

The Susceptibility Genes in Diabetic Nephropathy

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Keywords

Susceptibility genes · Diabetic nephropathy · End-stage renal disease · Genetic studies · Gene polymorphism · Single nucleotide polymorphism

Abstract

Background: Diabetes mellitus (DM) poses a severe threat to global public health. Diabetic nephropathy (DN) is one of the most common complications of diabetes and the leading cause of end-stage renal disease (ESRD). Approximately 30–40% of DM patients in the world progress to ESRD, which emphasizes the effect of genetic factors on DN. Family clustering also supports the important role of hereditary factors in DN and ESRD. Therefore, a large number of genetic studies have been carried out to identify susceptibility genes in different diabetic cohorts. Extensive susceptibility genes of DN and ESRD have not been identified until recently. **Summary and Key Messages:** Some of these associated genes function as pivotal regulators in the pathogenesis of DN, such as those related to glycometabolism and lipid metabolism. However, the functions of most of these genes remain unclear. In this article, we review several susceptibility genes according to their genetic functions to make it easier to de-

termine their exact effect on DN and to provide a better understanding of the advancements from genetic studies. However, several challenges associated with investigating the genetic factors of DN still exist. For instance, it is difficult to determine whether these variants affect the expression of the protein they encode or other cytokines. More efforts should be made to determine how these genes influence the progression of DN. In addition, many results could not be replicated among races, suggesting that the association between genetic polymorphisms and DN is race-specific. Therefore, large, well-designed studies involving more relevant variables and ethnic groups and more relevant functional studies are urgently needed. These studies may be beneficial and retard the progression of DN by early intervention, especially for patients who carry certain risk alleles or genotypes.

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Introduction

Diabetes mellitus (DM) is a common, chronic, complex disorder of rapidly growing global importance accompanied by many complications, including retinopa-

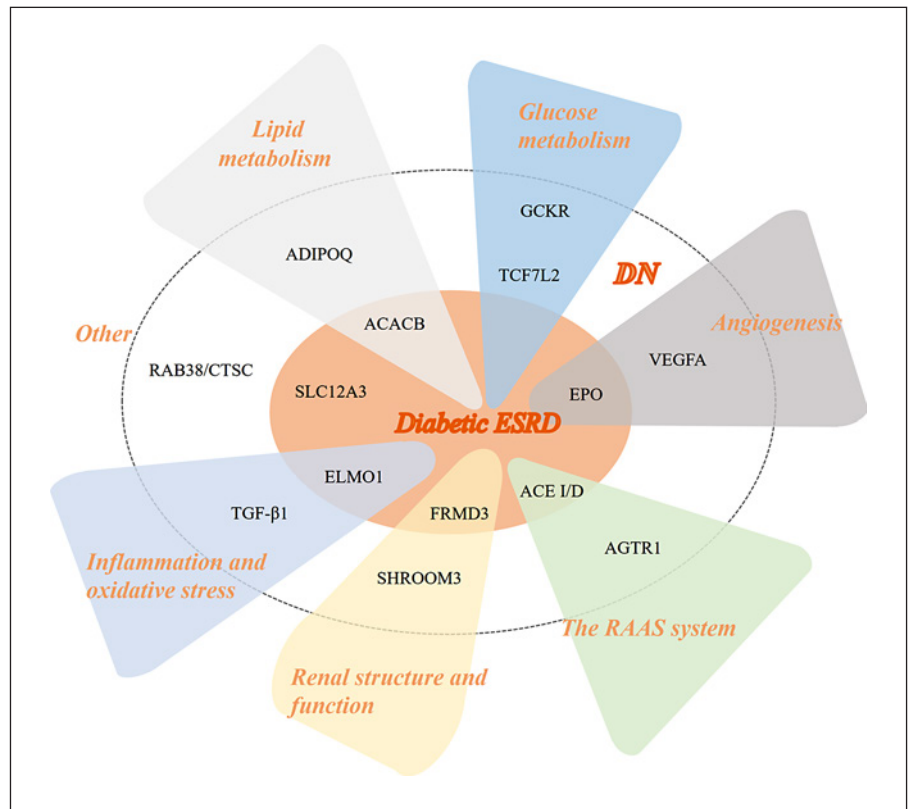


Fig. 1. The susceptibility genes in diabetic nephropathy. As shown in the figure, the susceptibility genes in diabetic nephropathy are divided into different categories according to their main functions.

thy, neuropathy, and nephropathy. Until 2017, the International Diabetes Federation (IDF) reported that approximately 452 million adults suffer from DM worldwide, and the number may increase to 629 million by 2045 globally [1]. Diabetic nephropathy (DN) is one of the most conventional microvascular complications of DM and the leading cause of end-stage renal disease (ESRD), which results in high morbidity and mortality [2]. The main pathologic changes of DN are the accumulation of advanced glycation end products (AGEs), growth factors, and variations in hemodynamics and hormones, which result in proteinuria, hypertension, and constant decreased kidney function. Nevertheless, previous studies have shown that approximately 30–40% of DM patients progress to ESRD [3, 4], suggesting that genetic variations may have an impact on the initiation and development of DN and ESRD. It is well known that gene susceptibility to DN plays an important role in individuals, even with the same environmental exposure. Family clustering also supports the importance of hereditary factors in DN and ESRD [5]. Therefore, a myriad of genetic studies has been conducted to identify potential candidate genes in large diabetic co-

horts [6], which may facilitate the exploration of the pathogenesis of DN.

