





Novel Polymyxin Combination with the Antiretroviral Zidovudine Exerts Synergistic Killing against NDM-Producing Multidrug-Resistant *Klebsiella pneumoniae*

Yu-Wei Lin,^a Nusaibah Abdul Rahim,^b Jinxin Zhao,^a  Mei-Ling Han,^a Heidi H. Yu,^a Hasini Wickremasinghe,^a Ke Chen,^a Jiping Wang,^a David L. Paterson,^c  Yan Zhu,^a Gauri G. Rao,^d Qi Tony Zhou,^e Alan Forrest,^d Tony Velkov,^f  Jian Li^a

^aMonash Biomedicine Discovery Institute, Infection and Immunity Program and Department of Microbiology, Monash University, Clayton, Victoria, Australia

^bSchool of Pharmacy, Taylor's University, Subang Jaya, Selangor, Malaysia

^cThe University of Queensland, UQ Centre for Clinical Research, Brisbane, Queensland, Australia

^dDivision of Pharmacotherapy and Experimental Therapeutics, Eshelman School of Pharmacy, The University of North Carolina, Chapel Hill, North Carolina, USA

^eDepartment of Industrial and Physical Pharmacy, College of Pharmacy, Purdue University, West Lafayette, Indiana, USA

^fDepartment of Pharmacology and Therapeutics, The University of Melbourne, Melbourne, Victoria, Australia

ABSTRACT Polymyxins are used as a last-line therapy against multidrug-resistant (MDR) New Delhi metallo- β -lactamase (NDM)-producing *Klebsiella pneumoniae*. However, polymyxin resistance can emerge with monotherapy; therefore, novel strategies are urgently needed to minimize the resistance and maintain their clinical utility. This study aimed to investigate the pharmacodynamics of polymyxin B in combination with the antiretroviral drug zidovudine against *K. pneumoniae*. Three isolates were evaluated in static time-kill studies (0 to 64 mg/liter) over 48 h. An *in vitro* one-compartment pharmacokinetic/pharmacodynamic (PK/PD) model (IVM) was used to simulate humanized dosage regimens of polymyxin B (4 mg/liter as continuous infusion) and zidovudine (as bolus dose thrice daily to achieve maximum concentration of drug in broth [C_{max}] of 6 mg/liter) against *K. pneumoniae* BM1 over 72 h. The antimicrobial synergy of the combination was further evaluated in a murine thigh infection model against *K. pneumoniae* 02. In the static time-kill studies, polymyxin B monotherapy produced rapid and extensive killing against all three isolates followed by extensive regrowth, whereas zidovudine produced modest killing followed by significant regrowth at 24 h. Polymyxin B in combination with zidovudine significantly enhanced the antimicrobial activity ($\geq 4 \log_{10}$ CFU/ml) and minimized bacterial regrowth. In the IVM, the combination was synergistic and the total bacterial loads were below the limit of detection for up to 72 h. In the murine thigh infection model, the bacterial burden at 24 h in the combination group was $\geq 3 \log_{10}$ CFU/thigh lower than each monotherapy against *K. pneumoniae* 02. Overall, the polymyxin B-zidovudine combination demonstrates superior antimicrobial efficacy and minimized emergence of resistance to polymyxins.

KEYWORDS *Klebsiella pneumoniae*, drug repurposing, polymyxins, zidovudine

Antimicrobial resistance is a significant threat to human health globally (1). Multidrug-resistant (MDR) New Delhi metallo- β -lactamase (NDM)-producing *Klebsiella pneumoniae* has been highlighted by the World Health Organization (WHO) as a priority pathogen that poses critical need of new antibiotics (1, 2). Polymyxins (i.e., polymyxin B and colistin) are increasingly used as a last-line therapy for infections caused by NDM-producing MDR *K. pneumoniae* (3–5). After intravenous administration, polymyxin B and colistin display poor pharmacokinetics/pharmacodynamics in the lungs (6–8), potentially due to the binding to lung surfactant (9, 10). Furthermore, polymyxin monotherapy can lead to regrowth, which is particularly problematic in

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Address correspondence to Jian Li, jian.li@monash.edu.

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TABLE 1 MICs of polymyxin B (PMB) and zidovudine (ZID) for NDM-producing *K. pneumoniae*^a

MDR strain	Polymyxin susceptibility	PMB MIC (mg/liter)	ZID MIC (mg/liter)
<i>K. pneumoniae</i> ATCC BAA 2146	S	0.5	64
<i>K. pneumoniae</i> O2	S	0.5	2
<i>K. pneumoniae</i> BM1	S	0.5	1

^aAll isolates were polymyxin heteroresistant, which is defined as the existence within a polymyxin-susceptible isolate (MIC, ≤ 2 mg/liter), of subpopulations able to grow in the presence of 4 mg/liter polymyxin B (3, 16). All isolates were MDR, defined as nonsusceptible to ≥ 1 treating agent in ≥ 3 antimicrobial categories (53). There are no established CLSI or EUCAST breakpoints for polymyxin B and zidovudine against *K. pneumoniae*. EUCAST breakpoints for colistin were applied: Susceptibility and resistance to polymyxin B were defined as MICs of ≤ 2 mg/liter and > 2 mg/liter, respectively (42).

infections with high bacterial densities, such as pneumonia (3, 11, 12). Given the relatively high mutation frequency and dose-limiting nephrotoxicity of polymyxins (4), novel strategies are urgently needed to preserve their efficacy against life-threatening infections caused by NDM-producing MDR *K. pneumoniae* with minimal development of resistance (3, 13, 14).

