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The on-fibrillation-pathway membrane content leakage and off-fibrillation-pathway lipid mixing induced by 40-residue β -amyloid peptides in biologically relevant model liposomes★

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Abstract

Disruption of the synaptic plasma membrane (SPM) induced by the aggregation of β -amyloid ($A\beta$) peptides has been considered as a potential mechanism for the neurotoxicity of $A\beta$ in Alzheimer's disease (AD). However, the molecular basis of such membrane disruption process remains unclear, mainly because of the severe systematic heterogeneity problem that prevents the high-resolution studies. Our previous studies using a two-component phosphatidylcholine (PC)/phosphatidylglycerol (PG) model liposome showed the presence of $A\beta$ -induced membrane disruptions that were either on the pathway or off the pathway of fibril formation. The present study focuses on a more biologically relevant model membrane with compositions that mimic the outer leaflet of SPMs. The main findings are: (1) the two competing membrane disruption effects discovered in PC/PG liposomes and their general peptide-to-lipid-molar-ratio dependence persist in the more complicated membrane models; (2) the SPM-mimic membrane promotes the formation of certain "on-fibrillation-pathway" intermediates with higher α -helical structural population, which lead to more rapid and significant of membrane content leakage; (3) although the "on-fibrillation-pathway" intermediate structures show dependence on membrane compositions, there seems to be a common final fibril structure grown from different liposomes, suggesting that there may be a predominant fibril structure for 40-residue $A\beta$ (i.e. $A\beta$ 40) peptides in biologically-relevant membranes. This article is part of a Special Issue entitled: Protein Aggregation and Misfolding at the Cell Membrane Interface edited by Ayyalusamy Ramamoorthy.

Keywords

β -Amyloid peptides; Membrane disruption; Fibrillation; Solid-state nuclear magnetic resonance; spectroscopy

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Transparency document

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.bbamem.2018.03.008>.

1. Introduction

The main hypothesis for the pathology of Alzheimer's disease (AD), known as the amyloid cascade hypothesis (ACH), has been challenged over the past few years because of a number of current failures in the anti-amyloid drug developments [1–4]. Several types of drugs, including the active and/or passive antibodies for the β -amyloid ($A\beta$) aggregates and inhibitors for β/γ -secretases and co-factors, have shown only mild effects on the progression of the disease [2]. However, it is worth noting that some of these drugs, such as Bapineuzumab and Semagacestat, did reduce the production of $A\beta$ or clear the existing $A\beta$ plaques in early-phase clinic tests [3,5]. Therefore, it is prompt to address the question about the correlation between the aggregation of $A\beta$ and the downstream consequences such as the disruption of neuronal cells, i.e. the molecular basis of the neurotoxicity of $A\beta$ peptides.

Cellular membrane disruption induced by the aggregation of $A\beta$ has been considered widely as a main neurotoxicity mechanism [6–9]. Particularly, the disruption of synaptic plasma membranes (SPMs) is thought to be highly biologically relevant, because the synaptic loss correlates strongly to the levels of cognitive decline and dementia in AD [10]. However, it remains a major challenge to understand the mechanistic details, and particularly the molecular basis, of the $A\beta$ -induced membrane disruption because the model systems that are typically utilized for such mechanistic studies possess severe heterogeneity [11,12]. Aggregation of $A\beta$ peptides may lead to the formation of multiple intermediates, which can be either on or off the pathway of fibrillation, and all intermediates may interact with membranes and result in multiple disruption pathways. The original ACH mainly focused on the fibrillation pathway, which may be insufficient to explain the neuronal toxicity. It has been recognized recently that the spherical $A\beta$ oligomers, which are generally considered to be off the fibrillation pathway, might possess higher levels of neurotoxicity [13–18]. Therefore, such systematic heterogeneity can be biologically significant in the neurotoxicity mechanisms of $A\beta$. On the other hand, the heterogeneity also hinders the application of high resolution techniques such as the solid-state nuclear magnetic resonance (ssNMR) spectroscopy, which potentially serves as a highly suitable technique to probe the detailed molecular basis of $A\beta$ aggregation and membrane interactions [19–21]. Therefore, it is necessary to reduce the heterogeneity so that individual membrane disruption effects can be studied in separated, well-controlled model systems.

There have been a large number of studies on the $A\beta$ -induced membrane disruption mechanisms using model liposomes over the past decades [12,22]. Overall, these studies may be categorized by their approaches to generate model systems. The first category involves the addition of $A\beta$ peptides into pre-formed liposomes, usually the large unilamellar vesicles (LUVs). In these studies, the peptides were usually treated before usage to remove any pre-existed large oligomers. Therefore, the initial states of $A\beta$ peptides in these works could be considered as monomer or low-order oligomers. Fibrillation was typically reported in such systems when the initial $A\beta$ concentrations were equal or higher than $\sim 10 \mu\text{M}$ [23–28]. One recent single-molecular imaging study utilized sub- μM $A\beta$ concentration and reported formation of small oligomers on membrane surfaces with restricted mobility, which might represent the nucleation step of $A\beta$ in membrane-related environments [29]. A variety of membrane disruption effects have been observed in these

model systems, including the leakage of liposome content [23,30], changes in membrane curvatures [31], lipid uptake [32] and vesicle fusion [33,34]. There may be a mixture of several different membrane disruption effects in a particular system.

The second category of model systems are usually generated with pre-formed large A β oligomers in liposomes, where the initial peptide concentrations were higher than the previous model systems (i.e. ~ 100 μ M or higher). These oligomers typically showed spherical morphologies on transmission electron microscopy (TEM) and were considered to be off the pathway of fibril formation [14,35]. A major membrane disruption mechanism that has been proposed in such model systems was the formation of cation-selected ion channels, which was supported by previous atomic force microscopy (AFM), the Black Lipids Membrane (BLM) assays and computational modeling [36–39]. It has been considered that the formation of ion channel might serve as a common mechanism in different types of amyloid diseases. In addition to the ion channel hypothesis, it has also been reported that large A β oligomers had the ability to fragmentize the lipid bilayers through detergent-like mechanisms, where the oligomeric cores were surrounded and stabilized by lipids [30,32]. Recently, it was suggested that the two processes might occur in steps, where the ion channels formed initially, and membrane fragmentation was induced at later stages. Changes in certain membrane compositions such as the gangliosides populations may trigger the membrane fragmentation process [32].

We have recently showed the reduction of systematic heterogeneity using simple model liposomes with only the zwitterionic lipid 1-palmitoyl-2-oleoyl-sn-glycerol-3-phosphocholine (POPC) and the negatively charged 1-palmitoyl-2-oleoyl-sn-glycerol-3-phosphoglycerol (POPG) and 40-residue A β (A β 40) peptides [30]. Our results suggested three distinct membrane disruption effects, namely the leakage of liposome contents, the vesicle fusion and the membrane fragmentation, became predominant in individual model systems with well-controlled conditions. Our results indicated that the final structures of the A β 40 aggregates in these three model systems were homogeneous and distinguishable to the resolution of ssNMR measurements, which suggested that the systematic heterogeneity of A β 40-induced membrane disruption in POPC/POPG model liposomes could be reduced and the molecular basis (i.e. A β 40-membrane interactions) in individual model systems could be studied in high-resolution details. Within these three distinct membrane disruption pathways, the first two involved addition of the A β 40 peptides externally to liposomes, and the A β 40-to-lipid molar ratio played key roles in shifting the predominance of liposome content leakage and lipid mixing [34].

This work describes an expansion of such systematic studies of the competition between fibrillation-induced membrane content leakage and non-fibrillation-induced lipid mixing in model liposomes with more biologically relevant membrane compositions. We prepared model liposomes with lipid compositions that mimic the outer leaflet of synaptic plasma membranes [40,41], where the major membrane interactions may occur when the peptides were released from the neuronal cells after enzymatic cleavage. Different events upon the external addition of A β 40, such as the binding between peptides and membranes, the early-stage aggregation and membrane interactions, and the final-state A β 40 structures, are investigated with systematic changes in the A β 40-to-lipid molar ratios and membrane

compositions. Our results illustrate the distinct major membrane disruption effects that may occur both on and off the pathway of fibrillation with the externally added A β 40 peptides. The biologically relevant membrane compositions, such as cholesterol, sphingomyelin and gangliosides, seem to have more significant influences on the initial binding and early-stage peptide conformation/membrane interactions rather than the final fibril structures.

