

Biology of Oral Streptococci

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ABSTRACT Bacteria belonging to the genus *Streptococcus* are the first inhabitants of the oral cavity, which can be acquired right after birth and thus play an important role in the assembly of the oral microbiota. In this article, we discuss the different oral environments inhabited by streptococci and the species that occupy each niche. Special attention is given to the taxonomy of *Streptococcus*, because this genus is now divided into eight distinct groups, and oral species are found in six of them. Oral streptococci produce an arsenal of adhesive molecules that allow them to efficiently colonize different tissues in the mouth. Also, they have a remarkable ability to metabolize carbohydrates via fermentation, thereby generating acids as byproducts. Excessive acidification of the oral environment by aciduric species such as *Streptococcus mutans* is directly associated with the development of dental caries. However, less acid-tolerant species such as *Streptococcus salivarius* and *Streptococcus gordonii* produce large amounts of alkali, displaying an important role in the acid-base physiology of the oral cavity. Another important characteristic of certain oral streptococci is their ability to generate hydrogen peroxide that can inhibit the growth of *S. mutans*. Thus, oral streptococci can also be beneficial to the host by producing molecules that are inhibitory to pathogenic species. Lastly, commensal and pathogenic streptococci residing in the oral cavity can eventually gain access to the bloodstream and cause systemic infections such as infective endocarditis.

THE ORAL ENVIRONMENT

Warm, moist, and rich in nutrients, the oral cavity provides an ideal environment for colonization by a community of bacteria, fungi, protozoa, archaea, and viruses, often in the form of a complex structure called biofilm or plaque (1). In addition, several microbial niches exist within the oral cavity (e.g., cheek, gingiva,

teeth, tongue, palate) that vary in nutrient content, pH, oxygen tension, and shear force due to salivary flow and mastication. These physico-chemical characteristics select for suitable microorganisms for each oral niche such that the microbial compositions can differ greatly from one site to another. Saliva is the biological fluid of the oral cavity, and its microbial composition is a collection of bacteria that have shed from various oral niches. As an easily accessible body fluid, saliva can be used in assessment of general oral health, as the disappearance or emergence of certain taxa can indicate health or disease (2, 3). While biofilms from oral soft tissues, such as the tongue, cheeks, and palate, and the supragingival biofilm (plaque on tooth surfaces above

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the gum line) are constantly bathed in saliva and subjected to an array of environmental fluctuations, the subgingival plaque (plaque on tooth surfaces below the gum line) is a unique niche with less abrupt environmental fluctuations. In particular, with the gum serving as a physical barrier, the oxygen tension and shear forces are reduced, and gingival crevicular fluid (serum) serves as a major nutrient source (4).

TAXONOMY OF ORAL STREPTOCOCCI

Streptococci are found in almost every location in the human body and are the dominant species in the human oral cavity and upper respiratory tract. Species within the genus *Streptococcus* were initially differentiated based on hemolysis patterns on blood agar plates with β -hemolysis (complete lysis), α -hemolysis (partial lysis), and γ -hemolysis (nonhemolytic) (5). Many β -hemolytic species can be further differentiated by carbohydrate group antigens (Lancefield groups) (6), such as the classic human pathogens *S. pyogenes* (group A *Streptococcus*) and *S. agalactiae* (group B *Streptococcus*), which are the subjects of other articles. Historically, the oral streptococci were referred to as viridans streptococci (*Streptococcus viridans*) due to their high propensity to display partial hemolysis when cultured on blood agar plates, resulting in a green coloration surrounding the colonies. While the viridans streptococci or α -hemolytic designations are still used today to classify the oral streptococci, this term is not fully accurate, because some isolates can display β -hemolysis or completely lack any hemolytic activity (γ -hemolysis). As more streptococcal species were identified, it became apparent that additional criteria were required to separate the growing number of species, prompting the development of biochemical and physiologic tests to differentiate streptococcal groups (7, 8). Initially, there were seven named groups of streptococci based on carbohydrate fermentation tests, chain length, and growth on gelatin: *Streptococcus salivarius*, *Streptococcus mitis*, *Streptococcus anginosus*, *Streptococcus equinus*, *Streptococcus pyogenes*, *Streptococcus faecalis*, and *Streptococcus pneumoniae* (pneumococcus) (reviewed in reference 5). Eventually, *Streptococcus faecalis* was reclassified, and it is now a member of the genus *Enterococcus* (9, 10).

