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Comparative analysis of thymic subpopulations during different modes of atrophy identifies the reactive oxygen species scavenger, N-acetyl cysteine, to increase the survival of thymocytes during infection-induced and lipopolysaccharide-induced thymic atrophy

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Introduction

T cells are an indispensable component of the adaptive immune system. Progenitor cells arising from the bone marrow undergo sequential development and selection in the thymus, a primary lymphoid organ, to give rise to immunocompetent T cells. Thymocytes can be broadly classified into four developmental stages on the basis of

Summary

The development of immunocompetent T cells entails a complex pathway of differentiation in the thymus. Thymic atrophy occurs with ageing and during conditions such as malnutrition, infections and cancer chemotherapy. The comparative changes in thymic subsets under different modes of thymic atrophy and the mechanisms involved are not well characterized. These aspects were investigated, using mice infected with Salmonella Typhimurium, injection with lipopolysaccharide (LPS), an inflammatory but non-infectious stimulus, etoposide (Eto), a drug used to treat some cancers, and dexamethasone (Dex), a steroid used in some inflammatory diseases. The effects on the major subpopulations of thymocytes based on multicolour flow cytometry studies were, first, the $CD4^ CD8^-$ doublenegative (DN) cells, mainly DN2–4, were reduced with infection, LPS and Eto treatment, but not with Dex. Second, the CD8⁺ CD3^{lo} immature single-positive cells (ISPs) were highly sensitive to infection, LPS and Eto, but not Dex. Third, treatment with LPS, Eto and Dex reduced all three subpopulations of $CD4^+$ $CD8^+$ double-positive (DP) thymocytes, i.e. DP1, DP2 and DP3, but the DP3 subset was relatively more resistant during infection. Fourth, both $CD4^+$ and $CD8^+$ single-positive (SP) thymocytes were lowered by Eto and Dex, but not during infection. Notably, LPS lowered $CD4^+$ SP subsets, whereas the $CD8^+$ SP subsets were relatively more resistant. Interestingly, the reactive oxygen species quencher, N-acetyl cysteine, greatly improved the survival of thymocytes, especially DNs, ISPs and DPs, during infection and LPS treatment. The implications of these observations for the development of potential thymopoietic drugs are

Keywords: infection; lipopolysaccharide; reactive oxygen species; thymic atrophy; thymocyte subpopulations.

Abbreviations: CFU, colony-forming units; DEX, dexamethasone; DN, double-negative; DP, double-positive; ETO, etoposide; GCs, glucocorticoids; IFN- γ , interferon- γ ; IL-6, interleukin-6; ISP, immature single-positive; LPS, lipopolysaccharide; MFI, median fluorescence intensity; NAC, N-acetyl cysteine; nd, not detected; NE, no effect; ns, not significant; PBS, phosphate-buffered saline; ROS, reactive oxygen species; S. Typhimurium/ST, Salmonella Typhimurium; SP, single-positive; TCR, T-cell receptor; TNF-a, tumour necrosis factor-a; UT, untreated

cell-surface expression of the T-cell co-receptors CD4 and CD8. The $CD4^-$ CD8⁻, i.e. double-negative (DN), cells are the most immature. These cells proliferate and give rise to the CD4⁺ CD8⁺, i.e. double-positive (DP), cells, where they undergo selection, after which the DP cells generate either the $CD4^+$ $CD8^-$ or the $CD4^ CD8^+$, i.e. single-positive (SP), cells. In recent years, additional developmental and maturation markers on thymocytes have been discovered, which has led to the study of subpopulations of thymocyte subsets. In the DN subset, surface expression of CD44 and CD25 define four distinct developmental stages: DN1 (CD4⁻ CD8⁻ CD44⁺ $CD25^-$), $DN2$ $(CD4^ CD8^ CD44^+$ $CD25^+$), $DN3$ $(CD4 - CD8 - CD44 - CD25^{+})$ and $DN4$ $(CD4 - CD8 - CD8)$ $CD44 - CD25$ ⁻).¹ The DN4 cells produce the DP cells through an intermediate Notch-dependent stage, called the immature single-positive (ISP) cells, which are phenotypically characterized as $CD4^ CD8^+$ $CD3^{lo}$ $CD24^{hi}$. The DP cells, generated from the ISP cells, can be developmentally fractionated into three stages: DP1 $(CD4^+ CD8^+ CD5^{lo} CD3^{lo})$, DP2 $(CD4^+ CD8^+ CD5^{hi}$ $CD3^{int}$) and DP3 ($CD4⁺CD8⁺CD5^{int}CD3^{hi}$). The DP1 cells are the preselected thymocytes, which exclusively produce the DP2 cells that give rise to either the DP3 cells or cells of the CD4 lineage. On the other hand, the DP3 cells are restricted to generate only the $CD8⁺$ SP $cells.²$ Numerous markers including CD24 and CD3³ and CD69 and $CD62L⁴$ have been used to study the SP cells at different stages of maturation. For example, the CD24^{hi} CD3^{hi} and CD24^{int} CD3^{hi} cells are the more immature cells in the SP subset, whereas the CD24^{lo} CD3^{hi} are comparatively more mature.⁵ Naive $CD4^+$ and $CD8^+$ T cells egress the thymus after maturation of SPs. The output and fitness of the thymus is quantified by the export of naive T cells into the circulation.

