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Nitro-Fatty Acids: New Drug Candidates for Chronic Inflammatory and Fibrotic Diseases

Francisco J. Schopfer^{1,*}, Dario A. Vitturi¹, Diane K. Jorkasky², and Bruce A. Freeman^{1,*} ¹Department of Pharmacology and Chemical Biology, University of Pittsburgh, Pittsburgh, PA, USA.

²Complexa Inc. Berwyn, PA, USA

Abstract

Nitrated oleic acid (NO₂-OA) was first identified in 2003, and after the characterization of its formation and thiol reactivity, it was used as a prototypical molecule to investigate the physiological actions of endogenous nitrated fatty acids (NO₂-FA). Based on in vitro observations showing significant activation of cytoprotective and anti-inflammatory signaling responses by NO₂-FA, experiments were designed to determine their pharmacological potential. Supported by strong intellectual protection and favorable pharmacokinetic and pharmacodynamic data, 10-NO₂-OA (CXA-10) underwent pharmaceutical development as a drug to treat fibrotic and inflammatory diseases. NO₂-FA are at the intersection of three unconventional drug candidate classes that include 1) fatty acids, 2) metabolic intermediates and 3) electrophilic molecules. These three groups use different scaffolds for drug development, are characterized by broad activities and are individually gaining traction as alternatives to mono-target drug therapies. In particular, NO₂-FA share key characteristics with currently approved pharmacological agents regarding reactivity, distribution, and mechanism of action. This review first presents the characteristics, liabilities, and opportunities that these different drug candidate classes display, and then discusses these issues in the context of current progress in the preclinical and clinical development of NO₂-FA as drugs. Lessons learned from the novel approaches presented herein were considered early on during development to structurally define and improve NO₂-FA and their disease targets.

Keywords

Nitroalkene; nitro-fatty acid; electrophiles; clinical trial; preclinical development; bardoxoloneme; dimethyl fumarate; Nrf2; Nf-kB; fibrosis; inflammation

^{*}Correspondence: Bruce A, Freeman, freerad@pitt.edu, Francisco J. Schopfer, fjs2@pitt.edu. Declaration of interest

NO₂-FA therapy at the intersection of other successful pharmacological approaches.

Three drug classes and their intrinsic pharmacological characteristics share commonalities with NO_2 -FA. Within this framework, the properties of CXA-10, a specific regioisomer of NO_2 -OA (10-nitro-octadec-9-enoic acid) is presently being clinically evaluated (Fig 1A) and is discussed herein.

1.1 Fatty acids as metabolic and anti-inflammatory drugs.

Fatty acid-based pharmacological approaches can be broadly divided into omega-3 fatty acids, modified fatty acids, and oxidized fatty acids.

Dietary omega-3 fatty acids as drugs.—Omega-3 fatty acid and fish oil supplementation have shown protective effects in some but not all large clinical trials related to cardiovascular disease (1-5), but were strongly associated with significant reductions in plasma triglyceride levels (6–9). While some trials have failed to demonstrate protective effects (10–14), pre-clinical and clinical data have still motivated pharmaceutical companies to develop treatments based on these molecules. Initially approved by the FDA in 2004, Lovaza (GSK, previously Omacor, Reliant Pharmaceuticals) and later Vascepa (Amarin Pharma) and Epanova (AstraZeneca) are effective at treating hypertriglyceridemic subjects (>500 mg/dL) (Fig 1B)(15,16). These pharmacological benefits are characterized by decreased *de novo* lipogenesis and increased fatty acid oxidation (17-21). However, it is important to note that large daily doses of omega-3 fatty acids are required, with 4 gr/day being the recommended treatment (16). In terms of delivery, these fatty acids were formulated either as ethyl esters (Lovaza and Vascepa) or as free acids (Epanova), a decision likely based more prominently on intellectual property than on pharmacokinetic reasons, as the absorption of ethyl ester derivatives is actually lower than that of the free acid precursors (22). Nevertheless, the effectiveness of omega-3-based therapies to control severe hypertriglyceridemia underscores the validity and appropriateness of the use of fatty acids as drugs. Perhaps the main liability of omega-3 based supplementation is the relatively high therapeutic dose. Although no major side effects are reported, these drugs are associated with increased incidence of diarrhea, nausea and abdominal discomfort, which greatly impacts treatment compliance.

