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Amyloid Plaques of Alzheimer's Disease as Hotspots of Glutamatergic Activity

Saak V. Ovsepian^{1,2,3}, Valerie B. O'Leary³, Laszlo Zaborszky⁴, Vasilis Ntziachristos^{1,2}, J. Oliver Dolly³

¹Institute for Biological and Medical Imaging, Helmholtz Zentrum Munich, German Research Center for Environmental Health, Neuherberg, Germany ²Munich School of Bioengineering, Technical University Munich, Munich, Germany ³International Centre for Neurotherapeutics, Dublin City University, Dublin, Ireland ⁴Center for Molecular and Behavioral Neuroscience, Rutgers, the State University of New Jersey, Newark, NJ, USA

Abstract

Deposition of amyloid plaques in limbic and associative cortices is amongst the most recognized histopathologic hallmarks of Alzheimer's disease. Despite decades of research, there is a lack of consensus over the impact of plaques on neuronal function, with their role in cognitive decline and memory loss undecided. Evidence has emerged suggesting complex and localized axonal pathology around amyloid plaques, with a significant fraction of swellings and dystrophies becoming enriched with putative synaptic vesicles and presynaptic proteins normally colocalized at hotspots of transmitter release. In the absence of hallmark active zone proteins and postsynaptic receptive elements, the axonal swellings surrounding amyloid plaques have been suggested as sites for ectopic release of glutamate, which under reduced clearance can lead to elevated local excitatory drive. Throughout this review, we consider the emerging data suggestive of amyloid plaques as hotspots of compulsive glutamatergic activity. Evidence for local and long-range effects of nonsynaptic glutamate is discussed in the context of circuit dysfunctions and neurodegenerative changes of Alzheimer's disease.

Keywords

glutamate; axonal dystrophies; ectopic release; paracrine signaling; metabotropic receptors; Alzheimer's disease

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Corresponding Author: Saak V. Ovsepian, Institute for Biological and Medical Imaging, Helmholtz Zentrum Munich, German Research Center for Environmental Health, Building 56, Ingolstädter Landstraße I, D-85764, Neuherberg, Germany. saak.ovsepian@gmail.com.

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Introduction

Amyloid plaques and neurofibrillary tangles (NFTs) have been long recognized as the most consistent histopathological manifestations of Alzheimer's disease (AD). The core constituent of NFTs is hyperphosphorylated axonal protein tau while plaques are composed of pleated sheets of amyloid- β (A β) peptide. Despite extensive research, the mechanistic link between these two hallmarks as well as the role of A β plaques in the pathobiology of AD remains elusive. Numerous cases of overt dementia with low $A\beta$ load or mild cognitive and emotional changes with high $A\beta$ levels in the brain have been documented (Davies and others 1988; Morris and others 2014; Serrano-Pozo and others 2014). The increasing recognition of multiple physiological effects of A β has recently added an extra layer of complexity to interpretation of the amyloid hypothesis of AD. At presynaptic glutamatergic terminals, for instance, both, monomers and oligomers of A β influence almost every step of the synaptic vesicle cycle, from voltage-activated calcium influx to transport, docking and fusion of synaptic vesicles, followed by postfusion membrane recovery (Ovsepian and others 2018). The widening acknowledgement of A β oligomers as the prime causative of synaptic impairments of AD also calls into question well-recognized disruptive effects of amyloid plaques, with emerging evidence suggesting their neuroprotective role in sequestering toxic Aß species.