With the advancements in genetic methods, including linkage and candidate gene studies and genome-wide association studies (GWAS), numerous candidate gene loci of DN have been identified. Considering the disparity of the study methods, study population, type of diabetes and phenotypes, it is not simple to understand the real effect of genetic variants.

In this review, we summarize the current status, recent advancements and ongoing challenges of susceptibility genes in DN and ESRD according to their functions (Fig. 1). Detailed information on these genes is shown in Table 1. Herein, we classify and discuss these susceptibility genes in the development of DN according to their related functions.

Lipid Metabolism-Related Genes

Previous studies have shown that an increase in renal lipid retention, which is related to the accumulation of biglycan, contributes to the development of DN. Dysregula-

Table 1. The susceptibility genes in diabetic nephropathy

Gene	SNP	MAF	Study type	Phenotype	DM type	Race	Sample size	OR/HR	p value	Ref.
<i>Lipid metabolism-related genes</i>										
ACACB	rs2268388	A = 0.1631/817	meta	T2DN	T2D	Japanese	1,312	1.61 (additive)	1.4×10^{-6}	[8]
			meta	T2D-ESRD	T2D	European	908	1.61 (additive)		[8]
ADIPOQ	rs2241766	G = 0.1514/758	CC	T2DN	T2D	Korean	708	1.96 (GG)	0.049	[19]
	rs1063537	T = 0.1442/722	cohort	T2DN, male	T2D	Taiwanese	556	1.81 (recessive TT vs. GT+GG, HR)	0.019	[18]
			cohort	T2DN, male	T2D	Taiwanese	556	1.89 (recessive CC vs. CT+TT, HR)	0.013	[18]
<i>Glucose metabolism-related genes</i>										
GCKR	rs1260326	T = 0.2933/1469	AA	estimated GFR	T2D	European	2,097	1.12 (β)	4.27×10^{-2}	[25]
TCF7L2	rs7903146	T = 0.2278/1141	CC	T2DN	T2D	Caucasians	1,355	1.97 (T)	<0.001	[31]
	rs11196218	A = 0.2500/1252	CC	T2DN	T2D	Chinese	898	1.37	0.0051	[30]
<i>Angiogenesis-related genes</i>										
EPO	rs1617640	C = 0.3253/1629	meta meta	DN PDR+ESRD	total T1D	European	2,572 7,007	1.47 1.31	<0.05 2×10^{-9}	[42] [39]
VEGFA	rs833061	C = 0.3698/1852	meta	T1DN	T1D	European	543	0.67	<0.00001	[38]
<i>Genes related to renal structure and function</i>										
FRMD3	rs10868025	G = 0.2800/1402	meta	albuminuria with ESRD	T1D	9 white	1,705	1.45 (A [G])	5×10^{-7}	[81]
	rs1888747	C = 0.1979/991	meta	albuminuria with ESRD	T1D	white	1,705	1.45 (G [C])	6.3×10^{-7}	
SHROOM3	rs17319721	A = 0.2238/1121	meta	eGFR	T2D	Tayside, Scotland	3,028	1.02 (A, HR)	3.18×10^{-3}	[25]
<i>Inflammation and oxidative stress-related genes</i>										
ELMO1	rs10951509	G = 0.4289/2148	CC	T2D-ESRD	T2D	American Indians	772	2.42 (A)	0.002	[78]
				T2DN	T2D	Chinese	200	1.76 (A)	0.02	[49]
			CC	T2DN	T2D	Japanese	732	2.67 (GG vs. GA+AA)	0.000008	[46]
			CC	T2D-ESRD	T2D	American Indians	772	2.42 (A)	0.001	[78]
			CC	T2DN	T2D	Chinese	200	3.27 (A)	0.004	[49]
TGF- β 1	rs1800470 915 G>C	G = 0.4547/2277 ND	CC	T2D	T2D	Mexico inhabitants	439	1.818	0.016	[58]
			CC	T2DN	T2D	Mexico inhabitants	439	4.073	0.008	[58]
<i>Genes related to the RAAS system</i>										
ACE I/D	rs1799752	ND	CC	persistent micro-albuminuria	T1D	Caucasians	1,365	0.62 (DI/II)	0.009	[64]
			CC	T2D-ESRD	T2D	Chinese Han	432	2.23 (DD vs. II+ID)	0.005	[70]
AGTR1	rs5186 (A1166C)	C = 0.1178/590	CC	T1DN, male	T1D	Denmark, Finland, France, and Sweden	3,561	1.27 (AA vs. AC+CC)	0.03	[73]
			meta	DN	total	Caucasian, Asian	ND	2.1 (CC vs. AA)	0	[75]
			meta	DN	total	Caucasian, Asian	ND	2.11 (dominant)	0	
<i>Other susceptibility genes</i>										
SLC12A3	rs11643718	A = 0.0799/400	CC	T2DN	T2D	Malaysian	1,417	0.547	0.038	[77]
			CC	T2D-ESRD	T2D	Chinese	372	2.2 (GA+AA)	0.019	[76]
			CC	T2D-ESRD	T2D	Koreans	358	2.295	0.003	[79]
RAB38/CTSC	rs649529	T = 0.4846/2427	GWAS	UACR	T1D	European	7,787	0.14 (β)	5.8×10^{-7}	[82]

