

# The SITS-UTMOST: A registry-based prospective study in Europe investigating the impact of regulatory approval of intravenous Actilyse in the extended time window (3–4.5 h) in acute ischaemic stroke

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## Abstract

**Introduction:** The SITS-UTMOST (Safe Implementation of Thrombolysis in Upper Time window Monitoring Study) was a registry-based prospective study of intravenous alteplase used in the extended time window (3–4.5 h) in acute ischaemic stroke to evaluate the impact of the approval of the extended time window on routine clinical practice.

**Patients and methods:** Inclusion of at least 1000 patients treated within 3–4.5 h according to the licensed criteria and actively registered in the SITS-International Stroke Thrombolysis Registry was planned. Prospective data collection started 2 May 2012 and ended 2 November 2014. A historical cohort was identified for 2 years preceding May 2012. Clinical management and outcome were contrasted between patients treated within 3 h versus 3–4.5 h in the prospective cohort and between historical and prospective cohorts for the 3 h time window. Outcomes were functional independence (modified Rankin scale, mRS) 0–2, favourable outcome (mRS 0–1), and death at 3 months and symptomatic intracerebral haemorrhage (SICH) per SITS.

**Results:** 4157 patients from 81 centres in 12 EU countries were entered prospectively ( $N = 1118$  in the 3–4.5 h,  $N = 3039$  in the 0–3 h time window) and 3454 retrospective patients in the 0–3 h time window who met the marketing approval conditions. In the prospective cohort, median arrival to treatment time was longer in the 3–4.5 h than 3 h window (79 vs. 55 min). Within the 3 h time window, treatment delays were shorter for prospective than historical patients (55 vs. 63). There was no significant difference between the 3–4.5 h versus 3 h prospective cohort with regard to percentage of reported SICH (1.6 vs. 1.7), death (11.6 vs. 11.1), functional independence (66 vs. 65) at 3 months or favourable outcome (51 vs. 50).

**Discussion:** Main weakness is the observational design of the study.

**Conclusion:** This study neither identified negative impact on treatment delay, nor on outcome, following extension of the approved time window to 4.5 h for use of alteplase in stroke.

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## Background

Intravenous (IV) thrombolysis with recombinant tissue plasminogen activator (rt-PA) is a highly effective treatment within 3 h after onset of stroke symptoms in selected patients with acute ischaemic stroke.<sup>1–6</sup> An extended treatment window up to 4.5 h has also proven to be efficacious in the randomised ECASS III trial<sup>7</sup> and recent meta-analysis,<sup>6</sup> which is supported by observational SITS-International Stroke Thrombolysis Registry (ISTR) studies.<sup>8–10</sup> Safety and efficacy of a treatment in acute ischaemic stroke may differ between the settings of RCTs and during implementation into clinical routine. Recent studies have shed some light into the importance of optimising hospital management of stroke patients in the acute phase.<sup>11–14</sup> The European Stroke Organisation<sup>15</sup> and the American Stroke Association<sup>16,17</sup> Guidelines recommend to treat with IV thrombolysis in acute ischemic stroke if symptoms onset is within 4.5 h. However, there are some discrepancy between European<sup>15</sup> and 2013 American guidelines<sup>16</sup> such as American guidelines recommend to treat with IV thrombolysis within 4.5 h except for patients over 80 years old, those taking oral anticoagulants regardless of INR, those with a baseline NIHSS score >25, those with imaging evidence of ischemic injury involving more than one-third of the MCA territory, or those with a history of both stroke and diabetes mellitus. The recently updated American guidelines recommends treatment between 3 and 4.5 h for carefully selected patients including those over 80 years, those taking oral anticoagulants with INR < 1.7 and those with a history of both stroke and diabetes mellitus.<sup>17</sup>

The SITS-UTMOST (Safe Implementation of Thrombolysis in Upper Time window Monitoring Study) was a registry-based prospective observational study carried out upon post-approval request of the Competent Authorities in European Union (EU) with Mutual Recognition Procedure (MRP)-countries of IV thrombolysis by Actilyse in the extended time window (3–4.5 h) after onset of acute ischaemic stroke symptoms. Authorities were concerned that extending the time window might lead to patients being treated more slowly with increased door to needle (DNT) times. The purpose of this study was to evaluate the impact of the approval of the extended time window up to 4.5 h on routine clinical practice treated according to the EU Summary of Product Characteristics (SmPC) criteria.

