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ORIGINAL ARTICLE

Basic Study Economic evaluation of the hepatitis C elimination strategy in Greece in the era of affordable direct-acting antivirals

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Abstract

BACKGROUND

Hepatitis C virus (HCV) is a leading cause of worldwide liver-related morbidity and mortality. The World Health Organization released an integrated strategy targeting HCV-elimination by 2030. This study aims to estimate the required interventions to achieve elimination using updated information for direct-acting antiviral (DAA) treatment coverage, to compute the total costs (including indirect/societal costs) of the strategy and to identify whether the elimination strategy is cost-effective/cost-saving in Greece.

AIM

To estimate the required interventions and subsequent costs to achieve HCV elimination in Greece.

METHODS



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First decision: December 5, 2018 Revised: February 20, 2019 Accepted: February 22, 2019 Article in press: February 22, 2019 Published online: March 21, 2019 A previously validated mathematical model was adapted to the Greek HCVinfected population to compare the outcomes of DAA treatment without the additional implementation of awareness or screening campaigns versus an HCV elimination strategy, which includes a sufficient number of treated patients. We estimated the total costs (direct and indirect costs), the disability-adjusted life years and the incremental cost-effectiveness ratio using two different price scenarios.

RESULTS

Without the implementation of awareness or screening campaigns, approximately 20000 patients would be diagnosed and treated with DAAs by 2030. This strategy would result in a 19.6% increase in HCV-related mortality in 2030 compared to 2015. To achieve the elimination goal, 90000 patients need to be treated by 2030. Under the elimination scenario, viremic cases would decrease by 78.8% in 2030 compared to 2015. The cumulative direct costs to eliminate the disease would range from 2.1-2.3 billion euros (€) by 2030, while the indirect costs would be €1.1 billion. The total elimination cost in Greece would range from €3.2-3.4 billion by 2030. The cost per averted disability-adjusted life year is estimated between €10100 and €13380, indicating that the elimination strategy is very cost-effective. Furthermore, HCV elimination strategy would save €560-895 million by 2035.

CONCLUSION

Without large screening programs, elimination of HCV cannot be achieved. The HCV elimination strategy is feasible and cost-saving despite the uncertainty of the future cost of DAAs in Greece.

Key words: Hepatitis C elimination; Cost effectiveness; Cost of elimination; Indirect costs; Projections; Mathematical modelling; Awareness and screening programs; World Health Organization targets

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Core tip: Elimination of hepatitis C virus (commonly known as HCV) cannot be achieved in Greece without the implementation of large awareness and screening programs, as treatment coverage will be suboptimal. To achieve the elimination goals, 90000 patients need to be treated by 2030. The overall cumulative cost of elimination would range from 3.2-3.4 billion euros by 2030. The HCV elimination strategy in Greece is feasible and cost-saving despite the uncertainty of the future cost of the direct-acting antivirals.

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INTRODUCTION

Hepatitis C virus (HCV) infection is a major public health problem; it affects 1% of the world population^[1] and is one of the main causes of chronic liver disease-related death in the developed world^[1,2]. It has been estimated that approximately 50%-85% of HCV cases developed chronic hepatitis. Many patients with chronic HCV (CHC) infection do not result in clinically apparent liver disease because it is generally a slow progressive infection. Five percent to 30% of chronically infected individuals developed cirrhosis over a span of 20 to 30 yr^[3,4]. The recent introduction of directacting antivirals (DAAs) has the potential to change the future disease burden, as they achieve higher sustained virological response (SVR) rates, have fewer side effects and are simpler regimens compared to interferon (IFN)-based therapies^[5,6]. Due to recent developments of antiviral treatments, the target of eliminating HCV by 2030 has become achievable^[7]. Although the cost of providing DAAs has been extensively

debated since their introduction, the cost and cost-effectiveness of implementing an HCV elimination strategy has recently been put on the agenda^[8-12].