MAF, global minor allele frequency; OR, odds ratio, the words in brackets mean contrast alleles or genotypes; HR, hazard ratio; β , β value; ND, no data; DN, diabetic nephropathy; T1D, type 1 diabetes; T2D, type 2 diabetes; ESRD, end-stage renal disease; T2D-ESRD, patients with T2D and end-stage renal disease; T1D-ESRD, patients with T1D and end-stage renal disease; T2DN, type 2 diabetes-related nephropathy; T1DN, type 1 diabetes-related nephropathy; PDR, proliferative diabetic retinopathy; eGFR, estimated glomerular filtration rate; UACR, urea albumin creatinine ratio; GWAS, genome-wide association study; CC, case-control study; cohort, prospective cohort; AA, association analysis; dominant, dominant model; recessive, recessive model; additive, additive model.

tion of genes related to lipid metabolism accounts for lipid deposition, resulting in the decline of glomerular filtration rate and inflammation. Variants in the acetyl-coenzyme A carboxylase beta (ACACB) and adiponectin (ADIPOQ) genes are likely involved in the development of DN.

ACACB

The ACACB gene is located on chromosome 12q24.1 and encodes acetyl-coenzyme A (CoA) carboxylase beta (ACC2/ACACB). ACC2 is a key rate-limiting enzyme for the β -oxidation of fatty acid. This gene catalyzes the trans-

formation of acetyl-CoA into malonyl-CoA in the mitochondrial membrane and consequently inhibits carnitine palmitoyl transferase (CPT1) and reduces acyl-CoA transfer to the mitochondria in adipose and muscle tissues [7]. Although ACC2 is highly expressed in heart and skeletal muscles, the mRNA of ACC2 is expressed at a relatively low level in glomerular and tubular epithelial cells [8]. A single nucleotide polymorphism (SNP) in intron 18 of ACACB that was identified by a large-sample meta-analysis in Japanese individuals (rs2268388) showed a significant association with type 2 diabetes-related nephropathy (T2DN). Researchers have found the strongest associations in Asian [9], including Chinese [8], and Caucasian populations by case-control studies [8, 9]. In a recent meta-analysis, Li et al. [10] concluded that the T allele increases the susceptibility to T2DN. Functional in vitro studies have revealed that the activity of a DNA fragment containing rs2268388 was dramatically increased in proximal tubular epithelial cells (RPTECs), especially in T allele carriers [8]. Fatty acid oxidation persisted and 50% less fat accumulated in ACC2-deficient rats [11]. Overexpression of ACC2 leads to increased levels of pro-inflammatory cytokine, such as IL-6, in RPTECs, which could rely on activation of the p38-MAPK pathway [12]. In recent years, fatty acid toxicity was reported to play a critical role in T2D-associated renal injury. Moreover, a lack of ACC2 in high-glucose-cultured HK-2 cells resulted in a faster beta oxidation rate, less lipid deposition and malonyl-CoA content [13]. ACC2 can inhibit palmitic acid-induced autophagy, lower lipid accumulation, and restore cell viability [14], suggesting an important role for ACC2 in the development of DN. However, further studies are needed to clarify the concrete mechanisms of these polymorphisms in DN.

ADIPOQ

The ADIPOQ gene, which is located on chromosome 3q27, encodes adiponectin and has been identified as the susceptibility gene of cardiovascular disease, type 2 DM (T2D), obesity, and insulin resistance [15]. Adiponectin is mainly secreted by adipocytes and acts as a vital modulator in insulin resistance and lipid metabolism. It is commonly believed that adiponectin is insulin-sensitizing and facilitates β -cell oxidation [16], which also has anti-atherogenic and anti-inflammatory effects. The SNP rs17300539 (ADIPOQ_prom2GA) was initially found to be associated with DN in both Danish and French patients with T2D by linkage studies. Jorsal et al. [17] reported that the A allele may increase the risk of nephropathy in T1D. They found that carriers of the mi-

