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Structural Underpinnings of Estrogen Receptor Mutations in Endocrine Therapy Resistance

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Abstract

Estrogen receptor alpha (ER α), a key driver of breast cancer, normally requires estrogen for activation. Mutations that constitutively activate ER α without the need for hormone are frequently found in endocrine therapy-resistant breast cancer metastases and are associated with poor patient outcomes. The location of these mutations in the ER ligand-binding domain and their impact on receptor conformation suggest that they subvert distinct mechanisms that normally maintain the low basal state of wild-type ER α in the absence of hormone. Such mutations provide opportunities to probe fundamental issues underlying ligand-mediated control of ER α activity. Instructive contrasts between these ER mutations and those that arise in androgen receptor (AR) during antiandrogen treatment of prostate cancer highlight differences in how activating functions in ER vs. AR control receptor activity, how hormonal pressures (deprivation vs. antagonism) drive the selection of phenotypically different mutants, and how altered protein conformations can reduce antagonist potency and altered ligand-receptor contacts can invert the response that a receptor has to an agonist vs. an antagonist. A deeper understanding of how ligand regulation of receptor conformation is linked to receptor function offers a conceptual framework for developing new antiestrogens that might be more effective in preventing and treating breast cancer.

[INTRODUCTION]

Understanding how protein structure relates to protein activity is a problem of fundamental importance in biology that is being studied from many directions. Members of the nuclear hormone receptor superfamily provide compelling examples of how molecular biology, structural biology, biochemistry and modeling can combine to provide a progressively refined, molecular-level understanding of how this class of transcription factors work and, in particular, how many of them are regulated by ligands. The estrogen receptor α (ER α), in particular, has led the way in defining the roles played by the different domains of these

nuclear hormone receptors in their interaction with agonist and antagonist ligands, and how these interactions translate into the regulation of transcription (Box 1).

ER α , a member of a large superfamily of nuclear receptors (NRs), is the main transcription factor regulating the biology and properties of over 70% of human breast cancers^{1–3}. The ER α , like the androgen receptor (AR) and other members of the NR superfamily, has a DNA-binding domain C (DBD), a ligand-binding domain E (LBD), and activating functions (AF1 in the N-terminal A/B domain and AF2 in the LBD) that control transcription and hormone-dependent gene expression (Figure 1A). The LBD of ER α (ca. amino acids 304–554) consists of 12 α -helices (h1-h12) linked mostly by loop regions. In the absence of a bound ligand, this domain is inactive, likely partially disordered, bound by heat shock proteins (largely HSP90) and likely a monomer (Figure 1B)^{4,5}. When an agonist like estradiol (E2) binds, the LBD sheds the HSPs, dimerizes, and becomes stabilized in a conformation in which the last helix (h12) folds over the ligand binding pocket (LBP), forming a hydrophobic groove into which coactivators bind (Figure 1C). In contrast, when an antiestrogen (AE) like tamoxifen binds to the LBD, its side chain prevents h12 from forming an active AF-2 conformation; so, h12 docks in the AF-2 hydrophobic groove and blocks coactivator binding (Figure 1D).

When activated by an estrogen, ER α increases proliferation and progression of ER α -positive breast cancers that comprise largely the luminal A and B breast cancer subtypes^{6,7}. Many of these breast cancers are effectively treated with aromatase inhibitors (AIs) such as letrozole or with antiestrogen ligands of either the selective ER modulator (SERM) or selective ER downregulator (SERD) type, the mainstays of endocrine therapies. Recently, deep DNA sequencing has revealed activating mutations in the ligand binding domain (LBD) of ER α in ca. 40% of recurrent, ER-positive breast cancers^{8–30}. Most of these mutations convey constitutive activity to levels approximating those achieved by hormone stimulation^{12–15,18,24,31–33}. It is no surprise then that these mutations are strongly associated with reduced efficacy of estrogen-deprivation therapies such as AIs^{9,10,24}. Moreover, these mutations alter the efficacy of some ER antagonists such as tamoxifen^{14–16,18,24,29}. Thus, these mutations clearly pose a challenge to the continued effectiveness of endocrine therapies and highlight the clinical need for developing more effective endocrine-therapy agents or treatment combinations^{3,24,34}. These mutations also provide important vehicles for greatly expanding our understanding of how the structure of ER α , most notably the ligand-induced conformation of its LBD, is related to the activity of this major transcription factor.

In this review, we bring together various threads, some from decades ago, but most from recent X-ray crystallography, biophysical and biochemical assays, and molecular dynamics modeling studies, to illuminate the carefully refined nature of the LBD of wild type (WT) ER α that enables its nuanced regulation by structurally diverse hormonal ligands. By first appreciating that the LBD of unliganded WT ER α (WT apo-ER α) is, of necessity, in an “off state”, we can better understand how this off-state, which is intrinsically disordered, is subverted in varying ways by the different activating mutations that convey resistance to estrogen-deprivation therapy by engendering folding into an agonistic conformation without a bound estrogen. We then examine two modes by which a constitutively active ER α has reduced sensitivity to ER antagonists. Instructive contrasts are then made between the

activating ER α mutations found in breast cancer and mutations in androgen receptor (AR) that arise in castration-resistant prostate cancer: This comparison highlights differences in the two activating functions (AF1 and AF2) in ER vs. AR, the types of mutations that provide constitutive activity, the different hormonal pressures that control selection of the antiandrogen resistance, and nature of mutational changes that reduce antagonist potency and can even invert ligand activity from antagonist to agonist. This AR vs. ER α mutant comparison raises a cautionary note regarding new types of ER α mutations that might be encountered as endocrine therapies in breast cancer evolve. A deeper understanding of how ligand regulation of receptor conformation is linked to receptor function provides a framework to guide development of new antiestrogens that might be more effective in preventing and treating breast cancer.

ER α Activating Mutations

Constitutively active mutant ER α 's were first reported in the 1990's through structure-function studies that employed random mutagenesis and phenotypic selection in the absence of estradiol or the presence of antiestrogens^{32,35}, and site-directed mutagenesis³¹. The first report of an activating ER α mutation in a breast cancer metastasis also appeared in the 1990's³³, but the clinical prevalence of these single nucleotide polymorphisms became evident only more recently as a result of technological advances that facilitated deep DNA sequencing of tumors^{8,36}. The prevalent, activating mutations in ER α are all located in the ER LBD and found in three distinct zones (Figure 2, Supplemental Movie S1). (A compendium of ER mutations can be found in a database of cancer mutations from more than 10,000 samples: http://www.cbioportal.org/study?id=msk_impact_2017#summary.)

“The Importance of Being Off”—The activating mutations in the LBD occur at sites outside the LBP and therefore involve residues that are not directly in contact with bound ligand. Hence, it is tempting to ask “How can mutations distributed at these three very different sites, all remote from the ligand, result in receptors that are active without ligand and resistant to antagonism?” It makes more sense to reverse the question, “How is it that the WT ER α is ‘Off’ when it is not bound to agonist ligand?” Posed in this way, the question recognizes a simple axiom: A ligand-regulated transcription factor needs to be *off in the absence of agonist binding*, so that its activity can be increased upon binding of an agonist. By recognizing the “Importance of Being Off” (a phrase adapted from the 1895 Oscar Wilde Play “The Importance of Being Earnest”), we can better examine how each of these mutations subverts several distinct mechanisms that enforce the off-state of WT apo-ER α .

