

# Durvalumab for the management of urothelial carcinoma: a short review on the emerging data and therapeutic potential

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**Abstract:** Urothelial carcinoma (UC) is the second most frequent urogenital malignancy with high incidence in the United States and Europe. Despite poor prognosis, new treatments have emerged with great efficacy and safety such as immune checkpoint inhibitors. Durvalumab, an anti Programmed Death Ligand 1, has been given breakthrough in UC in 2017 in patients who have disease progression during or following platinum-containing chemotherapy or who have disease progression <12 months after neoadjuvant or adjuvant treatment with platinum-containing chemotherapy. Food and Drug Administration approval was given on the results of the Phase I/II study of MEDI 4736. In this article, we will review available data on durvalumab in the treatment of locally advanced and metastatic UC and discuss therapeutic potential.

**Keywords:** immunotherapy, PD-L1 inhibitor, durvalumab, urothelial carcinoma, bladder cancer

## Introduction

Urothelial carcinoma (UC) also known as transitional cell carcinoma is the ninth most common cancer worldwide with 430,000 new cases and 165,000 deaths in 2012.<sup>1,2</sup> In Europe, the incidence is high with 151,297 new cases in 2012 and 52,411 deaths.<sup>2</sup> Despite the poor prognosis of the disease and the 30% rate of muscle-invasive carcinoma at diagnosis, treatment has remained the same for decades. The cornerstone of metastatic or unresectable disease was platinum-based chemotherapy. The combination of methotrexate, vinblastine, doxorubicin, and cisplatin (M-VAC) regimen has been considered for first-line therapy in fit patients for 30 years with objective response rates (ORR) around 50%–70%. The association of gemcitabine and cisplatin (GC) has been compared to M-VAC in a Phase III study, showing no improvement in overall survival (OS; M-VAC 14.8 months vs GC 13.8 months), but the study was not powered enough to show equivalence between the two regimens. However, the better safety profile led to an approval of GC as an equivalent of M-VAC.<sup>3</sup> These chemotherapy regimens are tailored for fit patients with good performance status (PS) and adequate renal function. However, 25%–50% of patients with UC are not eligible for cisplatin-based therapies because of age-related comorbidities and epidemiology of the disease.<sup>4,5</sup>

UCs are immunogenic tumors with a high mutational load that can be targeted by immunotherapy.<sup>6,7</sup> Moreover, intravesical Bacille Calmette–Guerin, an immunotherapy, has been used since 1990 to reduce recurrence in nonmuscle-invasive bladder cancer.<sup>8</sup>

Several immune checkpoint blockers have been given breakthrough in UC since 2016 with promising results (Table 1).<sup>9–12</sup> In this review, we will focus on the use of durvalumab, an anti Programmed Death Ligand 1 (PD-L1) in UC.

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**Table 1** Immune checkpoint blockers with FDA breakthrough approval

Drugs	Trial	Setting	Patients	Results (ITT)	Grade 3–4 AE
Atezolizumab MPDL3280A	Phase III IMvigor-211 NCT023002807	Second-line post platinum therapy	n=931	OS: 11.1 months vs 10.6 months ORR: 13% vs 13%	20%
Pembrolizumab MK3475	Phase III KEYNOTE-045 NCT02256436	Second-line post platinum therapy	n=542	OS: 10.3 months vs 7.4 months ORR: 21% vs 11%	15%
Nivolumab	Phase II Checkmate-275	Second-line post platinum therapy	n=270	OS: 8.7 months ORR: 20%	18%
Avelumab	Phase IB	Post chemotherapy	n=44	ORR: 18%	8%

**Abbreviations:** AE, adverse event; FDA, Food and Drug Administration; ITT, intention to treat population; ORR, objective response rate; OS, overall survival.