Greece has one of the highest prevalence rates of CHC infection in Europe, with approximately 33% of chronically infected patients in the advanced fibrosis stages (\geq F3)^[13,14]. Additionally, it has an older infected population compared to other countries, meaning that the mean fibrosis progression is relatively rapid and the probability of HCV-related mortality or morbidity is high^[15-17]. Therefore, although HCV prevalence in Greece has been decreasing since its peak in 2005, morbidity and mortality are forecasted to increase in the next years^[14,18]. Moreover, the diagnostic rate is low (approximately 20%). Except for the significant HCV epidemic, Greece has faced a substantial financial crisis since 2008. Since then, the Greek economy has substantially shrunk; the gross domestic product (GDP) fell by 22%, about one-fifth of the aggregate production was lost and the public pharmaceutical expenditure was reduced by more than 50%^[19].

Recently, a modeling study quantified the impact of IFN-free DAAs on HCVrelated morbidity and mortality in Greece under the World Health Organization (WHO) Global Hepatitis Strategy^[14]. This study showed that improved prevention strategies, large and effective screening programs and increased treatment coverage with DAAs were necessary to reach the goal of HCV elimination in Greece by 2030. To implement this strategy, it is vital to consider the cost of the proposed strategy, which poses significant financial challenges for the healthcare system.

The aims of this study are (1) to estimate the required interventions to achieve elimination using updated information for DAA treatment coverage, (2) to compute the total costs (including the indirect costs) of the strategy and to (3) identify whether the elimination strategy is cost-effective for Greece.

MATERIALS AND METHODS

Disease burden model

To estimate the current number of patients in the various disease stages and to project the future disease burden and the associated costs, we used an Excel-based disease progression model, which represents the natural history of CHC according to the METAVIR scoring system constructed by the Center for Disease Analysis (CO, United States)^[20]. It has been used in several countries with country-specific data as input^[18]. Appropriate input for Greece was obtained from the literature. Further details about the description of the model and Greek-specific epidemiological inputs have been previously published^[14,18].

To examine the epidemiological and economic impact of the WHO Global Hepatitis Strategy, we created a scenario according to WHO recommendations and compared it with the current HCV management strategy in Greece, where patients are treated with INF-free DAA regimens with limited population coverage due to the low diagnostic rate and the lack of awareness or screening campaigns.

Examined epidemiological scenarios

Base case: In the baseline scenario, patients are treated with IFN-free DAA regimens without the additional implementation of awareness or screening campaigns. This would lead to a gradual decrease in the available patients for treatment. Treatment is limited to fibrosis stage ≥ 2 , which represents the 2017 national treatment guideline. Approximately 2,000 cases were treated in Greece in 2017. We assumed that this figure would be the same in 2018 but would gradually decrease to 1000 cases by 2020 and would then remain at this number. SVR rates were assumed to be 90% for genotype 1, 3 and 95% for genotype 2, 4^[15] (Table 1).

WHO Global Hepatitis Strategy: The WHO Global Hepatitis Strategy integrates both prevention and disease burden targets^[7]. More specifically, the prevention target aims to reduce new infections by 90%, while the mortality target aims to reduce HCV mortality to 65% by 2030 compared to 2015. To achieve the WHO goals in Greece, the number of diagnosed and treated patients should gradually increase up to 7000 and 6800 patients per year, respectively. Initially, through 2018, patients with fibrosis stage \geq F2 will be treated. After 2019, treatment coverage should be expanded to all patients (Table 1).

Economic portion of the model

Regarding the economic portion of the model, we have computed the direct and the indirect/societal costs of HCV infection.

Direct and indirect/societal costs: Direct costs include the cost of antiviral treatment



Scenario	Year	SVR	Treatment coverage/yr	Fibrosis stage	Diagnosed patients/yr	
Base case	2015-2016	90%-95%	~1000	≥ F3	4000	
	2017-2019	95%	~2000	≥ F2	3200	
	2020-2021	95%	~1300	≥ F2	2000	
	2022-2023	95%	~1000	≥ F2	1400	
	2024-2035	95%	~1000	≥ F2	1000	
WHO Global Hepatitis Strategy	2015-2016	90%-95%	~1000	≥ F3	4000	
	2017-2019	95%	~4700	≥ F2	4800	
	2020-2021	95%	~6800	≥ F0	6820	
	2022-2023	95%	~6800	≥ F0	6130	
	2024-2035	95%	~7000	≥ F0	6130	

Table 1 Evaluated scenarios	or pro	jections of the future burden of h	epatitis C infection in Greece
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SVR: Sustained virologic response rates; WHO: World Health Organization.

per treated patient per year, annual health care costs per patient, screening/diagnostic costs per patient, as well as laboratory costs per treated patient (Table 2)[21].