The use of synergistic combinations of antibiotics with FDA-approved nonantibiotics has been proposed as a promising alternative to improve the clinical efficacy of polymyxins against these problematic MDR Gram-negative pathogens (13, 15–19). To date, a number of studies have shown that polymyxin B in combination with FDA-approved nonantibiotics drugs (e.g., ascorbic acid [20], benserazide [20], chloroxine [20], closantel [16], loperamide [21], tamoxifen [17], tegaserod [20], mitomycin C [20], mitotane [19], ivacaftor [15], and silver nanoparticles [18]) display synergistic killing activity against MDR *Pseudomonas aeruginosa* and *Acinetobacter baumannii*. However, only several studies investigated the efficacy of polymyxin combinations with nonantibiotic drugs against NDM-producing MDR *K. pneumoniae* (13, 17, 18). Zidovudine is a nucleoside reverse transcriptase inhibitor with activity against the human immunodeficiency virus (HIV) (22) and has also been shown to display antibacterial activity against *K. pneumoniae* (23–26). Zidovudine is purported to exert its antimicrobial activity via interfering with bacterial DNA replication (24, 27). Given that polymyxins permeabilize the outer membrane of Gram-negative pathogens (4), it is highly likely that polymyxin exposure enhances the antimicrobial activity of zidovudine by increasing the intracellular concentration, thereby allowing more zidovudine molecules to interact with their intracellular targets (13). The primary objective of this study was to investigate the pharmacodynamics of polymyxin B in combination with zidovudine against NDM-producing MDR *K. pneumoniae* using *in vitro* static time-kill, an *in vitro* one-compartment pharmacokinetic/pharmacodynamic (PK/PD) model (IVM), and a neutropenic mouse thigh infection model. Furthermore, a mechanism-based PK/PD model (MBM) was developed to characterize the time course and extent of synergic bacterial killing. This is the first preclinical PK/PD study to systematically examine the *in vitro* and *in vivo* PK/PD of the polymyxin-zidovudine combination to combat NDM-producing MDR *K. pneumoniae*.

RESULTS

MICs and *in vitro* static time-kill studies. MICs of polymyxin B and zidovudine are summarized in Table 1. All three studied clinical isolates were susceptible to polymyxin B with an MIC of 0.5 mg/liter. Figure 1 shows the static time-kill kinetics of polymyxin B and zidovudine alone and in combination. Polymyxin B monotherapy produced rapid and extensive bacterial killing within 1 h with ≥ 3 log₁₀ killing at 1 mg/liter and ≥ 6 log₁₀ killing at 8 mg/liter against all isolates. Despite the initial killing, significant bacterial regrowth was observed as early as 24 h at all polymyxin B concentrations examined; within 24 h, greater than ~ 4 log₁₀ regrowth was observed for all polymyxin B concentrations against all strains except *K. pneumoniae* ATCC BAA 2146 treated with 16 mg/liter polymyxin B. At 24 h, for the most polymyxin B-treated group, the bacterial regrowth approached that observed in the control group (Fig. 1). On the other hand, zidovudine monotherapy produced excellent bacterial killing with a reduction of ~ 2 to 3 log₁₀ CFU/ml within 3 h posttreatment. However, substantial bacterial regrowth