2. Experimental section

2.1. Peptide synthesis and purification

All A β 40 peptides, including the isotope-labeled and unlabeled sequences, were synthesized manually using routine Fmoc solid-phase peptide synthesis protocols. The crude products were cleaved from Valpre-loaded Wang resin using a mixture of trifluoroacetic acid/phenol/H₂O/1,2-ethanedithiol/thioanisole with volume ratio 9:0.5:1:0.5:0.25, purified using reversed-phase high-performance liquid chromatography (HPLC) with C18 reversed-phase columns, lyophilized and stored at -20°C until usage. For all experiments described below, the peptides were freshly-dissolved in dimethyl sulfoxide (DMSO) and quantified using a nanodrop ultraviolet-visible (UV-VIS) spectrometer before the addition to pre-formed liposomes.

2.2. Liposome preparation

Three model liposomes were studied in this work, and their compositions were: (1) 1,2-dimyristoyl-*sn*-glycerol-3-phosphocholine(DMPC)/ 1,2-dimyristoyl-*sn*-glycerol-3-phospho-L-serine (DMPS)/cholesterol with 1.5:0.3:0.5 molar ratio; (2) DMPC/DMPS/sphingomyelin/cholesterol with 1.5:0.3:1.0:0.5 molar ratio; and (3) DMPC/DMPS/sphingomyelin/cholesterol/ganglioside GM1 with 1.5:0.3:1.0:0.5:0.15 molar ratio. For the fluorescence lipid mixing assay, liposomes were prepared with additional 0.5 mol% 1,2-dipalmitoyl-*sn*-glycerol-3-phosphoethanolamine-*N*-(7-nitro-2,1,3-benzoxadiazol-4-yl) (NBD-DPPE) and 1 mol% 1,2-dipalmitoyl-*sn*-glycerol-3-phosphoethanolamine-*N*-(lissamine rhodamine B sulfonyl) (Rh-DPPE) relative to the total lipids. All liposomes were prepared by mixing the lipid/cholesterol components in chloroform, followed by the formation of dried lipid film under N₂ flow and high-vacuum desiccator, 10 cycles of freeze-thaw in 10 mM phosphate buffer (pH 7.4 with 0.01% NaN₃) using liquid N₂ and 50 $^{\circ}\text{C}$ water-bath and 30 cycles of extrusion with 200 nm poresize membranes.

2.3. Analytical HPLC quantification of the binding of A β 40 to membranes

A total 1.0 mL liposome solution was mixed with 20 μL A β 40 stock solution in DMSO. The initial concentration of A β 40 was kept at 10 μM for all HPLC quantifications and the A β 40-to-lipid molar ratios varied from 1:30, 1:60, 1:90 to 1:120 for individual samples. For one set of measurements, the mixture was briefly vortexed for 5 min and the liposomes were pelleted down using ultracentrifugation (432,000 Xg for 30 min at 4 $^{\circ}\text{C}$). For the other set of measurements, the mixture was vortexed and incubated quiescently at 37 $^{\circ}\text{C}$ for 4 h before ultracentrifugation. In both sets, supernatants were analyzed by HPLC with a reversed-phase C18 analytical-scale column and the linear H₂O-acetonitrile solvent gradient. The A β 40 elution peaks were quantified based on the integrals from a standard working curve from freshly-dissolved A β 40 in H₂O in the range of 0.5–10 μM .

2.4. Circular dichroism (CD) spectroscopy measurements

The CD measurements were applied on the re-suspended pellets from the ultracentrifugation described in the previous section (the HPLC quantification). The pellets (both with and without the 4-hour incubation) were re-suspended in 300 μL deionized H_2O , mixed thoroughly and loaded in a 0.1 cm Quartz CD cuvette. All spectra were collected at 20 $^\circ\text{C}$ and signal-averaged for 30 scans on a JASCO J-820 spectrophotometer, with the wavelength range 190–260 nm. All spectra were analyzed using CDPro package with the calibrated $\text{A}\beta 40$ concentrations from the previous HPLC measurements (i.e. $[\text{A}\beta 40]_{\text{pellet}} = 10 \mu\text{M} - [\text{A}\beta 40]_{\text{supernatant}}$).

2.5. Fluorescence kinetics assays

We applied three different fluorescence kinetics measurements, the calcein leakage assay, the thioflavin-T fibrillation assay and the lipid mixing assay, to investigate the kinetics of membrane content leakage, the $\text{A}\beta 40$ fibrillation and the vesicle fusion, respectively. The procedures and experimental details, such as the excitation and emission wavelengths and slits, have been described in details in our previous studies [30,34]. For the current work, each individual assay was applied to a group of 12 samples with a combination of 4 peptide-to-lipid molar ratios and 3 membrane compositions. All measurements were performed within a 4-hour quiescent incubation time period, which was consistent with the timescale used for HPLC quantification and CD analysis. For each measurement, a background fluorescence signal was collected and subtracted from the raw kinetic curve of the corresponding sample. A circulating water-bath was utilized to maintain a stable temperature at $37 \pm 3 \text{ }^\circ\text{C}$ during the measurements.

2.6. TEM imaging

The TEM images were collected for $\text{A}\beta 40$ -liposome samples with the peptide-to-lipid ratios 1:30 and 1:120, and with 4-hour and 7-day incubation time periods. All TEM samples were negatively stained with 2% uranyl acetate for ~ 30 s. The sample preparation for TEM imaging and instrument conditions have been provided in previous works [25].

2.7. Solid-state NMR spectroscopy

The ssNMR measurements were performed on a Bruker 600 MHz spectrometer installed with a 2.5 mm triple-resonance magic-angle-spinning (MAS) probe. All $\text{A}\beta 40$ -liposome samples utilized for ssNMR experiments were incubated at 37 $^\circ\text{C}$ for at least one week before ultracentrifugation. The pellets were lyophilized, packed into MAS rotors and re-hydrated before measurements. The sample temperature was kept at $\sim 5\text{--}10 \text{ }^\circ\text{C}$ using cooling N_2 and monitored throughout the experiments based on the H_2O ^1H chemical shifts. TEM imaging was applied before and after the ssNMR measurements to ensure that fibril morphologies were not changed (Fig. S1 in Supporting information).

The two-dimensional (2D) ^{13}C - ^{13}C spin-diffusion spectra were collected with radiofrequency-assisted diffusion (RAD) pulse sequence [42,43], starting from a 90 kHz ^1H $\pi/2$ pulse and a cross-polarization (CP) between ^1H and ^{13}C with ~ 60 kHz ^1H radiofrequency (rf) and ~ 50 kHz ^{13}C rf field and 30% linear ramp on ^{13}C . The spin-diffusion time periods were set to be 20 ms to observe intra-residue cross peaks only. A 10 kHz MAS

frequency was utilized for all measurements. The 2D spectra with short mixing time were collected in 12–24 h.

The ^{13}C - ^{15}N frequency-selective rotational-echo double-resonance (fsREDOR) experiment [44] was done with the same initial ^1H $\pi/2$ pulse and CP conditions, followed by rotor-synchronized 50 kHz π -pulse trains in the ^{13}C channel and alternatively in the ^{15}N channel. The 1 ms frequency-selective Gaussian pulses were applied in the middle of π -pulse trains with the ^{13}C carrier frequency set on the $\text{C}\gamma$ of D23 and the ^{15}N carrier frequency set on the $\text{N}\zeta$ of K28. A 5 kHz MAS frequency was applied. The signal was collected with pulsed-spin locking (PSL) sequence [45] to achieve signal enhancement, using the PSL parameters described in literature. Each REDOR dataset 5 different dipolar evolution times from 1.6 ms to 14.4 ms was obtained in 24 h.