Data for healthcare costs were obtained through a database from Greek liver clinics. The annual cost for F0-F3 patients, for the third-party payer in Greece, without antiviral treatment, is $230 \in$. The costs of compensated cirrhosis (F4), decompensated cirrhosis and hepatocellular carcinoma (HCC) without the cost of antiviral treatments are 1340 €, 4460 €, and 33000 € per year, respectively. Liver transplant patients have a cost of 134630 € in the first year and 4640 € in subsequent years^[22]. Lab costs (e.g., anti-HCV, RNA test, genotyping exam and liver biopsy/elastography) are 350 €, while the cost per anti-HCV screening is 10 €.

The average treatment cost per DAA-treated patient in Greece in 2016 was 42000 €^[23]. Recently, price negotiations concerning the cost of DAAs were implemented, resulting in reduced treatment costs. The price per DAA regimen is confidential. However, the average cost per treatment can be calculated. According to the official press release of the Ministry of Health, a closed pharmaceutical budget of about 67.6 million has been committed to treat 5500 patients in the next 14 mo^[24,25]. Dividing the budgeted money by the expected treated patients equates to a cost of treatment of about 12300 €. Furthermore, the Minister for Health stated^[26,27] that the negotiation achieved a savings of 68% compared to the average pre-negotiated price (42000 \in × $32\% = 13400 \in$). Combining the above estimations, we assumed that the average cost of DAAs after negotiation can be estimated at 13000 € per treated patient.

Due to the considerable uncertainty of the future price evolution for DAAs, we considered two cost-scenarios. In the first scenario (conservative scenario), we assumed that the price of DAAs would remain constant through our study (until 2035), while in the second scenario (optimistic scenario), we assumed a further 35% price reduction after 2024. Under the base case, we assumed no price reduction of DAAs due to the limited number of treated patients (Table 2).

The indirect or societal cost was used to approximate loss of productivity due to HCV related disabilities and loss of life. The disability-adjusted life year (DALY) metric^[28] was used to estimate the indirect costs of the disease. One DALY can be thought of as one lost year of "healthy" life. DALYs are computed by combining years of life lost (YLLs) and years lost due to disability (YLDs) and weighted by the severity of the disease^[29]. Future direct and indirect costs were discounted at rate of 3%. The cost per DALY was estimated to be equal to the gross national income (GNI) per capita in 2016 (19000 €).

The cost-effectiveness of the elimination strategy was estimated using the incremental cost-effectiveness ratio (ICER), which have been compared to the GNI per capita of Greece in 2016. If ICER is lower than 1 GNI per capita, then the intervention is considered "highly cost effective"^[30].

ICER = (Cost of examine strategy - cost of the base strategy) / |DALYs of examinestrategy - DALYs of the base strategy |

We considered a strategy as "cost-saving" when the difference between all direct and indirect costs of the elimination scenario up to 2035 from those of the base case was positive. 2025 2025

Incremental total costs_{Scenario} =
$$\sum_{t=2014}^{2035}$$
 Total costs of Scenario_t - $\sum_{t=2014}^{2035}$ Total costs of base case_t

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Table 2 Annual direct costs per patients in Euros

	Annual costs, €
Lab costs for anti-HCV, RNA test, genotyping exam and liver biopsy/elastography	350
Screening cost per screen	10 ¹
Cost per diagnosed patient without antiviral treatment	
F0-F3	230
Compensated cirrhosis, F4	1340
Decompensated cirrhosis	4460
Hepatocellular carcinoma	33000
Liver transplantation	134600 ²
Liver transplant - subsequent years	4600
Antiviral treatment costs of DAAs	
2015-2016	42000
2017-2023	13000
2024-2035	13000/8500 ³

¹Cost per screen;

²Cost per patient for one time (includes all pre-transplantation, transplantation and post-transplantation courses);

³Under optimistic price reduction scenario. DAAs: Direct-acting antivirals; HCV: Hepatitis C virus.