Notwithstanding the conflicting views, there is ample evidence for focal damage caused by amyloid plaques. Localized oxidative stress with mitochondrial dysfunctions, loss of dendritic spines and presynaptic elements, impairments of axonal integrity and focal immune response are just a few to be named (Geddes and Cotman 1989; Mitew and others 2013). Imaging and neurophysiological reports also show plaque-related impairments of calcium homeostasis with alterations in synaptic and neuronal activity, along with the evidence for a considerable variability in the response of brain tissue to amyloid plaques (Busche and others 2008; Busche and Konnerth 2015; Kuchibhotla and others 2008; Ovsepian and others 2017). It emerges that the development of plaques is far from an unpretentious and gradual peptide deposition in the brain but involves complex interactions of accumulating protein mass with surroundings contributed by a range of cellular and molecular players. The highly diverse reaction of brain tissue to amyloid plaques is likely to contribute toward dissociation between the extent of plaque load and cognitive decline in AD. Indeed, the dynamic nature of neurochemical changes combined with the disease progression, distribution of amyloid plaques and affected brain regions could greatly influence the cognitive outcome. Such possibilities have been considered recently, with emerging data pinpointing substantial diversity in plaque-related axonal dystrophies, presenting a range of features and behavior (Adams and Munoz 1993; Dickson and others 1988; Masliah and others 1993; Su and others 1998; Vickers and others 2016a; Vickers and others 2016b). Intriguingly, a substantial proportion of axonal swellings and dystrophies share multiple features with physiologically enlarged presynaptic boutons and axonal varicosities. Like normal axonal varicosities and synaptic terminals, these dystrophies are enriched with presynaptic proteins involved in synaptic vesicle cycle and exocytosis. The majority of dystrophies at plaques is glutamatergic and contains amyloid precursor protein (APP) and proteases catalyzing A β production, as well as putative small synaptic vesicles,

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which typically colocalize with neurotransmitter release sites (Kandalepas and others 2013; Ovsepian and others 2017). Under reduced clearance of glutamate and down-regulation of the astrocyte glutamate transporter EAAT2 in AD (Revett and others 2013; Scimemi and others 2013), the release of this transmitter from dystrophies could lead to its build-up in the extracellular space with activation of extrasynaptic *N*-methyl-D-aspartate (NMDA) and metabotropic glutamatergic receptors, affecting synaptic transmission and plasticity mechanisms.

Although the cause of considerable heterogeneity of the localized response to plaques remains unclear, the potential impact of elevated glutamate signaling in AD brain is a matter of great interest and requires careful assessment. The focus of this review centres on plaquerelated changes in the brain, with reference to glutamatergic activity. The histochemical, ultrastructural, and molecular evidence is discussed suggesting shared features of normal presynaptic elements and axonal varicosities with dystrophic swellings of AD, which might contribute to the enhanced glutamatergic activity. The emerging focal and extended effects of nonsynaptic glutamate on neurons and networks are considered in the context of the hyperactivity (seizures) of brain circuits and the neurodegenerative process.

Histopathological Evidence for Glutamatergic Impairments at Amyloid Plaques

AD-like proteinaceous deposits in the brain are documented in several neurological diseases, including spongiform encephalopathies, traumatic brain injuries, and neurosyphilis, and occasionally also in the normal ageing brain without a cognitive deficit (Caughey and Lansbury 2003; Fiala 2007). Little is known about their shared features and differences, with future comparative studies anticipated to elucidate the specifics of amyloid plaques of AD. Although multiple mechanisms of biogenesis of $A\beta$ plaques have been considered, factors triggering their formation remain to be determined (Armstrong 1995; Dickson 1997; Fiala 2007; Rifenburg and Perry 1995). Data from mouse models suggests rapid as well as the gradual development of A β deposits, which after reaching a certain size enter into a relatively stable phase (Burgold and others 2011; Meyer-Luehmann and others 2008). Immunofluorescence staining with A β oligomer-specific antibodies showed that the halo of soluble A β surrounding plaque core can extend well beyond the lesion, consistent with diffuse neurochemical changes. Notwithstanding the build-up of a large amount of proteinaceous mass, their emergence is not associated with cell death but deflection of neurons and glial cells to the plaque margins. Axons and presynaptic terminals appear to be particularly sensitive to amyloid lesions, which become swollen and undergo dystrophic changes (Kawai and others 1992; Miyawaki and others 2001; Vickers and others 2016b). The loss of presynaptic elements is especially severe within the plaque core and its immediate vicinity, with dystrophic axonal profiles encircling lesions (Kandalepas and others 2013; Mitew and others 2013; Sadleir and others 2016). With distance from the core, degeneration of glutamatergic elements prevails over 50 to 150 µm ranges, while the loss of GABAergic terminals is restricted to the actual boundaries of lesions. In general, three types of plaque-related axonal changes have been documented: (1) degenerative dystrophies with positively labeled NFT cytoskeletal pathology, indicative of an advanced stage of damage; (2) regenerative NF positive dystrophies enriched with growth proteins (e.g., GAP43), corresponding to neurites and presynaptic terminals undergoing sprouting; and (3) axonal

dystrophies with swollen appearance containing an array of presynaptic proteins such as SNAP-25, syntaxin, vGluTl, synaptophysin, voltage-gated calcium channels as well as APP and BACE1 protease (Fig. 1 A).