The thymus is extremely sensitive to stress and atrophies readily during numerous conditions including ageing. Thymic atrophy, i.e. the loss in cellularity of the thymus, is observed during conditions such as malnutrition, infections, chemotherapy and stress in both mice and humans.⁶ In majority of cases, thymic atrophy is accompanied by loss in architecture of the thymus and reduction in its output. To study the process of thymic atrophy and its underlying mechanisms, numerous mouse models of thymic atrophy have been standardized. Viral, bacterial and parasitic infections often accompany thymic atrophy.⁷ Whole pathogens or microbial components can also cause thymic atrophy. Intraperitoneal injection of Escherichia coli leads to significant loss of the DN and DP populations, while the cellularity of the SP subsets is unaffected. This process is dependent on tumour necrosis factor- α (TNF- α) and inhibition of protein synthesis.⁸ Lipopolysaccharide (LPS) is a major microbial component that leads to endotoxic shock-induced thymic atrophy. Acute thymic atrophy in terms of both weight and cellularity of the thymus occurs upon intraperitoneal injection of LPS in mice. Up-regulation of genes involved in inflammation and wound healing/tissue modelling occurs, while genes involved in T-cell development, cell activation and cell cycle progression are down-regulated.⁹ C3H/HeJ mice, which lack Tlr4, display reduced thymic atrophy compared with their Toll-like receptor 4-sufficient counterparts, C3H/HeN mice.¹⁰ During LPSinduced thymic atrophy, thymic levels of leukaemia inhibitory factor, a member of the interleukin-6 (IL-6) cytokine family, increase and become functionally important.¹¹

Chemotherapeutic drugs used to treat cancer also induce transient thymic atrophy.^{12,13} For example, etoposide (Eto) forms complexes with topoisomerase II and DNA and inhibits re-ligation of the DNA strands, thereby inducing DNA breaks and leading to apoptosis of thymocytes.¹⁴ Eto induces nitric oxide in rat thymocytes and causes apoptosis by caspase activation.¹⁵ In addition, Etoinduced apoptosis can be prevented by pre-treatment of thymocytes with a protein synthesis inhibitor¹⁶ or with an inhibitor of proteasomes.¹⁷

Glucocorticoids (GC), steroid hormones secreted primarily by the adrenal glands, occupy a central position in mediating thymic atrophy in mice during various conditions. Importantly, GCs are used to treat several inflammatory diseases, e.g. autoimmune diseases and allergies. To study the mechanisms of GC-induced thymocyte death, the synthetic GC analogue, dexamethasone (Dex) has been extensively used. It induces phosphorylation of phosphatidylinositol-specific phospholipase C and ceramide generation. Consequently, caspase-3, caspase-8 and caspase-9 are activated along with cytochrome c release from the mitochondria, culminating in apoptosis of thymocytes.¹⁸ Dex induces apoptosis of rat thymocytes in both G0/G1 and G2/M phases of the cell cycle.¹⁴ Accordingly, adrenalectomy or inhibition of action of GCs using GC receptor antagonists such as RU486, reduce thymic atrophy during infections,^{19–23} LPS administration^{24,25} and cancer.^{26,27}

In spite of the phenomenon of thymic atrophy being widely studied in mouse models, comparative and detailed investigations on the major thymocyte subpopulations have not been performed. Our laboratory has studied distinct infection-induced changes occurring in the major thymocyte subpopulations during Salmonella Typhimurium infection-induced thymic atrophy in $C57BL/6$ mice.⁵ The broad questions that we asked in this study were whether there are differences in subpopulations during various modes of thymic atrophy, namely, treatments with LPS (inflammatory but non-infectious), Eto (drug used to treat different cancers) and Dex (clinically used to treat several inflammatory diseases) in BALB/c mice, using multicolour flow cytometry. The

S. Typhimurium-induced thymic atrophy model (inflammatory and infectious) previously standardized in our laboratory^{5,23} served as a useful control. Distinct differences were observed in the thymocyte subpopulations in all the thymic atrophy models studied. In addition, the roles of reactive oxygen species (ROS) in mediating the observed changes were subsequently investigated. The potential of ROS quenchers as a thymopoietic drug has also been discussed.

Materials and methods

Bacterial cultures

Oral infections in BALB/c mice were performed using the S. Typhimurium strain NCTC 12023.²³ The glycerol stocks of the bacteria were revived in 3 ml of Luria broth and the culture was streaked on a Salmonella–Shigella agar plate. A single isolated colony from a Salmonella– Shigella agar plate was inoculated in 3 ml of Luria broth, which was grown for 8 hr at 37° and 160 rpm. This preinoculum was added at 0.05% in 50 ml of Luria broth. The cells were cultured for 3.5 hr to obtain bacterial cells in the log phase. The cells were washed in phosphate-buffered saline (PBS) and the optical density was measured. The mice were given $\sim 10^9$ colony forming units (CFU) of S. Typhimurium/mouse by oral gavage. 23

Mouse infections and reagents

All experiments were performed in 6- to 8-week-old male BALB/c mice. The mice were bred and maintained at the Central Animal Facility of the Indian Institute of Science (IISc), Bangalore. Unless otherwise stated, the reagents used in this study were obtained from Sigma-Aldrich (St Louis, MO). Eto (E1383-100MG) and Dex (Dexona, Cadila Health Ltd, Ahmedabad, India) were dissolved in dimethylsulphoxide, while LPS (L2630-25MG) was solubilized in PBS. Dose titration studies were performed and the compounds were intraperitoneally administered to mice at the indicated doses. N-acetyl-L-cysteine (NAC) (A9165-25G) was dissolved in PBS and was given by oral gavage 16 and 32 hr after infection/treatment.

