Systematic review of the pharmacological agents that have been tested against spreading depolarizations

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Abstract

Spreading depolarization (SD) occurs alongside brain injuries and it can lead to neuronal damage. Therefore, pharmacological modulation of SD can constitute a therapeutic approach to reduce its detrimental effects and to improve the clinical outcome of patients. The major objective of this article was to produce a systematic review of all the drugs that have been tested against SD. Of the substances that have been examined, most have been shown to modulate certain SD characteristics. Only a few have succeeded in significantly inhibiting SD. We present a variety of strategies that have been proposed to overcome the notorious harmfulness and pharmacoresistance of SD. Information on clinically used anesthetic, sedative, hypnotic agents, anti-migraine drugs, anticonvulsants and various other substances have been compiled and reviewed with respect to the efficacy against SD, in order to answer the question of whether a drug at safe doses could be of therapeutic use against SD in humans.

Keywords

AMPA receptor, GABA receptor, neurovascular coupling, NMDA receptor, pharmacology, spreading depolarization

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Introduction

Spreading depolarization (SD) is a massive depolarization wave of neuronal and glial cells that propagates at a rate of $2-9$ mm/min through cerebral gray matter.¹ It is characterized by the abruptly developing, near-complete, and sustained breakdown of transmembrane ion gradients, neurotransmitter release, increased energy metabolism, water shifts, and depression of electrical activity. Today, there is enough evidence showing the presence of SD in migraine with aura (MA). SDs also occur in cerebrovascular diseases such as stroke, subarachnoid hemorrhage (SAH), traumatic brain injury (TBI), and intracerebral hemorrhage (ICH). In these conditions, SD occurrence has been associated with neuronal damage, necrosis, degeneration, and poor clinical outcome. $2-4$ The pathological effects of SD can be in part explained due to its impact on cerebral hemodynamics that produce a cycle of events that have a cumulative effect progressively increasing the degree and spatial extend of ischemia. It is well known that SDs in a healthy, adequately supplied tissue has only slightly damaging, innocuous effects. $5-12$ In contrast, when neurovascular coupling is impaired or the tissue

is inadequately perfused, SD promotes spreading ischemia, excitotoxicity, oxidative stress, worsen hypoxia and neuronal death, therefore, having a negative impact on clinical outcome.¹³

In the clinical setting, the therapeutic modulation of SD has gained expectations. Pharmacological targeting of SD in the clinic is still in its infancy. Several experimental studies indicate that SD can be modulated by drugs. According to these observations, pharmacological modulation of SD in the clinical setting as a neuroprotective therapy could be feasible. In this article, we focus on the pharmacological agents that have been used against SDs. It is a systematic presentation, classification, and evaluation of drugs that have been tested against SD (Figure 1). After an exhaustive search, we found 114 substances whose therapeutic

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Figure 1. Various target points play a role in the antagonization of SDs. Among others, NMDA-, GABA-, opioid-, AMPA, and cannabinoid receptors. Moreover, a variety of channels is involved. These channels can be found on neurons, astrocytes, and pericytes. Most substances antagonize SD via a complex machinery that involves multiple of these target points. Substances in the figure are assigned to a target point which they are mostly associated with.

effect on SD has been investigated, either individually or in direct comparison with each other. We give as part of the introductory segment a brief overview of the relevant aspects of the physiopathology of this phenomenon, followed by the clinical implication in neurological diseases before approaching our main topic. For a more comprehensive and vast description of the cellular and molecular mechanisms and the clinical role of SDs, we refer to the following reviews.2–4,13–16

Relevant aspects of the physiopathology of spreading depolarizations

Physiologically, SD corresponds to a self-propagating wave-front of depolarization with neuronal and glial cell implication. It can be accompanied by depression

of the electrocorticography (ECoG) activity of a fast negative potential changes, and it usually spreads at a characteristic speed of $2-9$ mm/min,¹ and resolves after $5-15$ min.^{14,15}

Underlying the depolarization, there is a breakdown of ion gradients, such as K^+ and H^+ increases and Na⁺, $Ca²⁺$, and Cl⁻ decreases. This ionic interchange favors neuronal swelling and dendrite distortion. There are also pH changes – extracellular pH becomes first alkaline and then acidic. The acidosis is associated with the production of $CO₂$ and lactic acid by a pronounced oxygen and glucose consumption related to the increased metabolism, which is necessary to restore the ion homeostasis through the activation of $Na^{+}/$ K^+ -ATPase and Ca²⁺ pumps.^{14–16} SD also induces the release of neurotransmitters into the extracellular space such as glutamate, which activates NMDA, AMPA, or kainate receptors that can lead to excitotoxicity and cellular damage.14–16

SDs can be elicited by a variety of stimulus such as high-frequency electrical pulses, direct current, mechanical stimulation, basicity, hypo-osmolarity, hyperthermia, hypoxia, hyperkalemia, and hypoglycemia, and a variety of chemical agents, such as K^+ and glutamate,^{13,15} hypotonic exposure,¹⁷ and edothelin-1.¹⁸ The mechanisms of SD induction and propagation in different pathological situations is unclear. The two most important hypotheses are based on extracellular K^+ and glutamate diffusion mechanisms versus intracellular propagating agents (including K^+ and Ca^{2+}) through gap junctions.^{15,19}

The mechanisms underlying the cerebral hemodynamic responses to SD are not fully understood. SD is associated with increases in energy metabolism that require large increases in regional cerebral blood flow (rCBF). This reaction corresponds to a normal vascular coupling which describes the increase in rCBF supply in response to physiological neuronal activation and the reduction of rCBF with neuronal deactivation. SD has been associated with increments of more than 100% of rCBF, known as spreading hyperemia. However, a brief reduction of rCBF and/or a sustained suppression of rCBF known as spreading oligemia has been detected following the hyperemic response. $20,21$

In pathological conditions, SD exerts drastic hemodynamic changes. Under hypoxic circumstances, SD can induce an inverse neurovascular coupling, consisting of a prolonged and intense hypoperfusion, also known as spreading ischemia.^{13–15} The shift from spreading hyperemia to spreading ischemia can be triggered by the decrease in NO availability together with the increase of K^+ concentrations. Therefore, during pathological conditions, spreading ischemia can render neural tissue vulnerable to secondary damage up to the development of widespread necrosis. 22

Clinical implication of spreading depolarizations

Occurrence of SD in the human brain and its role in the pathophysiological basis of several neurological conditions have been addressed in the clinical sciences. There is sufficient evidence showing that SD has an important role in different neurovascular conditions such as stroke, SAH, TBI, and ICH. $2-4$ A relation between SDs and MA has also been well documented.²³ Different mechanisms for SD development after these conditions have been postulated.

