


# Tropomyosin Receptor Kinase B Agonist, 7,8-Dihydroxyflavone, Improves Mitochondrial Respiration in Placentas From Obese Women

Calais S. Prince, PhD<sup>1</sup>, Alina Maloyan, PhD<sup>1,2</sup>, and Leslie Myatt, PhD<sup>1,3</sup>

Reproductive Sciences  
2018, Vol. 25(3) 452-462  
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DOI: 10.1177/1933719117716776  
journals.sagepub.com/home/rsx  


## Abstract

Maternal obesity negatively impacts the placenta, being associated with increased inflammation, decreased mitochondrial respiration, decreased expression of brain-derived neurotrophic factor (BDNF), and its receptor, tropomyosin receptor kinase B (TRKB). TRKB induction by 7,8-dihydroxyflavone (7,8-DHF) improves energy expenditure in an obesity animal model. We hypothesized that TRKB activation would improve mitochondrial respiration in trophoblasts from placentas of obese women. Placentas were collected from lean (pre-pregnancy BMI < 25) and obese (pre-pregnancy BMI > 30) women at term following cesarean section delivery without labor. Cytotrophoblasts were isolated and plated, permitting syncytialization. At 72 hours, syncytiotrophoblasts (STs) were treated for 1 hour with 7,8-DHF (10 nM–10 μM), TRKB antagonists (ANA-12 (10 nM–1 μM), Cyclotraxin B (1 nM–1 μM)), or vehicle. Mitochondrial respiration was measured using the XF24 Extracellular Flux Analyzer. TRKB, MAPK, and PGC1α were measured using Western blotting. Maternal obesity was associated with decreased mitochondrial respiration in STs; however, 7,8-DHF increased basal, ATP-coupled, maximal, spare capacity, and nonmitochondrial respiration. A 10 μM dose of 7,8-DHF reduced spare capacity in STs from lean women, with no effect on other respiration parameters. 7,8-DHF had no effect on TRKB phosphorylation; however, there was a concentration-dependent decrease of p38 MAPK phosphorylation and increase of PGC1α in STs from obese, but not in lean women. TRKB antagonism attenuated ATP-coupled respiration, maximal respiration, and spare capacity in STs from lean and obese women. 7,8-DHF improves mitochondrial respiration in STs from obese women, suggesting that the obese phenotype in the placenta can be rescued by TRKB activation.

## Keywords

mitochondrial respiration, neurotrophin, obesity, placenta

## Introduction

The prevalence of obesity in women older than 20 years in the United States is greater than 40%.<sup>1</sup> Obesity during pregnancy increases the risk of pregnancy-induced hypertension,<sup>2</sup> gestational diabetes,<sup>3</sup> and preeclampsia.<sup>4</sup> Fetal and neonatal consequences from maternal obesity include increased risk of stillbirth,<sup>5</sup> preterm delivery,<sup>6</sup> and congenital abnormalities.<sup>7</sup> The placenta is a fetal organ that functions as an immunological barrier between the mother and the developing fetus, transports nutrients and waste, and synthesizes hormones that support pregnancy<sup>8,9</sup>; however, maternal obesity adversely affects placental function. Maternal obesity increases hypoxia,<sup>10</sup> inflammation,<sup>11,12</sup> oxidative stress,<sup>12</sup> and mitochondrial dysfunction<sup>12,13</sup> in the placenta. It is hypothesized that an adverse intrauterine environment, including the placenta, is involved in programming the fetus for disease later in life.<sup>14-16</sup> The offspring of obese (OB) women have increased prevalence of cardiovascular disease, hypertension, diabetes, and

dysregulation of the hypothalamic–pituitary–adrenal axis.<sup>17-19</sup> There has also been growing interest in understanding the role of maternal obesity in regulating brain development, offspring behavior, and onset of neuropsychiatric disease in adulthood<sup>20</sup>; however, the mechanisms underlying fetal programming of neuropsychiatric and other diseases is unknown.

<sup>1</sup> Center for Pregnancy and Newborn Research, Department of Obstetrics and Gynecology, University of Texas Health Science Center San Antonio, TX, USA

<sup>2</sup> Knight Cardiovascular Institute, Oregon Health & Science University, Portland, OR, USA

<sup>3</sup> Department of Obstetrics and Gynecology, School of Medicine, Oregon Health & Science University, Portland, OR, USA

## Corresponding Author:

Calais S. Prince, National Institute on Aging, National Institutes of Health, 251 Bayview Boulevard, Baltimore, MD 21224, USA.  
Email: calais.prince@nih.gov

The placenta secretes a variety of neuropeptides, neurohormones, and neurotransmitters,<sup>21-27</sup> including brain-derived neurotrophic factor (BDNF). BDNF binds to tropomyosin receptor kinase B (TRKB), a membrane-bound receptor tyrosine kinase, and induces phosphorylation at several tyrosine residues resulting in induction of several cell signaling cascades, including MEK1 (mitogen-activated protein (MAP) or extracellular signal-regulated (Erk) kinase) and MAPK, that are associated with maintaining energy homeostasis. We recently identified decreased BDNF, decreased total TRKB, increased phosphorylation at tyrosine 817, and increased phosphorylation of p38 MAPK in placentas from OB women.<sup>28</sup> These alterations in signaling are similar to those seen in neurodegenerative diseases,<sup>29</sup> affective disorders,<sup>30</sup> and obesity.<sup>31,32</sup> Brain-derived neurotrophic factor has the potential to ameliorate the effects of obesity in the placenta, as it increases mitochondrial function<sup>33,34</sup> and protects from oxidative stress<sup>35</sup> in neurons and human choriocarcinoma cells; however, peripherally administered BDNF has low bioavailability.<sup>36</sup> 7,8-Dihydroxyflavone (7,8-DHF) is a flavonoid derivative that induces TRKB and TRKB-dependent signaling.<sup>37,38</sup> Although the temporal phosphorylation patterns of TRKB seen with 7,8-DHF differ from that of BDNF,<sup>39</sup> TRKB phosphorylation is induced,<sup>39</sup> mitochondrial respiration is increased,<sup>40</sup> levels of peroxisome proliferator-activated receptor-gamma coactivator 1 $\alpha$  (PGC1 $\alpha$ ), a master regulator of mitochondrial biogenesis and antioxidant response is increased,<sup>40</sup> and markers of obesity are decreased in a diet-induced obesity animal model.<sup>41</sup> Based on these findings, we hypothesized that 7,8-DHF would improve mitochondrial respiration in placentas of OB women.

