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Author manuscript *Amyloid*. Author manuscript; available in PMC 2019 June 01.

Published in final edited form as: *Amyloid.* 2018 June ; 25(2): 93–100. doi:10.1080/13506129.2018.1456425.

## A functional assay to identify amyloidogenic light chains

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## Abstract

**Introduction:** Multiple myeloma (MM) and light chain monoclonal gammopathy of undetermined significance (LCMGUS) are plasma cell disorders associated with the secretion of monoclonal free light chain (LC) proteins. Due to the high concentrations of LC in circulation, both of these populations are at risk for developing LC-associated amyloidosis (AL) – a protein misfolding disease characterized by the deposition of LC protein fibrils in organs and tissues, leading to dysfunction and significant morbidity. At present, accurate identification of subjects at risk for developing amyloidosis is not possible, but with the advent of novel, amyloid-targeted therapies, identification of pre-symptomatic individuals is of clinical import.

**Methods:** To address this, a competition assay has been developed to discern LC proteins with enhanced amyloidogenic potential. Numerous factors that may influence the efficacy of the assay have been evaluated to yield optimal conditions.

**Results:** Using a panel of nine patient-derived LC, we have demonstrated that amyloidassociated LC inhibited the recruitment of a biotinyl-  $\lambda$  6 variable domain by homologous amyloid-like fibrils significantly more than MM LC (p < .01).

**Conclusion:** The assay accurately discriminated AL from MM patient populations, suggesting that it may aid in the identification of patients with monoclonal gammopathies who have an increased risk of developing amyloidosis.

## Keywords

Light-chain amyloidosis; multiple myeloma; light-chain protein; risk assessment; assay

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EBM and JSW are co-inventors named on a PCT patent application (claiming priority from U.S. Provisional Patent Application No. 62/326,671, filed April 22, 2016, which is titled "*Methods & Systems for Identifying Amyloidogenic Proteins*") related to the development of an assay to identify subjects with a high risk of developing amyloidosis in susceptible populations. The remaining authors report no conflicts of interest.

## Introduction

Multiple myeloma (MM) is a plasma cell disorder that accounts for approximately 1% of all cancer cases in the United States and roughly 10% of all blood-related malignancies [1,2]. It is estimated by the American Cancer Society that 30,000 new cases of MM are diagnosed in the United States annually. Myeloma is characterized by the presence of monoclonal plasma cells in the bone marrow, resulting in high concentrations of Ig and, often, free monoclonal immunoglobulin light chain (LC) protein in the blood that can result in pathology, notably in the kidneys [2,3]. Elevated serum free LC proteins are also found in patients with LC monoclonal gammopathy of undetermined significance (LCMGUS) and smoldering MM (SMM). Both conditions may precede, by decades, the appearance of MM, and protein aggregation pathologies are a significant source of morbidity in these patients [4–9].

In approximately 10–15% of MM patients, and a smaller subset of LCMGUS and SMM, the production of LCs can lead to LC-associated amyloidosis (AL) – a condition in which highly ordered protein fibrils composed of LC, or their fragments, form extracellular deposits in various organs and tissues including the liver, heart, kidneys, spleen, intestines, vasculature and nerves [10,11]. Amyloid deposits can be cytotoxic [12,13], but the incessant accumulation that causes architectural damage in affected organs is likely the major cause of dysfunction and morbidity. Amyloid formation is characterized by a two-step process – the initial formation of a nidus, or seed, followed by recruitment of LC proteins, or fragments thereof, sequestered from the circulation [14]. While the life expectancy of MM patients has improved due to advances in treatment regimens and the availability of novel new agents [2,15,16], the prognosis for MM patients with LC amyloidosis remains significantly worse [3,17,18]; renal and cardiac amyloid involvement contribute significantly to the mortality of MM patients with amyloidosis. All of these become more formidable in an aging population where treatment options become limited [19]. Early detection and the development of preemptive measures are desirable.