nor allele A in -11387 (rs17300539) and the non-A-allele in +2033 tended to have notably increased serum adiponectin levels in T1D, which predicted the progression of ESRD in a covariate-adjusted analysis. The polymorphisms of ADIPOQ also implicated the susceptibility of DN in T2D patients. The most popular SNP, rs266729 (+45T>G), showed an increased risk of DN in various populations with T2D, such as Taiwanese [18], Korean [19], and Egyptian [20]. Other SNPs, such as rs1063537, rs2241767, and rs2082940, are also related to DN [18]. Jorsal et al. [17] demonstrated that the level of adiponectin was increased in T1D patients with DN, which predicted the progression to ESRD. The authors also demonstrated links between ADIPOQ gene polymorphisms, including rs17300539, and the level of adiponectin. Furthermore, the deletion of ADIPOQ in diabetic mice increased the progression to kidney hypertrophy and glomerular enlargement. Albuminuria and oxidative stress were also increased in ADIPOQ-knockdown mice, while glycemia was invariable. In vitro, high-glucose-induced phosphorylation was decreased by adiponectin. In Akita/APN^{-/-} (Ins2⁺/C96YAdipoq^{-/-}) mice, the level of fibrosis and the inflammatory response were significantly increased. After high-glucose induction, adiponectin inhibited the transforming growth factor- β (TGF- β)/signal transduction molecule 2 (Smad2) pathway and the activation of nuclear factor- κ B in mesangial cells [21].

Glucose Metabolism-Related Genes

There is no doubt that DN, as the main complication of diabetes, is associated with glucose metabolism. Polymorphisms of glucose metabolism-related genes, including glucokinase regulatory protein (GCKR) and transcription factor 7-like 2 (TCF7L2), are believed to be related to DN.

GCKR

Large-scale GWAS have illustrated that the GCKR gene is related to a reduction of renal function and chronic kidney disease (CKD) [22]. GCKR has been considered a susceptibility gene for diabetes [23], and many studies have been conducted to explore the association between GCKR and renal complications in T2D. GCKR, which is mapped to chromosome 2p23.3, encodes glucokinase regulatory protein (GKRP). GKRP is mainly produced in the liver and islet β -cells. By competitively combining with glucokinase (GCK) and forming a complex to in-

hibit the function of GCK, GKRP affects the affinity of GCK and fructose metabolites and consequently participates in the mediation of glucose metabolism [24]. The Genetics of Diabetes Audit and Research Tayside (GoDARTs) study evaluated the correlation between the estimated glomerular filtration rate (eGFR) and 16 candidate gene loci in 3,028 patients with T2D. They showed that the P446 L of rs1260326 in GCKR was associated with a higher baseline eGFR, especially in those with albuminuria [25], implying an association between GCKR variants and DN. Another SNP in GCKR, rs780094, is in intense linkage disequilibrium (LD) with rs1260326. Yan et al. [26] concluded that the A allele of rs780094 in GCKR was associated with diabetic kidney disease susceptibility in T2D patients, but the genotype was not significant. Overall, direct evidence is needed to confirm these associations.

TCF7L2

TCF7L2 is a susceptibility gene that is strongly associated with diabetes [27]. In recent years, studies have confirmed that the polymorphisms of TCF7L2 are correlated with T2DN. The TCF7L2 gene, which is also known as the T-cell transcription factor 4 (TGF4) gene, is located on 10q25.2-q25.3. TGF4 is a nuclear receptor gene that encodes TCF7L2, which contains the high migration rate group box, and plays a key role in the Wnt/ β -catenin pathway. TCF7L2 is not only involved in the regulation of glucose homeostasis but also participates in regulating islet β -cell proliferation, differentiation, and insulin secretion [28]. Wu et al. [29] demonstrated in a Taiwan population that ADIPOQ, growth hormone secretagogue receptor (GHSR) and TCF7L2 may participate in the occurrence of T2DN in an interactive way. Subsequently, Fu et al. [30] illustrated that the genotype and allele frequency distribution of rs11196218 in TCF7L2 were significantly different compared to non-DN patients in a Chinese population, suggesting that TCF7L2 is related to the development of DN. Buraczynska et al. [31] found that rs7903146 in TCF7L2 was strongly correlated with DN in Caucasians, especially for the early onset of diabetes. Their study showed that in diabetic and nondiabetic ESRD patients, the T allele of rs7903146 increased the risk of developing DN. Hussain et al. [32] concluded that this association was not independent of DM. A recent systematic meta-analysis and review of previous studies deduced that TCF7L2 may affect the risk of DN, and subgroup analysis showed that this association was consistent in both Asians and Caucasians, but not in Africans [33]. Therefore, additional studies are needed to verify this

conclusion. A previous functional study clarified that the effect of TCF7L2 on DN was related to the activin receptor-like kinase 1 (ALK1)/Smad1 pathway. Additionally, the AGEs increased the expression of TCF7L2 via TGF- β 1, which helped transfer TCF7L2 from the cytoplasm to the nucleus. Subsequently, TCF7L2 combined with the promoter of ALK1 to increase its expression. ALK1 enhanced the effect of TGF- β and promoted the phosphorylation of cellular Smad1, resulting in glomerular sclerosis. These authors believed that the AGEs/TGF- β /TCF7L2/ALK1/Smad1 signaling pathway may play an important role in the development of DN [34].

