

Host—guest complexation-mediated codelivery of anticancer drug and photosensitizer for cancer photochemotherapy

Guocan Yu^{a,1}, Benyue Zhu^{b,1}, Li Shao^{c,1}, Jiong Zhou^{c,1}, Manik Lal Saha^d, Bingbing Shi^d, Zibin Zhang^b, Tao Hong^b, Shijun Li^{b,2}, Xiaoyuan Chen^{a,2}, and Peter J. Stang^{d,2}

^aLaboratory of Molecular Imaging and Nanomedicine, National Institute of Biomedical Imaging and Bioengineering, National Institutes of Health, Bethesda, MD 20892; ^bCollege of Material, Chemistry and Chemical Engineering, Hangzhou Normal University, 311121 Hangzhou, P. R. China; ^cState Key Laboratory of Chemical Engineering, Center for Chemistry of High-Performance & Novel Materials, Department of Chemistry, Zhejiang University, 310027 Hangzhou, P. R. China; and ^dDepartment of Chemistry, University of Utah, Salt Lake City, UT 84112

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Although platinum-based anticancer drugs prevail in cancer treatment, their clinical applications are limited by the severe side effects as well as their ineffectiveness against drug resistant cancers. A precise combination of photodynamic therapy (PDT) and chemotherapy can synergistically improve the therapeutic outcome and thereby may overcome drug resistance through a multipronged assault. Herein, we employ the well-defined cavity of a discrete organoplatinum(II) metallacage (M) to encapsulate octaethylporphine (OEP), a photosensitizer, forming a dual-functionalized system M⊃OEP that is wrapped into the hydrophobic core of the nanoparticles (MNPs) self-assembled from an amphiphilic diblock copolymer. Using a copper-free click reaction, a targeting ligand is conjugated on the surface of the MNPs, aiming to specifically deliver a chemotherapeutic drug and a photosensitizer to cancer cells. Benefiting from the enhanced permeability and retention effect and active targeting capability, high tumor accumulation of MNPs is achieved, leading to an improved therapeutic outcome and reduced side effects. In vivo studies demonstrate that the combination of chemotherapy and PDT exhibits a superior antitumor performance against a drug-resistant tumor model attributed to their synergistic anticancer efficacy.

 $supramolecular\ coordination\ complex\ |\ metallacage\ |\ photodynamic\ therapy\ |\ theranostic\ |\ drug\ delivery$

Platinum-based drugs including cisplatin, carboplatin, and oxaliplatin are used worldwide in cancer treatment; however, their dose-limiting side effects arising from the poor selectivity to cancerous tissue over normal tissues always cause serious complications in patients (1–5). Considerable attention has been given to the development of smart drug-delivery systems that can temporarily passivate platinum complexes and specifically transport the nanomedicines to tumor sites via the enhanced permeability and retention (EPR) effect (6-8). Various nanocarriers including liposomes, micelles, and dendrimers have been employed that can selectively transport platinum-based anticancer drugs to cancerous cells (9-11), while the clinical use of these nanomedicines is still limited by drug resistance, including inherent and acquired resistance, promoting researchers to combine chemotherapy with other treatment modalities to achieve synergetic anticancer efficacy through a multipronged assault (12–15).

Photodynamic therapy (PDT) employs photosensitizers that upon absorbing a specific wavelength of light to release a cell-damaging version of reactive oxygen species (singlet oxygen, ¹O₂) that can eradicate tumors with a high specificity and negligible side effects (16–18). The sensitization effect of PDT can significantly boost the activity of chemotherapeutic agents, synergistically overcoming drug resistance through different mechanisms of actions to realize enhanced anticancer efficacy (19–22). However, the full promise of PDT has not yet been achieved mainly due to the lack of ideal photosensitizers and sophisticated delivery/activation processes. Many existing photosensitizers, such as phthalocyanine, porphyrin,

bacteriochlorin derivatives, and boron dipyrromethene dyes, are conjugated molecules with poor water solubility and exhibit serious aggregation tendency under physiological conditions, both of which lower the PDT efficacy (23, 24). Moreover, the suboptimal tumor accumulation of the photosensitizers after systemic administration also reduces the efficacy of PDT in clinical use.

