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Imaging of Biomolecular NMR Signals Amplified by Reversible Exchange with Parahydrogen Inside an MRI Scanner

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Abstract

The Signal Amplification by Reversible Exchange (SABRE) technique employs exchange with singlet-state parahydrogen to efficiently generate high levels of nuclear spin polarization. Spontaneous SABRE has been shown previously to be efficient in the milli-Tesla and micro-Tesla regimes. We have recently demonstrated that high-field SABRE is also possible, where proton sites of molecules that are able to reversibly coordinate to a metal center can be hyperpolarized directly within high-field magnets, potentially offering the convenience of *in situ* hyperpolarization-based spectroscopy and imaging without sample shuttling. Here, we show efficient polarization transfer from parahydrogen (*para*-H₂) to the ¹⁵N atoms of imidazole-¹⁵N₂ and nicotinamide-¹⁵N achieved via high-field SABRE (HF-SABRE). Spontaneous transfer of spin order from the *para*-H₂ protons to ¹⁵N atoms at the high magnetic field of an MRI scanner allows one not only to record enhanced ¹⁵N NMR spectra of *in situ* hyperpolarized biomolecules, but also to perform imaging using conventional MRI sequences. 2D ¹⁵N MRI of high-field SABRE-hyperpolarized imidazole with spatial resolution of 0.3×0.3 mm² at 9.4 T magnetic field and a high signal-to-noise ratio (SNR) of ~99 was demonstrated. We show that ¹H MRI of *in situ* HF-SABRE hyperpolarized biomolecules (*e.g.* imidazole-¹⁵N₂) is also feasible. Taken together, these

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results show that heteronuclear (¹⁵N) and ¹H spectroscopic detection and imaging of high-field-SABRE-hyperpolarized molecules are promising tools for a number of emerging applications.

INTRODUCTION

Despite being powerful tools for studying structure, function, metabolism, and dynamics, magnetic resonance imaging and spectroscopic methods suffer from an inherently low internal sensitivity due to weak nuclear spin polarization. NMR hyperpolarization enhances nuclear spin polarization by several orders of magnitude by producing non-Boltzmann distribution of populations of nuclear spin states.^{1,2} This massive enhancement of nuclear spin polarization results in corresponding gains in NMR signal intensity.^{3–5} A significant amount of work has been directed towards hyperpolarization method development to overcome the sensitivity limitations of conventional magnetic resonance.^{6–8} As a result, a number of hyperpolarization techniques have been undergoing rapid development including Dynamic Nuclear Polarization (DNP),^{9–11} Spin Exchange Optical Pumping (SEOP),^{12,13} Parahydrogen-Induced Polarization (PHIP)^{14–16}, and Signal Amplification By Reversible Exchange (SABRE).^{3,17}

The main drawback of most hyperpolarization approaches is the requirement of complex and costly hardware. In contrast, SABRE and PHIP techniques are based on the use of parahydrogen,¹⁸ production of which is relatively straightforward and inexpensive. The SABRE technique has been pioneered by Duckett and co-workers relatively recently;^{3,19,20} it relies on parahydrogen (*para*-H₂) chemical exchange rather than irreversible pairwise parahydrogen addition required to observe PHIP. As a result, the to-be-hyperpolarized compound retains structural integrity throughout the SABRE hyperpolarization process.

In a typical SABRE experiment, $para-H_2$ is bubbled through a solution containing a metalhydride-based inorganic complex, where para-H2 and the to-be-hyperpolarized substrate exchange simultaneously. To achieve spontaneous transfer of spin order from parahydrogenderived hyperpolarized (HP) protons to the nuclei of the substrate compound, the solution is normally placed in a magnetic field matched to the spin-spin couplings between the hydride protons and the target nuclei. Thus, spontaneous transfer of nuclear spin order to heteronuclei occurs efficiently at magnetic fields less than Earth's field (less than ca. $1\mu T$), which can be conveniently achieved by the use of a mu-metal shield; this approach is known as SABRE-Shield Enables Alignment Transfer to Heteronuclei (or SABRE-SHEATH).²¹ By comparison, matching magnetic fields of a few milli-Tesla have been shown to be the most efficient for SABRE hyperpolarization of substrate protons.²² SABRE-SHEATH has been shown to hyperpolarize a wide range of nuclei to date (¹⁵N, ³¹P, ¹⁹F, ¹³C, and others) $^{21,23-26}$, and it also has been useful for creating HP singlet states, where two or more coupled nuclear spins retain singlet-like behavior in the to-be-hyperpolarized compound. ^{24,27} Such molecules may be advantageous in the context of increasing the lifetime of the HP states – a property that would be particularly highly valued in biomedical applications, because it would expand the lifetime of HP compounds acting as *in vivo* contrast agents.

