

Occurrence of Treatment-Related Cardiotoxicity and Its Impact on Outcomes Among Children Treated in the AAML0531 Clinical Trial: A Report From the Children's Oncology Group

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PURPOSE Late cardiotoxicity after pediatric acute myeloid leukemia therapy causes substantial morbidity and mortality. The impact of early-onset cardiotoxicity on treatment outcomes is less well understood. Thus, we evaluated the risk factors for incident early cardiotoxicity and the impacts of cardiotoxicity on event-free survival (EFS) and overall survival (OS).

METHODS Cardiotoxicity was ascertained through adverse event monitoring over the course of follow-up among 1,022 pediatric patients with acute myeloid leukemia treated in the Children's Oncology Group trial AAML0531. It was defined as grade 2 or higher left ventricular systolic dysfunction on the basis of Common Terminology Criteria for Adverse Events (version 3) definitions.

RESULTS Approximately 12% of patients experienced cardiotoxicity over a 5-year follow-up, with more than 70% of incident events occurring during on-protocol therapy. Documented cardiotoxicity during on-protocol therapy was significantly associated with subsequent off-protocol toxicity. Overall, the incidence was higher among noninfants and black patients, and in the setting of a bloodstream infection. Both EFS (hazard ratio [HR], 1.6; 95% CI, 1.2 to 2.1; $P = .004$) and OS (HR, 1.6; 95% CI, 1.2 to 2.2, $P = .005$) were significantly worse in patients with documented cardiotoxicity. Impacts on EFS were equivalent whether the incident cardiotoxicity event occurred in the absence (HR, 1.6; 95% CI, 1.1 to 2.2; $P = .017$) or presence of infection (HR, 1.6; 95% CI, 1.0 to 2.7; $P = .069$) compared with patients without documented cardiotoxicity. However, the reduction in OS was more pronounced for cardiotoxicity not associated with infection (HR, 1.7; 95% CI, 1.2 to 2.5; $P = .004$) than for infection-associated cardiotoxicity (HR, 1.3; 95% CI, 0.7 to 2.4; $P = .387$).

CONCLUSION Early treatment-related cardiotoxicity may be associated with decreased EFS and OS. Cardioprotective strategies are urgently needed to improve relapse risk and both short- and long-term mortality outcomes.

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INTRODUCTION

Over the past several decades, cooperative oncology group trials for pediatric acute myeloid leukemia (AML) have improved overall survival (OS) to nearly 65% through intensive chemotherapy and improved supportive care.¹⁻⁵ Despite their effectiveness, anthracyclines are associated with an increased cardiotoxicity risk, including left ventricular systolic dysfunction (LVSD).⁶⁻⁸

The literature on anthracycline-associated cardiotoxicity has been focused on late effects among pediatric, adolescent, and young adult cancer survivors. These evaluations have demonstrated that survivors experience increased risks for cardiomyopathy and cardiovascular disease and that these complications are the leading cause of nonrelapse mortality.^{7,9-12} Although cardiac dysfunction occurring during therapy has consistently predicted long-term cardiac morbidity,¹³⁻¹⁵

previous studies have not evaluated the independent effects of early-onset cardiotoxicity on event-free survival (EFS) or OS in newly diagnosed pediatric patients with AML.

Bacterial sepsis, a cause of transient cardiac decline, occurs frequently during AML treatment and contributes to the development of cardiac dysfunction.¹⁶ Children's Oncology Group (COG) guidelines for rechallenging patients to anthracyclines distinguish infection-associated LVSD from LVSD not associated with infection, allowing patients who experience resolution of infection-associated LVSD to receive additional anthracycline therapy. However, there are no data comparing treatment outcomes after these distinct presentations of cardiotoxicity.

The primary objectives of this study were to (1) describe the incidence of cardiotoxicity among pediatric patients with AML, (2) assess differences in risk factors

ASSOCIATED CONTENT

See accompanying *Oncology Grand Rounds* on page 1 [Data Supplement](#)

Author affiliations and support information (if applicable) appear at the end of this article.

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for incident cardiotoxicity occurring during the on-protocol and off-protocol periods and in the context of infection, and (3) evaluate the impact of cardiotoxicity on EFS and OS. Secondary analyses explored predictors of compliance with routine echocardiographic (echo) monitoring.

METHODS

Study Population

Between August 2006 and June 2010, COG AAML0531 enrolled patients younger than 30 years of age for frontline AML treatment as previously described (Data Supplement).² Enrollment criteria did not include baseline ejection fraction (EF) or shortening fraction (SF) cutoffs. Daunorubicin (50 mg/m²/dose or 1.67 mg/kg/dose if body-surface area [BSA] < 0.6 m²) and mitoxantrone (12 mg/m²/dose or 0.4 mg/kg/dose if BSA < 0.6 m²) were administered as 6-hour intravenous infusions on days 1, 3, and 5 of induction I and induction II, and 1-hour infusions on days 3 to 6 of intensification II, respectively. All patients enrolled in AAML0531 provided informed consent for use of trial data for research. The current analyses excluded patients with Down syndrome.