To overcome these issues, we utilize a discrete organoplatinum(II) metallacage (M) to complex a photosensitizer [octaethylporphine (OEP)] through noncovalent interactions (Fig. 1). Cis-(PEt₃)₂Pt(OTf)₂ (cPt), a chemotherapeutic agent, is employed as the corners of the metallacage such that the host–guest complex M⊃OEP can act as a dual functionalized system to achieve synergistic anticancer efficacy. The solubility and stability of M⊃OEP in a physiological environment are improved by wrapping it into the hydrophobic core of an amphiphilic diblock copolymer (N₃-PEG-b-PLBG), resulting in the formation of nanoparticles (MNPs) having azide groups on the surface for further incorporating a targeting ligand (cRGDfK) via an in situ

Significance

The combination of chemotherapy and photodynamic therapy opens up a promising way of overcoming drug resistance, incorporating different mechanisms of actions to achieve synergistic efficacy. However, the antitumor outcome of photodynamic therapy is greatly limited due to the unsatisfactory singlet oxygen generation caused by severe aggregation of the photosensitizer. To this end, we utilize a discrete metallacage containing therapeutic organoplatinum(II) to encapsulate a photosensitizer by forming an inclusion host-guest complex, facilitating the codelivery of chemotherapeutic agent and photosensitizer through nanoformulation. Benefiting from the enhanced permeability and retention effect and active targeting, the nanomedicine exhibits satisfactory antitumor performance against drug-resistant tumor. This pioneering work provides a distinct supramolecular methodology to prepare theranostic systems for multimodality imaging and therapy.

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¹G.Y., B.Z., L.S., and J.Z. contributed equally to this work

²To whom correspondence may be addressed. Email: l_shijun@hznu.edu.cn, shawn.chen@nih.gov, or stang@chem.utah.edu.

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copper-free click reaction. Benefiting from these rational designs, high tumor accumulation and cellular internalization of MNPs are realized, which are beneficial to improve the therapeutic results while reducing the systemic toxicity. In vivo studies demonstrate that MNPs hold superior anticancer ability to overcome drug resistance, effectively suppressing tumor growth by combining chemotherapy and PDT.

Results and Discussion

Using a multicomponent coordination self-assembly approach, M was quantitatively prepared from a total of 20 molecular components from three unique species, including hexakis[4-(4'pyridylethynyl)phenyl]benzene (HPPB), disodium terephthalate (DSTP), and cPt, in a 2:6:12 ratio, respectively (Fig. 1A). The successful construction of M was verified by ¹H NMR and ³¹P{¹H} NMR spectroscopies. Well-defined signals were observed for the protons of M in the ¹H NMR spectrum (SI Appendix, Fig. S3), suggesting that the resultant speices possessed a discrete and highly symmetric structure (25–28). Compared with free **HPPB**, the ¹H NMR signals releted to the pyridyl protons (H₁ and H₂) shifted downfield upon formation of M due to the Pt(II)←pyridine coordination interactions (SI Appendix, Fig. S3), while the peaks corresponding to the protons H₃ and H₄ shifted upfield. Attributed to the heteroligation-directed coordinations between Pt(II)←pyridine and Pt(II) \leftarrow carboxylate, the single peak of cPt in 31 P $\{^{1}$ H $\}$ spectrum split into two different doublets after coordination (Fig. 2 A and B), further confirming the putative structure of a discrete metallacage.

The host-guest complexation between **M** and **OEP** was confirmed by the ³¹P{¹H} spectrum, in which significant downfield shifts (from 5.13 and -0.33 ppm to 8.49 and 3.03 ppm, respectively) were observed after the addition of **OEP** into the solution of **M** (Fig. 2*C*). Additionally, the host-guest interactions were examined by molecular modeling, ¹H NMR, ultraviolet and visible (UV-vis), and fluorescence spectroscopies (*SI Appendix*,

Figs. S4–S8). From the 1H NMR titration data, the association constant was calculated to be $(4.91 \pm 0.36) \times 10^4$ M $^{-1}$ with a 1:1 stoichiometry using a nonlinear curve-fitting method (*SI Appendix*, Figs. S9–S12). Transmission electron microscopy (TEM) and scanning electron microscopy (SEM) demonstrated that free **OEP** molecules could stack into the nanofibers that were transformed into irregular aggregates in aqueous solution upon addition of **M** (*SI Appendix*, Fig. S13). These studies revealed that the π - π stacking interactions among the free **OEP** molecules were greatly inhibited after the host–guest complexation, indicating that the photosensitizer could be well dispersed via the supramolecular strategy.