The ^{13}C constant-time PITHIRDS [46] experiments were performed on selectively-labeled A β 40 sequences with ^{13}C isotope labeling on V18-CO and M35-CO. The MAS frequency was set to be 20 kHz and a 33 kHz π -pulse train (i.e. ~ 16.7 μs π pulses and 1/3 of the rotor period) was applied. The PSL acquisition was utilized with the ^{13}C carrier frequency set to ~ 174 ppm for the carbonyl carbons. Each PITHIRDS dipolar dephasing curve containing 8 dipolar evolution time from 0 to 33.6 ms was obtained within 24 h.

3. Results and discussion

3.1. Initial binding of A β 40 to liposomes and the A β 40-to-lipid-ratiodependence

We first quantified the binding between A β 40 and membranes using analytical HPLC with and without the 4-hour incubation time periods. The same incubation time periods were utilized in our previous studies in the single-component POPC liposomes and the two-component POPC/POPG liposomes [30]. The percentages of binding shown in Fig. 1B were obtained based on the standard curve in Fig. 1A generated with freshly-dissolved A β 40 peptides. Fig. 1B showed the plots of percentages for the most complicated membrane mimics that contained DMPC/PS/cholesterol/sphingomyelin/GM1, and additional results from other membrane compositions were summarized in Table S1 (in Supporting information). The results showed that there was little dependence of the binding percentages on the membrane composition. In addition, the current results were also consistent quantitatively with our previous analysis in POPC/POPG liposomes [30]. Initial binding (without incubation) percentages showed strong dependence on the A β 40-to-lipid ratio, where increasing of the lipid abundance led to more rapid adsorption of A β 40 peptides (i.e. the percentages were $\sim 8\%$, 22% , 25% and 38% for the ratio 1:30, 1:60, 1:90 and 1:120 samples respectively). However interestingly, the increasing of binding percentages after 4-hour incubation showed less dependence on the A β 40-to-lipid ratio. For instance, the percentage increased from 8% to 45% for 1:30 ratio sample, and for 1:120 samples the increment was from 38% to 75%. The increments for 1:60 and 1:90 samples were 40% and 42% respectively. In other words, a similar 40% additional absorption of A β 40 peptides was observed within the 4-hour incubation, independent on the abundance of lipids. This observation suggested that the initial binding was likely to be caused by the adsorption of A β 40 monomers or small oligomers to membranes, but this did not seem to be the predominant process of binding during incubation, because otherwise one would expect the

same dependence of binding percentage on A β 40-to-lipid ratio before and after incubation. One possible explanation is that different types of nucleation (i.e. initial A β 40 aggregates) were formed rapidly at the very early stage of binding. Therefore, the A β 40 bound to these early-stage nuclei rather than membranes during incubation. The nucleus formed at higher ratio (e.g. 1:30) might have stronger ability to absorb monomeric peptides (i.e. stronger seeding effects) comparing to the one formed at lower ratio. Initial binding between A β 40 monomer and membrane mimics that contained cholesterol, sphingomyelin and ganglioside GM1 have been studied extensively [47,48]. It was proposed that the clustered gangliosides increased the binding affinity of A β 40 [49]. However, no significant difference in the population of bound A β 40 was observed in our results for ganglioside-included and ganglioside-excluded membranes. This disagreement may relate to the major differences in lipid compositions, initial A β 40 concentrations and pre-treatment of A β 40 between our work and the published results [49].

3.2. Initial A β 40 conformational changes

The structural changes within the first 4 h of incubation were studied using CD spectroscopy. Since all samples were pellet down with ultracentrifugation and the pellets were re-suspended for CD measurements, only membrane-bound A β 40 peptides were analyzed. The raw CD spectra were analyzed to obtain the semi-quantitative distribution of secondary structures based on the membrane-bound A β 40 concentrations determined by the HPLC analysis. The CD spectra were shown in Fig. 2A–F and the percentages of different secondary structures were plotted in Fig. 2G–H. Several conclusions can be drawn from the CD analysis. First, in all membrane types, there were large structured populations at the initial stage of binding of A β 40 to membrane (Fig. 2A–C) but less structured populations after 4-hour incubation (Fig. 2D–F). Second, from the prediction of secondary structures, the α -helical population decreased and the β -strand/random coil populations increased within the 4-hour incubation time period. Such structural changes were also observed within a wide range of peptide-to-lipid molar ratio from 1:30 to 1:120. The observation supported a previous proposal where certain on-pathway α -helical intermediates of A β formed at the early stages of fibrillation in the presence of membranes [12]. It was suggested that membrane surface might catalyze the formation of such helical intermediates, which allowed A β to adopt an optimized orientation to facilitate further fibrillation. Third, the populations of α -helices at the initial stage of binding increased with the addition of sphingomyelin and ganglioside GM1 at any given A β 40-to-lipid ratio, suggesting that the initial binding conformations of A β 40 were affected by the surface properties of membranes. It was known that the presence of sphingomyelin and cholesterol in membranes might promote the formation of micro-domains in lipid bilayers (i.e. lipid rafts) [50,51], and the addition of gangliosides might generate specific binding sites to A β peptides [52]. Both factors may contribute to the increasing in the helical population. Interestingly, the A β 40 peptides adopted high populations of α -helices (i.e. 30%–45% depending on the A β 40-to-lipid ratio) when they interacted with membranes that mimic the outer leaflets of synaptic vesicles. This result suggested that certain α -helical-enriched intermediates might be responsible for the early-stage synaptic disruption, because the *in vivo* concentrations of A β was likely to be much lower than the critical concentration of aggregation and therefore the on-pathway helical intermediates before aggregation might be dominant in biologically relevant

membrane environments. The presence of α -helical conformation upon the initial binding of A β 40 to model membranes has been reported in literature. It was suggested that the preference of α -helical versus β -strand conformation was influenced by the relative ratio between A β 40 and ganglioside GM1 [49,53]. Interestingly, the predicted populations in Fig. 2G showed the trend that the helical:strand ratio increased with the lipid:A β 40 ratio (and therefore GM1:A β 40 ratio), which was consistent in general with published works [49,53].

3.3. Thioflavin-T (ThT) fluorescence and TEM measurements on fibrillation

We next monitored the time-dependent ThT fluorescence emission intensities within the first few hours of incubation at 37 °C. Fig. 3A–C showed that in all membrane types, the ThT emissions increased immediately without lag periods, suggesting that the nucleation process was different in the presence of membranes comparing to the aqueous buffer, where a lag period was typically observed [54]. The membrane surface was likely to promote certain orientations of A β 40 peptides that allowed immediate binding to ThT in a fluorescent-active configuration. All kinetic traces fit to single-exponential growth curve, and the rate constants were provided in Table 1. The rate constants roughly followed the trend of decreasing of A β 40-to-lipid molar ratio, but with significant variations between different membrane compositions. In addition, the level of emission intensities decreased with the A β 40-to-lipid ratio in all membrane compositions. It is known that the ThT fluorescence intensity is sensitive to the molecular structures of A β aggregates [55]. The differences in ThT fluorescence intensities might be explained by distinct pathways of aggregation, which led to different aggregates. At high ratio such as 1:30, the initial aggregation led to higher population of β sheet structures and associated with higher level of ThT fluorescence; while at lower ratio, the aggregates contained lower population of ordered β sheets, and therefore disfavored the ThT binding. To test this possibility, we performed TEM imaging to the A β 40-liposome systems with DMPC/DMPS/Cholesterol/sphingomyelin/ ganglioside GM1 and the A β 40-to-lipid ratios 1:30 and 1:120 and 4-hour and 48-hour incubation time periods. Fig. 4 showed representative TEM images, which concluded that the formation of long A β 40 fibrils were only observed at 1:30 A β 40-to-lipid ratio with long-time incubation. The samples with 4-hour incubation showed mainly intact liposomes at both peptide-to-lipid ratios. Within long incubation time period, the sample with 1:120 ratio contained liposomes with surface-associated spherical species (i.e. indicated by arrows in Fig. 4C) but not fibrils. It was unclear whether these spherical species were actually bound to membrane surface or only attached to liposomes during TEM grid preparation. Noted that the initial A β 40 concentrations were kept constant for both samples with 1:30 and 1:120 ratios, the absence of fibrillation at lower ratio was not because of absolute abundance of peptides, but the changes in relative abundance between peptides and lipids. Overall, the results from our analytical HPLC, CD, ThT fluorescence and TEM measurements highlighted the significance of A β 40-to-lipid molar ratio in alternating the peptide aggregation pathways. At higher ratio, the membrane-associated peptides formed an initial structure with high population of β -strand (more likely β sheets) during the first few hours of incubation, which promoted the ThT fluorescence and led to the final fibrillation. At lower ratio, on the other hand, the aggregation process did not lead to fibrillation (with lower growth of ThT fluorescence). The spherical species shown in Fig. 4C might represent certain off-fibrillation-pathway A β 40 oligomers. Furthermore, our current and previous works

