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Late aging alters behavioral sensitivity to ethanol in a sexspecific manner in Fischer 344 rats

Amy E. Perkins, Andrew S. Vore, Dennis Lovelock, Elena Varlinskaya, and Terrence Deak^{*} Developmental Exposure to Alcohol Research Center (DEARC), Behavioral Neuroscience Program, Department of Psychology, Binghamton University—SUNY, Binghamton NY 13902-6000

Abstract

Responsiveness to ethanol (EtOH) differs as a function of age. Adolescent rodents are less sensitive than adults to the sedative effects of EtOH, whereas they show enhanced sensitivity to EtOH-induced social facilitation. Late aging is associated with a natural decline in social behavior and aging-related peculiarities in sensitivity to EtOH have been largely unexplored. Whether there are sex differences in the behavioral response to EtOH during late aging remains unknown. Thus, behavioral responses to EtOH in male and female Fischer (F) 344 rats aged 4-5 months (adult) and 19-20 months (aging) were examined. First, the effects of saline and EtOH (0.5 and 0.75 g/kg) on social interaction were assessed. Social investigation and contact behavior were lower in aging animals and higher in females. Interestingly, in aged females, social contact behavior was increased following a 0.5 g/kg EtOH dose, whereas the same dose suppressed social contact in aged males. Behavioral sensitivity to the sedative effects of 3.0 and 3.5 g/kg EtOH was assessed with the loss of righting reflex (LORR) test. Although latency to LORR did not differ as a function of age or sex, aged rats showed significantly greater LORR duration and significantly lower blood ethanol concentrations (BECs) at regaining of the righting reflex relative to adults. In addition, females had a lower LORR duration, regardless of age; no sex differences were evident in BECs at awakening. In a second experiment, blood ethanol concentrations (BECs) over time were assessed following 0.75, 1.5, and 3.0 g/kg EtOH in 3-, 12, and 18-month-old male and female F344 rats. Aged rats had higher peak BECs following 3.0 g/kg EtOH, whereas few age or sex differences were apparent at lower doses. Taken together, these data indicate that late aging is associated with altered sensitivity to the social facilitating effects and sedative effects of EtOH.

Keywords

Aging; Alcohol; LORR; Social Behavior

^{*}Address Correspondence to: Terrence Deak, Ph.D., Behavioral Neuroscience Program, Department of Psychology, Binghamton University-State University of New York, Binghamton, NY 13902-6000, tdeak@binghamton.edu, Phone: +1 (607) 777-5918, Fax: +1 (607) 777-4890.

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1.0 Introduction

Alcohol use among the elderly is becoming a significant public health concern, with 42.7% of individuals aged 65 and older reporting alcohol use in the past month and 10% of that population exhibiting patterns of alcohol consumption consistent with binge drinking (Substance Abuse and Mental Health Services Administration, 2015). Although there is a large body of literature describing age differences in ethanol (EtOH) sensitivity between adolescents and adults (Spear, 2015; Varlinskaya & Spear, 2015; Varlinskaya et al., 2014, 2013), relatively little is known about responding to alcohol in aged individuals (Squeglia et al., 2014). Given that the size of the elderly population is expanding rapidly, and rates of drinking among the elderly are increasing (Breslow et al., 2017), a better understanding of how late aging affects the behavioral response to alcohol is needed.

When describing the effects of alcohol across the lifespan, it is helpful to define specific ontogenetic periods. Adolescence is often defined as occurring from 12–18 years of age in humans, although some researchers extend adolescence into the early-mid 20's (Spear, 2000). In rodents, adolescence can be conservatively defined as occurring from postnatal days (P) 28–42 (Spear, 2000). Adulthood typically begins in the 20's in humans and after P70 in rats. Aging occurs around 18 months in rats, whereas rats of about 24 months of age are often considered "aged", although what constitutes aging vs. aged is highly strain-dependent.

It has been repeatedly shown that social behavior declines across the lifespan in humans (Lang, 2001; Schiffman, 1997) and in laboratory rodent models (Hunt et al., 2011; Perkins et al., 2016; Salchner et al., 2004; Shoji and Mizoguchi, 2011). Positive social experiences are associated with significant health benefits such as enhanced resilience (Charuvastra and Cloitre, 2008) and better recovery from illness or trauma (DeVries et al., 2007; Norman et al., 2010), and perceived social isolation and social stress are strong predictors of morbidity and mortality (Bisschop et al., 2003; House et al., 1988; Seeman, 2000). Given relatively high alcohol use among the elderly associated with age-related declines in social behavior, it is critical to understand the relationship between social behavior and alcohol during late aging.

In rats, age-related differences have been observed in the effects of EtOH on social behavior. Specifically, in adult Sprague-Dawley rats, low to moderate doses of EtOH (0.75–1.0 g/kg) produced social inhibition, whereas adolescent Sprague-Dawley rats were not sensitive to these socially suppressing effects of EtOH (Varlinskaya and Spear, 2012). In contrast, adolescent Sprague-Dawley rats demonstrated social facilitation at low EtOH doses, indexed via increases in social behavior, an effect of EtOH not evident in adults under normal conditions (Varlinskaya & Spear, 2002). As mentioned previously, social behavior is suppressed in 18–24 month old F344 rats (Perkins et al., 2016), although whether aged rats are more sensitive to the socially suppressing effects of low-dose EtOH relative to their younger adult counterparts remains to be investigated.

