

Comparison of the Superpolymyxin and ChromID Colistin R Screening Media for the Detection of Colistin-Resistant *Enterobacteriaceae* from Spiked Rectal Swabs

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ABSTRACT The dissemination of carbapenemase-producing Enterobacteriaceae (CPE) has led to the increased use of colistin, which has resulted in the emergence of colistin-resistant Enterobacteriaceae worldwide. One of the most threatening scenarios is the dissemination of colistin resistance in CPE, particularly the plasmidencoded resistance element MCR. Thus, it has now become mandatory to possess reliable media to screen for colistin-resistant Gram-negative bacterial isolates, especially Enterobacteriaceae. In this study, we evaluated the performances of the Superpolymyxin medium (ELITechGroup) and the ChromID Colistin R medium (bioMérieux) to screen for colistin-resistant Enterobacteriaceae from spiked rectal swabs. Stool samples were spiked with a total of 94 enterobacterial isolates (Escherichia coli, Klebsiella pneumoniae, Salmonella enterica, Enterobacter cloacae), including 53 colistinresistant isolates. ESwabs (Copan Diagnostics) were then inoculated with those spiked fecal suspensions, and culture proceeded as recommended by both manufacturers. The sensitivity of detection of colistin-resistant Enterobacteriaceae was 86.8% (95% confidence interval [95% CI] = 74.0% to 94.0%) using both the Superpolymyxin medium and the ChromID Colistin R plates. Surprisingly, the isolates that were not detected were not the same for both media. The specificities were high for both media, at 97.9% (95% CI = 87.3% to 99.9%) for the Superpolymyxin medium and 100% (95% CI = 90.4% to 100%) for the ChromID Colistin R medium. Both commercially available media, ChromID Colistin R and Superpolymyxin, provide useful tools to screen for colistin-resistant Enterobacteriaceae from patient samples (rectal swabs) regardless of the level and mechanism of colistin resistance.

KEYWORDS MCR, polymyxin, sensitivity, specificity

Colistin and polymyxin B represent some of the few remaining options for the treatment of infections caused by multidrug-resistant and extremely drug-resistant Gram-negative bacteria, especially carbapenemase-producing *Enterobacteriaceae* (CPE) (1). Uncertainty remains over the best treatment option that should be used to manage infections caused by CPE. Treatment with carbapenem in combination with amikacin and treatment with colistin have achieved therapeutic results in some cases (2). Unfortunately, due to the dissemination of CPE, the increased use of colistin has led to the emergence of colistin-resistant *Enterobacteriaceae* worldwide (3). Colistin is a cationic antimicrobial peptide that interacts with the lipid A moiety of the lipopoly-saccharide (LPS), disrupting the negatively charged outer membrane of Gram-negative bacteria. In Gram-negative bacteria, the main resistance mechanisms consist of LPS modification through the addition of positively charged 4-amino-4-deoxy-L-arabinose or phosphoethanolamine. In *Enterobacteriaceae*, the operons encoding enzymes in-

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Accepted manuscript posted online 15 October 2018 Published 21 December 2018 volved in these modifications are *arnBCADTEF* and *pmrCAB*, respectively (4–6). Activation of the LPS-modifying genes is associated with chromosome-encoded resistance mechanisms, such as mutations in the PmrA/PmrB or PhoP/PhoQ two-component system, or through alterations to the master regulator MgrB (5, 6). In 2016, the expression of a plasmid-encoded phosphoethanolamine transferase, named MCR-1, was described as being involved in colistin resistance in *Enterobacteriaceae* (7). Since then, eight families of *mcr* genes (*mcr-1* to *mcr-8*) have been assigned, and descriptions of seven were published previously (7–13). One of the most threatening scenarios is the wide dissemination of *mcr* in CPE isolates, again limiting therapeutic options. In addition, with (i) the rapid rise of *mcr* variants and (ii) the probability that an unknown number of polymyxin resistance mechanisms are as yet unidentified, the use of molecular techniques for the identification and the screening of colistin-resistant isolates is not universally possible. Accordingly, it has now become mandatory to possess reliable media to screen for colistin-resistant isolates (3).

