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Antibiotics for treating septic abortion (Review)

Udoh A, Effa EE, Oduwole O, Okusanya BO, Okafo O

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[Intervention Review]

Antibiotics for treating septic abortion

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ABSTRACT

Background

A septic abortion refers to any abortion (spontaneous or induced) complicated by upper genital tract infection including endometritis or parametritis. The mainstay of treatment of septic abortion is antibiotic therapy alone or in combination with evacuation of retained products of conception. Regimens including broad-spectrum antibiotics are routinely recommended for treatment. However, there is no consensus on the most effective antibiotics alone or in combination to treat septic abortion. This review aimed to bridge this gap in knowledge to inform policy and practice.

Objectives

To review the effectiveness of various individual antibiotics or antibiotic regimens in the treatment of septic abortion.

Search methods

We searched the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE, EMBASE, LILACS, and POPLINE using the following keywords: 'Abortion', 'septic abortion', 'Antibiotics', 'Infected abortion', 'postabortion infection'. We also searched the World Health Organization International Clinical Trials Registry Platform (WHO ICTRP) and ClinicalTrials.gov for ongoing trials on 19 April, 2016.

Selection criteria

We considered for inclusion randomised controlled trials (RCTs) and non-RCTs that compared antibiotic(s) to another antibiotic(s), irrespective of route of administration, dosage, and duration as well as studies comparing antibiotics alone with antibiotics in combination with other interventions such as dilation and curettage (D&C).

Data collection and analysis

Two review authors independently extracted data from included trials. We resolved disagreements through consultation with a third author. One review author entered extracted data into Review Manager 5.3, and a second review author cross-checked the entry for accuracy.

Main results

We included 3 small RCTs involving 233 women that were conducted over 3 decades ago.

Clindamycin did not differ significantly from penicillin plus chloramphenicol in reducing fever in all women (mean difference (MD) -12.30, 95% confidence interval (CI) -25.12 to 0.52; women = 77; studies = 1). The evidence for this was of moderate quality. "Response to treatment

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was evaluated by the patient's 'fever index' expressed in degree-hour and defined as the total quantity of fever under the daily temperature curve with 99°F (37.2°C) as the baseline".

There was no difference in duration of hospitalisation between clindamycin and penicillin plus chloramphenicol. The mean duration of hospital stay for women in each group was 5 days (MD 0.00, 95% CI -0.54 to 0.54; women = 77; studies = 1).

One study evaluated the effect of penicillin plus chloramphenicol versus cephalothin plus kanamycin before and after D&C. Response to therapy was evaluated by "the time from start of antibiotics until fever lysis and time from D&C until patients become afebrile". Low-quality evidence suggested that the effect of penicillin plus chloramphenicol on fever did not differ from that of cephalothin plus kanamycin (MD -2.30, 95% CI -17.31 to 12.71; women = 56; studies = 1). There was no significant difference between penicillin plus chloramphenicol versus cephalothin plus kanamycin when D&C was performed during antibiotic therapy (MD -1.00, 95% CI -13.84 to 11.84; women = 56; studies = 1). The quality of evidence was low.

A study with unclear risk of bias showed that the time for fever resolution (MD -5.03, 95% CI -5.77 to -4.29; women = 100; studies = 1) as well as time for resolution of leukocytosis (MD -4.88, 95% CI -5.98 to -3.78; women = 100; studies = 1) was significantly lower with tetracycline plus enzymes compared with intravenous penicillin G.

Treatment failure and adverse events occurred infrequently, and the difference between groups was not statistically significant.

Authors' conclusions

We found no strong evidence that intravenous clindamycin alone was better than penicillin plus chloramphenicol for treating women with septic abortion. Similarly, available evidence did not suggest that penicillin plus chloramphenicol was better than cephalothin plus kanamycin for the treatment of women with septic abortion. Tetracyline enzyme antibiotic appeared to be more effective than intravenous penicillin G in reducing the time to fever defervescence, but this evidence was provided by only one study at low risk of bias.

There is a need for high-quality RCTs providing reliable evidence for treatments of septic abortion with antibiotics that are currently in use. The three included studies were carried out over 30 years ago. There is also a need to include institutions in low-resource settings, such as sub-Saharan Africa, Latin America and the Caribbean, and South Asia, with a high burden of abortion and health systems challenges.

PLAIN LANGUAGE SUMMARY

Antibiotics for treating septic abortion

Background

A septic abortion is any abortion with infection after a miscarriage or intentional pregnancy termination. One of the signs of septic abortion is fever. Antibiotic treatment is very important for the treatment of septic abortion. The recommended treatments include antibiotics that have effects on different types of bacteria. However, there is no agreement on the most effective antibiotics to be used either alone or in combination to treat septic abortion.

Trial characteristics

This review included 3 small studies of 233 women with septic abortion. One study compared clindamycin alone to penicillin plus chloramphenicol; the second study compared penicillin plus chloramphenicol to cephalothin plus kanamycin; and the third study compared tetracycline enzyme-based antibiotic with intravenous penicillin G.

Results

We found no strong evidence that clindamycin alone is better than penicillin plus chloramphenicol for treating women with septic abortion. Similarly, the available evidence did not suggest that penicillin plus chloramphenicol is better than cephalothin plus kanamycin for the treatment of women with septic abortion. Furthermore, performing D&C before starting antibiotic treatment was not better than performing D&C after antibiotic treatment has begun. The use of tetracycline-enzyme antibiotic brought women's fever down faster than intravenous penicillin G.

Conclusion

The available evidence from three small trials, which involved some antibiotics not currently in use, is insufficient to advocate for a change in existing treatment recommendations for septic abortion. In spite of this, combinations of antibiotics may be administered to women with septic abortion because they are more likely to reduce fever faster, including in women with bacteria in the blood, than single antibiotic treatment. Only one study reported harm experienced by women: two women given clindamycin had treatment failure, and one woman had an adverse drug reaction. In addition, two women in the clindamycin group had pelvic abscess compared to one in the penicillin plus chloramphenicol group, although the difference was not significant. The limitation of this review is the inclusion of three small studies conducted over 30 years ago.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. Clindamycin versus penicillin plus chloramphenicol compared to for

Clindamycin versus penicillin plus chloramphenicol compared to for treating septic abortion

Patient or population: patients with septic abortion Settings:In-hospital Intervention: Clindamycin versus penicillin plus chloramphenicol

Comparison:

Outcomes	Illustrative comp	parative risks* (95% CI)	Relative effect	No of Partici-	Quality of the	Comments
	Assumed risk	Corresponding risk	(5570 CI)	(studies)	(GRADE)	
		Clindamycin versus penicillin plus chlorampheni- col				
Fever index (mean degree-hour) - all women	-	The mean fever index (mean degree-hour) - all women in the intervention groups was 12.3 lower (25.12 lower to 0.52 higher)	-	77 (1 study)	⊕⊕⊕⊝ moderate ^{1,2}	-
Fever index (mean degree-hour) - bacteraemic pa- tients	-	The mean fever index (mean degree-hour) - bacter- aemic patients in the intervention groups was 11.7 lower (55.44 lower to 32.04 higher)	-	29 (1 study)	⊕⊕⊕⊙ moderate ^{1,2}	-
Duration of hospi- talisation	-	The mean duration of hospitalisation in the interven- tion groups was 0 higher (0.54 lower to 0.54 higher)	-	77 (1 study)	⊕⊕⊕⊙ moderate ^{1,2}	-
Complications	25 per 1000	189 per 1000 (25 to 1000)	RR 7.57 (0.98 to 58.61)	77 (1 study)	⊕⊕⊕⊙ moderate ^{1,2}	-

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval; **RR:** Risk ratio;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

¹ Study reported patients were randomly assigned however there is a chance of selection bias ² There is uncertainty about the magnitude of effect and wide confidence interval

Summary of findings 2. Penicillin plus chloramphenicol versus cephalothin plus kanamycin for treating septic abortion

Penicillin plus chloramphenicol versus cephalothin plus kanamycin for treating septic abortion

Patient or population: patients with treating septic abortion

Settings:In-hospital

Intervention: Penicillin plus chloramphenicol versus cephalothin plus kanamycin

Outcomes	Illustrative comp	parative risks* (95% CI)	Relative effect	No of Partici-	Quality of the	Comments
	Assumed risk Corresponding risk (st		(studies)	(GRADE)		
	Control	Penicillin plus chloramphenicol versus cephalothin plus kanamycin				
Time to fever resolution (mean time)	-	The mean time to fever resolution (mean time) in the intervention groups was 2.3 lower (17.31 lower to 12.71 higher)	-	56 (1 study)	⊕⊕©© low 1,2	-
Absence of fever during D&C (mean time)	-	The mean absence of fever during D&C (mean time) in the intervention groups was 1 lower (13.84 lower to 11.84 higher)	-	56 (1 study)	000 low 1,2	-

*The basis for the assumed risk (e.g. the median control group risk across studies) is provided in footnotes. The corresponding risk (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI). **CI:** Confidence interval;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. Very low quality: We are very uncertain about the estimate.

