

Prognostic values of ^{18}F -FDG PET/CT metabolic parameters and clinical figures in locally advanced pancreatic cancer underwent chemotherapy combined with stereotactic body radiation therapy

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Abstract

Stereotactic body radiation therapy (SBRT) has emerged to be a preference treatment for locally advanced pancreatic cancer (LAPC) patients. In this study, we aimed to investigate the prognostic roles of ^{18}F -FDG PET/CT metabolic parameters and clinical figures in LAPC patients underwent chemo-SBRT combined therapy.

During January 2013 to January 2017, 23 LAPC patients who underwent ^{18}F -FDG PET/CT within 2 weeks before treatment were recruited and retrospectively analyzed. Maximum standardized uptake values (SUVmax), SUVmean, metabolic tumor volume (MTV), total lesion glycolysis (TLG), chemoradiotherapy (CRT) sequence, and relevant clinical figures were grouped upon the median values, then analyzed by Kaplan–Meier method and Cox proportional hazard models for their prognostic evaluation.

The median overall survival (OS) and progression-free survival (PFS) of all patients were 16.7 months and 11.3 months, respectively. According to the statistic results, the longest diameter of tumor (LDT), MTV, TLG, and CRT sequence were associated with OS (all $P < .05$). Among which, LDT and MTV were proved to be the independent prognostic factors for OS (hazard ratio [HR]: 3.437, 3.015, both $P < .05$). Additionally, LDT and CRT sequence were found associated with PFS (both $P < .05$), and CRT sequence was the independent prognostic factor for PFS in chemo-SBRT treated LAPC patients (HR: 0.130, $P < .05$).

For LAPC patients received chemotherapy and SBRT combined therapy, MTV and LDT showed independent prognostic values for OS. Meanwhile, CRT sequence was an independent PFS prediction factor.

Abbreviations: ^{18}F -FDG = ^{18}F -fluorodeoxyglucose, ASCO = American Society of Clinical Oncology, CDMS = Cyberspace Data Management System, CI: confidence interval, CRT = chemoradiotherapy, DM = diabetes mellitus, ECOG = Eastern Cooperative Oncology Group, GTV = gross tumour volume, HR = hazard ratio, LAPC = locally advanced pancreatic cancer, LDT = longest diameter of tumor, MTV = metabolic tumor volume, OS = overall survival, OSEM = ordered subset expectation maximization, PDAC = pancreatic ductal adenocarcinoma, PET/CT = positron emission tomography-computed tomography, PFS = progression-free survival, PTV = planning target volume, SBRT = stereotactic body radiation therapy, SUVmax = maximum standardized uptake values, TLG = total lesion glycolysis.

Keywords: ^{18}F -FDG PET/CT, chemoradiotherapy sequence, locally advanced pancreatic cancer, prognostic evaluation, stereotactic body radiation therapy

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1. Introduction

Pancreatic Ductal Adenocarcinoma (PDAC) is a highly malignant gastrointestinal cancer, whose global incidence is continually increasing with its 5-year survival rate stays less than 5%.^[1] To date, surgical resection is considered as the most effective way to cure PDAC. However, only about 20% of PDAC patients present with surgical indications when diagnosed.^[2] Meanwhile, 45% to 50% of patients have developed distant metastases at diagnosis, whose median survival time is only 3 to 6 months.^[3] Additionally, there are about 20% to 40% PDAC patients could be defined as locally advanced pancreatic cancer (LAPC) when diagnosed,^[4,5] for which no distant metastasis found, but tumor tissue cannot be surgically removed because of surrounding normal structures infiltration.

Single-agent chemotherapy and multi-drug combination chemotherapy have been recommended by the American Society of Clinical Oncology (ASCO) for LAPC patients,^[6] and the efficiency has been well documented. Chemotherapy could significantly increase the overall survival (OS) of LAPC patients, also delay the progression of disease.^[7] However, the treatment value of conventional radiotherapy in LAPC was argued by many