For biomedical applications, the stability and solubility of M⊃OEP need to be further improved. Hence, N₃-PEG-b-PLBG was utilized as a polymeric shield that encapsulated MOEP into its hydrophobic core and provided MNPs consisting of 30.6% M⊃OEP (SI Appendix, Table S1). To endow the nanoparticles with a targeting capability toward the $\alpha_{\nu}\beta_{3}$ integrin overexpressing cancer cells, cyclic RGD (cRGDfK) functionality was attached on the surface of MNPs via a copper-free click reaction between cRGDfK-DBCO and the azide groups of the polymeric shield. The resultant functionalized nanoparticles were characterized by a suite of analytical techniques. For example, dynamic light scattering (DLS) measurement indicated that the average diameter of MNPs was 109 ± 8.4 nm (SI Appendix, Figs. S14 and S15), which was in accordance with their TEM data (Fig. 3.4). The zeta potential of MNPs was determined to be 3.45 \pm 0.21 mV (SI Appendix, Fig. S16). DLS was further employed to examine the stability of MNPs in a physiologic environment, the results showed a negligible change in the average diameter of MNPs even after its incubation in PBS containing 10% FBS for over 72 h (SI Appendix, Fig. S17). The PEG segments in MNPs likely provided a neutral shell to inhibit the absorption by proteins during the delivery process (29, 30).

The release behaviors of **cPt** and **OEP** from the **MNPs** were studied using inductively coupled plasma mass spectrometry (ICP-MS) and UV-vis spectroscopy under different conditions.

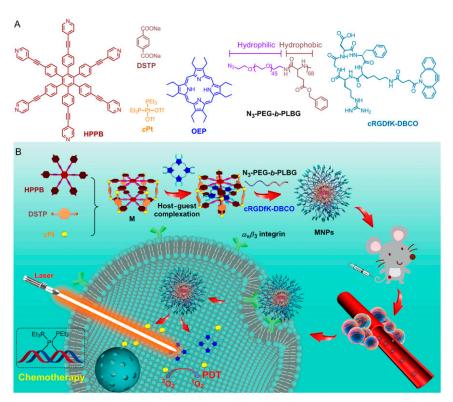


Fig. 1. (A) Chemical structures of HPPB, DSTP, cPt, OEP, N₃-PEG-b-PLBG, and cRGDfK-DBCO. (B) Cartoon illustration of the preparation of MNPs and their photochemotherapy, followed by the tumor accumulation through EPR effect and receptor-mediated internalization.

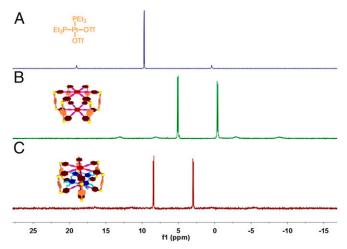


Fig. 2. ${}^{31}P{}^{1}H}$ NMR spectra (121.4 MHz, $CD_2CI_2/CD_3CN = 1/1$, 298 K) of cPt (A), M (B), and $M \supset OEP$ (C).

As illustrated in Fig. 3C, the release curve depicted a slow and sustained manner at pH 7.4, with a plateau of a total of 20.5% platinum released over 48 h, indicating that these MNPs were fairly stable under physiological conditions. The release was accelerated at pH 5.5, likely due to the dissociation of the metallacages under acidic condition by protonating the pyridine and carboxylate groups, which was beneficial for drug release after being internalized by cancer cells. A substantially faster and more profound release of cPt was observed when the MNPs were incubated in the presence of GTP at pH 5.5, in which ca. 96% of cPt was released from the MNPs within 48 h. This likely indicated that the coordination interactions between the N₇ atoms of guanosine and the platinum centers facilitated the dissociation of the metallacage (31, 32). OEP could also escape from MNPs; however, its release rate was slower than that of cPt under the same conditions, possibly resulting from its relatively low diffusion ability (SI Appendix, Fig. S18). These studies demonstrated that the chemotherapeutic drug and photosensitizer could be released in lysosomes/endosomes, predicting that the photochemotherapy may synergistically work inside cancer cells.

