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Proteomics: Clinical and research applications in respiratory diseases

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Abstract

The proteome is the study of the protein content of a definable component of an organism in biology. However, the tissue specific expression of proteins and the varied post translational modifications, splice variants and protein - protein complexes that may form, make the study of protein a challenging yet vital tool in answering many of the unanswered questions in medicine and biology to date. Indeed, the spatial, temporal and functional composition of proteins in the human body has proven difficult to elucidate for many years. Given the effect of microRNA and epigenetic regulation on silencing and enhancing gene transcription, the study of protein arguably provides more accurate information on homeostasis and perturbation in health and disease. There have been significant advances in the field of proteomics in recent years, with new technologies and platforms available to the research community. In this review, we briefly discuss some of these new technologies and developments in the context of respiratory disease. We also discuss the types of data science approaches to analyses and interpretation of the large volumes of data generated in proteomic studies. We discuss the application of these technologies with regard to respiratory disease and highlight the potential for proteomics in generating major advances in the understanding of respiratory pathophysiology into the future.

Keywords

proteomics; lung disease

1. Introduction

Proteomics is the study of "proteomes" or the study and characterization of the protein composition of a cell, organ or other definable compartment of living organisms. Proteins are compounds of one or more long chains of amino acids and are vital parts of all living

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organisms. Amino acids are compounds composed of both a carboxyl (—COOH) and an amino $(-NH₂)$ group and form the building blocks of proteins. These proteins are generated from translation of mRNA and provide the principal information on how cells or organs function¹. The lung is a fascinating and complex arena for proteomic studies, with innate and adaptive immune systems, extracellular matrix/interstitium, resident and recruited leucocytes, and an epithelial lining that is constantly exposed to the external environment. Pulmonary diseases remain a major contributor to global morbidity and mortality and there are many difficult questions that remain unanswered in pulmonary pathophysiology². Proteomics has the potential to address many of these shortcomings.

Protein is generated from translation of mRNA, yet flow of information from DNA to mRNA and then protein is confounded by epigenetic changes and microRNAs which can work to alter, amplify or dampen these genetic signals^{3,4}. The human genome consists of approximately $31,000$ protein coding genes⁵, and remains largely unchanged throughout life. Therefore, study of DNA and mRNA sequences does not account for changing environmental influences. Nucleic acid studies provide data on the potential for organ and cellular pathobiology and risk of disease and perturbation^{5,6}. However, the human proteome adds incredible complexity to the human genome. The tissue specific expression of genes, translation of protein and subsequent splice variants, post translational modifications (PTMs) and protein-protein complexes/interactions⁷ and regulation of protein abundance largely at a translational level⁸ mean that interrogating the human proteome is arguably more challenging than interrogating the human genome (Fig.1).

Historically, technologies available to quantify protein in biological matrices were limited, costly and cumbersome. There has been considerable recent progress. The human proteome has been tentatively mapped using an integrative omics' approach (transcriptomics and antibody based techniques) and represents a major step forward for proteomic research⁹. Central to this has been development of the human protein atlas, an invaluable research tool for protein localization and tissue expression, which includes a proteome map of normal human lung^{10,11}. One of the major focuses of proteomic research to date has been identification of accurate disease biomarkers and targets for intervention¹². Proteomics arguably has the most potential of the "omics" fields to provide new knowledge on disease pathogenesis, generate reliable biomarkers and facilitate discovery of new therapeutic strategies for human disease.

In this review, we discuss some of the recent advances in proteomic technology and describe current proteomic applications including mass spectrometry and aptamer approaches. We also detail several bioinformatics techniques and workflows to approach, analyze and interpret proteomic data. Finally, we highlight the application of proteomic technology to respiratory diseases and discuss some of the potential future uses of these technologies.

2. Proteomics applications and challenges

Herein, we provide a basic guide to some proteomic applications, namely mass spectrometry (MS) and aptamer approaches. An important consideration is that proteomic platforms are constantly evolving, have mixed versatility, difficulty and technical challenges. For instance,

the field includes diverse projects from cell organelle protein expression profiling to human blood biomarker identification. Certain platforms may be better suited to addressing different scientific questions over others. All proteomic approaches will not be covered here and the interested reader is directed to a comprehensive review of proteomic applications and mass spectrometry elsewhere¹³.

