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## The DNA modification N6-methyl-2'-deoxyadenosine (m6dA) drives activity-induced gene expression and is required for fear extinction

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### Data Availability:

All sequencing raw fastq files have been deposited at the Sequence Read Archive (accession SRP110529) and BioProject (accession PRJNA391201).

### Accession Codes:

All customized code is free accessible at Github for download. Github link is below:

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## Abstract

DNA modification is known to regulate experience-dependent gene expression. However, beyond cytosine methylation and its oxidated derivatives, very little is known about the functional importance of chemical modifications on other nucleobases in the brain. Here we report that in adult mice trained in fear extinction the DNA modification N6-methyl-2'-deoxyadenosine (m6dA) accumulates along promoters and coding sequences in activated prefrontal cortical neurons. The deposition of m6dA is associated with increased genome-wide occupancy of the mammalian m6dA methyltransferase, N6amt1, and this correlates with extinction-induced gene expression. The accumulation of m6dA is associated with transcriptional activation at the brain-derived neurotrophic factor (Bdnf) P4 promoter, which is required for Bdnf exon IV mRNA expression and for the extinction of conditioned fear. These results expand the scope of DNA modifications in the adult brain and highlight changes in m6dA as an epigenetic mechanism associated with activity-induced gene expression and the formation of fear extinction memory.

## Keywords

m6dA; Bdnf; DNA modification; extinction; memory; prefrontal cortex

## Introduction

In recent years, the understanding of neural plasticity, learning, and memory has been advanced by the demonstration that various epigenetic processes are involved in the regulation of experience-dependent gene expression in the adult brain<sup>1</sup>, and are critically involved in various forms of learning as well as the formation of fear extinction memory<sup>2,3</sup>. DNA methylation, once considered static and restricted to directing cellular lineage specificity during early development, is now recognized as being highly dynamic and reversible across the lifespan<sup>4-6</sup>. Although more than 20 DNA modifications have been identified<sup>7</sup>, nearly all research aimed at elucidating the role of this epigenetic mechanism in the brain has focused on either 5-methylcytosine (5mC) or the recently rediscovered 5-hydroxymethylcytosine (5hmC), which is a functionally distinct oxidated derivative of 5mC<sup>8-10</sup>. 5mC and 5hmC are highly prevalent in neurons relative to other cell types<sup>8,11</sup>, and both modifications are regulated in response to learning under a variety of conditions, including the extinction of conditioned fear<sup>2,12,13</sup>.

Beyond 5mC and 5hmC, N6-methyl-2'-deoxyadenosine (m6dA) is the most abundant DNA modification in prokaryotes where, in bacteria, m6dA regulates replication, transcription, and transposition<sup>14</sup>. Until recently, m6dA had only been detected in unicellular eukaryotes<sup>15,16</sup>; however, due to significant technological improvements, it has now been shown to accumulate in a variety of eukaryotic genomes. For example, in *Chlamydomonas reinhardtii*, m6dA is deposited at the transcription start site (TSS) and is associated with increased gene expression<sup>17</sup> and, in *Drosophila*, the level of m6dA increases across development and is enriched within transposable elements<sup>18</sup>. Furthermore, m6dA appears to

be involved in reproductive viability and is associated with transgenerational mitochondrial stress adaptation in *Caenorhododitis elegans*<sup>37</sup>. These observations have led to speculation that m6dA may play an important role in the regulation of gene expression across the lifespan. Several recent studies have extended these findings with the demonstration that m6dA is not only present in the mammalian genome<sup>20–23</sup>, but is also highly dynamic and negatively correlates with LINE retrotransposon activity in both embryonic stem cells and in the brain of adult C57/Bl6 mice following exposure to chronic stress<sup>19,20</sup>. m6dA has also recently been shown to be enriched in gene bodies where it is positively associated with gene expression in human cell lines<sup>20</sup>, yet little is known about the functional relevance of m6dA in specific neuronal populations in the mammalian brain, and a role for m6dA in the gene expression underlying learning and memory has yet to be reported.

The inhibition of learned fear is an evolutionarily conserved behavioral adaptation that is essential for survival. This process, known as fear extinction, involves the rapid reversal of the memory of previously learned contingencies, and depends on gene expression in various brain regions, including the infralimbic prefrontal cortex (ILPFC). The paradigm of fear extinction has long been recognized as an invaluable tool for investigating the neural mechanisms of emotional learning and memory, and the important contribution of the ILPFC to extinction has been demonstrated. A variety of epigenetic mechanisms in the ILPFC have been implicated in the extinction of conditioned fear<sup>2,3,22</sup> and this behavioral model provides a robust means of interrogating the role of epigenetic mechanisms in a critically important memory process. We therefore set out to explore the role of m6dA within the ILPFC and to elucidate whether it is involved in fear extinction.

