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## Measurement Invariance of the DSM-5 Section III Pathological Personality Trait Model Across Sex

**Takakuni Suzuki,**  
Purdue University

**Susan C. South,**  
Purdue University

**Douglas B. Samuel,**  
Purdue University

**Aidan G.C. Wright,**  
University of Pittsburgh

**Matthew M. Yalch,**  
San Francisco VA Health Care System

**Christopher J. Hopwood,** and  
Michigan State University

**Katherine M. Thomas**  
Purdue University

### Abstract

The dimensional pathological personality trait model proposed in the Diagnostic and Statistical Manual for Mental Disorders, Fifth Edition (DSM-5), Section III Criterion B, has shown promising results for its validity and utility in conceptualizing personality pathology. However, as its structural equivalence across sex has yet to be tested, the validity for the model across males and females remains uncertain. In the present manuscript we examined sex measurement invariance of the DSM-5 trait model in a large undergraduate sample using the Personality Inventory for DSM-5. A series of confirmatory and exploratory factors analyses suggested that, although the exact facet-domain relationships as specified in the DSM-5 was not observed, the facets generally organize into a model with five latent factors similar to those listed in the DSM-5 Section III Criterion B. Further, these five factors were fully measurement invariant across sex at the configural, metric, and scalar levels. Examination of the latent trait mean levels suggest that females tend to have higher scores on latent Negative Affectivity whereas males tend to have higher scores on latent Antagonism, Detachment, Psychoticism, and Disinhibition. These results indicate that the DSM-5 Section III pathological personality trait model is fully structurally equivalent across sex, a property that is lacking in the traditional categorical model in Section II. This further validates the use of the dimensional DSM-5 trait model for personality disorder assessment and conceptualization in both research and clinical settings.

## Keywords

DSM-5; Section III; Personality Disorder; Sex; Measurement Invariance

Personality disorders (PDs) are assumed to have the same underlying structure across sex<sup>1</sup>, as implied by the usage of the same criteria for a diagnosis in both sexes (American Psychiatric Association [APA], 2013). For example, borderline PD is diagnosed using the same nine symptoms and the threshold of five symptoms for males and females. In more technical terms, this suggests that the PD symptoms and their relationship to PD constructs are assumed to be measurement invariant across sex (Meredith, 1993). This assumption has important implications for research and practice. For example, there are documented differences in categorical PD prevalence rates between males and females (Lynam & Widiger, 2007; Trull, Jahng, Tomko, Wood, & Sher, 2010). Without establishing measurement invariance, it is not clear whether these differences reflect the true, underlying sex differences in PD pathology or measurement differences in PD criteria. Past research suggests that several PD criteria are sex measurement *variant* (Jane et al., 2007). The categorical PD diagnostic model has numerous other well-documented problems and many researchers have argued that a dimensional conceptualization better captures PD constructs (e.g., Clark, 2007; Trull & Durrett, 2005; Widiger, 1993). Based on this research, Section III of the *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition* (DSM-5; APA, 2013), includes an alternative model for assessing personality pathology using dimensional traits. Like the categorical PD model, the DSM-5 Section III does not explicitly specify any differences in the structure or content of the trait model between males and females, which implies an assumption of sex measurement invariance. However, measurement invariance has not been examined for the DSM-5 Section III pathological personality trait model.

## The DSM-5 Pathological Personality Trait Model and Other Personality Models

The DSM-5 Personality and Personality Disorders Work Group constructed and proposed a diagnostic model to replace the existing categorical PD diagnostic model given its many problems (e.g., Clark, Watson, & Reynolds, 1995; Widiger, 1993). This effort led to a hybrid criterion for the diagnosis of PD: Impairment in personality functioning (criterion A) and a dimensional pathological personality trait model (criterion B; DSM-5 traits). This diagnostic model was incorporated into Section III (Emerging Measures and Models) of the DSM-5. The focus of the present manuscript is the dimensional DSM-5 trait model (criterion B) that consists of five higher domain traits (Negative Affectivity, Detachment, Antagonism, Disinhibition, Psychoticism) subsumed by 25 lower order facet traits. Currently, the model can be operationalized using the Personality Inventory for the DSM-5 (PID-5; Krueger, Derringer, Markon, Watson, & Skodol, 2012). Since its publication, several studies using the PID-5 have provided evidence for the validity of the DSM-5 traits for assessing PDs. For

<sup>1</sup>Throughout this manuscript, we refer to the category as “sex” and the groups as “males/females.” We believe these terms are mostly equivalent for this manuscript’s purpose to the terms “gender” and “men/“women,” and we considered both options. Ultimately, because the majority (>97%) of the questionnaires we used asked participants to specify their “sex” as “male/female,” we chose this terminology to maintain accuracy with the wording most participants were presented.