demonstrated similar effects of the A β 40-to-lipid molar ratio on the aggregation pathways in a variety of membrane mimics including POPC, POPC/POPG, POPC/POPG/cholesterol, DMPC/DMPS/cholesterol, DMPC/DMPS/cholesterol/sphingomyelin and DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1, strongly suggesting that the relative abundance of A β 40 peptides to the total lipids in biological membranes plays important roles in the peptides' aggregation process.

3.4. Monitoring the time-dependent membrane leakage and lipid mixing

We next investigated the potential membrane disruption effects caused by the early-stage aggregation of A β 40 with liposomes. Our CD data (Fig. 2) suggested that the promotion of α -helices within the first 4-hour incubation time periods upon the addition of sphingomyelin and ganglioside GM1. Using the well-developed calcein vesicle leakage and lipid mixing fluorescence assays [30], we studied the possible corresponding membrane disruption effects. Fig. 5 showed the calcein leakage and lipid mixing kinetic traces with various membrane components and A β 40-to-lipid molar ratios. Each curve was fit to a single exponential growth $I(t) = I_0 + I_1(1 - \exp(-kt))$, and Tables 1–2 summarize the best-fit rate constants k and the levels of membrane disruption, which were quantified as $(I_0 + I_1)/I_{max}$ with I_{max} represented the maximum membrane disruption obtained by adding 1% Triton X-100 to the liposomes. Table 2 (fitting for the calcein leakage assay) showed that the levels as well as the rates of A β 40-induced membrane content leakage increased with the A β 40-to-lipid ratio. Similar observations have been reported in our previous studies for POPC, POPC/POPG and POPC/POPG/cholesterol liposomes [30], and therefore illustrate a universal positive correlation between fibrillation and induced membrane content leakage. In other words, it is likely that membrane content leakage is caused by certain on-fibrillation-pathway intermediates of A β 40 peptides.

Table 3 (fitting for the lipid mixing assay) summaries the levels and rates of induced lipid mixing. Opposite to the level of membrane leakage, the induced lipid mixing negatively correlated to the A β 40-to-lipid ratio, i.e. higher level of lipid mixing was observed at lower ratio. Similar trend has also been observed in our previous work in POPC and POPC/POPG membranes [34]. We have proposed that the competition between membrane content leakage and lipid mixing when changing the A β 40-to-lipid ratio was led by the predominance of either A β 40-A β 40 or A β 40-lipid interactions involving the same segments of peptides. It seems from the present work that such interactions are independent on membrane compositions. However, it is somewhat surprising that the rates of lipid mixing decrease with the ratio. For DMPC/DMPS/cholesterol and DMPC/DMPS/cholesterol/ganglioside membranes with A β 40-to-lipid ratio 1:30, the maximum ~20% and ~5% lipid mixing was observed with relatively higher rates comparing to the samples with the same membrane compositions but lower ratios. The same phenomena were observed previously in POPC and POPC/POPG samples as well, where ~10% lipid mixing was induced at 1:30 ratio very rapidly. Future high-resolution studies on the early-stage A β 40 intermediates in membrane environments may help to understand this observation. Additionally, the lipid mixing was eliminated in the DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1 sample with 1:30 ratio. Therefore, this particular model system may be used in the future to study the mechanisms of A β 40-induced membrane content leakage and the resulted fibrillation.

3.5. Structural similarity in biologically relevant membrane mimics comparing with the POPC membrane

Given the fact that the addition of sphingomyelin and ganglioside GM1 did affect the initial A β 40 conformation upon membrane binding, membrane leakage and lipid mixing, we then utilized ssNMR spectroscopy to investigate whether the A β 40 fibril structures were different in the most biologically relevant membrane mimics comparing to the simplest POPC membranes. All fibrils were incubated for over a week and the ^{13}C isotope labeling was incorporated in selected residues. Fig. 6 showed the representative 2D ^{13}C - ^{13}C spin diffusion spectra with 1D slices of A β 40 fibrils in these two membranes (additional spectra shown in Supporting information). Three different labeled A β 40 peptides were utilized, and the combined results covered residues L17, V18, F20, D23, S26, N27, K28, G29, A30, I32, G33, L34, G38 and V39. Table 4 summarizes the residue-specific ^{13}C chemical shifts for these two fibrils. To the solution of ssNMR spectroscopy, there were no obvious differences in residue-specific ^{13}C chemical shifts (also shown in the representative 1D slices). Variations within 0.5 ppm ^{13}C chemical shifts were attributed to the linewidths. Therefore, the second structures of fibrils do not seem to be affected by the membrane compositions.

To test the similarity of these two fibrils at the level of tertiary structures, we performed the ^{13}C - ^{15}N frequency-selective rotational-echo double resonance (fsREDOR) and ^{13}C -PITHIRDS spectroscopy to detect the potential salt bridge interaction between D23 C γ and K28 N ζ and the parallel-in-register β sheets, respectively. These measurements were done using selectively labeled A β 40 fibrils. The absence of the D23 C γ -K28 N ζ salt bridge in both fibrils was shown by ^{13}C - ^{15}N fsREDOR in Fig. 7A. The D23 C γ -K28 N ζ salt bridge was reported in a number of known A β fibril structures [56,57], but missing in some other cases [58–61], suggesting that this particular interaction might stabilize the hydrophobic core of fibrils, but not necessarily to drive the formation of fibril core. Finally, we employed ^{13}C -PITHIRDS-CT spectroscopy to confirm that the residues V18 and M35 were in the parallel-in-register β sheet segments in both A β 40 fibrils (i.e. Fig. 7B–C). Overall, the ssNMR measurements supported that the A β 40 fibrils grown in the biologically relevant membrane mimics and simple POPC membrane were very similar in terms of both secondary and tertiary structures.

3.6. Implication of the biophysical and structural studies

The combination of CD, Fluorescence, TEM and ssNMR results raise a possibility that changes in membrane compositions might only affect the very early stages of aggregation of A β 40, while the final fibril structure is only determined by the structure of certain stable nuclei that are formed at the end of the early-stage structural conversions. The CD data at high A β 40-to-lipid ratio showed that although the initial α -helical population enhanced with the addition of sphingomyelin and ganglioside GM1, the secondary structures of peptides after only a few hours incubation time period were in fact similar for different membrane compositions (and mostly random coils). This observation seems to suggest that certain non-helical early-stage conformations of A β 40 must be achieved before the peptide can propagate into fibrils. Furthermore, it is worth noting the effects of A β 40-to-lipid ratio on such early-stage structural conversions and the consequences on fibrillation. At higher ratio (e.g. 1:60 shown in Fig. 2C–D), the structural conversions showed higher tendency from α -