## Results

### **m6dA is dynamically regulated in response to neuronal activation.**

m6dA has recently been shown to be positively associated with transcription in lower eukaryotes<sup>17</sup> and humans<sup>22</sup>. We therefore hypothesized that m6dA may also be fundamental for governing activity-induced gene expression in differentiated neurons and in the adult brain. Three orthogonal approaches were used to establish the presence and dynamic nature of m6dA in cortical neurons (Fig. 1A). First, evidence was found in favor of m6dA as a modified base in neuronal DNA using a gel shift assay on genomic DNA derived from primary cortical neurons that had been treated with DpnI, a bacterially-derived restriction enzyme which cuts double-stranded DNA specifically at methylated adenines, and predominantly within the GATC motif<sup>17,23</sup> (Fig. 1B & Sppl.Info.Fig. 1A). We then performed liquid chromatography-tandem mass spectrometry (LC-MS/MS) to quantify the global level of m6dA within cortical neurons in response to neural activity. A standard KCl-induced depolarization protocol was used to induce neuronal activity *in vitro*<sup>24</sup>, and a significant accumulation of m6dA was observed (Fig. 1C & Sppl.Info.Fig. 1B). Finally, an immunoblot using an antibody that recognizes m6dA was used to verify the presence of m6dA following neuronal activation, again revealing a significant increase in m6dA (Fig. 1D). Together, these data demonstrate that m6dA is both a prevalent and inducible DNA modification in primary cortical neurons, findings which are in agreement with recent

studies showing that m6dA is an abundant DNA modification in the mammalian genome<sup>25</sup>, is responsive to stress<sup>20</sup>, and is dynamically regulated in human disease states<sup>26</sup>.

### **m6dA accumulates in the adult brain in response to extinction learning.**

Using activity-regulated cytoskeleton-associated protein (Arc) and a neuronal nuclear marker (NeuN) as tags for whole-cell fluorescence-activated cell sorting (FACS), we next enriched for a specific population of neurons in the mouse ILPFC that had been selectively activated by extinction learning (Suppl. Fig. 1A-C). The DpnI-seq approach<sup>27</sup> was then used to map the extinction learning-induced genome-wide accumulation of m6dA at single base resolution, *in vivo*. As expected, we found that the majority of m6dA sites cleaved by DpnI contain the motif GATC (Suppl. Fig. 2A-B), which is in line with previous reports<sup>28,29</sup>. Specifically, 2,033,704 G(m6dA)TC sites common to both extinction-trained and retention control groups were detected, with 306,207 sites unique to the extinction training group and 212,326 sites unique to the retention control group (Fig. 2A). Overall, this represents 0.16% of total adenines and, remarkably, 30.49% of all GATCs in the mouse genome. This is significantly more than a recent estimate of m6dA in human DNA derived from cell lines<sup>19</sup> where the predominant motif was [G/CAGG[C/T], and almost an order of magnitude larger than the estimate of differential m6dA regions in DNA derived from the mouse prefrontal cortex following exposure to chronic stress as assessed by m6dA-immunoprecipitation-seq<sup>20</sup>; a discrepancy likely due to differences in the specific neuronal populations being investigated and the fact that DpnI-seq is more sensitive than m6dA DIP-seq owing to its ability to provide information at base resolution. Alternating GATC sequences are abundant in eukaryotic DNA, and have been estimated to account for nearly 0.5% of the total mammalian genome<sup>30,31</sup> and, interestingly, the GATC motif is frequently located at promoter regions where it has been shown to be directly associated with gene regulation<sup>32–34</sup>. Our data add to these observations and are the first to demonstrate that m6dA accumulates in neurons that have been selectively activated by fear extinction learning, further suggesting that the dynamic accumulation of G(m6dA)TC may serve a critically important functional role in the epigenetic regulation of experience-dependent gene expression in the adult brain.

It has been shown that chronic stress leads to the accumulation of m6dA within LINE1 elements in the adult prefrontal cortex<sup>21</sup>. Based on this observation, we next examined whether extinction learning-induced m6dA in activated neurons also overlaps with repeat elements across the genome, but found no relationship between the two (Fig. 2B). On the contrary, there was a significant effect of fear extinction learning on the accumulation of m6dA within the promoter, 5'-UTR and coding regions (*CDS*) (Fig. 2C). These findings are in accordance with previous studies identifying gene promoters and the *TSS* as critical sites for the dynamic accumulation of m6dA<sup>17,18,27</sup>, as well as the recent discovery of m6dA within coding regions of mammalian DNA<sup>25</sup>. A closer examination of the pattern of m6dA revealed a highly significant increase in the accumulation of m6dA at a site +1bp downstream of the *TSS* (Fig. 2D) and a sharp increase in m6dA deposition +4bp from the start codon (Fig. 2E). We also detected a significant difference in the experience-dependent accumulation of m6dA between extinction-trained mice and retention controls (Fig. 2F). From a total of 2839 differentially methylated m6dA sites, 1774 GATC sites were specific to

extinction, and a gene ontology analysis revealed that the most significant cluster specific to the extinction group was for “synapse” (Fig. 2G), with the top synapse-related genes that exhibited a significant accumulation of m6dA in response to extinction learning having previously been shown to be involved in learning and memory (Fig. 2H). Several of these candidates, including *Bdnf*, *Homer2*, *Gabbr3*, *Gabbrd* and *Rab3a* were selected for validation. With the exception of the *Homer2* locus, we confirmed the Dpn1-seq data in an independent biological cohort by m6dA antibody capture followed by quantitative PCR (qPCR) from gDNA derived from total prefrontal cortex. (Fig 5A & Suppl. Fig. 3). In a second independent biological cohort, we used DpnI treatment followed by qPCR, which is represented by a reduced PCR signal when there is more m6dA at a given locus. We found that a fear extinction learning-induced accumulation of m6dA occurred at each of the selected candidate gene loci, including *Homer2*, but only within neurons that had been selectively activated by extinction training, and not within quiescent neurons derived from the same brain region and from the same animals (Suppl. Fig. 4A-J). These data strongly suggest that extinction learning-induced m6dA accumulation is cell-type specific and this occurs in a highly state-dependent manner.