Several studies indicate the association between SD occurrence and functional neuronal damage, neurological degeneration, and poor clinical outcome. The deleterious effects in patients after brain injury have been related with the drastic hemodynamic changes to SD.2,13,24–26 We briefly review the impact of SD on different cerebrovascular diseases and MA.

Subarachnoid hemorrhage

SAH as a consequence of aneurismal rupture is a common condition frequently leading to poor outcome and death. Delayed cerebral ischemia (DCI) constitutes the most important cause of morbidity and mortality after SAH. A link between SD and SAH has been established in a plethora of studies.^{27–29} In this regard, the incidence of SD in SAH has been reported in more than 70% and has been related to the development of DCI. 27,28 It is believed that increases in basal K^+ attributable to erythrocytolysis, blood clot hemolytic products and decrease of N^+ pump activity (due to vasospasm of cerebral arteries) are triggering factors for SD initiation.^{13,30}

The major morphological and pathological impact that SDs have in patients with SAH is a decrease in the flow of oxygen and nutrients to metabolically active neurons and a dysbalance of vasoconstrictor and vasodilator agents. 3^1 Therefore, when appearing as clusters may lead to delayed neurological deficits and development of new infarcts. $27,28$ Spreading ischemia has been well detected in patients with aneurysmal SAH and DCI.^{27,28}

In this scenario, factors such as reduction of rCBF, microcirculatory dysfunction, microthrombosis, and hemolytic blood products may provide an important source of SDs leading to spreading ischemia and cortical infarction.^{13,32} This speaks in favor of SDs as an etiological factor that may contribute to the development of DCI. Therefore, the pharmacological modulation of SDs in SAH may lead to reduction of secondary brain damage and DCI development, resulting in an improvement of patients' outcome.

Traumatic brain injury

Evidence of the development of SDs after TBI has been well supported in different studies. In TBI patients, SD has been registered between 50 and 60% and seems to increase its incidence with lower levels of mean arterial pressure and cerebral perfusion pressure.^{26,33} Hypotension, hypoperfusion, and hyperthermia occur commonly in the clinical setting of TBI; they constitute potential triggers of SD.³⁴ Recently, Hinzman et al.³⁵ showed the presence of inverse neurovascular coupling to SD in a group of 24 patients who were subjected to craniotomy after severe TBI. Supporting the association between SD, spreading ischemia and the exacerbation of brain injury after TBI, 35 therefore, the major pathological impact that SD has in TBI patients is

Stroke

After an ischemic insult, the presence of SD has been reported in up to 100% of the patients; they arise from the edge of the ischemic core and propagate through the penumbra area.³⁶ The number and duration of SDs after ischemic brain lesions has shown to have a correlation with secondary neuronal damage and further infarct expansion.²² And Also, it has been postulated that SDs are the underlying mechanism of cytotoxic edema in grey matter.¹³ A plethora of evidence validates the notion of SD as a pathological mechanism leading to secondary damage after stroke.^{37,38} Ischemia-mediated breakdown of ionic homeostasis is thought to initiate the SD ignition.¹³ It also has been shown how the supply-demand oxygen-transients mismatch after somatosensory activation of peri-infarct cortex is capable to trigger SDs due to an increase demand or reduced oxygen supply, showing an adverse effect on ischemic tissue outcome.³⁹

The high incidence of SD after stroke and the deleterious consequences points out the relevance of SD therapeutic modulation after an ischemic event in order to reduce the infarct growth. This is in particular challenging, due to the experimental data, indicating that the induced disruption can outweigh the effect of the therapeutic drug (e.g., an NMDA receptor antagonist), and SDs might still occur.⁴⁰ Nevertheless, the drug might still be very efficacious in the peri-ischemic penumbra. Here, an antagonization of SD could hypothetically unction as a preconditioning and even promote regeneration and plasticity.^{22,41}

Intracerebral hemorrhage

ICH is a severe disease with high ICU mortality and morbidity⁴² and perihematomal edema progression strongly contributes to neurological deterioration and worse outcome.⁴³ SD has been detected in patients with $ICH₁²⁴$ and it is hypothesized to contribute to the lesion development, although it is not fully clear to which degree.² Firstly, Fabricius et al. observed SD in two out five patients with ICH, 24 and recently, a prospective observational trial by Helbok et al. recorded SD in a cohort of poor grade ICH patients in whom hematoma evacuation was performed.⁴⁴ Helbok et al. reported the highest SD incidence rate in humans with ICH so far (67%). An increasing hemorrhage volume in ICH is thought to increase the risk of SDs through the extracellular accumulation of $K^{+,44}$ Since SD facilitates dendritic beading, neuronal swelling, and cytotoxic edema, SD might aggravate or even induce edema formation in the perihematomal brain tissue of ICH patients.⁴⁴ A therapeutic approach of SD might decrease SD edema expansion.

Migraine with aura

It has been suggested that SDs are responsible for MA in the human visual cortex by showing a retinotopic visual percept induced by SD during α ura⁴⁵ supported by MRI-BOLD studies⁴⁶ and various animal models.47–49 There is evidence that SD activates the trigeminovascular system, hence provoking headache.⁵⁰ In patients with MA, episodic dysbalance of excitation and inhibition and a hyperactivity of cortical circuits have been proposed as a trigger of SDs ⁵¹ Even though MA is usually injurious and not associated with neuronal damage, spreading ischemia is hypothesized to be the underlying mechanism of migrainous stroke.¹³ The pharmacological modulation of SDs in MA can serve as a translational therapeutic model to other pathological settings.

Pharmacological targeting of SD

Today, an overwhelming body of evidence supports the concept that prevention of SD or containment of its expansion means less brain damage and is thus of the highest clinical relevance. Treating SD could improve functional outcome. An ideal treatment strategy for SD would have the potential for a pleiotropic effect by positively modulating several of the implicated pathophysiological mechanisms at once. However, energydepleted tissue complicates the therapeutic targeting that there are still only a few targets that can be successfully addressed by drugs.

