibb, Eli Lilly, Merck, Novartis, and Pfizer; WM serves on advisory boards for Novartis, Pfizer, and Roche; ZP has served on advisory boards for AstraZeneca, Merck, and Roche; RS serves on advisory boards for AstraZeneca, Boehringer Ingelheim, Bristol–Myers Squibb, Merck, Novartis, AbbVie, Roche, and Takeda; MT has served on advisory boards for Takeda; MST has received research funding from Roche; MV serves on advisory boards for Amgen, AstraZeneca, Bristol–Myers Squibb, Boehringer Ingelheim, Celgene, Novartis, Eli Lilly, Takeda, Taiho, Hoffman–La Roche, Pfizer, and Merck, and is a member of the speaker's bureau for AstraZeneca, Boehringer Ingelheim, Amgen, Merck and Eli Lilly; ZX serves on the advisory board for and has received grants from Pfizer; GL serves on advisory boards for and has received honoraria from AstraZeneca, Novartis, Pfizer, Roche, Merck, AbbVie, Bristol–Myers Squibb, and Takeda, and has received grants from AstraZeneca and Roche; the remaining authors have no conflicts of interest to disclose.

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