To further investigate the relationship between the dynamic accumulation of m6dA and cell type-specific gene expression, RNA-seq was performed on RNA derived from activated and quiescent neurons immediately following fear extinction training. As expected, there was a general increase in gene expression within activated neurons, but not in quiescent neurons derived from the same brain region (Fig. 3A). A gene ontology analysis on extinction learning-induced genes again revealed significant extinction learning-related gene clusters, including “synapse”, “dendrite”, and “postsynaptic membrane” (Fig. 3B), with a positive correlation between the accumulation of m6dA and gene expression within neurons selectively activated by fear extinction learning (Fig. 3C).

### ***N6amt1* expression is activity-dependent and its deposition is associated with extinction learning-induced changes in m6dA.**

N6-adenine-specific DNA methyltransferase 1 (*N6amt1*) was originally described as a mammalian ortholog of the yeast adenine methyltransferase *MTQ2*. Homologs of *N6amt1* have been shown to methylate N6-adenine in bacterial DNA<sup>35</sup>, and mammalian *N6amt1* has been shown to be a glutamine-specific protein methyltransferase<sup>36</sup>. *N6amt1* is expressed in the mouse neocortex (<http://mouse.brain-map.org/experiment/show?id=1234>), as is *N6amt2*, with which it shares a highly conserved methyltransferase domain (<http://mouse.brain-map.org/experiment/show?id=69837159>). In order to obtain deeper insight into the underlying mechanism by which m6dA accumulates in the mammalian genome and regulates gene expression, we first examined the expression of *N6amt1* and *N6amt2* in primary cortical neurons *in vitro* and in the adult prefrontal cortex in response to fear extinction learning. *N6amt1* exhibited a significant increase in mRNA expression in primary cortical neurons in response to KCl-induced depolarization (Suppl. Fig. 5A), whereas there was no effect on *N6amt2* (Suppl. Fig. 5B). We next sought to determine whether the effects observed in primary cortical neurons also occur in the adult brain by examining *N6amt1* and *N6amt2* mRNA expression in the ILPFC in extinction-trained mice relative to retention controls. Similar to the effect of KCl-induced depolarization on m6dA accumulation and

*N6amt1* gene expression *in vitro*, fear extinction training led to a significant increase in *N6amt1* mRNA expression in the ILPFC (Fig. 4A), again with no detectable change in *N6amt2* (Fig. 4B). Moreover, there was also a concomitant increase in *N6amt1* protein expression in the ILPFC (Fig. 4C & Sppl.Info.Fig. 1C) with no effect on the level of *N6amt2* (Fig. 4D & Sppl.Info.Fig. 1D). Critically, the expression of *N6amt1* was not induced in the ILPFC of mice that had received unpaired tone shock exposures during fear conditioning (pseudoconditioned) followed by strong extinction training (Suppl. Fig. 6A), suggesting that *N6amt1* expression is engaged by extinction training and that it is a potentially important epigenetic modifier mediating the accumulation of m6dA in the adult brain in response to fear extinction learning.

To extend our understanding of the role of *N6amt1* in fear extinction, we performed *N6amt1* chromatin immunoprecipitation sequencing (ChIP-seq) on samples derived from the ILPFC of fear extinction-trained mice. We found that although *N6amt1* occupancy was equally distributed across genome (Fig. 4E), there was a significant increase in *N6amt1* occupancy around gene promoters and 5'UTR in response to fear extinction learning (Fig. 4F). We have found 995 genes that exhibit both *N6amt1* binding and accumulation of m6dA within +/- 500bp of the TSS, which represents over 72% of the total genes that have m6dA sites specific for fear extinction (Suppl. Table 1). In addition, by using a distance distribution plot, we have observed that *N6amt1* binding sites are proximal to m6dA sites in most genes (Fig. 4G). These findings imply a functional relationship between an extinction learning-induced increase in *N6amt1* occupancy and the accumulation of m6dA in the adult brain. However, the incomplete nature of the overlap between the two datasets suggests that there are yet to be identified epigenetic modifiers, which contribute to the dynamic accumulation of m6dA, and that these may be associated with other factors such as the temporal dynamics of *N6amt1* recruitment following learning. Indeed, recent work in *c. elegans* demonstrated that the m6dA methyltransferase (*DAMT-1*) is required for transgenerational mitochondrial stress adaptation and permissive for mitochondrial gene expression<sup>37</sup>. Importantly, knockout of *DAMT-1* did not effect global levels of m6dA, suggesting the existence of other adenine methyltransferases that could act in a cell type specific manner.