Cardiotoxicity Ascertainment

Echo or multigated acquisition (MUGA) scans were mandated at the following times: before the start of induction courses I and II and intensification II, before hematopoietic stem-cell transplantation, at the end of protocol therapy, and at yearly intervals during off-protocol follow-up. As part of routine adverse event (AE) monitoring, cardiac events, regardless of grade, were required to be reported via AE case report forms (CRFs; passive ascertainment). Additional active ascertainment involved targeted requests by the study chair for facsimiles of all echo/MUGA reports for patients with a CRF documenting cardiotoxicity. All EF and SF measurements were abstracted from the submitted echo reports. Discrepancies in LVSD grading between EF mode-specific measurements from the echo report were reviewed and adjudicated by a cardiologist (B.K.).

Outcomes

Primary outcomes included incident cardiotoxicity, EFS, and OS. Secondary outcomes included compliance with echo monitoring, relapse risk (RR), and nonrelapse or noninduction failure–related mortality (NRM).

The AAML0531 protocol mandated that anthracyclines be withheld if there was evidence of significant cardiac disease, defined as SF < 27%.² Thus, our definition of cardiotoxicity, on the basis of the National Cancer Institute Common Terminology Criteria for Adverse Events (version 3.0), included LVSD grades that would wholly contain patients meeting the protocol-defined threshold for dose modification, specifically grade 2 or higher LVSD (resting SF < 24% or EF < 50%). Patients were considered to have experienced LVSD if reported on a CRF or submitted echo

report. LVSD occurrences were subclassified as associated with a bloodstream infection or not, on the basis of whether there was a CRF documenting onset of a microbiologically determined infection within the 10 days before the onset of cardiotoxicity.

EFS was defined as the time from study enrollment until death, induction failure, secondary malignancy, or relapse, whereas OS was defined as time to death. RR was defined as the time from enrollment to relapse, secondary malignancy, or induction failure, where deaths without these events were considered competing events. NRM was defined as time from enrollment to death, where relapse, secondary malignancy, or induction failure were considered competing events. Patients were censored at last contact. Compliance at each reporting period was dichotomized based on whether an echo/MUGA was documented.

Covariables

Patient information, including dates of birth and diagnosis, gender, race, ethnicity, height, weight, initial WBC count, cytogenetic risk classification, treatment arm, and AE reports for bloodstream infection were obtained from the AAML0531 database. Body mass index percentiles for age and sex were computed based on the 2000 Centers for Disease Control and Prevention growth chart data (patients age ≥ 2 years) and the WHO reference (patients age < 2 years) and were classified into weight status categories as follows: obese (≥ 95th percentile), overweight (85th to < 95th percentile), healthy weight (5th to < 85th percentile), and underweight (< 5th percentile).

Statistical Analyses

AAML0531 data used in these analyses were current as of September 30, 2016, with a median follow-up of 6.6 years (range, 0 to 9.8 years) for patients alive at last contact. The 5-year cumulative incidence of cardiotoxicity was presented by covariable categories. The following were enumerated for each reporting period: number of patients who completed protocol-directed echo screenings, number of LVSD events identified by CRF or submitted echo, and number of incident LVSD events.

Log-binomial regression was used to estimate adjusted risk ratios comparing noncompliance by covariables. General estimating equations with an exchangeable correlation matrix were used to account for potential correlation between intra-individual observations. Full follow-up for cardiotoxicity was defined as time from the start of induction I chemotherapy to the first documentation of cardiotoxicity. Patients who did not experience cardiotoxicity were censored at relapse, loss to follow-up, or 5 years after the start of treatment; deaths were considered competing events. Fine and Gray methods^{16,17} were used to compute hazard ratios (HRs) comparing cardiotoxicity incidence by covariables. Initial analyses were performed for the full follow-up, and then separate assessments were restricted to the on-protocol period, where follow-up ended at the date the

TABLE 1. Characteristics of the Study Population and the 5-Year Unadjusted Cumulative Incidence of Cardiotoxicity

Characteristic	Covariable Distribution, No. (%)	Cardiotoxicity Cumulative Incidence (%)*	P†
Age at diagnosis (years)			< .001
0-1	207 (20.2)	2.2	
2-10	354 (34.6)	12.2	
≥ 11	461 (45.1)	15.6	
Sex			.169
Female	514 (50.3)	13.3	
Male	508 (49.7)	10.2	
Race			.097
White	748 (73.2)	10.7	
Black	116 (11.3)	17.1	
Other‡	158 (15.5)	12.9	
Ethnicity			.209
Hispanic or Latino	189 (18.5)	9.2	
Not Hispanic or Latino	794 (77.7)	12.5	
Weight category			.474
Underweight	71 (7.0)	7.7	
Normal weight	603 (59.1)	11.5	
Overweight	152 (14.9)	11.2	
Obese	194 (19.0)	14.7	
Initial WBC count			.108
≤ 100,000/μL	824 (80.6)	12.6	
> 100,000/μL	198 (19.4)	8.7	
Cytogenetic risk group			.695
Low [t(8;21) or inv(16)]	246 (24.9)	(13.0)	
Intermediate	707 (71.6)	11.5	
High (-5/del5q or -7)	35 (3.5)	8.8	
Randomized treatment arm			.545
Standard	511 (50.0)	11.2	
Standard plus GMTZ	511 (50.0)	12.5	

Abbreviations: GMTZ, gemtuzumab ozogamicin.