researchers.^[8,9] On 1 hand, pancreatic cancer is a cancer of moderate radiosensitivity.^[10] On the other hand, pancreas is closely surrounded by stomach, duodenum, small intestine and kidney, which are highly sensitive to radiation. Thus, traditional radiotherapy normally related with poor treatment efficiency and severe gastrointestinal adverse reactions. Recently, the target position of radiotherapy in LAPC treatment has gradually been recognized,^[11,12] because of an emerging 3-dimensional conformal radiation technology, stereotactic body radiation therapy (SBRT). With the SBRT delivery system, a high-dose irradiation could be applied to the target tumor area, meanwhile the protection for surrounding organs was severely ensured. Hence, radiation-induced toxicities were greatly reduced, and the life qualities and survival duration were significantly improved.^[13] As the SBRT technology has been widely used in clinic, chemoradiotherapy (CRT) has been listed as a recommend therapy by ASCO (6) and become 1 of the routine treatments for LAPC patients.^[14]

Through a remarkable achievement has been obtained in LAPC treatment, the median survival of LAPC patients after therapy remains 6 to 14 months.^[15] Most patients still have distant metastases developed, while the local lesions were well controlled. Therefore, figuring out effective prognostic factors is crucial for LAPC patients management. The ¹⁸F-fluorodeoxyglucose (¹⁸F-FDG) positron emission tomography-computed tomography (PET/CT) has been widely used in the diagnosis, staging and therapeutic evaluation of various malignancies.^[16,17] Also, the prognostic prediction value in PDAC was reported by several researchers.^[18–20] For resected PDAC patients, ¹⁸F-FDG PET/CT metabolic parameters maximum standardized uptake values (SUVmax), metabolic tumor volume (MTV) and total lesion glycolysis (TLG) were illustrated to strongly correlate with OS and progression-free survival (PFS). On the basis, the aim of this study was to further evaluate the prognostic values of ¹⁸F-FDG PET/CT metabolic parameters and clinical figures in LAPC patients treated with chemo-SBRT combined therapy.

2. Material and methods

2.1. Patients

Medical data of 23 LAPC patients, who were diagnosed and treated in Shanghai Changhai Hospital from January 2013 to January 2017, was collected and retrospectively analyzed.

Inclusion criteria:

1. Initially diagnosed with pancreatic cancer.
2. Histopathologically confirmed as LAPC.
3. Received chemotherapy and SBRT combination treatment.
4. Underwent ¹⁸F-FDG PET/CT scan within 2 weeks before treatment.

Exclusion criteria:

1. Previous history of tumor treatment at the pancreatic site.
2. Merged with other tumors.
3. Distal metastases found by ¹⁸F-FDG PET/CT.
4. Deaths caused by diseases other than pancreatic cancer during follow-ups.
5. Lost to follow-up.

Patients were followed up by telephone or through clinic. By January 2018, the median follow-up time was 35.5 months (18–55 months). OS and PFS were used as prognostic indicators, where OS refers to the time period between first day receiving

treatment to the date of disease-related death or last visit, and PFS is defined as the period started from the day of initial treatment applied to the date of first progression or the death.

2.2. ¹⁸F-FDG PET/CT image acquisition and image analysis

All scans were performed on a Biograph truptpoint 64-layer 52-ring HD PET/CT scanner (Siemens, Germany), ¹⁸F-FDG was provided by Shanghai Atomic Kexing Pharmaceutical Co., Ltd., with radiochemical purity above 95%. Before imaging, patients fasted for 6 hours or above, and the blood glucose was confirmed <11.1 mmol/L. The ¹⁸F-FDG was injected 45 to 60 minutes before scanning at a dose of 3.70 to 5.55 MBq/kg. A routine PET scan started from the skull to the mid-femur, 5 to 6 beds, and 2 minutes per bed in 3-D mode. For the whole body CT scan, 170 mA current and 120 kV voltage were used, scanning time was approximately 18.67 to 21.93 seconds, and the slice width was 3 mm. The images were reconstructed and post-processed to obtain CT, PET, PET/CT fusion images and 3D reconstruction images, which were performed using ordered subset expectation maximization (OSEM) and the Multimodality Workstation, respectively.

All images were blind read by 2 experienced nuclear medicine physicians. 40% of SUVmax was set up as the baseline for the assessment of primary pancreatic cancer lesions, which was carried out based on the cubic-shaped volume of interest (VOI) to maximally include the entire lesion, and to avoid the surrounding high-metabolic tissues. SUVmax, SUVmean, MTV (cm³), and TLG (g) were offered by the TrueD system automatically.