In an effort to establish a functional relationship between *N6amt1* and the accumulation of m6dA in neuronal DNA, we next performed an *N6amt1* overexpression experiment on primary cortical neurons, *in vitro*. Compared with a scrambled control, there was a global increase in m6dA within the cells that overexpressed the full length *N6amt1* (Suppl. Fig. 7A, B & Sppl.Info.Fig. 1E, F). Moreover, by knocking down *N6amt1* *in vitro*, we observed a reduction in the accumulation of m6dA (Suppl. Fig. 7C, D & Sppl.Info.Fig. 1G, H). These findings are in agreement with the recent demonstration of catalytically active *N6amt1* in mammalian DNA, which was shown to be necessary for the conversion of adenine to m6dA under both synthetic conditions and in human cell lines<sup>25</sup>. Importantly, in that study, *N6amt1* had no effect on the accumulation of RNA m6A, therefore confirming a functional role for *N6amt1* as a *bona fide* mammalian DNA adenine methyltransferase. In contrast, Xie et al<sup>26</sup> did not detect *N6amt1* methyltransferase activity on DNA derived from glioblastoma cells, further suggestive of the possibility of a cell-type-specific role for *N6amt1* that may rely on, yet to be identified, epigenetic cofactors.

## Extinction learning-induced N6amt1-mediated accumulation of m6dA drives Bdnf exon IV mRNA expression in the ILPFC.

Bdnf is the most widely expressed inducible neurotrophic factor in the central nervous system<sup>38</sup>, and is directly involved in extinction-related learning and memory<sup>39</sup>. In the adult brain, the accumulation of 5mC within Bdnf gene promoters is altered by experience<sup>40</sup>, and this epigenetic mechanism is necessary for the regulation of gene expression underlying remote memory<sup>12</sup>. The Bdnf locus comprises at least eight homologous noncoding exons that contribute to alternate 5'-UTRs, and a ninth that contributes a protein coding sequence and 3'-UTR. The complex structure of this genomic locus has led to the idea that Bdnf mRNA expression may be driven by DNA modifications that guide distinct sets of transcription factor complexes to initiate the transcription of the various isoforms<sup>41</sup>, all of which could be important for learning and memory. This is supported by the fact that exon IV is highly activity-dependent and plays a direct role in the formation of fear extinction memory<sup>22,42</sup>.

There was a highly specific accumulation of m6dA at a GATC site immediately downstream of the TSS of the BdnfP4 promoter in fear extinction-trained mice; an effect not observed in pseudoconditioned control mice (Fig. 5A & Suppl. Figs. 4A, 6B). DNA immunoprecipitation analysis using an m6dA-specific antibody confirmed that extinction training led to an increase of m6dA at this locus and that this signal could be detected within a mixed homogenate derived from the ILPFC of extinction-trained mice (Fig. 5A). Adjacent to this GATC site, there is N6amt1 binding site (Suppl. Table 1), supporting the idea that the accumulation of m6dA is mediated by N6amt1. To further investigate this possibility, we used chromatin immunoprecipitation followed by qPCR (chIP-qPCR) to detect occupancy of N6amt1 at this genomic locus following extinction training. We found an increase in N6amt1 occupancy at this genomic locus in extinction trained (Fig. 5B) but not pseudoconditioned control mice (Suppl Fig. 6C), which further suggests an intimate relationship between extinction learning-induced N6amt1 occupancy and the accumulation of m6dA. This is the only GATC site found within 500bp of the TSS of Bdnf exon IV, which again suggests a high level of selectivity with respect to where and when m6dA dynamically accumulates in the genome in response to extinction training. To reveal the chromatin status, we applied formaldehyde-assisted isolation of regulatory elements (FAIRE) following qPCR<sup>43</sup> and found increased activity at this m6dA-modified GATC site (Fig. 5C), which when considered in conjunction with the deposition of H3K4<sup>me3</sup> (Fig. 5D), further suggests a functionally relevant relationship between m6dA and the induction of an open chromatin state. There is a consensus sequence for the activating transcription factor Yin-Yang (YY1)<sup>21</sup> adjacent to the m6dA site and fear extinction learning led to a significant increase in the recruitment of YY1 (Fig. 5E) as well as elements of the transcriptional machinery, including TFIIB (Fig. 5F) and Pol II (Fig. 5G). The activity-induced changes in N6amt1 occupancy, m6dA accumulation and related effects on the local chromatin landscape and transcriptional machinery strongly correlated with increased Bdnf exon IV mRNA expression specifically in response to fear extinction training (Fig. 5H), with no effect of extinction training on Bdnf exon IV mRNA expression in pseudoconditioned control mice (Suppl. Fig. 6D). There was also no effect in IgG controls (Suppl. Fig. 8A-F), at a distal GATC motif located 1000bp upstream of TSS (Suppl. Fig. 9A-F), or proximal to TSS in the BdnfP1 promoter (Suppl.

Fig. 10A-H). The proximal promoter region of another plasticity-related gene, *Rab3a*, also exhibited a pattern of epigenetic modification similar to that of *Bdnf*P4, and a subsequent increase in gene expression in response to fear extinction learning (Supp Fig. 11A-F), which further implies a generalized role for m6dA in the epigenetic regulation of experience-dependent gene expression in the adult brain.