The cellular internalization of MNPs was studied using confocal microscopy (CLSM) and ICP-MS. As shown in Fig. 3B, a red fluorescence of OEP was observed in cytoplasm after the cells were incubated with MNPs for 8 h. The intracellular red fluorescence was greatly weakened by pretreating A2780CIS cells with free cRGDfK (SI Appendix, Fig. S19), demonstrating that the existence of targeting ligands on the surface of MNPs was favorable for their receptor-mediated uptake. ICP-MS results further indicated that the uptake of MNPs by A2780CIS cells was timedependent (Fig. 3D); the intracellular platinum content increased by extending the incubation time. For example, the intracellular platinum content increased from 56.8 to 135 ng Pt/mg protein when the incubation time was extended from 1 to 4 h. Similarly, the internalization of MNPs was blocked when the receptors were occupied by pretreating the cells with free cRGDfK. The intracellular Pt content in A2780CIS cells cultured with NPs formed from M⊃OEP and N₃-PEG-b-PLBG, i.e., without including the targeting groups, was much lower than that of MNPs under the same conditions, further confirming that the presence of targeting ligands facilitated the cellular internalization of MNPs.

Singlet oxygen sensor green (SOSG), a highly selective ¹O₂ probe, was utilized to detect the generation of ¹O₂ by MNPs upon laser irradiation of a solution containing SOSG and MNPs. The characteristic peak at 532 nm rapidly increased (Fig. 4A), because the SOSG in silent form was oxidized by the generated ¹O₂. Likewise, in the UV-vis spectrum of a solution containing anthracene-9,10-dipropionic acid disodium (ADPA) and MNPs, all of the diagnostic absorption bands (340-450 nm) of ADPA were gradually decreased upon irradiation, which confirmed the oxidation of ADPA by ¹O₂ (Fig. 4B). In contrast, negligible changes in ADPA's absorptions were noticed when OEP was employed as a photosensitizer, suggesting that the aggregation of **OEP** in aqueous solution was responsible for this negative outcome (SI Appendix, Figs. S20 and S21). This difference emphasized that the host-guest complexation and nanoformulation greatly improved the photodynamic effect of OEP. The intracellular ¹O₂ generation by MNPs was evaluated using dichlorofluorescein diacetate (DCF-DA) as an oxidant-sensitive fluorescent dye, which was nonfluorescent in its original state but became highly emissive after being oxidized into dichlorofluorescein (DCF). CLSM images showed that the strong green fluorescence of DCF was observed in the cytoplasm of A2780CIS cells cultured with MNPs followed by irradiation, a direct evidence for the efficient generation of ¹O₂ inside the cells (Fig. 4 G and H). In a control experiment, vitamin C was employed as a ¹O₂ scavenger that could deplete the intracellular ¹O₂ originating from the photodynamic effect. Fig. 4I indicated that the green fluorescence significantly diminished by pretreating the cells with vitamin C (50.0 μM), further confirming the effective ¹O₂ production by MNPs under laser irradiation. Flow cytometry was also utilized to monitor the intracellular generation and scavenging of ¹O₂ by probing the green fluorescence of DCF (Fig. 4 *J–L*); the data were in good agreement with the CLSM images.

A 3-(4',5'-dimethylthiazol-2'-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay was used to assess the synergistic anticancer efficacy of the photochemotherapy. Cisplatin and OEP-loaded NPs (PNPs) were used as controls for the chemotherapy and PDT, respectively. For A2780 cells, the IC_{50} values of cisplatin, cPt, MNPs, and PNPs, followed by laser irradiation (PNPs + L), and MNPs, followed by irradiation (MNPs + L) were measured to be 2.53 ± 0.16 , 3.57 ± 0.28 , 1.32 ± 0.10 , 1.05 ± 0.08 , and 0.39 ± 0.08 $0.04 \mu M$, respectively (Fig. 4C). The combination index (CI) was calculated to be 0.67, which was lower than 1, indicating a synergistic effect was realized for the MNPs by combining PDT and chemotherapy. Due to the drug resistance, the IC₅₀ values against

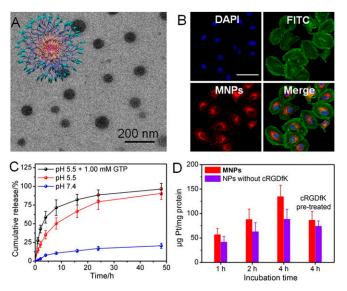


Fig. 3. (A) TEM image of MNPs. (B) CLSM image of A2780CIS cells treated with MNPs. Blue fluorescence is from the nucleus stained with DAPI, green fluorescence is from the β -actin stained with FITC, and red fluorescence is from MNPs. (Scale bars: 25 μ m.) (C) Release behaviors of the platinum-based drug under different conditions. (D) Time-dependent internalization of MNPs or NPs without cRGDfK by A2780CIS cells.