Currently, diagnosis of pre-symptomatic LC amyloidosis in patients with MM is not commonplace, and methods to accurately identify those at greater risk of developing the pathology have not been developed. Studies have shown, however, that germline gene usage and serum monoclonal free LC (FLC) concentration may be indicators of potential disease progression and disease severity. Indeed, analysis of LC proteins from cohorts of AL and MM patients has indicated that  $\lambda 6$  LC appear at significantly higher frequency in AL patients [10,20,21]. Given this, a prospective, observational clinical trial evaluating the germline gene of patients with  $\lambda$  LC SMM and  $\lambda$  LCMGUS is currently underway. The goal of the SAVE trial (Seeking AL Amyloidosis Very Early; clinicaltrials.gov identifier: NCT02741999) is to determine if germline gene usage in patients with a plasma cell dyscrasia can predict progression to AL amyloidosis. Furthermore, since monoclonal serum FLC is hallmark in patients with MM and LCMGUS, FLC concentration may provide additional insight into progression to LC-associated amyloidosis in these patients. Recently, Weiss et al. described a retrospective case-control study in which patient serum samples collected prior to a confirmed diagnosis of AL amyloidosis were analysed for FLC concentration [22]. The data demonstrated the occurrence of a prolonged prodromal state for patients who developed AL amyloidosis characterized by increasing levels of serum FLC for

up to 11 years prior to diagnosis, suggesting that an increase in FLC precedes the development of AL amyloidosis [22], but this value alone is not diagnostic of a patient population likely to develop the disease [23].

The ability to identify patients with the greatest risk of developing amyloidosis might provide more effective and focused clinical management in this subset of patients, particularly in light of the recent development of amyloid-clearing immunotherapeutic agents [24–26]. Patients identified as being at greater risk for developing LC-associated amyloidosis could be monitored more closely for amyloid throughout their treatment for MM, by incorporating routine fat pad biopsy [27], evaluating organ-specific biomarkers [28], or by molecular imaging with amyloid-targeting agents [29–31]. If detected, intervention with amyloid-reactive antibodies, such as NEOD001 [24], 11–1F4 [25] or the SAP reactive antibody [26], all of which are currently being evaluated in clinical trials, could facilitate amyloid clearance or stabilize amyloid load in the pre-symptomatic population. This could minimize amyloid-associated organ damage and improve patient prognosis, quality of life and survival.

Fibrillogenesis is characterized by an initial seeding event followed by an exponential fibril growth phase [32,33]. Previous studies have demonstrated efficient *in vitro* formation of amyloid-like fibrils by patient-related recombinant  $\lambda 6$  light chain variable domains (rV $\lambda 6$ Wil) as well as  $\kappa 1$ - and  $\kappa 4$ -derived amyloidogenic proteins. Recently, we demonstrated that rV $\lambda 6$ Wil amyloid-like fibrils can serve as an effective template for the recruitment of heterologous (non- $\lambda 6$ ) patient-derived LC proteins isolated from urine [34]. Furthermore, it was shown that LCs from AL patients bound the amyloid fibrils significantly more effectively than did MM LCs, and the two patient populations could be readily discerned based upon the amount of LC bound. Moreover, a LC protein derived from an MM patient who was later diagnosed with severe hepatosplenic LC amyloidosis was recruited with the efficiency of other AL-associated LC proteins [34].

Based on these preliminary findings, we hypothesized that the binding of AL-associated LC proteins to  $rV\lambda 6Wil$  fibrils would inhibit the further recruitment of monomeric  $rV\lambda 6Wil$  and, thereby, prevent fibril growth more effectively than MM-derived LC. Herein, we describe a microplate based competition assay designed to quantitatively assess the ability of patient-derived LCs to inhibit recruitment of biotinylated  $rV\lambda 6Wil$  by homologous, surface-adsorbed fibrils (Figure 1). We report studies conducted for the optimization of assay conditions as well as an initial assessment of previously well-characterized LC proteins [34,35] where accurate discrimination of AL-associated and MM LC proteins was possible. In conjunction with other clinical measurements, the assay may assist in the identification of patients with monoclonal plasma cell disorders, for example, MM and LCMGUS, who are at increased risk of developing amyloidosis.