### ***N6amt1*-mediated accumulation of m6dA is associated with increased gene expression and the formation of fear extinction memory.**

Having established a relationship between the fear extinction learning-induced accumulation of m6dA and the regulation of *Bdnf* exon IV mRNA expression *in vivo*, we next investigated whether lentiviral-mediated knockdown of *N6amt1* in the ILPFC affects the formation of fear extinction memory. We first validated the efficiency of the knockdown construct *in vivo*, which showed excellent transfection efficiency and a reliable decrease in *N6amt1* mRNA expression within viral-infected neurons after infused directly into the ILPFC prior to behavioral training (Fig. 6A, B & Suppl. Fig.12). There was no effect of *N6amt1* shRNA on within-session performance during the first 15 conditioned stimulus (CS) exposures during fear extinction training (Fig. 6C, D), and there was no effect of *N6amt1* shRNA on fear expression in mice that had been fear conditioned and exposed to a novel context without extinction training (Fig. 6E, left). However, there was a highly significant impairment in fear extinction memory in mice that had been extinction trained in the presence of *N6amt1* shRNA (Fig. 6E, right). Infusion of *N6amt1* shRNA into the prelimbic region of the prefrontal cortex, a brain region immediately dorsal to the ILPFC, had no effect on extinction memory (Suppl. Fig. 13A-C). These data imply a critical role for the *N6amt1*-mediated accumulation of m6dA in the ILPFC in regulating the formation of fear extinction memory as opposed to generalized negative effects on fear-related learning and memory.

In order to draw stronger conclusions about the relationship between m6dA *Bdnf* mRNA expression and extinction memory, we next asked whether a direct application of recombinant *Bdnf* into the ILPFC prior to extinction training could rescue the impairment of extinction memory associated with *N6amt1* knockdown. In the presence of *N6amt1* shRNA, *Bdnf*-treated mice exhibited a significant reduction in freezing relative to saline-infused mice during extinction training (Fig. 6F-H), which implies a causal relationship between *N6amt1*-mediated accumulation of m6dA, *Bdnf* exon IV expression, and the formation of fear extinction memory. With respect to the epigenetic landscape and transcriptional machinery surrounding the *Bdnf*P4 promoter, knockdown of *N6amt1* prevented the fear extinction learning-induced increase in *N6amt1* expression (Suppl. Fig.14), occupancy (Fig. 7A) and the accumulation of m6dA (Fig. 7B). *N6amt1* knockdown also blocked the fear extinction learning-induced change in chromatin state (Fig 7C), as well as the previously observed increases in H3K4<sup>me3</sup> (Fig. 7D), *YY1* (Fig. 7E), *TFIIB* (Fig. 7F) and *Pol II* (Fig. 7G) recruitment to the *Bdnf* P4 promoter. Finally, *N6amt1* knockdown prevented the fear extinction learning-induced increase in *Bdnf* exon IV mRNA expression (Fig. 7H). Taken together, these findings indicate that, in the ILPFC, the dynamic, learning-induced accumulation of m6dA is necessary for the epigenetic regulation of experience-dependent *Bdnf* exon IV expression and is critically involved in the formation of fear extinction memory.



## Discussion

Although more than 20 different base modifications are known to occur in DNA<sup>7</sup>, only 5mC and 5hmC have been studied in any detail within the adult brain. Here we provide the first evidence that the learning-induced accumulation of m6dA in post-mitotic neurons is associated with an increase in gene expression and required for the formation of fear extinction memory. m6dA has emerged as a functionally relevant DNA modification that is commonly found in bacterial DNA and lower eukaryotes<sup>15,16,28,29,44,45</sup>. m6dA is abundant in the mammalian genome<sup>21,22,25</sup> and its accumulation in the prefrontal cortex is associated with chronic stress<sup>20</sup>. We have now extended these observations and provide strong evidence for a global induction of m6dA in response to neuronal activation, which is accompanied by an activity-dependent increase in the expression of the m6dA methyltransferase *N6amt1*. This is critically involved in the extinction learning-induced accumulation of m6dA at the *Bdnf*P4 promoter and in the extinction of conditioned fear. Strikingly, the effect of experience on m6dA accumulation occurs only in neurons that have been activated by training and not in quiescent neurons from the same brain region. These data therefore suggest that neurons employ m6dA as an epigenetic regulatory mechanism that is engaged specifically under activity-induced conditions, and that this is mediated by the action of *N6amt1*. Whether m6dA has similar regulatory control over experience-dependent gene expression in other cell types and in other regions of the brain remains to be determined.

As indicated, overexpression of *N6amt1* led to a global increase in m6dA within primary cortical neurons and led to a positive correlation between *N6amt1* occupancy and the level of m6dA, similar to the recent demonstration of catalytically active *N6amt1* mediating the accumulation of m6dA in human DNA<sup>25</sup>. However, as indicated by our genome-wide profiling study, *N6amt1* did not show complete overlap with sites of extinction learning-induced m6dA accumulation within gene promoters. Therefore, it is likely that, in order to confer temporally regulated changes in the accumulation of m6dA in cortical neurons, *N6amt1* must also work in complex with other factors. Future studies will determine the full repertoire of proteins and RNA that are required to direct *N6amt1* to sites of action on DNA in an experience- or activity-dependent manner.