The advent of DNA sequencing introduced a new and more accurate approach to the identification of bacteria at the species level, and sequencing of the 16S rRNA region could be used to determine phylogenetic relationships (11). Initially, the oral streptococci were

separated into four groups: anginosus, mitis, mutans, and salivarius, while the remaining streptococci isolated outside of the oral cavity were classified into either the bovis or pyogenic groups (12). Recently, using a more robust phylogenetic approach, Richards et al. separated the streptococci into eight distinct groups: mitis, sanguinis, anginosus, salivarius, downei, mutans, pyogenic, and bovis (Fig. 1) (13). Presently, oral streptococci are found in all groups except the pyogenic and bovis groups. The mitis group is the largest of the groups found in the oral cavity, currently with 20 species. Species within the mitis group have been challenging to differentiate based on 16S RNA sequence alone, particularly *Streptococcus oralis* and *S. mitis*. Recent efforts to reclassify many of the species within this group indicate that there are many strains that have been misclassified, and new species descriptions may soon emerge (14).

MICROBIOME AND METAGENOMICS STUDIES: THE ORAL MICROBIOME

While initial attempts to define the oral microbiome relied on culture-based techniques, 16S rRNA sequencing has identified more than 700 microbial species residing within the oral cavity. It is estimated that roughly half of these species are nonculturable by current methods. The Human Microbiome Project (<http://commonfund.nih.gov/hmp/>), launched in 2012, aimed to define the core microbiome of 18 locations in the human body, including the oral cavity, and provided the first comprehensive analysis of bacterial diversity and abundance in humans (15, 16). Nearly all microbiome studies today use next-generation sequencing technologies based on 16S rRNA sequences to determine the community composition (17), and large manually curated databases, such as www.homd.org, are now available to aid in the identification of bacterial species unique to the oral cavity. Based on these studies, we now can clearly appreciate that there are distinct communities of organisms living on the different surfaces of the mouth, which vary significantly depending on the site of sample collection, health status, and behavior of the host (18–20). Thus, as indicated in the beginning of the article, slight variations in the local environment within the mouth can have profound effects on the composition of the resident organisms (18, 19). However, regardless of the individual sampled, streptococci are universally present in all sites of the oral cavity and are the dominant genus found in saliva and on soft tissues of the mouth (16, 18, 19). Critically, streptococci, especially members of the