Challenges in proteomic applications have been significant and have dampened enthusiasm for these platforms over the years. The spectrum of proteins that exist span a dynamic concentration range of at least 12 logs and this has hampered progress^{14,15}. For instance, albumin, a large abundant protein in plasma is separated from the rarest measurable plasma proteins by 10 orders of magnitude¹⁵. The complexity of proteins involving splice variant and PTMs has also generated difficulties. The exact frequency of PTMs is unclear although the top 15 experimentally validated modifications represent the bulk of reported PTMs¹⁶. Common PTMs are listed in Table 1. Moreover, splice variants add further complexity. Indeed, fibronectin, an important component of the pulmonary interstitium, has more than 20 known isoforms¹⁷. Despite these hurdles, new advances have improved our technical abilities and these challenges have become less daunting.

2.1 Mass Spectrometry (MS)

Significant advances in MS technology have accumulated in the last decade. These advances have improved the ability of these platforms to accurately measure thousands of proteins in a biological matrix.

Protein extraction from biological samples requires pre-formed knowledge of study design as different types of biological matrices and methods of extraction may induce bias and affect protein quantity and activity. For instance, blood within a tissue sample may give non representative falsely elevated results for certain proteins. Lysis and digestion of a biological matrix can generate peptide mixtures which need some degree of fractionation or enrichment to be compatible with proteomic applications. Fractionation can be achieved based on charge, isoelectric point or hydrophobicity properties of peptides and is typically achieved using gel electrophoresis, affinity chromatography or isoelectric focusing¹³. Specific subsets of peptides can be enriched by targeting PTMs (e.g. phosphorylation, acetylation) using affinity resins or antibody immunoprecipitation. Liquid chromatography (LC) is then applied to the reduced samples for further separation and sample reduction. MS is the next crucial analytical step as information garnered is then used to identify varied proteins. In brief, as MS measures the mass to charge ratio of ions (m/z) in gas phase, peptides must be transferred into the gas phase and then ionized. Once ionized, peptide precursor ions are submitted to the mass spectrometer where the m/z ratio is measured. Single precursor ions are selected then and subjected to tandem MS to generate characteristic fragment ions. This combination of precursor m/z ratio and its fragment ions is then matched to known peptide sequences from curated protein databases for protein identification. There are multiple technologies and methods for peptide fractionation, enrichment, ionization and types of mass spectrometers commercially available¹³. MS has been used widely in biomarker studies of respiratory disease to date including chronic obstructive pulmonary disease

 $(COPD)^{18-20}$, acute respiratory distress syndrome $(ARDS)^{21-23}$ and interstitial lung disease $(LID)^{24-26}$.

2.2 Aptamer based techniques

Aptamers are short single stranded RNA or DNA oligonucleotides that bind specific parts of a target molecule with high affinity and specificity²⁷. Aptamer generation is less expensive and less arduous than antibody generation, and aptamers are not known to be toxic or $immunogenic²⁸$. In recent years a new class of aptamer has been developed, termed slow offrate modified aptamers (SOMAmers), which consist of single stranded DNA-based molecular recognition elements^{29,30}. They are fully synthetic and developed *in vitro* using libraries of randomized sequences through modifications of the systematic evolution of ligands by exponential enrichment (SELEX) process. The selected SOMAmers have distinct recognizable nucleotide sequences and act as protein binding elements with defined shapes. The nucleotide sequences can be recognized by complimentary hybridization probes. The assay takes advantage of the slow dissociation rate between SOMAmers and their cognate proteins. Non-cognate interactions between SOMAmers and protein will dissociate rapidly. The cognate SOMAmers are hybridized to complementary probes on a standard DNA microarray. The SOMAmer data quantitatively represents the protein concentration in the sampled matrix. This is achieved by converting the assay signal in relative fluorescent units to protein concentration³¹. SOMAmers have been used to develop biomarker tools in several forms of respiratory disease including lung cancer^{32–34}, pulmonary tuberculosis^{35,36} and idiopathic pulmonary fibrosis $(IPF)^{37,38}$.