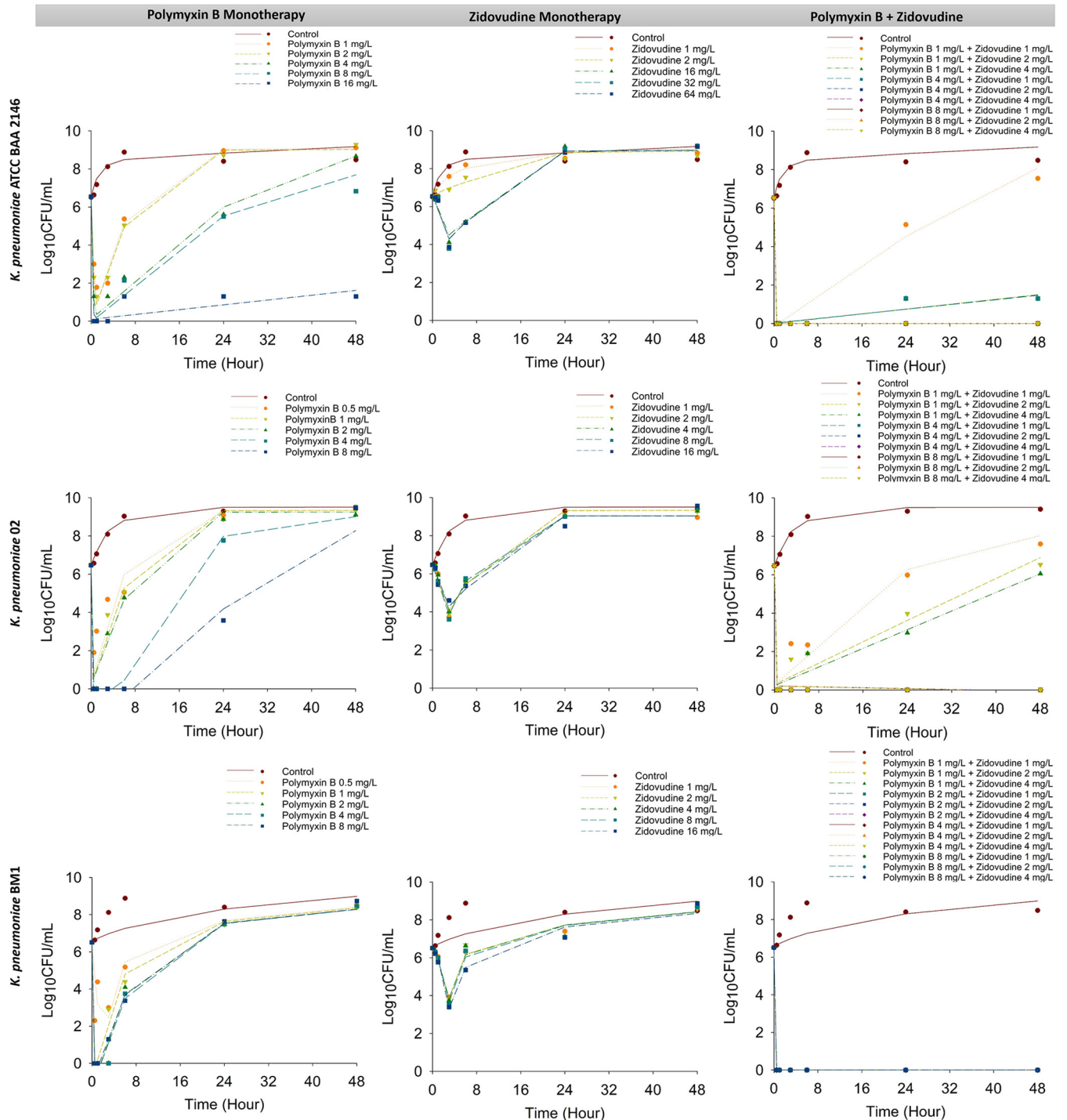


FIG 1 Static time-kill results for polymyxin B in combination with zidovudine against *K. pneumoniae* ATCC BAA 2146 (upper panel), *K. pneumoniae* 02 (middle panel), and *K. pneumoniae* BM1 (lower panel). Marks represent observed viable counts and lines represent individual fitted viable counts.

occurred across all strains and for all zidovudine concentrations. No significant differences in total bacterial counts were observed between treated and growth control groups at 24 and 48 h. The combination of polymyxin B (≥ 1 mg/liter) and zidovudine (≥ 1 mg/liter) significantly increased the extent of bacterial killing observed within the first hour by >5 log₁₀ CFU/ml and remained synergistic up to 48 h for all examined strains. Notably, the combination was able to delay the bacterial regrowth significantly compared with that of either polymyxin B or zidovudine as a monotherapy. Synergistic

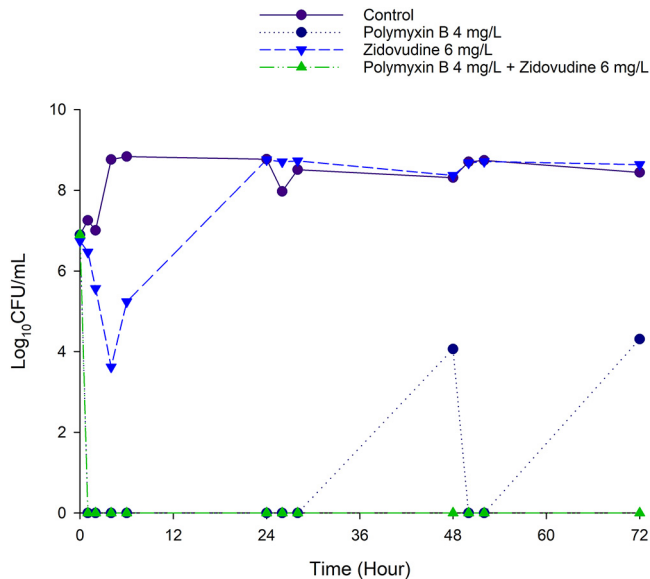


FIG 2 Killing kinetics of polymyxin B (4 mg/liter as continuous infusion) and zidovudine (bolus dose given 8 hourly to achieve C_{max} of 6 mg/liter) alone and in combination against *K. pneumoniae* BM1 in the IVM with an inoculum of $\sim 10^7$ CFU/ml.

bacterial killing was achieved with the lowest combination concentrations (i.e., 1 mg/liter polymyxin B and 1 mg/liter zidovudine) but was followed by significant regrowth for *K. pneumoniae* ATCC BAA 2146 and *K. pneumoniae* 02. Surprisingly, no regrowth was observed for *K. pneumoniae* BM1 even with the lowest combination concentrations. Overall, synergy was observed with all polymyxin B-zidovudine combinations against the three NDM-producing *K. pneumoniae* isolates over 48 h.

In vitro one-compartment PK/PD model. Figure 2 shows the IVM time-kill kinetics of polymyxin B and zidovudine alone and in combination against *K. pneumoniae* BM1 over 72 h. Polymyxin B monotherapy (4 mg/liter as continuous infusion) resulted in rapid and extensive bacterial killing within 0.5 h posttreatment that was sustained until 28 h. Despite good killing, $\geq 4 \log_{10}$ regrowth was observed at 48 h and 72 h. Zidovudine monotherapy (given as a bolus thrice daily to achieve maximum concentration of drug in broth [C_{max}] of 6 mg/liter) produced rapid and extensive killing with a reduction of $\sim 4 \log_{10}$ CFU/ml within 4 h followed by regrowth ($\geq 4 \log_{10}$) after 6 h. At 24 h, the antimicrobial activity of zidovudine monotherapy was completely diminished and the viable count was comparable to that of the growth control. The combination produced a rapid and extensive synergistic killing within 0.5 h and the total bacterial counts were below the limit of detection for the entire 72 h against *K. pneumoniae* BM1 (Fig. 2).