Ethics statement

All experiments were designed and performed upon approval and were in accordance with the Control and Supervision rules, 1998 of the Ministry of Environment and Forests Act (Government of India) and Institutional Animal Ethics Committee, IISc guidelines. Breeding and maintenance of mice were conducted at the Central Animal Facility of IISc (Registration number: 48/1999/CPCSEA, dated 1/3/1999) upon approval by the Ministry of Environment and Forests, Government of India. In addition, the

experimental protocols were approved by the 'Committee for Purpose and Control and Supervision of Experiments on Animals', with the permit number being CAF/Ethics/ 216/2011. Details of the national guidelines are available on: [http://envfor.nic.in/division/committee-purpose-con](http://envfor.nic.in/division/committee-purpose-control-and-supervision-experiments-animals-cpcsea) [trol-and-supervision-experiments-animals-cpcsea.](http://envfor.nic.in/division/committee-purpose-control-and-supervision-experiments-animals-cpcsea)

CFU analysis

The mice on the mentioned days post-infection were killed and the organs were harvested and collected in PBS. The organs were weighed and homogenized in 1 ml PBS and the appropriate dilutions were plated on Salmonella–Shigella agar plates. The plates were incubated at 37° for 12–16 hr and the black-centred bacterial colonies were enumerated.²³

Isolation of thymocytes

The mice were killed on the indicated days and the thymi were harvested and collected in RPMI medium supplemented with 5% fetal bovine serum (Gibco, Gaithersburg, MD). The organs were gently disrupted using a pair of forceps and the cell suspensions were passed through a fine wire mesh to obtain single-cell suspensions. The viable cell numbers were calculated using a Trypan blue exclusion assay with the help of a haemocytometer²³.

Quantification of cytokines and cortisol

The mice were killed and blood was collected by cardiac puncture. Blood was allowed to clot at 4° to enable collection of sera. Serum TNF- α , IL-6 and interferon- γ $(IFN- γ)$ amounts were quantified using ELISA kits (Thermo Fisher Scientific, Waltham, MA), while the serum cortisol amounts were estimated using the Accu-Bind ELISA kit (Monobind Inc., Lake Forest, CA) according to the manufacturer's instructions²³.

Flow cytometric analysis

The various cell populations in the thymi were studied using multicolour flow cytometry. The panel of antibodies used to analyse the thymocyte subpopulations were standardized in a previous study from our laboratory.⁵ Briefly, the thymocytes were kept for 45 min at 4° with the mentioned antibodies specific to cell-surface markers. Subsequently, the samples were washed and fixed with 05% paraformaldehyde before acquisition on the BD VerseTM flow cytometer. The baseline autofluorescence and compensation settings for each fluorochrome measured were calculated using unstained and single fluorochromestained cells. For analysis, exclusively the single events were selected on the basis of forward scatter-area versus forward scatter-height. The overall thymocyte profile was studied

using the CD4 and CD8 surface markers, and the major thymocyte subsets DN (CD4^{$-$} CD8^{$-$}), DP (CD4 $^{+}$ CD8 $^{+}$) and SP (CD4⁺ CD8⁻/CD4⁻ CD8⁺) were gated on. Furthermore, to study the DN population, the CD44 and CD25 surface expression profile was investigated. The density plots of CD5 versus CD3 were analysed to quantify the DP thymocyte subset, while CD24 and CD3 plots were used to examine the $CD4^+$ and $CD8^+$ SP subsets.

The intracellular ROS amounts were quantified using the DCFDA (2',7'-dichlorofluorescein diacetate, Calbiochem, Burlington, MA) assay. The thymocytes were stained in the dark with $10 \mu M$ of DCFDA for 15 min at 37°. Subsequently, the cells were washed with PBS and were acquired on the flow cytometer.²⁸ The intracellular ROS data are represented as median

Figure 1. Lipopolysaccharide (LPS), etoposide (Eto) and dexamethasone (Dex) induce severe thymic atrophy in BALB/c mice. Six- to 8 week-old male BALB/c mice were either orally infected with $\sim 10^9$ CFU of Salmonella Typhimurium or were intraperitoneally injected with LPS (4 mg/kg), Eto (100 mg/kg) or Dex (15 mg/kg). On day 5 post-infection (ST) and day 4 post-intraperitoneal treatment, the mice, along with the control untreated mice (UT), were killed. (a) The thymi were harvested and the viable cell numbers in the organs were quantified by Trypan blue exclusion assay using a haemocytometer. (b) The mice were monitored at 8-hr intervals for survival after infection or intraperitoneal treatment. The dot plots are depicted as mean \pm SEM of four to nine mice per group. The two-tailed Mann– Whitney test was used for statistical analysis, ** $P \le 0.01$, *** $P \le 0.001$ and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group. The survival curves contained four mice per group.

fluorescence intensity (MFI) fold change, calculated by obtaining the DCFDA MFI of the samples and dividing the values with the DCFDA MFI of untreated thymocytes values. All FACS data were plotted and analysed using the softwares, FLOWJO (9.9.5) and FACS DIVA $(8.0.1)$.

Statistical analysis

Microsoft EXCEL and GRAPHPAD PRISM 5 softwares were used to plot and analyse the data. Statistical significances were calculated using the Mann–Whitney U-test or the two-way analysis of variance $(*P \leq 0.05, **P \leq 0.01,$ *** $P \leq 0.001$, nd: not detected and ns: not significant). Wherever not indicated, the statistical significances

Figure 2. Depletion of different thymocyte subsets occurs across the various modes of thymic atrophy. Male BALB/c mice were either orally infected with Salmonella Typhimurium or intraperitoneally administered with lipopolysaccharide (LPS), etoposide (Eto) and dexamethasone (Dex). Along with the control untreated mice (UT), the infected mice (ST) were killed on day 5 post-infection, while the intraperitoneally treated mice were killed on day 4. The thymi were harvested and the thymocytes were stained for cell-surface expression of the T-cell co-receptors, CD4 and CD8. The density plots of CD4 versus CD8 were constructed and (a) the representative density plots are depicted. The number of cells in the major thymocyte subsets, i.e. (b) double-negative (DN) (CD4⁻ CD8⁻), (c) double-positive (DP) (CD4⁺ CD8⁺), (d) CD8⁺ single-positive (SP) (CD4⁻ CD8⁺) and (e) CD4⁺ SP (CD4⁺ CD8⁻), was quantified. Data are shown as mean \pm SEM of four to eight mice per group. Statistical analysis was performed using the two-tailed Mann–Whitney test, *P \leq 0.05, **P \leq 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