*Deaths were considered competing risks in the computation of cumulative incidence.

†P value for the unadjusted comparison of cardiotoxicity occurrence by level of covariable.

‡Asian, American Indian, Alaska Native, Native Hawaiian or other Pacific Islander, those documented as Other race, and those documented as Unknown race.

patient went off protocol. Subanalyses were also performed in which on-protocol incident LVSD in the presence and absence of comorbid infection was evaluated as two separate outcomes, with each being considered a competing event in the assessment of the other. Analyses were also performed to evaluate the occurrence of

cardiotoxicity during the off-protocol period among patients who completed the planned protocol therapy; follow-up began once the patient went off protocol, patients who did not experience cardiotoxicity were censored at relapse or last contact, and deaths were considered competing events.

Cox regressions were used to estimate adjusted HR comparing EFS and OS in patients with LVSD (separately for infection-associated or not infection-associated events) relative to patients with no LVSD. Competing risk regressions were used to estimate the subgroup HR comparing RR and NRM by LVSD status. In evaluations of treatment outcomes, LVSD was treated as a time-varying exposure introduced on the day of first occurrence. Cox model-predicted OS, EFS, RR, and NRM curves were presented. Primary analyses considered LVSD regardless of timing; a subanalysis included only on-protocol LVSD. Data for patients with an incident infection-associated cardiac event during the on-protocol period were reviewed for subsequent events that were not infection associated and were reclassified as such in sensitivity analyses. Analyses were performed using SAS 9.3 (SAS Institute, Cary, NC) and STATA 14 (StataCorp, College Station, TX).

RESULTS

Patient Characteristics

A total of 1,022 patients with AML were included in these analyses. Patients were predominantly younger than 10 years of age (55%), white (73%), not Hispanic (78%), and a healthy weight (59%), with intermediate cytogenetic risk (69%; Table 1).

Cardiotoxicity Reporting

Overall compliance with echo evaluations was modest, with 54% of reporting periods having documentation of completed echoes (Table 2). During the on-protocol period, compliance varied by treatment course; the highest compliance rates were during induction I (85.6%), intensification I (80.3%), and intensification III (70.7%).

Noncompliance was significantly lower during the on-protocol period compared with the off-protocol period (risk ratio, 0.75; 95% CI, 0.71 to 0.80) and during courses with a microbiologically documented bloodstream infection (risk ratio, 0.81; 95% CI, 0.74 to 0.89). Noncompliance did not differ by age, gender, race, ethnicity, weight group, AML risk classification, initial WBC count, or treatment arm (Data Supplement).

Cardiotoxicity increased over on-protocol therapy, with 15 patients (1.5%) experiencing toxicity in induction I and 88 (8.6%) experiencing toxicity by the end of on-protocol treatment. The cumulative incidence of cardiotoxicity over the 5-year follow-up was 12% (n = 124); 25% of incident events were infection associated, 71% (n = 88) were first documented during on-protocol therapy, and

TABLE 2. Ascertainment of Cardiotoxicity Over the Course of On-Protocol Therapy and Off-Protocol Follow-Up to 5 Years

Description	Treatment Course						Off-Protocol Follow-Up						
	Ind I	Ind II	Int I	Int II	Int III	H SCT	6 Months	12 Months	18 Months	2 Years	3 Years	4 Years	5 Years
Patients starting course, No.	1,022	951	851	626	513	158	951	795	715	664	627	579	543
Completed echocardiogram, No. (%)	869 (85.6)	440 (46.6)	676 (80.3)	327 (52.9)	361 (70.7)	65 (42.2)	442 (55.4)	375 (55.8)	254 (40.1)	205 (44.0)	331 (58.2)	302 (57.3)	299 (60.9)
Course-specific LVSD identified by AE report, No.	13	6	17	30	21	5	36	11	5	1	2	0	3
Course-specific LVSD identified by submitted echocardiogram, No.	10	5	12	20	17	2	30	9	2	2	2	0	0
Course-specific total LVSD events (AE report or echocardiogram), No. (%)	15 (1.5)	10 (1.1)	20 (2.4)	31 (5.0)	24 (4.7)	5 (3.2)	40 (4.2)	14 (1.8)	6 (0.8)	3 (0.5)	3 (0.5)	0 (0)	3 (0.6)
Infection-associated LVSD, No.	2	1	6	18	6	2	1	1	0	0	0	0	0
Not infection-associated LVSD, No.	13	9	14	13	18	3	39	13	6	3	3	0	3
Cumulative total of first occurrence of LVSD, No. (%)	15 (1.5)	22 (2.1)	39 (3.8)	64 (6.3)	83 (8.1)	88 (8.6)	111 (10.9)	118 (11.5)	122 (11.9)	122 (11.9)	122 (11.9)	122 (11.9)	124 (12.1)