Various strategies have been proposed against SD, among them (1) blocking SD initiation, (2) modulating of SD propagation, (3) reduction of SD amplitude, (4) deceleration of SD progression, (5) reduction of SD hemodynamic response, and (6) reversal of the inverse response. All of this can be achieved by addressing various target points, such as NMDA, GABA, AMPA, or opioid receptors and many more. The most effective substances that are applied in humans are ketamine and valproate (Table 1). An antagonism of inverse coupling has been achieved by vasodilators. A partial antagonist effect of adenosine, by shortening of the hypoperfusion, has been observed in SD in rodents. 52

While the present review focuses on pharmacological substances that inhibit SD, there are some additional strategies that have been investigated but will not be

" \downarrow " Means a reductive effect was observed after drug administration, "=" means no effect was noticed, and blank space means the parameter was not tested, ''"'' means that the examined parameter was increased after drug administration. Typical parameters under investigation are number, amplitude, propagation, threshold, duration, and frequency. Experimental settings and models are heterogeneous, comprising different animals (chicken, rat, cat, mouse, and swine) and various forms of SD induction (KCl and electrical stimulation). Among the most effective drugs are ketamine, MK-801, and topiramate.

addressed in depth. Hyperglycemia has been associated with a lower incidence of SD ^{53,54} Moreover, in experiments with KCl-induced SD, hypoglycemia was shown to prolong the SD but had no effect on amplitude, incidence, or propagation.⁵⁵ Hyperoxia has been shown to inhibit SD.^{56,57} Recently, transcutaneous vagus stimulation has been shown to be efficacious in reducing the susceptibility to KCl and electrically induced SD.⁵⁸

Methods

Although the treatment of SD is of high clinical importance, it is underreported in medical literature; the present review focused on the following answerable questions: (A) ''Which drugs have been tested against SD in vivo and in vitro?'' (B) ''How efficient are they in reducing incidence and characteristic features of SD?'' and (C) ''Is a translation into clinical practice feasible or imaginable?'' The search for evidence was performed in three databases: PubMed, Science Direct, and Web of Science. The search terms included variations on the condition (''spreading depression, spreading depolarization, cortical depression, anoxic depolarizations, peri-infarct depolarizations'') combined with treatment-related terms (''prevention, treatment, effect, reduction, inhibition, therapy'') and specific target points (''NMDA-, AMPA-, GABA-, opioid, serotonin-receptor, anesthetic, sedative, hypnotic, analgesic agents''). The search was limited to the English language and publications from January 1986 to the present (September 2017). For more details on the strategies used for each database, please contact the authors. The main inclusion and exclusion criteria (language and date) were applied during the screening of the titles and abstracts, whereas the other criteria (experiment type and animal) were addressed in full text review. A total of 138 articles were selected for full text review. Of these, 132 articles were selected for final inclusion. Various strategies have been

proposed to target and modulate SD. The properties of SD that have been targeted are the number, amplitude, propagation, threshold, duration, frequency, and hemodynamic response. Only articles that investigated a drug's effect on number, amplitude, propagation, threshold, duration, frequency, and pial diameter were selected for analysis.

Substances

NMDA receptor antagonists/agonists

NMDA receptor is the target of the most potent inhibitors of SD. We therefore discuss its pathophysiologic role as well as some representative agents.

The NMDA receptor is a heterotetrameric ionotropic glutamate receptor, and expression studies indicate that the functional receptor is composed of at least one NR1 subunit and one or more $NR2$ subunits.^{59,60} The highest affinity endogenous ligands of its agonist binding site are L-glutamate and aspartate. $61,62$ The NMDA receptor controls a non-selective cation channel (with permeability for Na⁺, K⁺, and Ca²⁺ ions) that is gated by Mg²⁺ in a voltage-dependent manner. In its activated state, this channel can be blocked by various competitive, noncompetitive, and glycine site-specific antagonists as well as others. Thus, NMDA receptor antagonists such as ketamine can interfere with SD initiation and expansion by increasing the threshold for K^+ and neurotransmitters, and its duration by reducing the influx of $Na⁺$ and Ca^{2+} .⁶³ The NMDA receptor has been hypothesized to play a definitive role in neurodegenerative conditions, neuronal death, and various brain disorders.^{64–68}

Failure of NMDA receptor antagonists in clinical trials

The concept of glutamate-induced excitotoxicity served as rationale for the integration of NMDA receptor antagonists into human trials. Although experimental studies have widely shown that the pharmacological blockade of ionotropic glutamate receptors reduces ischemic damage, clinical trials with classical AMPA and NMDA glutamate receptor antagonists have provided negative results. $69-71$ The main factors that are hypothesized to cause this failure are: $72-74$

- . Quality of the molecules (pharmacokinetic deficiencies, inability to reach effective concentrations in the penumbra, shot neuroprotective time window, inappropriate receptor subunit selectivity, high drug toxicity in humans.75
- \bullet Inequivalent doses compared to rodents⁷⁵
- Development of tolerance, 12 for example, upregulation of NMDAr
- . Side effects, among others, blocking of normal synaptic NMDA activity that promotes neuronal survival⁷⁶ and blocking of neurogenesis at different stages of recovery.75,77,78
- . Administration of NMDAr antagonists at a critical period after brain trauma exacerbates brain damage⁷⁸
- . Bad design of clinical trials

It is important to recognize that the relationship of the dose to produce inhibition of SD in humans is still unknown for those substances, and the effect on SD was not monitored in those studies. At that time, there was no certain evidence that SDs occurred in humans.

Therapeutic use of NMDA receptor antagonists might be a balancing act. It is known that NMDA receptor play a role in the recovery and neuroplasticity after brain injury.^{79–84} For example, >40 mg/kg/h s-ketamine inhibited ischemia-induced-neurogenesis,⁸⁵ but the doses tested in that laboratory study in rodents are approximately 10 times the magnitude of the doses used in humans. Long time therapy and high doses of NMDA receptor blocking may at some point interfere with the recovery of brain functions. For example, NMDA receptor agonist in a late phase after stroke facilitated recovery in rats.⁷⁹

One possible approach to modulating the NMDA receptor-mediated synaptic transmission in pathological conditions is to do so without altering the physiological excitatory transmission. For instance, Ifenprodil and its analogs block NMDA receptors in a voltage-independent manner without causing a significant reduction in the agonist potency. Ifenprodil's pharmacological profile includes the ability to increase the potency of ambient protons to block the NMDA receptors.⁸⁶ Since ischemic tissue is characterized by a reduction of pH (at approximately 6.5),⁸⁷ it has been hypothesized that because Ifenprodil acts on the proton

sensors, it may represent a means of optimizing the design of a new class of neuroprotectants that would target the NMDA receptor only in the pathological condition but not in physiological conditions. This is just one example of potential ''loopholes'' in the problem of the NMDA receptor.