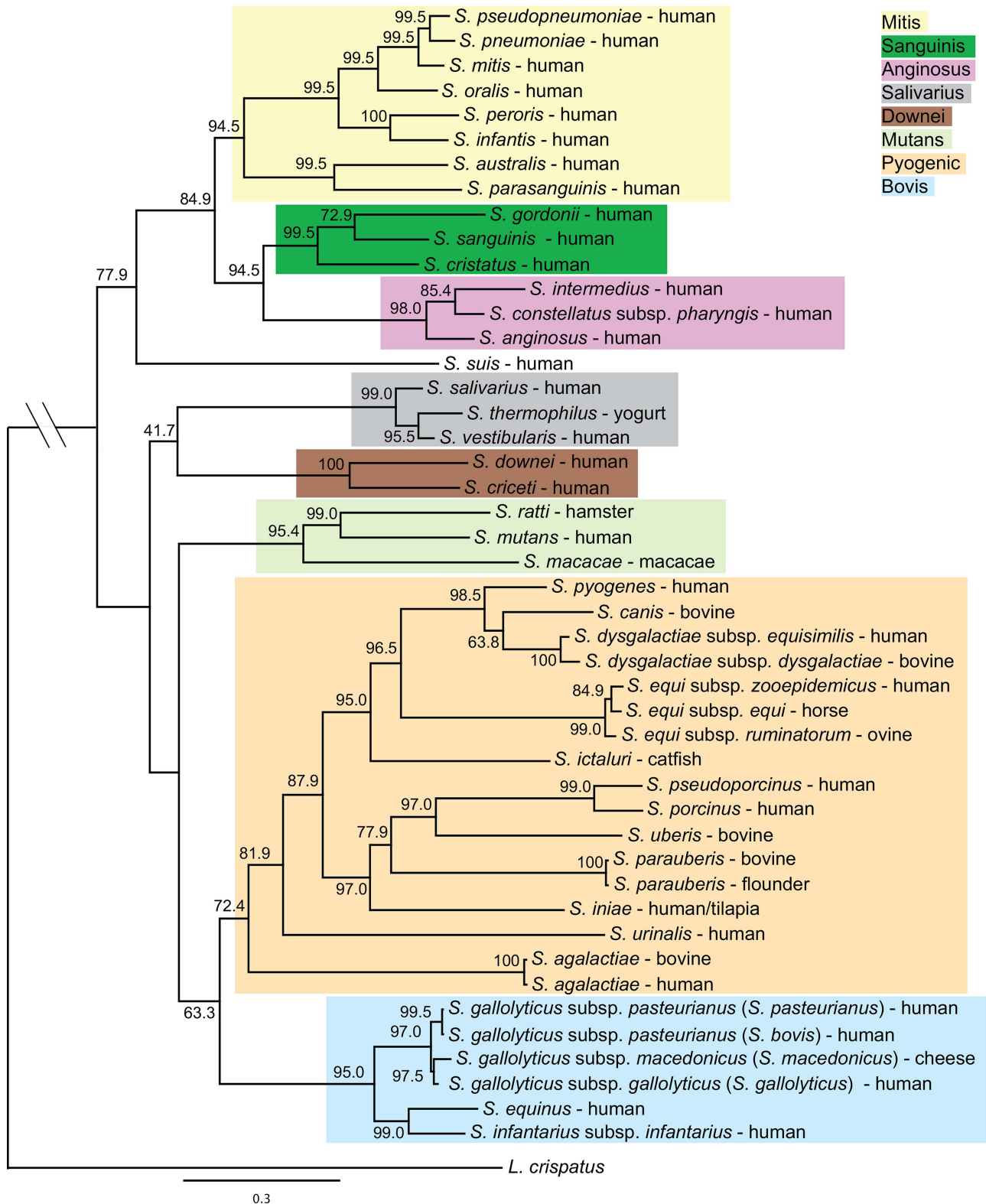


FIGURE 1 Phylogeny of the indicated streptococcal species derived from a core set of 136 concatenated genes. Numbers on branches show bootstrap support for each relationship. The color shading indicates the eight major groups.

mitis group, are the first organisms detected in the mouth of newborn infants and are considered pioneer species (primary colonizer) that allow for the assembly of a complex microbiota.

Dental plaque is readily accessible on the surface of the teeth and therefore is one of the most well-characterized microbial communities in the human body (21, 22). Two of the most common human diseases, dental caries and periodontitis, are directly related to the presence and metabolic activities of dental plaque bacteria. A recent analysis that compared supragingival plaque microbiomes from carious lesions to healthy sites found substantial differences among children with different caries status (23). In particular, communities collected from dentin carious lesions contained notorious acidogenic (acid-producing) and aciduric (acid-tolerant) species, including *S. mutans*, *Scardovia wiggsiae*, *Parascardovia denticolens*, and *Lactobacillus salivarius* (23). In contrast, *Streptococcus sanguinis*, *Neisseria* species, and *Leptotrichia* species were found associated with samples collected from healthy sites. However, a decrease in species diversity was associated with dental caries progression, but an increased overall abundance of *S. mutans* has been demonstrated (24). Moreover, an association of *S. mutans* with other acidogenic species, such as *S. wiggsiae* and bifidobacteria, in severe early childhood caries has been shown (25). One study that focused on the microbiota that thrive at different pH ranges also found a decrease in microbial diversity in communities from acidic pH environments but found *Lactobacillus* spp., *Prevotella* spp., *Atopobium* spp., *Olsenella* spp., and *Actinomyces* spp. to be the most abundant taxa in dentinal caries (26). Microbiome studies of subgingival plaque identified high abundance of *Streptococcus parasanguinis*, *S. sanguinis*, *S. mitis*, *Streptococcus intermedius* and *Streptococcus infantis* associated with health (27–31). In diseased sites (gingivitis and periodontitis), a decrease in the proportions of health-associated *Streptococcus* (32) and an increase in anaerobic proteolytic bacteria such as *Porphyromonas gingivalis* is observed. However, *Streptococcus constellatus* and *S. intermedius* are often reported to be associated with periodontitis (33, 34).

