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C. elegans fatty acid two-hydroxylase regulates intestinal homeostasis by affecting heptadecenoic acid production

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Abstract

Background/Aims: The hydroxylation of fatty acids at the C-2 position is the first step of fatty acid α-oxidation and generates sphingolipids containing 2-hydroxy fatty acyl moieties. Fatty acid 2-hydroxylation is catalyzed by Fatty acid 2-hydroxylase (FA2H) enzyme. However, the precise roles of FA2H and fatty acid 2-hydroxylation in whole cell homeostasis still remain unclear.

Methods: Here we utilize *Caenorhabditis elegans* as the model and systemically investigate the physiological functions of FATH-1/C25A1.5, the highly conserved worm homolog for mammalian FA2H enzyme. Immunostaining, dye-staining and translational fusion reporters were used to visualize FATH-1 protein and a variety of subcellular structures. The "click chemistry" method was employed to label 2-OH fatty acid in vivo. Global and tissue-specific RNAi knockdown experiments were performed to inactivate FATH-1 function. Lipid analysis of the fath-1 deficient mutants was achieved by mass spectrometry.

Results: C. elegans FATH-1 is expressed at most developmental stages and in most tissues. Loss of fath-1 expression results in severe growth retardation and shortened lifespan. FATH-1 function is crucially required in the intestine but not the epidermis with stereospecificity. The "click chemistry" labeling technique showed that the FATH-1 metabolites are mainly enriched in membrane structures preferable to the apical side of the intestinal cells. At the subcellular level, we found that loss of *fath-1* expression inhibits lipid droplets formation, as well as selectively disrupts peroxisomes and apical endosomes. Lipid analysis of the *fath-1* deficient animals revealed a significant reduction in the content of heptadecenoic acid, while other major FAs remain unaffected. Feeding of exogenous heptadecenoic acid (C17:1), but not oleic acid (C18:1), rescues the global and subcellular defects of fath-1 knockdown worms.

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Disclosure Statement

The authors declare that there are no conflicts of interest regarding the publication of this paper.

Conclusion: Our study revealed that FATH-1 and its catalytic products are highly specific in the context of chirality, C-chain length, spatial distribution, as well as the types of cellular organelles they affect. Such an unexpected degree of specificity for the synthesis and functions of hydroxylated FAs helps to regulate protein transport and fat metabolism, therefore maintaining the cellular homeostasis of the intestinal cells. These findings may help our understanding of FA2H functions across species, and offer potential therapeutical targets for treating FA2H-related diseases.

Keywords

C. elegans; Fatty acids; FA2H; 2-hydroxylation; heptadecenoic acid

Introduction

Fatty acids (FAs) are one of the most common components of biological lipid species. FAs with diverse chemical structures are physiologically important in a variety of cellular functions including energy storage, membrane structure, trafficking and signaling [1]. Lipidomic analysis revealed the presence of many substituted FAs, such as hydroxylated FAs (OH-FAs) in animal lipids, whose cellular functions have not been well studied. Fatty acid 2-hydroxylase (FA2H) introduces a hydroxyl group specifically at the second carbon of FA substrates. Lipid species containing 2-OH FAs have unique functions in membrane homeostasis and cell signaling that could not be substituted by non-hydroxy counterparts [2, 3]. FA2H is essential for the normal functioning and differentiation of many cell types in mammals [4]. Mutations in the gene encoding FA2H are often associated with inherited human disorders such as HSP (hereditary spastic paraplegia) [5]. However, a complete picture of the cellular mechanisms of the FA2H functions is still not clear.