High doses of EtOH produce substantial motor impairment and sedation. Aged Sprague-Dawley rats (18-month-old) are more sensitive to the motor impairing effects of EtOH

relative to adolescent and adult Sprague-Dawley rats (Novier et al., 2013; Ornelas et al., 2015), an effect that may be associated with alterations in cerebellar expression of PKC γ (Van Skike et al., 2010). In addition, 18 month old Sprague-Dawley rats are sensitive to acute EtOH-induced cognitive deficits, evidenced by impaired performance on the water maze (Novier et al., 2013). Altered behavior in response to EtOH in late aging could be due simply to age differences in EtOH pharmacokinetics and/or EtOH absorption and distribution. Indeed, there are some studies demonstrating impaired clearance of high doses of EtOH (3.0 g/kg) in 18-month-old Sprague-Dawley rats (Ornelas et al., 2015), although others have shown no age differences in BECs following acute administration of lower doses of EtOH (1.5-2.5 g/kg) (Matthews and Mittleman, 2017; Novier et al., 2016). All the aforementioned studies were performed exclusively in males. Whether aged female rats show altered EtOH pharmacokinetics remains to be determined. The goals of the current study were to: (1) assess behavioral sensitivity to EtOH across a wide range of doses in aged rats, (2) explore age and/or sex differences in the behavioral response (LORR) and physiological response (BEC and CORT) to EtOH, and (3) examine changes in BECs over time following low, moderate, and high doses of EtOH.

2.0 Material and methods

2.1 Subjects

Experiment 1 tested 3- and 18-month-old (at arrival; 4-5 and 19-20 months at testingreferred to as adult and aging, respectively) male and female F344 rats (n = 11-14/group). Experiment 2 tested 3-, 12-, and 18-month-old (at arrival; 4-5, 13-14, and 19-20 months at testing, referred to as adult, middle-aged, and aging, respectively) male and female F344 rats (n = 7-10/group). All animals were obtained from the National Institute of Aging (NIA) colony maintained by Charles River Laboratories. Subjects were given at least 2 weeks to acclimate to the colony before experiments began. Social partners were young adult sexmatched F344 rats obtained from Charles River Laboratories. Colony was maintained at 22 ± 1°C with 12:12 light:dark cycle (lights on 0700). All rats were pair-housed and provided ad libitum access to food and water. On each of two days prior to the onset of behavioral testing, experimental subjects and partners were handled for 3 min. For social interaction testing, subjects were marked on the day prior to testing with a non-toxic permanent marker to allow the experimenter to distinguish subjects from partners. At all times, rats were maintained and treated in accordance with the guidelines set forth by the Institute of Laboratory Rat Resources, (1996) and in accordance with the protocol approved by the IACUC at Binghamton University.

2.2 Experiment 1: Social behavior and loss of righting reflex

To assess the effects of low-dose EtOH on social behavior, a within-subjects design was used in which each rat received vehicle (sterile, pyrogen-free 0.9% saline), 0.5 g/kg EtOH, and 0.75 g/kg EtOH (Figure 1A) with a day off between testing days (Varlinskaya et al., 2015). EtOH solutions (20% v/v) were made with sterile, pyrogen-free 0.9% saline. On each test day, rats were injected intraperitoneally (i.p.) and immediately placed into the testing apparatus for a 30-min acclimation period, after which a novel adult sex-matched conspecific was introduced for a 10-min social interaction test. Social interaction testing

occurred in custom-made Plexiglas® chambers lined with clean pine shavings $(45 \times 30 \times 30 \text{ cm})$. Each chamber was divided into two equally sized compartments separated by a clear Plexiglas® partition with an aperture $(9 \times 7 \text{ cm})$ that allowed the rats to move freely between compartments (Perkins et al., 2017). Males and females were tested in separate rooms with dim lighting (10–20 lux) between 0800 and 1300. Between test subjects, chambers were emptied, wiped with water, and fresh shavings were added. Behavior of the rats was recorded by a camcorder (Sony Model HDR-CX330) and scored by an observer without knowledge of the experimental condition of any given animal.

The total number of crossovers (movement through the aperture) during the 30-min acclimation period was assessed and used as a basic index of locomotor activity. During the social interaction test, the frequency of the following behaviors was scored and assessed: social investigation (sniffing of any part of the body of the partner), contact behavior (sum of crawling over the partner, crawling under the partner, and social grooming). During the social interaction test, movement through the aperture was categorized as toward or away from the partner and used to calculate a coefficient of social preference/avoidance [(total crossovers toward – total crossovers away from/total crossovers) x 100]. Positive values indicate social preference, whereas negative values indicate social avoidance (Varlinskaya et al., 1999, 2015).

After a 1–2-week washout period, behavioral sensitivity to the sedative effects of EtOH was assessed using the Loss of Righting Reflex (LORR) test. All rats were injected (i.p.) with 3.5 g/kg EtOH (20% v/v, made with sterile, pyrogen-free saline). After injection, rats were placed immediately into a fresh cage with pine shavings. A trough was created with the shavings and rats were placed onto their backs. Latency to lose the righting reflex was defined as the inability to regain the righting reflex twice within a 60-sec period (Gano et al., 2017). Rats were observed continually until they regained the righting reflex (RORR). Duration of LORR was calculated as RORR minus the latency of LORR. At the time of RORR, rats were rapidly decapitated and trunk blood was collected into EDTA coated vacutainers (BD Vacutainer, VWR, Radnor, PA). Plasma was separated through refrigerated centrifugation and stored at -20° C until assessment of BECs and corticosterone (CORT).