¹ Allocation concealment may have been ineffective and study did not report blinding among participants, study personnel or outcome assessors. ² There is uncertainty about the magnitude of effect and wide confidence interval

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Summary of findings 3. Antibiotics after D&C versus D&C during antibiotics for treating septic abortion

Antibiotics after D&C versus D&C during antibiotics for treating septic abortion

Patient or population: patients with treating septic abortion

Settings:In-hospital

Intervention: Antibiotics after D&C versus D&C during antibiotics

Outcomes	Illustrative com	parative risks* (95% CI)	Relative effect N (95% CI) p (s	No of Partici-	Quality of the	Comments
	Assumed risk	Corresponding risk		(studies)	(GRADE)	
	Control	Antibiotics after D&C versus D&C during antibiotics				
Absence of fever (de- gree-hour) - Clindamycin after D&C versus D&C during clindamycin	-	The mean absence of fever (degree-hour) - clindamycin after D&C versus D&C during clindamycin in the intervention groups was 6 lower (20.74 lower to 8.74 higher)	-	37 (1 study)	⊕⊕⊕⊝ moderate ^{1,2}	-
Absence of fever (de- gree-hour) - Penicillin + chloramphenicol af- ter D&C versus D&C dur- ing penicillin + chloram- phenicol therapy)	-	The mean absence of fever (degree-hour) - penicillin + chloramphenicol after D&C versus D&C during penicillin + chloramphenicol ther- apy) in the intervention groups was 1.3 higher (24.84 lower to 27.44 higher)	-	39 (1 study)	⊕⊕⊕⊙ moderate ^{1,2}	-

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval;

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Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

¹ Study reported patients were randomly assigned however there is a chance of selection bias

² There is uncertainty about the magnitude of effect and wide confidence interval

Tetracycline versus penicillin G for treating septic abortion

Patient or population: patients with septic abortion

Settings:In-hospital

Intervention: Tetracycline versus penicillin G

Outcomes	Illustrative com	parative risks* (95% CI)	Relative effect	No of Partici-	Quality of the	Comments
	Assumed risk	d risk Corresponding risk		(studies)	(GRADE)	
	Control	Tetracycline versus penicillin G				
Fever resolution time (days)	-	The mean fever resolution time (days) in the interven- tion groups was 5.03 lower (5.77 to 4.29 lower)	-	100 (1 study)	⊕⊕୦୦ low 1	-
Leukocytosis resolution time (days)	-	The mean leukocytosis resolution time (days) in the intervention groups was 4.88 lower (5.98 to 3.78 lower)	-	100 (1 study)	$\oplus \oplus \odot \odot$ low 1	-

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate. **Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. **Very low quality:** We are very uncertain about the estimate.

¹ Downgraded by two; method of randomisation not adequate as women were selected according to their history number. No attempts to blind participants, study personnel or outcome assessors.

Summary of findings 5. Adverse events

Adverse events

Patient or population: patients with septic abortion Settings: In-hospital

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Outcomes	Illustrative com	parative risks* (95% CI)	Relative effect	No of Partici-	Quality of the evi-	Comments
	Assumed risk	Corresponding risk		(studies)	(GRADE)	
	Control	Adverse events	_			
Pelvic abscess, salp- ingitis, urinary tract infection	25 per 1000	108 per 1000 (13 to 924)	RR 4.32 (0.51 to 36.95)	77 (1 study)	$\oplus \oplus \oplus \odot$ moderate 1	-
Treatment failure	0 per 1000	0 per 1000 (0 to 0)	RR 5.39 (0.27 to 108.8)	77 (1 study)	$\oplus \oplus \oplus \odot$ moderate ¹	-
Drug reaction	0 per 1000	0 per 1000 (0 to 0)	RR 3.24 (0.14 to 77.06)	77 (1 study)	⊕⊕⊕⊝ moderate ¹	-
Phlebitis	25 per 1000	9 per 1000 (0 to 214)	RR 0.36 (0.02 to 8.56)	77 (1 study)	⊕⊕⊕⊙ moderate ¹	-

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval; **RR:** Risk ratio;

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

Intervention: Clindamycin versus penicillin plus chloramphenicol

 1 There is uncertainty about the magnitude of effect and wide confidence interval

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BACKGROUND

Description of the condition

A septic abortion refers to any abortion (spontaneous or induced) complicated by upper genital tract infection including endometritis or parametritis (Stubblefield 1994). Septic abortions rarely complicate safe abortion (Raymond 2012; Henderson 2013). Several reasons may account for this including expertise of healthcare providers, adherence to standard sterile practices for infection prevention and control, and routine use of perioperative antibiotics during the procedure (Warriner 2006). Unsafe abortion is defined by the World Health Organization as "a procedure for terminating an unintended pregnancy either by individuals without the necessary skills or in an environment that does not conform to minimal medical standards or both" (WHO 2012). It is more prevalent in areas where access to safe abortion is restricted and where there is a dearth of trained providers and high incidence of untreated and unrecognised sexually transmitted infections (Achilles 2012; WHO 2012).

Unsafe abortion is a major public health issue and is associated with significant morbidity and mortality. Globally, 14% of pregnancy-related deaths are due to induced and spontaneous abortions (Kassebaum 2014). Recent estimates suggest that 21.6 million unsafe abortions take place annually, with the majority (98%) occurring in low- and middle-income countries (Grimes 2006; WHO 2011). Many unsafe abortions are reported to occur particularly in countries with restrictive abortion laws where access to treatment of abortion complications is also limited (Rasch 2011). Approximately 5 million women are admitted in low- and middle-income countries with complications of unsafe abortion, with sepsis being the second most frequent complication and reportedly causing 10% of maternal deaths (Singh 2006; Adler 2012). The incidence of sepsis varies from 3% to 15% in primary and secondary health facilities to as high as 31% to 54% in tertiary centres (Nwogu-Ikojo 2007; Adler 2012). Death from septic abortion is estimated at 10 to 100 deaths per 100,000 abortions in some low- and middle-income countries (Ahman 2011). With regard to infectious complications, it has been estimated that approximately 20% to 30% of unsafe abortions cause reproductive tract infections, and that 20% to 40% of these lead to infection of the upper genital tract (WHO 2007). A recent systematic review of hospitalbased studies on morbidity from unsafe abortion reported severe abortion-related infections in up to 52% of cases (Adler 2012). Spontaneous abortion, or miscarriage, is typically associated with a low likelihood of infection (Nielsen 1995; Trinder 2006). However, distinguishing women with spontaneous abortion from women seeking emergency treatment for unsafe abortion poses challenges in settings where access to abortion is restricted (Gerdts 2013). Across various settings, complications from septic abortion are the leading causes of abortion-related deaths. (Toure 1992; Dragoman 2014).

Symptoms and signs of abortion-related infections include fever, pelvic/abdominal pain, prolonged vaginal bleeding, uterine tenderness, foul-smelling uterine discharge, and elevated inflammatory markers, findings similar to those associated with pelvic inflammatory disease (Soper 2010; WHO 2012). Diagnostic imaging can aid in detecting retained products of conception, uterine perforation, and extension of the infection to the parametrium and peritoneum. Ultrasound scan enables visualisation of fluid-filled dilated tubes, tubo-ovarian abscess, and collections of exudate or pus in the peritoneal cavity. Microbiological studies of blood, urine, endocervical, and evacuated specimens enable the identification of involved bacteria (Stubblefield 1994). Typically, infections are polymicrobial, and isolated bacteria originate largely from vaginal flora and the bowel (ASRM 2013; ten Broek 2013). Gram-positive and gramnegative aerobes, as well as facultative or obligate anaerobes, have also been isolated (Hazra 2013). Isolated organisms include bacteria such as anaerobic Peptostreptococcus, antibiotic-resistant and toxin-producing Staphylococcus aureus, strains of Clostridia species such as Clostridium perfringens, Group A Streptococcus, and Escherichia coli (Eschenbach 2015). The presence of sexually transmitted infections at the time of abortion with organisms such as Chlamydia trachomatis or Neisseria gonorrhoeae is an established risk factor for septic abortion (Barbacci 1986; Blackwell 1993). Uterine infections involving Clostridium spp. such as Clostridium perfringens are infrequent but potentially fatal (Fischer 2005; Soper 2010). Clostridium sordellii,a rare cause of death from sepsis, has been reported among women who had medical abortions in Canada and the USA, with death thought to be related to a toxin this organism produced (Meites 2010; Zane 2011). Indeed, the majority of women infected with this organism are likely to present without a fever, making early diagnosis difficult (Fischer 2005; Aldape 2006; Meites 2010).

