



Examination of Patients with Essential Tremor

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Abstract: Tremor covers a wide spectrum of entities summarized in the 1998 consensus statement of the Movement Disorder Society. Essential tremor (ET) is the most frequent tremor. So far this is only clinically defined and objective biomarkers for the disease are lacking. Furthermore, tremorologists agree that ET is not necessarily a single entity and we may be able to identify subgroups in the future. Both these aspects emphasize the important role of the clinical description of the patients and their symptoms. This video summarizes important aspects of the description of ET. We are covering the medical history, the semiology and the tests to exclude other tremors. We are following the terminology of the consensus criteria for tremor but it also shows how we approach this condition.

Keywords: essential tremor, clinical exam, medical history, video.

Author Contribution

Günther Deuschl: Idea for the video, working out concept, video editing, critical supervision. Franziska Hopfner: film shooting and editing, revision of the video.

Financial Disclosures

Franziska Hopfner received a grant from the Braun foundation, intramural funding from the Christian-Albrechts-University Kiel and is a government employee.

Günther Deuschl has received lecture fees from TEVA, Lundbeck, Medtronic and Desitin and has been serving as a

consultant for TEVA, Medtronic, Novartis, Sapiens, Medtronic. He received royalties from Thieme publishers. He is a government employee and he receives through his institution funding for his research from the German Research Council, the German Ministry of Education and Health and Medtronic.

Supporting Information

A video accompanying this article is available in the supporting information here.

Video. Examination of patients with essential tremor.

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Received 22 January 2014; revised 26 March 2014; accepted 21 February 2014.
Published online xx Xxxxx 2014 in Wiley InterScience (www.interscience.wiley.com). DOI:10.1002/mdc3.12012