Angiogenesis-Related Genes

Abnormal angiogenesis is a main characteristic of DN. Genes related to angiogenesis, such as the hormone erythropoietin (EPO) promoter gene and vascular endothelial growth factor A (VEGFA), are associated with DN.

EPO Promoter Gene

The EPO promoter gene is located on chromosome 7q22 and encodes EPO. EPO is a key factor involved in erythrocyte production and is widely used for the treatment of chronic renal failure and anemia after chemotherapy [35]. Circulating EPO is mainly produced by fibroblasts in the adult renal peritubular interstitial [36]. EPO is a powerful angiogenic factor in diabetic microvascular disease. A study of 19 SNPs was performed in 374 proliferative diabetic retinopathy (PDR)/ESRD and 239 T2D patients and suggested that only rs1617640 in EPO is associated with T2DM patients with PDR and ESRD. Subsequently, the authors verified the correlation in a GWAS of the Genetics of Kidneys in Diabetes (GoKinD) and Boston cohort of T1D. They simultaneously found that the correlation existed in patients with both PDR and DN, regardless of whether they progressed to ESRD [37]. A meta-analysis also showed that EPO was associated with DN and subgroup analysis showed a strong correlation in T1D [38]. However, in 2012, Williams et al. [39] proposed different results. The Genetics of Nephropathy – an International Effort (GENIE) study, a larger and similar ancestry study, validated the correlation in European patients with T1D; however, they failed to repeat the results. Although the meta-analysis showed that the correlation reached genome-wide significance, they believed the reason for the difference lay in the requirement to establish a statistically lower threshold. Furthermore, it is not clear whether a DN susceptibility gene has the same

effect on T1D and T2D. Additionally, the mechanism of EPO gene polymorphisms in DN has not yet been investigated.

VEGFA

The VEGFA gene is located on chromosome 6 (6p21.3). VEGFA is a cytokine that is highly correlated with diabetic microvascular diseases. It induces the proliferation of endothelial cells in the glomerulus and migrates and changes the permeability of various tissues. VEGFA is expressed in the kidney and is mainly distributed in vascular endothelial cells and podocytes. Therefore, VEGFA may be associated with diabetic microvascular complications. A previous study found that VEGFA expression was decreased in glomeruli cells in 7-week-old T1DM rats, but the occurrence of macroproteinuria, glomerular fibrosis, and apoptosis increased. In a T1D mouse model, a decrease in local VEGFA in the glomeruli promoted damage to endothelial cells, thereby aggravating glomerular injury [40]. VEGFA gene polymorphisms and the expression of the protein are closely related. Multiple loci are associated with DN, such as -2549 I/D/rs35569394, +405/rs2010963, and -1499 C>T/rs833061 [41]. A meta-analysis of multiple loci in VEGFA found that rs833061 is the most significant SNP for DN, and a comprehensive analysis of 2 studies in Irishmen had a higher OR value of 2.08 [42].

Genes Related to Renal Structure and Function

Proteinuria and constant decreased kidney function in DN may be closely linked to the pathologic changes in renal structure and function. Glomerular podocyte dysfunction is extremely important for the initiation and progression of DN. Abnormalities in podocytes, such as podocyte hypertrophy or loss, are attributed to many factors. Some genes, including 4.1 protein ezrin, radixin, moesin (FERM) domain-containing 3 (FRMD3) (Table 1), and shroom3 (SHROOM3), which are related to renal structure and function, have been identified as susceptibility genes for DN.

SHROOM3

The SHROOM3 gene is located on 4q21.1 and encodes shroom3 protein, which is related to endothelial morphology. Shroom3 protein mainly regulates the morphogenesis of epithelial cells and tissues. In the rat kidney, the shroom3 protein is expressed in the condensing mesenchyme, Baumann's sac, and podocytes [43]. Knockout of

this gene can lead to significant abnormalities in the rat glomeruli, which are characterized by the collapse and degeneration of glomerular cysts and remarkable damage to the arrangement and morphology of podocytes. In short, it maintains the normal structure and function of podocytes by adjusting the actin mesh [43]. A GWAS found that the rs17319721 SNP in the intronic region of the SHROOM3 gene was associated with CKD [44]. Due to its close correlation with renal structure function, some studies further verified that rs173197213 was related to the eGFR in T2D patients with proteinuria [25]. A recent study found that mutations in SHROOM3 disrupted its actin binding area, which could lead to the loss of podocytes and damage to the glomerular filtration barrier. However, the concrete correlation between T2DN and this gene remains unclear.

Inflammation and Oxidative Stress-Related Genes

Disorders of blood glucose and lipid metabolism are another main character of diabetes and DN, which promote inflammation and oxidative stress in patients with diabetes and DN. Several genes, such as engulfment and cell motility protein 1 (ELMO1), TGF- β , and nitric oxide synthase 3 (NOS3, eNOS), participate in the processes of inflammation and oxidative stress and are all involved in the pathogenesis of DN.

