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# Medical interventions for traumatic hyphema (Review)

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Gharaibeh A, Savage HI, Scherer RW, Goldberg MF, Lindsley K. Medical interventions for traumatic hyphema. *Cochrane Database of Systematic Reviews* 2019, Issue 1. Art. No.: CD005431. DOI: 10.1002/14651858.CD005431.pub4.

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# [Intervention Review]

# Medical interventions for traumatic hyphema

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**Editorial group:** Cochrane Eyes and Vision Group. **Publication status and date:** New search for studies and content updated (no change to conclusions), published in Issue 1, 2019.

**Citation:** Gharaibeh A, Savage HI, Scherer RW, Goldberg MF, Lindsley K. Medical interventions for traumatic hyphema. *Cochrane Database of Systematic Reviews* 2019, Issue 1. Art. No.: CD005431. DOI: 10.1002/14651858.CD005431.pub4.

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# ABSTRACT

#### Background

Traumatic hyphema is the entry of blood into the anterior chamber (the space between the cornea and iris) subsequent to a blow or a projectile striking the eye. Hyphema uncommonly causes permanent loss of vision. Associated trauma (e.g. corneal staining, traumatic cataract, angle recession glaucoma, optic atrophy, etc.) may seriously affect vision. Such complications can lead to permanent impairment of vision. People with sickle cell trait/disease may be particularly susceptible to increases of elevated intraocular pressure. If rebleeding occurs, the rates and severity of complications increase.

#### Objectives

To assess the effectiveness of various medical interventions in the management of traumatic hyphema.

# Search methods

We searched the Cochrane Central Register of Controlled Trials (CENTRAL) (which contains the Cochrane Eyes and Vision Trials Register) (2018, Issue 6); MEDLINE Ovid; Embase.com; PubMed (1948 to June 2018); the ISRCTN registry; ClinicalTrials.gov and the World Health Organization (WHO) International Clinical Trials Registry Platform (ICTRP). The date of the search was 28 June 2018.

#### Selection criteria

Two review authors independently assessed the titles and abstracts of all reports identified by the electronic and manual searches. In this review, we included randomized and quasi-randomized trials that compared various medical (non-surgical) interventions versus other medical intervention or control groups for the treatment of traumatic hyphema following closed-globe trauma. We applied no restrictions regarding age, gender, severity of the closed-globe trauma, or level of visual acuity at the time of enrollment.

#### Data collection and analysis

Two review authors independently extracted the data for the primary outcomes, visual acuity and time to resolution of primary hemorrhage, and secondary outcomes including: secondary hemorrhage and time to rebleed; risk of corneal blood staining, glaucoma or elevated intraocular pressure, optic atrophy, or peripheral anterior synechiae; adverse events; and duration of hospitalization. We entered and analyzed data using Review Manager 5. We performed meta-analyses using a fixed-effect model and reported dichotomous outcomes as risk ratios (RR) and continuous outcomes as mean differences (MD).

#### **Main results**

We included 20 randomized and seven quasi-randomized studies with a total of 2643 participants. Interventions included antifibrinolytic agents (systemic and topical aminocaproic acid, tranexamic acid, and aminomethylbenzoic acid), corticosteroids (systemic and topical),

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cycloplegics, miotics, aspirin, conjugated estrogens, traditional Chinese medicine, monocular versus bilateral patching, elevation of the head, and bed rest.

We found no evidence of an effect on visual acuity for any intervention, whether measured within two weeks (short term) or for longer periods. In a meta-analysis of two trials, we found no evidence of an effect of aminocaproic acid on long-term visual acuity (RR 1.03, 95% confidence interval (CI) 0.82 to 1.29) or final visual acuity measured up to three years after the hyphema (RR 1.05, 95% CI 0.93 to 1.18). Eight trials evaluated the effects of various interventions on short-term visual acuity; none of these interventions was measured in more than one trial. No intervention showed a statistically significant effect (RRs ranged from 0.75 to 1.10). Similarly, visual acuity measured for longer periods in four trials evaluating different interventions was also not statistically significant (RRs ranged from 0.82 to 1.02). The evidence supporting these findings was of low or very low certainty.

Systemic aminocaproic acid reduced the rate of recurrent hemorrhage (RR 0.28, 95% CI 0.13 to 0.60) as assessed in six trials with 330 participants. A sensitivity analysis omitting two studies not using an intention-to-treat analysis reduced the strength of the evidence (RR 0.43, 95% CI 0.17 to 1.08). We obtained similar results for topical aminocaproic acid (RR 0.48, 95% CI 0.20 to 1.10) in two studies with 121 participants. We assessed the certainty of these findings as low and very low, respectively. Systemic tranexamic acid had a significant effect in reducing the rate of secondary hemorrhage (RR 0.31, 95% CI 0.17 to 0.55) in five trials with 578 participants, as did aminomethylbenzoic acid as reported in one study (RR 0.10, 95% CI 0.02 to 0.41). The evidence to support an associated reduction in the risk of complications from secondary hemorrhage (i.e. corneal blood staining, peripheral anterior synechiae, elevated intraocular pressure, and development of optic atrophy) by antifibrinolytics was limited by the small number of these events. Use of aminocaproic acid was associated with increased nausea, vomiting, and other adverse events compared with placebo. We found no evidence of an effect in the number of adverse events with the use of systemic versus topical aminocaproic acid or with standard versus lower drug dose.

The number of days for the primary hyphema to resolve appeared to be longer with the use of systemic aminocaproic acid compared with no use, but this outcome was not altered by any other intervention.

The available evidence on usage of systemic or topical corticosteroids, cycloplegics, or aspirin in traumatic hyphema was limited due to the small numbers of participants and events in the trials.

We found no evidence of an effect between a single versus binocular patch or ambulation versus complete bed rest on the risk of secondary hemorrhage or time to rebleed.

#### **Authors' conclusions**

We found no evidence of an effect on visual acuity by any of the interventions evaluated in this review. Although evidence was limited, it appears that people with traumatic hyphema who receive aminocaproic acid or tranexamic acid are less likely to experience secondary hemorrhaging. However, hyphema took longer clear in people treated with systemic aminocaproic acid.

There is no good evidence to support the use of antifibrinolytic agents in the management of traumatic hyphema other than possibly to reduce the rate of secondary hemorrhage. Similarly, there is no evidence to support the use of corticosteroids, cycloplegics, or nondrug interventions (such as binocular patching, bed rest, or head elevation) in the management of traumatic hyphema. As these multiple interventions are rarely used in isolation, further research to assess the additive effect of these interventions might be of value.

# PLAIN LANGUAGE SUMMARY

#### Medical interventions for traumatic hyphema

#### What is the aim of this review?

The aim of this Cochrane Review was to find out what medical treatments are effective for traumatic hyphema, a condition in which blood collects in the eye following trauma, usually a blow to the eye. We collected and analyzed all relevant studies to answer this question.

#### Key messages

We found no evidence that any medical intervention affected vision, whether measured within a few weeks or longer. We also found that no medical intervention resulted in fewer complications from the hyphema itself, although this evidence is weak because few events occurred. We found limited evidence that antifibrinolytics, drugs that affect how blood is clotted, reduced the risk of new bleeding in the eye.

#### What was studied in the review?

It was important to evaluate current medication interventions for traumatic hyphema because complications from the condition can affect final vision. We found 27 studies with a total of 2643 participants addressing this question. Studies were from the USA, Canada, Sweden, Denmark, China, South Africa, Malysia, Iran, and Israel. The studies included more males than females, and participants tended to be children or young adults. Interventions included antifibrinolytic agents taken orally or applied directly to the eye (aminocaproic acid, tranexamic acid, and aminomethylbenzoic acid), oral or topical corticosteroids, other kinds of eyedrops, aspirin, estrogens, traditional Chinese medicine, patching, elevation of the head, and bed rest. Most studies looked at how often fresh bleeding occurred, because this secondary bleeding is often associated with more complications. Other outcomes examined included visual acuity and the length of time it took for the blood in the eye to be absorbed.



# What are the main results of the review?

We found no evidence that any medical intervention affected final vision, but we graded the evidence as generally of low certainty. Antifibrinolytic agents did appear to reduce the risk of new bleeding in the eye, but participants taking oral aminocaproic acid (an antifibrinolytic agent) appeared to have more nausea and vomiting compared with participants in the control group. It was unclear whether antifibrinolytics reduced complications of secondary bleeding, because these events were infrequent in the studies. We found no evidence for effectiveness of any other medical intervention in reducing the rate of fresh bleeding or the number of complications, but the evidence for a beneficial effect of any of these interventions was uncertain because the numbers of participants and events were small.

#### How up-to-date is this review?

We reviewed studies published up to 28 June 2018.

# SUMMARY OF FINDINGS

Summary of findings for the main comparison. Systemic aminocaproic acid compared with placebo for traumatic hyphema

# Systemic aminocaproic acid compared with placebo for traumatic hyphema

Patient or population: people with traumatic hyphema

# Settings: hospital

Intervention: 100 mg aminocaproic acid every 4 hours

Comparison: placebo

Outcomes	Illustrative com (95% CI)	parative risks*	Relative effect (95% CI)	No. of partici- pants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk		(studies)	(GRADE)	
	Placebo	Systemic aminocaproic acid				
<b>Short-term visual acuity</b> 20/40 or better ≤ 2 weeks after treatment	769 per 1000	<b>699 per 1000</b> (438 to 1015)	<b>RR 0.87</b> (0.57 to 1.32)	34 (1)	⊕⊕⊙⊝ low <sup>1,2</sup>	Outcome not reported by 5 other studies.
Medium-term visual acuity 20/40 or better > 2 weeks and ≤ 2 months after treatment	See comment	-	-	-	-	Outcome not reported.
<b>Long-term visual acuity</b> 20/40 or better > 2 months after treatment	731 per 1000	<b>752 per 1000</b> (599 to 942)	<b>RR 1.03</b> (0.82 to 1.29)	108 (2)	⊕⊕⊝⊝ low <sup>1,3</sup>	Outcome not reported by 4 other studies.
<b>Final visual acuity</b> 20/40 or better at resolution of hyphema	866 per 1000	<b>908 per 1000</b> (805 to 1021)	<b>RR 1.05</b> (0.93 to 1.18)	143 (2)	⊕⊕⊝⊝ low <sup>1,2</sup>	Outcome not reported by 4 other studies.
Time to resolution of primary he- morrhage	See comment	-	-	330 (6)	⊕⊕⊝⊝ low <sup>1,2</sup>	Average time to resolution of the hemorrhage ranged from 4.1 to 6.7 days in participants receiving oral aminocaproic acid and from 2.4 to 6.3 days in participants receiv- ing placebo (data not meta-analyz- able).

Secondary hemorrhage at any time point	/ 148 per 100	<b>42 per 1000</b> (19 to 89)	<b>RR 0.28</b> ( 0.60)	0.13 to 330	(6) ⊕⊕⊙ low						
Adverse effects: nausea or vor ing	nit- <b>17 per 1000</b>	<b>148 per 100</b> (36 to 612)	<b>0 RR 8.60</b> ( 35.50)	2.09 to 131	. ,	)⊝ derate¹	Outcome not reported by 3 other studies.				
*The basis for the <b>assumed risk</b> is the control group risk across studies. The <b>corresponding risk</b> (and its 95% CI) is based on the assumed risk in the comparison group and the <b>relative effect</b> of the intervention (and its 95% CI).											
CI: confidence interval; RR: risk	ratio										
GRADE Working Group grades of evidence <b>High certainty:</b> Further research is very unlikely to change our confidence in the estimate of effect. <b>Moderate certainty:</b> Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate. <b>Low certainty:</b> Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. <b>Very low certainty:</b> We are very uncertain about the estimate.											
<ul> <li><sup>1</sup>Downgraded for imprecision (-1).</li> <li><sup>2</sup>Downgraded for indirectness (outcome unrelated to visual acuity or possible complications) (-1).</li> <li><sup>3</sup>Downgraded for inconsistency (large variation in effect estimate across trials) (-1).</li> <li>Summary of findings 2. Topical aminocaproic acid compared with placebo for traumatic hyphema</li> <li>Topical aminocaproic acid compared with placebo for traumatic hyphema</li> </ul>											
Patient or population: people	with traumatic hyp	hema									
Settings: hospital											
Intervention: 25% to 30% amin	nocaproic acid in ge	l every 6 hours									
Comparison: placebo											
Outcomes	Illustrative compa (95% CI)		Relative effect (95% CI)	No. of partion pants (studies)	i- Certainty of the evidenc (GRADE)		nents				
		Corresponding risk		(studies)	(GRADE)						
		Topical aminocaproic									

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<b>Short-term visual acuity</b> 20/40 or better ≤ 2 weeks af- ter treatment	481 per 1000	<b>419 per 1000</b> (226 to 770)	<b>RR 0.87</b> (0.47 to 1.60)	51 (1)	⊕⊕⊝⊝ low¹	Outcome not reported by 1 other study.
Medium-term visual acu- ity 20/40 or better > 2 weeks and ≤ 2 months after treat- ment	See comment	-		-	-	1 study reported no difference between groups after 2 weeks of follow-up.
<b>Long-term visual acuity</b> 20/40 or better > 2 months after treatment	See comment	-	-	-	-	Outcome not reported.
Final visual acuity 20/40 or better at resolution of hy- phema	See comment	-	-	-	-	Outcome not reported.
Time to resolution of pri- mary hemorrhage	See comment	-		142 (2)	⊕⊕⊝⊝ low <sup>2,3</sup>	In 1 study, average time to resolution of the hemorrhage was 11.1 days in participants receiving topical aminocaproic acid and 9.3 and 9.5 days in those receiving placebo; in the second study, the authors reported "no difference" in time to resolution between study groups.
Secondary hemorrhage at any time point	227 per 1000	<b>109 per 1000</b> (45 to 250)	<b>RR 0.48</b> (0.20 to 1.10)	131 (2)	⊕⊕⊝⊝ low <sup>3,4</sup>	
Adverse effects: systemic hypotension	See comment	-	-	-	-	1 study reported that 13% of participants in the topical aminocaproic acid group versus 11% of participants in the placebo group had systemic hypotension.
*The basis for the <b>assumed ri</b> s the <b>relative effect</b> of the inter			dies. The <b>correspon</b> d	<b>ling risk</b> (and i	its 95% CI) is based (	on the assumed risk in the comparison group and
CI: confidence interval; RR: ris	sk ratio					

**High certainty:** Further research is very unlikely to change our confidence in the estimate of effect.

Moderate certainty: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate. Low certainty: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. Very low certainty: We are very uncertain about the estimate. Cochrane Library

Trusted evidence. Informed decisions. Better health. <sup>1</sup>Downgraded for imprecision (-2). <sup>2</sup>Downgraded for inconsistency (large variation in effect estimate across trials) (-1). <sup>3</sup>Downgraded for indirectness (outcome unrelated to visual acuity or possible complications) (-1). <sup>4</sup>Downgraded for imprecision (-1).

Summary of findings 3. Systemic tranexamic acid compared with control for traumatic hyphema

# Systemic tranexamic acid compared with control for traumatic hyphema

Patient or population: people with traumatic hyphema

Settings: hospital

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Intervention: 25 to 75 mg/kg tranexamic acid per day

Comparison: control

Outcomes	Illustrative com (95% CI)	parative risks*	Relative effect (95% CI)	No. of partici- pants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk		()	()	
	Control	Tranexamic acid				
<b>Short-term visual acu-</b> <b>ity</b> 20/40 or better ≤ 2 weeks after treatment	680 per 1000	<b>754 per 1000</b> (666 to 850)	<b>RR 1.11</b> (0.98 to 1.25)	303 (3)	⊕⊕⊝⊝ low <sup>1,2</sup>	Outcome not reported by 2 other studies.
Medium-term visual acuity 20/40 or better > 2 weeks and ≤ 2 months after treatment	See comment	-	-	-	-	Outcome not reported.
Long-term visual acu- ity 20/40 or better > 2 months after treatment	See comment	-	-	-	-	Outcome not reported.
<b>Final visual acuity</b> 20/40 or better at resolu- tion of hyphema	See comment	-	-	-	-	Outcome not reported.
Time to resolution of primary hemorrhage	See comment	-	-	549 (5)	⊕⊝⊝⊝ very low <sup>1,3,4</sup>	In 1 study, average time to resolution of the he- morrhage was 4.0 days in 72 participants re-

						ceiving tranexamic acid and 3.7 days in 59 par- ticipants recieving placebo. In another study, average time to resolution was 4.6 days in 17 participants receiving tranexamic acid and 3.9 days in 18 participants not receiving drug. A third study reported that resolution was delayed in the tranexamic acid group, and a fourth study reported faster resolution in the tranexamic acid group.
Secondary hemorrhage at any time point	150 per 1000	<b>46 per 1000</b> (25 to 82)	<b>RR 0.31</b> (0.17 to 0.55)	578 (5)	⊕⊕⊙⊝ low <sup>1,4</sup>	
Adverse effects: nausea	See comment	-	-	-	-	1 study reported that 1 of 19 participants re- ceiving tranexamic acid complained of nausea; another study reported that no adverse events were observed in either the drug-treated or the control group.
	search is very unlik Ier research is likel earch is very likely	y to have an importa to have an importa	ant impact on our c	onfidence in the		t and may change the estimate. and is likely to change the estimate.
Downgraded for risk of bias Downgraded for imprecisio Downgraded for inconsiste Downgraded for indirectne	n (-1). ncy (large variation			ations) (-1).		
Summary of findings 4.	Systemic or top	ical corticostero	ds compared wi	h usual treat	ment for traum	atic hyphema
Systemic or topical cortic	osteroids compar	ed with usual trea	tment for traumat	ic hyphema		
Patient or population: pe	ople with traumati	c hyphema				
Settings: hospital						
Intervention: oral or topic	al corticosteroids					

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	Illustrative com (95% CI)	parative risks*	Relative effect (95% CI)	No. of partici- pants	Certainty of the evidence
	Assumed risk	Corresponding risk		(studies)	(GRADE)
	Corticos- teroids	Usual treatment			
hort-term visual acuity between 0/20 and 20/40 ≤ 2 weeks after treat- nent; oral corticosteroids	438 per 1000	<b>534 per 1000</b> (385 to 739)	<b>RR 1.22</b> (0.88 to 1.99)	155 (1)	⊕⊕⊝⊝ low <sup>1,2</sup>
inal visual acuity between 20/20	900 per 1000	909 per 1000	<b>RR 1.01</b> (0.84 to	41 (1)	⊕⊕⊝⊝
nd 20/40 at end of treatment; oral orticosteroids		(756 to 1107)	1.23)		low <sup>1,2</sup>
hort-term visual acuity between 0/20	619 per 1000	<b>464 per 1000</b> (235 to 910)	<b>RR 0.75</b> (0.38 to 1.47)	34 (1)	⊕⊝⊝⊝ very low¹
nd 20/40 ≤ 2 weeks after treatment; opical corticosteroids					
inal visual acuity between 20/20	943 per 1000	962 per 1000	<b>RR 1.02</b> (0.94 to	111 (1)	$\oplus \oplus \odot \odot$
nd 20/25 at end of treatment; topical orticosteroids		(887 to 1047)	1.11)		low <sup>1,3</sup>
ime to resolution of primary hemor- hage;	See comment	See comment	-	166 (2)	⊕⊕⊝⊝ low <sup>1,2</sup>
ral corticosteroids					

See comment

See comment

34 (1)

 $\oplus \Theta \Theta$ 

very low<sup>1,2,3</sup>

rhage;

Time to resolution of primary hemor-

First study reported that average resolution of primary hemorrhage was 3.5 days in

the oral corticosteroid group and 3.7 days in the control group. The second study reported that average resolution of primary hemorrhage

Comments

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the <b>relative effect</b> of the interval; <b>RR:</b> <b>CI:</b> confidence interval; <b>RR:</b> <b>GRADE Working Group grad</b> <b>High certainty:</b> Further rese <b>Moderate certainty:</b> Further <b>Low certainty:</b> Further rese <b>Jow certainty:</b> We are <b>Downgraded for imprecision</b>	hage; topi- risk is the contri tervention (and risk ratio es of evidence earch is very und er research is lik earch is very like very uncertain a n (-1).	its 95% CI). likely to change ou ely to have an impo about the estimate	ur confidence in the e portant impact on ou ortant impact on our e.	estimate of effect. r confidence in the est confidence in the est	stimate of effect a	⊕⊕⊖⊙         low1,2         ⊕⊙⊙○         very low1,2,3         d on the assumed risk in the comparison group and         nd may change the estimate.         d is likely to change the estimate.				
The basis for the <b>assumed</b> The basis for the <b>assumed</b> the <b>relative effect</b> of the int <b>CI:</b> confidence interval; <b>RR:</b> GRADE Working Group grad <b>High certainty:</b> Further rese <b>Moderate certainty:</b> Further rese <b>Moderate certainty:</b> Further rese <b>Moderate certainty:</b> We are <b>Cover and the set of the set o</b>	<b>risk</b> is the contr tervention (and risk ratio es of evidence earch is very un er research is lik earch is very like very uncertain a	rol group risk acro its 95% CI). likely to change ou ely to have an impo about the estimate	(4 to 115) oss studies. The <b>corre</b> ur confidence in the e portant impact on ou ortant impact on our e.	1.53) sponding risk (and i estimate of effect. r confidence in the est	its 95% CI) is based	<b>very low<sup>1,2,3</sup></b> d on the assumed risk in the comparison group and nd may change the estimate.				
the <b>relative effect</b> of the interval; <b>RR:</b> <b>CI:</b> confidence interval; <b>RR:</b> <b>GRADE Working Group grad</b> <b>High certainty:</b> Further rese <b>Moderate certainty:</b> Further <b>Low certainty:</b> Further rese <b>Jow certainty:</b> We are <b>Downgraded for imprecision</b>	tervention (and risk ratio es of evidence earch is very un er research is lik earch is very like very uncertain a n (-1).	its 95% CI). likely to change ou ely to have an impo about the estimate	ur confidence in the e portant impact on ou ortant impact on our e.	estimate of effect. r confidence in the est confidence in the est	stimate of effect a	nd may change the estimate.				
GRADE Working Group grad <b>High certainty:</b> Further reso <b>Moderate certainty:</b> Further <b>Low certainty:</b> Further reso <b>Very low certainty:</b> We are <b>Nowngraded for imprecision</b>	es of evidence earch is very un er research is lik earch is very like very uncertain a n (-1).	ely to have an imported by to have an imported by to have an imported by the estimated by t	oortant impact on ou ortant impact on our e.	r confidence in the est confidence in the est						
High certainty: Further reso Moderate certainty: Further Low certainty: Further reso Very low certainty: We are Nowngraded for imprecision	earch is very un er research is lik earch is very like very uncertain a n (-1).	ely to have an imported by to have an imported by to have an imported by the estimated by t	oortant impact on ou ortant impact on our e.	r confidence in the est confidence in the est						
Low certainty: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. Very low certainty: We are very uncertain about the estimate. <sup>1</sup> Downgraded for imprecision (-1). <sup>2</sup> Downgraded for indirectness (outcome unrelated to visual acuity or possible complications) (-1). <sup>3</sup> Downgraded for risk of bias (-1).										
ummary of findings 5. Other pharmaceutical age						ions for traumatic hyphema				
Patient or population: peo	ple with trauma	atic hyphema								
Settings: hospital										
ntervention: other pharma	aceutical agent									
Comparison: placebo or us	ual care									
Dutcomes	Illustrative cor (95% CI)	mparative risks*	Relative effe (95% CI)	ct No. of partici- pants (studies)	Certainty of the evidence (GRADE)					
	Assumed risk	Correspondir risk	ng	(studies)						

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	Control	Pharmaceutical agent				
Short-term visual acu- ity between 20/20 and 20/60 at end of treat- ment; cycloplegics ver-	529 per 1000	<b>434 per 1000</b> (211 to 768)	<b>RR 0.82</b> (0.46 to 1.45)	34 (1)	⊕⊕⊝© low <sup>1,2</sup>	1% homatropine versus 4% pilocarpine Visual acuity measured at end of treatment, typically within 2 weeks of occurence of hy- phema.
sus miotics Risk of secondary he- morrhage; conjugated estrogen	217 per 1000	<b>257 per 1000</b> (120 to 552)	<b>RR 1.18</b> (0.55 to 2.54)	85 (1)	⊕⊕⊕⊝ moderate¹	Conjugated estrogen, 5 to 10 mg intramuscu- larly for children under 10 years of age and 20 mg intravenously for children 10 years of age or older and adults, versus placebo
Risk of secondary hem- orrhage; cycloplegics	22 per 1000	<b>22 per 1000</b> (3 to 149)	<b>RR 1.03</b> (0.15 to 6.99)	92 (2)	⊕000 very low <sup>1,2,3</sup>	1% homatropine versus 4% pilocarpine in first study; 1% atropine versus 2% pilocarpine in second study
Risk of secondary hem- orrhage; aspirin	71 per 1000	<b>130 per 1000</b> (24 to 716)	<b>RR 1.83</b> (0.33 to 10.02)	51 (1)	⊕⊕⊝⊝ low <sup>1,2</sup>	500 mg aspirin 3 times/day for 5 days versus observation

\*The basis for the **assumed risk** is the control group risk across studies. The **corresponding risk** (and its 95% CI) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: confidence interval; RR: risk ratio

GRADE Working Group grades of evidence

High certainty: Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate. **Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. **Very low certainty:** We are very uncertain about the estimate.

<sup>1</sup>Downgraded for imprecision (-1). <sup>2</sup>Downgraded for risk of bias (-1). <sup>3</sup>Downgraded for inconsistency (large variation in effect estimate across trials) (-1).

Summary of findings 6. Non-pharmaceutical interventions compared with usual care for traumatic hyphema

Non-pharmaceutical interventions compared with usual care for traumatic hyphema

Patient or population: people with traumatic hyphema

Settings: hospital

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# Intervention: non-pharmaceutical interventions

# Comparison: control

Outcomes	Illustrative com (95% CI)	parative risks*	Relative effect (95% CI)	No. of partici- pants (studies)	Certainty of the evidence (GRADE)	Comments
	Assumed risk Control	Corresponding risk		(5144105)	(010122)	
		Non-pharma- cuetical agent				
Short-term visual acuity between 20/20	808 per 1000	<b>662 per 1000</b> (541 to 808)	<b>RR 0.82</b> (0.67 to 1.00)	46 (1)	⊕⊕⊝⊝ low <sup>1,2</sup>	Visual acuity measured at end of treatment, typically within
and 20/60 at end of treatment; monocular versus binocular eye patching						2 weeks of occurrence of hy- phema.
Final visual acuity between 20/20 and 20/50; monocular versus binocular eye patching	846 per 1000	<b>803 per 1000</b> (652 to 998)	<b>RR 0.95</b> (0.77 to 1.18)	53 (1)	⊕⊕⊝⊝ low <sup>1,2</sup>	Time frame when visual acu- ity measured not reported.
Short-term visual acuity between 20/20	846 per 1000	<b>931 per 1000</b> (710 to 1218)	<b>RR 1.10</b> (0.84 to 1.44)	52 (1)	⊕⊕⊙⊝ low <sup>1,2</sup>	Visual acuity measured at end of treatment, typically within 2 weeks of occurrence of hy-
and 20/50 at end of treatment;						phema.
ambulatory versus bed rest						
Time to resolution of primary hemor- rhage;	See comment	See comment	-	137 (1)	⊕⊕⊙⊝ low <sup>1,2</sup>	A single study reported that mean resolution of prima- ry hemorrhage was 5.8 days
ambulatory versus bed rest						in ambulatory group and 5.6 days in bed rest group.
Risk of secondary hemorrhage; monocular versus binocular eye patching	148 per 1000	<b>114 per 1000</b> (51 to 254)	<b>RR 0.77</b> (0.35 to 1.72)	117 (2)	⊕⊕©© low <sup>1,2</sup>	
Risk of secondary hemorrhage; ambu- latory treatment versus bed rest	185 per 1000	<b>238 per 1000</b> (108 to 445)	<b>RR 1.28</b> (0.68 to 2.40)	189 (2)	⊕⊕⊝⊝ low <sup>1,3</sup>	

\*The basis for the assumed risk is the control group risk across studies. The corresponding risk (and its 95% CI) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

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CI: confidence interval; RR: risk ratio

GRADE Working Group grades of evidence

High certainty: Further research is very unlikely to change our confidence in the estimate of effect.

**Moderate certainty:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate. **Low certainty:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. **Very low certainty:** We are very uncertain about the estimate.

<sup>1</sup>Downgraded for imprecision (-1). <sup>2</sup>Downgraded for risk of bias (-1). <sup>3</sup>Downgraded for inconsistency (large variation in effect estimate across trials) (-1).



# BACKGROUND

# **Description of the condition**

# Introduction

Traumatic hyphema is the entry of blood into the anterior chamber (the space between the cornea and iris) subsequent to a blow or a projectile striking the eye. Apart from the direct consequences of the initial trauma, traumatic hyphema is usually a self limiting condition that rarely causes permanent loss of vision in the absence of associated damage to the cornea, lens, or optic nerve. Traumatic hyphema is an important clinical entity because of the risks associated with significant initial reduction in vision and because of associated injuries to the tissues of the eye. In young children, it can lead to the development of irreversible amblyopia. Complications resulting from secondary hemorrhage, such as glaucoma, corneal blood staining, or optic atrophy, can lead to permanent impairment of vision, especially if the hyphema is prolonged in association with elevated intraocular pressure (IOP).

# Epidemiology

Traumatic hyphema is usually seen in children or young adults, with an incidence of approximately 2 per 10,000 children per year (Wright 2003). Males predominate, with a male-to-female ratio of 3:1 (Crouch 1993). Sports injuries account for 60% of traumatic hyphemas (Crouch 1999).

# **Presentation and diagnosis**

Patients usually present with a sudden decrease or loss of vision following an injury to the eye. The loss of vision depends on the level of hyphema: a patient with a microhyphema occasionally may present with normal vision or with somewhat blurred vision, whereas a patient with a full hyphema may present with almost complete loss of vision. With time, blood in the anterior chamber is forced by gravity to the bottom of the anterior chamber. Subsequently, vision clears gradually unless associated injuries, traumatic uveitis, glaucoma, optic atrophy, or corneal blood staining contributes to further losses of vision.

The severity of traumatic hyphema varies from microhyphema, where red blood cells are suspended in the anterior chamber, to a layered hyphema, where fresh or clotted blood may be observed grossly in the lower anterior chamber. In a full or total hyphema, the entire anterior chamber is filled with blood.

Recurrent hemorrhage, occurring at a rate of 2% to 38% (Walton 2002), increases the time to visual recovery and is associated with poorer visual outcomes. Secondary hemorrhage typically occurs three to five days after the incident hyphema and may occur due to clot lysis and retraction within the traumatized vessels.

Hyphema in the setting of sickle cell trait/disease appears to be particularly dangerous because the naturally hypoxic and relatively acidotic anterior chamber induces sickling of red blood cells. Sickling in turn prevents normal egress of those blood cells through the trabecular meshwork. Hyphema patients with sickle cell trait/ disease may be at a higher risk for elevated IOP (Lai 2001).

The most important sign for diagnosing hyphema is the presence of blood in the anterior chamber assessed by a slit-lamp exam. Various grading schemes for hyphema have been proposed. Objective quantification of the level of hyphema is critical, because a sudden increase in the height of a layered hyphema is indicative of 'rebleed.' Immediate measurement of IOP and a dilated ophthalmoscopic exam (to rule out traumatic retinal tears, dialyses, and detachment) are also indicated at a relatively early time after clearance of hyphema.

# **Description of the intervention**

Management of traumatic hyphema focuses on preventing repeated eye trauma and rebleed, promoting the settling of blood away from the visual axis, controlling traumatic anterior uveitis, and monitoring in order to initiate early prophylaxis or treatment for both secondary glaucoma and corneal blood staining. Methods employed to prevent recurrent or iatrogenic trauma include shielding the eye, bed rest, and avoidance of diagnostic interventions such as scleral depression or gonioscopy that could deform the globe. Elevation of the head while sleeping, topical corticosteroids, and cycloplegic medications are mainstays in the management of traumatic hyphema. Hospitalization, once considered essential in order to enforce bed rest, has been questioned and is currently advocated only for patients perceived to be at high risk of rebleed, at risk of noncompliance with bed rest at home, or possibly with sickle cell trait/disease.

The use of antifibrinolytic agents such as epsilon-aminocaproic acid and tranexamic acid in traumatic hyphema is controversial. These agents are reported to potentially reduce the rate of recurrent hemorrhage, but are known to have several possible side effects, such as nausea, vomiting, muscle cramps, conjunctival suffusion, headache, rash, pruritis, dyspnea, toxic confusional states, arrhythmias, and systemic hypotension. Epsilon-aminocaproic acid is contraindicated in women who are pregnant and in people with coagulopathies or renal diseases, and should be used cautiously in people with hepatic, cardiovascular, or cerebrovascular diseases. A topical gel form of epsilonaminocaproic acid has not yet received US Food and Drug Administration (FDA) approval; it appears to have comparable effectiveness, with fewer side effects, as compared with the oral form, and thus might be used on an outpatient basis. Tranexamic acid (Cyklokapron) is reported to be more potent than epsilonaminocaproic acid and has similar side effects, but with fewer gastric side effects (Rahmani 1999).

Corticosteroids have also been used to treat hyphema and are reported to be effective (Walton 2002). Investigators have studied both topical and systemic corticosteroids, applying these agents for varying lengths of time with or without other interventions, such as bed rest or cycloplegics. Topical administration of corticosteroids avoids the side effects of systemic corticosteroid use, but it is not known whether topically applied corticosteroids are as effective as systemic corticosteroids in reducing the rate of rebleed. The mechanism of action of corticosteroids is thought to be due to stabilization of the blood-ocular barrier, direct inhibition of fibrinolysis, or reduced inflammation (Walton 2002).

Surgical evacuation of hyphema is generally not needed. In the past, surgical evacuation was often contraindicated due to the possibility of sudden decreases in IOP and increased risk of recurrent hemorrhage (due to decompression of the damaged iris and ciliary body). However, surgical 'washout' is advocated in patients with non-clearing hyphema, in whom secondary glaucoma threatens to cause permanent visual loss due to glaucomatous optic neuropathy or to corneal blood staining. Surgical washout is

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often performed (via simple paracentesis) in patients with sickle cell trait because of the increased risk of elevated IOP.

# How the intervention might work

The mode of action of medications used to treat traumatic hyphema, especially the antifibrinolytics, is through slowing or inhibiting the resorption of the blood clot within traumatized blood vessels. Aminocaproic acid slows the dissolution of the fibrin blood clot by competing at sites that bind lysine, including lysine sites on tissue plasminogen activator, inhibiting the conversion of plasminogen to plasmin, the enzyme involved in the breakdown of the fibrin clot (Sheppard 2009; Walton 2002). Aminocaproic acid also competitively inhibits the binding of plasmin to the fibrin clot itself. Both of these mechanisms result in a slowing of the breakdown of the fibrin clot, thus stabilizing it and reducing the risk of secondary hemorrhage. Tranexamic acid also binds to fibrin and is believed to act through a similar mechanism. The action of aminobenzoic acid involves inhibition of fibrinolysis, and estrogens decrease antithrombin activity, both of which result in delays of clot resorption (Westlund 1982). In addition to inhibition of fibrinolysis, corticosteroids are also believed to stabilize the bloodocular barrier and reduce inflammation.

The goal of most of the other interventions used in the management of traumatic hyphema is to prevent complications from the trauma or from a rebleed, including further trauma, anterior uveitis, secondary glaucoma, optic atrophy, or corneal blood staining. These interventions include bed rest and eye patching to prevent further trauma; use of mydriatic or miotic agents to prevent motion of the iris, increased IOP, or uveitis; corticosteroids to prevent inflammation; and elevation of the head to facilitate settling of the blood in the anterior chamber. Hospitalization facilitates close monitoring of more severe cases of trauma or rebleeding (or both), allowing more timely medical or surgical intervention, if warranted.

# Why it is important to do this review

Despite the existence of guidelines for the management of traumatic hyphema (Crouch 1999; Rhee 1999; Sheppard 2009), the safety and effectiveness of various therapeutic modalities such as use of antifibrinolytic agents, their routes of administration, use of corticosteroids, and hospitalization are controversial. The evidence for the impact of rebleed on visual outcomes, glaucoma, optic atrophy, and blood staining is limited. Furthermore, rebleed, which is a surrogate outcome (rather than visual outcome), dominates the published literature on management of traumatic hyphema. It is important to examine the impact of the various antifibrinolytic medications, routes of administration, and dosages used across various populations.

## OBJECTIVES

To assess the effectiveness of various medical interventions in the management of traumatic hyphema.

# METHODS

#### Criteria for considering studies for this review

# **Types of studies**

We included randomized and quasi-randomized trials.

#### **Types of participants**

We included trials in which the study population consisted of people with traumatic hyphema following closed-globe trauma. We applied no restrictions regarding age, gender, or severity of the closed-globe trauma or level of visual acuity (VA) at the time of enrollment.

#### **Types of interventions**

We considered trials in which:

- 1. antifibrinolytic agents (e.g. epsilon-aminocaproic acid, tranexamic acid) or corticosteroids in any form or dosage, with the intention to treat or reduce the signs or symptoms of traumatic hyphema, were compared with other treatments, placebo, or no treatment. There was no time limit on the duration of treatment;
- 2. bed rest was compared with ambulatory management;
- 3. bilateral patching was compared with unilateral or no patching;
- 4. outpatient management was compared with inpatient management; or
- 5. any other medical (non-surgical) intervention was compared with another medical intervention or no intervention.

#### Types of outcome measures

#### **Primary outcomes**

- 1. Proportion of participants with best-corrected visual acuity (BCVA) of 20/40 or better assessed at short-, medium-, and long-term follow-up, defined respectively as two weeks or less; more than two weeks but within two months; and more than two months from the traumatic event. We also assessed VA at resolution of hyphema.
- 2. Time to resolution of primary hemorrhage (hyphema) defined as the length of time from onset to resolution of hyphema.

#### Secondary outcomes

Secondary outcomes for this review were sequelae of traumatic hyphema assessed at the time of last study follow-up.

- 1. Proportion of participants with rebleed (i.e. secondary hemorrhage), defined as (a) an increase in height of layered hyphema using a biomicroscopic caliper or by any other method; or (b) the occurrence of fresh (red) blood in the eye with the existing clot. We also reported the average time to rebleed among participants with rebleed when this information was available.
- 2. Proportion of participants with corneal blood staining.
- 3. Proportion of participants with peripheral anterior synechiae (PAS) formation.
- 4. Proportion of participants with pathologic increase in IOP or glaucoma development, as defined by trial investigators.
- 5. Proportion of participants with optic atrophy development.

#### Adverse effects

We summarized the reported adverse effects related to treatment.

#### **Quality of life outcomes**

We described available data on indicators of quality of life.

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#### **Economic outcomes**

We assessed the need for bed rest or hospitalization versus outpatient care. We also compared length of hospital stay as described in the primary reports. No other economic outcomes were reported.

#### Follow-up

There were no restrictions based on length of follow-up.