We use the term “Off” to characterize the inability of unliganded WT ER α to enhance breast cancer proliferation and progression. In the absence of ligand, much of WT ER α , as well as that of other NR superfamily members, are bound by heat shock proteins,⁴ an interaction that protects them from proteolysis and from which they can be released in an active form by ligand binding. Even without ligand, however, WT ER α may still regulate some genes and cellular functions, often through post-transcriptional modifications^{37,38} that respond to other growth-regulating signaling systems, such as epidermal or insulin-like growth factors^{39–42}. Also, the estrogen receptor does not work in isolation, and alterations in the levels and nature of associated and interacting factors—coregulators, other transcription factors,

modifiers of the epigenome, post-translational modifications, cell-signaling pathways, the ER β subtype⁴³—can all modify how breast cancer will respond to hormone deprivation and antiestrogen treatments and lead to ligand-independent activation. The constitutively active ER α mutations we discuss, however, are responsible for a significant proportion of endocrine resistance found clinically in women with breast cancer.

Zones of Activating Mutations

In the sections below, we examine how mutations undermine the off state of WT apo-ER α and lead to constitutive activity. The prevalent, activating mutations in ER α are all located in the ER LBD, and they are found in three distinct zones (Figure 2, Supplemental Movie S1). Notably, their activating effects are directed at distinct mechanisms by which the off-state of WT ER α —in the absence of a bound agonist—is being enforced. To keep track of these mechanisms, we have designated the three zones of mutant interactions with “functional terms”: “The Spring” (Zone 1), “The Charge Repulsion” (Zone 2), and “The Instability” (Zone 3) (Figure 2).

Zone 1 – The “Spring”—Loops in protein structures are typically thought of as flexible, often unstructured turn regions with no function beyond that needed to connect the ends of nearby secondary structural elements. The h11–12 loop in WT ER α , by contrast, appears to provide a critical function to keep WT apo-ER α off. Several lines of evidence (X-ray crystallography, MD Modeling, and deuterium exchange kinetics) suggest that when h12 bends over the LBP to adopt the active conformation (Figure 1C), the h11–12 loop experiences an inherent spring-like strain due to the aqueous exposure of consecutive hydrophobic residues in this sequence, V533, V534, P535, and L536¹⁶. WT ER α requires the energy from binding an agonist ligand to bend this spring into the agonist conformation, and in the absence of a bound ligand, the spring-like nature of the h11–12 loop plays a key role in keeping WT-ER α off. It also ensures that this domain retains some degree of disorder (Figure 1B)⁴⁴, which we will later see serves other important functions. This intrinsic disorder is likely the reason for the lack of success in crystallizing the WT LBD unless it has bound a ligand⁴⁵, for the binding of WT apo-ER α to heat shock proteins⁴, and also for the great ease with which proteases can make clips in the h11–12 loop⁴⁶; these are all markedly changed by mutations in this loop^{16,45}.

Y537S/N/C – “Latching the h11–12 spring” with a stronger hydrogen bond. Among the ER α mutants identified in endocrine therapy-resistant disease, the Y537 site is the one most frequently mutated^{9,22,24}. Cell activity assays show that mutation from Y to S at this 537 site engenders high, nearly full constitutive activity and reduces antiestrogen potencies; the penetrance of these characteristics is reduced somewhat when mutation is to N and particularly to C (Figure 2B)²⁴. Recently identified in one patient, Y537D is a constitutively active mutant found at this site as well²⁴. Other residues introduced at this site by mutagenesis, Y537A, E, F, or K, have some, generally lower, levels of constitutive activity, but of these, only Y537F could occur through a single nucleotide change^{32,47,48}, and thus far has not been reported clinically.

The growing corpus of crystal structures obtained for the Y537S mutant clearly shows that h12 is in the agonist conformation^{16,45,49,50}, even without bound ligand⁴⁵. The hydrogen bonding partner of S537 in the Y537S mutant is D351 on h3, and this tight interaction appears to be “*latching the h11–12 spring*” in the agonist conformation, turning on constitutive activity. This S537-D351 interaction in the mutant ER α appears more highly-optimized than the Y537-N548 interaction in WT ER α , predicted from MD modeling¹⁶. In addition to its strong latching hydrogen bond with D351, the Y537S mutation also allows for a more optimal packing of the three hydrophobic side chains¹⁶.

D538G – “Lengthening the h11–12 spring” by unwinding helix 12.: The D538G mutation, observed in ~20% of patients with AI-treated metastatic breast cancers^{9,12,20,22}, in the h11–12 loop of the ER α LBD, has constitutive activity comparable to or somewhat less than that of Y537S (Figure 2B)^{24,27,28}. Structural data shows that the charged D538 residue in WT apo-ER α introduces a kink in the protein backbone driven by its strong preference for solvent exposure and electrostatic repulsion from other nearby acidic residues (e.g., D351), and it initiates the helical character at the start of h12¹⁶. The glycine mutation at this position eliminates the electrostatic components, and coupled with the glycine “helix-breaking” backbone conformational preferences, results in a change in loop conformation that erodes the beginning of h12 from 538 to 539. This “*lengthening of the h11–12 spring*” in D538G ER α allows better side chain packing for the hydrophobic residues. Curiously, these changes also disrupt the canonical hydrogen bond presumed to form between Y537 and N348 in the WT LBD¹⁶. MD simulations that predicted the loss of this interaction in the mutant and indicated that Y537 adopts multiple orientations of its side chain were later confirmed by x-ray crystal structures¹⁶. None of the other synthetic mutations explored at this site (A, N, and V) were reported to have constitutive activity^{18,48,51}, suggesting that the unique flexibility afforded by G is essential for lengthening the spring.

L536R/H/P/Q – “Softening the h11–12 spring” by reducing hydrophobicity.: Of the h11–12 mutations, changes at 536 are found less often (~1% of patients with AI-treated metastatic breast cancers)^{9,24}, and they convey relatively modest constitutive activity (Figure 2B). Nevertheless, in cell-based assays the L536R mutation is quite difficult to fully suppress with antiestrogens, suggesting that it may be overcoming a major contribution to the h11–12 loop strain in the WT sequence. Although no X-ray structures yet available for mutations at this site, L536 is observed in a solvent-exposed conformation in the majority of wild-type ER α LBD structures (21 out of 26 monomers in WT ER LBD crystal structures have L536 exposed: PDB codes 1ERE, 3ERD, 1QKU, 1GWR, 1L2I, 1G50, 1PCG, 1X7R, 1X7E, 2YJA, 4DMA). This observation, when put into the context of structural changes observed to the h11–12 loop for the mutations described above, suggests that changing residue 536 from strongly hydrophobic to charged (R), polar (H and Q), or less hydrophobic (P), allows for a more energetically optimal arrangement of the remaining hydrophobic side chains (i.e., amino acids 533–535), in essence “*softening the h11–12 spring*”.