## Durvalumab

Durvalumab (Imfinzi™, MEDI 4736) is a fully human immunoglobulin G1k monoclonal antibody against PD-L1, which is being developed by Astra Zeneca for cancer treatment (Figures 1 and 2).<sup>13,14</sup> PD-L1 binds to programmed cell death-1 (PD-1) and CD80 (B7-1) receptors, resulting in inhibition of T-cell function. A broad range of human tumors upregulate PD-L1, evading immune surveillance and antitumor T-cell responses. Durvalumab binds to PD-L1 with high affinity and specificity, blocking its interactions with PD-1 and CD80, resulting in enhanced activation of T-cells against tumor cells (TCs). It does not bind to PD-L2.

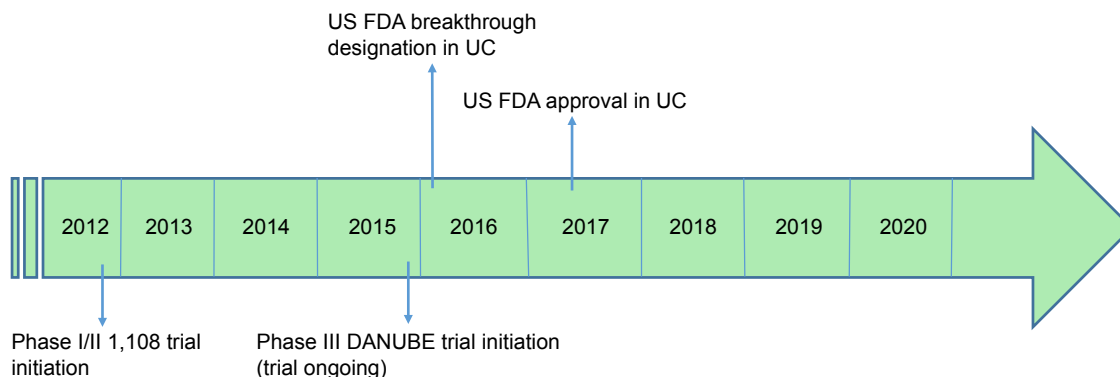
Durvalumab is given every 2 weeks intravenously at 10 mg/kg over 60 minutes. Pharmacodynamics parameters showed a concentration-dependent inhibition of PD-L1 in an anti-CD3-based T-cell activation assay and a mixed lymphocyte reaction assay.<sup>14</sup> Exposure to durvalumab increases dose-proportionally at C3 mg/kg in cancer patients, with steady-state levels observed at around 16 weeks.<sup>15</sup> Durvalumab clearance decreases over time but is not considered clinically relevant; the geometric mean terminal half-life of durvalumab is around 17 days.<sup>15</sup> The pharmacokinetics of durvalumab are not affected by age (19–96 years),

body-weight (34–149 kg), sex, race, tumor type, PS, levels of albumin, lactate dehydrogenase, creatinine or soluble PD-L1, mild or moderate renal impairment (creatinine clearance 60–89 and 30–59 mL/minute, respectively) or mild hepatic impairment (bilirubin ≤ upper limit of normal [ULN] and AST > ULN or bilirubin > 1.0–1.5 times ULN and any AST). No data are available in severe renal or hepatic impairment.

