

Antimicrobial resistance in bacterial pathogens among hospitalised patients with severe invasive infections

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Abstract. The most severe infections are invasive infections, due to the fact that the germs can accumulate in multiple sites and produce a body-wide infection known as sepsis. Septic shock has the highest mortality rate among non-traumatic medical conditions. In this study, we aimed to evaluate the incidence and prevalence of invasive infections in a hospital environment. Another second objective was to establish the aetiology of invasive infections in our hospital and the antibiotic resistance profile of the germs involved, which are both important for determining the therapeutic approach for the treatment of these infections. The study included 505 hospitalized patients from which we collected a total of 974 blood cultures. For the analysis of the blood cultures, we used an automated incubator. The bottles flagged as positive were subcultured on blood agar, and the grown colonies were identified using an identification system. Invasive infections had a prevalence rate of 27.72% in our hospital. From the 974 blood cultures, we isolated 170 bacterial strains: *Staphylococcus aureus* (SA; 63 strains, 37.06%), *Klebsiella* spp. (27 strains, 15.88%), coagulase-negative staphylococci (CoNS; 18 strains, 10.59%), *Enterococcus* spp. (17 strains, 10.00%), *Escherichia coli* (12 strains, 7.06%),

Streptococcus spp. (11 strains, 6.47%) and other bacterial species. The prevalence of methicillin-resistant SA (MRSA) in our study was 36.51% from the SA strains. The MRSA prevalence differed significantly according to age (37.50% in adults vs. 28.57% in children, $P=0.047$) and ICU admission (42.42% in ICU patients vs. 30.00% in non-ICU patients, $P=0.018$). We performed a multivariate analysis of the invasive infection risk which detected as significant predictors the admission into the cardiology ward and plastic surgery ward. On the whole, the findings of this study indicate that the high prevalence of Gram-positive cocci in blood cultures, mostly SA, with multidrug resistance has important consequences for the management of invasive infections.

Introduction

Sepsis appears when an infection defeats the immune system, which IS usually able to fight against germs, and reaches the bloodstream. This term frequently used is septicaemia, which denotes a severe infection of the bloodstream.

Bacteraemia indicates the presence of bacteria in the blood. It is a medical emergency and that must be promptly controlled with appropriate antibiotics (1). Bacteraemia is a main cause of morbidity and mortality in hospitals, that can evolve into bloodstream infections (BSI). BSI are a major healthcare concern and are associated with a disease burden in hospitals comparable with myocardial infarction, major stroke and trauma, holding the 8th position in intra-hospital mortality causes (2). Bacteraemia can be classified according to the site of acquisition, either as community-onset or nosocomial-acquired. Bacteraemia is of particular concern due to the high 30-day mortality rate of 16-29% (3). Consequently, there are local and national surveillance programs that monitor the occurrence of bacteraemia in hospitals in an effort to improve prevention by empirical therapy and the control of invasive infections. Studies reporting data from hospital cohorts have described overall incidences, risk factors and mortality (4,5); however, at least to the best of our knowledge, few studies to

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date have investigated the timing (daily incidence) of bacteraemia (6,7).

Advances in medical pathogen detection technology and the demographic changes have altered the epidemiology of bacteraemia in recent decades, resulting in a shift in the pathogen spectrum. Although between the years 1987-2000, the aetiology of bacteraemia was dominated by Gram-positive bacteria, the prevalence of Gram-negative agents has increased and *Escherichia coli* has re-emerged as the most prevalent pathogen (8).

The major cause of morbidity and mortality worldwide is septicaemia and this type of infection can lead to longer periods of hospitalization and increased costs. It is estimated that the incidence rate of cases treated for sepsis in hospitals is 427 cases and that of cases of severe sepsis is 331 cases per 100,000 person-years (9).

The prevalent pathogen implicated in septicaemia is *Staphylococcus aureus* (SA). This bacterium can also lead to the development of infective endocarditis, as well as osteo-articular, skin and soft tissue infections, such as surgical site infections (10), pleuropulmonary manifestations (parapneumonic pleurisy) (11) and device-related infections (12). SA is implicated in 26% of cases of native endocarditis in adults, and the number of cases is increasing (13). This bacteria is often associated with severe fungal infections caused by fungi, such as *Aspergillus* or *Fusarium* (14). This clinical situation occurs particularly in immunosuppressed patients, or in patients with liver cirrhosis (15). With time, treatment becomes difficult due to the increased antibiotic resistance among the species isolated (16). As septicaemia is the most common bacterial infection, particularly in immunocompromised patients, it is important to determine the sensitivity and resistance of bacterial strains to antibiotics. Certain geographical variations in resistance have been described and in such cases, one must select the adequate antibiotic for each bacterium isolated (17). Blood cultures are essential for the diagnosis of BSI when there is a suspicion of severe focal infection that presents a risk of sepsis, as pyelonephritis, bronchopneumonia or infectious endocarditis. Blood cultures are also recommended for patients with severe septic syndrome, prolonged fever, prosthetic valves and metabolic disorders, such as diabetes.

The present study aimed to assess the epidemiology, aetiology, and temporal changes of bacteraemia episodes in patients from the County Clinical Emergency Hospital of Craiova, Romania, in an aim to determine the incidence and prevalence rates of these bacteria among patients with severe invasive infections.

Materials and methods

Study population. For the purpose of this study, from the hospital electronic database, we extracted all blood cultures collected between September 1, 2016 and July 31, 2017 from 505 patients (216 females and 289 males) hospitalized at the Clinical Emergency Hospital of Craiova, Romania. The patients were hospitalized in either the Intensive Care Unit (ICU; 272 patients), surgical wards (General Surgery, Plastic Surgery, Orthopaedic, Paediatric Surgery, Ophthalmology, Neurosurgery, Urology and Gynaecology wards; 47 patients), medical wards (Internal Medicine, Cardiology, Diabetes, Nephrology and Neurology wards, 129 patients), paediatric

wards (45 patients) and oncological wards (12 patients). A total of 974 blood cultures were included in the study. The hospitalization time till the collection of the first blood culture was between 1 and 30 days, with a mean of 7.18 days.

A community-acquired (CA) bloodstream infection was defined as a positive blood culture in the first 48 h of admission, excluding re-admissions when the final discharge was >48 h. A hospital-acquired (HA) BSI was defined as a positive blood culture collected after at least 48 h from admission to the hospital, or within 48 h from the hospital discharge.

