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[Intervention Review]

Long-term antibiotics for preventing recurrent urinary tract infection in children

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ABSTRACT

Background

Urinary tract infection (UTI) is common in children. Symptoms include fever, lethargy, anorexia, and vomiting. UTI is caused by *Escherichia coli* in over 80% of cases and treatment is a course of antibiotics. Due to acute illness caused by UTI and the risk of pyelonephritis-induced permanent kidney damage, many children are given long-term (several months to 2 years) antibiotics aimed at preventing recurrence. This is the third update of a review first published in 2001 and updated in 2006, and 2011.

Objectives

To assess whether long-term antibiotic prophylaxis was more effective than placebo/no treatment in preventing recurrence of UTI in children, and if so which antibiotic in clinical use was the most effective. We also assessed the harms of long-term antibiotic treatment.

Search methods

We searched the Cochrane Kidney and Transplant Register of Studies up to 30 July 2018 through contact with the Cochrane Information Specialist using search terms relevant to this review. Studies in the Register are identified through searches of CENTRAL, MEDLINE, EMBASE, conference proceedings, the International Clinical Trials Register (ICTRP) Search Portal, and ClinicalTrials.gov.

Selection criteria

Randomised comparisons of antibiotics with other antibiotics, placebo or no treatment to prevent recurrent UTI in children.

Data collection and analysis

Two authors independently assessed and extracted information for the initial and previous updates. A random-effects model was used to estimate risk ratio (RR) and risk difference (RD) for recurrent UTI with 95% confidence intervals (CI).

Main results

In this update sixteen studies (2036 children randomised, 1977 analysed) were included. Seven studies (612 children) compared two or more types of antibiotics, six (1088 children) compared antibiotics with placebo or no treatment, one four-armed study compared circumcision with and without antibiotic treatment, one study compared dose of antibiotic, and one three-armed study compared two different antibiotics as well as no treatment. Of the sixteen included studies only one study was judged to be at low risk of bias for all domains, with the majority judged to be at unclear risk of bias due to very poorly reported methodology. The number of studies judged to be a low risk of bias was: selection bias (7); performance bias (4); detection bias (1); attrition bias (6); reporting bias (7); and other bias

Long-term antibiotics for preventing recurrent urinary tract infection in children (Review)

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(2). The number of studies judged to be at high risk of bias was: selection bias (0); performance bias (5); detection bias (1); attrition bias (4); reporting bias (6); and other bias (1).

Compared to placebo/no treatment, antibiotics lead to a modest decrease in the number of repeat symptomatic UTI in children; however the estimate from combining all studies was not certain and the confidence interval indicates low precision indicating that antibiotics may make little or no difference to risk of repeat infection (RR 0.75, 95% CI 0.28 to 1.98). When we combined only the data from studies with concealed treatment allocation, there was a similar reduction in risk of repeat symptomatic UTI in children taking antibiotics (RR 0.68) and we have greater certainty in this estimate because of the more robust study designs, the confidence interval is smaller and it does not include the point of no effect (95% CI 0.48 to 0.95). The estimated reduction in risk of repeat symptomatic UTI for children taking antibiotics was similar in children with vesicoureteric reflux (VUR) (RR 0.65, 95% CI 0.39 to 1.07) compared to those without VUR (RR 0.56, 95% CI 0.15 to 2.12) however there was considerable uncertainty due to imprecision from fewer events in the smaller group of children with VUR. There was no consistency in occurrence of adverse events, with one study having more events in the placebo group and a second study having more events in the antibiotics group. Three studies reported data for antibiotic resistance with the analysis estimating the risk of a UTI caused by a bacteria resistant to the prophylactic antibiotic being almost 2.5 times greater in children on antibiotics than for children on placebo or no treatment (RR 2.40, 95% CI 0.62 to 9.26). However the confidence interval is wide, showing imprecision and there may be little or no difference between the two groups.

Eight studies involving 659 children compared one antibiotic with another but few studies compared the same combination for the same outcome so little data could be pooled. Two studies reported microbial resistance data and analysis showed that treatment with nitrofurantoin may lead to a lower risk of a UTI caused by a bacteria resistant to the treatment drug compared to children given trimethoprim-sulphamethoxazole as their prophylactic treatment (RR 0.54, 95% CI 0.31 to 0.92).

Authors' conclusions

Long-term antibiotics may reduce the risk of repeat symptomatic UTI in children who have had one or more previous UTIs but the benefit may be small and must be considered together with the increased risk of microbial resistance.

PLAIN LANGUAGE SUMMARY

Long-term antibiotics for preventing recurrent urinary tract infection in children

What is the issue?

Bladder and kidney infections (urinary tract infection - UTI) are common in children, especially girls. They cause an uncomfortable illness that can include vomiting, fever and tiredness. In some children kidney damage may occur, as can repeat illnesses. With repeated infections the risk of kidney damage increases. Some doctors prescribe long-term antibiotics to try to prevent infections recurring, but this may cause the child to be unwell in other ways, e.g. vomiting

What did we do?

We searched electronic databases and reference lists to identify and summarise findings from all randomised controlled trials that compared low dose antibiotics given for at least 2 months, with no treatment or a placebo in children at risk of a UTI. We also identified studies comparing different types and doses of antibiotics.

What did we find?

We included 16 studies (2036 children randomised, 1977 analysed). This review found that long-term antibiotics may reduce the risk of repeat symptomatic infections but the benefit is probably small and must be weighed against the likelihood that future infections are likely to be caused by bacteria that are resistant to the antibiotic given.

Conclusions

Long-term, low dose antibiotics to prevent repeat UTI should be reserved for those children at high risk of repeat infection, such as young infants, and children clinicians would strongly want to reduce the risk of further infections, such as children with renal abnormalities.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. Antibiotic treatment versus placebo or no treatment

Antibiotic treatment versus placebo or no treatment

Patient or population: children with previous UTI and most do not have a renal tract abnormality such as VUR

Setting: children in the community presenting to a hospital who have experienced at least one UTI

Intervention: antibiotic treatment

Comparison: placebo/no treatment

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No. of participants (studies)	Quality of the evidence (GRADE)	Comments
	Risk with placebo/no treatment	Risk with antibiotic treatment				
Recurrence of symptomatic UTI in children	212 per 1,000	159 per 1,000 (59 to 420)	RR 0.75 (0.28 to 1.98)	1074 (5)	⊕⊕⊕⊕ LOW ^{1 2 3}	All studies comparing antibiotic treatment with placebo or no treatment.
Recurrence of symptomatic UTI in children without VUR	223 per 1,000	134 per 1,000 (29 to 611)	RR 0.60 (0.13 to 2.74)	541 (4)	⊕⊕⊕⊕ LOW ^{2 3}	-
Recurrence of symptomatic UTI in children with VUR	180 per 1,000	117 per 1,000 (70 to 192)	RR 0.65 (0.39 to 1.07)	371 (2)	⊕⊕⊕⊕ LOW ^{2 3}	Small sample size because only two studies reported separated data and majority of children did not have VUR
Recurrence of symptomatic UTI in children, in studies with adequate allocation concealment	161 per 1,000	110 per 1,000 (77 to 153)	RR 0.68 (0.48 to 0.95)	914 (2)	⊕⊕⊕⊕ ⁴ MODERATE	-
Repeat positive urine culture	386 per 1,000	120 per 1,000 (31 to 455)	RR 0.31 (0.08 to 1.18)	467 (4)	⊕⊕⊕⊕ VERY LOW ⁵	-
All adverse events	24 per 1,000	56 per 1,000 (1 to 1,000)	RR 2.31 (0.03 to 170.67)	914 (2)	⊕⊕⊕⊕ LOW ⁶	-
Microbial resistance to prophylactic drug	164 per 1,000	394 per 1,000 (102 to 1,000)	RR 2.40 (0.62 to 9.26)	118 (2)	⊕⊕⊕⊕	-

***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **RR:** Risk ratio; **UTI:** urinary tract infection; **VUR:** vesicoureteric reflux

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

- 1 Two studies were consistent with each other but three others were quite variable in their findings
- 2 Several studies were small and results variable, making the confidence intervals wide
- 3 Smaller and older studies were quite variable in their findings, did not use blinding and patient selection was unclear
- 4 One study was open label suggesting interpretation bias
- 5 Studies which did not include symptoms in the diagnosis of UTI are likely to involve misclassification of UTI and asymptomatic bacteriuria
- 6 One study was open label and all adverse events were in the active arm, suggesting interpretation bias
- 7 One study conducted screening cultures and therefore examined more samples that may have been from asymptomatic bacteriuria while also demonstrating the presence of a drug resistant organism

Summary of findings 2. Antibiotic 1 versus antibiotic 2 for preventing repeat UTI in children

Antibiotic 1 versus antibiotic 2 for preventing repeat UTI in children

Patient or population: children with primarily normal renal tracts who have experienced at least one UTI

Setting: children who have experienced a UTI in the community and are considered for preventative treatment to reduce the risk of further UTIs

Intervention: one type of antibiotic

Comparison: second type of antibiotic

Outcomes	Anticipated absolute effects* (95% CI)		Relative effect (95% CI)	No. of participants (studies)	Quality of the evidence (GRADE)	Comments
	Risk with antibiotic 2	Risk with antibiotic 1				
Recurrence of symptomatic UTI: nitrofurantoin (1) versus cotrimoxazole (2)	218 per 1,000	124 per 1,000 (76 to 201)	RR 0.57 (0.35 to 0.92) (favours nitrofurantoin)	157 (2)	⊕⊕⊕⊖ MODERATE 1	No events were recorded in one study, so a single study provided data on this comparison

Recurrence of symptomatic UTI: cotrimoxazole (1) versus cefadroxil (2)	80 per 1,000	143 per 1,000 (26 to 776)	RR 1.79 (0.33 to 9.70) (favours cefadroxil)	46 (1)	⊕⊕⊕⊕ LOW ²	Single study, few methodology details, not a highly relevant comparison
Recurrence of symptomatic UTI: cotrimoxazole (1) versus cefprozil (2)	206 per 1,000	142 per 1,000 (41 to 492)	RR 0.69 (0.20 to 2.39) (favours cotrimoxazole)	55 (1)	⊕⊕⊕⊕ MODERATE ²	Single study, few methodological details, not a very relevant comparison
Microbial resistance to prophylactic drugs: nitrofurantoin (1) versus cotrimoxazole (2)	672 per 1,000	363 per 1,000 (208 to 618)	RR 0.54 (0.31 to 0.92) (favours nitrofurantoin)	96 (2)	⊕⊕⊕⊕ MODERATE ¹	Both studies had limited methodology reported, but were consistent in their findings
Adverse events: cotrimoxazole (1) versus cefprozil (2)	88 per 1,000	143 per 1,000 (32 to 643)	RR 1.62 (0.36 to 7.29)	55 (1)	⊕⊕⊕⊕ LOW ²	Single study, few methodology details, not a highly relevant comparison
Adverse events: nitrofurantoin (1) versus trimethoprim (2)	283 per 1,000	618 per 1,000 (394 to 966)	RR 2.18 (1.39 to 3.41) (favours trimethoprim)	120 (1)	⊕⊕⊕⊕ LOW ²	Single study, poorly reported

***The risk in the intervention group** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **RR:** Risk ratio; **UTI:** urinary tract infection

GRADE Working Group grades of evidence

High quality: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate quality: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low quality: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low quality: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

¹ Both studies reported their methodology very poorly and it was difficult to be certain of design issues

² Single study, no missing data but considerable uncertainty and imprecision

BACKGROUND

Description of the condition

Acute urinary tract infection (UTI) is common in children. By the age of seven years, 8.4% of girls and 1.7% of boys will have suffered at least one episode ([Hellstrom 1991](#)). Death is now a rare complication but hospitalisation is frequently required (40%), particularly in infancy ([Craig 1998](#)). Transient damage to the kidneys occurs in about 40% of children ([Craig 1998](#)), and permanent damage occurs in about 5% ([Coulthard 1997](#)), sometimes even following a single infection. Symptoms are systemic rather than localised in early childhood and consist of fever, lethargy, anorexia, and vomiting. UTI is caused by *Escherichia coli* in over 80% of cases ([Rushton 1997](#)) and treatment consists of a course of antibiotics.

Children who have had one infection are at risk of further infections. Recurrent UTI occurs in up to 30% ([Winberg 1975](#)). The risk factors for recurrent infection are vesicoureteric reflux (VUR), bladder instability and previous infections ([Hellerstein 1982](#); [Rushton 1997](#)). Recurrence of UTI occurs more commonly in girls than boys ([Bergstrom 1972](#); [Winberg 1975](#)).

Due to the unpleasant acute illness caused by UTI and the risk of pyelonephritis-induced permanent kidney damage, many children are given long-term antibiotics aimed at preventing recurrence. Cotrimoxazole, nitrofurantoin and trimethoprim are commonly used for this purpose. These medications may cause side effects and promote the development of resistant bacteria.

Description of the intervention

Various low dose antibiotics have been used as prophylactic treatment in children, common options include; trimethoprim/sulphamethoxazole (2mg/kg/day /10 mg/kg/d) and nitrofurantoin (1 to 2 mg/kg/d). Other less frequently used antibiotics include cefadroxil (12.5 to 15 mg/kg/d), nalidixic acid (30 mg/kg/d), pivmecillinam (100 to 200 mg/d), cefixime (2 mg/kg), and co-amoxiclav (15 mg/kg/d) and probably others. Durations of treatment range from one month to several years.

How the intervention might work

Theoretically, maintaining a small amount of antibiotic in the body could prevent bacteria growing out of control and causing illness.

Why it is important to do this review

Low dose antibiotic prophylaxis has been used to prevent recurring UTIs in children for many years. Anecdotal evidence and a cohort study ([Craig 1998](#)) has suggested some children on prophylactic antibiotics experience recurrence despite the treatment and theoretical concerns over bacterial resistance to such long term use of antibiotics were also raised.

OBJECTIVES

To assess whether long-term antibiotic prophylaxis was more effective than placebo/no treatment in preventing recurrence of UTI in children, and if so which antibiotic in clinical use was the most effective. We also assessed the harms of long-term antibiotic treatment.

METHODS

Criteria for considering studies for this review

Types of studies

- All randomised controlled trials (RCTs) and quasi-RCTs (allocation based on alternation, date of birth, hospital medical record number) of antibiotic treatment versus placebo/no treatment for the prevention of recurrent UTI.
- All RCTs and quasi-RCTs that compared two or more antibiotics administered daily for a period of at least two months for the prevention of recurrent UTI were included.

Types of participants

Children less than 18 years of age who were at risk of recurrence due to prior infection were included. Studies were included if the majority of participants (> 50%) did not have a predisposing cause such as a renal tract abnormality, including VUR, or a major neurological, urological or muscular disease.

Types of interventions

Long-term antibiotic versus placebo/no treatment, and studies that compared two or more antibiotics with each other. Long-term prophylaxis was defined as antibiotic administered daily for a period of at least two months.

Types of outcome measures

Primary outcomes

The primary outcome was the number of repeat symptomatic UTIs, confirmed by bacterial growth in the urine, in combination with signs or symptoms of a urine infection while on treatment/placebo.

Secondary outcomes

The secondary outcomes were total number of positive urine cultures, adverse reactions to treatment, hospitalisation with UTI and microbial resistance.

Search methods for identification of studies

Electronic searches

We searched the [Cochrane Kidney and Transplant Register of Studies](#) up to 30 July 2018 through contact with the Information Specialist using search terms relevant to this review. The Register of Studies contains studies identified from the following sources.

1. Monthly searches of the Cochrane Central Register of Controlled Trials (CENTRAL)
2. Weekly searches of MEDLINE OVID SP
3. Handsearching of kidney-related journals and the proceedings of major kidney conferences
4. Searches of the current year of EMBASE OVID SP
5. Weekly current awareness alerts for selected kidney and transplant journals
6. Searches of the International Clinical Trials Register (ICTRP) Search Portal and ClinicalTrials.gov.

Studies contained in the Register are identified through search strategies for CENTRAL, MEDLINE, and EMBASE based on the scope of Cochrane Kidney and Transplant. Details of these strategies, as

well as a list of handsearched journals, conference proceedings and current awareness alerts, are available in the Specialised Register section of information about [Cochrane Kidney and Transplant](#).

See [Appendix 1](#) for search terms used in strategies for this review.

Searching other resources

1. Reference lists of review articles, relevant studies and clinical practice guidelines.
2. Letters seeking information about unpublished or incomplete studies to investigators known to be involved in previous studies.

Data collection and analysis

Selection of studies

2018 review update

The search results were screened and studies included or excluded based on the selection criteria listed above. Data extraction and text were completed by one author. Since both authors on this review are also authors on an included study ([PRIVENT 2009](#)), risk of bias assessment was independently reviewed by Narelle Willis (Cochrane Kidney and Transplant).

Initial review (2001) and previous updates (2006, 2011)

The search strategy described above was used independently by two authors to obtain titles of abstracts relevant to the review. The titles were independently screened by two authors, who discarded studies that were irrelevant. The selection was overly inclusive to ensure no relevant studies were missed. Two authors screened the resulting list of articles independently to assess whether the studies met our inclusion criteria. Disagreements were resolved by discussion with a third author.

Data extraction and management

Full articles of the included studies were examined, under open conditions to extract the necessary information. Methods (participant details (numbers, age, gender), type of antibiotic, frequency and dose regimen, duration of treatment, outcomes (recurrent UTI, adverse reactions to treatment) were extracted. Discrepancies in data extraction were resolved by discussion.