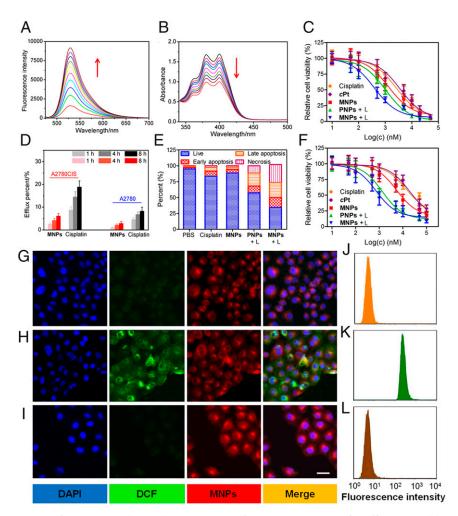


Fig. 4. (A) The fluorescence spectra of SOSG solution (5.00 μM) in the presence of MNPs upon irradiation for different time. (B) UV-vis spectra of APDA in the presence of MNPs upon light irradiation for different time. (C) Cytotoxicity of different formulations against A2780 cells. (D) Efflux percentage of cisplatin and cPt from A2780 and A2780CIS cells after different incubation time. (E) Annexin-V/PI analyses of A2780CIS cells after different treatments. (F) Cytotoxicity of different formulations against A2780CIS cells. (G-L) CLSM images (G-I) and flow cytometric analysis (J-L) of A2780CIS cells after incubation with MNPs and DCF-DA with irradiation for 0 min (G-J), 5 min (H and K), and 5 min (I and L) in the presence of vitamin C (50.0 μM).

cisplatin-resistant A2780CIS cells were increased to 13.8 ± 1.22 , 18.6 ± 1.59 , and 5.42 ± 0.71 µM for cisplatin, cPt, and MNPs, respectively, indicating that a single chemotherapy was ineffective (Fig. 4F). Drug efflux was one of the possible reasons for the invalidation of chemotherapy against A2780CIS cells (33-35). Compared with A2780 cells, more drugs were pumped out from A2780CIS cells for both free cisplatin and MNPs (Fig. 4D). Interestingly, nanoformulation was favorable to inhibit drug efflux, as indicated by the lower Pt amount in the culture medium than that of cisplatin. For PNPs + L, the IC₅₀ values against A2780CIS $(1.37 \pm 0.21 \,\mu\text{M})$ and A2780 cell lines were comparable because of the different anticancer mechanism between chemotherapy and PDT. The most promising results were observed from the cells treated with MNPs + L; the cytotoxicity toward the A2780CIS cell was improved, yielding an IC₅₀ value of 0.76 \pm 0.09 μ M. The enhanced anticancer efficacy was attributed to the synergistic effect of chemotherapy and PDT as evidenced by the CI value of 0.69.

Annexin-V FITC/propidium iodide (PI) dual-staining provided further insight into the anticancer efficacy by quantitatively distinguishing the cells in the apoptotic/necrotic status after different administrations (Fig. 4E). For chemotherapy alone (cisplatin and MNPs), only a small quantity of apoptotic and necrotic cells were detected arising from their low anticancer activity, while the apoptotic/necrotic population increased to

42.7% for the A2780CIS cells treated with PNPs + L (i.e., PDT). In contrast, the photochemotherapy (MNPs + L) evoked the highest level of apoptosis (39.3%) and necrosis (28.4%) among these formulations due to its superior anticancer efficacy. In vitro anticancer experiments confirmed that the combination of PDT and chemotherapy resulted in a synergistically enhanced therapeutic outcome that can overcome drug resistance.

The blood circulation and tumor accumulation of MNPs were evaluated using ICP-MS and fluorescence imaging. The pharmacokinetic profile of MNPs was obtained by determining the amount of Pt in the blood after different time postinjection using ICP-MS (SI Appendix, Fig. S22). Cisplatin was used as a control that was rapidly cleared from the blood, and its circulation half-life was calculated to be 0.33 ± 0.05 h. Benefiting from the EPR effect and active targeting ability, the circulation half-life of MNPs was prolonged to 1.87 ± 0.24 h, which was 5.7-fold higher than that of free cisplatin.