Fatty acid two-hydroxylase 1 (FATH-1) is the sole C. elegans homolog for mammalian FA2H, whose corresponding gene number is C25A1.5 [6, 7]. There have been a few isolated reports mentioning the function of FATH-1 in C. elegans. For example, fath-1/c25a1.5 inactivation by RNAi causes larval arrest and enhances dauer formation [6, 8]. FATH-1 was also found in a DAF-7/TGF- β interactive network. It was proposed to physically interact with DAF-3/SMAD4 and repress dauer formation [8]. In addition, *fath-1* was identified in a screen for genes affecting tubular polarity of the intestine [9]. An independent study identified fath-1 among several other genes involved in fatty acid biosynthesis as a regulator of p38 MAPK pathway and intestinal innate immunity [10]. Finally, recent finding reported that fath-1 knockdown results in a foraging defect [11]. However, it is not yet known whether or not these different functions of FATH-1 are interlinked. The molecular mechanisms underlying these functions are also unclear.

In this study, we systemically study the distribution and functions of FATH-1 and its catalytic products at the organismal, tissue, cellular and molecular level using C . elegans model. We establish the temporal and spatial expression patterns of FATH-1 in C. elegans. We confirm the overall phenotypes of *fath-1* deficient animals and the tissues where FATH-1 performed most crucial functions. The subcellular defects caused by fath-1 inactivation are comprehensively investigated. We also identify the functional metabolites of FATH-1 by

lipid analysis with mass spectrometry. Our studies reveal that FATH-1 and it metabolites function in a previously unappreciated, highly targeted and specific manner. Since C. elegans FATH-1 protein is highly homologous to mammalian FA2H enzyme [7], the results obtained from this would be of extensive reference value for related research fields.

Results

C. elegans FATH-1 is expressed in multiple developmental stages and in multiple tissues

To determine the spatio-temporal expression patterns of FATH-1 during C. elegans development, we constructed a transgene expressing GFP::FATH-1 under the control of fath-1 endogenous promoter (Fig. 1A). Translational FATH-1 reporter was detected in most developmental stages including embryos, L1, L4 larvae and adults (Fig. 1B–F). Strong FATH-1 expression was observed in multiple tissue types such as neuronal cells, intestinal cells, and epidermal cells. In contrast, no GFP signal was detected in the gonad or muscle cells. Close-up images of the intestinal cells revealed that most FATH-1 proteins were uniformly distributed in the cytoplasm, with moderate enrichment in the nuclei (Fig. 1B– 1F). These results suggest that the functions of FATH-1 are involved in multiple developmental stages and in multiple tissues.

Loss of fath-1 function affects C. elegans growth and lifespan

To study the functions of FATH-1 in C. elegans, we first documented the overall phenotypes of fath-1 deficient animals. To avoid the problem of early lethality, we inactivated fath-1 gene expression by RNAi feeding in the wildtype background from L1-larval stage. Brightfield images and body-length measurement results showed that worm growth was significantly inhibited after *fath-1* knockdown (Fig. 2A, B). To evaluate whether loss of *fath-1* function affects the lifespan of C . *elegans*, we performed survival curve assay after inactivation of *fath-1* expression. As shown in Fig. 2C, animals treated with *fath-1* RNAi displayed greatly shortened lifespan compared with control groups. Consistent with previous reports, we observed a small portion of individuals with dauer-like morphology in the population of fath-1 deficient animals [6, 8]. Yet they do not exhibit extended lifespan like the wildtype dauer controls (Fig. 2D). Together, these results reveal that FATH-1 function is essential for maintaining normal development and survival.

Since FATH-1 is present in multiple tissue types, we next performed tissue-specific RNAi experiments to find out in which tissue FATH-1 plays a more crucial role. We utilized strains designated for epidermis-specific RNAi (epi KD) and intestine-specific RNAi (int KD) as previously reported [12]. When fath-1 was inactivated only in the intestine, it affected the worm growth in a similar degree as when systemic knockdown was applied. In comparison, loss of *fath-1* function in the epidermis displayed no obvious effect on development (Fig. 2E). These observations indicate that FATH-1 maintains normal growth and development mainly by functioning in the intestinal cells.

