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Cancer genetics, precision prevention and a call to action

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Abstract

It is over 15 years since the identification through linkage, of "first wave" susceptibility genes for common cancers *BRCA1*, *BRCA2*, *MLH1* and *MSH2*. These genes have strong frequency-penetrance profiles such that the associated clinical utility likely remains relevant regardless of the context of ascertainment. "Second wave" genes, not tractable by linkage, were subsequently identified by mutation screening of candidate genes (*PALB2*, *ATM*, *CHEK2*, *BRIP1*, *RAD51C*, and *RAD51D*). Their innately weaker frequency-penetrance profile has rendered delineation of cancer associations, risks and variant pathogenicity challenging, which has in turn compromised their clinical application. Early germline exome sequencing endeavours in common cancers did not yield the long anticipated slew of "next wave" genes, but instead infer a highly polygenic genomic architecture requiring much larger experiments to make any substantive inroads into gene discovery. As such, the 'genetic economics' of frequency-penetrance point firmly to focused identification of "wave 1" gene mutation carriers as most impactful for cancer control.

With screening, prevention and early detection at the forefront of the cancer agenda, we propose that the time is nigh for initiation of national population testing programmes to identify "first wave" gene mutation carriers. To deliver fully a precision prevention program, long-term large-scale studies of mutation carriers to capture longitudinal clinical data and serial biosamples are required.

Introduction

The last thirty years has witnessed significant improvements in the management of cancer, with striking successes in the treatment of testicular and paediatric cancers, and many haematological malignancies. Despite such advances, on account of the high proportion of patients presenting with late-stage disease, mortality rates have remained disappointingly poor for many common cancers, such as those of the colorectum and pancreas4. Initial

Author Contributions

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euphoria that precision oncology would address the poor outcome for metastatic cancer has been tempered with realisation of the challenges associated with tumour heterogeneity, tumour evolution and emergence of resistance mutations5. Hence the precision oncology vision is unlikely to be a universal panacea in reducing the bulk cancer-related mortality

This recognition has in part driven renewed interest in exploring opportunities for optimising early detection of cancer through screening and prevention programmes. Any such strategy is likely *a priori* to have more impact if targeted to those at highest risk of developing cancer. This premise has been a central philosophy in the application of genetic testing for mutations in the cancer susceptibility genes (CSGs) that is now common place in family cancer clinics. Since most cancers have a significant heritable component14, there is now interest in the potential of genetic risk profiling to deliver personalised prevention programs to the wider population17. This prospect has been made possible as a result of the phenomenal progress in the identification of CSGs and risk variants.

Here we review our understanding of the genetic architecture of cancer susceptibility, current and future opportunities and consider the case for implementing large-scale genetic testing.

Identification of "first-wave" and "second-wave" cancer susceptibility genes

associated with most common solid tumours10.

For most common cancers, risks for the same cancer in first-degree relatives of patients are increased two- to three-fold. Notable exceptions are chronic lymphocytic leukaemia, and thyroid and testicular cancers, for which risks are increased four- to eight-fold20. The genetic architecture underscoring these familial risks is now known to reflect a range of alleles with varying frequencies and effect sizes21.

Genetic linkage and positional cloning studies of multi-case families in the 1990s delivered the first tranche of CSGs for non-syndromic clusters of common cancers, most notably for breast and ovarian cancers (*BRCA1* and *BRCA2*), colorectal cancer (mismatch repair (MMR) genes *MLH1* and *MSH2*) and melanoma (*CDKN2A*)22–26. However, subsequent linkage analyses of the sizeable numbers of residual "unexplained" large pedigrees failed to yield '*BRCA3*' or equivalent, leading to gradual acceptance that for these common cancers no further CSGs of "first wave" frequency-risk profile existed27,28. Alternative experimental approaches were required and focus moved to candidate gene experiments informed by the pathways revealed by the "first wave" CSGs. During the noughties, mutational screening of genes involved in DNA repair led to the identification of a second tranche of CSGs, including *MuTYH*, *PALB2*, *CHEK2*, *BRIP1*, *ATM*, *RAD51C* and *RAD51D*2129–36. Given the simplistic biological rationale and limited size of experiment feasible with available low-throughput technologies, the yield of "second wave" CSGs from these early gene-screening endeavours was, in retrospect, surprisingly rich37.