2.3 Experiment 2: Ethanol pharmacokinetics and loss of righting reflex

To assess whether age and/or sex differences in behavioral sensitivity was associated with EtOH pharmacokinetics, a within-subjects design was used to examine BECs following 0.75 g/kg EtOH (0, 30, 60, 120, and 240 min after injection), 1.5 g/kg EtOH (0, 45, 90, 180, and 360 min after injection) and 3.0 g/kg EtOH (0, 45, 90, 180, and 360 min after injection) (Figure 3A). Rats were given a week off between tests to allow for recovery from multiple blood sampling. Since previous studies have reported age-related differences in EtOH pharmacokinetics at 3.0 g/kg but not 1.5 g/kg in males (Novier et al., 2016; Ornelas et al., 2015), we chose to examine BECs following several doses of EtOH. The low dose of EtOH was utilized previously in the test of social behavior (0.75 g/kg).

Rats were removed from their home cage and placed into a Plexiglas® restraint tube to obtain a baseline blood sample (0 min time point). Blood samples were collected via the tail clip method in which the last 0.5–1.0 mm of the tail was transected and the tail was stroked

to collect whole blood (Hueston and Deak, 2014; Vore et al., 2017). Immediately following the baseline sample, rats were injected i.p. with EtOH. Animals were only placed into restraint tubes for the brief blood sampling procedure and remained in their home cages in between time points. Serum was separated through refrigerated centrifugation and stored at -20° C until assessment of BECs.

After a 1–2-week washout period, rats were assessed for behavioral sensitivity to the sedative effects of EtOH. Rats were injected (i.p.) with 3.0 g/kg EtOH (20% v/v, in sterile, pyrogen-free saline) and loss of righting reflex was measured as described in Section 2.2. We chose to assess LORR again at a lower dose for two reasons: (1) a lower dose might allow for the emergence of subtle age and/or sex differences and (2) EtOH pharmacokinetics were examined at this dose. A tail blood sample was obtained at the time of awakening as described above for assessment of BECs (Figure 2).

2.4 Blood Ethanol Concentrations (BECs)

BECs were measured using an Analox AM-1 alcohol analyzer (Analox Instruments, Lunenburg, MA, USA) in 5 μ l aliquots of blood. For samples obtained after 0.75 g/kg EtOH, a 100 mg-% standard was used, whereas for those samples obtained after LORR, 1.5 g/kg, and 3.0 g/kg EtOH, a 300 mg-% standard was used. The Analox machine was calibrated every 15–20 samples to account for drift over time.

2.5 Corticosterone EIA

Assessment of plasma CORT levels was conducted with a commercially available EIA kit (Cat No: ADI-901–097; Enzo Life Sciences, Farmingdale, NY, USA) as described in (Hueston and Deak, 2014). Inter-assay variability was 3.3% and intra-assay variability was 3.5% with a sensitivity of 27 pg/mL. Manufacturer's instructions were followed with the exception that samples were heat inactivated via immersion in a 75° C water bath for 60 min to denature endogenous CBG.

2.6 Data Analysis

Statistica (Version 7, StatSoft Inc. Tulsa, OK) was used for all analyses. Social behaviors were assessed using individual 2 (Age) x 2 (Sex) x 3 (EtOH Dose), with EtOH dose treated as a repeated measure. LORR data (latency, duration of LORR, BECs at RORR) were analyzed with separate 2 (Age) x 2 (Sex) ANOVAs. To evaluate age and sex differences in EtOH pharmacokinetics, we analyzed BECs for each dose separately (0.75, 1.5, and 3.0 g/kg EtOH). First, a within-subjects ANOVA was used to examine differences in peak BEC levels at the middle time points (30, 60, and 120 min for 0.75 g/kg, 45, 90, and 180 min for 1.5 g/kg and 3.0 g/kg). Secondly, a repeated-measures ANOVA was used to examine differences in clearance by focusing exclusively on the baseline (pre-ethanol) and last time point (240 min for 0.75 g/kg and 360 min for 1.5 g/kg and 3.0 g/kg). We also assessed area under the curve using a 3×2 (Age x Sex) ANOVA. Body weights on the first day of the experiment and final day of the experiment were assessed using a repeated-measures ANOVA with day as the repeated measure and Age and Sex as between-subjects factors. For all analyses, posthoc tests were conducted using Fisher's Least Significant Difference.

3.0 Results

3.1 Experiment 1: Social behavior and loss of righting reflex

3.1a Social Interaction Test—The total number of crossovers declined as a function of EtOH dose [F(2,80) = 9.40, p = 0.0002]. Post-hoc tests revealed that crossovers were lower following 0.5 g/kg EtOH, relative to saline, and that they were lower after the 0.75 g/kg EtOH, relative to 0.5 g/kg EtOH (Table 1). Total number of crossovers was higher in females (12.93 \pm 1.55), relative to males (7.21 \pm 0.84) [main effect of Sex, F(1,40) = 41.13, p < 0.000001], and aging rats (5.00 \pm 0.55) showed fewer crossovers relative to adult rats (13.58 \pm 1.11) [main effect of Age, F(1,40) = 98.77, p < 0.00001].

Given our previous findings of age and/or sex differences in the social interaction test (Perkins et al., 2017, 2016), we first assessed social investigation and contact behavior exclusively in the saline vehicle group. Aging rats had significantly lower social investigation [F(1,37) = 38.44, p < 0.00001] and social contact behavior [F(1,37) = 11.05, p = 0.002] relative to their adult counterparts, whereas no sex differences were evident in either dependent measure (Figure 1 B).