The FATH-1 catalytic product 2-OH FA has stereospecificity and spatially restricted subcellular distribution pattern

FATH-1 is predicted to function primarily by catalyzing the hydroxylation of FA at the C-2 position to produce 2-hydroxy FAs (2-OH FAs) [13]. To test this hypothesis, we performed rescue experiment by supplementing fath-1 deficient animals with 2-hydroxy palmitic acid (2-OH PA). It was previously reported that the mammalian FA2H is stereospecific for the production of the 2-OH FA enantiomer with R conformation $((R)$ -2-OH) [2]. Therefore, both (R) -2-OH FA and (S) -2-OH FA enantiomers were included in the rescuing analysis. The results showed that (R)-2-OH FA supplement nicely rescued the growth defect caused by fath-1 RNAi, while (S)-2-OH FA did not (Fig. 3A). These observations suggested that FATH-1 primarily function through its catalytic product (R) -2-OH FAs in C. elegans, similar as its mammalian counterpart.

At the subcellular level, we examined in which cellular compartments 2-OH FA and its derivatives are localized. To visualize 2-OH FA in vivo at the subcellular resolution, we performed a chemical labeling approach called "click chemistry" as reported by Charron et. al. [14]. Adult C. elegans were fed with 2-OH palmitic acid alkyne (alk 2-OH PA), then fixed and subjected to click chemistry reaction with azide-Cy3. To ensure the functionality of alkyne-tagged OH-PA molecules and to determine a suitable concentration for alk 2-OH PA supplementation, we performed a rescuing experiment with different titrations of alk 2- OH PA ranging from 5 μM to 200 μM. The results showed that a supplementation of 50 μM alk 2-OH PA was sufficient to rescue the growth defect of fath-1 knockdown animals (Fig. 3B). It confirms that the alkynyl group does not affect the functionality of OH-PA molecules. We then examined OH-PA distribution within the intestinal cell using "click chemistry" labeling method, with non-hydroxylated palmitic acid alkyne (alk-PA) as control. As shown in Figure 3B, non-hydroxylated alk-PA exhibited uniform subcellular distribution pattern, whereas hydroxylated alk 2-OH PA are mostly accumulated in membrane-like organelles. In addition, worms supplied with smaller amounts of alk 2-OH PA (20 μM) displayed signal enrichment at the apical side of the intestinal cells, suggesting that the hydroxylated fatty acids may preferentially distribute apically within polarized cells (Fig. 3C). Collectively, these data indicated that the primary FATH-1 metabolites 2-OH FA are likely preferentially enriched in membrane-bound cellular organelles in the intestinal cells.

fath-1 deficiency affects lipid droplets, peroxisomes and endosomes

Our next question is how FATH-1 function affects subcellular structures and processes of the intestinal cells. We specifically looked into the membrane-bound organelles, namely endocytic vesicles, endoplasmic reticulum, Golgi apparatus, mitochondria, lipid droplets, peroxisomes and lysosomes (Fig. 4). Firstly, we explored the changes of lipid storage in the intestinal cells. BODIPY 493/503 staining or DHS-3::GFP labeling showed that the number of lipid droplets was significantly reduced when fath-1 was inactivated (Fig. 4A–C) [15, 16]. However, the lipid uptake process appeared not affected by *fath-1* knockdown, as demonstrated by BODIPY 500/510 feeding of live worms (Fig. 4A) [17]. It indicates that FATH-1 might be involved in lipid droplets formation or maintenance rather than the lipid uptake process. Consistently, the peroxisomes which are essential for fatty acid metabolism

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also formed abnormal aggregations within the fath-1 depleted intestine, as shown by mRFP::PTS1 (peroxisome targeting signal 1) labeling (Fig. 4A, D).

We next examined whether loss of FATH-1 function affect endosomes. The marker proteins include RAB-5 for early endosomes, RAB-7 for late endosomes, RAB-11 for apical recycling endosomes and RME-1 for basolateral recycling endosomes [18, 19]. The results showed that among the endocytic vesicles tested, the distribution of RAB-7-labeled late endosomes and RAB-11-labeled apical recycling endosomes was particularly affected by loss of fath-1. RAB-7 and RAB-11 both formed large aggregates at the apical region of intestinal cell after fath-1 knockdown, while other types of endosomes remained undisturbed (Fig. 4A, E, F). Together, these results suggest that loss of FATH-1 function specifically affects apical membrane trafficking, which is in accord with the apical preference of OH-FA distribution within the intestinal cells and previous findings (Fig. 3C) [9].