## Materials and Methods

### Placenta Collection and Cytotrophoblast Isolation

The research protocol was approved by the institutional review board of the University of Texas Health Science Center at San Antonio. Rather than studying women with a range of body mass index (BMI) including lean (LN), overweight, and OB, we chose to compare 2 well-separated phenotypes, LN and OB, to demonstrate the effects of obesity. We have previously shown inflammation and oxidative stress increase with maternal BMI<sup>12,13</sup>; however, the increase in inflammatory markers and indicators of oxidative stress was more pronounced in the cases of maternal obesity. Placentas from uncomplicated, term pregnancies of LN (pre/early pregnancy BMI: 18.5-24.9 kg/m<sup>2</sup>, n = 6; Table 1) and OB (pre/early pregnancy BMI  $\geq$ 30 kg/m<sup>2</sup>, n = 12; Table 1) women were immediately collected following elective cesarean delivery at term in the absence of labor with informed consent from patients in the Labor and Delivery Unit of University Hospital San Antonio. Exclusion criteria for the study were abnormal oral glucose tolerance test, concurrent diseases (diabetes, preeclampsia, hypertension, and infections), tobacco or drug/medication use, excessive weight gain/loss prior to pregnancy, and labor with

**Table 1. Maternal and Fetal Characteristics.**

	Lean (n = 6)	Obese (n = 12)
Pre/early pregnancy BMI, kg/m <sup>2</sup>	21.2 $\pm$ 1.1	34.0 $\pm$ 1.0 <sup>a</sup>
Gestational age, weeks	39.3 $\pm$ 0.5	39.2 $\pm$ 0.2
Maternal weight gain, (lbs)	23.8 $\pm$ 3.9	15.8 $\pm$ 3.0
Birth weight, g	3262 $\pm$ 127	3418 $\pm$ 91
Parity	1.5 $\pm$ 0.3	1.4 $\pm$ 0.3
Maternal age at delivery, years	30.8 $\pm$ 1.5	26.6 $\pm$ 2.3
Ethnicity (Hispanic/non-Hispanic)	5/1	9/3

Abbreviations: BMI, body mass index; LN, lean.

<sup>a</sup>P < .0001 versus LN.

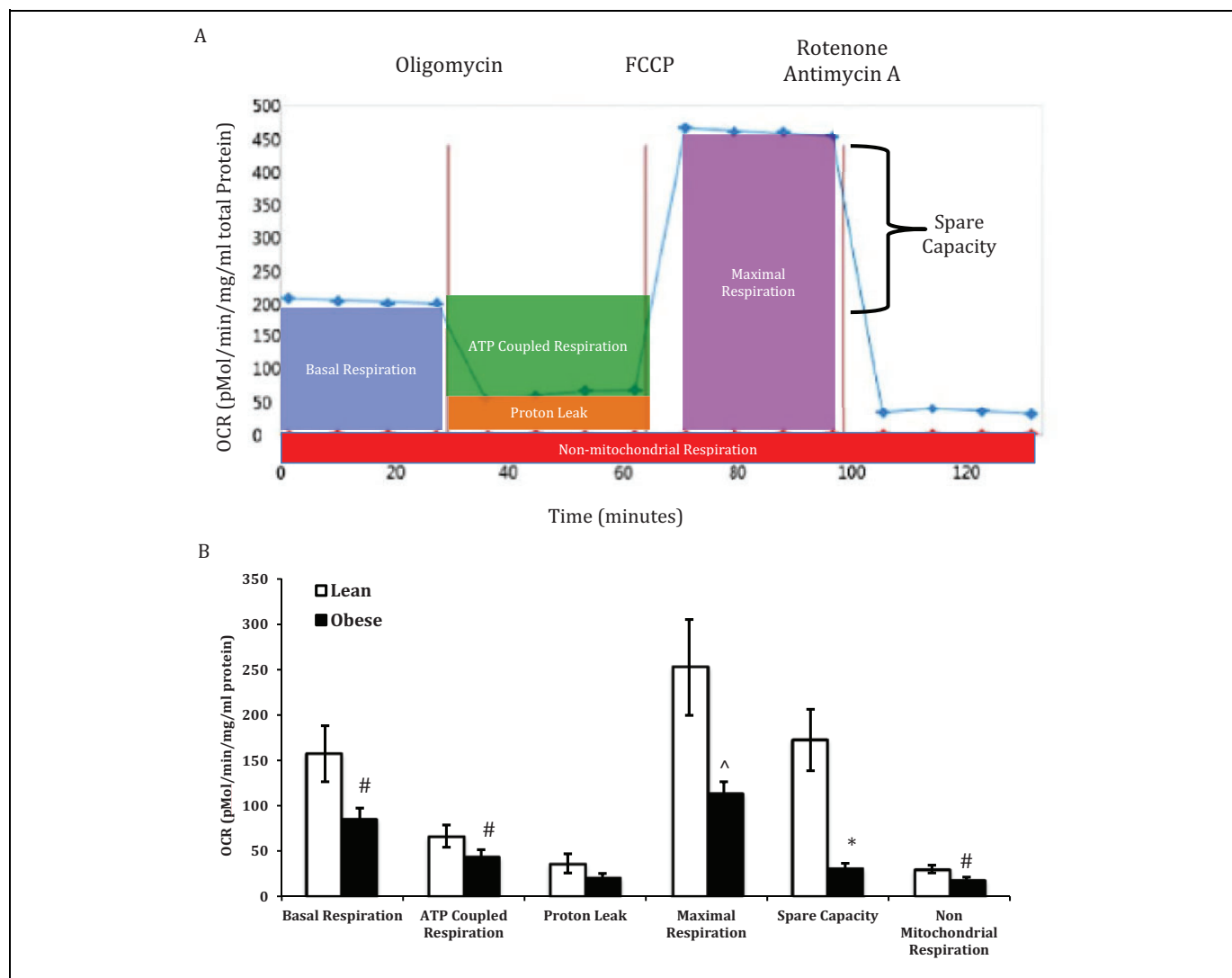
regular contractions. Primary cytotrophoblasts (CTs) were isolated in the manner previously described.<sup>42</sup>