Superpolymyxin and ChromID Colistin R are ready-to-use selective agar media designed for the screening for colistin resistance in Gram-negative bacteria. The target microorganisms are *Enterobacteriaceae* (mostly *Escherichia coli*, *Klebsiella pneumoniae*, *Salmonella* spp., and *Enterobacter* spp.) for both media and *Acinetobacter* spp. and *Pseudomonas aeruginosa* for the Superpolymyxin medium only. ChromID Colistin R is a chromogenic medium that distinguishes *E. coli* (pink), *Klebsiella* spp., *Enterobacter* spp., *Serratia* spp. (blue), and *Salmonella* spp. (colorless), while Superpolymyxin contains eosin Y and methylene blue dyes, which help to distinguish lactose-positive organisms (purple) from lactose nonfermenters (colorless). Both media are claimed to work on bacterial cultures, stool samples, rectal swabs (cecal samples from poultry, pigs, and calves might also be used). The present study aimed to compare the performance of these media with a collection of well-characterized colistin-resistant *Enterobacteriaceae* spiked into stool samples at different concentrations and inoculated onto swabs mimicking rectal swab samples.

RESULTS

The sensitivities for the detection of colistin-resistant Enterobacteriaceae were 86.8% (50% confidence interval [CI] = 74.0% to 94.0%) and 84.9% (95% CI = 71.8% to 92.8%) using the Superpolymyxin medium and a ChromID Colistin R plate, respectively, after 24 h of incubation. The sensitivity of both media was the same after 48 h of incubation (86.8% [95% Cl = 74.0% to 94.0%]). Surprisingly, the isolates that were not detected were not the same for both media (Table 1). The specificities were high for both media, at 97.5% (95% CI = 85.6% to 99.9%) and 100% (95% CI = 89.3% to 100%) for the Superpolymyxin medium and the ChromID Colistin R medium, respectively. Overall, the ChromID Colistin R medium performed slightly better with K. pneumoniae and Salmonella enterica than the Superpolymyxin medium, with sensitivities of 100% (50% CI = 85.0% to 100%) and 96.2% (50% CI = 78.4% to 99.8%), respectively, and specificities of 100% (50% CI = 80.8% to 100%) and 87.0% (50% CI = 65.3% to 96.6%), respectively. Conversely, ChromID Colistin R did not detect 7/25 colistin-resistant E. coli isolates, while only 4 strains did not grow on Superpolymyxin (Table 1). The lack of detection was not correlated with the colistin MICs or the presence or absence of mcr-like genes (Table 1). For colistin-resistant isolates detected on both media (14 E. coli isolates, 24 K. pneumoniae isolates, and 1 S. enterica isolate), the limit of detection (LOD) was at least 1 log lower for ChromID Colistin R for 69.2% (27/39) of the isolates, equivalent for both media for 20.5% (8/39) of the isolates, and at least 1 log better for the Superpolymyxin medium for 7.7% (3/39) of the tested isolates (all E. coli). This lower LOD of the ChromID Colistin R protocol might be the result of the 4-h enrichment step in colistin-supplemented broth. In order to decipher whether such an enrichment step might increase the performance of the Superpolymyxin medium, the seven colistinresistant isolates which did not grow on the Superpolymyxin medium were subjected to an enrichment step similar to that performed for the ChromID Colistin R protocol. This additional step did not allow them to grow on the Superpolymyxin medium,