## Methods

At least 1000 patients treated by IV thrombolysis within 3–4.5 h time window after onset of acute ischaemic stroke from EU centres actively registered in the SITS-ISTR were planned to be included in the study. The sample size of the study was not based on any formal power calculation, rather chosen pragmatically in consultation with authorities, based on numbers achievable within a 2-year period. Controls were also recorded: 0–3 h prospective and historical. SITS centres are obliged to enter consecutive patients in the registry for the part of the registry the centre intend to use such as IV thrombolysis, thrombectomy, general stroke registry. The current study is based on centres used the registry for IV thrombolysis.

## Centre selection

Ninety-four centres from EU countries were considered to be included in the post-approval part of the study based on their active participation in SITS-ISTR during 2010 and 2011. The criteria used to select centres required regular treatment of acute ischaemic stroke patients with Actilyse and registered into SITS registry ( $\geq 1$  patient/month during January 2010 and January 2012) with sufficient quality of the data; completeness of three months outcome data > 70% and acute data > 75%.

The prospective part of the registry commenced on 2 May 2012 after the majority of EU Health Authorities had approved the extended AIS treatment time window up to 4.5 h (except for Poland and Italy where the start date based on local approvals had been set to 15 July 2010 and 3 October 2013, respectively). UTMOST database was locked on 2 November 2014 when reached target for at least 1000 patients in the 3–4.5 h time window. A historical cohort for the prior 2 years was extracted from the registry from the same centres that contributed to the prospective cohort, dated 1 May 2010 to 1 May 2012 except for Poland and Italy. For Poland, retrospective cohort data extraction was from 15 July 2008 to 14 July 2010 and for Italy was 3 October 2011 to 2 October 2013.

All centres routinely providing data to the academic SITS-ISTR Registry were informed about the study through the SITS website (website: [sitsinternational.org/sits-projects/sits-utmost](http://sitsinternational.org/sits-projects/sits-utmost)), regardless of their actual participation. SITS-UTMOST extracted data from the

existing academic registry SITS-ISTR. Centres, chosen for the purposes of SITS-UTMOST data analysis, were contacted prior to final data analysis to confirm agreement for having their data included in the study. All centres agreed to include their data in the analysis.

The SITS-ISTR is an ongoing, prospective, internet-based, academic-driven, multinational, observational monitoring register for clinical centres using thrombolysis for the treatment of acute ischemic stroke. The methodology of the SITS-ISTR, including procedures for data collection and management, patient identification and verification of source data, has been described previously.<sup>2,8,9</sup> We collected baseline and demographic characteristics, stroke severity as measured by NIHSS score, time logistics, medication history, and imaging data on admission and 24 h after thrombolysis (preferably within 22–36 h or earlier if clinically indicated) and follow-up, 3-months outcome as measured by modified Rankin scale (mRS) score.

### Ethics approval and data monitoring

The study was approved by Ethics Committee Karolinska Institutet, Stockholm. Ethics approval and patient consent for participation in the SITS-ISTR were obtained in countries that required this; other countries approved the register for anonymized audit. The SITS International Coordination Office monitored the SITS-ISTR data online and checked individual patient data monthly to identify errors or inconsistencies. The study was performed according to a protocol approved by the ethics committee. Since the study is not an RCT and did not influence treatment allocation it did not require clinical trial registration.

### Outcome measurements

*Primary outcome* measurements were symptomatic intracerebral haemorrhage (SICH), death and independency as measured by the mRS 0–2 and favourable outcome (mRS 0–1) at 3-months.

*Secondary outcome* measurements were patients' management time delays: Onset of symptoms to treatment/needle time and its components: onset of symptoms to door; door to imaging scan, imaging to needle and door to needle times (DNT).

The following definitions of SICH were used in our study:

1. SICH per SITS-MOST: PH2 (parenchymal haemorrhage type 2) or remote parenchymal haemorrhage type (PHr2) on imaging 22–36 h after treatment, or earlier if the scan was performed due to clinical deterioration, combined with a neurological

deterioration of  $\geq 4$  NIHSS points or leading to death within 24 h;

2. SICH per ECASS II: any ICH on any post-treatment imaging after the start of thrombolysis and increase of  $\geq 4$  NIHSS points or leading to death, within 7 days;
3. SICH per NINDS: any ICH on any post-treatment imaging and any deterioration in NIHSS or death within 7 days.