### Primary CT Cell Culture and Treatment

Cytotrophoblasts were isolated from each placenta and plated at a density of  $8.5 \times 10^5$  cells and allowed to syncytialize to syncytiotrophoblasts (STs) over 72 hours in Seahorse XF24 plates (Seahorse Biosciences, Santa Clara, CA) and 24-well, flat bottom culture plates for subsequent protein studies. Cytotrophoblasts were cultured in a 5% carbon dioxide (CO<sub>2</sub>) humidified atmosphere at 37°C in complete media (Dulbecco's modified Eagle medium, Ham F-12 nutrient mixture, L-glutamine, penicillin, streptomycin, and gentamicin) that was changed daily. At 72 hours, the STs were treated for 1 hour with or without increasing concentrations of the BDNF agonist 7,8-DHF (10 nmol/L-10  $\mu$ mol/L final, cells treated in quadruplicate per dose) or the BDNF antagonists ANA-12 (10 nmol/L-1  $\mu$ mol/L, cells treated in triplicate per dose), or cycloheximide (1 nmol/L-1  $\mu$ mol/L, cells treated in triplicate per dose; Tocris Bioscience, Bristol, UK). Following treatment, STs in Seahorse plates were cultured in Seahorse media supplemented with glucose and pyruvate, incubated in CO<sub>2</sub>-free incubator at 37°C for 1 hour, and oxygen consumption was measured.<sup>43</sup> Corresponding STs (treated in duplicate per dose) in 24-well, flat-bottomed plates were harvested for protein analysis.

### Measurement of Oxygen Consumption Rates

The Seahorse XF24 analyzer (Seahorse Biosciences) was used to measure oxygen consumption rates (OCRs) upon challenge with various reagents in STs as described previously.<sup>44,45</sup> Basal respiration is measured to establish baseline rates. At 25 minutes, oligomycin is injected, which blocks the proton pore (F<sub>0</sub> subunit) and inhibits adenosine triphosphate (ATP) synthesis. At 65 minutes, carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone was injected, uncoupling ATP synthesis from the electron transport chain. This resulted in a rapid increase in OCR without the generation of ATP. Injection of rotenone and antimycin A at 100 minutes inhibits complexes I and III, resulting in complete depletion of mitochondrial-dependent respiration (Figure 1A). Nonmitochondrial respiration was measured following the inhibition of complexes I and III. Spare capacity



**Figure 1.** Oxygen consumption rates (OCRs) in placentas from lean (LN) and obese (OB) women. Representative OCR versus time trace in syncytiotrophoblasts from the placenta of a LN woman (A) following injection of oligomycin, carbonyl cyanide 4-(trifluoromethoxy)phenylhydrazone (FCCP), rotenone, and antimycin A. Basal respiration, adenosine triphosphate (ATP)-coupled respiration, proton leak, maximal respiration, spare capacity, and nonmitochondrial respiration in placentas from LN and OB women (B). Oxygen consumption rate was normalized to total cellular protein. Values are mean  $\pm$  standard error of the mean (SEM); #;  $P < .05$  versus LN; ^;  $P < .01$  versus LN; \*;  $P < .001$  versus LN;  $n = 6$  LN and 12 OB.

was calculated by subtracting basal from maximal respiration and is an index of the cells ability to respond to stress. Proton leak was calculated by subtracting nonmitochondrial respiration from ATP-coupled respiration.

### Western Blot

Twenty micrograms of protein were separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis as described.<sup>13</sup> Tropomyosin receptor kinase B (1:500 rabbit anti-TrkB; Santa Cruz, CA), phosphorylated TRKB at Y817 (1:1000 rabbit anti-TrkB phospho Y817; Abcam, Cambridge, MA), p38 MAPK (1:1000 rabbit anti-p38 antibody; Cell Signaling), phosphorylated p38 MAPK (1:1000 rabbit anti-phosphorylated p38 antibody; Cell Signaling), PGC1 $\alpha$  (1:1000 rabbit anti-PGC1 $\alpha$  antibody; Cell Signaling,

Beverly, MA), and  $\beta$  actin (loading control; 1:1000 mouse anti- $\beta$ -actin antibody; Sigma, St. Louis, MO) were measured by Western blotting. The membranes were then washed, incubated with the appropriate peroxidase-conjugated secondary antibody, and visualized.

### Statistical Analysis

Data are reported as mean  $\pm$  standard error of the mean. Parametric statistical analysis was performed using Student  $t$  test, 1- or 2-way analysis of variance. The post hoc analysis was completed using Fisher's Least Significant Difference (LSD).  $P$  values  $< .05$  were considered statistically significant. Analyses were performed using StatPlus: mac Pro Software (AnalystSoft Inc, Walnut, California) and GraphPad Prism version 7 (GraphPad Software).

## Results

### Demographic and Clinical Characteristics

Maternal and fetal characteristics are presented in Table 1. By design, prepregnancy/first-trimester BMI was significantly greater in the OB group compared to the LN group ( $P < .0001$ ). There were no differences across groups in gestational age, maternal age at delivery, parity, or birth weight ( $P > .05$ ). Each group contained equal numbers of male and female fetuses. The majority of the participants were Hispanic.