A total of 42 articles that described tests of NMDA receptor agents were identified. These articles examined 24 NMDA receptor antagonists with respect to their efficacy in modulating or possibly even blocking the initiation, propagation, velocity, threshold, amplitude, and duration of spreading depolarizations (Table 2). The following NMDA receptor antagonists among others have received scrutiny: ketamine, Mk-801, phencyclidin, memantine, Glyx-13, NVP-AAM077, TCN 201, and Ro 25-698. Although most of these substances have been proven to modulate some of the characteristics of SD, only few can inhibit the induction of SD, for instance ketamine and MK-801.

Table 2 provides the insight that NMDA receptor is a key contributor to the propagation and initiation of spreading depolarizations and hence a potent target in the treatment of SDs. At the same time, NMDAr antagonism has so far not been successfully translated into clinical neuroprotection. More precisely, the table reveals that the number of SD is the most successful target (as evidenced in 36 articles),^{12,40,41,62,63,66–68,88–117} whereas an inhibitory effect on amplitude has only been described in nine articles.^{62,89,90,93,105,107,109,110,114} The threshold has only been under scrutiny in experiments, in which SD is electrically induced and was successfully increased in all of them. $\frac{63,91,97,118}{2}$

Ketamine. Resting on the premise that ketamine noncompetitively blocks the NMDA receptor and thus restricts the perimembranous cation flow thereby influencing SD, many randomized blinded experiments in vivo and in vitro have been conducted that have successfully demonstrated ketamine's potency. Effective dosages to affect SD incidence range from 2 mg/kg/h to $200 \text{ mg/kg/h}.^{12,66}$

Marrannes et al. demonstrated that ketamine causes a significant dose-dependent reduction of electrically induced SD in alfentanil-anesthetized adult rats. At a dose of 40 mg/kg, ketamine increased the SD threshold, decreased the propagation velocity, and decreased the duration of the accompanying extracellular DC, K^+ , and Ca^{2+} changes. At 80 mg/kg, the elicitation of SD was completely inhibited.⁶³ Amemori and Bures found that ketamine at a dose of 100 mg/kg blocked the occurrence of SD in rats, but the blockade induced by subsequent ketamine injections weakened and finally disappeared.¹² Rashidy-Pour et al.⁶² observed a similar outcome. Ketamine at 50 mg/kg indeed blocked the elicitation of SD. The blockade by the first ketamine

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injection lasted for 30–45 min. The blocking effect of subsequent injections gradually declined and was not recognizable after a fifth ketamine injection.⁶² Krüger et al.⁸⁹ studied the effect of $100 \mu M$ ketamine on the characteristics of a KCl-induced SD in parietal cortical slices of adult rats. He ascertained that ketamine significantly reduced the amplitude of the first SD peak and blocked the second SD peak when compared with the controls.⁸⁹ Hernándéz-Cáceres et al.⁴⁰ examined the ketamine-induced blockade of SD in pentobarbitalanesthetized rats and presented evidence that ketamine prevented the propagation of SD at 12 mg/kg and at higher doses. The blockade was maximal 20 min after the injection.⁴⁰ Our group, Sanchéz-Porras et al. used a gyrencephalic swine model to examine ketamine's effects against SDs. In this swine model, an intensivemedicine setting is recreated in which the animal is monitored for up to 30 h. The major results were that s-ketamine at the human equivalent maximum dose of 2 mg/kg/h decreased the KCl-induced SD spreading and had an effect on the amplitude of SD deflections, as well as on the duration and speed. Moreover, during infusion of this dose of ketamine, there was a sustained decrease in the hemodynamic response following SD. However, only at 4 mg/kg/h of ketamine could the SD induction and expansion be completely inhibited.⁹⁰ In another experimental setting, we found ketamine's influence on the vasculature during SD. We observed a decrease of contractility during oligemia but not under hyperemia.¹¹⁹

The experiments and clinical trials involving humans are particularly relevant. Kaube et al. 120 assumed that SD is pathophysiologically relevant for the genesis of the auras of migraines and thus investigated the question whether the aura experienced by some patients with familial hemiplegic migraine can be stopped by intranasal ketamine. In 5/11 patients, ketamine reproducibly reduced the severity and duration of the auras.¹²⁰ Hertle et al.⁴¹ documented an association between the relative β -frequency and SD. The relative b-frequency was suppressed up to 2 h prior to SD when compared to periods that were not followed by SD. An inverse correlation of the administration of ketamine with the occurrence of spreading depolarizations has been noted.⁴¹ Case reports document the effect of ketamine in two patients with traumatic brain injury and aneurysmal SAH (aSAH),⁶⁶ as well as a patient with perihematomal edema.⁶⁸ Another case report described a patient with aSAH who displayed a cluster of SDs under ketamine. The patient subsequently developed severe delayed ischemic strokes and died. 27 Most recently, our research group, Santos et al. described a suppressive effect of S-ketamine on SD in patients with aSAH (Santos et al., unpublished data). Sixty-six aSAH patients were prospectively monitored, including

ECoG. We retrospectively compared relevant collected variables of patients who received ketamine at any time $(n=33)$ vs. no-ketamine. A multivariable analysis including Poisson, negative binomial, and linear mixed models were performed to show the effect of ketamine on SD incidence and characteristics. On patient level, the mean dose of 2.81 mg/kg/h ketamine started at a mean of 4.6 days after ictus for a mean of 8.1 days was not enough to show significant differences between groups in the total monitoring time of 17 days. But upon analyzing hourly data and considering when ketamine was given or not, we found a clear effect of SD incidence reduction and changes in its electrical characteristics. Doses above the recommended therapeutic range $(>=2 \text{ mg/kg/h})$ were more effective than therapeutic doses in SAH patients. A reduction of efficacy over the monitoring days in patients was not documented. In order to reach neuroprotection, our results favor a patient individualized ketamine schema with soon start of ketamine and adaptation of the dose to the patient's conditions, timing after ictus and to the detection of SDs.