Social investigation varied as a function of EtOH dose [F(2,74) = 25.70, p < 0.00001] and was suppressed by a 0.5 g/kg and 0.75 g/kg dose, relative to saline regardless of age and sex (see Figure 1 C). There was a significant Sex x Age x EtOH dose interaction for social contact behavior [F(2,74) = 3.98, p < 0.05], therefore adult and aging rats were analyzed separately. In adult rats, contact behavior was significantly lower following 0.75 g/kg EtOH, relative to saline and 0.5 g/kg EtOH, although this was likely driven by a significant reduction in males (Figure 1 D). Aging males exhibited a reduction in contact behavior following 0.75 g/kg EtOH, relative to saline, although no decline was evident following 0.5 g/kg EtOH [EtOH dose x Sex interaction, F(2,34) = 5.83, p < 0.01]. In contrast, aging females exhibited an increase in contact behavior following 0.5 g/kg EtOH, relative to saline. In addition, 0.75 g/kg EtOH did not lead to a reduction in social contact in aging females, whereas it did in adult and aging males.

Given the observed age differences in baseline social behavior (both investigation and contact) demonstrated by experimental subjects following saline injection, the percent change from saline was calculated for overall social activity measured as the sum of social investigation and social contact for both EtOH doses. There was a main effect of EtOH Dose [F(1,37) = 24.42, p < 0.0001] indicating that a substantial decrease in social behavior was evident following 0.75 g/kg EtOH, relative to 0.5 g/kg EtOH. In addition, there was a significant Age x Sex interaction [F(1,37) = 7.92, p < 0.01]. Post-hoc tests indicated that adult males and females exhibited similar reductions in social behavior. However, aging males exhibited a reduction in social behavior, whereas aging females exhibited an increase in social behavior. Thus, the increase in social behavior in aged females remains significant after accounting for age differences in baseline social behavior.

3.1b Loss of Righting Reflex: **3.5** g/kg—To assess sensitivity to the sedative effects of EtOH, LORR was measured after a 3.5 g/kg EtOH dose. There were no age or sex differences in latency to LORR (Figure 2B). However, females exhibited a shorter duration

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of LORR [F(1,47) = 17.86, p < 0.001]. In addition, aging rats had a longer duration of LORR, relative to their adult counterparts [F(1,47) = 6.18, p = 0.017] (Figure 2C). BECs at RORR were lower in aging rats [F(1,47) = 25.04, p < 0.0001], which is indicative of higher sensitivity to the sedative effects of EtOH (Figure 2D). At RORR, CORT was higher in females relative to males [F(1,47) = 18.25, p < 0.0001] and higher in aging rats relative to adult rats [F(1,47) = 8.74, p = 0.005] (Figure 2E).

3.2 Experiment 2: Ethanol pharmacokinetics and loss of righting reflex

3.2a Ethanol pharmacokinetics—One possible explanation for differences in social behavior and sedation in late aging is that aging alters EtOH pharmacokinetics. Thus, we examined BECs over time following three doses of EtOH: 0.75 g/kg, 1.5 g/kg, and 3.0 g/kg (Table 2). These doses were chosen to represent low, medium, and high EtOH load, respectively. We were interested in examining age and sex differences in EtOH "peak" and "clearance". As such, for each time course, we analyzed the data for the middle time points ("peak") separately than the data for the first and last time point ("clearance").

Following a 0.75 g/kg EtOH dose, peak BECs were observed at the 30–60 min time points, with BECs returning to baseline levels by 240 min (Table 2). Females exhibited a significant reduction in BECs from 30 to 60 minutes, with no differences between BECs at the these two time points evident in males (Time Point x Sex interaction, F(2,106) = 4.59, p = 0.01]. There were no age or sex differences in BECs at the last time point; area under the curve was not affected by Age or Sex.

In response to 1.5 g/kg EtOH, there was a significant effect of Time Point [F(2,106) = 19.23, p < 0.00001] that was unaffected by Age or Sex (Table 2). Post-hoc tests revealed a significant increase in BECs from 45 to 90 minutes and a significant decrease in BECs from 90 to 180 minutes. BECs at 360 min were not significantly different from baseline. In addition, regardless of time point, aging females had significantly higher BECs relative to adult females [Age x Sex interaction, F(2,53) = 3.31, p < 0.05]. No such age differences were evident in males. Area under the curve did not differ as a function of Age or Sex.

Males exhibited higher peak BECs in response to a 3.0 g/kg EtOH injection [Main effect of Sex, F(1,51) = 6.41, p < 0.05] (Table 2; Figure 3B). In addition, aging rats had higher BECs at the 45, 90, and 180 min time points, relative to adult and middle-aged rats [F(2,51) = 3.65, p < 0.05] (Figure 3B, C). At the 360 min time point, males had elevated BECs relative to females [Time Point x Sex, F(1,50) = 13.70, p < 0.001]. Analysis of the area under the curve revealed higher BECs overall in males [F(1,52) = 14.36, p < 0.001]. In addition, aging rats had higher BECs, relative to adult rats, as indicated by a larger area under the curve (F(2,52) = 4.67, p < 0.05] (Figure 3D, E).