Nature has provided an “experiment” that supports our proposed mechanism for softening the h11–12 spring by replacing L536 with less hydrophobic residues⁵². Fortuitously, the h11–12 loops in both ER α and ER β have identical sequences, except in place of L536 in

ER α , ER β has at the corresponding 487 site the less hydrophobic valine residue (Supplemental Figure S1A), and from a number of cell-based and cell-free assays, ER β is known to have higher constitutive activity than ER α ^{52,53}. In addition, using FRET assays⁵², we could not detect any binding of the steroid receptor coactivator 3 (SRC3) NR interaction domain to WT apo-ER α (Supplemental Figure S1B), consistent with its lack of constitutive activity, whereas there was good binding to WT apo-ER β (Supplemental Figure S1C), consistent with its significant basal activity⁵², and comparable to SRC3 binding found in some constitutively active ER α mutants^{16,32,35}. While the two ER subtypes differ in sequence elsewhere, this specific comparison is consonant with our hypothesis that exposure of a hydrophobic residue at the 536 position in ER α is a major contributor to the strength of the h11–12 spring keeping WT ER α off in the absence of agonist ligand binding, with the L536 in ER α giving a stronger “turn-off spring” than the corresponding V487 in ER β . A number of other mutations synthetically at 536 (A, I, E, G, K, and N) are also less hydrophobic than L and most have some constitutive activity^{48,54}, but of these, only I could occur through a single nucleotide change.

Zone 2 – The “Charge Repulsion”—Among the ER α mutants identified in endocrine therapy-resistant disease, E380 is the third most frequently mutated residue (~5% of patients with AI-treated metastatic breast cancers). In cell studies its constitutive activity and resistance to antiestrogens are relatively modest (Figure 2B)³¹, although clinical resistance from E380Q can be considerable.⁵⁵ Despite the lack of structural information for this mutant, one can formulate a plausible mechanism by which ER α activity might be overcome by a change from a negatively charged to a neutral residue.

E380Q – “Neutralizing the Charge Repulsion”:. Unlike the Zone 1 mutations, which are immediately downstream in sequence from h12 and thus clearly in position to affect its orientation directly, the E380 residue is in h5, very far in sequence from the start of h12 (Supplemental Figure S2). Nevertheless, E380 is *close in space* to the C-terminal portion of h12, and from this position there is likely a repulsion between the negative charge of E380 and the two acidic—negatively charged—residues E542 and D545 in the middle of h12, disfavoring h12 positioning in the agonist conformation. The E to Q mutation at 380 would “*eliminate this charge repulsion interaction*”, enabling the active conformation to be achieved without the energy of agonist ligand binding. Supporting this hypothesis is a report that the synthetic E542K mutation, which would make this interaction attractive, has constitutive activity.⁴⁸ In addition, an E542G mutation, which would also reduce coulombic repulsion, was found in a breast cancer patient with recurrent disease (Chandarlapaty, unpublished)⁵⁶.

Zone 3 – The “Instability”—The S463P mutation, observed in ~2% patients with AI-treated MBC⁹, is curious in two respects: It has relatively low constitutive activity in reporter gene assays or resistance to antagonists, yet it drives estrogen independent tumor growth as well as or better than the other mutations^{18,24}, and of all the most well characterized mutations, it is most remote both in sequence and in space from h12 (Figure 2A, Supplemental Movie S1). As with E380Q, there is no published structural information on S463P ER α ; so, at this point we are left to speculate on the source of its activity.

S463P mutation – various modes for stabilizing the LBD.: The 463 site is found in a loop between h9 and h10 (Figure 2A). In many crystal structures of WT ER α LBD, this loop is absent, suggesting that it is unstructured and consistent with the avidity with which this region is cleaved by proteases⁴⁶. If the intrinsic disorder of this loop were one of the factors keeping WT apo-ER α bound through binding to HSPs, then replacement of serine with the structurally more constrained proline residue might activate the LBD by favoring its release from HSP binding. This loop is also close to the dimer interface (Figure 1C and D); so the S463P mutation could affect the stability of ER α LBD dimers. Although it is not clear how this might be operating, there are intriguing mechanisms by which the S463P mutation could affect the structure and function of the ER α LBD and alter the dimer interface (Box 2).

While this review is focused on the *prevalent* mutations detailed above, the identification of additional mutations in the ER α LBD from breast tumor biopsy samples is an ongoing activity. Some more recently identified mutations are: (a) V422del – Seen more often than S463P and weakly activating²⁴; located at the start of h8, close to but pointing away from the LBP. (b) S432L – Located in the middle of h8, but far from the LBP; found in tamoxifen-treated patients; lacks activity in absence of E2²⁴. (c) G442R – Found at low abundance and has constitutive activity; located at the start of h9, far from the ligand²⁴. (d) L469V – A conservative mutation; has considerable constitutive activity; at the start of h10, far from ligand but close to the dimer interface²⁴.

Mutations and AE Resistance

We have detailed how WT ER α is able to maintain an off state by relying on several built-in forces that oppose LBD folding into the agonist conformation when no ligand is bound. Intriguingly, this unfolded character of the WT ER α LBD also enables it to bind both agonist and antagonist ligands with particularly high affinities. The activating mutations that defeat these forces, however, also reduce the binding affinities of agonist and antagonist ligands that leads to AE resistance through interesting mechanisms, discussed below.

Intrinsic Disorder and Binding

Intrinsic disorder of binding domains affords two components of ligand binding energy.:

From biophysical studies probing the dynamics of the ER α -LBD with fluorescent probes, we concluded that the LBD in WT-ER α could readily adopt a molten globule or intrinsically disordered state⁴⁴. Intrinsic disorder is a well-recognized, functional feature of binding proteins in search of their binding partners⁵⁷, such as NRs searching for their ligands. Intrinsically disordered domains can open and close spontaneously, enabling them to search for their binding partners efficiently, an activity aptly termed “fly casting”^{58,59}. In addition, when intrinsically disordered protein domains interact with their binding partners they gain two components of energy: from new *protein-ligand contacts* as well as from new *protein-protein contacts* that form in the more fully folded protein-ligand complex⁶⁰. In the case of NRs like ER α , in which agonist ligands become completely engulfed by the protein but ligand-protein contacts are relatively sparse^{61,62}, the binding energy contribution from new protein-protein contacts must be considerable.

Prefolding bias of ER α activating mutants reduces protein-protein binding energy: We have noted that the activating mutations—in various ways—enable the ER α LBD to pre-fold in the agonist conformation without ligand. One can presume that this mutation-induced pre-folding will eliminate much of the second component of ligand-binding energy, the one from new protein-protein contacts that develop from folding the intrinsically disordered WT ER α LBD around the ligand. Loss of this folding energy will reduce the binding affinity of agonist ligands like estradiol, but antiestrogens will experience a greater reduction in binding affinity: the bias of the mutant ER α 's to pre-fold in the *agonist* conformation means that additional energy is required by these mutants to access the *antagonist* conformations needed to bind the antiestrogens. The factors at play are illustrated schematically in Figure 3A by the relative magnitude of the arrows for E2 interaction with WT vs. mutant forms. This figure also illustrates that prior to ligand binding, WT ER α LBD is in an unfolded state, associated with HSPs, whereas the mutant ER α is agonist pre-folded; the agonist (E2) and antagonist (AE) complexes are folded in their respective conformations, whether mutant or wild type.