Microbiological methods. For collecting the blood cultures, we used specialized bottles provided together with the automated system Bactalert 3D[®] (bioMérieux SA, Marcy-l'Étoile, France), which contain the special formulation of culture media that allows the detection of both patients who did not receive antibiotic therapy and of those treated with antibiotics. For each patient, a set comprised of two culture bottles was collected, one for aerobic bacteria and one for anaerobic bacteria. The system incubated the bottles for up to 7 days and alerted the detection of growth. Immediately following the detection, the positive bottle was removed from the Bactalert 3D system and bacterial smears were examined following Gram staining which shows the shape of the bacteria (cocci or bacilli) and Gram grouping (Gram-positive and Gram-negative). According to the aspect indicated, the bacteria were inoculated on a Columbia blood agar plate, MacConkey and Sabouraud media (all from bioMérieux SA) with incubation at 37°C for 24 h.

The identification of isolated microorganisms was performed using the system Vitek 2 Compact[®] (bioMérieux SA) from the 24-h cultures on appropriate media based on the biochemical properties of bacteria assessed in specially designed cards with reagents that will change the colour after the enzymatic reaction. The cards are scanned every 15 min inside the system for colour change and once an identification is made, the card is ejected. The time for identification ranges from 4 to 14 h. We used the identification cards, GP (for Gram-positive bacteria) and GN (for Gram-negative bacteria).

The Vitek 2 Compact[®] system was also used for antimicrobial susceptibility testing (AST), according to the guidelines of the current Clinical Laboratory Standards Institute (CLSI) (18), using the cards AST-N204 for Gram-negative bacteria of the genus *Escherichia coli*, *Klebsiella* spp. and *Enterobacter* spp., AST-N222 for Gram-negative glucose non-fermenters bacteria, AST-P592 for Gram-positive bacteria of the genus *Staphylococcus* spp., and AST-GP67 for *Enterococcus* spp., *Streptococcus* spp. and other Gram-positive bacteria. The base for automated bacterial antibiotic susceptibility is the antibiotic microdilution method: The bacterial strain is cultured in each of the cells from the card that contain various concentrations of antibiotics. Each cell is read 3 times once in 15 min, and each reading uses 16 points to determine the absorbance of the cell, that is proportional with the concentration of bacteria. From these data for each strain, the minimum inhibitory concentration (MIC) for each antibiotic was determined, defined as the minimal concentration of antibiotic that stops bacterial growth in liquid culture.

Following the primary reading of the AST results, the software delivered with the Vitek 2 Compact[®] analysed the

resistance data using an advanced expert system (AES), that uses an exhaustive database of strains and MICs to validate the results and to interpret them, according to current CLSI guidelines. The final result includes both the MIC value obtained for each antibiotic and the interpretation as susceptible, intermediate resistant or resistant, that is of clinical value. Moreover, AES can classify the microorganisms in resistance phenotypes and detect the resistance mechanisms, as for example Extended Spectrum Beta-Lactamase (ESBLs) production.

Data and statistical analysis. The computerised hospital records of all eligible patients were retrieved and reviewed from the hospital electronic database, which contained clinical and laboratory data of all patients admitted to our hospital. The access to the database for the purpose of this study was approved by the Ethics Committee of Clinical County Emergency Hospital of Craiova, Romania. The patient specific data was depersonalised (e.g., names were not recorded, ages were approximated as greater or lower than 70 years). Candidate variables included demographic data, hospitalization time and diagnostics. Patients whose age was <18 years were considered children, and patients whose age was >18 years were considered adults.

Additionally, data related to blood culture, including the number of blood specimens used for culture, the number of positive cultures (if any), and the identification of all cultured isolates and their antimicrobial susceptibility, were also retrieved. The data were entered into STATA statistical software version 13.1 (StataCorp LP, College Station, TX, USA).

These patient groups were compared in terms of their demographic characteristics, underlying diseases, pathogens isolated and outcomes. The comparisons between the prevalence of infections in patient groups included the calculation of risk ratios and the significant difference between the groups was assessed using the Chi-squared test. In addition, the Chi-square test was used for the comparison of the prevalence of various pathogens in CA and HA invasive infections, or the prevalence of bacteraemia in groups defined by the presence or absence of the risk factors. The trend of increasing or decreasing prevalence with various infectious agents in consecutive months was tested using the Chi-square test for trend. The monthly relative prevalence rates were calculated in each month by dividing the number of patients with blood cultures positive for a certain bacteria by the number of patients with positive blood cultures in that month.

For the calculation of the risk of invasive infection and the mortality risk, and for the comparison of those between the groups we used Kaplan-Meyer survival analysis. The specialized procedures of STATA for survival analysis were used to calculate the incidence rates and the incidence rates ratio. Briefly, for each patient, we counted the number of days that patient remained in the hospital till the development of infection or death. All the days for all the patients were counted and then summed up. In a similar manner, the total number of patient/days that all patients spent in the hospital was calculated. The ratio between the two numbers is the incidence rate. The comparisons between patient groups defined by binary risk factors (e.g., diabetes) were performed using the log-rank test, which compares the equality of survivor functions in the 2 groups.

Following the initial Kaplan-Meyer survival analysis, we used a Cox regression model to quantify the effect of various risk factors on the risk of invasive infection and death, measured by the Hazard Ratio (HR). The performance of the Cox regression model was assessed by the calculation of sensitivity and specificity, followed by the construction of the receiver operator characteristic (ROC) curve and the calculation of the area under the curve (AUC) as the main measure of model fit and performance.

The multiple antibiotic resistance index (MAR) was calculated as the ratio between the number of resistant antibiotics and the total number of antibiotics tested for a given strain. The mean MARs in patients from different wards were compared by the analysis of variance (ANOVA) test, with the Bonferroni correction (19). When we had only 2 types of wards, as the patients were only from 2 different types of wards, we used the Student's t-test instead.

We calculated the average MAR per ward type by adding the MAR values for all patients hospitalised in wards belonging to a certain ward type and then divided by that the number of patients. We used multivariate logistic regression to analyse the risk factors for invasive infection or death, expressed as the odds ratio (OR). We used a logistic model with the dependent variable infection or death, in which we entered all the independent variables together: sex, age, ward type, diagnosis. Continuous data are expressed as the mean \pm standard deviation. All the statistical tests, comparisons and regression coefficients were considered significant if the probability to reject the null was $P < 0.05$.

