

# Evolution of Rifampin Resistance in *Escherichia coli* and *Mycobacterium smegmatis* Due to Substandard Drugs

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ABSTRACT Poor-quality medicines undermine the treatment of infectious diseases, such as tuberculosis, which require months of treatment with rifampin and other drugs. Rifampin resistance is a critical concern for tuberculosis treatment. While subtherapeutic doses of medicine are known to select for antibiotic resistance, the effect of drug degradation products on the evolution of resistance is unknown. Here, we demonstrate that substandard drugs that contain degraded active pharmaceutical ingredients select for gene alterations that confer resistance to standard drugs. We generated drug-resistant Escherichia coli and Mycobacterium smegmatis strains by serially culturing bacteria in the presence of the rifampin degradation product rifampin quinone. We conducted Sanger sequencing to identify mutations in rifampin-resistant populations. Strains resistant to rifampin quinone developed crossresistance to the standard drug rifampin, with some populations showing no growth inhibition at maximum concentrations of rifampin. Sequencing of the rifampin quinone-treated strains indicated that they acquired mutations in the DNAdependent RNA polymerase B subunit. These mutations were localized in the rifampin resistance-determining region (RRDR), consistent with other reports of rifampinresistant E. coli and mycobacteria. Rifampin quinone-treated mycobacteria also had cross-resistance to other rifamycin class drugs, including rifabutin and rifapentine. Our results strongly suggest that substandard drugs not only hinder individual patient outcomes but also restrict future treatment options by actively contributing to the development of resistance to standard medicines.

**KEYWORDS** antimicrobial resistance, *Escherichia coli*, *Mycobacterium smegmatis*, rifampin, rpoB, substandard medicines, tuberculosis

The ability to treat infectious diseases, such as tuberculosis, is an ongoing global health issue. Rifampin is a broad-spectrum rifamycin-derived antibiotic that is the basis of antituberculosis monotherapy and combination treatment regimens (1). Of the 10 million new tuberculosis cases in 2016, 600,000 were rifampin resistant, necessitating the use of second line treatments with increased toxicity (2, 3). Rifampin may also be used as a prophylaxis against staphylococcal and meningococcal infections and has efficacy against a broad range of pathogens, including *Escherichia coli* and pseudomonas. Clinically, resistance may arise during periods of poor adherence and pharmaco-kinetic variability and due to inappropriate treatments (4). *In vitro* studies demonstrate that subinhibitory doses of drugs may select for antibiotic-resistant organisms (5).

The drug target of rifampin is the rpoB subunit of the DNA-dependent RNA polymerase (6). Resistance to rifampin predominately arises due to mutations in the *rpoB* gene (7), resulting in a decreased affinity of rifampin to its binding site (8). Three noncontiguous regions of the *rpoB* gene have been recognized as resistance clusters due to the high frequency of mutations at these sites in strains of drug-resistant

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November 2018 Published 21 December 2018 pathogens (6). Single amino acid changes in the resistance clusters may confer a high degree of resistance.

The phenomenon of cross-resistance occurs when bacteria gain resistance to an antibiotic they have not been exposed to after gaining resistance to another antibiotic (9). Cross-resistance is common among antibiotics from similar classes; for example, Oz et al. reported cross-resistance between 3 DNA gyrase inhibitors in *E. coli* independently cultured under a single drug condition (10). Therefore, bacteria may be expected to acquire resistance to a standard antibiotic after exposure to a structurally similar drug degradation product.

In addition to challenges associated with incidence, transmission, and adherence, poor-quality medicines also undermine the treatment of infectious diseases (11). Substandard medicines vary from standard drugs due to poor formulations associated with incorrect dose or bioavailability or due to postmanufacturing issues, such as drug expiry and improper storage conditions (12, 13). Antimicrobial agents are among the most prevalent drugs to be counterfeit or substandard (12).