## Efficacy and safety in UC

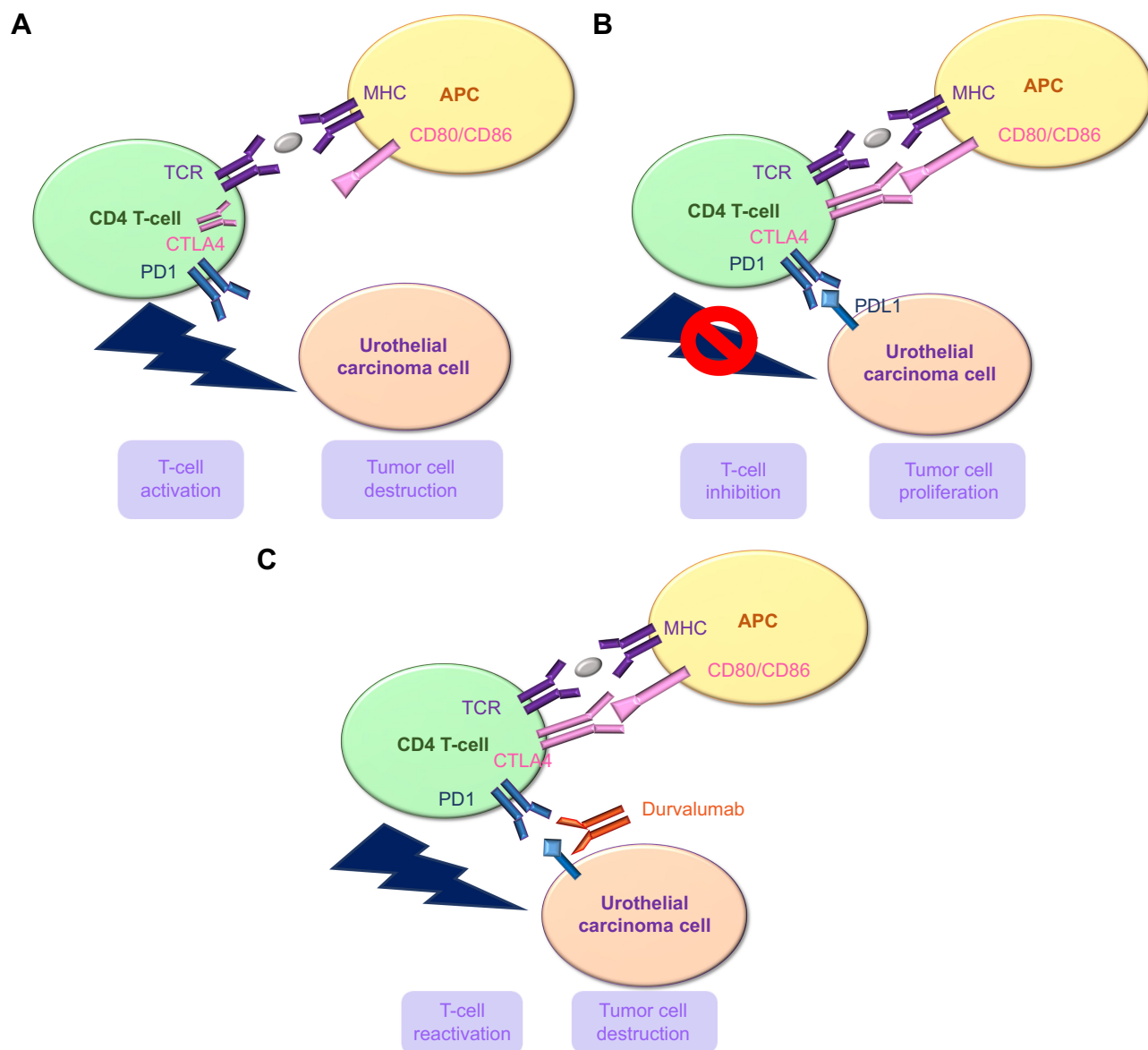
Durvalumab was evaluated in a Phase I/II study in all solid tumors (Table 2).<sup>16</sup> Subjects received durvalumab 10 mg/kg every 2 weeks until disease progression, unacceptable toxicities, or a maximum duration of 12 months. After the treatment course, patients were offered a retreatment course of another 12 months. The initial 20 patients were enrolled regardless of PDL-1 expression. PD-L1 was defined as positive if either ≥25% of TC or ≥25% of immune cells (IC) expressed PD-L1. In UC patients, most of them (93.4%) had received ≥1 prior lines of platinum-based chemotherapy, 29.5% had liver metastases.<sup>16</sup>

In the expansion phase with a cohort of 182 patients with UC, the ORR was 31.0% (95% CI, 17.6–47.1) overall in the



**Figure 1** Development of durvalumab – key dates.

**Abbreviation:** UC, urothelial carcinoma.



**Figure 2** Mechanism of action of durvalumab: normal immune response (A); tumor immune invasion (B); and immune response restoration (C).