ELMO1

The ELMO1 gene is located on 7p14.2-p14.1 and encodes an evolutionarily conserved cytoplasmic protein with no obvious catalytic domains. ELMO1, a receptor that is located downstream of brain-specific angiogenesis inhibitor 1 (BAI1), forms a complex with Dock180, which functions as an unconventional guanine nucleotide exchange factor for the small GTPase Rac1, and hence regulates the actin cytoskeleton during phagocytosis and cell migration through the activation of Rac1 [45]. ELMO1 is a crucial factor for the pathogenesis of T2DN and certain nephropathy-associated variants differ across populations. Shimazaki et al. [46] identified ELMO1 as a susceptibility gene for DN by analyzing a large number of SNPs in Japanese populations; the strongest associated SNP is intron 18+9170. Another variation in intron 13 of the ELMO1 gene was also found to be related to DN in African-Americans [47]. Hanson et al. [48] performed a family study and found firm evidence for an association between two SNPs (rs1345365 and rs10951509) and DN, both of which are located in intron 13 and are in strong

pairwise LD. In 2013, the relationship between ELMO1 gene polymorphisms and DN was first validated in a Chinese population; Wu et al. [49] confirmed that both variants, rs741301 and rs10951509, were associated with DN. Furthermore, the rs741301 polymorphism and duration of T2DM were identified as independent predictors of DN. Functional studies have found that a high level of Elmo1 expression aggravated the progression of DN and vice versa. The severity of renal fibrosis, the amount of urinary albumin excretion and changes in the ultrastructure of the glomerular basement membrane in Akita diabetic mice paralleled the genetic levels of ELMO1 [50]. Possible mechanisms by which ELMO1 is involved in the pathogenesis of DN include: (1) ELMO1 and oxidative stress: ELMO1 promotes the production of reactive oxygen species by activating Rac and increasing the expression of NAD(P)H oxidase, thereby increasing oxidative stress in the kidney, leading to renal oxidative damage [50]; (2) ELMO1 and renal fibrosis: increased expression of ELMO1 promotes the expression of fibrogenic genes (such as TGF- β 1 and genes encoding type 1 collagen and fibronectin, etc.) and inhibits the expression of anti-fibrotic genes (such as matrix metalloproteinase genes), leading to excessive accumulation of extracellular matrix proteins and thickening of the glomerular basement membrane and consequently resulting in the initiation and progression of diabetic glomerulosclerosis [46]. ELMO1 also serves as a regulator of cyclooxygenase-2 (COX-2) activity, which aggravates glomerular injury and thus stimulates COX-2-mediated fibronectin accumulation in the development of glomerulosclerosis [51]. However, Sharma et al. [52] found that ELMO1 exerts a protective effect on the kidneys in zebrafish and human samples. Their results highlighted ELMO1 as an important factor for glomerular protection and renal cell survival by decreasing apoptosis, especially under diabetic conditions. Therefore, although some studies have proposed several plausible theories, the exact contribution of this gene to the development of DN is not yet clear.

TGF- β 1

TGF- β 1, one of three isoforms of the TGF- β family, is a multifunctional cytokine that modulates a myriad of cellular processes, including proliferation, differentiation, apoptosis, angiogenesis, extracellular matrix (ECM) formation, and immune processes [53]. It exerts its biological functions through a variety of signaling pathways, including the Smad and MAPK pathways [54]. In renal diseases, elevated expression of TGF- β 1 can induce renal hypertrophy and promote excessive accumulation of

ECM proteins, thus leading to renal fibrosis [55]. To be more specific, TGF- β 1 is significantly enhanced in the renal tissues of patients with DN, especially in mesangial cells of diabetic glomeruli [56]. Therefore, it is likely that these pathological changes caused by TGF- β 1 may contribute to the initiation and progression of DN.

The human TGF- β 1 gene is located on chromosome 19q13.1-13.3 and includes 7 exons and 6 introns [57]. More than 10 SNPs in this gene are currently known. The hotspot mainly focuses on T869C (rs1800470; Leu10/Pro10; T29C, codon 10) in exon 1, which is located at position 10 in the signal peptide [55]. The T869C gene polymorphism has been linked with the risk of DN in different ethnic groups, such as Chinese [55], Egyptians [56], Mexicans [58], and Caucasians of Polish descent. The T869C gene polymorphism was notably different between diabetic patients with and without DN, and the DN group had a higher frequency of the CC/CT genotype [59]. C allele-containing genotypes may be susceptible, and the T allele/TT genotype may be a protective factor for DN [56, 58]. However, insignificant associations were also reported in Asians [60]. Zhou et al. [53] used a meta-analytic approach and found that the CC genotype may be considered a distinct genotype for DN, whereas the T allele is protective against DN in Asians but represents a risk factor for Caucasians. Notably, Jia et al. [59] conducted a meta-analysis and found that the T allele conferred a significantly reduced risk of DN compared with the C allele in the overall population. Obviously, these two studies contradict each other regarding the association between T alleles and DN risk in Caucasians. However, it is safe to conclude that the CC genotype may be a useful indicator to predict the risk of developing DN in Asians. The specific mechanism underlying the effect of the TGF- β 1 T869C polymorphism on DN is not clear. Multiple studies conducted in various populations have suggested that the T869C polymorphism is associated with altered TGF- β 1 protein expression and that the C allele is positively correlated with the serum TGF- β 1 concentration [59]. It is believed that this effect may be attributed to substituting the C allele for T in T869C in which leucine is replaced by proline, thus accelerating the hydrolysis of the TGF- β 1 precursor to a mature TGF- β 1 protein [55]. In addition, the T869C SNP is associated with cholesterol and triglyceride plasma concentrations, and subjects with the CC+CT genotype showed higher plasma levels than those with the TT genotype, which may also be involved in the development of DN by altering the function and structure of podocytes and endothelial cells [58]. Another frequently studied SNP is the TGF- β 1 G915C polymor-