amid or oded ^b	Strain name CNR 111 J7 CNR 20160039 CNR 20160039 CNR 1728 41489 J53 + mcr-1 ⁴ CNR 1728 508-056 CNR 117 G7 CNR 117 G7 CNR 121 G9 R12 F5 CNR 121 G9 R12 F5 CNR 121 G9 R12 F5 CNR 1790 CNR 1859 CNR 1859 CNR 1859	2	ismid or romosome coded ^b r	Mechanism	ESwab Amies buffer ChromID Colistin R Superp	ies buffer Superpolymyxin	Spiked stools ChromID Colistin R	ols Superpolymyxin	Reference or
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		5 5	- ·	<i>mgrB</i> truncated in promoter by 15903D	1 × 10° 1 × 103	1 × 10 ⁺	1 × 10 ³	1 × 10° 1 < 106	This study
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40101 32 Chr		5		migra hancaea mi promoter by torpring Amark	1×10^{3}	1×10^4		1 × 10 ⁶	This study
32 Chr		5		AmarB	1×10^{3}	1×10^{4}		1×10^{6}	This study
6 16 Chr		5		AmarB	1×10^3	$>1 \times 10^{6}$		$>1 \times 10^{8}$	This study
32 Chr		; 5		Δ <i>mar</i> B	1×10^{2}	1×10^{3}		1×10^{5}	This study
64 Chr		ch		marB truncated in ORF by ISKpn25	1×10^{2}	1×10^{4}		1×10^{6}	25
1630 64/32 Chr	1630			mgrB truncated in ORF by IS5	1×10^{2}	1×10^{5}			This study
16 Chr			L	PmrB mutation (T157P)	1×10^3	1×10^4	1×10^{5}	1×10^{6}	This study
Chr + P		Ch	$^+$	mcr-1 + mgrB truncated in ORF by IS5	1×10^{2}	1×10^4	1×10^4	$1 imes 10^6$	This study

Instante Colistin MIC Permidion Evention 1733 4 P Mechanism Evention 1733 4 P mcr.1 1 × 10 ⁰ 1733 4 P mcr.1 1 × 10 ⁰ 1775 8 P mcr.1 1 × 10 ⁰ 1737 0.25 2 × 10 ⁰ 2 × 10 ⁰ 17373 0.5 2 × 10 ⁰ 2 × 10 ⁰ 1739 0.5 2 × 10 ⁰ 2 × 10 ⁰ 1739 0.5 2 × 10 ⁰ 2 × 10 ⁰ 1739 0.5 2 × 10 ⁰ 2 × 10 ⁰ 1739 0.5 2 × 10 ⁰ 2 × 10 ⁰ 1739 0.5				Colistin resistance	lce	Lowest LOI	Lowest LOD (CFU/ml) in ^a :			
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CNR173 A P mcr1 1 × 10 ²	Colistin susceptibility and species	Strain name	Colistin MIC (mg/liter)	chromosome encoded ⁶	Mechanism	ChromID Colistin R	Superpolymyxin	ChromID Colistin R	Superpolymyxin	Reference or source
20161066 8 P mcr-1 1 × 10 ⁴		CNR 1732 CNR 1853	4 4	۵.۵	mcr-1 mcr-1	$\frac{1 \times 10^3}{1 \times 10^3}$	$\frac{1 \times 10^3}{1 \times 10^3}$	$\frac{1 \times 10^5}{1 \times 10^5}$	$\frac{1 \times 10^{5}}{1 \times 10^{5}}$	This study This study
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			Colistin resistance	nce	Lowest LOD	-owest LOD (CFU/ml) ina:			
			Plasmid or		ESwab Amies buffer	es buffer	Spiked stools	S	
Colistin susceptibility and species	Strain name	Colistin MIC (mg/liter)	chromosome encoded ^b	Mechanism	ChromID Colistin R	ChromID Colistin R Superpolymyxin	ChromID Colistin R	Superpolymyxin	Reference or source
Salmonella enterica									
4,12:i:-	201604739	-			$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
Serovar Enteritidis	201608919	-			$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
Serovar Typhimurium	201606509	-			$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
Serovar Enteritidis	201607559	0.5			$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
Serovar Veneziana	201610299	0.5			$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
Enterobacter cloacae	CNR 131 G4	0.5	Ь	mcr-4.2	$>1 \times 10^{6}$	$>1 \times 10^{6}$	$>1 \times 10^{8}$	$>1 \times 10^{8}$	This study
^a Underlined CFU counts are considered negative results. The sensitivity was	egative results. The s	ensitivity was 86.	3% (95% Cl = 74	86.8% (95% Cl = 74.0% to 94.0%) for both media after 48 h of incubation. The specificity was 100% (95% Cl = 89.3% to 100%) and 97.5	of incubation. T	ne specificity was 1	00% (95% Cl =	= 89.3% to 100%) an	d 97.5

(95% Cl = 85.6% to 99.9%), respectively, for ChromID Colistin R and Superpolymyxin.