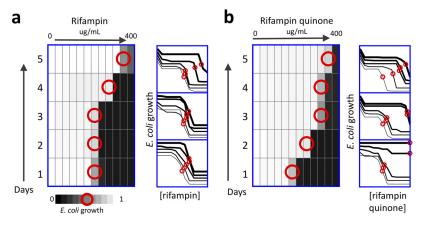
Drug degradation products may partially or fully replace the standard active pharmaceutical ingredient, resulting in a diminished dose to patients (14). Such underdosing regimens are associated with the evolution of antimicrobial resistance (15). Therefore, substandard drugs are hypothesized to be a contributory factor in the worldwide trend toward antibiotic resistance. However, whether bacterial exposure to drug degradation products may select for resistance to standard antibiotics remains poorly understood.

With regard to tuberculosis treatments, poorly synthesized or improperly stored rifampin may contain impurities and drug degradation products (16). Rifampin's main degradation product occurs from nonenzymatic autoxidation to form rifampin quinone (17); for comparison between the two structures, see Fig. S1 in the supplemental material. 3-formyl rifampin and 1-amino 4-methylpiperazine form by the hydrolysis of rifampin in acidic conditions (18). The presence of rifampin quinone in rifampin-containing tablets is a marker of poor quality (19). Rifampin quinone may cause immunosuppression in animal models (20) and may underlie rifampin-associated adverse drug interactions (21, 22).

While there has been a general discussion linking resistance to quality, a direct link between drug degradation products and resistance has not been observed in a model system. Here, as a model to test the impact of substandard drugs on resistance development, we examined rifampin resistance arising from subtherapeutic concentrations and a drug degradation product in two disparate bacterial species, *E. coli* and *M. smegmatis*, the model organism for the study of *Mycobacterium tuberculosis*. Here, we demonstrate that bacteria evolve resistance against both rifampin and rifampin quinone. Alarmingly, we found that bacteria that are resistant against the drug degradation product rifampin quinone were also resistant to clinically relevant rifamycins, including rifampin, rifabutin, and rifapentine. Our results strongly suggest that substandard drugs actively compound the worldwide antibiotic resistance problem by selecting for the evolution of resistance to standard drugs.

### RESULTS

We developed an *in vitro* model to examine the role of substandard drugs in the acquisition of rifampin resistance by growing bacteria in increasing concentrations of rifampin (RIF) or rifampin quinone (RFQ). We first studied *E. coli*, a Gram-negative bacterium with a short doubling time, and evaluated its dose response to RIF or RFQ in 1-day cycles. The MIC values in *E. coli* are ~25  $\mu$ g/ml for RIF and 12.5  $\mu$ g/ml for RFQ; the 50% inhibitory concentration (IC<sub>50</sub>) values are approximately one half the MIC for each compound. *E. coli* evolved resistance to RIF or RFQ in three biological replicates. After only five cycles of selection, we observed resistance in all the strains, ranging from 2-fold to 14-fold for RIF and 32-fold to 64-fold for RFQ (Fig. 1). We labeled these strains as RIF-res 1 to 3 and RFQ-res 1 to 3 and prepared glycerol stocks for further experi-

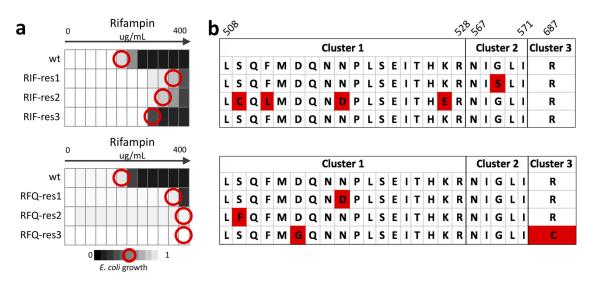


**FIG 1** Selection of resistance in *E. coli* exposed to rifampin or the drug degradation product rifampin quinone. *E. coli* were cultured in a range of concentrations of either RIF (a) or the drug degradation product RFQ (b) with 2-fold increments of doses. Each day, bacteria were selected from the concentration that inhibited growth by approximately 50% ( $IC_{50}$ ; red circles), diluted in fresh media, and aliquoted to a fresh range of drugs. All experiments were conducted in triplicate, with each heatmap corresponding to the top dose-response curves. The right shift in dose-response curves over time demonstrates that *E. coli* acquire up to a 14-fold increase in  $IC_{50}$  after exposure to rifampin (a) and a 32-fold increase in MIC after exposure to rifampin quinone (b).