RESULTS

Epidemiological projections

Under the base case scenario, the model predicted a continuous decline in the number of viremic cases in Greece through 2035 (Table 3, Figure 1A-E). The viremic population would decrease by 8.3% and 11.1% in 2030 and 2035 compared to 2015, respectively. However, unlike viremic cases, HCV complications are anticipated to increase over the same time period.

The number of patients with compensated cirrhosis is anticipated to be 21100 cases by 2030 (19.2% higher than 2015). In 2035, the number of compensated cirrhosis cases is expected to be 21280 (20.2% higher than 2015). Similarly, the number of decompensated cirrhosis cases would increased to 2160 (18.3% higher than 2015) and 2200 (20.2% higher than 2015) cases in 2030 and 2035, respectively. Regarding HCC cases, the model projected an increase of 19.4% (705 cases) and 20.3% (710 cases) in 2030 and 2035 compared to 2015, respectively. Concerning liver related deaths, the model projects an increase to 790 (19.6% higher than 2015) and 805 (21.9% higher than 2015) in 2030 and 2035, respectively (Table 3, Figure 1A-E). Under the base case, the model estimates that about 20000 patients would be diagnosed and treated with DAAs by 2030.

Under the Global Hepatitis Strategy, significant declines would be observed in HCV morbidity and mortality. More specifically, individuals with compensated and decompensated cirrhosis are expected to decrease by 63.3%, 66.7% in 2030 and 93.9%, 91.2% in 2035, respectively, compared to the corresponding number of cases of compensated and decompensated cirrhosis in 2015. Similarly, HCC cases are anticipated to decrease by 66.9% (195 cases) and 94.9% (30 cases) in 2030 and 2035 compared to 2015, respectively. Liver related deaths are projected to decrease by 65.7% (226 deaths) in 2030 and 91.4% (57 deaths) in 2035 compared to 2015, respectively. Finally, the number of viremic cases would decrease by 78.8% (28000 cases) and 98.4% (2100 cases) in 2030 and 2035 compared to the number of viremic cases in 2015, respectively (Table 3, Figure 1A-E). To achieve the elimination goals, 90000 patients need to be treated by 2030.

Economic projections

Annual direct costs: Under the base case scenario, the annual direct costs of HCV in 2016 are €105 million. Without the additional implementation of awareness or screening campaigns, the number of available patients for treatment would drop, leading to a corresponding decrease in the cost attributed to antiviral therapies. Specifically, the annual direct costs would decline from €105 to €83 million by 2019 and remain at this level through 2035 (Figures 2 and 3).

Regarding the WHO Global Hepatitis Strategy, the model predicts a steep upward trend in direct costs until 2023 and 2028 for the optimistic and the conservative price

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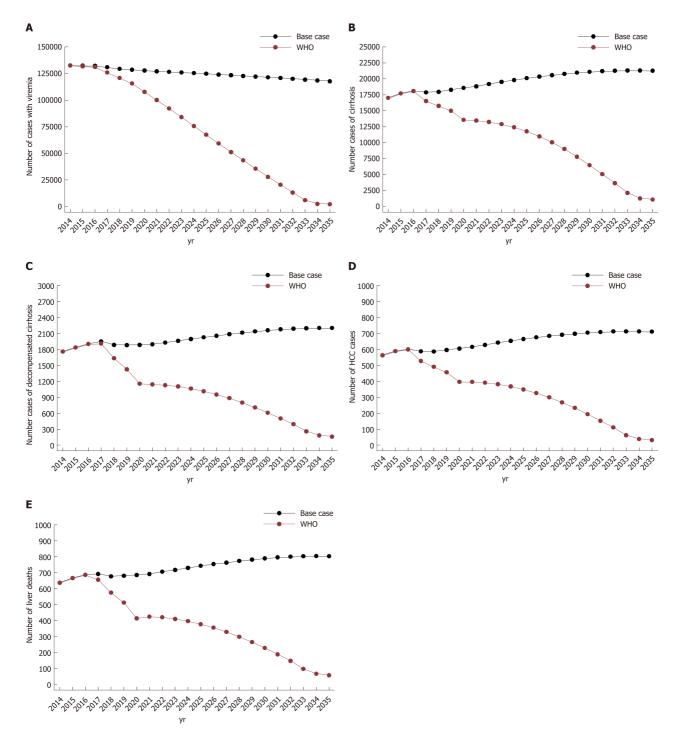