ER α activating mutants have reduced affinity for E2 and especially for AEs: We and others have measured the binding of estradiol and several SERMs and SERDs to ER α 's with activating mutations by competitive radiometric and other binding assays^{16,29,34,63}, and results from our studies are summarized in Figure 3B. (Affinities are expressed as K_i rather than IC_{50} or relative binding affinity values; *see notes in* Figure 3B.) Relative to WT ER α , the binding of both estradiol and antagonists to the mutants is substantially reduced in most cases, with antiestrogen affinities being reduced to a greater extent (up to 60 fold) than those of estradiol (up to 11 fold)¹⁶. Notably, the reduction in binding affinity parallels the level of mutant constitutive activity: Y537S ~ D538G ~ L536R > E380Q²⁴, which can be considered a rough measure of the extent of agonist conformation pre-folding. The first 4 mutations also have a general or coordinate effect on the binding of all the antiestrogens rather than affecting only one of them (in marked contrast to endocrine therapy-resistant mutations found in AR, *see below*). The markedly reduced binding affinity of antagonists to these ER α mutants is likely a major factor underlying their resistance to antiestrogens.

Contrasting AR and ER α Mutations

While we have thus far focused on how mutations in ER α can undermine the therapeutic benefit from AIs and antiestrogens in breast cancer, instructive comparisons can be made between these ER α mutations and those that arise in the AR when prostate cancer becomes resistant to antiandrogens. The sequence of endocrine therapies for prostate cancer roughly parallels that for breast cancer: When the disease becomes resistant to androgen-deprivation therapy through suppression of gonadal androgen biosynthesis and progresses to the castration-resistant stage, therapy then shifts to complete AR blockade, which involves the additional use of antiandrogens such as flutamide bicalutamide, or enzalutamide, or systemic inhibitors of androgen biosynthesis such as abiraterone⁶⁴. Despite this more intensive antiandrogen therapy, further resistance can develop as a result of mutations in the AR LBD^{64–66}. The nature of the resistance mutations in AR and ER α , however, are very different and reflect inherent differences between the activating function strengths of the two receptors, the selection conditions under which the mutations arise, the location of the

mutations, and their pharmacological phenotype. These contrasts (summarized in Table 1) are very informative and raise a cautionary note because they suggest ways in which a different class of therapy-resistant mutations might arise in ER α if the nature and sequence of endocrine therapies used in breast cancer patients were to be changed in ways that expose the cancers initially and/or predominantly to AEs rather than AIs.

C-terminal truncated AR mutants are constitutively active.—AR can become constitutively active simply by C-terminal truncations, whereas ER requires mutations in the LBD to become constitutively active. This reflects contrasting ways by which these receptors use their two activating functions, AF1 in the N-terminal A/B domain and AF2 in the LBD (Figure 1A). The large AF1 in AR has intrinsic activity sufficient to drive proliferation in prostate cancer without the need for agonist binding; however, in the absence of ligands, AF2 in AR blocks AF1 activity. Hence, C-terminal truncation of the AR LBD removes the inhibitory effect of AF2 and produces a constitutively active AR mutant⁶⁷. By contrast, AF1 in ER is smaller and requires contributions from AF2 activated by agonist binding to drive proliferation in breast cancer. Consequently, constitutive activity in ER arises from mutations in the LBD that activate AF2 in the absence of ligand.

Locations of AR vs. ER mutations reflect selection and phenotype.—The activating mutations in ER α are all *outside* of the ligand binding pocket, and in contact with ligands. By contrast, AR mutations resistant to antiandrogens are all *inside* the ligand pocket (Supplement Movies S2 and S3) in contact with the antagonist ligands (Figure 4A). The ER mutations arise predominantly under endocrine-deprivation selection conditions (AIs) and are constitutively active; their resistance to AEs results in lowered antagonist affinity and potency that affects multiple antiestrogens generally, rather than being specific for individual ones (Figure 3B). The AR mutations arise under androgen-antagonist selective conditions, and affect different antagonist ligands in distinct ways (Table 1 and Figure 4B).

AR activity-inversion mutants—The AR LBD mutations prevent antiandrogens from inducing an antagonist conformation. They are located at characteristic sites where certain residues interact strongly with a portion of an individual antiandrogen (Figure 4A), and the mutational change reduces the size or increases the flexibility of these contact residues. This reduces the steric strain through which the antiandrogen is thought to distort the AR LBD into an antagonist conformation (Figure 4B), with the net result that that the specific antiandrogen becomes an agonist. In fact, increasing the size of the antiandrogen substituent juxtaposed to the smaller-sized residue in the mutant AR appears to be a viable strategy for designing analogs having restored antiandrogen activity against these specific AR mutant proteins^{68,69}.

Detailed analyses of antagonist ligand binding to AR are limited because, unlike the ER α LBD, there are no crystal structures available for AR LBD ligand complexes having an antagonist conformation; so, structures illustrating complexes with antiandrogens (Figure 4A and Supplemental Movies S2 and S3) come from modeling based on agonist conformations. Nevertheless, the resistance mutations in AR can be classified as “ligand activity-inversion mutations” because they change the receptor’s interpretation of the ligand from an antagonist to an agonist.

ER α activity-inversion mutants—The constitutively active mutations in ER α that arose under conditions of estrogen deprivation also have reduced sensitivity to antiestrogens, because of the agonist pre-folded conformational preference of these mutations (Figure 3), but they do not convert antiestrogens into estrogens. Could a different type of ER α mutant—with ligand activity-inversion character like in AR—arise in breast cancer patients treated solely with antiestrogens? An informative prospect is L540Q ER α , which was identified in early ER α mutagenesis studies when selection was done in the presence of antiestrogens^{51,70–73}. The L540Q mutant is substantially activated by the antiestrogens hydroxytamoxifen, ICI164,384, and RU54,876 (akin to the antiandrogen activation of the AR mutations), but L540Q ER α also functions as a dominant negative: It is neither active without ligand nor in the presence of estradiol, functioning under these conditions as a potent suppressor of WT ER α activity^{70–72}.

Remarkably, a careful search of available clinical databases identified one patient who presented with a metastasis harboring this L540Q mutation after 5 years of tamoxifen-only therapy (Chandarlapaty, unpublished). While the L540Q mutation has not yet been reported elsewhere, there has been limited reporting of deep sequencing of the ER α gene in recurrent disease after exposure to ER antagonists alone. This mutation would not arise under estrogen deprivation by AIs because its dominant negative activity would inhibit WT ER α function and actually suppress, not stimulate, proliferation. If an L540Q mutation were to arise in a patient being treated with an antiestrogen, withdrawal of the drug might cause marked regression because of the dominant negative effect of the unoccupied L540Q ER^{70–72}.

The L540Q mutation in ER α resembles the mutations in AR by having ligand activity-inversion character, but differs from them by not being specific for individual structurally diverse antagonists. The L540Q change places a polar residue in the middle of h12, which probably prevents its adopting either the agonist or the antagonist conformation (Figure 1C and D). Of interest, synthetic mutations of other hydrophobic residues in h12 also lead to this type of ligand activity-inversion character⁷⁴. Hence, the molecular mechanisms by which the L540Q ER α and related h12 mutations function certainly deserve careful study.