2.3. Stereotactic body radiation therapy protocol

SBRT therapy was carried out by CyberKnife, SRS G4 treatment system (Accuray Incorporated, Sunnyvale). The real-time imaging was performed by using the vertebral tracking technology. Gross tumor volume (GTV) was defined as the radiographic evident tumor range in CT images, which was assessed by experienced radiation clinicians, after the fusion of Cyberspace Data Management System (CDMS) and CT images. Planning target volume (PTV) was defined as the GTV with extended margins (2–3 mm) in X, Y, and Z axis. The single radiation dose and repeated times were adjusted individually, normally the single irradiation was performed at a dose of 6 to 8 Gy, 4 to 8 times repeated.

2.4. Chemotherapy devilry

All patients included received chemotherapy. Among them, 13 patients received gemcitabine-based chemotherapy, 9 patients received S-1 based chemotherapy, and 1 patient received gemcitabine and S-1 combined chemotherapy. Meanwhile, 5 of 23 patients were treated with chemotherapy first, and 18 patients were first applied with SBRT therapy.

2.5. Statistical analysis

Statistics were performed using SPSS software (Version 22, IBM, Portsmouth, UK). Normal distributions of all parameters were analyzed by Kolmogorow-Smirnov test. For the correlation of CRT sequence and clinical figures, the figures coincided with normal distributions were analyzed by Chi-square test, and the non-normal distributed figures were applied with Mann-

Whitney *U* test. All survival related variables were grouped upon median value and subsequently analyzed by Kaplan–Meier methods for univariate analysis. Significant factors from Log-rank test were then characterized by Cox proportional hazards models for multivariate analysis. The method for the independent variables screening was conditional parameter estimation likelihood ratio test (Forward: Conditional, the probability for entry stepwise was 0.05, and the probability for removal was 0.10). $P < .05$ was considered as statistically significant.

3. Results

3.1. Patient characteristics and follow-ups

The patient characteristics were summarized in Table 1. In this study, the median follow-up duration was 35.5 months (18.0–55.0 months), and 5 patients (21.7%) were alive by the end of follow-ups. The median OS time was 16.7 months (6.5–33.0 months), and the 1-year and 2-year survival rates were 78.3% and 33.5%, respectively. Meanwhile, the median PFS period was 11.3 months (2.8–28.5 months), and the 1-year PFS rate was 47.8%.

3.2. Correlation between CRT sequence and clinical figures

Patients were grouped into 2 based on CRT sequence and showed no statistically significant difference on pre-treatment ECOG score ($P = .978$). Additionally, no significant differences in group distributions were found upon other clinical factors as well (Table 2), indicating the prognostic results of CRT sequence were not impacted by pre-treatment states of patients.

3.3. Survival analysis and multivariate analysis

The survival analysis of all patients was carried out by Log-rank test (Table 3). Among ^{18}F -FDG PET/CT metabolic parameters, MTV and TLG were demonstrated to be significant prognostic indicators for OS (Fig. 1A, B). For clinical factors, the longest diameter of tumor (LDT) and CRT sequence were revealed to

Table 1

Basic characteristics of patients.

Characteristics	Total (n=23)	Characteristics	Total (n=23)
Gender		Serum CA19–9 (ng/mL)	
Male	17	Median, Range	216.1, 2.0–1200.0
Female	6	ECOG Score	
Age, yr		0	4
Median, Range	65, 42–79	10	
	1	2	9
N Stage		SUVmax	
N ₀	15	Median, Range	6.6, 4.7–17.0
N ₁	8	SUVmean	
Tumor Location		Median, Range	3.8, 2.4–11.2
Head	16	MTV (cm ³)	
Body/Tail	7	Median, Range	14.2, 2.1–38.6
Present of DM	6	TLG (g)	
LDT, cm		Median, Range	60.6, 5.6–188.1
Median, Range	3.6, 1.0–5.0		

DM=diabetes mellitus, ECOG=Eastern Cooperative Oncology Group, LDT=longest diameter of tumor, MTV=metabolic tumor volume, SUVmax=maximum standardized uptake values, TLG=total lesion glycolysis.