Memantine. Memantine is an uncompetitive NMDA receptor antagonist that has been clinically approved for the treatment of Alzheimer's symptoms.^{121–123} This drug is already used as a migraine-preventive drug in clinical studies, and the results have been promising.^{124,125} Currently, positive effects of memantine on cognition in demented patients have been obtained.¹²⁶ Specifically, it has the potential to improve neuronal plasticity and learning in old animals 127 and an ability to enhance learning in rats with learning deficits caused by entorhinal cortex lesions.¹²⁸ Moreover, it has been observed that memantine reduced the frequency of auras as well as headache in migraneurs, which also suggests an association with SDs.¹²⁴ Memantine's pharmacological profile suggests that it has the capacity to block excessive activation of NMDA receptors without affecting normal signaling by the receptor and thus better preserves a critical balance.¹²⁹ Memantine's potential to modulate SD has until now only been subject of few experiments (Table 2). Experiments in an in vitro chicken retina model showed a concentration-dependent inhibition of NMDA-evoked SD. A dosage of $12.67 \pm 0.99 \,\mu\text{M}$ was required to achieve an inhibition of 50% of SD.¹²¹ Moreover, memantine showed a significant dose-dependent reduction of the number and amplitude of SD in rats at a dose of 10 mg/kg .¹⁰² However, its scientific status is equivocal. Srienc et al. tested memantine in rats in which the retinal vessels had been occluded by photothrombosis and observed no significant effect, but there was a trend towards a reduction of incidence.¹¹⁰ Recently, our group (Santos et al.) tested memantine at a dose of 1.5 mg/kg against KCl-induced SD in a gyrencephalic porcine model. An analysis using ECoG and IOS revealed that memantine applied within the therapeutic range had no suppressive effect on SD. Nevertheless, the amplitude and duration were reduced after the eighth stimulation, at which time the memantine blood concentrations were 200 to 300% of the therapeutic range. A possible reason for these observations might be that the increased potassium concentration of the 11 mM preconditioning reduced the efficacy of NMDA receptor antagonists to suppress SD. In vivo experiments in rats suggest that an increased extracellular K^+ concentration reduce the efficacy of NMDA receptor antagonists to suppress SDs ¹³⁰

MK-801. MK-801 is a well-characterized, potent, and selective NMDA receptor antagonist that has been tested for the suppression of cortical and retinal SD in various in vivo and in vitro experiments on rats, cats, and chickens (Table 2). A complete blockade of the elicitation of SDs is in the range of $2-3$ mg/ kg,62,63,91,100,131 but experiments such as those conducted by Nellgard and Wieloch showed that even smaller dosages such 0.10 mg/kg inhibited mechanically elicited $SD.⁹²$ A potency of MK-801 has also been observed by numerous other investigators.^{93,95,98,108}

Although it is a sufficiently potent inhibitor of SD that it is often used as a positive control in experiments, MK-801 has various reported side effects: MK-801 induces marked regional alterations in the local cerebral glucose utilization in rats,¹³² and a dose of $0.2 \text{ mg}/$ kg has been reported to be sufficient to alter object recognition memory.¹³³ Recently, repetitive MK-801 administration has also been documented to induce structural changes that resemble schizophrenia and a dementia-like degeneration in the rat brain.¹³⁴ At a dose of 0.1 mg/kg, MK-801 also exhibits anxiolytic and antinociceptive effects in primates, 135 which raises the question whether it must be considered for further studies.

Magnesium. Magnesium's multifaceted pharmacological profile includes neuroprotection. Experiments in rodents have shown that the infarct size after MCAO can be reduced by an application of magnesium.^{136,137} Despite these promising results, clinical randomized controlled trials in which magnesium was used as an intervention in acute stroke demonstrated neither neuroprotection nor reduced death or disability.¹³⁸ Recently, Yamamoto et al. investigated a potentially preventive effect of continuous cisternal irrigation with MgSO₄ on the cerebral vasospasms associated with SAH in a randomized controlled trial but found no protective effect on delayed cerebral ischemia nor on the clinical outcome.¹³⁹

Neurophysiologically, magnesium has versatile effects including the inhibition of intracellular Ca^{2+} influx and blocking the NMDA-activated channels.¹⁴⁰ Magnesium's neuroprotective properties and physiological profile provide a rationale for various trials to examine its potential to inhibit SD (Table 2).

Shibata and Bures showed magnesium's potential to inhibit KCl-induced reverberating SD in rats.¹¹³ van der Hel et al.⁹⁹ similarly observed a significant reduction of the frequency, a delay of the latency and a significant blockade of the generation of KCl-induced SD in rats at 90 mg/kg. Magnesium's inhibitory potential was also observed in in vitro chicken models.^{111,112} More recently, our group, Santos et al. investigated magnesium's effect against SD in the gyrencephalic swine model. A local administration and an intravenous bolus of MgSO4 were tested. Local application of a dose of 10 mmol/LMgSO_4 significantly reduced the amplitude of the oligemic response of SD. In contrast, an intravenous application did not alter SD, which indicates that the blood–brain permeability, high renal elimination, and low bioavailability need to be considered when examining magnesium's therapeutic potential against SD.¹¹⁴ The same principle can be applied for most therapeutic agents.

Further noncompetitive NMDA receptor antagonists: Phencyclidine, 2-APH, AP5, CGS 19755, CGP 40116, CGP 43487, ACEA 1021, ZD9379, L-707, 324, Glyx-13, KYNA, NVP-AAM007, TCN-2001, ifenprodil, Ro 25-6981, CP-101,606, UBP141, 3PPP, BD-1063, loperamid, spiperone, and 4-IBP.

Various non-competitive NMDA receptor antagonists have been tested against SD. Some will be presented in detail in this section. For more details, see Table 2.

Lauritzen and Hansen 91 and Marrannes et al.⁶³ observed that DL-2-amino-7-phosphonoheptanoic acid suppressed the incidence of electrically induced SD in rats at a dose of 10 mg/kg, whereas a much higher dose of 160 mg/kg of 2-APH is required to reach complete suppression.