ER α LBD mutations at two other sites convey an increased agonist response to SERMs. The first mutation, D351Y, was identified in one MCF-7 xenograft grown in the presence of tamoxifen⁷⁵. Like L540Q, a variety of SERMs have substantial partial agonist activity on D351Y ER α in transcription assays; however, unlike L540Q ER, the SERD fulvestrant remains a full antagonist, and estradiol, a full agonist^{76–78}. D351 is an acidic residue in the middle of h3, close to the side chains of antiestrogens, and appears to have an important attractive interaction with the basic side chains of certain SERMs (e.g., tamoxifen and raloxifene)^{61,62} and a repulsive interaction with the acidic side chain of other ER antagonists (e.g., GW-5638 and AZD-9496)^{78–81}. Both of these interactions would be abrogated by replacement of the negatively charged aspartate with the uncharged tyrosine. The second mutation, G400V, occurred during the initial cloning of ER α ⁸²; in cells, it too conveys a more agonistic response to some SERMs⁸³ but not to a SERD^{84–86}. G400 is located far from the ligand, at the start of the β -sheet region following h6; so, there is no clear molecular basis for these behaviors. Unlike L540Q ER, neither of these ER α mutations has yet been found in breast cancer sequencing databases.

CONCLUSIONS

In this review we have presented our current understanding of how activating mutations in the ER α LBD contribute to endocrine-therapy resistance in breast cancer, highlighting the molecular mechanisms by which they undermine the varied structural features of WT ER α that ensure it is off in the absence of estrogens. Selection under conditions of estrogen deprivation (AI therapy) leads to distinct sets of ligand-remote mutations in the ER α LBD that enable it to access an active/agonist conformation without agonist binding; this gives constitutive activity and resistance to AIs, but this preference for pre-folding in the agonist conformation also leads to a general decrease in binding and sensitivity to antiestrogens. By contrast, endocrine therapy-resistant AR mutations in prostate cancer are quite different, with C-terminal truncation being sufficient to give constitutive activity and resistance to androgen deprivation, but with antiandrogen therapy selecting for distinct AR LBD ligand-contact mutations that invert the activity of specific androgen antagonists to agonists. From this perspective, one can advance some general thoughts about how endocrine therapies for breast cancer might be improved. One can also appreciate the critical importance of sharing the lessons learned from ER mutations in breast cancer and AR mutations in prostate cancer in formulating the most beneficial and durable endocrine therapy strategies for each of these cancers.

Improved Design of Antiestrogens

Even though the ERs with activating mutations have reduced sensitivity to ER antagonists, the proliferative drive of ERs bearing activating mutations can still be overcome with higher concentrations of current antiestrogens, although the dose required depends on the nature of the mutation^{24,63}. Thus, a strategy already underway is the improvement of pharmacokinetic properties to increase the internal exposure of tumors to highly potent antagonists. Some emerging orally active antiestrogens, such as AZD-9496, GDC-0810, as well as others, appear to provide just such encouraging behavior^{34,63,87–95} although further studies are needed regarding side-effect profiles and prevention of disease recurrence.

While most antiestrogens appear to block ER activity largely by a direct mechanism, through which the antiestrogen side chain repositions h12 from the agonist conformation (Figure 1D), surprisingly few structural strategies have been explored to accomplish this, with most antiestrogens having either a basic amine as in tamoxifen and raloxifene^{96,97}, an acrylic acid side chain as in AZD-9496 and GDC-0810^{34,80,88,98}, or a long, largely extended largely hydrophobic chain as in ICI 182,780 (fulvestrant)⁹⁹ and RU 58,668¹⁰⁰. Other side chain design strategies could be evaluated, as could the optimal matching between antiestrogen side chains and core structural elements, with the goal of optimizing affinity, potency, and antiproliferative efficacy, while also seeking the best pharmacokinetic behavior. There are even alternative approaches to disrupting the ER α agonist conformation by indirect mechanisms using ligands with expanded core elements (even ones without side chains) that distort the positioning of regions within the ligand-binding pocket that are needed to support the agonist conformation of helix 12^{50,101–103}. Finally, it will also be important to clarify the necessity—or even the desirability—of coupling ER α antagonism with ER α degradation (SERD activity), and determine whether ER α levels of both WT and

mutant ERs can be lowered sufficiently to afford broad suppression of breast cancer progression.

Resistance Mutation Screening—Although the mutant ER α proteins appear to be uniformly less sensitive to multiple antiestrogens, it is possible that a broader exploration of modes of antiestrogen action might lead to antagonists that are active on specific mutations. In any case, the clinical exploration of structurally novel antiestrogens or new endocrine therapy strategies should be coupled with forward-looking mutagenesis studies to explore new ER α alterations by which resistance might develop. By getting ahead of potential limitations to the durability of their clinical efficacy, drug developers could explore structural modifications that might overcome the resistance due to these specific new mutations in advance of their appearance in the clinic. Thus far, this has been done more extensively with new antiandrogens^{68,104}, but the generation and clinical observation of the L540Q ligand-activity inversion mutation in ER α after exposure to tamoxifen and the finding of other ER α activity-inversion mutations suggest that resistance to any structurally new antiestrogens through ER α LBD mutation should be screened for proactively. The general trend to combine antiestrogen endocrine therapies with other targeted-therapy agents, such as CDK4/6 inhibitors as well as other agents, may minimize the risk from different modes of therapy resistance^{105–109}, including those due to mutations in ER.

We have described how the structural features of the LBD of WT ER α are optimized for it to be off in the absence of estradiol. Through this, we can also better understand how the receptor functions, appreciate the diverse ways by which mutations can undermine or even reverse these functions, and consider how the activation of ER α by oncological means (i.e., by mutation) vs. physiological means (i.e., by ligands) are both similar and different. Metastatic, therapy-resistant breast cancers due to ER α mutations are a significant medical issue and the cause of many deaths²²; so, a deeper understanding of the molecular mechanisms by which these mutant ER α proteins generate hormone-independent, constitutive and antagonist-resistant activities should facilitate the development of a toolbox of antiestrogens to overcome this “on-state” of the receptor so as to improve endocrine therapies of breast cancer for patients, now and in the future.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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BOX 1.**Abbreviations and Glossary of Terms.**

AE – antiestrogen Antiestrogens are ligands for the estrogen receptor used as one form of endocrine therapy for breast cancer. They bind to the estrogen receptor but alter its conformation so that it is unable to stimulate the proliferation and progression of breast cancer cells.

AI – aromatase inhibitor Aromatase inhibitors are another form of endocrine therapy for breast cancer. They work by blocking the production of estrogens produced by the ovaries, by other tissues such as the adrenal, and by the tumor itself

Apo – a binding protein in an unliganded state

AR – androgen receptor A transcription factor that is a member of the nuclear hormone receptor superfamily. It is the principal mediator of the biological effects of androgens and a major driver of the proliferation and progression of prostate cancer.