Beta-oxidation protected fatty acids: Based on the aforementioned liabilities of omega-3 fatty acid approaches and the experience gathered by inhibitor studies of key enzymes participating in the lipogenic program, a second generation of drugs was developed. Unlike their omega-3 fatty acid predecessors, these derivatives are characterized by structural modifications that inhibit beta-oxidation, the main route for fatty acid catabolism. These modifications extended half-life and permitted the use of significantly lower doses. Two drugs that characterize this group are bempedoic acid and icosabutate (Fig 1C-D). Bempedoic acid, a dicarboxylic fatty acid, recently finished a 12-week, global, pivotal, Phase 3 randomized, double-blind, placebo-controlled, multicenter study that evaluated its efficacy and safety as add-on therapy in patients at risk or with existing atherosclerotic cardiovascular disease. The study revealed a 23 % reduction in LDL-C from

baseline (23). Icosabutate, a structurally engineered omega-3 fatty acid resistant to both beta-oxidation and complex lipids incorporation, was developed by Pronova BioPharma and tested as a drug to treat hypertriglyceridemia (Fig 1B)(24–26). Clinical studies demonstrated a significant reduction in triglyceride and cholesterol levels. However, a prolongation of the QT interval observed in a 12-month dog study that ran in parallel to the clinical trial led the FDA to establish an exposure limit and consequently to the termination of the study by the sponsor (25). Nevertheless, both bempedoic and icosabutate (now being evaluated for nonalcoholic steatohepatitis) are still in clinical trials and share a similar pharmacological strategy with regards to the introduction of chemical modifications to prevent fatty acid metabolism and increase their potency.

Oxidized fatty acids: Oxidized fatty acids such as prostaglandins, thromboxanes, leukotrienes, and prostacyclins are endogenously synthesized by lipoxygenases and cyclooxygenases and have important roles in physiology and pathology. For example, Prostaglandin E2 (dinoprostone) and its synthetic analog misoprostol are effective at dilating the cervix in pregnant women during labor (Fig 1D). Similarly, other prostaglandin analogs such as latanoprost, bimatoprost, misoprostol, and travoprost have shown promise for the treatment of open-angle glaucoma and high pressure in the eye (Fig 1D)(27). Vasoactive prostacyclin analogs, such as epoprostenol, treprostinil, and selexipag, administered as IV, subcutaneous, inhaled and oral formulations, have proven beneficial in the treatment of pulmonary arterial hypertension to reduce pulmonary vascular resistance (28,29). Unfortunately, side effects such as headaches, diarrhea, flushing and both muscle and joint pain can result in significant patient intolerability to the treatment (30,31). Other bioactive lipids, represented by the resolvin family, are proposed to modulate inflammation and adaptive repair mechanisms (32). These molecules have significant pharmacokinetic and development liabilities, including rapid metabolism, a consequent short half-life and a high cost of synthesis. Thus, Phase 1 clinical trials conducted by Resolvyx using the resolvin analog RX-10045 (Fig 1C) focused on dry eye syndrome as a target disease. This approach provided a favorable pharmacological opportunity based on the small doses required (topical eye drops), slower metabolism by this particular tissue compartment and the potent antiinflammatory properties of resolvins. Nevertheless, the trials were unsuccessful and both the approach and the lead compound were abandoned (33).