Despite more than 20 years of study (i) the estimates of cancer risk for the 'first wave' genes remain relatively imprecise with considerable variation between analyses and (ii) association of additional new cancers being regularly reported (and disputed). Plotting of frequency-risk profiles demonstrates neatly that both *BRCA1* and *BRCA2* lie well above the linear function obeyed by "second wave" and other breast cancer genetic susceptibility variants, with a similar pattern for *MLH1* and *MSH2* (Fig. 1). It is unsurprising therefore that characterisation of the "second wave" genes of much weaker frequency-risk profile has proved highly problematic, despite generation of high volumes of data over the last decade through both research and clinical high-throughput sequencing (HTS) of cancer gene panels.

The first, seemingly basic, challenge has been establishing which cancers are truly associated with pathogenic mutations in these newer 'second wave' genes. Uncertainty persists as to whether reported 'breast-cancer susceptibility genes' such as *BARD1, RAD50, NBS1 (NBN)* and *RECQL* are actually associated with breast cancer risk38–42. *BRIP1,* originally reported as a CSG for breast cancer, has subsequently been shown through recent large-scale analyses to only influence ovarian cancer risk34,43–45. Likewise, there are multiple conflicting reports as to whether ovarian cancer susceptibility genes *RAD51C* and *RAD51D* also confer risk of breast cancer30,31,46–49. More tangentially, the purported association of mosaic mutations in *PPM1D* as a cause of susceptibility to breast and ovarian cancer seems instead simply to represent the confounding artefact of chemotherapy50–53.

The second challenge is establishing the magnitude of cancer risk (known also as penetrance) conferred by CSG mutations. Initial studies suggested PALB2 mutations conferred only a modest two-fold risk of breast cancer32. Subsequent (i) assembly of the world's largest set of PALB2 mutation positive families with adjustment for ascertainment and (ii) huge case-control analyses of unselected breast cancer cases both support the true penetrance of PALB2 mutations for breast cancer as being of comparable magnitude to that of BRCA2. Disparity in risk estimates nevertheless caused ambivalence around implementation of clinical PALB2 testing 54,55. For ATM, epidemiological and panmutation analyses support intermediate penetrance with respect to breast cancer risk (Relative risks (RR) of 2 to 3); however again there are reports of specific missense ATM mutations having BRCA-equivalent risks33,54,56–58. For CHEK2, the breast cancer risks for the relatively frequent 1100delC mutation are well explored and reproducible (RR, 2-3) but for other mutations and cancer associations of CHEK2, the data are conflicting35,59-64. Such observations serve to illustrate that mutation penetrance can be different in heavily laden families as compared to the general population reflecting the influence of modifiers and environment. Only through very large unbiased studies of population-based data will the true associations and risks for variants in these "second wave" genes be ratified.

The third challenge lies in establishing which of the many variants in these genes are truly "pathogenic". To date, there has been poor correlation with clinical pathogenicity for the majority of functional assays and *in-silico* predictions (largely derived from inter-species conservation and physio-chemical amino acid similarity)65. Accordingly, establishing pathogenicity for rare variants in "first wave" genes has been challenging and has largely

relied on case-control comparison of variant frequencies incorporating tumour characteristics and family segregation. However, for "second wave" genes, except for founder mutations, such case-control comparisons are almost impossible due to very low frequencies of individual variants and/or modest risks. Accordingly, there have been minimal inroads in ascribing pathogenicity to anything other than nonsense and frameshift mutations in "second wave genes", aside from occasional missense variants found in children with the respective rare bi-allelic phenotype (*e.g.* Ataxia Telangiectasia)33. Assessing pathogenicity for individual non-founder variants in "second wave" genes will likely only be feasible if robust functional assays can be developed (which correlate perfectly with clinical pathogenicity). Early data from CRISPR saturation editing of *BRCA1* by multiplex homology-directed repair is heralding tentative enthusiasm of this long-sought nirvana19,66.

Clearly, for a given gene, analyses of (i) association with cancer, (ii) penetrance and (iii) variant "pathogenicity" are interdependent. Our "working" clinical estimates for these parameters have often been derived from overlapping analyses of the same underlying datasets, which are almost invariably distorted by ascertainment bias, limited by power and frequently subject to population stratification.

Clinical testing for cancer susceptibility: progress or misdirection?