Assessment of risk of bias in included studies

Review updates (2011, 2018)

For the 2018 and 2011 updates the risk of bias tables were completed. The following items were assessed by using the risk of bias assessment tool ([Higgins 2011](#)) (see [Appendix 2](#)).

- Was there adequate sequence generation (selection bias)?
- Was allocation adequately concealed (selection bias)?
- Was knowledge of the allocated interventions adequately prevented during the study?
 - * Participants and personnel (performance bias)
 - * Outcome assessors (detection bias)
- Were incomplete outcome data adequately addressed (attrition bias)?
- Are reports of the study free of suggestion of selective outcome reporting (reporting bias)?

- Was the study apparently free of other problems that could put it at a risk of bias?

Initial review (2001) and 2006 update

The quality of eligible studies was assessed independently, under open conditions by two of three authors with disagreements resolved after consultation with a third author. Blinding, losses to follow-up, heterogeneity of study group participants, standardisation of outcome assessment, and whether intention-to-treat analysis was conducted, were assessed ([Williams 2001](#); [Williams 2006](#)).

Measures of treatment effect

The primary outcome was the proportion of patients experiencing a recurrence of symptomatic UTI. The results of each study were calculated as point estimates with their corresponding 95% confidence intervals (CI). The risk ratio (RR) and risk difference (RD) were used as the measures of summary treatment effects. Number needed-to-treat (NNT) and number needed-to-harm (NNH) estimates (1/RD) were calculated to compare the benefits and harmful effects of antibiotics. Analyses were conducted for studies:

- Comparing antibiotics with placebo/no treatment
- Comparing one type of antibiotic with another type.

Dealing with missing data

Further information was sought from authors where papers did not contain sufficient information to make an appropriate decision about inclusion.

Assessment of heterogeneity

We assessed the heterogeneity by visual inspection of the forest plot. Heterogeneity was analysed using a Chi² test on N-1 degrees of freedom, with an alpha of 0.05 used for statistical significance and with the I² test ([Higgins 2003](#)). A guide to the interpretation of I² values is as follows.

- 0% to 40%: might not be important
- 30% to 60%: may represent moderate heterogeneity
- 50% to 90%: may represent substantial heterogeneity
- 75% to 100%: considerable heterogeneity.

The importance of the observed value of I² depends on the magnitude and direction of treatment effects and the strength of evidence for heterogeneity (e.g. P-value from the Chi² test, or a CI for I²) ([Higgins 2011](#)).

Assessment of reporting biases

Publication bias was to be assessed using a funnel plot; however there were insufficient studies to carry out this assessment.

Data synthesis

Results were pooled using a random effects model.

Subgroup analysis and investigation of heterogeneity

Univariate analyses were used to explore the antibiotic treatment effect on repeat symptomatic UTI. Subgroup analysis was used to

examine how patients VUR status and study quality (risk of bias table fields) influenced the summary treatment effect.

'Summary of findings' tables

We presented the main results of the review in 'Summary of findings' tables. These tables present key information concerning the quality of the evidence, the magnitude of the effects of the interventions examined, and the sum of the available data for the main outcomes ([Schünemann 2011a](#)). The 'Summary of findings' tables also include an overall grading of the evidence related to each of the main outcomes using the GRADE (Grades of Recommendation, Assessment, Development and Evaluation) approach ([GRADE 2008](#); [GRADE 2011](#)). The GRADE approach defines the quality of a body of evidence as the extent to which one can be confident that an estimate of effect or association is close to the true quantity of specific interest. The quality of a body of evidence involves consideration of within-trial risk of bias (methodological quality), directness of evidence, heterogeneity, precision of effect estimates and risk of publication bias ([Schünemann 2011b](#)). We presented the following outcomes in the 'Summary of findings' tables.

- Recurrence of symptomatic UTI in children
- Recurrence of symptomatic UTI in children without VUR
- Recurrence of symptomatic UTI in children with VUR

- Recurrence of symptomatic UTI in children, in studies with adequate allocation concealment
- Repeat positive urine culture
- All adverse events
- Microbial resistance to prophylactic drug.

RESULTS

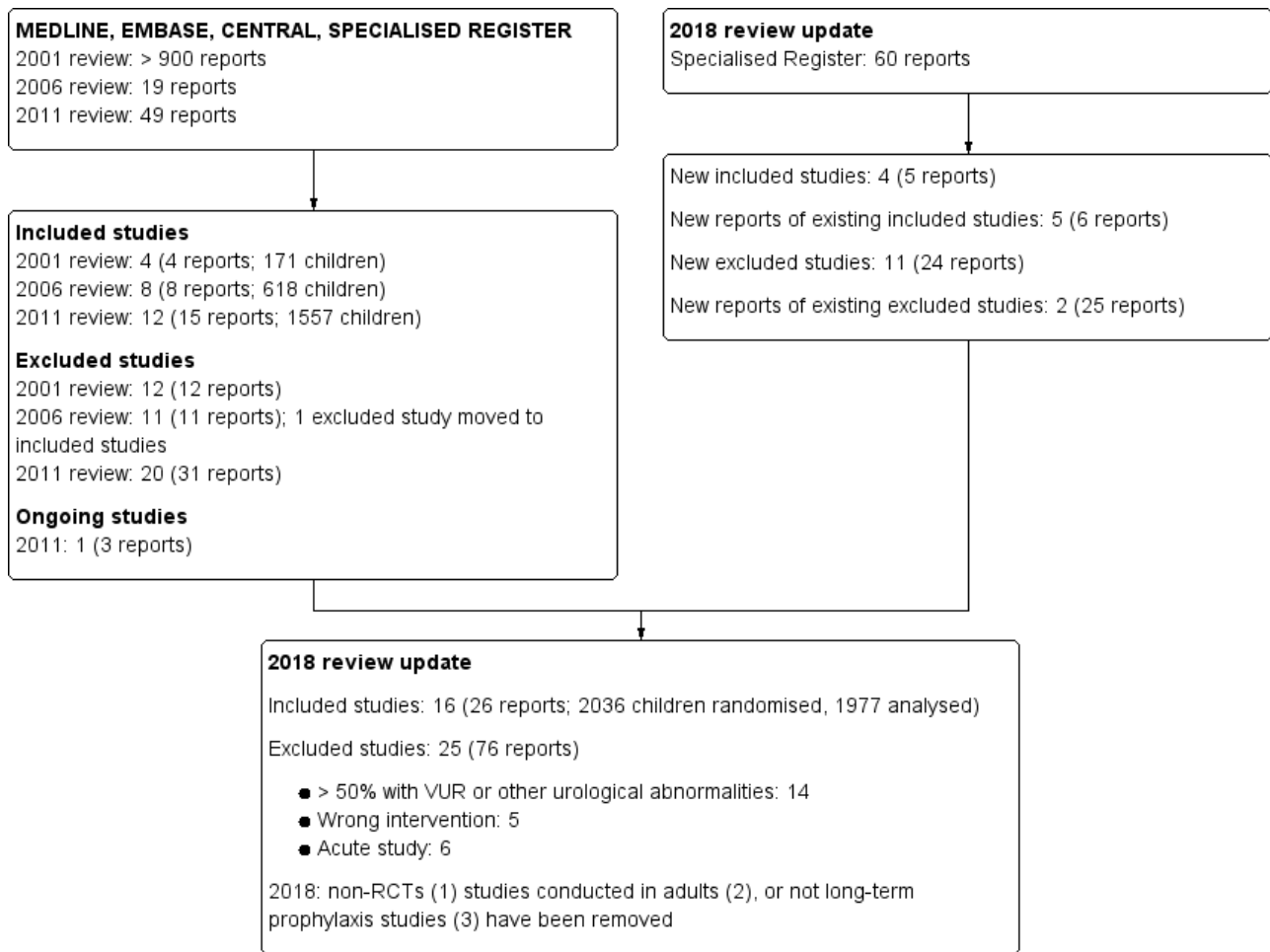
Description of studies

Results of the search

2018 review update

The search of the specialised register of the Cochrane Kidney and Transplant group identified 59 reports of studies. An alert in Research Gate identified a report of an eligible study ([Liern 2011](#)) that was not identified in the Specialised Register and was not listed in MEDLINE or PubMed and was incorrectly coded in EMBASE as a journal article instead of a trial. After title and abstract review 25 reports underwent full text review ([Figure 1](#)). Four new eligible studies (5 reports) were included ([Antachopoulos 2016](#); [Beiraghi Toosi 2011](#); [Gucuk 2013](#); [Liern 2011](#)), six new reports of five already included studies were identified ([Baciulis 2003](#); [Montini 2008](#); [PRIVENT 2009](#); [Savage 1973](#); [Smellie 1978](#)), and we excluded 49 reports (24 reports of 11 new studies and 25 reports of 2 already excluded studies).

Figure 1. Study flow diagram.



2011 review update

The specialised register search identified 30 reports. After title, abstract and then full-text review we identified five reports of four new included studies ([Baciulis 2003](#); [Belet 2004](#); [Falakaflaki 2007](#); [PRIVENT 2009](#)), two reports of an existing included study ([Montini 2008](#)), three reports of one ongoing study ([RIVUR 2008](#)) and 20 reports of nine new excluded studies.

2006 review update

The search identified three new reports. We identified two new eligible studies ([Lettgen 2002](#); and an early abstract of [Montini 2008](#)) and two previously excluded studies were re-assessed and included in this update ([Carlsen 1985](#); [Lohr 1977](#)). One report was excluded.

Initial review (2001)

Of > 900 titles screened, 595 abstracts were reviewed with 578 excluded because they were clearly not RCTs of antibiotic treatment in children with UTI. Seventeen reports underwent full text review; four met our inclusion criteria ([Brendstrup 1990](#); [Savage 1973](#); [Smellie 1978](#); [Stansfeld 1975](#)), one study was awaiting translation, and 12 studies were excluded.

Included studies

Sixteen studies (2036 randomised children, 1977 analysed) were identified (see [Characteristics of included studies](#))

Thirteen studies used a parallel design while three were cross-over studies. Thirteen studies compared two treatment groups, two studies compared three treatments and one study compared four treatment options. Seven studies (612 children) compared two or more types of antibiotics only, six studies (1088 children) compared antibiotics with placebo or not treatment, one four-armed study (197 children) compared circumcision with and without antibiotic treatment; one study (33 children) compared dose of antibiotic (every night versus alternate night) and one three-armed study (47 children) compared two different antibiotics as well as no treatment.

Duration of antibiotic prophylaxis varied from 10 weeks to 12 months. Thirteen studies reported the number of children with VUR (a total of 637) and 15 studies reported numbers of girls and boys (1246 girls and 669 boys). Seven studies recruited children who had experienced one or more UTIs, three studies recruited after the child's first UTI and one study included girls without a UTI but with bacteriuria. In five studies UTI history at enrolment was not reported.

Excluded studies

Fourteen studies enrolled > 50% of children with VUR (Espino Hernandez 2012; Feldman 1975; Habeeb Abid 2015; Hari 2015; Lee 2007a; Mohseni 2013; Pennesi 2008; Ray 1970; RIVUR 2008; Roussey-Kesler 2008; Sanchez-Bayle 1983; Swedish Reflux 2010; Zegers 2011) or other urological abnormality (Madsen 1973). Five studies didn't compare antibiotics with placebo/no treatment or with another antibiotic (Bose 1974; Clemente 1994; Craig 2002; Marild 2009; Montini 2007) and six studies were of short duration or acute treatment (Bergstrom 1968; Fennell 1980; Fischbach 1989; Garin 2006; Lindberg 1978; Pisani 1982).

Non-randomised studies were removed from the 2018 review update.

See [Characteristics of excluded studies](#)

Risk of bias in included studies

Prior to the 2011 update, analysed studies were poorly reported for methodological detail. Montini 2008 was published initially in abstract form and in the 2011 update a full journal article of the study was included with much greater methodological detail (Montini 2008). One large, recent study (PRIVENT 2009) was well designed, well reported and powered appropriately for the study question (Figure 2; Figure 3). Three of the four studies added in the 2018 update (Antachopoulos 2016; Beiraghi Toosi 2011; Gucuk 2013) were very poorly reported with all having the majority of risk of bias fields designated as unclear because details were missing from the report. Liern 2011 was reported more completely however blinding, incomplete outcomes reporting and selective reporting fields were designated as having a high risk of bias.

Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.

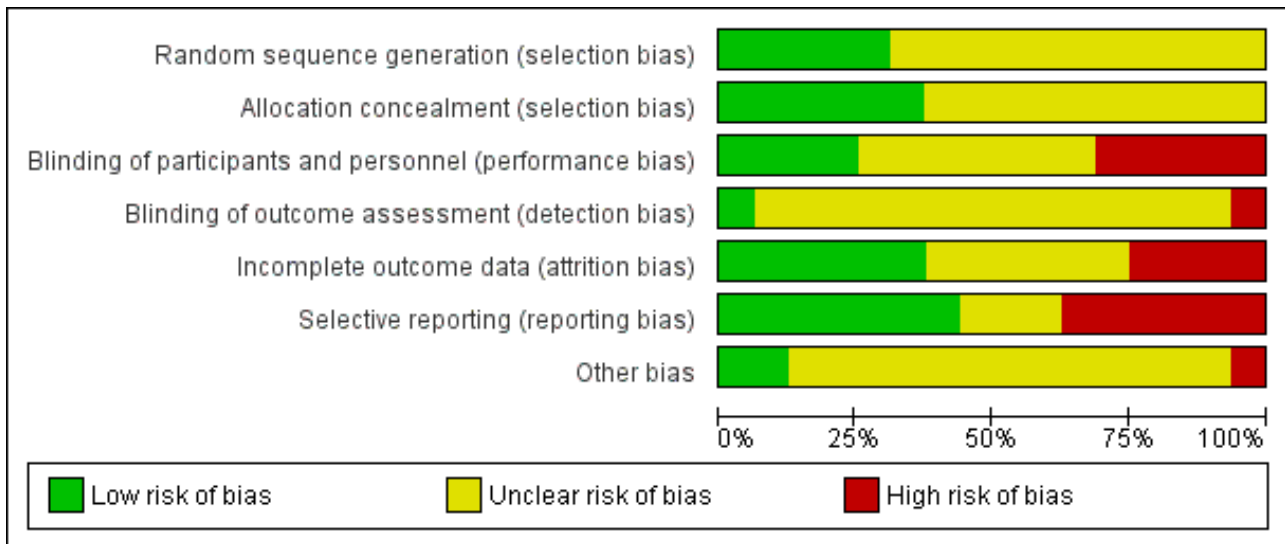


Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Antachopoulos 2016	?	?	?	?	?	-	?
Baciulis 2003	?	?	-	?	?	?	?
Beiraghi Toosi 2011	?	?	?	?	?	?	?
Belet 2004	?	?	?	?	+	+	-
Brendstrup 1990	?	+	+	?	-	-	?
Carlsen 1985	?	?	?	?	-	-	?
Falakaflaki 2007	?	?	?	?	?	+	?
Gucuk 2013	?	?	?	?	-	+	?
Lettgen 2002	+	?	?	?	?	-	?
Liern 2011	+	+	-	?	-	-	?

Figure 3. (Continued)

Liern 2011	+	+	-	?	-	-	?
Lohr 1977	?	+	+	?	?	?	?
Montini 2008	+	+	-	?	+	+	+
PRIVENT 2009	+	+	+	+	+	+	+
Savage 1973	?	?	-	-	+	+	?
Smellie 1978	?	?	-	?	+	+	?
Stansfeld 1975	+	+	+	?	+	-	?

Allocation

Random sequence generation

Five studies (Lettgen 2002; Liern 2011; Montini 2008; PRIVENT 2009; Stansfeld 1975) reported how the randomisation sequence was generated and appeared robust. The remaining 11 studies did not provide sufficient details about the process to understand the methods used.

Allocation concealment

Six studies (Brendstrup 1990; Liern 2011; Lohr 1977; Montini 2008; PRIVENT 2009; Stansfeld 1975) reported that allocation to treatment group was concealed and unable to be influenced by the treating physician. For the remaining 10 studies this was unclear.

Blinding

Four studies stated that they were double-blinded or that patients and clinicians were blinded to treatment allocation (Brendstrup 1990; Lohr 1977; PRIVENT 2009; Stansfeld 1975). Five studies stated that there was no blinding (Baciulis 2003; Liern 2011; Montini 2008; Savage 1973; Smellie 1978) and for seven studies (Antachopoulos 2016; Beiraghi Toosi 2011; Belet 2004; Carlsen 1985; Falakflaki 2007; Gucuk 2013; Lettgen 2002) blinding of patients and clinicians was unclear. Only PRIVENT 2009 stated that outcome assessors were blinded to treatment allocation. Savage 1973 stated no blinding for outcomes and for the remaining 14 studies this detail was not reported.

Incomplete outcome data

Six studies provided explanations for changes in numbers of children reported at the start and finish of the studies (Belet 2004; Montini 2008; PRIVENT 2009; Savage 1973; Smellie 1978; Stansfeld 1975). For four studies (Brendstrup 1990; Carlsen 1985; Gucuk 2013; Liern 2011) numbers reported were inconsistent for the start and finish of the study or varied across the reported outcomes without explanation, placing the study at high risk of bias. For six studies it

was unclear whether everyone who started the study was included in the final analysis giving them an assessment of unclear bias.