3. Bioinformatics Analysis of Proteomic Data

New proteomic experimental technologies generate large volumes of data, but a major challenge lies in analyzing these data to provide new biological insight. The fields of bioinformatics, computational biology and systems biology have developed techniques to facilitate curating, analysis and interpretation of "omics" data with many of these approaches described as either data-driven or knowledge-based39. Data-driven approaches rely only on protein data to identify proteins of interest in differentiating clinical or biological groups, and knowledge-based approaches rely on previously reported functions and pathways.

3.1 Data-driven Analysis

The goal of data-driven analysis is to use proteomic data to discover new proteins that are associated with certain experimental or clinical groups, without employing prior knowledge of these proteins' functions. One way to begin analysis of a new proteomics dataset involves employing data-driven tools to enable visualization of the overall differences in protein expression data between clinical or biological groups. A common method used to visualize protein expression is a volcano plot, which displays information about each protein's fold change in expression across groups on the x axis, vs. the significance of this change (determined by t test or other statistical analysis) on the y $axis^{40}$ (Fig.2A). Since determining statistical significance in large proteomic data sets may involve performing many statistical tests, it is important to correct for multiple comparisons to control for the Type I error rate in

order to reduce the number of false positive findings. The Bonferroni⁴¹ or Benjamini-Hochberg⁴² correction are common tests used in order to control for this, and can also be displayed on the volcano plot (Fig.2A).

Hierarchical clustering is another visualization technique that additionally highlights the presence of protein clusters that differentiate multiple groups of interest. The hierarchical clustering algorithm employs a distance metric (such as Pearson's correlation coefficient, Euclidean distance, or others described by Jaskowiak *et al.*⁴³) to cluster samples and proteins in terms of similarity. Identified clusters can then be displayed as dendrograms, with an associated heat map of color intensity to display changes in expression of each protein across groups of interest (Fig.2B).

Two other data-driven analytical approaches used to visualize differences between clinical or biological groups employ linear algebra: principal components analysis (PCA) and partial least squares discriminant analysis (PLSDA)^{44,45}. PCA and PLSDA algorithms identify weighted linear combinations (or "patterns") of measured proteins that capture variance across the samples. Each sample can then be plotted on these key combinations (called latent variables (LV) in PLSDA and principal components (PC) in PCA), generating an interpretable scores plot in which differences between groups of interest may be visualized. Although PCA and PLSDA create figures that can look similar, an important difference between them is that the PLSDA algorithm also receives information about patient groups and searches for variance that differentiates these groups, making it a "supervised" approach (Fig.2C, 2D). In contrast, PCA only evaluates overall variance (without information about groups), making it "unsupervised".

Another approach for evaluating large proteomic datasets is correlation network analysis, which enables graphical visualization of significant correlations between protein pairs. Correlation networks are constructed by calculating Pearson or Spearman correlation coefficients between measured proteins. A map is then created indicating significant connections and the strength of each correlation (Fig.2E). These graphs allow quick identification of highly connected proteins that may be network regulators, and how these interactions change across groups. Again, multiple comparison tests should be used to reduce Type 1 Error.

In addition to visualization, data-driven approaches are also useful for eliminating proteins that are not relevant to a biological or clinical question of interest. In proteomics datasets, considerably large numbers of proteins may be unchanged between groups of interest, masking the important and differentially regulated proteins. In this case, quantitative feature selection techniques inherent to some data-driven approaches can be used to identify subsets, or "minimum signatures," of proteins that best separate the groups of interest. Two such examples are the least absolute shrinkage and selection operator method (LASSO)⁴⁶ and selection using variable importance in projection (VIP) scores in $PLSDA⁴⁷$.

3.2 Knowledge-based Analysis

Knowledge-based bioinformatics tools take advantage of prior knowledge to analyze proteomics datasets in the context of known protein function and ontology. These tools

enable identification of biological pathways that are both enriched in the dataset and known to be involved in specific functions and processes.