Unlike lipid droplets, peroxisomes and endosomes, most other membrane-bound organelles such as endoplasmic reticulum (TRAM::GFP), Golgi apparatus (MANS::GFP), mitochondria (GES-1::GFP) and lysosomes (lysotracker) were not significantly affected by loss of FATH-1 function [19, 20] (Fig. 4A). To summarize, these data suggest that FATH-1 function is important for the formation and maintenance of endosomes, peroxisomes and lipid droplets, which is likely the cause of disturbed growth and development of fath-1 deficient nematodes.

FATH-1 function in C. elegans intestine is mediated by heptadecenoic acid

At the molecular level, we sought to identify the key functional metabolites of FATH-1. We compared the FA profile as regulated by fath-1 RNAi and examined whether this regulation could be reversed by (R) -2-OH PA. FAs were analyzed as N - $(4-1)$ -aminoethylphenyl) pyridinium derivatives ($[FA + AEPP]^+$) by mass spectrometry analysis. Surprisingly, the results showed that the amounts of most major FAs were not affected by either fath-1 RNAi or (R)-2-OH PA treatment. However, loss of FATH-1 function significantly decreased the relative percentage of C17:1 (m/z 494) in total FAs (Fig. 5A, 5B) and this decrease was reversed by (R) -2-OH PA supplement (Fig. 5C, 6A). The relative content of C17:0 was also mildly affected by *fath-1* deficiency. Product-ion MS spectral analysis of m/z 494 ion by ESI-MS/MS (Electrospray Ionization Mass Spectrometer) demonstrated informative fragment ions for double bond determination of C17:1, which identified it as $10C17:1$ (heptadecenoic acid, Fig. 5D, E). We next examined the involvement of FATH-1-regulated

Δ10C17:1 in growth and development. In wild type animals with a normal level of

Δ10C17:1, treatment of either Δ10C17:1 or C18:1 had no effect on body length. However, the decreased body length by loss of FATH-1 function was totally reversed by 10C17:1, but not by C18:1 (Fig. 6B, C). Likewise, supplementation of $10C17:1$ rescued fully the defects of lipid droplet formation, and partially the defects of peroxisome and endosome aggregation (Fig. 7A–E). Taken together, these data suggest that $10C17:1$ is a major downstream effector mediating the physiological roles of FATH-1.

Discussion

In this work, we systemically investigate the distribution and functions of fatty acid 2 hydroxylase and its catalytic products using C. elegans as the model. We find that C. elegans FATH-1 is important for normal development and survival of the nematodes. Such functions are achieved mainly by regulating the dynamics of endosomes, peroxisomes and lipid droplets in the intestine. C. elegans intestinal cell has been used as a popular model for monitoring structures and processes at subcellular resolution under in vivo physiological conditions in live animals. Conclusions obtained from studying FATH-1 function in C. elegans intestinal cells is likely applicable to other cell types as well. Previous reports regarding human FA2H mostly involve neurodegenerative disorders, especially HSP. Interestingly, HSP is believed to be caused partially by defects in transport of proteins and lipids in motor neurons, which is in accordance with FATH-1 function in C . elegans intestinal cells [21]. Furthermore, previous study documented that FATH-1 is required for normal foraging behavior, which involves a well-characterized circuit of sensory neurons, interneurons and motor neurons [11, 22]. Our translational reporter analysis also showed that FATH-1 is expressed in multiple neurons in the head and tail regions, indicating that loss of FATH-1 function could also directly impair the function of neuronal cells. Therefore, more detailed investigation using C. elegans model may help elucidate the contribution of FA2H in the pathogenesis of HSP.