**Abbreviations:** MHC, major histocompatibility complex; APC, antigen presenting cell; TCR, T cell receptor; PD1, programmed death receptor; CTLA4, cytotoxic T-lymphocyte-associated protein 4.

42 response-evaluable patients. The ORR was 46.4% in the PD-L1-positive subgroup and 0% in the PD-L1-negative subgroup, and disease control rate at 12 months was 57.1% and 28.6%, respectively. Patients showed rapid and durable response. Median follow-up of response-evaluable patients was 6.5 months (range, 0.8–14.8 months). The median time to response was 6.3 weeks (95% CI, 5.6–12.1 weeks) in the 13 responding patients, and median duration of response has not been reached (range, 4.1+ to 49.3+ weeks).<sup>16</sup> The updated results showed an ORR of 17.8% (34/191; 95% CI, 12.7–24.0), including seven complete responses. The ORRs were 27.6% (n=27; 95% CI, 19.0–37.5) in PD-L1 high patients and 5.1% (n=4; 95% CI, 1.4–12.5) in PD-L1 low or negative patients. Median time to response was 1.41 months

(range, 1.2–7.2). Median duration of response in the as-treated population had not been reached at data cutoff (range,  $\geq 0.9$  to  $\geq 19.9$  months).<sup>17</sup> The median OS was 18.2 months (95% CI, 8.1–not estimable) in the as-treated population and 20.0 months (95% CI, 11.6–not estimable) and 8.1 months (95% CI, 3.1–not estimable) in PD-L1 high and low or negative patients, respectively. The OS rates at 6, 9, and 12 months were 64% (95% CI, 56–71), 57% (95% CI, 47–66), and 55% (95% CI, 44–65), respectively, in the as-treated population.<sup>17</sup>

Durvalumab showed manageable safety profile. Grade 3 or 4 treatment-related adverse events (AEs) occurred in 6.8% of the patients. Treatment-related AEs leading to death occurred in 2 of 191 patients (1.0%) with one autoimmune hepatitis and one pneumonitis. Regarding adverse

**Table 2** Trials evaluating durvalumab in UC

	Trial	Setting	Results	References
Durvalumab monotherapy	NCT01693562; Phase I and II	Second line	n=61 (42 response-evaluable at 6.5 months mFU) <ul style="list-style-type: none"> <li>• ORR 31% (46% in PD-L1 TC-positive and/or IC-positive vs 0% in PD-L1 TC-negative and/or IC-negative)</li> <li>• mDOR NR at 6.5 months mFU</li> <li>• Grade <math>\geq 3</math> TRAEs in 5%</li> </ul>	Massard et al <sup>6</sup>
			n=191 (177 with evaluable TC PD-L1; 5.8 months mFU) <ul style="list-style-type: none"> <li>• ORR 18% (28% TC PD-L1 high, 5% TC PD-L1 low, and 21% TC PD-L1 NE)</li> <li>• mDOR NR</li> <li>• Grade 3 and/or 4 AEs in 7%</li> </ul>	Powles et al <sup>9</sup>
Durvalumab + MEDI0680	NCT02118337; Phase I	Second line	n=30 (solid malignancies; 29 response-evaluable) <ul style="list-style-type: none"> <li>• mFU 7.2 months</li> <li>• ORR 31%; one CR (UC) and eight PR</li> <li>• Grade <math>\geq 3</math> TRAEs in 20%</li> </ul>	Hamid et al <sup>46</sup>

**Abbreviations:** AE, adverse event; CR, complete response; IC, immune cell; mDOR, median duration of response; mFU, median follow-up; NE, not evaluable; NR, not reached; ORR, objective response rate; PD-L1, programmed death ligand 1; PR, partial response; TC, tumor cell; TRAE, treatment-related adverse event; UC, urothelial carcinoma.

events of special interest (AESIs), they occurred in 34.6% and were mostly grade 1 or 2. Their cumulative incidence seemed to plateau at around 32 weeks. Almost 5% experienced treatment-related grade 3/4 AESIs (hepatic and skin events).<sup>17</sup>

Based on these first results, the Food and Drug Administration (FDA) granted accelerated approval to durvalumab in May 2017 for patients with locally advanced or metastatic UC who have disease progression during or following platinum-containing chemotherapy or who have disease progression < 12 months after neoadjuvant or adjuvant treatment with platinum-containing chemotherapy.