Since **OEP** is also an NIR fluorophore, a whole-body fluorescence imaging study was conducted to monitor the delivery of **MNPs** after i.v. injection. As shown in Fig. 5*A*, a significant amount of **MNPs** accumulated in the tumor area at 6 h postinjection, and the fluorescence signals were progressively strengthened at 12 and 24 h postinjection, indicating that **MNPs** possessed high tumor accumulation and retention capabilities. Furthermore, the time-dependent

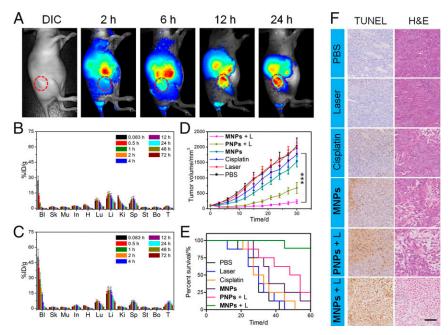


Fig. 5. (A) Time-dependent fluorescence images of A2780CIS tumor-bearing mouse after i.v. injection of MNPs. Tissue distributions of cisplatin (B) and MNPs (C) at different time post-i.v. injection. Bl, blood; Bo, bone; H, heart; In, intestine; K, kidney; Li, liver; Lu, lung; Mu, muscle; Sk, skin; Sp, spleen; St, stomach; T, tumor. (D and E) Tumor growth inhibition curves (D) and survival rate (E) of the mice bearing A2780CIS tumors after different treatments (n = 8). ***P < 0.001. (F) TUNEL and H&E staining of the tumor tissues from the mice treated with different formulations. (Scale bar: 200 μm.)

biodistribution of MNPs in the main organs and tumors was quantitatively analyzed by ICP-MS. As a low-molecular-weight drug, cisplatin entered the organs rapidly; the maximum platinum level in each organ was observed within 2 h after i.v. injection (Fig. 5B). Due to its fast clearance, the platinum amount accumulated in the tumor tissues was low, the highest platinum concentration in the tumor was $1.93 \pm 0.34\%$ ID/g (percentage injected dose/gram tissue) at 2 h postinjection. It should be noted that the drug was eliminated from the body mainly through a renal excretion pathway. This was supported by the fact that a high platinum level was monitored in the kidney at the first 2 h, which was likely responsible for its severe nephrotoxicity. For the mice treated with MNPs, the Pt amount in the tumor gradually increased to $6.47 \pm 0.92\% ID/g$ at 24 h postinjection (Fig. 5C), which was 10.8-fold higher than that of the cisplatin-treated group (0.60 \pm 0.09%ID/g). The intratumoral platinum level was maintained at a relatively high level $(2.73 \pm 0.41\%)$ ID/g) even after 72 h postinjection. Due to the prolonged blood circulation time, a high accumulation of MNPs was monitored in the reticuloendothelial system, such as the liver and spleen, which was common in most nanomedicines. Additionally, the employment of nanoparticles as drug-delivery carriers reduced the platinum level in the kidney, greatly avoiding the renal toxicity of platinum-based anticancer drugs.

The in vivo antitumor performance of the photochemotherapy was evaluated using A2780CIS tumor-bearing nude mice. As shown in Fig. 5D, no influence on the tumor growth was observed by the laser irradiation, as verified by the tumors' rapid growth. Compared with the control group administrated with PBS, limited therapeutic results were observed for the mice that received a single chemotherapy (cisplatin and MNPs), because the drug-resistant tumor model was insensitive to chemotherapy. Due to the EPR effect and targeting capability, a relatively higher antitumor efficacy was realized for the mice treated with MNPs than those administrated with ciaplatin. For PDT alone (PNPs + L), an effective tumor growth inhibition was achieved in the first 12 d. However, a tumor recurrence appeared afterward, because the infiltrating cancer cells far away from the primary tumor were hardly cleared by a single PDT. The inhibition ratio was calculated to be 14.1%, 25.5%, and 66.8% for the mice administrated with cisplatin, MNPs, and PNPs + L, respectively (SI Appendix, Fig. S23). A superior antitumor outcome was achieved for the mice receiving photochemotherapy, in which the tumor inhibition rate reached 89.2%. H&E staining demonstrated that the photochemotherapy caused the highest level of apoptosis and necrosis in tumor tissues (Fig. 5F). Furthermore, TUNEL staining showed that photochemotherapy resulted in 93.8% cell apoptosis in tumor sites, which was much higher than the other formulations (Fig. 5F and SI Appendix, Fig. S24), thereby confirming the synergistic anticancer efficacy of MNPs.