The competitive NMDA-receptor antagonists CGS 19755 (cis-4-phosphonomethyl-2-piperidine carboxylate), CGP 40116 $(D-(E)-2-amin-4-methyl-5-phos$ phono-3-pentenoic acid), and its carboxylester CGP 43487 have been shown to inhibit the elicitation of mechanically induced SD in the rat cortex at doses of 0.75 mg kg^{-1} , 0.25 mg kg^{-1} , and 1.50 mg kg^{-1} , respectively.⁹²

Since the NMDA receptor channel complex contains a glycine recognition site that must be occupied for activation, it can be hypothesized that antagonism of the glycine site might counteract SD. ACEA 1021 (5 nitro-6,7-dichloro-1,4-dihydro-2,3-quinoxalinedione) minimized cerebral infarct volumes.141,142 Martin et al.⁸⁸ examined ACEA-1021 for its influence on the threshold and propagation rate of electrically induced SD. Although the threshold was unaffected, a dosedependent deceleration of SD was noted. The elicitation of SD was not inhibited by ACEA 1021 at any dose.88

ZD9379 is a soluble, potent, bioavailable full antagonist at the glycine site. 116 It reduced the number of SDs and the infarct size in rats with a permanent MCAO at a dose of 5 mg/kg according to Tatlisumak et al.¹⁴³

L-707, 324 is a high affinity antagonist at the glycine site of the NMDA receptor that has shown in vivo potency against seizures.¹⁴⁴ Its effectiveness against SD has been investigated by Obrenovitch and Zilkha. 95 A dose of 10 mg/kg was required to block the induction of SD, whereas 5 mg/kg was sufficient to completely inhibit propagation, but the effect on SD was rather moderate compared to that of a classical inhibitor as MK-801.

Glyx-13 is an NMDA-receptor modulator with glycine-site partial agonist properties that recently has been shown to produce rapid antidepressant responses.¹⁴⁵ Its physiological profile permits Glyx-13 to act as an agonist of the NMDA receptor in the absence of saturating D-serine while acting as an antagonist at high concentrations of D-serine. During SD, which elicits the release of high levels of glutamate and D-serine, GLYX-13 is likely to act as an antagonist that would prevent the over-activation of NDMA receptors.146,147 Its interaction with SD has only recently came under the spotlight. Glyx-13 has been observed to increase the refractory period of hippocampal rat SD, to limit the propagation of SD, and to reduce the amplitude of the negative field potential shift and restored the dendritic spines.¹⁴⁸ Since Glyx-13 is not an NMDA receptor antagonist, but rather an allosteric modulator, therapeutic application could be facilitated because the side-effects of NMDA receptor channel blockers would be avoided.

Kynurenines, and particularly the endogenous kynurenic acid, exhibit a strong modulatory potential on the neuronal structures in the brainstem, which may play a crucial role in the pathogenesis of migraine.¹⁴⁹ Kynurenic acid suppresses $SD^{107,150}$ and the precursor L-kynurenin also suppresses SD waves and reduced c-fos immunoreactivity and neuronal nitric oxide synthase, which are associated with SD as well as with migraines.150–153 A therapeutic use is improbable because Kynurenic acid facilitates pathological pathways¹⁵⁴ and is involved in the development of manic or psychotic symptoms.¹⁵⁵

GluN2A, GluN2B, and GluN2C/2D: Specific NMDA antagonists against SD. The GluN2A-selective NMDA receptor antagonist NVP-AAM077 reduced the amplitude and propagation rate of KCl-induced SDs in chicken retina,^{105,109} 30-fold more potent than MK-801. To a slightly lesser extent, the GluN2A-specific antagonist TCN2001 also reduced the amplitude and deaccelerated SD in the chicken retina.¹⁰⁹ Contrasting results for TCN-201 in chick retina were found by Shatillo et al., who used BOLD fMRI to examine the drug's effect against SD but found no inhibitory effect.¹⁰⁸

Ro 25-698, a GluN2B-selective receptor antagonist, reduced the amplitude to 51.1% of the initial values at a concentration of 10 mmol/L^{105} in chicken retina, and similar inhibitory potential was documented in KClinduced SD in rats.¹⁰²

CP-101,606, a GluN2B-selective receptor antagonist, prevents the death of rat hippocampal neurons¹⁵⁶ and reduces the size of infarcts caused by subdural hematoma in rats.¹⁵⁷ Nevertheless, CP-101,606 was ineffective against SD in Wang et al.'s chicken retina model.¹⁰⁵ Different results were obtained by Peeteres et al. who described a dose-dependent reduction in the SD numbers and amplitude.¹⁰² Similarly, Menniti et al.¹¹⁷ observed that CP-101,606 inhibited SD generation at a dose of 2.25 mg/kg bolus $+ 2.25$ mg/kg/h intravenous infusion. Additionally, the amplitude and propagation velocity were also decreased in a dose-dependent manner.¹¹⁷

Sigma site antagonists/agonists against SD. Sigma receptors can be found throughout the body and CNS , 158,159 and the evidence suggests that sigma ligands are associated with neuroprotection.^{160–162} The exact role of sigma receptors in the pathogenesis of SD is yet to be elucidated.

We reviewed five sigma site-specific NMDA receptor antagonists BD-1063, 3PPP, 4-IBP, carbetapentane, and dextromethorphan.