Mechanism-based PK/PD modeling of the mono- and combination therapy. A mechanism-based PK/PD model (MBM) was developed to describe the time course of bacterial dynamics (killing and regrowth) for both mono- and combination therapy (Fig. 3). The MBM described the pharmacodynamics well ($r^2 \geq 0.95$) for the observed versus individually fitted \log_{10} viable count for all three isolates (see Fig. S1 in the supplemental material). The MBM consisted of two to three subpopulations with different susceptibilities to polymyxin B and zidovudine and different initial inocula for the respective subpopulation. *K. pneumoniae* ATCC BAA 2146 and BM1 were described by two subpopulations (i.e., susceptible and resistant subpopulations for both antibiotics), whereas *K. pneumoniae* 02 was described by a three-subpopulation model (i.e., susceptible, intermediate, and resistant subpopulations for both antibiotics). For modeling purposes, the intermediate and resistant subpopulations were defined as subpopulations with a KC_{50} (the concentration of drug causing 50% of the maximum rate of killing [K_{max}]) greater than the KC_{50} of the susceptible subpopulation (see Table S1 in the

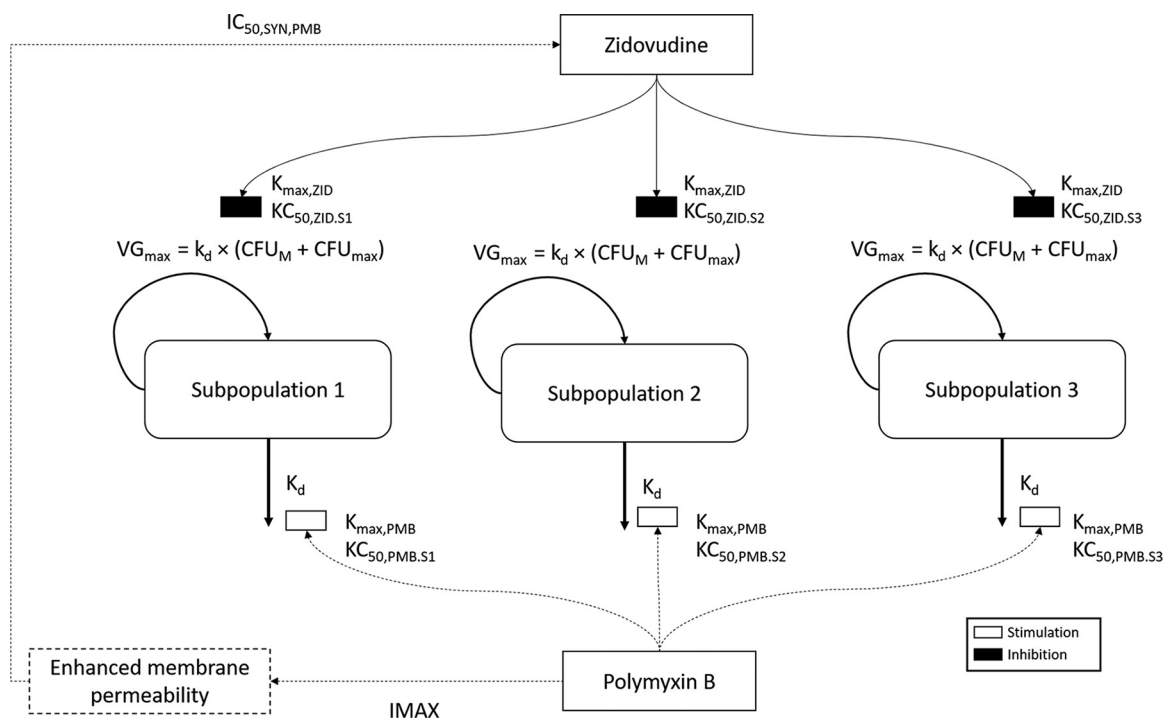


FIG 3 Mechanism-based model describing the killing activity of polymyxin B and zidovudine alone and in combination against NDM-producing *K. pneumoniae*. The parameters are presented in Table S1 in the supplemental material. Polymyxin B was assumed to enhance the rate of bacterial death based on the E_{max} model, while zidovudine was assumed to reduce the rate of bacterial growth by decreasing the VG_{max} of each subpopulation. Mechanistic synergy due to polymyxin B enhancing the intracellular concentration of zidovudine was expressed as a decrease in KC_{50} of the respective subpopulations with increasing polymyxin B concentration.

supplemental material). Subpopulation synergy was incorporated into the MBM by allowing the subpopulations to have different degrees of susceptibility to both zidovudine and polymyxin B. For *K. pneumoniae* ATCC BAA 2146 and BM1, subpopulations 2 and 3 were implemented, as they were susceptible to polymyxin B but resistant to zidovudine and vice versa. On the other hand, an intermediate subpopulation was needed for *K. pneumoniae* 02 to fully describe the data; hence, subpopulation 2 was implemented as intermediate to polymyxin B and resistant to zidovudine, while subpopulation 3 as resistant to polymyxin B and intermediate to zidovudine. The natural death rate constant (K_d) was assumed to be the same for all subpopulations within each isolate. In the current model, polymyxin B was assumed to increase the bacterial death rate constant using a maximum effect (E_{max}) model, and zidovudine was assumed to decrease the bacterial growth rate by acting on the maximal velocity of bacterial growth (VG_{max}) of each subpopulation. The maximal killing rate constants (K_{max}) of polymyxin B and zidovudine were assumed to be the same for all subpopulations. Mechanistic synergy due to polymyxin B enhancing the intracellular concentration of zidovudine was expressed as a decrease in $KC_{50,ZID}$ of the respective subpopulations with increasing polymyxin B concentrations. For all three isolates, the polymyxin B concentration required for half-maximal permeabilization of the outer membrane was estimated ($IC_{50,SYN,PMB}$, 0.5 to 10.8 mg/liter) (Table S1). The population mean parameter estimates of the final model were relatively precise and unbiased (Table S1).