Knowledge-based analysis employs previously generated databases where proteins have been tagged with unique identifier labels. Uniprot IDs^{48} are the most commonly used protein identifiers, though gene IDs (with gene identifiers given by Ensembl⁴⁹) or the Enzyme Commission numbering system⁵⁰ are also often used in proteomics. The choice in which identifier to use depends on the type of proteins that are being measured, and on which identifiers a given knowledge-based database will accept. Once proteins are linked with unique identifiers, prior knowledge databases with annotated information about biological functions and pathways can be employed to identify associated processes. One such tool is Gene Ontology $(GO)^{51}$. GO terms, which standardize the naming of genes and gene products, are used to report the specific "biological processes," "molecular functions," and "cellular compartments" annotations associated with measured genes and proteins. Similar to GO terms, the Kyoto Encyclopedia of Genes and Genomes (KEGG) links protein and gene names with their functions and chemical information⁵². KEGG differs from GO in that it is more focused on known protein interactions. KEGG's mapped pathways include those describing metabolism, human disease, signal transduction, and many others. Other pathway databases include Reactome⁵³, PANTHER pathways⁵⁴, and WikiPathways⁵⁵.

In addition to biological annotation, knowledge-based analysis can be used to identify functions or pathways that are significantly enriched in datasets of interest. This involves comparing how many times a certain pathway is included in the protein set of interest with how many times it appears in a reference (control) set of proteins or genes, (such as that organism's genome). A p-value can be calculated and used to determine if the pathway is significantly enriched in the proteomic dataset of interest. One such tool that both annotates proteins and performs functional enrichment analyses is the Database for Annotation, Visualization and Integrated Discovery (DAVID)⁵⁶. DAVID's strength is that it performs enrichment analyses on multiple annotation types (such as GO terms and KEGG pathways) and displays the results in both charts and clustered heat maps. Other knowledge-based enrichment analysis and visualization tools include Cytoscape⁵⁷ and its ClueGO plug in⁵⁸, EnrichNet⁵⁹, and the commercial Ingenuity Pathway Analysis $(IPA)^{60}$, as well as others as described by Laukens et al.⁶¹.

3.3 Combining Data-driven and Knowledge-based Analysis Techniques

Data-driven and knowledge-based proteomic analyses complement each other well when combined. In this process, data-driven tools can identify key minimum signatures of proteins that differentiate the groups of interest, with knowledge-based tools providing a deeper biological context for this smaller list of proteins. For example, a feature selection technique (LASSO or VIP scores) or a volcano plot can be used to narrow down the proteomics dataset into a list of the proteins that vary between the groups of interest. These identified significant proteins can subsequently be labeled with Uniprot IDs and input into DAVID to discover enriched pathways and biological processes, generating new hypotheses regarding mechanisms of action associated with disease.

4. Proteomic Applications in Respiratory Disease:

Diseases of the respiratory system remain a major source of global morbidity and mortality². Proteomic discovery in lung is a rapidly evolving field, and currently much of the focus has been centered on the role of proteomics in lung cancer (Fig.3).

4.1 IPF

IPF is the most common form of ILD and is invariably fatal with a median survival of 2 to 3 years⁶². IPF etiology and pathogenesis are poorly understood⁶³. The disease results in aberrant accumulation of extracellular matrix within the interstitium of the lung, promoting impaired gas exchange and respiratory failure 37 .