¹⁵N SABRE-SHEATH hyperpolarization has garnered recent attention because nitrogen is found in a number of biomolecular motifs and ¹⁵N sites can have long exponential decay

constants T_1 and T_S (>20 min.); as a result, a number of different SABRE-hyperpolarized ¹⁵N-based agents with potentially long hyperpolarization lifetimes^{27,28} may be envisioned. Indeed. ¹⁵N hyperpolarization of >20% has recently been demonstrated, corresponding to signal enhancement of more than 200,000-fold at 3 T.²⁹ While ¹⁵N HP compounds have great promise for in vivo molecular imaging, ^{30–32} currently ¹⁵N MRI is rare, and to date only low-resolution 2D projection 15 N MR imaging (2 × 2 mm² in-plane spatial resolution) has been shown in the context of the ¹⁵N SABRE and DNP hyperpolarization—in studies involving compounds without biological relevance.^{21,30} Similarly, the first demonstration of High-Field SABRE (HF-SABRE) was shown for pyridine protons (^{1}H) , where spontaneous polarization transfer occurs during *para*-H₂ bubbling through a solution containing an activated SABRE catalyst.³³ Later, it was also shown that spontaneous polarization of ¹⁵N sites within pyridine-¹⁵N can occur during HF-SABRE.^{34,35} However, despite the observation of such signal enhancements, the absolute values for the ¹⁵N hyperpolarization that was achieved were relatively low, and prior studies were limited to non-biological compounds like pyridine-an ideal model system for fundamental studies of SABRE processes, but of little interest for biological and biomedical applications.

While HF-SABRE is generally less efficient than SABRE or SABRE-SHEATH occurring in matched milli- or micro-Tesla regimes, HF-SABRE is of interest because it eliminates the need for sample shuttling from the site of a weak matching field to the NMR/MRI detector (where the field is strong). As a result, acquisition of multi-dimensional NMR spectra (in the context of structural and functional biomolecular studies of large macromolecules) can potentially be enabled where the sample is rapidly re-hyperpolarized³⁶ for each detection event. Moreover, the catalyst activation process and % polarization of biomolecules (which may be employed as hyperpolarized contrast agents) can be monitored via *in situ* detection of hyperpolarized signatures,^{37,38} providing a convenient means of process monitoring and quality assurance (QA)—critical components of biomedical translation of hyperpolarized contrast agents.³⁹ In this paper, we report on ¹⁵N HF-SABRE polarization of biologically relevant molecules, imidazole-¹⁵N₂ and nicotinamide-¹⁵N, which can be potentially used as contrast agents for metabolic imaging. Significant signal enhancement of ¹⁵N and ¹H enables high spatial resolution 2D MRI for the first time for both biomolecules.

RESULTS AND DISCUSSION

For the observation of high-field transfer of spin order from parahydrogen-derived protons to ¹⁵N of imidazole-¹⁵N₂ and nicotinamide-¹⁵N, *in situ* bubbling (30 mL·min⁻¹) of 90%enriched parahydrogen was performed through a SABRE catalyst solution (100 mM of U-¹⁵N-enriched imidazole or ¹⁵N-enriched nicotinamide and 10 mM of activated IrCl(COD) (IMes) (IMes = 1,3-bis(2,4,6-trimethylphenyl)imidazol-2-ylidene; COD = cyclooctadiene) catalyst in CD₃OD. Unlike in SABRE-SHEATH, simultaneous bubbling of parahydrogen and acquisition of ¹⁵N NMR spectra was performed at high magnetic field (7 T) within a MRI scanner (Figure 1).