Table 2

Distribution of clinical factors upon chemoradiotherapy sequence.

Clinical factors	Chemotherapy-first, n=5	SBRT-first (n=18)	P value
Age (yrs), Median	65.00	66.50	.227
Gender			.608
Male	4	13	
Female	1	5	
N Stage			.208
N ₀	2	13	
N ₁	3	5	
Serum CA19–9 (ng/mL) Median	61.87	348.44	.325
Present of DM			.184
No	5	12	
Yes	0	6	
LDT (cm), Median	3.90	3.35	.055
Tumor Location			.492
Head	3	13	
Body/Tail	2	5	
ECOG Score			.978
0	1	3	
1	2	8	
2	2	7	

DM=diabetes mellitus, ECOG=Eastern Cooperative Oncology Group, LDT=longest diameter of tumor, SBRT=stereotactic body radiation therapy.

have prognostic significance for OS (Fig. 1C, D). The above 4 variables were analyzed by Cox proportional hazards models afterward, MTV and LDT were proved to be the independent prognostic factors for OS (Table 4), the hazard ratio (HR) was 3.015 (95% CI: 1.107–8.212, $P = .031$) and 3.756 (95% CI: 1.352–10.440, $P = .011$), respectively.

As for PFS, LDT, and CRT sequence were found to be the significant prognostic variables (Table 3). In the following multivariate analysis, CRT sequence was the only independent prognostic factor for PFS (HR: 0.130, 95% CI: 0.034–0.495, $P = .003$) (Table 5). Compared to LAPC patients received chemotherapy first, patients in SBRT-first group demonstrated longer PFS durations.

Typical cases of ^{18}F -FDG PET/CT images were shown in Figures 2 and 3.

4. Discussion

LAPC was considered as one of the most lethal cancers, presented with extremely poor prognosis. At present, lacking of effective treatment methods makes it essential to determine reliable prognostic indicators for LAPC patients.

However, clinically confirmed prognostic markers so far have been few, and tumor burden was considered to be the most promising one.^[21] The absence of parameters which could sensitively and accurately describe the tumor burden has restricted its current application in clinic. Tumor diameter was the most commonly used clinical indicator for measuring tumor burden, and a relatively intuitive one as well. Jeong et al^[22] found among 87 PDAC patients, the tumor size of the relapse-free group (1.8 ± 1.0 cm) was significantly lower than the relapse group (2.3 ± 0.8 cm, $P = .01$), and tumor diameter was confirmed as an independent factor for OS and relapse-free survival (RFS) for PDAC patients. In our study with LAPC patients received chemo-SBRT therapy; the analysis also suggested that LDT was associated with OS and PFS, and an independent prognostic factor for OS. However, as a 1-dimensional parameter, the tumor

Table 3**Univariate analysis of prognostic factors for 23 locally advanced pancreatic cancer patients.**