Differences in subsets during thymic atrophy

Figure 3. Salmonella Typhimurium-, lipopolysaccharide (LPS) and etoposide (Eto) -induced thymic atrophy result in the loss of DN2–4 cells. BALB/c mice were either infected with Salmonella Typhimurium or treated with LPS, Eto or dexamethasone (Dex). Along with the untreated (UT) mice, the 5-day infected mice (ST) were killed, while the intraperitoneally treated mice were killed on day 4. The thymi were harvested and the thymocytes were stained for cell-surface expression of CD4, CD8, CD44 and CD25 to study the double-negative (DN) (CD4⁻CD8⁻) thymocyte subsets. (a) The density plots of the DN subpopulations were constructed and the representative plots are depicted. The cell numbers were estimated in the (b) DN1 (CD4⁻ CD8⁻ CD44⁺ CD25⁻), (c) DN2 (CD4⁻ CD8⁻ CD4⁴⁺ CD25⁺), (d) DN3 (CD4⁻ CD8⁻ CD44⁻ CD25⁺) and (e) DN4 (CD4⁻ CD8⁻ CD44⁻ CD25⁻) subsets. Data are shown as mean \pm SEM of four to seven mice per group. Two-tailed Mann–Whitney test was performed to analyse for statistical significance, *P \leq 0.05, **P \leq 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

Figure 4. Lipopolysaccharide (LPS), etoposide (Eto) and dexamethasone (Dex) -mediated thymic atrophy result in the depletion of DP1– 3 thymocytes. The Salmonella Typhimurium-infected (ST) mice were killed on day 5 of infection, while the LPS-, Eto- or Dex-treated mice were killed on day 4 of injection. The thymi from these mice as well as from control untreated mice (UT) were harvested and the thymocytes were stained for cell-surface expression of CD4, CD8, CD5 and CD3 to study the double-positive (DP) (CD4⁺ CD8⁺) subset. (a) The density plots of the DP subpopulations were constructed and the representative plots are depicted. The (b) DP1 $(CD4^+ CD8^+ CD5^{lo} CD3^{lo})$, (c) DP2 $(CD4^+ CD8^+ CD5^{hi} CD3^{int})$ and (d) DP3 $(CD4^+ CD8^+ CD5^{int} CD3^{hi})$ cell numbers in the DP compartment were estimated. Data are shown as mean \pm SEM of four to six mice per group. The two-tailed Mann–Whitney test was used to assess for statistical significance **P \leq 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

Figure 5. Immature single-positive (ISP) thymocytes are completely depleted during Salmonella Typhimurium-, etoposide (Eto-) and lipopolysaccharide (LPS) -induced thymic atrophy. Mice were either orally infected with S. Typhimurium or intraperitoneally injected with LPS, Eto or dexamethasone (Dex). The mice were killed 5 days post-infection (ST) and 4 days post-intraperitoneal treatment along with the control untreated (UT) mice. The thymi were harvested and the thymocytes were stained for cell-surface expression of CD4, CD8, CD24 and CD3. The CD24 versus CD3 density plots of CD8+ SP thymocytes were constructed and (a) the representative density plots are shown. The (b) ISP $(CD4^{\text{-}} CD8^{\text{+}} CD3^{\text{lo}} CD24^{\text{hi}})$, (c) $CD24^{\text{hi}}$ $(CD4^{\text{-}} CD8^{\text{+}} CD3^{\text{hi}} CD24^{\text{hi}})$, (d) $CD24^{\text{int}}$ $(CD4^{\text{-}} CD8^{\text{+}} CD3^{\text{hi}} CD24^{\text{int}})$ and (e) $CD24^{\text{lo}}$ (CD4⁻ CD3^{hi} CD24^{lo}) cells in the CD8⁺ SP compartment were quantified. Data are depicted as mean \pm SEM of four to eight mice per group. The two-tailed Mann–Whitney test was used to analyse for statistical significance, *P \leq 0.05, **P \leq 0.01, nd: not detected and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

denoted on the experimental groups are in comparison with the control untreated (UT) group/s.

Results

Salmonella Typhimurium infection and LPS, Eto and Dex treatment induce thymic atrophy

Preliminary experiments were performed to ascertain the optimum amounts of LPS, Eto and Dex required to induce thymic atrophy comparable to the levels induced by oral S. Typhimurium infection in BALB/c mice. Salmonella Typhimurium infection-induced thymic atrophy; the system of thymic atrophy well established in our laboratory^{5,23,28} was considered as the positive control. The mice were either orally infected with $\sim 10^9$ CFU of S. Typhimurium or intraperitoneally injected with the mentioned doses of LPS, Eto or Dex. After 5 days of infection and on day 4 of intraperitoneal treatment, the mice were killed and the cellularity of the thymi was determined. Infection led to a fiveto sixfold reduction in the thymic cellularity. Severe thymic atrophy was observed in mice treated with the mentioned doses of LPS, Eto and Dex after day 4 of treatment. LPS and Dex displayed enhanced potency, compared with Eto, as they induced similar extents of thymic atrophy at lower concentrations (Fig. 1a). The increased susceptibility of thymocytes towards Dex was in accordance with in vitro experiments. Dex at a dose of 1 ng/ml depleted thymocytes in vitro, whereas LPS and Eto induced significant cell death in lg/ml amounts. On the other hand, S. Typhimurium was unable to deplete thymocytes in vitro²³ (see Supplementary material, Fig. S1). Subsequently, the S. Typhimuriuminfected mice and the mice given the optimum doses of the compounds were monitored at 8-hr intervals for survival. Salmonella Typhimurium resulted in 100% mortality by 14 days of infection, whereas 50% of mice survived LPS treatment. Eto and Dex treatment did not lead to the death of mice (Fig. 1b).