3.2b Loss of Righting Reflex: **3.0** g/kg—One to two weeks after the last BEC time course, rats were injected with 3.0 g/kg EtOH and LORR was assessed (Table 3). There were no group differences in latency to LORR. Similar to what was observed following a 3.5 g/kg EtOH injection, females had a lower duration of LORR [F(1,45) = 43.79, p < 0.00001]. Both middle-aged and aging rats exhibited a higher duration of LORR, relative to adult rats [F(2,45) = 20.50, p < 0.00001]. Females had higher BECs at awakening [F(1,45) = 12.59, p

< 0.001]. BECs at awakening also differed as a function of age [F(2,45) = 8.17, p < 0.001]. Post-hoc tests indicated that both middle-aged and aging rats had lower BECs than adult rats. At RORR, CORT was higher in females than in males [F(1,45) = 20.23, p < 0.0001] but did not differ as a function of age.

3.3 Body Weights

Body weights were obtained from all rats at several points throughout each experiment but for clarity we are reporting initial body weights and final body weights (Table 4). For Experiment 1, there was a significant Age x Sex x Day interaction $[F(1,47) = 22.69, p < 10^{-4}]$ 0.0001]. To probe this interaction, males and females were assessed separately. In males, there was a significant Day x Age interaction [F(1,23) = 59.44, p < 0.00001]. Post-hoc tests revealed a slight increase in body weight over the course of the experiment in adult males but a decrease in body weight in aging males. Aging females weighed more than adult females, but there was no interaction with day [F(1,24) = 167.07, p < 0.00001]. For Experiment 2, there was a significant Day x Sex interaction [F(1,49) = 8.02, p = 0.007], whereby males exhibited a slight reduction in body weights over the experiment but females did not. There was also a significant Day x Age interaction [F(2,49) = 20.49, p < 0.00001]. Post-hoc tests revealed that weights did not change over the course of the experiment in adult rats. However, middle-aged and aging rats lost weight over the experiment, regardless of sex. Not surprisingly, in both experiments, males weighed more than females [Exp. 1: F(1,47) = 1774.70, p < 0.000001; Exp. 2: F(1, 49) = 1035.30, p < 0.000001] and aging rats weighed more than adult rats [Exp. 1 & 2] and middle-aged rats [Exp. 2] [Exp. 1: F(1,47) =193.70, p < 0.000001; Exp. 2: F(2,49) = 68.87, p < 0.00001].

4.0 Discussion

These studies demonstrated that late aging results in substantial differences in responsiveness to EtOH. First, aging females exhibited social facilitation, indexed via increased contact behavior following low-dose EtOH (0.5 g/kg EtOH), and were insensitive to the socially suppressing effects of the higher dose of 0.75 g/kg EtOH, with this dose suppressing social behavior in aging males. Second, aging rats overall were more sensitive to the sedative effects of EtOH, exhibiting longer duration of LORR accompanied by lower BECs at RORR. Aging rats also exhibited higher BECs, but only following a high dose of EtOH (3.0 g/kg). No such age differences were evident at low doses (0.75 g/kg & 1.5 g/kg), suggesting that EtOH pharmacokinetics are likely not contributing to age and sex differences in the socially facilitating or socially suppressing effects of EtOH.

Previous studies from our laboratory and others have demonstrated a significant decline in social behavior during late aging (18–30 months old; Wistar, Sprague-Dawley, F344, F344/N) (Hunt et al., 2011; Markel et al., 1995; Perkins et al., 2016; Salchner et al., 2004; Shoji and Mizoguchi, 2011). Consistent with these studies, we provided evidence of decreased social behavior in late aging, observed in saline-injected males and females. Furthermore, in F344 rats, adult females that were single-housed exhibited higher levels of social behavior relative to their adult male counterparts (Perkins et al., 2017). In the present study, however, pair-housing eliminated sex differences observed previously in adult rats,

with males and females demonstrating comparable levels of social investigation and contact behavior under 0 g/kg EtOH dose. Thus, it is possible that male and female F344 rats are differentially sensitive to the effects of social deprivation on subsequent tests of social interaction. However, further studies are necessary to determine if this is the case.

Adolescent rats tested at P 35 exhibited increased frequency of social behavior at 0.5 g/kg. This contrasts with adult rats (P 70) that demonstrated suppression of social behavior at low to moderate doses of EtOH (0.75 - 1.0 g/kg) (Trezza et al., 2009; Varlinskaya and Spear, 2007, 2002). Consistent with these studies, we found that adult F344 rats exhibit suppression of social investigation following EtOH (0.75 g/kg) and this was evident in both males and females. However, no study to date has examined whether aging (19-20 month old) rats exhibit altered sensitivity to the socially suppressing effects of EtOH. We demonstrated here for the first time that aged males exhibited social suppression after acute administration of 0.75 g/kg EtOH. Furthermore, pronounced sex differences in sensitivity to the social consequences of EtOH were evident among aging rats, with aging females, in contrast to their male counterparts, exhibiting social facilitation of contact behavior following acute administration of 0.5 g/kg EtOH. The reason for this effect is unknown, although one possible explanation is that suppression of social behavior in late aging, particularly in females, may be due to some stressful or anxiety-provoking aspect of conspecific interaction. Thus, EtOH might have facilitated social behavior in aging females via its anxiolytic properties. Aged (18-22 months old; Wistar, Lewis) rats do exhibit increased anxiety-like behavior (Hovens et al., 2013; Meyza et al., 2011; Pietrelli et al., 2012), although some studies have demonstrated no change (Bergado et al., 2011) or decreased anxietylike behavior (Torras-Garcia et al., 2005) in late aging. It has also been suggested that age-related reductions in social behavior are not a result of increased anxiety (Salchner et al., 2004). However, most of these studies have been conducted in male rats, so it is still unknown whether aged females exhibit alterations in anxiety-like behavior.