It is noteworthy that the fear extinction learning-induced accumulation of m6dA was prominent not only around the *TSS*, but also along the *CDS*, which shows a similar pattern in the human genome<sup>25</sup>. Interestingly, previous work has shown that m6dA is associated with *Pol II* transcribed genes<sup>46</sup> and the accumulation of m6dA in exons positively correlates with gene transcription<sup>25</sup>. Together with our data, these findings suggest that m6dA may play an important role in initiating transcription by promoting an active chromatin state and, with the recruitment of *Pol II*, may contribute to the efficiency of *Pol II* read-through along the gene body. Interestingly, we found that highly expressed genes tend to have more m6dA within their promoter region. m6dA has also been shown to overlap with nucleosome-free regions<sup>17</sup>, which serves to facilitate transcription elongation. This suggests an essential role for the deposition of m6dA along the *CDS* in regulating learning-induced transcriptional processes, which is required for the underlying changes in gene expression that accompany the formation of fear extinction memory. Future studies will examine the direct relationship

between the dynamic accumulation of m6dA and DNA structure states, and their influence on gene expression and on other forms of learning and memory.

Our data indicate that there is positive relationship between the accumulation of m6dA and gene expression within neurons in ILPFC that have been activated by extinction learning. Moreover, we have discovered that activity-induced expression of *Bdnf* exon IV within the ILPFC following behavioral training is functionally related to an *N6amt1*-mediated increase in the accumulation of m6dA at the *Bdnf*P4 promoter. This is associated with an open chromatin structure as well as the presence of H3K4<sup>me3</sup>, an epigenetic mark that reflects an active chromatin state. It is also accompanied by increased recruitment of the transcription factors *YY1* and *TFIIB*, as well *Pol II*, to the same locus. Thus, these findings demonstrate that the accumulation of m6dA surrounding the TSS of the *Bdnf*P4 promoter drives activity-induced and experience-dependent exon IV mRNA expression. Recent studies in whole-cell homogenates have indicated a repressive function of m6dA accumulation under stress in rodents and in human embryonic stem cells and in glioblastoma<sup>20,26,47</sup>, which is in stark contrast to our finding of a permissive role for m6dA accumulation and experience-dependent gene expression. We have previously found that the pattern of 5mC within the adult brain differs in neurons and non-neuronal cells and that 5hmC exhibits a dramatic redistribution in the adult ILPFC in response to fear extinction learning<sup>2,48</sup>. Together, these lines of evidence suggest that learning-induced changes in DNA modification may be both dynamic and cell-type specific, with the current findings supporting this conclusion. Our findings on a positive relationship between m6dA and gene expression are also supported by the recent discovery of a mitochondrial specific adenine methyltransferase that is required for mitochondrial stress adaptation and which drives mitochondrial gene expression<sup>37</sup>. Thus, the context- and state-dependent role of m6dA in specific cell types deserves further consideration as an important epigenetic mechanism of experience-dependent gene regulation, and future studies will expand this analysis in the brain in response to different forms of learning and memory.

In summary, we have shown that the *N6amt1*-mediated accumulation of m6dA is dynamically regulated in the mammalian genome and its deposition drives activity-induced *Bdnf* exon IV mRNA expression and is required for the extinction of conditioned fear. Our findings suggest a model where, in selectively activated neurons in the adult brain, the accumulation of m6dA serves as a permissive epigenetic signal for the regulation of activity- or learning-induced gene expression (Suppl. Fig. 15). These results expand the scope of experience-dependent DNA modifications in the brain and strongly indicate that the information-processing capacity of DNA in post-mitotic neurons is far more complex than current perspectives generally appreciate. We predict that a large number of functional modifications on all four canonical nucleobases, with diverse roles in the epigenetic regulation of experience-dependent gene expression, learning and memory, remain to be discovered.

## Materials and Methods

### Mice:

Male C57BL/6 mice (10–14 weeks old) were housed four per cage, maintained on a 12hr light/dark time schedule, and allowed free access to food and water. All testing took place during the light phase in red-light-illuminated testing rooms following protocols approved by the Institutional Animal Care and Use Committee of the University of California, Irvine and by the Animal Ethics Committee of The University of Queensland. Animal experiments were carried out in accordance with the Australian Code for the Care and Use of Animals for Scientific Purposes (8th edition, revised 2013).

### DNA/RNA extraction:

Tissue derived from the ILPFC of retention control (RC) or extinction (EXT) trained mice was homogenized by Dounce tissue grinder in 500  $\mu$ l cold 1X PBS (Gibco). 400  $\mu$ l of homogenate was used for DNA extraction, and 100  $\mu$ l was used for RNA extraction. DNA extraction was carried out using DNeasy Blood & Tissue Kit (Qiagen) with RNase A (5 prime), RNase H and RNase T1 treatment (Invitrogen), and RNA was extracted using Trizol reagent (Invitrogen). Both extraction protocols were conducted according to the manufacturer's instructions. The concentration of DNA and RNA was measured by Qubit assay (Invitrogen).