Pharmacodynamics of polymyxin B and zidovudine mono- and combination therapy in a neutropenic mouse thigh infection model. Figure 4 shows the antimicrobial efficacy of polymyxin B (10 mg/kg thrice daily) and zidovudine (200 mg/kg thrice daily) mono- and combination therapy against NDM-producing *K. pneumoniae* 02 in a neutropenic mouse thigh infection model. At 24 h, both polymyxin B and zidovudine monotherapies led to increased bacterial burden by $\sim 1 \log_{10}$ CFU/

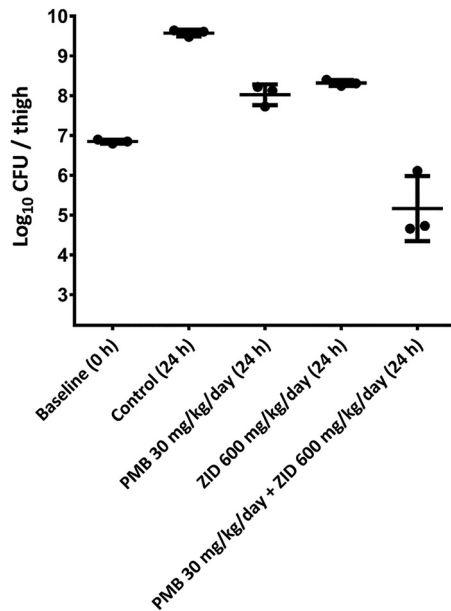


FIG 4 Efficacy of systemically administered polymyxin B (PMB) and zidovudine (ZID) mono- and combination therapy against NDM-producing *K. pneumoniae* 02 in a neutropenic murine thigh infection model. Data are mean \pm standard deviation ($n = 3$). The y axis starts from the limit of detection ($2.23 \log_{10}$ CFU/thigh).

thigh, compared with that of the growth control at 0 h. Polymyxin B (10 mg/kg thrice daily) in combination with zidovudine (200 mg/kg thrice daily) significantly increased the bacterial killing at 24 h by approximately $\geq 1 \log_{10}$ CFU/thigh killing compared with the control at 0 h or $\geq 3 \log_{10}$ CFU/thigh compared with each monotherapy at 24 h (Fig. 4).

DISCUSSION

The present study is the first to systematically examine the PK/PD of polymyxin B in combination with the antiretroviral drug zidovudine against NDM-producing MDR *K. pneumoniae* using static-time-kill, IVM, and murine thigh infection models. The concentrations of polymyxin B employed in the IVM are clinically achievable in patients following the currently recommended dosage regimens (5, 28). Zidovudine is an FDA-approved medication used to treat HIV (23, 29–31). The primary antiretroviral mode of action of zidovudine involves the inhibition of HIV reverse transcriptase (22). Zidovudine is also purported to exert an antimicrobial activity via interfering with bacterial DNA replication (24, 27). Total plasma concentrations of 1 to 4 mg/liter zidovudine are achieved in patients after standard dosage regimens (29, 32, 33). Super-therapeutic concentrations were employed for both polymyxin B and zidovudine in the static time-kill experiment (Fig. 1) for PK/PD modeling purposes, as well as to evaluate the clinical potential of intensive dosing.

Polymyxin B monotherapy was effective against all three NDM-producing *K. pneumoniae* isolates in the static time-kill studies (Fig. 1). However, the antimicrobial activity was diminished beyond 3 h and significant regrowth was observed by 24 and 48 h. Zidovudine monotherapy only produced modest antibacterial activity against all three clinical isolates within 6 h; however, this was followed by significant regrowth at 24 and/or 48 h (Fig. 1). This regrowth phenomenon was consistent with previous observations in which *Escherichia coli* and *Salmonella enterica* serovar Typhimurium developed zidovudine resistance after short-term exposure (27). Excitingly, the combination of polymyxin B and zidovudine displayed substantially enhanced antibacterial activity against all three NDM isolates. Early bacterial killing to the undetectable level was observed with the combination (e.g., 4 mg/liter polymyxin B and 1 mg/liter zidovudine)

against all three isolates (Fig. 1). As nephrotoxicity is a major dose-limiting adverse effect of intravenous polymyxin B in patients, dose escalation is not a viable option, and the synergy observed at the low clinically achievable concentration of polymyxin B (1 mg/liter) is ideal for optimizing the use of the combination in patients (5, 30, 34).