Severe acute medical consequences of septic abortion include septic shock, coagulopathy (bleeding disorder), multiple organ dysfunction, and death. Significant long-term consequences can include persistent pelvic pain, chronic pelvic inflammatory disease, and infertility, which is commonly due to blocked fallopian tubes (Bhattacharya 2010; Butt 2012; ten Broek 2013).

Description of the intervention

The mainstay of treatment of septic abortion is antibiotic therapy in addition to removal of retained products of conception (WHO 2012). Regimens including broad-spectrum antibiotics are routinely recommended for treatment. However, there is no consensus on the most effective antibiotics alone or in combination for the treatment of septic abortion (Porter 2008). Parenteral broad-spectrum antibiotics are usually initiated because of the polymicrobial nature of the condition. The US National Guideline Clearinghouse suggests commencing intravenous broad-spectrum antibiotic therapy within an hour of clinical diagnosis (NGCH 2012). This is then adjusted following a reassessment with microbiology and clinical data (Dellinger 2008; Porter 2008). However, in lowand middle-income countries, data on the microbial aetiology of pregnancy-related infections are scarce, perhaps because collecting samples and carrying out cultures is technically challenging (Gravett 2012). Furthermore, the emergence of strains of some organisms that are resistant to antibiotics such as ampicillin and fluoroquinolones has led to a change in the recommendations for their use (Abudu 1986; Cherpes 2002; CDC 2015).

While antibiotic therapy may offer benefits, women may also experience adverse effects dependent on the class and combinations of antibiotics. These range from relatively mild gastrointestinal disturbances such as nausea, vomiting, diarrhoea, and bloating to life-threatening allergic reactions.

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How the intervention might work

The mechanisms of action of the classes of antibiotics that may be used in the treatment of septic abortion vary and include inhibiting the microbial cell wall, protein, or nucleic acid synthesis, and altering microbial cell membranes (Kohanski 2010). Overall, effective antibiotics are expected to control the infection, ensuring a marked reduction in both short- and long-term complications such as death and disabilities including infertility. In spite of this, the early identification and removal of infected retained products of conception in addition to administration of effective antibiotics appear to be the recommended key steps in the management of septic abortion (WHO 1994). Although most organisms that cause septic abortion are localised to the placenta, they can proliferate very rapidly in the dead tissue of the uterus so that antibiotic administration prior to uterine evacuation limits their spread and prevents the likelihood of septic shock (Eschenbach 2015).

Why it is important to do this review

A systematic review on the use of perioperative antibiotics to prevent upper genital infections following first-trimester surgically induced abortions showed that antibiotics were effective in preventing genital tract infections. However, it did not provide evidence to recommend a policy of routine antibiotic use during these procedures (Low 2012). Another review did not provide evidence to recommend or abandon the use of prophylactic antibiotics in women with an incomplete abortion (May 2007). It would therefore seem plausible to assume that when abortionrelated infection ensues, effective antibiotic therapy may be an important life-saving intervention. A recent scoping review of postabortion care interventions, as yet unpublished, found that no existing systematic review has evaluated the evidence regarding the use of antibiotics specifically for treating septic abortion (Nwagbara 2014 [pers comm]). Yet, healthcare providers will need guidance on what antibiotic regimen to recommend as either primary or adjunctive treatment following removal of retained and infected products of conception. This review aimed to bridge this gap in knowledge to inform policy and practice.

OBJECTIVES

To review the effectiveness of various individual antibiotics or antibiotic regimens in the treatment of septic abortion.

METHODS

Criteria for considering studies for this review

Types of studies

Randomised controlled trials (RCTs) and non-RCTs that compared antibiotic(s) to another antibiotic(s), irrespective of route of administration, dosage, and duration as well as studies comparing antibiotics alone with antibiotics in combination with other interventions such as dilation and curettage (D&C).

Types of participants

We included women who had an abortion and any of the following symptoms and signs based on World Health Organization guidelines (WHO 1994): fever with chills or rigours, abdominal and/ or pelvic pain, purulent or offensive vaginal or cervical discharge, pelvic inflammatory disease, uterine tenderness, prolonged vaginal bleeding or spotting, and/or an elevated white blood

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cell count. We also included studies that enrolled women with established septic abortion as defined by the authors.

Types of interventions

Studies that compared an antibiotic(s) alone or in combination with other interventions versus:

- a. another antibiotic(s);
- b. antibiotic(s) in combination with other interventions.

These other interventions may include intravenous fluids, D&C, manual or electric vacuum aspiration, misoprostol, hysterectomy, hysterotomy, analgesics, and blood transfusion.

Types of outcome measures

We considered trials for inclusion if they reported any of the following clinical or laboratory outcomes.

Primary outcomes

- 1. Clinical improvement: defined as absence of fever, vaginal discharge, or pelvic pain, or improvement in ultrasound findings such as a reduction in the size of a tubo-ovarian abscess
- Microbiological cure: defined as disappearance of the microorganism from appropriate samples that were previously positive
- 3. Death

Secondary outcomes

- 1. Duration of hospital admission: defined as time in days from enrolment in the trial until discharge
- 2. Fever resolution time: defined as time in days from the commencement of antibiotics until temperature becomes normal
- 3. Short-term complications: e.g. multiple organ failure, bleeding disorder, tubo-ovarian abscess
- 4. Reduction in levels of markers of inflammation, such as Creactive protein, erythrocyte sedimentation rate, total white cell count, and procalcitonin
- 5. Quality of life: score, chronic pelvic pain, chronic pelvic inflammatory disease, infertility, etc.
- 6. Adverse effects

Search methods for identification of studies

Electronic searches

Databases

We attempted to identify all relevant studies regardless of language or publication status (published, unpublished, in press, and in progress).

We searched the Cochrane Central Register of Controlled Trials (CENTRAL), MEDLINE via PubMed (1950 to 19 April, 2016), EMBASE (1974 to 19 April, 2016), LILACS (1982 to 19 April, 2016) and POPLINE (up till 19 April, 2016) using the following keywords: 'Abortion', 'septic abortion', 'Antibiotics', 'Infected abortion', 'postabortion infection' (Appendix 1). We also searched the World Health Organization International Clinical Trials Registry Platform (WHO ICTRP) and ClinicalTrials.gov for ongoing trials on 19 April, 2016 (Figure 1).

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Figure 1. Study flow diagram.





Searching other resources

References lists

We handsearched the reference lists of all relevant articles obtained from our search and those from previously published systematic reviews to identify other possible articles. We also translated studies published in languages other than English.

Data collection and analysis

Selection of studies

Two review authors (AU and OO) independently screened search outputs for eligible studies based on a priori inclusion criteria for the review. A third (EEE) or fourth (BOO) review author resolved any disagreements regarding the inclusion of a study.

Data extraction and management

Two review authors (AU and OO) independently extracted data from the included trials using a pretested data extraction form. We resolved disagreements through consultation with a third review author (BOO). We attempted to contact the authors of included studies for relevant information not specified or unclear. We summarised details of the extracted data in a 'Characteristics of included studies' table (Characteristics of included studies)

For each outcome, we extracted the total number of participants randomised and the number that were analysed in each treatment arm for each trial. For dichotomous outcomes, we recorded the number of participants experiencing the event and the number that were analysed in each treatment arm. For continuous outcomes, we extracted arithmetic means and standard deviations, along with the number of participants that were analysed for each treatment arm. Where the standard deviation was not reported, we derived it using standard error of the mean and multiplied by square root of the sample size according to the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). One review author (OO) entered extracted data into Review Manager 5.3 (RevMan 2014), and a second review author (BOO) cross-checked the entry for accuracy.

Assessment of risk of bias in included studies

Two review authors (OO and EEE) independently assessed the risk of bias in each included study using The Cochrane Collaboration's 'Risk of bias' tool, as described in the Cochrane Handbook for Systematic Reviews of Interventions (Higgins 2011). We assessed whether adequate steps were taken to reduce the risk of bias across six domains: generation of the randomisation sequence, allocation concealment, blinding (of participants, personnel, and outcome assessors), incomplete outcome data, selective outcome reporting, and other sources of bias such as the trial being stopped earlier than planned. We categorised our judgements as 'yes' (low risk of bias), 'no' (high risk of bias), or 'unclear'. We compared our judgements and resolved any disagreements by discussion or by consulting a third review author (AU). We attempted to contact the authors of included studies for relevant information not specified or unclear. We entered the results of our assessment into a 'Risk of bias' table and presented them in a 'Risk of bias' graph (Figure 2) and a 'Risk of bias' summary (Figure 3).

Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies.





Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.



Measures of treatment effect

We used the risk ratio to summarise dichotomous outcomes and reported the mean difference for continuous outcomes. Where these effect estimates were reported as adjusted values, we extracted these with their corresponding standard errors or confidence intervals. We presented all measures of effect with their corresponding 95% confidence intervals.

Unit of analysis issues

Not applicable.

Dealing with missing data

We performed an intention-to-treat analysis by including all randomised participants in the analysis according to the *Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011). Where we could not obtain missing data, we conducted the analysis using only the available data as presented by the authors. In such a circumstance, we assumed the data to be missing at random.

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Assessment of heterogeneity

We planned to estimate the I² statistic, with values of 30% to 59%, 60% to 89%, and 90% to 100% representing moderate, substantial, and considerable levels of heterogeneity, respectively. However, investigation of heterogeneity was not feasible because we did not aggregate data of included studies into a meta-analysis, as the study interventions were different across all three included studies.

Assessment of reporting biases

We could not explore the presence of publication bias by looking for funnel plot asymmetry because the number of included studies was too small.

Data synthesis

We could not aggregate the data of included studies into a metaanalysis because the interventions in the studies differed. Where the study authors did not report standard deviation (SD), we used the standard error (SE) of the mean to obtain SD according to



the Cochrane Handbook for Systematic Reviews of Interventions (Higgins 2011). We extracted the mean differences (MD) and SE of the mean for some outcomes and calculated 95% confidence intervals of the MDs using generic inverse variance. We used RevMan 2014 to perform an inverse-variance meta-analysis using a fixed-effect method for differences in mean between comparisons: clindamycin versus penicillin plus chloramphenicol, penicillin plus chloramphenicol, and tetracycline versus penicillin G. We used the Mantel-Haenszel method to analyse the risk ratio for adverse events.

We graded the evidence using the GRADE (Grading of Recommendations, Assessment and Evaluation of Evidence) methodology for the assessment of overall quality of evidence (Guyatt 2011). We also used the GRADEpro software (GradeproGDT 2015) to produce a 'Summary of findings' table and evidence profiles for specific outcomes of significant interest to patients and caregivers.

Subgroup analysis and investigation of heterogeneity

Data were available for three small studies. As a result, investigation of heterogeneity was not feasible. For two studies (Ostergard 1970; Chow 1977), we also did a subgroup analysis of the different types of antibiotics plus D&C (Analysis 3.1).

Sensitivity analysis

We did not perform a sensitivity analysis because we included only three small trials.

RESULTS

Description of studies

Results of the search

Our search yielded 630 studies. Only three studies met our inclusion criteria (Sangines 1969; Ostergard 1970; Chow 1977). All review authors agreed on the relevance of these trials. One study is ongoing (NCT02309346) (see Figure 1).

Included studies

We included 3 small RCTs involving 233 women in the review (Sangines 1969; Ostergard 1970; Chow 1977). In Chow 1977, 77 women were randomised in a double-blind trial. The study included all febrile women with fever equal to or greater than 100.4°F (38°C) with a clinical diagnosis of septic abortion and no history of allergy to penicillin. The mean age was 24.1 years (SD \pm 1.01) in the clindamycin group and 24.7 years (SD \pm 0.69) in the penicillin plus chloramphenicol group. Gestational age was also similar in the two groups: 11.6 ± 0.61 and 13.4± 0.61 in the clindamycin and penicillin plus chloramphenicol groups, respectively. More than half of women (54%) were white. Baseline characteristics between the two comparison groups were similar. The second study involved 56 women admitted with clinical diagnosis of septic abortion (Ostergard 1970). Neither the participants nor the assessors were blinded. This study compared penicillin plus chloramphenicol versus cephalothin plus kanamycin. The study provided no information on baseline characteristics of women. In Sangines 1969, 100 women with septic abortion were randomised to receive either tetracycline with streptokinase and streptodornase or intravenous 10,000,000 units of penicillin G sodium. In addition, most women (39 versus 47 respectively) had dilation and curettage (D&C).

Excluded studies

We excluded Sivasamboo 1968, Horta 1971, Dahm 1973, Abudu 1986, and Savaris 2011. Abudu 1986 did not have a control arm. Dahm 1973 treated the control arm with penicillin alone or in combination with streptomycin or chloramphenicol, and the study arm received only ampicillin. The effect of each treatment was not separated, and it was therefore impossible to know which treatment contributed to improvement or to harm. Horta 1971 did not define how treatment was administered to the control arm, while Sivasamboo 1968 included cases of threatened abortion and septic abortion. Data for septic abortion were not disaggregated. Savaris 2011 randomised women to treatments arms 48 hours after they were discharged from the hospital after having been treated with intravenous antibiotics.

Risk of bias in included studies

We have presented a summary of the 'Risk of bias' assessment in Figure 3. Other details are provided in Characteristics of included studies.

Allocation

The generation of the randomisation sequence in Chow 1977 was unclear, although assignment to a treatment regimen was said to be determined by sequentially drawing a sealed envelope containing the antibiotic protocol. In Ostergard 1970, treatment protocol was placed in a plain envelope. It is unclear if the envelopes were opaque or transparent. Sangines 1969 reported random assignment to treatment arm, but did not state the exact method of sequence generation.

Blinding

The baseline characteristics did not differ significantly between treatment groups in Chow 1977. The study personnel and participants were blinded to the intervention arms. All medications were mixed by the hospital pharmacy in unmarked infusion bottles. Doses of 5 x 106 units of penicillin and 1 g of chloramphenicol were administered by separate intravenous infusions every 6 hours. Clindamycin (300 mg) was administered intravenously every 6 hours, and a bottle of 0.85% NaCl was also administered intravenously to keep the procedure double blind (Figure 2). Ostergard 1970 did not blind participants and investigators, while it was unclear if participants or personnel were blinded in Sangines 1969 (Figure 3).

Incomplete outcome data

Two included studies accounted for all participants by including them in the final analysis (Ostergard 1970; Chow 1977). For Sangines 1969, data for one outcome (fever resolution time) was incomplete.

Selective reporting

We could not ascertain whether there was selective reporting in the three included studies, especially since we had no access to the study protocols of the trials. In particular, Ostergard 1970 and Sangines 1969 did not report any adverse events.

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Other potential sources of bias

Ostergard 1970 was funded in part by a clinical research grant from a pharmaceutical company and so has a potential for bias (Higgins 2011).

Effects of interventions

See: Summary of findings for the main comparison Clindamycin versus penicillin plus chloramphenicol compared to for; Summary of findings 2 Penicillin plus chloramphenicol versus cephalothin plus kanamycin for treating septic abortion; Summary of findings 3 Antibiotics after D&C versus D&C during antibiotics for treating septic abortion; Summary of findings 4 Tetracycline versus penicillin G for treating septic abortion; Summary of findings 5 Adverse events

Primary outcomes

1. Clinical improvement

Reports of assessment of clinical improvement varied. In Chow 1977, response to therapy was assessed as fever index, a quantitative measure of the overall amount of fever reported in degree hours (Ledger 1975). Ostergard 1970 and Sangines 1969 measured the time to fever defervescence, in hours and days, respectively.

In Chow 1977, clindamycin did not differ significantly from penicillin plus chloramphenicol in terms of the fever index (mean difference (MD) -12.30, 95% confidence interval (CI) -25.12 to 0.52; women = 77; studies = 1) (Analysis 1.1). The evidence for this was of moderate quality (Summary of findings for the main comparison).

When the effect of the two interventions on fever was compared in women with bacteraemia, there was no difference (MD -11.70, 95% CI -55.44. to 32.04; women = 29; studies = 1) (Analysis 1.2). The evidence for this was of moderate quality. However, one woman in the clindamycin group had bacteraemia two weeks after hospital discharge and was re-admitted for acute salpingitis and endometritis (Analysis 5.1).

Ostergard 1970 evaluated the effect of penicillin plus chloramphenicol versus cephalothin plus kanamycin before and after D&C. Response to therapy was evaluated by "the time from start of antibiotics until fever lysis and time from D&C until patients become afebrile". The effect of penicillin plus chloramphenicol on fever resolution was not different from the effect of cephalothin plus kanamycin (MD -2.30, 95% CI -17.31 to 12.71; women = 56; studies = 1) (Analysis 2.1). The evidence for this was of low-quality. Similarly, when D&C was performed during antibiotic therapy, no significant difference was detected in the duration of fever between penicillin plus chloramphenicol versus cephalothin plus kanamycin (MD -1.00, 95% CI -13.84 to 11.84; women = 56; studies = 1) (Analysis 2.2). As the study was at high risk of bias, we graded the quality of evidence as low (Summary of findings 2).