Age-related reductions in social behavior have also been attributed to non-specific declines in overall health. We have shown previously that at the age tested here (19–20 months), males and females are not different from adults in sensorimotor function assessed via the forelimb adjusting steps (FAS) and vibrissae-evoked forelimb placing (VEFP) tests (Perkins et al., 2016). It is difficult to separate social motivation from nonspecific debilitation in late aging, but the fact that we observed increased social behavior following low-dose EtOH suggests that aging-related reductions in social behavior may be a function of decreased motivation to engage in social interaction, at least in females, rather than a sign of agingrelated debilitation. Another interesting possibility is that late aging-related changes in oxytocin (OT) might alter the response to EtOH. There is an increasing literature relating OT and alcohol consumption in several species including rats (Peters et al., 2017), mice (King et al., 2017), and socially monogamous prairie voles (Stevenson et al., 2017a, 2017b). Furthermore, OT itself has anxiolytic properties (Bahi et al., 2016; Blume et al., 2008; Grund et al., 2017; Klenerova et al., 2009; Van Den Burg et al., 2015), which may be involved in the socially facilitating and/or suppressing effects of EtOH. There have been relatively few studies assessing sex differences in the OT system as a function of late aging. Using ovariectomized females (with or without estradiol treatment), Garcia et al. (2016) demonstrated no age differences in OT or OTR gene expression in PVN, but an increase in

OTR expression in SON in aged female rats. Future studies should assess the OT system in late aging as it relates to EtOH-induced changes in social behavior.

Sensitivity to the sedative effects of EtOH increases with age, with young rats being less sensitive to these effects than adults (Silveri and Spear, 1998). Aged male rats (18 months old) exhibit increased sensitivity to EtOH-induced impairment of motor function (Novier et al., 2013; Ornelas et al., 2015). In addition, Ornelas et al. (2015) found that 18-month-old male rats exhibited longer LORR duration at 3.0 g/kg EtOH. Importantly, we also demonstrated enhanced sensitivity to the sedative effects of EtOH, indicating that these changes are likely independent of strain. However, previous studies did not assess BECs at RORR, which is necessary to conclude that aged rats do in fact exhibit enhanced sensitivity to EtOH-associated sedation, rather than differences in EtOH pharmacokinetics. In the current study, which included assessment of EtOH-induced sedation in females, aging rats exhibited increased duration of LORR following acute administration of 3.0 and 3.5 g/kg EtOH, regardless of sex. This was accompanied by lower BECs at RORR, indicating that aging rats are more sensitive to EtOH-induced sedation than their adult (4-5 month) counterparts. One possible explanation for these results is that there are aging-related changes in EtOH pharmacokinetics. Age- and sex-differences in body weight and body composition likely produce differences in EtOH metabolism. Studies have demonstrated that EtOH distributes into water compartments of the body, and that body water composition is inversely related to body weight. Thus, animals with higher body weights (and thus lower body water composition) would be expected to have higher BECs. Interestingly, when EtOH is administered in a manner that accounts for body water composition, aged (27 month) rats did not differ in duration of LORR, although BECs at awakening were significantly reduced relative to adult and middle-aged rats, indicating enhanced sensitivity to the sedative effects of EtOH in late aging (York, 1983). We assessed BECs following acute administration of 0.75 g/kg, 1.5 g/kg, and 3.0 g/kg EtOH. Late aging-related differences were only evident at the highest dose administered, with 19-20-month-old rats exhibiting higher peak BECs relative to young adults. Importantly, sex differences in social behavior induced by EtOH are likely not a result of altered EtOH metabolism, since no age or sex differences in BECs were observed at 0.75 g/kg, whereas age differences in sensitivity to EtOH-induced sedation may be due, in part, to altered EtOH pharmacokinetics. Activity of the hepatic enzyme cytochrome P450 (CYP) 2E1, a key factor in EtOH metabolism, is reduced in the aged (18month-old) rat (Wauthier et al., 2004), whereas hepatic alcohol dehydrogenase activity is elevated in aged F344 males (24 months old) but is unchanged in aged F344 female (24 months old) rats (Rikans and Kling, 1987). Thus, age-related changes in behavioral sensitivity to high doses of EtOH in particular may be due to several factors, including dosedependent effects of EtOH that might indicate emergence of liver dysfunction evidenced by reduced clearance of EtOH at high (but not low) doses of EtOH.

There are some limitations and strengths to consider when interpreting the data from the current experiments. First, these studies used F344 rats, which is one of several strains provided by the National Institutes on Aging for use in aging research. However, F344 rats are stress reactive and hyper-adrenergic (Sternberg et al., 1992; Tonelli et al., 2001). Stress reactivity may influence the response to ethanol, although by using a within-subjects design we were able to assess behavior relative to each animal's own baseline. In fact, when social

interaction data were expressed as a percent change from saline, aged females still displayed increased social behavior whereas aged males displayed blunted social behavior. A major strength of the present studies was careful consideration of sex, age, and dose effects. Finally, although it may be seen as a limitation, the use of within-subjects design allowed for tests of EtOH effects (such as LORR) in rats with a recent history of moderate EtOH exposure, which is perhaps a more realistic translation to humans than first-time EtOH effects being assessed in late aging. In addition, we chose to test under conditions of saline first followed by successive doses of ethanol so that any potential development of tolerance effects on social behavior would be uniform across subjects. Additionally, testing ethanol in successive (rather than counter-balanced) fashion allows for a more gradual exposure to ethanol in these aged rats, which have no history of ethanol exposure across the lifespan.