An MBM was developed for the three clinical isolates to evaluate and quantify the time course of bacterial killing by polymyxin B and zidovudine mono- and combination therapies (Fig. 3). The proposed MBM utilized a capacity-rated limited growth model, and polymyxin B was assumed to enhance the rate of natural death of bacteria, as previously reported (35). Zidovudine was assumed to slow the bacterial replication rate and was implemented in the model as a decrease in VG_{\max} . The final proposed MBM provided a satisfactory fit ($R^2 \geq 0.95$) (Fig. S1) and well described the time course of bacterial growth and killing due to mono- and combination therapies. The MBM incorporated both the subpopulation and mechanistic synergy to describe the enhanced antimicrobial activity of the combination therapy. Exclusion of either synergy mechanism resulted in a model that could not be estimated ($R^2 < 0.5$) (data not shown). Mechanistic synergy was incorporated in the MBM as an increase in the susceptibility of the respective subpopulation to zidovudine with increased polymyxin B concentrations (Fig. 3). Our proposed mechanistic synergy was supported by the mechanistic data from the polymyxin-mitotane combination against *A. baumannii* (36) and our fractional inhibitory concentration (FIC results) (see Figures S2 to S4 in the supplemental material). The increased permeability of the outer membrane was demonstrated by the decreased zidovudine MIC in the presence of increasing polymyxin B concentrations (Fig. S2 to S4). Subpopulation synergy was incorporated into the MBM by allowing the subpopulations to have different degrees of susceptibility to both zidovudine and polymyxin B. Further investigations are needed to directly quantify different bacterial subpopulations to describe their susceptibility to polymyxin B and zidovudine. Despite experimental and statistical evidence supporting the proposed mechanisms of synergy, systems biology studies are currently being conducted in our laboratory to elucidate the mechanisms of synergy and potential mechanisms of resistance. In-depth knowledge of the mechanistic killing and resistance mechanisms will allow us to refine our proposed model and subsequently facilitate the translation of this promising combination for future clinical applications.

Since the proposed MBM was developed based on static time-kill data, it is important to validate the model by assessing its ability to predict bacterial killing by the combination therapy in the IVM. In comparison with the static time-kill results, the IVM was able to closely mimic the PK of polymyxin B and zidovudine in humans. Through simulations, the model was capable of predicting the bacterial killing by the combination observed in the one-compartment IVM. In agreement with the observations in static time-kill data (Fig. 1), polymyxin B monotherapy (given as continuous infusion) was initially effective against *K. pneumoniae* BM1 but followed by regrowth, while zidovudine monotherapy (bolus dose every 8 h) produced modest killing and was associated with extensive regrowth. The polymyxin B-zidovudine combination was synergistic, and the total bacterial count remained below the limit of detection for 72 h (Fig. 2). Finally, our neutropenic mouse thigh infection results confirmed the *in vivo* antimicrobial synergy of polymyxin B in combination with zidovudine against *K. pneumoniae* (Fig. 4). *In vivo* studies are important for translational antibiotic dose optimization (37). The dosage regimen of polymyxin B was chosen based on its PK in critically ill patients and animal scaling (5), while the zidovudine dosage regimen was based on LD_{50} in rodents (38). In the murine thigh infection model, at 24 h, both polymyxin B and zidovudine monotherapy led to increased bacterial burden by $\sim 1 \log_{10}$ CFU/thigh, compared with those at 0 h (Fig. 4). Excitingly, antimicrobial synergy was detected with the combination at 24 h, with nearly 1 to 2 \log_{10} CFU/thigh reduction compared with the initial bacterial burden before the treatment (Fig. 4). Given the lack of a validated PK model describing the PK of zidovudine in mice (39), simulations to predict bacterial killing in mice using the MBM developed here were not performed.

Based on our previously published single-dose PK study (40), 30 mg/kg of body weight per day polymyxin B would achieve an area under the concentration-time curve

for the free, unbound fraction of a drug ($fAUC$) of 6.5, which is close to the $fAUC$ target of 8.2 ± 6.1 for $1 \log_{10}$ CFU/thigh reduction in a murine thigh infection model for isolates with polymyxin B MIC of 0.5 mg/liter. (Fig. 4). The combination of polymyxin B with zidovudine significantly enhanced the antimicrobial efficacy; in the presence of zidovudine, even a polymyxin B $fAUC$ of 6.5 was able to achieve $\geq 4 \log_{10}$ CFU/thigh reduction at 24 h in a murine infection model against NDM-producing *K. pneumoniae* 02 (polymyxin B MIC of 0.5 mg/liter) (Fig. 4). The PK/PD index of zidovudine remains unknown; therefore, the antimicrobial efficacy of zidovudine cannot be interpreted based on the PK/PD index targets. Overall, these results highlight the clinical potential of the polymyxin B-zidovudine combination to combat problematic infections caused by NDM-producing MDR *K. pneumoniae*. With future clinical data on zidovudine, our MBM can be combined with human population PK models to perform Monte Carlo simulations for rational optimization of the dosage regimens for the combination therapy in patients.

To the best of our knowledge, our study provides the first preclinical PK/PD evidence for the potential of polymyxin-zidovudine combination against NDM-producing MDR *K. pneumoniae*. This synergistic combination significantly enhanced antimicrobial activity and reduced bacterial regrowth. Further investigation in humans is warranted for the translation into clinical settings.

MATERIALS AND METHODS

Chemicals and bacterial strains. Polymyxin B (sulfate; batch number BCBD1065V; Sigma-Aldrich, Australia) solution was freshly prepared in sterile Milli-Q water before the experiments. Zidovudine (Sigma-Aldrich) was dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich) and then diluted with sterile Milli-Q water to ensure a final DMSO concentration of $\leq 5\%$ (vol/vol) (14). Three isolates of NDM-producing MDR *K. pneumoniae* were employed in this study. *K. pneumoniae* ATCC BAA 2146 is a polymyxin-heteroresistant strain from the American Type Culture Collection (Rockville, MD, United States) and was originally isolated from human urine. *K. pneumoniae* 02 and *K. pneumoniae* BM1 (formerly designated KP1 [41]) are polymyxin-heteroresistant clinical isolates.