Increasing affordability and throughput of HTS coupled with relaxation of gene patents has led to effective 'deregulation' of clinical testing of CSGs. For a given cancer type, the 'clinical panel' will typically include (i) relevant "first wave" and 'second wave' genes, (ii) selected genes only to date characterised within extremely rare, highly distinctive pleomorphic cancer syndromes, such as *PTEN*, *TP53*, *CDH1* and *STK11*, and often (iii) additional genes with dubious or no evidence for association67.

For the 'second wave genes' of (seemingly) higher penetrance, mutations have proven strikingly infrequent, exemplified by the yield on testing of *PALB2* in familial breast cancer or *RAD51C/RAD51D* in familial ovarian cancer 30,31,42,46,68. Furthermore, the conflicting published data around basic disease associations and penetrance have unsurprisingly resulted in disparity in clinical management for carriers of mutations in these genes (including individuals from the same family managed in different centres). For genes of intermediate penetrance such as *CHEK2*, effective management paradigms for families remain unclear69. Unlike for *BRCA1*, when a *CHEK2* mutation is detected in a breast cancer proband, cascade testing in the family does not neatly place unaffected family members into dichotomised categories of high- and low-risk.

Furthermore, the complexity deepens as we extend genetic testing outside of the context of familial disease, into unselected incident cancer cases or indeed the general population. The inherently stronger frequency-penetrance function for "first wave genes", has made possible (i) large studies of mutation positive families as well as (ii) analyses in large unselected cancer cohorts70–75. Triangulation of these data suggests a 'true' (or average) penetrance sufficiently high that interventions for screening and prevention likely remain relevant regardless of ascertainment73,74. For most 'second wave' genes, the 'true' penetrance is

uncertain: ascertainment outside of the familial context thus further amplifies uncertainties around the efficacy of and justification for available clinical interventions.

The 'rare syndromic' genes such as *TP53, STK11* and *CDH1* also pose challenges when testing outside of a classical familial context. The case has been made for testing unselected cancer cases on account of concern that these conditions are underdiagnosed, especially because mutations can have pleomorphic effects, and can arise *de novo*. However, there are limited data on cancer risks outside of the families ascertained due to classic phenotype. Higher than predicted mutational frequencies in control data suggest the disease risks quoted in classic families grossly exceed those applicable to mutation carriers acertained from the general population76–80. Until such risks have been better established, extending testing for these genes beyond 'classical' or familial context may lead to interminable challenges in patient management. The risk-benefit trade-off for prophylactic gastrectomy would be highly uncertain if a pathogenic *CDH1* variant were found in unaffected individual or isolated breast cancer case without relevant family history.

For many clinicians, initial enthusiasm for offering testing of a broader palette of genes has been tempered by such uncertainties as well as the low detection rates. Some would go so far as to argue that the 'additional content' on panels beyond "first wave" genes has only served to inflate costs of mainstreaming genetic testing whilst generating a spiralling industry in interpretation and over-management of variants of uncertain significance. Moreover, use of inflated estimates of cancer risk may unduly elevate anxiety and divert healthcare resource towards screening and preventative surgery of questionable benefit to the individual, let alone justification in the context of Public Health81.

Ten years on in genome-wide association studies

Early proponents of the common variant-common disease hypothesis had envisaged that genome-wide association studies (GWAS) might deliver a tractable 'set' of common variants for each tumour type, capturing a significant proportion of the heritable risk. The field of public health genomics arose in anticipation of implementing such information to stratify the population into neat tranches of risk for programmes of screening and prevention82 In 2007, the long-awaited first-wave results from GWAS for the common cancers were reported. What was striking were the modest effect sizes of the top associations, for example, the RR of 1.26 for the top breast cancer risk locus (intron 2 of FGFR2)83,84. Subsequent, larger GWAS identified respectable slews of additional hits but confirmed the portentous power calculations of the early GWAS, namely that each tumour type has an underlying genomic architecture comprising several hundred of loci of progressively more modest contribution 82,85-88. Initiatives, such as the Breast Cancer Association Consortium (BCAC), have delivered experiments of increasing magnitude, each time adding to the proportion of familial relative risk (FRR) explained 89–94. The most recent Oncoarray experiment from BCAC, involving some 140,000 cases and a similar number of controls was sufficiently empowered to show 18% of the FRR for breast cancer being attributable to 140 risk SNPs. While statistical modelling indicates that ~40% of the FRR is likely to be enshrined in common variation, projections suggest that far larger sample sizes in excess of 300,000 will be required to explain 80% of this component of the heritable risk of breast and

colorectal cancer91. Whilst large biobanks exist for some cancers, for many tumours is it likely prohibitive to assemble the magnitude of samples required to harvest a significant proportion of the FRR. Whilst issues of power may challenge clinical application of GWAS, this is not to detract from the wealth of insights GWAS has made to cancer biology which may in due course offer patient benefit95.

