

Efficacy of Antenatal Intravenous Immunoglobulin Treatment in Pregnancies at High Risk due to Alloimmunization to Red Blood Cells

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Keywords

Intravenous immunoglobulins · Pregnancy ·
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Summary

Background: Alloimmunization to red blood cells (RBCs) may result in fetal anemia prior to 20 weeks gestation. The question as to whether early commencement of antenatal treatment with high-dose intravenous immunoglobulins (IVIg) may prevent or at least delay the development of fetal anemia in the presence of alloantibodies to RBCs is highly relevant. **Patients and Results:** Here we describe a patient with high-titer anti-K and two other severely affected pregnant women with a history of recurrent pregnancy loss due to high-titer anti-D or anti-D plus anti-C. Early commencement of treatment with IVIg (1 g/kg/week) resulted in prevention of intrauterine transfusion (IUT) in the former two cases, and in a significant delay of development of fetal anemia in the remaining case (26 weeks gestation). **Conclusion:** Based on our findings and of previously published cases, early initiation of treatment of severely alloimmunized women with IVIg (1 g/kg/week) could potentially improve the outcome of fetuses at risk. © 2018 S. Karger GmbH, Freiburg

Introduction

The true extent of perinatal loss due to alloimmunization to RBCs is unknown. However in developed countries, 1:300 to 1:600 pregnancies are at risk for hemolytic disease of the fetus and new-

born (HDFN) due to RBC alloimmunization [1–5]. Approximately 30% of affected fetuses may require in utero or postnatal interventions with an estimated overall morbidity of 0.1% and a mortality rate of 0.002% [6]. While alloimmunization to RBCs has been reduced during the last five decades because of the administration of anti-D immunoprophylaxis to RhD-negative women and by Rhesus and Kell antigen-matched blood transfusion in women of childbearing age [7], prenatal loss due to uncontrolled immunization still represents a severe complication in perinatal health. In addition, more than 50 RBC antigens are now known to cause HDFN [8]. Specialized interventions to prevent clinically significant alloimmunization to the RBC RhD antigen as well as strategies for the management of all fetuses at risk of anemia have continued to improve over the last decades. These developments include the detection of the causative antibodies, the implementation of intra-peritoneal and later intravascular intrauterine blood transfusion (IUT) [9, 10], the diagnostic use of amniocentesis [11, 12], the introduction of anti-D prophylaxis [13], and, finally, the replacement of amniocentesis by the non-invasive Doppler ultrasound measurement of the fetal middle cerebral artery peak systolic velocity (MCA-PSV) [14–16].

Currently, the survival rate for alloimmunization to RBCs exceeds 80% in specialized centers all over the world [17–19]. However, IUT is not always possible and is potentially associated with morbidity and mortality, especially if performed before 20 weeks of gestation or in the presence of fetal hydrops [17, 20–26]. Overall, procedure-related complications and fetal loss rates are 1.2–4.9% and 0.6–1.6% per procedure, respectively [20, 27, 28]. Importantly, fetal loss increases threefold if IUT is performed before 20 weeks of gestation [29]. Therefore, the question concerning how to manage fetuses that may develop significant anemia before IUT becomes possible is warranted.

In this study, we describe three severely affected pregnancies, of which two resulted in live births without any intrauterine interventions and in one pregnancy in which IUT was postponed by early commencement of treatment with high-dose intravenous immunoglobulins (IVIg; 1 g/kg/week). A detailed discussion on the available literature using this treatment option since its introduction in 1965 is also provided [30].

Material and Methods

Serological testing was performed using standard gel techniques (Bio-Rad, Cressier sur Morat, Switzerland, or Grifols Deutschland GmbH, Frankfurt/M., Germany). Blood group antigens for Rhesus (D, C, E, c and e) and Kell (K and k) were determined by hemagglutination in gel cards using monoclonal reagents (BioRad or Grifols Deutschland GmbH).