This overview of fatty acid-based drug strategies exemplifies the challenges and opportunities in this area, with rapid metabolism (omega-3 fatty acids, resolvins) and cost of synthesis ("resolvins" and prostaglandin analogs) being significant decision drivers. As a result, improved scaffolds have been designed that are now being tested in Phase 2 and 3 clinical trials.

1.2 Use of metabolic intermediates as tissue-protective drugs.

Fumarate is a metabolite of the Krebs cycle, synthesized from succinate by succinate dehydrogenase and metabolized to malate by fumarase. Interestingly, cardiac-specific fumarase knock-out mice exhibit increased cardiac levels of fumarate, upregulated Nuclear Factor Erythroid 2-Related Factor 2 (Nrf2)-dependent gene expression and protection against ischemia/reperfusion injury (34). Nrf2 is stringently regulated by electrophilic

compounds and induces Phase 2 detoxification responses (35). Fumarates play an important role in intermediary metabolism and were recognized early on to have pharmacological value (36). A seminal observation in 1959 by a German pharmacist that suffered from psoriasis led to the development of a fumarate-based dermal treatment for this condition under the name of Fumaderm (37). The pharmacological success of dimethyl fumarate (DMF, Fig 1E) in treating psoriasis, together with its favorable safety profile, led investigators to evaluate this molecule in other conditions characterized by exacerbated immune responses (38). DMF showed significant protection in experimental autoimmune encephalomyelitis (EAE) a preclinical animal model of multiple sclerosis (39,40), prompting the execution of large multi-center phase II and III studies of relapsing-remitting multiple sclerosis (41-43). It is important to recognize that DMF is an electrophilic molecule that exerts many of its pharmacological actions through Michael addition with thiols and activation of Nrf2-dependent gene expression (39). Nevertheless, it has recently been shown that monomethyl fumarate (MMF) also activates the hydroxycarboxylic acid receptor 2 (HCA2, GPR109A, also known as niacin receptor 1 [NIACR1]), a member of the nicotinic acid receptor family. In this regard, MMF is ten times less potent than niacin at activating this receptor, but several orders of magnitude stronger than DMF (44). Importantly, whereas oral administration of DMF protects against EAE, this protection was lost in mice lacking HCA2 expression (45). Moreover, DMF was equally protective against EAE in both wild-type and Nrf2-/- mice, suggesting that the observed beneficial effects of DMF in MS are independent of Nrf2 activation (46).

1.3 Electrophilic small molecules as drugs.

Electrophilicity is the main characteristic of the third class of molecules sharing pharmacological properties with NO₂-FA. This is a broad group of structures composed of naturally occurring compounds and their synthetic derivatives containing one or more electron-deficient carbons. Chalcone, flavonoid, isothiocyanate, $\alpha - \beta$ unsaturated carbonyl and polyphenol-containing molecules all activate Nrf2-dependent gene expression and exert protective effects both in vitro and in preclinical models of disease (Fig 1E)(47-49). Despite protective effects in preclinical model systems, the pharmacological development of naturally-occurring electrophiles and their synthetic homologs is hampered by difficulty in obtaining intellectual property protection. In this regard, the development of bardoxolonemethyl (bardoxolone-me) is a notable exception to these limitations. In this case, the addition of two electrophilic groups to a triterpenoid molecule with otherwise modest Nrf2 activating properties resulted in the generation of a much more potent electrophile (50,51). More specifically, the presence of the cyanoenone moiety allows bardoxolone-me to activate the expression of Nrf2-dependent genes at nanomolar concentrations, with the reactivity of the electrophilic group being a key factor in the potency of engineered triterpenoids. Moreover, small mono, di, and tricyclic structures have been created that retain much of the potency of bardoxolone-me (Fig 1E)(52,53). In this regard, the tricyclic bis(cyano enone) TBE-31 is a strong Nrf2 activator that yielded promising results in preclinical animal models but is yet to be tested in human trials (53).