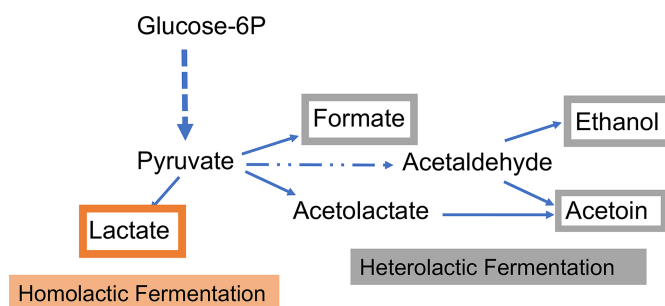
Most microbiome studies are initially conducted with the intent of correlating the presence of disease with a particular signature microbiome. However, confounding factors such as genetic heterogeneity and phenotypic diversity within a species contribute to a more complex relationship between the presence of a particular bacterial species and the establishment of disease. Studies comparing the phenotypic diversity

within streptococcal strains from the same species have identified major phenotypic variations among isolates that are directly related to virulence or properties associated with healthy biofilms (35, 36). For this reason, the combination of 16S rRNA community profiling with other “-omics” technologies (i.e., transcriptomics, proteomics, and metabolomics) is essential for a global understanding of the specific contributions of oral bacteria to health and disease (17), providing a better understanding of how complex communities function and interact (37).

SUGAR METABOLISM OF ORAL STREPTOCOCCI

Streptococci are well known for their ability to assimilate a large array of carbohydrates by glycolysis and for their enhanced tolerance to acidic pH. Employing the Embden-Meyerhof-Parnas pathway, streptococci convert one molecule of glucose or other equivalent carbohydrates (e.g., fructose) into two molecules of pyruvate, with the concomitant generation of two molecules of ATP and two molecules of NADH. Under the conditions of excess carbohydrates and oxygen limitation, streptococci tend to perform homolactic fermentation, reducing pyruvate into lactic acid and regenerating NAD from NADH. The production of lactic acid results in rapid acidification of the environment and allows streptococcal species to outcompete acid-sensitive microorganisms. When faced with carbohydrate limitation or increased oxygen tension, streptococci produce alternative fermentation products such as formate, acetate, and ethanol (38) (Fig. 2). In fact, streptococci lack the capacity for oxidative phosphorylation and electron chain transport systems and depend exclusively on substrate-

FIGURE 2 Simplified schematic of homolactic fermentation and heterolactic fermentation. While homolactic fermentation generates almost exclusively lactate, heterolactic fermentation generates formate, acetoin, ethanol, and reduced amounts of lactate.



level phosphorylation for energy production. Therefore, most streptococci are considered facultative anaerobes and susceptible to growth inhibition by oxygen.

Resulting from a reductive evolution as a consequence of adaptation to survival within human and animal hosts, streptococci possess an incomplete tricarboxylic acid cycle, or Krebs cycle, with some enzymes of the pathway being preserved in certain species, such as *S. mutans* and *S. gordonii*, and none present in species such as *S. pyogenes* or *S. pneumoniae*. Because metabolites of the tricarboxylic acid cycle are often precursors required for amino acid biosynthesis, it follows that varying degrees of amino acid auxotrophy exist for different streptococcal species. Another outcome of this reductive evolution is the fact that streptococci did not maintain a functional Entner-Doudoroff pathway, an alternative pathway that utilizes glucose-6-phosphate (glucose-6-P) to generate pyruvate through a series of enzymatic reactions that are distinct from glycolysis. Also, many species lack a complete pentose phosphate pathway (38), which represents a parallel process to glycolysis as glucose-6-P is oxidized and then decarboxylated into a five-carbon product, ribulose-5-phosphate (ribulose-5-P), yielding the important reducing equivalent, NADPH. Further metabolism of ribulose-5-P by the nonoxidative phase creates precursors for biosynthesis of nucleic acids, histidine, and aromatic amino acids. In bacteria lacking the oxidative phase of the pentose phosphate pathway (e.g., *S. mutans*), alternative reactions and enzymes (e.g., NADP⁺-dependent glyceraldehyde-3-phosphate dehydrogenase or GapN) exist to compensate for the generation of both nucleotides and NADPH (39).