Serum and eluate indirect antiglobulin tests (IAT) and direct antiglobulin test (DAT) were performed using polyspecific Ig cards. Eluate from the newborn's RBCs was prepared using the acid method (BAG, Lich, Germany). Antibody titrations were performed with maternal plasma collected prior to IVIG infusion. For comparison, the freshly obtained sample was diluted in saline and analyzed in parallel with the last tested sample by the IAT using the gel technique and commercially available test cells (Bio-Rad or Grifols Deutschland GmbH). Genotyping for KEL and for paternal RHD zygosity was performed after DNA extraction using PCR-SSP (BAG).

IVIg was administered weekly (1 g/kg); however, in one patient, the required dose was unable to be administered four times. Fetuses were monitored by ultrasound to confirm gestational age and by middle cerebral artery-peak systolic velocity (MCA-PSV) to monitor fetal hemoglobin (Hb).

Case Presentations and Results

Case 1

Case 1 was a 34-year old Caucasian woman who presented in her second pregnancy for monitoring of a newly diagnosed alloimmunization due to anti-K. The father's blood group was confirmed as KK. IVIg treatment was started at gestational week 14 and repeated assessment of MCA-PSV showed no signs of fetal anemia. The antibody titer for anti-K remained almost unchanged throughout the pregnancy (fig. 1).

After delivery, the DAT was strongly positive, and maternal anti-K antibody could be eluted from the neonate's RBCs. The child's blood group was determined as O Rh-positive, and Kk was confirmed by genotyping. The newborn had a Hb of 15.7 g/dl and a total bilirubin of 12.68 mg/dl; therefore, therapy for hyperbilirubinemia was not required. However, shortly after delivery, the Hb of the newborn gradually declined, with a nadir of 6.9 g/dl at the age of 7 weeks. As reticulocytes were within normal limits, the decline in Hb was most likely due to the known myelosuppressive effect of anti-K [31]. No therapy was administered. After a 2-week period, there was a spontaneous increase of Hb to 10.2 g/dl.

Case 2

Case 2 was a 36-year-old woman in her 10th pregnancy. She had only one live birth (1st pregnancy) and all other pregnancies were fatal. She had four stillbirths (one after and three before 37 weeks

of gestation), two miscarriages after 16 weeks of gestation, and two abortions. Anti-D was detected in her serum. Other abnormalities that may be associated with pregnancy loss were largely excluded. The last two pregnancies were in Germany, with the remaining pregnancies in Turkmenistan. The mother had been informed that her fetuses had an 'accumulation of fluid'. Since the father was confirmed to be homozygously D-positive, HDFN due to severe rhesus alloimmunization was the most likely cause for the previous fetal demise. Her anti-D titer was 2,048 during early pregnancy. She was commenced on high-dose IVIg at week 14 of pregnancy. Her anti-D titer remained almost unchanged during pregnancy (fig. 1). MCA-PSV was within normal limits throughout the entire pregnancy. At 35 + 5 weeks of gestation, labor was induced, and a healthy boy with a cord blood Hb of 15.2 g/dl was delivered. However, the newborn's DAT was strongly positive, and maternal anti-D could be eluted. The baby's blood group was O Rh-positive. Phototherapy was commenced immediately, but his Hb declined gradually after birth and bilirubin levels increased to a maximum 20.3 mg/dl. The newborn received three transfusions during the first 8 postnatal weeks due to significant anemia. His anemia could only be explained by anti-D and hemolysis.

Case 3

Case 3 was a 27-year-old woman from Syria, with a history of severe Rh alloimmunization: four of her children died shortly after birth (two after and two before 37 weeks of gestation), and she had one stillbirth at 20 weeks of gestation due to hydrops fetalis. She presented in her 6th pregnancy with a high anti-D titer (4,096) and, in addition, anti-C (titer 8). Her husband was confirmed to be homozygously D-positive. She was started on IVIg at gestational week 14, but only received 0.6 and 0.8 g/kg body weight until week 18. The MCA-PSV started to increase above the upper normal limit from gestational week 23. IUT was performed in the 28th week of gestation, but the fetus was already severely anemic and intrauterine death occurred a few hours after the procedure.