## Materials and methods

### Preparation of patient-derived light-chain proteins

Light chain proteins were isolated from the urine of patients with a diagnosis of MM (n = 4; 2  $\kappa$  and 2 #x03BB;) or AL amyloidosis (n = 4; 2  $\kappa$  and 2  $\lambda$ ). Additionally, one  $\kappa$  LC protein

(Hig) from and later developed LC amyloidosis, was used; thus, a total of 9 LCs were analyzed in our studies. These proteins were isolated from urine specimens as previously described [36]. Subgroup classification of the LC proteins had been previously determined either serologically using monoclonal VL-subgroup-specific antisera [36] or by amino acid sequence analysis [37]. Isolated LC proteins were lyophilized and stored at room temperature (RT) until use. Prior to use, lyophilized material was dissolved in phosphate buffered saline (PBS; 150 mM NaCl, pH 7.2) and the concentrations determined using a micro-bicinchoninic acid kit (Pierce, Rockford, IL).

#### Production of rVλ6Wil protein monomer and fibrils

The rV $\lambda$ 6Wil protein was isolated from the periplasmic space of recombinant *E. coli* and purified by reverse phase high-pressure liquid chromatography, as previously described [33]. Synthetic, amyloid-like fibrils of rV $\lambda$ 6Wil were generated by shaking monomeric protein in PBS at 37 OC and 225 revolutions per min (C24 Incubator Shaker, New Brunswick Scientific, Edison, NJ) for ~72 h. Generally, fibrils were prepared using 1 mg/mL monomer unless otherwise stated. All preparations were centrifuged (10,000 × g; 5 min) and assayed to ensure fibril formation. For this, 5 µg of fibril sample was mixed with thioflavin T (50 µM) and the fluorescence emission measured at 490 nm using an excitation wavelength of 450 nm. For use in the fibril extension assay, rV $\lambda$ 6Wil protein monomer (2 mg) was biotinylated using a N-hydroxy-succinimidyl linker, and free reagent was removed per manufacturer's instructions (Pierce).

#### rVλ6Wil fibril extension assays

Unless otherwise stated, the rV $\lambda$ 6Wil recruitment assay was performed as follows. Amyloid-like fibrils composed of rV $\lambda$ 6Wil suspended in up to 100 µL PBS (1 mg/mL) were sonicated at 60% power (Tekmar Sonic Disruptor with microprobe) for 10 s, and a 96-well microplate was coated with 0.5µg of the protein per well (50 µL/well of a 0.83 µM fibril suspension) and dried at 37 OC for 17 h. Microplates were washed twice with PBS 0.05% tween-20 (PBST) and blocked for 1 h at 37 OC with 100 µl of 1% bovine serum albumin (BSA) in PBS. Biotinyl-rV $\lambda$ 6Wil monomer (5 nM) diluted in PBS with 1% BSA 0.05% tween-20 (BSAT) was added at 100 µL/well, and the microplate was again incubated for 1 h at 37 OC prior to another 2 washes with PBST. A 1:1000 dilution of europium/streptavidin in BSAT was added and the microplate incubated at 37 OC for another hour. After three washes with PBST, 100 µL/well enhancement solution (Perkin Elmer) was added, and the time- resolved fluorescence emission measured (Wallac Victor<sup>3</sup>, Perkin Elmer, Shelton, CT).

## Optimization of rV\b6Wil competition assay

For competition studies using patient-derived LCs, the fibril extension assay described above was used with the following modifications. In addition to the 5 nM biotinyl-rV $\lambda$ 6Wil monomer, increasing concentrations of AL or MM-patient derived LC protein (4 nM–8  $\mu$ M) were premixed and added to the fibril-coated wells and incubated for 1 h at 37 OC. In some assays, 5  $\mu$ M of LC was added to 5 nM rV $\lambda$ 6Wil monomer using fibril substrates generated from various concentrations of rV $\lambda$ 6Wil monomeric protein in PBS (0.2 mg/mL, 0.8 mg/mL or 1.35 mg/mL) and using 1 mg/mL rV $\lambda$ 6Wil fibril with a 1-h, 2-h or 3-h reaction incubation time.