Results

A total of 140 from the 505 patients analysed had positive blood cultures. In total, we collected 974 blood cultures, from which we isolated 170 bacterial strains. The prevalence rate of invasive bloodstream infections was 140/505, 27.72%. The incidence rate of invasive infections was 5.75 per 100 patient-days. The incidence rate did not differ significantly between males and females ($P = 0.185$) or between patients <70 years of age and those >70 years ($P = 0.491$), but was significantly higher in patients with diabetes (incidence rate ratio, 1.49; $P = 0.072$) (Table I). The time from admission until the collection of a positive blood culture varied between 0 and 30 days, with a mean of 5.27 days. A total of 26 patients of the 140 (18.57%) had a positive blood culture in the first day, 42 patients (30.00%) in the first 2 days and 62 patients (44.28%) in the first 5 days. The hazard function from the survival analysis model revealed that the cumulative risk of infection was high in the first 2 days from admission, as these were patients with CA invasive infections. This then exhibited a decrease in day 3 and began to mildly increase beginning at day 4. The invasive infections that are diagnosed from day 3 of hospitalization are considered HA and their risk increase proportionally with the number of days spent in the hospital. In this study, the infection risk remained steady beginning at day 14 of hospitalization (Fig. 1).

In total, 140 patients developed bacteraemia, 35 (25.00%) in the first 2 days from admission, 88 (62.85%) in the first seven days from admission and 132 (94.29%) in the first 5 days. The incidence rate of death was 5.40 per 100 patient-days. The

Table I. Incidence rates of the invasive infection and death broken down by risk factors.

Risk factor	Invasive infection risk			Mortality risk		
	Incidence rate (per 100 patient-days)	Incidence rate ratio	P-value ^a	Incidence rate (per 100 patient-days)	Incidence rate ratio	P-value ^a
Global incidence rate	5.75			5.40		
Diabetes						
Present	6.81	1.49	0.072	3.19	0.49	0.028 ^b
Absent	4.56			6.51		
Sex						
Female	0.65	1.22	0.185	6.09	1.52	0.332
Male	0.53			4.00		
Age						
≥70 years	5.45	1.10	0.491	7.48	1.68	0.037 ^b
<70 years	6.02			4.45		
ICU admission						
Yes	6.31	0.96	0.798	7.57	4.88	<0.001 ^b
No	6.56			1.55		

ICU, intensive care unit. ^aThe P-value was obtained from the log-rank test used to compare survivor functions in the 2 patient groups defined by the risk factor; ^bsignificant difference (P<0.05).

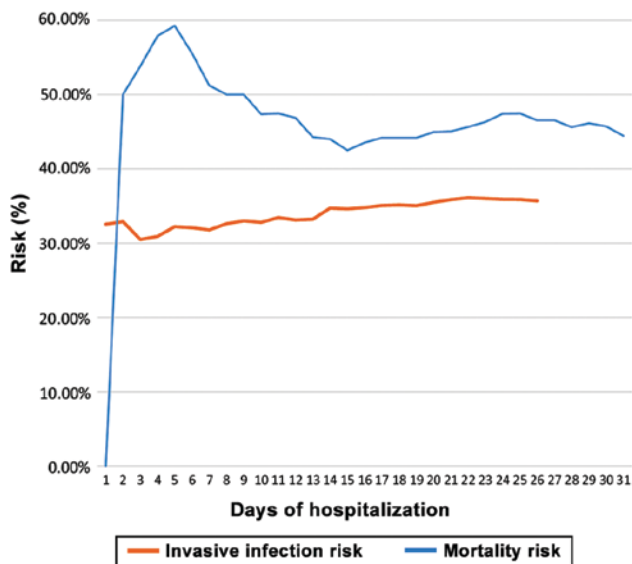


Figure 1. The risk of infection and mortality by the number of days passed from admission in the hospital.

infection risk was not markedly related with sex, age, admission to the ICU or diabetes. Nevertheless, The Kaplan-Meier survival curves revealed a weak association of infection risk with age ≥70 years and diabetes (Fig. 2).

In total, 21 patients of the 140 (15.00%) died, 5 (3.57%) in the first day, 7 (5.00%) in the first 2 days and 15 (10.71%) in the first 5 days. The death risk was significantly higher for patients aged ≥70 years [incidence rate ratio (IRR), 1.68; P=0.037] and for patients admitted to the ICU (IRR, 4.88; P<0.001), and lower for diabetic patients (IRR, 0.49; P=0.028), but not for females

vs. males (P=0.332) (Table I). The Kaplan-Meier survival curves revealed an association of 30 days mortality risk with age, admission to the ICU and diabetes (Fig. 3). The death risk was 0 in the first day, as none of the patients died on the day of admission. The death risk then increased over the first 5 days due to mortality associated with the cause of hospitalization and the rapid evolution of CA invasive infections. The majority of the patients for which blood cultures were collected during the first days of hospitalization were admitted for serious life-threatening conditions, such as traffic accidents and other types of trauma injuries and fulminant endocarditis, that explain the high mortality risk during the first days from admission. After day 5, the death risk exhibited a marked decrease until day 15, then it remained relatively steady till day 31 (Fig. 1). The survival analysis Cox regression model had a good fit, and the AUC was 0.8367 for the infection risk and 0.9096 for the mortality risk (Fig. 4).

We isolated 170 bacterial strains, and the most frequent were SA (63 strains, 37.06%), *Klebsiella* spp. (27 strains, 15.88%), coagulase-negative staphylococci (CoNS) that included *Staphylococcus capitis*, *Staphylococcus hominis* and *Staphylococcus lungdunensis* (18 strains, 10.59%), *Enterococcus* spp. (17 strains, 10.00%), *Escherichia coli* (12 strains, 7.06%), *Streptococcus* spp., that included *Streptococcus pneumoniae*, *Streptococcus agalactiae* (11 strains, 6.47%), non-fermenters such as *Burkholderia cepacia* (8 strains, 4.71%), *Acinetobacter baumannii* (9 strains, 5.29%) and other bacterial species (Table II).