Rationalising strategies forwards informed by genomic architecture

As we reach the decade mark from rollout of both GWAS and HTS, it is imperative that we overlay our 'real life genetic testing experiments' from the clinic onto candid insights from our research endeavours.

Availability over the last few years of a 'palette' of long-awaited 'second wave' genes has impinged minimally on clinical care: a direct function of their risk-penetrance profile. Power analyses from initial exome sequencing endeavours in common cancers have made it likely that the 'next wave' susceptibility genes/rare alleles will be of equivalent or more modest risk-penetrance profile than the 'second wave' genes. Significant inroads towards identification of this 'next wave' of susceptibility genes/alleles will be achievable through exome/genome sequencing studies greater by scales of magnitude than those previously undertaken (likely >50,000 cases and 50,000 controls) 96,97. Furthermore, characterizing cancer association, penetrance and variant pathogenicity for any 'next wave' genes will be commensurately even more challenging than for 'second wave' genes.

Therefore, due to the immoveable truth of risk-penetrance function, clinical utility from germline genetic testing for cancer susceptibility has and will for the foreseeable future, be best effected through by identifying carriers of mutations in those stalwart 'first wave' genes, *BRCA1*, *BRCA2*, *MLH1* and *MSH2* (Fig 1). Hence, our clinical-research rhetoric and priorities should focus on leveraging full value from 'first wave' genes: (i) expanding identification of mutation carriers, (ii) improved statistical genetic epidemiologic studies of association, penetrance and variant pathogenicity and (iii) longitudinal biosampling to better understand cellular biology, pre-cancer states and tumourogenesis (Box 1).

Implementation of large-scale population-level genetic testing: 'primetime'

is now

The threshold for testing of *BRCA1/BRCA2* and MMR genes based on family history have been reduced progressively over the past two decades and ascertainment of families through 'mainstream' testing at cancer diagnosis is becoming established. However, even in countries with well-developed genetics services, we have identified less than 10% of prevalent *BRCA* and MMR mutation carriers98. Even with expansion of testing in oncology, ascertainment of 'the totality' of prevalent *BRCA1/BRCA2* and MMR mutations would take many decades under the current models98. Testing for *BRCA1/BRCA2* founder mutations has been well demonstrated as economically and clinically effective: systematic rollout of founder testing in relevant subpopulations is long overdue98–103. Furthermore there is increasing clinical impetus and health economic evidence for offering testing to the general population for mutations in *BRCA1/BRCA2* and MMR genes, even given the requirement

for more expansive analysis of the genes and lower mutation detection than in founder mutation population programs99,104.

For each given cancer, the predictive value of the 'testable SNP set' feasibly tractable by GWAS is also now becoming clear105–113 [98-105] and we are reaching 'jump-time' on rollout-trials for population SNP cancer risk profiling. Whilst not quite the catholicon initially anticipated, in certain tumours SNP risk-profiling applied at population level can offer valuable risk discrimination, particular when combined with a predictive set of non-genetic risk factors114. Furthermore, intermediate penetrance susceptibility genes such as *ATM, CHEK2* and *BRIP1*, whilst of equivocal use in the familial cancer clinic, although rare, add value in the context of population genetic risk stratification115,116.

The value proposition of genomic risk profiling is not solely based on discriminatory performance of the 'prediction tool' but is heavily predicated on factors such as disease frequency, disease mortality, disease natural history, biomarkers of tumour behaviour and interventions available for screening and prevention (Fig 2). Breast (-ovarian) and colorectal cancers would seem to emerge as prime candidates for population risk profiling. Each cancer is common with high burden of mortality. For each there is a plausible tripartite 'prediction tool' (comprising common variants, non-genetic factors *and* high/intermediate penetrance susceptibility genes). For each there are effective options for intervention - screening, chemoprophylaxis and surgery. Modelling, health economic and pilot implementation studies for population genetic testing for these cancers are urgently required.