Figure 1 Projections of future chronic hepatitis C virus infection and complications under different treatment strategies. A: Total number of viremic cases; B: Cirrhosis; C: Decompensated cirrhosis; D: Hepatocellular carcinoma; E: Liver deaths. WHO: World Health Organization.

reduction scenario, respectively, followed by a significant decline through 2035. Compared to the base case, the annual direct cost of the elimination scenario would be higher until 2032 and 2034 under the optimistic and the conservative price reduction scenario, respectively (Figures 2 and 3).

The cost distribution is significantly different between the two strategies. In the base case, where treatment coverage is relatively low, the majority of the cost is attributed to healthcare costs. In contrast, under the HCV elimination scenario, the dominant costs would be for antiviral treatments and laboratory costs. Under the HCV elimination strategy (irrespective of price reduction scenarios), screening costs would represent a significant share of direct costs between 2026 and 2029 due to the fact that it would become more difficult to diagnose HCV infections due to the low prevalence (Figure 3).

Annual indirect/societal costs: Concerning indirect/societal costs, the WHO strategy



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Table 3 Estimated number of total hepatitis C virus infected (viremic cases), compensated cirrhosis, decompensated cirrhosis and hepatocellular carcinoma cases in 2030 and 2035 under base and hepatitis C virus elimination scenarios

	2015, Base <i>n</i>	2020, <i>n</i> (% change compared to 2015)	2030, <i>n</i> (% change compared to 2015)	2035, <i>n</i> (% change compared to base case in 2015)			
		Base case					
Total infected	132500	127940 (-3.4)	121460 (-8.3)	117750 (-11.1)			
Compensated cirrhosis	17700	18584 (+4.9)	21100 (+19.2)	21280 (+20.2)			
Decompensated cirrhosis	1830	1885 (+3.0)	2160 (+18.3)	2200 (+20.2)			
HCC	590	605 (+2.5)	705 (+19.4)	710 (+20.3)			
Liver related deaths	660	686 (+3.9)	790 (+19.6)	805 (+21.9)			
		WHO Global Hepatitis Strategy					
Total infected		107910 (-18.5)	28000 (-78.8)	2100 (-98.4)			
Compensated cirrhosis		13584 (-23.2)	6480 (-63.3)	1084 (-93.9)			
Compensated cirrhosis		1155 (-36.9)	610 (-66.7)	160 (-91.2)			
HCC		395 (-33.0)	195 (-66.9)	30 (-94.9)			
Liver related deaths		415 (-37.2)	226 (-65.7)	57 (-91.4)			

HCC: Hepatocellular carcinoma; WHO: World Health Organization.

is expected to result in substantial savings throughout the length of the study compared to the base case. More specifically, the indirect costs of WHO strategy would be \in 16, \in 89, and \in 95 million lower compared to the base case in 2016, 2030 and 2035, respectively. The above results arise from the significant reduction of HCV related end-stage liver disease, as well as the subsequent aversion of disability and premature deaths (Figure 2).

Overall annual cost (total direct and indirect costs): The annual overall cost of base case would have a slight decrease by 2035 due to the limited cost of antiviral treatment (limited available patients for treatment). Compared to the base case, the elimination strategy would be more expensive in the first phase, but it would become less costly by 2024 and 2028 under the optimistic or the conservative price reduction scenario, respectively.

Cost-effectiveness

It was estimated that to achieve elimination, an investment (direct costs) of $\notin 2.12$ or 2.33 billion should be made by 2030 under the optimistic or the conservative price reduction scenario, respectively. It is also important that at the same time, about $\notin 1.1$ billion would be lost (indirect costs). Summing up the above, the overall cumulative cost of HCV elimination would be range between $\notin 3.2$ and 3.4 billion by 2030. The corresponding costs by 2035 would vary between $\notin 3.5$ and 3.8 billion (Figure 4).

The ICER computes that the cost per averted DALY by 2030 would be \notin 10100 and \notin 13380 under the optimistic or the conservative price reduction scenario, respectively. Similarly, the cost per averted DALYs by 2035 would be \notin 5100 and \notin 8300. In all scenarios, the elimination strategy was always a very cost-effective strategy (Table 4).