All three women had high antibody titers (>1:256) early in pregnancy. Both women with anti-D had a dramatic history of preterm perinatal mortality due to RBC alloimmunization. Serological details of all three patients, their partners, and the neonates of cases 1 and 2 are provided in table 1. IVIg was commenced at 14th week of gestation until delivery in cases 1 and 2, and until 28th week of gestation in case 3 (fig. 1). There were no side effects leading to the interruption of IVIg infusion.

Discussion

All three cases described in this report suffered from threatening perinatal loss. Indeed, two women also had a medical history of repeated perinatal loss. Although the medical history of the previous pregnancies was somewhat limited, especially in case 2, the clinical picture involving fetal hydrops, high-titer anti-D, and D homozygosity of the partners clearly indicates that HDFN was the most likely cause of fetal death. Despite their history, both women

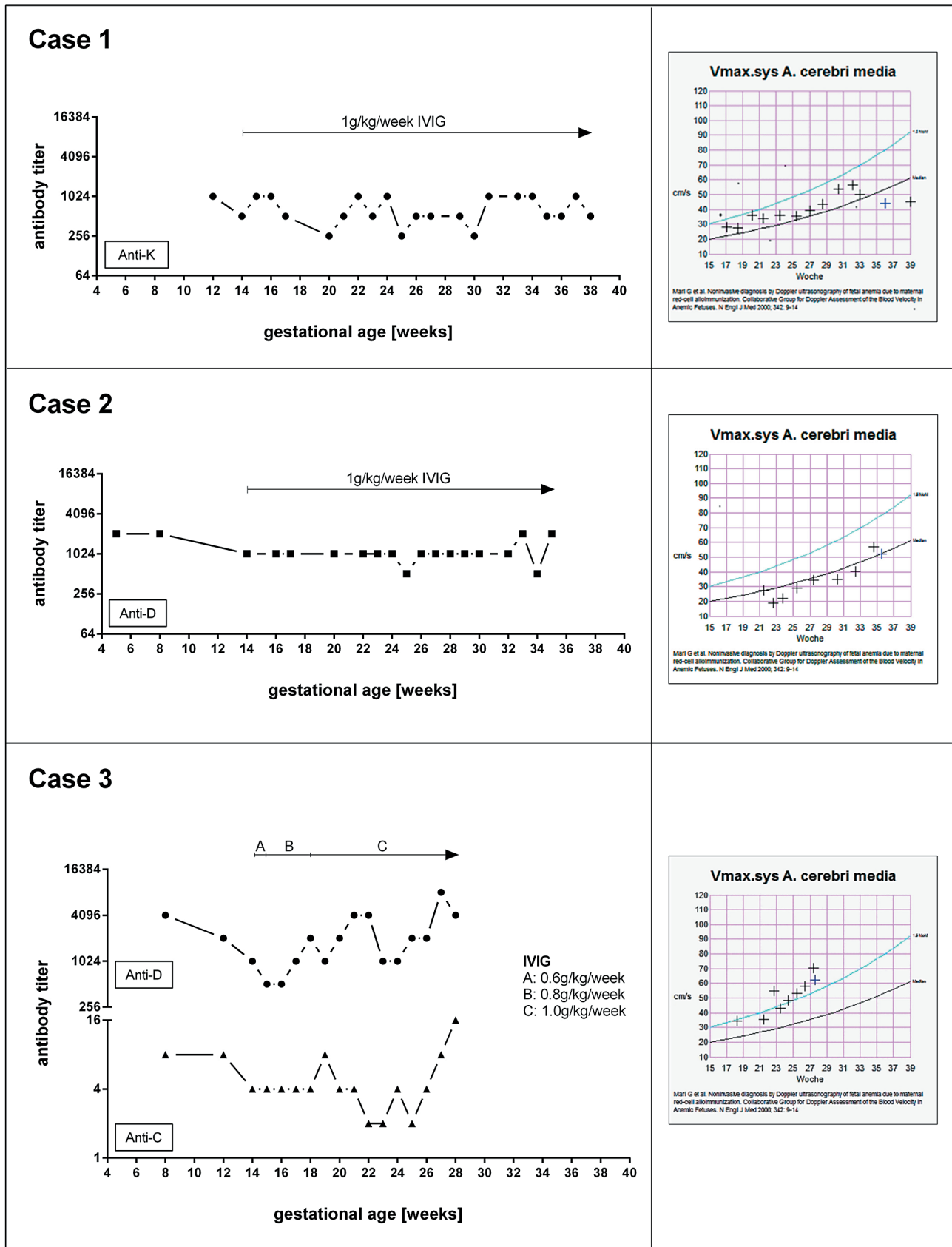


Fig. 1. Antibody titer and middle cerebral artery-peak systolic velocity (MCA-PSV) under administration of high-dose intravenous immunoglobulin.

Table 1. Serological findings in all 3 cases

Case no.	Mother		Father	Child		
	antibody	blood group	blood group	blood group	DAT	eluate
1	anti-K	kk (Kel-negative)	KK (Kel-positive, homozygous)	Kk (Kel-positive), heterozygous	4+	maternal anti-K
2	anti-D	RhD-negative	DD (RhD-positive, homozygous)	Dd (RhD-positive), heterozygous)	4+	maternal anti-D
3	anti-D, C	RhD-negative	DD (RhD-positive, homozygous)	n.t.	n.t.	n.t.

DAT =Polyspecific direct antigobulin test; n.t. = not tested.

had planned to become pregnant again. They were informed that their current pregnancies were associated with extremely high risks of perinatal loss. In such affected women, subsequent pregnancies are associated with a more severe disease outcome [32], Therefore, IVIG was considered as the most effective measure to prevent life-threatening HDFN.