C. elegans FATH-1 was previously reported to be involved in apical polarity establishment of the intestinal cells [9]. Our observation that the FATH-1 metabolites preferentially accumulates at the apical compartment of the intestine, and that loss of FATH-1 specifically affects apical protein trafficking may help explain the tubular polarity defect caused by FATH-1 deficiency. In addition, *fath-1* was identified as a positive regulator of intestinal innate immune response [10]. The fact that FATH-1 function particularly affects the apical compartment of the intestinal cells may shed new light on the investigation of the underlying mechanisms of its immune-regulating roles, since the apical side of the intestine serves as the frontline barrier against invading pathogens.

In this work, we also identified heptadecenoic acid $(C17:1)$ as a downstream target of C . elegans FATH-1. The previous knowledge about the physiological roles of heptadecenoic acid is very limited. Heptadecenoic acid has been recognized as a minor constituent of ruminant fats and used as a potential marker of microbial biomass [23, 24]. It was assumed that the rumen microbial originated odd chain fatty acids are exported to milk fat after intestinal absorption. Acetonitrile chemical ionization-MS/MS fragmentation in conjunction with GC resolution of C17:1 isomers demonstrated that $9C17:1$ is the overwhelming heptadecenoic isomer in ruminant milk and intramuscular fat, while 10C17:1 is virtually absent [25]. Although the C17:1 standard available from commercial chemical companies is the 10 isomer, no reports on the origin or functions of 10C17:1 have been found. Enzymes responsible for the generation of $10C17:1$ in C. elegans and the metabolic mechanisms leading to its unique function in development require extensive future investigation. Nevertheless, our discovery brings heptadecenoic acid out into the spotlight and opens new possibilities of therapeutical approaches for treating FA2H-related diseases.

Conclusion

We show in this study the functions of FA2H at the organismal, tissue, cellular and molecular level using *C. elegans* as the model. We demonstrate that FATH-1 is essential for maintaining normal development and survival, most crucially required in the intestine, specifically affects lipid droplets, peroxisomes and endosomes of the intestinal cells, and partially works through heptadecenoic acid to carry out its functions. These findings reveal a previously unappreciated specific manner of FATH-1 function, and may help understand the cellular mechanisms of the FA2H-related processes across species.

Materials and Methods

C. elegans strains and maintenance

All *C. elegans* strains were maintained and handled at 20° C on nematode growth medium (NGM) as described previously [26]. Wildtype N2 strain and strains carrying transgenes $zcls17$ ges-1::GFP(mit)], unc-119(ed3)III;pwIs170[vha6p::GFP::rab-7+Cbr-unc-119(+)], rde-1(ne219)V;kbIs7[nhx-2p::rde-1+rol-6(su1006))], pwIs216[vha-6p::mRFP::RME-1], rde-1(ne219)V;kzIs9[pKK1260(lin-26p::nls::GFP)

+pKK1253(lin-26p::rde-1)+rol-6(su1006)], unc-119(ed3)III;pwIs503[vha-6p::mans::GFP +Cbr-unc-119(+)] and hjIs37 vha-6p::mRFP-PTS1 + C.briggsae-unc-119(+)] were obtained from CGC (Caenorhabditis Genetics Center), which is funded by the NIH Office of Research Infrastructure Programs (P40 OD010440). ldrIs1 [dhs-3p::dhs-3::GFP+unc-76(+)] was kindly provided by Dr. Pingsheng Liu (Institute of Biophysics, Chinese Academy of Sciences, Beijing). $qxEx1867$ _{Vha-6p::mCHERRY::RAB-11]},

 $qxEx1317[ges-1p::GFP::RAB-11], qxIs110[ges-1p::mCHERRY::RAB-5]$ were kindly provided by Dr. Xiaochen Wang (National Institute of Biological Sciences, Beijing). Other strains carrying transgenic arrays used in the study are as follows: sdaEx111[vha-6p::GFP::TRAM-1+myo-2p::GFP],

sdaEx105[fath-1p::GFP::fath-1+rol-6(su1006)].