### LC-MS/MS.

Genomic DNA was enzymatically hydrolyzed to deoxynucleosides by the addition of benzonase (25 U, Santa Cruz Biotech), nuclease P1 (0.1 U, Sigma-Aldrich), and alkaline phosphatase from *E.coli* (0.1 U, Sigma-Aldrich) in 10 mM ammonium acetate pH 6.0, 1 mM  $MgCl_2$ , and 0.1 mM erythro-9-(2-hydroxy-3-nonyl) adenine. After 40 min incubation at 40 °C 3 volumes of acetonitrile was added to the samples and centrifuged (16,000 g, 30 min, 4 °C). The supernatants were dried and dissolved in 50  $\mu$ l 5% methanol in water (v/v) for LCMS/MS analysis of modified and unmodified nucleosides. Chromatographic separation was performed on a Shimadzu Prominence HPLC system, for m6dA and unmodified deoxynucleosides by means of an Ascentis Express F5 150  $\times$  2.1 mm i.d. (2.7  $\mu$ m) column equipped with an Ascentis Express F5 12.5  $\times$  2.1 mm i.d. (2.7  $\mu$ m) guard column (Sigma-Aldrich). The mobile phase consisted of water and methanol (both containing 0.1 % formic acid), for m6dA, starting with a 4-min gradient of 5–50 % methanol, followed by 6 min re-equilibration with 5% methanol, and for unmodified deoxynucleosides maintaining isocratically with 30% methanol. The mobile phase consisted of 5 mM acetic acid and methanol, starting with a 3.5-min gradient of 5–70% methanol, followed by 4 min re-equilibration with 5% methanol. Mass spectrometry detection was performed using an API5500 triple quadrupole (AB Sciex) operating in positive electrospray ionization mode for m6dA and unmodified deoxynucleosides, or negative mode for m6dA.

### Dot blot:

Total DNA was diluted with 0.1 N NaOH (Sigma) into 2  $\mu$ l and spotted 2  $\mu$ l on a nitrocellulose membrane (BioRad). DNA was spotted on the membrane and followed by 10

min incubation at room temperature. DNA was hybridized to membrane using 15 min incubation at 80 °C. The membrane was blocked in blocking buffer (Licor) for 60 min. The membrane was then incubated with 1:1,000 dilution of m6A (Active Motif) at 4 °C overnight. After three rounds of washes with 1X TBST, the membrane was incubated with 1:15,000 goat anti-rabbit secondary antibody conjugated with AlexaFluor 680 (LiCOR). The membranes were then washed with 1X TBST and imaged, and the intensity score of each dot was analyzed by the Odyssey Fc system and normalized to background.

#### **qRT-PCR:**

Total RNA was used for cDNA synthesis using the PrimeScript Reverse Transcription Kit (Takara). Quantitative PCR was performed on a RotorGeneQ (Qiagen) cyler with SYBR-Green Master mix (Qiagen) using primers for target genes and for beta-actin as an internal control (Suppl. Table 1). All transcript levels were normalized to beta-actin mRNA using the CT method, and each PCR reaction was run in duplicate for each sample and repeated at least twice.

#### **DNA shearing:**

DNA and chromatin was sheared using m220 Ultra-sonicator (Covaris) with an average size about 300 bp. The program set as Peak Power: 50, Duty Factor: 20, Cycle/Burst: 200, Duration: 75 sec and Temperature: 18°C to 22°C.

#### **Chromatin immunoprecipitation:**

Chromatin immunoprecipitation (ChIP) was performed following modification of the Invitrogen ChIP kit protocol. Tissue was fixed in 1% formaldehyde and cross-linked cell lysates were sheared by Covaris in 1% SDS lysis buffer to generate chromatin fragments with an average length of 300bp by using Peak Power: 75, Duty Factor: 2, Cycle/Burst: 200, Duration: 900 Secs and temperature: between 5 °C to 9 °C. The chromatin was then immunoprecipitated using previously validated antibodies for H3K4me<sup>49</sup>, YY1<sup>50</sup>, TFIIIB<sup>51</sup> and RNA Pol II<sup>52</sup>. Also, an equivalent amount of normal rabbit IgG (Cell signaling) or mouse IgG (Santa Cruz) was used for non-specificity control. Antibody and sample mixtures were then incubated overnight at 4°C. Protein-DNA-antibody complexes were precipitated with protein G-magnetic beads (Invitrogen) for 1hr at 4°C, followed by three washes in low salt buffer, and three washes in high salt buffer. The precipitated protein-DNA complexes were eluted from the antibody with 1% SDS and 0.1 M NaHCO<sub>3</sub>, then incubated 4hr at 60°C in 200 mM NaCl to reverse the formaldehyde cross-link. Following proteinase K digestion, phenol-chloroform extraction, and ethanol precipitation, samples were subjected to qPCR using primers specific for 200 bp segments corresponding to the target regions. Samples that didn't reach data from IgG enrichment is excluded. Detailed antibody information is attached within Reporting Summary file.

#### **Dpnl-Seq:**

Frozen ILPFC tissues were homogenized and fixed with 1% methanol free PFA (Thermo) at room temperature for 5 mins. Final concentration of 0.125 mM of glycine was then added to stop fixation. The cells were then washed with 1X cold PBS for three times and the cell

suspension treated with DNaseI (Thermo) for 15 mins at 4 °C followed by 1ml of 1X cold PBS wash. The cell suspension was then blocked by using FACS blocking buffer (1X BSA, 1X normal Goat Serum and 1% TritonX) for 15 min at 4 °C with end-to-end rotation. After 15 min., the cell suspension was incubated with 1:150 dilution of pre-conjugated Arc antibody (Bioss) and 1:300 dilution of pre-conjugated NeuN antibody (Bioss) at 4°C for 1hr with an end to end rotation. Following incubation, two rounds of 1ml 1X cold PBS washes were applied. Then, the cell pellets were resuspended with 500µl of 1X cold PBS, and 1:2000 DAPI was added. FACS was performed on a BD FACSAriaII (BD Science). DNA was extracted from FACS sorted cells by phenol/chloroform. -seq library preparation was modified from a previously published protocol<sup>48</sup> and samples were sequenced on a HiSeq4000.