Abbreviations: AE, adverse event; H SCT, hematopoietic stem-cell transplant; Ind, induction; Int, intensification; LVSD, grade 2 or higher left ventricular systolic dysfunction on the basis of Common Terminology Criteria for Adverse Events (version 3).

TABLE 3. Multivariable-Adjusted Comparisons of the Occurrence of Cardiotoxicity by Covariables During Overall Follow-Up and Separately for the On-Protocol and Off-Protocol Periods

Characteristic	Overall		On Protocol		Off Protocol*	
	No.†	HR (95% CI)	HR (95% CI)	No.‡	HR (95% CI)	
Age at diagnosis (years)						
0-1	189	0.19 (0.07 to 0.53)§	0.21 (0.06 to 0.69)§	118	0.41 (0.05 to 3.61)	
2-10	334	Reference	Reference	223	Reference	
≥ 11	426	1.30 (0.86 to 1.97)	1.37 (0.85 to 2.21)	241	1.37 (0.47 to 3.97)	
Sex						
Female	470	1.35 (0.92 to 1.99)	1.30 (0.84 to 2.02)	295	2.66 (0.91 to 7.83)	
Male	479	Reference	Reference	287	Reference	
Race						
White	713	Reference	Reference	437	Reference	
Black	109	1.87 (1.12 to 3.13)§	2.18 (1.27 to 3.75)§	59	0.67 (0.13 to 3.51)	
Other	127	1.13 (0.63 to 2.02)	0.81 (0.38 to 1.71)	86	1.33 (0.29 to 6.09)	
Ethnicity						
Hispanic or Latino	178	0.75 (0.43 to 1.31)	0.63 (0.32 to 1.25)	105	0.78 (0.16 to 3.70)	
Not Hispanic or Latino	771	Reference	Reference	477	Reference	
Weight category						
Underweight	66	0.73 (0.29 to 1.84)	0.55 (0.17 to 1.78)	46	5.26 (1.23 to 22.5)§	
Normal weight	559	Reference	Reference	347	Reference	
Overweight/obese	324	1.17 (0.78 to 1.76)	1.04 (0.66 to 1.66)	189	1.85 (0.61 to 5.62)	
Cytogenetic risk group						
Low [t(8;21) or inv(16)]	239	Reference	Reference	164	Reference	
Intermediate	676	1.16 (0.75 to 1.80)	1.03 (0.64 to 1.66)	401	1.90 (0.56 to 6.44)	
High (-5/del5q or -7)	34	0.92 (0.28 to 3.05)	1.04 (0.24 to 4.40)	17	NE	
Initial WBC count						
≤100,000/μL	771	Reference	Reference	482	Reference	
< 100,000/μL	178	0.62 (0.35 to 1.11)	0.61 (0.31 to 1.19)	100	0.85 (0.18 to 3.95)	
Randomized treatment arm						
Standard	476	Reference	Reference	287	Reference	
Standard plus GMTZ	473	0.98 (0.67 to 1.44)	0.82 (0.53 to 1.27)	295	0.39 (0.13 to 1.14)	
Microbiologically documented bloodstream infection during treatment						
Yes	683	1.66 (1.00 to 2.75)§	1.90 (0.98 to 3.71)		NA	
No	266	Reference	Reference			
LVSD during the on-protocol period						
Yes		NA	NA	46	12.1 (4.22 to 34.8)§	
No				536	Reference	

Abbreviations: GMTZ, gemtuzumab ozogamicin; HR, hazard ratio; LVSD, left ventricular systolic dysfunction; NA, not applicable; NE, not estimable, too few cases of cardiotoxicity among high-risk patients (on the basis of cytogenetics) during off-protocol follow-up.

*Assessment of off-protocol cardiotoxicity was restricted to patients who completed planned protocol therapy.

†Number of patients included in the overall and on-protocol analyses.

‡Number of patients included in the off-protocol analyses.

§P value < .05.

||Asian, American Indian, Alaska Native, Native Hawaiian or other Pacific Islander, those documented as Other race, and those documented as Unknown race.