helices to β -strands within 4 h. In the meanwhile, there was a rapid increase in the ThT fluorescence, suggesting the formation of β -sheet structures. Although the TEM images did not show formation of fibrils or proto-fibrils during this short time period, the CD and ThT results suggested the formation of certain β -sheet-enriched small oligomers of A β 40, which was on the pathway of fibrillation. Interestingly, our results suggested that the ThT fluorescence emission, which are routinely utilized as an indication of fibril formation, might not reflect quantitative fibril elongation kinetics in the presence of liposomes because certain early-stage aggregation process apparently led to strong ThT emission in the absence of fibrils. At lower ratio (e.g. 1:120 shown in Fig. 2C–D), the early-stage structural conversion showed lower tendency from α -helices to β -strands, but higher tendency from α -helices to random coils, and such process was accompanied by lower ThT fluorescence emissions within the 4hour incubation time period and the absence of amyloid fibrils after long incubation. It was likely that the higher relative abundance of lipids facilitated a distinct nucleation process, which produced A β 40 oligomers off the pathway of fibrillation. Together with our previous studies in POPC, POPC/POPG and POPC/POPG/cholesterol vesicles, we have identified in a variety of model membranes that the main membrane disruption effects were influenced by the relative abundance of lipids to A β 40 peptides. Fig. 5 showed that membrane content leakage occurred predominantly at higher A β 40-to-lipid ratio and lipid mixing was the main disruption effect at lower ratio. Depending on the relative abundance of A β 40 to the total lipids, the peptide aggregation process may take distinct pathways with different early-stage structural conversions, final products and the membrane disruption effects. Therefore, partial reduction of the A β 40 concentrations and/or clearance of the existing amyloid plaques do not necessarily eliminate the neurotoxicity, which may explain the failures in recent anti-amyloid drug developments [2,3,23,62].

It is important to correlate the neurotoxicity of A β peptides to the structural information so that the molecular mechanisms of the Alzheimer's diseases can be understood in greater details. Our results suggested that the higher percentage of α -helices at the initial membrane-binding states of A β 40 might correlate to more rapid membrane content leakage because the kinetics of leakage increased with the addition of sphingomyelin and ganglioside GM1 (i.e. Table 2) at the same A β 40-to-lipid molar ratio. The detailed membrane interaction mechanisms of A β 40 are associated with the early-stage structural conversions from α -helices to either β -strands or random coils, which may be affected by the lipid abundance. Therefore, future mechanistic studies will focus on two questions: First, what kinds of molecular interactions between A β 40 and specific membrane components, potentially sphingomyelin and gangliosides GM1, promote the α -helical conformation? Second, what key early-stage structural conversions are responsible for the individual membrane disruptions (i.e. membrane content leakage and lipid mixing) at different A β 40-to-lipid molar ratios? The presence of partially α -helical A β 40 peptides has been considered as a universal early-stage folded state in aqueous solution, ganglioside-GM1-contained micelles and phosphatidylcholine vesicles. A recent solution NMR study demonstrated that the two potential segments that had high tendency to form helical conformation in membrane-bound A β 40 were K16-G25 and I32-V36 [63]. These segments were also conserved membrane binding segments in previous works [16,63,64]. Interestingly, these segments have also overlapped with the typically β -sheet-enriched hydrophobic core regions

in known A β 40 fibril structures. We have also previously shown that the segment around A21 was involved in the early stage structural changes in both on-fibrillation-pathway and off-fibrillation-pathway processes in samples with different A β 40-tolipid ratios [26,34]. It is likely that the early-stage structural conversions in these segments lead to membrane disruptions.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

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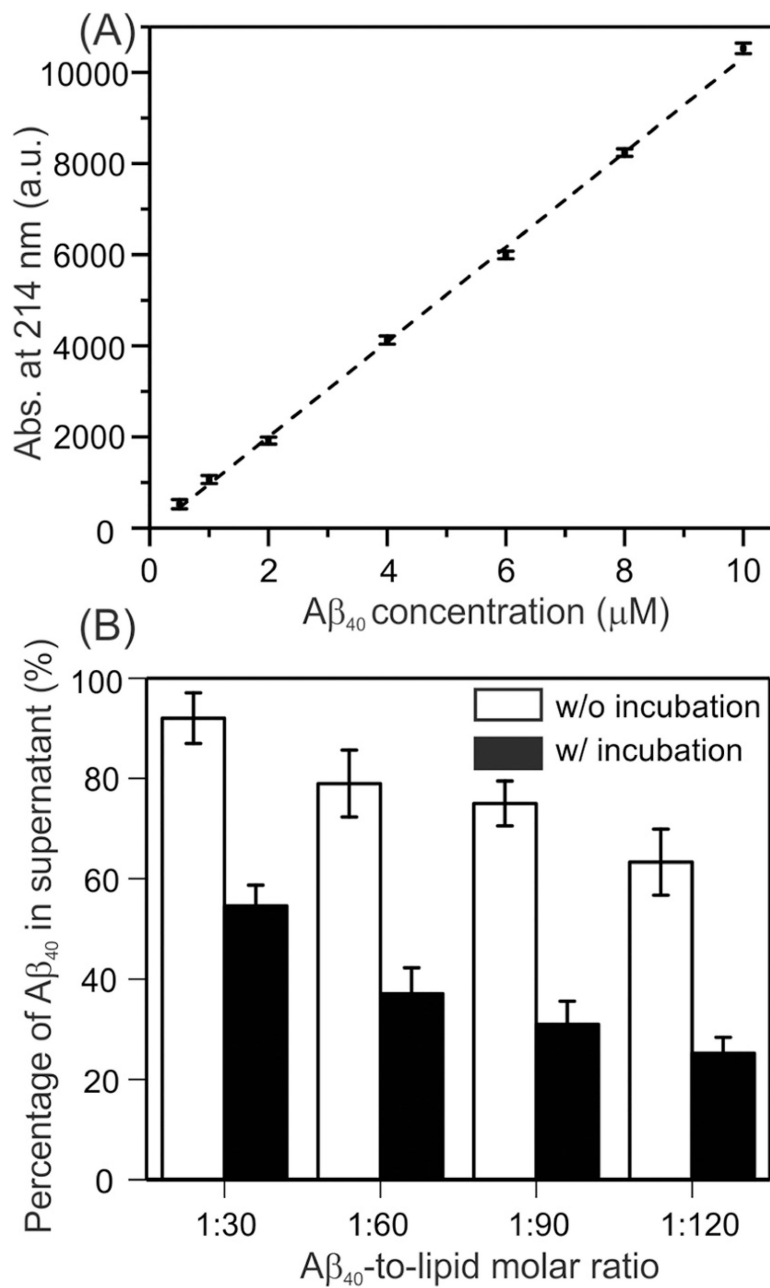
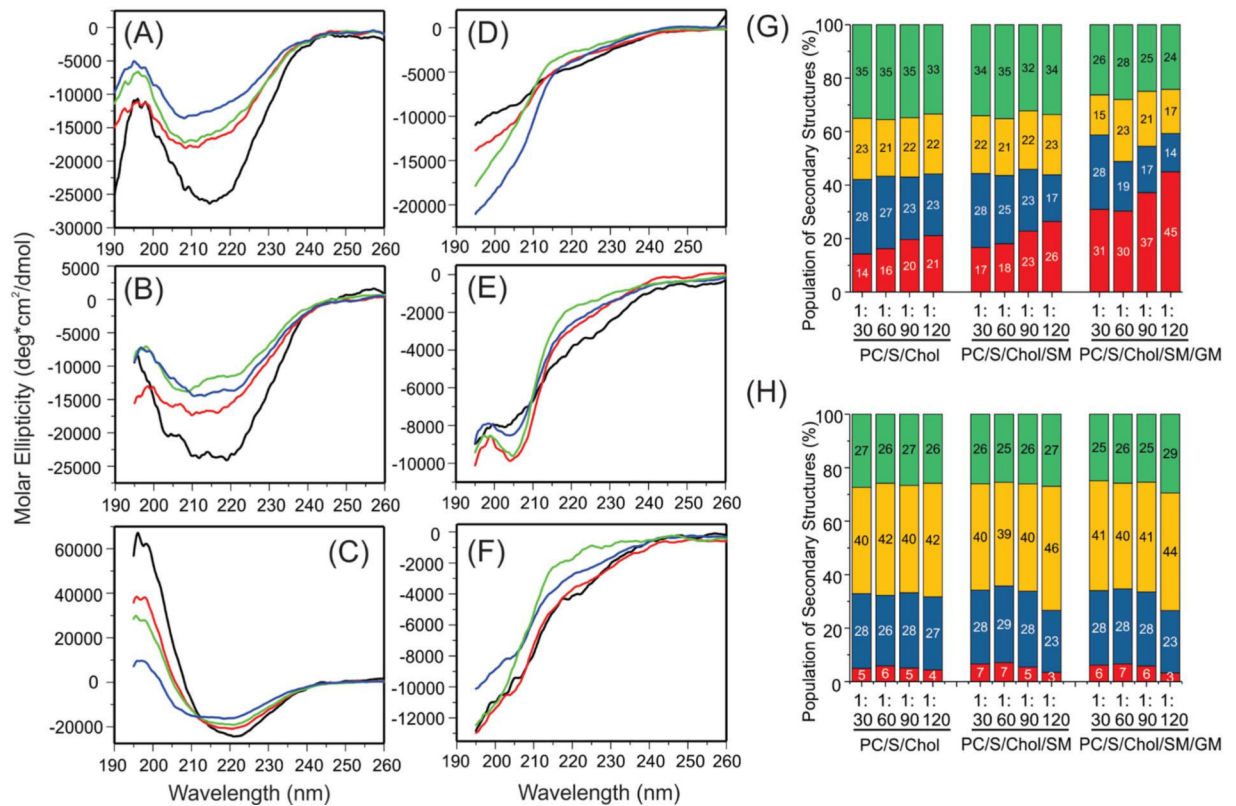