All SICH events were adjudicated centrally by the SITS International Coordination Office based on submitted clinical and imaging reports; images were not available for review. All assessments of imaging studies, neurological and functional status were done according to clinical routine at centres participating in the SITS-ISTR. Training in mRS assessment was not mandated by SITS.

### Statistical analysis

We contrasted baseline data and clinical outcome data by comparing between patients treated within 3 h and 3–4.5 h in the post-approval/prospective cohort. We also compared the pre-approval/retrospective cohort to post-approval/prospective cohort for patients treated within 3 h. For categorical variables, we calculated percentage proportions by dividing the number of events by the total number of patients excluding missing or unknown cases. Pearson's Chi square tests were used for categorical variables and Mann–Whitney *U*-tests were used for continuous and ordinal variables. We further compared the proportions of functional independency and death and SICH. Analyses were also made with regards to patient's management time intervals to evaluate if an extended time window results in undue delays in treatment. We also performed multivariable logistic regression analysis after adjusting for variables that were statistically significant in the univariate analysis at 10% level. All *p*-values presented are at nominal 5% alpha level as statistically significant.

### Results

Twelve European countries recorded data in the registry during the prospective study period: Belgium, Bulgaria, Czech Republic, Finland, Germany, Italy, Poland, Portugal, Slovenia, Spain, Sweden, United Kingdom.

### Recruitment of patients

In the prospective cohort, 4157 patients and in the retrospective cohort, 3454 patients were recorded to have received IV thrombolysis according to the EU

**Table 1.** Baseline and clinical characteristics.

Baseline and demographic variables	Prospective 3–4.5 h (n = 1118)	Prospective within 3 h (n = 3039)	p-values <sup>a</sup>	Retrospective within 3 h (n = 3454)	p-values <sup>b</sup>
Age (years)	68 (58–75)	68 (59–75)	0.553	68 (59–75)	0.948
Sex: female	498/ 1118 (44.5)	1239/ 3039 (40.8)	0.031	1428/ 3454 (41.3)	0.658
Hypertension	699/ 1114 (62.8)	1876/ 3034 (61.8)	0.616	2134/ 3433 (62.2)	0.806
Diabetes mellitus	217/ 1117 (19.4)	494/ 3033 (16.3)	0.020	559/ 3439 (16.3)	0.999
Hyperlipidaemia	307/ 3433 (27.5)	941/ 3021 (31.2)	0.027	1088/ 3382 (32.2)	0.395
Smoking			0.878		0.028
current	204/ 1090 (18.7)	566/ 2922 (19.4)		662/ 3306 (20.0)	
previous	128/ 1090 (11.7)	347/ 2922 (11.9)		461/ 3306 (13.9)	
Previous stroke >3 months before	105/1116 (9.4)	276/ 3027 (9.1)	0.821	286/ 3435 (8.3)	0.279
Previous TIA	79/ 1117 (7.1)	183/ 3028 (6.0)	0.256	218/ 3037 (7.2)	0.084
Atrial fibrillation	146/ 1116 (13.1)	481/ 3028 (15.9)	0.029	655/ 3433 (19.1)	0.001
Congestive heart failure	75/ 1114 (6.7)	192/ 3023 (6.4)	0.710	233/ 3439 (6.8)	0.525
Aspirin	310/ 1110 (27.9)	874/ 3017 (29.0)	0.537	1067 / 3435 (31.1)	0.072
Dipyridamol	14/ 1114 (1.3)	45/ 3022 (1.5)	0.681	82/ 3442 (2.4)	0.013
Clopidogrel	86/ 1113 (7.7)	168/ 3022 (5.6)	0.012	167/ 3443 (4.9)	0.220
Other anti-platelet	8/ 1114 (0.72)	25/ 3021 (0.83)	0.878	50/ 3442 (1.5)	0.026
Oral anti-hypertensives	628/ 1111 (56.5)	1742/ 3019 (57.7)	0.521	1882/ 3429 (54.9)	0.025
Statin	326/ 1113 (29.3)	947/ 3019 (31.4)	0.213	852/ 3021 (28.2)	0.008
Current infarct at baseline imaging	167/ 1099 (15.2)	425/ 2991 (14.2)	0.457	502/ 3363 (14.9)	0.439
Weight in kg	78 (70–90)	79 (70–90)	0.430	78 (69–89)	0.013
Dose of Actilyse (mg)	70 (61–80)	70 (61–80)	0.546	70 (60–80)	
Blood glucose (mmol/L)	6.7 (5.7–8.0)	6.5 (5.7–7.8)	0.281	6.5 (5.7–7.8)	0.810
NIHSS score	8 (5–14)	10 (6–16)	<0.001	11 (6–17)	0.002
Systolic blood pressure (mm Hg)	150 (135–162)	150 (135–163)	0.301	150 (135–160)	0.159
Diastolic blood pressure (mm Hg)	80 (72–90)	80 (73–90)	0.219	80 (72–90)	0.332