In the first case, anti-K was detected in the second pregnancy. Therefore, the first pregnancy was not affected by HDFN. As anti-K may not only cause hemolysis but also suppression of fetal erythropoiesis [33], affected fetuses may develop severe anemia. Furthermore, Kell antigens are expressed on fetal RBCs as early as 10–11 weeks of gestation [34]. Hence, fetal anemia may occur before 20 weeks of gestation. In such cases, IUT is associated with high risks or may even be impossible. Following anti-D, the most severe HDFN is caused by anti-K [19]. In a population study from the Netherlands, Koelewijn et al. [1] found 26% of K-positive fetuses from mothers with anti-K suffered from severe HDFN, with 4 of 5 children requiring in utero intervention. In a study from the UK, severe or very severe disease occurred in 50% of the affected pregnancies [35]. Based on these facts, the presence of a markedly high antibody titer and a K homozygous partner, the fetus (case 3) was considered to be at high risk of HDFN, which might be minimized or prevented by IVIG therapy.

However, as this treatment is costly, most, if not all, health insurance companies refuse to cover such non-evidence-based treatments. Well-designed, controlled clinical trials in this cohort are potentially difficult not only due to the high costs but also as a result of moral and ethical challenges faced with implementing such randomized studies, therefore making such studies unlikely to be conducted and help in clinical care. There is, however, evidence that IVIG treatment may be useful in certain circumstances. Several case series and case reports indicate a beneficial role of IVIG, at least in delaying the development of significant anemia [36]. Admittedly, focusing on the reported cases in the literature, the administration of IVIG varied considerably and was inadequate due to low doses, delayed administration (after fetal anemia was already present), and/or inconsequent administration in a number of cases (table 2) [30, 37–57]. Only one study has shown that the administration of 1 g/kg/week in four women with anti-D did not appear to improve outcomes of affected fetuses [58]. Interestingly,