example, the DSM-5 traits are reliably measured across populations (De Fruyt et al., 2013; Suzuki, Samuel, Pahlen, & Krueger, 2015; Wright et al., 2012), are temporally stable (Suzuki, Griffin, & Samuel, 2016; Wright et al., 2015), and generally capture the essence of several traditional categorical PDs (Few et al., 2013; Hopwood, Thomas, Markon, Wright, & Krueger, 2012). The five pathological trait domains can also be organized into a hierarchical structure (Morey et al., 2013; Wright et al., 2012) in a manner that is generally consistent with the hierarchical organization of normal personality traits (e.g., Digman, 1990; Markon, Krueger, & Watson, 2006).

The DSM-5 trait model was constructed with the assumption that it would capture the entire range of PD-related constructs, but was developed without any particular existing model in mind (Krueger et al., 2012). Nonetheless, the DSM-5 traits overlap considerably with the traits of the Five Factor Model (FFM), which have long been argued as valuable for conceptualizing PD constructs (e.g., Lynam & Widiger, 2001; Samuel & Widiger, 2004; Widiger & Clark, 2000; Widiger & Mullin-Sweatt, 2009). For example, joint factor analyses of the PID-5 with various FFM measures generally converge onto five domains (e.g., Gore & Widiger, 2013; Griffin & Samuel, 2014; Thomas et al., 2013; however, for an exception, see Ashton, et al., 2012). Of these five emerging domains, four tend to be the expected mix of the hypothesized DSM-5 trait model and FFM domain counterparts (the association between Psychoticism and the Openness to Experience domains is less clear; e.g., Suzuki et al., 2015). In addition, DSM-5 domain traits show similar associations with criterion variables such as GPA, alcohol consumption, and religiosity as FFM domains (Suzuki et al., 2016).

## Sex Measurement Invariance of Personality Disorder and General Personality

The assumption of sex measurement invariance embedded in most personality models has several important implications. For example, it allows the interpretation of any observed sex differences as related to actual differences in PD phenomena across females and males. Sex differences in categorical PD prevalence rates and mean FFM personality trait levels are well documented (e.g., Costa, Terracciano, & McCrae, 2001; Lynam & Widiger, 2007; Trull, Jahng, Tomko, Wood, & Sher, 2010). Specifically, more females are diagnosed with borderline and dependent PDs whereas more males are diagnosed with antisocial and narcissistic PDs (Lynam & Widiger, 2007; Trull, Jahng, Tomko, Wood, & Sher, 2010); females tend to report higher levels of FFM Neuroticism and Agreeableness compared to males (Costa, Terracciano, & McCrae, 2001; Feingold, 1994). These sex differences in PD prevalence rates and trait means are also likely related (Lynam and Widiger, 2007). Since the DSM-5 Criterion B trait model is situated between categorical PD and FFM frameworks, similar observed sex differences might be expected for the domains of this model, as well.

However, without establishing measurement invariance, the source of observed differences in traits remains uncertain: Sex differences could reflect “true” latent prevalence or trait differences between sexes, as is often assumed, or it could reflect distortion or bias in the model (i.e., a sex measurement *variant* model). Unless the model reflects the latent traits in a similar way (e.g., accurately, biased in the same way across sex), any observed trait

differences between males and females could contribute to inaccurate diagnosis (Widiger, 1998). Research suggests that the FFM models are generally invariant, especially at the overall model level (Chapman, et al., 2007; Ehrhart, Roesch, Ehrhart, & Kilian, 2008; Gomez 2006; Samuel et al., 2015). On the other hand, the categorical PD model is partially measurement *variant*: one paranoid, three antisocial, and two schizoid PD symptoms are measurement variant (Jane et al., 2007). Since the antisocial PD symptoms are biased such that it is “easier” for males to endorse the symptoms, the prevalence difference could be due to the measurement bias and may not reflect true underlying differences in the construct.

Establishing measurement invariance of the DSM-5 traits as measured by the PID-5 is also important for ensuring construct validity. If males and females typically have different behavioral manifestations of latent personality traits, then the same behavior could represent different domains across sex (e.g., spending time alone could more often be a manifestation of depressivity in males, but withdrawal in females) and/or the same domain may manifest in different behaviors across sex (e.g., Antagonism could manifest as suspiciousness in males, but as hostility in females). This would suggest that, in research, combining data from both sexes into one sample is problematic and researchers would need to consider examining the model’s psychometric properties, utility, and validity separately by sex. In clinical settings, clinicians would be advised to use different calculation methods from responses to assess a client’s personality profile. Further, measurement *variance* could also suggest that different diagnostic criteria or treatment options may be needed for males and females even for the same target behaviors or symptoms.