<sup>a</sup>Comparison between 3–4.5 h and ≤3 h for the prospective cohort.

<sup>b</sup>Comparison between ≤3 h prospective and ≤3 h retrospective cohorts. Data are median (IQR) for continuous and ordinal variables and n/N (%) for categorical variables.

SmPC. Among the prospective cohort, 1118 patients were treated with IV thrombolysis between 3 and 4.5 h from onset of stroke.

Recruitment per country is shown in Table 1A in the Appendix.

## Baseline and clinical data

Baseline and clinical characteristics of patients in full compliance with other European SmPC for the prospective and retrospective cohorts are given in Table 1. The proportion of females was higher in the upper time window (3–4.5 h) compared to ≤3 h time window (45% vs. 41%). Frequency of hyperlipidemia and atrial fibrillation was lower in the upper time window compared to ≤3 h time window. Baseline stroke severity was 2 points (median) lower in the 3–4.5 h

time window period compared to ≤3 h time window and median NIHSS score was 1 point lower in the prospective 3 h cohort than retrospective 3 h. In general, the patient baseline characteristics treated within 3 h were very similar in the prospective and retrospective cohorts.

## Time logistics of patients' management

Table 2 shows the time logistics. The management times within the hospital are somewhat longer for the 3–4.5 h time window compared to the ≤3 h time window. Median door to imaging time was 7 min and DNT was 24 min longer in the 3–4.5 h time window compared to the ≤3 h time window. Median DNT was 8 min shorter in the ≤3 h prospective cohort compared to ≤3 h retrospective cohort.

**Table 2.** Time logistics according to onset to treatment time.

Median (IQR) time logistics in minutes	Prospective 3–4.5 h (n = 1118)	Prospective within 3 h (n = 3039)	p-values <sup>a</sup>	Retrospective within 3 h (n = 3454)	p-values <sup>b</sup>
Stroke onset to door time	137 (100–171)	67 (50–90)	<0.001	65 (46–86)	<0.001
Door to imaging	29 (17–47)	22 (13–32)	<0.001	23 (14–35)	0.002
Imaging to treatment	45 (28–70)	32 (20–48)	<0.001	37 (24–55)	<0.001
Door to needle time	79 (54–111)	55 (40–75)	<0.001	63 (45–84)	<0.001
Stroke onset to treatment time	217 (200–240)	129 (105–155)	<0.001	135 (106–157)	<0.001

<sup>a</sup>Comparison between 3–4.5 h and  $\leq 3$  h for the prospective cohort.

<sup>b</sup>Comparison between  $\leq 3$  h prospective and  $\leq 3$  h retrospective cohorts using Mann–Whitney *U*-test.

**Table 3.** Time logistics of patients within the prospective cohort depending on arrival time to hospital (OTD onset to door). Data for retrospective cohort are provided for the first 2 h of hospital arrival.

Time in minutes	Prospective cohort				p-values <sup>a</sup>	Retrospective cohort	
	OTD 181–270 (n = 211)	OTD 121–180 (n = 604)	OTD 61–120 (n = 1865)	OTD 0–60 min (n = 1321)		OTD 61–120 (n = 1592)	OTD 0–60 min (n = 1535)
Door to imaging	18 (11–28)	21 (13–32)	23 (14–35)	24 (15–35)	0.001	21 (12–32)	26 (15–39)
Imaging to needle time	25 (15–33)	34 (20–48)	37 (22–55)	35 (23–57)	<0.001	35 (23–50)	40 (26–60)
Door to needle time	43 (30–55)	58 (40–76)	60 (45–85)	61 (45–90)	<0.001	60 (43–75)	70 (52–93)
Onset to treatment	250 (240–260)	205 (185–226)	150 (126–175)	110 (90–135)	<0.001	145 (129–165)	115 (95–135)

<sup>a</sup>Comparison using Kruskal–Wallis equality-of-populations rank test for all groups for the prospective cohort. Data are median (IQR). 156 patients were excluded from this analysis due to unclear OTD time.