### Search methods for identification of studies

#### **Electronic searches**

The Cochrane Eyes and Vision Information Specialist conducted systematic searches in the following electronic databases for RCTs and controlled clinical trials. There were no language or publication year restrictions. The date of the search was 28 June 2018.

- Cochrane Central Register of Controlled Trials (CENTRAL; 2018, Issue 6) (which contains the Cochrane Eyes and Vision Trials Register) in the Cochrane Library (searched 28 June 2018) (Appendix 1).
- MEDLINE Ovid (1946 to 28 June 2018) (Appendix 2).
- Embase.com (1980 to 28 June 2018) (Appendix 3).
- PubMed (1948 to 28 June 2018) (Appendix 4).
- ISRCTN registry (www.isrctn.com/editAdvancedSearch; searched 28 June 2018) (Appendix 6).
- US National Institutes of Health Ongoing Trials Register ClinicalTrials.gov (www.clinicaltrials.gov; searched 28 June 2018) (Appendix 6).
- World Health Organization (WHO) International Clinical Trials Registry Platform (ICTRP) (www.who.int/ictrp; searched 28 June 2018) (Appendix 7).

## Searching other resources

We searched the reference lists of included trial reports to find additional trials. We also searched the ISI Web of Science Social Sciences Citation Index (SSCI) to find studies that have cited the included trials. We planned to contact the primary investigators of included trials for details of additional trials, but were unable to do so because most trials were published more than 10 years ago. We did not conduct manual searches of conference proceedings or abstracts specifically for this review.

# Data collection and analysis

#### **Selection of studies**

Two review authors independently assessed the titles and abstracts of all reports identified by the electronic and manual searches as per the Criteria for considering studies for this review. We classified the abstracts as (a) definitely include, (b) unsure, or (c) definitely exclude. We obtained full copies of those abstracts classified as (a) or (b) and reassessed them as per the Criteria for considering studies for this review. We assessed the studies as (1) include, (2) awaiting assessment, or (3) exclude. We documented the concordance between review authors and resolved any disagreements by consensus or by consulting a third review author. We planned to contact authors of studies classified as (2) for clarification of unclear inclusion and exclusion criteria, but were unable to do so. We excluded from the review studies identified by both review authors as (3) and documented our reasons for exclusion in the Characteristics of excluded studies table. We included studies identified as (1) in the review and described them in the Characteristics of included studies table. The review authors were unmasked to the reports' authors, institutions, and trial results during this assessment.

#### **Data extraction and management**

Two review authors independently extracted the data for the primary and secondary outcomes onto data collection forms developed by the Cochrane Eyes and Vision Group. Any discrepancies were resolved by discussion. We attempted to contact primary investigators for missing data, but were unable to do so. One review author entered all data into Review Manager 5 (RevMan 5) (Review Manager 2014), and a second review author verified all values.

#### Assessment of risk of bias in included studies

Two review authors assessed the sources of systematic bias in trials according to methods described in Chapter 8 of the Cochrane Handbook for Systematic Reviews of Interventions (Higgins 2017). We considered the following parameters: adequate sequence generation and allocation concealment (selection bias), masking of participants and researchers (performance bias), masking of outcome assessors (detection bias), adequate handling of incomplete data by reporting rates of follow-up and using intention-to-treat analysis (attrition bias), and complete reporting of outcomes (reporting bias). We assessed each of the parameters as low, unclear, or high risk of bias. We documented agreement between authors and resolved any disagreements by consensus or by involving a third review author. We used masking of participants and care providers as a quality criterion only in interventions where masking was feasible. We contacted the authors of trials categorized as at unclear risk of bias for additional information when contact information for the trial authors was available. In cases where we were unable to contact the study authors or the study authors did not respond to our request, we assigned a grade based on the available information.

#### **Measures of treatment effect**

#### Dichotomous data

For dichotomous outcomes, we calculated summary risk ratios (RR) with 95% confidence intervals (CIs). We analyzed VA outcomes as dichotomous variables. For each follow-up period with sufficient data, we compared the proportion of participants with VA 20/40 or better between the treatment and control groups. We analyzed data on the proportion of participants with secondary hemorrhage, corneal blood stain, PAS formation, glaucoma development, and optic atrophy development as dichotomous data.

#### Continuous data

We calculated mean differences (MD) for continuous outcomes. We analyzed the time to resolution of primary hemorrhage (hyphema), defined as the length of time from onset to resolution, as a continuous variable. We also analyzed the length of time to rebleed, the duration of hospitalization, and other quality of life and economic outcomes as continuous data.

#### Ordinal data

We summarized ordinal data qualitatively.

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#### Counts and rate data

We summarized counts and rate data in rate ratios when the event was rare, and as continuous outcome data when the event was more common. We analyzed adverse events data as counts and rates.

# Unit of analysis issues

The unit of analysis for this review was the affected eye or eyes of the individual participant.

### Dealing with missing data

We contacted the authors of included studies to obtain additional data when contact information for the trial authors was available. When we were unable to retrieve additional data because we were unable to contact the authors or received no response, we imputed data with the information that was available in the study report. We reported loss to follow-up for each study when this information was available. We also noted when intention-to-treat analyses were performed.

#### Assessment of heterogeneity

We used the I<sup>2</sup> statistic to assess for statistical heterogeneity and examined clinical heterogeneity using forest plots. We considered I<sup>2</sup> values greater than 40% to represent statistical heterogeneity between studies.

#### Assessment of reporting biases

We did not use funnel plots to assess the possibility of small-study effects or reporting biases because we included no more than 10 studies in a meta-analysis.

#### **Data synthesis**

We analyzed data according to the guidelines in Chapter 9 of the *Cochrane Handbook for Systematic Reviews of Interventions* (Deeks 2017). We tested for statistical heterogeneity. When we detected no statistical heterogeneity and there was no clinical heterogeneity among the trials, we combined the results in a metaanalysis using a fixed-effect model. In cases of statistical or clinical heterogeneity, we did not combine study results but presented a tabulated summary.

#### Subgroup analysis and investigation of heterogeneity

We planned subgroup analyses according to age, race, presence of sickle cell trait/disease, presenting IOP, and severity of hyphema, but we did not perform these because sufficient numbers of trials were not available. We planned to present results by subgroup as an Additional table.

# Sensitivity analysis

We conducted sensitivity analyses to determine the impact of excluding studies of lower methodologic quality. We had planned to conduct sensitivity analyses to determine the impact of excluding unpublished studies or industry-funded studies, but did not because we included no studies with these characteristics.

#### Summary of findings

We assessed each outcome using the GRADE approach, which judges the certainty of the evidence based on risk of bias,

inconsistency, indirectness, imprecision, and publication bias in Chapter 11 of the *Cochrane Handbook for Systematic Reviews of Interventions* (Schünemann 2017). We prepared a 'Summary of findings' table for each main comparison and included the following outcomes.

- 1. Proportion of participants with BCVA of 20/40 or better assessed at short-term follow-up, defined as two weeks or less from the traumatic event.
- 2. Proportion of participants with BCVA of 20/40 or better assessed at medium-term follow-up, defined as more than two weeks but within two months of the traumatic event.
- 3. Proportion of participants with BCVA of 20/40 or better assessed at long-term follow-up, defined as more than two months from the traumatic event.
- 4. Proportion of participants with BCVA of 20/40 or better assessed at resolution of hyphema.
- 5. Time to resolution of primary hemorrhage (hyphema), defined as the length of time from onset to resolution of hyphema.
- 6. Proportion of participants with rebleed (i.e. secondary hemorrhage).
- 7. Proportion of participants with adverse effects.

# RESULTS

# **Description of studies**

#### **Results of the search**

The original electronic literature searches conducted in June 2010 identified 836 potentially relevant references for this review. After duplicate review of the titles and abstracts, we classified 748 references as 'definitely exclude,' 23 as 'definitely include,' and 65 as unsure. Seventeen of the 65 references assessed as unsure were letters or editorials that did not report original data and were excluded. We obtained full-text copies of the 48 remaining references classified as unsure and reviewed them in duplicate. Of these, we excluded 40 and included eight. A manual search of other resources, including reference lists of included studies and citation index databases, yielded four additional potentially relevant full-text references for this review, of which we included two and excluded two. In the 2011 publication of this review (Gharaibeh 2011), we included 26 studies as reported in 33 publications and excluded 41 studies in 42 publications.

After revising and updating the electronic searches as of August 2013, we identified 460 additional references for review. After duplicate review of the titles and abstracts, we classified 438 references as definitely exclude and 22 as unsure. We obtained fulltext copies of the references classified as unsure and reviewed them in duplicate. Seventeen of the references were not in the English language, and we identified colleagues who read the relevant languages to assist with assessing the articles in duplicate. Of the 22 references reviewed in full, we excluded 20; one was a reference for a study already included in the review; and one was included as a new study in the review. A manual search of other resources, including reference lists of included studies and citation index databases, yielded four additional potentially relevant fulltext references for this review, of which one was excluded and the remaining three were from studies already included in this review. In the 2013 publication of this review (Gharaibeh 2013), we included

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reports of two studies and excluded both (Zhang 2013; Zhang 2014).

We identified no new eligible trials since the 2013 version of this

review, thus the review includes 27 studies.

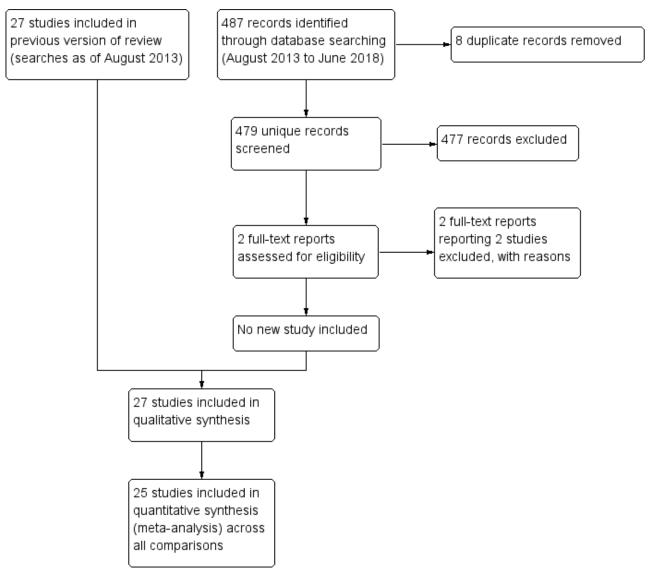
27 studies reported by 38 publications, and excluded 62 studies reported by 63 publications.

We updated the searches for this review in June 2018 (Figure 1). Of 479 records identified by the searches, we examined the full-text

# Figure 1. 8 Study flow diagram.

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#### **Included studies**

The 27 studies included in this review are described in the Characteristics of included studies table. Twenty of the included studies were randomized controlled trials (RCTs), and seven used a quasi-randomized method to assign participants to treatment groups. The review outcomes reported by the included studies are listed in Table 1.

All but two of the studies restricted entry to people with primary traumatic hyphema; Welsh 1971 also included people with perforated globes that had been sutured and were treated as closed-globe injuries, and Palmer 1986 also included some people with secondary hemorrhage. Most studies included all age groups, although some studies excluded very young children

(e.g. less than four or seven years) (Farber 1991; Kutner 1987; Marcus 1988; Pieramici 2003; Vangsted 1983; Welsh 1983), and one study included children only (Kraft 1987). Of studies reporting demographic data, the mean age of participants ranged from 10 to 32 years, and the proportion of male participants ranged from 67% to 100%. Studies took place in a number of different countries: three in China; two each in Iran, Sweden, and South Africa; one each in Denmark, Israel, and Malaysia; and the remainder in Canada and the USA. The race of participants varied by country, and nine studies reported 50% or more black participants.

The included studies investigated three types of antifibrinolytic agents (epsilon-aminocaproic acid (aminocaproic acid), tranexamic acid, and aminomethylbenzoic acid). Other types

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of pharmaceuticals investigated were corticosteroids, including prednisone, prednisolone, hydrocortisone, and cortisone; conjugated estrogen; aspirin; and topical mydriatics and miotics. One study compared traditional Chinese medicine (Yunnan Baiyao) versus antihemorrhagic agents. Non-pharmaceutical interventions included the use of monocular or binocular patching, eye shields, bed rest, and elevation of the head. The primary outcome for all but three studies was the risk of a secondary hemorrhage.

#### Aminocaproic acid

Eight studies investigated the use of aminocaproic acid compared with placebo in treating traumatic hyphema: six studies prescribed oral aminocaproic acid (Christianson 1979; Crouch 1976; Kraft 1987; Kutner 1987; McGetrick 1983; Teboul 1995), and two studies prescribed topical aminocaproic acid (Karkhaneh 2003; Pieramici 2003). The dosage of oral aminocaproic acid used in five studies was 100 mg/kg of body weight every four hours for five days (Crouch 1976; Kraft 1987; Kutner 1987; McGetrick 1983; Teboul 1995); the remaining study used a loading dose of 75 mg/kg of body weight, then doses of 60 mg/kg of body weight every four hours, although the length of treatment was not reported (Christianson 1979). The six studies included a total of 331 participants (34 to 94 participants per study); 175 participants were randomized to receive oral aminocaproic acid, and 156 participants were randomized to receive placebo pills. The follow-up periods ranged from the length of hospitalization (typically about one to two weeks) to 3.4 years after discharge.

Two studies evaluated topical aminocaproic acid and included 206 participants. Karkhaneh 2003 had three treatment groups: 45 participants were randomized to receive aminocaproic acid (two drops of 25% aminocaproic acid in 2% carboxymethylene gel applied to the inferior fornix of the affected eye every six hours for five days) plus homatropine eyedrops three times per day; 44 participants were randomized to receive placebo gel plus homatropine eyedrops; and 66 participants were randomized to receive homatropine eyedrops only. Homatropine is a cycloplegic agent used to prevent eye muscles from moving temporarily and to enlarge the pupil. The follow-up period for this study was 14 days. In Pieramici 2003, 24 participants were randomized to receive aminocaproic acid (30% aminocaproic acid in 2% gel instilled in the inferior fornix following one drop of 0.05% proparacaine hydrochloride every six hours for five days), and 27 participants were randomized to receive placebo gel applied in the same manner as in the intervention group. Participants in this study were managed on an outpatient or inpatient basis and followed for seven days.

One included study compared oral aminocaproic acid versus topical aminocaproic acid for the treatment of traumatic hyphema (Crouch 1997). Of the 118 participants eligible for inclusion in the study, 64 participants agreed to be randomized to receive either topical aminocaproic acid (0.2 mL of 30% aminocaproic acid in 2% carboxymethylene gel applied to the inferior fornix every six hours plus oral placebo solution every four hours for five days) or oral aminocaproic acid (50 mg/kg of body weight of oral aminocaproic acid, up to 30 g per day, plus placebo gel every four hours for five days). The 54 participants who declined study entry were followed as an untreated control group. The participants in this study were hospitalized and followed for five days.

The last study investigating the use of aminocaproic acid compared low-dose oral aminocaproic acid (50 mg/kg, up to 5 g per dose or 30 g per day every four hours for five days) versus the standard-dose oral aminocaproic acid (100 mg/kg, up to 5 g per dose or 30 g per day every four hours for five days) for the treatment of traumatic hyphema (Palmer 1986). The participants in this study, 26 in the low-dose group and 33 in the standard-dose group, were followed for the duration of hospitalization.

#### Tranexamic acid

Five studies investigated the use of oral tranexamic acid compared with a control in treating traumatic hyphema (Rahmani 1999; Sukumaran 1988; Vangsted 1983; Varnek 1980; Welsh 1983). The studies included a total of 581 participants: 279 were assigned to tranexamic acid and 302 to a control intervention. The doses of tranexamic acid administered in these studies varied from 1.75 mg/kg per day for five days to 1.5 g per day for seven days. Participants were followed for five to 12 days. The study using the lowest dose of tranexamic acid assigned 82 participants to oral tranexamic acid 1.75 mg/kg daily for five days; 81 to prednisone 0.75 mg/kg daily for five days; and 81 to daily placebo for five days. All participants were followed for five days (Rahmani 1999). In two studies, participants were assigned to tranexamic acid 25 mg/kg per day for seven days (Sukumaran 1988; Vangsted 1983). In Sukumaran 1988, both the group receiving tranexamic acid (n = 17) and the control group (n = 18) received bilateral patching, bed rest, sedation, analgesics, and topical corticosteroid drops from day three through day seven. Both groups were followed for one week. In Vangsted 1983, 59 participants were randomized to receive tranexamic acid and 53 participants were randomized to receive complete bed rest for six days; participants were followed for seven days. Varnek 1980 compared the same dose of tranexamic acid, 25 mg/kg daily for seven days, along with hospitalization and bed rest (n = 102), versus hospitalization and bed rest alone in the control group (n = 130). Participants were followed for 12 days. In Welsh 1983, 19 participants were randomized to receive the largest dose of tranexamic acid, three 500 mg tablets of oral tranexamic acid three times a day for seven days (for an overall total dose of 31.5 g tranexamic acid), and 20 participants were randomized to receive three tablets of placebo three times a day for seven days.

#### Aminomethylbenzoic acid

One included study compared oral aminomethylbenzoic acid versus placebo for the treatment of traumatic hyphema (Liu 2002). The study, published in Chinese, randomized 60 participants to the intervention group and 32 participants to the placebo group. Participants in the intervention group received oral aminomethylbenzoic acid 0.5 g plus oral vitamin B<sub>1</sub> 20 mg three times a day for six days. The dosage of aminomethylbenzoic acid was modified for children to "follow age-recommended dose"; the vitamin B<sub>1</sub> dosage remained the same. Participants in the control group received oral vitamin B<sub>1</sub> (20 mg) three times a day for six days. The follow-up period for the study was one week post-blood resolution.

#### Corticosteroids

Four studies examined the use of corticosteroids, two using an oral preparation (Rahmani 1999; Spoor 1980), and two using a topical preparation (Rakusin 1972; Zetterstrom 1969). Spoor 1980 compared oral prednisone versus placebo for the treatment of

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traumatic hyphema. Twenty-three participants were randomized to the treatment group: oral prednisone, 40 mg/day for adults and children over 10 years old; 15 mg/day for children between four and 10 years; and 10 mg/day for children between 18 months and four years, for seven days; and 20 participants were randomized to the control group: lactose placebo capsules administered daily for seven days. All participants were followed for seven days and some for up to six months. The second study consisted of three intervention arms with 244 participants (Rahmani 1999). One arm of the study included 82 participants who received oral tranexamic acid 75 mg/kg per day, divided into three doses per day, for five days. The second arm included 81 participants who received oral prednisolone 0.75 mg/kg per day, divided into two doses per day, for five days. The third group included 81 participants who received placebo administered three times per day. The follow-up period for this study was five days or until discharge. The remaining two studies administered topical corticosteroids. In Zetterstrom 1969, atropine plus corticosteroid eyedrops (Decadron) was administered five times daily in 58 participants, while the control group of 59 participants simply received bed rest. The fourth study, Rakusin 1972, compared the use of 0.5% hydrocortisone acetate in 13 participants versus topical 0.5% chloramphenicol in 21 participants.

#### Antifibrinolytic agents versus corticosteroids

Two studies compared the use of antifibrinolytic agents versus corticosteroids for the treatment of traumatic hyphema. The first study included 122 participants: 64 were allocated to receive oral aminocaproic acid and 58 to receive oral prednisone. All participants were followed through the treatment period (Farber 1991). Participants in the aminocaproic acid group received 50 mg/kg oral aminocaproic acid (up to 30 g per day) every four hours plus two doses of placebo for five days. Participants in the prednisone group received 40 mg/day of oral prednisone in two doses plus six doses of placebo; children and adults weighing less than 60 kg were given 0.6 mg/kg/day of prednisone for five days. The second study, described above, divided participants into three groups: oral prednisolone, tranexamic acid, and placebo (Rahmani 1999).

#### Conjugated estrogen

One included study compared the use of conjugated estrogen versus placebo to treat traumatic hyphema (Spaeth 1966). Participants randomized to receive conjugated estrogen were given 5 mg intramuscularly (children less than five years of age); 10 mg intramuscularly (children five years of age but less than 10 years of age); and 20 mg intravenously (children 10 years of age or older and adults), for five days. The 85 participants included in the study were followed for five days or until discharge.

#### **Cycloplegics versus miotics**

Two studies compared the use of cycloplegics (agents that enlarge the pupil) versus miotics (agents that constrict the pupil). Bedrossian 1974 evaluated 1% atropine ointment in 28 participants versus 2% pilocarpine (or eserine) ointment in 30 participants, who were followed until the hyphema cleared (one to seven days). Rakusin 1972 examined the effects of 1% homatropine eyedrops in 17 participants; 4% pilocarpine in 17 participants; homatropine plus pilocarpine in 17 participants; and neither agent in 19 participants over a period of one to two weeks.

#### Aspirin

One included study compared aspirin (500 mg three times a day for five days) versus observation for the treatment of traumatic hyphema (Marcus 1988). Of the 51 included participants, 23 were randomized to the aspirin group and 28 to the observation group. All participants were followed for seven days.

#### Traditional Chinese medicine

One included study compared Yunnan Baiyao, a traditional Chinese medicine formula, versus control treatment for traumatic hyphema (Wang 1994). Yunnan Baiyao is an herbal supplement with hemostatic and anti-inflammatory properties. The 45 participants in the Yunnan Baiyao group received 0.5 g of the medicine four times a day orally in addition to oral antibiotics and topical 0.5% vinegar eye drops. The 38 participants in the control group received antihemorrhagic agents such as carbazochrome and etamsylate. Participants were treated for up to five days (until complete resolution of the hyphema), and follow-up was one week.

#### Monocular versus binocular patching

Two studies compared monocular versus binocular patching. Edwards 1973 compared monocular patching in 35 participants versus binocular patching in 29 participants. Follow-up was one to seven days. In one of the comparisons conducted by Rakusin 1972, 27 participants wore binocular patches; 26 wore monocular patches; and 10 wore no patch. Participants were followed up for one to two weeks.

### Ambulatory versus conservative treatment

In two studies, the test and control interventions consisted of multiple components but could be assessed as treatments allowing moderate activity compared with bed rest. Read 1974 evaluated an intervention that included bed rest with elevation of the head, bilateral patches, an eye shield over the injured eye, and sedation in 66 participants compared with an intervention comprised of moderate ambulatory activity, patching, shielding of the injured eye, and no sedation in 71 participants. The second study, Rakusin 1972, compared bed rest versus ambulation in 26 participants each.

#### Combination and other interventions

In one study (Rakusin 1972), various components of a multiplecomponent intervention were tested sequentially and separately. Four of these comparisons are described above (i.e. 0.5% hydrocortisone eyedrops versus 0.5% chloramphenicol eyedrops, monocular versus binocular patching, cycloplegics versus miotics, and ambulation versus bed rest). In addition, Rakusin 1972 also presented results on the following comparisons: 1) oral trypsin in 15 participants compared with oral papase in 18 participants or no treatment in 10 participants; and 2) acetazolamide 250 mg in 18 participants compared with oral glycerol 1 mL/kg in 18 participants and no treatment in 10 participants.

The remaining study compared the time to resolution for participants lying flat either on the right or left side versus remaining in a semi-reclined position (i.e. with the head elevated) (Zi 1999).

#### **Excluded studies**

We excluded 64 studies. The reasons for exclusion are provided in the Characteristics of excluded studies table. We excluded

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45 studies because the study design was not a randomized or controlled clinical trial; nine studies because they included non-traumatic hyphema cases and did not report outcomes for traumatic hyphema cases separately; seven studies because no original data were presented; and three studies because they investigated interventions outside the scope this review (e.g. surgical interventions and patient education interventions).

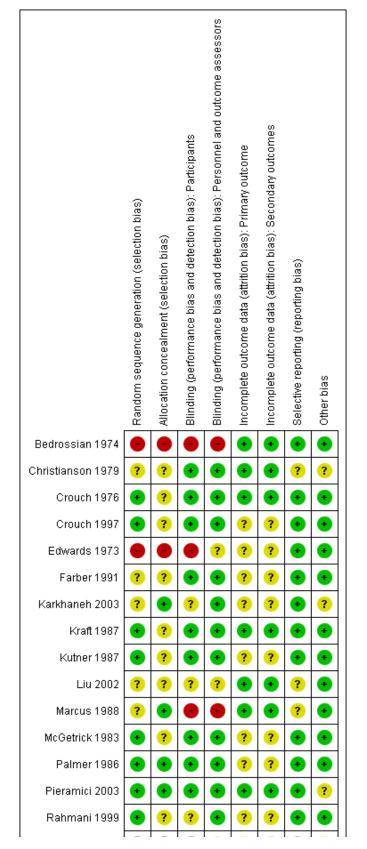
#### **Risk of bias in included studies**

#### Allocation

Twenty of the 27 studies included in the review were RCTs. Seven studies specified using computerized randomization to generate the allocation sequence, and one study used a randomization list; we judged these eight studies as having a low risk of sequence generation bias (Figure 2). Twelve of the 20 RCTs did not report methods of allocation, therefore we assessed these studies as having an unclear risk of sequence generation bias. Of the 20 included RCTs, eight reported the implementation of allocation concealment: one study used sealed, numbered envelopes; two studies used coded bottles; and five studies maintained the randomization code at a pharmacy or other central study center. The remaining 12 RCTs did not report methods of allocation concealment. The seven studies that were not RCTs were controlled clinical trials but did not use randomization to assign participants to treatment. Participants were allocated by alternation in four studies, and by date of admission in one study. The method of allocation was not reported in the remaining two controlled clinical trials.



Figure 2. Methodologic quality summary: review authors' judgments about each methodologic quality item for each included study. Green: low risk of bias; red: high risk of bias; yellow: unclear risk of bias.

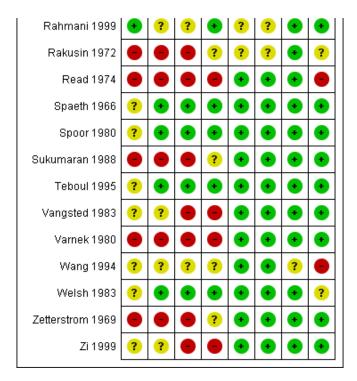


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# Figure 2. (Continued)



#### Blinding

Twelve of the 20 included RCTs were double-masked (participants and investigators), placebo-controlled trials. One study investigating two doses of oral aminocaproic acid was also double-masked (Palmer 1986). Participants and treating physicians were partially masked in two studies in which there was only one placebo-controlled group for two intervention groups that had different treatment regimens (Karkhaneh 2003; Rahmani 1999). In both of these studies, it was noted that the ophthalmologists and outcome assessors were not involved in participant treatment and were masked to the treatment groups. The interventions of interest in two studies precluded masking: the first study compared aspirin three times daily versus observation only (Marcus 1988), and the second study compared bed confinement versus walking and oral tranexamic acid three times daily (Vangsted 1983). Two studies did not mention whether or not masking occurred (Liu 2002; Wang 1994), and the authors of one study reported that no masking was done (Zi 1999).

Masking of participants was not possible because of the type of interventions in four of the seven quasi-randomized studies included in this review (Edwards 1973; Rakusin 1972; Read 1974; Zetterstrom 1969), and was not reported in one (Bedrossian 1974). Masking of participants with the use of placebo pills could have been implemented, but was not achieved in the remaining two quasi-randomized studies (Sukumaran 1988; Varnek 1980). Masking of outcome assessors was not reported or unclear in all seven quasi-randomized studies.

#### Incomplete outcome data

Attrition rates for the included studies were minimal due to the nature of the condition and treatment regimens. Typically, treatment duration for traumatic hyphema at the time the studies were completed was one week or less, and hospitalization was frequently implemented. Eighteen of the 27 included studies reported no exclusions or losses to follow-up, and thus used intention-to-treat analyses. Of the nine studies that excluded participants from the analysis, four studies excluded only one or two participants due to an adverse effect of treatment (Crouch 1997; Kutner 1987; Palmer 1986), treatment failure (Palmer 1986), or loss of a participant's medical record (McGetrick 1983). The remaining five studies did not conduct intention-to-treat analyses, although all reported the number of exclusions and losses to follow-up.

#### Selective reporting

All but five of the included studies reported risk of a secondary hemorrhage as a primary outcome: in two studies, time to resolution of the hyphema was reported as the primary outcome (Bedrossian 1974; Zi 1999); in another two studies, secondary hemorrhage was reported as a secondary outcome with no primary outcome identified (Edwards 1973; Read 1974); and in the fifth study, absence of secondary hemorrhage was part of the composite outcome of being "cured" (Wang 1994). All investigators except Zi and colleagues and Wang and colleagues reported results for secondary hemorrhage. In four included studies the risk of reporting bias was unclear: due to the lack of study details available in the abstract, and no full version being published (Christianson 1979); because study outcomes were not clearly stated in the publication (Liu 2002; Wang 1994); and because only results for secondary hemorrhage were reported, although VA and IOP were measured throughout the duration of the study (Marcus 1988).

#### Other potential sources of bias

We detected no other potential sources of bias in 18 of the included studies. We classified four studies as having an unclear risk of

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other bias because the publications had poor descriptions of study methods and results (Christianson 1979; Liu 2002; Marcus 1988; Wang 1994). In two studies, some participants were selected to receive surgery either at recruitment (Rakusin 1972), or after having been assigned to a treatment group (Read 1974). We classified three studies as having an unclear risk of other bias because they were funded by pharmaceutical companies that either manufactured the drug being investigated in the study or that supplied study drug (Karkhaneh 2003; Pieramici 2003; Welsh 1983).

#### **Effects of interventions**

See: Summary of findings for the main comparison Systemic aminocaproic acid compared with placebo for traumatic hyphema; Summary of findings 2 Topical aminocaproic acid compared with placebo for traumatic hyphema; Summary of findings 3 Systemic tranexamic acid compared with control for traumatic hyphema; Summary of findings 4 Systemic or topical corticosteroids compared with usual treatment for traumatic hyphema; Summary of findings 5 Other pharmaceutical agents compared with placebo or other control interventions for traumatic hyphema; Summary of findings 6 Non-pharmaceutical interventions compared with usual care for traumatic hyphema

#### Systemic antifibrinolytics versus control

Six studies evaluated oral aminocaproic acid versus placebo (Christianson 1979; Crouch 1976; Kraft 1987; Kutner 1987; McGetrick 1983; Teboul 1995). We assessed all six studies as at overall low risk of bias.

#### Visual acuity

No study observed a difference in VA measured at two weeks or less after the hospital admission. At the time of discharge, Kutner 1987 observed VA of 20/40 or better in 14 of 21 (67%) participants in the systemic aminocaproic acid group and in 10 of 13 (77%) participants in the placebo group (risk ratio (RR) 0.87, 95% confidence interval (CI) 0.57 to 1.32; Analysis 1.1). We graded the certainty of evidence for short-term VA outcomes as low, downgrading for imprecision (wide confidence interval) and indirectness (lack of standard follow-up time point) (Summary of findings for the main comparison)

No study of systemic aminocaproic acid reported VA outcomes at medium-term follow-up (more than two weeks but within two months).

Two studies evaluating systemic aminocaproic acid measured long-term VA at nine months or from six months to 2.5 years after discharge (Crouch 1976; Kraft 1987). Neither study found a difference in the proportion of participants who achieved useful final VA, defined as VA between 20/20 and 20/40 (Analysis 1.2). Kraft 1987 reported that 17 of 24 (70.8%) participants who had been assigned to aminocaproic acid had VA between 20/20 and 20/40, compared with 20 of 25 (80%) participants assigned to placebo. Crouch 1976 reported similar results, with 25 of 32 (79%) participants assigned to drug versus 18 of 27 (67%) participants assigned to placebo achieving useful VA. The summary RR for these two studies was 1.03 (95% CI 0.82 to 1.29). We graded the certainty of evidence for long-term VA outcomes as low, downgrading for imprecision and inconsistency (Summary of findings for the main comparison) Two additional studies evaluated final VA with the time of measurement including both short- and long-term time points ranging from five days to 3.4 years, in Teboul 1995, or from zero to nine months, in McGetrick 1983. Forty-six of 48 (95.8%) children in the aminocaproic acid group and 44 of 46 (95.6%) children in the placebo group had good final VA in Teboul 1995. McGetrick 1983 reported that the number of participants with final VA of 20/40 or better was 22 of 28 (78.6%) in the aminocaproic acid group and 14 of 21 (66.6%) in the placebo group. The summary RR for final VA of 20/40 or better for these two studies was 1.05 (95% CI 0.93 to 1.18; Analysis 1.3). We graded the certainty of evidence for final VA outcomes as low, downgrading for imprecision and indirectness (Summary of findings for the main comparison).

#### Time to resolution of primary hemorrhage

In general, the hyphemas in participants assigned to systemic aminocaproic acid took longer to clear than those in participants assigned to placebo or control groups (Analysis 1.4). Christianson 1979 noted that drug-treated hyphemas tended to take longer to clear compared with controls but reported that this was significant only among hyphemas filling more than half of the anterior chamber. Of the five remaining studies using systemic aminocaproic acid, the mean time to resolution of the primary hemorrhage ranged from 4.1 to 6.7 days in the aminocaproic acid group and 2.4 to 6.3 days in the placebo group among all participants. Two studies evaluated time to clear the initial hyphema after excluding participants who rebled (Crouch 1976; Kraft 1987). In both studies, the group receiving aminocaproic acid took longer to clear the initial hyphema than the group receiving placebo (4.0 days versus 2.8 days in Crouch 1976, and 5.3 days versus 2.6 days in Kraft 1987). In Kraft 1987, the time to resolution appeared to be associated with initial hyphema severity, with larger initial hyphemas taking longer to resolve. The longer resolution times for drug-treated groups were statistically significant as reported in the Kraft and Teboul studies individually; however, there were insufficient data to perform a meta-analysis. In contrast, in McGetrick 1983, the mean time to resolution was longer in the placebo than in the aminocaproic acid group. We graded the certainty of evidence for time to resolution of primary hemorrhage as low, downgrading for imprecision and indirectness (Summary of findings for the main comparison).

#### Risk of secondary hemorrhage

All RCTs comparing systemic aminocaproic acid versus placebo reported results on the risk of secondary hemorrhage. Participants assigned to the systemic aminocaproic acid group experienced a secondary hemorrhage less often than participants in the placebo group (RR 0.28, 95% CI 0.13 to 0.60; Analysis 1.5). Because an intention-to-treat analysis was not performed in two studies of systemic aminocaproic acid, each of which excluded one participant from analysis (Kutner 1987; McGetrick 1983), we performed a sensitivity analysis to assess the effect of excluding these studies. This resulted in an inconclusive effect of aminocaproic acid (RR 0.43, 95% CI 0.17 to 1.08). We graded the certainty of evidence for risk of secondary hemorrhage as low, downgrading for inconsistency and indirectness (Summary of findings for the main comparison).

Of the six studies comparing systemic aminocaproic acid versus placebo, four excluded people with sickle cell trait (Kraft 1987; Kutner 1987; McGetrick 1983; Teboul 1995). Crouch 1976 reported

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that eight participants had sickle cell trait, although the trial investigators do not say to which group these participants were assigned. The one participant who had a secondary hemorrhage in the aminocaproic acid group and two of the nine participants who had a secondary hemorrhage in the placebo group also had sickle cell trait. Of the eight participants with sickle cell trait, five rebled.

Almost all studies reported initial hyphema severity, mostly by the proportion of anterior chamber filled with blood or by the height of the hyphema in millimeters. There did not appear to be any overall pattern in the proportion of participants who had a secondary hemorrhage within groups defined by initial hyphema severity (Table 2). Two studies reported that all secondary hemorrhages occurred in initially less severe hyphemas (Kutner 1987; Teboul 1995), while one study found evidence of a higher proportion of secondary hemorrhages when the initial hyphema was more severe (Kraft 1987).

#### Time to rebleed

Five of the six studies that studied systemic aminocaproic acid reported data on the time between the initial injury and a secondary hemorrhage (Analysis 1.6). Of the 10 participants who had a secondary hemorrhage in Crouch 1976, the one participant in the aminocaproic acid group rebled on day one, and the nine placebo-treated participants rebled between days two and seven. Of the three participants in Kraft 1987 who experienced a secondary hemorrhage, the two treated with aminocaproic acid had a rebleed on days three and four, and the placebo-treated participant rebled on day four. All three participants who rebled in Kutner 1987 were in the placebo group and rebled on day two. In the one aminocaproic acid-treated participant who rebled in McGetrick 1983, the secondary hemorrhage occurred on day four, and three of the five participants in the placebo group rebled on day three, one on day five, and one on day six. Of the three participants who rebled in Teboul 1995, one rebled on day two (placebo); one rebled on day six (aminocaproic acid); and one rebled on day seven (placebo).

Overall, there appeared to be little difference in the time for a secondary hemorrhage to occur, although the small numbers of events make statistical testing unreliable. We graded the certainty of evidence for time to secondary hemorrhage as low, downgrading for imprecision and indirectness.

#### Risk of corneal blood stain

One study examining oral aminocaproic acid reported outcomes for corneal blood stain (Crouch 1976). Two participants in the placebo group who also had secondary hemorrhages required surgery "due to increased intraocular pressure and early corneal bloodstaining" (RR 0.17, 95% Cl 0.01 to 3.39; Analysis 1.7; Table 3). We graded the certainty of evidence for corneal blood stain as low, downgrading for imprecision and indirectness.

#### Risk of peripheral anterior synechiae formation

Crouch 1976 reported that 14 participants in the study cohort experienced PAS formation. The difference between groups was reported to be non-significant, although the number of participants for each group was not reported (Table 4).

#### Risk of glaucoma or elevated intraocular pressure

Three studies reported the number of participants with elevated IOP in the systemic aminocaproic acid and placebo groups (Kraft

1987; Kutner 1987; Teboul 1995). None of the studies included participants with sickle cell disease/trait (Analysis 1.8). Of these three studies, one (Teboul 1995) reported that six participants (three in each group) developed transient increases in IOP that did not persist following discharge (RR 0.96, 95% CI 0.18 to 5.00). In the remaining two studies, the investigators reported that participants had IOP greater than 25 mmHg at follow-up, with Kraft 1987 reporting that two participants (one in each group) had elevated IOP, and Kutner 1987 reporting that four participants (one in the aminocaproic acid group and three in the control group) had elevated IOP at time of discharge (summary RR 0.38, 95% CI 0.08 to 1.82; Analysis 1.9; Table 5). We graded the certainty of evidence for IOP as low, downgrading for imprecision and indirectness.

#### **Risk of optic atrophy**

Crouch 1976 reported that two participants (7.4%) in the placebo group and no participants in the aminocaproic acid group developed optic atrophy (RR 0.17, 95% CI 0.01 to 3.39; Analysis 1.10; Table 6). We graded the certainty of evidence for optic atrophy as low, downgrading for imprecision and indirectness.

#### Adverse effects

Adverse events occurred significantly more often in participants treated with oral aminocaproic acid than in participants who received placebo (RR 8.60, 95% CI 2.09 to 35.50; Analysis 1.11). We graded the certainty of evidence as moderate, downgrading for imprecision (Summary of findings for the main comparison). In addition to increased nausea and vomiting in the aminocaproic acid group, McGetrick 1983 reported that two participants experienced diarrhea and one participant had muscle cramps (Table 7). No participants in Kutner 1987 had diarrhea or muscle cramps, but 10 (45%) of the participants in the aminocaproic acid group had at least one complication compared with only one participant (8%) in the placebo group. Complications other than nausea and vomiting reported in Kutner 1987 included lightheadedness and systemic hypotension.