The thymocyte subsets are selectively modulated during the different modes of thymic atrophy

Having standardized the optimum doses of the compounds that induce thymic atrophy, we studied the four major thymocyte subsets – DN, DP, $CD8⁺$ SP and $CD4⁺$ SP – on the basis of cell-surface CD4 and CD8 expression. Salmonella Typhimurium infection depleted the immature thymocyte subsets, DNs and DPs, whereas LPS and Eto treatment reduced all the four thymocyte subsets to varying degrees. On the other hand, Dex specifically reduced the DP, $CD8^+$ SP and $CD4^+$ SP cells (Fig. 2). Therefore, different thymocyte subsets displayed varying extents of susceptibility towards the tested treatments.

DN2–4 thymocytes are depleted during infection, and LPS and Eto treatment

Next, we studied the thymocyte subpopulations in detail, starting with the DN cells. The thymocytes were stained for surface expression of CD4, CD8, CD44 and CD25. The $CD4$ ⁻ $CD8$ ⁻ thymocytes were gated, and the CD44 versus CD25 density plots were constructed to study the DN thymocyte subsets. DN2–4 cells were depleted during infection-induced thymic atrophy, whereas the DN1 cells remained unchanged. Similar manifestations were also observed in mice treated with LPS or Eto. Contrastingly, Dex treatment did not significantly alter the cellularity of the DN subsets (Fig. 3).

DP1–3 thymocytes are reduced during LPS-, Eto- and Dex-mediated thymic atrophy

Subsequently, we studied the DP subsets by gating on the $CD4⁺$ $CD8⁺$ cells and by analysing the cells on the basis of CD5 and CD3 expression. Salmonella Typhimurium infection reduced the DP1 and DP2 cells, but not the DP3 cells (Fig. 4).⁵ On the other hand, the DP1-3 cells were significantly depleted in mice treated with LPS, Eto and Dex on day 4 (Fig. 4).

Infection, LPS and Eto completely deplete the ISP cells post-thymic atrophy

The $CD8⁺$ SP compartment was analysed by studying the expression of CD24 and CD3 (Fig. 5). Thymic atrophy induced by S. Typhimurium infection and treatments with LPS and Eto completely depleted the $CD4^ CD8^+$ $CD3^{lo}$ $CD24^{hi}$ ISP cells on day 4. Surprisingly, Dex had no significant effect on these cells despite the fact that ISP cells are reported to be cortisol sensitive.²⁹ A significant

Figure 6. Thymic atrophy induced by lipopolysaccharide (LPS), etoposide (Eto) and dexamethasone (Dex) treatment led to loss of CD4⁺ singlepositive (SP) cells. The orally infected (ST) mice were killed on day 5, while the intraperitoneally treated BALB/c mice along with the control untreated (UT) mice were killed on day 4. The thymi were harvested and the thymocytes were stained for cell-surface expression of CD4, CD8, CD24 and CD3. CD24 versus CD3 density plots of the CD4⁺ SP thymocytes were constructed and (a) the representative plots are depicted. The (b) $CD24^{\text{hi}}$ $(CD4^+$ $CD8^ CD3^{\text{hi}}$ $CD24^{\text{hi}}$), (c) $CD24^{\text{int}}$ $(CD4^+$ $CD8^ CD3^{\text{hi}}$ $CD24^{\text{int}}$ and the (d) $CD24^{\text{lo}}$ $(CD4^+$ $CD8^ CD3^{\text{hi}}$ $CD24^{\text{lo}}$) cells in the CD4⁺ SP compartment were quantified. Data are shown as mean \pm SEM of seven or eight mice per group. The two-tailed Mann–Whitney test was used for analysing statistical significance, *P \leq 0.05, **P \leq 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

accumulation of the less mature CD24^{hi} cells was observed after infection-induced thymic atrophy⁵ but was not found in the other modes of thymic atrophy. Eto and Dex by day 4 reduced the cellularity of the CD24^{int} cells whereas Eto also reduced the numbers of $CD24^{lo}$ cells (Fig. 5).

CD4⁺ SP cells are reduced during LPS, Eto and Dex treatment

Similar to the $CD8⁺$ SP compartment, the $CD4⁺$ SP compartment was analysed (Fig. 6). LPS, Eto and Dex treatment resulted in loss of the CD24^{int-lo} cells in the CD4⁺ SP

compartment on day 4 whereas not much change was observed during infection (Fig. 6). In addition, Eto and Dex treatment depleted CD24^{hi} cells. The changes observed in the thymocyte subpopulations during different modes of thymic atrophy are summarized in Table 1.

ROS mediate thymocyte loss during S. Typhimuriumand LPS-induced thymic atrophy in mice

Increased ROS observed in thymocytes³⁰ often leading to apoptosis, and its inhibition has been shown to rescue thymic atrophy induced by various conditions. $30-33$ To

Dex, dexamethasone; DN, double-negative; DP, double-positive; Eto, etoposide; LPS, lipopolysaccharide; ST, Salmonella Typhimurium.