### Final competition assay conditions

The nine AL or MM-patient derived LCs were assessed as described above with the following specifications:  $rV\lambda 6Wil$  fibrils were prepared at 1 mg/mL and sonicated for 10 s. A 50 mL aliquot of fibril suspension (diluted 100-fold in PBS), 0.83  $\mu$ M, was added to the microplate and dried at 37 OC for ~17 h. A 100  $\mu$ L volume of 5 nM biotinyl-rV $\lambda 6Wil$  monomer containing 0.05  $\mu$ M, 0.1  $\mu$ M, 0.5  $\mu$ M or 2.0  $\mu$ M LC (*n*=6 per concentration) was added to the well and incubated at 37 OC for 1 h.

#### Data analysis and statistics

Recruitment inhibition data with increasing concentrations of LC were plotted using a  $\log_{10} x$ -axis and the data fit using a semilog linear equation ( $y = m \log x + c$ ). The concentrationdependent gradient of the increase in inhibition (given by the gradient, *m*) was calculated. For statistical analyses, comparisons were made between sets of data using ANOVA with Bonferroni or Tukey's correction for multiple comparisons, as noted, with  $\alpha = 0.05$ . Pairwise comparisons were made using a two-tailed, unpaired *t*-test with  $\alpha = 0.05$ . Receiver operating characteristic (ROC) curve cut-offs were established with an area under the curve of 100%, *p* =.01. Inter-assay repeatability was assessed using and intra-class correlation coefficient (ICC), two-way random model, performed in SPSS, v0.22 (Armonk, NY; IBM Corp.). In all cases, \*p < .05, \*\*p < .01, \*\*\*p < .001, \*\*\*\*p < .0001.

## Results

A series of experimental conditions were evaluated to optimize the efficacy of the  $rV\lambda 6Wil$ microplate-based fibril extension assay. To assess the effect of initial monomer concentration used in the rV $\lambda$ 6Wil fibril formation step, fibrils were prepared using monomer concentrations from 0.2 mg/mL to 1.35 mg/mL. All fibrils were shown to be ThT positive  $(>7.5 \ 10^5$  fluorescence units per 5 µg), and each preparation supported the recruitment of biotinyl-rVλ6Wil monomer (Figure 2(A)). When compared to the 1 mg/mL preparation (the standard method for fibril formation), there was significantly less biotinyl-rV $\lambda$ 6Wil monomer bound to fibrils generated using lower concentrations of monomer (Figure 2(A)). There was no significant difference in the recruitment capacity of fibrils made from >1.0mg/mL monomer; thus, we used fibrils prepared from a 1 mg/mL rV $\lambda$ 6Wil monomer preparation in future assays. We next examined recruitment of biotinyl-rV $\lambda$ 6Wil by increasing amounts of microplate-well coated fibrils (Figure 2(B)). There was a linear increase in the recruitment of biotinylrV $\lambda$ 6Wil as the mass of plated fibrils increased from  $0.18 \mu g$  to  $1.0 \mu g$ , and at higher concentrations, recruitment plateaued (Figure 2(B)). The assay signal achieved with 0.5 µg fibrils (equivalent to 50 mL of a 10 µg/mL [0.83 µM] stock added per well) was significantly above background and was in the linear range of response (Figure 2(B)). To assess the effect of the presence of salt in the fibril coating milieu, we compared recruitment of biotnyl-rV $\lambda$ 6Wil by fibrils coated onto the microplate wells, in water or PBS, after 1 h, 2 h, and 3 h of incubation (Figure 2(C)). At 1 h and 2 h of incubation, there was a small, but significant, increase in recruitment when the fibrils were coated onto microplate wells using PBS; however, after a 3-h incubation, this benefit was lost (Figure 2(C)). Additionally, there was a significant increase in the recruitment of

The storage conditions of the rV $\lambda$ 6Wil fibrils, refrigerated or frozen, may contribute to their gross morphology and aggregation state which may, in turn, affect recruitment of biotinyl-rV $\lambda$ 6Wil monomer. We, therefore, tested the recruitment efficacy of fibrils that had been stored at either 4 OC or -20 OC prior to use, and each sample was analysed with or without a 10 s sonication step (Figure 3(A,B)). There was a significant decrease in the recruitment of biotinyl-rV $\lambda$ 6Wil when fibrils stored at 4 OC were sonicated for 10 s prior to coating (Figure 3(A)). In contrast, fibrils stored at 20 OC recruited monomeric protein significantly better following brief sonication (Figure 3(B)), and unsonicated fibrils stored at 20 OC recruited significantly less efficiently than all other fibril preparations (Figure 3(A,B)).