TABLE 4. Multivariable-Adjusted Comparisons of the Occurrence of On-Protocol Cardiotoxicity, Separately for Incident Events Associated With Infection and Not Associated With Infection

Characteristic	No.*	Infection-Associated LVSD	Not Infection-Associated LVSD
		HR (95% CI)	HR (95% CI)
Age at diagnosis (years)†			
0-2	242	0.12 (0.02 to 0.95)‡	0.23 (0.07 to 0.80)
3-10	281	Reference	Reference
≥ 11	426	1.13 (0.50 to 2.55)	1.29 (0.71 to 2.36)
Sex			
Female	479	1.76 (0.81 to 3.83)	1.09 (0.64 to 1.86)
Male	470	Reference	Reference
Race			
White	713	Reference	Reference
Black	109	3.31 (1.39 to 7.86)‡	1.63 (0.80 to 3.31)
Other§	127	0.99 (0.29 to 3.43)	0.74 (0.29 to 1.90)
Ethnicity			
Hispanic or Latino	178	0.69 (0.20 to 2.35)	0.65 (0.29 to 1.46)
Not Hispanic or Latino	771	Reference	Reference
Weight category			
Underweight	66	1.30 (0.29 to 5.78)	0.31 (0.04 to 2.27)
Normal weight	559	Reference	Reference
Overweight/obese	324	0.78 (0.33 to 1.82)	1.17 (0.67 to 2.02)
Cytogenetic risk group			
Low [t(8;21) or inv(16)]	239	Reference	Reference
Intermediate	676	1.04 (0.46 to 2.35)	1.00 (0.56 to 1.79)
High (-5/del5q or -7)	34	1.59 (0.20 to 13.0)	0.70 (0.09 to 5.29)
Initial WBC count			
≤100,000/μL	771	Reference	Reference
> 100,000/μL	178	0.99 (0.37 to 2.61)	0.45 (0.18 to 1.15)
Randomized treatment arm			
Standard	476	Reference	Reference
Standard plus GMTZ	473	1.45 (0.68 to 3.13)	0.61 (0.36 to 1.06)

Abbreviations: GMTZ, gemtuzumab ozogamicin; HR, hazard ratio; LVSD, left ventricular systolic dysfunction.

*No. of patients included in the on-protocol analyses.

†Age categories modified because of too few patients with infection-associated LVSD in the 0-to-1-year-old age group.

‡ $P < .05$.

§Asian, American Indian, Alaska Native, Native Hawaiian or other Pacific Islander, and those documented more generally as Other race.

29% ($n = 26$) were first documented during off-protocol follow-up. Median time to cardiotoxicity was 4.3 months (interquartile range, 3.1 to 5.9). Approximately 61% of incident LVSD was first documented as grade 2, and 39% as grade 3 or higher (Data Supplement). Of patients initially documented as experiencing grade 2 LVSD, 18 (24%) had a subsequent report of higher grade LVSD. The prevalence

of cardiotoxicity was variable across treatment courses, ranging from 1.1% to 5.0%, with intensification II exhibiting the highest prevalence.

Risk Factor Assessment

Five-year incidence was higher among noninfants and black patients, and was more likely with a bloodstream infection (Table 3). These trends seemed to be driven by toxicities during the on-protocol period, given the consistency of estimates when restricting follow-up to the on-protocol period.

Separate analyses of infection-associated toxicity and toxicity not associated with infection suggested that the higher rate of on-protocol cardiotoxicity among black patients may be specific to infection-associated toxicities (Table 4). Otherwise, there was little difference in risk factors between the two presentations of cardiotoxicity.

Among 622 patients who completed protocol-planned therapy (Data Supplement), 4.8% ($n = 30$) had cardiotoxicity during off-protocol follow-up. Of those, 46.7% ($n = 14$) had cardiotoxicity first documented during on-protocol therapy. Underweight status and LVSD during on-protocol therapy were significantly associated with off-protocol toxicity (Table 3).

Impact of Cardiotoxicity on Treatment Outcomes

Both 5-year EFS (HR, 1.57; 95% CI, 1.16 to 2.14; $P = .004$) and OS (HR, 1.59; 95% CI, 1.15 to 2.19; $P = .005$) were significantly reduced in patients with cardiotoxicity. The impacts on EFS were similar for infection-associated LVSD (36.5% v 50.0%; HR, 1.62; 95% CI, 0.96 to 2.71; $P = .069$) and LVSD in the absence of infection (32.8% v 50.0%; HR, 1.55; 95% CI, 1.08 to 2.23; $P = .017$) compared with patients without cardiotoxicity (Table 5; Fig 1). OS for patients with LVSD in the absence of infection was also significantly lower compared with patients without LVSD (45.1% v 66.0%; HR, 1.72; 95% CI, 1.19 to 2.47; $P = .004$). The difference in OS was less pronounced for patients with infection-associated LVSD and did not achieve statistical significance (56.7% v 66.0%; HR, 1.30; 95% CI, 0.72 to 2.36; 1.98; $P = .387$).