Molecular cloning and transgenesis

fath-1 RNAi clone was constructed by inserting 437bp fragment containing exon 3 and exon 4 of fath-1 coding sequence into the HindIII site of vector L4440. To generate translational Pfath-1::GFP::fath-1 fusion, 4933bp promoter fragment of fath-1 was PCR amplified and inserted upstream of GFP, followed by the 2069bp fath-1 coding sequence inserted downstream of GFP into the pPD95.75 vector. To construct the intestinal ER marker Pvha-6::GFP::TRAM-1, 3300bp vha-6 promoter sequence and 1972bp TRAM-1 coding sequence were PCR amplified from N2 genomic DNA. The $vha-6$ promoter fragment and TRAM-1 fragment were then inserted upstream and downstream of GFP, respectively. All fragments obtained by PCR amplification were confirmed by sequencing before transgenesis. The primers used were as follows: for fath-1 RNAi, forward primer 5′- AAA TCCGGAATGCTTTTCAA-3′and reverse primer 5′- TCCGTCCATCGGTGTTTTAT-3′; for fath-1 promoter, forward primer 5[']- AGCGACTTCACCTCCTTTCT-3['] and reverse primer 5[']- ATCCCCATATTTTCCACTGAA-3[']; for *fath-1* sequence, forward primer 5[']-ATGGGGATAGGAGCAGATGA-3′and reverse primer 5′-CACTCCCAAACCAGCATTTT

−3′; for vha-6 promoter, forward primer 5′- GGTTAAGCCGCAAGGAGG-3′and reverse primer 5[']-TCTTCTTCGAATCGCTCTCC-3[']; for TRAM sequence; forward primer 5[']-CC AACTCGGCAACGAAAT-3′and reverse primer 5′-TGGTAGGTTTTAGTCGCCCT-3′. Constructs used in this study were generated using ClonExpress TMOne Step Cloning Kit (Vazyme biotech). Pfath-1::GFP::fath-1 and Pvha-6::GFP::TRAM were injected into N2 at the concentration of 20ng/μl. pRF4(rol-6(su1006)) and Pmyo-2::GFP was used as coinjection markers, respectively [27].

C. elegans development and life span assays

For body length measurements, synchronized L1 larvae were placed on NGM agar plates with *fath-1* RNAi bacteria or HT115 control and allowed to grow until control group reached young adult stage. Bright-field images of the worms on plates were taken using OLYMPUS SZX16 stereomicroscope fitted with a LEICA DFC310 camera. The body length of each individual was measured from the nose to the tail tip using ImageJ software. At least 40 individuals were examined per treatment group. The life-span assay was performed essentially as previously described [28]. At least 50 individuals were examined per treatment group.

RNAi and fatty acid feeding

fath-1 RNAi was performed by feeding synchronized L1 larvae with E.coli HT115 harboring the fath-1 RNAi clone. E.coli strain HT115 containing L4440 RNAi empty vector was used as negative control.

For diet supplementation, the fatty acid stock solutions were diluted to working concentration with 200 μL OP50 overnight culture then added to the NGM plates. The plates were allowed to dry in the dark for 1–2 days at room temperature. Adult stage worms were transferred to these plates to lay eggs for 3 to 4 hours then removed. The effects of diet supplements were analyzed at the next generation. Fatty acids used for these studies include: (R) -2-OH palmitic acid and (S) -2-OH palmitic acid, prepared as previously described as 7 mM stocks in BSA [2]; 10-heptadecenoic acid and oleic acid (Sigma), prepared as 7 mM stocks in BSA; alk 2-OH PA (custom-synthesized) and alk-PA (Cayman) with ω-terminal alkyne, prepared as 10 mM stocks in DMSO.