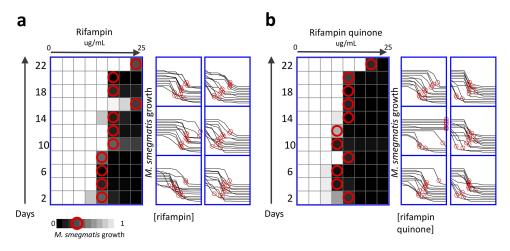
mentation. These stocks were grown in cultures without selective pressure in drug-free medium prior to follow-up studies.

RIF-resistant *E. coli* strains retained their increased MIC to RIF, confirming that these strains acquired stable resistance (Fig. 2a). Next, we studied whether RFQ-resistant strains were resistant to rifampin. To answer this question, we cultured RFQ-res strains in 2-fold increasing concentrations of RIF (Fig. 2b). RFQ-exposed *E. coli* showed up to a 64-fold increase in the rifampin MIC compared with solvent-treated controls, despite no previous exposure to the standard drug. The level of RIF resistance was also higher in RFQ-res than RIF-res strains. This result indicates that substandard antibiotics may confer resistance to standard antibiotics.

We next evaluated all three RIF-res and three RFQ-res populations for mutations in



**FIG 2** *E. coli* exposed to rifampin or the drug degradation product rifampin quinone show similar patterns of rifampin resistance and genetic changes. *E. coli* resistant to either RIF (RIF-res, a) or the drug degradation product RFQ (RFQ-res; b) over 5 days were assessed for stable increase in RIF MIC compared with solvent-treated controls (wild type [WT]). RFQ-res populations showed cross-resistance to rifampin, with up to a 64-fold increase in  $IC_{50}$  (red circles). Each population was assessed for genetic changes in the RRDR of the *rpoB* gene (c). The majority of populations that acquired resistance to either RIF or RFQ acquired nonsynonymous mutations in the RRDR clusters of the *rpoB* gene. These mutations are consistent with previous reports of rifampin resistance due to *rpoB* mutations.

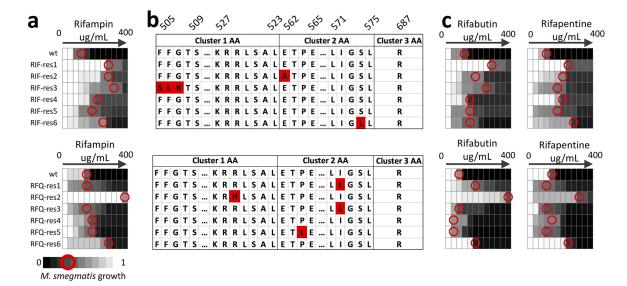


**FIG 3** Selection of resistance in *Mycobacterium smegmatis* exposed to rifampin and the drug degradation product rifampin quinone. *M. smegmatis* bacteria were cultured in a range of concentrations of either rifampin (a) or the drug degradation product rifampin quinone (b), with 2-fold increments of concentrations (n = 6). These selections represent independent experiments conducted in parallel. Every 48 h, bacteria were selected from the concentration at approximately IC<sub>75</sub> (red circles), diluted in fresh media, and aliquoted to a fresh range of drugs. All experiments were conducted with 6 biological replicates, with each heatmap corresponding to the upper left dose-response curves. The right shift in dose-response curves over time demonstrates that *M. smegmatis* acquired up to a 10-fold increase in IC<sub>75</sub> after exposure to rifampin (a) and a 13-fold increase in IC<sub>75</sub> after exposure to rifampin (a) and a 13-fold increase in IC<sub>75</sub> after exposure to rifampin (b).