Conclusion

Emergence of transformative new technologies has unsurprisingly fostered great expectation for gene discovery and delivery of new paradigms in genomic risk prediction for cancer. HTS offered both clinicians and researchers the promise of new clinic-ready CSGs with which to 'diagnose' our outstanding breast and colorectal cancer families. Instead, our HTS experiments to date have instead shown the genomic architecture of these common cancers to be much more complex than originally anticipated.

Testing dozens of genes of vanishingly low mutational frequency, poorly characterised risk and/or questionable association with disease has delivered limited gains. Instead guided by basic frequency-penetrance 'economics', we should re-embrace our 'first wave' genes and focus our efforts on identifying as many mutation carriers as possible. We should denounce the procrastination of awaiting additional future 'new genes' to 'add value' to the population screening proposition. The time is ripe for large-scale implementation studies of population *BRCA* and *MMR* gene testing (potentially combined 'tripartite' with risk profiling using common genetic and non-genetic factors). In parallel, we need to shift now to delivery-mode on proper 'individualised' precision prevention, we require urgently clinical tools which integrate existing data on gene-, location-, and individual mutation-specific risk, common genetic and non-genetic modifiers, family history and context of ascertainment7,9,113.

Whilst we have already made great progress on characterisation and clinical applications of these genes, to deliver fully their impact for cancer prevention, significant and sustained investment in research platforms will be required to deliver the necessary long-term epidemiological, biological and clinical studies (Box 2).

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Box 1

Priority research themes for BRCA and MMR: reaping new value from old hitters

(i) A pre-cancer atlas to deliver insights into premalignant cell biology, develop of biomarkers for surveillance and evolve precision chemoprevention

Large-scale serial collection of multiple biosamples from mutation carriers, development of engineered models, application of single cell technologies, multi-omic analyses, studies of the microenvironment and immunological approaches will accelerate our understanding of pre-cancer biology and tumourogenesis, as well described by Lipman and colleagues1. This will in turn facilitate discovery of biomarkers and development of chemotherapeutic agents, chemopreventative agents and vaccines. Animal experiments of rank-ligand inhibition have shown potential for chemoprevention in BRCA-carriers: clinical trials are in early rollout2,3. Chemoprevention for colorectal cancer is an underexploited area: exposition of the molecular basis for the protective effect of aspirin could yield additional benefit beyond MMR-carriers and beyond colorectal cancer. The predictable expressed epitopes of the MMR-deficient hypermutated tumours offer a tantalising model for immune modulation and cancer vaccines6. The distinctive hypermutated profile of MMR-deficient tumours, alongside their high a priori cancer risks, surely renders MMR-mutation carriers well-suited for early prospective studies of cDNA monitoring for CRC

(ii) Advanced clinical risk models and clinical interfaces for delivery of precision prediction

Early risk estimates derived from segregation analysis of early linkage families grouped together all MMR genes and BRCA1 with BRCA2. Through large consortia efforts (i) individual gene-level penetrance estimates (ii) variant-class and domain-specific cancer risks (iii) variant-specific cancer risks and (iv) risk-modifying common variants are being established. For example: (a) intriguing new profiles of disease association for the individual MMR genes reveal gene-specific indications for surgical management and screening7 (b) risk-modifying SNPs for BRCA1 and BRCA2 differentiate mutation carriers into clinically-meaningful different categories of risk8,9 (c) regions in both BRCA1 and BRCA2 have been delineated for which the comparative risks of breast and ovarian cancer differ significantly (BCCRs and OCCR) (d) For BRCA1, mutationspecific risks clearly distinct from the generally deployed 'pan-mutation' risks are emerging11–13. Larger datasets, controlled for ascertainment, fully typed for genetic factors and well characterised for non-genetic factors are urgently required to better model risk. These will also enable more rigorous testing for non-multiplicative interactions between risk factors. We also need clinician and patient decision-support tools, well designed to present and translate this complex data on clinical risk (along with its bounds of uncertainty).