MICs. MICs of polymyxin B and zidovudine were determined for all isolates using broth microdilution in cation-adjusted Mueller-Hinton broth (CAMHB; Mg^{2+} at 12.2 mg/liter and Ca^{2+} at 23.0 mg/liter; Oxoid, Hampshire, England) (3). The susceptibility and resistance to polymyxin B were defined as MICs of ≤ 2 mg/liter and > 2 mg/liter, respectively (42). There are no set clinical breakpoints for zidovudine against *Enterobacteriaceae* by either Clinical and Laboratory Standards Institute (CLSI) or European Committee on Antimicrobial Susceptibility Testing (EUCAST).

Static time-kill experiments. Static time-kill experiments were conducted to evaluate the antibacterial activity of polymyxin B and zidovudine alone and in combination against NDM-producing *K. pneumoniae* (3, 14). All experiments were performed with an initial inoculum of $\sim 10^6$ CFU/ml in 20 ml CAMHB in 50-ml pyrogen-free and sterile polypropylene tubes (Thermo Fisher, Melbourne, Australia). Polymyxin B and zidovudine monotherapy and its combination were evaluated over a range of concentrations (0 to 64 mg/liter), as illustrated in Fig. 1. Serial samples (50 μ l) were collected at 0, 0.5, 1, 3, 6, 24, and 48 h for viable bacterial quantification on nutrient agar plates, and the limit of detection was 20 CFU/ml (equivalent to one colony per plate). All bacterial samples were washed with 0.9% saline to minimize any potential drug carryover. At 24 h, the bacterial suspension was centrifuged at $3,400 \times g$ at 37°C for 10 min and resuspended in 20 ml CAMHB. A ProtoCOL automated colony counter (Symbiosis, Cambridge, United Kingdom) was used to quantify bacteria after a 24-h incubation at 37°C.

In vitro one-compartment PK/PD model experiment. An IVM was employed to examine the antimicrobial efficacy of polymyxin B and zidovudine alone and in combination against *K. pneumoniae* BM1 over 72 h (14, 43). Four reservoirs were employed, namely, (i) a control reservoir without any antibiotic; (ii) polymyxin B monotherapy; (iii) zidovudine monotherapy; and (iv) polymyxin B-zidovudine combination therapy. Each reservoir contained 80 ml of CAMHB and was maintained at 37°C. PK of polymyxin B in critically ill patients was mimicked in the IVM (5, 28). Polymyxin B was added into the diluent reservoirs and delivered as a continuous infusion to achieve a central reservoir concentration of 4 mg/liter. Zidovudine was added into the central reservoir every 8 h via bolus administration using an automated syringe pump (New Era Pump Systems, NY, USA) to achieve a C_{max} of 6 mg/liter. The same dosage regimens of each antibiotic were simulated for the combination therapy. Serial samples were collected from the reservoirs for viable counting at 0, 1, 2, 4, 6, 24, 26, 28, 48, 50, 52, and 72 h, and the limit of detection was 20 CFU/ml.

Mechanism-based PK/PD modeling of mono- and combination therapy. An MBM was developed based on time-kill data of polymyxin B and zidovudine mono- and combination therapy to describe the rate and extent of bacterial killing observed in the static time-kill studies. Bacterial cells were partitioned into three preexisting subpopulations with different susceptibilities to polymyxin B and zidovudine. The number of subpopulations necessary to describe the data was based on model discrimination performed using the Akaike information criterion (AIC) or the log likelihood ratio test (reported as $-1 \times \log$ likelihood in S-ADAPT), biological plausibility of the parameter estimates, visual inspection of the fitted function, and goodness of fit plots (35).

For each subpopulation, the rate of replication was modeled as capacity limited and dependent on the CFU at which the rate of replication is half-maximal (CFU_m) and the maximal velocity of bacterial growth (VG_{max}) (44). The VG_{max} was parameterized as

$$VG_{max} = K_d \times (CFU_m + CFU_{max}) \quad (1)$$

K_d is the natural bacterial death rate constant.

The total bacterial population is described by:

$$CFU_{total} = CFU_{S1} + CFU_{S2} + CFU_{S3} \quad (2)$$

K_d was characterized by as a first-order elimination rate constant. Polymyxin B and zidovudine killing activity was described by a sigmoidal E_{max} model as described in equations 3 and 4.

$$K_{PMB,ii} = \frac{K_{max,PMB} \cdot C_{PMB}^\gamma}{KC50_{PMB,ii}^\gamma + C_{PMB}^\gamma} \quad (3)$$

$$K_{ZID,ii} = \frac{K_{max,ZID} \cdot C_{ZID}^\gamma}{SYN_{EFF} \cdot KC50_{ZID,ii}^\gamma + C_{ZID}^\gamma} \quad (4)$$

$K_{max,PMB}$ and $K_{max,ZID}$ are the maximum killing rate constants of polymyxin B and zidovudine, respectively. $KC_{50,PMB,ii}$ and $KC_{50,ZID,ii}$ are the concentrations of polymyxin B and zidovudine, respectively, resulting in 50% of K_{max} for the i th subpopulation, and γ is the Hill coefficient. SYN_{EFF} is the outer membrane remodeling effect as a result of polymyxin B, as described in equation 8.