However, recent studies have started to explore differences in protein expression and profiling in IPF patients. Comparative proteomic analysis of lung tissue samples derived from IPF patients and human donor transplant lungs using 2D gel electrophoresis and matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF) MS demonstrated significant differences in protein expression²⁵. Fifty-one proteins were upregulated and 38 down-regulated in IPF lung compared to normal. Proteins involved in unfolded protein response (UPR) were upregulated and immunohistochemistry confirmed induction of markers of UPR within type 2 pneumocytes. Furthermore, there was downregulation of antioxidants and structural epithelial proteins supporting epithelial cell injury as a key feature of IPF pathogenesis. The ability to differentiate between different types of ILD pathology using proteomic profiles would mark a major advancement in ILD management. Landi et al. employed bronchoalveolar lavage fluid (BALF) derived from IPF, sarcoidosis, Langerhans cell histiocytosis and scleroderma (SSc) associated ILD patients to examine differentially expressed protein profiles²⁶. They reported novel findings supporting the regulation of ILD pathogenesis by factors in alternative complement activation, blood coagulation, protein folding and Slit-Robo signaling. The acquisition of BALF however may be challenging in chronic lung disease. Recent work by our group applied novel aptamer approaches to investigate the blood plasma proteome in IPF patients from the COMET study³⁸. SOMAmers were measured in IPF patients and then analyzed to generate a panel of 6 plasma biomarkers to predict disease progression based on a composite disease progression index. IPF patients with high levels of inducible T cell costimulatory (ICOS) and trypsin 3 (TRY3) and low levels of ficolin-2 (FCN2), cathepsin-S (Cath-S), legumain (LGMN), and soluble vascular endothelial growth factor receptor 2 (VEGFsR2) predicted poorer progression-free survival. We next examined the differential expression of plasma proteins in healthy volunteers and IPF patients. In this recent proof of concept study, we employed hierarchical clustering of statistically significant differentially expressed proteins in IPF patients and healthy volunteers, demonstrating visually distinct plasma proteomes between healthy volunteers and IPF patients³⁷ (Fig.4). This study highlights the potential use of proteomic profiles derived from easily accessible blood in the diagnostic workup of ILD patients. Foster and colleagues recently employed two different proteomic platforms to BALF from IPF patients and demonstrated the increased expression of osteopontin⁶⁴. This work importantly validating previous studies and results across quantitative proteomic platforms⁶⁵. Schiller *et al.* recently applied quantitative label free mass spectrometry to

address common protein regulations across apparently heterogeneous lung fibrosis tissue from human patients (including IPF)⁶⁶. They report a possible common regulator, MZB1 + plasma B cells, present at high prevalence in both fibrotic lung and skin tissue including IPF, hypersensitivity pneumonitis (HP), cryptogenic organizing pneumonia (COP), scleroderma associated ILD and unclassifiable ILD.

4.2 Asthma

Asthma is a chronic inflammatory airway disorder characterized by variable airflow obstruction67. The disease is associated with exposure to aeroallergens which leads to immunological changes within the airway epithelium. To date, there are several studies that have examined the role of proteomic technologies in both development of biomarkers and improved understanding of asthma pathogenesis.

Initial studies using high performance liquid chromatography (HPLC) resulted in discovery of the chemokine CCL5 (RANTES) as a BALF biomarker of allergic inflammation and eosinophilic activation in asthma patients⁶⁸. A further study of endobronchial biopsies in a small number of asthma patients and healthy volunteers using mass spectrometry also identified CCL5 as a biomarker. These authors used pathway analysis to identity biologically important functional pathways including acute phase response, cell-cell signaling and tissue development in asthmatic airways compared to controls⁶⁹. Hamsten and colleagues also demonstrated alterations in CCL5 plasma protein levels with significantly lower levels reported in children with persistent asthma compared to controls⁷⁰. Wu *et al.* used LC-MS/MS of BALF samples after allergen challenge in asthma patients to describe the complex biological pathways activated in the lung^{71} . They found approximately 150 proteins that were upregulated in response to allergen exposure in BALF, and the upregulated proteins were associated with wide ranging functional pathways including proteolysis, inflammation, cell proliferation and signal transduction. Potentially interesting upregulated proteins included MMP9 and SERPINA3. MMP9 is a matrix metalloproteinase involved in lung remodeling that is generated in part by airway neutrophils⁷². Proteomic studies of sputum samples from asthma patients have also been employed to study asthma pathobiology. Gharib et al. examined airway sputum samples from 10 patients and reported 17 target proteins including alpha 1-antichymotrypsin⁷³. Sputum samples are acquired by non-invasive means and therefore provide an advantage over other types of pulmonary sampling. Aptamer approaches have also been reported in studies of asthma. Loza et al. reported increases in serum CRP and IgE and reductions in serum carbonic anhydrase 6 and osteomodulin in severe asthma⁷⁴.