RR was modestly higher among patients who experienced LVSD in the absence of infection compared with those without LVSD (50.1% v 43.6%; HR, 1.29; 95% CI, 0.86 to 1.92; $P = .217$), although the difference was not statistically significant. NRM was higher for both patients with infection-associated LVSD (27.8% v 6.3%; HR, 4.90; 95% CI, 1.55 to 15.5; $P = .007$) and those with LVSD in the absence of infection (26.3% v 6.3%; HR, 2.33; 95% CI, 0.97 to 5.63; $P = 0.059$). Among patients who completed protocol-planned therapy and experienced LVSD during the off-protocol period ($n = 30$), there were 12 deaths, of which 75% occurred postrelapse.

In subanalyses limited to on-protocol LVSD, effect estimates for outcomes were essentially unchanged from primary results, with the exception OS, where estimates

TABLE 5. Multivariable-Adjusted Comparisons of Treatment Outcomes

Variable	No.	EFS From Study Entry		OS From Study Entry		RR From Study Entry		NRM From Study Entry	
		HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P	HR (95% CI)	P
Cardiotoxicity									
No LVSD	783	Reference		Reference		Reference		Reference	
LVSD, infection associated	27	1.62 (0.96 to 2.71)	.069	1.30 (0.72 to 2.36)	.387	1.14 (0.63 to 2.06)	.662	4.90 (1.55 to 15.5)	.007
LVSD, not infection associated	81	1.55 (1.08 to 2.23)	.017	1.72 (1.19 to 2.47)	.004	1.29 (0.86 to 1.92)	.217	2.33 (0.97 to 5.63)	.059
Age at diagnosis (years)									
2-10	308	Reference		Reference		Reference		Reference	
0-1	177	1.12 (0.86 to 1.46)	.390	1.11 (0.80 to 1.53)	.532	0.97 (0.72 to 1.30)	.823	2.97 (1.12 to 7.89)	.028
≥ 11	406	1.16 (0.94 to 1.43)	.179	1.34 (1.04 to 1.72)	.026	0.91 (0.73 to 1.14)	.428	4.34 (1.97 to 9.58)	< .001
Race									
Not black	778	Reference		Reference		Reference		Reference	
Black	113	1.32 (1.02 to 1.72)	.036	1.90 (1.42 to 2.53)	< .001	1.07 (0.79 to 1.45)	.651	2.20 (1.22 to 3.97)	.009
Initial WBC count									
≤ 100,000/ μ L	724	Reference		Reference		Reference		Reference	
> 100,000/ μ L	167	1.42 (1.13 to 1.77)	.002	1.24 (0.95 to 1.63)	.113	1.54 (1.21 to 1.98)	.001	0.73 (0.35 to 1.52)	.400
Cytogenetic risk group									
Intermediate	652	Reference		Reference		Reference		Reference	
Low [t(8;21) or inv(16)]	207	0.48 (0.37 to 0.62)	< .001	0.33 (0.23 to 0.47)	< .001	0.45 (0.34 to 0.59)	< .001	0.92 (0.50 to 1.71)	.802
High (-5/del5q or -7)	32	1.43 (0.93 to 2.18)	.102	2.07 (1.33 to 3.22)	.001	0.98 (0.58 to 1.64)	.925	3.48 (1.56 to 7.78)	.002
Randomized treatment arm									
Standard	446	Reference		Reference		Reference		Reference	
Standard plus GMTZ	445	0.81 (0.68 to 0.98)	.028	0.87 (0.70 to 1.09)	.225	0.74 (0.60 to 0.90)	.003	1.56 (0.94 to 2.59)	.085

Abbreviations: EFS, event-free survival; GMTZ, gemtuzumab ozogamicin; HR, hazard ratio; LVSD, left ventricular systolic dysfunction; NRM, mortality not related to relapse or induction failure; OS, overall survival; RR, relapse risk.

were slightly attenuated (Data Supplement). Results from sensitivity analyses in which nine patients with infection-associated incident cardiotoxicity were reclassified because they experienced a subsequent noninfection-related event were also not meaningfully different from the primary analyses (Data Supplement).

DISCUSSION

Using data from COG AAML0531, we identified novel findings regarding treatment-related cardiotoxicity. Most notably, the occurrence of early cardiotoxicity was associated with statistically significant and clinically meaningful reductions in EFS and OS. The impact of cardiotoxicity on EFS was similar whether it developed in the presence or absence of a bloodstream infection (absolute differences, 13.5% and 17.2%, respectively), whereas the impact on OS was more profound for cardiotoxicity in the absence of infection than in the presence of infection (absolute differences, 20.7% and 9.3%, respectively). The relative negative impact of early cardiotoxicity is substantial; the EFS benefit from gemtuzumab ozogamicin (GMTZ) observed in AAML0531 was 6.3%, which is dramatically less

than the observed cardiotoxicity-related decreases in EFS. This dramatic decrease in EFS and resulting decrease in OS underscore the need to understand cardiotoxicity risk factors and to develop effective prevention strategies.