The HCV elimination strategy appears to be a cost-saving strategy, as \notin 895 million and \notin 560 million would be saved by 2035 under the optimistic or the conservative price reduction scenario, respectively (Figures 2D and 4).

DISCUSSION

The analysis shows that while overall HCV prevalence in Greece will decline, disease burden related to HCV and associated costs will continue to grow in the era of DAAs due to failure to diagnose and treat sufficient numbers of patients. Similar patterns have been observed in the IFN era^[13,16,31-33].

Our analysis highlights that HCV management without effective awareness and screening campaigns would be an expensive and ineffective health policy strategy. The reason is that few patients would be diagnosed and treated, leaving a significant proportion of patients to progress to more advanced stages of the disease. Thus, the additional budget gained from lower HCV awareness campaigns or low treatment coverage would be paid in the next years in healthcare costs to treat the new cases of

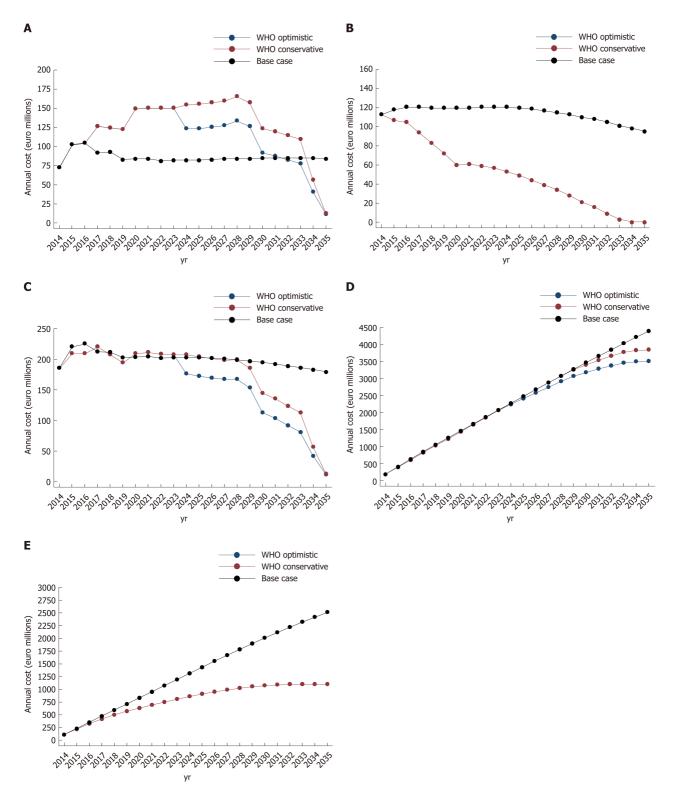
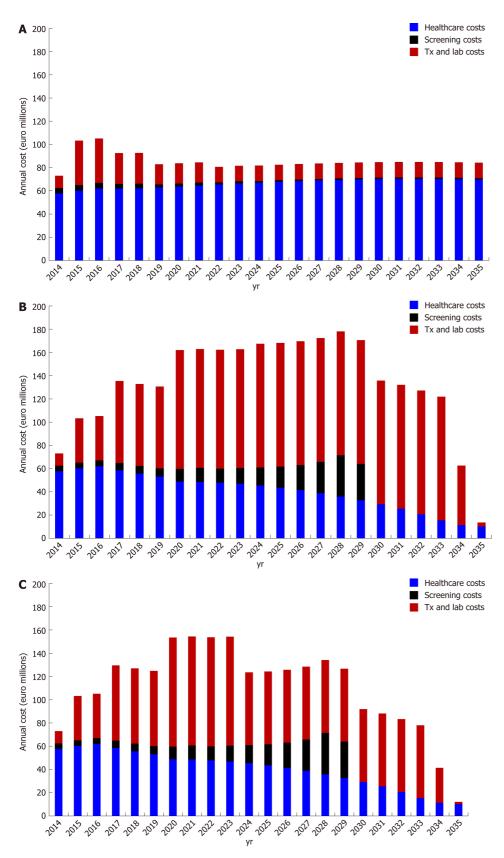