In contrast to these reductive evolutions, streptococci have maintained a significant arsenal of carbohydrate-uptake mechanisms, proteins, and enzymes of the sugar:phosphotransferase system (PTS) (40, 41) and the ATP-binding cassette transporter family (42). The PTS consists of two general enzymes, enzyme I and a phospho-carrier protein, HPr, and a series of multi-domain, membrane-associated, substrate-specific sugar transporters called enzyme II. Using phosphoenolpyruvate as an energy source, enzyme I and HPr initiate a cascade of phospho-relay reactions that funnels phosphoryl groups, via various enzyme IIs, onto incoming carbohydrates (40) (Fig. 3). Recent sequencing projects of streptococci have uncovered large portions of these genomes as predicted carbohydrate transporters, many of which are apparent products of horizontal gene transfer and have origins in related bacterial species (43–45). Together, these transporters allow metabolic flexi-

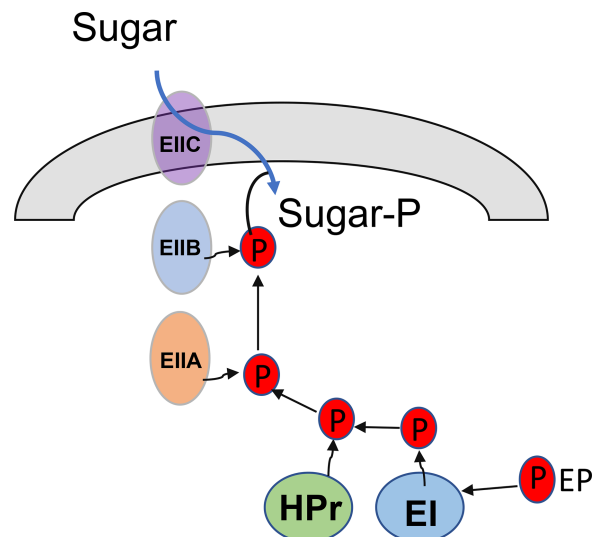


FIGURE 3 Simplified schematic of the phosphoenolpyruvate sugar:phosphotransferase system. EI, enzyme I; EII, enzyme II; P, phosphate; PEP, phosphoenolpyruvate.

bility when glucose, the preferred energy source for most streptococci, is not available. A major coordinator of these processes is the global regulator CcpA (catabolite control protein A). CcpA oversees carbon catabolite repression, a regulatory mechanism by which enzymes associated with catabolism of nonpreferred energy sources are repressed until glucose is no longer available (46, 47). When glucose is abundant, the co-factor HPr becomes phosphorylated at a serine residue. In association with this phosphorylated cofactor HPr (Ser-P), CcpA binds to the catabolite response element (*cre*) within the promoter region of a target gene to influence transcription (46). In addition to overseeing carbohydrate metabolism, CcpA has been associated with expression of virulence factors in streptococci (48–50). Notably, it has been demonstrated in some streptococci, e.g., *S. mutans*, *S. pyogenes*, and *S. pneumoniae*, that substrate-specific, CcpA-independent carbon catabolite repression plays profound roles in controlling carbohydrate prioritization and virulence expression (see references 51–55). Therefore, it appears that interactions among streptococci and with their host environment have shaped these bacteria for a successful lifestyle that specializes in carbohydrate catabolism and environment acidification. As such, infectious diseases and virulence associated with streptococci are often heavily dependent on their metabolic activities and, consequently, their ecological relationships with commensal bacteria in each particular biofilm environment (45, 50, 56).

MECHANISMS OF COLONIZATION

As important primary colonizers of the mouth, oral streptococci possess multiple high-affinity adhesins that mediate initial binding to tooth surfaces via interactions with substrates in the acquired salivary pellicle, including albumin, proline-rich proteins, glycoproteins, mucins, and sialic acid. Bacterial extracellular polysaccharides and extracellular DNA are major constituents of the plaque biofilm matrices whose production is triggered by bacterial adherence (57, 58). These macromolecules further facilitate bacterial colonization and accumulation of multicellular clusters. Salivary amylase also appears to play a role in bacterial colonization of mammalian oral surfaces since amylase-binding bacteria (such as *S. mitis*, *S. gordonii*, *S. salivarius*, and *Streptococcus cristatus*) were found to colonize only hosts with salivary amylase activity (59). Late colonizers, both Gram-positive and Gram-negative species, build upon the initial streptococcal foundation through a series of coaggregation and coadhesion events until a mature plaque is achieved within any given individual (60). Once established, the plaque community is relatively stable, and under healthy conditions, the different species in the community exist in homeostasis.