In Table 3, the hospital management time is presented based on when the patient arrived to the hospital (i.e. prehospital time). For the prospective cohort ( $\leq 4.5$  h treatment time window), in hospital management times (door to imaging and DNT) were shorter for patients whose stroke onset to hospital arrival time was longer. When comparing patients who arrived at hospital within 60 min of symptom onset between prospective and historical control, we observed a 9 min shorter median DNT in the prospective compared to historical control and similar DNT (median 60 min) for patients who arrived hospital within 61–120 min of symptom onset.

### Clinical outcome data

Table 4 shows proportion and adjusted odds ratio for the SICH and 3-month outcomes. In the prospective cohort, there was no significant difference in proportions of SICH mortality and functional outcome at 3 months between 3–4.5 h and  $\leq 3$  h time window. Multivariate analyses showed no difference in SICH and mortality between 3–4.5 h and  $\leq 3$  h time window in the prospective cohorts. There was a significantly

lower odds ratio for functional independence at 3 months in the 3–4.5 h cohort compared to  $\leq 3$  h cohort.

In the  $\leq 3$  h time window, there was no significant difference in any outcome parameter between the prospective and retrospective cohort.

Figure 1 shows the similar distribution of mRS score at 3 months between the cohorts.

### Discussion

During the 30 months of the prospective study period, the SITS-UTMOST registry achieved the expected sample size of more than 1000 patients treated within the extended time window (3–4.5 h) fulfilling all other SmPC criteria. In the prospective cohort, there were minor differences in the baseline and demographic characteristics between 3–4.5 h and  $\leq 3$  h time window which are not clinically important. The only clinically important difference was 2 points lower baseline median NIHSS score in the 3–4.5 h time window than the  $\leq 3$  h in prospective cohort, which favoured 3–4.5 h time window. This may either represent milder stroke patients seeking hospital later than severe stroke or a greater proportion of patients with milder stroke

**Table 4.** SICH and 3-months outcomes.

Outcomes	Prospective 3–4.5 h n/N (%) aOR (95% CI)	Prospective within 3 h n/N (%) aOR (95% CI)	p-values <sup>a</sup>	Retrospective within 3 h n/N (%) aOR (95% CI)	p-values <sup>b</sup>
SICH (SITS-MOST) <sup>c</sup>	17/ 1082 (1.57)	49/ 2953 (1.66)	0.956	60/ 3391 (1.77)	0.811
Adjusted OR	1.08 (0.61–1.90)	–	0.787	0.91 (0.61–1.35)	0.639
SICH (ECASS II) <sup>d</sup>	42/ 1074 (3.91)	97/ 2946 (3.29)	0.395	131/ 3369 (3.89)	0.231
Adjusted OR	1.46 (0.99–2.15)	–	0.053	0.87 (0.65–1.15)	0.331
SICH (NINDS) <sup>d</sup>	59/ 1081 (5.46)	144/ 2950 (4.88)	0.509	194/ 3386 (5.7)	0.149
Adjusted OR	1.35 (0.98–1.87)	–	0.068	0.89 (0.70–1.12)	0.326
3 months (mRS 0–1)	399/ 782 (51.0)	1109/ 2230 (49.7)	0.562	1450/ 2951 (49.1)	0.692
Adjusted OR	0.87 (0.72–1.05)	–	0.159	0.96 (0.84–1.09)	0.514
3 months (mRS 0–2)	512/ 782 (65.5)	1453/ 2230 (65.2)	0.908	1878/ 2951 (63.4)	0.272
Adjusted OR	0.81 (0.67–0.99)	–	0.044	1.01 (0.88–1.15)	0.925
3 months mortality	93/ 801 (11.6)	251/ 2267 (11.1)	0.726	333/ 3021 (11.0)	0.990
Adjusted OR	1.30 (0.98–1.73)	–	0.066	1.10 (0.90–1.34)	0.339

SICH: symptomatic intracerebral haemorrhage; mRS: modified Rankin scale; aOR: adjusted odds ratio.