4.3 COPD

COPD is a common disease with global impact and high related morbidity and mortality. COPD is characterized by airflow obstruction that is poorly reversible⁷⁵. There is obstruction of small airways and destruction of distal alveolar structures resulting in air trapping, impaired gas exchange, cough, dyspnea and sputum production⁷⁶. Proteomic approaches have been utilized in studies of COPD from BALF, tissue and blood for biomarker discovery. Nano-LC-MS techniques identified 76 differentially expressed proteins in BALF from COPD patients, and pathway analysis identified biological processes

including inflammatory processes, glycolysis, and oxidation reduction⁷⁷. Given the issues with dilution of epithelial lining fluid (ELF) on BALF acquisition, one investigative group obtained ELF directly from the airway using microprobes during bronchoscopy and then applied microfluidics based nano-LC-MS/MS to identify and quantify proteins in the ELF of COPD patients. They identified elevated levels of lactotransferrin, high-mobility group protein B1 (HGMB1) and alpha-1 antichymotrypsin in ELF from COPD patients compared to healthy controls78. Interestingly, alpha-1 antichymotrypsin encoded for by the SERPINA 3 gene is reportedly elevated in the sputum of asthma patients, possibly reflecting a shared mechanism in chronic inflammatory airway disorders⁷¹. Studies have also examined proteins in sputum to better understand COPD pathogenesis. Baraniuk and colleagues identified a higher abundance of mucin 5AC in sputum from COPD and healthy smokers. Patients with emphysema features had higher levels of defensins and protein components of neutrophil extracellular traps $(NETS)^{79}$. Lee *et al.* employed MALDI-TOF-MS in tissue samples from COPD patients and healthy smokers¹⁹. They reported significant upregulation of MMP-13 mainly in alveolar macrophages and thioredoxin-like 2 (TXL2) in bronchial epithelium compared to healthy smokers. A further comprehensive study of tissue, plasma and sputum in COPD, IPF and alpha-1-antitrypsin deficiency patients identified the protein transglutaminase 2 (TGM2) as a COPD specific protein⁸⁰. Tissue levels of TGM2 associated with disease severity, and sputum and plasma levels of TGM2 correlated with FEV1% predicted values.

4.4 Lung Cancer

The detection of lung cancer during the early phases of disease is crucial to providing optimal management strategies and potential cure, as it is often diagnosed at an advanced stage⁸¹. Therefore, the discovery of accurate and reliable biomarkers is an important goal. Extensive use of proteomic research applications has occurred in the lung cancer field but the proposed biomarkers have yet to be adopted for clinical applications⁸². Most lung cancer proteomic studies have been undertaken in diseased tissue samples, however some studies have been carried out on serum, blood, BALF, pleural fluid and saliva⁸².

Wu *et al.* studied plasma samples from lung adenocarcinoma (NSCLC) patients and age and gender matched healthy controls and reported nine candidate proteins that discriminated between cancer and health⁸³. These proteins included gelsolin (GSN), galectin-1 (LGALS1) and actin cytoplasmic 1 (ACTB). It may be possible to use blood proteomics to stratify risk of developing lung cancer. One study applied proteomics to plasma from never, current or former smokers and reported a significant association with plasma apolipoprotein E (APOE) levels and the development of squamous metaplasia in the lungs, supporting the potential to develop proteomic plasma biomarkers capable of predicting pre-malignant and early forms of lung cancer84. However, lung tissue samples from cancer patients have received more extensive analysis. Numerous studies have analyzed proteomic changes within lung tissue samples. Pernemalm *et al.* used isobaric tags for relative and absolute quantitation (ITRAQ) based quantitative proteomics to compare lung cancer tissue samples associated with 2-year relapse and those without relapse. Using pathway analysis, they reported tumors associated with relapse had a higher dependence on glycolysis and higher hypoxia inducible factor (HIF) activity⁸⁵. Kikuchi *et al.* pooled samples of lung adenocarcinoma (AC), squamous

carcinoma (SCC) and control tissue and used shotgun proteomics to profile the lung tumor proteome. They found higher levels of Mapsin (SERPINAB5) in SCC tissue samples and identified for the first time, dysregulation of the p21-activated kinases in NSCLC⁸⁶.

