# Molecular Diagnosis of Microsporidia among Immunocompromised Patients in Kuala Lumpur, Malaysia

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*Abstract.* Microsporidia are obligate intracellular parasitic fungi causing chronic diarrhea, particularly among immunocompromised patients. The current method used for diagnosis is based on conventional microscopy, which does not differentiate parasites at the species level. The present study was carried out to identify microsporidian species in immunocompromised patients. From March 2016 to March 2017, a total of 289 archived stool samples were examined microscopically for microsporidian spores using Gram-chromotrope Kinyoun (GCK) stain. Positive stool samples by microscopy were subjected to polymerase chain reaction and sequencing for species identification. Based on microscopy examination, the overall prevalence of microsporidian infections was 32.2% (93/289; 95% CI = 27.1–37.8). Of these stool samples, 45 samples were successfully amplified and confirmed as *Enterocytozoon bieneusi*. No *Encephalitozoon intestinalis* was detected. Accurate identification of species might help clinicians to decide appropriate management strategies as dissemination risks and treatment response vary for different species, hence improving the management of microsporidian infections.

### INTRODUCTION

Microsporidia are obligate intracellular parasitic fungi known to infect both vertebrate and invertebrate hosts worldwide.<sup>1,2</sup> Microsporidia are recognized as one of the most common intestinal opportunistic parasites responsible for significant gastrointestinal illness, particularly among immunocompromised hosts, with prevalence ranging from 0.1% to 50%.<sup>3,4</sup> To date, there are up to 150 genera with more than 1,300 species recorded. Of these, eight genera have been reported to infect humans. These include *Enterocytozoon, Encephalitozoon, Pleistophora, Trachipleistophora, Vittaforma, Brachiola, Nosema,* and *Microsporidium.*<sup>4,5</sup> *Enterocytozoon bieneusi* is the most common species associated with chronic diarrhea, weight loss, malabsorption, and nausea among immunocompromised hosts.<sup>4,6</sup> In immunocompetent hosts, it may cause self-limiting diarrhea.<sup>7</sup>

Currently, most studies conducted on the epidemiology of microsporidian infections were traditionally dependent on direct visualization of the parasites in a stool sample by using the conventional microscopy technique. The benefits of this method are mainly technical simplicity and low cost. However, utilization of microscopy alone is limited by the fact that it cannot differentiate the various species. In addition, microscopy technique is also laborious and time-consuming and requires relatively skilled personnel. The sensitivity and specificity of the microscopy technique alone are not known as it is highly dependent on the expertise and skill of the microscopist. In Malavsia, several studies have been conducted to determine the occurrence of microsporidian infections among immunocompromised patients.<sup>8-14</sup> With the exception of only three studies,<sup>8-10</sup> most of these reports were based on microscopy techniques. Identification of specific species, especially in clinical samples, necessitates the importance of treatment assessment, prognosis, and reducing dissemination risks among patients. Within this context, the

present study was carried out to determine the microsporidian species using molecular techniques among a varied group of immunocompromised patients.

## METHODS

**Study population.** The stool samples were obtained from the Parasite Southeast Asian Diagnostic (Para:SEAD) Laboratory, Department of Parasitology, Faculty of Medicine, University of Malaya, Kuala Lumpur, over a period of 12 months (March 2016–March 2017). Briefly, the stool samples were sent to the Para:SEAD laboratory from various wards and units in the University Malaya Medical Center (UMMC) for routine stool examination. Only stool samples from immunodeficiency patients as stated in the request form without discrimination to age groups and genders were included in the study. Stool samples were excluded if the selection criterion was not fulfilled. The samples in this study were not randomized. Other information such as demographic and clinical symptoms were obtained from the same request form.