### Characterization of ST Mitochondrial Phenotype in Placentas From LN and OB Women

Basal respiration, ATP-coupled respiration, proton leak, maximal respiration, and nonmitochondrial respiration from STs isolated from the placenta of LN women are shown in Figure 1A. Maternal obesity was associated with decreased basal respiration, ATP-coupled respiration, maximal respiration, spare capacity, and nonmitochondrial respiration by 30% or more (Figure 1B).

### Cellular Response to TRKB Agonist, 7,8-DHF

The addition of increasing concentrations of 7,8-DHF to ST from LN women resulted in no effect on basal respiration (Figure 2A), ATP-coupled respiration (Figure 2C), proton leak (Figure 2E), maximal respiration (Figure 3A), or nonmitochondrial respiration (Figure 3E). Acute treatment with 10  $\mu\text{mol/L}$  7,8-DHF gave a significant reduction in spare capacity (Figure 3C). In STs from OB women, 7,8-DHF had no effect on proton leak (Figure 2F); conversely, 1  $\mu\text{mol/L}$  7,8-DHF significantly increased basal respiration (Figure 2B), ATP-coupled respiration (Figure 2D), maximal respiration (Figure 3B), spare capacity (Figure 3D), and nonmitochondrial respiration (Figure 3F).

### Cellular Response to TRKB Antagonists ANA-12 and Cyclothaxin B

Increasing concentrations of cyclothaxin B significantly decreased ATP-coupled respiration in STs from placentas of LN women (Figure 4A) but had no effect on STs from placentas of OB women (Figure 4B). Acute treatment with ANA-12 had no effect on maximal respiration in STs isolated from placentas from LN women (Figure 4C); however, 1  $\mu\text{mol/L}$  ANA-12 significantly decreased maximal respiration in STs isolated from placentas of OB women (Figure 4D). ANA-12 of 10  $\text{nmol/L}$  significantly decreased spare capacity in STs from placentas of LN women (Figure 4E), while 1  $\mu\text{mol/L}$  of ANA-12 significantly decreased spare capacity in STs isolated from placentas of OB women (Figure 4F).

### Regulation of Cell Signaling Cascades Associated With TRKB Agonism

Increasing concentrations of 7,8-DHF had no effect on phosphorylation at Y817 of TRKB (Figure 5A and B) in trophoblast of OB women; however, there was a dose-dependent decrease in phosphorylation of p38 MAPK by 7,8-DHF in STs from OB but not LN women (Figure 5A and C).

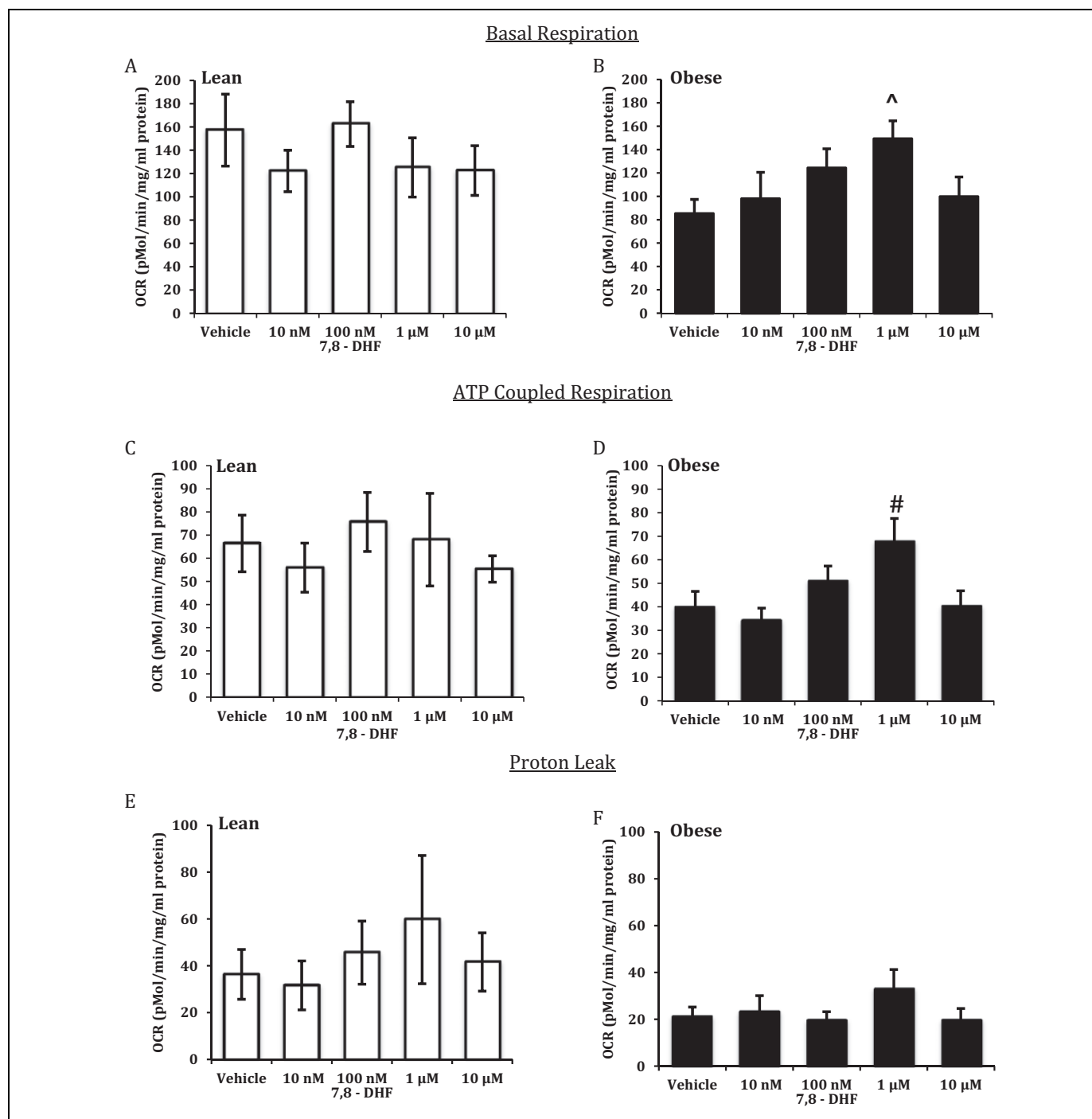
### Regulation of PGC1 $\alpha$

Increasing concentrations of 7,8-DHF significantly increased PGC1 $\alpha$  in STs from placentas of OB women but had no effect in trophoblast from LN women (Figure 5D).