As expected from similar experiments with pyridine- ${}^{15}N, {}^{34,35,40}$ HF-SABRE leads to spontaneous transfer of spin order from *para*-H₂-derived protons to ${}^{15}N$ spins of imidazole- ${}^{15}N_2$ (Figure 2) and nicotinamide- ${}^{15}N$ (Figure 3). Qualitatively different behavior

is observed with the two substrates: In the case of nicotinamide-¹⁵N, the catalyst-bound ¹⁵N resonance/species is predominantly hyperpolarized (Figure 3b), which is consistent with previous observations for compounds carrying a single ¹⁵N spin label (but may also reflect differences in binding kinetics among the substrates).³⁵ However in the case of imidazole-¹⁵N₂, which carries two ¹⁵N spin labels, the two sites in the catalyst-bound state (i.e. the state relevant for spontaneous polarization transfer) can be overpopulated in a manner analogous to singlet state overpopulation (Figure 2), which is likely the case here—giving rise to a larger HF-SABRE effect. We note that when the catalyst complex is dissociated, both ¹⁵N sites of HP imidazole-¹⁵N₂ resonate at the same frequency due to fast proton exchange³² (Figure 2b). This ¹⁵N HF SABRE of HP contrast agents bearing multiple ¹⁵N atoms (and potentially other spin labels^{24,36}) could be useful in the context of quality assurance of contrast agents for this and other demonstrated SABRE targets (*e.g.* diazirines²⁷ and metronidazole²⁹), as well as for other emerging biomolecules of interest.

These results are significant in that they allow continuous hyperpolarization at high fields, eliminate relaxation losses during transfer, and dramatically decrease experimental time—as well as demonstrate the other advantages discussed above. Moreover, hyperpolarization detection via conventional SABRE³ or SABRE-SHEATH¹⁷ with a single 90°-pulse in NMR detectors destroys the hyperpolarized state; however, in the present HF-SABRE method hyperpolarization is continuously refreshed, allowing many 90°-rf-pulses to be applied as desired for multidimensional NMR spectroscopic or imaging applications. For example, here we demonstrate ¹⁵N NMR of HP imidazole-¹⁵N₂ using 32 acquisitions (i.e. with 32 rf excitation pulses) with a total experiment time of 32 s. This experiment represents a massive reduction in acquisition time when compared to a hypothetical experiment employing the ¹⁵N signal of thermally polarized imidazole (same concentration) recorded with approximately 1.6×10^6 acquisitions and a total scan time of approximately 19 days. The direct comparison of thermal and hyperpolarized ¹⁵N signals allows us to estimate the minimum ¹⁵N signal enhancement of ~120.

¹⁵N NMR of HP nicotinamide-¹⁵N⁴¹ was performed similarly (Figure 3); imaging of the catalyst-bound pool of substrate molecules was also performed (see below in Figure 4). For Figure 3, the same order of ¹⁵N signal enhancement was estimated (~100) as was obtained for imidazole-¹⁵N₂. However, in the case of bound molecules it is difficult to precisely quantify their concentration in solution. Therefore the concentration of bound molecules was simply estimated as being equal to double the concentration of Ir catalyst centers for the signal enhancement estimation. Imaging the catalyst-bound component is also important: Whereas in the case of SABRE with homogenous catalysts the signal distribution is expected to be uniform throughout the length of the hyperpolarization reservoir (e.g. the NMR tube employed here), imaging of heterogeneous catalyst beds may be useful for future optimization of heterogeneous catalyst performance.^{42,43}

We also note that to achieve the hyperpolarization-enhanced MR imaging shown in this work, we needed only to employ a common and commercially available imaging pulse sequence and software available on most MRI scanners. Since the HP ¹⁵N NMR line shape is antiphase (Figures 2,3), the use of some rf pulse sequences may be challenging due to net cancelation of the positive and negative components of the NMR signal. However, the

FLASH (Fast Low Angle SHot)⁴⁴ imaging pulse sequence was successfully applied previously for ¹H MRI of 1-hexene under hydrogenation in high magnetic field (PASADENA)¹⁴ conditions (which also gives rise to HP antiphase line shapes⁴⁵). Thus, the present studies utilized the FLASH sequence^{46,47} to acquire HP ¹⁵N MRI during HF-SABRE of both imidazole-¹⁵N₂ and nicotinamide-¹⁵N (Figure 4).

