CASE REPORT

More than meets the eye

Ailbhe White-Gibson, 1,2 Paul Lennon, Esther O'Regan, Conrad Timon

¹Department of Head and Neck Surgery, St. James's Hospital, Dublin, Ireland ²Department of Trauma and Orthopaedics, AMNCH, Tallaght Hospital, Dublin, Ireland ³Department of Otolaryngology Head and Neck Surgery, St. James's Hospital, Dublin, Ireland ⁴Department of Histopathology, St. James's Hospital, Dublin, Ireland

Correspondence toDr Ailbhe White-Gibson,
whitegia@tcd.ie

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SUMMARY

We report an extremely rare case of a hybrid tumour of the maxillary sinus. A 51-year-old man presented with a 6-week history of nasal congestion and epiphora. Radiological imaging demonstrated a maxillary sinus tumour, with extensive local invasion. Surgical excision included maxillectomy, left eye exenteration and free flap closure. Histology of the excised specimen showed a rare hybrid tumour containing adenoid cystic carcinoma, salivary duct carcinoma, epithelial-myoepithelial carcinoma and basal cell adenoma. Hybrid tumours are very rare tumour entities which are composed of at least two distinct tumour types. Each tumour entity conforms with a defined tumour type. The tumour entities of a hybrid tumour are not separated but have an identical origin within a definite topographical area. Diagnosis and appropriate management requires high index of suspicion, pathological endeavour to look for a more aggressive accompanying tumour and adequate oncological treatment according to the highest grade of tumour.

BACKGROUND

Never before has a case been reported in the literature of a maxillary sinus tumour with four primary tumour types. This combination poses unique diagnostic as well as therapeutic challenges.

CASE PRESENTATION

A 51-year-old man presented to our hospital with a 6-week history of left unilateral nasal congestion, bloody rhinorrhea and epiphora. He had a 15-pack-year smoking history but no other significant medical history. He had no contributory family history. Examination revealed proptosis, opthalmoplegia and a large mass filling the left nasal cavity on nasendoscopy.

INVESTIGATIONS

On MRI a left maxillary sinus tumour (figures 1 and 2) was found extending superiorly to the cribiform plate and into the left frontal sinus. There was also considerable intraorbital invasion including breach of the periorbital fascia. PET CT demonstrated an FDG avid tumour with no regional or distant metastases. Biopsies taken preoperatively suggested carcinoma of the maxillary sinus.

TREATMENT

A management plan was constructed at the head and neck oncological multidisciplinary team meeting involving surgical resection and adjuvant treatment following pathological assessment. The surgical

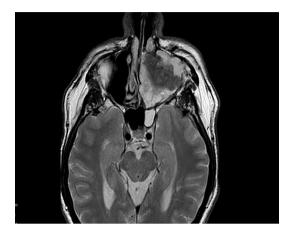


Figure 1 MRI demonstrating maxillary sinus tumour.

specimen included an extended maxillectomy to the cribiform plate and left globe exenteration. An anteriolateral thigh free flap was used to repair the defect in the oral cavity and the facial skin was closed primarily. Specimens were sent for histological examination, including that of the left maxillectomy, left orbital ethmoid and left palate resection measuring $110 \times 72 \times 50$ mm (figure 3). The tumour occupied the left maxillary sinus, breaking through the lateral wall of the nose at the level of the middle turbinate, infiltrating the periorbital fascia. It was composed of gland-like and duct-like structures displaying a number of different patterns, including adenoid cystic carcinoma (figure 4) and salivary duct ca. There was prominent background fibrosis

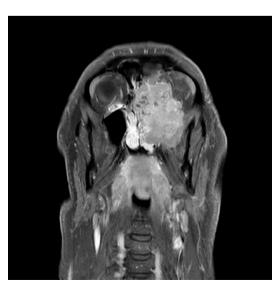


Figure 2 MRI demonstrating coronal view of maxillary sinus invasion.



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Figure 3 Excised histological specimen.

and the tumour invaded the bone. The result of immunostaining for the assessment of HER 2 protein (Ventana 4B%) overexpression in the tumour was negative. ER and PR staining was found to be negative.