ER α – estrogen receptor α A transcription factor that is a member of the nuclear hormone receptor superfamily. It is the principal mediator of the biological effects of estrogens and a major driver of the proliferation and progression of breast cancer. ER α is distinguished from another ER subtype, ER β , which has very different biological activities, largely unrelated to driving breast cancer progression

E2 – estradiol A steroid with an aromatic A-ring that is the principal endogenous estrogenic hormone that drives the proliferation and progression of breast cancer cells.

h – helix A characteristic motif of protein secondary structure consisting of a right-handed helix of amino acids in a peptide chain, stabilized by internal hydrogen bonds between carbonyl groups and N-H groups.

HSP – heat shock proteins A family of proteins that selectively bind other proteins that are intrinsically or aberrantly unfolded. HSP90 is the major protein to which WT apo-ER α binds, although other HSPs likely also participate in this binding.

LBD – ligand binding domain A domain of the estrogen receptor responsible for binding estrogens and antiestrogens. It is domain E out of the domains A-F, and stretches from ca. amino acid 304 to 554 out of a total of 595 amino acids, accounting for about 40% of the overall length of ER α . It is constituted of some 12 α -helices and a few β -strand elements of secondary structure.

LBP – ligand binding pocket An interior region of the LBD within which both agonist and antagonist ligand bind, with occasional portions of the ligand extending beyond the confines of the pocket.

MD – molecular dynamics A computationally intensive method for exploring the conformation and dynamic features of proteins by providing alternating inputs of velocity on individual atoms and relaxation within the energy force field confines of the protein.

NR – nuclear receptors A superfamily of proteins of which ER α and AR are members. Most members of the superfamily function largely as transcription factors,

many of which are regulated by the binding of ligands, which can be endogenous metabolites (hormones) exogenous ligands (pharmaceuticals, xenobiotics, etc.).

SERD – selective estrogen receptor downregulator A class of ligands for ER α such as fulvestrant that cause a reduction in the levels of the ER α protein; they also function as ERs antagonists and are used in breast cancer endocrine therapies.

SERM – selective estrogen receptor modulator A class of ligands for ER α that can have tissue-selective pharmacological effects, acting as agonists in some tissues (such as bone and vasculature) and antagonists in others (breast and uterus). SERMs such as tamoxifen are used in breast cancer endocrine therapy; other SERMs such as raloxifene are used in hormone replacement therapies to protect bone in post-menopausal women.

WT – wild type The naturally occurring form of a protein, as distinguished from various mutant forms.

BOX 2.**A Role for the Mysterious F-Domain**

ER is unique among the members of the NR superfamily in having a substantial F-domain (Figure 1A). The structure of the 40 C-terminal residues (556–595) that constitute the F-domain in full-length ER α has been difficult to study because ER α LBD crystal structures end abruptly around R555, which is another site of active protease cleavage considered to be the end of h12 and the E-domain^{46,110}. Nevertheless, the function of the F-domain is clearly substantial, as F-domain mutations and truncations alter the agonist/antagonist balance of different ligands and increase the stability of ER dimers^{111–114}. In crystal structures of ER α LBD agonist complexes, the end of h12 is aimed at the dimer interface and appears to interfere with dimer stability (Figure 1C) because ER α LBD agonist dimers are less stable than antagonist dimers, in which the end of h12 is directed away from the dimer interface (Figure 1D)¹¹⁵.

Some idea of what might be happening to the dimer interface can be gleaned from AR and other members of the glucocorticoid receptor subfamily; these members lack a comparable F-domain, but have some residues that extend beyond the site corresponding to R555 in ER α , which are visible in crystal structures (See Supplemental Movies S2 and S3, and legends). These extended sequences form a β -sheet structure with the h9–10 loop and eventually interact with residues in the usual dimerization zone, blocking or altering dimerization of the AR LBD¹¹⁶. The dimerization of full length WT ER α might be similarly weakened by sequences at the start of the F-domain through β -sheet interaction with the intrinsically disordered h9–10 loop. Substitution of serine with the more structured proline in the S463P mutant might disfavor this β -sheet formation; by reducing interference with the dimer interface, it could stabilize and activate the mutant ER by minimizing its interaction with heat shock proteins.

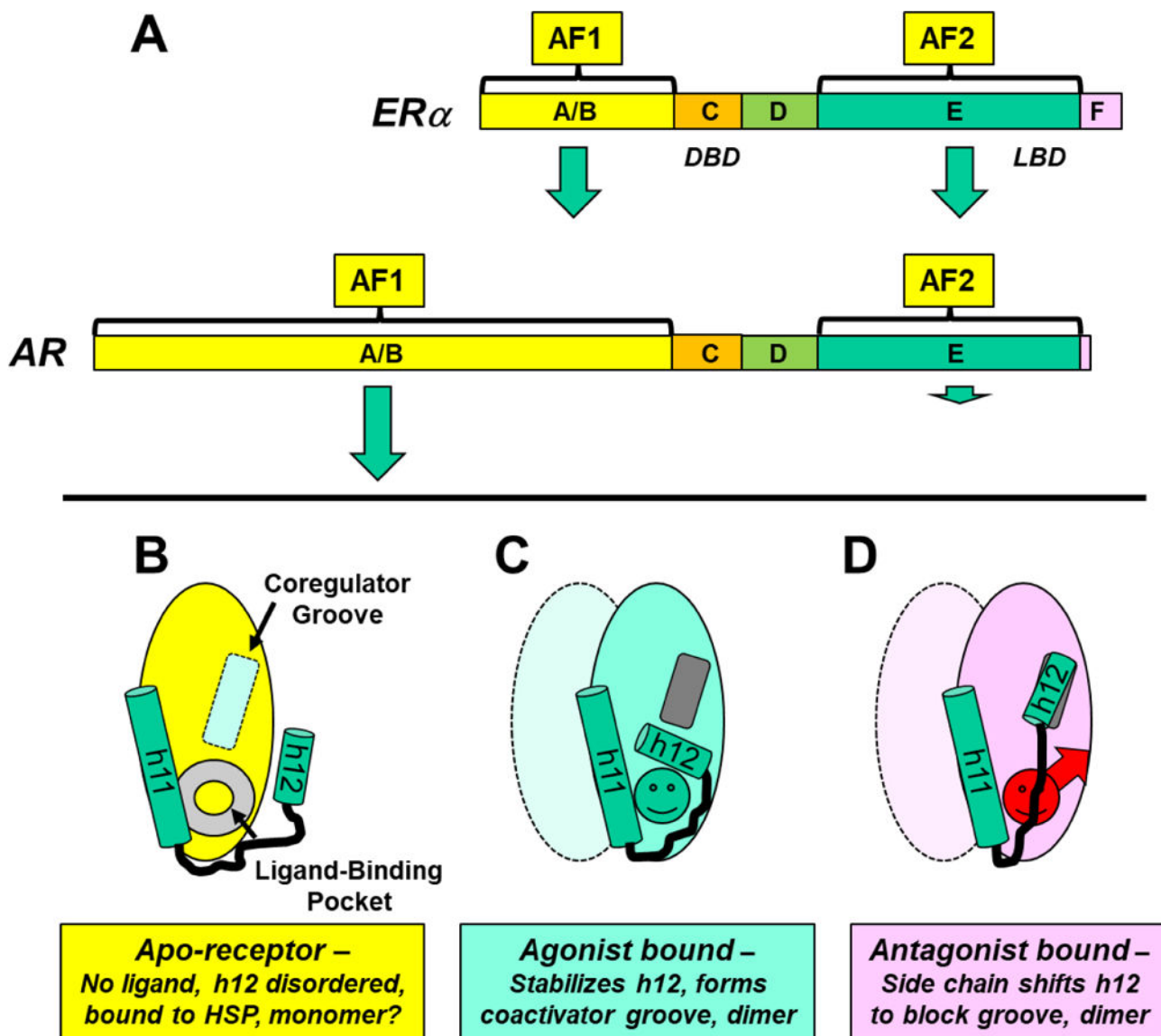


Figure 1. Overview of nuclear receptor domain structure, activating functions, ligand-induced conformations, and dimer formation.