Selective reporting

Eight studies reported the most appropriate primary outcome, repeat symptomatic UTI for the question (Antachopoulos 2016; Belet 2004; Falakflaki 2007; Gucuk 2013; Montini 2008; PRIVENT 2009; Savage 1973; Smellie 1978), while five studies reported a less relevant primary outcome of repeat positive urine culture. In three studies it was not clear whether the reported outcome was symptomatic or asymptomatic UTI, hence these were classified as unclear for selective reporting bias (Baciulis 2003; Beiraghi Toosi 2011; Lohr 1977).

Other potential sources of bias

For many studies it was difficult to determine who the children were and how many were reviewed for possible inclusion in the study and therefore the ability to determine the extent of selection bias was very limited. Only PRIVENT 2009 clearly reported the number of patients screened and the reasons for exclusion and non-enrolment.

Definitions and criteria for diagnosis of initial and recurrent UTI differed enormously between the studies and were generally poorly reported. Misclassification was possible in most studies and largely ignored.

Effects of interventions

See: **Summary of findings for the main comparison Antibiotic treatment versus placebo or no treatment; Summary of findings 2 Antibiotic 1 versus antibiotic 2 for preventing repeat UTI in children**

Antibiotics versus placebo/no treatment

Recurrence of symptomatic UTI

Of the seven studies comparing antibiotic treatment with placebo/no treatment, five studies, involving 1074 children contained data for the outcome repeat symptomatic UTI and could be pooled

and analysed. The resulting estimated risk of repeat symptomatic UTI suggests a 25% reduction in risk of repeat symptomatic UTI for children taking antibiotics (RR 0.75, [Analysis 1.1](#)). However the precision of the estimate was low (95% CI 0.28 to 1.98) and includes no difference in risk between the treatment groups. Heterogeneity was high ($I^2 = 94%$) and this reflects the variability in the early studies and leads to the level of certainty around this evidence as being low ([Summary of findings for the main comparison](#)). Notable in this analysis was the difference in quality of included studies. A single study ([PRIVENT 2009](#)) used a placebo and blinding and had a low risk of bias across all other fields while the remaining four studies were unblinded, did not use a placebo and were unclear or had design issues putting them at a high risk of bias. [Smellie 1978](#) and [PRIVENT 2009](#) compared trimethoprim-sulphamethoxazole with no treatment/placebo while the three other studies compared two or three different antibiotics with no treatment.

One study comparing antibiotics with no treatment was a cross-over design ([Lohr 1977](#)) and did not provide data on the first phase, thus could not be included in the meta-analyses. Another study ([Stansfeld 1975](#)) could not be included in the pooled analysis because they did not report the outcome of repeat symptomatic UTI.

Presence of VUR and recurrence of symptomatic UTI

Four studies reported separate data for children with and without VUR ([Liern 2011](#); [Montini 2008](#); [PRIVENT 2009](#); [Smellie 1978](#)). The summary point estimate for children without VUR was RR 0.60 ([Analysis 1.2.1](#): 95% CI 0.13 to 2.174; RD -7%, 95% CI -19 to 4) suggesting a reduced risk of repeat symptomatic UTI in those on antibiotic prophylaxis compared to those on placebo/no treatment but with considerable imprecision and leading to a low level of certainty ([Summary of findings for the main comparison](#)). The two recent and the most robustly designed studies ([Montini 2008](#); [PRIVENT 2009](#)) reported findings for a subset of children who had VUR with the estimate being RR 0.65 and was more precise, leading to an assessment of high certainty around this evidence ([Summary of findings for the main comparison](#)) ([Analysis 1.2.2](#): RR 0.65, 95% CI 0.39 to 1.07; RD 6%, 95% CI -14 to -1). Despite the study design quality differences, the estimates for risk in children with VUR and those without VUR were remarkably similar (RR 0.60 and RR 0.65) showing little difference between antibiotic and placebo/no treatment in the different groups of children.

Study design and risk of bias

Two studies had adequate allocation concealment ([Montini 2008](#); [PRIVENT 2009](#)) and gave a point estimate with high precision and a high level of certainty ([Analysis 1.3.1](#): RR 0.68, 95% CI 0.48 to 0.95; RD -5%, 95% CI -9 to 0) ([Summary of findings for the main comparison](#)) while the three studies with unclear allocation concealment ([Savage 1973](#); [Smellie 1978](#), [Liern 2011](#)) showed considerable imprecision ([Analysis 1.3.2](#): RR 0.58, 95% CI 0.05 to 6.41; RD -10%, 95% CI -40 to 19).

A single study was appropriately blinded ([PRIVENT 2009](#)) and the point estimate is more precise than that of the three unblinded studies ([Analysis 1.3.3](#): RR 0.65, 95% CI 0.44 to 0.96; RD -7%, 95% CI -13 to -1 compared to [Analysis 1.3.4](#): RR 0.72, 95% CI 0.18 to 2.84; RD -7%, 95% CI -20 to 7).

Repeat positive urine culture

Compared to placebo/no treatment, antibiotics appeared to moderately reduce the risk of repeat positive urine culture ([Analysis 1.4.1](#): RR 0.31, 95% CI 0.08 to 1.18; RD -28% 95% CI -51 to -5) ([Montini 2008](#); [Savage 1973](#); [Smellie 1978](#); [Stansfeld 1975](#)) however the precision is poor and shows there may be little or no difference in risk between those taking antibiotics and those not treated. Studies showed substantial heterogeneity ($I^2 = 91%$) and there was considerable variability in the rates of repeat positive urine cultures in the control groups of the four studies, ranging from 21% to 85%. This suggests a very low level of certainty in this evidence ([Summary of findings for the main comparison](#)).

Studies with adequate allocation concealment showed a reduced risk of repeat positive culture (RR of 0.21, 95% CI 0.2 to 2.5; RD -29%, 95% CI -68 to 11) ([Analysis 1.5.1](#)) but precision was poor and includes the estimate of no difference between the groups. Studies with inadequate or unclear allocation concealment had the same RR (0.21) but much larger 95% CI, indicating much greater imprecision (95% CI 0.00 to 32.38; RD -28%, 95% CI -71 to 15) ([Analysis 1.5.2](#)). One study stated that it was blinded and their results gave a substantially reduced risk of repeat positive culture in the antibiotic group (RR of 0.05, 95% CI 0.0 to 0.72; RD -50%, 95% CI -71 to -29) ([Analysis 1.5.3](#)) while studies that described an open study or unclear blinding, gave a somewhat reduced risk of repeat positive culture (RR of 0.48, 95% CI 0.15 to 1.54; RD -21%, 95% CI -44 to 3) ([Analysis 1.5.4](#)) but this estimate includes a risk of no difference.

Adverse events

Two studies reported adverse events within each treatment arm ([Montini 2008](#); [PRIVENT 2009](#)), with very different findings. The unblinded study ([Montini 2008](#)) showed no events in the no-treatment arm and [PRIVENT 2009](#) showed more events in the placebo arm than the active arm. The risk of adverse events was estimated as twice as likely in children taking placebo or not treated compared to those on antibiotics (RR 2.31) but imprecision was very high and our certainty around this evidence is low (95% CI 0.03 to 170.67; RD 2%, 95% CI 7 to 11) ([Analysis 1.6.1](#)) ([Summary of findings for the main comparison](#)).

Microbial resistance

Three studies reported results for microbial resistance ([Montini 2008](#); [PRIVENT 2009](#); [Stansfeld 1975](#)). Two of these reported for repeat symptomatic UTI ([Montini 2008](#); [PRIVENT 2009](#)) and showed a much increased risk of bacterial resistance to the active treatment in children taking antibiotics (RR of 2.40, 95% CI 0.62 to 9.26; RD 25%, 95% CI -9 to 60) ([Analysis 1.7](#)) meaning resistance was more than twice as likely in the active treatment arms than the non-treatment or placebo groups. The third study with the outcome repeat positive urine culture, showed a single positive culture with resistant bacteria in the placebo group ([Stansfeld 1975](#)). Overall this evidence provides a moderate level of certainty ([Summary of findings for the main comparison](#)).

Comparison between two antibiotics

Five studies provided data to compare one antibiotic with another antibiotic ([Beiraghi Toosi 2011](#); [Belet 2004](#); [Brendstrup 1990](#); [Falakflaki 2007](#); [Lettgen 2002](#)), two studies reported their primary outcome as symptomatic UTI and three reported positive urine

culture. Almost no data could be combined since studies with the same outcome used different antibiotic comparisons.

Nitrofurantoin versus other antibiotics

For the outcome symptomatic UTI, [Falakaflaki 2007](#) showed a reduced risk of repeat symptomatic UTI in children taking nitrofurantoin compared to those taking trimethoprim-sulphamethoxazole ([Analysis 2.1.1](#): RR 0.57, 95% CI 0.35 to 0.92; RD -20%, 95% CI -36 to 4) with no estimate for [Smellie 1978](#) due to absence of events in both arms. This data provides a moderate level of certainty ([Summary of findings 2](#)). [Brendstrup 1990](#) compared nitrofurantoin with trimethoprim and showed a reduced risk of repeat positive urine culture in children taking nitrofurantoin compared to those on trimethoprim ([Analysis 2.2.1](#): RR 0.32, 95% CI 0.19 to 0.56; RD -42%, 95% CI -58 to -26). However, patients receiving nitrofurantoin were twice as likely to experience side effects (nausea, vomiting or stomach ache) than patients receiving trimethoprim ([Analysis 2.4.3](#): RR 2.18, 95% CI 1.39 to 3.41; RD 33%, 95% CI 17 to 50). This suggests that the side effects of nitrofurantoin (NNH = 3, 95% CI 2 to 6) are similar to the prophylactic benefit (NNT = 5, 95% CI 3 to 33) compared with trimethoprim. [Lettgen 2002](#) compared nitrofurantoin with cefixime. For the outcome repeat positive urine culture the risk estimate suggested nitrofurantoin gave a slightly increased risk of repeat positive culture compared to cefixime ([Analysis 2.2.2](#): RR 1.35) however the precision of the estimate was very poor and includes the possibility of no difference between the treatment options (95% CI 0.24 to 7.48; RD 3%, 95% CI -12 to 17).

[Carlsen 1985](#), a cross-over study, compared nitrofurantoin with pivmecillinam in 32 children. Allocation concealment and blinding were unclear. Ten repeat positive urine cultures occurred during pivmecillinam treatment and six while taking nitrofurantoin.

Other antibiotic comparisons

[Belet 2004](#) compared three antibiotics (cotrimoxazole, cefadroxil and cefprozil) with cefadroxil appearing the most effective ([Analysis 2.1.3](#); [Analysis 2.1.4](#); [Analysis 2.1.5](#)). No results showed a difference and the study was underpowered (N = 21, 25 and 34) for the small differences in event rates (8%, 14% and 21%). [Beiraghi Toosi 2011](#) compared nalidixic acid with trimethoprim-sulphamethoxazole for the outcome repeat positive urine culture with recurrence twice as likely in children taking nalidixic acid (RR 2.27 95%CI 1.25 to 4.13).

Dose comparisons

[Baciulis 2003](#) compared every night cefadroxil treatment with alternate evening therapy. No difference between the doses was evident ([Analysis 3.1](#): RR 0.9, 95% CI 0.24 to 3.41; RD -2%, 95% CI -30 to 26). The study was small (N = 33) and methodology was poorly reported.

Circumcision

[Gucuk 2013](#) randomised boys with VUR and boys without VUR into different treatment options and therefore the findings across the VUR group and non-VUR group could not be compared. Boys with VUR were randomised to antibiotics plus circumcision or antibiotics alone, while boys without VUR were randomised to circumcision alone or no treatment. None of the 45 boys with VUR who were circumcised and treated with antibiotics for 12 months experienced a repeat symptomatic UTI while 6/46 treated with antibiotics for 12 months experienced a repeat symptomatic UTI. In the boys without

VUR, none of the 47 circumcised boys and none of the 49 not treated boys experienced a repeat symptomatic UTI during 12 months of follow-up.

Cross-over studies, excluded from meta-analyses

In none of the cross-over studies was it possible to determine what outcomes occurred before the cross-over, so none were included in any meta-analyses.

DISCUSSION

Summary of main results

Long-term, low dose antibiotics were associated with a modest decrease in the number of repeat symptomatic UTI in children; however the estimate from combining all studies was not precise or certain ([Summary of findings for the main comparison](#)).

Low dose antibiotics taken for 12 months reduced the risk of repeat symptomatic UTI in children by around 6%, which means a baseline risk of recurrence of 20% is reduced to 14%. This treatment was also associated with a more than doubling of the risk that a repeat infection was caused by a bacteria resistant to the treatment antibiotic.

Nitrofurantoin appeared to be the most effective antibiotic treatment for UTI prevention; however it was associated with more adverse events than trimethoprim-sulphamethoxazole

Overall completeness and applicability of evidence

The two largest studies in this review reported data and study design details with a high degree of completeness. These studies also included a range of children who are likely to represent the population of children in whom this treatment may be considered. Early studies were far more selective in the type of children included and reported design detail much less thoroughly than later studies.

Two earlier versions of this review ([Williams 2001](#); [Williams 2006](#)) concluded that the evidence to support the use of antibiotics to prevent recurrent symptomatic UTI was weak. The update in 2011 ([Williams 2011](#)) added data from two large and well reported studies that changed this conclusion ([Montini 2008](#); [PRIVENT 2009](#)). [PRIVENT 2009](#) was optimally designed with all features of good design reported in the article (randomisation process, allocation concealment, blinding, explanations for incomplete data, appropriate outcome reporting, and consideration for other bias). [Montini 2008](#), while somewhat smaller, unblinded and with no placebo treatment, gave a RR (0.75) that was reasonably consistent with results from the [PRIVENT 2009](#) (RR 0.65); only the [PRIVENT 2009](#) reached a degree of precision and certainty for a benefit to antibiotic treatment. These estimates are the least biased and therefore likely to reflect the true effect of prophylactic antibiotic treatment. In the 2018 update four additional studies were included but each provided very limited data for analyses resulting in no change to previous findings.

The estimated absolute risk reduction was 6% and corresponds to the need to treat between 16 and 17 children for 12 months to prevent one symptomatic UTI. The absolute treatment effect appears consistent in children with and without VUR, a known risk factor for further UTI. Although antibiotic prophylaxis prevents UTI overall, the data suggest that prolonged treatment results

in changes in the susceptibility of pathogenic bacteria with an increased risk of symptomatic UTI caused by bacteria resistant to the prophylactic agent.

The smaller and older studies gave highly variable and inconsistent findings, highlighting the effect of poor design and chance effects on study findings. Earlier studies tended to report repeat positive urine culture as their primary outcome and large reductions in the risk of repeat positive urine cultures were found in the antibiotic groups of these studies. However, the appropriateness of this as an outcome is questionable given that few doctors would treat asymptomatic bacteriuria. Further limitations to these studies are the quality of their design. Only two or four studies used adequate allocation concealment and one of four reported double blinding. Our analyses show that the poorly designed studies inflate the treatment effect by 49%, and ranging from 100% to 400% (using [Analysis 1.3.2](#)) compared to those with better design.

Only [PRIVENT 2009](#) reported sufficient detail to identify the time frame for recurrence of symptomatic UTI, in this study 36% of UTIs in the active arm and 47% in the placebo arm occurred within three months of randomisation. A further 19% and 29% (active and placebo arms respectively) of repeat symptomatic UTIs occurred between three and six months post randomisation. This infers that the risk of repeat symptomatic infection is highest during the three months following initial infection and may suggest an initial course of treatment of three months with possible extension to six months.

The side effects of active treatment compared to placebo or no treatment were reported in two studies ([Montini 2008](#); [PRIVENT 2009](#)). The unblinded study ([Montini 2008](#)) reported 15 events in the active treatment arm and none in the no-treatment group, while the blinded study ([PRIVENT 2009](#)) showed considerably more events in the placebo arm compared to active treatment (10 versus 4). This suggests interpretation of adverse events is influenced by knowledge of treatment group therefore the blinded study is a more reliable estimate of rates of adverse events.

Three studies reported the numbers of urine cultures causing symptomatic UTI that grew bacteria resistant to the active treatment in the studies with placebo comparisons. Two studies reported that 8% of the cultures in the no treatment arm were resistant to the active drug but [PRIVENT 2009](#) showed that 18% of urine infections were caused by bacteria resistant to the active treatment. This suggests the baseline risk of resistance in the non-treated group is not zero and is likely to be closer to 18% given the greater reliability of [PRIVENT 2009](#). [PRIVENT 2009](#) and [Montini 2008](#) reported bacterial resistance in the active treatment arms, with over half (53%) of UTIs in the active arm in [Montini 2008](#) and 28% of UTIs in the active arm of [PRIVENT 2009](#) being attributed to bacteria resistant to the active treatment drug. While the RR is imprecise (2.4), as shown by the large 95% CI (0.62 to 9.26), the risk appears increased.

Although nitrofurantoin was more effective than trimethoprim or cotrimoxazole in preventing repeat symptomatic infection or repeat positive urine culture, it was associated with a greater number of side effects. The harmful effects of nitrofurantoin outweigh the prophylactic benefit and suggest that nitrofurantoin may not be an acceptable therapy. Patient compliance would be an important factor to consider in deciding on the use of nitrofurantoin as prophylaxis.

The combined analysis of the studies included in this review show there is a small benefit in long-term antibiotic treatment to prevent repeat symptomatic UTI however this should be weighed up against the likely increased risk of bacterial resistance in subsequent infections, the baseline risk of repeat symptomatic infection and how strongly parents and physicians wish to avoid a possible repeat illness.