Fig. 1. Quantification of the Aβ₄₀-membrane binding using analytical HPLC. (A) Standard curve to show the linear relationship between the concentration of freshly dissolved Aβ₄₀ and peak areas at 214 nm. (B) Quantification of Aβ₄₀ in supernatants (reported as the percentage of initial Aβ₄₀) in biological membrane mimics at time zero (open bars) and after 4 h of incubation (solid bars). Error bars were determined from three independent measurements.

**Fig. 2.**

CD spectra and analysis of secondary structures. (A–F) CD spectra for (A and D) DMPC/PS/Cholesterol, (B and E) DMPC/PS/Cholesterol/sphingomyelin, and (C and F) DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 before (A–C) and after (D–F) incubation. Samples with different Aβ40-to-lipid ratios were shown in colors: black, 1:30; red, 1:60; green, 1:90; and blue, 1:120. (G–H) Analysis of secondary structures from the CD spectra before (panel G) and after (panel H) incubation. Colors show different types of secondary structures: red, α-helix; blue, β-strand; yellow, β-turn; and green, random coil.

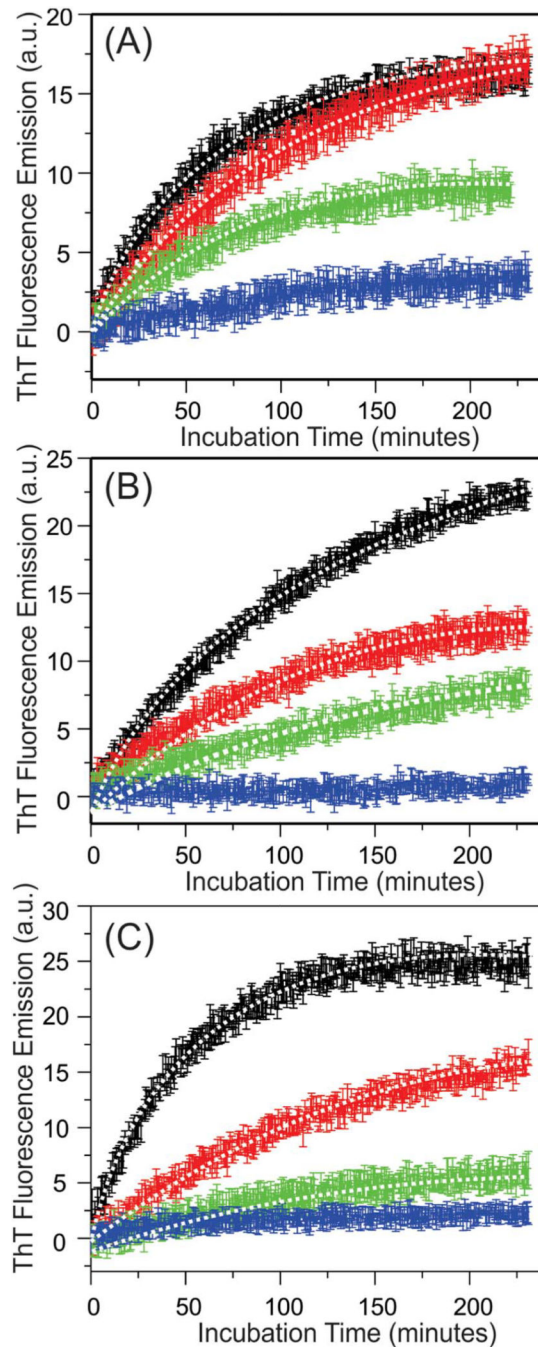


Fig. 3. Plots of the kinetics of ThT fluorescence for (A) DMPC/PS/Cholesterol, (B) DMPC/ PS/ Cholesterol/sphingomyelin, and (C) DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 samples. The samples with A β 40-to-lipid ratios 1:30, 1:60, 1:90 and 1:120 are shown in black, red, green and blue respectively. For individual data points, the error bars were obtained from three independent measurements. The best-fit curves were shown by dashed lines along with the corresponding experimental traces.

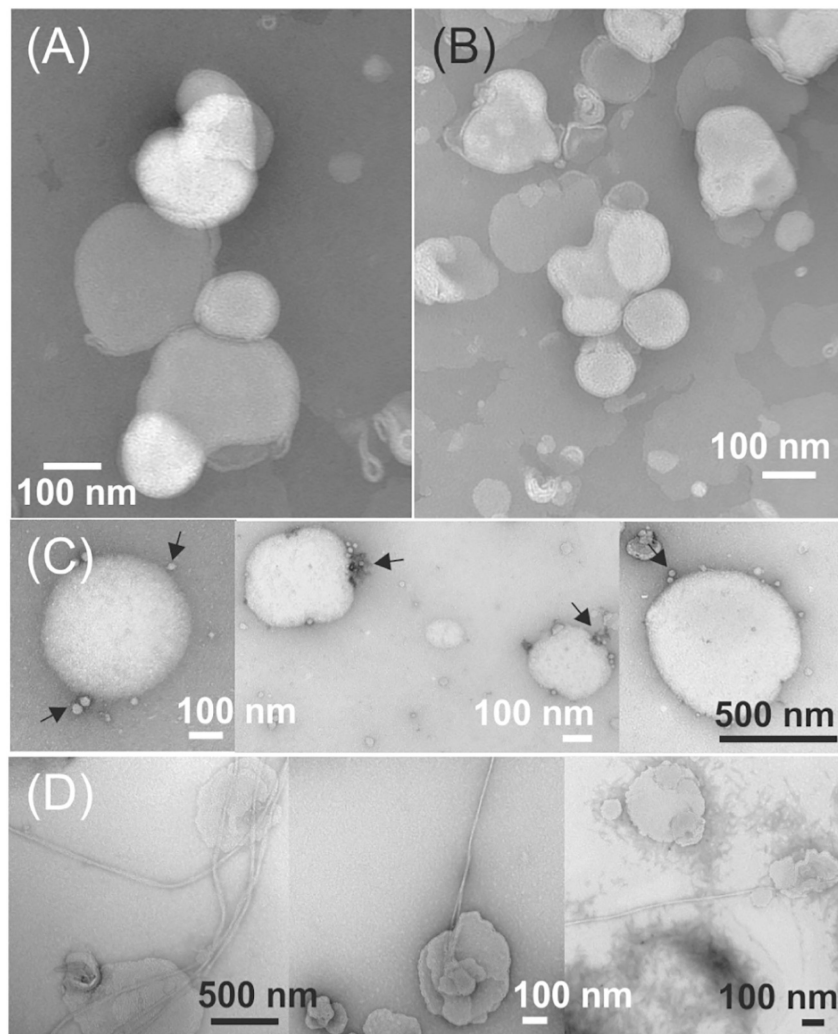


Fig. 4. Negatively stained TEM images of DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 samples with (A) 1:120 ratio and 4-hour incubation time, (B) 1:30 ratio and 4-hour incubation time, (C) 1:120 ratio and 48-hour incubation time, and (D) 1:30 ratio and 48-hour incubation time. The arrows in panel (C) indicate the small spherical aggregates on membrane surfaces.