Antibiotics after D&C and D&C during antibiotics

Performing D&C before commencing antibiotic therapy on women with septic abortion resulted in a lower fever index compared to D&C 12 to 24 hours after antibiotics. However, this difference was not statistically significant (MD -4.24, 95% CI -17.08 to 8.60; women = 76; studies = 1) (Analysis 3.1). The quality of evidence for this outcome was moderate (Summary of findings 3). Moderate-quality evidence showed that clindamycin after D&C was not significantly better than when D&C was performed during antibiotic therapy for the outcome fever index (MD -6.00, 95% CI -20.74 to 8.74; women = 37; studies = 1). Similarly, penicillin plus chloramphenicol after D&C was not better than D&C during penicillin plus chloramphenicol therapy (MD 1.30, 95% CI -24.84 to 27.44; women = 39; studies = 1) (Analysis 3.1).

2. Microbiological cure

None of the three included studies reported this outcome.

3. Death

No included study set out to study mortality as an outcome, hence death was not reported among women in the studies.

Secondary outcomes

1. Duration of hospitalisation

Only Chow 1977 evaluated the effect of treatment on duration of hospital stay. Moderate-quality evidence showed that clindamycin did not differ from penicillin plus chloramphenicol (MD 0.00, 95% CI -0.54 to 0.54; women = 77; studies = 1). Average stay for each treatment arm was five days (Analysis 1.3).

2. Fever resolution time

Sangines 1969 reported fever resolution time as a measure of effectiveness. Tetracycline-enzyme based antibiotic resulted in a significantly shorter fever resolution time compared with intravenous penicillin G (MD -5.03, 95% CI -5.77 to -4.29; women = 100; studies = 1) (Analysis 4.1)(Summary of findings 4).

3. Short-term complications

In Chow 1977, two women in the clindamycin group developed pelvic abscess (tubo-ovarian abscess) compared to one woman in the penicillin plus chloramphenicol group, while one woman developed salpingitis and another developed a urinary tract infection in the clindamycin group (RR 4.32, 95% CI 0.51 to 36.95; women = 77; studies = 1) (Analysis 5.1). The other two studies reported no short-term complications. Two women in the clindamycin group experienced treatment failure (RR 5.39, 95% CI 0.27 to 108.80; women = 77; studies = 1) (Analysis 5.2).

4. Reduction in levels of markers of inflammation

None of the three included studies reported reductions in levels of any inflammatory marker. However, Sangines 1969 reported the mean number of days until leukocytosis resolved after starting antibiotics as 5.1 ± 1.3 and 9.89 ± 3.76 for tetracycline and penicillin G, respectively (MD -4.88, 95% CI -5.98 to -3.78; women = 100; studies = 1).

5. Quality of life

None of the included studies reported on any measures of quality of life.

6. Adverse events

Only one study Chow 1977, reported on adverse events (Summary of findings 5). A woman in the clindamycin group had drug reaction (RR 3.24, 95% CI 0.14 to 77.06; women = 77; studies = 1) (Analysis 5.3), while a woman in the penicillin plus chloramphenicol group developed phlebitis (RR 0.36, 95% CI 0.02 to 8.56; women =

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77; studies = 1) (Analysis 5.4). These adverse events were not statistically significant between the two interventions.

DISCUSSION

Septic abortion often follows incompletely induced abortion, but may also complicate spontaneous miscarriage. Unnecessary and largely avoidable deaths continue to occur due to sepsis from unsafe abortion. The target should always be the prevention of septic abortion, and where it has already occurred, prevention of mortality. The consequences of septic abortion cannot be predicted, including its short-term morbidities and long-term disabilities. When septic abortion occurs, early detection and prompt and effective treatment should reduce morbidity and limit mortality. The restrictive abortion laws in some countries may have made unsafe abortion prevalent, thereby increasing the risks of septic abortion in many women who seek out the procedure.

Women with septic abortion are provided antibiotic treatment either before or after uterine evacuation procedures including medical abortion, use of manual vacuum aspiration, electric vacuum aspiration, or surgical D&C. The polymicrobial nature of organisms involved in septic abortion suggests that a single antibiotic alone may be inadequate for its treatment and that a combination of antibiotics would be an effective treatment strategy. In spite of this, very few vigorous studies have been conducted to determine which antibiotic regimen is effective. All three included studies in this review are over three decades old. Microbial organisms encountered in septic abortion may have varied over time, this worsened further by the emergence of antibiotic-resistant strains. It seems reasonable to assume that the development and use of very potent antibiotics has in part contributed to a decline in morbidity and mortality from septic abortion.

Summary of main results

There was moderate-quality evidence that intravenous clindamycin had similar effects on fever index, a quantitative measure of amount of fever, when compared to penicillin plus chloramphenicol in all women with septic abortion. Moderatequality evidence showed that both interventions had the same effect on duration of hospital stay for women with septic abortion.

Low-quality evidence showed that penicillin plus chloramphenicol had a similar effect on duration of fever when compared with cephalothin plus kanamycin in women with septic abortion. Both combinations of antibiotics also had similar effects on duration of fever when D&C was performed during antibiotic therapy.

In addition, moderate-quality evidence showed that performing D&C before commencing antibiotics resulted in a non-significant lower fever index when compared to D&C performed 12 to 24 hours after antibiotic therapy. This effect was found irrespective of the antibiotic regimen and whether a single or a combination of antibiotics was used.

Moderate-quality evidence from one included study found very few adverse events in women treated with clindamycin when compared to penicillin plus chloramphenicol (Chow 1977).

The fever resolution time was significantly less when tetracyclineenzymes complex was used compared with intravenous penicillin G (Sangines 1969). In addition, the reduction in leukocytosis (a marker of inflammation) took significantly less time with tetracycline-enzymes complex compared with penicillin G.

None of the included studies reported microbiological cure, death, or other long-term outcomes such as chronic pelvic pain and infertility.

Overall completeness and applicability of evidence

In general, there was a paucity of studies required to generate evidence regarding the primary objective of this review. The available evidence pertains to antibiotic regimens some of which are not used in current day-to-day gynaecological practice. In addition, the included studies were conducted over three decades ago. However, it seems that a single antibiotic regimen led to early reduction of fever, while the different combinations of antibiotic regimens appeared similar in terms of fever lysis, irrespective of whether D&C was performed during antibiotics treatment or antibiotics were administered before D&C.

The current practice of parenteral administration of broadspectrum antibiotics, including an antibiotic to which anaerobic bacteria are susceptible, in addition to evacuation of retained products of conception from the uterus should limit risk of bacteraemia in women with septic abortion. However, due to the small number of studies and participants, the risks of bias in the included studies, and the likelihood of latter-day antibiotic resistance, we are unable to recommend any specific antibiotic regimen at this time.

Quality of the evidence

This review found only 3 trials, involving 233 women, suitable for inclusion. Many of the primary outcome data were from one study. While Chow 1977 had unclear risk of bias in one domain, it was at low risk of bias in all other domains. Ostergard 1970 was at low risk of bias in four domains and unclear in others. In Sangines 1969, the risk of bias was unclear in four domains whereas it was low in three other domains. The small number of women and the few events that occurred in all three included studies preclude any confident conclusions on the effectiveness of single antibiotic versus combination of antibiotics to treat septic abortion.

Potential biases in the review process

We reduced potential biases by using a comprehensive search strategy. As the search strategy found a trial as far back as the late 1960s, it is unlikely we missed any important studies. However, it is possible that the technological evolution of the pharmaceutical industries and the production of many potent antibiotics in recent years have discouraged further trials. The non-inclusion of a trial from any of the regions in which septic abortion is prevalent may also have introduced some bias.

Agreements and disagreements with other studies or reviews

An RCT involving 56 women with septic abortion reported cure after 10 days of oral doxycycline and metronidazole (Savaris 2011). However, women were only randomised after intravenous antibiotics had been administered. Also, a retrospective cohort study reported similar cure rates in women with septic abortion who used clindamycin one, three, or four times daily (Guigno 2013). While antibiotic treatment is essential for women with septic

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abortion, it appears a combination of antibiotics may be slightly more effective than a single antibiotic.

AUTHORS' CONCLUSIONS

Implications for practice

The available data and quality of the evidence from 3 small trials conducted over 30 years ago using antibiotics some of which are no longer in use in clinical practice is insufficient to advocate for a change in the existing treatment regimen for septic abortion. Furthermore, the emergence of new and antibiotic-resistant strains of organisms suggests practice needs to be based on these realities.