Given the importance of sonication to recruitment efficacy by the rV $\lambda$ 6Wil fibrils, we assessed the effect of increasing sonication times using a fibril preparation stored at 4 OC (Figure 3(C)). No significant difference was observed in recruitment efficacy between samples sonicated for 10 s, -20 s and 30 s; however, if fibrils were not sonicated, or were treated for 40 s or more, the recruitment efficacy declined significantly (Figure 3(C)). Further studies were performed using rV $\lambda$ 6Wil fibrils prepared using 1 mg/mL monomer, stored at 4 OC and sonicated for 10 s before being coated on the microplate wells.

The competition microplate assay was validated using two exemplar  $\kappa 1$  LC proteins isolated from the urine of patients with either AL (protein Cro) or MM (protein Gal) as competitors of the recruitment of biotinyl-rV $\lambda$ 6Wil by fibrils (Figure 4). Addition of increasing concentrations of Cro resulted in inhibition of the recruitment of biotinylrV $\lambda$ 6Wil monomer with 50% inhibition occurring at ~0.5 mM (~ 12 µg/mL) (Figure 4(A)). In contrast, the nonamyloidogenic protein Gal was less potent and inhibited biotinyl-rV $\lambda$ 6Wil recruitment by 50% at ~25 µM (Figure 4(A)). At a concentration of 5 µM (~ 120 µg/mL) LC protein Cro inhibited recruitment by ~85%, whereas Gal inhibited by only ~15%. Therefore, 5 µM was chosen as a concentration of LC that readily discerned AL- from MM-associated protein in the assay. Inhibition of recruitment efficacy by Cro and Gal (at 5 µM) was not dependent upon the concentration of rV $\lambda$ 6Wil monomer used to generate the fibrils (Figure 4(B)). Additionally, neither the fibril coating condition in PBS (Figure 4(C)) or water (Figure 4(D)) nor the time of the recruitment reaction affected the relative inhibition of recruitment by Cro and Gal (Figure 4(C,D)). Thus, a 1-h incubation time was deemed suitable for the competition assay.

Intra- and inter-assay repeatability determinations were made, for assays performed by a single operator. The raw fluorescence data were analysed for the recruitment of biotinyl-rV $\lambda$ 6Wil in the absence of competitor and in the presence of 5  $\mu$ M Cro or Gal protein, on one test microplate (intra-assay; Table 1). The coefficient of variation was <7% for all three reaction conditions in an intra-plate repeatability study. Inter-assay repeatability was assessed using Cro and Gal data which had been background-corrected and normalized to the mean value for biotinyl-rV $\lambda$ 6Wil alone on that plate. Using an intra-class correlation coefficient (ICC) for Cro biotinyl-rV $\lambda$ 6Wil assay a value of 0.33 was obtained denoting a poor level of repeatability. Conversely, for biotinyl-rV $\lambda$ 6Wil in the presence Gal, an ICC of

0.59 was found, indicating acceptable levels of repeatability across the observations (Table 2).

We next assessed the LC concentration-dependent decrease in biotinyl-rV $\lambda$ 6Wil-recruitment as a method for discerning AL from MM patient-derived LC proteins (Figure 5(A)). Using Cro and Gal LC at increasing concentrations from 0.05  $\mu$ M to 5  $\mu$ M, a significant difference in the concentration-dependent inhibition of recruitment was observed with estimated gradients (*m*, where *y=m* log*x+c*) of -3.3. and -11.37 for Gal and Cro, respectively (Figure 5(A)). This approach was then used to analyse cohorts of well-characterized AL (*n=*4; Figure 5(B)) and MM (*n=*4; Figure 5(C)) LC as well as LC protein from an MM patient who was later diagnosed with LC amyloidosis (Figure 5(B)). Each LC protein in this analysis was tested at 0.05  $\mu$ M to 2  $\mu$ M (Figure 5(B,C)). The concentration-dependent change in recruitment of biotinyl-rV $\lambda$ 6Wil was calculated, and the mean value for AL LC (*m* = -9.05 ± 1.26) was shown to be significantly different as compared to that for MM LC (*m* = -2.95 ± 1.04) (Figure 5(D)), indicating that the assay as designed can discriminate between the groups.