5. Translating Proteomic studies

To date, the results of many proteomic studies in medicine have been centered on the development of reliable biomarkers for disease and outcomes. For instance, the largest aptamer study of plasma proteins to date was employed to risk stratify patients with cardiovascular disease 87 . However, it is important to note that the study of proteins may have vast implications in medicine and science. Proteomics platforms may be used to generate hypothesis on disease pathophysiology, develop new therapies and novel strategies and assess for clinical efficacy and safety of new drugs $88-91$. Given the array of proteomic tools available including ELISA, aptamer and MS platforms, an important goal for the field is an improved understanding of accuracy and reproducibility across proteome specific platforms. These questions remain difficult to address without large scale cross platform studies in humans. We have previously shown significant correlations between protein measured by both ELISA and aptamer techniques within the same human cohort³⁸. However, this is an area where further study is required. The future of proteomics is exciting and likely to yield major advances in medicine. Recent work has shown how proteomics may be integrated with genomic data to demonstrate overlap between quantitative gene, protein and disease associated loci, with evidence of causal links between specific proteins and disease⁹². These advances may lead to accurate mapping in real-time of disease states, biological pathways and therapeutic targets.

6. Conclusion

The last two decades have ushered in a timely revolution in proteomics. New technologies and modifications of old ones are facilitating studies of thousands of proteins in biological samples, allowing for an ever improved understanding of protein expression, function and dynamics. Leveraging the power of proteomics to provide an accurate estimate of immediate health or disease remains an achievable and vital goal. The continued evolution and expansion of proteomic technologies such as aptamer approaches and the parallel development of bioinformatics tools and applications will facilitate this goal. While challenges remain, evolving proteomic applications and the era of integrating genomic and proteomic human data in disease and health will alter the current architecture of how we understand, diagnose and manage human disease in the lung and elsewhere in the body.

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Abbreviations:

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Figure 1. The increasing complexity of the proteome.

The flow of information from DNA to mRNA and then protein is associated with ever increasing complexity. This is emphasized at the protein stage where subcellular localization, spatial transiency, multiple isoforms, large numbers of potential post translational modifications and protein-protein interactions lead to changes in expression and function.

Figure 2. Data-driven analysis aids in proteome visualization.

(**A**) A volcano plot highlights significantly differences in expressed proteins between Groups A and B. Red indicates proteins that were significantly different ($p < 0.05$) between the two groups after correcting for multiple comparisons with the Bonferroni test. (**B**) Hierarchical clustering illustrates groupings of proteins that differ in expression between Group A and B. Color intensity indicates abundance, with increased expression in red, white unchanged, and decreased expression in blue compared to mean values (color bar to left of figure). Pearson's correlation was used as the distance metric in this cluster. (**C**) A PLSDA scores plot illustrates distinct clustering between Groups A and B with loadings (**D**) indicating a distinct signature (determined using LASSO) of 22 proteins that best classified Groups A and B. (**E**) A protein correlation network based on protein expression in Group A. Each node is a protein, with lines indicating significant correlations ($p < 0.05$) to other proteins. Line thickness and color indicates Pearson's correlation coefficient, with node size indicating the number of significant correlations. Significance was determined after correcting for the Type 1 error with the Bonferroni method.

Figure 3. Proteomic studies in respiratory disease: increasing interest and number of publications.

The number of PubMed citations from the year 2000 to 2017 were recorded for each of the following: Lung Cancer, COPD, Asthma, Pneumonia, and IPF. MESH terms "proteomics" and "specific lung disease" (i.e IPF) were used as input. No filters were applied.

Figure 4. The peripheral blood proteome of IPF differs from healthy.

Hierarchical clustering of 1129 measured blood proteins in healthy and IPF patients illustrates visually distinct expression in the two groups. Proteomic abundance is displayed with color intensity, with red indicating overabundant proteins and blue indicating underabundant proteins compared to the mean expression level. Clustering was created using unsupervised average linkage with Pearson's correlation as the distance metric.

Table 1

Common post translational modifications