A. Domain structure of two nuclear hormone receptors, ER α and AR. The domains, shown to scale, are labeled A/B through F. The size of the green arrows associated with the activating functions (AF1 and AF2) illustrate their relative contribution to the transcriptional activity of ER or AR. The D domain is called the hinge, and the most C-terminal F domain is much more prominent in ER α than in AR. **B-D.** Schematic representation of three conformational states of the LBD of hormone-regulated nuclear receptors, highlighting the relative positions of the two carboxy-terminal helices, h11 and h12, and dimer states. **B.** In the unliganded or apo-receptor LBD, the LBP is empty (gray doughnut) and the coactivator groove (light blue rectangle) is incomplete and empty. **C.** With a bound agonist (green circle), h12 folds back, covering the LBP and generating the coactivator binding groove (dark gray rectangle). **D.** With a bound AE (red circle with arrow for a side chain), h12 moves to block the coactivator binding groove. The liganded LBDs (**C** and **D**) are

represented as dimers; the second monomer is shown in lighter color, and conformational details are omitted. Although uncertain, the apo-LBD (**B**) is shown as a monomer.

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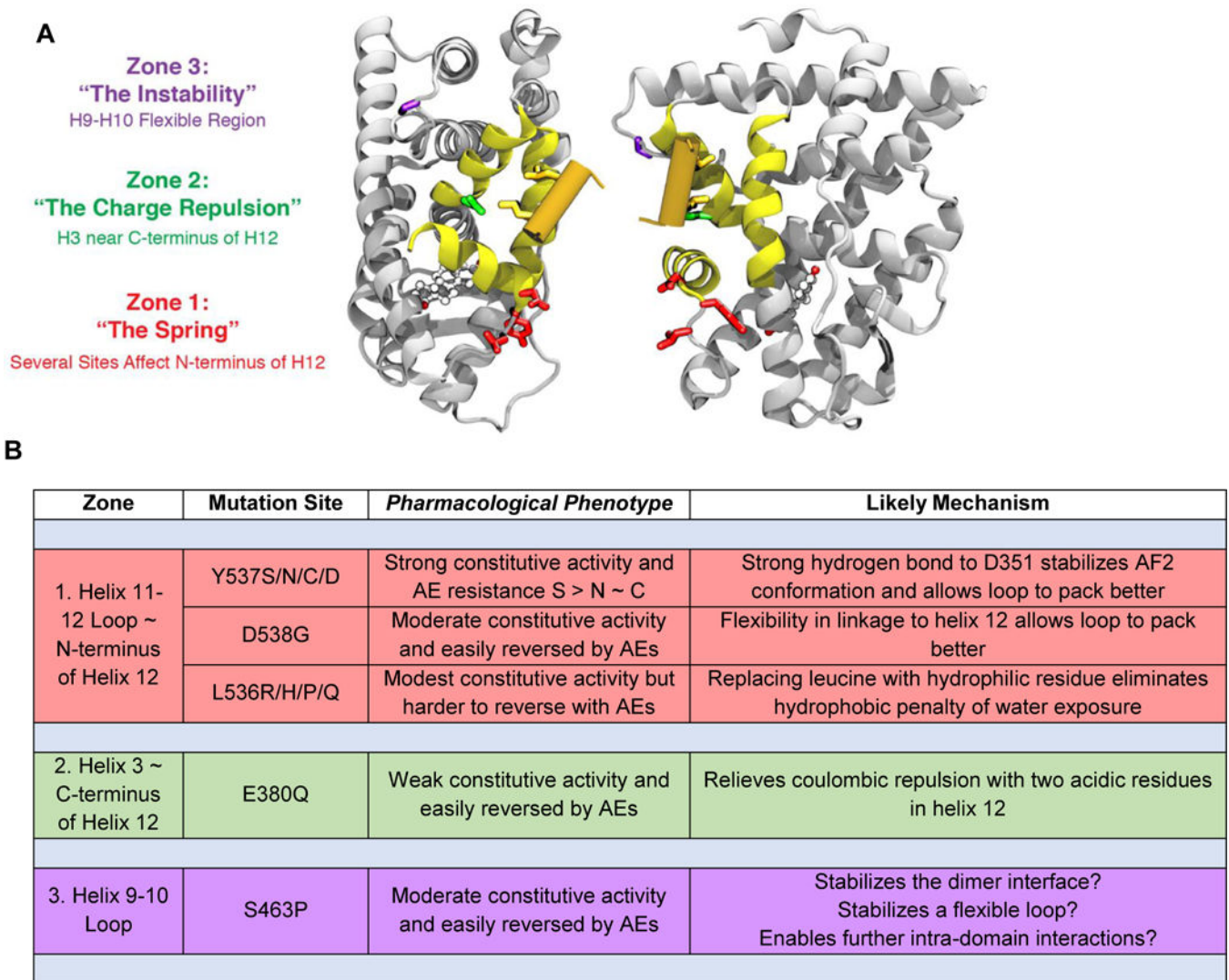
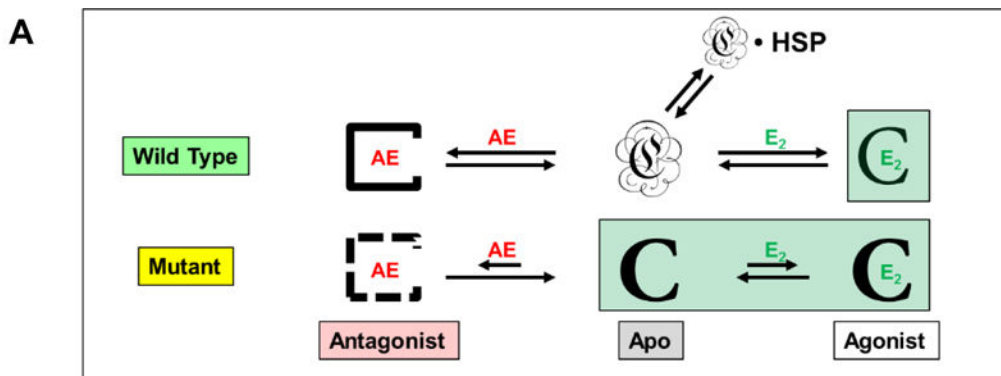


Figure 2. Activating Mutations in the ER α LBD, Pharmacological Phenotypes, and Mechanisms.