Despite positive results in a Phase II clinical trial, bardoxolone-me failed a Phase III study aimed at improving renal function in patients with type 2 diabetes and stage 4 chronic

kidney disease, with the trial being terminated due to a higher rate of adverse cardiovascular events in the bardoxolone-me group (54). Nonetheless, Reata Pharmaceuticals reported that post-hoc analysis of the trial data demonstrated preservation of kidney function (55). In addition, preliminary data from the follow-up TSUBAKI study showed improved renal function as assessed by inulin clearance (56). As a result, the development strategy for bardoxolone-me has been redirected, with new clinical trials testing efficacy towards the treatment of connective tissue disease-associated pulmonary arterial hypertension (Phase III) and Alport syndrome (Phase II/III) that are now in progress.

Whereas bardoxolone-me was chemically engineered to strongly increase its electrophilicity, plant-derived sulforaphane is a less reactive electrophile obtained from broccoli sprouts upon enzymatic hydrolysis of glucoraphanin by the enzyme myrosinase (57). Large clinical trials have shown that sulforaphane is a promising therapy for preventing liver carcinogenesis induced by aflatoxin in endemic areas of the province of Qidong in China (58). Aflatoxin is activated in the liver and alkylates cellular components, inducing mutations and cancer development (59). Electrophilic drugs targeting activation of Nrf2 induce the expression of over 100 Phase 2 genes, thus allowing for more efficient detoxification of aflatoxin and protection against carcinogenesis (60,61). In this regard, Evgen Pharma has now successfully stabilized sulforaphane using an α-cyclodextrin-based formulation, a key step towards the evaluation of sulforaphane in clinical trials.

2 Development of nitrated fatty acid as drugs.

Nitrated fatty acids share many of the characteristics of the aforementioned molecules, while at the same time representing a new approach to treat inflammatory and fibrotic diseases. Although NO₂-OA is a minor component of the endogenous nitrolipidome, this species offers key advantages for testing in preclinical models. Regarding synthesis, equimolar mixtures of the positional isomers 9- and 10-NO₂-OA (NO₂-OA) can be obtained by a relatively simple nitroselenylation strategy. In addition, the synthesis of specific regioisomers can be performed by nitro-aldol condensation followed by acetylation and elimination steps. As a result, NO₂-OA and the specific isomer CXA-10 were synthesized in sufficiently large quantities to perform pharmacokinetic, metabolic and preclinical experiments. The protective effects obtained in a wide variety of preclinical models of disease propelled the development of nitrated fatty acids as anti-inflammatory and antifibrotic drug candidates.

2.1 NO₂-FA metabolism as a determinant of pharmacological potency

Consistent with their scaffold, NO₂-FA undergo many of the same metabolic transformations as non-nitrated fatty acids. In this regard, studies performed in both rodents and humans demonstrated that NO₂-FAs are substrates for omega- and beta-oxidation, as well as for esterification into complex lipids (62–65). Interestingly, many of the products obtained from these reactions retain electrophilic reactivity suggesting that a given NO₂-FA can give rise to the formation of an array of secondary species with potentially different compartmentalization and pharmacokinetic profiles. In the case of esterification into complex lipids, the incorporation of electrophilic NO₂-FAs into the non-polar environment

of a membrane or a lipid droplet prevents these species from reacting with both protein and low molecular weight thiols, thus effectively creating an intracellular NO₂-FA reservoir. Furthermore, gut incorporation of orally administered NO₂-FAs into lipoproteins could represent a major pathway for their tissue distribution. Although there is ample evidence supporting NO₂-FA incorporation into complex lipids in vitro and in vivo, the actual contributions of this stabilized pool to the biological actions of these molecules remain to be established. In contrast to esterification, beta-oxidation of NO₂-FA gives rise to the formation of a series of shorter and progressively more polar electrophilic derivatives which, in the case of NO₂-OA, can be as short as eight carbons long. In principle, the generation of shorter NO₂-FA derivatives should facilitate their reaction with targets in more polar compartments, and thus it is possible that these active metabolites might be responsible for some of the effects ascribed to NO₂-OA. In this regard, and although specific NO₂-OA betaoxidation products have not been studied, recent evidence indicates that changes in both the fatty acyl chain length and the position of the nitroalkene group have profound effects on biological activity with shorter alpha chains correlating with stronger Nrf2 induction and shorter omega chains leading to more potent NF- κ B inhibition (66).