Factors	Total	OS					PFS				
		Cases of death	Median, mo	95% CI		P value	Cases of progression	Median (Month)	95% CI		P value
				Lower limits	Upper limits				Lower limits	Upper limits	
Gender											
Male	17	16	15.7	9.650	21.750	.084	17	9.3	6.611	11.989	.813
Female	6	2	18.9				6	13.4	5.838	20.962	
Age						.720					.656
≤65	12	9	13.2	8.278	18.122		12	9.3	3.020	15.580	
>65	11	9	17.7	14.667	20.733		11	13.4	7.466	19.334	
SUVmax						.658					.509
≤6.6	13	10	17.7	8.556	16.844		13	13.4	6.002	20.798	
>6.6	10	8	15.7	12.084	19.316		10	10.4	7.146	13.654	
SUVmean						.903					.712
≤3.8	12	9	17.7	8.144	27.256		12	13.4	4.234	22.566	
>3.8	11	9	15.7	11.924	19.476		11	10.4	6.839	13.961	
MTV, cm ³						.030*					.105
≤14.2	12	8	19.7	10.664	28.736		12	13.6	11.393	15.807	
>14.2	11	10	12.2	10.042	14.358		11	8.4	5.595	11.205	
TLG, g						.036*					.078
≤60.6	12	8	19.7	12.579	26.821		12	14.7	10.796	18.604	
>60.6	10	10	12.8	11.397	14.203		11	8.4	6.242	10.558	
Tumor Location						.897					.618
Head	16	12	16.7	6.88	23.123		16	11.3	3.264	19.336	
Body/Tail	7	6	15.7	9.239	39.361		7	10.4	5.268	15.532	
LDT, cm						.009*					.049*
≤3.6	13	8	24.3	16.478	32.122		13	15.9	11.203	20.597	
>3.6	10	10	12.2	11.745	12.655		10	8.0	6.760	9.240	
Presence of DM						.447					.250
Yes	6	4	17.7	9.298	26.102		6	14.7	6.778	22.622	
No	17	14	15.7	10.994	20.406		17	10.4	6.501	14.299	
N Stage						.066					.151
N ₀	15	10	19.7	16.194	23.206		15	14.7	11.544	17.856	
N ₁	8	8	12.2	10.953	13.447		8	8.0	6.891	9.109	
CA19-9, ng/mL						.322					.558
≤216.1	12	8	15.7	8.910	22.490		12	11.3	1.964	20.636	
>216.1	11	10	16.7	11.445	21.955		11	9.3	3.474	15.126	
GTV Does, Gy						.282					.250
≤38	13	10	13.2	10.117	16.283		13	8.40	5.112	11.688	
>38	10	8	19.7	12.676	26.724		10	15.90	9.702	22.098	
CRT Sequence						.012*					<.001*
Chemotherapy-First	5	5	12.8	10.868	14.732		5	7.2	5.482	8.918	
SBRT-First	18	13	19.2	15.348	23.052		18	13.6	10.897	16.303	

CRT = chemoradiotherapy, DM = diabetes mellitus, GTV = gross tumor volume, LDT = longest diameter of tumor, MTV = metabolic tumor volume, OS = overall survival, PFS = progression-free survival, SBRT = stereotactic body radiation therapy, SUVmax = maximum standardized uptake values, TLG = total lesion glycolysis.

* P value < .05.

diameter cannot precisely reflect the tumor burden, not mention the active tumor cell loads in primary lesions, which has largely restricted tumor diameter to become a precision prognosis evaluation factor.

The volume-based ¹⁸F-FDG PET/CT parameters could offer information about the metabolism of tumor tissues, as well as the tumor volume, potentially have higher prognostic values than tumor diameter. In the early studies,^[23] SUVmax was reported with prognostic value for PDAC patients, but recent studies revealed the shortages of SUVmax in prognosis prediction.^[24,25] SUVmax only reflected the metabolic level of a single pixel in tumor tissue, which was unable to include the information of tumor volume and cannot provide a full picture of the overall tumor metabolic situation. In this study, through a research of LAPC patients treated with chemo-SBRT therapy, SUVmax and SUVmean showed no prognostic values (both $P > .05$).

MTV and TLG could provide details on both tumor volume and metabolism, which have been regarded as reliable measures of tumor burden in recent studies, and their roles in prognostic evaluation have been gradually confirmed. In a retrospective study done by Choi HJ et al,^[26] MTV and TLG (SUVmax 2.5 as the delineation threshold) were both independent prognostic predictors for LAPC patients. Another study performed by Hyun et al,^[27] which included 137 PDAC patients, found that TLG was statistically significant in univariate analysis but was not an independent prognostic factor. In the research carried out by Wu Peng et al,^[28] MTV was revealed to be an independent prognostic factor for pancreatic cancer, which was similar to the conclusion of our study. In our study, 40% of SUVmax was used as the cut-off value, MTV obtained was significantly associated with the OS of LAPC patients received CRT. The OS duration of patients with MTV ≤14.2 cm³ was significantly longer than that of high MTV