^bP, plasmid; Chr, chromosome. ^cAfter 48 h of incubation (no colony at 24 h).

^daa, amino acid. «ORF, open reading frame. *ft. coli* J53 was a recombinant strain harboring the *mcr-1* gene on plasmid pDM1 (41522) (21). *E. coli* TOP10 was a recombinant strain harboring the *mcr-5* gene on plasmid p5E13-5A01718 (21).

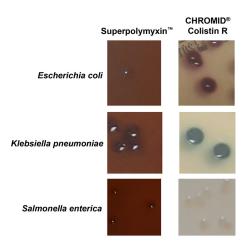


FIG 1 Morphological aspect of colonies of *E. coli, K. pneumoniae,* and *Salmonella enterica* grown on Superpolymyxin and ChromID Colistin R media.

suggesting that this enrichment should not be recommended for use with this selective medium. As previously reported by Jayol et al. for the Superpolymyxin medium, prolongation of the incubation from 24 to 48 h did not modify the performance of the Superpolymyxin medium (14). Regarding ChromID Colistin R, prolongation of the incubation time to 48 h for one Mcr-1-producing *E. coli* isolate (strain CNR 164 A5) allowed us to identify typical pink colonies that were barely detectable at 24 h of incubation. Finally, one *Enterobacter cloacae* isolate positive for *mcr-4.2* was not detected by either medium. As previously described for *mcr-3* and *mcr-4* variants of CPE isolates (15), the presence of *mcr-4.2* does not confer phenotypic resistance to polymyxins in this *E. cloacae* isolate (colistin MIC, 0.5 mg/liter).

DISCUSSION

Based on this study performed with spiked rectal swabs, ChromID Colistin R and Superpolymyxin selective media showed very similar performances. The main advantage of the Superpolymyxin medium is that it could be directly inoculated with the rectal swabs without any enrichment step (4 h) in colistin-supplemented broth, whereas ChromID Colistin R requires an enrichment step. On the other hand, the main advantage of ChromID Colistin R lies in the use of chromogenic molecules enabling the rapid presumed identification of growing colonies (pink for *E. coli*, blue for *Klebsiella*, *Enterobacter*, and *Serratia*, and white for *Salmonella*). Indeed, the morphological aspect of the colonies on the Superpolymyxin medium was indistinguishable between *E. coli*, *K. pneumoniae*, and *Salmonella enterica* (Fig. 1). As species cannot easily be differentiated on Superpolymyxin, clinical labs must then identify the growing colonies before reporting results. In our study, the selectivity of both media was good, since no Gram-positive bacteria or fungi grew on them.

Of note, unlike the ChromID Colistin R medium, which is currently limited to use with *Enterobacteriaceae*, the Superpolymyxin medium is also claimed to be able to detect colistin resistance in all Gram-negative bacteria, including *Acinetobacter* spp. and *P. aeruginosa*. Accordingly, we tested the Superpolymyxin medium with three colistin-resistant isolates (all producing the OXA-23 carbapenemase) and four colistin-susceptible *Acinetobacter baumannii* isolates. In all three colistin-resistant isolates, a mutation of PmrB (A226T, A226V, and R263H) resulted in MICs ranging from 16 to 64 mg/liter. The Superpolymyxin medium fully detected all colistin-resistant isolates, while none of the four susceptible strains grew on the medium.

As the rate of colistin resistance is likely to increase in the near future, clinical microbiology laboratories will require rapid and reliable screening media to identify carriers in hospital settings. Here, we have shown that both commercially available media, ChromID Colistin R and Superpolymyxin, are useful tools to screen for colistin-

resistant *Enterobacteriaceae* from patient samples (rectal swabs) regardless of the level and mechanism of colistin resistance.

MATERIALS AND METHODS

Susceptibility testing. MICs were determined by broth microdilution according to the guidelines of a CLSI and EUCAST joint subcommittee (16). Results were interpreted using EUCAST breakpoints, as updated in 2018.