the rifampin resistance-determining region (RRDR) of the *rpoB* gene. Two of the RIF-res strains had nonsynonymous mutations in the RRDR, and the third strain did not have any detectable mutations in the RRDR (Fig. 2c). Similarly, all of the RFQ-res strains had mutations in the RRDR, explaining their resistance to RIF. The cluster I mutation N518D was found in both RIF-res and RFQ-res populations and has previously been associated with RIF-resistant tuberculosis (23). RFQ-res populations also had S512F and D516G mutations that have been previously reported in RIF-resistant *E. coli* and *M. tuberculosis* samples (S512F [24]; D516G [25, 26]). These results suggest that substandard antibiotics may cause the selection of resistance to standard antibiotics via well-defined mutations that confer resistance to the standard drug.

The long (~1 day) doubling time of Mycobacterium tuberculosis makes evolution experiments difficult to conduct. Therefore, we used the tuberculosis model organism M. smegmatis, a mycobacterium species with a shorter doubling time (2 h), for our experiments. M. smegmatis cells were ~10-fold more sensitive to RIF and RFQ compared with E. coli. The MIC was approximately 3  $\mu$ g/ml for both RIF and RFQ in M. smegmatis, and the 75% inhibitory concentration (IC<sub>75</sub>) was approximately 1.5  $\mu$ g/ml for both compounds. Using the experimental setup described above, we evaluated M. smegmatis for the selection of RIF resistance due to substandard drugs (Methods). We selected six independent M. smegmatis strains resistant to RIF (named RIF-res1 to 6) and six strains resistant to RFQ (named RFQ-res1 to 6). Bacteria were selected from the concentration that is closest to the IC75, diluted in fresh medium and aliquoted to a fresh range of drugs (Fig. 3), every 48 hours for 11 cycles. After 22 days of serial passages, M. smegmatis exposed to rifampin quinone drugs evolved an increase in MIC compared with solvent-treated controls (t test, P = 0.03), with population RFQ-res2 demonstrating up to a 13-fold increase in MIC (Fig. 3). We prepared glycerol stocks of all strains and used these stocks to grow cultures in drug-free media for further experimentation in M. smegmatis.

As expected, RIF-exposed *M. smegmatis* strains maintained resistance to RIF after culture in selection-free media, with an MIC increase of 4 to 64-fold compared with the parental population. We next evaluated if RFQ-exposed *M. smegmatis* strains demonstrated cross-resistance to RIF. We observed strong RIF resistance in four of these six strains. The RFQ-res2 population acquired a 128-fold increase in MIC, despite being only exposed to RFQ.



**FIG 4** *Mycobacterium smegmatis* exposed to rifampin and the drug degradation product rifampin quinone show similar patterns of rifampin resistance and genetic changes. *M. smegmatis* resistant to either rifampin (RIF-res) or the drug degradation product rifampin quinone (RFQ-res) over 22 days was assessed for stable increase in RIF MIC, compared with solvent-treated controls (WT; a). All plots present dose response with 2-fold increments of drug concentration. RFQ-res populations showed cross-resistance to RIF with up to 1a 28-fold increase in IC<sub>75</sub> (red circles). Each population was assessed for genetic changes in the RRDR of the *rpoB* gene (b). Amino acid sequences of the RRDR clusters 1, 2, and 3 are displayed, with amino acids numbered using the *E. coli* mapping notation. The displayed RRDR was truncated to include regions with mutations in the evolved populations. The majority of populations that acquired resistance to either RIF or RFQ acquired nonsynonymous mutations in the RRDR of the *rpoB* gene. These mutations were consistent with previous reports of rifampin resistance in *M. tuberculosis* and *E. coli*. RIF- and RFQ-res1 and 3) that did not have resistance to RIF showed cross-resistance to rifabutin.