## Discussion

Maternal obesity is associated with placental dysfunction, which increases the risk of pregnancy complications, poor perinatal outcome, and fetal programming. We recently identified dysregulation of BDNF/TRKB signaling in placentas from OB women,<sup>28</sup> which corresponds with decreased circulating BDNF in the plasma<sup>32</sup> and decreased BDNF messenger RNA (mRNA) expression in the ventromedial hypothalamus of OB individuals.<sup>31</sup> Tropomyosin receptor kinase B, the BDNF cognate receptor, mediates the transduction of several cell signaling cascades that are necessary for preventing oxidative stress,<sup>46</sup> improving mitochondrial respiration,<sup>47</sup> and increasing OCRs.<sup>34</sup> This study builds upon our understanding of neuropeptide signaling in the placenta and uses a compound that potentially ameliorates maternal obesity-associated placental mitochondrial dysregulation by inducing TRKB signaling. Strengths of the study are the well-defined patient groups, the predominance of 1 ethnic group (Hispanic), and collection of tissue at term in the absence of labor to avoid additional oxidative stress. Limitations would include the generalizability of the data to other ethnicities and the small sample size. The study design does not allow us to distinguish if the causative factor is obesity prior to pregnancy or the continuing dietary habits of OB individuals. However, these data contribute to our understanding of the role of TRKB modulation on mitochondrial respiration in the context of obesity.

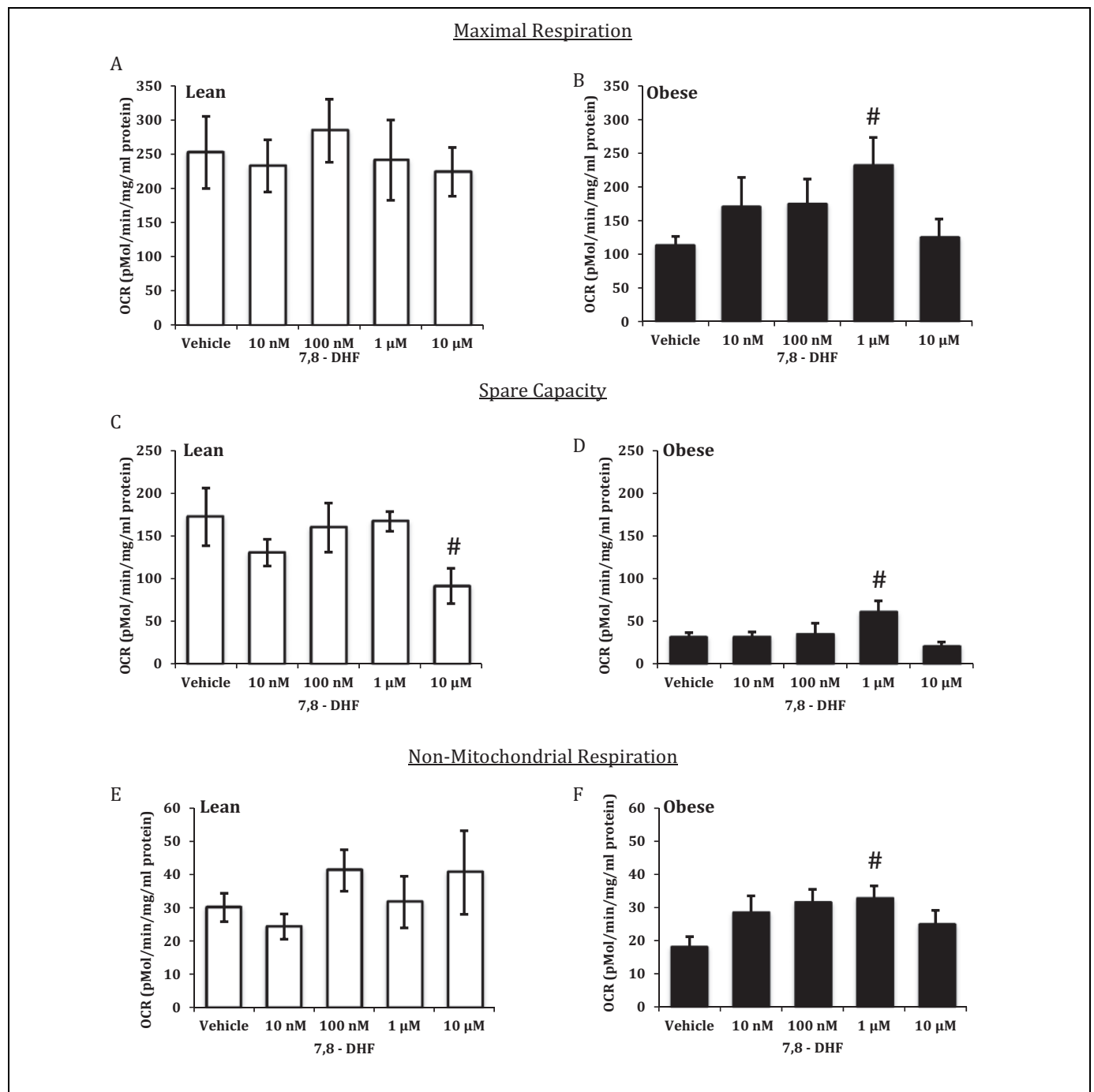
In this study, we find that maternal obesity decreased mitochondrial and nonmitochondrial respiration in STs, recapitulating our published data.<sup>12</sup> Although BDNF was found to improve respiration in brain mitochondrial preparations,<sup>33,34</sup> it has poor therapeutic potential when administered peripherally. From a screen of over 60 compounds, 7,8-DHF was found to induce TRKB dimerization, autophosphorylation, and cross the blood-brain barrier.<sup>38</sup> In a diet-induced obesity animal model, 7,8-DHF decreased bodyweight, circulating Tumor necrosis factor alpha (TNF- $\alpha$ ) concentrations, hepatic and muscular free fatty acids, and increased energy expenditure,<sup>41</sup> whereas it did not affect body weight in mice receiving standard chow.<sup>41</sup> We hypothesized that treating STs with 7,8-DHF