Quality of the evidence

[Montini 2008](#) design was less rigorous than [PRIVENT 2009](#) in that there was no placebo treatment, no blinding, and the antibiotic treatment could be either of two antibiotics. Awareness of treatment or the absence of treatment may have led to biased interpretation of possible symptoms of a UTI and misclassification of asymptomatic bacteriuria as symptomatic UTI. Different treatment options in the active arm may have led to heterogeneity in findings within that group if the two antibiotics differed in efficacy.

Early studies had many design limitations and reported highly variable results.

Potential biases in the review process

The two authors of the 2011 and 2018 updates are authors on the [PRIVENT 2009](#) which may have led to a more favourable assessment [PRIVENT 2009](#). To address this an independent person reviewed the risk of bias data to identify and correct possible biases.

Agreements and disagreements with other studies or reviews

Several other reviews on this topic have been published ([Dai 2010](#); [Le Saux 2000](#); [Mathew 2010](#); [Mori 2009](#)) with varying conclusions depending on which studies were included in the analysis. None of these reviews identified additional studies to those considered in this review and were often missing the complete group. Most authors included studies in which the majority of children had VUR making their inclusion criteria different to ours and more similar to the Cochrane review of Interventions for VUR ([Nagler 2011](#)). On the whole these reviews agreed with the current assessments of study quality.

AUTHORS' CONCLUSIONS

Implications for practice

Prior to [Montini 2008](#) and [PRIVENT 2009](#), the evidence to support long-term, low dose antibiotics for the prevention of recurrent UTI in children without VUR consisted of a small number of poor quality studies that gave inconsistent and imprecise results. The addition of data from two much larger and better designed studies changes this. Analysis of the larger, better designed studies demonstrates, with considerable consistency, a small benefit of low dose antibiotics to prevent repeat symptomatic UTI in children. The data show few adverse effects from the antibiotic treatment but demonstrate an increased risk of bacterial resistance to the treatment drug in subsequent infections. A single study reported event time periods and showed that the greatest risk of repeat symptomatic infection occurs in the three to six months following initial UTI. Nitrofurantoin appeared the most effective treatment but led to considerable adverse events.

Implications for research

These findings suggest a small benefit to treating children who have had at least one UTI but for many children in the studies, no further UTIs occurred. Future research could focus on exploring and identifying which children are most likely to benefit from treatment.

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Williams GJ, Lee A, Craig JC. Long-term antibiotics for preventing recurrent urinary tract infection in children. *Cochrane Database of Systematic Reviews* 2001, Issue 4. [DOI: [10.1002/14651858.CD001534](https://doi.org/10.1002/14651858.CD001534)]

Williams 2006

Williams G, Wei L, Lee A, Craig JC. Long-term antibiotics for preventing recurrent urinary tract infection in children. *Cochrane Database of Systematic Reviews* 2006, Issue 3. [DOI: [10.1002/14651858.CD001534.pub2](https://doi.org/10.1002/14651858.CD001534.pub2)]

Williams 2011

Williams G, Craig JC. Long-term antibiotics for preventing recurrent urinary tract infection in children. *Cochrane Database of Systematic Reviews* 2011, Issue 3. [DOI: [10.1002/14651858.CD001534.pub3](https://doi.org/10.1002/14651858.CD001534.pub3)]

* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

Antachopoulos 2016

Methods	<ul style="list-style-type: none"> • Study design: cross-over RCT • Duration of study: not reported • Duration of follow-up: 1 year
Participants	<ul style="list-style-type: none"> • Country: Greece • Setting: single centre • Children aged 1 month to 5 years recruited after hospitalisation for first febrile UTI; indications for prophylaxis included VUR, anatomical abnormalities of urinary tract and neurogenic bladder • Mean age (range): 13.6 months (1 to 60 months) • Sex (M/F) 54/43 • Exclusion criteria: G6PD deficiency; allergy to cotrimoxazole or cephalosporins; congenital or acquired immunodeficiency; already on prophylactic antibiotics
Interventions	<p>Treatment group 1</p> <ul style="list-style-type: none"> • TMP: 2 mg/kg once daily at night for 6 months <p>Treatment group 2</p> <ul style="list-style-type: none"> • Cefuroxime axetil (10 mg/kg), cefprozil (10 mg/kg), or cefaclor (15 mg/kg) for 6 months
Outcomes	<ul style="list-style-type: none"> • Prevalence of repeat UTI • Time to break through UTI • Bacterial sepsis • Resistance to antibiotics used
Notes	<ul style="list-style-type: none"> • Data could not be included in analyses, not separated into first cross-over • Data were reported as number of courses of antibiotics, not children • Funding source: "This study was not funded by any source"

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	States "randomized at a ratio of 1:1", method of randomisation not reported
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias)	Unclear risk	Unable to determine numbers because reported as courses of antibiotics, not children

Antachopoulos 2016 (Continued)

All outcomes

Selective reporting (reporting bias)	High risk	Appropriate outcomes but unable to use data as results reported as courses of antibiotics, not children
Other bias	Unclear risk	Many details missing and few descriptives of included children

Baciulis 2003

Methods	<ul style="list-style-type: none"> Study design: parallel open-label RCT Duration of study: 2000 to 2002 Follow-up: 6 months
Participants	<ul style="list-style-type: none"> Country: Lithuania Setting: single centre Incidence of acute pyelonephritis acute > 2 times/year, acute or chronic pyelonephritis with urinary tract obstruction symptoms (e.g. hydronephrosis) or VUR, chronic latent cystitis Number: treatment group 1 (15); treatment group 2 (18) Mean age \pm SD (years): treatment group 1 (8.4 \pm 2.3); treatment group 2 (7.8 \pm 3.5) Sex (M/F): treatment group 1 (0/15); treatment group 2 (1/17) Exclusion criteria: acute pyelonephritis without urinary tract obstruction characteristic; acute cystitis; source of infection agent Pseudomonas; cefadroxil allergic children; increased susceptibility to cephalosporins
Interventions	Treatment group 1 <ul style="list-style-type: none"> Cefadroxil: 12.5 to 15 mg/kg every night for 6 months Treatment group 2 <ul style="list-style-type: none"> Cefadroxil: 12.5 to 15 mg/kg on alternate nights for 6 months
Outcomes	<ul style="list-style-type: none"> Repeat positive urine culture Adverse effect; nausea Day/night time wetting
Notes	<ul style="list-style-type: none"> Translated from Lithuanian Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	High risk	Open-label study

Baciulis 2003 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	The paper does not clearly state whether more children were enrolled than are reported, so it is unclear whether there is any missing data
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to permit judgement; funding source not reported

Beiraghi Toosi 2011

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Duration of study: not reported • Duration of follow-up: 6 months
Participants	<ul style="list-style-type: none"> • Country: Iran • Setting: 2 hospitals • Children attending a nephrology clinic or ward requiring prophylactic antibiotics • Number: treatment group 1 (50); treatment group 2 (52) • Age range: 1 to 15 years • Sex (M/F): not reported • Exclusion criteria: not reported
Interventions	<p>Treatment group 1</p> <ul style="list-style-type: none"> • Nalidixic acid: at night for 6 months (dose not reported) <p>Treatment group 2</p> <ul style="list-style-type: none"> • Cotrimoxazole: at night for 6 months (dose not reported)
Outcomes	<ul style="list-style-type: none"> • Screen detected positive culture, no details provided on microbiological definition or presence of symptoms
Notes	<ul style="list-style-type: none"> • Abstract only publication very few details

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement

Beiraghi Toosi 2011 (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to permit judgement; funding source not reported

Belet 2004

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Duration of study: 1998 to 2000 • Duration of follow-up: 6 months
Participants	<ul style="list-style-type: none"> • Country: Turkey • Setting: single centre • Children with recurrent UTI and no underlying urinary pathology; no definitions of UTI; urine samples screened at visits; no children with VUR • Number: treatment group 1 (21); treatment group 2 (25); treatment group 3 (34) • Mean age \pm SE (years): treatment group 1 (7.7 ± 0.9); treatment group 2 (4.3 ± 0.7); treatment group 3 (4.4 ± 0.6) • Sex (M/F): treatment group 1 (4/17); treatment group 2 (7/18); treatment group 3 (2/32) • Exclusion criteria: not reported
Interventions	Treatment group 1 <ul style="list-style-type: none"> • TMP/SMX: 1 to 2 mg/kg for 3 months Treatment group 2 <ul style="list-style-type: none"> • Cefadroxil: 5 mg/kg for 3 months Treatment group 3 <ul style="list-style-type: none"> • Cefprozil: 5 mg/kg for 3 months
Outcomes	<ul style="list-style-type: none"> • Repeat symptomatic UTI • Asymptomatic UTI • Adverse reactions
Notes	<ul style="list-style-type: none"> • 20 excluded after randomisation: TMP/SMX (12); cefadroxil (8) (did not come to check-ups or did not use the drug regularly during prophylaxis) • Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details of how sequence was generated, states randomised by drawing lots

Belet 2004 (Continued)

Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Low risk	No missing data evident, no losses during follow-up reported
Selective reporting (reporting bias)	Low risk	Primary outcome is appropriate
Other bias	High risk	Age of TMP/SMX group was significantly higher than the other two groups

Brendstrup 1990

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Duration of study: 1982 to 1986 • Duration of follow-up: 6 months
Participants	<ul style="list-style-type: none"> • Country: Denmark • Setting: multicentre (7) • Children with UTI in the previous year were included; stratified by urography <ul style="list-style-type: none"> * VUR: 30; abnormal urography: 30 • Number (analysed/randomised): 120/130; treatment group 1 (67/60); treatment group 2 (63/60) • Mean age (range): 7.5 years (1 to 14) • Sex (M/F): 4/126 • Exclusion criteria: SCr > 120 µmol/L; myelomeningocele; obstruction to flow; immunodeficiency; allergic reactions to nitrofurantoin or TMP; concomitant antibiotic treatment
Interventions	<p>Treatment group 1</p> <ul style="list-style-type: none"> • Nitrofurantoin: 1 to 1.5 mg/kg for a mean of 5.6 months <p>Treatment group 2</p> <ul style="list-style-type: none"> • TMP: 2 to 3 mg/kg for a mean of 5.9 months
Outcomes	<ul style="list-style-type: none"> • Number of repeat infections/group • Number of children who discontinued antibiotics due to adverse reactions
Notes	<ul style="list-style-type: none"> • Urine screened every month and if the child developed symptoms. Discussion states they did not record symptoms so cannot distinguish between asymptomatic UTI and symptomatic UTI • Separate outcomes for abnormal urography, reflux and normal children presented in paper • 10 children withdrew from study prior to 1st urine collection; nitrofurantoin (7); TMP (3) • Initial UTI defined a clean-catch midstream urine > 100,000 CFU/mL • Funding source: "The Danish Medical Research Council (no. 5521 11 1 and no. 5521486)"

Brendstrup 1990 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Does not state how sequence was generated Quote: "randomised by the local hospital"
Allocation concealment (selection bias)	Low risk	Allocation by external group
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Two antibiotics were delivered in indistinguishable mixtures, suggests blinding
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	High risk	7/60 in nitrofurantoin group, and 3/60 in trimethoprim group excluded from analysis, only included in the evaluation of side effects
Selective reporting (reporting bias)	High risk	Primary outcome is positive culture rather than symptomatic UTI
Other bias	Unclear risk	Insufficient information to permit judgement

Carlsen 1985

Methods	<ul style="list-style-type: none"> • Study design: cross-over RCT • Duration of study: not reported • Duration of follow-up: 12 to 14 months
Participants	<ul style="list-style-type: none"> • Country: Denmark • Setting: single centre • Children with either VUR (17 children) or a history of recurrent UTI defines as ≥ 3 episodes in 12 months or 2 episodes in 6 months (18 children) • Number: 35 • Age: 1 to 13 years • Sex (M/F): 4/31 • Exclusion criteria: previous intolerance to nitrofurantoin; VUR > grade 3
Interventions	Treatment group 1 <ul style="list-style-type: none"> • Pivmecillinam <ul style="list-style-type: none"> * 100 mg/d for children < 6 years * 200 mg/d for children > 6 years Treatment group 2 <ul style="list-style-type: none"> • Nitrofurantoin: 1.5 mg/kg/d Cross-over

Carlsen 1985 (Continued)

- 6 to 10 months for 1st antibiotic, crossed over to 2nd antibiotic for 6 months

Outcomes	<ul style="list-style-type: none"> • Number of repeat positive urine cultures • Tolerance/side effects • Changes in faecal flora
Notes	<ul style="list-style-type: none"> • Urine samples screened each visit • Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No details reported
Allocation concealment (selection bias)	Unclear risk	States "randomly allocated" but no other details
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	High risk	Withdrawals detailed, 11/35 did not complete the study and were not analysed
Selective reporting (reporting bias)	High risk	Primary outcome is positive culture, not symptomatic UTI
Other bias	Unclear risk	Many details missing

Falakflaki 2007

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Recruitment period; 2004 to 2006 • Duration of follow-up: 6 months
Participants	<ul style="list-style-type: none"> • Country: Iran • Setting: single centre • Previous UTI, no previous prophylaxis; aged 3 months to 12 years; normal kidney function, at least one of the following: > 3 UTI/year, VUR grades 1 to 4, obstructive lesions, other anatomical abnormalities, or aged < 1 year • Number/VUR: treatment group 1 (66/31); treatment group 2 (66/26) • Mean age, range: treatment group 1 (3.8 years, 3 months to 12 years); treatment group 2 (4.4 years, 4 months to 11 years) • Sex (M/F): treatment group 1 (23/43); treatment group 2 (13/53) • Exclusion criteria: Impaired kidney function; contraindication for nitrofurantoin or TMP/SMX (e.g. G6PD deficiency); any side effects of drugs

Falakaflaki 2007 (Continued)

Interventions	Treatment group 1 <ul style="list-style-type: none"> TMP/SMX: 2 mg/kg/d for 6 months Treatment group 2 <ul style="list-style-type: none"> Nitrofurantoin: 1 to 2mg/kg/d for 6 months
Outcomes	<ul style="list-style-type: none"> Repeat symptomatic UTI (culture + fever or other symptoms)
Notes	<ul style="list-style-type: none"> Included bag samples Patients kept on the study after a recurrence, and changed prophylaxis type if recurrence was with a bacterial agent resistant to their allocated treatment Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No withdrawals or loss to follow up stated, unsure of completeness of reporting
Selective reporting (reporting bias)	Low risk	Primary outcome symptomatic UTI
Other bias	Unclear risk	Many details not reported, difficult to determine

Gucuk 2013

Methods	<ul style="list-style-type: none"> Study design: 4-arm RCT Duration of study: May 2006 to January 2010 Duration of follow-up: 12 months
Participants	<ul style="list-style-type: none"> Country: Turkey Setting: single centre Uncircumcised boys < 3 years with grade 1-3 VUR after 1st febrile UTI Number: group 1 (46); group 2 (45); group 3 (47); group 4 (59) <ul style="list-style-type: none"> * VUR: 99 * Healthy boys: 117

Gucuk 2013 (Continued)

- Mean age \pm SD (months): group 1 (19.10 \pm 9.4); group 2 (19.77 \pm 9.12); group 3 (20.55 \pm 9.47); group 4 (18.76 \pm 8.76)
- Exclusion criteria: recently received antibiotic treatment for any reason; phimosis; balanitis; urinary tract pathology (neurogenic bladder, bladder diverticula, ureterocele); high grade VUR (III to V); allergy to sulphonamide

Interventions	Group 1 (with VUR) <ul style="list-style-type: none"> • TMP/SMX: 2/10 mg/kg once/day for 12 months Group 2 (with VUR) <ul style="list-style-type: none"> • Antibiotics: 2/10 mg/kg TMP/SMX once/day for 12 months • Circumcision Group 2 (healthy boys) <ul style="list-style-type: none"> • Circumcision Group 2 (healthy boys) <ul style="list-style-type: none"> • Observation only (no antibiotics and no circumcision)
Outcomes	<ul style="list-style-type: none"> • Repeat symptomatic UTI • Repeat positive culture • Peri-urethral colonization • No data on microbial resistance
Notes	<ul style="list-style-type: none"> • Circumcision was performed using the dorsal-ventral slit technique in the operating room with adequate analgesia or sedation • Funding source: not reported • Boys with VUR were randomised into 2 groups; boys without VUR randomised into 2 groups so can't use data across all 4 groups. Boys without VUR were not given antibiotics so no data available

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	High risk	19 boys lost to follow-up and no data reported
Selective reporting (reporting bias)	Low risk	Clinically relevant outcome of repeat symptomatic UTI was reported

Gucuk 2013 (Continued)

Other bias	Unclear risk	Uncertain generalisability because uncertain of the selection process for the study
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Lettgen 2002

Methods	<ul style="list-style-type: none"> • Study design: parallel, open-label RCT • Duration of study: not reported • Duration of follow-up: 6 to 12 months
Participants	<ul style="list-style-type: none"> • Country: Germany • Setting: single centre • Girls with at least 2 UTIs in the last 12 months • Number (analysed/randomised): treatment group 1 (27/29); treatment group 2 (30/31) • Age range: 1 to 11 years • VUR: not reported • Exclusion criteria: existing UTI or < 2 UTIs within the previous year; pyelonephritis; urolithiasis; neurogenic bladder; urinary tract obstruction
Interventions	Treatment group 1 <ul style="list-style-type: none"> • Cefixime: 2 mg/kg for 6 to 12 months Treatment group 2 <ul style="list-style-type: none"> • Nitrofurantoin: 1 mg/kg for 6 to 12 months
Outcomes	<ul style="list-style-type: none"> • Number of repeat clinical infections (not all culture verified) • Number of children who experienced adverse reactions of treatment
Notes	<ul style="list-style-type: none"> • Initial UTI diagnosed by MSU > 100,000 CFU/mL • Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	External to investigators, managed by department of statistics university clinic
Allocation concealment (selection bias)	Unclear risk	Allocation managed by department and examining physician
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	2/60 lost to follow-up accounted for