High-resolution and high SNR 2D ¹⁵N MR images of HP biomolecules were demonstrated in this work for the first time, which was possible via the use of HF-SABRE using the standard FLASH pulse sequence. Note that a standard 25-mm i.d. ¹⁵N/¹H Bruker MRI probe was used in combination with a 5 mm NMR tube (containing a 1/16" Teflon capillary for parahydrogen, leading to a suboptimal rf coil filling factor; thus even higher SNR values can be obtained by optimizing the experimental setup or using a smaller i.d. MRI probe in the context of quality assurance (QA) of contrast agent development and preparation. Moreover, the same rf coil and imaging platform could also be employed for future in vivo studies: i.e. agent QA and in vivo imaging could be performed using the same set of tools, which is critical in the context of biomedical applications—as has been recently discussed by Hovener and co-workers.⁴⁸

The creation of hyperpolarization for heteronuclei of biomolecules via the present approach may also be promising for the production of a continuous flow of HP substrates. Moreover, the HF-SABRE approach requires neither magnetic shields, variable fields, nor specialized RF pulse sequences to achieve polarization transfer,⁴⁹ thus allowing this method to be more broadly applicable. To the best of our knowledge, the obtained spatial resolution of 0.31×0.31 mm² is the highest reported to date (and ~40-fold better than the previous report²¹ on non-biologically relevant compounds) for ¹⁵N-detected MRI of any substance, demonstrating the feasibility of high-resolution and high-SNR imaging of this low-gamma nucleus. Indeed, the high-resolution imaging allowed visualization of the Teflon capillary with 1.5 mm o.d. (e.g. Figure 4, top-left). It should be noted that all attempts to perform ¹⁵N MRI of the same sample without hyperpolarization by increasing the number of acquisitions and repetition delay were unsuccessful.

We also explored the feasibility of performing ¹H imaging enhanced via HF-SABRE (Figure 5, left column). The HF-SABRE method was used for ¹H MRI of imidazole-¹⁵N₂ (using the same sample employed for ¹⁵N MRI shown above) and was compared to the ¹H MRI of thermally polarized molecules (Figure 5, right column). It should be noted that because of susceptibility distortions, acquisition of ¹H MRI was not possible during bubbling—in contrast to ¹⁵N MRI shown above; therefore the FLASH pulse sequence was applied with a single acquisition upon termination of *para*-H₂ bubbling. It was shown that for ¹H MRI the SNR is improved by at least 3-fold using the HF-SABRE method.

Finally, it is well known that the polarization achieved via SABRE strongly depends not only upon the relevant spin–lattice relaxation time constant (T_1), but also on the presence of quadrupolar nuclei (e.g., ¹⁴N, *I*=1) in the site binding to the Ir-metal center of SABRE catalysts.²⁵ Therefore, ¹⁴N imidazole (with natural abundance of ¹⁵N nuclei, ~0.36%) and ¹⁵N₂-enriched imidazole⁴⁰ were compared by the HF-SABRE approach. As before, ¹H MR

images (Figure 6) of both 15 N and 14 N imidazole samples were obtained using the FLASH pulse sequence.

Based on the data shown in Figure 6, it may be concluded that no significant differences in ¹H polarization efficiency can be observed between ¹⁵N₂-enriched imidazole and imidazole with natural abundant ¹⁵N nuclei (i.e. with quadrupolar ¹⁴N predominantly located at the nitrogen sites) when using the HF-SABRE method. Therefore, ¹H MRI of HF-SABRE HP substrates is free from the requirement to use labeled compounds with isotopically-enriched heteronuclei.

CONCLUSION

In conclusion, it was shown that the HF-SABRE method can be used to spontaneously transfer spin order from continuously bubbling *para*-H₂ to imidazole-¹⁵N₂ and nicotinamide-¹⁵N within an MRI magnet, thereby enabling enhanced ¹⁵N MR spectroscopy and high-resolution imaging of biomolecules in solution. Such polarization transfer not only allows efficient acquisition of enhanced ¹⁵N NMR spectra *in situ* with signal enhancements

120 (imidazole) and 100 (bound nicotinamide) but also enabled improved MRI: Utilization of the standard (and ubiquitous) MRI FLASH pulse sequence in conjunction with the HF-SABRE method afforded rapid acquisition of 2D ¹⁵N MRI for imidazole and nicotinamide. High spatial resolution $(0.31\times0.31 \text{ mm}^2 \text{ for imidazole})$ and a SNR of ~99 at 9.4 T represents the best reported to date and extends the field to possible MRI applications, and opens the door for pre-clinical studies as well as corresponding efforts with other heteronuclei (e.g. ¹³C, ³¹P, ¹⁹F, etc.). To verify the utility of the HF-SABRE technique for ¹H MRI, the FLASH pulse sequence was used for both thermally polarized and HP imidazole. It was shown that the present approach provides a 3-fold higher SNR. Finally, it was shown that quadrupolar relaxation of ¹⁴N is not an issue for ¹H MRI polarized via the HF-SABRE method. Taken together, these results show that heteronuclear (¹⁵N) and proton (¹H) MRI of biomolecules hyperpolarized directly at high magnetic field is promising for various biomedical applications.