According to Vicker, Terry, and others, there are two independent processes that could trigger the formation of axonal dystrophies around plaques (Masliah and others 1993; Vickers and others 2016a). The first results from the reaction of axons to amyloid lesions, which stimulates regenerative changes and major cytoskeleton alterations and sprouting, whereas the second involves swelling of axons and nerve terminals without signs of regenerative alterations. These phenotypical differences imply the possibility of a differential response of axons or various neuron types to lesions. It emerges that long-range glutamatergic projecting axons of pyramidal neurons are particularly responsive to plaques, while nonpyramidal cells generally do not show dystrophic features. The localized damage and loss of some axon terminals at plaques are paralleled with compensatory enlargement of the remaining presynaptic terminals and bouton swelling, perhaps signifying their adaptive remodeling to counter the collapse of local circuits. Importantly, unlike boutons and varicosities of glutamatergic axons presenting canonical sites for release at specialized active zones, amyloid plaque related axonal swellings and dystrophies, while also enriched with generic presynaptic markers, are devoid of active zone proteins (Sadleir and others 2016), an observation implying the absence of specialized secretory sites. Results of ultrastructural analysis are in general agreement with immunohistochemical data, showing remarkable heterogeneity in the content and behavior of dystrophies, with putative synaptic vesicles and multilamellar, electron-dense endosomes and lysosomal intermediates being differentially present (Masliah and others 1991; Nixon 2014) (Fig. 1B). In dystrophies, BACE1 appears mostly on small translucent intracellular compartments, which are reminiscent of a vGlut1 positive small synaptic vesicle, with occasional fusion profiles identified on the axonal membrane (Ovsepian and others 2017). As glutamate and A β secretion from neurons rely on SNARE proteins and can occur independently from specialized active zones (Cirrito and others 2003; Cirrito and others 2005; Ovsepian and Dolly 2011), it is tempting to speculate that axonal swellings associated with amyloid plaques might present hotspots for the nonsynaptic release of $A\beta$ and glutamate.

Among other histochemical changes implying a plaque-related enhancement of glutamatergic drive, the local deficit in glutamate clearance and remodeling of glutamatergic receptors have been widely discussed (Albasanz and others 2005; Paoletti and others 2013; Revett and others 2013). Downregulation of glutamate transporter around A β plaques as well as changes in the density and molecular composition of glutamatergic receptors have been documented in both, plaque-laden human brain and mouse models of AD, with local deficit of EAAT 1-2 and mouse GLYT-1 transporter shown explicitly (Hefendehl and others 2016; Jacob and others 2007; Revett and others 2013). Of note, while reduced glutamate transport is expected to lower its release from neurons, the build-up of glutamate in astrocytes at the same time would lead to its uncontrolled leakage from these cells into the interstitial space, promoting pathophysiology and functional changes in AD brain.

Functional Evidence for Glutamatergic Impairments at AD Amyloid Plaques

The widely held notion of gradual collapse of the brain connectome in AD has been recently confronted by data showing complex and often bilateral changes that affect synaptic and network functions at multiple levels. By combining cellular imaging and patch-clamp studies, alterations in the geometry of hippocampal pyramidal neurons has been shown in mice expressing K670N/M671L-mutated APP (APPswe) and Ml46V mutated presenilin 1 (PS1), which exhibited enhanced response to depolarizing inputs (Siskova and others 2014). As a result, hippocampal pyramidal cells in plaque-laden brain discharge bursts of action potentials, unlike wild-type and pre-plaque transgenic neurons, which exhibit sparse single spike firing. This abnormal response of pyramidal neurons translates into general hyperactivity of circuits, as detected by field potential recordings. Changes in neuronal responsiveness shown in this study were attributed to morphological abnormalities with shrinkage of the dendritic tree, lowering their electrical capacitance, and hence, making them more excitable. Similar alterations have been reported earlier in the human AD brain (Grutzendler and others 2007). Although no direct link between altered neuronal activity and amyloid plaques were shown in these studies, increased responsiveness of neurons was detectable only in animals displaying abundant plaque pathology (Siskova and others 2014).