Lettgen 2002 (Continued)

Selective reporting (reporting bias)	High risk	Primary outcome is clinical diagnosis, not all were culture verified
Other bias	Unclear risk	Many methodological details missing, uncertain of other biases

Liern 2011

Methods	<ul style="list-style-type: none"> Study design: open-label parallel RCT Duration of study: not reported Duration of follow-up: 12 months
Participants	<ul style="list-style-type: none"> Country: Argentina Setting: single centre Children > 3 years; history of recurrent UTI; toilet trained with no uropathy; normal creatinine; normal renal ultrasound; no antibiotic prophylaxis in past 6 months Number: treatment group (26); control group (24) Mean age (range): 4.6 years (3 to 7 years) Sex (M/F): treatment group (8/18); control group (11/13) Exclusion criteria: pyelonephritis with scarring; VUR; synechiaie phimosis; non-corrected labia minora
Interventions	<p>Treatment group (one of 3 antibiotics)</p> <ul style="list-style-type: none"> TMP/SMX: 2 mg/kg once/night OR Nitrofurantoin: 2 mg/kg once/night OR Cephalexin: 25 mg/kg once/night <p>Control group</p> <ul style="list-style-type: none"> No treatment, monthly urine sample tests
Outcomes	<ul style="list-style-type: none"> Incidence rate of UTI Month of UTI episode Correlation coefficients with predisposing factors No data on adverse events or microbial resistance
Notes	<ul style="list-style-type: none"> Funding source: not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation was performed using the statistical program EPIDAT.3.0, creating two groups
Allocation concealment (selection bias)	Low risk	Allocation was unlikely to be manipulated but treatment arm was known
Blinding of participants and personnel (performance bias) All outcomes	High risk	No blinding
Blinding of outcome assessment (detection bias)	Unclear risk	Insufficient information to permit judgement

Liern 2011 (Continued)

All outcomes

Incomplete outcome data (attrition bias) All outcomes	High risk	8/58 lost to follow-up, no data given
Selective reporting (reporting bias)	High risk	Unclear reporting of repeat symptomatic UTIs
Other bias	Unclear risk	Translation is imperfect and might contribute to uncertainty in details

Lohr 1977

Methods	<ul style="list-style-type: none"> • Study design: cross-over RCT • Duration of study: not reported • Duration of follow-up: 12 months
Participants	<ul style="list-style-type: none"> • Country: USA • Setting: single centre • Girls with at least 3 culture-proven episodes of bacteriuria in the previous year; no evidence of parenchymal damage or gross structural abnormality requiring surgery • Number: 18 • Mean age (range): 6.4 years (3 to 13 years) • VUR: 1 • Previously undergone urinary tract surgery for urethral dilatation: 4 • Exclusion criteria: G6PD deficiency
Interventions	<p>Treatment group</p> <ul style="list-style-type: none"> • Nitrofurantoin <ul style="list-style-type: none"> * 50 mg/d for children > 20 kg * 25 mg/d for children < 20 kg <p>Control group</p> <ul style="list-style-type: none"> • Placebo tablets matched to both tablet sizes <p>Cross-over</p> <ul style="list-style-type: none"> • Antibiotic or placebo for 6 months then crossed over to alternate for 6 further months
Outcomes	<ul style="list-style-type: none"> • Number of repeat symptomatic and asymptomatic infections/group
Notes	<ul style="list-style-type: none"> • Funding source: "Supported in part by a grant from Eaton Laboratories"

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Low risk	States the code was unknown to investigators

Lohr 1977 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matching placebo used so couldn't tell which drug the child was taking
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No missing data apparent
Selective reporting (reporting bias)	Unclear risk	Single outcome of bacteriuria, appears to have included symptomatic and asymptomatic events
Other bias	Unclear risk	Methodology details poorly reported

Montini 2008

Methods	<ul style="list-style-type: none"> • Study design: open-label parallel RCT • Duration of study: May 2000 to August 2006 • Duration of follow-up: 12 months
Participants	<ul style="list-style-type: none"> • Country: Italy • Setting: multicentre (22 sites) • Children with normal kidney function and 1st febrile UTI, pyuria ≥ 25 cells/μL on 2 consecutive urine samples and urine culture 1 organism $\geq 10^8$ CFU/L on 2 consecutive bag samples; 2 urinalysis results had to be concordant; symptoms had to at least 2 of: fever $> 38^\circ\text{C}$, ESR > 30 mm in 1 standard hour or CRP ≥ 3 times upper limit of normal and neutrophil count above normal • Number: treatment group (127); control group (211) • Mean age \pm SD (months): treatment group (14.7 ± 15.5); control group (14.7 ± 15.5) • Sex (M/F): treatment group (37/90); control group (67/144) • Exclusion criteria: complex urologic malformations, and/or severe renal damage (DMSA $< 30\%$ relative function).
Interventions	<p>Treatment group 1</p> <ul style="list-style-type: none"> • Cotrimoxazole or co-amoxiclav: 15 mg/kg/d for 12 months <p>Control group</p> <ul style="list-style-type: none"> • No treatment
Outcomes	<ul style="list-style-type: none"> • Repeat febrile UTI • Repeat positive urine culture
Notes	<ul style="list-style-type: none"> • Funding source: "This study was supported by Region of Veneto (research project 40/01) and association Il Sogno di Stefano (Stephen's Dream)."

Risk of bias

Bias	Authors' judgement	Support for judgement
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Montini 2008 (Continued)

Random sequence generation (selection bias)	Low risk	Computer generated by the coordinating centre
Allocation concealment (selection bias)	Low risk	Allocation unable to be manipulated
Blinding of participants and personnel (performance bias) All outcomes	High risk	Unblinded, open label
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Unsure for UTI, DMSA scans read blind to treatment
Incomplete outcome data (attrition bias) All outcomes	Low risk	Lost to follow-up accounted for (10/127 and 16/211)
Selective reporting (reporting bias)	Low risk	Primary outcome appropriate
Other bias	Low risk	Well reported study

PRIVENT 2009

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Duration of study: December 1998 to March 2007 • Duration of follow-up:
Participants	<ul style="list-style-type: none"> • Country: Australia • Setting: multicentre (4 sites) • Children from birth to 18 years with one or more symptomatic and microbiologically proven UTI; any grade of VUR (243 with VUR) • Number: treatment group (288); control group (288) • Median age (months): treatment group (13.1); control group (14.5) • Sex (M/F): treatment group (105/183); control group (102/186) • Exclusion criteria: known neurologic, skeletal, or urologic predisposing cause or known contraindication to TMP/SMX
Interventions	<p>Treatment group</p> <ul style="list-style-type: none"> • TMP/SMX: 2/10 mg/kg/day for 12 months <p>Control group</p> <ul style="list-style-type: none"> • Colour and taste matched placebo in the same volume for 12 months
Outcomes	<ul style="list-style-type: none"> • Symptomatic UTI within 12 months • Febrile UTI • Hospitalisation for UTI • Hospitalisation for non-UTI illnesses • Deterioration of parenchyma, detected by DMSA

PRIVENT 2009 (Continued)

- Notes
- Review authors are investigators and authors on this trial - data was extracted by an independent person
 - Funding source: "Supported by grants from the National Health and Medical Research Council of Australia (990735, 301999, and 402764) and from the Financial Markets Foundation for Children of Australia (058-2003) and by a private donation by J.T. Honan of the Manildra Group"

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Sequence generated by external, independent facility
Allocation concealment (selection bias)	Low risk	Externally managed without the possibility of interference from patients, parents, health care providers or researchers
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Patients, carers, clinicians and research staff blind to treatment allocation
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Clinical symptoms, urine culture and DMSA results read blind to treatment allocation. Statistical analysis completed blind to treatment group
Incomplete outcome data (attrition bias) All outcomes	Low risk	All patients accounted for and detailed, 4/288 in antibiotic arm and 8/288 in placebo arm lost to follow-up. Included in denominator of analyses
Selective reporting (reporting bias)	Low risk	Primary outcome appropriate, secondary outcomes detailed
Other bias	Low risk	Methods and patient descriptors reported in good detail

Savage 1973

Methods	<ul style="list-style-type: none"> • Study design: parallel RCT • Recruitment period: 1969 to 1970 • Duration of follow-up: mean of 44 months (treatment cessation 10 weeks)
Participants	<ul style="list-style-type: none"> • Country: UK • Setting: single centre • Girls with a criteria for initial UTI diagnosis was > 100,000 CFU/mL on 3 consecutive occasions • VUR: 19 • Number: treatment group (29); control group (34) • Mean age: treatment group (6 years 3 months); control group (5 years 10 months) • Sex: all girls • Exclusion criteria: past history of UTI or "unwell"
Interventions	Treatment group

Savage 1973 (Continued)

- Antibiotic treatment according to sensitivities
 - * Nitrofurantoin: 4 mg/kg/d for 10 weeks after 2 weeks acute treatment OR
 - * Cotrimoxazole: 20 to 40 mg TMP; 100 to 200 mg SMX twice daily for 10 weeks after 2 weeks acute treatment

Control group

- No treatment for 10 weeks after 2 weeks of acute treatment with ampicillin

- | | |
|----------|---|
| Outcomes | <ul style="list-style-type: none"> • Number of symptomatic UTI • Number of repeat positive cultures |
|----------|---|

- | | |
|-------|---|
| Notes | <ul style="list-style-type: none"> • Funding source: "This work was supported by a grant from the Secretary of State for Scotland" |
|-------|---|

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	States allocated by random numbers except for those with history of past UTI
Blinding of participants and personnel (performance bias) All outcomes	High risk	No blinding used
Blinding of outcome assessment (detection bias) All outcomes	High risk	No blinding used
Incomplete outcome data (attrition bias) All outcomes	Low risk	Loss to follow-up accounted for and described
Selective reporting (reporting bias)	Low risk	Appropriate primary outcome (symptomatic UTI)
Other bias	Unclear risk	Many methodology details missing

Smellie 1978

- | | |
|--------------|---|
| Methods | <ul style="list-style-type: none"> • Study design: open-label, parallel RCT • Duration of study: not reported • Duration of follow-up: 2 years |
| Participants | <ul style="list-style-type: none"> • Country: UK • Setting: single centre • Children with bacteriologically proven symptomatic UTIs; initial UTI defined by urine culture, but no CFU given • Number: treatment group 1 (13); treatment group 2 (12); control group (22) • Age range: 2 to 12 years • Sex (M/F): treatment group 1 (2/11); treatment group 2 (2/10); control group (1/21) |

Smellie 1978 (Continued)

- VUR: none
- Exclusion criteria: not reported

Interventions	Treatment group 1 <ul style="list-style-type: none"> • Low dose cotrimoxazole <ul style="list-style-type: none"> * SMX: 10 mg/kg/d for 6 to 12 months * TMP: 2 mg/kg/d for 6 to 12 months Treatment group 2 <ul style="list-style-type: none"> • Nitrofurantoin: 1 to 2 mg/kg/d for 6 to 12 months Control group <ul style="list-style-type: none"> • No treatment
Outcomes	<ul style="list-style-type: none"> • Number of repeat infection per group, asymptomatic reported as well as symptomatic
Notes	<ul style="list-style-type: none"> • Use events within 10 months since treatment was 6 to 12 months and on average 10 months. • Follow-up extended after treatment, ignore events in post-treatment period. Assume 1 asymptomatic UTI occurred by 6 months • Funding source: "This study was supported by a grant from the Medical Research Council"

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Study was described as randomised, method of randomisation was not reported
Allocation concealment (selection bias)	Unclear risk	Treatment allocation known to clinician, possibly manipulatable more children with a history of prior UTIs received prophylaxis
Blinding of participants and personnel (performance bias) All outcomes	High risk	Treatment allocation was known to clinician
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Low risk	Losses to follow-up detailed
Selective reporting (reporting bias)	Low risk	Reports asymptomatic and symptomatic UTI just can't tell in what time frame the single asymptomatic UTI occurred
Other bias	Unclear risk	Many methods details are not detailed

Stansfeld 1975

- | | |
|---------|---|
| Methods | <ul style="list-style-type: none"> • Study design: RCT • Study recruitment period; 1969 |
|---------|---|

Stansfeld 1975 (Continued)

- Follow-up: to 6 months

Participants	<ul style="list-style-type: none"> • Country: UK • Setting: single centre • Children with active UTI (first or recurrent) Initial UTI defined as two or more consecutive, significant and consistent urine cultures accompanied by pyuria • Number: treatment group (21); control group (24) • Age range: 6 months to 14 years • Sex (M/F): 3/42 • VUR: 10 • Exclusion criteria: neonates; children with impaired drainage due to obstruction or bladder paralysis
Interventions	<p>Cotrimoxazole given for 2 weeks and then randomised to treatment or control</p> <p>Treatment group</p> <ul style="list-style-type: none"> • Cotrimoxazole: given for 6 months, no dosage stated <p>Control group</p> <ul style="list-style-type: none"> • Placebo tablets for 6 months
Outcomes	<ul style="list-style-type: none"> • Number of repeat positive cultures
Notes	<ul style="list-style-type: none"> • Urine samples screened at each visit

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Sequence generated and held in pharmacy, independent to investigators
Allocation concealment (selection bias)	Low risk	Clinician unable to manipulate allocation
Blinding of participants and personnel (performance bias) All outcomes	Low risk	States double blinding and used a placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Low risk	Loss to follow-up detailed
Selective reporting (reporting bias)	High risk	Primary outcome positive culture, not symptomatic UTI
Other bias	Unclear risk	Many methods poorly reported

CFU - colony forming units; CRP - C-reactive protein; ESR- erythrocyte sedimentation rate; DMSA - ⁹⁹Tc-dimercaptosuccinic acid; G6PD - glucose-6-phosphate dehydrogenase; M/F - male/female; MSU - midstream urine; RCT - randomised controlled trial; SD - standard deviation; SE - standard error; SMX - sulfamethoxazole; TMP - trimethoprim; UTI - urinary tract infection; VUR - vesicoureteric reflux

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Bergstrom 1968	Short duration: antibiotic treatment after randomisation was only 50 days
Bose 1974	Wrong intervention: acute treatment of two types of antibiotics followed by nitrofurantoin prophylaxis i.e. no prophylactic control group
Clemente 1994	Wrong intervention: pidotimod, an immunostimulant agent, plus antibiotics versus placebo for 60 days
Craig 2002	Wrong population: > 50% of children had VUR
Espino Hernandez 2012	Wrong population: > 50% of children had VUR
Feldman 1975	Short duration: 4 week "short term" TMP/SMX versus SMX
Fennell 1980	Short duration: 10 day treatment of ampicillin versus cotrimoxazole versus cephalixin
Fischbach 1989	Short duration: acute treatment for 2 weeks
Garin 2006	Wrong population: 52% of participants had VUR, our inclusion criteria is < 50% with VUR
Habeeb Abid 2015	Wrong population: > 50% children had VUR
Hari 2015	Wrong population: > 50% children had VUR
Lee 2007a	Wrong population: all children had VUR
Lindberg 1978	Short duration: acute treatment study; treatment consisted of nitrofurantoin for 10 days, only received 6 month treatment if they had 2 recurrences
Madsen 1973	Wrong population/short duration: cotrimoxazole versus methacycline for 14 days in mostly adults
Marild 2009	Short duration: acute treatment study
Mohseni 2013	Wrong population: > 50% of children had VUR
Montini 2007	Short duration: acute treatment study
Pennesi 2008	Wrong population: all children have VUR
Pisani 1982	Short duration: acute treatment for 10 days
Ray 1970	Wrong population: > 50% of participants had neurogenic/renal abnormalities
RIVUR 2008	Wrong population: > 50% of participants had VUR
Roussey-Kesler 2008	Wrong population: all children have VUR
Sanchez-Bayle 1983	Wrong population: > 50% of participants had VUR
Swedish Reflux 2010	Wrong population: > 50% of participants had VUR
Zegers 2011	Wrong population: children with urological and urological abnormality, spina bifida