## Biomarkers and companion test

Finding robust biomarkers that could help select patients who will benefit from immunotherapy is one of the main challenges with immune checkpoint blockers. Mutational burden and high clonal neoantigens have shown great correlation with efficacy of diverse anti-PD-L1/PD-1 and anti-CTLA4 drugs.<sup>18,19</sup> PD-L1 expression was one the first biomarkers investigated in multiple tumor types.<sup>20–22</sup> In the Phase I/II trial of durvalumab, PD-L1 testing was required. PD-L1 status was determined using a companion test Ventana 2P263 assay. Tumor was considered PD-L1 high with expression on  $\geq 25\%$  of either IC or TC. The first 20 patients were enrolled regardless of their PD-L1 status but subsequent patients were required to have 5% of PD-L1 expression on TCs.<sup>16</sup> FDA approval was also granted with the companion test as a complementary diagnostic for the assessment of the PD-L1 protein in formalin-fixed, paraffin-embedded UC tissue. At *ASCO 2018*, the results of PD-L1 expression in TC or IC on the outcomes of OS, PFS, objective response rate (ORR), best percentage tumor change, and tumor shrinkage

15 months after last subject randomization were presented. Both tumor-infiltrating ICs and TC PD-L1 were linked to higher ORR, and PD-L1 tumor-infiltrating ICs were associated with better survival in patients treated with durvalumab. Remarkably, PD-L1 tumor-infiltrating ICs had a higher impact on response to durvalumab than PD-L1 TC, demonstrating a significant association with OS, PFS, ORR, and tumor shrinkage. The results of this study for patients treated with durvalumab for bladder cancer suggest that a cutoff/algorithm using PD-L1 TC 25%/PD-L1 tumor-infiltrating IC 25% (TC25%/IC25%) provides optimal predictive value based on efficacy and prevalence of the biomarker (HR = 0.46; 90% CI: 0.33–0.64).<sup>23</sup>

## Future perspectives

Durvalumab is currently under investigation in combination with other agents such as tremelimumab (anti-CTLA4) in various tumor types (Table 3). First results were presented at *ASCO 2018* for the combination of durvalumab and tremelimumab in patients with localized, high-risk, muscle-invasive bladder carcinoma who are ineligible for cisplatin-containing chemotherapy due to decreased renal function, neuropathy, hearing loss, or heart failure (NCT02812420). Patients received durvalumab (1,500 mg) plus tremelimumab (75 mg) on weeks 1 and 5 and then underwent surgery at weeks 9–11. Twelve patients were enrolled and six completed radical cystectomy; three (50%) had pathologically complete response; one (17%) did not respond; two (33%) had upstaging of disease. Only 1 of 12 patients developed grade 3 immune-related toxicity. These promising results showed interesting potential of using immune checkpoint blockers as a neoadjuvant therapy, and results of larger studies are awaited.<sup>24</sup>