The heterogeneity in the effect of LVSD on OS by comorbid infection status despite similar EFS effects implies that patients who experience cardiotoxicity in the context of infection may be more salvageable on relapse than those who experience noninfection-related cardiotoxicity. Secondary analyses of RR and NRM suggest that the impacts on OS are not entirely the result of an increased risk of induction failure/relapse. RR was significantly increased with cardiotoxicity in the absence of infection but not with infection-associated cardiotoxicity. In contrast, there was a larger increase in NRM with cardiotoxicity in the presence of infection (HR, 4.90; 95% CI, 1.55 to 15.5) than in the absence of infection (HR, 2.33; 95% CI, 0.97 to 5.63). The discrepancy in NRM may reflect an independent risk associated with bloodstream infections. The difference in the independent predictors of induction failure/relapse and NRM (aside from LVSD) may be useful in identifying subpopulations at risk for the two potentially distinct outcome trajectories.

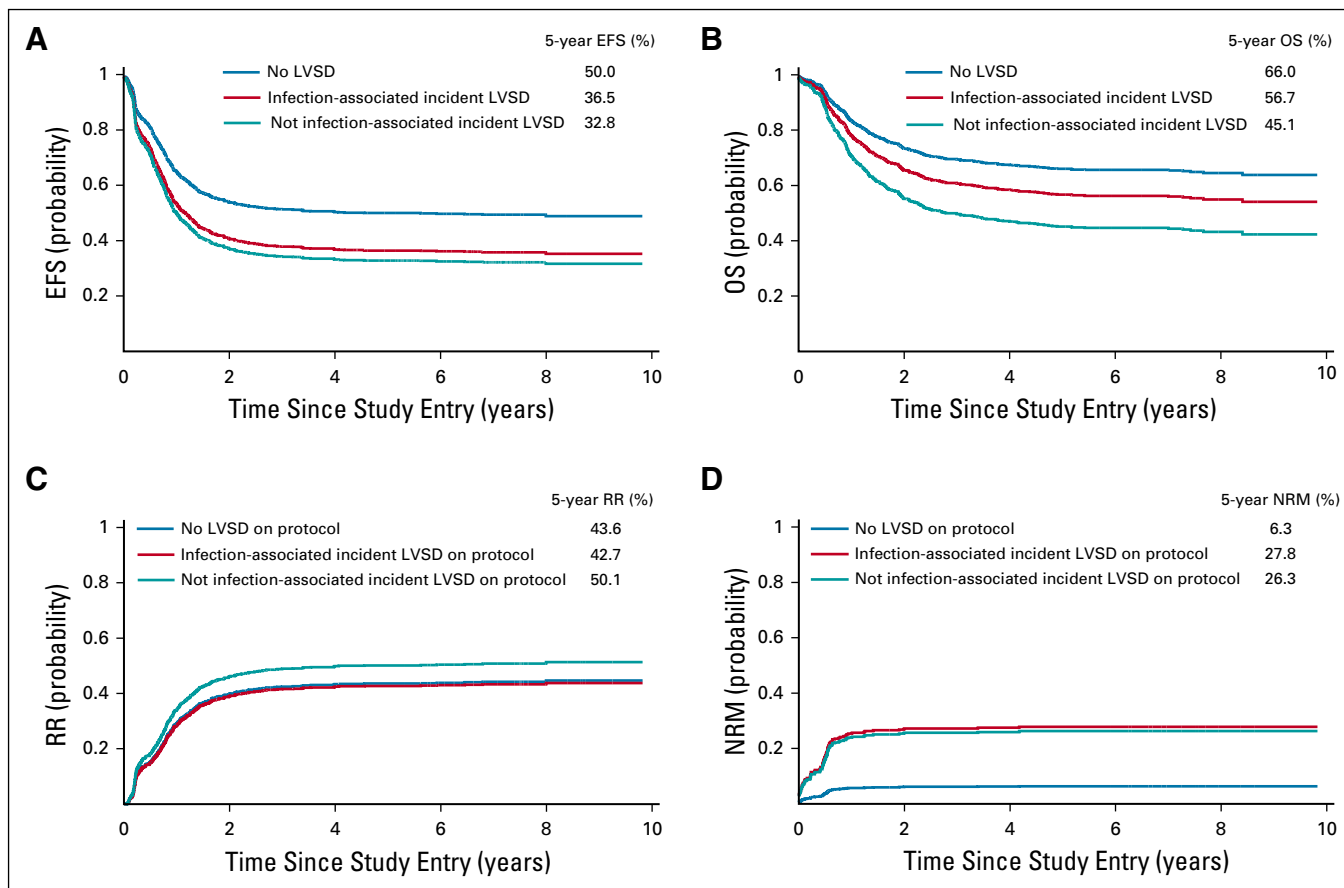


FIG 1. Cox model–predicted curves for (A) event-free survival (EFS), (B) overall survival (OS), (C) relapse risk (RR), and (D) mortality not related induction failure or relapse (NRM). LVSD, left ventricular systolic dysfunction.