**Figure 2.** Effect of 7,8-dihydroxyflavone on basal and adenosine triphosphate (ATP)-coupled respiration and proton leak in syncytiotrophoblasts from lean (LN) and obese (OB) women. Basal respiration (A and B), ATP-coupled respiration (C and D), and proton leak (E and F). Oxygen consumption rates (OCR) was normalized to total cellular protein. Values are mean  $\pm$  standard error of the mean (SEM); #:  $P < .05$  versus vehicle (OB); ^:  $P < .01$  versus vehicle (OB);  $n = 6$  LN and 12 OB.

would improve cellular respiration in the context of maternal obesity. Syncytiotrophoblasts from placentas of LN and OB women underwent acute treatment with the TRKB agonist, 7,8-DHF from 10 nmol/L to 10  $\mu$ mol/L. Cellular respiration parameters in cells isolated from placentas of LN women were not affected by this acute treatment with 7,8-DHF, other than a significant decrease in spare capacity seen at 10  $\mu$ mol/L 7,8-

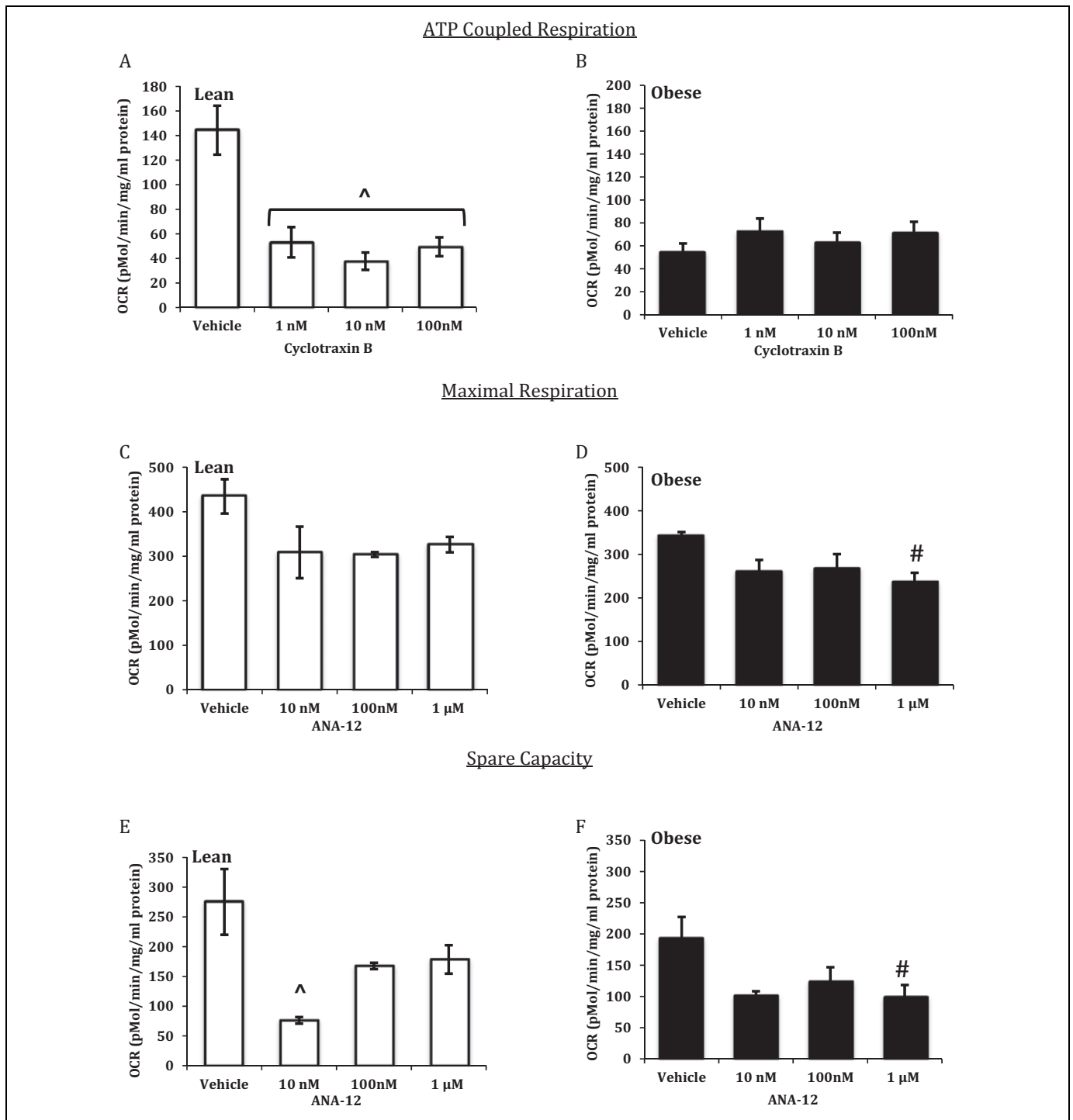
DHF, which suggests a diminished ability to respond to cellular stress and possible cytotoxicity. Although not statistically significant, both basal and maximal respiration started to decrease at 10  $\mu$ mol/L 7,8-DHF in trophoblast from both LN and OB women. Interestingly, Chen et al had shown that DHF concentrations of 100  $\mu$ mol/L and upward had no effect on viability of immortalized mouse hippocampal cells.<sup>48</sup> In contrast to