phism (rs1800471; codon 25). The G allele has also been associated with increased TGF- β 1 production [61]. Valadares-Salgado et al. [58] reported a positive association between the GC+CC genotypes of TGF- β 1 G915C and DN in Mexicans, whereas El-Sherbini et al. [56] found no statistically significant association in Egyptians. Zhang et al. [62] also revealed that the G915C gene polymorphism was not associated with the risk of DN by conducting a meta-analysis that contained 7 studies. Overall, larger, well-designed studies that involve more relevant variables are warranted to elucidate the mechanism of the TGF- β 1 gene polymorphism in DN susceptibility in the future.

Genes Related to the Renin-Angiotensin-Aldosterone System

The renin-angiotensin-aldosterone system (RAAS) regulates not merely blood pressure but also the internal pressure of the glomerulus, and hypertension is an independent risk factor of DN. Therefore, polymorphisms of RAAS-related genes, such as angiotensin-converting enzyme (ACE) and angiotensin II receptor type 1 (AGTR1), are closely related to the development of DN.

ACE I/D

The ACE gene, which is located on 17q23.3, contains 26 exons and 25 introns and mainly encodes ACE. ACE is one of the key enzymes of the RAAS and mainly transforms angiotensin I to angiotensin II, thus regulating the activity of angiotensin and bradykinin. The ACE gene is mainly expressed in the kidney, especially in the brush border of renal proximal tubules. It also exists in glomerular endothelial cells, mesangial cells, podocytes, and distal nephrons. Due to the crucial role of ACE in the RAAS, a large number of studies have linked its polymorphisms to the development of diabetic microvascular complications, such as DN [63]. ACE I/D is the most susceptible locus for DN. In the Diabetes Control and Complications Trial (DCCT) and following in the Epidemiology of Diabetes Interventions and Complications (EDIC) study, Boright et al. [64] found that the risk of developing refractory proteinuria and severe kidney diseases was lower in T1D patients with the II genotype than the I/D genotype. Therefore, they confirmed an association between the ACE I/D polymorphism and the development of DN in T1D. However, in another large-scale trial, T2D patients with the ID or DD genotype tended to have a lower incidence of end-stage renal failure, which contradicts the

other 2 studies [65]. Ng [66] ascribed the different results to the haplotype diversity of the variants and underlined the necessity of an extensive haplotype analysis. The correlation between ACE I/D and DN remains controversial. However, a recent meta-analysis found that all genetic models of the ACE I/D polymorphism were significantly correlated with DN susceptibility in patients with T2DM [67]. Moreover, the average ACE activity of the DD carriers was twice as high as that of type II carriers, and the ACE I/D polymorphism affected approximately 47% of the ACE level. Similar results were obtained by subsequent studies [68], which validated that DD and ID+DD carriers had a higher ACE activity level. Another study showed that the eGFR decreased faster in patients with insulin-dependent diabetes (IDM) and those with DN who took captopril. These results indicated that the ACE I/D polymorphism affected the long-term benefits of patients with DN [65]. Follow-up observational studies suggested that the short- and long-term benefits of DD and II carriers with IDM and DN were similar to those with ARB [69]. This result might provide a new strategy for the treatment of DN. Recent studies have found that the frequency of the ID and DD genotype in diabetic ESRD patients with T2D was higher than that of non-DN patients, and DD carriers had higher HbA1c levels and diastolic blood pressure [70]. In summary, the ACE I/D polymorphism may participate in the development of DN and diabetic ESRD, but its specific mechanism requires further study.