We assessed each population for genetic changes in the RRDR of the *rpoB* gene. Three RIF-res populations and four RFQ-res populations acquired nonsynonymous mutations in the RRDR (Fig. 4b). R529H (27), I572L (28), and P564L (29) mutations from RFQ-res *M. smegmatis* were previously reported in RIF-resistant *E. coli* and mycobacteria. Therefore, we conclude that RFQ exposure may select for genetic variants that are RIF resistant in *M. smegmatis*.

Cross-resistance is not uncommon between drugs that have structural similarity. RIF is one such compound, belonging to the rifamycin class of antibiotics with closely related drugs rifabutin (RFB) and rifapentine (RFP). RIF-res and RFQ-res populations were further tested for cross-resistance to RFB and RFP (Fig. 4c). Each of the RIF-resistant strains was resistant to both RFB and RFP. The RFB IC<sub>75</sub> was increased by 2-fold in half of the RIF-RES populations and >2-fold in the remainder. Half of the six RFQ-res populations were at least 2-fold resistant to both RFB and RFP, despite never having been exposed to either of the compounds. Strain RFQ-res2, which had very high resistance to RIF, also had high resistance to RFB (500-fold) and RFP (30-fold). These observations support the idea that strains exposed to substandard drugs may acquire resistance to standard drugs with similar molecular structures.

# DISCUSSION

According to the FDA and the World Health Organization, 10% to 25% of drugs worldwide are substandard, the majority of which are antimicrobial agents (11, 30–32). Up to one third of rifampin-containing drugs failed quality testing depending on world region (33–35). Despite these considerations, there has been no systematic study exploring the proximal and distal negative outcomes associated with substandard antimicrobial drugs. Apart from affecting the proximal treatment success of individual patients receiving subtherapeutic doses of medicine, it has been conjectured that substandard drugs affect treatment success in the future by selecting for the evolution of resistance to standard drugs (36).

Our study demonstrates that substandard drugs promote drug resistance through exposure to an agent similar to the standard drug. Bacterial strains rapidly evolved resistance to the drug degradation product RFQ, and these strains were resistant to the standard drug RIF and two similar antibiotics, RFB and RFP, despite never being exposed to any of these drugs. One of the RFQ-treated mycobacterial populations became highly resistant to rifampin, with only some growth inhibition at 100 times the wild-type MIC. Gene analysis indicated that resistance to the substandard drug RFQ was often associated with at least 1 mutation in the RRDR, explaining the convergent evolution in RIF and RFQ conditions. Previous clinical studies have found the rates of double and multiple mutations in the rpoB gene of rifampin-resistant Mycobacteria tuberculosis vary dramatically by geographic region (10% to 75% of tested isolates) (37, 38). Interestingly, the two RFQ-res mycobacteria strains that did not acquire resistance to rifampin (RFQ-res1 and RFQ-res3) had cross-resistance to rifabutin. These strains had the exact same I572L mutation in the rpoB gene. Varying patterns of cross-resistance between rifampin, rifabutin, and rifapentine have previously been demonstrated in Mycobacterium tuberculosis with different RRDR mutations (26).

Rifampin-resistant tuberculosis is classically thought to arise through factors such as transmission, poor treatment adherence, immune status, and poor absorption (39). Substandard drugs contribute to these factors by hindering efforts to control disease and undermining patient trust in the medical system (4).

While the results of our study are promising and identify new areas of inquiry to investigate the role of poor-quality and degraded drugs in selecting resistance, we recognize that there are a number of limitations of our study. It is possible that there were mutations outside the region that we sequenced in the rpoB gene or that mutations arose in another gene. There may also be heteroresistance caused by a mixture of subpopulations (40). While E. coli and M. smeqmatis are both widely used model systems, neither are the causative agent of tuberculosis. The methodology and proof-of-concept described in our study can serve as a basis for more extensive studies on Mycobacterium tuberculosis. Host-pathogen interactions also influence resistance outcomes. Investigating these interactions through the lens of poor quality drugs in animal models is beyond the scope of our study but nonetheless is an important future direction to get a comprehensive understanding of resistance in vivo. The extent to which poor-quality drugs affect resistance will also depend on patient behavior, socioeconomics, and the extent of degradation of the drugs. Our study does not include these public health factors but nonetheless provides evidence that drug degradation can act as a strong driver for resistance.