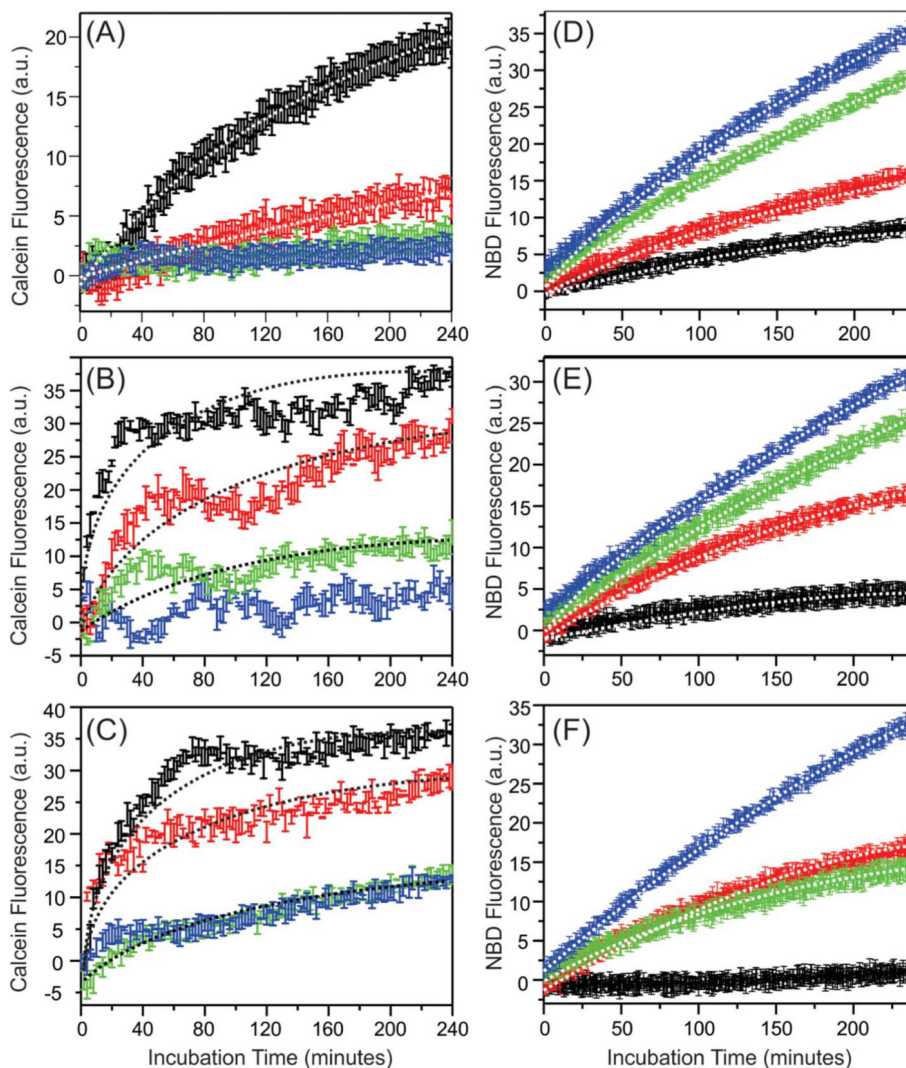


Fig. 5. Plots of kinetic curves of (A–C) calcein membrane leakage and (D–F) lipid mixing measurements for (A and D) DMPC/PS/Cholesterol, (B and E) DMPC/PS/Cholesterol/sphingomyelin, and (C and F) DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 samples. The samples with A β 40-to-lipid ratios 1:30, 1:60, 1:90 and 1:120 are shown in black, red, green and blue respectively. For individual data points, the error bars were obtained from three independent measurements. The best-fit curves were shown by dashed lines along with the corresponding experimental traces.

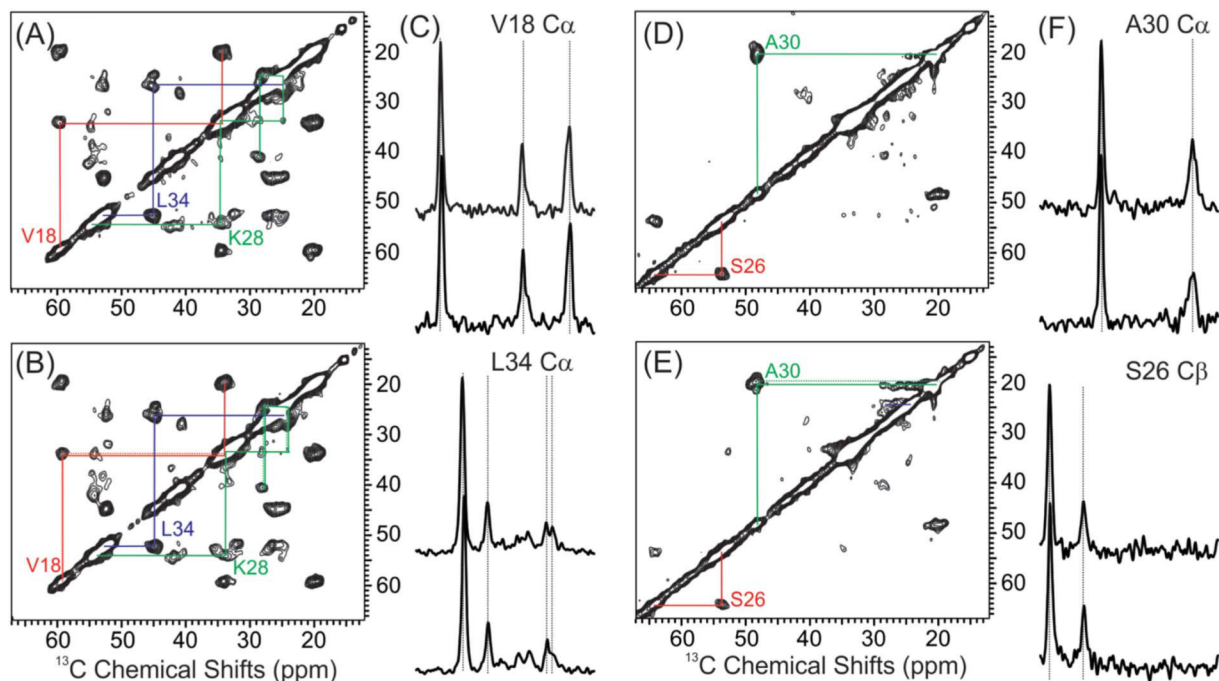
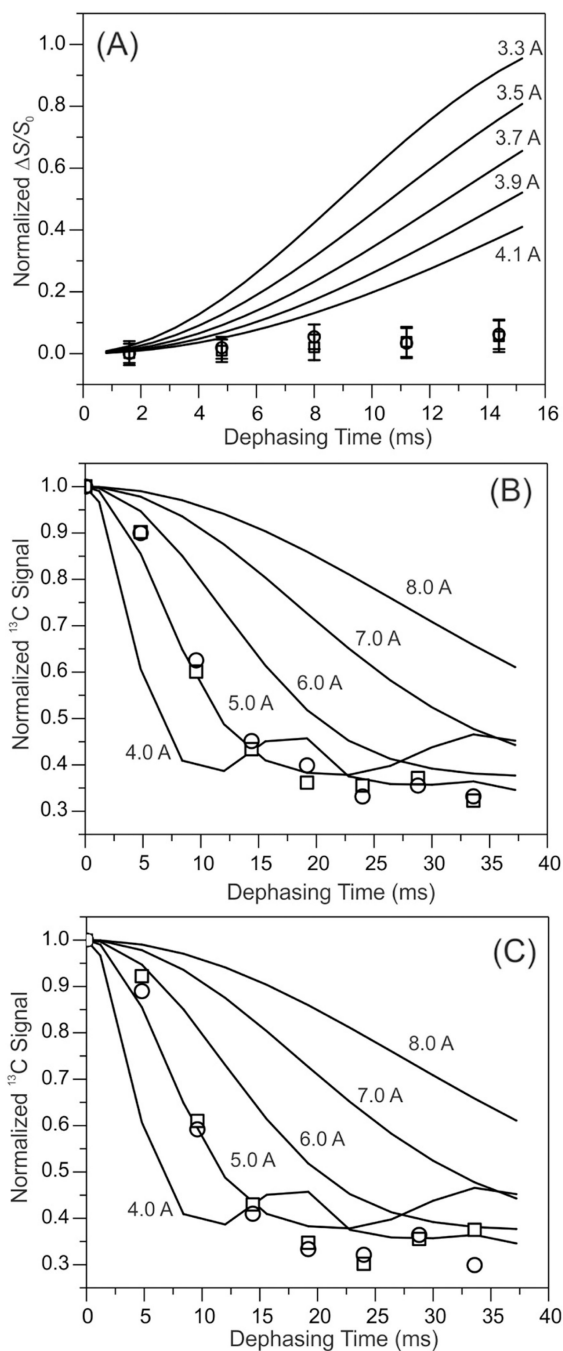