Fatty acid labeling and dye-staining

The "click chemistry" labeling was performed essentially as previously described [9]. Briefly, nematodes were soaked with alkynyl 2-OH-PA for 3 hours, washed once in M9 buffer, then fixed for 10 min with 3.7% paraformaldehyde (Sigma) at room temperature. The worms were washed again with ice-cold PBS and permeabilized with pre-cooled MeOH for 10 min at −20°C. The worms were then blocked with PBSTB (0.1% Tween-20, 20 mg/mL BSA in PBS) for 30 min at room temperature followed by three times washing with PBS, 5 min each. The labeling was performed by soaking the worms with freshly mixed click chemistry reaction solution [20 μM Cy3-azide (Life technology), 10 mM TECP (Sigma), 100 μM TBTA (Sigma), 1 mM CuSO4• 5H2O, 0.1% Tween-20 in PBS] for 1 hour at room temperature. The samples were then washed 3 times (5 min each) with 1% Tween-20, 0.5 mM EDTA in PBS and then two times with PBS alone before confocal imaging.

To label lipid droplets in fixed worms, young adult hermaphrodites were soaked with 1 μg/mL BODIPY 493/503 (Life technologies) following a previously described staining method [15]. To examine the lipid uptake process, $1 \mu M$ fluorescent fatty acid analog BODIPY 500/510 (Life technologies) was fed to young adults on plates as described previously [17]. Intestinal lysosomes were labeled by 1 μM LysoTracker Green DND-26 (Invitrogen) added to the NGM plates [29].

Microscopic imaging

For confocal imaging, live worms were mounted on 2% agarose pads on a microscopic slide and immobilized with 0.5 mM levamisole [30]. Fluorescent images were captured using Nikon A1 confocal microscope with 488, 543 lasers and 63× oil immersion objective. GFP, Lysotracker Green, BODIPY 493/503, BODIPY 500/510 were excited by 488 nm laser; mCherry, RFP and Cy3 were excited by 543 nm laser. Bright-field images of worms on the plates were acquired under OLYMPUS SZX16 stereomicroscope fitted with a LEICA DFC310 camera. The endosome aggregates and the numbers of droplets were scored within a unit area of 200 μ m² using Image J in a double-blind fashion. At least five different areas were chosen and quantified in each animal, and 8 animals were scored for each experimental group.

Fatty acid analysis with mass spectrometry

Total lipids were extracted from C. elegans samples by a modified Bligh and Dyer procedure and FA methyl esters were prepared as previously described [31]. The free fatty acids were released from methyl esters by incubation with 1 M KOH solution in methanol. The chargeswitch derivatization was performed using $N-(4-1)$ -aminoethylphenyl) pyridinium (AEPP) which was synthesized as described [32]. Mass spectrometric analysis of AEPP-derivatized FAs was performed using a TSQ Vantage mass spectrometer (Thermo Fisher Scientific, San Jose, CA) equipped with an electrospray ion source. Product ion scanning or precursor ion scanning was performed in the positive-ion mode as previously described [32].

Statistical analysis

For body lengths and image analyses, statistical analysis was performed with unpaired, twotailed Student's t test using Prism 5.0 software (GraphPad). Significance was accepted for p < 0.05 .

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Figure 1. The spatial-temporal distribution patterns of FATH-1 in *C. elegans***.**

(A) A diagram shows the FATH-1 protein domains, including four transmembrane domains and one Cyt-b5 domain. GFP was inserted at the N-terminus of FATH-1. (B-F) The distribution patterns of fusion protein GFP::FATH-1 in the C. elegans at embryonic (B), L1 larvae (C), L4 larvae (D) and adult (E, F) stage. (D) is a composite confocal image showing GFP::FATH-1 localization in the epidermal cells. (E-E") shows the GFP::FATH-1 distribution in the intestine (solid arrowhead) and nervous system (open arrowhead). (F-F") shows the GFP::FATH-1 distribution in the intestine (solid arrowhead) but not the gonad (open arrow). Scale bar in D, 20 μm; Scale bars in B,C,E and F, 10 μm.

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(A) Bright-field images of worms fed with HT115 control or fath-1 RNAi bacteria from L1 to young adult stage. Scale bar, 400 μm. (B) Changes of body lengths of worms treated with HT115 or fath-1 RNAi from L1 stage. N $\,$ 45 for each data set. (C) Survival curves of the worms treated with HT115 or *fath-1* RNAi from L1. N 75 for each data set. (D) Survival curves of dauer-like animals caused by starvation (control) or by fath-1 RNAi treatment. N 81 for each data set. (E) Body length measurements of wildtype, epidermis-specific RNAi (epi KD) and intestine-specific RNAi (int KD) worms treated with fath-1 RNAi, dpy-7

RNAi (positive control for epidermal-specific RNAi) or HT115 (negative control). N 52 for each data set.