SA strains had a prevalence of 6.67% in the medical wards, slightly lower than the prevalence of 9.23% in the surgical wards, but without statistical significance (P=0.478). The

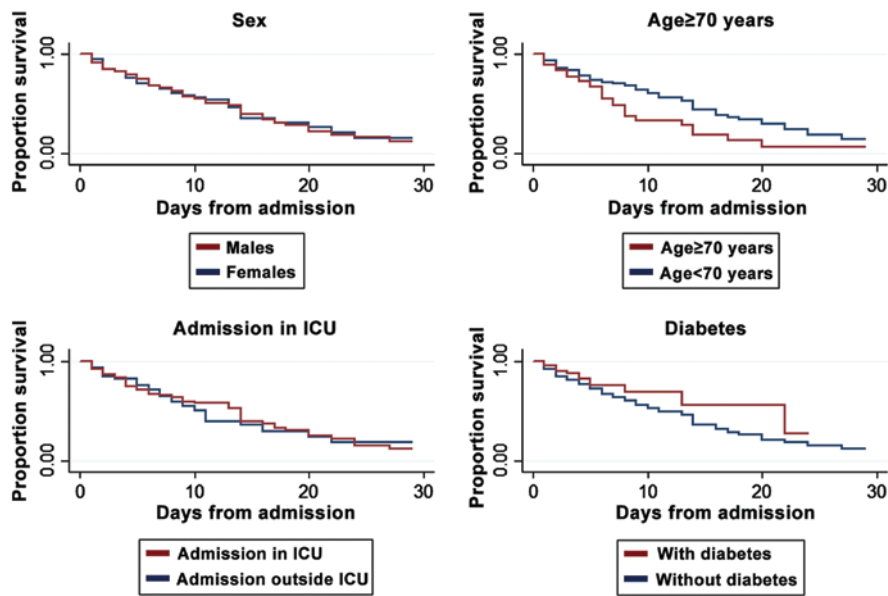


Figure 2. Kaplan-Meier survival curves for invasive infections risk in relation with sex, age, intensive care unit (ICU) admission and diabetes.

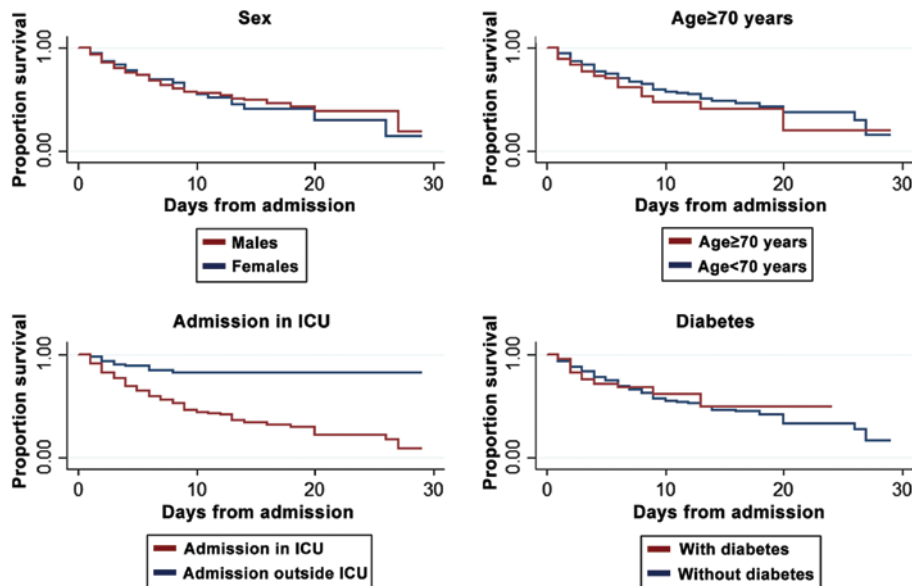


Figure 3. Kaplan-Meier survival curves for 30 days mortality in relation to sex, age, intensive care unit (ICU) admission and diabetes.

prevalence of SA was slightly lower in the ICU (5.64%) than in the other wards (7.71%), but without reaching statistical significance ($P=0.198$). The prevalence of SA invasive infections did not differ significantly between adults and children ($P=0.406$), or between males and females ($P=0.085$) (Table III).

The methicillin-resistant SA (MRSA) prevalence in patients from our study was 36.51% from the SA strains or 2.36% from the total samples analysed. There were significant differences in MRSA prevalence between adults and children (37.50 vs. 28.57%, $P=0.047$) and between ICU and non-ICU patients (42.42 vs. 30.00%, $P=0.018$) (Table III).

The CA infections had a different aetiology compared with the HA infections. The number of HA infections with SA was more than double compared with the CA SA infections ($P=0.049$). The non-fermenters Gram-negative rods produced

only HA infections ($P=0.006$). The prevalence of CA and HA infections with Enterobacteriaceae and coagulase-negative staphylococci did not differ significantly (Fig. 5).

The relative prevalence of SA strains displayed a seasonal variation (Chi-square test for trend slope, 0.0121; $P=0.006$) and the highest prevalence was recorded in May, 2017 (Fig. 6). The prevalence of infections with Enterobacteriaceae and coagulase negative staphylococci was generally under 10%, without a clear trend (Fig. 6).

Using the associated medical conditions of the patients, we aimed to identify risk factors for invasive BSI. In this regard, we analysed neurological, cardiac and renal conditions, trauma, surgical procedures and various confirmed infection sites that may be the point of origin of sepsis. The positive blood culture rates differed by diagnosis, the highest rate being in the surgical

Table II. Aetiology of invasive bloodstream infections by hospital ward.