To date, two studies have examined mean sex differences of the DSM-5 trait model using non-English variants of the PID-5. One study used a Dutch-translated full version of the PID-5 and found that males scored higher on risk taking, but did not examine sex measurement invariance (Van den Brock, et al., 2013). Another study used a Norwegian-translated 36-item version of the PID-5 (South et al., in press). They found six (rather than the five that is usually identified) latent domains and confirmed biological sex measurement invariance across these six domains. They further found that males had higher trait means across all domains except Negative Affectivity, which was equivalent across sex. However, since this study used only selected items, it did not assess the full DSM-5 Section III trait model (i.e., full English PID-5). Therefore, the assumption of measurement invariance made in the DSM-5 as measured by the PID-5 remains untested.

## The Present Study

We first aimed to establish the latent structure of the DSM-5 Criterion B traits as measured by the PID-5 in the combined sample of males and females. This is a requisite step for conducting subsequent sex measurement invariance analyses. Based on past research examining the structure of the DSM-5 trait model, we expected to identify a five factor structure. Given the relationship of the DSM-5 traits with the FFM traits (which has demonstrated sex measurement invariance) and categorical PDs (which has demonstrated some sex measurement invariance) we expected to observe sex measurement invariance of the DSM-5 trait model. Specifically, we expected the same number of latent domains to underlie the 25 facets, the same relationships between facets and domains, and the latent

scores to have the same meaning across sex. Likewise, we expected to observe sex differences in mean levels of DSM-5 traits consistent with what has been found for normal personality traits and PDs. Specifically, we expected females to have higher Negative Affectivity but lower Antagonism (Chapman, Duberstein, Sörensen, & Lyness, 2007; Costa et al., 2001; Ehrhart et al., 2008; Feingold). The direction of domain level sex differences in Detachment and Disinhibition has been inconsistent in past research and thus we did not make specific directional hypotheses regarding sex differences in these domains. Likewise, we did not have a specific prediction for psychoticism, because sex PD prevalence rate differences have been inconsistent for this domain in past research and its lack of a clear relation to openness does not allow for inferences from the FFM literature.

## Method

### Sample and procedure

A total of 6,376 undergraduate ( $AgeM = 19.48$ ; 65.8% female; 79.2% White, 8.8% Asian, 5.8% Black, 3.4% Hispanic, 1.5% Multi-racial, 1.3% Non-identified) from three mid-western universities completed questionnaires online. The data collections were approved by the appropriate institutional review board. Most of the data analyzed in the present manuscript has been used in past studies examining the DSM-5 trait structure or its relationship to FFM and other traits (Griffin & Samuel, 2014; Hopwood et al., 2012; Thomas et al., 2013; Wright et al., 2012; Yalch & Hopwood, 2016). Specifically, Griffin and Samuel (2014) and Thomas et al. (2013) conducted joint factor analyses of the facets from the FFM measures (NEO Personality Inventory-Revised and FFM Rating Form, respectively) and the PID-5 to examine the domain structure similarity of the two models; Hopwood et al. (2012) examined the relationships between the PID-5 and the Section II categorical PDs; Wright et al. (2012) examined the hierarchical structure of the PID-5 and its similarity to previously reported general personality models; and Yalch and Hopwood (2016) examined the relationships between the PID-5 and the Computer Adaptive Test of Personality Disorder (Simms, et al., 2011). However, data across these three samples have not previously been analyzed in conjunction and no analyses pertaining to sex were conducted in prior studies using portions of this data.

**The Personality Inventory for DSM-5**—The PID-5 is a 220-item self-report measure that assesses the DSM-5 Section III Criterion B trait model's five pathological personality domains and the 25 facet traits that comprise the domains (Krueger et al., 2012). Facets are assessed with items ranging from four to 14 items and the reliabilities ranged from  $\alpha = .69$  (Suspiciousness)<sup>2</sup> to .95 (Eccentricity; Median = .85). Because the smallest unit in the DSM-5 trait model is the facet, facet scores were calculated as the average of the answered items. Validity of the data was examined across all samples, but in distinct ways across data collections<sup>3</sup>. This included eliminating participants based on missing data, their responses to items of the infrequency scale of the Personality Assessment Inventory (Morey, 1991), and strings of same responses across consecutive items.

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<sup>2</sup>Three other facets with reliabilities of  $\alpha < .80$  were Irresponsibility (.76), Submissiveness (.77), and Grandiosity (.79).