Besides processing of the fatty acyl chain, NO₂-FAs are also subject to phase II metabolism. NO₂-FA reduction to corresponding non-electrophilic nitroalkane derivatives by prostaglandin reductase-1 (PtGR-1) is the main pathway for the termination of electrophilicity and downstream signaling actions (67). Notably, PtGR-1 itself is a Nrf2-regulated gene that can be induced by NO₂-OA, thus suggesting that chronic administration of this molecule might be faced with increasingly more efficient inactivation reactions. In addition, given the role of PtGR-1 in prostaglandin synthesis, it is possible for NO₂-FAs to indirectly modulate eicosanoid-mediated signaling events. In addition to irreversible inhibition by PtGR-1, intracellular NO₂-FAs are also conjugated to glutathione and excreted via multidrug resistance-associated proteins (MRPs), which upon further processing by endopeptidases give rise to the formation of cysteine- and N-acetylcysteine adducts (68). Notably, the reversibility of the nitroalkene-thiol adduct allows for the regeneration of free NO₂-FA in urine, most likely as a result of the low levels of free thiols in this compartment.

Metabolism is an important determinant of the bioactivity and potency of electrophilic drugs and has been a significant differentiation factor for CXA-10. For example, while DMF is significantly more electrophilic than its proximal metabolite MMF, the former is rapidly degraded in the gastrointestinal tract, with native DMF undetectable in plasma after oral administration (69). Electrophiles are expected to covalently interact with blood protein thiols, adding complexity to PK studies. Sulforaphane derivatives have been shown to react with hemoglobin and albumin, which led to the development of a novel methodological approach to assess isothiocyanate exposure in humans (70). Cysteine 34 (Cys34) in human albumin is the most abundant nucleophile in plasma, with other plasma thiols significantly lower in concentration. Thus, for sulforaphane, blood protein thiols represent a sink and inactivation mechanism. In contrast, CXA-10 follows distribution mechanisms common to fatty acids, associating non-covalently with albumin. This interaction does not involve a reaction with Cys34 but rather a binding to hydrophobic pockets in the protein, thus effectively shielding CXA-10 from inactivation by adventitious thiol reactions in plasma (71). Taken together, it is clear that these so-called "non-specific" reactions and degradation

pathways affect drug availability and provide differentiation between classes of electrophilic pharmacological agents.

2.2 Preclinical development of NO₂-OA

The preclinical disease model responses to NO₂-FA administration has been addressed in the other reviews of this series, thus we will briefly discuss NO₂-FA administration and dosing. NO₂-OA is an oily substance at room temperature and insoluble in water. Therefore, initial murine model studies utilized intraperitoneal (i.p.) injections of NO₂-FA solvated in DMSO and subcutaneous administration via osmotic mini-pumps. While daily i.p. injections posed minimal problems, formulation of NO₂-OA for mini-pump delivery was more challenging. To this end, a polyethylene glycol-400 (PEG-400) formulation was devised and used in 14-day mini-pumps, achieving NO₂-OA steady-state concentrations of 8–30 nM when 8 mg/kg/day doses were used. In addition, oil-based stabilization of CXA-10 led to the successful development of oral administration schemes later used to redefine dosing in preclinical animal models, pharmacokinetic and pharmacodynamic studies, and toxicological evaluations.

