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# Interventions for treating obesity in children (Review)

Oude Luttikhuis H, Baur L, Jansen H, Shrewsbury VA, O'Malley C, Stolk RP, Summerbell CD

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## TABLE OF CONTENTS

REASON FOR WITHDRAWAL FROM PUBLICATION	1
WHAT'S NEW	1
SOURCES OF SUPPORT	2



#### [Intervention Review]

# Interventions for treating obesity in children

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### REASON FOR WITHDRAWAL FROM PUBLICATION

This review has been withdrawn because it has been split into the following reviews: Surgery for the treatment of obesity in children and adolescents; Drug interventions for the treatment of obesity in children and adolescents; Diet, physical activity, and behavioural interventions for the treatment of overweight or obesity in preschool children up to the age of 6 years; Diet, physical activity and behavioural interventions for the treatment of overweight or obese children from the age of 6 to 11 years and Diet, physical activity and behavioural interventions for the treatment of overweight or obese adolescents aged 12 to 17 years.

The editorial group responsible for this previously published document have withdrawn it from publication.

## WHAT'S NEW

Date	Event	Description
7 March 2019	Amended	This review has been withdrawn because it has been split into the following reviews: Surgery for the treatment of obesity in children and adolescents; Drug interventions for the treatment of obesity in children and adolescents; Diet, physical activity, and behavioural interventions for the treatment of overweight or obesity in preschool children up to the age of 6 years; Diet, physical activity and behavioural interventions for the treat- ment of overweight or obese children from the age of 6 to 11 years and Diet, physical activity and behavioural interventions for the treatment of overweight or obese adolescents aged 12 to 17 years.
11 October 2008	New citation required and conclusions have changed	This review concludes that combined behavioural lifestyle inter- ventions compared to standard care or self-help can produce a

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Date	Event	Description
		significant and clinically meaningful reduction in overweight in children and adolescents.
		The search was updated to May 2008. Some amendments were made to update the search strategies. No changes have been made to other aspects of the methodology. Forty-six new studies have been included. These included information on drug inter- ventions for treating obesity in adolescents. The added evidence suggests that lifestyle interventions appear to have positive ef- fects in the treatment of child and adolescent obesity. Further- more, orlistat and sibutramine were found to have beneficial ef- fects on adiposity in obese adolescents. However, a range of ad- verse effects was noted.

### SOURCES OF SUPPORT

### **Internal sources**

- University Medical Center, Groningen, Netherlands.
- The Children's Hospital at Westmead, Sydney, Australia.
- Centre for Food Physical Activity and Obesity Research, University of Teesside, UK.
- The Wolfson Research Institute, University of Durham, UK.
- Australian National Health & Medical Research Council, Australia.

Postgraduate Research Scholarship for Ms Shrewsbury

#### **External sources**

• No sources of support supplied