The downward arrows indicate depletion in cellularity, the upward arrows show populations with increased cellularity, NE denotes no effect, and the red circles indicate the populations that were rescued by N-acetyl cysteine (NAC) administration.

study the roles of ROS during the various models of thymic atrophy, we used the ROS quencher, NAC. The thymocytes from control, infected and treated mice were stained with DCFDA to detect intracellular ROS. The total ROS amounts in the thymocytes increased during S. Typhimurium- and LPS-induced thymic atrophy and NAC treatment led to its reduction. Contrastingly, ROS induction was absent in thymocytes from Eto- and Dextreated mice (Fig. 7a). Upon NAC treatment, reduction in the extent of thymic atrophy during S. Typhimurium infection and LPS treatment was observed. However, NAC provision failed to reduce the thymic atrophy in Eto- and Dex-treated mice (Fig. 7b).

Cortisol, but not the pro-inflammatory cytokines, in sera is lowered upon NAC administration during infection

The degree of thymic atrophy directly correlates with the amount of S. Typhimurium infection load.^{5,23} Therefore, we investigated the effect of NAC treatment on the bacterial infection load in the liver, spleen and Peyer's patches. NAC did not have any significant effect on the bacterial burden (Fig. 8). Numerous studies indicate the occurrence of thymic atrophy as a direct consequence of inflammatory

processes, involving TNF- α ,^{24,25,34} IL-6,^{11,34} IFN- γ ^{5,23,35–38} and GCs.^{5,19–23,36,39} Therefore, we investigated whether NAC exerted its thymopoietic effects by dampening inflammatory responses. LPS did not show any up-regulation of the cytokines on day 4 post-treatment. However, significant induction in levels of TNF- α , IL-6 and IFN- γ could be observed only during S. Typhimurium infection. Importantly, the levels of these cytokines remained unchanged after NAC treatment in S. Typhimuriuminfected mice (Fig. 9a–c). However, the cortisol amounts in sera of the infected mice were significantly reduced after NAC administration, suggesting that the thymopoietic property displayed by NAC may, at least in part, be due to reduction in cortisol amounts (Fig. 9d).

NAC rescues the depletion of the DN, ISP and the DP thymocytes during S. Typhimurium- and LPS-mediated thymic atrophy

Next, we investigated the effects of NAC administration on the thymocyte subpopulations in infected and LPS-treated mice. The depletion of the DN and the DP thymocytes, but not SPs, in the infected and LPS-treated mice was rescued after NAC treatment (see Supplementary material, Fig. S2). The decrease in the cellularity of the DN2–3 post-infection

and DN2–4 post-LPS treatment was rescued by NAC administration, while the DN1 cells remained unaffected (see Supplementary material, Fig. S3a–d). In the DP subset, NAC treatment reduced the depletion of the DP1 and DP2 cells during infection and LPS treatment. The decrease of DP3 cells in LPS-treated mice was also rescued to a significant extent upon NAC supplementation (see Supplementary material, Fig. $S3e-g$). The ISP cells in the $CD8^+$ SP compartment are the most sensitive thymocyte subpopulation to depletion during S. Typhimurium-induced thymic atrophy.⁵ The complete depletion of the ISPs during infection and LPS treatment was rescued to a full extent post-NAC administration. In contrast, the accumulation of the less mature $CD24^{hi}$ CD8⁺ SP cells, observed during infection-induced thymic atrophy, was not lowered by NAC treatment (see Supplementary material, Fig. S4a). NAC also did not exert any effects on the CD24 $^{\text{hi}}$ cells in the CD4⁺ SP compartment (see Supplementary material, Fig. S4e). The comparatively more mature CD24^{int-lo} cells in both the SP compartments remained largely unchanged upon NAC treatment in the thymi of the infected mice. However, in LPS-treated mice, NAC was successful in rescuing the loss of $CD24^{int}$ cells in the $CD4⁺$ SP compartment (see Supplementary material, Fig. S4f). The effects of NAC on the thymocyte subpopulations during infection and LPS treatment are tabulated in Table 1.

Discussion

The comparative study of thymic subpopulations that are affected during various modes of thymic atrophy constitutes a neglected area of research. Here, we have used multicolour flow cytometry⁵ to study in detail the thymocyte subpopulations in various important models of thymic atrophy. Comparative studies of the thymocyte subpopulations revealed distinct changes occurring across the various models of thymic atrophy which are summarized in Table 1 and Fig. 10. The DN cells might be reduced during thymic atrophy as a result of loss in supply of early thymic progenitors from the bone marrow, block in the developmental pathway at a specific DN stage or apoptosis of the DN cells. In the models of thymic atrophy studied here, the third scenario is more likely. Depletion of the DN2–4 thymocytes occurs during S. Typhimurium infection-induced thymic atrophy in C57BL/6 mice, with the cellularity of DN1 cells being unaffected.⁵ Similar results were obtained in infected BALB/c mice and BALB/c mice treated with LPS and ETO (Fig. 3). Reduction of early thymic progenitors or a block at a specific developmental stage would manifest in depletion of the DN1 cells or increase in cellularity of a specific DN cell subset, respectively, neither of which was observed. Interestingly, such observations are also found upon administration of TNF- α .⁴⁰ In addition, in aged mice, the lack of expression of the T-cell-specific transcription factor, TCF-1 results in a developmental block at the DN1 stage. 41 In case of Eto-mediated DN2-4 loss, the results are in accordance with previous reports stating that the chemotherapeutic drug targets proliferating cells.^{14,42} DN1 cells reside for \sim 10 days before progressing into the DN2 stage.⁴³ Depletion of DN1 cells during regular Eto treatment over longer periods of time cannot be