Colonization, as well as accumulation of oral streptococci on hard and soft tissue surfaces, is guided by a series of adhesin-receptor interactions and regulated in response to environmental cues, including the presence of other microbial species (61). The antigen I/II family of adhesins (SpaP, P1, PAc, SspA, SspB) is shared by most oral as well as several of the pyogenic streptococci (62). These proteins mediate binding to multiple host proteins, with the salivary glycoprotein gp340 (DMBT1) being the most widely studied. *S. gordonii* possesses two paralogs of antigen I/II, SspA and SspB, although the purpose for this duplication is not known (63). Notably, *S. gordonii* is a master of adherence and possesses numerous adhesive structures. Among them, GspB and Hsa are serine-rich repeat (Srr) glycoproteins that bind to sialylated glycans present on the soluble human salivary mucin MG2/MUC7, a component of the mucosal pellicle (64), and the platelet glycoprotein GPIb (65, 66). Srr proteins are important for biofilm formation and have been identified in many other oral streptococci, including Fap1 of *S. parasanguinis* (67) and *S. oralis* (68), SrpA of *S. sanguinis* (69) and *S. cristatus* (70), and SrpA, B, and C of *S. salivarius* (71). Interestingly, Srr homologs are not present in the caries pathogen *S. mutans*. Genes encoding Srr family proteins are located within tightly coordinated genetic loci that also encode proteins that mediate their glycosylation, acetylation,

and export (72–74). Notably, instead of the general secretion machinery utilized for other surface proteins, an alternative secretion system including SecA2 and SecY2 is dedicated to the translocation of this family of serine-rich proteins (67, 75). In addition, CshA of *S. gordonii* and CshA-like proteins of *S. oralis* and *S. sanguinis* are multifunctional fibrillar adhesins that bind to multiple host proteins, including fibronectin, and to other microorganisms (76, 77).

As detailed, production of extracellular glucans via the glucosyltransferases GtfB, GtfC, and GtfD is well known to facilitate adhesion of *S. mutans* to saliva-coated tooth surfaces (78). Secreted *S. mutans* Gtfs bind to the salivary pellicle and to other organisms, facilitating the recruitment of oral microorganisms to the dental biofilm. Although some other oral streptococci also express Gtfs, these enzymes have not been extensively studied like the Gtfs of *S. mutans*. A Gtf-negative mutant of *S. gordonii* showed diminished persistence on the teeth of sucrose-fed rats, although initial colonization was not affected (79). In addition, deletion of the single *gtf* gene of *S. gordonii*, *gtfG*, impacted its ability to form mixed biofilms with *Candida albicans* (80). *S. sanguinis* also produces water-soluble glucans from sucrose through a Gtf enzyme called GtfP. Its biofilm formation in monoculture in the presence of sucrose was significantly decreased upon inactivation of *gtfP* in *S. sanguinis*, although little effect on biofilm production was observed when the mutant strain was cocultured with other oral streptococcal species (81). Additional studies are necessary to firmly establish the contribution of Gtfs from non-*S. mutans* oral streptococci to oral colonization and biofilm assembly *in vivo*.

BETWEEN GOOD AND EVIL: WHEN THINGS GO WRONG

Dental caries, or simply cavities, is a multifactorial disease in which a carbohydrate-rich diet and the oral microbial composition play key roles in the development and progression of the disease. The common main culprits associated with dental caries are two species from the mutans streptococci group, *S. mutans* and *Streptococcus sobrinus*, but other organisms can also be involved in the process, because caries-active subjects have been identified that do not harbor *S. mutans* or *S. sobrinus*. In healthy subjects, there is a balance between the numbers of cariogenic bacteria and noncariogenic commensal species, with the latter keeping the cariogenic population in check through the production of alkali, hydrogen peroxide, or other inhibitory sub-

stances. However, frequent exposure to dietary carbohydrates creates a dysbiotic environment, in which the generation of organic acids such as lactic acid as fermentation by-products allows *S. mutans* and other aciduric species to outcompete less acid-tolerant commensal bacteria present in the dental plaque. Eventually, the repetitive acidification of environmental pH below the critical point (pH 5.5) leads to enamel demineralization and consequent cavitation of the tooth surface.