#### **Quality of life outcomes**

No study reported any quality of life outcomes.

#### Economic outcomes

Two studies reported duration of hospitalization, although insufficient details were provided to perform a meta-analysis (Analysis 1.12). McGetrick 1983 reported that the mean duration of hospitalization was 5.7 days for the aminocaproic acid group and 7.3 days for the placebo group; the difference was not statistically significant. This trend was the reverse in Teboul 1995, in which the aminocaproic acid group had a longer hospital stay (7.3 days) compared with the placebo group (5.4 days) (P < 0.001).

#### Topical antifibrinolytics versus control

Two studies evaluated topical aminocaproic acid versus placebo (Karkhaneh 2003; Pieramici 2003). We assessed both studies as at overall low risk of bias.

#### Visual acuity

Pieramici 2003 reported that 10 of 24 (42%) participants in the topical aminocaproic acid group and 13 of 27 (48%) participants in the placebo group had VAs of 20/40 or better seven days after study enrollment (RR 0.87, 95% CI 0.47 to 1.60; Analysis 2.1). We graded

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the certainty of evidence for short-term visual acuity outcomes as low, downgrading two levels for imprecision (Summary of findings 2).

Karkhaneh 2003 did not report on the proportion of participants with good VA, but did report that there was no significant difference in VA between topical aminocaproic acid-treated participants and placebo-treated participants after two weeks of follow-up.

Neither study reported long-term VA or final VA outcomes.

#### Time to resolution of primary hemorrhage

The mean time to resolution of primary hemorrhage in participants receiving topical aminocaproic acid in Karkhaneh 2003 was 11.1 days (standard deviation (SD) 4.7) versus 9.3 days (SD 4.2) in participants in the placebo group receiving gel and 9.5 days (SD 3.9) in the placebo group not receiving get. Pieramici 2003 reported no significant difference in time to clearance of the primary hyphema between topical aminocaproic acid-treated participants and placebo-treated participants. However, these studies included all participants, including those with a secondary hemorrhage (Analysis 2.2). We graded the certainty of evidence for resolution of primary hemorrhage as low, downgrading for inconsistency and indirectness (Summary of findings 2).

#### Risk of secondary hemorrhage

Participants receiving topical aminocaproic acid experienced a secondary hemorrhage less often than participants receiving placebo (RR 0.48, 95% Cl 0.20 to 1.10; Analysis 2.3). Pieramici 2003 reported that two participants in the aminocaproic acid group and one in the placebo group had sickle cell trait, but they did not report on the rebleed rate for participants with sickle cell trait/ disease. Karkhaneh 2003 reported no effect of initial hyphema size on secondary hemorrhages. We graded the certainty of evidence for secondary hemorrhage as low, downgrading for imprecision and indirectness (Summary of findings 2).

#### Time to rebleed

The mean time to rebleed in the five participants receiving topical aminocaproic acid who rebled in Karkhaneh 2003 was 3.2 days (SD 0.5) versus 3.0 days (SD 0.8) in the seven participants who rebled in the placebo group (P = 0.18). Pieramici 2003 reported that of the participants in their study who rebled, those receiving topical aminocaproic acid took longer to rebleed (one participant on day six) compared with those receiving placebo (eight participants; range in days two to six). However, this result was observed after the exclusion of one participant in the aminocaproic acid group who had taken aspirin and rebled on day three. Overall, there appeared to be little difference in the time for a secondary hemorrhage to occur, although the small numbers of events make statistical testing unreliable (Analysis 2.4).

#### Risk of corneal blood stain

Neither study reported outcomes for corneal blood stain.

#### Risk of peripheral anterior synechiae formation

Neither study reported outcomes for PAS formation.

#### Risk of glaucoma or elevated intraocular pressure

Pieramici 2003 reported the number of participants receiving aminocaproic acid who had elevated IOP during the seven-day trial compared with participants receiving placebo (RR 2.25, 95% CI 0.22 to 23.28; Analysis 2.5). This study enrolled three participants (6%) with sickle cell disease/trait, but it was not clear if any of these participants developed elevated IOP. Karkhaneh 2003 reported no significant differences in initial or final IOP between treatment groups (Table 5). We graded the certainty of evidence for IOP outcomes as low, downgrading two levels for imprecision.

#### **Risk of optic atrophy**

Neither study reported outcomes for optic atrophy.

#### Adverse effects

Systemic hypotension was observed in 13% of participants in the topical aminocaproic acid group versus 11% of participants in the placebo group in Pieramici 2003 (Table 7). Karkhaneh 2003 did not report adverse events.

#### **Quality of life outcomes**

Neither study reported any quality of life outcome.

#### **Economic outcomes**

Neither study reported any economic outcome.

#### Low- versus standard-dose aminocaproic acid

Only one study compared low-dose (50 mg/kg) versus standard dose (100 mg/kg) of oral aminocaproic acid (Palmer 1986), therefore we did not perform meta-analyses for any outcome.

#### Visual acuity

Although "final" VA was measured, the time from injury to final VA was not reported. Final VAs of 20/40 or better were attained by 16 of 25 (64.0%) participants receiving low-dose aminocaproic acid and by 25 of 32 (78.1%) participants receiving standard-dose aminocaproic acid (RR 0.82, 95% CI 0.58 to 1.16; Analysis 3.1). We graded the certainty of evidence for final VA as low, downgrading for imprecision and indirectness.

## Time to resolution of primary hemorrhage

No significant difference was reported between groups regarding time to resolution of the primary hemorrhage (mean difference (MD) -0.14 days, 95% CI -1.24 to 0.96). The mean time for resolution of the primary hemorrhage was 3.1 days (SD 2.3) in the low-dose group and 3.3 days (SD 1.8) in the standard-dose group (Analysis 3.2). We graded the certainty of evidence as moderate, downgrading for imprecision.

#### Risk of secondary hemorrhage

The investigators reported that one of 25 (4.0%) eyes receiving lowdose aminocaproic acid rebled, and five of 33 (15.2%) eyes receiving standard-dose aminocaproic acid rebled (RR 0.26, 95% CI 0.03 to 2.12; Analysis 3.3). Participants with sickle cell trait were excluded from this study, and there did not appear to be an effect of initial hyphema severity on the rate of secondary hemorrhage (Table 2). We graded the certainty of evidence for secondary hemorrhage as low, downgrading two levels for imprecision.

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#### Time to rebleed

The one participant who rebled in the low-dose group rebled on day four. Of the five participants who rebled in the standard-dose group, one did so on day two, two on day three, and two on day six (Analysis 3.4).

# Risk of corneal blood stain

Palmer 1986 did not report this outcome.

### Risk of peripheral anterior synechiae formation

Palmer 1986 did not report this outcome.

## Risk of glaucoma or elevated intraocular pressure

No participant in the low-dose group and two participants in the standard-dose group experienced elevated IOP requiring surgical intervention (RR 0.25, 95% CI 0.01 to 5.06; Analysis 3.5; Table 5). We graded the certainty of evidence for IOP outcomes as low, downgrading two levels for imprecision.

#### **Risk of optic atrophy**

Palmer 1986 did not report this outcome.

#### Adverse effects

Adverse events reported between groups are summarized in Analysis 3.6 and Table 7. Nausea or vomiting was reported in five participants in the low-dose group and nine participants in the standard-dose group. Dizziness and hypotension were reported in five participants and syncope in two participants in the standarddose group. Other adverse events in the low-dose group included diarrhea and dry mouth or nose, each with one participant. Rash or pruritis was reported in one participant in the low-dose group and two participants in the standard-dose group. We graded the certainty of evidence for adverse events as low, downgrading two levels for imprecision.

# **Quality of life outcomes**

No study reported any quality of life outcome.

#### **Economic outcomes**

The mean hospital stay was 5.4 days (SD 1.1) in the low-dose group and 5.5 days (SD 1.4) in the standard-dose group (MD -0.10, 95% CI -0.75 to 0.55; Analysis 3.7). We graded the certainty of evidence as moderate, downgrading for imprecision.

# Systemic versus topical aminocaproic acid

One study compared systemic versus topical aminocaproic acid (Crouch 1997).

#### Visual acuity

Final VAs of 20/40 or better were attained by 20 of 29 (85.7%) participants receiving systemic aminocaproic acid and 30 of 35 (69.0%) participants receiving topical aminocaproic acid (RR 0.80, 95% CI 0.61 to 1.06; Analysis 4.1). We graded the certainty of evidence for final VA as low, downgrading for imprecision and indirectness.

#### Time to resolution of primary hemorrhage

Crouch 1997 did not report this outcome.

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#### Risk of secondary hemorrhage

One of 29 (3%) eyes in the oral group versus one of 35 (3%) eyes in the topical group had a secondary hemorrhage (RR 1.21, 95% CI 0.08 to 18.46; Analysis 4.2). Two participants in each of the treatment groups had sickle cell trait, but there was no report on the rate of secondary hemorrhage by this condition or by initial hyphema severity. We graded the certainty of evidence for secondary hemorrhage as low, downgrading two levels for imprecision.

#### Time to rebleed

Crouch 1997 reported that the secondary hemorrhage in the participant in the systemic aminocaproic acid group occurred on day three, and the secondary hemorrhage in the participant in the topical aminocaproic acid group occurred on day five.

# Risk of corneal blood stain

No incident of corneal blood staining was reported in either treatment group (Table 3).

#### Risk of peripheral anterior synechiae formation

Crouch 1997 reported that four participants experienced PAS formation, but the number of participants for each group was not reported.

## Risk of glaucoma or elevated intraocular pressure

Crouch 1997 did not report this outcome.

#### **Risk of optic atrophy**

No incident of optic atrophy was reported in either treatment group (Table 6).

# Adverse effects

There were no significant differences between groups in adverse events reported (Analysis 4.3; Table 7; Table 8). Of the 35 participants in the topical aminocaproic acid group, four reported feeling a conjunctival or corneal foreign body sensation; three experienced transient punctate corneal staining; and one had dizziness, nausea, and vomiting on two occasions. Five of the 29 participants in the systemic aminocaproic acid group had dizziness, nausea, and vomiting. We graded the certainty of evidence for adverse events as low, downgrading two levels for imprecision.

#### Quality of life outcomes

Crouch 1997 did not report any quality of life outcome.

#### Economic outcomes

Crouch 1997 did not report any economic outcome.

#### Tranexamic acid versus control

We analyzed data from five studies reporting results comparing tranexamic acid versus control (Rahmani 1999; Sukumaran 1988; Vangsted 1983; Varnek 1980; Welsh 1983). Three studies were RCTs, and two were quasi-randomized controlled clinical trials.

# Visual acuity

Four studies reported short-term VA. Rahmani 1999 measured VA at the time of discharge (range five to 15 days); 41 of 77 (57%)



participants in the tranexamic acid group had VA of 20/40 or better compared with 35 of 79 (44%) participants in the placebo group. Sukumaran 1988 reported that all participants had a final VA of 20/30 or better with the exception of one participant in the control group. The time of measurement for final VA was not reported, but participants were followed up for only one week. Vangsted 1983 reported that all 59 participants in the tranexamic acid group had VA between 20/20 and 20/40 two weeks after the initial trauma. All 53 participants in the control group had VA between 20/20 and 20/50 two weeks after the initial trauma. A meta-analysis of these three studies showed no effect to a slightly beneficial effect of tranexamic acid (RR 1.11, 95% CI 0.98 to 1.25; Analysis 5.1). In addition, Varnek 1980 reported mean VAs of 0.9 in both the tranexamic acid and control groups at day five after the trauma. Welsh 1983 did not report VA. We graded the certainty of evidence for short-term VA as low, downgrading for risk of bias and imprecision (Summary of findings 3).

#### Time to resolution of primary hemorrhage

Five studies reported time to resolution of primary hemorrhage (Analysis 5.2). Rahmani 1999 found no significant difference for time to primary resolution between participants receiving tranexamic acid (mean 4.0 days, SD 2.2) and those receiving placebo (mean 3.7 days, SD 1.6), after excluding participants who had secondary hemorrhages. Sukumaran 1988 also found no difference in time to resolution between groups, but included participants with and without secondary hemorrhages in the analysis (tranexamic group: mean 4.6, SD 2.4; control group: mean 3.9, SD 2.4). Vangsted 1983 reported a delay in resolution in the tranexamic acid group. Although Welsh 1983 did not report time to resolution of the primary hyphema directly, the investigators estimated the daily rate of improvement in the hyphema by calculating the geometric mean of the per cent area of the hyphema remaining at each day following injury; these calculations indicated that tranexamic acid-treated hyphemas cleared faster than those treated with placebo. We graded the certainty of evidence for time to resolution as very low, downgrading for risk of bias, inconsistency, and indirectness (Summary of findings 3).

#### Risk of secondary hemorrhage

All five studies reported the risk of a secondary hemorrhage (Analysis 5.3). Using a fixed-effect model, the summary RR comparing oral tranexamic acid to placebo or control was 0.31 (95% CI 0.17 to 0.55). We graded the certainty of evidence for secondary hemorrhage as low, downgrading for risk of bias and indirectness (Summary of findings 3).

No study evaluating tranexamic acid reported on the presence of sickle cell trait. Two of the studies had all-white populations, thus it is unlikely any participant would have had this condition (Rahmani 1999; Varnek 1980). Although all investigators reported initial hyphema severity, only Rahmani 1999 reported the proportion of secondary hemorrhages in groups defined by the severity of the initial hyphema, finding no effect of severity on rebleed rate (Table 2). Varnek 1980 reported that the initial size of the hyphemas that underwent secondary hemorrhage was 1.0 mm (one secondary hemorrhage) in the study group and 2.2 mm (12 secondary hemorrhages) in the control group.

#### Time to rebleed

Three studies reported the time interval between the initial injury and the time of the secondary hemorrhage (Analysis 5.4). In Rahmani 1999, the mean time to rebleed in eight participants who experienced a secondary hemorrhage in the tranexamic acid group was 3.4 days (SD 0.7) compared with 3.8 days (SD 1.0) in the 21 participants who rebled in the placebo group. This difference was reported as not significant. In Sukumaran 1988, rebleeding occurred between days two and three in the participants who rebled in both groups, and Varnek 1980 reported that the secondary hemorrhage took place at day three in the two participants in the tranexamic group who experienced this event, and that time to rebleed ranged from day two to day seven in the 12 participants who rebled in the control group. We graded the certainty of evidence as low, downgrading for risk of bias and imprecision.

#### Risk of corneal blood stain

Two studies reported corneal blood staining as an outcome (Analysis 5.5; Table 3). Vangsted 1983 observed corneal blood staining in one participant of 53 in the control group, and Varnek 1980 reported observing no corneal bleeding in either the tranexamic acid group or the placebo group.

#### Risk of peripheral anterior synechiae formation

No study comparing tranexamic acid with control reported this outcome.

#### Risk of glaucoma or elevated intraocular pressure

Four of the five studies for this comparison reported the number of participants with transient increases in IOP in each group following the treatment period (Rahmani 1999; Vangsted 1983; Varnek 1980; Welsh 1983). None of the studies reported including participants with sickle cell disease/trait. Rahmani 1999 defined elevated IOP as greater than 21 mmHg during the hospital stay and requiring medical or surgical treatment, or both. Vangsted 1983 and Varnek 1980 defined transient elevated IOP as 25 mmHg or greater. Welsh 1983 did not define IOP by a pressure level but stated that three participants required surgery for elevated IOP. The summary RR was 1.20 (95% CI 0.73 to 1.98) when comparing tranexamic acid versus control (Analysis 5.6; Table 5). In addition, Vangsted 1983 reported no instances of secondary glaucoma. We graded the certainty of evidence for elevated IOP as low, downgrading for risk of bias and imprecision.

#### **Risk of optic atrophy**

Varnek 1980 reported one incident of optic atrophy in the tranexamic acid group and no incidents in the placebo group (Table 6).

# Adverse effects

Two studies reported adverse effects (Analysis 5.7; Table 7). Welsh 1983 reported that one of 19 participants receiving tranexamic acid complained of nausea. Rahmani 1999 reported that medical staff observed no adverse events in either the drug-treated or the control group.

#### Quality of life outcomes

No study reported any quality of life outcome.

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#### Economic outcomes

Three studies reported on length of hospitalization (Analysis 5.8). Rahmani 1999 reported that the mean hospital stay was six days (SD 1.6) for participants in the tranexamic acid group and 6.3 days (SD 1.8) for participants in the control group. This difference was not significant. In Vangsted 1983, the mean length of hospitalization for the tranexamic acid group was six days compared with seven days for the control group. Varnek 1980 reported that the length of hospitalization for the tranexamic acid group was 6.8 days compared with 6.5 days for the control group.

One study reported the mean number of days off work (Vangsted 1983). The mean period off work for the tranexamic acid group was 17 days compared with 20 days for the control group. We graded the certainty of evidence for duration of hospitalization as low, downgrading for risk of bias and inconsistency.

#### Aminomethylbenzoic acid versus placebo

We did not perform meta-analysis because only one study compared aminomethylbenzoic acid with placebo (Liu 2002).

# Visual acuity

Liu 2002 did not report this outcome.

#### Time to resolution of primary hemorrhage

Liu 2002 did not report this outcome.

# Risk of secondary hemorrhage

Liu 2002 reported that participants treated with oral aminomethylbenzoic acid were less likely to rebleed compared with participants treated with placebo (RR 0.10, 95% CI 0.02 to 0.41; Analysis 6.1). We graded the certainty of evidence for secondary hemorrhage as low, downgrading for risk of bias and indirectness.

# Time to rebleed

Liu 2002 did not report this outcome.

#### Risk of corneal blood stain

Liu 2002 did not report this outcome.

#### Risk of peripheral anterior synechiae formation

Liu 2002 did not report this outcome.

# Risk of glaucoma or elevated intraocular pressure

Liu 2002 did not report this outcome.

#### **Risk of optic atrophy**

Liu 2002 did not report this outcome.

#### Adverse events

Of the 60 participants who received oral aminomethylbenzoic acid, seven reported nausea and vomiting; adverse events for the placebo group were not reported (Table 7).

# **Quality of life outcomes**

Liu 2002 did not report any quality of life outcome.

# Economic outcomes

Liu 2002 did not report any economic outcome.

#### **Corticosteroids versus control**

#### Visual acuity

Two studies compared systemic corticosteroids versus placebo. Visual acuity outcomes between studies could not be combined because they were assessed at different follow-up times, and participants were divided by cut points into different levels of VA. In Rahmani 1999, short-term VA was compared for participants in each treatment group. At time of discharge (range five to 12 days), 40 of 75 (53%) participants in the corticosteroid group had VA of 20/40 or better compared with 35 of 80 (44%) participants in the placebo group. These results were not statistically different (RR 1.22, 95% CI 0.88 to 1.99; Analysis 7.1) Spoor 1980 reported that 21 of 23 (91%) participants in the prednisone group achieved final VA between 20/20 and 20/50 compared with 18 of 20 (90%) participants in the placebo group (RR 1.01, 95% CI 0.84 to 1.23; Analysis 7.2). We graded the certainty of evidence for variable-length VA as low, downgrading for indirectness and imprecision. We graded the certainty of evidence for short-term VA as low, downgrading for indirectness and imprecision (Summary of findings 4).

Two studies administering topical corticosteroids reported shortterm VA. Again, the VA outcomes could not be combined because different cut points were used across studies (Rakusin 1972; Zetterstrom 1969). Rakusin 1972 reported that six of 13 (46%) participants assigned to corticosteroid eyedrops and 13 of 21 (62%) participants assigned to control eyedrops achieved short-term VA better than 20/60 (RR 0.75, 95% CI 0.38 to 1.47; Analysis 7.3). We graded the certainty of the evidence for short-term visual acuity as very low, downgraded for imprecision, indirectness, and risk of bias. Zetterstrom 1969 reported that 56 of 58 (97%) participants in the corticosteroid group had final VA of 0.9 (between 20/20 and 20/25), and 53 of 59 (90%) in the control group achieved VA better than 0.7 (about 20/30). At discharge, mean VA in the group assigned to corticosteroids was 0.96, compared with 0.91 in the control group (RR 1.02, 95% CI 0.94 to 1.11; Analysis 7.4). We graded the certainty of the evidence for VA at discharge as low, downgrading for imprecision and risk of bias (Summary of findings 4).

# Time to resolution of primary hemorrhage

Two studies evaluated the effect of systemic corticosteroids on time to resolution of the hyphema (Analysis 7.5). In Spoor 1980, the authors reported means of 4.4 days and 4.5 days for the resolution of primary hemorrhage in groups receiving prednisone and placebo, respectively. This result remained non-significant when participants who rebled were excluded from the analysis. Spoor 1980 reported that time to resolution was shorter in hyphemas that were initially less severe (Table 2). Rahmani 1999 also found no significant difference for time to resolution of primary hemorrhage in participants without a secondary hemorrhage between the prednisolone group (mean 3.5 days, SD 1.8) and the placebo group (mean 3.7 days, SD 1.6). We graded the certainty of evidence for time to resolution of primary hemorrhage as low, downgrading for indirectness and imprecision. In the one study evaluating topical corticosteroids that measured time to resolution of primary hemorrhage (Summary of findings 4). Rakusin 1972 reported that the primary hyphema was resolved within one week in 10 of 13 (77%) participants assigned to corticosteroid

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eyedrops and in 16 of 21 (76%) participants assigned to the control group (Analysis 7.6). We graded the certainty of evidence as very low, downgrading for indirectness, imprecision, and risk of bias (Summary of findings 4).

#### Risk of secondary hemorrhage

We analyzed data from two studies evaluating systemic corticosteroids and reporting results for the risk of secondary hemorrhage (Rahmani 1999; Spoor 1980). Using a fixed-effect model, the summary RR comparing oral corticosteroids to placebo was 0.68 (95% CI 0.39 to 1.18; Analysis 7.7); however, this was not an intention-to-treat analysis due to missing data from the exclusion of four participants by Rahmani 1999. We graded the certainty of evidence for risk of secondary hemorrhage as low, downgrading for indirectness and imprecision (Summary of findings 4). A meta-analysis of secondary hemorrhage including data from Rakusin 1972 (topical corticosteroids versus placebo eyedrops) and Zetterstrom 1969 (topical corticosteroids versus complete bed rest with no simultaneous local therapy) did not show a statistically significant difference (RR 0.29, 95% CI 0.05 to 1.53; Analysis 7.8). We graded the certainty of evidence as very low, downgrading for indirectness, imprecision, and risk of bias (Summary of findings 4).

None of the four studies reported on the presence of sickle cell trait.

Rahmani 1999 observed no effect of initial hyphema severity on the proportion of participants with a secondary hemorrhage, but Spoor 1980 found that there was a lower proportion of secondary hemorrhages in participants with hyphemas that were initially less severe (2/38 (13%) versus 2/5 (40%), where severity was defined as blood filling one-third versus more than one-third of the anterior chamber) (Table 2).

#### Time to rebleed

In Rahmani 1999, rebleeding occurred a mean of 3.2 days (SD 0.8) from the time of trauma in the 14 participants who rebled in the prednisolone group and 3.8 days (SD 1.0) in the 21 participants who rebled in the placebo group. This difference was reported as not significant. In Spoor 1980, the mean time to rebleed in three participants who experienced a secondary hemorrhage in the prednisone group was 2.3 days compared with 2.6 days in the four participants who rebled in the placebo group. As in Rahmani 1999, this difference was not significant (Analysis 7.9).

#### Risk of corneal blood stain

One of 43 participants included in Spoor 1980 experienced corneal blood staining. The study group in which the blood stain occurred was not reported (Analysis 7.10). In Zetterstrom 1969, one participant in the control group experienced corneal blood staining compared with no participants in the group receiving corticosteroid eyedrops (RR 0.34, 95% CI 0.01 to 8.15; Analysis 7.11).

Complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were documented among participants in Rakusin 1972. The study reported that 54% of participants in the corticosteroid group had complications compared with 70% of participants in the control group, although this difference was not

significant, and the risk of corneal blood staining was not reported separately (Table 3).

#### Risk of peripheral anterior synechiae formation

Spoor 1980 reported that there was no instance of PAS formation in either group (Analysis 7.12; Table 4).

#### Risk of glaucoma or elevated intraocular pressure

Rahmani 1999 reported that nine (11.5%) of 78 participants in the prednisolone group and 12 (15%) of 80 participants in the placebo group had an IOP greater than 21 mmHg during hospitalization that required medical treatment, surgical treatment, or both. Two participants in Spoor 1980 had elevated IOP that was controlled by acetazolamide therapy alone, one each in the prednisolone and the control group. No participant in this cohort had IOP greater than 35 mmHg (RR 0.78, 95% CI 0.36 to 1.68; Analysis 7.13). Five participants in Zetterstrom 1969 developed "elevated" IOP (undefined), three of 58 in the topical corticosteroids group and two of 59 in the control group (RR 1.53, 95% CI 0.26 to 8.80; Analysis 7.14). This information is included in Table 5.

#### **Risk of optic atrophy**

Zetterstrom 1969 reported one incident of optic atrophy in the 58 participants assigned to topical corticosteroid eyedrops (RR 3.05, 95% CI 0.13 to 73.39; Analysis 7.15).

#### Adverse effects

Rahmani 1999 reported that medical staff observed no adverse events in either the drug-treated or control group.

#### **Quality of life outcomes**

No study reported any quality of life outcome.

#### Economic outcomes

In Rahmani 1999, participants treated with prednisolone were hospitalized a mean of 5.9 days (SD 1.4); those treated with placebo were hospitalized a mean of 6.3 days (SD 1.8). The mean difference between groups was -0.40 days (95% CI -0.90 to 0.10) (Analysis 7.16).

Zetterstrom 1969 reported the duration of hospitalization: the mean length of stay for participants assigned to corticosteroid drops was 5.9 days compared with 8.9 days for participants assigned to the control group (Analysis 7.17).

#### Systemic aminocaproic acid versus systemic prednisone

#### Visual acuity

We performed no meta-analysis because only one study compared systemic aminocaproic acid versus systemic prednisone (Farber 1991). After five days of hospitalization, 10 of 56 (18%) participants in the aminocaproic acid group had short-term VA of 20/200 or worse compared with seven of 56 (12.5%) participants in the prednisone group. These results were not statistically different (RR 0.84, 95% CI 0.58 to 1.2; Analysis 8.1). Likewise, there was no difference in final VA of 20/40 or better between groups (26 of 56 (46%) participants in the aminocaproic acid group and 31 of 56 (55%) participants in the prednisone group).

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#### Time to resolution of primary hemorrhage

Farber 1991 did not follow participants past discharge and so did not report on time to resolution of the primary hyphema. However, they did report that "at discharge" (mean time to discharge = five days) 43% of participants in the aminocaproic acid group compared with 75% of participants in the prednisone group had complete resolution of their hyphema. This difference was statistically significant (P = 0.001).

#### Risk of secondary hemorrhage

The risk of secondary hemorrhage was equal for both groups, four eyes out of 56 eyes per group (RR 1.00, 95% CI 0.26 to 3.80; Analysis 8.2). Participants with sickle cell trait/disease were excluded from this study. Initial hyphema severity did not appear to have an influence on rate of secondary hemorrhage (Table 2).

#### Time to rebleed

Farber 1991 did not report this outcome.

#### Risk of corneal blood stain

Farber 1991 did not report this outcome.

#### Risk of peripheral anterior synechiae formation

Farber 1991 did not report this outcome.

#### Risk of glaucoma or elevated intraocular pressure

No significant differences were reported for mean IOPs at time of discharge between groups.

# Risk of optic atrophy

Farber 1991 did not report this outcome.

#### Adverse events

Farber 1991 reported that no participant experienced any adverse event (Analysis 8.3).

# **Quality of life outcomes**

Farber 1991 did not report this outcome.

#### **Economic outcomes**

Farber 1991 reported an overall mean duration of hospitalization of five days across both treatment groups.

#### Conjugated estrogen versus placebo

#### Visual acuity

Visual acuity at time of discharge was partially reported by the one study that compared conjugated estrogen versus placebo (Spaeth 1966). Among all participants, 61% had VA better than 6/12; 30% had VA better than 6/60; and 9% had VA of 6/60 or worse at time of discharge. These results were not reported by treatment group. We graded the certainty of evidence for visual acuity as moderate, downgrading for imprecision.

# Time to resolution of primary hemorrhage

Spaeth 1966 did not report this outcome.

#### Risk of secondary hemorrhage

Spaeth 1966 reported that 10 of 39 estrogen-treated participants rebled (25.6%), and 10 of 46 placebo-treated participants rebled (21.7%). These results were not statistically different (RR 1.18, 95% CI 0.55 to 2.54; Analysis 9.1).

Spaeth 1966 did not report on the presence of sickle cell trait/ disease. The risk of secondary hemorrhage by initial hyphema severity did not appear to differ across severity ratings (Table 2).

### Time to rebleed

The time to rebleed among all participants was a mean of 3.5 days after injury, with a range of one to eight days. These results were not reported by treatment group.

#### Risk of corneal blood stain

In the estrogen group, two of 39 (5%) participants had corneal blood staining compared with two of 46 (4%) participants in the placebo group (RR 1.18, 95% CI 0.55 to 7.99; Analysis 9.2).

#### Risk of peripheral anterior synechiae formation

Fifteen cases of PAS were reported among all participants. These results were not reported by treatment group (Table 4).

#### Risk of glaucoma or elevated intraocular pressure

Thirteen cases of secondary glaucoma were reported among all participants, four of which occurred prior to secondary hemorrhage (Table 5). These results were not reported by treatment group.

#### Risk of optic atrophy

Spaeth 1966 did not report this outcome.

#### Adverse events

Spaeth 1966 did not report this outcome.

#### **Quality of life outcomes**

Spaeth 1966 did not report any quality of life outcome.

#### **Economic outcomes**

Spaeth 1966 did not report this outcome.

# **Cycloplegics versus miotics**

Two studies evaluated the effect of cycloplegics compared with miotics (Bedrossian 1974; Rakusin 1972).

# Visual acuity

Rakusin 1972 reported that nine of 17 (53%) participants in the homatropine group and 11 of 17 (65%) participants in the pilocarpine group had short-term VA better than 20/60 (RR 0.82, 95% CI 0.46 to 1.45; Analysis 10.1). We graded the certainty of evidence for short-term VA as low, downgrading for imprecision and risk of bias (Summary of findings 5). Bedrossian 1974 did not report on VA.

#### Time to resolution of primary hemorrhage

Bedrossian 1974 reported a longer time to resolution with the pilocarpine group (mean 3.6 days, SD 1.3) compared with the atropine group (mean 2.7 days, SD 1.7), an MD of -0.82 days (95% CI

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-1.68 to -0.12; Analysis 10.2). The time to resolution showed a slight increase with larger size of initial hyphema (Table 2). In Rakusin 1972, there was no significant difference in the proportion of participants with absorption within one week between cycloplegic (12/17) and miotic (13/17) groups.

#### Risk of secondary hemorrhage

In Bedrossian 1974, only one participant experienced a secondary hemorrhage, who was in the cycloplegic group and had an initial hyphema height of 1 mm. The one participant with a secondary hemorrhage in Rakusin 1972 was in the group receiving homatropine. The meta-analysis combining results from these two studies was not significant (RR 1.03, 95% CI 0.15 to 6.99; Analysis 10.3; Table 2). We graded the certainty of the evidence as very low, downgrading for imprecision, risk of bias, and inconsistency (Summary of findings 5).

#### Time to rebleed

Bedrossian 1974 reported that the time to rebleed in the one participant with a secondary hyphema was two days (Analysis 10.4).

#### Risk of corneal blood stain

Rakusin 1972 reported that the number of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in all groups.

#### Risk of peripheral anterior synechiae formation

Rakusin 1972 reported that the number of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in all groups.

#### Risk of glaucoma or elevated intraocular pressure

Neither Bedrossian 1974 nor Rakusin 1972 reported this outcome.

#### **Risk of optic atrophy**

Neither Bedrossian 1974 nor Rakusin 1972 reported this outcome.

#### Adverse events

Neither Bedrossian 1974 nor Rakusin 1972 reported this outcome.

#### **Quality of life outcomes**

Neither Bedrossian 1974 nor Rakusin 1972 reported any quality of life outcome.

#### **Economic outcomes**

Neither Bedrossian 1974 nor Rakusin 1972 reported this outcome.

#### Aspirin versus observation

Only one study compared aspirin versus observation (Marcus 1988), therefore we did not perform a meta-analysis.

#### Visual acuity

Marcus 1988 did not report this outcome.

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#### Time to resolution of primary hemorrhage

Marcus 1988 did not report this outcome.

#### Risk of secondary hemorrhage

Marcus 1988 reported that three of 23 (13%) eyes in the aspirin group rebled, and two of 28 (7%) eyes in the observation group rebled. These results were not statistically different (RR 1.83, 95% CI 0.33 to 10.02; Analysis 11.1). The study investigators reported that two of the three eyes that rebled in the aspirin group initially had a total hyphema, while of the two eyes that rebled in the control group, one had an initial hyphema of 30% and one an "almost total" hyphema (Table 2).

#### Time to rebleed

Marcus 1988 did not report this outcome.

#### Risk of corneal blood stain

Marcus 1988 did not report this outcome.

#### Risk of peripheral anterior synechiae formation

Marcus 1988 did not report this outcome.

#### Risk of glaucoma or elevated intraocular pressure

Marcus 1988 did not report this outcome.

#### **Risk of optic atrophy**

Marcus 1988 did not report this outcome.

# Adverse events

Marcus 1988 did not report this outcome.

## **Quality of life outcomes**

Marcus 1988 did not report this outcome.

#### **Economic outcomes**

Marcus 1988 did not report this outcome.

#### **Traditional Chinese medicine versus control**

We did not perform a meta-analysis for traditional Chinese medicine versus control treatment since only one study evaluated these interventions (Wang 1994). The authors of Wang 1994 reported only one outcome: the proportion of participants who were "cured." The outcome of being cured was a composite outcome defined as the resolution of the primary hemorrhage after five days of treatment; VA of 0.7 or better after resolution of the primary hemorrhage; and no recurrence of bleeding for one week following resolution of the primary hemorrhage. One week after completing treatment, 29 of 45 (64%) participants in the traditional Chinese medicine group and 10 of 38 (26%) participants in the control group met these criteria for being "cured."

# Visual acuity

Wang 1994 did not report this outcome.

#### Time to resolution of primary hemorrhage

Wang 1994 did not report this outcome.

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### Risk of secondary hemorrhage

Wang 1994 did not report this outcome.

### Time to rebleed

Wang 1994 did not report this outcome.

### Risk of corneal blood stain

Wang 1994 did not report this outcome.

### Risk of peripheral anterior synechiae formation

Wang 1994 did not report this outcome.

### Risk of glaucoma or elevated intraocular pressure

Wang 1994 did not report this outcome.

### Risk of optic atrophy

Wang 1994 did not report this outcome.

### Adverse events

Wang 1994 did not report this outcome.

### **Quality of life outcomes**

Wang 1994 did not report this outcome.

### Economic outcomes

Wang 1994 did not report this outcome.

### Monocular versus binocular patching

We identified two studies that compared the use of monocular versus binocular patches (Edwards 1973; Rakusin 1972).

### Visual acuity

Rakusin 1972 reported that 22 of 26 (85%) participants in the monocular group compared with 24 of 27 (89%) participants in the binocular group had short-term VA better than 20/60 (RR 0.82, 95% CI 0.67 to 1.00; Analysis 12.1). Edwards 1973 reported that 21 of 26 (81%) participants in the monocular group compared with 20 of 20 (100%) participants in the binocular group had VA better than 20/50, although the time at which VA was measured was not specified (RR 0.95, 95% CI 0.77 to 1.18; Analysis 12.2). We graded the certainty of the evidence for both of these analyses of VA as low, downgrading for imprecision and risk of bias (Summary of findings 6). Edwards 1973 also reported that of participants with an initial hyphema filling less than one-third of the anterior chamber, 67% (28/42) had VA of 20/50 or better compared with 59% (13/22) of those with more severe hyphemas (Table 2).

### Time to resolution of primary hemorrhage

Rakusin 1972 reported that the primary hyphema was resolved within one week in 22 of 26 (85%) participants with monocular patching and in 24 of 27 (89%) participants with binocular patching.

### Risk of secondary hemorrhage

In Edwards 1973, there were eight participants each with a secondary hemorrhage from the group with a patch on both eyes (n = 35; 23%) and the group with a patch only on the injured eye (n = 29; 28%). The results from Rakusin 1972 also showed no difference

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between groups for risk of secondary hemorrhage (one of 26 (3.8%) in the group with a monocular patch and two of 27 (7.4%) in the group with binocular patches). Meta-analyzing these two studies produced an RR of 0.77 (95% CI 0.35 to 1.72; Analysis 12.3). The proportion of secondary hyphemas in Edwards 1973 was greater in participants with initially more severe hyphemas (32% (seven of 22)) than in those with an initial hyphema filling less than one-third of the anterior chamber (17% (seven of 42)) (Table 2).

### Time to rebleed

A mean of three days between injury and secondary hemorrhage was reported for eight participants in the group with a monocular patch as well as for eight participants in the group with binocular patches (Analysis 12.4) (Edwards 1973).

### Risk of corneal blood stain

One participant in each of the two treatment groups experienced corneal blood staining in Edwards 1973 (RR 0.83, 95% CI 0.95 to 12.68; Analysis 12.5).

Rakusin 1972 reported that the risk of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in both groups.

### Risk of peripheral anterior synechiae formation

Rakusin 1972 reported that the risk of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in both groups.

### Risk of glaucoma or elevated intraocular pressure

In Edwards 1973, three participants in the monocular patching group developed secondary glaucoma, while no participants in the binocular patching group developed secondary glaucoma (RR 5.83, 95% Cl 0.31 to 108.52; Analysis 12.6; Table 5).

### **Risk of optic atrophy**

Neither Edwards 1973 nor Rakusin 1972 reported this outcome.

### Adverse events

Neither Edwards 1973 nor Rakusin 1972 reported this outcome.

### **Quality of life outcomes**

Edwards 1973 noted no difference between groups on the "cooperation index," which included a number of outcomes including those associated with quality of life (pain, restlessness, activity, and emotional state while in the hospital).

### Economic outcomes

Neither Edwards 1973 nor Rakusin 1972 reported this outcome.

### Ambulatory versus conservative treatment

### Visual acuity

Two studies compared ambulatory (i.e. moderate activity allowed) versus conservative treatment, which comprised bed rest alone (Rakusin 1972), or bed rest with elevation of the head, bilateral



ocular patches, and a shield over the injured eye (Read 1974). In Read 1974, VA was not reported by treatment group, but the authors distinguished between poor VA due to the initial trauma and that due to secondary effects of the hyphema. They stated that poor VA due to hyphema occurred in nine of 71 (13%) participants in the ambulatory group compared with four of 66 (6%) participants in the conservative group. Overall, the proportion of participants with good VA was 104 of 137 (76%) with more participants in the ambulatory group having good VA. In Rakusin 1972, 22 of 26 (85%) participants in the ambulatory group had short-term VA better than 20/60 compared with 20 of 26 (77%) participants in the conservative group (RR 1.10, 95% CI 0.84 to 1.44; Analysis 13.1). We graded the certainty of the evidence as low, downgrading for imprecision and risk of bias (Summary of findings 6).