Figure 7. Infection- and lipopolysaccharide (LPS) -induced thymic atrophy are reactive oxygen species (ROS) -dependent. BALB/c mice were either orally infected with Salmonella Typhimurium or intraperitoneally treated with LPS, etoposide (Eto) or dexamethasone (Dex). After 16 and 32 hr, the mice were provided with either phosphate-buffered saline (– NAC) or 100 mg/kg N-acetyl cysteine (+ NAC) by oral gavage. On days 4 and 5 after intraperitoneal treatment or infection (ST), respectively, the mice were killed along with the control UT mice. The thymi were harvested and the thymocytes were stained with 2',7'-dichlorofluorescein diacetate (DCFDA) and its (a) median fluorescence intensity (MFI) fold change in total thymocytes was calculated. The total number of viable (b) thymocytes was quantified by Trypan blue exclusion assay using a haemocytometer. Data are shown as mean \pm SEM of four to ten mice per group. The two-tailed Mann–Whitney test was used to analyse for statistical significance among the experimental groups, *P \leq 0.05, **P \leq 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

Figure 8. N-Acetyl cysteine (NAC) treatment does not modulate Salmonella Typhimurium infection burden. BALB/c mice were orally infected with $~10^9$ CFU of S. Typhimurium/ mouse. After 16 and 32 hr, the mice were provided with either phosphate-buffered saline (– NAC) or NAC (+ NAC) by oral gavage. On day 5 post-infection, the mice were killed and the organs were harvested. The bacterial load in (a) liver, (b) spleen and (c) Peyer's patches was estimated. Data are shown as mean \pm SEM of eight mice per group and the statistical significance was assessed by the twotailed Mann–Whitney test, ns: not significant.

discounted. Dex alone did not particularly affect the cellularity of the DN cells, which is in agreement with another study.⁴⁴ Although GCs are known to play a role in lowering the survival of DNs during infection, 5 most likely, the combination of GCs along with other host factors induced with infection may be involved.

Salmonella Typhimurium infection in BALB/c mice resulted in loss of the DP1 and DP2 cells, while the DP3 cells were comparatively more resistant, which is similar in C57BL/6 mice.⁵ Administration of LPS in mice leads to a rapid up-regulation of pro-inflammatory cytokines and their levels wane at later time-points.⁴⁵ Notably, the LPS and infection models differ fundamentally in the kinetics of induction of pro-inflammatory cytokines: induction occurs rapidly with LPS, whereas it is gradual with infection, concomitant with increase in numbers of bacteria.5,23 This may account for the lack of DP3 accumulation in LPS-treated mice (Figs 4 and 9a–c). During Eto-induced thymic atrophy, the apoptosis of the proliferating cells in the DN and DP subsets^{14,42} may contribute towards the depletion of these subsets.

The expression of the GC receptor is highest in DN thymocytes, followed by the $CD8⁺$ SP cells, $CD4⁺$ SP cells and then the DP cells.⁴⁴ In spite of low expression of the GC receptor in the DP cells, they display the most sensitivity among the thymocyte subpopulations studied, possibly because of increased amounts of the apoptosisrelated protein, dexamethasone-induced gene 2 and low amounts of the anti-apoptotic protein, Bcl2.46 During in vivo Dex treatment, DP cells are significantly depleted and the majority of the surviving DP cells are CD69⁺. It

has been speculated that the DP thymocytes undergoing positive selection are more resistant to Dex-induced apoptosis.⁴⁴ Similar results were observed in another study where the T-cell receptor β intermediate (TCR β ^{int}) DP cells were comparatively more resistant to depletion than the TCR- β ^{lo} DP cells.²⁹

The ISP cells are the earliest thymocyte subset to be depleted during S. Typhimurium infection. 5 In this study, the ISPs were completely depleted across the different modes of thymic atrophy except in Dex-treated mice (Fig. 5). LPS is known to rapidly induce $GCs⁴⁷$ and IFN- γ ,⁴⁵ which may be involved in this observation. In case of Eto, the ISPs were a major target for depletion, as these cells are known to be rapidly proliferating.⁴⁸ ISP cells are reported to be sensitive to Dex-induced apoptosis.²⁹ It should be noted that the effects of Dex on ISPs has been either studied after 8 hr^{29} or 48 hr of exposure, $48,49$ in vivo. However in our study, ISP cells, like DNs, were resistant to Dex treatment (Fig. 5a,b) and our data show that Dex does not reduce the numbers of immature early-stage thymic cells, i.e. DNs and ISPs.

During S. Typhimurium-induced thymic atrophy in $C57BL/6$ mice, $CD4^+$ SP cells are affected to a lesser extent, whereas $CD8⁺ SPs$ are resistant. Also, there is a delay in the differentiation process of SPs and CD24^{hi} SPs accumulate in both $CD4^+$ and $CD8^+$ SP compartments, which is primarily dependent on infection-induced IFN- γ .⁵ However, BALB/c mice are less inflammatory compared with C57BL/6 mice,^{50,51} display reduced thymic atrophy and mice survival on a comparative basis. It is likely that the lower accumulation of $CD24^{hi}$ SPs may be

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Figure 9. N-Acetyl cysteine (NAC) treatment reduces the serum glucocorticoid (GC) amounts in infected mice. BALB/c mice were either infected with Salmonella Typhimurium or intraperitoneally injected with lipopolysaccharide (LPS). After 16 and 32 hr, the mice were provided with either phosphate-buffered saline (– NAC) or NAC (+ NAC) by oral gavage. On days 4–5 after infection or treatment, the mice were killed and blood was collected by cardiac puncture. The (a) tumour necrosis factor- α (TNF- α), (b) interleukin-6 (IL-6), (c) interferon- γ (IFN- γ) and (d) cortisol amounts in the sera were quantified by ELISA. Data are shown as mean \pm SEM of five to eight mice per group. The statistical significance among the experimental groups was calculated by the two-tailed Mann–Whitney test, *P ≤ 0.05, **P ≤ 0.01 and ns: not significant. The statistical significances denoted on the experimental groups are in comparison with the UT group.