SMX - sulphamethoxazole; TMP - trimethoprim; VUR - vesicoureteric reflux

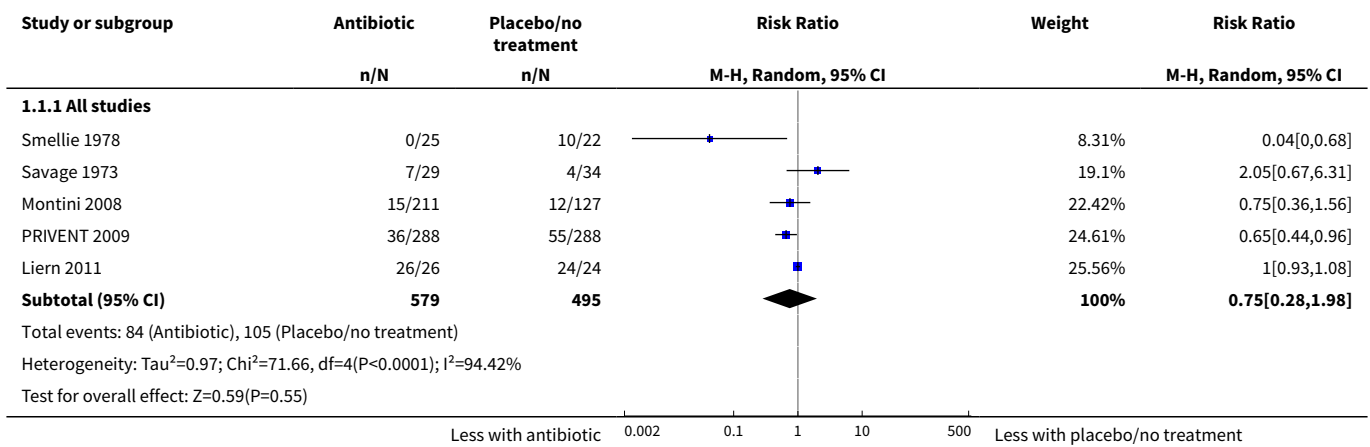
DATA AND ANALYSES

Comparison 1. Antibiotic treatment versus placebo/no treatment

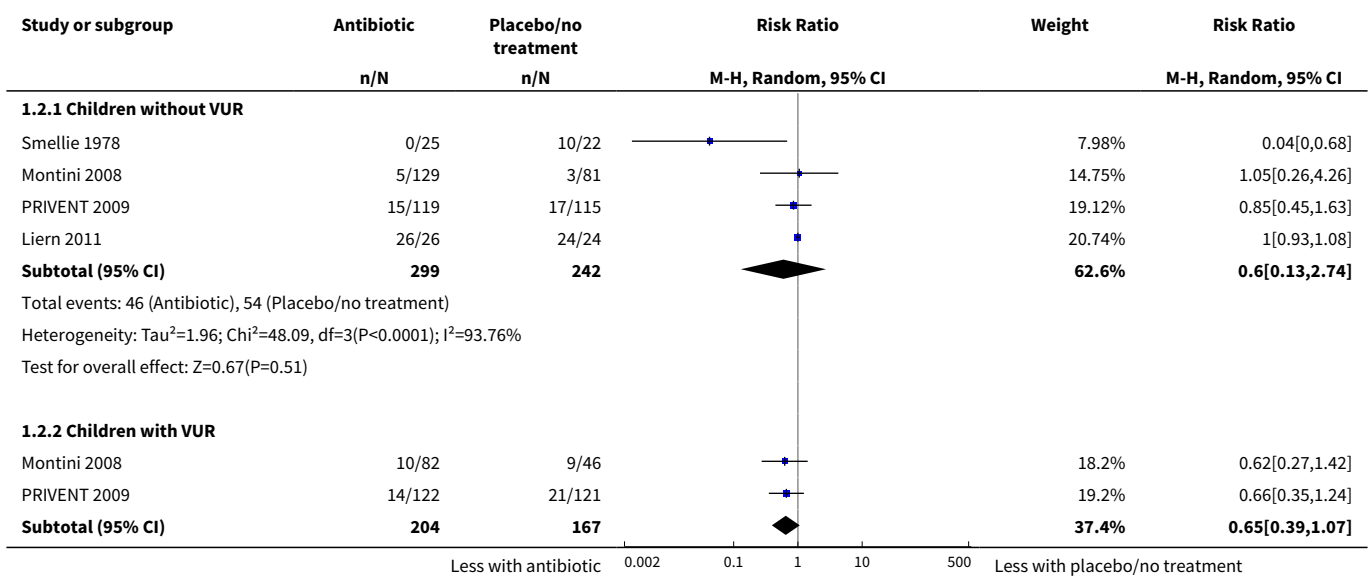
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Recurrence of symptomatic UTI	5		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
1.1 All studies	5	1074	Risk Ratio (M-H, Random, 95% CI)	0.75 [0.28, 1.98]
2 Recurrence of symptomatic UTI: VUR status	4	912	Risk Ratio (M-H, Random, 95% CI)	0.64 [0.24, 1.75]
2.1 Children without VUR	4	541	Risk Ratio (M-H, Random, 95% CI)	0.60 [0.13, 2.74]
2.2 Children with VUR	2	371	Risk Ratio (M-H, Random, 95% CI)	0.65 [0.39, 1.07]
3 Recurrence of symptomatic UTI: risk of bias fields	5		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Adequate allocation concealment studies	2	914	Risk Ratio (M-H, Random, 95% CI)	0.68 [0.48, 0.95]
3.2 Unclear allocation concealment studies	3	160	Risk Ratio (M-H, Random, 95% CI)	0.58 [0.05, 6.41]
3.3 Double-blinded studies	1	576	Risk Ratio (M-H, Random, 95% CI)	0.65 [0.44, 0.96]
3.4 Open label, unblinded studies	4	498	Risk Ratio (M-H, Random, 95% CI)	0.72 [0.18, 2.84]
4 Repeat positive urine culture	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
4.1 All studies	4	467	Risk Ratio (M-H, Random, 95% CI)	0.31 [0.08, 1.18]
5 Repeat positive urine culture: risk of bias fields	4		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
5.1 Adequate allocation concealment studies	2	383	Risk Ratio (M-H, Random, 95% CI)	0.21 [0.02, 2.50]
5.2 Unclear allocation concealment	2	110	Risk Ratio (M-H, Random, 95% CI)	0.21 [0.00, 32.38]
5.3 Double-blinded studies	1	45	Risk Ratio (M-H, Random, 95% CI)	0.05 [0.00, 0.72]
5.4 Open label, unblinded studies	3	448	Risk Ratio (M-H, Random, 95% CI)	0.48 [0.15, 1.54]
6 Adverse events	2		Risk Ratio (M-H, Random, 95% CI)	Subtotals only

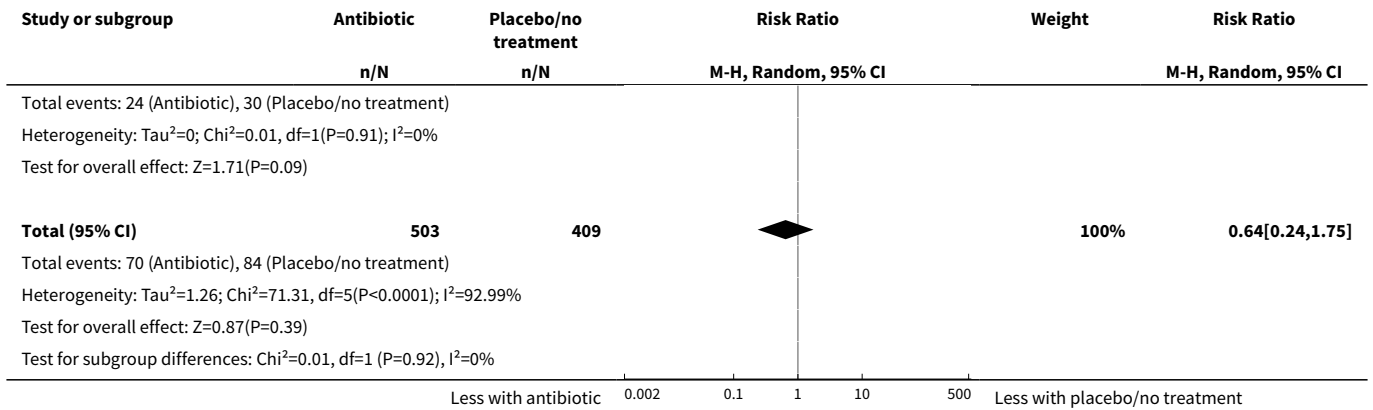
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6.1 All adverse events	2	914	Risk Ratio (M-H, Random, 95% CI)	2.31 [0.03, 170.67]
6.2 Discontinuation of treatment due to adverse events	1	576	Risk Ratio (M-H, Random, 95% CI)	0.4 [0.13, 1.26]
7 Microbial resistance to prophylactic drug	2	118	Risk Ratio (M-H, Random, 95% CI)	2.40 [0.62, 9.26]

Analysis 1.1. Comparison 1 Antibiotic treatment versus placebo/ no treatment, Outcome 1 Recurrence of symptomatic UTI.

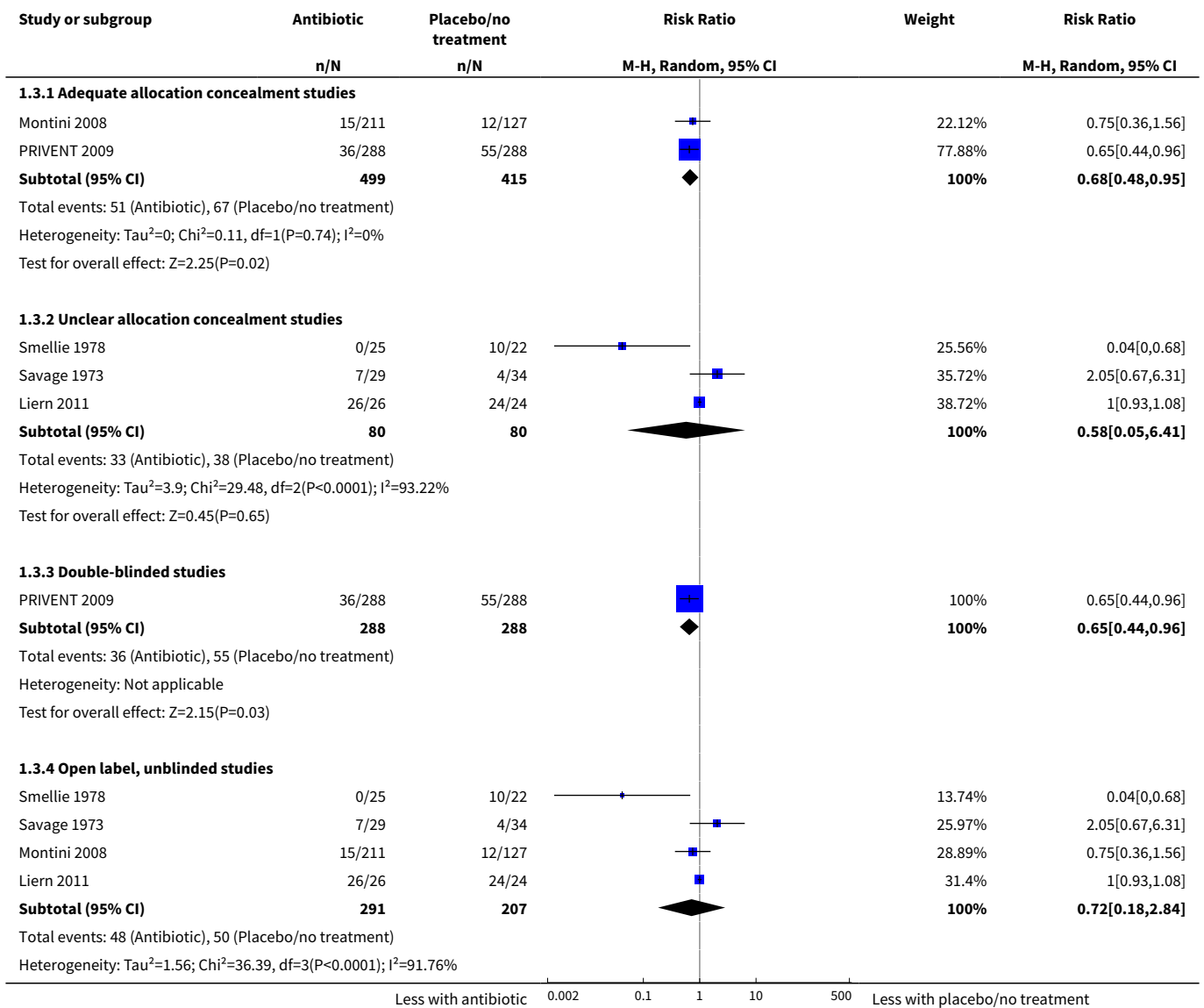


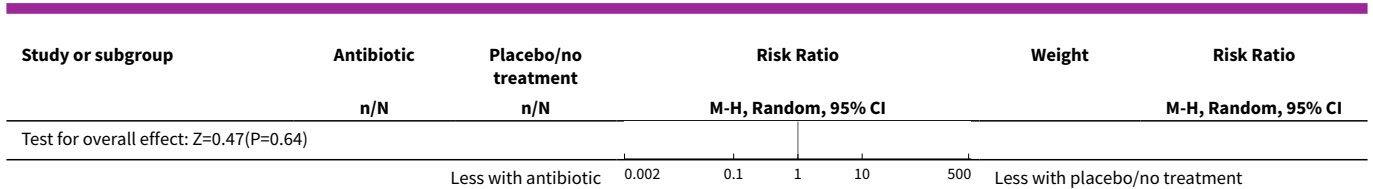
Analysis 1.2. Comparison 1 Antibiotic treatment versus placebo/ no treatment, Outcome 2 Recurrence of symptomatic UTI: VUR status.



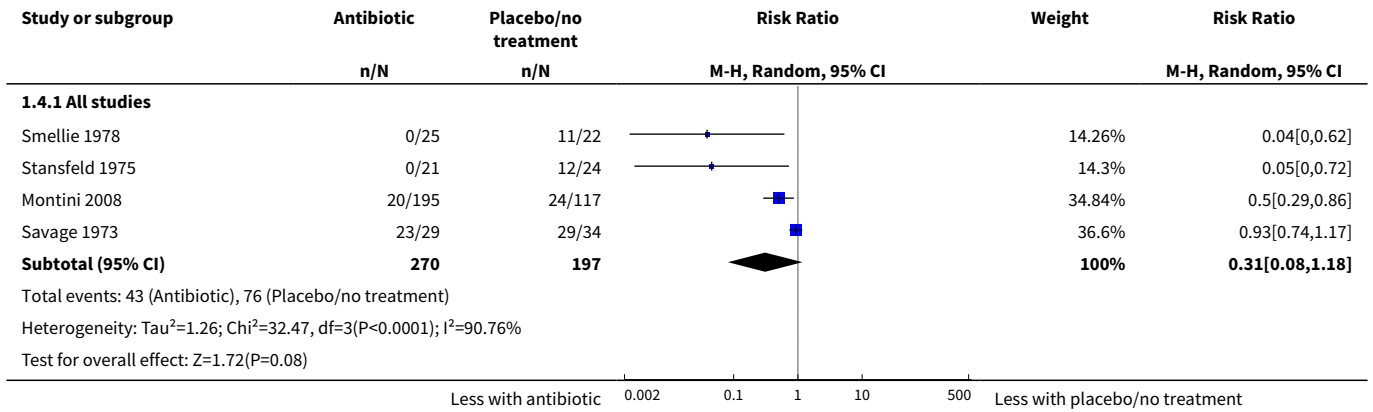


Analysis 1.3. Comparison 1 Antibiotic treatment versus placebo/no treatment, Outcome 3 Recurrence of symptomatic UTI: risk of bias fields.