**Ethical clearance and sample size calculation.** The study protocol was approved by the Medical Ethics Committee, University Malaya Medical Center (UMMC) (IRB Ref. No. 655.17), considering there is no risk against the physical wellbeing, integrity, or right to anonymity of the participants. All data generated in this study were kept strictly confidential, and to the extent permitted by law, and the information was accessible only to the researchers. The sample size was calculated according to the anticipated prevalence of microsporidia among immunocompromised patients in Malaysia. According to a previous local study among HIV patients, the prevalence of microsporidian infections was 8.5%.<sup>8</sup> By using a significance level of 5% and confidence level of 95%, a minimum sample size of 120 was required in this study.

**Sample collection and parasitology examination.** All stool samples were subjected to microscopy examination for the presence of microsporidian spores using Gram-chromotrope Kinyoun (GCK) stain.<sup>15</sup> Microsporidia were diagnosed based on the specific morphological characteristics,

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which include pinkish-blue ovoid spores with a belt-like stripe across the spores against a relatively clean or pale pink background. The slide was examined under a light microscope at high magnification ( $\times$ 100) with oil immersion (Figure 1). The spores were graded based on the number of spores per high power field as follows: 1+ (number of spores 1–10), 2+ (number of spores 11–20), and 3+ (number of spores more than 21).<sup>11</sup>

**Genomic DNA extraction.** For DNA extraction, all microscopy-positive samples were concentrated by the water-ether concentration technique. Approximately, 500 µL of the concentrated stool samples was subjected to DNA extraction using the NucleoSpin<sup>®</sup> soil DNA isolation kit (MACHEREY-NAGEL GmbH & Co. KG, Duren, Germany) according to the manufacturer's protocol. Briefly, approximately 0.2–0.3 g of the stool sample was added to a PowerBeadTube<sup>®</sup> and incubated at 70°C for 10 minutes in the presence of cell lysis and disruption agent. The stool sample was subjected to homogenization and lysis procedure for complete cell lysis by mechanical shaking (vortexing). Final elution of DNA was performed in 50 µL with elution buffer. The extracted DNA was stored at  $-20^{\circ}$ C until required for polymerase chain reaction (PCR) amplification.

DNA amplification and sequencing. The extracted DNA was subjected to amplification targeting the conserved region of a small subunit rRNA (SSU rRNA) gene of E. bieneusi and E. intestinalis according to the previously published protocols with minor modification.<sup>16,17</sup> The forward primer EBIEF1 (5'-GAA ACT TGT CCA CTC CTT ACG-3') and reverse primer EBIER1 (5'-CCA TGC ACC ACT CCT GCC ATT-3') were used to amplify a 607-bp region of the E. bieneusi. The primer pair of SINTF F (5'-TTT CGA GTG TAA AGG AGT CGA-3') and SINTR R (5'-CCG TCC TCG TTC TCC TGC CCG-3') was used to amplify 560 bp of the E. intestinalis. The PCR was performed in a 20-µL reaction mixture containing 10 µL of the master mix (Genet Bio, Daejeon, South Korea), 2 µL of each forward and reverse primer, 4 µL of distilled water, and 2 µL of DNA template. Both negative control (reagent mixture without template DNA) and positive control were included in each set of the PCR. The

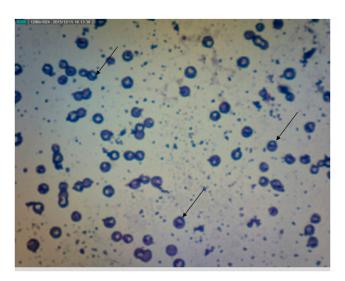


FIGURE 1. Microsporidian spores detected in a stool sample using Gram-chromotrope Kinyoun staining under light microscopy (magnification ×1,000). This figure appears in color at www.ajtmh.org.

amplification steps for *E. bieneusi* included 5 minutes of initial denaturation at 94°C, followed by 35 cycles of denaturation at 94°C for 30 seconds, annealing at 55°C for 30 seconds, and extension at 72°C for 1 minute 30 seconds. A 10-minute final extension at 72°C was used after 35 cycles. The amplification step for *E. intestinalis* was similar to that of *E. bieneusi* except for the annealing temperature (45°C instead of 55°C). DNA amplification was performed on a MyCycler thermal cycler (Bio-Rad, Hercules, CA). Amplified DNA was analyzed by gel electrophoresis in 1.5% (w/v) agarose gel and stained with SYBR<sup>®</sup> Safe DNA (Invitrogen, Auckland, New Zealand) to visualize the amplified PCR product under UV illumination.