Echo monitoring identified cardiotoxicity in 12% of patients with AML over the course of follow-up, 70% of whom experienced onset during the on-protocol period. The observed rate of on-protocol cardiotoxicity (8%) differed from other estimates of early cardiotoxicity.¹³⁻¹⁵ This difference is likely reflective of varied outcome definitions,¹³⁻¹⁵ differing monitoring schedules,¹³⁻¹⁵ and exclusion of cardiomyopathy in the context sepsis^{13,15} or renal failure.¹³

The AAML0531 data represent the first report of course-specific prevalence of on-treatment cardiotoxicity during pediatric AML therapy. The highest course-specific prevalence occurred in intensification II (cytarabine/mitoxantrone), which seemed to be driven by an increased risk of infection-associated cardiotoxicity. The prevalence in intensification III, a nonanthracycline course, was similar to that observed in intensification II. This finding argues for evaluating cardiac function after each course of AML chemotherapy, regardless of course-specific anthracycline exposure, as well as additional studies to determine the etiology of this increased risk.

The predictors of incident early cardiotoxicity, including black race and infection, are consistent with those identified for late-onset cardiac dysfunction in childhood cancer survivors.^{6,9,18-20} However, we observed older age at diagnosis to be associated with greater risk for early toxicity,

whereas younger age has been historically associated with cardiac dysfunction in longer-term survivors.¹⁸⁻²⁰ Chemotherapy dosages in AAML0531 were based on BSA, except for patients with a BSA < 0.6 m² who were dosed based on weight. Although the chemotherapy delivered to patients < 0.6 m² is believed to be comparable in intensity, we cannot exclude the possibility that these dosing conversions may have contributed to a lower incidence in infants. Moreover, given that older age is also associated with poorer survival after AML treatment,^{2,21} the discrepancy may indicate a selection bias in the survivor cohorts. This difference in the risk of early versus late cardiotoxicity may also provide some support for the multiple-hit hypothesis of cardiotoxicity,²²⁻²⁴ because older pediatric patients may be more likely to have comorbid cardiovascular risk factors. Our finding that LVSD during the on-protocol period was predictive of subsequent off-protocol cardiotoxicity is also consistent with findings of others¹³⁻¹⁵ and with anthracycline-induced toxicity being associated with progressive decline in left ventricular function.^{6,9}

Our results should be considered in light of potential limitations. We documented moderate noncompliance with cardiac monitoring over follow-up. We did not identify significant differences in compliance by patient

characteristics aside from infection, suggesting that the rates of true cardiotoxicity may be underestimated, the magnitude of difference in LVSD occurrence between compared groups may be attenuated, and the heterogeneity by infection status may be somewhat inflated. Compliance was higher in treatment courses for which the echo assessments were documented in the study protocol as Required (v Recommended), providing observational evidence that mandating surveillance is successful, particularly during treatment. We relied on passive AE reporting as the predominant method of cardiotoxicity ascertainment and did not perform a central echo review, which may have contributed to inconsistencies in LVSD identification and grading. Detailed information on treatment modifications (eg, timing, specific agents, and dose), cardiovascular management after LVSD, and salvage therapies on relapse were not collected. Thus, we were unable to evaluate how cumulative anthracycline exposure, cardiac-directed medications, and relapse regimens may mediate the association between LVSD and EFS/OS. Dexrazoxane use was not captured but was likely used in < 10% of patients.^{25,26} Thus, our results would generally reflect the occurrence and impact of cardiotoxicity among patients not receiving dexrazoxane. On the basis of the clinically significant impact of early cardiotoxicity on EFS and OS, these data should be included in future clinical trials.

Despite these limitations, our results offer convincing evidence that early treatment-related cardiotoxicity is associated with significantly decreased EFS and OS. Thus, efforts to improve outcomes for children with AML must include prevention and mitigation of on-protocol cardiotoxicity. Dexrazoxane efficacy analyses from the AAML1031 trial are ongoing. In addition, the next COG frontline AML trial will evaluate a liposomal anthracycline formulation. Such interventions may not only mitigate the impact of early cardiotoxicity but also late cardiotoxicity, which has been shown by multiple investigators to be the leading cause of late morbidity and nonrelapse-related mortality in pediatric cancer survivors.^{7,9-12} Through a linkage of clinical trial data and administrative data resources, we plan to evaluate the utility of cardiac-directed interventions on the progression and potential resolution of cardiac dysfunction. Finally, additional work is ongoing to discover and validate germline genetic variants that may predispose to anthracycline-associated cardiotoxicity and influence treatment efficacy through drug metabolism or other pharmacogenomics pathways,²⁷⁻³¹ as well as to investigate the increased risk of cardiotoxicity in black patients. A more complete understanding of the development of cardiotoxicity and effective interventions will inform evidence-based strategies to improve both the cardiovascular and oncologic outcomes for children with cancer.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST AND DATA AVAILABILITY STATEMENT

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Occurrence of Treatment-Related Cardiotoxicity and Its Impact on Outcomes Among Children Treated in the AAML0531 Clinical Trial: A Report From the Children's Oncology Group

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