Using neuronal Ca²⁺ imaging for analyzing plaque-related alterations in neuronal and glial dynamics *in situ*, considerable variability in spontaneous activity of these cells along with disruption of intracellular Ca²⁺ were documented in AD mice showing early onset plaques (Busche and others 2008; Busche and Konnerth 2015; Kuchibhotla and others 2008; Kuchibhotla and others 2009). In layer 2/3 of the frontal cortex, for instance, ~16-fold increase in the activity of selected neurons around plaques was described, while the number of quiescence neurons was reduced (Busche and others 2008) (Fig. 2A and B). The overactive neurons typically were clustered around plaques, while quiescent cells were scattered throughout the cortex. The elevated activity has been proposed to result from disruption of the balance between excitatory and inhibitory circuits, with blockade of fast glutamatergic transmission abolishing the hyperactivity. Hyperactive neurons were also reported in the hippocampus of AD mice (Busche and others 2012). AB is known to bind and activate a range of neuronal receptors and cause neurophysiological effects. Lowmolecular-weight A β oligomers could also change the activity balance by disrupting the membrane integrity of neurons through the formation of cation-selective channels with Ca²⁺ influx (Demuro and others 2010; Lin and others 2001). Using YC3.6 FRET-based ratiometry and measurement of intracellular Ca²⁺ concentration, the levels of resting Ca²⁺ and spontaneous Ca²⁺ transients were determined in neurons and neurites in proximity to plaques (Kuchibhotla and others 2008) (Fig. 2C and D). Both axons and dendrites surrounding lesions showed significant Ca²⁺ overload, the extent of which correlated with the distance from plaques. At a cellular level, dysregulation of Ca^{2+} homeostasis was shown to decompartmentalize intracellular Ca²⁺, rendering Ca²⁺ transients slow and less localized.

While it was generally assumed that Ca^{2+} dysregulation and altered activity of neurons at plaques is caused by A β oligomers floating in the interstitial fluid, disruptions of glutamatergic signaling also could play a role. In fact, focal increase in glutamatergic drive around plaques is expected not only to drive synaptic hyperactivity and rise of intracellular

 Ca^{2+} but also to initiate degenerative axonal swelling and synaptic loss (Hiruma and others 1999; Hiruma and others 2003). Using a genetically encoded glutamate sensor iGluSnFR, a significant rise of extracellular glutamate level at plaques with reduced glutamate clearance was shown, with disruptive effects on processing of sensory inputs by local circuits (Hefendehl and others 2016). These changes were attributed to downregulation of the GLT-1 at plaques with slower glutamate clearance. Analysis of electrophysiological changes in proximity of amyloid lesions in the frontal cortex showed major disruption in spontaneous and evoked synaptic activity in layer 2/3 pyramidal cells of APP-PS1 and APP23 AD mice (expressing K670N/M671L-mutated APP [APP_{swe}]), which caused significant changes in local field potentials and excitatory synaptic currents (Ovsepian and others 2017) (Fig. 2E and F). Plaque related alterations were detectable from the early stages of the pathology, without changes in the passive properties of neurons, attributing changes to disruptions of synaptic inputs. Using pharmacological tools, it was shown that abnormal glutamatergic inputs to pyramidal neurons depend on loaded presynaptic Ca²⁺ stores and could be greatly attenuated by depletion of IP3-sensitive stores by SERCA ATPase inhibitors. Because anomalous excitatory activity could be also observed in response to unitary synaptic inputs, their generation was attributed to the presynaptic terminals, whereas inhibition of the hyperactivity by selective antagonists of type 1 metabotropic glutamatergic receptors (mGluRl) implied underlying metabotropic mechanisms. The strong enrichment of presynaptic swellings and dystrophies around plaques with SNARE proteins SNAP-25 and syntaxin, as well as, vGluTl and accumulation of putative small synaptic vesicles inside dystrophies suggests that elevated local glutamatergic drive and hyperactivity could result from the ectopic release of glutamate with paracrine effects (Ovsepian and others 2017). Multiple small vesicles juxtaposed at the surface membrane of dystrophies, in the absence of post-synaptic elements, are also consistent with possible ectopic release of glutamate from axonal swellings. Together with reduced clearance, the ectopic release of glutamate from axonal swellings at plaques could cause not only local disruption in neuronal activity but also induce waves of hyperactivity spreading over extended cortical circuits to contribute toward seizures and cognitive decline of AD and overall degenerative process.