Despite these limitations, we believe that our study demonstrates a direct and previously unexplored link between rifampin drug quality and the selection of antimicrobial resistance in two disparate bacterial species. It remains to be seen how these observations will translate to other substandard drugs. However, our study provides a proof-of principle strongly suggesting that substandard antibiotics affect not only the current treatment success but also the future treatments by selecting for mutations that confer resistance to standard antibiotics.

#### **MATERIALS AND METHODS**

**Experimental conditions.** The strains include wild-type MG1655 *Escherichia coli* and MC2 155 *Mycobacterium smegmatis*, cultured at 37°C in LB medium or Middlebrook 7H9 with ADC supplement plus 0.2% glycerol, respectively. Bacteria were grown in 2-fold increments of RIF or RFQ (Sigma) (41), with the maximum concentration at 400  $\mu$ g/ml, (400, 200, 100, 50, 25, etc., through ~0.4  $\mu$ g/ml) and a final solvent concentration of 2% dimethyl sulfoxide (DMSO). Bacterial growth was monitored by endpoint optical density (OD<sub>600</sub>), with growth normalized to the drug-free condition. Different inhibitory concentration (IC) levels were used for the different bacteria due to variation in the slopes of the dose-response curves for each species. IC<sub>50</sub> and IC<sub>75</sub> were defined as the concentration of drug required to inhibit growth by 50% or 75%, respectively. On the first day of experiments, this corresponded to 12.5  $\mu$ g/ml for rifampin quinone in *E. coli*, and approximately 1.5  $\mu$ g/ml for both compounds in *M. smegmatis*, to seed new bacterial cultures on the same concentration series of RIF or RFQ after ~22 h for *E. coli* and ~48 h for *M. smegmatis*. Bacteria serially passaged in media plus 2% DMSO for the duration of the experiments served as the control groups. *E. coli* was cultured over 5 days, and *M. smegmatis* was

cultured over 22 days. All data presented are biological replicates with n = 3 for *E. coli* and n = 6 for *M. smegmatis*. Resistance was defined as a greater than 2-fold increase in IC level.

**Genotyping of RNA polymerase B rifampin-resistance clusters.** Sequences were compared to the reference *rpoB* genes for *E. coli* (NCBI gene identity [ID], 948488) and *M. smegmatis* (NCBI gene ID, 4535217), using ApE plasmid-editing software to identify mutations. Amino acid sequences of the RRDR were numbered using the *E. coli* mapping notation throughout. RIF-res and RFQ-res populations were streaked onto drug-free LB agar plates and incubated at 37°C overnight to isolate colonies for sequencing. The RRDR of the *rpoB* gene was assessed by Sanger sequencing (Quintara Biosciences) using the following primers: *E. coli-rpoB*-FWD (5'-TCTCTGGGCGATCTGGATAC-3'), *E. coli-rpoB*-REV (5'-CAACAGCAC GTTCCATACCA-3'), *M. smegmatis-rpoB*-FWD (5'-GCTGATCCAGAACCAGATCC-3'), and *M. smegmatis-rpoB*-REV (5'-GATGACACCGGTCTTGTCG-3').

## SUPPLEMENTAL MATERIAL

Supplemental material for this article may be found at https://doi.org/10.1128/AAC .01243-18.

SUPPLEMENTAL FILE 1, PPTX file, 0.1 MB.

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Z.B.W. and M.H.Z. designed the study; Z.B.W. conducted the experiments and analysis; and Z.B.W. and M.H.Z. wrote the paper.

We declare no competing financial interest.

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