<sup>3</sup>Approximately 10% of the data were excluded from the analysis due to the validity screening.

## Data Analysis

All analyses were conducted using the Mplus software version 8 and maximum likelihood estimation (Muthén and Muthén, 2017). Mplus defaults were used (e.g., latent factors were allowed to correlate with each other) and standardized latent factors are reported in the present manuscript.

As a first step, we estimated a factor model using the whole sample, combining data from both sex groups and essentially replicating past studies. A series of analyses to find the best latent model for the present data were conducted. First, the fit of the DSM-5 trait model as measured by the PID-5 was tested using a confirmatory factor analysis (CFA) by specifying the 25 facets to load onto the five latent domains as listed in the DSM-5 Section III Criterion B (APA, 2013). For example, emotional regulation, anxiousness, separation insecurity, submissiveness, hostility, perseverance, depressiveness, suspiciousness, and restricted affectivity were specified to load onto the Negative Affectivity domain. The specifications included interstitial facets loading onto multiple domains as indicated in the DSM-5 Section III, as well. Specifically, depressivity, suspiciousness, restricted affectivity facets loaded on both Negative Affectivity and Detachment domains and hostility loaded on both Negative Affectivity and Antagonism. Each of the remaining facets loaded only on one domain (the complete specifications of the DSM-5 Section III are indicated in Table 2). Although other potential structures of the traits exist (e.g., Krueger et al., 2002), CFA was conducted only for the model officially listed on the DSM-5. This decision was due to the focus of this manuscript on the model and not on any specific scoring scheme (e.g., APA, 2013; Krueger et al., 2012; Maples et al., 2015).

CFA can be an unrealistically strict analysis to fit complex, personality models (see Hopwood & Donnellan, 2010) and past research examining the structure of the five-factor structure using non-CFA approaches have not replicated the exact pattern of the proposed model (e.g., Maples, et al., 2015). However, no research has previously examined the exact model as specified in the DSM-5 Section III using CFA. Therefore, the CFA of the proposed model was not expected to fit well, but was tested in the present study. This analysis was followed with a series exploratory structural equation modeling (ESEM). We first conducted an unrestricted, single-group exploratory factor analysis (EFA), a special case of ESEM, using all 25 facets to identify the best fitting number of latent factors and the model of the PD traits for the present data. The results of the EFA were examined using both a theoretical approach guided by previous research and an empirical approach guided by the fit indicators of the analyses. For the ESEM analyses, fit indices of RMSEA .08, CFI .90, TLI .90, and SRMR .10 were used to indicate adequate fit of the models (Hu & Bentler, 1999; MacCallum, Browne, and Sugawara, 1996). We also calculated the congruence coefficients of the domains between the loadings reported by Krueger and colleagues (2012) and the target rotated model as well as the model identified in this manuscript (Lorenzo-Seva & ten Berge, 2006).

Once the latent model was identified, three levels of measurement invariance were examined. ESEM was used because it likely better captures the complexity of personality models and has been used for previous measurement invariance studies (Furnham, Guenole, Levine, & Chamorro-Premuzic, 2013). Within ESEM, starting with a baseline model in

which all parameters were allowed to be estimated separately for each sex, we gradually applied stricter equality restrictions across sex to assess measurement invariance (Meredith, 1993). If the additional restriction does not decrease model fit appreciably from the previous restriction level, then this level of sex measurement invariance is considered to be achieved (i.e., no sex bias at this particular level). The first, and the least restrictive, level of measurement invariance is the configural invariance. At this level, only the number of the latent factors are restricted to be the same across sex. From the DSM-5 trait model, we expected five domains to fit well in both sexes. The second level is the metric (or weak) invariance. At this level, the factor loadings of the facets onto the domains are restricted to be the same across sex. Meeting metric invariance would suggest that each facet has the same relationship to the latent domains across sex. In other words, this means that, a one point increase in the latent factor trait across sex will be reflected in the same degree of increase in the observed scale. The third level, and the strictest examined in this manuscript, is the scalar (or strong) invariance. At this level, the intercepts of each domain are restricted to be equal across sex. Meeting scalar invariance would suggest that the latent factor scores have the same meaning across sex and allows researchers to compare the latent domain scores. This level of invariance supports the notion that any observed latent mean level sex differences in the data reflect true sex differences and is not due to an artifact of a sex bias in the model or measure. There is another level of measurement invariance, called strict invariance, which is rarely attained (van De Schoot et al., 2015). At this level, the residual (i.e., error) variances are constrained to be equal. Because the present manuscript focused on the equivalence of the latent structure and comparison of domain means across sexes (i.e., we had no a priori hypotheses that the residual error variance would be equivalent across sex), we did not assess strict measurement invariance.