2.3 Clinical development of CXA-10 as a drug candidate

Intellectual property related to NO₂-FA composition of matter and methods of use has been licensed by Complexa Inc. (https://www.complexarx.com/) as part of their mission to develop NO₂-FA as tissue protective, anti-fibrotic and anti-inflammatory drug candidates. The lead compound for development in acute and chronic settings is CXA-10 (10-NO₂-OA, a specific positional isomer of NO₂-OA). Although initially focused on acute kidney injury with particular interest in contrast-induced nephropathy, the primary pharmacological targets were later changed to focal segmental glomerulosclerosis and pulmonary arterial hypertension based on promising preclinical studies (72,73).

Intravenous formulation: Complexa Inc. successfully developed a formulation for intravenous CXA-10 administration that proved effective in treating acute kidney injury related to ischemia/reperfusion in animal models. The favorable preclinical ADME and toxicological data supported an IND submission for Phase Ia and Phase Ib clinical trials. From these trials, it was learned that the IV formulation is well tolerated in humans and that it engaged signaling pathways previously identified in academic studies (74). More specifically, CXA-10 increased Nrf2- and heat shock-dependent gene expression in peripheral blood mononuclear cells, which correlated with kidney-derived urinary exosome biomarkers measured in patients with chronic renal failure (75).

Oral formulation: Based on the promising pharmacokinetics and bioavailability observed in Phase 1 studies of oral CXA-10, a program was started that focused on the treatment of chronic diseases via the more practical administration of an oral formulation. Radioactive tracing studies using [¹⁴C]-CXA-10 given orally to rats showed at least 35% absorption. These studies revealed a biodistribution profile of CXA-10 consistent with lipoprotein-dependent tissue delivery, with CXA-10 and its metabolites predominantly distributed in liver, heart, kidney and adipose tissue. This is of relevance when deciding disease targets, as CXA-10 appears to be the only electrophilic drug candidate in development that is delivered

to organs that are characterized by high metabolic rates. Importantly, these tissues are normally exposed to higher levels of respiration-derived oxidants and therefore would likely benefit from increased expression of Nrf2-dependent Phase II genes. In this regard, the high metabolic rates of liver, heart, kidney and adipose tissue point to a central role of mitochondria in the etiology of several pathogenic conditions in these tissues. Of relevance, CXA-10 and NO₂-OA are tissue-protective during ischemia and reperfusion in part because of specific interactions with mitochondrial proteins and respiratory complexes, resulting in the regulation of mitochondrial function (76,77).

Biomarkers of CXA-110 signaling pathway engagement in Phase 1 trials of

oral formulations: CXA-10 is being developed as a treatment for chronic inflammatory and metabolic-related diseases such as focal segmental glomerulosclerosis and pulmonary arterial hypertension. Therefore, it was important to demonstrate bioavailability, acceptable pharmacokinetics and pathway engagement in a relevant human population. Two-week dosing of obese individuals with oral CXA-10 formulation not only decreased serum inflammatory biomarkers [monocyte chemotactic protein-1 (MCP-1) and interleukin-6 (IL-6)] but also improved other indices of metabolic dysfunction, by decreasing serum leptin, triglyceride, and cholesterol levels (75). These results are consistent with the observation that Nrf2 plays an important role in metabolic regulation and in particular, lipid metabolism (78). In this regard, pharmacological activation of Nrf2 by TBE-31 resulted in significant protection in non-alcoholic liver steatosis models, an effect that was absent in Nrf2–/– mice (79). Moreover, Nrf2 deletion results in a marked exacerbation of liver steatosis in animals challenged with a methionine- and choline-deficient diet (80). The successful outcomes in a variety of models are rationalized through the pleiotropy of effects that NO₂-OA and CXA-10 have exerted in the different models.