## Discussion

In a recent survey detailing more than 500 amyloid patient experiences, it was reported that, for at least one-third of the patients, it took 1 year and at least five different physician consultations to obtain a definitive amyloid diagnosis [38]. In 10% of the cases, 3 years were passed before a diagnosis was reached, and in all cases, the diagnosis followed the onset of clinical manifestations of amyloid- related pathology [38]. The development of methods to assist in early detection of amyloidosis, when patients are pre-symptomatic, and accurately predict development of amyloid pathology in at-risk populations is challenging but addresses an unmet clinical need.

The primary goal of this pilot study is to establish a convenient assay capable of identifying amyloidogenic LC proteins. We have previously demonstrated that LCs derived from MM patients, with no known progression to LC amyloidosis, were recruited less efficiently by synthetic amyloid-fibrils composed of rV $\lambda$ 6Wil, as compared to AL patient-derived LC [34]. Notably, the LC protein from transition patient Hig behaved functionally, in our assay, as an AL LC. This observation indicated that the LC protein was predisposed to form amyloid, despite the fact that amyloidosis was not discerned clinically in this patient until three years following a diagnosis of MM. Although this study provided clear discrimination between AL and MM-derived LCs, it relied on urine-derived LC proteins that were radiolabeled, which is an impractical method for translation into the clinical setting.

Herein, we have described a new iteration of this assay based on concentration-dependent inhibition of biotinyl-rV $\lambda$ 6Wil recruitment by amyloid-like fibrils in a 96-well microplate format, which no longer relies on radioactive proteins. The assay is based on our premise that pro-amyloidogenic LC will bind to the surface-adsorbed fibrils at sites required for fibril growth, thus inhibiting the recruitment of biotinyl-rV $\lambda$ 6Wil monomer, and that AL-derived LC will compete more effectively than MM-derived LC for binding sites. We have evaluated optimization of various parameters related to the fibril seed, since amyloid fibrils are known

to be heterogeneous structures even when composed of the same precursor protein [39]. In this assay, recruitment of biotinyl-rV $\lambda$ 6Wil by the surface adsorbed fibrils was readily observed. Using exemplar  $\kappa 1$  LC proteins, Cro (AL) and Gal (MM), we demonstrated that Cro was a more effective inhibitor of biotinyl-rV $\lambda$ 6Wil recruitment than Gal; however, at higher concentrations (>5  $\mu$ M), Gal also effectively inhibited recruitment. This may have resulted from non-specific association of Gal LC with the fibrils, or it may indicate that, at certain concentrations, all LC can be productively recruited by preformed amyloid fibrils serving as a seed. Using the recruitment assay, we effectively discriminated between the two patient populations based on their concentration-dependent inhibition of recruitment, which was significantly greater for AL LC. We recognize the small sample size used in this proof of principle study, but our preliminary findings are encouraging. This assay may also be readily adapted to use patient serum or urine samples containing LC protein. However, the effect of other constituents, not- ably the presence of serum albumin, which hinders amyloid fibril formation [40–42], needs to be assessed and appropriately controlled for in the assay. Recruitment of rV $\lambda$ 6Wil by fibrils in the presence of 10% normal human serum is greatly reduced, likely due to interactions of albumin with the soluble monomeric species. Nonetheless, initial data from a microplate-based competition assay using  $rV\lambda 6Wil$  fibrils and serum samples from patients with LCMGUS and MM has demonstrated the feasibility of this approach (EBM and JSW unpublished data).