AGTR1

The AGTR1 gene is located on 3q21-25 with a length of less than 55 kb, encoding the angiotensin II receptor type 1. It consists of five exons of which the first four are noncoding regions and the fifth is the coding region. The angiotensin II receptor mainly regulates the level of angiotensin II, a key enzyme involved in the RAAS. The RAAS regulates vasoconstriction, the reabsorption of sodium, and the inflammatory cascade, which is currently believed to exert a positive effect on the development of DN. Moreover, specific receptor blockers of AGTR1 exert a renal protective effect in DN which can lower blood pressure and reduce the occurrence of cardiovascular events [71]. Therefore, some studies have suggested that the polymorphism of AGTR1, especially the rs5186 (A1166C) mutation, is one of the potential candidate susceptibility genes for DN. The rs5186 variation is located in the 3' end of the noncoding regions and may affect the stability and translation of the mRNA or play an important regulatory role in polymorphism LD. In a Swedish

population, the A allele of rs5186 increased the risk of DN and may have a synergistic effect with smoking [72]. Subsequently, a study of 3,561 Caucasian patients with T1DM revealed that the risk of developing DN increased significantly in AA genotype carriers [73]. The correlation was verified in different ethnic groups, such as Asians and Caucasians [9, 72]. However, Currie et al. [74] found that the genotype and frequency of AGTR1 in 1467 Caucasian patients with T1DM were not related to DN. In 2012, a meta-analysis showed that the CC allele of the AGTR1 A1166C polymorphism was related to DN (compared with the AA genotype) [75]. Nevertheless, the correlation between AGTR1 polymorphism and DN requires studies with larger samples.

Other Susceptibility Genes

The functions of the following susceptibility genes involved in DN include various aspects and will be discussed separately. Some of these genes are listed in Table 1, such as solute carrier family 12 member 3 (SLC12A3), and RAB38/CTSC, and potassium voltage-gated channel subfamily J member 11 (KCNJ11).

SLC12A3

The SLC12A3 gene is located on 16q13 and encodes thiazide-sensitive Na-Cl cotransporter (NCC; TSC), a 12-transmembrane domain ion transporter protein that is preferentially expressed in renal distal convoluted tubules. It regulates the reabsorption of sodium ions and chloride ions and is a pivotal point of maintaining electrolyte homeostasis and regulating arterial blood pressure [76]. A loss of NCC function is responsible for Gitelman syndrome, an autosomal recessive disorder characterized by low blood pressure, hypocalciuria, hypokalemic metabolic alkalosis, and hypomagnesemia.

Functional studies using zebrafish and db/db mice as animal models have shown that SLC12A3 is of great importance for kidney cloacal development and the progression of DN [77]. The correlation between SLC12A3 gene polymorphism and DN has been demonstrated in different populations. The rs11643718 (Arg913Gln; G/A) variant in exon 23 is the most frequently studied SNP and is nonsynonymous. The protein structure of SLC12A3 was dramatically changed when the mutant allele 913Gln substituted the wild allele, Arg913 [77].

In a Japanese population, the Arg913Gln polymorphism was associated with urinary protein excretion in patients with T2D and reduced the risk of developing DN

[78]. Similarly, in Malaysian populations, the Arg913Gln variant also exerted a protective effect on DN [77]. Additionally, in a Korean population, SNPs and haplotypes of the SLC12A3 gene, especially Arg913Gln, were significantly associated with ESRD caused by DN [79]. A recent case-control study suggested that Arg913Gln was associated with a high risk of DN-ESRD in Chinese T2DM patients undergoing hemodialysis and that the GA+AA genotype may be related to increased blood pressure and urinary albumin excretion rate [76]. However, genetic variation at the SLC12A3 locus does not explain the risk of advanced DN among Caucasians and North Indian populations with T2D [80].

Uncertainty still remains as to the precise mechanism of the SLC12A3 polymorphism in the development of DN. Inhibition of NCC by thiazide diuretics has been a cornerstone in the treatment of hypertension. Hypertension is an independent risk factor for the occurrence and progression of DN. Therefore, researchers have proposed that the Arg913Gln variant in the Chinese T2D population may promote the development of DN by increasing blood pressure [78], whereas some studies have found that the SLC12A3 polymorphism in the Japanese population has no significant effect on blood pressure [80]. Owing to the inconsistent results obtained from different ethnic groups, further studies are needed to clarify the exact mechanisms.

Conclusion

The pathogenesis of DN remains largely unknown and appears to be multifactorial, which may be owed to interactions between genetic and environmental factors. Numerous candidate gene loci have been found to be related to DN or diabetic ESRD until recently. Some of these genes function as pivotal regulators in the pathogenesis of DN, such as those related to glycometabolism and lipid metabolism. However, the functions of most genes remain unclear. In this article, we reviewed several susceptibility genes according to their genetic functions to make it easier to recognize their exact effect on DN and to provide a clearer understanding of the advancements in genetic studies. However, several challenges associated with investigating the genetic factors of DN still exist. For instance, it is difficult to determine whether these variants affect the expression of the protein they encode or other cytokines. More effort should be made to determine how the interactions between these genes influence the progression of DN. In addition, many results could not be

replicated among races, suggesting that the association between genetic polymorphisms and DN is race-specific. Therefore, large, well-designed studies involving more relevant variables and ethnic groups and more relevant functional studies are urgently needed. These studies may be beneficial to retard the progression of DN by early intervention, especially for patients who carry certain risk alleles or genotypes.

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Disclosure Statement

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