Conclusions—Historically considered as liabilities, electrophilic compounds are gaining traction as viable candidates for drug development (81). In fact, in 2011 three out of the ten top drugs by sales volume and about 30 % of drugs in the market were covalent inhibitors that modify their target proteins (82–84). As such, the translation of CXA-10 into clinical therapeutics is based on the protective effects observed in several animal models of inflammatory and metabolic stress studied by different laboratories over the past 15 years. Both the structure and reactivity play a role in the beneficial outcomes and lack of adverse effects reported for CXA-10. With regards to these characteristics, similarities are shared among different classes of pharmacological agents. A unique quality of CXA-10, as opposed to other electrophilic species currently in the drug development pipeline is that CXA-10 gains access to remote tissues after incorporation into lipoproteins as glycerol esters. This protected hydrophobic compartment provides an ability to transport the active drug to target tissues while limiting Michael addition reactions with adventitious nucleophiles in the vascular compartment. The activation of Nrf2 and heat shock factor-regulated gene expression and the inhibition of NF-κB-dependent expression of pro-inflammatory cytokines after CXA-10 oral administration reinforces the potential value of CXA-10 as a treatment for chronic inflammatory/fibrotic diseases. These are often areas with clear unmet clinical needs in which traditional approaches have failed to deliver improvement (75). Data

supporting this vision should become available within the next two years as data from ongoing Phase 2 trials becomes available.

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Abbreviations:

NO ₂ -OA	nitro-oleic acid
NO ₂ -FA	nitro-fatty acid
CXA-10	10-nitro-oleic acid (10-nitro-octadec-9-enoic acid)
DMF	dimethyl fumarate
MMF	(monomethylfumarate)
NF- k B	nuclear factor k B
Nrf2	nuclear factor (erythroid-derived 2)-like 2
HSF-1	heat shock factor 1
LDL-C	low density lipoprotein cholesterol
(PtGR-1)	prostaglandin reductase-1
(PEG-400)	polyethylene glycol-400
(MCP-1)	monocyte chemotactic protein-1

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Highlights

- Nitrated fatty acids (NO₂-FA) share structural and signaling features with other clinically used drugs
- Systemic NO₂-FA tissue delivery as triglycerides and non-covalently bound albumin complexes provides chemical stabilization
- Private development of the lead compound CXA-10 (10-NO₂-OA) was based on solid academic biochemical and preclinical work.
- Oral and intravenous formulations were developed for human use by Complexa Inc.
- Formulations demonstrated tolerability, safety and predicted pathway engagement in relevant populations.
- Ongoing Phase II clinical trials will determine the therapeutic potential of CXA-10 in areas of pulmonary and renal disease

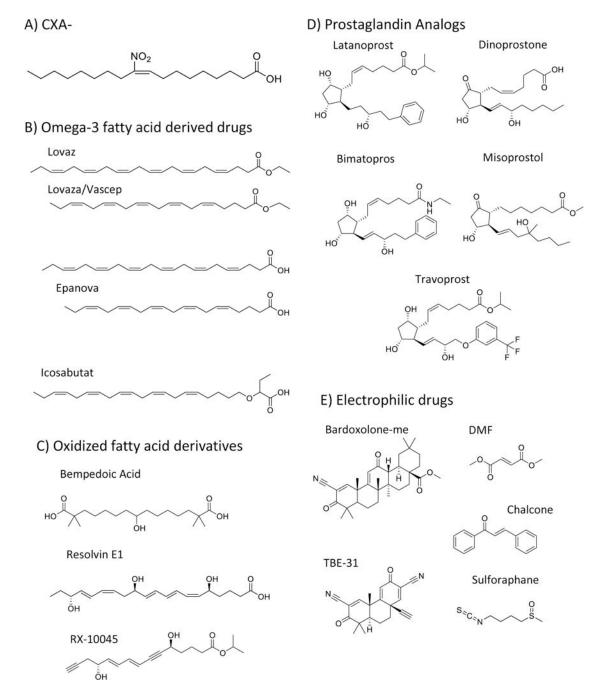


Fig. 1.

Chemical structures of CXA-10 and other related, clinically used, drugs that share functional, structural and signaling features.