the aforementioned study demonstrated that IVIG was helpful in the management of a pregnant woman with anti-K. Furthermore, the authors report that IVIG treatment was commenced after demonstrating fetal anemia in two cases of the four described patients with anti-D. Of note, the remaining two fetuses received IUT during the very early stage of gestation (weeks 20 and 22, respectively). Most importantly, fetal blood samples were obtained from all affected fetuses on several occasions independent of anemia and IUT. Therefore, the worsening effect on alloimmunization and other side effects due to the used invasive procedures cannot be excluded. Ultimately, at that time, the MCA-PSV technique was not yet available, and the conclusion in the aforementioned study that IVIG does not appear to be useful in the treatment of severe Rh disease is, in our opinion, incorrect. Similarly, all studies performed before 2000 used invasive diagnostic measures to determine the severity of fetal anemia. At present, old techniques have been replaced by high-resolution ultrasound equipment and experienced perinatologists. In fact, all recent reports indicate an improvement in the outcome of treated patients with IVIG alone or in combination with plasmapheresis or immunoadsorption followed by IVIG administration. Well-designed studies should address whether the primary use of plasmapheresis is required to reduce antibody titers prior to treatment with IVIG.

Our recommendation to commence IVIG administration as early as possible in severely affected patients is supported by other authors who have postulated that the reason for the inconstant benefit of IVIG treatment might be related to the delayed commencement of therapy. Optimal treatment should start before 13 weeks of gestation, when significant placental transfer of IgG from maternal to fetal circulation begins [59]. Administration of the required dose without interruption appears to play a key role in preventing the development of anemia. Although the optimal dose of IVIG is unknown, adapting from its use in maternal platelet immunization a dose of 1 g/kg per week appears to be reasonable [60]. Case 3 did not receive the required dose on four occasions during the observation period (fig. 1).

Based on our experience, routine control of antibody titers are highly valuable as a complementary measure to MCA-PSV. A significant correlation between both parameters was observed in all three patients. However, serological testing should be performed

Table 2. Case series and case reports of maternal administration of IVIG alone or in combination with plasmapheresis

Year [ref.]	n	ab (n)	Mortality in sibling(s), n (%) ^a	Treatment	Treatment period	Dose IVIG	Frequency IVIG	Fetal intervention	Perinatal outcome	Mortality, n (%) ^b
1965 [30]	1	D	0	IVIG	starting near 8th month	increasing daily doses until reaching 72 g followed by 6.4 g every 2nd day	n.d.	none	alive	0
1988 [37]	2	D	2 (n.d.)	IVIG	24 weeks and 30 weeks to delivery	0.4 g/kg for 4 days	2 weekly	none	alive, 2 ET (1×/2×)	0
1988 [38]	1	D	7 (88)	IVIG	20 weeks	0.4 g/kg for 5 days	single dose	IUT (4× IV), 1 fetal IVIG	alive, ET (1×)	0
1990 [58]	5	D (4), K (1)	4 (57)	IVIG	15–27 weeks to delivery	1 g/kg	weekly	IUT in all cases (2–6× IP and/or IV), starting 20th–27th week	4/5 alive; 2 ET, 1 T	1 (20)
1990 [40]	3	D	2 (33)	PE at 25th week (n = 1), PE at 21th and 28th week (n = 1), PE at 25th and 30 week (n = 1) followed by IVIG	21–30 weeks	0.4 g/kg for 5 days	following each PE	none	3/3 alive, ET (1×)	0
1991 [41]	24	D	13 (54)	IVIG	<20 weeks (n = 8), 20–28 weeks (n = 7), >28 weeks (n = 9) to delivery	0.4 g/kg for 4–5 days	2 weekly	none	21/24 alive, 13 ET, 2 T, 1ET/T, 5 PT	3 (13)
1995 [42]	6	D	n.d.	IVIG	>22 weeks	100 g (during 4–5 days)	single dose, repeated after 6 weeks if necessary	none	n.d.	n.d.
1996 [43]	6	D	7 (n.d.)	IVIG	13–18 weeks until 1st IUT or to delivery	0.1 g/kg	3–4 weekly	2 IUT (1×/ 2× IV)	6/6 alive, 6 ET (1–3×)	0
1997 [44]	30	D	n.d.	IVIG	<20 weeks to delivery	0.4 g/kg for 5 days	every 15–21 days	IUT in all cases (1–4×), starting >20th week	22/30 alive; 10 ET	6 (20)
1997 [45]	1	D	2 (67)	IVIG	14 weeks to delivery	1 g/kg	weekly	IUT (2× IP, 6× IV), starting 21th week	alive, ET (1×), PT	0
2001 [46]	2	PP1Pk (1) 7 (100)	20 (55) in peer group (IUT only)	PE 3–5 times/week (total 63 PE) followed by IVIG	8 weeks to delivery	90 g (8th–22th week), 100 g × 2 (≥23th week)	weekly (8th–22th week), 3 weekly (>23th week)	none	alive, IVIG	0
		K (1)	2 (100)	PE 3–4 times/week followed by IVIG	16 weeks to delivery	85 g × 2	2 weekly (16th–18th week), 3 weekly (>21th week)	none	alive, IVIG	0
2006 [47]	1	DC	2 (100) IVIG alone	PE 3 times/week (total 53 PE) followed by IVIG	12 weeks to delivery	100 g	weekly after plasma exchange	2 IUT (26th and 27th week)	alive, ET (2×), PT	0