Altogether, these data contribute to a growing literature describing behavioral responses to EtOH in late aging. We demonstrated that late aging is associated with altered sensitivity to the behavioral effects of EtOH that was somewhat sex-specific. Age differences in EtOH sensitivity were evident across a wide range of doses, with aged females, but not aged males, exhibiting social facilitation at the lowest dose of EtOH tested. In response to high sedative doses, aged rats overall were more sensitive, with no differences observed between aged male and female rats. Thus, sex differences in the behavioral response to EtOH were dose-dependent in aged rats. These differences could not be attributed to EtOH pharmacokinetics since no age or sex differences in BECs were observed following low-dose EtOH administration. Future research should explore the mechanisms involved in age and sex differences in behavioral sensitivity to EtOH.

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Highlights:

- Aging females exhibit social facilitation following low-dose EtOH (0.5 g/kg)
- Aging males were sensitive to the socially suppressing effects of EtOH (0.5 & 0.75 g/kg)
- Aging rats were more sensitive to the sedative effects of EtOH (3.0 and 3.5 g/kg)
- BECs did not vary as a function of age at low and moderate EtOH doses (0.75 & 1.5 g/kg)
- Aging rats exhibited elevated BECs following a high EtOH dose (3.0 g/kg)



Figure 1.

(A) Timeline for Experiment 1 assessing social behavior and sedation following EtOH. (B) Frequency of social investigation for all groups and collapsed across age and sex (insert; C) and (D) frequency of contact behavior in a 10-min social interaction test with a sex-matched adult conspecific. All data expressed as mean \pm SEM. (*) p < 0.05 vs. adult saline-injected rats; (#) p < 0.05 vs. saline-injected vehicle; (^) p < 0.05 vs. 0.5 g/kg EtOH

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(A) Timeline for Experiment 1 assessing age and sex differences in social behavior and sedation following EtOH. (B) latency to lose the righting reflex, (C) duration of loss of righting reflex, (D) blood ethanol concentrations (BECs) and (E) corticosterone obtained when rats regained the righting reflex. All data expressed as mean \pm SEM. (*) p < 0.05 vs. adult; (^) p < 0.05 vs. males.

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Figure 3.

(A) Timeline for Experiment 2 assessing EtOH pharmacokinetics and sedation. BECs at 0, 45, 90, 180, and 360 min following a 3.0 g/kg EtOH dose in (B) males and (C) females. BECs calculated as area under the curve in (D) males and (E) females. All data expressed as mean \pm SEM. (*) p < 0.05 vs. adult.

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Table 1.

Mean social behavior (\pm SEM) following vehicle or acute ethanol challenge in Experiment 1.

EtOH Dose (g/kg)	Behavior	Ad	ult	Aging		
		Males	Females	Males	Females	
0.0	Preference	15.7 ± 8.8	5.1 ± 8.5	-3.9 ± 19.7	-1.0 ± 12.0	
	Crosses	13.0 ± 1.2^{a}	$19.3\pm1.7~^{b}$	$4.8\pm0.7\ ^{c}$	$8.1\pm0.9\ ^{d}$	
0.5	Preference	23.4 ± 6.8	5.7 ± 4.7	2.6 ± 14.3	4.7 ± 16.5	
	Crosses	$10.0\pm0.9^{\ast a}$	$18.0\pm1.6^{\ast b}$	$3.5\pm0.6^{\ast c}$	$7.2\pm0.8^{\ast d}$	
0.75	Preference	-6.1 ± 12.0	-26.3 ± 14.3	-26.7 ± 33.6	13.6 ± 23.6	
	Crosses	$7.9 \pm 1.2^{\ast a}$	$17.3\pm2.5^{*b}$	$1.6\pm0.5^{*c}$	$5.9 \pm 1.2^{\ast d}$	

Asterisks (*) indicate a significant difference from saline control (p < 0.05). Significant interactions are indicated by a letter system in which different letters indicate groups that differ from one another.

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Table 2.

Mean BEC (mg/dl \pm SEM) following acute EtOH challenge in Experiment 2.