A. Ribbon diagrams of two perspectives illustrating the three zones for the principal activating mutations in the ER α ligand-binding domain (LBD). The color codes (red, green, and purple) match the zone designations with the residues in each zone. All of these mutations alter residues that are far from the bound ligand, estradiol (ball and stick model). The region shown in yellow constitutes the coactivator binding groove and the orange cylinder, the coactivator LxxLL helical domain. (A movie showing a rotating 3D version of this structure is available – Supplemental Movie S1.) **B.** Tabular listing by zone of the principal activating mutations, with their pharmacological phenotype and likely functional mechanism. Constitutive activity and reversal here refers principally to the transcriptional activation functions of the receptor.



B

Ligand	K _i (nM) [Fold Decrease in Binding Affinity]					
	WT	Y537S	D538G	L536R	E380Q	S463P
E ₂	0.22	1.4 ± 0.54 [6.4X]	1.8 ± 0.66 [8.0X]	2.3 ± 1.4 [11X]	0.91 ± 0.39 [4.1X]	0.19 ± 0.03 [0.87X]
Hydroxy-Tamox	0.12	2.64 ± 0.40 [22X]	3.28 ± 0.70 [27X]	7.40 ± 1.62 [62X]	1.64 ± 0.09 [14X]	0.16 ± 0.04 [1.3X]
Raloxifene	0.30	3.59 ± 1.00 [12X]	3.77 ± 1.04 [13X]	8.63 ± 0.64 [29X]	2.46 ± 0.46 [8.2X]	0.200 ± 0.04 [0.67X]
Bazedoxifene	0.37	3.50 ± 0.60 [9.5X]	5.53 ± 0.70 [15X]	8.96 ± 2.40 [24X]	2.74 ± 0.25 [7.4X]	0.18 ± 0.03 [0.48X]
Fulvestrant	0.13	3.68 ± 0.77 [28X]	5.06 ± 1.16 [39X]	1.18 ± 0.34 [9.1X]	1.29 ± 0.13 [9.9X]	0.19 ± 0.04 [1.5X]

Figure 3. Schematic overview of estrogen agonist (E₂) and antiestrogen (AE) binding to WT and mutant ER α LBDs and binding affinities of various antiestrogens to WT ER α and five mutant ERs.

A. The WT ER α LBD, which is unfolded in the absence of ligands and largely bound by heat shock proteins (HSP), gains extra energy upon binding of either E₂ or AEs from formation of additional protein-protein contacts in the stably folded ligand complexes. Mutant ER LBDs are pre-folded in the agonist conformation, which reduces the binding affinity of both E₂ and AEs, but AE binding is reduced to a greater extent because the agonist folding bias has to be overcome to access the antagonist conformation. Active species are highlighted in light green. **B.** Binding affinities for E₂ and AEs to WT and constitutively active ER α mutants. The level of constitutive activity is indicated by the intensity of the shading (blue for WT ER α and yellow for the mutants). Estradiol binding is determined by a direct assay with [³H]estradiol by Scatchard analysis^{16,29}. Antiestrogen binding was determined by a competitive binding assay using [³H]estradiol as a tracer and LBDs of WT and ER α mutants²⁹. Because the IC₅₀ values from the competition assay are affected by the estradiol binding affinities, they have been converted to K_i values using the Cheng-Prusoff relationship¹¹⁷. (Data on WT, Y537S and D538G ER α LBDs for estradiol, hydroxy-tamoxifen, and fulvestrant are updated values with more replicates from our

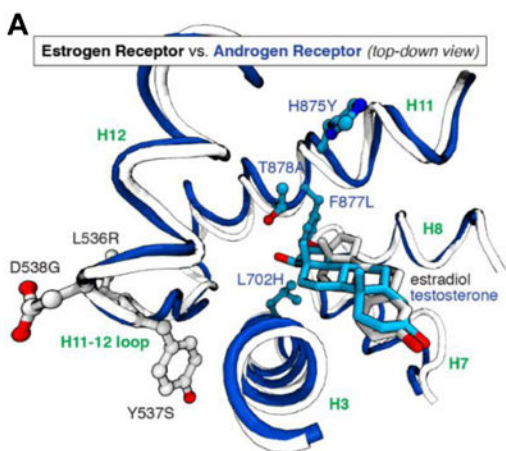
published work^{16,63}; the values on the other ER α mutants and for raloxifene and bazedoxifene were determined in our laboratories using the same published methodology^{16,29,63}.)

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B

Antiandrogen	AR Resistance Mutations			
Hydroxyflutamide		H875Y		T878A
Nilutamide		H875Y		T878A
Bicalutamide	W742C/L			
Enzalutamide			F877L	
Biosynthesis blocker				
Abiraterone	L702H	H875Y		T878A

Figure 4. Comparative view of the locations of activating mutations in ER and in AR relative to the position of the ligand, and the relationship of AR mutations to specific AR antagonists.

A. A structural overlay of a portion of the LBDs of ER and estradiol (in gray) and testosterone (in blue). The sites of mutation in AR (702, 875, 877, and 878, blue residues) are within the ligand-binding pocket, close to the ligand, whereas the mutation sites in ER (536, 537, and 538, standard atom colored residues) are outside of the pocket, far from ligand contact. (Two rotating 3D movies are available: Supplemental Movie S2 shows that the resistance mutations in the AR LBD are within the LBP. Supplemental Movie S3 shows an overlap comparison of the two LBDs, contrasting the locations of the mutations relative to the ligand.) **B.** Specific AR mutations are associated with antiandrogens with different structures.^{64–66} (Because hydroxyflutamide and nilutamide have similar structures, they have similar sites of mutation.) While nominally a blocker of androgen biosynthesis from adrenal precursors, Abiraterone, and particularly its oxidized metabolite D4A, are also direct AR antagonist ligands.^{118,119} Abiraterone therapy also elevates levels of progestational ligands and suppresses corticosteroid production, necessitating corticosteroid supplementation. These three mutations reduce AR binding specificity and are activated by progestins and corticosteroids.¹²⁰

Table 1.

Comparative characteristics of endocrine therapy-resistance mutations in the estrogen receptor and androgen receptor

Characteristic of Mutation	Estrogen Receptor	Androgen Receptor
1. Phenotype	Constitutive activity and antiestrogen resistance from LBD mutations	Constitutive activity with C-terminal truncation; antiandrogen resistance from LBD mutations
2. Selective pressure	Estrogen deprivation through aromatase inhibition	Androgen deprivation favors AR C-terminal truncation; antiandrogens favor LBP mutations
3. Location	Outside ligand binding pocket, far from contact with ligand	Either C-terminal truncation or within ligand binding pocket in close contact with ligand
4. Specificity of antagonist resistance	Resistance is consequence of preferential agonist folding that coordinately affects current antiestrogens	Resistance is characteristic for each antiandrogen and converts it from an antagonist to an agonist with increased potency
5. Structure and mechanism of hormone antagonists	Current antiestrogens appear to act largely as “direct antagonists”	Current antiandrogens are presumed to function largely as “indirect antagonists”

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