Plaque-Related Local Functional Changes in the Context of Global Brain Activity of AD

In the nervous system, glutamate is not only the principal mediator of synaptic transmission at excitatory synapses but also a powerful regulator of the state and general activity of neural circuits. It is thought that extracellular glutamate plays an important regulatory role in the healthy brain, with its concentrations finely adjusted during different behavioral states by transport and clearance mechanisms (Featherstone and Shippy 2008). The physiological levels of ambient glutamate greatly vary throughout the brain, with fluctuations of tonic glutamatergic drive reported in association with circadian changes as well as alterations of cognitive states. Changes in the level of ambient glutamate are also thought to underlie mood disruptions, with strong irregularities in its amounts reported during seizures, ischemia and fever (Nyitrai and others 2006; Wahl and others 1994) as well as in some neurodegenerative disease (Lewerenz and Maher 2015). Assuming that the physiological levels of nonsynaptic glutamate stay below the level known to trigger cytotoxicity (<5 μ M), its concentrations during normal processes must not exceed low micromolar amounts. Of note, a moderate increase of extracellular glutamate is capable of causing axonal swellings

and dystrophies, with fast necrotic changes also induced by concentrations greater than 100 μ M (Cheung and others 1998; Hiruma and others 2003). With the EC₅₀ (half maximal effective concentration) of glutamate sensor iGluSnFR ~5 μ M, it is conceivable that during bursts of neuronal activity, the levels of glutamate around amyloid lesions may reach amounts sufficient for activating nonsynaptic NMDA and mGluR receptors (EC₅₀ ranging between ~0.5 and ~20 μ M) (Fig. 3).

As mentioned earlier, poor clearance and the plausible ectopic release of glutamate from dystrophies are two key drivers of high levels of extracellular glutamate at plaques. While typically glutamate is released from specialized sites, numerous examples of its nonsynaptic secretion in the absence of active zones have also been shown (Matsui and Jahr 2004; Ovsepian and Dolly 2011). The histochemical and functional data discussed above suggest that nonsynaptic release of glutamate with paracrine effects might underlie the pathological hyperactivity of cortical circuits associated with amyloid plaques. Another intriguing posibility related to amyloid plaques and dystrophies is the likely activation of mechanosensitive TRPV4 and Cav1.2 channels in dystrophic axons (Daschil and others 2013). The enrichment of $Ca_v 1.2$ channel subunit at dystrophies surrounding plaques and the ubiquitous expression of the TRPV4 channel in axons throughout the brain are expected to render swellings hyperactive, given that mechanosensitive TRPV4 channels enable nonselective cation influx and lead to membrane depolarization (Gu and Gu 2014; Kanju and Liedtke 2016). Functional abnormalities in $Ca_v 1.2$ and TRPV4 channels are known not only to disrupt the synaptic activity and transmitter release but are also suspected in hyperactivity and generation of seizures. TRPV4 is, for instance, known to cause seizures under various developmental aberrations, through activation of Ca^{2+} influx, while certain mutations of Cavl .2 are known to cause episodic ataxia and epilepsy (Kanju and Liedtke 2016; Ovsepian and Friel 2008; Zamponi and others 2010). Age-related changes in TRPV4 functions have been also implicated in pathogenesis of neurodegenerative disease. In light of the enhanced activity of neurons around plaques and emerging evidence for recurrent seizures in AD patients, there is pressing need for future research and elucidation of the role of $Ca_{v}l$. 2 and TRPV4 channels as well as other key regulators of neurotransmitter release in augmented glutamatergic drive at dystrophies.

The greater propensity of the amyloid plaque load in the limbic and associative cortices comprising dense local and long-range connections is expected to favor generation of seizures and their spread over wider brain areas (Ovsepian and O'Leary 2016). With growing evidence for early onset functional abnormalities in cortical circuits of AD animal models and humans, described herein impairments of glutamatergic drive are of major interest and warrant careful future research. Along with settling the controversy over the role of plaques in pathobiology of AD, the outcome of upcoming studies could afford major advances towards developing new concepts of brain functions and disease models, an investment holding major scientific rewards and potential clues for therapy development.