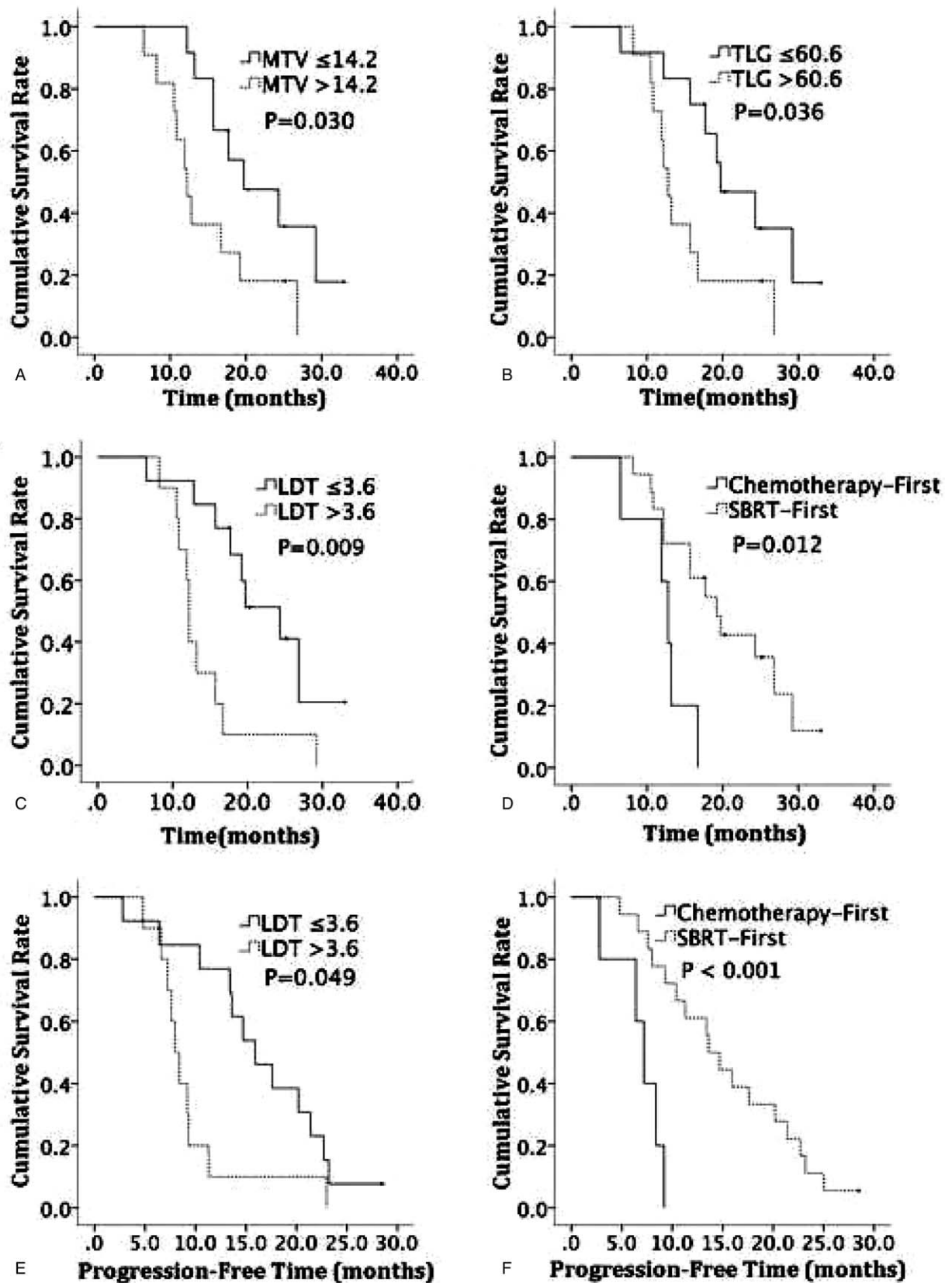


Figure 1. Cumulative OS according to MTV (A), TLG (B), LDT (C) and CRT sequence (D). Cumulative PFS according to LDT (E) and CRT sequence (F). LDT = longest diameter of tumor, MTV=metabolic tumor volume, OS=overall survival, PFS=progression-free survival, TLG=total lesion glycolysis.

Table 4**Multivariate analysis of prognostic factors for overall survival in locally advanced pancreatic cancer patients.**

Factor	B value	SB	Wald	HR	95% CI		P value
					Lower limit	Upper limit	
LDT	1.323	0.522	6.439	3.756	1.352	10.440	.011
MTV	1.104	0.511	4.663	3.015	1.107	8.212	.031

CI=confidence interval, HR=hazard ratio, LDT=longest diameter of tumor, MTV=metabolic tumor volume.