All positive amplicons were purified using the QIAquick PCR purification kit (Qiagen, Hilden, Germany). The purified PCR products were then subjected to DNA sequencing in both directions. Sequence chromatograms were viewed using Sequence Scanner version 1.0 program (Applied Biosystems, Waltham, MA). Both forward and reverse nucleotide sequences were manually aligned using the BioEdit Sequence Alignment Editor version 7.0.9 program.<sup>18</sup> Homology searches were carried out using reference sequences on the Basic Local Alignment Search Tool (BLAST), hosted by the National Center for Biotechnology Information (NCBI). Enterocytozoon bieneusi and Encephalitozoon intestinalis sequences were determined, and multiple alignments were performed using the ClustalW program.<sup>19</sup> All sequences generated in this study were submitted and deposited to the GenBank (GenBank accession number: MH027421-MH027470).

**Statistical analysis.** All the data entry was cross-checked for consistency before analysis. The Statistical Package for the Social Sciences software program version 21 was used to determine the relationship between the parasitism, immuno-compromised condition, age, gender, and clinical manifestations. The degree of association was determined using the  $\chi^2$  test. A significance level of *P* < 0.05 was used for all tests.

#### RESULTS

General characteristics. A total of 289 stool samples from immunocompromised patients were examined for the presence of microsporidian spores by the microscopy technique. These included 119 (41.2%) stool samples from HIV/AIDS, 69 cancer (23.9%), 51 end-stage renal failure (ESRF) (17.6%), 27 organ transplant recipient (9.3%), 15 leukemia (5.2%), and eight autoimmune disease (2.8%) patients. Of these, more than half of the patients (174/289; 60.2%) presented with diarrhea. Other symptoms included nausea (7/289; 2.4%), fever (6/289; 2.1%), weight loss (1/289; 0.3%), and having more than one symptom (47/289; 16.3%). Meanwhile, 18.7% (54/ 289) of the patients were asymptomatic. Most of the patients were males (203; 70.2%), whereas females constituted 29.8% (86). The age of the patients ranged between 1 and 93 years (median age, 42 years). Based on ethnic group, Malay was the highest (48.8%), followed by Chinese (34.9%), Indian (13.5%), and other races (2.8%) (Table 1).

**Microscopy examination.** Of the 289 stool samples, 93 (32.2%; 95% CI = 27.1–37.8) were positive for microsporidia by microscopic examination. The overall prevalence of microsporidian infections was significantly higher among males compared with females (35.5% versus 24.4\%). The prevalence was also higher among patients aged 18 years and older compared with those aged less than 18 years (33.1%

TABLE 1 Prevalence of microsporidiosis among immunocompromised patients as determined by microscopy based on a demographic characteristic (N = 289)

Variables	Number examined	Positive microscopy	Prevalence (%)	P value	
Gender					
Male	203	72	35.5		
Female	86	21	24.4	0.047	
Age groups (y	/ears)				
≥ 18	245	81	33.1		
< 18	44	12	27.3	0.449	
Race					
Malay	141	46	32.6		
Chinese	101	32	31.7		
Indian	39	14	35.9		
Others	8	1	12.5	0.639	
Total	289	93	32.2		

versus 27.3%) (Table 1). Based on the type of immunocompromised groups, the highest prevalence was reported among autoimmune disease patients (62.5%; 95% CI = 30.6-86.3), followed by ESRF (52.9%; 95% CI = 39.5-66.0), cancer (31.9%; 95% CI = 22.1-43.6), HIV/AIDS (27.7%; 95% CI = 20.5-36.4), and organ transplant recipient (22.2%; 95% CI = 10.6-40.8) patients. No microsporidia infection was found among leukemia patients (Table 2).