(iii) Variant interpretation paradigms designed for cancer susceptibility genetics

Consistency in variant interpretation has been greatly advanced by (i) ClinVar emerging as the de facto centralised community variant classification repository (ii) ACMG standardisation of classification criteria15,16. However, the ACMG framework is best suited to rare dysmorphic syndromes: evolution of dedicated approaches for cancer susceptibility genes are in process. Each CSG is different both in terms of biology and mutational patterns. As currently being enacted by ENIGMA, InSIGHT and ClinGen expert groups, a combination of gene-specific expertise alongside universally consistent frameworks are required. Starting with wave 1 genes, such self-organising activities offer the prospect of consistent, systematic processing of genetic data, collaborative international deposition and comprehensive annotation. Furthermore, significant advances in the field are imminent from development of massively high-throughput functional assays, such as saturation editing of genomic BRCA1 regions by multiplex homology-directed repair and splicing assays such as MFASS (Multiplexed Functional Assay of Splicing using Sort-seq)18,19.

Box 2

Research 'Platforms' for studying BRCA and MMR genes

To establish and expand biological, epidemiological and clinical trials 'platforms' will require (i) coordinated, systematic assembly of large cohorts of mutation carriers, (ii) flexible and considered structures of consent and (iii) long-term, sustainable funding. These include:

- (i) Prospective cohorts to advance studies of penetrance and association (observational epidemiology), including longitudinal data linkage of germline genetic status to cancer occurrence, treatment and outcomes, with information on screening and preventative surgery *and details of ascertainment*.
- (ii) Longitudinal acquisition of biological samples ('pre-cancer' and cancer atlases): Biomarker discovery and insights into pre-cancer biology will be accelerated through largescale serial collection from mutation carriers of multiple biosamples (*e.g.* blood, urine, saliva, normal colonic tissue, exhaled gases, lavage from breast ducts, peritoneal lavage, polyps, CIS and tumour tissue).
- (iii) National infrastructure for clinical trials in CSG mutation carriers: comprehensive national networks of traceable, contactable mutation carriers, with which to deliver rapid enactment of well-powered trials of screening or chemoprophylaxis.

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Figure 1. Risk penetrance profile for genetic susceptibility factors for: (a) Breast cancer; (b) Colorectal cancer

Cancer	Potential for risk stratification			Public Health burden		Natural History and Biomarkers	Opportunities for targeted intervention		
							Screening	Chemoprevent	Surgical
	Susceptibility genes (1)	Common alleles (2)	Lifestyle /non genetic factors (3)	Incidence (4)	Mortality (5)	(6)	(7)	ion (8)	prophylaxis (9)
Breast	+++	+++	+++	+++++	++	+++	+++	+	+++
Colorectal	+++	++	++	+++++	+++	+++	++++	+++	++
Prostate	+	++++	+	+++++	+	+	+	-	-
Lung	+	+	++++	+++++	+++++	+++	+	-	-
Ovarian	++++	++	+	++	++++	+++	+	-	+++
Renal	++	+	++	+++	+++	++	+	-	-
Gastric	+	+	++	++	+++++	++++	+	-	+
Pancreas	+	+	++	++	+++++	+++	+	-	-
Oesophagus	-	+	++	++	+++++	+++	+	-	-
Melanoma	++	++	+++	+++	+	++	++	-	-
Uterus	++	+	++	++	++	++	+	-	++++
Testicular	-	++++	-	+	+	+++	+	-	-

Figure 2. Attributes for a precision prevention programme, by cancer

(1) Contribution by frequency-penetrance of high penetrance susceptibility genes

(2) Heritability and % excess familial risk explained by common (GWAS) alleles

(3) Receiver operator performance of totality of known lifestyle/non-genetic factors

(4) **Incidence** (Annual cases in UK: + <5,000; ++ 5,000-9,999; +++ 10,000-19,999; +++ + 20,000-39,999; +++++, 40,000)117

(5) **Mortality** (10 year survival +>80%; ++ 60-80%; +++ 40-60%; ++++: 20-40%; +++++ <20%)117

(6) **Natural history of disease** is well understood (eg robust biomarkers to predict poor prognosis disease)

(7) Effective and acceptable **screening tool** and **confirmatory test** consistent with delivery of national screening programme.

(8) Effective and acceptable **chemoprophylaxis** eg breast cancer (tamoxifen, AIs, SERMS) and colorectal cancer (aspirin)

(9) Elective and acceptable option for presymptomatic surgical removal of organ at risk.