



Editorial

Editorial: Invisible hematoma causing shock after open-heart surgery: Localized cardiac tamponade

**Keywords:**

Tamponade
Post-operative hematoma
Intra-pericardial hematoma
Cardiac surgery

Shock is a physiological state characterized by an inadequate tissue perfusion and cellular oxygenation associated with persistent hypotension, resulting in adverse effects on multiple organ systems. Possible causes of shock following cardiac surgery include pump failure, pulmonary embolism, hypovolemia, sepsis, and tamponade. As the prolongation of shock status can lead to irreversible organ damage or death, a prompt diagnosis of underlying cause and initiation of treatment are critical. Echocardiography is generally the first option for comprehensive assessment. However, in rare cases, unexpected cardiac tamponade can occur as a cause of shock following cardiac surgery, and this may not be detected using transthoracic echocardiography in the early period after surgery. Huang et al. [1] reported a case who had cardiac arrest on day 8 after mechanical mitral valve replacement. They found a large intra-pericardial mass compressing the right atrium (RA), a rare condition, referred to as “localized” or “isolated cardiac tamponade.”

There have been several reports of a localized hematoma or hemorrhage causing systemic hypotension after cardiac surgery [2–11]. These patients exhibited progressive and persistent hypotension, tachycardia, and elevated central venous or RA pressures; these features are consistent with cardiac tamponade. However, pulmonary capillary wedge pressure and pulmonary artery pressure were normal, and pulsus paradoxus was absent. The period from surgery to the onset of shock varied considerably – from 12 h to 31 months. The cause of hypotension was not revealed using transthoracic echocardiography, but transesophageal echocardiography could provide an excellent image quality due to the alternative acoustic window. In reality, immediately after cardiac surgery, the area observable using transthoracic echocardiography is limited. In addition to surgical wounds and dressings, mechanical ventilators and intra-aortic balloon pump restrict possible changes in patient position for alternate views, and this often results in poor image quality. Moreover, when a patient is in agony, examination and diagnosis must be performed quickly

to minimize patient discomfort. If a hematoma is localized in the retrosternal space, the inferior vena cava may be distended and the right ventricular free wall is not collapsed in early diastole, but the hematoma itself may be overlooked using transthoracic echocardiography. Although the specificity of transthoracic echocardiography for detecting pericardial hematoma is 83%, the sensitivity is only 33% [12]. Furthermore, Beppu et al. [7] reported that the ‘y’ descent of the RA pressure tracing was prominent, which is the characteristic of constrictive pericarditis rather than cardiac tamponade. Especially in ventilated patients under intensive care, transesophageal echocardiography may be superior to detect localized tamponade.

Cardiac tamponade due to hematoma may also occur during anticoagulant therapy. A left ventricular assist device (LVAD) is often used for end-stage heart failure and requires anticoagulant therapy with a targeted international normalized ratio of 3.0–4.0 to prevent LVAD thrombosis. Therefore, localized cardiac tamponade can occur late after LVAD implantation. Hematoma compressing the right heart is a potentially life-threatening condition even under LVAD support. To begin with, in such patients, pulsus paradoxus may be masked by LVAD action. When pericardial effusion cannot be detected using transthoracic echocardiography in patients with persistent and progressive hypotension, right ventricular heart failure may be thought to manifest due to strong mechanical assistance to the left ventricle. However, if hemodynamics did not improve despite adequate catecholamine support, additional diagnostic imaging is needed to explore the cause of hypotension. In this situation, computed tomography is recommended (unless an endotracheal tube is inserted), because it is technically hard to evaluate critically ill and un-sedated patients using transesophageal echocardiography.

Isolated RA tamponade is a rare and unexpected complication of cardiac surgery. In critically ill postoperative patients, it may be difficult to recognize a hematoma adjoining RA in the retrosternal space using transthoracic echocardiography. If the clinical manifestations and course are consistent with cardiac tamponade despite the lack of detectable pericardial effusion, the possibility of an invisible hematoma compressing only RA should be also considered after open-heart surgery.

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DOI of original article: <http://dx.doi.org/10.1016/j.jccase.2013.09.008>.

<http://dx.doi.org/10.1016/j.jccase.2014.02.002>

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13 November 2013