### Time to resolution of primary hemorrhage

Read 1974 reported a mean of 5.8 days between the initial injury and resolution of the hyphema in the ambulatory group compared with 5.6 days in the group receiving bed rest. However, Rakusin 1972 observed a significant difference in the speed of reabsorption. The primary hyphema was resolved within one week in 13 of 26 (50%) participants in the ambulatory group compared with 22 of 26 (85%) participants in the conservative group (Analysis 13.2). We graded the certainty of the evidence as low, downgrading for imprecision and risk of bias (Summary of findings 6).

### Risk of secondary hemorrhage

Eighteen of 71 (25%) participants in the ambulatory group and 12 of 66 (18%) participants in the group receiving bed rest developed a secondary hemorrhage in Read 1974. Rakusin 1972 reported only one secondary hemorrhage, which occurred in the conservatively treated group. Combining the results of the two trials showed no evidence of a treatment effect (RR 1.28, 95% CI 0.68 to 2.40; Analysis 13.3). We graded the certainty of this evidence as low, downgrading for imprecision and inconsistency (Summary of findings 6). In Read 1974, the proportion of participants with a secondary hemorrhage appeared to be smaller with more severe initial hyphemas (16 of 30 (53%) versus 14 of 90 (16%) for those with an initial hyphema filling less than one-third compared with one-third or more of the anterior chamber) (Table 2).

### Time to rebleed

Read 1974 reported that the majority of secondary hemorrhages occurred between days two and five following injury, although two secondary hemorrhages took place on day seven following the initial injury.

### Risk of corneal blood stain

Nine participants in Read 1974 developed corneal blood staining: five of 71 (7%) participants in the ambulatory group and four of 66 (6%) participants in the group receiving bed rest (RR 0.83, 95% CI 0.47 to 1.46; Analysis 13.4; Table 3).

Rakusin 1972 reported that the risk of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in both groups.

### Risk of peripheral anterior synechiae formation

Read 1974 did not report on this outcome. Rakusin 1972 reported that the risk of complications of hyphema, including corneal blood staining; pigment on endothelium, anterior lens capsule, or vitreous; posterior synechiae; PAS; anterior chamber blood clots; and fibrous membrane formation, were similar in both groups.

### Risk of glaucoma or elevated intraocular pressure

In Read 1974, 17 of the 71 (23.9%) participants in the group that was allowed moderate activity developed IOP of 25 mmHg or greater, while 19 of the 66 (28.8%) participants in the group assigned to bed rest developed an elevated IOP (RR 0.83, 95% CI 0.47 to 1.46; Analysis 13.5; Table 5).

### **Risk of optic atrophy**

Neither Rakusin 1972 nor Read 1974 reported this outcome.

### Adverse events

Neither Rakusin 1972 nor Read 1974 reported this outcome.

### **Quality of life outcomes**

Neither Rakusin 1972 nor Read 1974 reported this outcome.

### **Economic outcomes**

Neither Rakusin 1972 nor Read 1974 reported this outcome.

### Elevation of the head versus control

One study compared elevation of the head by assigning participants to a semi-reclined body position or to lying on their right or left side (Zi 1999).

### Visual acuity

Zi 1999 did not report this outcome.

### Time to resolution of primary hemorrhage

Time to resolution was compared by level of hyphema. The time to resolution was somewhat shorter for participants with their head elevated compared with those lying flat if the initial hyphema filled up to half of the anterior chamber, but longer if the blood filled more than half (level of blood < one-half of the anterior chamber: 1.7 days (n = 18) versus 2.8 days (n = 18); level of blood = one-half of the anterior chamber: 2.2 days (n = 6) versus 3.1 days (n = 13); level of blood > one-half of anterior chamber: 9.0 days (n = 11) versus 8.0 days (n = 8)) (Table 2).

### Risk of secondary hemorrhage

Zi 1999 did not report this outcome.

### Time to rebleed

Zi 1999 did not report this outcome.

### Risk of corneal blood stain

Zi 1999 did not report this outcome.

### Risk of peripheral anterior synechiae formation

Zi 1999 did not report this outcome.

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### Risk of glaucoma or elevated intraocular pressure

Fifteen participants developed secondary glaucoma, eight of 35 (23%) in the group in the semi-reclined position and seven of 39 (18%) in the group lying flat (Table 5) (Zi 1999).

### **Risk of optic atrophy**

Zi 1999 did not report this outcome.

### Adverse events

Zi 1999 did not report this outcome.

### **Quality of life outcomes**

Zi 1999 did not report this outcome.

### **Economic outcomes**

Zi 1999 did not report this outcome.

### DISCUSSION

### Summary of main results

We included 27 studies in this review, of which 20 were RCTs and seven used a quasi-randomized method to assign participants to treatment groups. The primary outcome for all but three studies was the risk of a secondary hemorrhage. The primary outcomes for this review were VA and time to resolution of primary hemorrhage. Secondary outcomes for this review were sequelae of the traumatic hyphema, including risk of and time to rebleed, risk of corneal blood staining, risk of PAS formation, risk of pathologic increase in IOP or glaucoma development, and risk of optic atrophy development.

### Antifibrinolytic agents

The use of antifibrinolytic agents such as aminocaproic acid and tranexamic acid in traumatic hyphema is controversial because while they are reported to reduce the rate of recurrent hemorrhage, this is at the cost of gastric and other adverse events. We found no effect of any antifibrinolytic agent on VA measured at any time point. Neither systemic nor topical aminocaproic acid had an effect on final VA, nor did tranexamic acid. Hyphemas in participants administered systemic aminocaproic acid appeared to take a somewhat longer time to clear than those in participants not receiving systemic aminocaproic acid, although the numbers were small and the conclusions unreliable. As expected, it took less time for hyphemas to clear in participants who did not have a secondary hemorrhage than in those who experienced a secondary hemorrhage. Antifibrinolytics appeared to prolong the time to resolution in both groups, that is those who had a rebleed and those who did not, but the available evidence was insufficient to make any firm conclusions about the time for a hyphema to clear in those treated with an antifibrinolytic.

Oral aminocaproic acid appeared to reduce the risk of a secondary hemorrhage, but in a sensitivity analysis excluding studies that did not adhere to an intention-to-treat analysis, we found a nonsignificant effect of this drug on the rate of rebleeds. Likewise, evidence showing an effect of topical aminocaproic acid on the rate of rebleeds was equivocal: although appearing to reduce the rate of secondary hemorrhage, the number of events was small, thus although there was some evidence supporting an effect of aminocaproic acid in reducing the risk of secondary hemorrhage, it appears to be less convincing than previously reported (Walton 2002). There appeared to be little difference in the time for a secondary hemorrhage to occur between participants receiving aminocaproic acid (systemic or topical) and controls, but again the evidence is weak due to a small number of incidents. In addition, there appears to be no effect of either systemic or topically applied aminocaproic acid on the timing of the rebleed or on the number of events related to the traumatic hyphema itself (i.e. corneal blood staining, PAS formation, elevated IOP, or development of optic atrophy). However, the small number of events renders significance testing unreliable. Unfortunately, there was insufficient evidence to conclude whether aminocaproic acid would be beneficial specifically for individuals with sickle cell trait/ disease. Whether aminocaproic acid is useful for people with sickle cell trait/disease is of extreme importance because such individuals are at higher risk for elevated IOP (Lai 2001).

Aminocaproic acid is reported to have several side effects, including nausea, vomiting, muscle cramps, conjunctival suffusion, headache, rash, pruritis, dyspnea, toxic confusional states, arrhythmias, and systemic hypotension. Its use is contraindicated in pregnant women and in people with coagulopathies or with renal diseases, and it should be used cautiously in people with hepatic, cardiovascular, or cerebrovascular diseases. There were no statistically significant differences in adverse events reported between systemic and topical aminocaproic acid or between standard versus low doses of aminocaproic acid.

Tranexamic acid was not statistically different from controls in terms of final VA, time to resolution of primary hemorrhage, time to rebleed, or duration of hospitalization. Tranexamic acid is reported to have fewer gastric side effects than aminocaproic acid. The results of one study comparing aminomethylbenzoic acid versus placebo suggested that people treated with oral aminomethylbenzoic acid were less likely to rebleed compared with those given placebo.

### Corticosteroids

Corticosteroids have also been used to treat hyphema; the mechanism of action of corticosteroids is believed to be due to reduced inflammation, stabilization of the blood-ocular barrier, or direct inhibition of fibrinolysis, thus preventing secondary rebleeds. Two studies evaluated the effect of systemic corticosteroids (Rahmani 1999; Spoor 1980), and two studies evaluated the effect of topical corticosteroids (Rakusin 1972; Zetterstrom 1969). No significant differences in terms of time to resolution of primary hemorrhage, time to rebleed, or increased IOP were found.

One study compared systemic aminocaproic acid versus prednisolone (Farber 1991). This study concluded that more hyphemas had resolved at discharge in participants in the prednisolone group than in participants in the systemic aminocaproic acid group. No other differences between agents were noted in this study, although the investigators did not follow participants after discharge.

### **Other pharmaceutical interventions**

Two studies compared homatropine as a cycloplegic (agent that enlarges the pupil) to pilocarpine as a miotic (agent that constricts the pupil) (Bedrossian 1974; Rakusin 1972). A secondary hemorrhage occurred in only one participant in each study. Such

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small numbers of events makes significance testing unreliable. The traumatic hyphemas took a longer time to resolve in participants receiving pilocarpine. No other outcomes or other miotics or cycloplegics were studied.

No effect was seen with the use of conjugated estrogens in one study (Spaeth 1966).

No statistically significant difference was reported for risk of rebleed in participants who were given aspirin in comparison with those who were not (Marcus 1988).

One study compared traditional Chinese medicine versus antihemorrhagics (Wang 1994), but this study only measured a composite outcome of "cure" that was defined as complete resolution within five days, VA of 0.7 or better, and no rebleed within one week of resolution of the primary hemorrhage. No single outcome was reported separately and so could not be compared. Although the authors reported a positive effect of the intervention, the findings should be interpreted with caution due to the biases present in the study and the use of a composite outcome measure.

### Non-pharmaceutical interventions

No differences in VA, risk of secondary hemorrhage, or time to rebleed were reported in participants receiving a single versus binocular patch (Edwards 1973; Rakusin 1972).

One study evaluated the effect of raising the head (semireclined position) compared with alternatively right and left lateral positions on time to resolution of primary hemorrhage (Zi 1999). The results were inconsistent: small hyphemas resolved sooner but larger hyphemas took longer when the head was raised. The time of follow-up was not mentioned, and participants were not masked to treatment assignment.

Studies comparing moderate activity versus complete bed rest did not show any statistically significant difference in risk of secondary hemorrhage, final VA, time to rebleed, or time to resolution of the primary hemorrhage (Rakusin 1972; Read 1974). Occurrences of complications (elevated IOP or corneal blood staining) were also comparable.

### **Overall completeness and applicability of evidence**

Our search strategy was comprehensive. We believe that we identified all or a high proportion of published trials of interventions for hyphema and that our review is reasonably complete.

Only a few studies or a single study evaluated a particular intervention. For example, only one study compared a low dose (50 mg/kg) versus the standard dose (100 mg/kg) of oral aminocaproic acid, and one study compared aminomethylbenzoic acid versus placebo (Liu 2002). Only two studies compared topical corticosteroids versus control (Rakusin 1972; Zetterstrom 1969), and only two studies compared systemic corticosteroids versus control (Rahmani 1999; Spoor 1980). One study compared aminocaproic acid versus prednisolone (Farber 1991), and just one study compared conjugated estrogen versus placebo (Spaeth 1966). Only two studies compared cycloplegic versus miotic usage, both of which evaluated homatropine versus pilocarpine (Bedrossian 1974; Rakusin 1972). One study compared aspirin versus control (Marcus 1988). One study compared traditional

Chinese medicine versus antihemorrhagic agents as the control (Wang 1994). Only two studies evaluated monocular versus binocular patching (Edwards 1973; Rakusin 1972), and no studies compared binocular or monocular patching versus no patching. Only one study compared the effect of elevation of the head versus control (Zi 1999). The limited number of studies evaluating a particular intervention made the application of meta-analytic methods unreliable or impossible for many outcomes.

Another limitation of the validity of some results was the lack of information on people with sickle cell disease/trait. Two studies included in this review reported on the occurrence of secondary hemorrhage in participants with sickle cell trait/disease. Crouch 1976 mentioned that the one participant who had a secondary hemorrhage in the aminocaproic acid group and two of the nine participants who had a secondary hemorrhage in the placebo group also had sickle cell trait, but they did not state to which group the eight sickle cell trait participants were originally assigned. Pieramici 2003 reported that two participants in the aminocaproic acid group and one in the placebo group had sickle cell trait, but did not comment on the rebleed rate of these participants. The subgroup of patients with sickle cell trait/disease is especially important because this group has been shown to be at higher risk for elevated IOP (Lai 2001). It has been shown that even modest elevations in IOP are potentially deleterious in sickle cell disease/trait (Goldberg 1979a; Goldberg 1979b; Goldberg 1979c), and specifically that permanent infarction of the optic nerve with substantial loss of vision can occur in such individuals. Careful monitoring of IOP is indicated, and early surgery to decompress the eye is often required.

### **Quality of the evidence**

We included 27 studies in this review, of which 20 were RCTs and seven were quasi-randomized studies. Overall, the risk of bias was higher in the non-randomized studies in that the sequence generation and allocation concealment were inadequate. In many cases, the studies were not reported clearly, and participants were inappropriately excluded from the analyses in some studies.

### Potential biases in the review process

Many of the studies were published more than 20 years ago, and it was not possible to contact the investigators to obtain missing information. One review author abstracted data from some of the foreign language articles.

## Agreements and disagreements with other studies or reviews

We found some evidence for an effect of aminocaproic acid and tranexamic acid on the risk of secondary hemorrhage. The evidence for a preventive effect of antifibrinolytics on rebleeds was not nearly as strong as that reported in the reviews by Walton 2002 and Sheppard 2009. However, Walton 2002 included RCTs, controlled clinical trials, as well as observational studies, but did not take into account any biases in the individual studies. Sheppard 2009 cited only some of the trials and also included observational studies. In these two reviews, no effect of either aminocaproic acid or tranexamic acid was found on VA. Walton 2002 presented a stronger case for the use of corticosteroids to prevent secondary hemorrhage than we report here or than is reported by Sheppard 2009. Our review agrees with most of the existing literature in that there is little evidence for the use of bilateral patching, topical

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cycloplegics, sedation, or bed rest, although these interventions are often recommended (Sheppard 2009; Walton 2002).

### AUTHORS' CONCLUSIONS

### Implications for practice

Limited evidence suggests that people with traumatic hyphema who receive aminocaproic acid are less likely to experience secondary hemorrhage than those who do not. Complications resulting from secondary hemorrhage, such as glaucoma, corneal blood staining, or optic atrophy, can lead to permanent impairment of vision. We did not identify a significant effect on or final visual acuity (VA) following hyphema. Moreover, oral aminocaproic acid was shown to yield significant side effects including gastrointestinal upset and systemic hypotension, and participants without secondary hyphemas who were treated with aminocaproic acid showed slower clearing of hyphema than participants in control groups.

Tranexamic acid seems to be as effective as aminocaproic acid in terms of effect on secondary hemorrhage but with fewer gastric side effects. Data from the few studies that evaluated the effect of corticosteroids on final VA and risk of secondary hemorrhage do not support the presumed benefits, though corticosteroid usage may aid in relieving the associated inflammation in such cases.

Given the risk of side effects for various potential medical treatments for traumatic hyphema (antifibrinolytic agents, corticosteroids, and cycloplegics) without the presence of solid scientific evidence to support their benefit, it might be reasonable to recommend their usage only in those individuals at high risk of complications (such as those with sickle cell trait/disease).

Controlled clinical trials comparing non-drug treatment modalities versus placebo did not show a protective effect. We found no convincing evidence of benefit of binocular patching over monocular patching, bed rest over moderate activity, or elevation of the head in a semi-reclined position in the treatment of traumatic hyphema. Given that most of these interventions were used collectively in many of the studies presented, it was not possible to assess the extent to which any of these interventions may have contributed to any reported positive results.

### Implications for research

There is insufficient high-quality evidence from large randomized controlled trials to support the use of corticosteroids or cycloplegics, and limited evidence for the use of antifibrinolytics in the treatment of traumatic hyphema. It is possible that topical aminocaproic acid or a lower dose of systemic aminocaproic acid (50 mg/kg instead of 100 mg/kg) may be efficacious in reducing secondary hemorrhage with a potential reduction in the risk of side effects. Future research with such agents aimed at assessing impact on final VA after the resolution of the hyphema, time to achieve final VA, cost, and quality of life (side effects and time lost from school and employment) would be most helpful to guide treatment recommendations. Ongoing or future studies on the medical treatment of hyphema should study individuals with sickle cell disease/trait in particular. Studies with direct comparisons of aminocaproic acid versus tranexamic acid do not yet exist, and only one study compared aminocaproic acid versus prednisolone. Further research to study the additive effect of nonmedical interventions in hyphema management might be of value, as they are not usually used independently of one another.

### ACKNOWLEDGEMENTS

We acknowledge the peer reviewers who made valuable comments on the protocol and the manuscript of the review. We thank Dr Milan Mathew for his contribution to the development of the protocol. We also thank Dr Tianjing Li for her comments on the protocol and translation of a Chinese language trial report. We acknowledge Xue Wang and Tsung Yu for assessing and translating Chinese language trial reports. In addition, we thank Kinnar Merchant and Aliaksei Pustavoitau for translating Russian trial reports. Lori Rosman, Information Specialist for Cochrane Eyes and Vision (CEV), executed the search strategies for this review.



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### CHARACTERISTICS OF STUDIES

### **Characteristics of included studies** [ordered by study ID]

### **Bedrossian 1974**

*Database of Systematic Reviews* 2011, Issue 1. [DOI: 10.1002/14651858.CD005431.pub2]

### Gharaibeh 2013

Gharaibeh A, Savage HI, Scherer RW, Goldberg MF, Lindsley K. Medical interventions for traumatic hyphema. *Cochrane Database of Systematic Reviews* 2013, Issue 12. [DOI: 10.1002/14651858.CD005431.pub3]

### Savage 2005

Savage HI, Gharaibeh A-M, Mathew MC, Scherer R. Medical interventions for traumatic hyphema. *Cochrane Database of Systematic Reviews* 2005, Issue 3. [DOI: 10.1002/14651858.CD005431]

\* Indicates the major publication for the study

Methods	Study design: Quasi-randomized controlled series.
	Exclusions after allocation: None.
	Losses to follow-up: None.
	Intention-to-treat: All participants were analyzed in the group to which they were assigned.
	Sample size calculations: Not reported.
Participants	Country: USA.
	Dates: Not reported.
	Number allocated: 58 consecutive patients alternately assigned to treatment group after classification based on the size of initial hyphema.
	Age: Not reported.
	Sex: Not reported.
	Race: Not reported.
	Sickle cell disease: Not reported.
	Participants appeared to be balanced with respect to baseline characteristics.
	Inclusion criteria: Non-total traumatic hyphema.
Interventions	Cycloplegics (n = 28): 1% atropine ointment.
	Miotics (n = 30): 2% pilocarpine ointment (or eserine ointment).
	Treatment for both groups included:
	1. topical anesthetic if needed;

Medical interventions for traumatic hyphema (Review)

Bedrossian 1974 (Continued)	<ol> <li>bed rest;</li> <li>head of bed elevated</li> <li>binocular patching of</li> <li>no reading or watch</li> <li>metal shield over inj</li> <li>soft, non-chew diet;</li> <li>laxatives;</li> <li>room with other ind</li> <li>10.sedation.</li> </ol>	or pinhole glasses; ing television; jured eye;
Outcomes	Primary outcome: Time Secondary outcomes: 1. Risk of secondary he 2. Risk of iridodialysis Follow-up: Days 1 to 7.	e to resolution of primary hemorrhage. emorrhage
Notes	Funding source not reported.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Allocation was not randomized: participants alternately assigned to treatment groups based on the blood level in the anterior chamber.
Allocation concealment (selection bias)	High risk	Allocation was assigned on an alternate basis.
Blinding (performance bias and detection bias) Participants	High risk	Masking was not reported.
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	Masking was not reported.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

### **Christianson 1979**

Methods

Study design: Randomized, double-masked, placebo-controlled clinical trial.

Medical interventions for traumatic hyphema (Review)

Christianson 1979 (Continued)			
	Exclusions after randomization: None reported.		
	Losses to follow-up: No		
	Intention-to-treat: All p signed.	participants were analyzed in the group to which they had been randomly as-	
	Sample size calculation	ns: Not reported.	
Participants	Country: USA.		
	Dates: Not reported.		
	Number randomized: 4	15.	
	Age: Not reported.		
	Sex: Not reported.		
	Race: Not reported.		
	Sickle cell disease: Not	reported.	
	Inclusion criteria: Trau	matic hyphema.	
	Exclusion criteria: Not	reported.	
Interventions	Treatment (n = 22): Oral aminocaproic acid, loading dose 75 mg/kg, followed by 60 mg/kg every 4 hours; length of treatment not reported.		
	Control (n = 23): Placebo, presumably every 4 hours.		
Dutcomes Primary outcome: Risk of secondary hemorrhage, details not reported.		of secondary hemorrhage, details not reported.	
	Secondary outcomes:	Time to resolution of primary hyphema, details not reported.	
Notes	Abstract of unpublished study		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	Unclear risk	Method of randomization not reported.	
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.	
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked.	
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked.	
Incomplete outcome data (attrition bias) Primary outcome	Low risk	Unclear if number randomized equaled the number reported and analyzed in the abstract, but no exclusions or losses to follow-up were reported.	

Medical interventions for traumatic hyphema (Review)

### Christianson 1979 (Continued)

Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	Unclear if number randomized equaled the number reported and analyzed in the abstract, but no exclusions or losses to follow-up were reported.
Selective reporting (re- porting bias)	Unclear risk	Few study details available in the abstract, and no full version was published.
Other bias	Unclear risk	Few study details available in the abstract, and no full version was published.

### Crouch 1976

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial.			
	Exclusions after randomization: None.			
	Losses to follow-up: None.			
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.			
	Sample size calculations: Not reported.			
Participants	Country: USA.			
	Dates: September 1972 to October 1974.			
	Number randomized: 59.			
	Age: 83% aged 6 to 30 years.			
	Sex: 83% male.			
	Race: 65% black, 35% white.			
	Sickle cell disease: 8/59 (14%) had sickle cell trait.			
	Participants appeared to be balanced with respect to baseline characteristics.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>Penetrating injury</li> <li>Total hyphema</li> <li>History of a bleeding disorder</li> <li>Pregnancy</li> </ol>			
Interventions	Treatment (n = 32): Oral aminocaproic acid 100 mg/kg every 4 hours for 5 days.			
	Control (n = 27): Placebo (200 mL of aromatic elixir (5% glucose, water, and ethanol) in 1000 mL sterile water) every 4 hours for 5 days.			
	Treatment for both groups included:			
	1. moderate ambulation;			
	2. no reading;			
	3. head of bed elevated to 45°;			
	4. patching of affected eye;			
	5. no mydriatics, miotics, corticosteroids, or other topical medication; and			

Medical interventions for traumatic hyphema (Review)



### Crouch 1976 (Continued)

	6. no salicylates.
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed by daily slit-lamp exam, and documented by 3 observers.
	Secondary outcomes:
	1. Time to resolution of primary hemorrhage
	2. Time to secondary hemorrhage
	3. Final VA, with follow-up ranging between 6 months and 2.5 years
	4. IOP assessed daily by applanation tonometry
	5. Risk of complications and adverse events
	Follow-up: 1 week, 1, 2, 3, 6, 12, 18, and 24 months.
Notes	Funded by the National Eye Institute, US National Institutes of Health

### **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Participants assigned to treatment groups using computerized randomization.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions or losses to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions or losses to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

### Crouch 1997

Methods

Study design: Randomized, double-masked clinical trial.

Exclusions after randomization: 1 individual assigned to oral aminocaproic acid and topical placebo excluded due to side effect of drug (vomiting).

Losses to follow-up: None.

Medical interventions for traumatic hyphema (Review)

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rouch 1997 (Continued)	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.			
	Sample size calculations: Sample size was determined to be 25 to 30 participants in each of the 3 groups based on alpha of 0.05 and power of 80%.			
	Additional comments: The investigators also studied a control group that did not receive either topical or systemic aminocaproic acid and had refused randomization. We did not include these individuals in our analyses.			
Participants	Country: USA.			
	Dates: March 1990 to May 1996.			
	Number randomized: 64: 29 to oral aminocaproic acid plus topical placebo, 35 to oral placebo plus top ical aminocaproic acid. Additional 54 participants included as control group.			
	Age: 72% younger than 21 years.			
	Sex: 67% male.			
	Race: 50% black, 49% white, and 1% (1 participant) Asian.			
	Sickle cell disease: 2/35 (6%) of participants assigned to topical aminocaproic acid, and 2/29 (7%) of participants assigned to oral aminocaproic acid had sickle cell trait.			
	Participants appeared to be balanced with respect to baseline characteristics.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>Penetrating ocular injury</li> <li>History of anticoagulant or antiplatelet agent within 7 days of ocular trauma</li> <li>Oral or topical corticosteroid use within 48 hours of study</li> <li>History of a coagulopathy</li> <li>History of renal or hepatic insufficiency</li> <li>Previous intraocular surgery</li> <li>History of sensitivity to any component of topical aminocaproic acid</li> <li>Pregnancy</li> <li>Participation in any investigational drug trial within last 4 weeks</li> </ol>			
Interventions	Treatment: 0.2 mL of 30% aminocaproic acid in 2% carboxymethylene gel applied to inferior fornix every 6 hours plus oral placebo solution every 4 hours for 5 days.			
	Control: Oral aminocaproic acid 50 mg/kg (up to 30 g/day) plus placebo gel every 4 hours for 5 days.			
	Treatment for both groups included:			
	<ol> <li>moderate ambulation;</li> <li>head of bed elevated to 30°;</li> <li>shield on affected eye;</li> <li>no aspirin, corticosteroids, non-steroidal anti-inflammatory, or antiplatelet agents; and</li> <li>topical timolol maleate, apraclonidine hydrochloride, dipivefrine hydrochloride, or oral acetaze lamide if IOP &gt; 22 mmHg.</li> </ol>			
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed by daily slit-lamp exam, and documented by a sketch each day.			
	Secondary outcomes:			
	1. VA, measured daily and at the end of the 5 days (final VA)			

Medical interventions for traumatic hyphema (Review)



<b>Crouch 1997</b> (Continued)		ing and toxicity, assessed daily by slit-lamp exam for 5 days or 5 days by applanation tonometry
Notes	Funded in part by the Lions Medical Eye Bank and Research Center of Eastern Virginia	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Participants were assigned to treatment groups using computerized random- ization.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked. Placebo pills were given to the topical group and placebo gel administered to the systemic group to make both regimens similar.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked. "Data were compiled by observers who did not know what patients were in the treated and untreated control groups."
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	1 participant who was assigned to oral aminocaproic acid and topical placebo was excluded due to side effect of drug (vomiting). The remaining participants were analyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	1 participant who was assigned to oral aminocaproic acid and topical placebo was excluded due to side effect of drug (vomiting). The remaining participants were analyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

|--|

awards 1973	
Methods	Study design: Quasi-randomized controlled series.
	Exclusions after allocation: Individuals over 20 years old were excluded from the study because of the small number enrolled.
	Losses to follow-up: None.
	Intention-to-treat: Participants aged 20 years and younger were analyzed in the group to which they had been assigned.
	Sample size calculations: Not reported.
Participants	Country: USA.
	Dates: 1969 to 1971.

Medical interventions for traumatic hyphema (Review)



Edwards 1973 (Continued)			
	Number allocated: 64 c	onsecutive patients alternately assigned to treatment group.	
	Age: Mean 10 years (up	to 20 years).	
	Sex: 61 (95%) men and 3 (5%) women.		
	Race: Not reported.		
	Sickle cell disease: Not	reported.	
	Participants appeared t	to be balanced with respect to baseline characteristics.	
	Inclusion criteria: Traur	natic hyphema.	
	Exclusion criteria: Indiv	iduals over 20 years of age.	
Interventions	Treatment: Monocular	patching (n = 35)	
	Control: Binocular patc	hing (n = 29)	
	Treatment for both gro	ups included:	
	-	ncluding position in bed, sedation, and diet);	
	<ol> <li>acetazolamide for severe secondary glaucoma; and</li> <li>no topical medications.</li> </ol>		
<b>2</b> ·			
Outcomes	Primary and secondary outcomes not specified.		
	Measured outcomes:		
	<ol> <li>Risk of secondary hemorrhage</li> <li>Duration of rebleeding</li> </ol>		
	3. Complication rates		
	4. Final VA		
	Follow-up: Days 1 to 7.		
Notes	Funded by Research to Prevent Blindness Inc, Public Health Service Training Grant, and the National In- stitutes of Health		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	High risk	Allocation was not randomized: an independent study director assigned par- ticipants to treatment groups on an alternate basis by turning a card. Occa- sionally the card was not turned each time, which led to an uneven number of participants in each group.	
Allocation concealment (selection bias)	High risk	Allocation was assigned on an alternate basis.	
Blinding (performance	High risk	Masking of participants was not possible given the interventions being stud-	

Blinding (performance<br/>bias and detection bias)Unclear riskThe authors reported that the study was double-masked, although this state-<br/>ment was not clear. The study investigators seldom participated in participant<br/>care to allow other examiners with less experience in monocular patching to<br/>collect data in hopes of minimizing observation bias.

ied.

Medical interventions for traumatic hyphema (Review)

bias and detection bias)

Participants

### Edwards 1973 (Continued)

Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	Individuals over 20 years of age were excluded after allocation to treatment group.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	Individuals over 20 years of age were excluded after allocation to treatment group.
Selective reporting (re- porting bias)	Low risk	Reported results for all outcomes
Other bias	Low risk	No other sources of potential bias were identified.

### Farber 1991

Methods	Study design: Randomized, double-masked clinical trial.	
	Exclusions after randomization: 6 participants in the aminocaproic acid group were excluded: 4 were administered prednisone instead of aminocaproic acid (treatment cross-over); 1 participant had an unrelated seizure; and 1 participant developed thrombocytopenia. 1 participant in the prednisone group was administered aminocaproic acid instead of prednisone (treatment cross-over) and was excluded.	
	Losses to follow-up: 2 participants in the aminocaproic acid group and 1 participant in the prednisone group withdrew from the study.	
	Intention-to-treat: The participants lost to follow-up or excluded were not included in the analyses, and the intention-to-treat principle was not followed in the analyses.	
	Sample size calculations: Not reported.	
	Additional comments: The authors noted that there were no secondary hemorrhages in the individuals who were excluded or who withdrew from the study.	
Participants	Country: USA.	
	Dates: July 1985 to March 1990.	
	Number randomized: 122: 64 to aminocaproic acid, 58 to prednisone.	
	Age: Mean age in aminocaproic acid group: 23.8 ± 13.8 years (range 4 to 64 years); prednisone group: 23.3 ± 13.4 years (range 1.5 to 62 years).	
	Sex: 79% male.	
	Race: 53% black, 22% white, 22% Hispanic, and 3% of other ethnic or racial group. Study groups were not balanced by race: 57% black and 20% white in aminocaproic acid group vs 48% black and 25% white in prednisone group.	
	Sickle cell disease: None; excluded.	
	Inclusion criteria: Traumatic hyphema.	
	Exclusion criteria:	
	1. Penetrating ocular injury	
	2. Need for immediate surgery	
	3. Sickle cell trait or disease	
	4. History of intravascular coagulopathy	
	5. History of gastric ulcer	



Farber 1991 (Continued)	<ol> <li>6. History of diabetes mellitus</li> <li>7. Pregnancy</li> <li>8. Intoxication</li> <li>9. Presence of detectable blood in stool</li> </ol>
Interventions	Treatment: Oral aminocaproic acid 50 mg/kg (up to 30 g/day) every 4 hours plus 2 doses placebo for 5 days.
	Control: Oral prednisone 40 mg/day in 2 doses plus 6 doses placebo; children and adults weighing less than 60 kg were given 0.6 mg/kg/day prednisone, for 5 days.
	Treatment for both groups included:
	1. moderate ambulation;
	2. no reading;
	3. head of bed elevated to 30°;
	4. patch and shield on affected eye;
	5. topical 1% atropine sulfate 4 times/day;
	6. oral paracetamol up to 650 mg/day, no aspirin;
	7. topical timolol maleate 0.25% or 0.50% with or without oral acetazolamide if IOP > 25 mmHg; and
	8. prochlorperazine edisylate (5 or 10 mg) if vomiting or nausea.
Outcomes	Primary outcome: Risk of secondary hemorrhage, recorded daily by slit-lamp exam, documented by measuring height in millimeters and defined as a definite increase in level of presence of "fresh" blood visible over darker clotted blood.
	Secondary outcomes:
	1. VA, initial and final (5 days)
	2. IOP measured daily using applanation tonometry
	3. Risk of complications and adverse events
Notes	Funded by the National Eye Institute of the National Institutes of Health, Bethesda, MD, and Research to Prevent Blindness

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a double-dummy placebo design and stated that the study was double-masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a double-dummy placebo design and stated that the study was double-masked. "All of the treating physicians and nurses were masked to the identity of the treatment."
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	The participants lost to follow-up or excluded were not included in the analy- ses, and the intention-to-treat principle was not followed in the analyses.

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### Farber 1991 (Continued)

Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	The participants lost to follow-up or excluded were not included in the analy- ses, and the intention-to-treat principle was not followed in the analyses.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

Methods	Study design: Randomized, double-masked clinical trial.		
	Exclusions after randomization: None.		
	Losses to follow-up: 23: 4 to homatropine drops plus topical aminocaproic acid gel group, 5 to homat- ropine drops plus topical placebo gel group, 14 to homatropine drops-only group.		
	Intention-to-treat: The participants lost to follow-up were not included in the analyses, and the inten- tion-to-treat principle was not followed in the analyses.		
	Sample size calculations: Not reported.		
Participants	Country: Iran.		
	Dates: 1998-99.		
	Number randomized: 155: 45 to homatropine drops plus topical aminocaproic acid gel group, 44 to homatropine drops plus placebo gel group, 66 to homatropine drops-only group.		
	Age: 4 to 30 years.		
	Sex: 87% (not including those lost to follow-up) male.		
	Race: Not reported.		
	Sickle cell disease: Not reported.		
	Participants appeared to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Non-penetrating traumatic hyphema and emergency room outpatient of Farabi Eye Hospital.		
	Exclusion criteria:		
	1. Penetrating ocular injury		
	2. Total hyphema		
	3. Microscopic hyphema		
	4. More than 24 hours since trauma		
	5. History of bleeding disorder		
	6. Previous ocular surgery in affected eye		
	7. Recent aspirin or anticoagulant ingestion		
	8. Pregnancy		
	9. Trauma to affected eye during follow-up		
nterventions	Treatment 1: 2 drops of 25% aminocaproic acid in 2% carboxymethylene gel applied to inferior fornix affected eye every 6 hours plus homatropine eyedrops 3 times/day, for 5 days.		

Medical interventions for traumatic hyphema (Review)



Karkhaneh 2003 (Continued)	Control 1: 2 drops 2% carboxymethylene (placebo) gel applied to inferior fornix of affected eye every 6 hours plus homatropine eyedrops 3 times/day, for 5 days.
	Control 2: Homatropine eyedrops 3 times/day, for 5 days.
	Treatment for all groups included:
	<ol> <li>no reading;</li> <li>head of bed elevated to 30°;</li> <li>shield on affected eye;</li> <li>oral paracetamol;</li> <li>no aspirin.</li> </ol>
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam for 7 days, and then at day 14. Method for documentation and definition not reported.
	Secondary outcomes: All measured daily for 7 days and at day 14:
	1. Time to resolution of primary hemorrhage
	2. Time to secondary hemorrhage
	3. VA; final VA at day 14
	4. IOP measured using applanation tonometry
	5. Corneal blood staining
	6. Drug toxicity
	7. Risk of complications and adverse events
Notes	Conducted with support from Sina Darou (an ophthalmic pharmaceutical company in Iran), who pro- vided the aminocaproic acid preparation

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation was not reported.
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators by use of coded bottles.
Blinding (performance bias and detection bias) Participants	Unclear risk	Authors used coded bottles to mask participants to the topical medication, but the group assigned to homatropine drops and no topical medication was not masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used coded bottles to mask healthcare providers and outcomes asses- sors. "The ophthalmologist who examined the patients did not know if they were treated or not."
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	The participants lost to follow-up were not included in the analyses, and the intention-to-treat principle was not followed in the analyses. 23 participants were lost to follow-up: 4 to homatropine drops plus topical aminocaproic acid gel, 5 to homatropine drops plus topical placebo gel, 14 to homatropine drops only.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	The participants lost to follow-up were not included in the analyses, and the intention-to-treat principle was not followed in the analyses. 23 participants were lost to follow-up: 4 to homatropine drops plus topical aminocaproic acid

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## Karkhaneh 2003 (Continued) gel, 5 to homatropine drops plus topical placebo gel, 14 to homatropine drops only. Selective reporting (reporting bias) Low risk Reported results for primary and secondary outcomes Other bias Unclear risk Conducted with support from Sina Darou (an ophthalmic pharmaceutical company in Iran), who provided the aminocaproic acid preparation

Methods	Study design: Randomized, double-masked clinical trial.		
	Exclusions after randomization: None.		
	Losses to follow-up: None.		
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.		
	Sample size calculations: Not reported.		
Participants	Country: Canada		
	Dates: May 1978 to December 1984		
	Number randomized: 49: 24 to oral aminocaproic acid; 25 to placebo.		
	Age: 3 to 18 years. Mean age: aminocaproic acid group 10.6 years, placebo group 11.2 years.		
	Sex: 73% male.		
	Race: 3 black participants in the aminocaproic acid group; 1 in the placebo group. The ethnicity or race of the other participants was not reported.		
	Sickle cell disease: None; excluded.		
	Participants appeared to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Children with non-penetrating traumatic hyphema treated at the Hospital for Sick Children in Toronto, Canada.		
	Exclusion criteria:		
	<ol> <li>Penetrating ocular injury</li> <li>More than 24 hours since trauma</li> <li>Requirement for immediate surgical intervention</li> <li>Positive sickle cell test or abnormal hematologic parameter</li> <li>History of bleeding disorder</li> <li>Ingestion of aspirin-containing medication within 7 days of admission</li> <li>Pregnancy</li> </ol>		
Interventions	Treatment: Oral aminocaproic acid 100 mg/kg every 4 hours, for 5 days.		
	Control: Placebo every 4 hours for 5 days.		
	Treatment for both groups included:		
	<ol> <li>bed rest with bathroom privileges;</li> <li>head of bed elevated 15°;</li> </ol>		

Medical interventions for traumatic hyphema (Review)



Kraft 1987 (Continued)	
	3. patch on affected eye;
	4. no topical eye medications except antibiotic ointment for corneal abrasions;
	5. oral paracetamol (10 to 20 mg/kg every 4 hours, up to 650 mg/dose);
	6. no aspirin-containing medications;
	7. up to 0.5 mg/kg per day diazepam for sedation if needed;
	8. topical timolol maleate 0.5% if IOP > 25 mmHg;
	9. dimenhydrinate (Gravol) 6.25 to 12.5 mg every 6 hours if vomiting or nausea.
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam; documented by 2 observers and defined as definite increase in amount of blood compared with amount at admission or fresh red blood over darker clotted blood.
	Secondary outcomes: Outcomes measured daily during hospitalization (up to 5 days), then at 6 weeks, and 3, 6, 12, and 18 months after discharge.
	1. Time to resolution of primary hemorrhage
	2. VA
	3. IOP assessed using applanation tonometry
	4. Risk of complications and adverse events
Notes	

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Participants assigned to treatment groups using computerized randomization.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There was no loss to follow-up, and all participants were analyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There was no loss to follow-up, and all participants were analyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

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Methods	Study design: Randomized, double-masked clinical trial.
	Exclusions after randomization: 1 participant was excluded from the aminocaproic acid group due to systemic hypotension attributable to the study drug.
	Losses to follow-up: None.
	Intention-to-treat: The participant excluded from the study was not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
	Sample size calculations: Not reported.
Participants	Country: USA.
	Dates: November 1983 to January 1986.
	Number randomized: 34: 21 to aminocaproic acid, 13 to placebo.
	Age: Mean age: aminocaproic acid $18.9 \pm 7.7$ years, placebo $22.8 \pm 7.6$ years.
	Sex: 88% male.
	Race: 85% white.
	Sickle cell disease: None; excluded.
	Participants appeared to be balanced with respect to baseline characteristics.
	Inclusion criteria: Non-penetrating traumatic hyphema.
	Exclusion criteria:
	<ol> <li>Penetrating ocular injury</li> <li>More than 48 hours since trauma</li> <li>Age less than 7 years</li> <li>Sickle cell anemia</li> <li>History of intravascular coagulopathy, blood dyscrasia, or renal disease</li> <li>History of ocular disease that could increase the susceptibility to intraocular hemorrhage</li> <li>Recent anticoagulant, aspirin, or oral contraceptive use</li> <li>Pregnancy</li> </ol>
nterventions	Treatment: Oral aminocaproic acid 100 mg/kg every 4 hours (up to 5 g/dose and 30 g/day), for 5 days
	Control: Placebo every 4 hours for 5 days.
	Treatment for both groups included:
	<ol> <li>quiet activities;</li> <li>no reading;</li> <li>no patch or shield;</li> <li>no ocular medications;</li> <li>oral paracetamol (10 to 20 mg/kg every 4 hours, up to 650 mg/dose);</li> <li>no aspirin or alcohol;</li> <li>diazepam 5 mg every 6 hours for sedation if needed;</li> <li>topical timolol maleate 0.5% with IOP &gt; 35 mmHg; and</li> <li>prochloroperazine 5 to 10 mg if vomiting or nausea.</li> </ol>
Dutcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam, for 6 days and 1 week after discharge. Defined as a definite increase in the amount of blood in the anterior chamber compared with the amount noted on the previous day's exam.