Accurate identification of individuals in the MM and LCMGUS population with a greater risk for developing LC amyloidosis may lead to enhanced clinical vigilance. With the advent of novel AL amyloid-reactive monoclonal antibodies, that are showing clinical benefit in ongoing trials [24–26], identification of LC amyloid before the onset of organ dysfunction might aid in effective treatment of these patients using passive immunotherapeutics, thereby enhancing patient survival. An effective approach to assess risk of amyloidosis would likely involve a number of determinants, in addition to the biotinyl-rV $\lambda$ 6Wil assay, including the germline gene usage and the serum FLC concentration. Such a cumulative amyloid risk evaluation algorithm may provide an accurate prediction of amyloidosis in patients, and our assay may play a critical role in the early identification of these patients such that therapeutic intervention enhances survival.

## Acknowledgements

We appreciate the thoughts and comments provided by Dr. Raymond Comenzo. We thank Matthew Little for assistance in the production of  $rV\lambda 6Wil$  protein.

Funding

This study was supported by a Research Grant from the Amyloidosis Foundation (AF). Additional support was provided by the Department of Medicine at the University of Tennessee Medical Center.

## Abbreviations:

AL	light chain-associated amyloid protein
BSA(T)	bovine serum albumin (+ tween)
FLC	serum monoclonal free light chain

ICC	intra-class correlation coefficient
LC	immunoglobulin light chain protein
LCMGUS	light chain monoclonal gammopathy of undetermined significance
MM	multiple myeloma
PBS(T)	phosphate buffered saline (+ tween)
ROC	receiver operating characteristic
RT	room temperature
SAP	serum amyloid P-component
SMM	smoldering multiple myeloma
ThT	thioflavinT

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Page 9

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## Figure 1.

Schematic representation of the biotinyl-rV $\lambda$ 6Wil competition assay. Light chain proteins mixed with biotinyl-rV $\lambda$ 6Wil are incubated in the presence of surface adsorbed fibrils composed of rV $\lambda$ 6Wil. In the presence of a benign (MM) LC, little interaction with the fibril occurs and biotinyl-rV $\lambda$ 6Wil is efficiently recruited by the fibrils leading to a high fluorescent read out. Conversely, an AL LC protein binds to the fibrils and hinders recruitment leading to a decrease in fluorescence intensity following incubation.

Martin et al.



#### Figure 2.

Preparation and fibril coating procedure affects the recruitment of biotinyl-rV $\lambda$ 6Wil. (A) rV $\lambda$ 6Wil fibrils were prepared using a starting monomer peptide concentration ranging from 0.2 mg/mL – 1.35 mg/mL. A 0.5 µg aliquot of each sample (*n*=6) was used and the recruitment efficacy for biotinyl-rV $\lambda$ 6Wil (5 nM) determined at 1 h incubation. Data were analysed using ANOVA with Tukey's correction for multiple comparisons,  $\alpha$ = 0.05. (B) Increasing the mass of rV $\lambda$ 6Wil fibrils (prepared from 1 mg/mL monomer) coated onto the microplate well increased recruitment of biotinyl-rV $\lambda$ 6Wil (5 nM) up to 1 µg at 1-h incubation. Mean ± SD, *n* = 6. (C) Increasing the incubation time of the assay, using rV $\lambda$ 6Wil fibrils coated in water (grey) and in PBS (white) enhanced recruitment of the biotinyl-rV $\lambda$ 6Wil.

Martin et al.

Page 14



### Figure 3.

Storage conditions and sonication of rV $\lambda$ 6Wil fibrils affect concentration-dependent recruitment of biotinyl-rV $\lambda$ 6Wil monomer. (A) Sonication (10 s; black) of fibrils stored at 4 OC were less efficient at recruiting biotinyl-rV $\lambda$ 6Wil than unsonicated fibrils (white). Mean  $\pm$  SD, *n* =6. (B) Conversely, sonication (black) enhanced binding of biotinyl-rV $\lambda$ 6Wil by fibrils stored at -20 OC, as compared to unsonicated fibrils (white). Mean  $\pm$  SD, *n*=6 (C) Sonication of fibrils stored at 4 OC for more than 10–20 s significantly reduced the recruitment of biotinyl-rV $\lambda$ 6Wil (5 nM). Data in (A) and (B) were analysed using an unpaired *t*-test, and in (C) were analysed by ANOVA using a Bonferroni correction for multiple comparisons,  $\alpha = 0.05$ .

Martin et al.