Table 5**Multivariate analysis of prognostic factors for progression free survival in locally advanced pancreatic cancer patients.**

Factor	B Value	SB	Wald	HR	95% CI		P value
					Lower limit	Upper limit	
CRT Sequence	-2.041	0.683	8.932	0.130	0.034	0.495	.003

CI=confidence interval, CRT=chemoradiotherapy, HR=hazard ratio.

value group, and MTV was further proved to be an independent OS prognostic predictor. Meanwhile, TLG was well associated with OS, but was not an independent indicator.

The importance of MTV and TLG in pancreatic cancer prognostic prediction varied in different clinical trials, which could be caused by inconsistent inclusion criteria. The variation of tumor differentiations, clinical stages, and treatment options would lead to diverse results. Additionally, the variation could also be caused by the measurement of MTV, which was

influenced by many factors, especially the tumor boundary delineation. The setting of delineation thresholds could affect the authenticity of how much the actual tumor size was reflected by MTV. Several studies have suggested^[29] 40% to 50% of SUVmax as the best thresholds for MTV calculation, MTV obtained within this range could offer a veracious description of actual tumor volume. Therefore, in this study, 40% of SUVmax was used as the cut-off value in tumor boundary delineations. Furthermore, automatic delineation was induced instead of

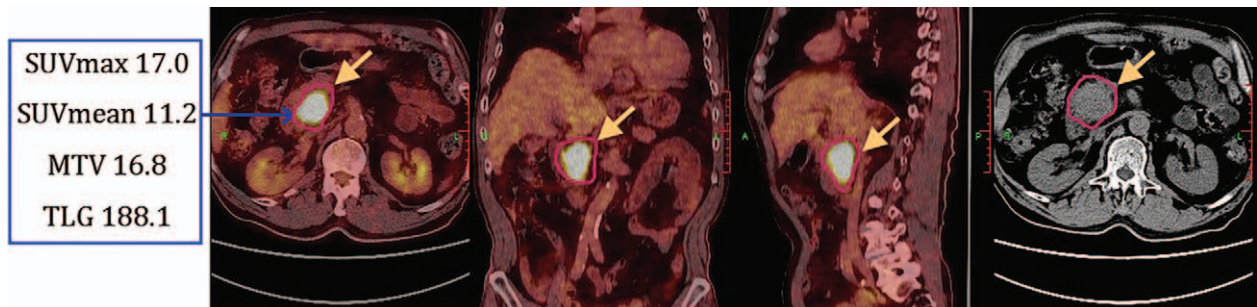


Figure 2. Male, 70 years old, pancreatic head cancer. ¹⁸F-FDG PET/CT fusion images showed a massive shadow in pancreatic head, with increased radioactivity uptake. Four metabolic parameters were all above the cut-off value, and the LDT was 3.9cm. S-1 based chemotherapy was applied first, followed by SBRT treatment. OS of the patient was 16.7 months, and PFS was 9.2 months. LDT=longest diameter of tumor, OS=overall survival, PFS=progression-free survival, SBRT=stereotactic body radiation therapy.