Currently, combination antibiotic regimens such as intravenous gentamicin and clindamycin; ampicillin, gentamicin, and metronidazole; and levofloxacin and metronidazole or single broad-spectrum agents such as imipenem, piperacillintazobactam, and ticarcillin-clavulanate have been recommended to target gram-positive, gram-negative, and anaerobic organisms. These should be started promptly prior to, during, and continued after evacuation of the uterus. Given this review's paucity of effectiveness data, we have no reason not to recommend this strategy. However, prompt and early diagnosis as well as cultures of appropriate specimen are imperative. The need for other adjunctive measures in the management of sepsis such as resuscitation with fluids, blood transfusion, oxygen therapy, surgical removal of uterus or tubes, and intensive care should be borne in mind. It seems reasonable to stress the importance of focusing on strategies to prevent the occurrence of unsafe abortions. In this regard, advocacy for health policy change, removal of appropriate legal restrictions, and the scaling up of public health measures to lessen the stigma associated with abortion are necessary. In addition, utilising preventative interventions such as testing for and treating sexually transmitted infections, routine use of perioperative antibiotics, training of

caregivers in the use of sterile techniques, and improved access to effective contraception should be of great benefit.

Implications for research

The findings of this review cannot confidently address the question of which policy of antibiotic treatment should be adopted for treating septic abortion. Well-powered, multisetting, high-quality RCTs that can provide reliable evidence as to whether or not the more commonly used antibiotics such as metronidazole for anaerobic bacteria, quinolones like ciprofloxacin, thirdgeneration cephalosporins like ceftriaxone, and other antibiotics like imipenem are effective either alone or in combination for treating septic abortion are needed.

Newer trials on this subject should focus on important endpoints like treatment failure, microbiological cure, fever resolution time, duration of bacteraemia, adverse events of the medications used, as well as long-term morbidities such as chronic pelvic pain and subfertility. It is also important to consider antibiotic resistance patterns during the design of the studies. The challenge of poor antibiotic stewardship in resource-poor settings such as sub-Saharan Africa, Latin America and the Caribbean, and Southeast Asia with high burden of septic abortion and health systems challenges should also be borne in mind.

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CHARACTERISTICS OF STUDIES

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* Indicates the major publication for the study

		4.0	
(n	OW	14	
<u> </u>	0.00		

Methods	Randomised controlled trial
Participants	77 febrile women (fever =100.4°F or 38°C) with a clinical diagnosis of septic abortion and no known his- tory of allergy to penicillin

Antibiotics for treating septic abortion (Review)

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Chow 1977 (Continued)						
Interventions	Clindamycin alone ver travenously every 6 ho procedure double blin tered by separate iv int	Clindamycin alone versus penicillin plus chloramphenicol. Clindamycin (300 mg) was administered in- travenously every 6 hours, and a bottle of 0.85% NaCl was also administered intravenously to keep the procedure double blind. Doses of 5 x 106 units of penicillin and 1 g of chloramphenicol were adminis- tered by separate iv infusions every 6 hours. Therapy continued until women became afebrile for 48 hr				
Outcomes	Woman's fever index (duration of hospitalisa	Woman's fever index (quantitative measure of the overall amount of fever reported in degree hours), duration of hospitalisation, and incidence of complications				
Notes	Place of study: Califorr	Place of study: California, USA				
Risk of bias						
Bias	Authors' judgement	Support for judgement				
Random sequence genera- tion (selection bias)	Unclear risk	"Patients were randomly assigned a therapeutic regimen"				
Allocation concealment (selection bias)	Low risk	All medications were mixed by the hospital pharmacy in unmarked infusion bottles, and treatment was determined by sequentially drawing a sealed enve- lope containing the antibiotic protocol				
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Doses of 5 x 106 units of penicillin and 1 g of chloramphenicol were adminis- tered by separate iv infusions every 6 hr. Clindamycin (300 mg) was admin- istered iv every 6 hrs, and a bottle of 0.85% NaCl was also administered iv to keep the procedure double blind				
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	The code was only broken if woman's condition deteriorated				
Incomplete outcome data (attrition bias) All outcomes	Low risk	All women were included in the final analysis				
Selective reporting (re- porting bias)	Low risk	All results of all outcomes were presented adequately including adverse events				
Other bias	Low risk	None				

	Ostergard	1970
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Methods	Randomised controlled trial
Participants	56 women with diagnosis of septic abortion
Interventions	Penicillin and chloramphenicol group (10 million units and 1.0 g intravenously at 4 hr, 8 hr, and 12 hr) versus cephalothin (2.0 g intravenously every 6 hr) and kanamycin (15 mg/kg body weight intramus- cularly every 24 hr in divided doses for 5 days or until woman was afebrile. Women in both groups also had D&C within 12 to 24 hr after starting antibiotic therapy
Outcomes	 Time from start of antibiotics until fever lysis. Fever defined as the last temperature of 100°F (37.7°C) or greater Time from D&C until afebrile
Notes	Place of study: California, USA

Antibiotics for treating septic abortion (Review)



Ostergard 1970 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Before the study was started, 2 protocols were prepared, each differing only in the antibiotic therapy employed. An equal number of each of the protocols was placed in plain envelopes, sealed, and randomly distributed
Allocation concealment (selection bias)	Unclear risk	When a woman was admitted with the diagnosis of septic abortion, a sealed envelope was opened and the antibiotic therapy outlined within it was as- signed to the woman. It is unclear whether the envelope was transparent or opaque
Blinding of participants and personnel (perfor- mance bias) All outcomes	Unclear risk	It was not stated that participants and personnel were blinded
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	It was not stated that investigators were blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	The number of women lost to follow-up was not stated. However, all women assigned into each group were included in the final analysis
Selective reporting (re- porting bias)	Low risk	All specified outcomes were reported
Other bias	Low risk	None

Sangines 1969

Methods	Randomised controlled trial
Participants	Women living in Mexico City hospitalised with a diagnosis of septic abortion defined as abortion or mis- carriage syndrome accompanied by 1 or more of the following criteria: history of abortion manoeuvres, fever, leukocytosis over 10,000/mm ³ , purulent vaginal discharge
	Exclusion: women who had received any antibiotic treatment before entering the study
	100 women were randomised, 50 in each group
Interventions	Group 1: Tetracycline with streptokinase and streptodornase (Ledermycin, Varidase) capsules taken orally every 8 hours starting from the entry date to6 days after the discharge. The daily dose of tetracy- cline was 600 mg per day. No specification of the doses of streptokinase and streptodornase
	Group 2: Intravenous 10,000,000 units of penicillin G sodium
Outcomes	 Fever duration in days Leukocytosis duration in days Days until uterine curettage is performed
Notes	All the women received oxytocic drugs and analgesic. Most had D&C, 39 in tetracycline group and 47 in penicillin G group. A reference to the dosage and numbers of days penicillin G group will be treated was cited, but the translator of Sangines 1969 could not access it

Antibiotics for treating septic abortion (Review)



Sangines 1969 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Not described. It was only mentioned that study was randomised
Allocation concealment (selection bias)	Unclear risk	How allocation was concealed was not described
Blinding of participants and personnel (perfor- mance bias) All outcomes	Unclear risk	It was not described if the participants or the personnel were blinded
Blinding of outcome as- sessment (detection bias) All outcomes	Unclear risk	It was not described if the assessor of the cultures of the vaginal discharge and the curettage were blinded to the clinical details
Incomplete outcome data (attrition bias) All outcomes	Low risk	All the women initially randomised were followed up. However, for 1 (days to fever resolution) data were incomplete
Selective reporting (re- porting bias)	Low risk	All outcomes were reported in the published report
Other bias	Low risk	None

D&C: dilation and curettage iv: intravenous

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Abudu 1986	No control arm
Dahm 1973	18 women in the control arm were treated with penicillin alone or in combination with strepto- mycin, or chloramphenicol and ampicillin in the case of 1 woman. Effect of each treatment was not separated. There is no way to know which treatment contributed to improvement or harm
Horta 1971	Study did not define what treatment was administered to the control arm. Historical controls used
Savaris 2011	Women were randomised into intervention groups after they had received antibiotics and D&C and been discharged from hospital. Day 1 of the study was 48 hours after hospital discharge
Sivasamboo 1968	Study included cases of threatened abortion with clinical features similar to septic abortion. Data could not be separated from that for septic abortion

Characteristics of ongoing studies [ordered by study ID]

NCT02309346

Trial name or title	Clindamycin Once a Day in Septic Abortion (CLINDA-PRO)

Antibiotics for treating septic abortion (Review)



NCT02309346 (Continued)