The distribution of oral streptococcal species differs within various ecological niches of the oral cavity (82). The mitis and sanguinis groups, including *S. oralis*, *S. mitis*, *S. gordonii*, and *S. sanguinis*, are the primary colonizers of the tooth surface and are commonly considered commensals, although all have been implicated in cases of infective endocarditis. Oral bacteria can reach the bloodstream not only during invasive procedures such as dental extractions and oral surgery but also after simple daily activities such as mastication, brushing, and flossing. Fortunately, our immune surveillance readily clears these bacteria from the bloodstream in a process that can take just a few seconds. However, in the rare occasions when these organisms successfully avoid the immune surveillance and cause systemic disease, interactions with platelets are especially important during the pathogenic process of infective endocarditis. Platelet binding by *S. mitis* was reported to be higher in strains that produce fewer exopolysaccharides, whereas high exopolysaccharide producers demonstrated less platelet aggregation (83). Another primary colonizer of the tooth surface that can cause transient bacteremia and endocarditis is *S. parasanguinis*. Its dual-function lipoprotein FimA participates in both metal transport (84) and adherence to fibrin, critical for vegetation formation on damaged heart tissue (85).

THE GOOD STREPTOCOCCI: COMMENSAL ORAL FLORA

In the human mouth, most microorganisms are embedded within a complex extracellular matrix known as biofilm or plaque (86). In a healthy individual, the oral biofilm is dominated by bacteria that are commensal in nature, engaging the host immunity in an intricate dialog that maintains a homeostasis integral to human health. Significantly, the commensal communities afford the host additional benefits by fending off pathogenic species. Dental health is often associated with a greater proportion of commensals with beneficial properties that include *S. gordonii*, *S. sanguinis*, and *S. parasanguinis*, some of which can cause opportunistic diseases at

different body sites as discussed above, but in the mouth, their presence is generally associated with lower proportions of cariogenic *S. mutans* and oral health. In the case of dental caries, repetitive exposures to acidic pH values, reduced salivary flow, and a diet rich in fermentable carbohydrates are the known triggers of dysbiosis in dental plaque, tilting the balance toward acidogenic and aciduric populations (87). Here, we discuss a few mechanisms that are critical to understanding the antagonism between the commensal streptococci and dental pathogens: (i) production and neutralization of acids, (ii) generation of hydrogen peroxide (H_2O_2) that inhibits the persistence of *S. mutans*, and (iii) production and secretion of antimicrobial compounds.

Acid is the driving force behind dental caries, but pH in dental plaque is modulated in a complex way by the buffering capacities of salivary secretions, bacterial cells, certain foods, and the metabolic products of the microbiota. As previously mentioned, commensal streptococci are early colonizers of the oral cavity and play pivotal roles in moderating biofilm acidification by, among other things, generating large amounts of alkali from salivary and dietary substrates. A primary route for alkali generation by oral streptococci is the arginine deiminase system (ADS), which consists minimally of three enzymes: arginine deiminase, a catabolic ornithine transcarbamylase (cOTC), and a catabolic carbamate kinase (cCK). The ADS acts on free arginine to generate one molecule of ornithine and CO_2 plus two molecules of ammonia, with the concomitant production of ATP (88). Although free arginine is found in micromolar concentrations in ductal saliva, it is abundant in salivary proteins and peptides (89). The pH-modulating effects of ammonia production benefit the commensals and other species that are generally less aciduric, or overtly acid sensitive. Another well-characterized alkali-generating mechanism is the urease system identified in *S. salivarius*, a three-part enzyme complex and a set of accessory proteins that break down urea to release ammonia and CO_2 . The urease system could have considerable impact on oral bacterial ecology, given the millimolar concentration of urea present in saliva and gingival crevicular fluids. Of note, subjects with chronic renal failure, who secrete 10-fold more urea in saliva than normal individuals, rarely developed dental caries despite being on a carbohydrate-rich diet (90, 91).