#### Figure 4.

Recruitment of biotinyl-rV $\lambda$ 6Wil by rV $\lambda$ 6Wil fibrils is inhibited by AL-associated LC proteins. (A) Concentration-dependent inhibition of biotinyl-rV $\lambda$ 6Wil recruitment by AL-(Cro; grey) and MM-associated LC (Gal; black). (B) Recruitment of biotinyl-rV $\lambda$ 6Wil alone (black), or inhibition in the presence of Cro (white) or Gal (grey) was not affected by the concentration of rV $\lambda$ 6Wil monomer used to generate the fibril substrate (mean ± SD; *n*=6). Recruitment of biotinyl-rV $\lambda$ 6Wil alone (black), or inhibition in the presence of Cro (white) or Gal (grey) was not affected by PBS (C) or water (D) as the fibril coating milieu. Data in (C) and (D) were analysed by ANOVA using a Bonferroni correction for multiple comparisons,  $\alpha = 0.05$ .

Martin et al.



#### Figure 5.

Concentration-dependent inhibition of biotinyl-rV $\lambda$ 6Wil recruitment by AL-associated LC is significantly greater than for MM-derived LC proteins.(A) AL-associated LC, Cro (grey) yielded a greater concentration-dependent decrease (*m*, is the gradient) in recruitment inhibition, as compared to MM protein Gal (black). Mean  $\pm$  SD, *n*=6. Concentration-dependent gradient of inhibition of biotinyl-rV $\lambda$ 6Wil recruitment by a panel of 5 amyloid-associated LC (B; Cro, black triangle; Hig, gray square) or 4 MM LC proteins (C). Mean  $\pm$  SD, *n*=6. (D) Comparison of concentration-dependent inhibition of fibrillogenesis by MM protein Gal (grey) and transition protein Hig (black). Data were normalized to the lowest LC concentration. (E) The cohort of AL-associated LC (grey), including transition protein Hig (square), inhibited recruitment significantly more than MM-derived LC proteins (black). Mean  $\pm$  SD, *n*=6. (F) ROC analysis of the data presented in (E). A 100% sensitivity and 100% specificity was achieved at *m* = -5.45. An unpaired, two-tailed *t*-test was used to analyze the data in (D and E).

Table 1.

Summary of data for evaluation of intra-plate repeatability.

	rV <b>λ</b> 6Wil	$rV\lambda 6Wil + Gal LC (5\mu M)$	$rV\lambda 6Wil + Cro LC (5\mu M)$
No. replicates	24	12	12
Minimum (flu. au) <sup>a</sup>	182366	152293	58493
Maximum (flu. au)	223117	180805	72484
Mean (flu. au)	197814	165995	63170
Median (flu. au)	195609	166082	62034
Lower 95% CI of the mean (flu. au)	193255	160611	60490
Upper 95% CI of the mean (flu. au)	202372	171379	65849
SD (flu. au)	10796	8474	4217
SEM (flu. au)	2204	2446	1217
% Coefficient of Variation (% CV)	5.46%	5.11%	6.68%

Author Manuscript

Martin et al.

Summary of data for evaluation of inter-plate repeatability using normalized data.

	rVA6W	il + Cro L	C (5µM)	rVA6W	'il + Gal L	.С (5µМ
	Day 1	Day 2	Day 3	Day 1	Day 2	Day 3
No. replicates	12	12	12	12	12	12
Minimum (flu. au)	13.47	10.41	11.93	71.73	71.62	75.10
Maximum (flu. au)	22.16	19.73	18.37	89.44	85.37	92.39
Mean (flu. au)	16.37	14.39	13.85	80.24	76.90	79.78
Median (flu. au)	15.67	14.06	13.57	80.30	76.52	79.63
Lower 95% CI of the mean (flu. au)	14.71	12.91	12.84	76.89	73.42	76.26
Upper 95% CI of the mean (flu. au)	18.04	15.86	14.87	83.58	80.38	83.29
SD (flu. au)	2.62	2.33	1.60	5.27	5.48	5.53
SEM (flu. au)	0.76	0.67	0.47	1.52	1.58	1.60
% Coefficient of Variation (%CV)	16.00	16.18	11.53	6.56	7.12	6.93
ICC	0.33			0.59		