During the therapeutic period, the changes in body weight were monitored to assess the systemic toxicity of each formulation. Due to the nonspecific distribution of cisplatin, the administration led to a serious weight loss after three injections (*SI Appendix*, Fig. S25). The systemic toxicity of cPt was greatly avoided by incorporating the drug into the nanomedicine. Negligible body weight reduction was observed during the therapy period for the mice treated with MNPs or MNPs + L. Moreover, no obvious signs of toxic effects, such as eating, drinking, activity, grooming, urination, or neurological status occurred. The low toxicity of MNPs + L was further evaluated by H&E staining of the main organs (SI Appendix, Fig. S26), in which no observable inflammatory lesions and tissue damages were detected. The median survival rate of the mice treated with PBS, laser, cisplatin, MNPs, and PNPs + L was determined to be 28, 29, 31, 36, and 51 d, respectively, whereas the survival rate extended over 60 d for the mice that received photochemotherapy (Fig. 5E). Moreover, in vivo blood biochemistry test demonstrated that the hepatotoxicity and nephrotoxicity of the platinum-based anticancer drug were significantly inhibited through nanoformulations (SI Appendix, Fig. S27). Routine blood analysis indicated that the levels of the biomarkers were in the normal range (SI Appendix, Fig. S28), and a negligible difference was found between the healthy mice and the mice treated with photochemotherapy.

Conclusion

In summary, a discrete organoplatinum(II) metallacage M containing a platinum-based anticancer drug was employed to encapsulate a photosensitizer (OEP) through noncovalent interactions. The

host-guest complex was further wrapped up by an amphiphilic copolymer, resulting in the formation of MNPs with the capability to codeliver a chemotherapeutic agent and a photosensitizer. The targeting ligand was introduced through an in situ copper-free click reaction, endowing the formed MNPs with the ability to specifically deliver cPt and OEP to cancer cells overexpressing $\alpha_{\rm v}\beta_3$ integrin. The MNPs were highly accumulated in the tumor sites benefiting from the EPR effect and active targeting, which were favorable to enhance the therapeutic outcome and reduce side effects. In vivo studies demonstrated that MNPs exhibited a superior antitumor performance on a drug-resistant tumor model by combining chemotherapy and PDT. This work demonstrates a strategy for delivering multiple therapeutic agents/diagnostic probes through supramolecular chemistry that can be useful in treating many difficult-to-treat cancers including drug resistance and thereby possessing promising potentials in cancer theranostics.

Materials and Methods

Azide-PEG-amine (N_3 -PEG-NH $_2$, 2k) was purchased from Biochempeg. Triphosgene, L-glutamic acid, γ -benzyl ester, and other reagents were purchased from Sigma-Aldrich and used as received. Solvents were either employed as purchased or dried according to procedures described in the literature. 1 H NMR and 31 P NMR spectra were recorded on a Bruker Avance

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III-300 or 400 spectrometer. $^{31}P\{^1H\}$ NMR chemical shifts are referenced to an external unlocked sample of 85% H_3PO_4 . UV-vis spectra were taken on a Shimadzu UV-3150 spectrophotometer. TEM investigations were carried out on a Hitachi HT7700 instrument. The fluorescence experiments were conducted on a RF-5301 spectrofluorophotometer (Shimadzu Corporation). DLS measurements were carried out using a 200-mW polarized laser source Nd: YAG ($\lambda=532$ nm). The polarized scattered light was collected at 90° in a self-beating mode with a Hamamatsu R942/02 photomultiplier. The signals were sent to a Malvern 4700 submicrometer particle analyzer system. Molecular weights and distributions were determined by gel permeation chromatography with a Waters 1515 pump and Waters 1515 differential refractive index detector (set at 30 °C).

All experiments involving live animals were approved by the Zhejiang University Animal Care and Use Committee. The details of the synthesis and characterization are given in *SI Appendix*.

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