Medical interventions for traumatic hyphema (Review)

### Kutner 1987 (Continued)

### Secondary outcomes:

- 1. Time to resolution of primary hemorrhage
- 2. VA, measured daily for 6 days and 1 week after discharge
- 3. IOP measured daily using applanation tonometry for 6 days and 1 week after discharge
- 4. Risk of complications and adverse events

### Notes

### **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Participants were assigned to treatment groups using computerized random- ization.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked. Assignment codes were maintained by a central data evaluator who had no clinical contact with any participant. "Physicians caring for study patients did not have access to the cumulative data until the code was broken."
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	1 participant was excluded from the aminocaproic acid group due to systemic hypotension attributable to the study drug. This participant reportedly did not rebleed.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	1 participant was excluded from the aminocaproic acid group due to systemic hypotension attributable to the study drug. Data for this participant were ana- lyzed until time of study withdrawal.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

# Liu 2002 Methods Study design: Randomized clinical trial. Exclusions after randomization: None. Exclusions after randomization: None. Losses to follow-up: None. Intention-to-treat: All participants were analyzed in the group to which they had been randomly assigned. Sample size calculations: Not reported. Participants Country: China. Dates: December 1997 to December 2000.

Medical interventions for traumatic hyphema (Review)



Liu 2002 (Continued)	Number randomized.	92: 60 to aminomethylbenzoic acid, 32 to control.		
		·		
	Age: Mean age: aminomethylbenzoic acid 32.7 ± 11.25 years, control 33.4 ± 10.75 years.			
	Sex: 75% male. Race: Not reported.			
	Sickle cell disease: Not			
	Participants appeared to be balanced with respect to baseline characteristics.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>More than 48 hours</li> <li>Use of anticoagular</li> <li>History of risk of clo</li> <li>History of diabetes</li> </ol>	nts		
Interventions	Treatment: Oral aminomethylbenzoic acid 0.5 g plus oral vitamin $B_1$ 20 mg 3 times/day, for 6 days. For children, the dosage of aminomethylbenzoic acid was modified to "follow age-recommended dose"; the vitamin $B_1$ dosage remained the same.			
	Control: Oral vitamin B <sub>1</sub> 20 mg 3 times/day, for 6 days.			
	Treatment for both groups included 0.3% ofloxacin eyedrops 4 times/day, for 6 days.			
Outcomes	Primary outcome: Risk of secondary hemorrhage, details not reported.			
	Secondary outcomes: Risk of complications and adverse events.			
Notes	Poor description of study methods in publication			
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.		
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.		
Blinding (performance bias and detection bias) Participants	Unclear risk	The authors do not state whether masking was used.		
Blinding (performance bias and detection bias) Personnel and outcome assessors	Unclear risk	The authors do not state whether masking was used.		
Incomplete outcome data (attrition bias) Primary outcome	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.		
Incomplete outcome data (attrition bias)	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.		

Medical interventions for traumatic hyphema (Review)



### Liu 2002 (Continued) Secondary outcomes

Selective reporting (re- porting bias)	Unclear risk	Study outcomes of interest not clearly stated.	
Other bias	Low risk	No other sources of potential bias were identified.	

Methods	Study design: Randomized clinical trial.			
	Exclusions after randomization: None.			
	Losses to follow-up: None.			
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.			
	Sample size calculations: Not reported.			
Participants	Country: Israel.			
	Dates: Not reported.			
	Number randomized: 51: 23 to aspirin, 28 to observation.			
	Age: Mean age: 20 years.			
	Sex: Not reported.			
	Race: Not reported.			
	Sickle cell disease: Not reported.			
	Author stated that participants were balanced with respect to baseline characteristics.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>Age &lt; 7 years</li> <li>Diastolic blood pressure &gt; 100 mmHg</li> <li>Current use of anticoagulants</li> <li>Current use of antihypertensive medication</li> <li>Peptic ulcer</li> <li>"Restless"</li> </ol>			
Interventions	Treatment: Aspirin 500 mg 3 times/day for 5 days.			
	Control: Observation.			
	Treatment for both groups included:			
	<ol> <li>bed rest;</li> <li>topical atropine 1% and tobramycin and dexamethasone (Dexamycin) 0.1% 4 times/day; and</li> <li>topical timolol or oral acetazolamide if IOP &gt; 25 mmHg.</li> </ol>			
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily. Documented by estimating percease age involvement and plotting diagrammatically; definition not reported.			

Medical interventions for traumatic hyphema (Review)



### Marcus 1988 (Continued)

Secondary outcomes:

- 1. VA, assessed daily for 7 days
- 2. IOP assessed daily for 7 days; details not reported

### Notes

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators by use of sequentially numbered envelopes.
Blinding (performance bias and detection bias) Participants	High risk	The participants were not masked to treatment. No placebo was given to the control group.
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	The healthcare providers were not masked to treatment. No placebo was given to the control group.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Unclear risk	Results are only reported for secondary hemorrhage.
Other bias	Low risk	Poor description of study methods and results in publication

McGetrick 1983	
Methods	Study design: Randomized, double-masked clinical trial.
	Exclusions after randomization: The chart of 1 participant in the placebo group was "lost," and this par- ticipant was excluded.
	Losses to follow-up: None.
	Intention-to-treat: The excluded participant was not included in the analyses, and the intention-to- treat principle was not followed in the analyses.
	Sample size calculations: Not reported.
Participants	Country: USA.
	Dates: August 1980 to February 1982.
	Number randomized: 50: 28 to aminocaproic acid, 22 to placebo.

Medical interventions for traumatic hyphema (Review)



AcGetrick 1983 (Continued)	Age: 86% aged 6 to 40 y	/ears		
	Sex: 81% male.			
	Race: 69% black, 21% Hispanic, and 10% white.			
	Sickle cell disease: None; excluded.			
		to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Non-penetrating traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>Exclusion criteria:</li> <li>Penetrating ocular injury</li> <li>Requirement for immediate surgical intervention</li> <li>Sickle cell hemoglobin</li> <li>History of intravascular coagulopathy</li> <li>Pregnancy</li> </ol>			
Interventions	Treatment: Oral amino	caproic acid 100 mg/kg (up to 5 g/dose and 30 g/day) every 4 hours, for 5 days.		
	Control: Placebo every	4 hours for 5 days.		
	Treatment for both groups included:			
	<ol> <li>no reading;</li> <li>patch and shield on affected eye;</li> <li>topical 1% atropine sulfate 4 times/day;</li> <li>oral paracetamol up to 650 mg/day;</li> <li>no aspirin; and</li> <li>topical timolol maleate 0.25% or 0.5% and oral acetazolamide, if IOP &gt; 35 mmHg.</li> </ol>			
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam. Defined as a defi- nite increase in the amount of blood in the anterior chamber following admission.			
	Secondary outcomes:			
	1. Time to resolution of primary hemorrhage			
	<ol> <li>Time to secondary hemorrhage</li> <li>VA (final) with follow-up ranging from 0 to 9 months</li> </ol>			
	4. IOP assessed daily by applanation tonometry for 5 days			
	<ol> <li>Length of hospitalization</li> <li>Risk of complications and adverse events</li> </ol>			
Notes	Funded by the National Eye Institute, National Institutes of Health, Bethesda, MD and Research to Pre vent Blindness, Inc			
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Random sequence genera- tion (selection bias)	Low risk	Participants were assigned to treatment groups using computerized random- ization.		
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.		

Medical interventions for traumatic hyphema (Review)



### McGetrick 1983 (Continued)

Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked. Assignment codes were not broken until the study was terminated.
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	The chart of 1 participant in the placebo group was "lost," and this participant was excluded. The excluded participant was not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	The chart of 1 participant in the placebo group was "lost," and this participant was excluded. The excluded participant was not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

### Palmer 1986

Methods	Study design: Randomized, double-masked clinical trial.
	Exclusions after randomization: 2 participants were excluded: 1 from the low-dose aminocaproic acid group due to need for surgery and 1 from the standard-dose aminocaproic acid group due to severe hypotension.
	Losses to follow-up: None.
	Intention-to-treat: The intention-to-treat principle was followed only for analyses of adverse events. The 2 excluded participants were not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
	Sample size calculations: Not reported.
Participants	Country: USA.
	Dates: July 1982 to December 1983.
	Number randomized: 59: 26 to low-dose aminocaproic acid, 33 to standard-dose aminocaproic acid.
	Age: Mean age: low-dose aminocaproic acid 20 years (range 4 to 46 years), standard-dose aminocaproic acid 22.8 years (range 3 to 50 years).
	Sex: 23 participants (88%) in low-dose aminocaproic acid group and 27 participants (82%) in stan- dard-dose aminocaproic acid group were male.
	Race: 13 (50%) black, 7 (27%) white, and 5 (19%) Hispanic in the low-dose aminocaproic acid group (the race of the excluded participant was not reported); and 17 (52%) black, 7 (27%) white, and 9 (21%) Hispanic in the standard-dose aminocaproic acid group.
	Sickle cell disease: None; excluded.
	Participants appeared to be balanced with respect to baseline characteristics.
	Inclusion criteria: Traumatic hyphema, including both primary and secondary hemorrhages.

Medical interventions for traumatic hyphema (Review)



Palmer 1986 (Continued)	Exclusion criteria:		
	<ol> <li>Requirement for im</li> <li>Sickle cell hemoglo</li> <li>History of intravasc</li> <li>Pregnancy</li> </ol>		
Interventions	Treatment: Low-dose ( 5 days.	50 mg/kg) oral aminocaproic acid (up to 5 g/dose or 30 g/day) every 4 hours, fo	
	Control: Standard-dose (100 mg/kg) oral aminocaproic acid (up to 5 g/dose or 30 g/day) every 4 hours, for 5 days.		
	Treatment for both groups included:		
	9. oral prochlorperazi	affected eye; sulfate 4 times/day;	
Outcomes	Primary outcome: Incidence of secondary hyphema, assessed daily by slit-lamp exam. Documented by level in millimeters and percentage of anterior chamber filled with blood. Defined as a definite increase in the amount of fresh blood in the anterior chamber over level at admission.		
	Secondary outcomes:		
	1. Time to resolution of primary hemorrhage		
	2. Time to secondary hemorrhage		
	3. VA; "final" VA not defined		
	<ol> <li>IOP assessed daily using applanation tonometry</li> <li>Length of hospitalization</li> </ol>		
	<ol> <li>Incidence of complications and adverse events</li> </ol>		
Notes	Funded by the National Eye Institute, National Institutes of Health, Bethesda, MD, Research to Prever Blindness, Inc, and Lederle-Cyanamid Laboratories for serum assays		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	Low risk	Assignments determined by computerized randomization in the pharmacy.	
Allocation concealment (selection bias)	Low risk	Allocation was possibly concealed from investigators by pharmacy prepara- tion of drugs.	
Blinding (performance	Low risk	Participants were masked by preparation of drugs by pharmacy. "The treat-	

Blinding (performanceLow riskParticipants were masked by preparation of drugs by pharmacy. "The treat-<br/>ing physicians and the patients were not told of the admission dose in order to<br/>maintain the double-masked status."

Medical interventions for traumatic hyphema (Review)



### Palmer 1986 (Continued)

Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Healthcare providers and outcomes assessors were masked by preparation of drugs by pharmacy. "The treating physicians and the patients were not told of the admission dose in order to maintain the double-masked status."
Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	2 participants were excluded: 1 from the low-dose aminocaproic acid group due to need for surgery and 1 from the standard-dose aminocaproic acid group due to severe hypotension. It was noted that excluding the participant from the standard-dose group did not affect the statistical results.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	2 participants were excluded: 1 from the low-dose aminocaproic acid group due to need for surgery and 1 from the standard-dose aminocaproic acid group due to severe hypotension. The intention-to-treat principle was fol- lowed only for analyses of adverse events.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

### Pieramici 2003

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial.				
	Exclusions after randomization: None.				
	Losses to follow-up: None. Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.				
	Notes: Multicenter study with 8 centers.				
Participants	Country: USA.				
	Dates: Not reported, although study was conducted over 14 months.				
	Number randomized: 51: 24 to aminocaproic acid, 27 to placebo.				
	Age: Mean age: aminocaproic acid group 24 ± 4 years (range 4 to 73 years), placebo group 23 ± 3 years (range 6 to 48 years).				
	Sex: 21 (88%) of aminocaproic acid group and 23 (85%) of placebo group were male.				
	Race: 15 (63%) white, 8 (33%) black, and 1 (1%) other in aminocaproic acid group and 13 (48%) white, 11 (41%) black, and 3 (11%) other in placebo group.				
	Sickle cell disease: 2/24 (8%) of participants in aminocaproic acid group and 1/27 (4%) of participants in placebo group had sickle cell trait.				
	Participants appeared to be balanced with respect to baseline characteristics except for race and size of primary hyphema, with larger hyphemas found in the placebo group.				
	Inclusion criteria: Traumatic hyphema.				
	Exclusion criteria:				

Medical interventions for traumatic hyphema (Review)



Pieramici 2003 (Continued)					
		nlayered microscopic hyphema			
	2. More than 36 hours				
	3. Age less than 4 year				
		significant coagulopathy, renal insufficiency, or hepatic insufficiency			
	carboxymethylene	diosyncratic reaction of proparacaine hydrochloride 0.5%, aminocaproic acid, or			
	logic abnormalities	nically significant cardiac, endocrine, gastrointestinal, hematologic, or immuno- or disease (sickle cell disease was allowed)			
		agulant or antiplatelet agent within the previous 7 days or any non-steroidal an- g within previous 24 hours			
	8. Pregnancy				
	<ol> <li>9. Participation in inve 10.Unable to complete</li> </ol>	estigational drug trial within 4 weeks before randomization trial			
Interventions	Treatment: Following 1 drop of 0.05% proparacaine hydrochloride, 30% aminocaproic acid in 2% gel instilled in inferior fornix every 6 hours, for 5 days.				
	Control: Following 1 drop of 0.05% proparacaine hydrochloride, placebo gel instilled in inferior fornix every 6 hours, for 5 days. Treatment for both groups included:				
	1. no reading or video games;				
	2. head of bed elevated to 30°;				
	3. shield on affected eye;				
	4. topical 2% homatropine sulfate 3 times/day;				
	5. no topical steroids; and				
	6. if IOP elevated, treatment at discretion of physician.				
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam for 7 days; defined as increase in height of hyphema of at least 0.5 mm above darker blood, color change of blood of at least 0.5 mm, obvious new "trickle" of blood on iris, or reappearance of blood after resolution.				
	Secondary outcomes: 1. Time to resolution of primary hemorrhage				
	<ol> <li>Time to secondary hemorrhage</li> <li>VA, final VA assessed at 7 days (end of treatment)</li> </ol>				
	<ol> <li>VA, final VA assessed at 7 days (end of treatment)</li> <li>Risk of complications and adverse events</li> </ol>				
Notes	Funded by Orphan Medical Inc; Covance Inc; National Eye Institute, National Institutes of Health, Bethesda, MD; and Research to Prevent Blinding				
Risk of bias					
Bias	Authors' judgement	Support for judgement			
Random sequence genera- tion (selection bias)	Low risk	Participants assigned to treatment groups using computerized randomization.			
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators, as treatment assignments were based on a trial number obtained from a contract research organization.			
Blinding (performance bias and detection bias) Participants	Low risk	Authors used a placebo control and stated that the study was double-masked. "The investigators and patients were masked to the treatment arm."			

Medical interventions for traumatic hyphema (Review)



### Pieramici 2003 (Continued)

Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used a placebo control and stated that the study was double-masked. "The investigators and patients were masked to the treatment arm."
Incomplete outcome data (attrition bias) Primary outcome	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	No exclusions or loss to follow-up. All participants were analyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Unclear risk	"There were a number of protocol violations noted in both study groups."
		"During the course of the study, only 8 of the original 13 sites enrolled patients, and at 14 months a total of 51 patients were enrolled overall. The study was terminated at this point by Orphan Medical, the manufacturer, against the ad- vice of the principal investigators, because of slow enrollment."

### Rahmani 1999

Methods	Study design: Randomized, placebo-controlled clinical trial.			
	Exclusions after randomization: 6: 2 participants in the tranexamic acid group, 3 in the prednisone group, and 1 in the placebo group left the hospital before the end of the study and were excluded.			
	Losses to follow-up: None.			
	Intention-to-treat: The excluded participants were not included in the analyses, and the intention-to- treat principle was not followed in the analyses.			
	Sample size calculations: Not reported.			
Participants	Country: Iran.			
	Dates: January 1991 to May 1992.			
	Number randomized: 244: 82 to tranexamic acid, 81 to prednisone, 81 to placebo.			
	Age: Median age: tranexamic acid 11 years (range 1 to 65 years); prednisone 11.5 years (range 1 to 50 years); placebo 12 years (range 1 to 58 years).			
	Sex: 63 participants (79%) in tranexamic acid group, 58 participants (73%) in prednisone group, and 66 participants (82%) in placebo group were male.			
	Race: 100% white.			
	Sickle cell disease: Not reported, but all-white study population.			
	Participants appeared to be balanced with respect to baseline characteristics.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	1. Penetrating ocular injury			

Medical interventions for traumatic hyphema (Review)



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ahmani 1999 (Continued)			
	2. Total hyphema or unlayered microscopic hyphema		
	3. Definite secondary hemorrhage before entry		
	4. More than 48 hours since trauma		
	5. Requirement for immediate surgical intervention		
	6. History of renal insufficiency		
	7. Acid peptic disease		
	8. Recent ingestion of aspirin or anticoagulant		
	9. Use of topical corticosteroids after trauma		
	10.Pregnancy		
Interventions	Treatment 1: Oral tranexamic acid 75 mg/kg per day, divided into 3 doses/day, for 5 days.		
	Treatment 2: Oral prednisolone 0.75 mg/kg per day, divided into 2 doses/day, for 5 days.		
	Control: Placebo administered 3 times/day.		
	Treatment for all groups included:		
	1. limited ambulation;		
	2. head of bed elevated;		
	3. patch and shield on affected eye;		
	<ol><li>topical cyclopentolate for exam of the retina if necessary;</li></ol>		
	5. oral paracetamol for pain;		
	6. no aspirin or topical corticosteroids;		
	7. topical timolol and oral acetazolamide, if elevated IOP; and		
	8. oral promethazine if nausea or vomiting.		
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam for 5 days. Defined as definite increase in size of level of blood or appearance of fresh blood over darker clotted blood in the anterior chamber.		
	Secondary outcomes:		
	1. VA, measured at day 5 (discharge)		
	2. Risk of complications and adverse events		

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Randomization was based on a randomization list.
Allocation concealment (selection bias)	Unclear risk	Participants were assigned to treatment groups using a randomization list, but it was not clear whether list was revealed before allocation to individuals en- rolling participants.
Blinding (performance bias and detection bias) Participants	Unclear risk	Participants partially masked as authors used a placebo control for the tranex- amic acid, but not for prednisone.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Healthcare providers partially masked as authors used a placebo control for the tranexamic acid, but not for prednisone; however, ophthalmologists and outcome assessors were masked.

Medical interventions for traumatic hyphema (Review)

### Rahmani 1999 (Continued)

Incomplete outcome data (attrition bias) Primary outcome	Unclear risk	6 participants were excluded from the study: 2 in the tranexamic acid group, 3 in the prednisone group, and 1 in the placebo group left the hospital before the end of the study and were excluded. The excluded participants were not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
Incomplete outcome data (attrition bias) Secondary outcomes	Unclear risk	6 participants were excluded from the study: 2 in the tranexamic acid group, 3 in the prednisone group, and 1 in the placebo group left the hospital before the end of the study and were excluded. The excluded participants were not included in the analyses, and the intention-to-treat principle was not followed in the analyses.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

Methods	Study design: Quasi-randomized controlled series.			
	Exclusions after allocation: 59 patients in the series with large hyphemas underwent surgery and were not included in the analysis.			
	Losses to follow-up: 20.			
	Intention-to-treat: Not all participants were accounted for in the final analyses, thus intention-to-treat analysis was not performed.			
	Sample size calculations: Not reported.			
Participants	Country: South Africa.			
	Dates: 1966-69.			
	Number allocated: 390 consecutive patients.			
	Age: Not reported.			
	Sex: Not reported.			
	Sickle cell disease: Not reported.			
	Race: 90% African origin, 10% Asiatic origin.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria: Surgical treatment indicated.			
Interventions	Series of comparisons based on 6 variable factors:			
	1. Bed rest (n = 26) vs ambulatory treatment (n = 26)			
	2. Eye pads: bilateral eye pads (n = 27) vs single eye pads (n = 26) vs no eye pads (n = 10)			
	<ol> <li>Topical antibiotics (0.5% chloramphenicol, n = 21) vs corticosteroids (0.5% hydrocortisone acetate, n = 13) vs neither (n = 3)</li> </ol>			
	<ol> <li>Mydriatics (1% homatropine, n = 17) vs miotics (4% pilocarpine, n = 17) vs neither (n = 19) vs both (n = 17)</li> </ol>			
	5. Enzymes: oral trypsin (n = 15) vs oral papase (n = 18) vs neither (n = 10)			

Medical interventions for traumatic hyphema (Review)

Rakusin 1972 (Continued)	(n = 10)	agents: acetazolamide 250 mg (n = 18) vs oral glycerol 1 mL/kg (n = 18) vs neither groups followed the same regimen, except even-numbered participants re-
		tor, and odd-numbered participants did not.
	Excluding the variable jured eye, and topical o	factor for each series, all participants received bed rest, single pad over the in- chloramphenicol.
Outcomes	Primary outcomes:	
	<ol> <li>Speed of absorption</li> <li>Risk of secondary h</li> <li>Complications of th</li> <li>Final VA</li> <li>Follow-up: Range 1 to 2</li> </ol>	e hyphema
Notes	Funded by the University of Witwatersrand, the South African Medical Research Council, Leo Laborato- ries, Mer-National, and Warner Pharmaceutical Co. In the third comparison group, antibiotics versus corticosteroids, 3 participants were assigned to re- ceive neither treatment, but this group was discontinued after all 3 participants developed a mucous conjunctival discharge.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Method of allocation unclear, not all patients in the series were allocated to the 6 comparisons under study; 59 patients were selected for surgery. Also, even and odd patient number allocation is not applicable to comparison with 3 treatment groups.
Allocation concealment (selection bias)	High risk	Method of allocation concealment not reported, not randomized.
	High risk High risk	Method of allocation concealment not reported, not randomized. Masking of participants was not possible for some variables (i.e. bed rest and eye patching). Use of placebo for other variables was not mentioned.
(selection bias) Blinding (performance bias and detection bias)		Masking of participants was not possible for some variables (i.e. bed rest and

principle was not followed.

79 participants were not included in the analyses, and the intention-to-treat

The primary interventions of interest for this study were not clear. Although the majority of the patients in the series were assigned to 1 of 6 conserva-

Reported results for primary and secondary outcomes

Medical interventions for traumatic hyphema (Review)

Incomplete outcome data

Secondary outcomes

Selective reporting (re-

(attrition bias)

porting bias)

Other bias

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Unclear risk

Unclear risk

Low risk



Rakusin 1972 (Continued)

tive-treatment comparison groups, 59 recruited patients were selected for surgery.

Methods	Study design: Quasi-randomized controlled series.		
	Exclusions after allocation: None.		
	Losses to follow-up: None.		
	Intention-to-treat: All participants were analyzed in the groups to which they had been assigned.		
	Sample size calculations: Not reported.		
Participants	Country: USA.		
	Dates: February 1970 to July 1972.		
	Number allocated: 137 consecutive patients.		
	Age: Mean 15.9 years.		
	Sex: 108 men and 29 women; 79% male.		
	Race: 101 (74%) African-American.		
	Sickle cell disease: Not reported.		
	Participants were similar with respect to baseline characteristics.		
	Inclusion criteria: Traumatic hyphema.		
	Exclusion criteria:		
	<ol> <li>Associated penetrating ocular injury</li> <li>Surgical exploration for suspected rupture of the globe</li> <li>Bodily injury</li> <li>Recurrent ocular injury</li> <li>Personal or family history of diabetes or bleeding disorders</li> </ol>		
Interventions	Medical treatment #1 (n = 66): Bed rest with elevation of head to 30°, bilateral ocular patches and shiel over injured eye, and sedation.		
	Medical treatment #2 (n = 71): Moderate ambulatory activity in the hospital, patching and shielding of the traumatized eye only, and no sedation.		
	Eyedrops were not administered in either medical treatment regimen.		
	On day 5, participants with remaining major primary or secondary hyphemas (n = 16) were alternate- ly assigned to continue with medical treatment or to receive surgical intervention (ab externo corneal section with clot expression).		
Outcomes	Primary and secondary outcomes not specified.		
	Measured outcomes:		
	<ol> <li>Changes or presence of IOP</li> <li>Duration of primary hyphema</li> <li>Disk of account are presented as</li> </ol>		
	<ol> <li>Risk of secondary hemorrhage</li> <li>Risk of corneal staining</li> </ol>		

Medical interventions for traumatic hyphema (Review)



Read 1974 (Continued)

- 5. Need for surgical intervention
- 6. Complications of the hyphema
- 7. Final VA

Follow-up: 1 week, 1, 3, and 6 months (range 3 months to 2.5 years; mean 16.5 months).

Notes

Funded by a grant from Research to Prevent Blindness, Inc

### **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Allocation was not randomized; alternately assigned patients to treatment groups at time of admission. Imbalance in number assigned to each group (66 vs 71) suggests alternation was not systematic.
Allocation concealment (selection bias)	High risk	Allocation was assigned on an alternate basis.
Blinding (performance bias and detection bias) Participants	High risk	Masking of participants was not possible given the interventions under study.
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	All participants were treated by the primary investigator in order to standard- ize therapy and to record results as accurately as possible.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for all outcomes
Other bias	High risk	A subset of participants with major hyphema on day 5 were alternately allocat- ed to either continue with medical treatment as originally assigned or to un- dergo surgical intervention. The participants that had surgery were thus cen- sored on day 5 from their medical treatment outcomes.

### Spaeth 1966

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial.		
	Exclusions after randomization: None.		
	Losses to follow-up: None.		
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.		
	Sample size calculations: Not reported.		

Medical interventions for traumatic hyphema (Review)



Spaeth 1966 (Continued)			
Participants	Country: USA.		
	Dates: 1963-64.		
	Number randomized: 85: 39 to estrogen, 46 to placebo.		
	Age: Mean age: estrogen 16.2 years (range 2 to 62 years), placebo 18.9 years (range 0.5 to 65 years).		
	Sex: 80% of estrogen group, 85% of placebo group were male.		
	Race: 72% of estrogen group, 70% of placebo group were black; remaining participants were white.		
	Sickle cell disease: Not reported.		
	Participants appeared to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Traumatic hyphema.		
	Exclusion criteria:		
	1. Penetrating ocular injury		
	<ol> <li>More than 24 hours since trauma</li> <li>History of ocular disease</li> </ol>		
	4. Failure to co-operate		
Interventions	Treatment: Conjugated estrogen, 5 mg intramuscularly for children < 5 years; 10 mg intramuscularly for children 5 years or older but < 10 years; and 20 mg intravenously for children 10 years or older and adults, for 5 days.		
	Control: Placebo, for 5 days.		
	Treatment for both groups included:		
	1. complete bed rest;		
	2. head of bed elevated;		
	<ol> <li>patches on both eyes;</li> <li>no ophthalmic drops; and</li> </ol>		
	5. sedation and analgesics as needed.		
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by "complete ocular examination" for 5 days. Documentation and definition not reported.		
	Secondary outcomes:		
	1. Time to secondary hemorrhage		
	2. VA measured at day 5 (discharge)		
	3. Risk of complications and adverse events		
Notes	Placebo and conjugated estrogen supplied by Ayerst Laboratories.		
Risk of bias			
Bias	Authors' judgement Support for judgement		
Random sequence genera- tion (selection bias)	Unclear risk Randomized, but method of allocation not reported.		
Allocation concealment (selection bias)	Low risk Allocation was concealed from investigators by use of coded bottles.		

Medical interventions for traumatic hyphema (Review)



### Spaeth 1966 (Continued)

Blinding (performance bias and detection bias) Participants	Low risk	Authors used coded bottles to mask participants. "Neither the person admin- istering nor the patient receiving the medications knew whether estrogen or placebo was being given."
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Authors used coded bottles to mask healthcare providers and outcomes asses- sors. "Neither the person administering nor the patient receiving the medica- tions knew whether estrogen or placebo was being given."
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

# **Spoor 1980**

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial. Exclusions after randomization: None. Losses to follow-up: None.		
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.		
	Sample size calculations: Not reported.		
Participants	Country: USA.		
	Dates: September 1975 to December 1977.		
	Number randomized: 43: 23 to prednisone, 20 to placebo.		
	Age: Mean age: prednisone group 20.1 years (range 5 to 61 years), placebo group 21.2 years (range 9 to 51 years).		
	Sex: 16 (70%) of prednisone group, 16 (80%) of placebo group were male.		
	Race: 14 (61%) white participants, 6 (26%) Hispanic participants, and 3 (13%) black participants in prednisone group; 11 (55%) white participants, 7 (35%) Hispanic participants, and 2 (10%) black partic- ipants in placebo group.		
	Sickle cell disease: Not reported.		
	Participants appeared to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Traumatic hyphema.		
	Exclusion criteria:		
	<ol> <li>Penetrating ocular injury</li> <li>More than 24 hours since trauma</li> </ol>		

Medical interventions for traumatic hyphema (Review)



Spoor 1980 (Continued)	<ol> <li>Treated before entry</li> <li>Not available for 6 months follow-up</li> </ol>		
Interventions	Treatment: Oral prednisone 40 mg/day for adults and children > 10 years; 15 mg/day for children ages 4 to 10 years; and 10 mg/day for children ages 18 months to 4 years, for 7 days.		
	Control: Lactose placebo capsules administered daily for 7 days.		
	Treatment for both groups included:		
	1. bed rest;		
	2. head of bed elevated 30° to 45°;		
	3. patch on affected eye;		
	4. no topical medications;		
	5. sedation as needed;		
	6. no aspirin; and		
	7. oral acetazolamide if IOP > 24 mmHg.		
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily for 7 days, using slit-lamp exam, docu- mented by drawings or photography.		
	Secondary outcomes:		
	1. Time to resolution of primary hemorrhage		
	2. Time to secondary hemorrhage		
	3. VA (followed up to 6 months)		
	4. IOP assessed daily for 7 days using applanation tonometry		
	5. Risk of complications and adverse events		
Notes			

**Risk of bias** 

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators by use of encoded capsules pre- pared by pharmacy.
Blinding (performance bias and detection bias) Participants	Low risk	Participants masked to treatment assignment by use of encoded capsules pre- pared by pharmacy. "Neither the doctor nor the patient knew which capsule the patient was receiving until the conclusion of the course of treatment and follow-up."
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Healthcare providers and outcomes assessors masked to treatment assign- ment by use of encoded capsules prepared by pharmacy. "Neither the doctor nor the patient knew which capsule the patient was receiving until the conclu- sion of the course of treatment and follow-up."
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.

Medical interventions for traumatic hyphema (Review)



### Spoor 1980 (Continued)

Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

Sukumaran 1988				
Methods	Study design: Quasi-randomized controlled series.			
	Exclusions after allocation: None.			
	Losses to follow-up: None.			
	Intention-to-treat: All participants were analyzed in the group to which they had been assigned.			
	Sample size calculations: Not reported.			
Participants	Country: Malaysia.			
	Dates: Not reported.			
	Number allocated: 35 consecutive patients.			
	Age: 80% below the age of 30 years.			
	Sex: 35 men.			
	Race: Not reported.			
	Sickle cell disease: Not reported.			
	Inclusion criteria: Traumatic hyphema.			
	Exclusion criteria:			
	<ol> <li>Other serious ocular or facial injuries</li> <li>Hyphema greater than 7 mm</li> </ol>			
Interventions	Treatment (n = 17): oral tranexamic acid (Cyklokapron) 25 mg/kg divided into 3 doses for 7 days in add tion to routine treatment.			
	Control (n = 18): Routine treatment.			
	Routine treatment for both groups included:			
	<ol> <li>bilateral patching;</li> <li>bed rest;</li> <li>sedation;</li> <li>analgesics when required; and</li> <li>topical corticosteroid drops from the third day for 1 week.</li> </ol>			
Outcomes	Primary outcomes:			
	<ol> <li>Risk of secondary hemorrhage</li> <li>Speed of recovery</li> <li>Final VA</li> </ol>			
	Follow-up: At least 1 week.			

Medical interventions for traumatic hyphema (Review)



#### Sukumaran 1988 (Continued)

Notes

Funding source not reported.

#### **Risk of bias**

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Method of allocation unclear, not randomized.
Allocation concealment (selection bias)	High risk	Method of allocation concealment not reported, not randomized.
Blinding (performance bias and detection bias) Participants	High risk	No placebo was used for the control group.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Unclear risk	Masking was not reported.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

#### Teboul 1995

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial.
	Exclusions after randomization: None.
	Losses to follow-up: None.
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.
	Sample size calculations: The authors reported that sample sizes were not calculated because the rate of secondary hemorrhage in children was unknown and that of other populations was too variable to estimate.
Participants	Country: Canada.
	Dates: November 1987 to February 1994.
	Number randomized: 94: 48 to aminocaproic acid, 46 to placebo.
	Age: Mean age: aminocaproic acid group 8.2 years, placebo group 10.6 years.
	Sex: 42 (88%) of aminocaproic acid group, 39 (85%) of placebo group were male.

Medical interventions for traumatic hyphema (Review)



Risk of bias				
Notes				
	o. Niskoi complications and adverse events			
	<ol> <li>Length of hospitalization</li> <li>Risk of complications and adverse events</li> </ol>			
	4. IOP measured daily for 5 days using applanation tonometry			
	3. VA at final visit (follow-up range 5 days to 3.4 years)			
	2. Time to secondary hemorrhage			
	1. Time to resolution of primary hemorrhage			
	Secondary outcomes:			
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed by daily slit-lamp exam for 5 days; docu- mented by drawing of hyphema with distinction between fresh and clotted blood.			
	8. dimenhydrinate (Gravol) if nausea or vomiting.			
	7. topical timolol maleate 0.5% 2 times/day and oral acetazolamide if IOP > 25 mmHg; and			
	6. no aspirin;			
	<ol> <li>1% attopine ontinent lightly and garasone drops 2 times/day;</li> <li>oral paracetamol for pain;</li> </ol>			
	<ol> <li>patch on affected eye;</li> <li>1% atropine ointment nightly and garasone drops 2 times/day;</li> </ol>			
	2. head of bed elevated to 45°;			
	1. bed rest;			
	Treatment for both groups included:			
	Control: Placebo every 4 hours for 5 days.			
Interventions	Treatment: Oral aminocaproic acid 100 mg/kg every 4 hours (up to 30 g/day), for 5 days.			
	7. Pregnancy			
	6. Recent ingestion of aspirin up to 1 week before entry			
	5. History of sickle cell anemia, renal disease, hepatic disease, cardiac disease, or coagulopathy			
	<ol> <li>More than 24 hours since trauma</li> <li>Requirement for immediate surgical intervention</li> </ol>			
	2. Total hyphema			
	1. Penetrating ocular injury			
	Exclusion criteria:			
	Inclusion criteria: Traumatic hyphema.			
	Participants appeared to be balanced with respect to baseline characteristics, except for mean age where the aminocaproic acid group was younger (8.2 to 10.6 years).			
	Sickle cell disease: None; excluded.			
	Race: 43 (90%) of aminocaproic acid group, 42 (91%) of placebo group were white.			
eboul 1995 (Continued)				

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators by preparation of drugs by phar- macy; it was stated that investigators were unaware of next treatment assign- ment.