Importantly, there are multiple reasons to believe that the ADS and arginine both have a potent influence on the promotion of a microbiota that is less cariogenic and

that prevents caries pathogens from emerging in substantial numbers. In a mixed-species biofilm model containing arginine in the growth medium that included *S. mutans* and *S. gordonii*, activities of ADS provided a two-fold beneficial impact: they promoted the dominance of commensals and disrupted the biofilm matrix of *S. mutans* by interfering with exopolysaccharide production (92). Multiple clinical studies involving both children and adults support that arginine and elevated ADS levels are correlated with dental health, whereas low ADS activity appears to be strongly associated with active disease (35, 93–95). As a result, arginine has been incorporated into oral health products around the globe to promote oral health.

A second strategy employed by oral commensal streptococci to achieve a competitive advantage over oral pathogens is the generation of hydrogen peroxide (H_2O_2), which inhibits the growth of *S. mutans*, the periodontal pathogen *P. gingivalis* (96), and other oral pathogens. Among the known peroxigenic commensals, which include *S. oralis*, *S. mitis*, *S. sanguinis*, *S. gordonii*, and *Streptococcus oligofermentans*, there are multiple enzymatic pathways for the generation of H_2O_2 . A dominant mechanism in dental biofilms appears to involve the enzyme pyruvate oxidase (Pox, encoded by *spxB*), which is present in many abundant commensal streptococci. Pox catalyzes the conversion of pyruvate and inorganic phosphate to H_2O_2 , CO_2 , and acetyl phosphate in the presence of oxygen. Thus, not only does the commensal gain a competitive advantage over H_2O_2 -sensitive pathogens, but also, the acetyl phosphate provides a bioenergetics benefit as it is further metabolized, via acetate kinase, to acetate with the production of ATP. Moreover, the production of CO_2 contributes to some unknown degree the overall buffering capacity of the biofilm (97–99).

The H_2O_2 -generating enzymes lactate oxidase (100, 101), L-amino acid oxidase (102, 103), and NADH oxidase are also present in some commensal oral streptococci. A lactate oxidase enzyme has been identified in *S. oligofermentans* that is capable of utilizing the lactic acid generated by the glycolytic activities of lactic acid bacteria to yield pyruvate and H_2O_2 , which has the added benefit of removing a strong acid (lactate) from the environment. *S. oligofermentans* also encodes a Pox enzyme, but there is evidence to suggest that these enzymes may not work synergistically because of the way the genes are regulated (100). Notably, in *S. gordonii* and *S. sanguinis*, expression of *spxB* is sensitive to carbon catabolite repression by preferred carbohydrates such as glucose (104). Thus, it remains to be determined

to what degree H_2O_2 production by Pox and other enzyme systems is active under conditions that are conducive to the formation of caries, i.e., when the host is consuming large quantities of readily metabolizable sugars. Likewise, since mature dental biofilms tend to be depleted for oxygen and have a low redox potential, Pox and other systems may exert their benefit primarily in the early phases of dental plaque development and have a more potent influence on the establishment of caries pathogens, whereas other pathways for competition become essential in more mature biofilms.

More recently, another mechanism whereby commensals may specifically affect the fitness of *S. mutans* has come to light. Most isolates of *S. mutans* carry the ComDE two-component system, which is required for the activation of transcription of a number of genes encoding lantibiotic and nonlantibiotic bacteriocins, small peptides that exhibit antimicrobial activity against other species. ComDE depends on a quorum sensing peptide, competence-stimulating peptide (CSP), for activity (105). *S. gordonii* DL-1 produces a protease, designated as challisin, which is able to degrade CSP and block the activation of bacteriocin gene expression by *S. mutans* (106). Interestingly, *Streptococcus* A12, a recently identified commensal with multiple strategies to interfere with *S. mutans* (105), also produces a challisin-like protease with similar activities against CSP and the ability to interfere with exopolysaccharide production by *S. mutans*. Notably, A12 can also block a second peptide-dependent signaling pathway (XIP-ComRS) that is highly conserved in *S. mutans* (105).

CONCLUDING REMARKS

As our understanding of oral infectious diseases evolves toward a multimicrobial, dysbiosis-based perspective, the field of oral microbiology has embraced a more holistic approach, exemplified by significant enhancements in our knowledge of molecular mechanisms underlying the physiological and ecological shifts that control the composition and activities of the microbiome in health and disease. Nevertheless, the metabolic plasticity, the ability to colonize multiple oral surfaces, and the production of inhibitory substances make oral streptococci key players in oral homeostasis and disease.

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