Bacterial isolates. Ninety-four enterobacterial isolates, including 53 isolates exhibiting resistance to colistin (MIC > 2 mg/liter), were tested. The colistin resistance mechanism of all these isolates has been characterized at the molecular level (Table 1). The tested isolates were as follows: colistin-resistant isolates with colistin MICs of \geq 4 mg/liter, consisting of *Escherichia coli* (n = 25, including 20 isolates carrying mcr genes), *Klebsiella pneumoniae* (n = 25, including 3 isolates carrying mcr genes), and *Salmonella enterica* (n = 3 isolates carrying mcr genes); colistin-susceptible *E. coli* (n = 19), *K. pneumoniae* (n = 16), and *Salmonella enterica* (n = 5) isolates; and one mcr-4.2-positive *Enterobacter cloacae* isolate (Table 1). Chromosomally encoded mutations in genes responsible for colistin resistance (the *pmrA*, *pmrB*, *phoP*, *phoQ*, *mgrB*, and *crrB* genes) were also searched as described previously (17).

Spiked rectal swabs. Suspensions of bacterial strains with an optical density of a 0.5 McFarland standard (inoculum, \sim 10⁸ CFU/ml) were serially diluted in water, and 10-fold dilutions of pure solution to 10⁻³ were used to spike liquid stools from healthy volunteers (1 g in 1 ml of sterile water), as previously described (18). The bacterial suspensions that were used to spike stools from healthy volunteers were verified by the concomitant inoculation of Mueller-Hinton agar with 10 μ l of the suspension diluted to 10^{-4} in water. Ten microliters of bacterial suspension was added to 90 μ l of stool. The totality (100 µl) of this spiked stool was then absorbed on the ESwab and introduced into 1 ml Amies transport medium (Copan Diagnostics, Murrieta, CA, USA) to mimic true rectal swabs. Each ESwab containing stool with each dilution of bacteria was then cultured according to the recommendations of both manufacturers (see Fig. S1 in the supplemental material). Briefly, 10 microliters of the inoculated Amies medium was transferred to the Superpolymyxin agar (ELITechGroup, Puteaux, France) and spread with a plate spreader without an enrichment step. The ChromID Colistin R agar plates (bioMérieux, La Balmes-Les-Grottes, France) were inoculated after an enrichment step, as follows: 200 µl of each inoculated Amies suspension was introduced into 10 ml of brain heart infusion (BHI) medium (bioMérieux) supplemented with one disc of colistin (10 μ g) and incubated for 4 h at 37°C before seeding of 50 μ l in dials.

Determination of LOD. The lowest limit of detection (LOD) corresponds to the minimum number of bacteria that must be present in the sample to obtain growth on selective medium. In contrast to other studies that evaluated the performance of selective media with cultured bacteria (14, 19, 20), our study was performed on inoculated rectal swabs. This involves further dilution of the spiked stool sample in the ESwab Amies buffer (Fig. S1). As indicated by the manufacturer of the Superpolymyxin medium (ELITechGroup), the threshold value for susceptible strains could not be greater than 5×10^6 CFU/ml (directly from a bacterial suspension) because susceptible bacteria could benefit from an inoculum artifact to grow on the selective medium. Accordingly, the threshold for the LOD value was set at $\geq 1 \times 10^6$ CFU/ml in ESwab Amies buffer (, corresponding to an initial concentration of 1×10^8 CFU/ml in the spiked stool (Table 1; Fig. S1). A fecal suspension without addition of bacteria was used as a negative control. In addition, 10 randomly selected strains were tested by a second experimenter to assess reproducibility. In all cases the results were identical between all experimenters.

Statistical analysis. The sensitivity and specificity values with their respective 95% confidence intervals (CI) were calculated using the free software vassarStats (website for statistical computation, http://vassarstats.net/).

SUPPLEMENTAL MATERIAL

Supplemental material for this article may be found at https://doi.org/10.1128/ AAC.01618-18.

SUPPLEMENTAL FILE 1, PDF file, 0.3 MB.

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well-characterized colistin-resistant E. coli and K. pneumoniae isolates.

We have no conflicts of interest to declare.

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