Table 2 continued on next page

Table 2. Continued

Year [ref.]	n	ab (n)	Mortality in sibling(s), n (%) [*]	Treatment	Treatment period	Dose IVIG	Frequency IVIG	Fetal intervention	Perinatal outcome	Mortality, n (%) ^{<†}
2007 [48]	9	D (5), K (4)	7 (78)	PE 3 times on initial presentation followed by IVIG	≥6 weeks up to 30 w	1 g/kg (loading dose 2 g/kg)	weekly (total 5–18 IVIG)	IUT in all fetuses (starting 18th–28th week)	9/9 alive, 5 T, 2 PT	0
2008 [49]	1	DC	0**	PE 3 times on initial presentation followed by IVIG	17 weeks to delivery	1 g/kg	weekly	none	alive	0
2008 [50]	4	D (2), DC (1), K (1)	4 (66)	IVIG in 4 of a total of 6 pregnancies	15–16 weeks until 1st IUT (IV) possible	0.8 g/kg	weekly	IUT in all cases (3–4× IP, starting 16th–17th week, followed by 4–5× IV, starting 21th–24th week)	5/5 alive (1 twin pregnancy) in the IVIG group; overall 6/7 alive	1 (14)
2009 [51]	6	DC (3), DCE (1), K (1), c (1)	4 (7)	IVIG	8–12 weeks to delivery	1 g/kg	weekly	IUT in all cases (1–9× IP and/or IV), starting 15th–29th week	alive	0
2011 [52]	1	DC	1 (n.d.)	PE 6 times (15th, 27th, 29th, 31th, 32th week) + IVIG	15–32 weeks	0.4 g/kg for 5 days	single dose following 1st PE	IUT (IV) at 32th week	alive, ET (3×)	0
2014 [53]	1	D	0**	PE 6 times at 28 weeks followed by IVIG	28–30 weeks	1 g/kg	2 doses (28th and 30th week)	none	alive	0
2014 [54]	1	DCE	n.a.	PE 4 times (12th, 13th, 14th week) followed by IVIG	12 weeks (PE), 13 weeks (IVIG) up to 28 weeks	1 g/kg (loading dose 2 g/kg)	weekly	none	alive, ET (1×), IVIG	0
2015 [55]	1	DC	1 (n.d.)	PE 6 times (over 2 weeks), followed by IVIG	12 weeks (PE), 14 weeks (IVIG) to delivery	1 g/kg	weekly	6 IUT (IV), 23th–34th week	alive, PT	0
2017 [56]	1	D	2 (100)	PE 3 times/week, IA 2–4 sessions daily followed by IVIG (total of 7 cycles)	8–12 weeks (PE), 13 weeks (IA + IVIG) to delivery	2 g/kg	3 weekly	IUT (30 weeks)	alive, ET (1×), T (2×), IVIG, PT	0
2018 [57]	5	D (3), DK (1), K (1)	6 (75)	PE 3 times/week, followed by IVIG	10–13 weeks (PE), 10–13 weeks (IVIG) until 1st IUT	1g/kg (loading dose 2g/kg)	weekly	IUT in all cases (4–7×), starting 21th–27th week	5/5 alive, PT (x 1), T (x 1)	0