Figure 2 Projections of future costs of hepatitis C virus infection under different treatment strategies. A: Direct costs; B: Indirect costs; C: Annual total direct and indirect costs; D: Total cumulative direct and indirect costs; E: Total cumulative direct and indirect costs. WHO: World Health Organization.

compensated or decompensated cirrhosis and HCC. On the contrary, the HCV elimination strategy is a cost saving intervention (savings by 2035 varies from \notin 560-890 million), as it eliminates the high cost of HCV attributed to related end-stage liver disease or premature death. It is important to note that the HCV elimination strategy is an upfront investment, as a significant amount of money should be spent in the beginning in order to save money later. For example, in Greece, the direct costs need to be increased by 142% in 2020 compared to 2016.

Although the cumulative direct costs of the elimination strategy are costlier than the base scenario (Table 4), when we take also into account the indirect costs caused

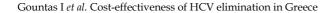


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Figure 3 Distribution of direct costs by direct-acting antiviral price scenario (conservative or optimistic). A: Base case scenario; B: Hepatitis C virus (HCV) elimination conservative scenario; C: HCV elimination optimistic scenario.

by the disease, this relation changes and the elimination scenario become cheaper, as HCV is a disease with high indirect costs (Figure 2D). In line with other studies, our results have shown that the indirect cost of HCV is a significant component of the elimination strategy, almost comparable to the corresponding direct cost of the disease^[9,10,20,33,34], as the vast majority of HCV-infected persons are of working age and

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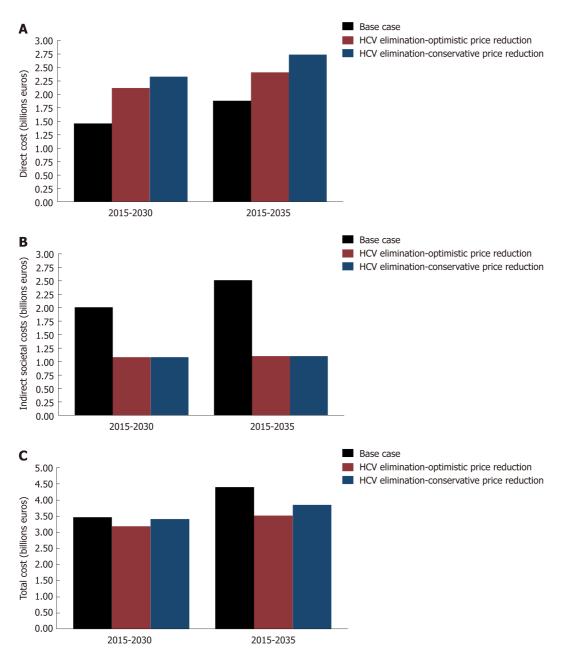


Figure 4 Estimated cumulative costs of base case and hepatitis C virus elimination scenarios in 2030 and 2035. A: Direct costs; B: Indirect/societal costs; C: Total costs. HCV: Hepatitis C virus.

HCV-infected patients are more likely to incur absenteeism (lost hours of work) and presenteeism (decreased productivity while at work)^[35,36].

The HCV elimination strategy is a cost-saving investment in the case of Greece (*i.e.*, improved life expectancy and reduced costs at the same time). More specifically, this investment would save \in 560-895 million by 2035, making it a very rewarding public health investment.

There are a number of limitations that could impact the outcomes of the study. First, patients who achieved SVR were not tracked, so all reinfection cases in the model were managed as naïve ones. Second, there is an assumption that new infections would remain stable at the 2015 levels. Thus, the model does not account for treatment as prevention, and its predictions would be more conservative. However, the strategy was cost effective despite the use of conservative assumptions, since the probability of reaching cost-effectiveness would be increased in the dynamic approach from the inclusion of the prevention of secondary cases. Third, the model assumed that new therapies, guidelines or treatment strategies are adopted immediately - a fact that may not be the case in real life settings. Fourth, although extrahepatic manifestations of HCV represent a significant part of direct cost^[37,88], they were not considered in this analysis. Fifth, possible reductions in the future cost of screening tests were not considered.