With regard to symptoms, 58 of 174 (33.3%; 95% CI = 26.8-40.6) patients with diarrhea were positive with microsporidian spores. In patients with fever, two of six (33.3%: 95% CI = 9.7-70) had microsporidian infections. In patients with more than one symptom, 38.3% (18/47; 95% CI = 25.8-52.6) were infected with microsporidia. In addition, 15 of 54 (27.8%; 95% CI = 17.6-40.9) asymptomatic patients were infected with microsporidia. Meanwhile, no microsporidian infections were detected among patients who suffered from weight loss and nausea.

Molecular diagnosis. Of the 93 positive stool samples by microscopy, 45 were successfully amplified by PCR. Enterocytozoon bieneusi DNA was amplified in all 45 samples by PCR. No E. intestinalis was detected by PCR among immunocompromised patients. Of these, a high prevalence of E. bieneusi was reported among autoimmune disease patients and organ transplant recipients, followed by HIV/AIDS and cancer patients. Meanwhile, the lowest prevalence of E. bieneusi was detected among ESRF patients (Table 2). Polymerase chain reaction analysis was repeated twice in all

TABLE 2	
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Prevalence of microsporidiosis as determined by microscopy and polymerase chain reaction (PCR) among various groups of immunocompromised patients

		Microscopy		PCR	
Diseases	Number examined	n	%*	n	%†
Autoimmune diseases	8	5	62.5	5	100.0
ESRF	51	27	52.9	9	33.3
Cancer	69	22	31.9	9	41.0
HIV/AIDS	119	33	27.7	16	48.5
Organ transplant recipients	27	6	22.2	6	100.0
Leukemia	15	-	-	-	-
Total	289	93	32.2	45	48.4

n = number positive.

Based on the number examined.

 $\dagger$  Based on the number positive by microscopy (N = 93).

the 48 microscopically positive stool samples that failed to amplify. Nevertheless, no DNA amplification was observed in these samples. In addition, pooled microscopy-negative samples were also randomly screened by PCR for microsporidian species identification, with no DNA amplification seen. This finding further confirmed that these samples were negative for microsporidian infections. All 45 amplicons of the E. bieneusi were successfully sequenced and analyzed using BLAST analysis. The results demonstrated that all sequences from this study were found to be 99-100% homologous to previously published sequences of E. bieneusi in the NCBI database.

#### DISCUSSION

In Malaysia, microsporidian infections in immunocompromised hosts are not well documented, especially at the molecular level. To date, there were only a few reports that highlighted the prevalence of infections among these patients. To the best of our knowledge, this is the first study to determine the microsporidian species among various types of immunocompromised patients. The overall prevalence of microsporidian infections among immunocompromised patients was slightly higher compared with previous local studies.<sup>8–14,20–22</sup> Comparing the findings of the present study with studies from other countries showed that the prevalence was higher than for those reported in Spain (17%),<sup>23</sup> Czech Republic (15%),<sup>24</sup> and India (1.8%).<sup>25</sup> By contrast, studies in Iran reported a high prevalence of microsporidiosis (more than 30%) among immunocompromised hosts.<sup>2,26,27</sup>

In the present study, the overall prevalence of microsporidiosis was significantly higher among males compared with the females. The findings are consistent with a study conducted among HIV-positive hospital patients in Nigeria.<sup>28</sup> By contrast, no significant differences between other demographic characteristics such as age groups and races were reported by previous local studies.<sup>11,20,21</sup> The clinical manifestations of microsporidiosis are very diverse, varying according to the causal species, with diarrhea being the most common mainly in individuals with a weakened immune system such as immunocompromised patients.<sup>7,29</sup> In the present study, more than half of the patients infected with microsporidia presented with diarrhea. In microsporidiosis-related diarrhea cases, chronic diarrhea is more commonly reported compared with acute diarrhea. This is likely due, at least in part, to the unreported cases because the symptoms are usually self-limiting, particularly in immunocompetent hosts.<sup>8</sup> Several studies have also suggested that individuals may be asymptomatic carriers or that infections may reactivate under the immunocompromised condition.5,30