Methods	Randomised clinical trial
Participants	Women with clinical diagnosis of septic abortion
Interventions	Clindamycin once and thrice a day
Outcomes	Cure (clinical improvement defined as reduction of pain and bleeding and no fever for 48 hr)
Starting date	November 2014
Contact information	Daniel M da Silva +555133597542; danielmsilva@hcpa.ufrgs.br;
	Ernesto P Guedes Neto, MD, PhD: +555132211455; epgneto@gmail.com
Notes	

DATA AND ANALYSES

Comparison 1. Clindamycin versus penicillin plus chloramphenicol

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Fever index (mean degree-hour) - all women	1	77	Mean Difference (IV, Random, 95% CI)	-12.3 [-25.12, 0.52]
2 Fever index (mean degree-hour) - bacteraemic patients	1	29	Mean Difference (IV, Random, 95% CI)	-11.70 [-55.44, 32.04]
3 Duration of hospitalisation	1	77	Mean Difference (IV, Random, 95% CI)	0.0 [-0.54, 0.54]
4 Complications	1	77	Risk Ratio (M-H, Fixed, 95% CI)	7.57 [0.98, 58.61]

Analysis 1.1. Comparison 1 Clindamycin versus penicillin plus chloramphenicol, Outcome 1 Fever index (mean degree-hour) - all women.

Study or subgroup	Clin	damycin	Penicillin + Chloramphen			Mean Difference				Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)		Ra	andom, 95% Cl	l			Random, 95% CI
Chow 1977	37	18.3 (21.2)	40	30.6 (35)						100%	-12.3[-25.12,0.52]
Total ***	37		40				•			100%	-12.3[-25.12,0.52]
Heterogeneity: Not applicable											
Test for overall effect: Z=1.88(P=0.06)											
				Clindamycin	-100	-50	0	50	100	Penicillin +	Chloramphen

Analysis 1.2. Comparison 1 Clindamycin versus penicillin plus chloramphenicol, Outcome 2 Fever index (mean degree-hour) - bacteraemic patients.

Study or subgroup	Clin	damycin	Pe Chlo	nicillin + oramphen		Mean Difference				Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)		R	andom, 95% (21			Random, 95% Cl
Chow 1977	16	27.1 (39.2)	13	38.8 (72.3)						100%	-11.7[-55.44,32.04]
Total ***	16		13							100%	-11.7[-55.44,32.04]
Heterogeneity: Not applicable											
Test for overall effect: Z=0.52(P=0.6)											
				Clindamycin	-100	-50	0	50	100	Penicillin +	Chloramphen

Analysis 1.3. Comparison 1 Clindamycin versus penicillin plus chloramphenicol, Outcome 3 Duration of hospitalisation.

Study or subgroup	Clin	damycin	Penicillin + Chloramphen			Mean Difference				Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)		Ra	ndom, 95% Cl				Random, 95% Cl
Chow 1977	37	5 (1.2)	40	5 (1.3)			÷.			100%	0[-0.54,0.54]
Total ***	37		40							100%	0[-0.54,0.54]
Heterogeneity: Not applicable											
Test for overall effect: Not applicable											
				Clindamycin	-100	-50	0	50	100	Penicillin + C	hloramphen

Analysis 1.4. Comparison 1 Clindamycin versus penicillin plus chloramphenicol, Outcome 4 Complications.

Study or subgroup	Clindamycin	Penicillin + Chloramphen		Risk Ratio				Weight	Risk Ratio
	n/N	n/N		M-H	Fixed, 95%	СІ			M-H, Fixed, 95% CI
Chow 1977	7/37	1/40				1		100%	7.57[0.98,58.61]
Total (95% CI)	37	40						100%	7.57[0.98,58.61]
Total events: 7 (Clindamycin), 1 (Peni	cillin + Chlorampher	ו)							
Heterogeneity: Not applicable									
Test for overall effect: Z=1.94(P=0.05)									
	Favours [Clindamy	cinexperimental]	0.01	0.1	1	10	100	Favours [Penicillin + C	hloramphencontrol]

Comparison 2. Penicillin plus chloramphenicol versus cephalothin plus kanamycin

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Time to fever resolution (mean time)	1	56	Mean Difference (IV, Fixed, 95% CI)	-2.30 [-17.31, 12.71]
2 Absence of fever during D&C (mean time)	1	56	Mean Difference (IV, Fixed, 95% CI)	-1.0 [-13.84, 11.84]

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Analysis 2.1. Comparison 2 Penicillin plus chloramphenicol versus cephalothin plus kanamycin, Outcome 1 Time to fever resolution (mean time).

Study or subgroup	Penici ran	illin +Chlo- nphenic	Cep + Ka	halothin namycin		M	ean Differenc	e		Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)			Fixed, 95% CI				Fixed, 95% CI
Ostergard 1970	28	27.6 (25.6)	28	29.9 (31.4)						100%	-2.3[-17.31,12.71]
Total ***	28		28				•			100%	-2.3[-17.31,12.71]
Heterogeneity: Not applicable											
Test for overall effect: Z=0.3(P=0.76)											
		Pe	nicillin +Cł	loramphenic	-100	-50	0	50	100	Cephalothir	n + Kanamycin

Analysis 2.2. Comparison 2 Penicillin plus chloramphenicol versus cephalothin plus kanamycin, Outcome 2 Absence of fever during D&C (mean time).

Study or subgroup	Penici ran	illin +Chlo- nphenic	Cephalothin + Kanamycin			Mean Difference				Weight	Mean Difference
	Ν	Mean(SD)	Ν	Mean(SD)		F	ixed, 95% CI				Fixed, 95% CI
Ostergard 1970	28	17.4 (21.5)	28	18.4 (27.2)						100%	-1[-13.84,11.84]
Total ***	28		28				•			100%	-1[-13.84,11.84]
Heterogeneity: Not applicable											
Test for overall effect: Z=0.15(P=0.88)											
		Pen	icillin +Ch	loramphenic	-100	-50	0	50	100	Cephalothir	ı + Kanamycin

Comparison 3. Antibiotics after D&C versus D&C during antibiotics

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Absence of fever (degree-hour)	1	76	Mean Difference (IV, Fixed, 95% CI)	-4.24 [-17.08, 8.60]
1.1 Clindamycin after D&C versus D&C during clindamycin	1	37	Mean Difference (IV, Fixed, 95% CI)	-6.0 [-20.74, 8.74]
1.2 Penicillin + chloramphenicol after D&C versus D&C during penicillin + chlo- ramphenicol therapy)	1	39	Mean Difference (IV, Fixed, 95% CI)	1.30 [-24.84, 27.44]

Analysis 3.1. Comparison 3 Antibiotics after D&C versus D&C during antibiotics, Outcome 1 Absence of fever (degree-hour).

Study or subgroup	Antibiotics after D&C		D&0 Ant	C during ibiotics	Mean	Difference	Weight	Mean Difference
	N	Mean(SD)	Ν	Mean(SD)	Fixe	d, 95% CI		Fixed, 95% CI
3.1.1 Clindamycin after D&C versus	D&C du	ring clindamycin	1					
Chow 1977	20	22.8 (21)	17	28.8 (24.2)	-	-	75.88%	-6[-20.74,8.74]
Subtotal ***	20		17		•	•	75.88%	-6[-20.74,8.74]
Heterogeneity: Not applicable								
Test for overall effect: Z=0.8(P=0.42)								
3.1.2 Penicillin + chloramphenicol a chloramphenicol therapy)	fter D&	C versus D&C du	ring pen	icillin +				
Chow 1977	11	34.3 (38.1)	28	33 (35.9)		_ +	24.12%	1.3[-24.84,27.44]
Subtotal ***	11		28			\leftarrow	24.12%	1.3[-24.84,27.44]
Heterogeneity: Not applicable								
Test for overall effect: Z=0.1(P=0.92)								
Total ***	31		45		•	•	100%	-4.24[-17.08,8.6]
Heterogeneity: Tau ² =0; Chi ² =0.23, df=1	L(P=0.63); I ² =0%						
Test for overall effect: Z=0.65(P=0.52)								
Test for subgroup differences: Chi ² =0.2	23, df=1	(P=0.63), I ² =0%						
		Favours [/	Antibioti	cs after D&C]	-100 -50	0 50	¹⁰⁰ Favours [D8	C during Antibiotics]

Comparison 4. Tetracycline versus penicillin G

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Fever resolution time (days)	1	100	Mean Difference (IV, Fixed, 95% CI)	-5.03 [-5.77, -4.29]
2 Leukocytosis resolution time (days)	1	100	Mean Difference (IV, Fixed, 95% CI)	-4.88 [-5.98, -3.78]

Analysis 4.1. Comparison 4 Tetracycline versus penicillin G, Outcome 1 Fever resolution time (days).