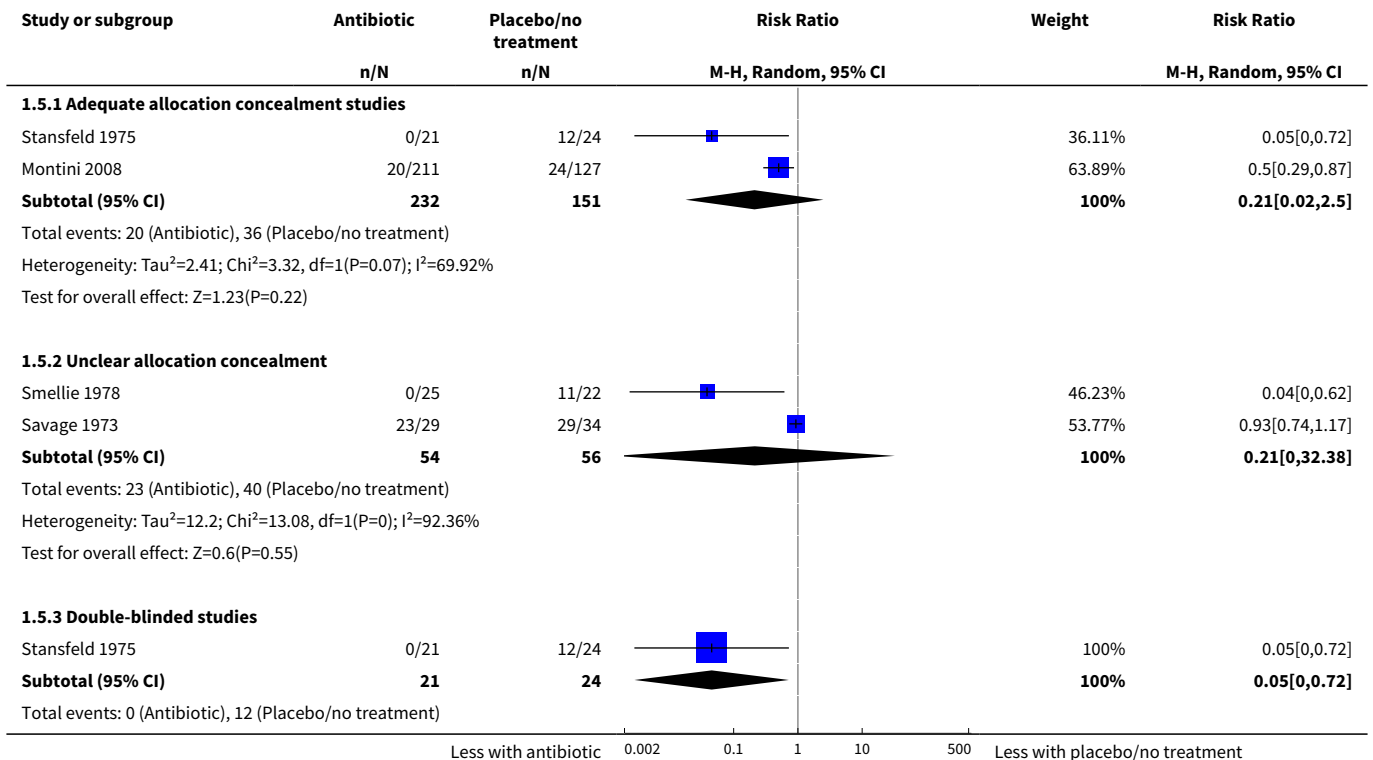


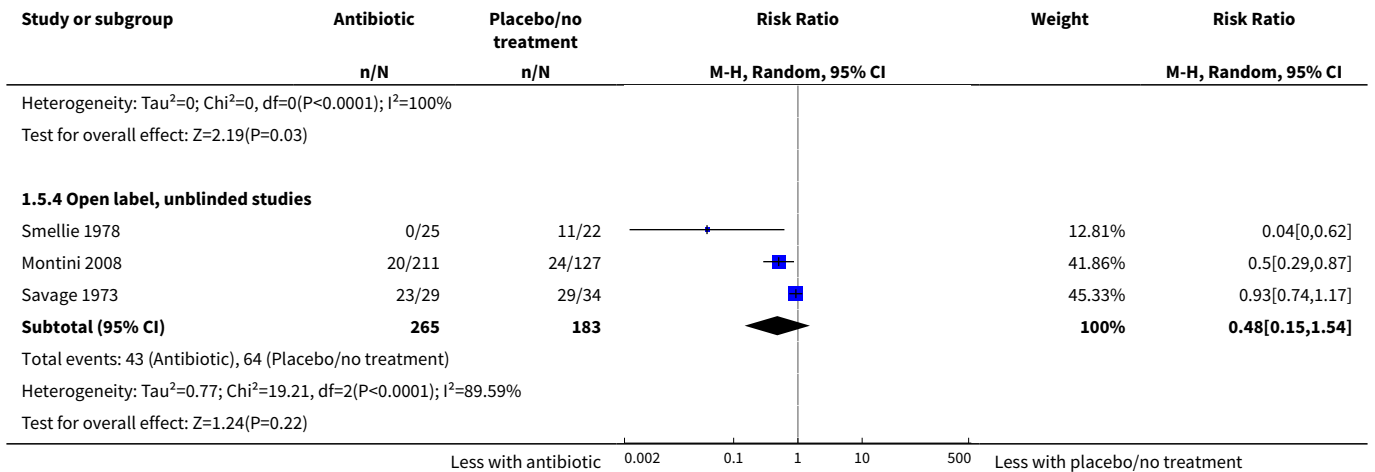


Analysis 1.4. Comparison 1 Antibiotic treatment versus placebo/ no treatment, Outcome 4 Repeat positive urine culture.

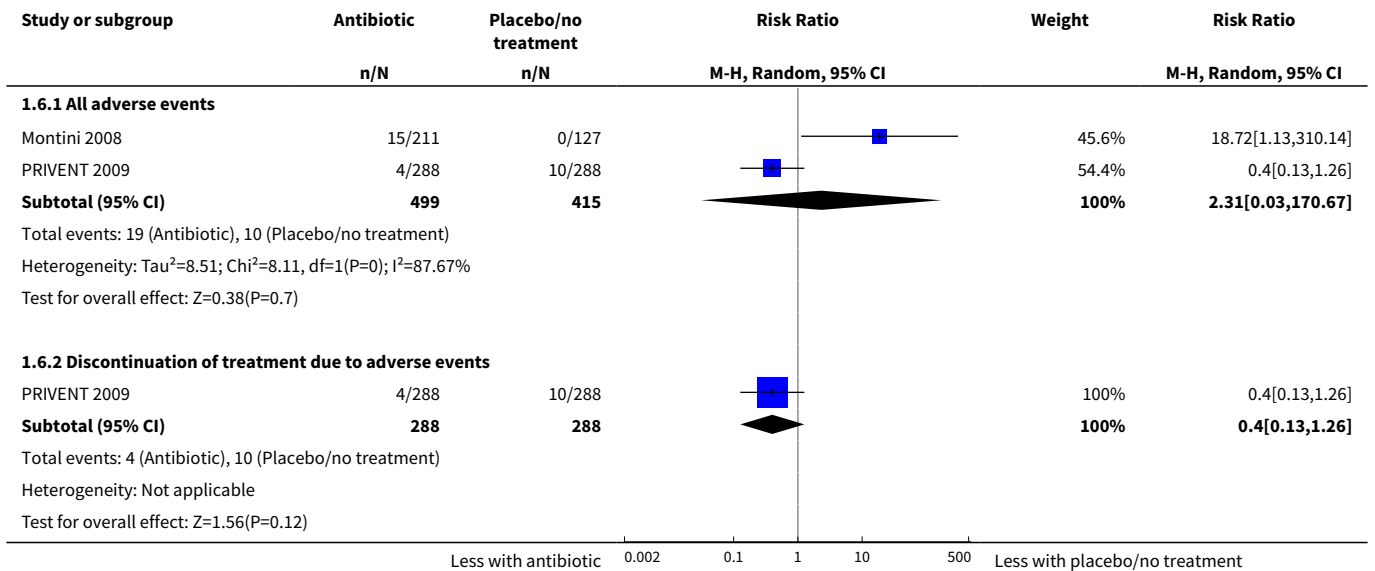


Analysis 1.5. Comparison 1 Antibiotic treatment versus placebo/no treatment, Outcome 5 Repeat positive urine culture: risk of bias fields.

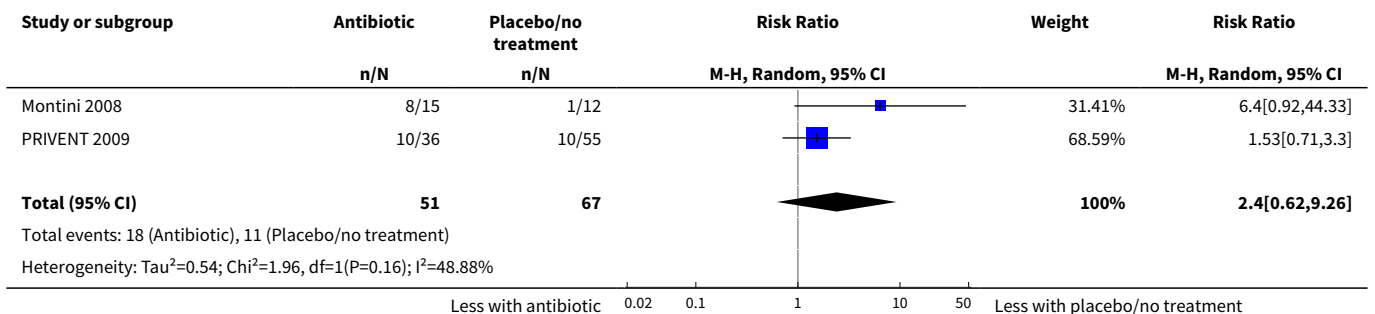


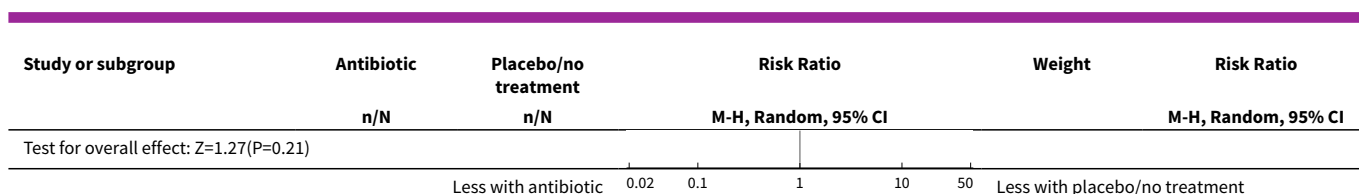


Analysis 1.6. Comparison 1 Antibiotic treatment versus placebo/no treatment, Outcome 6 Adverse events.



Analysis 1.7. Comparison 1 Antibiotic treatment versus placebo/no treatment, Outcome 7 Microbial resistance to prophylactic drug.



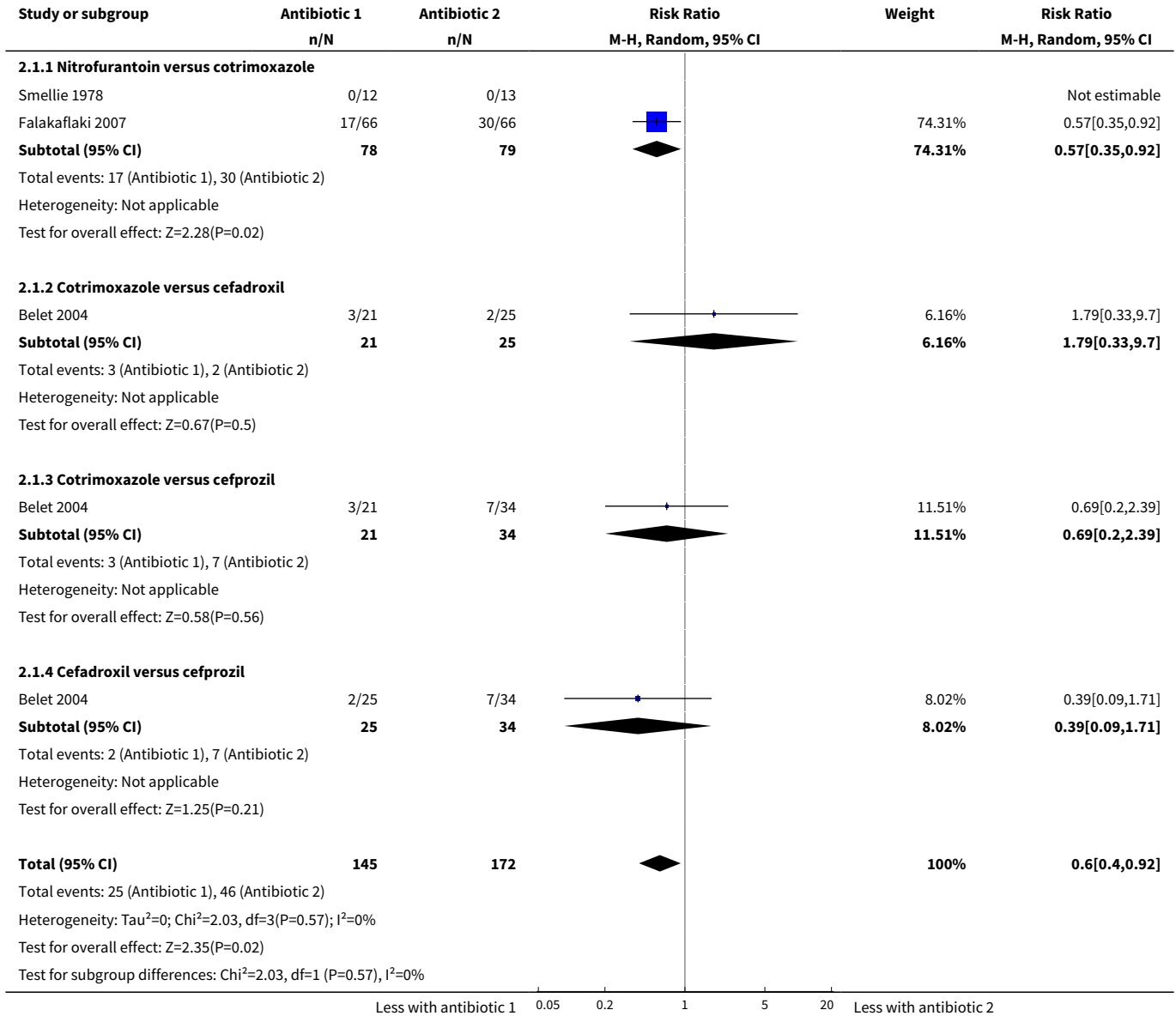


Comparison 2. Comparison between two types of antibiotics

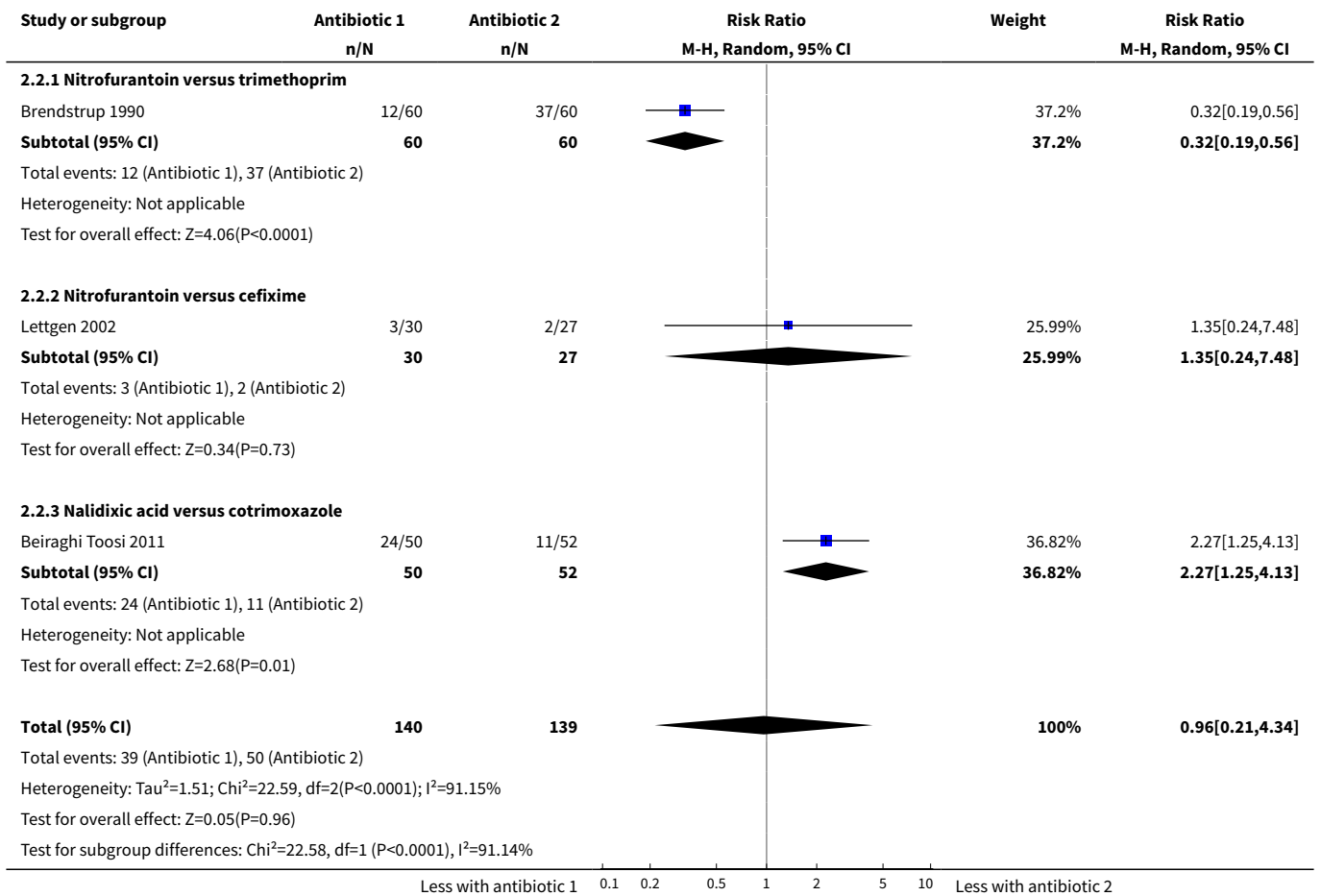
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Recurrence of symptomatic UTI	3	317	Risk Ratio (M-H, Random, 95% CI)	0.60 [0.40, 0.92]
1.1 Nitrofurantoin versus cotrimoxazole	2	157	Risk Ratio (M-H, Random, 95% CI)	0.57 [0.35, 0.92]
1.2 Cotrimoxazole versus cefadroxil	1	46	Risk Ratio (M-H, Random, 95% CI)	1.79 [0.33, 9.70]
1.3 Cotrimoxazole versus cefprozil	1	55	Risk Ratio (M-H, Random, 95% CI)	0.69 [0.20, 2.39]
1.4 Cefadroxil versus cefprozil	1	59	Risk Ratio (M-H, Random, 95% CI)	0.39 [0.09, 1.71]
2 Repeat positive urine culture	3	279	Risk Ratio (M-H, Random, 95% CI)	0.96 [0.21, 4.34]
2.1 Nitrofurantoin versus trimethoprim	1	120	Risk Ratio (M-H, Random, 95% CI)	0.32 [0.19, 0.56]
2.2 Nitrofurantoin versus cefixime	1	57	Risk Ratio (M-H, Random, 95% CI)	1.35 [0.24, 7.48]
2.3 Nalidixic acid versus cotrimoxazole	1	102	Risk Ratio (M-H, Random, 95% CI)	2.27 [1.25, 4.13]
3 Microbial resistance to prophylactic drugs	2		Risk Ratio (M-H, Random, 95% CI)	Subtotals only
3.1 Nitrofurantoin versus cotrimoxazole	2	96	Risk Ratio (M-H, Random, 95% CI)	0.54 [0.31, 0.92]
4 Adverse events	3		Risk Ratio (M-H, Random, 95% CI)	Totals not selected
4.1 Cotrimoxazole versus cefprozil	1		Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
4.2 Nitrofurantoin versus cefixime	1		Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]
4.3 Nitrofurantoin versus trimethoprim	1		Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.4 Discontinuation of treatment due to adverse events	1		Risk Ratio (M-H, Random, 95% CI)	0.0 [0.0, 0.0]

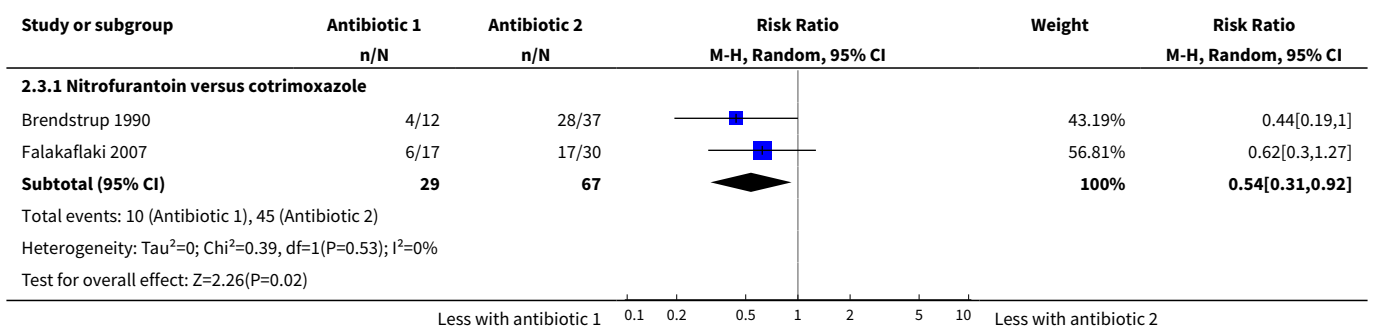
Analysis 2.1. Comparison 2 Comparison between two types of antibiotics, Outcome 1 Recurrence of symptomatic UTI.