OUTCOME AND FOLLOW-UP

A hybrid tumour containing four primary cell types: adenoid cystic carcinoma (AdCC) containing a solid component, salivary duct carcinoma, basal cell adenoma and epimyoepithelial carcinoma. The patient was treated in accordance to the highest grade of tumour (adenoid cystic or high grade salivary duct carcinoma) and therefore he was commenced on a course of adjuvant radiotherapy. Novel targeted therapy was not added as none were deemed suitable for this patient nor his tumour type. He experienced excellent local control, however he developed a single spinal met in T11 vertebral body 3 years following which was found to be adenoid cystic in nature following biopsy and which was managed with spinal fusion. He is currently doing well and continues to be closely monitored from this point of

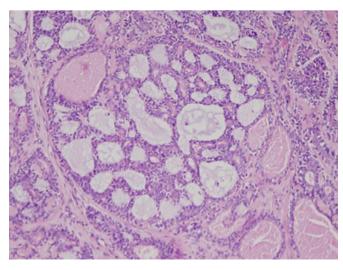


Figure 4 Adenoid cystic carcinoma component.

view at 4 years postoperative involving 6–12 months interval CT scans as well as spinal plain films as well as CT.

DISCUSSION

Sinonasal malignancies (SNMs) often present at an advanced stage. They account for 3% of upper aerodigestive tract tumours and the majority of those are squamous cell carcinomas. Malignant tumours of the minor salivary glands in turn account for 4%–8% of SNM.¹ The evolution of cellular pathology techniques mainly relating to immunohistochemistry and fluorescence in situ hybridisation as part of the diagnostic work up of these patients has culminated in the evolution of their classification and the documentation of several new entities.²

Hybrid tumours are very rare tumour entities which are composed of at least two distinct tumour types. Beach tumour entity conforms with a defined tumour type. The tumour entities of a hybrid tumour are not separated but have an identical origin within a definite topographical area. These tumours should not be confused with certain entities of the salivary glands that may exhibit two or more different morphologies in a single lesion, such as collision tumours (two malignant tumours abut each other but actually arise from separate primary sites), tumours with biphasic differentiation (single entities containing two different cellular types, such as pleomorphic adenomas), malignancies arising from a pre-existing benign tumour, as in carcinomas ex mixed tumour, synchronous and multiple tumours, carcinomas with metaplastic change, sarcomatoid salivary duct carcinoma and adenosquamous carcinoma. 5-8

In the tissue samples of more than 6600 salivary gland tumours covered by the Salivary Gland Register (Institute of Pathology, University of Hamburg, Germany) only five cases of hybrid tumours, just two of which were malignant, were recorded between 1965 and 1994.3 Their incidence has been estimated between < 0.1%-0.4% of all salivary gland tumours.³ Comprehensive analysis of case reports and case series since the term hybrid tumour was first introduced by Siefert and Donath in 1996³ reveals 33 case in the literature, (18 men, 15 women), with median age of 61.5 years and range of 26-81 years. Two were composed of four tumours, with the rest having two cell types, giving a total of 70 distinct tumours. AdCC (20), salivary duct carcinomas (SDC) (15) and epithelial-myoepithelial carcinoma (EMC) (15) are the three most common tumour types, with a total of 12 different tumour types reported. The combinations of SDC/AdCC and EMC/AdCC were the most common hybrid tumours both occurring on seven occasions. The majority (66.6%) occurred in the major salivary glands (parotid-18, submandibular gland-3, and sublingual gland-1) and the remaining 33.3% were in the minor salivary glands.

Salivary gland carcinoma has recently gained recognition as its own distinct entity. Therefore the incidence is markedly higher that originally thought, making up 12% of all primary salivary gland tumours. Luk et al⁹ remains one of the most comprehensive studies evaluating 190 primary salivary gland cancers over a period of 25 years, identifying 23 cases of Savlivary duct carcinoma. Despite 96% of the patients receiving adjuvant therapy, the 5-year disease-free survival was still found to be 36%. The dismal prognosis underscores the need for systemic therapy targeting androgen receptor positivity such as HRAS, AKT1,PIK3CA and NRAS. Adenoid cystic tumours pose a unique challenge due to its aggressive behaviour and the difficulty involved in obtaining clear margins surgically. At given years, almost 50% of patients develop distant mets and local recurrences may develop even later, therefore long term follow-up

is required.¹⁰ Grade III Adenoid cycstic carcinoma (solid type) are associated with poorer outcome and have tendency for early development of distant metastasis.¹¹

The biological behaviour and the prognosis of a hybrid tumour are determined by the most aggressive of the coexistent carcinomas. Therefore, treatment in each case should be performed according to the more aggressive component, which is the therapeutic recommendation in all cases of hybrid tumours of salivary gland origin. ^{6 7 12 13}

Learning points

- Hybrid tumours are very rare tumour entities which are composed of at least two different tumour types.
- ▶ They must be treated as per the most aggressive subtype.
- A limited experience of hybrid tumours reported makes prognostic assessment and clinical management of these lesions particularly challenging.

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