**Figure 3.** Effect of 7,8-dihydroxyflavone on maximal and nonmitochondrial respiration and spare capacity in syncytiotrophoblasts from lean (LN) and obese (OB) women. Maximal respiration (A and B), spare capacity (C and D), and nonmitochondrial respiration (E and F). Oxygen consumption rates (OCR) was normalized to total cellular protein. Values are mean  $\pm$  standard error of the mean (SEM); #;  $P < .05$  versus vehicle (OB);  $n = 6$  LN and 12 OB.

trophoblast isolated from LN women, induction of placental TRKB by 1  $\mu\text{mol/L}$  7,8-DHF in trophoblast isolated from OB women improved both mitochondrial (basal, ATP-coupled, maximal, and spare capacity) and nonmitochondrial respiration. Indeed basal, ATP-coupled, maximal, and nonmitochondrial respiration were returned to levels that were no different from those measured in trophoblast from LN women. This suggests that the effective dose of 7,8-DHF controls cellular

respiration in a metabolic status-specific manner similar to other descriptions in the literature.<sup>41,49</sup> The relationship between TRKB activation, subsequent induction of MEK and MAPK, and mitochondrial respiration has been shown in previous reports.<sup>33,34,40</sup> Conversely, inhibition of MEK/ERK kinases and MEK1/2 in neuronal mitochondrial preparations coincubated with increasing concentrations of BDNF resulted in diminished respiratory control index, a measure of

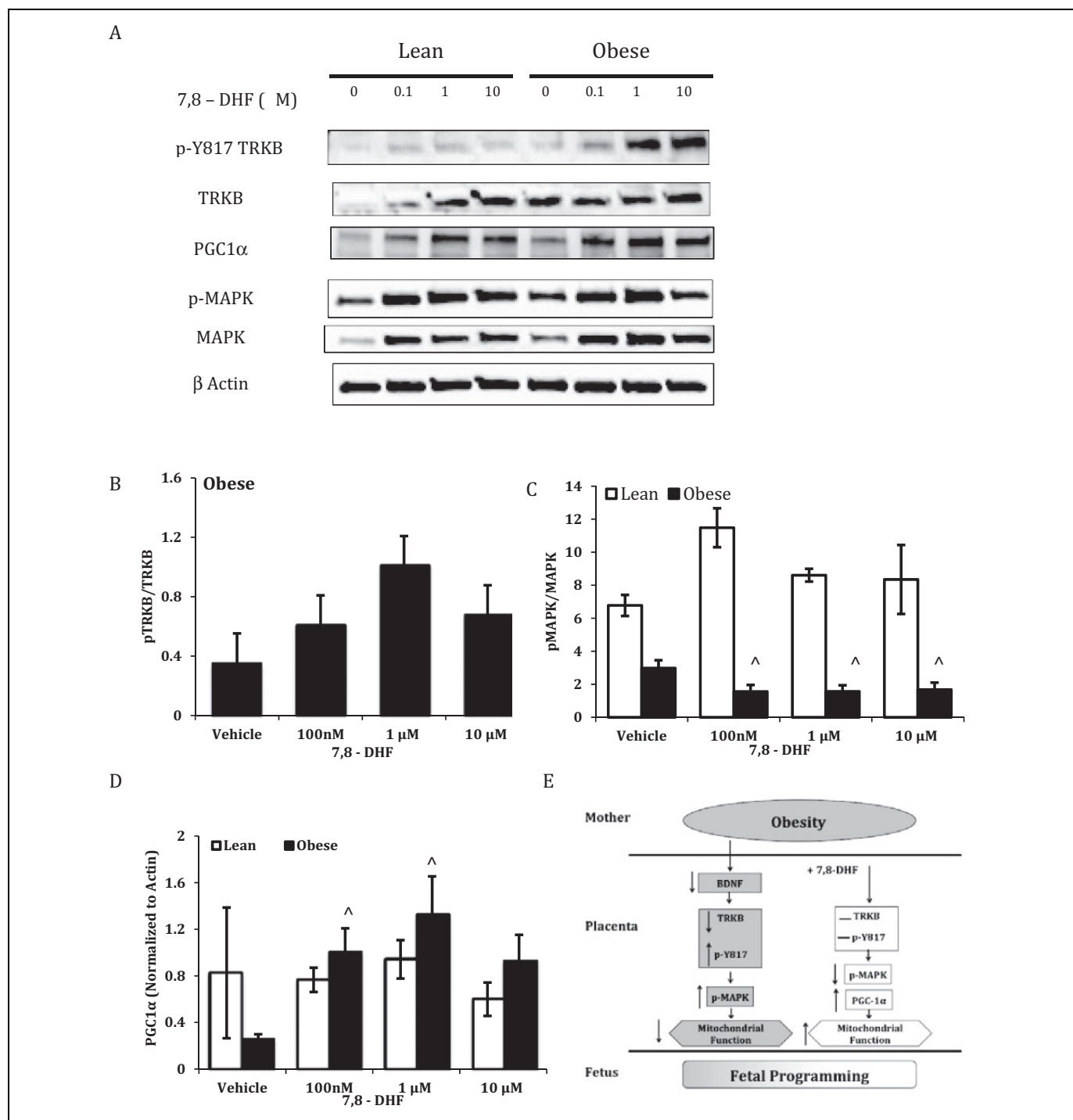


**Figure 4.** Concentration-dependent mitochondrial respiration responses to cyclohexin B and ANA-12. Adenosine triphosphate (ATP)-coupled respiration (A and B), maximal respiration (C and D), and spare capacity (E and F) in syncytiotrophoblasts from lean (LN) and obese (OB) women. Oxygen consumption rates (OCR) were normalized to total cellular protein. Values are mean  $\pm$  standard error of the mean (SEM); ^:  $P < .01$  versus vehicle (LN); #:  $P < .05$  versus vehicle (OB);  $n = 3$  LN and 5 OB.