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Figure 1.

Experimental setup for the spontaneous transfer of spin order from *para*-H₂-derived protons to 15 N nuclei.



Figure 2.

a) Schematic depicting SABRE catalyst activation and parahydrogen / substrate exchange on the Ir hexacoordinate complex, resulting in imidazole- ${}^{15}N_2$ hyperpolarization. b) Enhanced ${}^{15}N$ NMR spectrum recorded during *in situ para*-H₂ bubbling (i.e. with bubbling occurring while the sample is within a 7 T NMR spectrometer) through a methanol-*d*₄ solution containing activated 10 mM Ir hexacoordinate catalyst and 100 mM ${}^{15}N$ -enriched imidazole- ${}^{15}N_2$. The signal enhancement for hyperpolarized imidazole was about 120. The spectrum is recorded with 32 acquisitions, with 1 s repetition time between successive scans (total acquisition time: 32 s).



Figure 3.

a) Schematic depicting SABRE catalyst activation and parahydrogen / substrate exchange on the Ir hexacoordinate complex, resulting in nicotinamide-¹⁵N hyperpolarization. b) ¹⁵N NMR spectrum recorded *in situ* in a 7 T NMR spectrometer during parahydrogen bubbling through methanol- d_4 solution containing activated 10 mM Ir hexacoordinate catalyst and 100 mM ¹⁵N-enriched nicotinamide. The signal enhancement for hyperpolarized bounded nicotinamide was about 100. The spectrum is recorded with 32 acquisitions, with 1 s repetition time between successive scans (total acquisition time: 32 s).



Figure 4.

¹⁵N MRI of HP imidazole-¹⁵N₂ (top) and nicotinamide-¹⁵N (bottom) hyperpolarized by the HF-SABRE approach, wherein parahydrogen was bubbled continuously through the imidazole-¹⁵N₂ solution in a 5 mm NMR tube placed in the high magnetic field (9.4 T) of a MRI scanner (parahydrogen flow was 30 sccm). ¹⁵N MR images of ¹⁵N HP molecules were acquired using the standard FLASH pulse sequence with an echo time of 6.0 ms and 32 acquisitions during *para*-H₂ bubbling. Images at left are cross sections taken perpendicular to the long NMR tube axis, whereas images are right are taken with the imaging plane parallel to the long axis of the NMR tube. The absence of signal in the center of the cross-sectional images reflects the presence of the PTFE capillary for bubbling *para*-H₂. The fields of view (FOVs) for each projection are presented in each figure; note that the best spatial resolution $0.31 \times 0.31 \text{ mm}^2$ was observed for imidazole-¹⁵N₂ (*xy* projection). The matrix size was 64×64 and acquisition time was 3 min 25 s for all images.

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Figure 5.

¹H MR images of HF-SABRE hyperpolarized imidazole-¹⁵N₂ (left column) and thermally polarized imidazole-¹⁵N₂ (right column) recorded using the FLASH pulse sequence with FOV 5 cm × 5 cm for *xz* projection and 1 cm × 1 cm for *xy*, with a slice thickness of 10 cm. The matrix size was 64×64 and the acquisition time was 960 ms for all images. The spatial resolution was 0.16×0.16 mm² for the *xz* projection, high enough to visualize the 1/16" o.d. Teflon capillary in the center.



Figure 6.

¹H MR images of 5 mm NMR tubes filled with ¹⁵N₂-enriched ("¹⁵N", left; same as on Fig. 5) and natural abundant ¹⁵N ("¹⁴N", right) imidazole hyperpolarized via HF-SABRE. ¹H MR images of ¹⁵N and ¹⁴N imidazole were obtained using the FLASH pulse sequence with a single acquisition and an echo time of 6.0 ms (for both images: FOV: 5×5 cm; matrix size: 64×64 ; acquisition time: 960 ms).