Medical interventions for traumatic hyphema (Review)



### Teboul 1995 (Continued)

Blinding (performance bias and detection bias) Participants	Low risk	Participants masked to treatment assignment by use of medications prepared by pharmacy.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Healthcare providers and outcomes assessors masked to treatment assign- ment by use of medications prepared by pharmacy. "The double-blind code was not broken until completion of the study."
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	"The authors have no proprietary interest in aminocaproic acid or any compet- ing drug."

# Vangsted 1983

Methods	Study design: Randomized clinical trial.		
	Exclusions after randomization: None.		
	Losses to follow-up: None.		
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.		
	Sample size calculations: Not reported.		
Participants	Country: Sweden.		
	Dates: November 1978 to May 1981.		
	Number randomized: 112: 59 to tranexamic acid, 53 to bed rest.		
	Age: Mean age: tranexamic acid group 23.5 years (range 9 to 60 years), bed rest group 23.5 years (range 9 to 67 years).		
	Sex: Ratio of male:female 4:1.		
	Race: Not reported.		
	Sickle cell disease: Not reported.		
	Participants appeared to be balanced with respect to baseline characteristics.		
	Inclusion criteria: Traumatic hyphema.		
	Exclusion criteria:		
	<ol> <li>Penetrating ocular injury</li> <li>Microscopic hyphema</li> </ol>		

Medical interventions for traumatic hyphema (Review)



Vangsted 1983 (Continued)	-			
Interventions	Control: Complete bed Treatment for both gro 1. patch on affected e 2. 1% atropine once/d	pups included: ye; day;		
	<ol> <li>dexamethasone 3 times/day;</li> <li>no aspirin; and</li> <li>oral acetazolamide if IOP &gt; 25 mmHg.</li> </ol>			
Outcomes	<ul> <li>Primary outcome: Risk of secondary hemorrhage, assessed daily by slit-lamp exam at days 2 and 7.</li> <li>Documentation and definition not reported.</li> <li>Secondary outcomes: <ol> <li>Time to resolution of primary hemorrhage</li> <li>VA measured at days 2 and 7</li> <li>IOP measured using applanation tonometry at days 2 and 7</li> <li>Length of hospitalization</li> <li>Risk of complications and adverse events</li> </ol> </li> </ul>			
Notes				
Risk of bias				
Bias	Authors' judgement	Support for judgement		
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.		
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.		
Blinding (performance bias and detection bias) Participants	High risk	Participants were not masked to treatment assignment (bed rest vs tranexam- ic acid).		
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	Healthcare providers and outcome assessors were not masked to treatment assignment (bed rest vs tranexamic acid).		
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.		

Medical interventions for traumatic hyphema (Review)

(attrition bias)

Secondary outcomes



### Vangsted 1983 (Continued)

Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

Methods	Study design: Quasi-randomized controlled series.				
	Exclusions after allocation: None.				
	Losses to follow-up: None.				
	Intention-to-treat: All participants were analyzed in the group to which they had been assigned.				
	Sample size calculations: Not reported.				
Participants	Country: Denmark.				
	Dates: March 1978 to November 1979.				
	Number allocated: 232 consecutive patients from 4 study centers.				
	Age: Mean 24.4 years.				
	Sex: 188 men, 44 women; 81% male.				
	Race: 100% white.				
	Sickle cell disease: Not reported, but all-white study population.				
	Inclusion criteria:				
	1. Traumatic hyphema with sedimented hyphema or visible clots in the anterior chamber 2. Admitted less than 24 hours after sustaining injury				
	Exclusion criteria:				
	1. Patients with hemorrhagic flare only				
	<ol> <li>Pregnancy</li> <li>Perforating eye injuries</li> </ol>				
nterventions	Treatment (n = 102): Oral tranexamic acid 25 mg/kg divided into 3 doses for 6 days.				
	Control (n = 130): Conservative treatment.				
	Treatment for both groups included:				
	1. hospitalization;				
	2. bed rest; and				
	3. stenopaeic glasses for 5 days.				
Outcomes	Primary outcomes:				
	1. Risk of secondary hemorrhage				
	<ol> <li>Speed of absorption of primary hemorrhage</li> <li>Final VA</li> </ol>				
	<ol> <li>Final VA</li> <li>Length of hospitalization</li> </ol>				

Medical interventions for traumatic hyphema (Review)



Varnek 1980 (Continued)

Follow-up: Days 5 and 12.

Notes

Funding source not reported.

Method used to calculate mean VA not reported.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	High risk	Allocation was not randomized; patients were assigned to treatment groups based on date of admission.
Allocation concealment (selection bias)	High risk	Method of allocation based on even versus odd admission dates.
Blinding (performance bias and detection bias) Participants	High risk	No placebo was used for the control group.
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	Masking was not done because of the noticeable delay in resolution time be- tween treatment groups. Tranexamic acid was considered to induce persis- tence of the primary clot a priori.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

#### Wang 1994

Mang 1994				
Methods	Study design: Randomized clinical trial.			
	Exclusions after randomization: None.			
	Losses to follow-up: None.			
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.			
	Sample size calculations: Not reported.			
Participants	Country: China.			
	Dates: Not reported.			
	Number randomized: 83: 45 in treatment group, 38 in control group.			
	Age: Range 4 to 49 years.			

Medical interventions for traumatic hyphema (Review)

Nang 1994 (Continued)		
	Sex: 56 (67%) men, 27 (	(33%) women.
	Race: Not reported.	
	Sickle cell disease: Not	reported.
	tween-group comparis phema not reported; h 24 hours after the trau 3 (7%) participants rec participants received n	to be balanced with respect to baseline characteristics (P > 0.05 for be- cons for anterior chamber blood volume, IOP, gender, and age). Severity of hy- owever, in the treatment group, 29 (64%) participants received medicine within ma; 13 (29%) participants received medicine within 3 days after the trauma; and eived medicine at day 5 after the trauma, while in the control group, 31 (82%) nedicine (carbazochrome or etamsylate) within 24 hours after the trauma, and 7 eived medicine within 3 days after the trauma.
	Inclusion criteria: Any o	degree of traumatic hyphema.
	Exclusion criteria: Not	reported.
Interventions	treatment group. The p companied by vitamin	nnan Baiyao (a traditional Chinese medicine) was given to participants in the participants were assigned to take 0.5 g of the medicine 4 times/day orally, ac- C and vitamin K also taken orally, and with 0.5% vinegar eyedrops. The length of days (until complete resolution).
	Control (n = 38): partici etamsylate to help stop	ipants in the control group were given medicines such as carbazochrome or o bleeding.
	Follow-up: 1 week.	
Outcomes	Primary outcome: Nun 0.7 or better, and no re	nber of participants "cured," defined as complete resolution within 5 days, VA of bleed within 1 week.
	Secondary outcomes:	None reported.
Notes	Funding source not rep	ported.
	Poor description of stu	dy methods and outcomes in publication
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	Unclear risk	Masking of participants was not reported.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Unclear risk	Masking of outcome assessors was not reported.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.

Medical interventions for traumatic hyphema (Review)

### Wang 1994 (Continued)

Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Unclear risk	Study outcomes of interest not clearly stated.
Other bias	High risk	2 different control interventions were described, but method used to decide which participants received which control intervention was not stated. Why "vinegar eyedrops" were used in the experimental group was not described. Length of time between onset of hyphema and initiation of treatment differed between treatment groups.

### Welsh 1983

Methods	Study design: Randomized, double-masked, placebo-controlled clinical trial.
	Exclusions after randomization: None.
	Losses to follow-up: None.
	Intention-to-treat: All participants were analyzed in the group to which they had been randomly as- signed.
	Sample size calculations: Not reported.
Participants	Country: South Africa.
	Dates: Not reported.
	Number randomized: 39: 19 to tranexamic acid, 20 to placebo.
	Age: Mean age: tranexamic acid group 25.2 years (range 15 to 38 years), placebo group 25.2 years (range 14 to 52 years).
	Sex: 15 (79%) of tranexamic acid group, 17 (85%) of placebo group were male.
	Race: 100% black.
	Sickle cell disease: Not reported.
	Participants appeared to be balanced with respect to baseline characteristics. 3 of 39 participants had a hyphema due to cataract surgery: 2 in the tranexamic group and 1 in the control group.
	Inclusion criteria: Hyphema; either non-perforated or perforated, if the latter then the wound was su- tured and treated as closed injury.
	Exclusion criteria:
	<ol> <li>More than 5 days since onset</li> <li>Age 14 or younger</li> <li>Presence of hypertension</li> </ol>
	4. History of thrombocytic event
	5. Diabetes
	6. Renal impairment
	7. Uremia
	<ol> <li>8. Presence of coma</li> <li>9. Pregnancy</li> </ol>

Medical interventions for traumatic hyphema (Review)



# Welsh 1983 (Continued)

Interventions	Treatment: 3 x 500 mg tablets of oral tranexamic acid 3 times/day for 7 days, for an overall total of 31.5 g of tranexamic acid.
	Control: 3 tablets of placebo 3 times/day for 7 days.
	Treatment for both groups included:
	1. bed rest;
	2. patch on affected eye;
	3. 1% atropine once/day;
	4. 4% pilocarpine once/day;
	5. cortisone eyedrops once/day.
Outcomes	Primary outcome: Risk of secondary hemorrhage, assessed daily by visual exam. Documentation and definition not reported.
	Secondary outcomes:
	1. Percentage area of hyphema, measured daily
	2. IOP measured daily
	3. Risk of complications and adverse events
Notes	Tranexamic acid and placebo supplied by Adcock Ingram Laboratories.

### Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Low risk	Allocation was concealed from investigators by preparation of drugs by phar- macy; it was stated that investigators were unaware of next treatment assign- ment.
Blinding (performance bias and detection bias) Participants	Low risk	Participants were masked to treatment assignment by use of medications pre- pared by pharmacy. "Neither patient nor staff knew which tablet the patient was receiving and the code was broken by the pharmaceutical firm at the end of the trial."
Blinding (performance bias and detection bias) Personnel and outcome assessors	Low risk	Healthcare providers and outcomes assessors were masked to treatment as- signment by use of medications prepared by pharmacy. "Neither patient nor staff knew which tablet the patient was receiving and the code was broken by the pharmaceutical firm at the end of the trial."
Incomplete outcome data (attrition bias) Primary outcome	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	There were no exclusions and no loss to follow-up. All participants were ana- lyzed in the group to which they had been randomly assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Unclear risk	Tranexamic acid (Cyklokapron) and placebo tablets were supplied by Adcock Ingram Laboratories.

Medical interventions for traumatic hyphema (Review)



### Zetterstrom 1969

etterstrom 1969			
Methods	Study design: Quasi-ra	ndomized controlled series.	
	Exclusions after allocation: None.		
	Losses to follow-up: No	one.	
	Intention-to-treat: All p	participants were analyzed in the group to which they had been assigned.	
	Sample size calculation	ns: Not reported.	
Participants	Country: Sweden.		
	Dates: September 1967	7 to September 1968.	
	Number allocated: 117	consecutive patients.	
	Age: Mean: 22.0 years (range 5 to 57 years).		
	Sex: 102 men and 17 w	omen (as reported); 86% male.	
	Race: Not reported.		
	Sickle cell disease: Not	reported.	
	Inclusion criteria: Trau	matic hyphema.	
	Exclusion criteria: Perforation of the eyeball.		
Interventions	Treatment (n = 58): Topical atropine with dexamethasone (Decadron) eyedrops 5 times/day and mod- erate ambulatory activity within hospital.		
	Control (n = 59): Conservative treatment consisting of complete bed rest without pinhole glasses or si- multaneous local therapy.		
	Treatment for both groups included inpatient care until VA in the injured eye was satisfa phema was absorbed, and IOP did not deviate from normal.		
Outcomes	Primary outcomes:		
	1. Length of hospitalization		
	<ol> <li>Final VA</li> <li>Risk of secondary hemorrhage</li> </ol>		
	4. Complication rates		
	Follow-up: Followed until discharge; some participants with iritis were seen as outpatients after dis- charge.		
Notes	Funding source not rep	ported.	
	Method used to calculate mean VA not reported.		
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	High risk	Allocation was not randomized; patients alternately assigned to treatment groups based on order of admission.	
Allocation concealment (selection bias)	High risk	Method of allocation based on order of admission.	

Medical interventions for traumatic hyphema (Review)

#### Zetterstrom 1969 (Continued)

Blinding (performance bias and detection bias) Participants	High risk	Masking of participants was not possible given the interventions under study.
Blinding (performance bias and detection bias) Personnel and outcome assessors	Unclear risk	Masking was not reported, but unlikely due to the types of interventions being studied.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

# Zi 1999

Methods	Study design: Randomized controlled series.
	Exclusions after allocation: None.
	Losses to follow-up: None.
	Intention-to-treat: All participants were analyzed in the group to which they had been assigned.
	Sample size calculations: Not reported.
Participants	Country: China.
	Dates: September 1990 to 1997.
	Number randomized: 79.
	Age: Mean: 24.5 years (range 7 to 43 years).
	Sex: 70 men and 4 women (as reported); 95% male.
	Race: Not reported.
	Sickle cell disease: Not reported.
	Inclusion criteria: Hyphema.
	Exclusion criteria: Not reported.
Interventions	Treatment (n = 39): Alternatively right and left lateral position.
	Control (n = 35): Semi-reclined position.
Outcomes	Primary outcomes: Time to resolution by severity.
	Secondary outcomes:

Medical interventions for traumatic hyphema (Review)



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Zi 1999 (Continued)	<ol> <li>Discomfort</li> <li>Complications</li> </ol>	
	Follow-up: Not reporte	d.
Notes	Funding source not rep	ported.
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Randomized, but method of allocation not reported.
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not reported.
Blinding (performance bias and detection bias) Participants	High risk	Participants were not masked to treatment assignment (lying either semi-re- clining or on side).
Blinding (performance bias and detection bias) Personnel and outcome assessors	High risk	Healthcare providers and outcome assessors were not masked.
Incomplete outcome data (attrition bias) Primary outcome	Low risk	All participants were analyzed in the group to which they had been assigned.
Incomplete outcome data (attrition bias) Secondary outcomes	Low risk	All participants were analyzed in the group to which they had been assigned.
Selective reporting (re- porting bias)	Low risk	Reported results for primary and secondary outcomes
Other bias	Low risk	No other sources of potential bias were identified.

IOP: intraocular pressure; n: number of participants; VA: visual acuity.

# **Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion	
Amirova 1991	Included non-traumatic hyphema cases in trial and could not separate outcomes in traumatic hyphema cases; the method of choosing the control group was not mentioned.	
Anderson 1971	Not a clinical trial, case reports	
Berrios 1995	Review of traumatic hyphema, no original data	
Bramsen 1977	Not a clinical trial, used historical controls	
Bramsen 1980	Review of previously published studies, no original data	

Medical interventions for traumatic hyphema (Review)



Study	Reason for exclusion
Campana 1969	Not a clinical trial, case reports and experimental studies in rabbits
Cherkasov 1989	Did not include traumatic hyphema cases, all had vitreous hemorrhage.
Crawford 1976	Not a clinical trial, retrospective cohort study
Dralands 1981	Not a clinical trial, used historical controls
Dumitrache 2011	Not a clinical trial, case reports
Gabler 2002	Review of treatment strategies for ocular emergencies, no original data
Gastaldi 1970	Review of treatments for traumatic hyphema, no original data
Ghisolfi 1972	Included non-traumatic hyphema cases in trial and could not separate outcomes in traumatic hy- phema cases
Gilbert 1973	Not a clinical trial, used historical controls
Gillan 1961	Not a clinical trial, used historical controls
Goldberg 1960	Not a clinical trial, cohort study using chart review
Gundorova 1985	Not a clinical trial. There were only 3 participants with post-traumatic hyphema and no obvious control group was defined.
Guseva 2010	Included non-traumatic hyphema cases and could not separate outcomes in traumatic hyphema cases; the method of choosing treatment groups was not mentioned.
Heath 1966	Not a clinical trial, case reports
Jrasnov 1986	Not a clinical trial, all participants on same drug therapy, compared those who eventually had surgery vs those who did not.
Kirschner 2012	Summary of review, no original data
Kotas 1990	Not a clinical trial, case report
Krasnov 1971a	There were only 6 participants with post-traumatic hyphema without surgery or penetrating in- juries; participants with different types of glaucoma were classified and treated with glycerin alone or with glycerin and thromboplastin accordingly.
Krasnov 1971b	Not a clinical trial, 2 case series and 1 report of an animal study
Latinovic 1981	Interventional case series, no control group
Li 1997	Included non-traumatic hyphema cases in trial and could not separate outcomes in traumatic hy- phema cases
Li 2009	Not a clinical trial, cohort study
Logai 1974	Not a clinical trial, case series of 74 eyes with hyphema, 28 had non-penetrating traumatic hyphe- ma
Mathis 1987	Not a clinical trial, case reports

Medical interventions for traumatic hyphema (Review)



Study	Reason for exclusion	
Missotten 1977	Not a clinical trial, used historical controls	
Mortensen 1978	Not a clinical trial, used historical controls	
Munoz Negrete 1989	Interventional case series, no control group	
Murzin 1966	Not a clinical trial, appears to be without a control group, and the author tested 2 different drugs in various combinations for various types of bleeds in the eye, which occurred at various times before the onset of treatment.	
Ohrstrom 1972	Not a clinical trial, cohort study	
Oksala 1967	Not a clinical trial, cohort study	
Pierse 1964	Not a clinical trial, case reports	
Pogorel'skii 1966	Not a clinical trial, cohort study comparing people with hemophthalmos treated with chy- motrypsin vs people with hemorrhage into the eye cavity treated with resorption therapy	
Polychronakos 1967	Not a clinical trial, case reports	
Rakusin 1971	Not eligible, surgical interventions	
Roberts 2006	Editorial calling for trial of traumatic hyphema to be done, no original data	
Romano 1986	Review of corticosteroids for the treatment of traumatic hyphema, no original data	
Romashchenko 1985	Groups of patients with bleeds in the eye: group 1 was a mix of post-traumatic and postoperative hyphemas (no clear group with post-traumatic hyphemas); the control group was taken from a ret- rospective study of case notes from 1979 to 1981 and had received an entirely different set of drugs as treatment for their bleeds in the eye.	
Rouher 1966	Not a clinical trial, report of 10 cases, only some patients had hyphema	
Spoor 1990	Not a clinical trial, cohort study	
Stepanov 2002	Not a clinical trial, no control group	
Surel 1987	Not a clinical trial, used historical controls	
Tartakovskaia 1972	Not a clinical trial, no control group	
Travkin 1997	Included non-traumatic hyphema cases in trial and could not separate outcomes in traumatic hyphema cases	
Uusitalo 1988	Not a clinical trial, used historical controls	
Volpe 1991	Combined randomized and non-randomized participants into 1 cohort	
Wang 2010	Not related to medical treatments for hyphema, compared satisfaction in 2 groups based on whether or not they had received education on having glaucoma secondary to traumatic hyphema	
Watkins 1974	Not a clinical trial, animal study and case reports	
Welsh 1971	Not a clinical trial, case reports	

Medical interventions for traumatic hyphema (Review)



Study	Reason for exclusion
Williams 1993	Not a clinical trial, interventional case series
Williamson 1973	Not a clinical trial, report of 4 cases
Wilson 1990	Not a clinical trial, cohort study
Wright 1964	Included non-traumatic hyphema cases in trial and could not separate outcomes in traumatic hy- phema cases
Yan 2012	Included participants who may have been treated surgically prior to study enrollment
Yasuna 1974	Not a clinical trial, used historical controls
Zhang 2013	Retrospective study comparing routine treatment with or without chymotrypsin for grade III contu- sive hyphema
Zhang 2014	Compared routine treatment with or without Hexue mingmu tablets for hyphema; method of ran- domization not reported.
Zhou 1982	Not a clinical trial, groups were selected based on severity of injury
Zobina 1987	Not a clinical trial, case series, no control group
Zobina 1996	Not a clinical trial, description of therapy with observational findings

# DATA AND ANALYSES

# Comparison 1. Systemic aminocaproic acid versus placebo

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity from 20/20 to 20/40	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Long-term visual acuity between 20/20 and 20/40	2	108	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.82, 1.29]
3 Final visual acuity between 20/20 and 20/40	2	143	Risk Ratio (M-H, Fixed, 95% CI)	1.05 [0.93, 1.18]
4 Time to resolution of primary hemor- rhage (days)			Other data	No numeric data
5 Risk of secondary hemorrhage	6	330	Risk Ratio (M-H, Fixed, 95% CI)	0.28 [0.13, 0.60]
6 Time to rebleed (days)			Other data	No numeric data
7 Risk of corneal blood stain	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

Medical interventions for traumatic hyphema (Review)

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Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
8 Risk of glaucoma or increases in IOP			Other data	No numeric data
8.1 Transient increase in IOP			Other data	No numeric data
8.2 Persistent increase in IOP			Other data	No numeric data
9 Risk of glaucoma or elevated IOP	2	83	Risk Ratio (M-H, Fixed, 95% CI)	0.38 [0.08, 1.82]
10 Risk of optic atrophy	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
11 Adverse effects: nausea or vomiting	3	131	Risk Ratio (M-H, Fixed, 95% CI)	8.60 [2.09, 35.50]
12 Duration of hospitalization (days)			Other data	No numeric data

# Analysis 1.1. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 1 Short-term visual acuity from 20/20 to 20/40.

Study or subgroup	Antifibrinolytics	Control		Risk F	Ratio		<b>Risk Ratio</b>	
	n/N	n/N		M-H, Fixed	d, 95% CI		M-H, Fixed, 95% CI	
Kutner 1987	14/21	10/13					L.	0.87[0.57,1.32]
		Favors control 0.	1 0.2	0.5 1	2	5	10	Favors antifibrinolytics

# Analysis 1.2. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 2 Long-term visual acuity between 20/20 and 20/40.

Study or subgroup	Antifibri- nolytics	Control		Risk Ratio			Weight	Risk Ratio			
	n/N	n/N			М-Н, F	ixed, 9	95% CI				M-H, Fixed, 95% CI
Crouch 1976	25/32	18/27				-	-			49.92%	1.17[0.85,1.62]
Kraft 1987	17/24	20/25			-	-				50.08%	0.89[0.64,1.22]
Total (95% CI)	56	52				•				100%	1.03[0.82,1.29]
Total events: 42 (Antifibrinolyti	cs), 38 (Control)										
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1.4	45, df=1(P=0.23); I <sup>2</sup> =31.07%										
Test for overall effect: Z=0.24(P	=0.81)										
		Favors control	0.1	0.2	0.5	1	2	5	10	Favors antifibrinolytics	5

# Analysis 1.3. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 3 Final visual acuity between 20/20 and 20/40.

Study or subgroup	Antifibri- nolytics	Control		Risk Ratio			Weight	Risk Ratio			
	n/N	n/N			М-Н, F	ixed, 9	5% CI				M-H, Fixed, 95% Cl
McGetrick 1983	22/28	14/21				-+	_			26.26%	1.18[0.82,1.69]
Teboul 1995	46/48	44/46				+				73.74%	1[0.92,1.09]
Total (95% CI)	76	67				•				100%	1.05[0.93,1.18]
Total events: 68 (Antifibrinolyt	ics), 58 (Control)										
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1.	49, df=1(P=0.22); I <sup>2</sup> =32.92%										
Test for overall effect: Z=0.79(P	9=0.43)										
		Favors control	0.1	0.2	0.5	1	2	5	10	Favors antifibrinolytics	5

# Analysis 1.4. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 4 Time to resolution of primary hemorrhage (days).

	Time to	resolution of primary hemorrhag	ge (days)			
Study	Mean (SD) time to resolu- tion in drug treated group	Number of participants in drug treated group	Mean (SD) time to reso- lution in control group	Number of partici- pants in control group		
Christianson 1979	NR	22	NR	23		
Crouch 1976	4.1 days (4.0 days in study par- ticipants without secondary hemorrhage)	32 (31 without a secondary he- morrhage)	3.8 days (2.8 days in study par- ticipants without secondary hemorrhage)	27 (18 without a secondary he- morrhage)		
Kraft 1987	8 days (5.3 days in study par- ticipants without secondary hemorrhage)	24 (22 without a secondary he- morrhage)	5 days (2.6 days in study par- ticipants without a secondary hemorrhage)	25 (24 without a secondary he- morrhage)		
Kutner 1987	4.8 days in all study partici- pants	21 (no participant had a sec- ondary hemorrhage	2.4 days in all study partici- pants	10 study participants without a secondary hemorrhage		
McGetrick 1983	4.5 days in all study partici- pants	28 (1 study participant had a secondary hemorrhage)	6.3 days in all study partici- pants	21 (7 study participants had a secondary hemorrhage)		
Teboul 1995	6.7 days in all study partici- pants	48 (1 study participant had a secondary hemorrhage)	2.6 days in all study partici- pants	46 (2 study participants had a secondary hemorrhage)		

### Analysis 1.5. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 5 Risk of secondary hemorrhage.

Study or subgroup	Antifibri- nolytics	Control	Risk Ratio			Weight	Risk Ratio		
	n/N	n/N	M-H, Fixed, 95% CI					M-H, Fixed, 95% CI	
Christianson 1979	2/22	1/23		+			3.75%	2.09[0.2,21.45]	
Crouch 1976	1/32	9/27					37.49%	0.09[0.01,0.69]	
Kraft 1987	2/24	1/25		+			3.76%	2.08[0.2,21.5]	
Kutner 1987	0/21	3/13	-				16.43%	0.09[0.01,1.63]	
McGetrick 1983	1/28	7/21					30.72%	0.11[0.01,0.81]	
Teboul 1995	1/48	2/46					7.84%	0.48[0.04,5.11]	
Total (95% CI)	175	155		•			100%	0.28[0.13,0.6]	
Total events: 7 (Antifibrinolytics), 23 (	Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =8.52, df=	5(P=0.13); I <sup>2</sup> =41.31%								
Test for overall effect: Z=3.28(P=0)					1				
	Favors	antifibrinolytics	0.01	0.1 1	10	100	Favors control		

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### Analysis 1.6. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 6 Time to rebleed (days).

	Time to rebleed (days)											
Study	Number of rebleeds in drug treated group	Time to rebleed in drug treated group	Number of rebleeds in control group	Time to rebleed in control group								
Christianson 1979	2 of 22	NR	1 of 23	NR								
Crouch 1976	1 of 32	Day 1	9 of 27	Days 2 to 7: 2 on day 2; 2 on day 3; 4 on day 4; and 1 on day 7								
Kraft 1987	2 of 24	Days 3 and 4	1 of 25	Day 4								
Kutner 1987	0 of 21	NA	3 of 13	All rebled on Day 2								
McGetrick 1983	1 of 28	Day 4	7 of 21	Days 3 to 6: 5 on day 3; 1 on day 5; and 1 on day 6								
Teboul 1995	1 of 48	Day 6	2 of 46	Days 2 and 7								

### Analysis 1.7. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 7 Risk of corneal blood stain.

Study or subgroup	Antifibrinolytics	Antifibrinolytics Control n/N n/N			Risk Ratio	,		Risk Ratio M-H, Fixed, 95% Cl		
	n/N			M-H	, Fixed, 95	% CI				
Crouch 1976	0/32	2/27	-			- ,		0.17[0.01,3.39]		
		Favors antifibrinolytics	0.01	0.1	1	10	100	Favors control		

# Analysis 1.8. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 8 Risk of glaucoma or increases in IOP.

		Risk of glaucoma or increases in IOP											
Study	Odds Ratio [95% CI]	Total patients (N)	Definition of outcome	Patients with sickle cell/trait									
Transient increase in IOP													
Teboul 1995	0.96 [0.18, 5.00]	94	Transient IOP greater than 25 mmHg, all patients had normal IOP at discharge (5 days)	None (excluded)									
		Persistent increase in IOP											
Kraft 1987	1.04 [0.06, 17.69]	49	IOP greater than 25 mmHg at follow-up (6 weeks to 18 months)	None (excluded)									
Kutner 1987	0.17 [0.02, 1.81]	34	Elevated IOP at time of dis- charge (6 days)	None (excluded)									

# Analysis 1.9. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 9 Risk of glaucoma or elevated IOP.

Study or subgroup	Antifibri- nolytics	Control		Risk Ratio M-H, Fixed, 95% Cl			Weight	Risk Ratio	
	n/N	n/N		м-н,	Fixed, 95	% CI			M-H, Fixed, 95% Cl
Kraft 1987	1/24	1/25						20.91%	1.04[0.07,15.73]
Kutner 1987	1/21	3/13						79.09%	0.21[0.02,1.78]
Total (95% CI)	45	38						100%	0.38[0.08,1.82]
Total events: 2 (Antifibrinolytic	cs), 4 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0.	.84, df=1(P=0.36); I <sup>2</sup> =0%								
Test for overall effect: Z=1.21(F	P=0.23)						1		
	Favors	antifibrinolytics	0.01	0.1	1	10	100	Favors control	

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# Analysis 1.10. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 10 Risk of optic atrophy. Study or subgroup Antifibrinolytics Risk Ratio Risk Ratio

Study or subgroup	ubgroup Antifibrinolytics Contr		Risk Ratio				Risk Ratio		
	n/N	n/N		M-H	, Fixed, 95	% CI		M-H, Fixed, 95% Cl	
Crouch 1976	0/32	2/27	•				0.17[0.01,3.39]		
		Favors antifibrinolytics	0.01	0.1	1	10	100	Favors control	

# Analysis 1.11. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 11 Adverse effects: nausea or vomiting.

Study or subgroup	Antifibri- nolytics	Control			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H	I, Fixed, 95	% CI			M-H, Fixed, 95% CI
Kraft 1987	8/24	1/25						45.13%	8.33[1.13,61.7]
Kutner 1987	6/21	0/13				-	$\rightarrow$	28.15%	8.27[0.5,135.68]
McGetrick 1983	6/28	0/20				-		26.72%	9.41[0.56,158.11]
Total (95% CI)	73	58			-		-	100%	8.6[2.09,35.5]
Total events: 20 (Antifibrinolyti	cs), 1 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0.0	01, df=2(P=1); l <sup>2</sup> =0%								
Test for overall effect: Z=2.98(P	=0)								
	Favors	antifibrinolytics	0.01	0.1	1	10	100	Favors control	

# Analysis 1.12. Comparison 1 Systemic aminocaproic acid versus placebo, Outcome 12 Duration of hospitalization (days).

		Duration of hospitalization (day	s)	
Study	Mean (SD) duration of hospitalization for drug treated group	Number of participants in drug treated group	Mean (SD) duration of hospi- talization in control group	Number of partici- pants in control group
McGetrick 1983	5.7 days	28	7.3 days	20
Teboul 1995	7.3 days	48	5.4 days	46

Comparison 2.	Topical	aminoca	proic ac	id versus	placebo
••••••••••••					Placese

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity from 20/20 to 20/40	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Time to resolution of primary hemor- rhage (days)			Other data	No numeric data
3 Risk of secondary hemorrhage	2	131	Risk Ratio (M-H, Fixed, 95% CI)	0.48 [0.20, 1.10]
4 Time to rebleed (days)			Other data	No numeric data

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Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
5 Risk of glaucoma or elevated IOP	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

# Analysis 2.1. Comparison 2 Topical aminocaproic acid versus placebo, Outcome 1 Short-term visual acuity from 20/20 to 20/40.

Study or subgroup	Antifibrinolytics	Control	<b>Risk Ratio</b>	<b>Risk Ratio</b>
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Pieramici 2003	10/24	13/27		0.87[0.47,1.6]
		Favors control 0.1	0.2 0.5 1 2 5	<sup>10</sup> Favors antifibrinolytics

# Analysis 2.2. Comparison 2 Topical aminocaproic acid versus placebo, Outcome 2 Time to resolution of primary hemorrhage (days).

Time to resolution of primary hemorrhage (days)								
Study	Mean (SD) time to resolu- tion in drug treated group	Number of participants in drug treated group	Mean (SD) time to reso- lution in control group	Number of partici- pants in control group				
Karkhaneh 2003	11.1 (4.7) days	41	+ Placebo gel: 9.3 (4.2) days No placebo gel: 9.5 (3.9) days	+ Placebo gel: 39 No placebo gel: 52				
Pieramici 2003	Reported as "no difference be- tween treatment groups"	24	Reported as "no difference be- tween treatment groups"	27				

### Analysis 2.3. Comparison 2 Topical aminocaproic acid versus placebo, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Antifibri- nolytics	Control			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H	I, Fixed, 95%	CI			M-H, Fixed, 95% CI
Karkhaneh 2003	5/41	7/39		-				48.79%	0.68[0.24,1.96]
Pieramici 2003	2/24	8/27			┣─┤			51.21%	0.28[0.07,1.2]
Total (95% CI)	65	66		-	•			100%	0.48[0.2,1.1]
Total events: 7 (Antifibrinolytic	cs), 15 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	.94, df=1(P=0.33); I <sup>2</sup> =0%								
Test for overall effect: Z=1.73(F	P=0.08)								
	Favors	antifibrinolytics	0.01	0.1	1	10	100	Favors control	

### Analysis 2.4. Comparison 2 Topical aminocaproic acid versus placebo, Outcome 4 Time to rebleed (days).

		Time to rebleed (days)		
Study	Number of rebleeds in drug treated group	Time to rebleed in drug treated group	Number of rebleeds in control group	Time to rebleed in control group
Karkhaneh 2003	5 of 41	Days 2 to 4: Mean = 3.2 days; SD = 0.5	+ Placebo gel: 7 of 39 No placebo gel: 8 of 52	+ Placebo gel: Mean = 3 days; SD = 0.8 No placebo gel: Mean = 3 days; SD = 0.8

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		Time to rebleed (days)		
Study	Number of rebleeds in drug treated group	Time to rebleed in drug treated group	Number of rebleeds in control group	Time to rebleed in control group
Pieramici 2003	2 of 24	Days 3 and 6	8 of 27	Days 2 to 6: 3 on day 2; 1 on day 3; 2 on day 4; and 2 on day 6

# Analysis 2.5. Comparison 2 Topical aminocaproic acid versus placebo, Outcome 5 Risk of glaucoma or elevated IOP.

Study or subgroup	Antifibrinolytics	Control	Risk Ratio	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl
Pieramici 2003	2/24	1/27		2.25[0.22,23.28]
		Favors antifibrinolytics 0.01	0.1 1 10	<sup>100</sup> Favors control

# Comparison 3. Low-dose versus standard-dose aminocaproic acid

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Unspecified time for visu- al acuity between 20/20 and 20/40	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Time to resolution of primary hemorrhage (days)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3 Risk of secondary hemor- rhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
4 Time to rebleed (days)			Other data	No numeric data
5 Risk of glaucoma or elevated IOP	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
6 Adverse effects	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
6.1 Nausea or vomiting	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.2 Dizziness or hypotension	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.3 Syncope	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.4 Diarrhea	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.5 Rash or pruritis	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.6 Hot flashes	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6.7 Dry mouth or nose	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
7 Duration of hospitalization (days)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected

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# Analysis 3.1. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 1 Unspecified time for visual acuity between 20/20 and 20/40.

Study or subgroup	Low dose	Standard dose		Risk Ratio				<b>Risk Ratio</b>
	n/N	n/N		M-H, Fixed, 95% Cl				M-H, Fixed, 95% Cl
Palmer 1986	16/25	25/32	I	-+				0.82[0.58,1.16]
		Favors standard dose	0.01	0.1	1	10	100	Favors low dose

# Analysis 3.2. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 2 Time to resolution of primary hemorrhage (days).

Study or subgroup	Low dose		St	Standard dose		Mean Difference				Mean Difference	
	N	Mean(SD)	Ν	Mean(SD)		Fixed, 95% CI				Fixed, 95% CI	
Palmer 1986	25	3.1 (2.3)	32	3.3 (1.8)	1					-0.14[-1.24,0.96]	
				Favors low dose	-5	-2.5	0	2.5	5	Favors standard dose	

# Analysis 3.3. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Low dose	Standard dose			Risk Ratio	•		<b>Risk Ratio</b>
	n/N	n/N		M-H, Fixed, 95% Cl				M-H, Fixed, 95% CI
Palmer 1986	1/25	5/33	-					0.26[0.03,2.12]
		Favors low dose	0.01	0.1	1	10	100	Favors standard dose

### Analysis 3.4. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 4 Time to rebleed (days).

	Time to rebleed (days)									
Study	Number of rebleeds in the low dose group	Time to rebleed in the low dose group	Number of rebleeds in the standard dose group	Time to rebleed in the standard dose group						
Palmer 1986	1 of 25	Day 4	5 of 32	Days 2 to 6: 1 on day 2; 2 on day 3; and 2 on day 6						

# Analysis 3.5. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 5 Risk of glaucoma or elevated IOP.

Study or subgroup	Low dose	Standard dose	Risk Ratio				Risk Ratio		
	n/N	n/N	M-H, Fixed, 95% CI			% CI		M-H, Fixed, 95% Cl	
Palmer 1986	0/25	2/32					0.25[0.01,5.06]		
		Favors low dose	0.01	0.1	1	10	100	Favors standard dose	

# Analysis 3.6. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 6 Adverse effects.

Study or subgroup	Low dose	Standard dose	Risk Ratio	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
3.6.1 Nausea or vomiting				
Palmer 1986	5/26	9/33		0.71[0.27,1.85]
3.6.2 Dizziness or hypotension				
Palmer 1986	0/26	5/33	<b>├</b> ─── <b>├</b> ──	0.11[0.01,1.98]
3.6.3 Syncope				
Palmer 1986	0/26	2/33 -		0.25[0.01,5.03]
3.6.4 Diarrhea				
Palmer 1986	1/26	0/33		3.78[0.16,89.09]
3.6.5 Rash or pruritis				
Palmer 1986	1/26	2/33		0.63[0.06,6.62]
3.6.6 Hot flashes				
Palmer 1986	1/26	0/33		3.78[0.16,89.09]
3.6.7 Dry mouth or nose				
Palmer 1986	1/26	0/33		3.78[0.16,89.09]
		Favors low dose 0.0	01 0.1 1 10	<sup>100</sup> Favors standard dose

# Analysis 3.7. Comparison 3 Low-dose versus standard-dose aminocaproic acid, Outcome 7 Duration of hospitalization (days).

Study or subgroup	Le	Low dose		Standard dose		Mean Difference				Mean Difference	
	Ν	Mean(SD)	Ν	Mean(SD)		Fixed, 95% Cl				Fixed, 95% CI	
Palmer 1986	25	5.4 (1.1)	32	5.5 (1.4)						-0.1[-0.75,0.55]	
				Favors low dose	-1	-0.5	0	0.5	1	Favors standard dose	

### Comparison 4. Systemic versus topical aminocaproic acid

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity from 20/20 to 20/40	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Risk of secondary hemorrhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
3 Adverse effects	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
3.1 Conjunctival corneal foreign body sensation	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.2 Transient punctate corneal staining	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]

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Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
3.3 Dizziness, nausea, vomiting	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]

# Analysis 4.1. Comparison 4 Systemic versus topical aminocaproic acid, Outcome 1 Short-term visual acuity from 20/20 to 20/40.