Anderson and Andrew tested carbetapentane and dextromethorphan against KCl-induced SD in rat brain slices. Both drugs at a dose of $100 \mu M$ blocked the generation of SD and prevented the tissue swelling that usually follows SD.¹⁰¹ Moreover, Anderson and Andrew examined 4-IBP, a ζ R agonist that has only insignificant cross reactivity at the NMDA receptor sites compared to other sigma agonists.¹⁶³ 4-IBP showed a blocking effect against KCl-induced SD in rodents at a dose of $100 \mu M$, but did not prevent the secondary swelling.¹⁰¹ Another ζR agonist that has an inhibitory effect against SD is SK&F 10047, which showed a dose-dependent inhibition of the incidence of KCl-induced SD in rats. 94 In contrast, the ζ 1 R antagonists BD-1063 and (+)-3-PPP had no inhibitory effects on the KCl-induced SD in rat brain slices.¹⁰¹

Anesthetic, sedative, hypnotic, and analgesic agents

SD susceptibility is modulated by general anesthetics.^{118,167–171} An anesthetic agent that combines effectiveness against SD and clinical applicability is sevoflurane. To our knowledge, sevoflurane has been tested against KCl-induced SD only by Kitahara et al.¹⁶⁸ in rats. A dose-dependent reduction in the frequency and a dose-dependent increase in the DC current have been observed, whereas the number, amplitude, and duration of SD seemed to be unaffected.¹⁶⁸

Isoflurane has been examined in six studies with ambiguous results. Similar to most volatile anesthetics, isoflurane acts via various mechanisms and affects different channels and receptors at various levels of the brain. Muscle relaxation is likely induced by isoflurane's potentiation of glycine receptor activity. Moreover, it antagonizes NMDA receptor and affects the calcium ATPase, ATP synthase, and GABA receptors. Importantly, isoflurane has various adverse effects, such as hypotonia and cardiodepression. Additionally, isoflurane has been associated with neurodegeneration, promotion of apoptosis, and an increase of the amyloid beta protein levels that are associated with Alzheimer's disease.¹⁷² Currently, volatile alternatives as sevoflurane are preferred over isoflurane for clinical use. A protective effect of isoflurane against the initiation of SD has been described in various experiments.168,169,173,174 Specifically, there is evidence for isoflurane's potential to suppress the SD frequency^{168,173} and to reduce the propagation speed, 173 whereas the amplitude of SD seems to be unaffected by this agent.¹⁶⁸

The exact mechanisms by which anesthetics inhibit are yet to be clarified, but may involve their ability to partially antagonize the NMDA receptor. For instance, isoflurane has been associated with a reduction of neuronal depolarization as a reaction to a glutamate and $NMDA$ application¹⁷⁵ and can even reduce the mean open time of the NMDA channel.¹⁷⁶

Further anesthetic agents that have been tested against SDs but were proven to be either ineffective or only to have a modulatory effect at doses that could never be applied in humans include dexmedetomidine, $1^{73,177}$ benzocaine, 1^{81} debucain, 1^{78} lidocaine, 1^{79-181} midazolam, 41 equithesin, 182 and thionembutal.¹⁶⁷

Table 3 provides the insight that most anesthetic agents exert little or no influence against SD; hence, future investigation should focus on more promising substances. Table 3 shows that none of the potential characteristics of SD (number, amplitude, duration, frequency, and propagation) is a successful target for anesthetic substances. Although three articles show some inhibition against the number of SD,^{104,169,174} the majority describes no inhib-

ition, $41,167-169,171,179,182,183$ or even an increased amplitude after drug administration. 41 Even more ambiguous results are observed for the effect on frequency. While three articles describe an inhibition, $167,168,173$ two describe an increase.^{168,184} Duration^{168,173,184} has not been affected by any tested anesthetic drug.

Anti-migraine drugs

There is evidence that SD plays a causative role in all migraine types, including migraine without aura.¹⁸⁵ First, the phenomenological resemblance (e.g., velocity, hyperexcitability and electrocorticogram suppression) between SDs and the scintillating phenomenon that can be observed during migraine supports that SD is the electrophysiological mechanism for the migraine aura.¹⁸⁶ Second, chronic administration of antimigraine drugs has been shown to have an inhibitory effect on SD. $\overline{50}$ Third imaging studies of migraine with aura.45,46,187,188 The resulting hypothesis that SD suppression may be a function of anti-migraine drugs has been fueled by new discoveries. In particular, the antimigraine effect of vagus stimulation (that has been successfully applied against migraine^{189–191}) has recently been tested in the context of SD by Chen et al.⁵⁸ He observed an inhibitory effect of noninvasive as well as direct stimulation against KCl-induced SD in rats.⁵⁸

In contrast, SD-blocking substances have come under scrutiny for a potential anti-migraine effect. Ketamine, a proven blocker of SD, has been shown to stop the neurological aura symptoms in some patients but had no effect on the headache.¹²⁰

Many migraine drugs from different pharmacological classes have been tested against SD so far,50,97,102,110,179,185,192–207 and topiramate and flunarizine were most effective since they exerted an inhibitory effect in all of the revised studies.

Valproate

Valproate was originally used as an anticonvulsant and has a multifaceted action spectrum: it inhibits voltagedependent sodium channels and T-type calcium currents, augments the action of glutamic acid decarboxylase, and modulates the extracellular signalregulated kinase pathway.²⁰⁸ Evidence supports its efficacy in migraine prevention and acute migraine therapy.209 Approximately one to three months of valproate or topiramate treatment additionally suppress cortical hyperexcitability in migraineurs.^{210–212} Currently, valproate is a promising substance for the therapy of SD. A recent study by Ayata et al.⁵⁰ investigated the efficiency of topiramate, valproate,

effect. Experimental settings and models are heterogeneous, comprising different animals (chicken, rat, rabbit, and swine) and various forms of SD induction (KCl and electrical stimulation).

Table 3. Continued

Continued

propranolol, amitriptyline, and methysergide against SD. Chronic daily application of these agents correlated with a dose-dependent deceleration of SD by 40% to 80% and a reduction of susceptibility whereas a single dose was ineffective.⁵⁰ Further studies support the idea that chronical application is effective,^{185,202} while some groups report no effect at all. 179

Tonabersat

Tonabersat is a novel putative migraine prophylactic agent with a unique stereospecific binding site in the brain. In animal models, tonabersat has shown an inhibitory potential against SD and cerebrovascular responses to trigeminal nerve stimulation.²¹³ With respect to its efficacy in humans, tonabersat failed to significantly reduce the number of headache days in migraineurs when compared to placebo, but it is usually well tolerated.²¹⁴ With respect to its effect against SD, we found positive preliminary results, showing a potential to reduce the number of SD ,^{192–194} to decelerate SD^{192,194} and to modulate hemodynamic response.¹⁹³

Topiramate

Topiramate is generally used as an anticonvulsant for epilepsy. Pharmacologically, topiramate positively modulates the GABA ^A receptors. GABA ^A receptors are pentameric ligand-gated ion channels that are involved in neuropathic pain and migraine among other effects and consequentially constitute a therapeutic target.^{215–218} In regard to efficacy against SD, there are promising results.