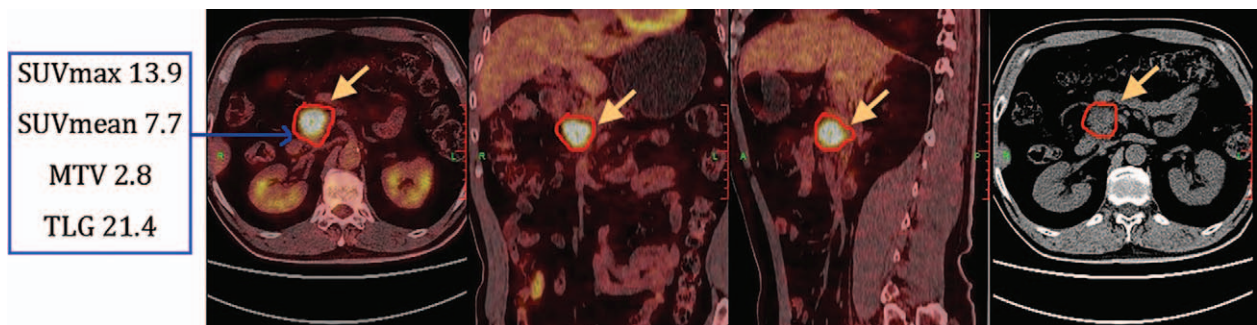


Figure 3. Male, 65 years old, pancreatic head cancer. ¹⁸F-FDG PET/CT image showed a lesion located in pancreatic head with increased radioactivity uptake. SUVmax and SUVmean above the cut-off value, MTV and TLG were below the cut-off value, and the LDT was 3.2 cm. The patient was firstly treated with SBRT therapy, followed by the S-1 based chemotherapy. OS of this patient was 33 months, and PFS was 28.5 months. MTV=metabolic tumor volume, OS=overall survival, PFS=progression-free survival, SBRT=stereotactic body radiation therapy, TLG=total lesion glycolysis.

manual operation, to avoid subjective errors and to offer a more objective description of the actual tumor volume.

In our study, more than confirming the prognostic values of ¹⁸F-FDG PET/CT parameters for CRT treated LAPC patients, the CRT sequence was also found to play a role in prognostic prediction. In clinic practice, to start CRT treatment with chemotherapy or SBRT therapy was normally determined by physicians' personal experiences, there were no guidelines nor conclusive agreements about the treatment efficiency of altered CRT sequence.^[14,30] Meanwhile, only few correlational studies has been performed to discuss the relationship between CRT sequence and survival results.^[31] In our research, all LAPC patients were just treated with CRT, only in 2 different manners, no induction chemotherapy or other interference therapies included. The results illustrated that the median OS and PFS durations of patients in the SBRT-first group were significantly longer than those in the chemotherapy-first group, and CRT sequence was an independent prognostic factor for PFS. The possible reasons were analyzed as follows: to start with, the radiation-induced bystander effect (RIBE) and abscopal effect. The control of both local pancreatic tumor and micro-metastasis in circulatory system could be achieved by signal transduction and the like.^[32] Moreover, according to the reports,^[33] radiation could induce a significant up-regulation of the major histocompatibility complex (MHC)-I molecules and the tumor-associated antigens (TAAs) on the surface of tumor cells. A research performed by Sharma et al^[34] also confirmed the significantly elevated level of a specific TAAs: tumor-testis antigen (CTA) in PDAC patients after radiation exposure. Extensive exposure of tumor cell surface antigens not only facilitated the activation of the immune system in vivo, also improved direct killing of primary tumor cells by secreting perforin and granzyme. Additionally, radio-induced antigen exposure could mediate tumor cell apoptosis via the Fas-FasL pathway and subsequently led to micro-metastases culling.^[35] Furthermore, for LAPC patients who received chemotherapy after SBRT treatment, the exposure of MHC-I and TAAs was conducive to exert the effects of chemotherapeutic drugs, and conducted to a better drug efficacy, eventually resulted in a prolonged survival time. Even so, it is still necessary to conduct prospective studies with a larger sample size to optimize the prognostic role of CRT sequence, and to maximize the therapy efficiency for LAPC patients.

There were several limitations in this study: First, as a retrospective study, patients enrolled received various chemotherapy regimens, due to the case number difference in the 3 groups, statistical analysis cannot be performed to assess the prognostic role of various chemotherapy regimens for LAPC patients. Second, although the patient data were collected between January 2013 and January 2017, the total case number included was not quite large. Meanwhile, the number of chemotherapy-first group was relatively small, which might induce biased results to present study. Hence, for chemo-SBRT therapy treated LAPC patients, a prospective, multi-center, large-sample study may be necessary to verify the roles of ¹⁸F-FDG PET/CT metabolic parameters and the CRT sequence in prognostic evaluation.

5. Conclusions

In conclusion, for chemo-SBRT therapy treated LAPC patients, ¹⁸F-FDG PET/CT metabolic parameter MTV and clinical figure LDT were reliable independent prognostic evaluators for OS. Smaller tumor diameter and lower pretreatment MTV value were

correlated with longer OS duration. Meanwhile, CRT sequence was the independent prognostic factor of PFS. Compared to LAPC patients received chemotherapy first, those who first received SBRT therapy tended to have longer PFS.

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