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Figure 3. The stereospecificity and subcellular localization pattern of 2-OH FAs.

(A) Body length measurement of *fath-1* RNAi worms rescued by BSA control, 350 μ M (R)-2-OH FA (2R) or 350 μ M (S)-2-OH FA (2S) supplementation. N = 50 for each data set. (B) Body length measurements showing the rescuing effects of 5, 20, 35, 50, 100 or 200 μM alkynyl 2-OH-PA supplementation on the growth arrest defect caused by fath-1 RNAi. N 50 for each data set. (C) Distribution of fatty acids and derivatives in the C. elegans intestine labeled by "Click chemistry" approach. PA, palmitic acid; OH-PA, 2-hydroxy plamitic acid; alk, alkynyl; az, azide. Scale bar, 5 μm.

(A) Representative fluorescent confocal images showing intestinal cellular organelles of young adult C. elegans treated with HT115 or fath-1 RNAi. The organelles include: lipid droplets (DHS-3::GFP, BODIPY 493/503); peroxisomes (mRFP::PTS1); late endosomes (GFP::RAB-7); apical recycling endosomes (mCherry::RAB-11); basolateral recycling endosomes (mRFP::RME-1); early endosomes (mCherry::RAB-5); endoplasmic reticulum (GFP::TRAM-1); mitochondria (GES-1::GFP) or Golgi (MANS-1::GFP). Lysosomes were marked by lysotracker green. BODIPY 500/510 visualizes the process of fatty acid uptake. The scale bar represents 10 μm. (B, C, D, E, F) Quantification of the numbers of endosome and peroxisome aggregates or lipid droplets in worms lacking fath-1 expression,

corresponding to results shown in A. N $\,$ 40 for each data set. Error bars, \pm SEM; ***p<0.001.

(A-C) Representative mass spectra of AEPP derivatives of total FAs from wildtype animals fed with HT115 control (A), fath-1 RNAi (B) or fath-1 RNAi plus 350 μM (R)-2-OH FA (2R) supplementation (C). (D) Representative product-ion MS spectrum of m/z 494 ion by ESI-MS/MS. (E) The structure of $10C17:1$ AEPP derivative and fragment ion peak assignment.

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Figure 6. Δ10C17:1 mediates FATH-1 function in growth and development.

(A) Relative FA abundance normalized to HT115 control group. (three biological replicates, N >1000/condition). Error bars, ± SEM; *p<0.05, **p<0.01. (B) Bright-field images of worms fed with HT115 control or fath-1 RNAi treated with BSA, 10C17:1 or 9C18:1. Scale bar, 400 μm. (C) Body length measurement of worms fed with HT115 control or fath-1 RNAi treated with BSA, $10C17:1$ or $9C18:1$. N 51 for each data set.

(A) Representative fluorescent confocal images showing intestinal cellular organelles of C. elegans treated with HT115, HT115 plus $100 \mu M$ $10C17:1$, HT115 plus $100 \mu M$ $9C18:1$, fath-1 RNAi, fath-1 RNAi plus $100 \mu M$ $10C17:1$ or fath-1 RNAi plus $100 \mu M$ $9C18:1$. The organelles include: lipid droplets (DHS-3::GFP); peroxisomes (mRFP::PTS1); late endosome (GFP::RAB-7) and apical recycling endosome (mCherry::RAB-11). The scale bar represents 10 μm. (B, C, D, E) Quantification of the numbers of endosome and peroxisomes aggregates or lipid droplets in worms fed with HT115 or *fath-1* RNAi treated with 10C17:1

or 9C18:1, corresponding to results shown in A. N=20 for each data set. Error bars, \pm SEM; **p<0.01, ***p<0.001.