**Table 3** Ongoing studies with durvalumab in UC

Drugs	Trial	Setting	Status
Durvalumab ± tremelimumab	DANUBE NCT02516241 Phase III	First line	Ongoing
Durvalumab + tremelimumab	NITIMIB NCT03234153 Phase I	Neoadjuvant Muscle-invasive, high-risk, ineligible for cisplatin-based chemotherapy	Ongoing
Durvalumab ± tremelimumab + radiation therapy	NCT03601455 Phase II	Unresectable, locally advanced, or metastatic urothelial bladder cancer ineligible or refusing chemotherapy	Recruiting Nov 2018
Durvalumab ± tremelimumab + MVAC	NEMIO NCT03549715 Phase I/II	Neoadjuvant muscle-invasive UC	Not yet recruiting
Durvalumab ± BCG Durvalumab ± radiation therapy	ADAPT-BLADDER NCT03317158 Phase I/II	BCG-relapsing UC of the bladder	Ongoing
Durvalumab	NCT02901548 Phase II	BCG-relapsing UC of the bladder	Ongoing
Durvalumab + olaparib	NEODURVARIB NCT03534492 Phase II	Neoadjuvant bladder carcinoma	Not yet recruiting
Durvalumab + BCG vs BCG alone	POTOMAC NCT03528694 Phase III	BCG naïve nonmuscle-invasive bladder carcinoma	Ongoing
Durvalumab + olaparib	BAYOU NCT03459846 Phase II	First-line in platinum-ineligible unresectable stage IV UC	Ongoing
Durvalumab + Vicinium	NCT03258593 Phase I	BCG-relapsing UC of the bladder	Ongoing
Durvalumab + tremelimumab vs SoC	DUTRENEO NCT03472274 Phase II	Neoadjuvant bladder carcinoma	Not yet recruiting
AZD4547 vs Durvalumab vs AZD4547 + Durvalumab vs Durvalumab + Olaparib vs Durvalumab + AZD1775 vs Durvalumab + Vistusertib	BISCAY NCT02546661 Phase Ib	Muscle-invasive bladder cancer (urothelial) who have progressed on prior treatment	Ongoing
Durvalumab with radiotherapy then adjuvant Durvalumab	DUART NCT02891161 Phase I/II	Bladder cancer (T2–4, N0–2, M0)	Ongoing
In situ vaccination with tremelimumab and IV Durvalumab + toll-like receptor agonist PolyICLC (TLR3 agonist)	NCT02643303 Phase I/II	Bladder cancer	Ongoing
Durvalumab + tremelimumab	NCT02812420 Phase II	Muscle-invasive, high-risk UC ineligible for cisplatin-based neoadjuvant chemotherapy	Ongoing
Durvalumab + SoC; Durvalumab + tremelimumab + SoC; SoC	NILE NCT03682068 Phase III	Unresectable or metastatic UC	Ongoing

**Abbreviations:** BCG, Bacille Calmette–Guerin; SoC, standard of care chemotherapy; UC, urothelial carcinoma.

In the first-line setting, the DANUBE trial is ongoing in UC testing the combination of durvalumab and tremelimumab. Results of this Phase III trial will be presented soon and hopefully showed increased response rate. Many questions remain on how to better select patients and also improve the number of patients who will benefit from immune checkpoint blockers.

Main perspectives are thus combination therapies with either other immune checkpoint blockers, epigenetic drugs, chemotherapy or radiation therapy and hopefully find robust biomarkers to increase response rate (Table 3). One option is possibly to combine immune checkpoint blockers and the other option is to adapt treatment based on biomarkers. This

is the purpose of the BISCAY trial (NCT02546661), which is designed to combine Durvalumab with other targeted therapies according to biomarkers. This Phase Ib study is a multiarm trial and is evaluating the combination of durvalumab with AZD4547 (selective inhibitor of the FGFR1, 2, and 3 tyrosine kinases), Olaparib, AZD1775 (WEE1 inhibitor), Vistusertib (mTOR inhibitor), or AZD9150 (STAT3 inhibitor) in patients with UC who have progressed after prior treatment.

Phase III trials are also ongoing in other tumor types, in first, second, and third line in Non-small-cell lung cancer (NSCLC; PEARL NCT03003962, MYSTIC NCT02453282, ARCTIC NCT02352948, PACIFIC NCT02125461) and in Head and Neck Squamous Cell Carcinoma (KESTREL NCT02551159, EAGLE NCT02369874).