Two indicators were used to assess change in the fit due to each measurement invariance equality restrictions. Although the chi-square difference test is often used to assess change in fit, it was not used in the present study because this test is highly conservative and sensitive to small differences in fit that do not have practical significance, especially with the large sample size of the present data set (Steiger, 2007). Instead, change in CFI was used as an indicator of significant worsening of the fit due to constraining parameters to be equal across groups (i.e., evidence of measurement *variance*; Cheung & Rensvold, 2002). Results from a simulation studies conducted by Cheung and Rensvold (2002) suggest that  $(CFI) > .01$  is a good indicator to test measurement invariance of models, as well as for nested models in general. This provides a guideline to make a dichotomous decision similar to the chi-square difference test. However, it (as does the chi-square) still lacks straightforward indication of how *much* the constraint worsened the fit. Therefore, we also computed the recently proposed *w*-coefficient to quantify the amount of change in fit across levels of invariance (Newsom, 2015). The *w*-coefficient can be interpreted similarly to Pearson correlation coefficients such that taking the square of the coefficient indicates the proportion of chi-square of the stricter model due to the added model constraints.

## Results

### Latent Model Identification

Using a theoretical approach, we first conducted a CFA of the DSM-5 trait model as proposed in the DSM-5 manual, including the interstitial loadings of the facets. The fit indices indicated poor fit of this model (Table 1)<sup>4</sup>. This result was expected from the strict nature of the CFA and past studies. Nonetheless, due to the poor fit, the DSM-5 model as proposed in Section III was not further examined in the present manuscript.

We next used an exploratory empirical approach and examined EFA models to find the best fitting model to the present data using eigenvalues and fit indices (Steiger, 2007). Parallel analysis from Mplus suggested a four factor solution (eigenvalues for one to five factor solutions from observed data were, 9.62, 2.641, 2.06, 1.46, 0.963, respectively; from parallel analyses were, 1.11, 1.10, 1.09, 1.07, 1.07, respectively). However, the fit indices (i.e., RMSEA = .10; CFI = .87; TLI = .82; SRMR = .09; Table 1) suggested inadequate fit for the four-factor solution. Therefore, this model was not further considered. We continued to increase the number of factors and we observed that the six-factor model provided the best fit to our data: good fit according to CFI (.94) and SRMR (.02), adequate fit according to RMSEA (.076 with 90% confidence interval of [.075, .078]), and nearly adequate fit according to TLI (.89; Hu & Bentler, 1999; MacCullum, et al., 1996). Although with a slight decrease in the fit, we also found that the five-factor model produced similar model fit statistics (CFI = .91; SRMR = .03; RMSEA = .088 [.087, .090]; TLI = .85). To determine the best-fitting model for further measurement invariance analyses, we examined the interpretability of the five- and six-factor solutions. The five-factor solution was generally interpretable within the DSM-5 trait model and the FFM framework. Emergent factors resembled Negative Affectivity, Antagonism, Detachment, Psychoticism, and Disinhibition (Table 2). The congruence coefficients of the non-targeted rotated EFA domains with the loadings reported by Krueger and colleagues (2012) were .88, .87, .93, .80, and .94, respectively. The congruence coefficients of the target rotated ESEM domains with the loadings reported by Krueger and colleagues (2012) were .95, .96, .97, .92, and .81, respectively. The sixth factor in the six-factor model split the Detachment factor into two factors but otherwise essentially retained a cogent five-factor structure (For interested readers, this information is available as Supplemental Table 1). This structure did not resemble any of the six factor models reported in the trait literature (e.g., HEXACO, Big Six; De Fruyt et al., 2013; Lee & Ashton, 2004; Watson, Clark, & Chmielewski, 2008). Therefore, the five-factor structure was considered more interpretable and parsimonious and was selected for subsequent analyses.

### Sex Measurement Invariance

We examined sex measurement invariance analyses of the five-factor structure using ESEM while progressively constraining selected parameters across sex. We first tested configural invariance to examine whether the same number of latent domains underlie pathological trait models for both sex by constraining the number of latent factors to be equal for both groups.

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<sup>4</sup>CFA was conducted for each sex separately, as well, and similar results for both sexes were found.



The fit indices of this analysis were comparable to the five-factor solution of the overall sample (RMSEA = .088, 90% CI = [.087, .090]; CFI = .91; TLI = .85; SRMR = .03; Table 3), suggesting that a five factor latent structure explains the covariation among 25 personality facets for both males and females reasonably well.