Study or subgroup	Oral T	etracycline	IV Penicillin G		Mean Difference			w	eight	Mean Difference	
	N	Mean(SD)	Ν	Mean(SD)		F	Fixed, 95% CI				Fixed, 95% CI
Sangines 1969	50	1.6 (1.1)	50	6.6 (2.5)			ł.			100%	-5.03[-5.77,-4.29]
Total ***	50		50				•		:	100%	-5.03[-5.77,-4.29]
Heterogeneity: Not applicable											
Test for overall effect: Z=13.25(P<0.00	001)										
		Fa	vours ora	I tetracycline	-100	-50	0	50	¹⁰⁰ Fa	vours IV p	enicillin G

Study or subgroup	Oral T	etracycline	IV Penicillin G		Mean Difference		ce		Weight	Mean Difference	
	Ν	Mean(SD)	Ν	Mean(SD)		F	ixed, 95% C	l			Fixed, 95% CI
Sangines 1969	50	5.1 (1.3)	50	10 (3.8)			+			100%	-4.88[-5.98,-3.78]
Total ***	50		50				١			100%	-4.88[-5.98,-3.78]
Heterogeneity: Not applicable											
Test for overall effect: Z=8.67(P<0.000	1)										
		E	avours oral tetracycline		-100	-50	0	50	100	Favours IV pe	nicillin G

Analysis 4.2. Comparison 4 Tetracycline versus penicillin G, Outcome 2 Leukocytosis resolution time (days).

Comparison 5. Adverse events

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Pelvic abscess, salpingitis, urinary tract infection	1	77	Risk Ratio (M-H, Random, 95% CI)	4.32 [0.51, 36.95]
2 Treatment failure	1	77	Risk Ratio (M-H, Fixed, 95% CI)	5.39 [0.27, 108.80]
3 Drug reaction	1	77	Risk Ratio (M-H, Fixed, 95% CI)	3.24 [0.14, 77.06]
4 Phlebitis	1	77	Risk Ratio (M-H, Fixed, 95% CI)	0.36 [0.02, 8.56]

Analysis 5.1. Comparison 5 Adverse events, Outcome 1 Pelvic abscess, salpingitis, urinary tract infection.

Study or subgroup	Clindamycin F	Penicillin+Chlo- ramphenico		Risk Ra	tio		Weight	Risk Ratio
	n/N	n/N		M-H, Randon	n, 95% Cl		I	M-H, Random, 95% CI
Chow 1977	4/37	1/40				_	100%	4.32[0.51,36.95]
Total (95% CI)	37	40				-	100%	4.32[0.51,36.95]
Total events: 4 (Clindamycin), 1 (Peni	cillin+Chloramphenic	o)						
Heterogeneity: Not applicable								
Test for overall effect: Z=1.34(P=0.18)				.				
		Clindamycin	0.01	0.1 1	10	100	Penicillin+Chloramphe	nico

Analysis 5.2. Comparison 5 Adverse events, Outcome 2 Treatment failure.

Study or subgroup	Clindamycin	Penicillin+Chlo- ramphenico		Risk	Ratio		Weight	Risk Ratio
	n/N	n/N		M-H, Fixe	ed, 95% CI			M-H, Fixed, 95% CI
Chow 1977	2/37	0/40					100%	5.39[0.27,108.8]
Total (95% CI)	37	40					100%	5.39[0.27,108.8]
Total events: 2 (Clindamycin), 0 (Pen	icillin+Chloramphen	iico)						
Heterogeneity: Not applicable								
		Clindamycin	0.01	0.1	1 10	100	Penicillin+Chlorampher	nico

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Study or subgroup	Clindamycin	Penicillin+Chlo- ramphenico		Risk Ratio			Weight Risk Ratio	
	n/N	n/N		M-H	I, Fixed, 95	% CI		M-H, Fixed, 95% Cl
Test for overall effect: Z=1.1(P=0.27)			_			1		
		Clindamycin	0.01	0.1	1	10	100	Penicillin+Chloramphenico

Analysis 5.3. Comparison 5 Adverse events, Outcome 3 Drug reaction.

Study or subgroup	Clindamycin	Penicillin+Chlo- ramphenico		Risk Ra			Weight	Risk Ratio
	n/N	n/N		M-H, Fix	ed, 95% CI			M-H, Fixed, 95% CI
Chow 1977	1/37	0/40					100%	3.24[0.14,77.06]
Total (95% CI)	37	40					100%	3.24[0.14,77.06]
Total events: 1 (Clindamycin), 0 (Pen	icillin+Chloramphenio	co)						
Heterogeneity: Not applicable								
Test for overall effect: Z=0.73(P=0.47)								
		Clindamycin	0.01	0.1	1	10 10	⁰ Penicillin+Chloramph	enico

Analysis 5.4. Comparison 5 Adverse events, Outcome 4 Phlebitis.

Study or subgroup	Clindamycin	Penicillin+Chlo- ramphenico	Risk Ratio					Weight	Risk Ratio
	n/N	n/N		M-H, Fixe	d, 95% CI				M-H, Fixed, 95% Cl
Chow 1977	0/37	1/40						100%	0.36[0.02,8.56]
Total (95% CI)	37	40						100%	0.36[0.02,8.56]
Total events: 0 (Clindamycin), 1 (Peni	icillin+Chlorampheni	co)							
Heterogeneity: Not applicable									
Test for overall effect: Z=0.63(P=0.53)									
		Clindamycin	0.01	0.1	1	LO	100	Penicillin+Chlorampher	lico

APPENDICES

Appendix 1. Appendix 1

1950 to 13 December 2014 (strategy 1)

MEDLINE via PubMed (abortion, septic OR ((sepsis OR septic) AND abortion)) AND (anti-biotic agents OR antibiotic agents OR antibiotic*) Results: 381 refs

December 2014 to 19 April 2016

Results:487 refs

1950 to 13 December 2014 (strategy 2)

(abortion, septic OR ((sepsis OR septic) AND abortion)) AND (anti-biotic agents OR antibiotic agents OR antibiotic*) limited to Clinical Trial, Comparative Study, Controlled Clinical Trial, Multicenter Study, Randomized Controlled Trial, Meta-Analysis, Review, Systematic Reviews. Results: 76 refs

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December 2014 to 19 April 2016

Results: 0

Embase 1974 to 13 Dec 2014 (abortion, septic OR septic abortion) OR ((septic OR sepsis OR septicaemia) AND abortion) AND (antibiotics OR antibiotic agents)

Results: 16

Popline Accessed 13 December 2014 ("septic abortion" OR (sepsis AND abortion)) AND antibiotic* Results: 28 refs

Lilacs 1982 to 13 Dec 2014 septic abortion* AND (antibiotic agents OR antibiotic*) (Strategy 1) Results: 0

septic abortion* (Strategy 2) Results: 75

septic abortion* (Strategy 3) limited to major focus Results: 54 refs

December 2014 to 19 April 2016

Results:2

AIM (African Index Medicus) 13 Dec 2014 septic AND abortion AND antibiotics Results: 0

WHAT'S NEW

Date	Event	Description
19 April 2016	Amended	New search conducted on 19 April 2016

HISTORY

Protocol first published: Issue 2, 2015 Review first published: Issue 7, 2016

Date	Event	Description
2 July 2007	New citation required and conclusions have changed	Substantive amendment

CONTRIBUTIONS OF AUTHORS

AU wrote the Background and Methods sections of this review under the guidance of EEE. OO extracted data directly into RevMan, and BOO cross-checked entry for accuracy. OO and EEE wrote the results, while BOO and EEE discussed the results.

Antibiotics for treating septic abortion (Review)

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DECLARATIONS OF INTEREST

Atim Udoh: None known. Emmanuel E Effa: None known. Olabisi Oduwole: None known. Babasola O Okusanya: None known.

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- University of Calabar and University of Calabar Teaching Hospital, Nigeria.
- Cochrane Nigeria, Nigeria.

External sources

• No sources of support supplied

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

We included fever resolution time as an additional secondary outcome.

INDEX TERMS

Medical Subject Headings (MeSH)

Abortion, Septic [*drug therapy]; Anti-Bacterial Agents [*therapeutic use]; Cephalothin [therapeutic use]; Chloramphenicol [therapeutic use]; Clindamycin [therapeutic use]; Drug Therapy, Combination; Kanamycin [therapeutic use]; Length of Stay; Penicillins [therapeutic use]; Randomized Controlled Trials as Topic; Tetracycline [therapeutic use]

MeSH check words

Adult; Female; Humans; Pregnancy