mitochondrial integrity, ATP synthesis, and oxygen consumption.<sup>33,34</sup>

We next examined cellular respiration following treatment with TRKB-specific antagonists ANA-12 and cyclohexin B which have differing modes of action. ANA-12 is a nonpeptide

derived, noncompetitive receptor antagonist that binds to the high- and low-affinity sites on the extracellular domain of TRKB.<sup>50</sup> Incubation with increasing concentrations of ANA-12 decreased neurite outgrowth in a TRKB-specific cell model of neuronal differentiation (nrr5-PC12-TRKB) but not in nrr5-



**Figure 5.** Tropomyosin receptor kinase B (TRKB) phosphorylation at tyrosine 817, p38 mitogen-activated protein kinase (MAPK) phosphorylation at threonine 180/tyrosine 182, proliferator-activated receptor-gamma (PPAR $\gamma$ ) coactivator 1 $\alpha$  (PGC-1 $\alpha$ ) levels, and proposed model for effect of 7,8-dihydroxyflavone (DHF) in placentas from lean (LN) and obese (OB) women. Representative Western blots and quantification of pY817 (A and B), pp38 MAPK (A and C), and PGC-1 $\alpha$  (A and D) in cell lysates from LN and OB women. Samples were normalized to total TRKB, p38, and  $\beta$  actin, respectively. Values are mean  $\pm$  standard error of the mean (SEM);  $\wedge$ :  $P < .01$  versus vehicle (OB);  $n = 3$  LN and 11 OB.

PC12-TRKA and nnr5-PC12-TRKC lines.<sup>50</sup> Additionally, systemic administration of ANA-12 resulted in decreased anxious and depressive behavior in rodent models without affecting neuron survival.<sup>50</sup> Cyclotraxin B is a BDNF-derived, noncompetitive inhibitor that allosterically alters TRKB conformation,

thus modulating its activation capacity in a BDNF-dependent and -independent manner.<sup>51</sup> The cellular and physiological responses to cyclotraxin B are comparable to that of ANA-12. These studies provide evidence that ANA-12 and cyclotraxin B are selective and specific for TRKB. In this study,



ANA-12 and cyclotraxin B significantly decreased ATP-coupled respiration and spare capacity in trophoblast isolated from LN women, bringing levels to those seen in untreated trophoblast from OB women or lower. In trophoblast from placentas of OB women, ANA-12 further significantly decreased maximal respiration and spare capacity while cyclotraxin B had no effect on ATP-coupled respiration, suggesting a possible floor effect that is mitochondrial, electron transport chain (ETC) complex specific. However, the effect of TRKB antagonists in inhibiting respiration in trophoblast from both LN and OB women provides evidence of a central role of TRKB in ST respiration.

Tropomyosin receptor kinase B activation is associated with induction of PI3K, Protein Kinase B (AKT), MAPK, and phospholipase C (PLC $\gamma$ ) signaling.<sup>52</sup> We have shown that maternal obesity is associated with increased phosphorylation in the placenta of TRKB at tyrosine 817,<sup>28</sup> a residue associated with induction of PLC $\gamma$ , Protein kinase C (PKC), and MAPK.<sup>53-55</sup> However, in our study, addition of 7,8-DHF in vitro did not induce a further significant increase in phosphorylation of TRKB at Y817. Phosphorylation of p38 MAPK was significantly decreased in cells isolated from placentas of OB women and treated with 7,8-DHF, whereas there was no effect in trophoblast from a LN woman, which supports data that suggest 7,8-DHF decreases the inflammatory profile associated with obesity.<sup>41</sup> A possible mechanism for recovery of respiration is modulation of PGC-1 $\alpha$ , a key regulator of metabolism (Figure 5E). PGC-1 $\alpha$  is a transcriptional coactivator of PPAR $\gamma$ , a transcription factor that is required for placenta development.<sup>56</sup> PGC-1 $\alpha$  mRNA expression is decreased in white adipose tissue of morbidly OB patients<sup>57</sup> and animal models of obesity.<sup>58</sup> p38 MAPK removes the negative regulatory unit from PGC-1 $\alpha$  permitting mitochondrial respiration and regulation of the antioxidant response<sup>59-62</sup>; however, sustained p38 MAPK phosphorylation may serve as a negative PGC-1 $\alpha$  transcriptional regulator.<sup>58</sup> Collectively, these studies suggest that PGC-1 $\alpha$  expression would be decreased in placentas from OB women, contributing to mitochondrial dysregulation. Increasing concentrations of 7,8-DHF significantly increased PGC-1 $\alpha$  in trophoblast from OB women, suggesting a possible mechanism through which mitochondrial respiration can recover from the adverse effects of maternal obesity. In addition to the effect via TRKB, we are cognizant that 7,8-DHF is reported to have general antioxidant activity, which was not examined here and which may have contributed to the amelioration of impaired mitochondrial respiration. Clinically, it would also be necessary to determine whether 7,8-DHF could cross the placenta and assess the effects on the developing fetus.

Various factors can influence placental function and theoretically could contribute to pregnancy outcome and fetal programming for disease onset in adult life. Maternal obesity influences placenta size, respiration, metabolism and function, fetal oxygen supply, and fetal growth and development. Improvement in trophoblast respiration via 7,8-DHF induction of TRKB signaling may ameliorate the effect of obesity on the placenta and on pregnancy outcomes.

## Acknowledgments

The authors would like to thank Drs L.C. Evans and S. Muralimohan for their technical support and Drs K. Ireland and E. Rodriguez for screening and consenting patients for the placenta study. The authors would also like to thank the participants in this study.

## Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

## Funding

The author(s) disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: This work was supported by funding from the Eunice Kennedy National Institute of Child Health and Human Development (HD076259; AM and LM).

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