It is also essential to determine if asymptomatic and persistent microsporidian infections occur in humans, and if so, improved and reliable diagnostic methods are needed to prevent the transmission to others at risk. In addition, the results of the present study highlight the importance of evaluation of immunocompromised individuals with diarrhea for microsporidian infections, which may help in better management of these patients. However, the etiology of diarrhea could not be precisely determined in the present study, suggesting a need for comprehensive etiological studies covering bacterial, viral, and other parasitic causes of diarrhea among immunocompromised patients. Thus, the association between microsporidiosis and diarrhea requires a more indepth study in the future.

*Enterocytozoon bieneusi* is the most common species reported among immunocompromised individuals,<sup>2,9,31,32</sup> as in the present study. *Enterocytozoon bieneusi* was reported in one of the most recent studies conducted among HIV/AIDS patients in Malaysia.<sup>9</sup> Likewise, *E. bieneusi* also was previously reported among the Malaysian aborigine community.<sup>10</sup> A study in Portugal also indicated a high prevalence of *E. bieneusi* among HIV/AIDS groups.<sup>31</sup> A study conducted in Nigeria also showed that *E. bieneusi* was the most common species infecting HIV/AIDS patients, followed by *E. intestinalis* and *E. cuniculi*.<sup>32</sup> Meanwhile, a study in Iran reported that *E. bieneusi* was detected in bone marrow transplantation patients.<sup>2,6</sup>

The inability to amplify some microscopy-positive stool samples was most likely due, at least in part, to the presence of a stool inhibitor that was not completely removed during DNA extraction. It is highly recommended that extra steps to optimize the elimination of these inhibitors during the extraction process be carried out in a future study. Other than that, the failure to amplify the microscopically positive samples could also be because of the presence of other microsporidian species.<sup>4</sup> Thus, the utilization of another set of primers targeting different genes as genetic markers for species differentiation should be taken into consideration in the future study.

We acknowledge several limitations in the present study. First, a single stool sample from each patient was examined. This may underestimate the actual prevalence of microsporidia as it is recommended to examine multiple stool samples or at least three stool samples per patient.<sup>33</sup> Studies have suggested that examination of three stool samples resulted in the detection of up to 90% more infections.<sup>33,34</sup> Thus, it is highly recommended to collect at least three stool samples on different days in the future study. Second, because this study evaluated archived samples, information on CD4+ cell count and antiretroviral drug history was not available due to privacy ruling. We acknowledge that the information on antiretroviral drug history is crucial to monitor the presence of microsporidian spores before and after treatment with antiretroviral drugs. A study on microsporidian infections among HIV/AIDS patients in Iran demonstrated that the CD4+ cell count improved after the patients received antiretroviral drugs.35 Another study also described that effective antiretroviral drugs might help in the restoration of the immune response to wipe out opportunistic parasitic infections including microsporidia.<sup>36</sup> In addition, the resolution of diarrhea seemed to be related to an increase in CD4+ cell count.<sup>36</sup> Thus, a comprehensive study on antiretroviral drug history, CD4+ count, and their association with microsporidian infections among immunocompromised patients is highly needed for future investigations.

In conclusion, this study reported the presence of microsporidian species among various groups of immunocompromised patients. Only *E. bieneusi* was detected among the immunocompromised patients. As the dissemination risks and treatment response vary for different species, accurate identification of species might help clinicians to improve the management strategies. Such information will provide useful insights into the epidemiology of microsporidiosis, particularly among high-risk groups. Received November 20, 2017. Accepted for publication July 10, 2018. Published online October 29, 2018.

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