Ward	<i>E. coli</i>	<i>Klebsiella cepacia</i> spp.	<i>Burkholderia cepacia</i>	SA	<i>Enterobacter cloacae</i>	<i>Streptococcus</i> spp.	CoNS	<i>Proteus mirabilis</i>	<i>Enterococcus</i> spp.	<i>Acinetobacter baumannii</i>	<i>Bacillus subtilis</i>	<i>Clostridium subterminale</i>	Total positive by ward
ICU	4 (5.33%)	13 (17.33%)	3 (4.00%)	29 (38.67%)	1 (1.33%)	5 (6.67%)	7 (9.33%)	2 (2.67%)	6 (8.00%)	3 (4.00%)	1 (1.33%)	1 (1.33%)	75 (100%)
Plastic surgery	0 (0%)	0 (0%)	0 (0%)	1 (100%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	1 (100%)
Medical wards	1 (5.56%)	5 (27.78%)	0 (0%)	6 (33.33%)	0 (0%)	0 (0%)	1 (5.56%)	0 (0%)	3 (16.67%)	2 (11.11%)	0 (0%)	0 (0%)	18 (100%)
Paediatric wards	0 (0%)	0 (0%)	2 (20.00%)	7 (70.00%)	0 (0%)	0 (0%)	1 (10.00%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	10 (100%)
Cardiology	1 (4.35%)	6 (26.09%)	0 (0%)	4 (17.39%)	0 (0%)	4 (17.39%)	3 (13.04%)	0 (0%)	2 (8.70%)	3 (13.04%)	0 (0%)	0 (0%)	23 (100%)
Diabetes	3 (42.86%)	1 (14.29%)	0 (0%)	1 (14.29%)	0 (0%)	1 (14.29%)	1 (14.29%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	7 (100%)
Gynaecology	0 (0%)	0 (0%)	1 (50%)	1 (50.00%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	2 (100%)
Nephrology	3 (13.04%)	2 (8.70%)	0 (0%)	9 (39.13%)	0 (0%)	0 (0%)	3 (13.04%)	0 (0%)	5 (21.74%)	1 (4.35%)	0 (0%)	0 (0%)	23 (100%)
Oncology	0 (0%)	0 (0%)	0 (0%)	1 (33.33%)	0 (0%)	1 (33.33%)	1 (33.33%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	3 (100%)
Neurology	0 (0%)	0 (0%)	1 (100%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	0 (0%)	1 (100%)
Urology	0 (0%)	0 (0%)	1 (14.29%)	4 (57.14%)	0 (0%)	0 (0%)	1 (14.29%)	0 (0%)	1 (14.29%)	0 (0%)	0 (0%)	0 (0%)	7 (100%)
Total positive by species	12 (7.06%)	27 (15.88%)	8 (4.71%)	63 (37.06%)	1 (0.59%)	11 (6.47%)	18 (10.59%)	2 (1.18%)	17 (10.00%)	9 (5.29%)	1 (0.59%)	1 (0.59%)	170 (100%)

ICU, intensive care unit; *E. coli*, *Escherichia coli*; non-fermenters, glucose non-fermenting Gram-negative rods; SA, *Staphylococcus aureus*; CoNS, coagulase-negative staphylococci.

Table III. Prevalence rates of bacteraemia with *Staphylococcus aureus* and MRSA by age, hospitalization status (inpatient/out-patient), ward type and sex.

Variable/or risk factor	<i>S. aureus</i> infection		P-value	MRSA infection		P-value
	Positive	Negative		Positive	Negative	
All 974 samples	63 (6.47%)	911 (93.53%)	-	23 (36.51/2.36%) ^a	951 (62.49/97.64%)	-
Sex						
Male (548 samples)	42 (7.66%)	506 (92.34%)	0.085	15 (36.51/2.74%) ^a	533 (64.29/97.26%)	0.853
Female (426 samples)	21 (4.93%)	405 (95.07%)		8 (38.10/1.88%) ^a	418 (61.90/98.12%)	
Age						
Adults (893 samples)	56 (6.27%)	837 (93.73%)	0.406	21 (37.50/2.35%) ^a	872 (62.50/97.65%) ^a	0.047 ^b
Children (81 samples)	7 (8.64%)	74 (91.36%)		2 (28.57/2.47%) ^a	79 (71.43/97.53%) ^a	
Type of ward						
Medical (240 samples)	16 (6.67%)	224 (93.33%)	0.478	5 (31.25/1.88%) ^a	235 (68.75/98.12%)	0.967
Surgical (65 samples)	6 (9.23%)	59 (90.77%)		2 (33.33/3.08%) ^a	63 (66.67/96.92%) ^a	
ICU admission						
ICU (585 samples)	33 (5.64%)	552 (94.36%)	0.198	14 (42.42/2.39%) ^a	571 (57.58/97.61%) ^a	0.018 ^b
Non-ICU (389 samples)	30 (7.71%)	359 (92.29%)		9 (30.00/2.31%) ^a	380 (70.00/97.69%) ^a	

The prevalence rates of infection with *S. aureus* and MRSA in groups defined by the risk factors were compared using the Chi-square test. MRSA, methicillin-resistant *Staphylococcus aureus*; ICU, intensive care unit. ^aMRSA prevalence is expressed both as a ratio between MRSA strains *Staphylococcus aureus* strains and a ratio of MRSA strains from the total number of samples analysed. ^bSignificant difference (P<0.05).

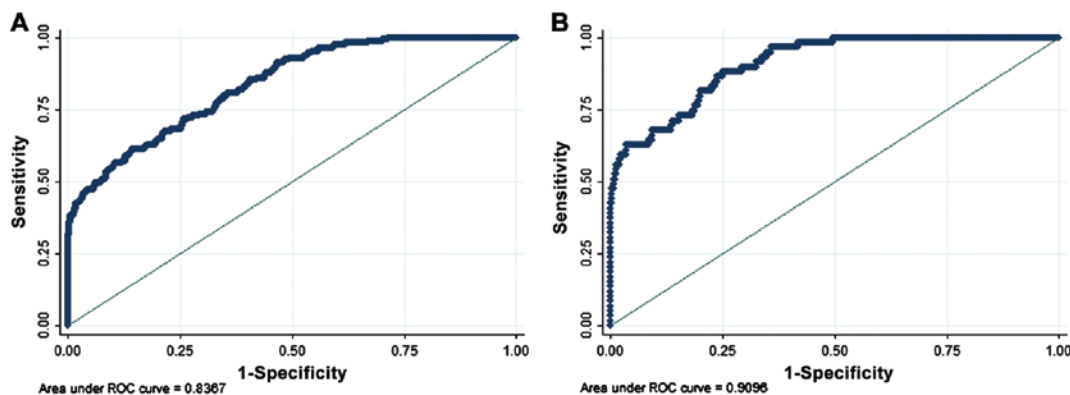


Figure 4. Receiver operator characteristic (ROC) analysis for the goodness-of-fit of the Cox regression survival model.

patients (71.87%) and patients with central nervous system diseases (55.84%). Lower rates (under 50%) were recorded for patients with trauma, chronic kidney disease, cancer and other chronic diseases. The data are presented in Table IV. We found the greatest risk for invasive infections in patients subjected to surgery in the last 7 days [risk ratio (RR), 2.29; P<0.001], who had neurological conditions (RR, 1.87; P<0.0001) or who suffered from trauma (RR, 1.29; P<0.001).