Fig. 6.

Representative 2D ^{13}C - ^{13}C spin diffusion ssNMR spectra and 1D slices. (A–B) 2D spectra of samples labeled at V18, F20, D23, K28, G29 and L34 with POPC (panel A) and DMPC/PS/cholesterol/sphingomyelin/ganglioside GM1 (panel B) membranes. Intra-residue cross peaks for individual residues are highlighted using colored lines. (C) Representative 1D slices along the V18 $\text{C}\alpha$ and L34 $\text{C}\alpha$ in indirect dimension. Comparison of ^{13}C peaks are highlighted with dashed lines to show little changes in different samples. (D–F) 2D and 1D spectra for samples labeled at S26 and A30. The 1D slices shown are along the ^{13}C chemical shifts of A30 $\text{C}\alpha$ and S26 $\text{C}\beta$.

**Fig. 7.**

(A) The plots of ^{15}N - ^{13}C fsREDOR dephasing versus dipolar evolution times for fibrils grown with POPC (squares) and DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 (circles) membranes. Simulation curves for ^{15}N - ^{13}C distances 3.3–4.1 Å were shown in solid lines. The results confirmed the absence of D23 C γ -K28 Ne salt bridge in either fibril structure. (B-C) Plots of ^{13}C -PITHIRDS dephasing curves for the C' of V18 (panel B) and M35 (panel C). Similar to Panel (A), open squares and circles show the data in POPC and DMPC/PS/Cholesterol/sphingomyelin/ganglioside GM1 membranes respectively.

Simulation curves for 4–8 Å distances are shown. The uncertainties for individual measurements were ~ 0.05 for all data.

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Fitting of ThT kinetics.

Table 1

Membrane composition	A β ₄₀ -to-lipid ratio	k (min ⁻¹)	I ₀ + I ₁ (a.u.)
DMPC/DMPS/cholesterol	1:30	0.0159 (0.0011)	16.71 (3.05)
	1:60	0.0073 (0.0008)	19.28 (3.07)
	1:90	0.0072 (0.0007)	7.23 (2.98)
	1:120	^a	–
DMPC/DMPS/cholesterol/sphingomyelin	1:30	0.0078 (0.0008)	26.98 (3.11)
	1:60	0.0081 (0.0008)	14.92 (3.03)
	1:90	0.0027 (0.0005)	16.86 (3.08)
	1:120	–	–
DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1	1:30	0.0206 (0.0012)	25.36 (2.77)
	1:60	0.0073 (0.0008)	18.27 (2.91)
	1:90	0.0070 (0.0007)	7.98 (2.56)
	1:120	–	–

^aThe increment of fluorescence was insignificant.

Table 2

Fitting of the calcein leakage kinetics.

Membrane composition	A β ₄₀ -to-lipid ratio	k (min ⁻¹)	% of leakage ^a
DMPC/DMPS/cholesterol	1:30	0.0203 (0.0022)	22.42 (4.19)
	1:60	0.0049 (0.0023)	18.15 (4.23)
	1:90	b	–
DMPC/DMPS/cholesterol/sphingomyelin	1:120	–	–
	1:30	0.2276 (0.0045)	25.33 (3.92)
	1:60	0.0671 (0.0039)	18.00 (4.03)
DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1	1:90	0.0055 (0.0038)	6.54 (4.11)
	1:120	–	–
	1:30	0.1414 (0.0031)	29.02 (3.73)
DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1	1:60	0.0550 (0.0033)	18.85 (3.32)
	1:90	0.0067 (0.0037)	12.86 (3.94)
	1:120	0.0065 (0.0035)	12.77 (4.01)

^aPercentage of leakage was calculated as $(f_0 + f_1)/f_{max}$.^bThe increment of fluorescence was insignificant.

Table 3

Fitting of the lipid mixing kinetics.

Membrane composition	A β ₄₀ -to-lipid ratio	k (min ⁻¹)	% of lipid mixing ^a
DMPC/DMPS/cholesterol	1:30	0.0028 (0.0004)	20.55 (3.22)
	1:60	0.0023 (0.0003)	47.12 (2.05)
	1:90	0.0023 (0.0003)	90.94 (2.07)
	1:120	0.0022 (0.0003)	88.70 (2.21)
DMPC/DMPS/cholesterol/sphingomyelin	1:30	0.0060 (0.0005)	4.32 (2.29)
	1:60	0.0051 (0.0003)	16.48 (3.03)
	1:90	0.0014 (0.0003)	61.87 (2.61)
	1:120	0.0014 (0.0003)	66.76 (3.12)
DMPC/DMPS/cholesterol/sphingomyelin/ganglioside GM1	1:30	^b	–
	1:60	0.0046 (0.0003)	16.09 (2.22)
	1:90	0.0059 (0.0004)	17.06 (2.47)
	1:120	0.0024 (0.0003)	52.19 (3.05)

^aPercentage of leakage was calculated as $(f_0 + f_1)/f_{max}$.^bThe increment of fluorescence was insignificant.

Table 4

^{13}C chemical shifts of fibrils grown with different membrane compositions.

	POPC					DMPC/S/Cholesterol/sphingomyelin/ganglioside GMI						
	C' ppm	Ca ppm	C β ppm	C γ ppm	C δ ppm	Ce ppm	C' ppm	Ca ppm	C β ppm	C γ ppm	C δ ppm	Ce ppm
L17	172.8	52.2	43.1	26.3	24.8		L17	173.1	52.2	43.5	26.6	24.2
V18	171.7	60.0	34.4	20.6			V18	171.6	59.4	34.2	20.4	
				19.8							19.5	
F20	171.0	54.7	41.7				F20	170.6	54.5	42.2		
D23	173.2	52.5	41.3	175.6			D23	-	-	-		
S26	172.2	53.9	64.1				S26	172.2	53.8	64.2		
N27	170.7	51.2	38.8	174.7			N27	172.2	51.4	38.9	174.7	
K28	173.9	54.2	34.5	25.4	28.4	41.2	K28	174.1	54.2	34.3	24.8	28.1
G29	170.6	42.3					G29	170.4	42.3			
A30	173.8	48.6	20.7				A30	173.5	48.5	20.8		
I32	174.5	56.2	40.7	25.4	15.3		I32	174.4	56.2	41.0	25.4	15.6
					12.6							12.5
G33	170.3	47.6					G33	170.4	47.8			
L34	172.5	52.6	45.0	26.7	24.8		L34	172.6	52.5	44.8	26.6	24.4
G38	169.1	43.2					G38	169.5	43.5			
V39	-	58.8	33.7	20.7			V39	-	59.2	33.8	20.0	