	Time (min)	Adult		Middle-Aged		Aging	
EtOH Dose (g/kg)		Males	Females	Males	Females	Males	Females
0.75	0	$10.5\pm2.9\ ^{a}$	$13.4\pm2.9~^{a}$	$13.4\pm2.5~^{a}$	$9.9\pm2.6~^a$	$10.6\pm2.6\ ^a$	$13.3\pm2.8~^{a}$
	30	$50.1\pm4.6~^{b}$	$48.7\pm4.4\ ^{b}$	$55.8\pm2.6\ ^{b}$	$45.9\pm3.4\ ^{b}$	$48.6\pm4.4\ ^{b}$	$55.4\pm3.9\ ^{b}$
	60	$46.8\pm3.2~^{b}$	$41.7\pm4.8\ ^{c}$	$54.5\pm2.9~^{b}$	$39.6\pm3.3~^{c}$	$47.8\pm3.4~^{b}$	50.4 ± 3.3 $^{\rm c}$
	120	$17.5\pm4.9~^{c}$	$11.2\pm2.1~^{d}$	$26.8\pm5.9\ ^{c}$	$10.2\pm1.8~^{d}$	19.7 ± 4.8 $^{\rm c}$	$17.7\pm4.3~^{d}$
	240	$9.7\pm2.4~^a$	$12.6\pm2.0\ ^{a}$	$10.6\pm2.3~^{a}$	$8.9\pm2.3~^a$	10.1 ± 2.7 $^{\rm a}$	$14.0\pm3.1~^a$
	0	$14.7\pm3.3~^{a}$	$19.9\pm3.0~^a$	$19.3\pm3.1~^a$	$17.0\pm3.2~^{a}$	$16.0\pm3.2\ ^a$	$20.3\pm3.2\ ^a$
1.5	45	$92.1\pm9.8~^{b}$	$72.0\pm8.2~^{\text{br}}$	$90.5\pm10.2\ ^{b}$	$91.4\pm8.8~^{b\textrm{A}}$	$96.3\pm15.3~^{b}$	$91.6\pm9.1~^{b\textrm{A}}$
	90	102.0 ± 13.1 b	96.1 ± 8.9 cm	118.2 ± 7.7 ^b	89.1 ± 12.4 ^c ^	$88.5\pm9.9\ ^{b}$	$109.7\pm8.1~^{\rm cn}$
	180	$77.0\pm17.2~^{\rm c}$	42.4 ± 5.4 ^d A	$88.7\pm6.6\ ^{c}$	53.4 ± 7.4 dr	$68.7\pm6.9\ ^{c}$	$76.3\pm9.2~^{d}{}^{\Lambda}$
	360	$26.9\pm17.1~^{a}$	$21.3\pm4.9\ ^{a,d}$	$21.8\pm4.9\ ^a$	$16.8\pm4.6\ ^{a,d}$	$16.3\pm5.3~^{a}$	$22.2\pm4.9~^{a,d}$
	0	$30.0\pm2.4~^a$	$27.3\pm1.9~^{a\ast}$	$27.6\pm1.3~^{a*}$	$31.0\pm1.5~^a$	32.2 ± 2.4 ^a *	29.7 ± 1.5 ^a *
3.0	45	200.7 ± 17.6 b	132.3 ± 14.0 ba*	184.1 ± 22.7 b*	$191.7\pm14.0~^{\text{br}}$	204.0 ± 28.6 _{b*}	152.6 ± 17.6 _{b^*}
	90	$165.1 \pm 25.7 \\ \mathrm{b}$	142.7 ± 2.4 ^b **	175.3 ± 22.5 _{b*}	$200.6\pm18.8~^{b\textrm{m}}$	$199.6 \pm 24.6_{b*}$	175.3 ± 14.7
	180	183.2 ± 19.0 b	136.9 ± 13.7 bA*	$188.4 \pm 28.5 \\ {}_{b*}$	178.9 ± 14.8 ^b	$\begin{array}{c} 231.0 \pm 16.1 \\ {}_{b*} \end{array}$	185.2 ± 18.1 b^*
	360	130.4 ± 15.8 b	$77.0\pm9.1~^{b_{\text{A}}*}$	133.9 ± 14.7 b*	110.7 ± 17.9 ^b	151.9 ± 13.0 b*	$91.6 \pm 15.2 \text{ bas}$

Different letters denote significant differences between time points. Significant age differences are denoted by (*). Significant differences between males and females are denoted by (^).

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Table 3.

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Loss of Righting Reflex (mean \pm SEM) following a 3.0 g/kg EtOH dose in Experiment 2.

Behavior	Adult		Middle-Aged		Aging	
	Males	Females	Males	Females	Males	Females
Latency to LORR (min)	2.8 ± 0.2	3.4 ± 1.1	4.8 ± 1.4	4.4 ± 2.0	2.5 ± 0.2	2.5 ± 0.2
Duration of LORR (min)	134.9 ± 16.5	$74.1\pm6.5^{\wedge}$	$217.5\pm24.6*$	$135.9\pm8.6^{*\wedge}$	$245.6\pm15.8*$	$1428\pm8.7^{*\wedge}$
BECs at awakening (mg/dl)	318.7 ± 10.0	$336.4\pm6.3^{\wedge}$	$277.4\pm13.5*$	$306.5\pm7.0^{*\wedge}$	$272.6\pm15.9^*$	$315.1\pm6.5^{*\wedge}$
CORT at awakening (µg/dl)	39.4 ± 2.0	$55.2\pm4.8^{\text{A}}$	40.6 ± 4.2	$55.1\pm3.9^{\wedge}$	44.5 ± 5.6	$59.7\pm3.0^{\wedge}$

Asterisks (*) indicate a significant difference from 3-month-olds. Significant differences between males and females are denoted by (^).

Table 4.

Mean weights ($g \pm SEM$) in Experiments 1 and 2.

Experiment	Age	Sex	Weight (Initial)	Weight (Final)
	Adult	Mala	355.8 ± 3.3	$364.6\pm3.8^*$
1: Social behavior & LORR	Aging	Male	426.5 ± 6.4	$413.6\pm6.78*$
	Adult	Female	187.3 ± 1.7	186.6 ± 1.9
	Aging		244.3 ± 4.4	241.8 ± 4.2
	Adult		317.7 ± 6.6	320.5 ± 8.2
	Middle-Aged	Male	399.9 ± 7.2	$385.2\pm7.5*$
2: Ethanol pharmacokinetics & LORR	Aging		416.3 ± 10.4	$397.4\pm7.5^*$
	Adult		180.0 ± 3.3	185.5 ± 3.5
	Middle-Aged F	Female	210.2 ± 4.1	$208.8\pm3.9^*$
	Aging		237.8 ± 2.6	$228.4\pm2.0*$

Significant changes in body weight are denoted by (*).