Table 4 Direct costs by price reduction scenario in billions of euros, disability-adjusted life years and incremental cost-effectiveness ratios

	D ave		HCV elimination strategy					
Base case		Optimistic			Conservative			
Years	Direct cost (billion euros)	DALYS	Direct cost (billion euros)	DALYS	ICER (compared to base case)	Direct cost (billion euros)	DALYS	ICER (compared to base case)
2015-2030	1.46	145.920	2.12	80.920	10.100 €	2.33	80.920	13.400 €
2015-2035	1.88	187.470	2.41	84.250	5.100 €	2.74	84.250	8.300 €

HCV: Hepatitis C virus; DALYs: Disability-adjusted life years; ICER: Incremental cost-effectiveness ratio.

In conclusion, our results support that elimination of HCV cannot be achieved without the implementation of large awareness and screening programs, as treatment coverage will be suboptimal. Nevertheless, HCV elimination is a cost-saving strategy, irrespective the uncertainty of the future cost of DAAs in Greece.

ARTICLE HIGHLIGHTS

Research background

Hepatitis C virus (HCV) infection is a major global public health problem. Greece has one of the highest rates of chronic HCV (CHC) infection in Europe, and approximately 33% of the chronically infected patients are at advanced fibrosis stages (\geq F3).

Research motivation

Greece faces a substantial economic crisis, which has resulted in more than 50% cut off in the public pharmaceutical expenditure. Therefore, it is important that every proposed healthcare intervention be accompanied by a cost-effectiveness analysis.

Research objectives

The main objectives of the study are (1) to estimate the required interventions to achieve elimination using updated information for direct-acting antiviral treatment coverage, (2) to compute the total costs (including the indirect/societal costs) of the strategy, and (3) to identify whether the elimination strategy is cost-effective/cost-saving in Greece.

Research methods

To project the future burden of disease and to estimate subsequent future costs, we used a previously validated, Excel-based disease progression model constructed by the Center for Disease Analysis. This model simulates the progression of HCV-infected persons through the various stages of the disease, according to the METAVIR scoring system, with appropriate transition probabilities between stages.

Progression was simulated by multiplying the total number of cases at a particular stage of disease by the appropriate progression rate to the next stage. Newly infected patients can enter the model at any year, progress through the disease stages based on progression rates, and exit the model on: (1) spontaneous clearance of HCV; (2) achieving sustained virological response rates; and (3) death (all-cause or HCV-related). Thirty-six cohorts every 5 yr of age and gender were used through 84 yr of age. Individuals older than 85 were treated as one cohort. Each year, one-fifth of the population in each age group, except for 85 and older, was moved to the next age cohort to simulate aging after taking into consideration mortality. Treated patients with sustained virological response rates were considered cured, and they had the same risk of hepatocellular carcinoma and similar mortality as the general population.

Research results

The analysis showed that while overall HCV prevalence in Greece would decline, disease burden related to HCV and associated costs would continue to grow. To achieve the elimination targets, 90000 patients need to be treated between 2015-2030. It was estimated that the investment (direct costs) of the intervention would range from €2.1-2.3 billion by 2030, while about €1.1 billion would be lost due to premature deaths or decreased productivity (indirect costs). The overall cumulative cost of HCV elimination in Greece would range from €3.2 and 3.4 billion by 2030. The model showed that the cost per averted disability-adjusted life years by 2030 would be between €8330-€13380. Furthermore, the HCV elimination strategy is cost-saving, as €560-€895 million would be saved by 2035.

Research conclusions

Our study highlighted that without the implementation of large awareness or screening programs, HCV elimination cannot be achieved, due to suboptimal treatment coverage. To eliminate the disease, significant public health reforms should be implemented (*e.g.*, enhance



harm reduction programs, implement case-finding, linkage to care interventions). Although the elimination of HCV is a costly investment, our analysis showed that it is also a cost-saving intervention, irrespective of the uncertainty of the future direct-acting antiviral cost in Greece, as the proposed strategy reduces the disease morbidity and mortality and restores productivity of the HCV-infected population.

Research perspectives

Elimination of HCV is a demanding public health intervention, which poses significant challenges in the Greek health care system. Nevertheless, our analysis highlighted that HCV elimination is a cost-saving intervention.

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