Study or subgroup	Oral	Topical	Risk Ratio	Risk Ratio	
	n/N	n/N	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl	
Crouch 1997	20/29	30/35	-+	0.8[0.61,1.06]	
		Favors topical AA	0.05 0.2 1 5	<sup>20</sup> Favors oral AA	

### Analysis 4.2. Comparison 4 Systemic versus topical aminocaproic acid, Outcome 2 Risk of secondary hemorrhage.

Study or subgroup	Oral	Topical	Risk Ratio				<b>Risk Ratio</b>	
	n/N	n/N	M-H, Fixed, 95% CI				M-H, Fixed, 95% Cl	
Crouch 1997	1/29	1/35	1					1.21[0.08,18.46]
		Favors oral AA	0.01	0.1	1	10	100	Favors topical AA

# Analysis 4.3. Comparison 4 Systemic versus topical aminocaproic acid, Outcome 3 Adverse effects.

Study or subgroup	Oral	Topical	<b>Risk Ratio</b>	Risk Ratio	
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% Cl	
4.3.1 Conjunctival corneal foreig	n body sensation				
Crouch 1997	0/29	4/35	+ +	0.13[0.01,2.38]	
4.3.2 Transient punctate cornea	l staining				
Crouch 1997	0/29	3/35		0.17[0.01,3.19]	
4.3.3 Dizziness, nausea, vomitin	g				
Crouch 1997	5/29	1/35		6.03[0.75,48.78]	
		Favors oral AA	0.01 0.1 1 10	<sup>100</sup> Favors topical AA	

### Comparison 5. Tranexamic acid versus control

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity from 20/20 to 20/40	3	303	Risk Ratio (M-H, Fixed, 95% CI)	1.11 [0.98, 1.25]
2 Time to resolution of primary hem- orrhage (days)			Other data	No numeric data

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Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
3 Risk of secondary hemorrhage	5	578	Risk Ratio (M-H, Fixed, 95% CI)	0.31 [0.17, 0.55]
4 Time to rebleed (days)			Other data	No numeric data
5 Risk of corneal blood stain	2		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
6 Risk of glaucoma or elevated IOP	4	543	Risk Ratio (M-H, Fixed, 95% CI)	1.20 [0.73, 1.98]
7 Adverse effects: nausea or vomiting	2		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
8 Duration of hospitalization (days)			Other data	No numeric data

# Analysis 5.1. Comparison 5 Tranexamic acid versus control, Outcome 1 Short-term visual acuity from 20/20 to 20/40.

Study or subgroup	Antifibri- nolytics	Control			Ri	sk Rat	io			Weight	Risk Ratio
	n/N	n/N			М-Н, F	ixed, 9	95% CI				M-H, Fixed, 95% Cl
Rahmani 1999	41/77	35/79				-+	_			32.99%	1.2[0.87,1.66]
Sukumaran 1988	17/17	17/18				+				16.26%	1.06[0.91,1.23]
Vangsted 1983	59/59	50/53				+				50.75%	1.06[0.98,1.14]
Total (95% CI)	153	150				•				100%	1.11[0.98,1.25]
Total events: 117 (Antifibrinoly	/tics), 102 (Control)										
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1.	.87, df=2(P=0.39); I <sup>2</sup> =0%										
Test for overall effect: Z=1.65(F	P=0.1)										
		Favors control	0.1	0.2	0.5	1	2	5	10	Favors antifibrinolytics	S

# Analysis 5.2. Comparison 5 Tranexamic acid versus control, Outcome 2 Time to resolution of primary hemorrhage (days).

	Time to resolution of primary hemorrhage (days)										
Study	Mean (SD) time to resolu- tion in drug treated group	Number of participants in drug treated group	Mean (SD) time to reso- lution in control group	Number of partici- pants in control group							
Rahmani 1999	4.0 (2.2) days in study partici- pants without secondary hem- orrhage	72	3.7 (1.6) days in study partici- pants without secondary hem- orrhage	59							
Sukumaran 1988	4.6 (2.4) days in all study par- ticipants	17 (2 study participants had a secondary hemorrhage)	3.9 (2.4) days in all study par- ticipants	18 (6 study participants had a secondary hemorrhage)							
Vangsted 1983	Reported as delayed	59	NR	53							
Varnek 1980	NR	102	NR	130							
Welsh 1983	NR	19	NR	20							

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# Analysis 5.3. Comparison 5 Tranexamic acid versus control, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Antifibri- nolytics	Control		Risk	Ratio		Weight	Risk Ratio
	n/N	n/N		M-H, Fixe	d, 95% CI			M-H, Fixed, 95% Cl
Rahmani 1999	8/80	21/80					48.58%	0.38[0.18,0.81]
Sukumaran 1988	2/17	6/18		+			13.48%	0.35[0.08,1.51]
Vangsted 1983	0/59	0/53						Not estimable
Varnek 1980	2/102	12/130					24.41%	0.21[0.05,0.93]
Welsh 1983	1/19	6/20		+	_		13.52%	0.18[0.02,1.32]
Total (95% CI)	277	301		•			100%	0.31[0.17,0.55]
Total events: 13 (Antifibrinolyt	ics), 45 (Control)							
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0.	.88, df=3(P=0.83); I <sup>2</sup> =0%							
Test for overall effect: Z=3.95(F	P<0.0001)					1		
	Favor	s antifibrinolytics	0.01	0.1 1	10	100	Favors control	

# Analysis 5.4. Comparison 5 Tranexamic acid versus control, Outcome 4 Time to rebleed (days).

Time to rebleed (days)										
Study	Number of rebleeds in drug treated group	Time to rebleed in drug treated group	Number of rebleeds in control group	Time to rebleed in control group						
Rahmani 1999	8 of 80	Days 2 to 4: Mean = 3.4 days; SD = 0.7	21 of 80	Days 2 to 6: Mean = 3.8 days; SD = 1.0						
Sukumaran 1988	2 of 17	Days 2 to 3	6 of 18	Days 2 to 3						
Vangsted 1983	0 of 59	NA	0 of 53	NA						
Varnek 1980	2 of 102	Day 3	12 of 130	Days 2 to 7: 5 occurred on Day 4						
Welsh 1983	1 of 19	NR	6 of 20	NR						

### Analysis 5.5. Comparison 5 Tranexamic acid versus control, Outcome 5 Risk of corneal blood stain.

Study or subgroup	Antifibrinolytics	Control			Risk Ratio		Risk Ratio		
	n/N	n/N		M-H, Fixed, 95% CI				M-H, Fixed, 95% Cl	
Vangsted 1983	0/59	0/53						Not estimable	
Varnek 1980	0/102	1/130	1/130			+		0.42[0.02,10.3]	
		Favors antifibrinolytics	0.01	0.1	1	10	100	Favors control	

### Analysis 5.6. Comparison 5 Tranexamic acid versus control, Outcome 6 Risk of glaucoma or elevated IOP.

Study or subgroup	Antifibri- nolytics	Control	Risk Ratio			Weight	Risk Ratio
	n/N	n/N	М-Н,	Fixed, 95% Cl			M-H, Fixed, 95% CI
Rahmani 1999	12/80	12/80				48.65%	1[0.48,2.09]
Vangsted 1983	8/59	6/53				25.63%	1.2[0.44,3.23]
Varnek 1980	8/102	5/130		++		17.82%	2.04[0.69,6.05]
Welsh 1983	1/19	2/20		•		7.9%	0.53[0.05,5.34]
Total (95% CI)	260	283		•		100%	1.2[0.73,1.98]
	Favors	s antifibrinolytics	0.01 0.1	1 10	100 F	avors control	

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Study or subgroup	Antifibri- nolytics	Control			Risk Ratio	•		Weight	<b>Risk Ratio</b>
	n/N	n/N		M-H	, Fixed, 95	% CI			M-H, Fixed, 95% Cl
Total events: 29 (Antifibrinoly	tics), 25 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =1	63, df=3(P=0.65); I <sup>2</sup> =0%								
Test for overall effect: Z=0.71(	P=0.48)								
	Favo	rs antifibrinolytics	0.01	0.1	1	10	100	Favors control	

# Analysis 5.7. Comparison 5 Tranexamic acid versus control, Outcome 7 Adverse effects: nausea or vomiting.

Study or subgroup	Antifibrinolytics	Control		I	Risk Ratio			Risk Ratio
	n/N	n/N		м-н,	Fixed, 95	% CI		M-H, Fixed, 95% Cl
Rahmani 1999	0/80	0/80						Not estimable
Welsh 1983	1/19	0/20	0/20			·		3.15[0.14,72.88]
		Favors antifibrinolytics	0.01	0.1	1	10	100	Favors control

Favors antifibrinolytics

# Analysis 5.8. Comparison 5 Tranexamic acid versus control, Outcome 8 Duration of hospitalization (days).

Duration of hospitalization (days)										
Study	Mean (SD) duration of hospitalization for drug treated group	Number of participants in drug treated group	Mean (SD) duration of hospi- talization in control group	Number of partici- pants in control group						
Rahmani 1999	6.0 (1.6) days	80	6.3 (1.8) days	80						
Vangsted 1983	6 days	59	7 days	53						
Varnek 1980	6.8 days	102	6.5 days	130						

# Comparison 6. Aminomethylbenzoic acid versus placebo

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Risk of secondary hemorrhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

#### Analysis 6.1. Comparison 6 Aminomethylbenzoic acid versus placebo, Outcome 1 Risk of secondary hemorrhage.

Study or subgroup	Antifibrinolytics	Control	Risk		sk Ratio	Ratio		<b>Risk Ratio</b>
	n/N	n/N		M-H, Fixed, 95% CI				M-H, Fixed, 95% CI
Liu 2002	2/60	11/32		+				0.1[0.02,0.41]
		Favors antifibrinolytics	0.01	).1	1	10	100	Favors control



# Comparison 7. Corticosteroids versus control

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term (5 to 14 days) visual acuity from 20/20 to 20/40, systemic corticosteroids	1		Risk Ratio (M-H, Fixed, 95% Cl)	Totals not select- ed
2 Visual acuity between 20/20 and 20/50 at resolution of hyphema, systemic corticos-teroids	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
3 Short-term (5 to 14 days) visual acuity from 20/20 to 20/40, topical corticosteroids	1		Risk Ratio (M-H, Fixed, 95% Cl)	Totals not select- ed
4 Final visual acuity between 20/20 and 20/25, topical corticosteroids	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
5 Time to resolution of primary hemorrhage (days), systemic corticosteroids			Other data	No numeric data
6 Time to resolution of primary hemorrhage (days), topical corticostroids			Other data	No numeric data
7 Risk of secondary hemorrhage, systemic corticosteorids	2	201	Risk Ratio (M-H, Fixed, 95% CI)	0.68 [0.39, 1.18]
8 Risk of secondary hemorrhage, topical corticosteroids	2	151	Risk Ratio (M-H, Fixed, 95% CI)	0.29 [0.05, 1.53]
9 Time to rebleed (days), systemic corticos- teroids			Other data	No numeric data
10 Risk of corneal blood stain, systemic corti- ocsteroids	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
11 Risk of corneal blood stain, topical corticosteroids	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
12 Risk of peripheral anterior synechiae, sys- temic corticosteroids	1		Risk Ratio (M-H, Fixed, 95% Cl)	Totals not select- ed
13 Risk of glaucoma or elevated IOP, systemic corticosteroids	2	201	Risk Ratio (M-H, Fixed, 95% CI)	0.78 [0.36, 1.68]
14 Risk of glaucoma or elevated IOP, topical corticosteroids	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
15 Risk of optic atrophy, topical corticos- teroids	1		Risk Ratio (M-H, Fixed, 95% Cl)	Totals not select- ed
16 Duration of hospitalization (days), sys- temic corticosteroids	1		Mean Difference (IV, Fixed, 95% CI)	Totals not select- ed
17 Duration of hospitalization (days), topical corticosteroids			Other data	No numeric data

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## Analysis 7.1. Comparison 7 Corticosteroids versus control, Outcome 1 Shortterm (5 to 14 days) visual acuity from 20/20 to 20/40, systemic corticosteroids.

Study or subgroup	Corticosteroids	Control	l Risk Ratio			0		<b>Risk Ratio</b>
	n/N	n/N	M-H, Fixed, 95% Cl				M-H, Fixed, 95% CI	
Rahmani 1999	40/75	35/80			+-			1.22[0.88,1.69]
		Favors control	0.005	0.1	1	10	200	Favors corticosteroids

## Analysis 7.2. Comparison 7 Corticosteroids versus control, Outcome 2 Visual acuity between 20/20 and 20/50 at resolution of hyphema, systemic corticosteroids.

Study or subgroup	Corticosteroids	Control		Risk Ratio	1		Risk Ratio
	n/N	n/N	M-H	I, Fixed, 95	% CI		M-H, Fixed, 95% CI
Spoor 1980	21/23	18/20	+				1.01[0.84,1.23]
		Favors control 0.	.01 0.1	1	10	100	Favors corticosteroids

## Analysis 7.3. Comparison 7 Corticosteroids versus control, Outcome 3 Shortterm (5 to 14 days) visual acuity from 20/20 to 20/40, topical corticosteroids.

Study or subgroup	Corticosteroids	Control	Risk Ratio					<b>Risk Ratio</b>		
	n/N	n/N	M-H, Fi			5% CI		M-H, Fixed, 95% CI		
Rakusin 1972	6/13	13/21		_+-				0.75[0.38,1.47]		
		Favors control	0.005	0.1	1	10	200	Favors corticosteroids		

## Analysis 7.4. Comparison 7 Corticosteroids versus control, Outcome 4 Final visual acuity between 20/20 and 20/25, topical corticosteroids.

Study or subgroup	Corticosteroids	Control			Risk Ratio			Risk Ratio		
	n/N	n/N		M-H, Fixed, 95% CI				M-H, Fixed, 95% CI		
Zetterstrom 1969	56/58	50/53		+				1.02[0.94,1.11]		
		Favours corticosteroids 0.0	.01	0.1	1	10	100	Favours control		

## Analysis 7.5. Comparison 7 Corticosteroids versus control, Outcome 5 Time to resolution of primary hemorrhage (days), systemic corticosteroids.

Time to resolution of primary hemorrhage (days), systemic corticosteroids										
Study	Time to resolu- tion in drug group	Number of partici- pants in drug group	Time to resolution in control group	Number of partici- pants in control group						
Rahmani 1999	3.5 days (SD = 1.8) in study par- ticipants without a secondary hemorrhage	64	3.7 days (SD = 1.6) in study par- ticipants without a secondary hemorrhage	59						
Spoor 1980	4.45 days (4.01 days in study participants without a sec- ondary hemorrhage)	23 (20 without a secondary he- morrhage)	4.48 days (3.60 days in study participants without a sec- ondary hemorrhage)	20 (16 without a secondary he- morrhage)						

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### Analysis 7.6. Comparison 7 Corticosteroids versus control, Outcome 6 Time to resolution of primary hemorrhage (days), topical corticostroids.

Time to resolution of primary hemorrhage (days), topical corticostroids										
Study	Time to resolu- tion in drug group	Number of partici- pants in drug group	Time to resolution in control group	Number of partici- pants in control group						
Rakusin 1972	10 resolved within 7 days	13 (1 study participant had a secondary hemorrhage)	16 resolved within 7 days	21 (2 study participants had a secondary hemorrhage)						

## Analysis 7.7. Comparison 7 Corticosteroids versus control, Outcome 7 Risk of secondary hemorrhage, systemic corticosteorids.

Study or subgroup	Corticosteroids	Control			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H	l, Fixed, 95%	6 CI			M-H, Fixed, 95% CI
Rahmani 1999	14/78	21/80						82.89%	0.68[0.38,1.25]
Spoor 1980	3/23	4/20		_	-+			17.11%	0.65[0.17,2.57]
Total (95% CI)	101	100			•			100%	0.68[0.39,1.18]
Total events: 17 (Corticoster	oids), 25 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	=0, df=1(P=0.95); I <sup>2</sup> =0%								
Test for overall effect: Z=1.38	8(P=0.17)								
	Favor	s corticosteroids	0.01	0.1	1	10	100	Favors control	

### Analysis 7.8. Comparison 7 Corticosteroids versus control, Outcome 8 Risk of secondary hemorrhage, topical corticosteroids.

Study or subgroup	Corticosteroids	Control		Ri	sk Ratio			Weight	<b>Risk Ratio</b>
	n/N	n/N		М-Н, F	ixed, 95	% CI			M-H, Fixed, 95% CI
Rakusin 1972	1/13	2/21			•			25.53%	0.81[0.08,8.05]
Zetterstrom 1969	0/58	4/59	←	-				74.47%	0.11[0.01,2.05]
Total (95% CI)	71	80						100%	0.29[0.05,1.53]
Total events: 1 (Corticostero	oids), 6 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	=1.17, df=1(P=0.28); I <sup>2</sup> =14.38%								
Test for overall effect: Z=1.46	6(P=0.15)								
	Favors	corticosteroids	0.01	0.1	1	10	100	Favors control	

## Analysis 7.9. Comparison 7 Corticosteroids versus control, Outcome 9 Time to rebleed (days), systemic corticosteroids.

Time to rebleed (days), systemic corticosteroids										
Study	Number of rebleeds in the drug group	Mean time to rebleed in the drug group	Number of rebleeds in the control group	Mean time to rebleed in the control group						
Rahmani 1999	14 of 78	3.2 days (SD = 0.8)	21 of 80	3.8 days (SD = 1.0)						
Spoor 1980	3 of 23	2.3 days	4 of 20	2.6 days						

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#### Analysis 7.10. Comparison 7 Corticosteroids versus control, Outcome 10 Risk of corneal blood stain, systemic cortiocsteroids.

Study or subgroup	Corticosteroids	Control	rol Risk Ratio			<b>Risk Ratio</b>		
	n/N	n/N	M-H, Fixed, 95% Cl				M-H, Fixed, 95% CI	
Spoor 1980	0/23	0/20		1				Not estimable
		Favors corticosteroids	0.01	0.1	1	10	100	Favors control

#### Analysis 7.11. Comparison 7 Corticosteroids versus control, Outcome 11 Risk of corneal blood stain, topical corticosteroids.

Study or subgroup	Corticosteroids	Control			Risk Ratio			Risk Ratio		
	n/N	n/N	M-H, Fixed, 95% CI			M-H, Fixed, 95% Cl				
Zetterstrom 1969	0/58	1/59		1	<del>ا ا</del>			0.34[0.01,8.15]		
		Favors corticosteroids	0.01	0.1	1	10	100	Favors control		

## Analysis 7.12. Comparison 7 Corticosteroids versus control, Outcome 12 Risk of peripheral anterior synechiae, systemic corticosteroids.

Study or subgroup	Corticosteroids	Control			Risk Ratio			Risk Ratio		
	n/N	n/N		M-H, Fixed, 95% CI			M-H, Fixed, 95% CI			
Spoor 1980	0/23	0/20		1		1		Not estimable		
		Favors corticosteroids	0.01	0.1	1	10	100	Favors control		

### Analysis 7.13. Comparison 7 Corticosteroids versus control, Outcome 13 Risk of glaucoma or elevated IOP, systemic corticosteroids.

Study or subgroup	Corticosteroids	Control			Risk Ratio			Weight	<b>Risk Ratio</b>
	n/N	n/N		М-	H, Fixed, 95%	CI			M-H, Fixed, 95% CI
Rahmani 1999	9/78	12/80			— <mark>—</mark> —			91.72%	0.77[0.34,1.72]
Spoor 1980	1/23	1/20			+			8.28%	0.87[0.06,13.02]
Total (95% CI)	101	100			-			100%	0.78[0.36,1.68]
Total events: 10 (Corticoster	oids), 13 (Control)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =	=0.01, df=1(P=0.93); I <sup>2</sup> =0%								
Test for overall effect: Z=0.64	4(P=0.52)								
	Favo	s corticosteroids	0.01	0.1	1	10	100	Favors control	

#### Analysis 7.14. Comparison 7 Corticosteroids versus control, Outcome 14 Risk of glaucoma or elevated IOP, topical corticosteroids.

Study or subgroup	Corticosteroids	Corticosteroids Control		Risk Ratio				<b>Risk Ratio</b>		
	n/N	n/N		M-H	l, Fixed, 95	% CI		M-H, Fixed, 95% Cl		
Zetterstrom 1969	3/58	2/59						1.53[0.26,8.8]		
		Favors corticosteroids	0.01	0.1	1	10	100	Favors control		

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## Analysis 7.15. Comparison 7 Corticosteroids versus control, Outcome 15 Risk of optic atrophy, topical corticosteroids.

Study or subgroup	Corticosteroids	Control		Risk Ratio				<b>Risk Ratio</b>
	n/N	n/N		М-Н,	, Fixed, 95	% CI		M-H, Fixed, 95% Cl
Zetterstrom 1969	1/58	0/59						3.05[0.13,73.39]
		Favors corticosteroids 0.	.01	0.1	1	10	100	Favors control

## Analysis 7.16. Comparison 7 Corticosteroids versus control, Outcome 16 Duration of hospitalization (days), systemic corticosteroids.

Study or subgroup	Corticosteroids		Control		Mean Difference				Mean Difference		
	N	Mean(SD)	Ν	Mean(SD)	Fixed, 95% CI			Fixed, 95% CI			
Rahmani 1999	78	5.9 (1.4)	80	6.3 (1.8)						-0.4[-0.9,0.1]	
			Favou	urs corticosteroids	-1	-0.5	0	0.5	1	Favours control	

### Analysis 7.17. Comparison 7 Corticosteroids versus control, Outcome 17 Duration of hospitalization (days), topical corticosteroids.

	Duration of hospitalization (days), topical corticosteroids									
Study	Mean (SD) duration of hospitalization for drug treated group	Number of participants in drug treated group	Mean (SD) duration of hospi- talization in control group	Number of partici- pants in control group						
Zetterstrom 1969	5.9 days (SD not reported)	58	8.9 days (SD not reported)	59						

### Comparison 8. Aminocaproic acid versus prednisone

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term (5 to 14 days) visual acu- ity from 20/20 to 20/40	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
2 Risk of secondary hemorrhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not select- ed
3 Adverse effect: any adverse event	1	112	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]

## Analysis 8.1. Comparison 8 Aminocaproic acid versus prednisone, Outcome 1 Short-term (5 to 14 days) visual acuity from 20/20 to 20/40.

Study or subgroup	Aminocaproic acid	Prednisone n/N		Risk Ratio M-H, Fixed, 95% Cl				Risk Ratio		
	n/N							M-H, Fixed, 95% Cl		
Farber 1991	26/56	31/56	-+ .			0.84[0.58,1.21]				
		Favors prednisone	0.01	0.1	1	10	100	Favors aminocaproic acid		

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Study or subgroup	Aminocaproic acid n/N	Prednisone n/N		Risk Ratio M-H. Fixed. 95% Cl				Risk Ratio M-H, Fixed, 95% Cl		
Farber 1991	4/56	4/56				-		1[0.26,3.8]		
		Favors aminocaproic acid	0.01	0.1	1	10	100	Favors prednisone		

#### Analysis 8.2. Comparison 8 Aminocaproic acid versus prednisone, Outcome 2 Risk of secondary hemorrhage.

#### Analysis 8.3. Comparison 8 Aminocaproic acid versus prednisone, Outcome 3 Adverse effect: any adverse event.

Study or subgroup	Aminocaproic acid	Prednisone			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H	I, Fixed, 95	% CI			M-H, Fixed, 95% CI
Farber 1991	0/56	0/56							Not estimable
Total (95% CI)	56	56							Not estimable
Total events: 0 (Aminocaproic a	cid), 0 (Prednisone)								
Heterogeneity: Not applicable									
Test for overall effect: Not applie	cable					ı	1		
	Fav	ors experimental	0.01	0.1	1	10	100	Favors control	

### Comparison 9. Conjugated estrogen versus placebo

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Risk of secondary hemorrhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Risk of corneal blood stain	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

### Analysis 9.1. Comparison 9 Conjugated estrogen versus placebo, Outcome 1 Risk of secondary hemorrhage.

Study or subgroup	Estrogen	Placebo	Risk Ratio	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Spaeth 1966	10/39	10/46	<del></del>	1.18[0.55,2.54]
		Favors estrogen 0.01	0.1 1 10	<sup>0</sup> <sup>100</sup> Favors placebo

## Analysis 9.2. Comparison 9 Conjugated estrogen versus placebo, Outcome 2 Risk of corneal blood stain.

Study or subgroup	Estrogen	Placebo	Risk Ratio	<b>b</b>	Risk Ratio		
	n/N	n/N	M-H, Fixed, 95	5% CI	M-H, Fixed, 95% CI		
Spaeth 1966	2/39	2/46			1.18[0.17,7.99]		
		Favors estrogen 0.01	0.1 1	10	<sup>100</sup> Favors placebo		

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## Comparison 10. Cycloplegics versus miotics

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Time to resolution of primary hem- orrhage (days)	1		Mean Difference (IV, Fixed, 95% CI)	Totals not selected
3 Risk of secondary hemorrhage	2	92	Risk Ratio (M-H, Fixed, 95% CI)	1.03 [0.15, 6.99]
4 Time to rebleed (days)			Other data	No numeric data

## Analysis 10.1. Comparison 10 Cycloplegics versus miotics, Outcome 1 Short-term visual acuity.

Study or subgroup	Cycloplegic	Miotic	Risk Ratio		Risk Ratio Ris		<b>Risk Ratio</b>	
	n/N	n/N		M-H	, Fixed, 95	% CI		M-H, Fixed, 95% Cl
Rakusin 1972	9/17	11/17			+			0.82[0.46,1.45]
		Favors miotics	0.01	0.1	1	10	100	Favors cycloplegics

## Analysis 10.2. Comparison 10 Cycloplegics versus miotics, Outcome 2 Time to resolution of primary hemorrhage (days).

Study or subgroup	Cycloplegic		Miotic			Меа	n Differe		Mean Difference		
	Ν	Mean(SD)	Ν	Mean(SD)	Fixed, 95% CI			Fixed, 95% CI			
Bedrossian 1974	28	2.7 (1.7)	30	3.6 (1.3)			+			-0.9[-1.68,-0.12]	
			Fa	avours cycloplegic	-5	-2.5	0	2.5	5	Favours miotic	

## Analysis 10.3. Comparison 10 Cycloplegics versus miotics, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Cycloplegic	Miotic			Risk Ratio			Weight	<b>Risk Ratio</b>
	n/N	n/N		M-H	l, Fixed, 959	% CI			M-H, Fixed, 95% Cl
Bedrossian 1974	1/28	0/30						24.37%	3.21[0.14,75.61]
Rakusin 1972	0/17	1/17						75.63%	0.33[0.01,7.65]
Total (95% CI)	45	47						100%	1.03[0.15,6.99]
Total events: 1 (Cycloplegic), 1	(Miotic)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0.9	99, df=1(P=0.32); I <sup>2</sup> =0%								
Test for overall effect: Z=0.03(P	=0.97)								
	F	avors cycloplegic	0.01	0.1	1	10	100	Favors miotic	

## Analysis 10.4. Comparison 10 Cycloplegics versus miotics, Outcome 4 Time to rebleed (days).

		Time to rebleed (days)		
Study	Number of rebleeds in the cycloplegic group	Mean time to rebleed in the cycloplegic group	Number of rebleeds in the miotic group	Mean time to rebleed in the miotic group
Bedrossian 1974	1 of 28	2 days	0 of 30	NA

#### Comparison 11. Aspirin versus observation

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Risk of secondary hemorrhage	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

#### Analysis 11.1. Comparison 11 Aspirin versus observation, Outcome 1 Risk of secondary hemorrhage.

Study or subgroup	Aspirin	Observation		Risk Ratio		Risk Ratio	
	n/N	n/N	Μ	-H, Fixed, 959	% CI		M-H, Fixed, 95% Cl
Marcus 1988	3/23	2/28	1				1.83[0.33,10.02]
		Favors aspirin 0	0.01 0.1	1	10	100	Favors observation

#### Comparison 12. Monocular versus binocular patching

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Variable time length 'final' visual acuity	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
3 Risk of secondary hemorrhage	2	117	Risk Ratio (M-H, Fixed, 95% CI)	0.77 [0.35, 1.72]
4 Time to rebleed (days)			Other data	No numeric data
5 Risk of corneal blood stain	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
6 Risk of glaucoma or elevated IOP	1		Risk Ratio (M-H, Fixed, 95% Cl)	Totals not selected



#### Analysis 12.1. Comparison 12 Monocular versus binocular patching, Outcome 1 Short-term visual acuity.

Study or subgroup	Monocular patching	Monocular patching Binocular patching			Risk Ratio	•		Risk Ratio		
	n/N	n/N	n/N M-H, Fixed, 95% CI			M-H, Fixed, 95% CI				
Rakusin 1972	21/26	20/20			+			0.82[0.67,1]		
		Favors binocular	0.01	0.1	1	10	100	Favors monocular		

# Analysis 12.2. Comparison 12 Monocular versus binocular patching, Outcome 2 Variable time length 'final' visual acuity.

Study or subgroup	Monocular patching	Binocular patching	Risk Ratio					Risk Ratio		
	n/N	n/N		M-H	, Fixed, 95	% CI		M-H, Fixed, 95% Cl		
Edwards 1973	22/26	24/27		+		1		0.95[0.77,1.18]		
		Favors binocular	0.01	0.1	1	10	100	Favors monocular		

#### Analysis 12.3. Comparison 12 Monocular versus binocular patching, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Monocular patching	Binocular patching			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		М-	H, Fixed, 95%	CI			M-H, Fixed, 95% Cl
Edwards 1973	8/35	8/29						81.68%	0.83[0.36,1.93]
Rakusin 1972	1/26	2/27			•	-		18.32%	0.52[0.05,5.39]
Total (95% CI)	61	56			•			100%	0.77[0.35,1.72]
Total events: 9 (Monocular pat	tching), 10 (Binocular patchi	ng)							
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	.14, df=1(P=0.71); I <sup>2</sup> =0%								
Test for overall effect: Z=0.64(I	P=0.53)								
	Fa	avors monocular	0.01	0.1	1	10	100	Favors binocular	

Analysis 12.4. Comparison 12 Monocular versus binocular patching, Outcome 4 Time to rebleed (days).

		Time to rebleed (days)		
Study	Number of rebleeds in monocular patching group	Time to rebleed in monoc- ular patching group	Number of rebleeds in binocular patching group	Time to rebleed in binoc- ular patching group
Edwards 1973	8 of 35	Mean 3 days	8 of 29	Mean 3 days

#### Analysis 12.5. Comparison 12 Monocular versus binocular patching, Outcome 5 Risk of corneal blood stain.

Study or subgroup	Monocular patching	r patching Binocular patching			Risk Ratio			<b>Risk Ratio</b>
	n/N	n/N		M-H	I, Fixed, 95	% CI		M-H, Fixed, 95% CI
Edwards 1973	1/35	1/29		· · · · · ·				0.83[0.05,12.68]
		Favors monocular	0.01	0.1	1	10	100	Favors binocular

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### Analysis 12.6. Comparison 12 Monocular versus binocular patching, Outcome 6 Risk of glaucoma or elevated IOP.

Study or subgroup	Monocular patching	hing Binocular patching			Risk Ratio	,		<b>Risk Ratio</b>
	n/N	n/N		M-H	, Fixed, 95	% CI		M-H, Fixed, 95% CI
Edwards 1973	3/35	0/29						5.83[0.31,108.52]
		Favors monocular	0.01	0.1	1	10	100	Favors binocular

### Comparison 13. Ambulatory versus conservative treatment

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Short-term visual acuity	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
2 Time to resolution of primary he- morrhage			Other data	No numeric data
3 Risk of secondary hemorrhage	2	189	Risk Ratio (M-H, Fixed, 95% CI)	1.28 [0.68, 2.40]
4 Risk of corneal blood stain	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
5 Risk of glaucoma or elevated IOP	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected

#### Analysis 13.1. Comparison 13 Ambulatory versus conservative treatment, Outcome 1 Short-term visual acuity.

Study or subgroup	Ambulatory	Conservative			Risk Ratio		<b>Risk Ratio</b>	
	n/N	n/N		M-H	, Fixed, 95	% CI		M-H, Fixed, 95% CI
Rakusin 1972	22/26	20/26		<del>.</del> .				1.1[0.84,1.44]
		Favours conservative	0.01	0.1	1	10	100	Favours ambulatory

## Analysis 13.2. Comparison 13 Ambulatory versus conservative treatment, Outcome 2 Time to resolution of primary hemorrhage.

Time to resolution of primary hemorrhage									
Study	Time to resolution in ambulatory group	Number of participants in ambulatory group	Time to resolution in control group	Number of partici- pants in control group					
Read 1974	5.8 days		5.6 days						

## Analysis 13.3. Comparison 13 Ambulatory versus conservative treatment, Outcome 3 Risk of secondary hemorrhage.

Study or subgroup	Ambulatory	Conservative			Risk Ratio			Weight	<b>Risk Ratio</b>
	n/N	n/N	M-H, Fixed, 95% CI						M-H, Fixed, 95% Cl
Rakusin 1972	0/26	1/26			+			10.76%	0.33[0.01,7.82]
Read 1974	18/71	12/66			-			89.24%	1.39[0.73,2.67]
Total (95% CI)	97	92			•			100%	1.28[0.68,2.4]
Total events: 18 (Ambulatory)	, 13 (Conservative)								
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0	0.76, df=1(P=0.38); I <sup>2</sup> =0%								
Test for overall effect: Z=0.77(	(P=0.44)						1		
	Fa	vours ambulatory	0.01	0.1	1	10	100	Favours conservative	

## Analysis 13.4. Comparison 13 Ambulatory versus conservative treatment, Outcome 4 Risk of corneal blood stain.

Study or subgroup	Ambulatory	Conservative			Risk Ratio	)		Risk Ratio
	n/N	n/N n/N		M-H	, Fixed, 95		M-H, Fixed, 95% Cl	
Read 1974	17/71	19/66						0.83[0.47,1.46]
		Favours ambulatory	0.01	0.1	1	10	100	Favours conservative

## Analysis 13.5. Comparison 13 Ambulatory versus conservative treatment, Outcome 5 Risk of glaucoma or elevated IOP.

Study or subgroup	Ambulatory	Conservative	<b>Risk Ratio</b>	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI	M-H, Fixed, 95% CI
Read 1974	17/71	19/66		0.83[0.47,1.46]
		Favours ambulatory 0.01	0.1 1 10	<sup>100</sup> Favours conservative

## ADDITIONAL TABLES

	Interven- tions	n- Primary outcomes Secondary outcome		mes		Adverse - effects	Duration of hospi-				
	luti ma	Time to reso- lution of pri-	Secondary hemo	Secondary hemorrhage		Risk of PAS for-	Risk of patho- logic increase in	Risk of optic at-		talization or quality	
			mary hemor- rhage	Risk of rebleed	Time to rebleed	<ul> <li>corneal</li> <li>blood stain-</li> <li>ing</li> </ul>		IOP or glaucoma	rophy		of life out- comes
	Aminocapro	oic acid vs	placebo								
	Oral amino	caproic ac	id								

Interven- tions	Primary ou	tcomes	Secondary outco	Adverse effects	Duration of hospi-					
	VA	Time to reso- lution of pri-	Secondary hemorrhage		Risk of corneal	Risk of PAS for-	Risk of patho- logic increase in	Risk of optic at-		talization or quality
			mary hemor- rhage	Risk of rebleed	Time to rebleed	blood stain- ing	mation	IOP or glaucoma	rophy	
Aminocapro	oic acid vs pla	acebo								
Oral amino	caproic acid									
Christian- son 1979	Not re- ported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Not re- ported	Not repor ed
Crouch 1976	Long-term VA report- ed	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Risk of corneal blood stain- ing reported	Partially reported**	Not reported	Risk of op- tic atrophy reported	Not re- ported	Not repor ed
Kraft 1987	Long-term VA report- ed	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Persistent in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Not repor ed
Kutner 1987	Short- term VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Persistent in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Not repor ed
McGetrick 1983	Final VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Adverse effects re- ported	Partially r ported**
Teboul 1995	Final VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Not re- ported	Duration hospitaliz tion repo ed
Topical ami	nocaproic aci	d					-			
Karkhaneh 2003	Reported as NS	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Reported as NS	Not re- ported	Not re- ported	Not repor ed

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Pieramici 2003	Short- term VA reported	Reported as NS	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Not report- ed
Low-dose v	vs standard-do	ose aminocaproio	acid							
Palmer 1986	Final VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Duration of hospitaliza tion report ed
Oral vs top	ical aminocap	roic acid								
Crouch 1997	Final VA reported	Not reported	Risk of rebleed reported	Time to re- bleed re- ported	Risk of corneal blood stain- ing reported	Partially reported**	Not reported	Risk of op- tic atrophy reported	Adverse effects re- ported	Not report- ed
Tranexami	c acid vs contr	ol								
Rahmani 1999	Short- term VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Duration o hospitaliza tion report ed
Suku- maran 1988	Short- term VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Not re- ported	Not report- ed
Vangsted 1983	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	No re- bleeds oc- curred	Risk of corneal blood stain- ing reported	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Not re- ported	Duration of hospi- talization and days o work repor ed
Varnek 1980	Partially reported**	Not reported	Risk of rebleed reported	Time to re- bleed re- ported	Risk of corneal blood stain- ing reported	Not re- ported	Transient in- creases in IOP re- ported	Risk of op- tic atrophy reported	Not re- ported	Duration o hospitaliza tion report ed

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Welsh 1983	Not re- ported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Not report- ed
Aminomet	hylbenzoic ac	id vs placebo								
Liu 2002	Not re- ported	Not reported	Risk of rebleed reported	Not re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Adverse effects re- ported	Not report- ed
Corticoste	roids vs contr	ol								
Oral cortic	osteroids									
Rahmani 1999	Short- term VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Adverse effects re- ported	Duration of hospitaliza- tion report- ed
Spoor 1980	Final VA reported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Risk of corneal blood stain- ing reported	Risk of PAS formation reported	Transient in- creases in IOP re- ported	Not re- ported	Not re- ported	Not report- ed
Topical cor	ticosteroids									
Rakusin 1972	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Partially re- ported**	Partially reported**	Not reported	Not re- ported	Not re- ported	Not report- ed
Zetter- strom 1969	Short- term VA reported	Not reported	Risk of rebleed reported	Not re- ported	Risk of corneal blood stain- ing reported	Not re- ported	Transient in- creases in IOP re- ported	Risk of op- tic atrophy reported	Not re- ported	Duration of hospitaliza- tion report- ed
Oral amino	ocaproic acid	vs oral prednison	e							
Farber 1991	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Not report- ed	Not re- ported	Reported as NS	Not re- ported	Not re- ported	Not report- ed

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Spaeth 1966	Partially reported**	Not reported	Risk of rebleed reported	Partially reported**	Risk of corneal blood stain- ing reported	Partially reported**	Partially report- ed**	Not re- ported	Not re- ported	Not rep ed
Cycloplegic	s vs miotics									
Bedross- ian 1974	Not re- ported	Days to reso- lution report- ed	Risk of rebleed reported	Time to re- bleed re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Not re- ported	Not repo ed
Rakusin 1972	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Reported as NS	Reported as NS	Not reported	Not re- ported	Not re- ported	Not repo ed
Aspirin vs o	bservation									
Marcus 1988	Not re- ported	Not reported	Risk of rebleed reported	Not re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Not re- ported	Not repo ed
Traditional	Chinese med	icine vs control t	reatment							
Wang 1994	Partially reported**	Partially re- ported**	Partially report- ed**	Not re- ported	Not report- ed	Not re- ported	Not reported	Not re- ported	Not re- ported	Not rep ed
Monocular	vs binocular p	oatching								
Edwards 1973	Final VA reported	Not reported	Risk of rebleed reported	Time to re- bleed re- ported	Risk of corneal blood stain- ing reported	Not re- ported	Risk of secondary glaucoma report- ed	Not re- ported	Not re- ported	Quality life out- comes r ported
Rakusin 1972	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Reported as NS	Reported as NS	Not reported	Not re- ported	Not re- ported	Not repo ed
Ambulatory	/ vs conservat	ive treatment								
Rakusin 1972	Short- term VA reported	Partially re- ported**	Risk of rebleed reported	Not re- ported	Reported as NS	Reported as NS	Not reported	Not re- ported	Not re- ported	Not repo ed

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## Table 1. Summary of outcomes\* reported by intervention (Continued)

Read 1974	Partially reported**	Days to reso- lution report- ed	Risk of rebleed reported	Partially reported**	Risk of corneal blood stain- ing reported	Not re- ported	Transient in- creases in IOP re- ported	Not re- ported	Not re- ported	Not report- ed
Elevation o	of the head vs	control								
Zi 1999	Not re- ported	Days to reso- lution report- ed	Not reported	Not re- ported	Not report- ed	Not re- ported	Risk of secondary glaucoma report- ed	Not re- ported	Not re- ported	Not report- ed

\*See Types of outcome measures for detailed descriptions of outcomes.