The killing by polymyxin B ($K_{PMB,ii}$) was assumed to enhance the natural bacterial death rate constant based on the bacterial subpopulation, while the killing by zidovudine ($K_{ZID,ii}$) was assumed to inhibit the rate of replication by inhibiting DNA replication. The differential equations for each bacterial subpopulation are outlined below.

$$\frac{d(CFU_{S1})}{dt} = \frac{VG_{max} \cdot (1 - K_{ZID,S1}) \cdot CFU_{S1}}{CFU_m + CFU_{S1}} - (CFU_{S1} \cdot K_d) \cdot (1 + K_{PMB,S1}) \quad (5)$$

$$\frac{d(CFU_{S2})}{dt} = \frac{VG_{max} \cdot (1 - K_{ZID,S2}) \cdot CFU_{S2}}{CFU_m + CFU_{S2}} - (CFU_{S2} \cdot K_d) \cdot (1 + K_{PMB,S2}) \quad (6)$$

$$\frac{d(CFU_{S3})}{dt} = \frac{VG_{max} \cdot (1 - K_{ZID,S3}) \cdot CFU_{S3}}{CFU_m + CFU_{S3}} - (CFU_{S3} \cdot K_d) \cdot (1 + K_{PMB,S3}) \quad (7)$$

Mechanism-based modeling of the synergy. To implement mechanistic synergy, polymyxin B was assumed to permeabilize the outer membrane, thereby increasing the intracellular concentration of zidovudine (45, 46). This was implemented in the MBM by estimating a lower KC_{50} in the presence of polymyxin B as represented by the following:

$$\text{synergy effect (SYN}_{EFF}) = \frac{C_{PMB}}{C_{PMB} + IC_{50,SYN,PMB}} \cdot IMAX_{ii} \quad (8)$$

$IMAX_{ii}$ is the maximum fractional decrease of $KC_{50,ZID}$ by polymyxin B via outer membrane disruption, and C_{PMB} is the polymyxin B concentration causing 50% of $IMAX_{ii}$ for the i th subpopulation.

Initial conditions. The initial inoculum of all subpopulations and mutation frequency (MUT) for the less susceptible subpopulation was estimated. The initial inoculum of subpopulation 2 was estimated as a fraction of the total initial inoculum ($\log_{10} CFU_0$). The initial condition for subpopulation 1 was implemented as $(1 - MUT_{S2} - MUT_{S3}) \times CFU_0$, while the initial condition for subpopulation 2 was computed as $MUT_{S2} \times CFU_0$.

Observation. All viable counts were transformed to a \log_{10} scale and simultaneously fitted using an additive error model in the \log_{10} scale. The between-curve variability was fixed to a very small value (coefficient of variation, 10%) (47). All viable counts below the limit of detection were plotted as zero, as previously described (45, 46).

Estimation. The Monte Carlo parametric expectation maximization algorithm (MC-PEM) (pmethod, 4) was used to comodel the time course of bacterial killing and regrowth observed in static time-kill studies in S-ADAPT (48) facilitated by S-ADAPT TRAN (49, 50). The final model was assessed by model discrimination (using AIC or the log likelihood ratio test), the goodness of fit, the visual inspection of diagnostic plots, and the biological plausibility and precision of the estimated parameters (45–47).

Mouse thigh infection model. The antimicrobial synergy of the polymyxin B-zidovudine combination against NDM-producing *K. pneumoniae* 02 was evaluated in a neutropenic murine thigh infection model. All animal experiments were approved by the Monash University Animal Ethics Committee and conducted in accordance with the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes. Female Swiss mice (8 to 10 weeks old) were employed in the neutropenic murine thigh infection model. Mice were injected intraperitoneally (i.p.) with cyclophosphamide on days -4 (150 mg/kg) and -1 (100 mg/kg) to induce neutropenia (6, 7, 35, 51, 52). On day 0, mice were injected 50 μ l of an early logarithmic phase bacterial suspension ($\sim 10^7$ CFU/ml) into each thigh to achieve an inoculum of $\sim 10^6$ CFU/ml. Neutropenic mice infected with NDM-producing *K. pneumoniae* 02 were treated with saline or antibiotics 2 h post-bacterial inoculation. There were a total of four treatment groups, namely, (i) 0.9% saline-treated group as the control, (ii) 10 mg/kg polymyxin B thrice daily (8 hourly; maximum daily dose, 30 mg/kg/day), (iii) 200 mg/kg zidovudine thrice daily (8 hourly; maximum daily dose, 600 mg/kg/day), and (iv) combination of 10 mg/kg polymyxin B thrice daily and 200 mg/kg zidovudine thrice daily. Polymyxin B was administered via subcutaneous injection, while zidovudine was administered via i.p. injection. The polymyxin B dose was selected to mimic the PK of polymyxin B in humans (5, 28),

whereas zidovudine doses were based on the LD₅₀ in rodents (38). At 0 and 24 h, the bacterial burden was determined. Mice were humanely killed, and thighs were aseptically removed and homogenized. The homogenate was filtered and subsequently serially diluted with 0.9% saline and spiral plated onto nutrient agar with subsequent incubation at 35°C for 24 h. Colonies were counted using a ProtoCOL colony counter, and CFU values were expressed as log₁₀ CFU/thigh. The limit of detection was 164 CFU/thigh (equivalent to one colony per plate). Tukey's multiple comparison test was used to compare the groups at 24 h and a *P* value of <0.05 was considered statistically significant.

SUPPLEMENTAL MATERIAL

Supplemental material for this article may be found at <https://doi.org/10.1128/AAC.02176-18>.

SUPPLEMENTAL FILE 1, PDF file, 0.4 MB.

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We would like to dedicate this paper to Alan Forrest, who made significant contributions to antimicrobial PK/PD.

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