Ayata et al.⁵⁰ showed that 60 and 80 mg/kg/day of topiramate reduced the number of SDs by 30% and 50%, respectively, whereas 40 mg/kg/day was ineffective. Furthermore, an almost complete abolishment of SD was observed after 17 weeks of topiramate treatment, whereas 1 week of treatment even at a high dose (80 mg/kg/day) had little effect, which suggests that a sustained treatment is necessary for a significant suppression.⁵⁰ Moreover, a suppressive effect on SD frequency and propagation¹⁹⁶ and a modulatory effect on hemodynamic response¹⁹⁵ have been reported.

Other modulators of the GABA ^A receptor, such as TPA023, NS11394, and SL651498, have been documented to exert some inhibition against SD in an in vitro chicken model,²¹⁹ suggesting that $GABA_A$ receptors, especially the α 2 subtype, might be a responsive therapeutic target.

Flunarizine

Flunarizine is a large hydrophobic fluorinated piperazine derivative that is used in the prophylaxis of

Table 4. Review of the effect of anti-migraine drugs against SDs. Table 4. Review of the effect of anti-migraine drugs against SDs.

". "," Means a reductive effect was observed after drug administration, "=" means no effect was noticed, and "↑" means that the tested parameter was increased by drug. Typical parameters under investigation are effect was flunarizine, sumatriptan, and propranolol. Experimental settings and models are heterogeneous, comprising different animals (chicken, rat, and cat) and various forms of SD induction (KCl and electrical

stimulation).

Table 4. Continued

Table 5. Review of the further substances that have been tested against SDs. Table 5. Review of the further substances that have been tested against SDs.

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Table 5. Continued

Table 5. Continued

''#'' Means a reductive effect was observed after drug administration, ''¼'' means no effect was noticed, and ''"'' means that the tested parameter was increased by drug. Typical parameters under investigation are number, amplitude, propagation, threshold, duration, frequency, IOS area, and pial diameter. Most substances show little or no effect. Experimental settings and models are heterogeneous, investigation are number, amplitude, propagation, threshold, duration, frequency, IOS area, and pial diameter. Most substances show little or no effect. Experimental settings and models are heterogeneous, comprising different animals (chicken, rat, mouse, and cat) and various forms of SD induction (KCl and electrical stimulation). comprising different animals (chicken, rat, mouse, and cat) and various forms of SD induction (KCI and electrical stimulation) \overline{a}

migraine.220–224 Flunarizine possesses neuronal calcium channel blocking activity.²²⁵ In contrast to other Ca²⁺entry blockers, flunarizine does not modify the myogenic activity of vascular smooth muscle.¹⁹⁸ This particularity is important because it implies that flunarizine can render cells unresponsive to vasoconstrictive stimuli, without interfering with the normal control of tissue perfusion.¹⁹⁸ Evidence also exists for its efficacy against SD. Certain investigators only observed Flunarizine's effects on hemodynamic response of SDs, but not on the characteristics of SDs , $200,226$ while other investigators observed Flunarizine's effect on hemodynamic response as well as SD characteristics.^{97,199}

Flunarizine's suppressive effect on the number of SDs might originate from a blockade of L-, N-, and P/Q-type voltage-gated Ca^{2+} channels²²⁷ and flunarizine's shortening effect on duration may be attributed to its inhibitory effect on the cortical hypoperfusion induced by SD.²²⁶

Sumatriptan

Sumatriptan is effective in migraine by acting on the serotonin system. Its effects are mediated through vasoconstriction and blockade of neurologic inflammation. Few experiments on sumatriptan's inhibition of SD have been performed. A dose-dependent reduction of the numbers and amplitude and a deceleration of KCl-induced SDs in isolated chicken retinas at a dosage from 0.05 to 2.00 mM^{205,228} was observed in the late 1990s, while more recently published studies support these observations.^{110,204} However, the scientific status of this agent is ambivalent, and some studies observed no reductive effect on SD.194,203,229

Additional anti-migraine drugs that were effective against SDs are lamotrigine,¹⁸⁵ riboflavin,¹⁸⁵ methylsergide,^{50,205} amitryptoline,⁵⁰ and propranolol,^{50,205,206} but only a few experiments exist. Various anti-migraine agents have shown no effects against SD. Among these are dihydroergotamine,¹⁷⁹ ergotamine,²⁰⁵ clonidine,²⁰⁵ lisuride,²⁰⁵ iprazochrome,²⁰⁵ isoprenaline,²⁰⁷ and amylnitrite.²⁰⁷

Table 4 provides the insight that, to date, a variety of in vivo and in vitro models suggest that prophylactic drugs are effective against SD if applied chronically over a long period of time.179,193,205 These substances need to be tested in adequate dosages and in further settings. Table 4 shows that the most successful target of anti-migraine drugs is SD number,50,110,192–195,197–199,204,205 while amplitude and propagation show ambiguous results. Especially, propagation is reported to be increased by certain anti-migraine drugs.192,194

Further agents tested against SD

In addition to the substances discussed above, we reviewed 54 other articles and identified 60 more substances that had been tested against SDs. Among them are AMPA receptor antagonists, ion channel blockers, cannabinoid receptor agonists, and various other agents such as *garlic extract* and *shrimp carotenoid*. The diversity of anti-SD substances underlines the complexity of SD and indicates that more research is necessary.

Table 5 shows that some of the substances that are less known for an inhibitory effect against SD (naloxone,^{230,231} GYKI 52466,^{232,233} sulpiride,²³⁴ and $THC²³⁵$) show potential to reduce SD number, propagation, and duration and must not be forgotten.

Conclusions

The most effective group of drugs that are effective to block SD incidence and characteristics are NMDAr antagonists. Still, a refinement of the glutamate receptor antagonist therapy is necessary, including more subtype selectivity or a plural inhibition of glutamate excitotoxicity.

Neuroprotection using SD as a target must be scrutinized in more realistic scenarios, rather than animal models that do not translate to the human gyrencephalic brain, because neither of the strategies tested using them could be translated into the clinic. We have to consider not interfering with neuronal survival and neurogenesis, important factors in the rehabilitation of the patients.

Different from other neuroprotective targets, targeting SD can be finely adjusted and individualized, because we have the possibility to measure SDs in real time using ECoG.

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