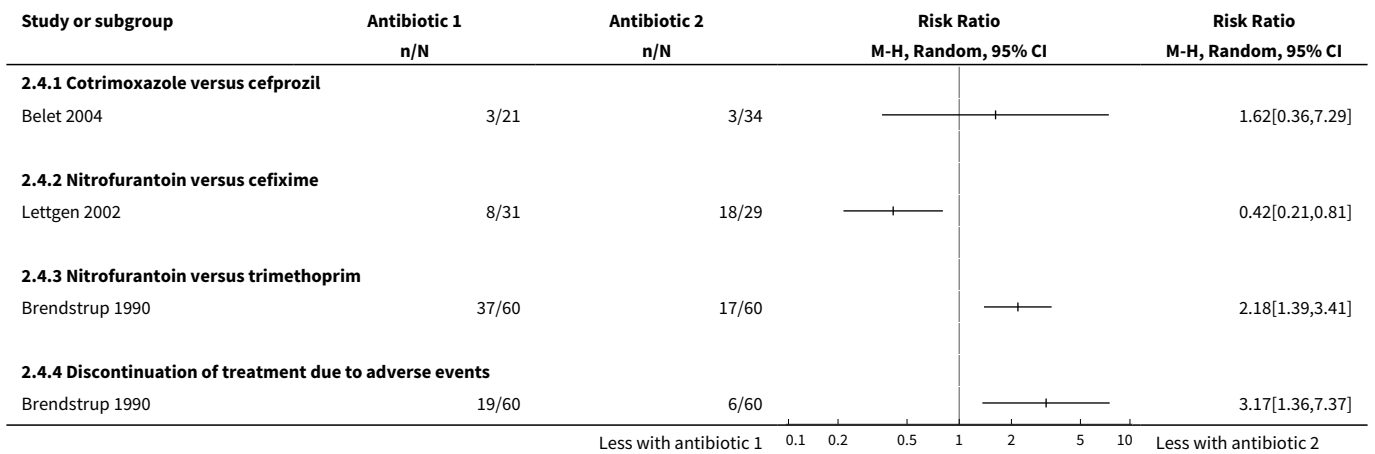
Analysis 2.2. Comparison 2 Comparison between two types of antibiotics, Outcome 2 Repeat positive urine culture.



Analysis 2.3. Comparison 2 Comparison between two types of antibiotics, Outcome 3 Microbial resistance to prophylactic drugs.



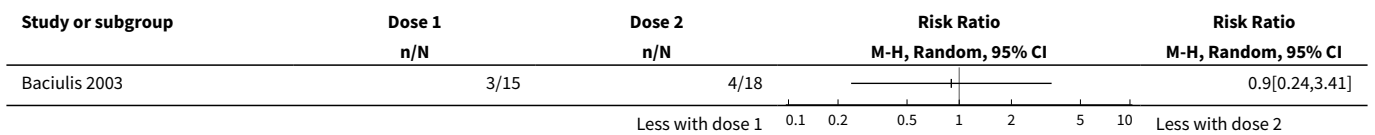
Analysis 2.4. Comparison 2 Comparison between two types of antibiotics, Outcome 4 Adverse events.



Comparison 3. Dose comparison

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Repeat positive urine culture	1		Risk Ratio (M-H, Random, 95% CI)	Totals not selected

Analysis 3.1. Comparison 3 Dose comparison, Outcome 1 Repeat positive urine culture.



APPENDICES

Appendix 1. Electronic search strategies

Database	Search terms
CENTRAL	#1 Urinary Tract Infections explode all trees in MeSH #2 Schistosomiasis haematobia, this term only in MeSH #3 (#1 AND NOT #2) #4 (urin* next tract next infect*) or (urin* next infect*) in All Fields #5 uti #6 bacteriuria #7 pyuria #8 Urine explode all trees in MeSH #9 (#8 AND bacter*) #10 urin* near bacter* in All Fields

(Continued)

- #11 (#9 OR #10)
- #12 (#3 OR #4 OR #5 OR #6 OR #7 OR #11)
- #13 Child explode all trees in MeSH
- #14 child*
- #15 girl*
- #16 boy*
- #17 Pediatrics explode all trees in MeSH
- #18 pediatric*
- #19 paediatric*
- #20 (#13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19)
- #21 Antibiotic Prophylaxis explode all trees in MeSH
- #22 antibio* near prophyla*
- #23 Anti-Bacterial Agents explode all trees in MeSH
- #24 Anti-Infective Agents, Urinary explode all trees in MeSH
- #25 "long term" and (antibiot* or prophylax*)
- #26 (#21 OR #22 OR #23 OR #24 OR #25)
- #27 (#12 AND #20 AND #26)
- #28 Recurrence explode all trees in MeSH
- #29 recurren*
- #30 prevent*
- #31 (#28 OR #29 OR #30)
- #32 (#12 AND #20 AND #31)
- #33 (#32 OR #27)

MEDLINE

1. urinary tract infections/ or bacteriuria/ or pyuria/
2. UTI.tw.
3. urinary tract infection\$.tw.
4. bacteriuria.tw.
5. pyuria.tw.
6. bacterial infection\$.tw.
7. or/1-6
8. exp child/
9. child\$.tw.
10. girl\$.tw.
11. boy\$.tw.
12. exp pediatrics/
13. pediatric\$.tw.
14. paediatric\$.tw.
15. or/8-14
16. and/7,15
17. Antibiotic Prophylaxis/
18. (antibiotic\$ adj5 prophyla\$).tw.
19. exp ANTIBIOTICS/
20. exp Bacterial Infections/
21. anti-infective agents,urinary/
22. (long term adj25 antibiotic\$).tw.
23. (long term adj25 prophyla\$).tw.
24. recurrence/
25. recurren\$.tw.
26. prevent\$.tw.
27. or/17-26
28. and/16,27

EMBASE

1. exp Urinary Tract Infection/
2. asymptomatic bacteriuria/ or bacteriuria/
3. Pyuria/
4. UTI.tw.
5. urinary tract infection\$.tw.
6. bacteriuria.tw.
7. pyuria.tw.

(Continued)

8. or/1-7
9. exp child/
10. exp Pediatrics/
11. child\$.tw.
12. girl\$.tw.
13. boy\$.tw.
14. or/9-13
15. and/8,14
16. exp antibiotic prophylaxis/
17. exp antibiotics/
18. exp urinary tract antiinfective agent/
19. urinary tract antiinfective agent\$.tw.
20. (long term adj10 antibiotic\$.tw.
21. (long term adj25 prophylaxis).tw.
22. (antibiotic adj10 prophylaxis).tw.
23. prophylaxis.tw.
24. recurrent disease/
25. recurren\$.tw.
26. prevent\$.tw.
27. or/16-26
28. and/15,27

Appendix 2. Risk of bias assessment tool

Potential source of bias	Assessment criteria
<p>Random sequence generation</p> <p>Selection bias (biased allocation to interventions) due to inadequate generation of a randomised sequence</p>	<p><i>Low risk of bias:</i> Random number table; computer random number generator; coin tossing; shuffling cards or envelopes; throwing dice; drawing of lots; minimisation (minimisation may be implemented without a random element, and this is considered to be equivalent to being random).</p> <p><i>High risk of bias:</i> Sequence generated by odd or even date of birth; date (or day) of admission; sequence generated by hospital or clinic record number; allocation by judgement of the clinician; by preference of the participant; based on the results of a laboratory test or a series of tests; by availability of the intervention.</p> <p><i>Unclear:</i> Insufficient information about the sequence generation process to permit judgement.</p>
<p>Allocation concealment</p> <p>Selection bias (biased allocation to interventions) due to inadequate concealment of allocations prior to assignment</p>	<p><i>Low risk of bias:</i> Randomisation method described that would not allow investigator/participant to know or influence intervention group before eligible participant entered in the study (e.g. central allocation, including telephone, web-based, and pharmacy-controlled, randomisation; sequentially numbered drug containers of identical appearance; sequentially numbered, opaque, sealed envelopes).</p> <p><i>High risk of bias:</i> Using an open random allocation schedule (e.g. a list of random numbers); assignment envelopes were used without appropriate safeguards (e.g. if envelopes were unsealed or non-opaque or not sequentially numbered); alternation or rotation; date of birth; case record number; any other explicitly unconcealed procedure.</p> <p><i>Unclear:</i> Randomisation stated but no information on method used is available.</p>
<p>Blinding of participants and personnel</p> <p>Performance bias due to knowledge of the allocated interventions by participants</p>	<p><i>Low risk of bias:</i> No blinding or incomplete blinding, but the review authors judge that the outcome is not likely to be influenced by lack of blinding; blinding of participants and key study personnel ensured, and unlikely that the blinding could have been broken.</p>

(Continued)

and personnel during the study

High risk of bias: No blinding or incomplete blinding, and the outcome is likely to be influenced by lack of blinding; blinding of key study participants and personnel attempted, but likely that the blinding could have been broken, and the outcome is likely to be influenced by lack of blinding.

Unclear: Insufficient information to permit judgement

Blinding of outcome assessment

Detection bias due to knowledge of the allocated interventions by outcome assessors.

Low risk of bias: No blinding of outcome assessment, but the review authors judge that the outcome measurement is not likely to be influenced by lack of blinding; blinding of outcome assessment ensured, and unlikely that the blinding could have been broken.

High risk of bias: No blinding of outcome assessment, and the outcome measurement is likely to be influenced by lack of blinding; blinding of outcome assessment, but likely that the blinding could have been broken, and the outcome measurement is likely to be influenced by lack of blinding.

Unclear: Insufficient information to permit judgement

Incomplete outcome data

Attrition bias due to amount, nature or handling of incomplete outcome data.

Low risk of bias: No missing outcome data; reasons for missing outcome data unlikely to be related to true outcome (for survival data, censoring unlikely to be introducing bias); missing outcome data balanced in numbers across intervention groups, with similar reasons for missing data across groups; for dichotomous outcome data, the proportion of missing outcomes compared with observed event risk not enough to have a clinically relevant impact on the intervention effect estimate; for continuous outcome data, plausible effect size (difference in means or standardised difference in means) among missing outcomes not enough to have a clinically relevant impact on observed effect size; missing data have been imputed using appropriate methods.

High risk of bias: Reason for missing outcome data likely to be related to true outcome, with either imbalance in numbers or reasons for missing data across intervention groups; for dichotomous outcome data, the proportion of missing outcomes compared with observed event risk enough to induce clinically relevant bias in intervention effect estimate; for continuous outcome data, plausible effect size (difference in means or standardized difference in means) among missing outcomes enough to induce clinically relevant bias in observed effect size; 'as-treated' analysis done with substantial departure of the intervention received from that assigned at randomisation; potentially inappropriate application of simple imputation.

Unclear: Insufficient information to permit judgement

Selective reporting

Reporting bias due to selective outcome reporting

Low risk of bias: The study protocol is available and all of the study's pre-specified (primary and secondary) outcomes that are of interest in the review have been reported in the pre-specified way; the study protocol is not available but it is clear that the published reports include all expected outcomes, including those that were pre-specified (convincing text of this nature may be uncommon).

High risk of bias: Not all of the study's pre-specified primary outcomes have been reported; one or more primary outcomes is reported using measurements, analysis methods or subsets of the data (e.g. sub-scales) that were not pre-specified; one or more reported primary outcomes were not pre-specified (unless clear justification for their reporting is provided, such as an unexpected adverse effect); one or more outcomes of interest in the review are reported incompletely so that they cannot be entered in a meta-analysis; the study report fails to include results for a key outcome that would be expected to have been reported for such a study.

Unclear: Insufficient information to permit judgement

Other bias

Bias due to problems not covered elsewhere in the table

Low risk of bias: The study appears to be free of other sources of bias.

High risk of bias: Had a potential source of bias related to the specific study design used; stopped early due to some data-dependent process (including a formal-stopping rule); had extreme baseline imbalance; has been claimed to have been fraudulent; had some other problem.

(Continued)

Unclear: Insufficient information to assess whether an important risk of bias exists; insufficient rationale or evidence that an identified problem will introduce bias.

FEEDBACK

Long-term antibiotics for preventing recurrent urinary tract infection in children, 18 June 2019

Summary

I was surprised to see that this review had this statement in the implications for practice "The analysis now demonstrates, with considerable consistency, a small benefit of low dose antibiotics to prevent repeat symptomatic UTI in children." When in analysis 1.1 there is a clear non significant result, with a large amount of heterogeneity. I do not believe that this is a case of low sample numbers causing true significance to be obscured as one old study at high risk of bias was one of the only significant studies. In fact if this study is removed in a sensitivity analysis the RR almost reverts to 1. Given the problem of increased risk of microbial resistance also highlighted by the current authors I think it is unwise to say any more than with current evidence we are unsure of the true effect.

Lastly given the three reasons footnoted in the summary of findings table for outcome 1.1 I struggle to see how this was graded as low quality of evidence rather than very low.

Kind regards, Vanessa Jordan

Reply

1. We have clarified our text to state; "Analysis of the larger, better designed studies" instead of "The analysis now"..... demonstrates with considerable consistency..

This text relates to the analysis in 1.3.1 which gave a risk ratio of 0.68(95%CI 0.48 to 0.95) I²=0%

2. It is somewhat subjective in deciding whether results from a group of studies is low quality or very low quality, we selected low based on the quality of the individual studies in combination with 4 of 5 studies having the same direction of effect and somewhat overlapping confidence intervals.

Contributors

Gabrielle Williams

WHAT'S NEW

Date	Event	Description
16 September 2019	Feedback has been incorporated	Feedback comment and amendment incorporated

HISTORY

Protocol first published: Issue 2, 1998

Review first published: Issue 4, 2001

Date	Event	Description
1 April 2019	New citation required but conclusions have not changed	Small studies added, no change to conclusions
30 July 2018	New search has been performed	Four new studies added
9 March 2011	New citation required and conclusions have changed	Four new studies added

Date	Event	Description
9 October 2008	Amended	Converted to new review format.
22 May 2006	New citation required and conclusions have changed	Substantive amendment

CONTRIBUTIONS OF AUTHORS

- Issue 4 2001, The search strategy, title review, inclusion assessment, data extraction, quality assessment AL and GW; disagreements were resolved by consultation with JC
- Issue 3 2006: Titles and abstracts were reviewed for inclusion by WL and GW; data was extracted and text updated by GW; text review by JC
- Issue 3 2011: Titles and abstract review, data extraction and text revisions GW; text review JC
- Issue 11 2018: Titles and abstract review, data extraction and text revisions GW; data review of [PRIVENT 2009](#) by Narelle Willis; text review JC

DECLARATIONS OF INTEREST

Authors of this review are also authors of the [PRIVENT 2009](#). No authors have any financial interest in the subject matter

SOURCES OF SUPPORT

Internal sources

- The Children's Hospital Fund Clinical Research Grant, Australia.

External sources

- National Health and Medical Research Council, Australia.
- Australian Kidney Foundation, Australia.

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

2011 - Risk of bias assessment tool replaced the quality assessment of allocation concealment, blinding, losses to follow-up, heterogeneity of study group participants, standardisation of outcome assessment, and intention-to-treat analysis.

INDEX TERMS

Medical Subject Headings (MeSH)

Anti-Infective Agents, Urinary [*therapeutic use]; Antibiotic Prophylaxis; Drug Therapy, Combination; Randomized Controlled Trials as Topic; Recurrence; Secondary Prevention; Urinary Tract Infections [drug therapy] [*prevention & control]; Vesico-Ureteral Reflux [prevention & control]

MeSH check words

Child; Female; Humans; Male