As part of the survival analysis, we also performed a Cox proportional hazards regression which yielded the risk of infection associated with each risk factor (Table V) and also the risk of mortality in 30 days (Table VI). The most important risk factors for invasive infections were surgery in the prior 7 days (HR, 5.06; P<0.001), neurological conditions (HR, 4.29; P<0.001), chronic renal failure (HR, 3.43; P<0.001), cardiac conditions (HR, 1.92; P=0.002) and an age >70 years

(HR, 1.76, P=0.018) (Table V). The most important risk factors for mortality were admission into the ICU (HR, 4.08; P<0.001), neurological conditions (HR, 4.05; P<0.001), chronic renal failure (HR, 3.26; P=0.003), surgery in the prior 7 days (HR, 2.95, P=0.011) and cancer (HR, 2.42; P=0.032) (Table VI).

The multiple antibiotic resistance (MAR) index is an accurate measure of antibiotic resistance of a given strain. We calculated the mean MAR for each species, broken down by ward type. The data are presented in Table VII. There were significant differences in resistance between the wards only for *Klebsiella* spp., that had a higher resistance in the ICU compared with the medical wards (P=0.008), due to its high ability to acquire resistance plasmids by horizontal gene transfer and for SA that is easily acquired from the hospital environment and has a high capacity to modify the resistance profile during antibiotic treatment administered in the hospital.

Table IV. The prevalence of bacteraemia in different clinical conditions.

Diagnostic	Samples	Culture positive (n=170)	Culture negative (n=804)	Risk ratio	P-value
Neurological conditions	77	43 (55.84%)	34 (44.16%)	1.87	<0.001 ^a
Cardiac conditions	168	62 (36.90%)	106 (63.10%)	1.14	0.329
Trauma	35	15 (42.86%)	20 (67.14%)	1.29	<0.001 ^a
Chronic renal failure	107	43 (40.19%)	64 (59.81%)	1.24	0.127
Cancer	39	15 (38.46%)	24 (61.54%)	1.14	0.542
Chronic diseases	105	34 (32.38%)	71 (67.62%)	0.94	0.688
Surgery <7 days	32	23 (71.87%)	9 (28.13%)	2.29	<0.001 ^a

The bacteraemia prevalence rates in groups defined by the risk factors were compared using the Chi-square test. ^aSignificant difference (P<0.05).

Table V. Proportional hazards Cox regression model of the risk factors for invasive infections.

Risk factor	Hazard ratio	Std. Err.	Z	P>z	95% CI	
Female sex	0.94	0.20	-0.29	0.771	0.62	1.42
Age ≥70 years	1.76	0.42	2.37	0.018 ^a	1.10	2.82
Diabetes	0.57	0.16	-1.99	0.046 ^a	0.32	0.99
ICU admission	1.02	0.20	0.12	0.907	0.70	1.50
Neurological conditions	4.29	1.01	6.17	<0.001 ^a	2.70	6.82
Cardiac conditions	1.92	0.40	3.09	0.002 ^a	1.27	2.90
Trauma	1.11	0.37	0.31	0.758	0.58	2.12
Chronic renal failure	3.43	1.03	4.11	<0.001 ^a	1.90	6.16
Cancer	1.12	0.35	0.36	0.719	0.60	2.09
Other chronic diseases	0.39	0.13	-2.9	0.004 ^a	0.21	0.73
Surgery <7 days	5.06	1.39	5.88	<0.001 ^a	2.95	8.68

ICU, intensive care unit. ^aStatistically significant difference (P<0.05).

The resistance of SA was significantly higher in the ICU than in the medical wards (P=0.020).

The multivariate analysis of the risk of acquisition an invasive infection with any bacteria (Table VIII) demonstrated a significant effect of admission into the plastic surgery ward (OR=1.444, P=0.082) and cardiology ward (OR, 2.313; P=0.001).

The multivariate analysis of the risk of acquisition an invasive infection with MRSA (Table VIII) demonstrated a significant effect of the male sex (OR, 1.684; P=0.080), an age >50 years (OR, 2.134; P=0.050), admission into the ICU (OR, 1.518; P=0.058), plastic surgery ward (OR, 3.299; P=0.044), medical wards (OR, 0.278; P=0.075) and cardiology (OR, 2.088; P=0.009).

Discussion

In our study, the highest prevalence of bacteraemia was found in patients subjected to recent surgery (71.87%), which had an increased risk for acquisition of bacterial strains during or after surgery by inappropriate wound care. In neurological patients, the bacteraemia rate was also high due to prolonged immobilization, which is a risk factor for pulmonary or

urinary tract infections, both with invasive potential. The bacteraemia prevalence was also relatively high in patients with chronic debilitating diseases (chronic renal failure and cancer) which lower the immunity that allows the invasion of blood by germs from various sites. The prevalence of invasive infections was also high in patients with neurological conditions (53.52%), mostly stroke, patients that cannot move easily and have urinary catheters, so they have a high risk of developing lung and kidney infections that can reach the blood, on the background of lowered immunity due to hospital stay and lack of activity. We found that the most prevalent infectious agent was SA, similar with the study conducted by Ungureanu *et al* (20). Although there were minor differences between the prevalence of SA between patients admitted to the ICU and those admitted to other wards, the prevalence of MRSA was significantly higher in the ICU.

The low resistance rate of SA isolated from children is easily explained by the fact that these are mostly SA strains carried by the patient, usually in the nose or on the skin, and these strains were not exposed to long-term antibiotic treatments due to the low age of the patient. By contrast, the higher resistance of SA strains from adults can be explained by both

Table VI. Proportional hazards Cox regression of the risk factors for 30 days mortality.

Factor	Hazard ratio	Std. Err.	Z	P>z	95% CI	
Female sex	1.32	0.38	-0.98	0.328	0.430561	1.325547
Age ≥70 years	1.26	0.37	0.79	0.429	0.708051	2.253894
Diabetes	0.38	0.23	-1.60	0.109	0.115269	1.241342
ICU admission	4.08	1.49	3.85	<0.001 ^a	1.993626	8.356247
Neurological conditions	4.05	1.28	4.43	<0.001 ^a	2.179642	7.513619
Cardiac conditions	1.13	0.37	0.38	0.705	0.599142	2.131884
Trauma	1.24	0.59	0.46	0.646	0.491327	3.146228
Chronic renal failure	3.26	1.30	2.96	0.003 ^a	1.491949	7.136156
Cancer	2.42	0.99	2.15	0.032 ^a	1.079461	5.408272
Other chronic diseases	0.29	0.15	-2.41	0.016 ^a	0.104955	0.791273
Surgery <7 days	2.95	1.26	2.53	0.011 ^a	1.27457	6.811629

ICU, intensive care unit. ^aStatistically significant difference (P<0.05).