We next tested metric (weak) invariance to examine the equality of the relationships between facets and latent domains by constraining the factor loadings of all facets on the five latent domains to be equal between groups. Alternatively, this can be conceptualized as the “slope” of the regression equations that predict facet scores from domain score to be equal across sex. The fit indices remained comparable (RMSEA = .080, 90% CI = [.079, .082]; CFI = .90; TLI = .87; SRMR = .04) and the CFI from configural invariance (i.e., first level) was less than 0.01. The  $w$ -coefficient also suggested that the variance accounted for by the constraints was less than 1% and that the facet-domain loading constraints among sex did not alter the fit significantly.

Lastly, we tested scalar (strong) invariance by constraining the intercepts of each facet across groups in addition to the constraints in the metric invariance analysis (i.e., same factor loadings of facets to the five domains). The fit indices remained comparable (RMSEA = .081, 90% CI = [.080, .083]; CFI = .90; TLI = .87; SRMR = .04) and the CFI from metric invariance was again less than 0.01. The  $w$ -coefficient also suggest that the variance accounted for by the additional constraints was less than 1% and that the intercept constraints across sex did not alter the fit significantly.

Achieving scalar equivalence allowed for the comparison of the latent trait means across sex. Consistent with our predictions, females had higher scores on Negative Affectivity but lower scores on Antagonism (Table 4). Males had higher scores on Detachment, Psychoticism, and Disinhibition.

## Discussion

In this study we examined the sex measurement invariance of the DSM-5 Criterion B trait model as measured by the PID-5 to ascertain whether the structure of this model differs between males and females. We first conducted a CFA of the DSM-5 trait model as specified in the DSM-5. To our knowledge, the present manuscript is the first to conduct a CFA of the proposed model as specified. The CFA result indicated that the DSM-5 facet-domain relationships as proposed in the DSM-5 were not observed in the full sample. A more acceptable fit was attained using EFA. Even without target rotating the loadings to the first manuscript that reported on the model (i.e., Krueger et al., 2012), as many prior studies have done, we observed the general structure of the five domains and facet loadings as expected from the DSM-5 Section III and the relation of this model to the FFM. Specifically, Negative Affectivity was characterized by all facets specified in the DSM-5, except for restricted affectivity, and additionally by distractibility, anhedonia, and (reverse) risk taking; Antagonism was characterized by all facets specified and additionally by risk taking and somewhat by irresponsibility; Detachment was characterized by all facets specified, except suspiciousness, and additionally with callousness and moderate (reverse) attention seeking; and Disinhibition and Psychoticism were fairly clearly characterized by their specified

facets. However, two of the four fit indices of this model did not reach adequacy (i.e., RMSEA > .08, TLI < .90). Therefore, the sex measurement invariance of the final model may be constrained by the overall fit of the model.

Sex measurement invariance was observed at all three levels examined: The same number of factors, the same 25 facet-to-factor relationships, and the same intercepts of all 25 facet indicators were identified across males and females. These findings add to the evidence for the validity of the DSM-5 trait model and indicate sex measurement invariance similar to the FFM and better than the categorical PD model (Jane et al., 2007; Samuel et al., 2015). This finding confirms that the DSM-5 alternative pathological trait model conceptualizes pathological personality features similarly across sex and permits examination of mean differences and validity correlates across sex. At the latent trait level, females were observed to have higher Negative Affectivity and males to have higher scores on Detachment, Antagonism, Disinhibition, and Psychoticism.

### Future Directions

Overall, these results encourage ongoing use of the DSM-5 trait model in research and practice. One particularly exciting avenue for future work involves the degree to which pathological traits might provide a transdiagnostic model of psychopathology that extends beyond the personality disorders (Krueger & Markon, 2006). Many of the traits captured in this model can be related to other mental disorders listed in the DSM-5 at least as well as they do to the personality disorders (e.g., depression, substance use; Kotov, Gamez, Schmidt, & Watson, 2010; Lenzenweger, Lane, Loranger, & Kessler, 2007) and the covariance structure of common mental disorders is highly similar to that of pathological traits (Markon, 2010; Sharp, 2016; Wright & Simms, 2015). As a sex measurement invariant model that comprehensively captures individual differences, this model has the potential to contribute to a more evidence based framework for conceptualizing psychopathology in general. Particularly, the current findings provide further support for recent advances focusing on transdiagnostic factors as characterized in the Hierarchical Taxonomy of Psychopathology initiative (Kotov et al., in press) and the Research Domain Criteria proposed by the National Institute of Mental Health (Insel, et al., 2010). The current findings suggest that such dimensional structures may be a promising framework to organize psychopathology and compare its structure across groups. However, more research explicitly tying the DSM-5 model and these dimensional models as well as research examining the measurement invariance of these models will be needed to make firmer claims on these properties.