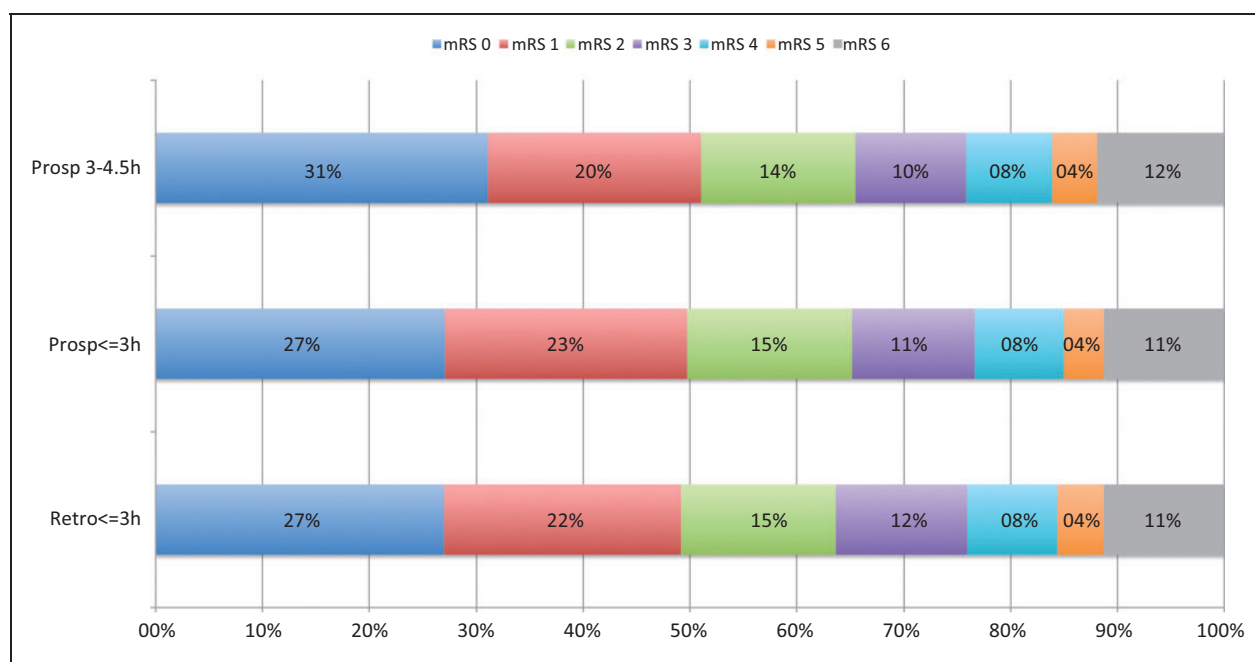
<sup>a</sup>For the prospective 3–4.5 h compared to prospective ≤3 h cohort. Multivariate analysis adjusted for age, sex, baseline NIHSS, history of diabetes mellitus, hyperlipidaemia and atrial fibrillation and treatment with Clopidogel at baseline.

<sup>b</sup>For ≤3 h prospective cohort compared to ≤3 h retrospective cohort. Multivariate analysis adjusted for age, baseline NIHSS, history of TIA, atrial fibrillation, and smoking, aspirin, antihypertensive and statin treatment at baseline.

<sup>c</sup>A local or remote parenchymal haemorrhage type 2 on the 22- to 36-h post-treatment imaging scan or earlier if clinically indicated, combined with a neurological worsening of ≥4 points between baseline and 24 h, or leading to death.

<sup>d</sup>Any intracerebral haemorrhage on any post-treatment imaging scans combined with NIHSS worsening ≥4 points between baseline and 7d, or leading to death.

<sup>e</sup>Any intracerebral haemorrhage on any post-treatment imaging scans combined with any decline in neurologic status as measured by NIHSS between baseline and 7d, or leading to death.

**Figure 1.** Modified Rankin scale score at 3 m.

severity being treated in recent years compared to previous years. When comparing  $\leq 3$  h time window between prospective and retrospective cohorts, in general the baseline and demographic characteristics were very similar. Most of the statistically significant differences were not clinically significant other than 1 point lower median NIHSS score in the  $\leq 3$  h prospective cohort than in the  $\leq 3$  h retrospective cohort.