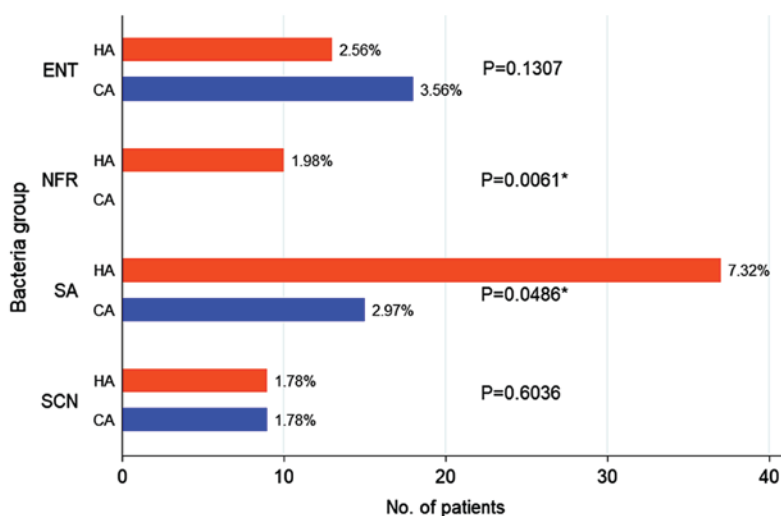


Figure 5. The prevalence of community versus hospital acquired bloodstream infections for different bacterial families. The prevalence was calculated as the number of patients infected divided by the total number of patients. The differences between prevalence rates were assessed using the Chi-square test. The asterisk (*) indicates statistical significance (P<0.05).

the higher resistance of a patient's own SA strain, but also by the increased chance to acquire multi-resistant hospital SA strains, particularly in the ICU. In general, patients admitted to the ICU receive more antibiotics than other patients, which induces the development of multi-resistant strains.

In addition, CoNS are usually saprophytic bacteria in a patient's microbiota; thus, they do not have a high antibiotic resistance that explains the minor differences observed in the MAR between the wards. The lower MAR of SA in the medical wards compared with the ICU can be explained by the lower exposure to antibiotics, and the low MAR of CoNS in the paediatric wards is easily explained by the overall low exposure time of children to antibiotics, due to the low age (21,22).

In a cross-sectional study carried out on two neonatal intensive care units in the Republic of Georgia, it was shown that the number of cases with confirmed bacteraemia was 126 (63%) and from these, the most prevalent was *Klebsiella pneumoniae*, accounting for 36 (29%) of positive isolates, followed

by *Enterobacter cloacae* (19, 15%) and SA (15, 12%) (23). In our study, in the paediatric wards, the aetiology of blood cultures was as follows: From the 10 isolates, 7 were represented by SA (70%), 2 non-fermenters bacilli (20%) and one CoNS (10%) (Table II).

The increase in bacteraemia with SA is significantly associated with the increasing numbers of admissions to hospitals, as observed in a study from Denmark over a 30-year period (24). Even if MRSA is responsible for the majority of bacteraemia cases with SA, compared with methicillin-sensitive SA, over the past decade, the incidence of bacteraemia with SA is decreasing (12). Such a tendency was also observed in our study, where the MRSA prevalence was 36.51% from the SA strains, but only 2.36% from the total samples analysed (Table III). MRSA infection is associated with poorer clinical outcomes (25).

In our study we also isolated strains of *Proteus* spp., *Bacillus subtilis* and *Clostridium subterminale*. These are

Table VII. The multiple antibiotic resistance index (MAR) of isolated bacterial species, broken down by ward type.

Bacterial species	All wards	ICU (2 wards)	Surgical (12 wards) (P-value ^a)	Medical (6 wards)	Paediatric (2 wards)	Oncologic (2 wards)	P-value ^b
<i>E. coli</i>	28.90±15.99%	26.77±19.70%	-	30.43±14.27% (1.000)	-	-	0.7156
<i>Klebsiella</i> spp.	53.87±27.13%	63.68±23.48%	-	30.58±20.89% (0.008)	-	-	0.0020 ^c
<i>Burkholderia cepacia</i>	72.22±28.79%	78.57±22.85%	47.62±53.87% (1.000)	94.44±0.00% (1.000)	76.19±0.00% (1.000)	-	0.6344
SA	52.83±20.67%	58.03±17.38%	57.91±19.29% (0.898)	49.70±23.87% (0.020) ^d	33.53±17.48% (1.000)	35.71±0.00% (1.000)	0.0405 ^c
<i>Enterobacter cloacae</i>	78.94±0.00%	78.94±0.00%	-	-	-	-	-
<i>Streptococcus</i> spp.	26.11±25.82%	24.96±27.58%	-	21.43±0.00% (1.000)	-	40.00±0.00% (1.000)	0.8649
CoNS	38.20±18.69%	40.36±14.89%	28.57±0.00% (1.000)	36.11±25.58% (1.000)	13.33±0.00% (1.000)	61.54±0.00% (1.000)	0.4752
<i>Proteus mirabilis</i>	70.09±0.00%	70.09±0.00%	-	-	-	-	-
<i>Enterococcus</i> spp.	70.07±19.36%	69.32±23.23%	80.00±0.00% (1.000)	69.58±17.38% (1.000)	-	-	0.8837
<i>Acinetobacter baumannii</i>	79.39±9.30%	77.19±10.64%	-	83.79±4.41% (1.000)	-	-	-
<i>Bacillus subtilis</i>	27.78±0.00%	27.78±0.00%	-	-	-	-	-
<i>Clostridium Subterminale</i>	0.00±0.00%	0.00±0.00%	-	-	-	-	-

MAR is shown as mean ± standard deviation. The P-values in parentheses are from post-hoc tests with Bonferroni correction. ICU, intensive care unit; *E. coli*, *Escherichia coli*; non-fermenters, glucose non-fermenting Gram-negative rods; SA, *Staphylococcus aureus*; CoNS, coagulase-negative staphylococci. ^aP-value was computed by ANOVA test; ^bP-value was computed by the post-hoc tests after ANOVA with the Bonferroni correction. ^{c,d}statistical significance (P<0.05).