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Figure 1.

Histochemical and ultrastructural profiles of axonal dystrophies surrounding amyloid plaques. (A) Triple staining of brain slices with Methoxy-X04 (MX, blue in all panels) with dendrite-specific MAP2 protein, BACEI, synaptophysin (SNP), vesicular glutamate transporter (VGLUT), vesicular GABA transporter (VGAT), SNARE protein SNAP-25 (SNAP-25), P/Q type high-voltage gated Ca²⁺ channel (Ca_v2.1), and glial fibrillary acidic protein (GFAP). These results suggest that peri-plaque dystrophies like presynaptic glutamatergic nerve terminals are strongly enriched with BACEI, SNAP-25, VGLUTI,

synaptophysin, and P/Q type high-voltage gated Ca²⁺ channels. (B) Ultrastructural data for the enrichment of axonal dystrophies with small, putative synaptic vesicles. (I) Lowmagnification image of dystrophic neurite near plaque in the stratum lucidum of CA3 area of the mouse hippocampus filled with electron dense material (white arrows) and vesicles with (2) neighboring vesicle rich presynaptic terminal remaining intact (white arrows). (3) Electron micrograph of normal axon terminal forming two synaptic contacts with two dendritic spines (Ax-S). Black arrows point out one of the synaptic contact and post-synaptic density. (4) A dystrophic putative axon (Ds) establishing synaptic contact (black arrows) with a dendritic spine (S). (5) Dystrophic neurite (Ds in red color) enriched with small synaptic vesicles (black arrows), with some profiles of vesicles juxta-posed at surface membrane ready for release. Although no synaptic contact could be identified, at higher magnification numerous close superpositions of synaptic vesicles with the surface membrane in the absence of PSD were observed. Panels are modified with permission from Daschil and others (2013), Kandalepas and others (2013), Ovsepian and others (2017), and Sadleir and others (2016).



Figure 2.

Calcium dynamics and electrophysiological activity of cortical neurons in proximity to amyloid plaques. (A, B) Spatial distribution of silent and hyperactive neurons around amyloid plaques in APP23-PS45 mouse brain. Maximal projection image (A) and recordings of spontaneous Ca^{2+} dynamics in normal (N), silent (SL), and hyperactive (HA) neurons with summary plot showing the relationship of the activity and the distance from the amyloid plaque. Adapted with permission from Busche and others (2008). (C, D) *In vivo* image of YC3.6 expressing neurites around A β plaques (white, C). Elevated Ca^{2+} colored in

red. (D) Comparative summary histogram of the Ca²⁺ load of neurites in four Alzheimer's disease (AD) transgenic mouse lines and corresponding wild type, demonstrating that the disruption of Ca²⁺ load depends on the elevated overproduction of A β peptide (top). In amyloid precursor protein (APP) AD model, within 25 µm from amyloid plaques, Ca²⁺ load was significantly higher as compared with wild-type (WT) controls (lower graph). Adapted with permission from Kuchibhotla and others (2008). (E) A representative reconstructed layer III pyramidal neuron projected over the distribution map of analyzed plaque-neuron pairs. (F) Sample current traces collected from pyramidal cells of WT, APP-PSI neurons prior and after TTX (pair top and bottom traces). The density of the RAF color below presents the percentage of sEPSC (simultaneous excitatory postsynaptic current) occurring in multi-peak bursts. Adapted with permission from Ovsepian and others (2017).



Figure 3.

Schematic diagrams illustrating the hypothetical mechanisms of the activation of nonsynaptic glutamate release from dystrophies surrounding amyloid plaques. Ca^{2+} influx activated by nonsynaptic glutamate through stimulation of presynaptic NMDA receptors and mobilization of intracellular Ca^{2+} via activation of metabotropic glutamatergic receptors, as well as depolarization induced Ca^{2+} influx through voltage gated Ca^{2+} channels or activation of mechanosensing TRPV4 receptors (left), which can stimulate glutamate release from dystrophic neurites (right) with diffuse paracrine effects on surrounding neurons and synaptic terminals.