Specific limitations of this study also suggest the need for future work. First, it is important to note that most of the data analyzed were data that have been published before to support the five factor solution of the DSM-5 trait model (Griffin & Samuel, 2014; Hopwood et al., 2012; Thomas et al., 2013; Wright et al., 2012). Therefore, the latent structure identified in this manuscript should not be interpreted as a novel replication. While a large body of research supports the replicability of five factors at one particularly useful level of abstraction in the personality hierarchy, ongoing work is needed to articulate the details of the structure of personality and psychopathology.

Second, all data were self-reported data collected online. An informant version of the PID-5 is currently available, but there are currently no fully developed interview version of the PID-5 that can assess the DSM-5 traits (a proxy interview measure was created based on the Structured Clinical Interview for the DSM-IV Personality Disorder; Finn, Arbisi, Erbes, Polusny, & Thuras, 2014; also see Morey, Krueger, & Skodol, 2013, for 25-item clinician rating form). Similar analyses using the informant version and other forms, when they become available, will help further the validity of the model to conceptualize pathological traits.

Third, all of the data were collected from mostly white undergraduate students. Many researchers studying PDs have used undergraduate samples and the dimensional hypothesis of PDs gives reasonable confidence in the generalization of the present findings (e.g., O'Connor, 2002). General measurement invariance of FFM across sex seems to replicate among different age groups, as well (adolescents, college, and geriatric; Chapman, et al., 2007; Ehrhart, Roesch, Ehrhart, & Kilian, 2008; Gomez 2006; Samuel et al., 2015). Nevertheless, future replications using different samples would support the current findings. Replication in clinical samples would be particularly important given that the DSM-5 is primarily used for clinical diagnosis. Data from more ethnically diverse samples would be of considerable value as well, especially given previous research indicating measurement non-equivalence for FFM measures across ethnic groups (Ehrhart et al., 2008; Rollock & Lui, 2015). Similarly, examining the measurement invariance of the model among diverse countries could add more information regarding the universality of the model. The DSM-5 is used internationally, and efforts have been made to bridge it with the International Statistical Classification of Diseases and Related Health Problems (World Health Organization, 2004). Identifying a pathological trait model that generalizes across languages, cultures, and ethnicities would contribute to research on universal models of individual differences and support investigations on the underlying mechanisms of psychopathology as is consistent with the Research Domain Criteria initiative of the National Institute of Mental Health (Insel et al., 2010).

Finally, the sex-related psychometric properties of the PID-5 and other trait models could be examined more thoroughly. The present manuscript focused on the facet-to-domain level of the PID-5. However, measurement biases could exist at the item-level, as well. Item response theory-based differential item functioning analyses could be used to examine the properties of specific items in order to further refine this particular instrument and pathological trait assessment more generally. Additionally, the findings from the current series of measurement invariance analyses apply only to the model identified through the ESEM analyses of facets and does not apply to specific structures (e.g., the official PID-5 scoring scheme of three facets per domain). Although we believe that the model identified through ESEM captures the essence of the model broadly, our results do not provide support for any specific scoring scheme.

## Summary

Research on the DSM-5 Section III Criterion B trait model has shown promise as an alternative to the problematic categorical model of PDs. The present manuscript documented

another powerful property of the DSM-5 trait model as measured by the PID-5 by demonstrating that it is fully sex measurement invariant. This property was not present in the categorical model of personality pathology and indicates the advance in the conceptualization of the personality pathology. Our data suggest that researchers can study these groups in conjunction and clinicians can treat personality pathology similarly across male and female clients.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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**Table 1**

Fit Indices of the Confirmatory and Exploratory Factor Analyses of the DSM-5 Alternative PD Traits

	$\chi^2$	(df)	RMSEA	CFI	TLI	SRMR
CFA DSM-5	24903.87	(261)	0.122	0.752	0.715	0.093
EFA 4 factors	12824.48	(206)	0.098	0.873	0.815	0.035
EFA 5 factors	9340.44	(185)	0.088	0.908	0.851	0.029
EFA 6 factors	6304.29	(165)	0.076	0.938	0.888	0.022

*Note.* DSM-5 = Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition; RMSEA = Root Mean Square Error of Approximation; CFI = Comparative Fit Index; TLI = Tucker-Lewis Index; SRMR = Standardized Root Mean Square Residual.