due to the comparatively reduced amounts of infectioninduced IFN- γ produced in BALB/c mice. Note that there are no major distinctions in the cortisol amounts between C57BL/6 and BALB/c mice²³ (Fig. 9d). Clearly, there are some differences in infection-induced thymic atrophy in the two mouse strains, C57BL/6 and BALB/c, which are tabulated in the Supplementary material (Table S1). LPS did not show any effects on $CDS⁺$ SP cells, whereas $CD4⁺$ SP were lowered. Both Eto and Dex reduced the number of SP thymocytes. The depletion of $CD8⁺$ SPs was the least (Figs 5 and 6), which is in accordance with the estimated proliferation rates of the $CD4^+$ and $CD8^+$ SP cells, namely, 46.3% and 27%, respectively.⁵²

Thymic atrophy can result due to the direct effects of pathogens (e.g. HIV on $CD4^+$ T cells) or compounds. Alternatively, it can be due to the induction of host factors, e.g. hormones, cytokines, signalling proteins, ROS, etc., during infection or inflammatory conditions.^{6,7} In vitro

studies clearly demonstrated that Eto and Dex, at low concentrations, directly lowered the survival of thymocytes (see Supplementary material, Fig. S1), whereas the effects during infection^{5,23} or LPS⁷ were most likely due to hostinduced factors. One of the host-induced factors is the generation of ROS. The involvement of ROS in thymic atrophy is well documented and the supplementation of ROS quenchers or inhibitors is successful in reducing the extent of atrophy during ageing, $31,33$ viral infection³² and tumour growth³⁰ in mice. Antioxidants such as NAC and vitamin C have been successful in increasing the survival and numbers of CD4⁺ T cells in the periphery of HIV patients. In addition, vitamin C has also resulted in the reduction of HIV RNA plasma levels and greater lymphocyte proliferation.⁵³ However, the direct roles of ROS in thymic atrophy during bacterial infections and LPS treatment and its effects on the distinct subpopulations have not been studied hitherto. Copper chelators inhibit Eto- as well as Dex-induced

Figure 10. The thymocyte subpopulations are selectively depleted during different modes of thymic atrophy. Salmonella Typhimurium, lipopolysaccharide (LPS), etoposide (Eto) and dexamethasone (Dex) induce severe thymic atrophy in BALB/c mice. LPS and Eto depletes all the major thymocyte subsets, S. Typhimurium specifically reduces the double-negative (DN) $(CD4-CD8^-)$, immature single-positive (ISP) $(CD4 - CD8 + CD3^{lo} CD24^{hi})$ and double-positive (DP) $(CD4^+$ $CD8^+$) cells, Dex decreases the DP and SP $(CD4^+$ $CD8^-$ / CD4⁻ CD8⁺) cells. Eto- and Dex-induced thymic atrophy are reactive oxygen species (ROS) -independent (red lines), while S. Typhimurium- and LPS-induced thymic atrophy are ROS-dependent (blue lines).

thymocyte apoptosis in vitro, most likely through the inhibition of copper-mediated Fenton reactions.⁵⁴ During Dexmediated thymic atrophy, thymocyte apoptosis occurs due to increased mitochondria-derived hydrogen peroxide and the antioxidant, NAC reduces cell death in vitro and in vivo.⁵⁵ In our study, S. Typhimurium- and LPS-induced thymic atrophy (both inflammatory models) were observed to be ROS-dependent (Fig. 7). Of note, NAC did reduce infection-induced cortisol amounts (Fig. 9d). Further studies are required to understand the mechanisms involved in the NAC-mediated increase in survival of thymic subsets during infection- and LPS-induced thymic atrophy.

Overall, there are two important points from this study. First, thymic subpopulations are differentially affected during various modes of atrophy. Some treatments (LPS and Eto) target all the major thymocyte subpopulations for depletion, but others (ST and Dex) display selectivity (Fig. 10). Second, it is unlikely that generic thymopoietic molecules that target the oxidative stress pathway will be effective against all modes of thymic atrophy. These results call for screening of molecules that will be effective against selective conditions of thymic atrophy, e.g. infections, transplantation, stress, etc. The study of the thymocyte subpopulations during atrophy

Differences in subsets during thymic atrophy

will facilitate the identification of superior thymopoietic molecules which may, in turn, boost the thymic output and aid in T-cell reconstitution under distinct conditions.

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Disclosure

The authors declare no conflict of interest.

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Supporting Information

Additional Supporting Information may be found online in the Supporting Information section at the end of the article:

Figure S1. Dexamethasone and etoposide, at low concentrations, directly induce in vitro thymocyte death. Thymocytes from 6- to 8-week-old male BALB/c mice were obtained and seeded at a density of 500 000 cells per well in 96-well U-bottomed plates.

Figure S2. N-Acetyl cysteine (NAC) administration rescues the depletion of double-negative and double positive thymocytes during Salmonella Typhimurium- and lipopolysaccharide-mediated thymic atrophy.

Figure S3. The double-negative and double-positive subsets are rescued after N-acetyl cysteine treatment during infection and lipopolysaccharide-induced thymic atrophy.

Figure S4. Depletion of immature single-positive cells during infection- and lipopolysaccharide-induced thymic atrophy is reactive oxygen species-dependent.

Table S1. Comparison of the significant changes occurring in the thymi of the two mouse strains, C57BL/6 and BALB/c after Salmonella Typhimurium infection.