As we observed in previous studies,<sup>8–10</sup> there was a longer hospital management time (7 min longer median door to imaging time and 24 min longer median DNT) in the 3–4.5 h time window compared to  $\leq 3$  h time window. Patients treated in the 3–4.5 h time window had milder strokes, which may have led to different management at the hospital. It is important to note that the median DNT in the prospective  $\leq 3$  h time window was 8 min shorter than in the corresponding  $\leq 3$  h retrospective cohort. Some patients in the 3–4.5 h cohort might not have received treatment under the original licence due to  $\leq 3$  h time window restriction. After extension of the time window beyond 3 h, centres would have more time to assess and thus greater potential to treat such patients with IV thrombolysis.

We also observed that in hospital management times (door to imaging, DNT) were longer when stroke onset to hospital arrival time was shorter (stroke onset to door time). These results may suggest that patients arriving at the limit of therapeutic time window are managed more rapidly than those arriving earlier. However, this interpretation may not be the sole explanation. It may be due to a mathematical reason since we have an upper time limit for start of treatment (4.5 h for prospective and 3 h for historical control). It is important to note that there was no negative impact on hospital management time for patients who arrived at hospital within first 2 h of symptom onset between the prospective and historical control. However, 60 min DNT is still long and hospitals should aim for DNT less than 40 min.

In the prospective cohort, we did not observe any difference in the SICH, mortality and functional outcome between the 3–4.5 h and  $\leq 3$  h time window. A similar observation was also noted for  $\leq 3$  h prospective and retrospective cohorts. These results were consistent in the multivariable analysis after adjustment for baseline imbalances, with the exception of a lower odds ratio for functional independence (mRS 0–2) at 3 months in the 3–4.5 h cohort compared to  $\leq 3$  h cohort. It is biologically plausible that later initiation of treatment will mean that the amount of core damage which is already established will be greater, and the salvageable penumbral tissue smaller, readily explaining this finding.

This study has certain limitations. Main limitation is the observational design with all its inherent weakness.

Some level of missing data for 3-month follow-up of the mRS may have influenced the results.

In conclusion, this observational study uncovered no evidence of poorer safety or functional outcome from treatment with IV thrombolysis in the 3–4.5 h time window after acute ischaemic stroke. We did not observe a negative impact of the extended time window on the hospital management logistics compared to those of the historically treated  $\leq 3$  h time window patients. The extended hospital management time for patients in the 3–4.5 h cohort is suboptimal and indicates scope for service improvement. This should have high priority since repeated pooled analyses have consistently shown that earlier initiation of treatment increases the odds for better outcome.<sup>3,4,6</sup>

### Declaration of Conflicting Interests

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### Ethical approval and informed consent

The study was approved by Ethics Committee Karolinska Institutet, Stockholm. Ethics approval and patient consent for participation in the SITS-ISTR were obtained in countries that required this; other countries approved the register for anonymized audit.

### Guarantor

N Ahmed and N Wahlgren had full access to all data in this study, and final responsibility for the preparation and content of this manuscript and its submission for publication.

### Contributorship

The study protocol was drafted by SITS and developed in close collaboration between SITS, Boehringer Ingelheim and the approving Competent Authorities of the EU within the MRP (Mutual Recognition Procedure). All data collection and analysis were conducted independently by SITS. To monitor the study, interim reports were written by SITS and Boehringer Ingelheim and submitted to Competent Authorities in EU during the prospective phase. N Ahmed wrote the initial draft of the manuscript. All authors including Boehringer Ingelheim representatives (KH, TD and EB) contributed to the manuscript by their comments.

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## Appendix

**Table IA.** Recruitment of patients per country.

Country	Prospective cohort		Retrospective cohort	
	Number	Percentage	Number	Percentage
Belgium	59	1.4	39	1.1
Bulgaria	87	2.1	35	1.0
Czech Republic	854	20.5	456	13.2
Finland	38	0.9	148	4.3
Germany	242	5.8	318	9.2
Italy	595	14.3	798	23.1
Poland	266	6.4	131	3.8
Portugal	192	4.6	201	5.8
Slovenia	72	1.7	44	1.3
Spain	127	3.1	54	1.6
Sweden	361	8.7	247	7.2
UK	1264	30.4	983	28.5
<b>Total</b>	<b>4157</b>	<b>100</b>	<b>3454</b>	<b>100</b>