ab = Antibody; IUT = intrauterine transfusion; IP = intraperitoneal; IV = intravenous; PE = phototherapy; PT = plasma exchange; T = simple transfusion; PT = phototherapy; PE = plasma exchange; IA = immunoadsorption; n.d. = no data; n.a. = not applicable (no previous pregnancy at risk due to alloimmunization).

*Fetal death in preceding pregnancies at risk due to RBC alloimmunization.

**History of HDEN in previous pregnancy, but no fetal death reported.

†Mortality after intervention (IVIG alone or in combination with plasmapheresis).

under identical conditions during observation, i.e., using the same technique and well-defined RBCs. Nevertheless, the diagnostic value of antibody titers remains questionable. The correlation between antibody titer and the degree of severity of anemia is more superior in anti-D than in anti-K [35, 61]. As mentioned above, the later antibody may cause severe HDFN, even at low titers.

The true mode of action of IVIG on different diseases including HDFN is unclear. The following mechanisms may be involved: i) downregulation of the maternal immune response, e.g., by increasing suppressor T-cell function, resulting in the inhibition of maternal antibody synthesis; ii) reduction of antibody transport across the placenta by competitive blocking of Fc receptors; iii) competitive blockage of the Fc receptors in the reticuloendothelial system, thereby decreasing phagocytosis of antibody-coated fetal RBCs [37, 39, 42, 45]; and iv) IVIG may bind to maternal antibodies or enhance their dissociation from antigenic components [62]. Interestingly, both live fetuses developed significant anemia, and blood transfusion was required postpartum in case 2. The phenomenon that neonates with HDFN may have prolonged anemia for several weeks postpartum can be explained by continuous hemolysis due to maternal antibodies and by suppressed erythropoiesis [63, 64]. A possible explanation for the development of anemia after birth, despite pretreatment with IVIG, may be related to the reduction of IVIG concentration and thereby its efficacy. The question that remains to be answered is whether or not the half-life of IVIG is shorter than that of the maternal alloantibody in neonates. If this is the case, this may be explained by the saturation of the FcRn receptor, which is responsible for antibody recycling by endothelial or myeloid cells, thereby reducing the IgG catabolism [65, 66]. How-

ever, it remains speculative whether competitive binding of exogenous IVIG and immune maternal antibodies may result in reduced half-life of the former antibodies. Ultimately, alloantibodies are, at least in part, fixed on fetal RBCs and might be degraded by an alternative mechanism to that operating by free antibodies in IVIG.

Several reports have addressed whether IVIG should be administered to fetuses rather than to the affected mother [67–69]. We believe that the results obtained from these studies are inconclusive. Similarly, treatment of affected neonates with IVIG does not appear encouraging [70–72].

Finally, intraperitoneal blood transfusion may be considered in cases where intravascular transfusion is difficult or even impossible, i.e., IUT prior to 20 weeks of gestation. Unfortunately, the delayed IUT in case 3 was primarily related to technical difficulties and maternal obesity. In this case, perinatal loss may have been prevented, if the fetus would have received peritoneal blood transfusion before the occurrence of fetal hydrops.

In summary, our data agree with previously reported cases and suggest the versatility of early IVIG administration as an adjuvant therapy. Compared to historical controls of previous studies, IVIG alone or in combination with plasmapheresis appears to improve fetal outcome and delay or decrease the need for perinatal blood transfusion. However, these promising results should be substantiated in further prospective and ideally multicentric studies.

Disclosure Statement

The authors declare no conflict of interest.

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