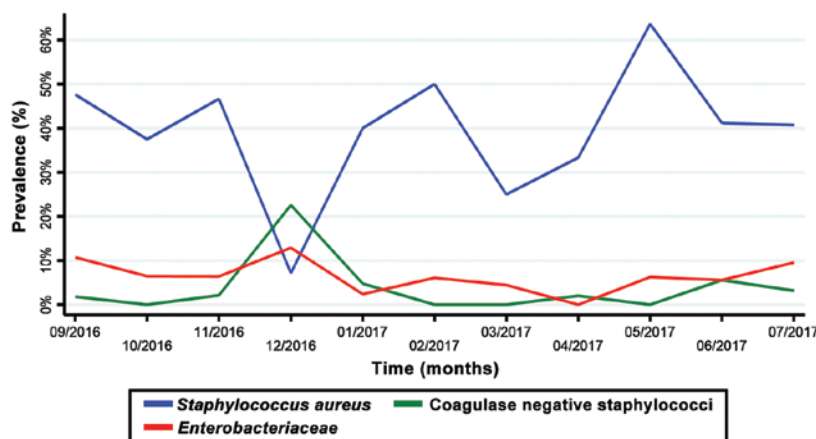


Figure 6. The seasonal variation of *Staphylococcus aureus*, coagulase-negative staphylococci and Enterobacteriaceae monthly relative prevalence. The monthly relative prevalence rates were calculated by dividing the number of patients infected with a certain bacteria by the number of patients infected with any bacteria in the given month.

considered contaminants of blood cultures and therefore we will not discuss there resistance.

The significant effect of admission into the cardiology unit (OR, 2.088; P=0.009) on the risk of acquisition of invasive

Table VIII. Results of the multivariate logistic regression analysis on the risk of invasive infection with any bacteria and in particular with MRSA.

Risk factor	Any invasive infection		Invasive infection with MRSA	
	Odds ratio (95% CI)	P-value	Odds ratio (95% CI)	P-value
Male sex	0.681 (0.42-0.99)	0.075	1.684 (0.98-2.52)	0.080 ^a
Age >50 years	1.003 (0.63-1.78)	0.989	2.134 (0.99-5.73)	0.055 ^a
Ward type				
ICU	0.687 (0.25-2.36)	0.487	1.518 (0.96-3.02)	0.058 ^a
Plastic surgery	1.444 (0.98-1.98)	0.082 ^a	3.299 (1.53-5.99)	0.044 ^a
Medical wards	1.134 (1.01-4.69)	0.833	0.278 (0.12-1.06)	0.075 ^a
Paediatric wards	0.902 (0.24-3.57)	0.875	0.805 (0.33-1.88)	0.774
Cardiology	2.313 (0.26-3.94)	0.001 ^a	2.088 (1.34-5.65)	0.009 ^a
Diabetes	0.839 (0.18-3.16)	0.806	0.153 (0.06-1.83)	0.103
Gynaecology	0.346 (0.06-2.63)	0.257	0.704 (0.25-2.34)	0.772
Nephrology	1.265 (0.32-4.56)	0.711	0.528 (0.02-2.21)	0.348
Oncology	0.462 (0.13-3.87)	0.377	0.431 (0.11-4.32)	0.467
Neurology	0.1616 (0.01-3.01)	0.195	-	-
Diagnosis				
Neurological conditions	4.543 (2.33-6.77)	<0.001 ^a	-	-
Heart conditions	1.446 (0.45-3.02)	0.163	-	-
Trauma	2.146 (0.95-3.01)	0.088	-	-
Renal conditions	1.492 (0.55-2.42)	0.236	-	-
Neoplasms	2.117 (0.99-5.66)	0.054	-	-
Chronic conditions	0.724 (0.44-3.33)	0.378	-	-
Constant	0.672 (0.42-0.70)	<0.001	0.070 (0.02-0.11)	0.001
Area under the ROC curve	0.8367		0.9096	

^aStatistically significant difference (P<0.10).

infection with any bacteria and with MRSA is easily explained by the selection bias due to the fact that patients suspected of infective endocarditis or myocarditis are admitted into the cardiology ward.

This study had certain limitations. The most important limitation is the selection bias, as the study used as negative controls people for which the physician ordered a blood culture, which farther turned out to be negative. So the patients were already at risk for invasive infections.

Although blood cultures are an important component of diagnostic practice for antibiotic management in patients with pneumonia, several studies have questioned whether they should be performed (26,27). The objective of this study was to evaluate the predictive factors of bacteraemia and the role of blood cultures in patients with community-onset pneumonia (community-acquired pneumonia and healthcare-associated pneumonia). Sometimes, patients with septicaemia are treated with antibiotics prior to the collection of the blood cultures and after the isolation and identification of the pathogen they will receive the proper treatment after the antibiogram results become

In conclusion, invasive infections are most commonly caused by SA, a bacteria with resistance to multiple antibiotics. This study identified key risk factors for invasive infections,

which may be addressed with therapy adjustments in high-risk patients in order to reduce the incidence of invasive infections in hospitals. In the light of these results, pharmacotherapeutic management is difficult, and antibiotics administered require a correct diagnosis and antibiogram.

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Availability of data and materials

All data generated or analysed during the current study are included in this published article or are available from the corresponding author upon reasonable request.

Authors' contributions

All the authors were involved in conceiving and designing the study. OZ, MB and OC contributed to sample collection and

intellectual input. OZ, MB, OC performed the experiments. OC, ATB, GB and RM collected the data, OZ, MB, DC, performed the statistical analysis. OZ, DC, AOD, ATB and RM drafted and wrote the manuscript. DC, AOD, DAS and AMT gave advice on the experimental design, interpreted the results and critically revised the manuscript. All authors have read and approved the final version of the manuscript.

Ethics approval and consent to participate

The access of the database for the purpose of this study was approved by the Ethics Committee of Clinical County Emergency Hospital of Craiova, Romania. Because we are a teaching hospital, all patients admitted in our hospital signed a written consent by which they agree that their medical data can be used in scientific studies.

Patient consent for publication

Not applicable.

Competing interests

DAS is the Editor-in-Chief for the journal, but had no personal involvement in the reviewing process, or any influence in terms of adjudicating on the final decision, for this article.

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