**Table 2**  
Standardized Loadings of the Facets onto the Factors for the Five Factor EFA Solution

Facet	Factor 1	Factor 2	Factor 3	Factor 4	Factor 5
Anxiousness	<u><b>0.86</b></u>	-0.12	-0.01	0.06	-0.11
Emotional Lability	<b>0.74</b>	-0.01	-0.18	0.12	0.05
Separation Insecurity	<u><b>0.67</b></u>	0.13	-0.12	-0.07	0.04
Perseveration	<u><b>0.56</b></u>	0.05	0.00	0.35	0.06
Submissiveness	<b>0.49</b>	0.05	-0.03	-0.05	-0.03
Suspiciousness	<u><b>0.41</b></u>	0.17	<u>0.24</u>	0.15	-0.03
Distractibility	<b>0.41</b>	0.08	0.04	0.14	<u>0.38</u>
Depressivity	<b>0.59</b>	-0.01	<b>0.44</b>	0.02	0.22
Rigid Perfectionism	<u><b>0.46</b></u>	0.05	-0.11	0.35	<u><b>-0.44</b></u>
Manipulativeness	0.00	<u><b>0.83</b></u>	-0.03	0.00	-0.11
Deceitfulness	0.15	<b>0.79</b>	0.16	-0.08	0.04
Attention Seeking	0.12	<u><b>0.64</b></u>	-0.36	0.02	0.04
Grandiosity	-0.06	<u><b>0.63</b></u>	0.01	0.22	-0.26
Hostility	<b>0.42</b>	<u><b>0.47</b></u>	0.12	0.00	-0.06
Callousness	-0.03	<u><b>0.63</b></u>	<b>0.43</b>	0.04	0.03
Irresponsibility	0.13	0.39	0.31	0.03	<u>0.37</u>
Withdrawal	0.32	0.00	<u><b>0.61</b></u>	0.22	-0.11
Restricted Affectivity	<u>-0.13</u>	0.20	<u><b>0.50</b></u>	0.25	-0.03
Intimacy Avoidance	-0.01	0.04	<u><b>0.45</b></u>	0.26	0.04
Anhedonia	<b>0.53</b>	-0.02	<u><b>0.63</b></u>	-0.06	0.10
Unusual Beliefs and Experiences	0.02	0.02	0.02	<u><b>0.79</b></u>	0.03
Eccentricity	0.22	0.01	0.01	<u><b>0.52</b></u>	0.19
Perceptual Dysregulation	0.24	0.00	0.09	<u><b>0.65</b></u>	0.18
Impulsivity	0.02	0.39	-0.07	0.04	<u><b>0.58</b></u>
Risk Taking	-0.36	<b>0.44</b>	-0.16	0.04	<u><b>0.47</b></u>

Note. Bolded = Factor loading of above |.40|. Underlined = DSM-5 specifications if Factor 1 is Negative Affectivity, Factor 2 is Antagonism, Factor 3 is Detachment, Factor 4 is Psychoticism, and Factor 5 is Disinhibition

**Table 3**

Fit Indices at each Measurement Invariance Level and Comparisons of the Indices between Levels.

	AIC	BIC	$\chi^2$	(df)	Men	Females	RMSEA	CFI	TLI	SRMR	w-coefficient
Configural	195125.7	197354.6	9505.7	(370)	3371.8	6133.9	0.088	0.906	0.848	0.029	
Metric	195521.6	197075.0	10101.5	(470)	3810.5	6291.1	0.080	0.901	0.874	0.035	
Scalar	196154.1	197572.5	10774.0	(490)	4232.6	6541.4	0.081	0.895	0.871	0.037	
Configural vs. Metric	395.9	-279.6	595.9	(100)	438.7	157.2	-0.008	-0.005	0.026	0.006	0.03
Metric vs. Scalar	632.5	497.4	672.5	(20)	422.2	250.3	0.001	-0.006	-0.003	0.002	0.07

Note. AIC = Akaike Information Criterion; BIC = Bayesian Information Criterion; males = Amount of  $\chi^2$  accounted for by men; Females = Amount of  $\chi^2$  accounted for by females; RMSEA = Root Mean Square Error of Approximation; CFI = Comparative Fit Index; TLI = Tucker-Lewis Index; SRMR = Standardized Root Mean Square Residual.

**Table 4**

Standardized Domain Means for Females Compared to Males

	Mean	SE	<i>P</i>
Negative Affectivity	0.29	0.03	<0.01
Antagonism	-0.52	0.03	<0.01
Detachment	-0.46	0.03	<0.01
Psychoticism	-0.46	0.03	<0.01
Disinhibition	-0.24	0.04	<0.01

*Note.* SE = Standard error; *p* = two-tailed statistical significance; males were used as the reference group with *M* = 0 for all domains.

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