Very few data are available in older patients with only subgroup analysis and no geriatric data to better characterize the population. However, the incidence of cancer is increasing in that population. There is a tremendous need for evidence-based medicine data in that population, to better adapt treatment strategies. Indeed, compared with conventional cancer therapies, immunotherapy offers a better safety profile with <10% of severe toxicities and is therefore an attractive option in older patients.<sup>25,26</sup>

Due to the low toxicity profile, the revolution of immune cancer therapy might especially be of great interest in the older population. Nevertheless, at the moment, there is few evidence of efficacy and tolerance of these drugs in the geriatric population. At the same time, a decline of both adaptive and innate immunity is observed with increasing age.<sup>27,28</sup> This phenomenon, called immunosenescence (IS), is responsible for poor response to vaccination and increased susceptibility to infections.<sup>29,30</sup>

Additionally, increased prevalence of autoimmune disease which is linked with an increase of autoantibodies is observed in older patients.<sup>31,32</sup> Especially, in older cancer patients, modification of both the IC phenotype (mainly T cell compartment), the immune microenvironment and intracellular communication are the main reasons for dysfunctional immune responses.<sup>33–35</sup>

IS is also associated with a state of chronic low-grade inflammation called inflammaging, responsible for altered level of cytokines. All these reasons urged us to analyze efficacy and toxicity of anti PD-L1 therapy.

Therefore, studies with durvalumab in patients with various solid tumors including UC, aged >70 years old incorporating geriatric data to assess safety and efficacy are ongoing.

Moreover, it was recently suggested that a subgroup of patients presents a deleterious acceleration of their cancer

disease, defined as hyperprogression in different tumor types such as lung cancers and head and neck cancers.<sup>36–39</sup> Several biological hypotheses may explain why PD1/PD-L1 blockade may paradoxically lead to this phenomenon, including, expansion of PD1+ Tregs, compensatory T-cell exhaustion, modulation of protumor immune subsets, activation of aberrant inflammation, or activation of an oncogenic pathway. Prospective trials are warranted to validate this new concept.<sup>40</sup>

Improving patient selection for immuno-oncology trials and real-life setting is an active area of research to better identify, in particular, fast progressors. Massard et al developed a tool (FastProgIO) predicting 12-week life expectancy using a multivariate regression method in patients with NSCLC and UC treated with durvalumab ± tremelimumab and compared it to existing published scores (Royal Marsden Hospital prognostic score [RMH], Gustave Roussy Immune Score [GRIM], lung immune prognostic index [LIPI]).<sup>41–43</sup> The performance was assessed by time-dependent true positive rate (TPR) and false positive rate (FPR). FastProgIO includes neutrophils, AST, alkaline phosphatase, and hemoglobin as the predictive markers. At 12 weeks, the TPR for FastProgIO was 73%, (90% CI: 67%–80%) vs 69%, 65%, and 41% for RMH, GRIM, and LIPI, respectively.<sup>44</sup> Furthermore, the FPR of FastProgIO (11%, 90% CI: 9.3%–13%) was comparable to LIPI (10%), but better controlled than RMH and GRIM (20% and 17%).<sup>44</sup> This score needs to be further validated but can be an interesting option to better select patients eligible for immune-oncology trials.

Finally, new patterns of response to immune checkpoint blockers need to be further investigated and described to improve our understanding of immune checkpoint blockers and improve patient care.

## Conclusion

Durvalumab is a safe and effective therapeutic option in UC and was granted FDA approval in May 2017 based on the results of the Phase I/II trial. Questions remain about the optimal therapeutic strategies in UC with the breakthrough of several anti-PD-1 and anti-PD-L1 recently and new treatments such as FGFR inhibitors. Answers may emerge with the recent molecular characterization of muscle-invasive bladder cancer.<sup>45</sup> Robertson et al identified five expression subtypes that may be sensitive to different treatments.<sup>45</sup> This characterization may help practitioners to find optimal strategies for patients. Moreover, results of trials testing combination therapies with immune checkpoint blockers are awaited. Treatment landscape of UC is moving forward, and new therapeutic options will be available in the upcoming future.

## Disclosure

The authors report no conflicts of interest in this work.

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