\*\*Noted as 'partially reported' if some information was reported, but it was insufficient for quantitative data analyses. Abbreviations: IOP: intraocular pressure; NS: not significant; PAS: peripheral anterior synechiae; VA: visual acuity.

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## Table 2. Outcomes by initial hyphema severity

Study	Severity scale	Reported severity	Secondary hemor- rhage	Other outcomes
Systemic amino	ocaproic acid vs control			
Christianson 1979	NR	NR	NR	Time to resolution of the primary hy- phema was sig- nificantly longer (P < 0.05) for par- ticipants receiv- ing drug for whom the hyphema filled more than ½ of the anterior chamber.
Crouch 1976	Blood filling < ⅓ of anterior chamber	Reported no statistically significant dif- ferences across groups	NR	NR
	Blood filling ½ to ½ of anterior chamber	-		
	Blood filling > ½ to ¾ of anterior chamber	-		
	Blood filling > ¾ to total of anterior chamber, but exclud- ed total hyphema	-		
Kraft 1987	Blood filling < ⅓ of anterior chamber	30/49 (61%) participants: 13/24 (54%) in drug group; 17/25 (68%) in placebo group	1/3 (33%) sec- ondary hemorrhage (in placebo group)	Excluding sec- ondary hemor- rhages, mean time to resolution of 3.4 days in drug group (range 1 to 11 days) mean time to res- olution of 2.2 days in placebo group (range 1 to 4 days)
	Blood filling ½ to ½ of anterior chamber	14/49 (29%) participants: 9/24 (37.5%) in drug group; 5/25 (20%) in placebo group	1/3 (33%) sec- ondary hemorrhage (in drug group)	Excluding sec- ondary hemor- rhages, mean time to resolution of 7.1 days in drug group (range 6 to 9 days); mean time to res- olution of 4.0 days in placebo group (range 3 to 4 days)
	Blood filling ½ or more of anterior chamber	5/49 (10%) participants: 2/24 (8.3%) in drug group; 3/25 (12%) in placebo group	1/3 (33%) sec- ondary hemorrhage (in drug group)	Excluding sec- ondary hemor- rhages, time to resolution of 10 days in drug group; mean of placebo

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4.3 days (range 3 to

#### 5 days) Kutner 1987 Mean hyphema 2.2 mm (SD 1.7, n = 21) in drug group; 1.7 "All who rebled had NR initial hyphemas of height mm (SD 1.0, n = 13) in placebo group 15% or less" McGetrick 1983; Mean hyphema 100% (28/28) hyphemas in drug group 1 secondary he-NR height were < 25% of anterior chamber; 86% morrhage in drug (18/21) hyphemas in placebo group were group; 6 secondary < 25% of anterior chamber. hemorrhages in placebo group Teboul 1995 Blood filling < 1/3 of 88/94 (94%) participants: 44/48 (92%) in 1 secondary hemor-NR anterior chamber drug group; 44/46 (96%) in placebo group rhage in drug group and 2 secondary hemorrhages in placebo group Blood filling 1/3 to 1/2 6/94 (6%) participants: 4/48 (8%) in No rebleeds NR of anterior chamber aminocaproic acid group; 2/46 (4%) in placebo group Topical aminocaproic acid vs control Karkhaneh 2003 Blood filling < 1/4 of 65/80 (81%) participants: 34/41 (83%) Reported no effect NR anterior chamber; in drug group; 31/39 (79.5%) in placebo of hyphema size on excluded microscopgroup secondary hypheic hyphemas ma (RR 0.7, 95% CI 0.2 to 2.5) Blood filled 1/4 to 1/2 of 14/80 (18%) participants: 7/41 (17%) in anterior chamber drug group; 7/39 (18%) in placebo group Blood filling > 1/2 of 1/80 (1%) participants: 0/41 in drug anterior chamber; group; 1/39 (2.5%) in placebo group excluded total or blackball hyphemas Pieramici 2003 Mean hyphema 1 mm (SE 0) in drug group (range 0 to 4 Size of primary hy-NR height in millimeters mm); 2 mm (SE 0) in placebo group (range phema in 2 participants with sec-0 to 8 mm) ondary hemorrhages in drug group: 0.3 and 1 mm; in 8 participants in the placebo group: 0.8, 0.9, 1, 1.4, 1.8, 2, 2, and 4.5

#### Low-dose vs standard-dose aminocaproic acid

Palmer 1986 Mean hyp height in r	millimeters dose group (n	0, range 0.1 to 9.9) in low- = 25); 1.5 mm (SD 2.2, range randard-dose group (n = 33)	1 secondary hemor- rhage in low-dose group; 5 secondary hemorrhages in standard-dose group	NR
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## Table 2. Outcomes by initial hyphema severity (Continued)

## Systemic vs topical aminocaproic acid

Crouch 1997	Blood filling < ⅓ of anterior chamber	44/64 (69%) participants	NR	NR
	Blood filling ½ to ½ of anterior chamber	6/64 (9%) participants	-	
	Blood filling > ½ to ¾ of anterior chamber	8/64 (13%) participants	-	
	Blood filling > ¾ to total of anterior chamber	6/64 (9%) participants	-	
Tranexamic acid	vs control			
Rahmani 1999	Microscopic, but ex- cluding individuals with unlayered mi- croscopic hyphemas	17/238 (7%) participants: 6/80 (7%) in aminocaproic acid group; 4/78 (5%) in prednisolone group; 7/80 (9%) in placebo group	2/43 (5%) sec- ondary hemor- rhages	NR
	Blood filling < ¼ of anterior chamber	173/238 (72%) participants: 56/80 (70%) in aminocaproic acid group; 61/78 (78%) in prednisolone group; 56/80 (70%) in placebo group	30/43 (70%) sec- ondary hemor- rhages	_
	Blood filling ¼ to ½ of anterior chamber	36/238 (15%) participants: 13/80 (16%) in aminocaproic acid group; 10/78 (13%) in prednisolone group; 13/80 (16%) in place- bo group	7/43 (16%) sec- ondary hemor- rhages	_
	Blood filling > ½ of anterior chamber; excluded total hy- phemas	12/238 (5%) participants: 5/80 (6%) in aminocaproic acid group; 3/78 (4%) in prednisolone group; 4/80 (5%) in placebo group	4/43 (9%) sec- ondary hemor- rhages	_
Sukumaran 1988	Hyphema height of 0 to 1 mm	8/35 (23%) participants: 4/17 (24%) in drug group; 4/18 (22%) in control group	NR	NR
	Hyphema height of 2 to 3 mm	12/35 (34%) participants: 6/17 (35%) in drug group; 6/18 (33%) in control group	-	
	Hyphema height of 4 to 5 mm	10/35 (29%) participants: 5/17 (29%) in drug group; 5/18 (28%) in control group	-	
	Hyphema height of 6 to 7 mm	5/35 (14%) participants: 2/17 (12%) in drug group; 3/18 (17%) in control group	-	
Vangsted 1983	Hyphema height of 1 mm	10/112 (9%) participants: 8/59 (14%) in drug group; 2/53 (4%) in control group	NR	NR
	Hyphema height of 2 mm	33/112 (29%) participants: 15/59 (25%) in drug group; 18/53 (34%) in control group	-	
	Hyphema height of 3 mm	37/112 (33%) participants: 18/59 (31%) in drug group; 19/53 (36%) in control group	-	

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## Table 2. Outcomes by initial hyphema severity (Continued)

	Hyphema height of 4 mm	18/112 (16%) participants: 9/59 (15%) in drug group; 9/53 (17%) in control group		
	Hyphema height of 5 mm	9/112 (8%) participants: 6/59 (10%) in drug group; 3/53 (6%) in control group		
	Hyphema height of 6 mm	4/112 (4%) participants: 3/59 (5%) in drug group; 1/53 (2%) in control group		
	Hyphema height of 7 mm	None in either group		
	Hyphema height of 8 mm	1/112 (1%) participants: 0/59 (0%) in drug group; 1/53 (2%) in control group		
Varnek 1980	Mean hyphema height in millimeters	2.0 mm in drug group (n = 102); 2.1 mm in control group (n = 130)	1.0 mm in 2 partici- pants in drug group with a secondary hemorrhage; 2.2 mm in 12 partic- ipants in control group with a sec- ondary hemorrhage	NR
Welsh 1983	Mean of proportion of anterior chamber area filled with blood	68% in drug group (n = 19); 63% in place- bo group (n = 20)	NR	NR
Aminomethylbe	enzoic acid vs control			
Liu 2002	Blood filling < ½ of anterior chamber and level is lower than the inferior bor- der of pupil	47/92 (51%) participants: 31/60 (52%) in drug group; 16/32 (50%) in control group	NR	NR
	Blood filling ½ of an- terior chamber and level is higher than the inferior border of	30/92 (33%) participants: 19/60 (32%) in drug group; 11/32 (34%) in control group		
	the pupil, but not ex- ceeding the median line			
	the pupil, but not ex- ceeding the median	15/92 (16%) participants: 10/60 (17%) in drug group; 5/32 (16%) in control group		
Systemic cortic	the pupil, but not ex- ceeding the median line Blood filling > ½ of anterior chamber or filling the entire an-			
Systemic cortic	the pupil, but not ex- ceeding the median line Blood filling > ½ of anterior chamber or filling the entire an- terior chamber		2/4 (50%) sec- ondary hemor- rhages	1. 30 hyphemas re- solved in 5 days or less; 8 hyphemas resolved in more than 5 days

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			acuity between 20/20 and 20/50
> 33% to 75% of an- terior chamber filled with blood	5/43 (12%) participants: 2/23 (9%) in prednisone group; 3/20 (15%) in placebo group	2/4 (50%) sec- ondary hemor- rhages	1. 1 hyphema re- solved in 5 days o less; 4 hyphemas resolved in more than 5 days
			2. 5 participants with final visual acuity between 20/20 and 20/50
See above under "Tran	nexamic acid vs control"		
eroids vs control			
Mean hyphema height in millimeters	2.5 mm in topical corticosteroid group (n = 58); 3.5 mm in control group (n = 59)	No participant with secondary hemor- rhage in topical cor- ticosteroid group; 4 participants with secondary hem- orrhage in control group	NR
s systemic corticostero	pids		
Microscopic	24/112 (21%) participants: 11/56 (20%) in aminocaproic acid group; 13/56 (23%) in prednisone group	3/8 (38%) sec- ondary hem- orrhages: 2 in aminocaproic acid group; 1 in pred- nisone group	NR
Hyphema height 0.1 to 3.9 mm	80/112 (71%) participants: 41/56 (73%) in aminocaproic acid group; 39/56 (70%) in prednisone group	4/8 (50%) sec- ondary hem- orrhages: 1 in aminocaproic acid group; 3 in pred- nisone group	- -
Hyphema height 4.0 to 5.9 mm	4/112 (4%) participants: 3/56 (6%) in aminocaproic acid group; 1/56 (2%) in prednisone group	No secondary hem- orrhages in either group	
Hyphema height 6.0 to 11 mm	2/112 (2%) participants: 0/56 (0%) in aminocaproic acid group; 2/56 (4%) in prednisone group	No secondary hem- orrhages in either group	
Total hyphema	2/112 (2%) participants: 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in prednisone group	1/8 (12%) sec- ondary hem- orrhage: 1 in aminocaproic acid group; none in prednisone group	
	terior chamber filled with blood See above under "Trar roids vs control Mean hyphema height in millimeters systemic corticostero Microscopic Microscopic Hyphema height 0.1 to 3.9 mm Hyphema height 4.0 to 5.9 mm	terior chamber filled with bloodprednisone group; 3/20 (15%) in placebo groupSee above under "Tranexamic acid vs control"roids vs controlMean hyphema height in millimeters2.5 mm in topical corticosteroid group (n = 58); 3.5 mm in control group (n = 59)s systemic corticosteroidsMicroscopic24/112 (21%) participants: 11/56 (20%) in aminocaproic acid group; 13/56 (23%) in prednisone groupHyphema height 0.1 to 3.9 mm80/112 (71%) participants: 41/56 (73%) in aminocaproic acid group; 39/56 (70%) in prednisone groupHyphema height 4.0 to 5.9 mm4/112 (4%) participants: 3/56 (6%) in aminocaproic acid group; 1/56 (2%) in prednisone groupHyphema height 6.0 to 11 mm2/112 (2%) participants: 0/56 (0%) in aminocaproic acid group; 2/56 (4%) in prednisone groupTotal hyphema2/112 (2%) participants: 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in	terior chamber filled with bloodprednisone group; 3/20 (15%) in placebo groupondary hemor- rhagesSee above under "Tranexamic acid vs control"roids vs controlMean hyphema height in millimeters2.5 mm in topical corticosteroid group (n = 58); 3.5 mm in control group (n = 59)No participant with secondary hemor- rhage in topical corticosteroid group (n = 4 participants with secondary hemor- rhage in control groupMicroscopic24/112 (21%) participants: 11/56 (20%) in prednisone group3/8 (38%) sec- ordary hem- orrhage in control groupMicroscopic24/112 (71%) participants: 41/56 (73%) in prednisone group3/8 (38%) sec- ondary hem- orrhages: 2 in aminocaproic acid group; 39/56 (70%) in prednisone group3/8 (30%) sec- ondary hem- orrhages: 1 in aminocaproic acid group; 39/56 (70%) in prednisone groupNo secondary hem- orrhages: 1 in aminocaproic acid group; 39/56 (70%) in aminocaproic acid group; 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in aminocaproic acid group; 2/56 (4%) in prednisone groupNo secondary hem- orrhages in either groupHyphema height 6.0 to 11 mm2/112 (2%) participants: 1/56 (2%) in aminocaproic acid group; 2/56 (4%) in prednisone groupNo secondary hem- orrhages in either groupTotal hyphema prednisone group2/112 (2%) participants: 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in prednisone groupNo secondary hem- orrhages in either groupTotal hyphema ornage in either group2/112 (2%) participants: 1/56 (2%) in aminocaproic acid group; 1/56 (2%) in prednisone group1/8 (12%) sec

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Spaeth 1966	Blood filling < 20% of anterior chamber	55/85 (65%) participants: 28/39 (72%) in estrogen group; 27/46 (59%) in control group	13/20 (65%) sec- ondary hemor- rhages: 8 in estro- gen group; 5 in con- trol group	NR
	Blood filling 20% to 40% of anterior chamber	17/85 (20%) participants: 5/39 (13%) in estrogen group; 12/46 (26%) in control group	4/20 (20%) sec- ondary hemor- rhages: 1 in estro- gen group; 3 in con- trol group	-
	Blood filling 40% to 60% of anterior chamber	5/85 (6%) participants: 2/39 (5%) in estro- gen group; 3/46 (7%) in control group	1/20 (5%) sec- ondary hemor- rhage: none in es- trogen group; 1 in control group	-
	Blood filling 60% to 80% of anterior chamber	2/85 (2%) participants: 1/39 (3%) in estro- gen group; 1/46 (2%) in control group	No secondary hem- orrhages in either group	-
	Blood filling > 80% of anterior chamber	6/85 (7%) participants: 3/39 (8%) in estro- gen group; 3/46 (7%) in control group	2/20 (10%) sec- ondary hemor- rhages: 1 in estro- gen group; 1 in con- trol group	-
Cycloplegics vs m	liotics			
Bedrossian 1974	Hyphema height of 1 mm	20/58 (34%) participants: 10/28 (36%) in the cycloplegic group; 10/30 (33%) in the miotic group	1/1 (100%) sec- ondary hemor- rhage (in cyclo- plegic group)	Mean time to reso- lution in cycloplegi group of 1.9 days (SD 1.4); mean time to resolution in mi- otic group of 2.5 days (SD 1)
	Hyphema height of 2 mm	22/58 (38%) participants: 10/28 (36%) in the cycloplegic group; 12/30 (40%) in the miotic group	No secondary hem- orrhages in either group	Mean time to reso- lution in cycloplegi group of 3.3 days (SD 1.8); mean time to resolution in mi- otic group of 4.2 days (SD 1.3)
	Hyphema height of 3 mm	12/58 (21%) participants: 6/28 (21%) in the cycloplegic group; 6/30 (20%) in the miotic group	No secondary hem- orrhages in either group	Mean time to reso- lution in cycloplegi group of 3.2 days (SD 1.9); mean time to resolution in mi- otic group of 4.0 days (SD 1.1)

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(1 resolved on day 2 and 1 on day 3); mean time to resolution in miotic group of 4.0 days (1 resolved on day 3 and 1 on day 5)

## Aspirin vs no aspirin

Marcus 1988Reported that "the two groups were comparable with respect to age, cause, and extent of<br/>hyphema" and that 2 of 3 eyes with a secondary hemorrhage in the aspirin group (n = 23)<br/>had an initial total hyphema, while of the 2 eyes with a secondary hemorrhage in the con-<br/>trol group (n = 28), 1 had 30% and 1 had almost total hyphemaNR

#### **Traditional Chinese medicine vs control treatment**

Wang 1994	Any level	No significant differences between groups	NR	Proportion of par- ticipants who were "cured" (defined as the resolution of the primary hemor- rhage after 5 days of treatment, visu- al acuity of 0.7 or better after resolu- tion of the primary hemorrhage, and no recurrence of bleeding for 1 week following resolu- tion of the primary hemorrhage) was 29/45 (64%) in the traditional Chinese medicine group and 10/38 (26%) in the control group.
Monocular vs bir Edwards 1973	nocular patching Blood filling < ⅓ of anterior chamber	42/64 (66%) participants: 21/35 (60%) in the monocular patching group; 21/29 (72%) in the binocular patching group	7/14 (50%) sec- ondary hemor- rhages: 4 in the monocular group; 3 in the binocular group	62% (13/21) of par- ticipants with fi- nal visual acuity of 20/50 or better in the monocular group; 71% (15/21) of participants with final visual acuity of 20/50 or better in the binocular group
	Blood filling ½ to ½ of anterior chamber	14/64 (22%) participants: 9/35 (26%) in the monocular patching group; 5/29 (17%) in the binocular patching group	7/14 (50%) sec- ondary hemor- rhages: 4 in the	57% (8/14) of par- ticipants with fi- nal visual acuity
	Blood filling ½ or more of anterior chamber	8/64 (12%) participants: 5/35 (14%) in the monocular patching group; 3/29 (10%) in the binocular patching group	<ul> <li>monocular group;</li> <li>3 in the binocular group</li> </ul>	of 20/50 or better in the monocular group; 62% (5/8) of participants with fi- nal visual acuity of

Medical interventions for traumatic hyphema (Review)



20/50 or better in the binocular group

Read 1974	onservative treatment Blood filling < ⅓ of anterior chamber	79/137 (58%) participants: 47/71 (66%) in the ambulatory group; 32/66 (48%) in the conservative group	16/30 (53%) sec- ondary hemor- rhages: 9 in the am- bulatory group; 7 in the conservative group	NR
	Blood filling ¼ to ½ of anterior chamber	28/137 (20%) participants: 11/71 (16%) in the ambulatory group; 17/66 (26%) in the conservative group	5/30 (17%) sec- ondary hemor- rhages: 4 in the am- bulatory group; 1 in the conservative group	-
	Blood filling ½ but not total anterior chamber	19/137 (14%) participants: 8/71 (11%) in the ambulatory group; 11/66 (17%) in the conservative group	6/30 (20%) sec- ondary hemor- rhages: 3 in the am- bulatory group; 3 in the conservative group	-
	Total hyphema	11/137 (8%) participants: 5/71 (7%) in the ambulatory group; 6/66 (9%) in the con- servative group	3/30 (10%) sec- ondary hemor- rhages: 2 in the am- bulatory group; 1 in the conservative group	-
Elevation of hea	d vs lying flat			
Zi 1999	Blood filling < ½ of anterior chamber, and level was lower than the inferior bor- der of pupil	36/74 (49%) participants: 18/35 (51%) with elevation of the head; 18/39 (46%) lying flat	NR	NR
	Blood filling ½ of an- terior chamber, and level was higher than the inferior border of the pupil	19/74 (26%) participants: 6/35 (17%) with elevation of the head; 13/39 (33%) lying flat	NR	NR
	Blood filling > ½ of anterior chamber or filling the entire an- terior chamber	19/74 (26%) participants: 11/35 (31%) with elevation of the head; 8/39 (21%) ly- ing flat	NR	NR
Other				
Rakusin 1972 *	Blood filling < ½ of anterior chamber	213 participants	NR	1. 4% (8/213) of participants with ele- vated intraocular pressure across all participants

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#### Table 2. Outcomes by initial hyphema severity (Continued)

			<ol> <li>22% (47/213) of participants with complications</li> <li>78% (166/213) of participants with final visual acuity better than 20/60</li> </ol>
Blood filling > ½ of anterior chamber	157 participants	NR	1.85% (133/157) of participants with el- evated intraocular pressure across all participants
			2. 78% (123/157) of participants with complications
			3. 28% (44/157) of participants with final visual acuity better than 20/60

\*Rakusin 1972 reported severity for entire study population rather than by trials of topical corticosteroids, cycloplegics vs miotics, monocular vs binocular patching, and ambulatory vs conservative treatment. See under "Other."

Abbreviations: CI: confidence interval; n: number of participants; NR: not reported; RR: risk ratio; SD: standard deviation; SE: standard error.

Study	Test intervention	No. with out- come/no. in group	Control intervention	No. with out- come/no. in group	Total no. with out- come/total no.
Aminocaproic a	cid				
Crouch 1976	Sytemic aminocaproic acid	0/32	Placebo 2/27		2/59
Crouch 1997	Systemic aminocaproic acid	0/29	Topical aminocaproic acid	0/35	0/64
Tranexamic aci	d				
Vangsted 1983	Tranexamic acid	0/59	Bed rest only 0/53		0/112
Varnek 1980	Tranexamic acid	1/102	Conservative treatment 0/130		1/232
Prednisone/cor	tisone				
Spoor 1980	Systemic prednisone	NR	NR Placebo NR		1/43
Zetterstrom 1969	Atropine plus cortisone eye- drops	0/58	8 Conservative treatment 1/59		1/117
Estrogen					
Spaeth 1966	Estrogen	2/39	Placebo	2/46	4/85

## Table 3. Risk of corneal blood staining

Medical interventions for traumatic hyphema (Review)

## Table 3. Risk of corneal blood staining (Continued)

Non-drug	medical	interve	ntions
non urug	meancat	micrive	nuons

Edwards 1973	Monocular patching	1/35	Binocular patching	1/29	2/64
Read 1974	Moderate ambulatory activi- ty, patching and shielding of in- jured eye	5/71	Bed rest with elevation of the head, bilateral patches and eye shield	4/66	9/137

NR: not reported.

## Table 4. Risk of peripheral anterior synechiae

Study	Test intervention	No. with out- come/no. in group	Control intervention	No. with out- come/no. in group	Total no. with out- come/total no.
Aminocaproic	acid				
Crouch 1997	Systemic aminocaproic acid	NR	Topical aminocaproic acid	NR	4/64
Prednisone					
Spoor 1980	Systemic prednisone	0/23	Placebo	0/20	0/43
Conjugated es	trogen				
Spaeth 1966	Conjugated estrogens	NR	Placebo	NR	15/85
Non-drug med	ical interventions				
Read 1974	1974 Moderate ambulatory activi- ty, patching and shielding of in- jured eye		Bed rest with elevation of the head, bilateral patches and eye shield	NR	9/137

NR: not reported

## Table 5. Risk of elevated intraocular pressure

Study	Test intervention	No. with out- come/no. in group	Control interven- tion	No. with out- come/no. in group	Total no. with out- come/total no.
Aminocaproic aci	d				
Kraft 1987	Systemic aminocaproic acid	1/24	Placebo	1/25	2/49
Kutner 1987	Systemic aminocaproic acid	1/21	Placebo	3/13	4/34
Teboul 1995	Systemic aminocaproic acid	3/48	Placebo	3/46	6/94
Pieramici 2003	Topical aminocaproic acid	2/24	Placebo	1/27	3/51

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## Table 5. Risk of elevated intraocular pressure (Continued)

Palmer 1986	Standard-dose systemic aminocaproic acid	2/33	Low-dose oral aminocaproic acid	0/26	2/59
Tranexamic acid					
Vangsted 1983	Tranexamic acid	8/59	Bed rest only	6/53	14/112
Varnek 1980	Tranexamic acid	8/102	Conservative treat- ment	7/130	15/232
Rahmani 1999	Tranexamic acid	12/80	Placebo	12/80	24/160
Welsh 1983	Tranexamic acid	1/19	Placebo	2/20	3/39
Prednisone/cortis	one				
Spoor 1980	Systemic prednisone	0/23	Placebo	0/20	0/43
Rahmani 1999	Systemic prednisone	9/78	Placebo	12/80	21/158
Zetterstrom 1969	Atropine plus cortisone eyedrops	3/58	Conservative treat- ment	2/59	5/117
Non-drug medical	interventions				
Edwards 1973	Monocular patching	3/35	Binocular patching	0/29	3/64
Read 1974	Ambulation	17/71	Bed rest	19/66	36/137
Zi 1999	Lying in right and left lateral posi- tion	7/39	Lying in semi-reclin- ing position	8/35	15/74

## Table 6. Risk of optic atrophy

Study	Test intervention	No. with out- come/no. in group	Control intervention	No. with out- come/no. in group	Total no. with out- come/total no.
Aminocaproic	acid				
Crouch 1976	Systemic aminocaproic acid	0/32	Placebo	2/27	2/59
Crouch 1997	Systemic aminocaproic acid	0/29	Topical aminocaproic acid	0/35	0/64
Tranexamic ac	id				
Varnek 1980	Tranexamic acid	1/102	Conservative treatment	0/130	1/232
Cortisone					
Zetterstrom 1969	Atropine plus cortisone eye- drops	0/58	Conservative treatment	1/59	1/117

Medical interventions for traumatic hyphema (Review)



## Table 6. Risk of optic atrophy (Continued)

Non-drug medical interventions

Read 1974	Moderate ambulatory activity, patching and shielding of in- jured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	8/137

NR: not reported.

#### Table 7. Risk of non-ocular adverse effects

Study ID	Comparison	Type of complica- tion	Results
Aminocaproic acid			
Kraft 1987	Systemic aminocaproic acid vs placebo	Nausea	Drug group: 8 of 24; placebo group 1 of 25
Kutner 1987	Systemic aminocaproic acid vs placebo	Nausea or vomiting	Drug group: 6 of 21; placebo group: 0 of 13
		Lightheadedness	Drug group: 7 of 21; placebo group: 1 of 13
		Systemic hypoten- sion	Drug group: 4 of 21; placebo group: 1 of 13
		Total complications	Drug group: 10 of 21; placebo group: 1 of 13
McGetrick 1983	Systemic aminocaproic acid vs placebo	Nausea or vomiting	Drug group: 6 of 28; placebo group: 0 of 20
		Diarrhea	Drug group: 2 of 28; placebo group: 0 of 20
		Muscle cramps	Drug group: 1 of 28; placebo group: 0 of 20
Pieramici 2003	Topical aminocaproic acid vs placebo	Systemic hypoten- sion	Drug group: 3 of 24; placebo group: 3 of 27
Crouch 1997	Systemic vs topical aminocaproic acid	Dizziness, nausea, vomiting	Oral group: 5 of 29; topical group: 1 of 35
Palmer 1986	Low-dose vs stan- dard-dose systemic	Nausea or vomiting	Low-dose group: 5 of 25; standard-dose group: 9 of 33
	aminocaproic acid	Dizziness and hy- potension	Low-dose group: 0 of 25; standard-dose group: 5 of 33
		Syncope	Low-dose group: 0 of 25; standard-dose group: 2 of 33
		Diarrhea	Low-dose group: 1 of 25; standard-dose group: 0 of 33
		Rash or pruritis	Low-dose group: 1 of 25; standard-dose group: 2 of 33
		Hot flashes	Low-dose group: 1 of 25; standard-dose group: 0 of 33
		Dry mouth or nose	Low-dose group: 1 of 25; standard-dose group: 0 of 33

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## Table 7. Risk of non-ocular adverse effects (Continued)

Farber 1991	Systemic aminocaproic acid vs oral prednisone	Any adverse event	Aminocaproic acid group: 0 of 56; prednisone group: 0 of 56
Tranexamic acid			
Welsh 1983	Tranexamic acid vs placebo	Nausea	Drug group: 1 of 19; placebo group: 0 of 20
Rahmani 1999	Tranexamic acid vs placebo	Nausea	Drug group: 0 of 80; placebo group: 0 of 80
Aminomethylbenz	oic acid		
Liu 2002	Systemic aminomethyl- benzoic acid vs placebo	Nausea and vomit- ing	Drug group: 7 of 60; placebo group: NR

NR: not reported.

## Table 8. Risk of other ocular events

Study	Outcome	Test intervention	No. with out- come/no. in group	Control intervention	No. with out- come/no. in group	Total no. with out- come/tota no.
Aminocapro	ic acid					
1997 val/corr	Conjuncti- val/corneal for- eign body sen- sation	Topical aminocaproic acid	4/35	Systemic aminocaproic acid	0/29	4/64
	Transient punc- tate corneal staining	Topical aminocaproic acid	3/35	Systemic aminocaproic acid	0/29	3/64
Tranexamic	acid					
Varnek 1980	Vitreous and retinal hemor- rhage	Tranexamic acid	5/102	Conservative treatment	5/130	10/232
	Traumatic cataract	Tranexamic acid	2/102	Conservative treatment	0/130	2/232
Non-drug m	edical intervention					
Read 1974	Traumatic cataract	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	8/137
	Vitreous hem- orrhage	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	11/137

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#### Table 8. Risk of other ocular events (Continued)

	,				
Commotio reti- nae	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	4/137
Occluded pupil	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	2/137
Optic atrophy with nasaliza- tion of optic cup	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	4/137
Optic atrophy without nasal- ization of optic cup	Moderate ambulatory activity, patching and shielding of injured eye	NR	Bed rest with elevation of the head, bilateral patches and eye shield	NR	8/137

NR: not reported.

#### APPENDICES

#### Appendix 1. CENTRAL search strategy

#1 MeSH descriptor Hyphema explode all trees

#2 hyphem\* or hyphaem\*

#3 MeSH descriptor Anterior Chamber explode all trees with qualifier: IN

#4 MeSH descriptor Eye Hemorrhage, this term only

#5 MeSH descriptor Hemorrhage, this term only

#6 MeSH descriptor Eye Injuries explode all trees

#7 (#5 AND #6)

#8 (#1 OR #2 OR #3 OR #4 OR #7)

#### Appendix 2. MEDLINE Ovid search strategy

- 1. Randomized Controlled Trial.pt.
- 2. Controlled Clinical Trial.pt.
- 3. (randomized or randomised).ab,ti.
- 4. placebo.ab,ti.
- 5. drug therapy.fs.
- 6. randomly.ab,ti.
- 7. trial.ab,ti.
- 8. groups.ab,ti.
- 9. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8
- 10. exp animals/ not humans.sh.
- 11. 9 not 10
- 12. exp Hyphema/
- 13. (hyphem\* or hyphaem\*).tw.
- 14. exp \*Anterior Chamber/in [Injuries]
- 15. \*Eye Hemorrhage/
- 16. Hemorrhage/
- 17. exp Eye Injuries/
- 18. 16 and 17
- 19. 12 or 13 or 14 or 15 or 18
- 20. 11 and 19

### Appendix 3. Embase.com search strategy

1. 'randomized controlled trial'/exp



2. 'randomization'/exp 3. 'double blind procedure'/exp 4. 'single blind procedure'/exp 5. random\*:ab,ti 6.1 OR 2 OR 3 OR 4 OR 5 7. 'animal'/exp OR 'animal experiment'/exp 8. 'human'/exp 9.7 AND 8 10.7 NOT 9 11.6 NOT 10 12. 'clinical trial'/exp 13. (clin\* NEAR/3 trial\*):ab,ti 14. ((singl\* OR doubl\* OR trebl\* OR tripl\*) NEAR/3 (blind\* OR mask\*)):ab,ti 15. 'placebo'/exp 16. placebo\*:ab,ti 17. random\*:ab,ti 18. 'experimental design'/exp 19. 'crossover procedure'/exp 20. 'control group'/exp 21. 'latin square design'/exp 22. 12 OR 13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20 OR 21 23. 22 NOT 10 24. 23 NOT 11 25. 'comparative study'/exp 26. 'evaluation'/exp 27. 'prospective study'/exp 28. control\*:ab,ti OR prospectiv\*:ab,ti OR volunteer\*:ab,ti 29. 25 OR 26 OR 27 OR 28 30. 29 NOT 10 31. 30 NOT (11 OR 23) 32. 11 OR 24 OR 31 33. 'hyphema'/exp 34. hyphem\*:ab,ti OR hyphaem\*:ab,ti 35. 'anterior eye chamber'/mj AND 'injury'/exp 36. 'bleeding'/de AND 'eye injury'/exp 37. 33 OR 34 OR 35 OR 36 38. 32 AND 37

#### Appendix 4. PubMed search strategy

((randomized controlled trial[pt]) OR (controlled clinical trial[pt]) OR (randomised[tiab] OR randomized[tiab]) OR (placebo[tiab]) OR (drug therapy[sh]) OR (randomly[tiab]) OR (trial[tiab]) OR (groups[tiab])) NOT (animals[mh] NOT humans[mh])
 (hyphem\*[tiab] or hyphaem\*[tiab]) NOT Medline[sb]
 #1 AND #2

#### Appendix 5. ISRCTN search strategy

hyphema or hyphaema

#### Appendix 6. ClinicalTrials.gov search strategy

hyphema or hyphaema

#### Appendix 7. WHO ICTRP search strategy

hyphema or hyphaema

WHAT'S NEW



Date	Event	Description	
18 December 2018	New search has been performed	Issue 1, 2019: Searches updated, no new studies identified for in- clusion.	
18 December 2018	New citation required but conclusions have not changed	Issue 1, 2019: Summary of findings tables have been included.	

#### HISTORY

Protocol first published: Issue 3, 2005 Review first published: Issue 1, 2011

Date	Event	Description
22 November 2013	New search has been performed	Issue 12, 2013: Searches updated.
22 November 2013	New citation required but conclusions have not changed	Issue 12, 2013: One new study added.
7 August 2008	New search has been performed	Converted to new review format

## CONTRIBUTIONS OF AUTHORS

Conceiving the review: HS, AG Designing the review: RS, HS Co-ordinating the review: RS Undertaking manual searches: RS Screening search results: RS, KL, AG Organizing retrieval of papers: KL Screening retrieved papers against inclusion criteria: RS, KL, AG Appraising quality of papers: RS, KL Abstracting data from papers: RS, KL, AG Writing to authors of papers for additional information: RS, KL Providing additional data about papers: HS, MG Data management for the review: RS, KL Entering data into Review Manager 5: RS, KL Analysis of data: RS, KL Interpretation of data: AG, HS, MG, RS Writing the review: RS, KL, AG, HS, MG Performing previous work that was the foundation of current study: AG, HS, RS, MG

Updating the review: RS, KL Providing substantial feedback and final approval: AG, HS, MG

#### DECLARATIONS OF INTEREST

AG HS, RS, and KL: none known.

MG was an investigator for some of the trials included in this review and is a paid consultant for Panoptic Inc (not related to hyphema) and a non-paid board member for Eyetech Inc (not related to hyphema).

### SOURCES OF SUPPORT

#### **Internal sources**

• No sources of support supplied

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#### **External sources**

- Contract N-01-EY-2-1003 and Grant 1 U01 EY020522-01, National Eye Institute, National Institutes of Health, USA.
- National Institute for Health Research (NIHR), UK.
- \* Richard Wormald, Co-ordinating Editor for Cochrane Eyes and Vision (CEV) acknowledges financial support for his CEV research sessions from the Department of Health through the award made by the NIHR to Moorfields Eye Hospital NHS Foundation Trust and UCL Institute of Ophthalmology for a Specialist Biomedical Research Centre for Ophthalmology.
- \* This review was supported by the NIHR, via Cochrane Infrastructure funding to the CEV UK editorial base.

The views and opinions expressed therein are those of the review authors and do not necessarily reflect those of the Systematic Reviews Programme, NIHR, National Health Service, or the Department of Health.

## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

We have updated the Assessment of risk of bias in included studies section of the Methods to reflect modified Cochrane methodology regarding assessments of the risk of bias in included studies.

The primary outcome of this review was previously defined as duration of visual impairment (length of time from onset to resolution of hyphema) in the protocol; we have redefined it as time to resolution of primary hemorrhage (length of time from onset to resolution of hyphema) in the review.

We revised the searches of electronic databases from the original 2011 publication of this review (Gharaibeh 2011). We updated the search to incorporate new MeSH terms in the MEDLINE search; we also searched PubMed and the World Health Organization International Clinical Trials Registry Platform (WHO ICTRP), which we did not originally search.

In this version of the review, we re-analyzed all meta-analyses using risk ratio instead of odds ratio because the number of events was not rare, and therefore the use of odds ratios was inappropriate. We also added methods for producing 'Summary of findings' tables and incorporating GRADE assessments.

#### INDEX TERMS

#### **Medical Subject Headings (MeSH)**

Adrenal Cortex Hormones [therapeutic use]; Aminocaproic Acid [therapeutic use]; Antifibrinolytic Agents [therapeutic use]; Aspirin [therapeutic use]; Bandages; Bed Rest; Estrogens, Conjugated (USP) [therapeutic use]; Eye Injuries [\*complications]; Hyphema [etiology] [\*therapy]; Mydriatics [therapeutic use]; Patient Positioning [methods]; Platelet Aggregation Inhibitors [therapeutic use]; Randomized Controlled Trials as Topic; Tranexamic Acid [therapeutic use]; Visual Acuity; Wounds, Nonpenetrating [\*complications]

#### MeSH check words

Child; Humans