#### **FACS sorted RNA-seq:**

Tissue was dissociated with FACS lysis buffer (final concentration: 0.32M Sucrose, 10mM Tris – HCl pH8.0, 5mM CaCl<sub>2</sub>, 3mM Mg(acetate)<sub>2</sub>, 0.1mM EDTA, 1mM DTT, 0.3% Triton-X –100 and 100× PIC) into single cell suspension, then fixed with 1% formaldehyde for 5 mins, and stop by 0.125M Glycine. Then, cells were washed twice with cold 1xPBS to remove excess formaldehyde and glycine. After incubating with blocking buffer (Final concentration: 10% normal goat serum, 5% BSA, 0.1% Triton-X-100 and 1XPIC) for half-hour, cells were double-labeled with Arc antibody (Bioss) in 1:20000 dilution per million cell and NeuN antibody (Abcam) in 1:20000 per million cell, together with DAPI (ThermoFisher) in 1:2000. PBPT buffer was used for washing (twice each time) and resuspend into 500ul 1x PBS for FACS sorting. FACS was performed on a BD FACSArial (BD Science), and cells were sorted into lysis buffer from Arcturus PicoPure RNA isolation kit (Applied Biosystems). Then, RNA was isolated from sorted cells by Arcturus PicoPure RNA isolation kit (Applied Biosystems) following the manufacturers protocol. 5ng of total RNA per sample and SMRTer Stranded Total RNA-seq Kit v2 Pico Input Mammalian Components kit (Clontech) was used for RNA-seq library preparation following the manufacturers protocol. Sequencing was conducted at GENEWIZ (Suzhou, China) with 150pb Pair-End reads.

#### **N6amt1 ChIP-seq:**

N6amt1 ChIP was performed as previously described. After chromatin immunoprecipitation (using 4µg antibody), DNA was extracted by using the DNA clean & Concentrator kit (Zymo Research). 10ng of enriched DNA per sample and KAPA DNA HyperPrep kit (Roche) was used for ChIP-seq library preparation following the manufacturers protocol. The sequencing run was performed on the Illumina Nextseq platform within in the University of Queensland genome sequencing facility.

#### **Dpnl-seq Data analysis:**

Illumina pair-end sequencing data was aligned to the mouse reference genome (mm10) using BWA (v0.6.2)<sup>53</sup>. Samtools (v0.1.17)<sup>54</sup> was then used to convert “SAM” files to “BAM” files, sort and index the “BAM” files, and remove duplicate reads. Reads with low mapping quality (<20) or reads that were not properly paired-end aligned to the reference genome were excluded from the downstream analysis. These steps ensure that only high-quality

alignments were used for the analysis of DpnI cleavage sites (Suppl. Table 2). After alignment, we applied a similar approach that infers potential DpnI cleavage sites based on the position of 5' ends as described in a previous study<sup>27</sup>. Briefly, a binomial distribution model was assumed that each read could be randomly sheared and aligned to the genome with a probability  $p = 1/g_s$  ( $g_s$  = genome size) or cleaved by DpnI. For each individual sample, let  $n$  be the total number of reads. The  $P$  value of each genomic locus supported by  $x$  number of reads was calculated as  $C_n^x p^x (1-p)^{n-x}$ . Bonferroni correction was then applied for multiple testing correction. A genomic locus was determined as a real DpnI cleavage site if it satisfies the following criteria: i) the corrected  $P$  value  $< 0.01$  in at least 2 of the 3 biological replicates in one condition or both conditions, and ii) the locus is not in the mm10 empirical blacklists identified by the ENCODE consortium<sup>55</sup>.

The detected DpnI cleavage sites in each condition as well as merged data were used for motif analysis, separately. A DpnI cleaved “GATC” site was determined as a differentially methylated site between RC and EXT conditions if it satisfies i) the DpnI cleavage site are supported by at least two biological replicates in one condition (e.g. condition A) but at most one replicate in the other condition (e.g. condition B), ii) all three biological replicates in condition A should have 5' end(s) supporting the DpnI site, and iii) the number of 5' end supported reads in condition A is at least two-folds more than that in condition B. Genes with differentially methylated GATC sites near the TSS region ( $\pm 500$  bp) were parsed for GO enrichment analysis using DAVID (version 6.8)<sup>56,57</sup>.

#### **N6amt1 ChIP-Seq data analysis:**

We performed the paired-end reads alignment and filter using the same analysis workflow as described in DpnI-Seq data analysis. After removed duplicate reads, low mapping quality reads, and not properly paired-end aligned reads, MACS2 (version 2.1.1.20160309) was used to call peaks for each sample with the parameter setting “callpeak -t SAMPLE -c INPUT -f BAMPE --keep-dup=all -g mm -p 0.05 -B”. Peak summits identified by MACS2 from all samples were collected to generate a list of potential binding sites. Custom PERL script was then applied to parse the number of fragments (hereafter referred as counts) that cover the peak summit in each sample. Each pair of properly paired-end aligned reads covering the peak summit represents one count. The total counts in each sample were normalised to 20 million before comparison among samples. The potential binding sites were kept if they met all of the following conditions: i) the sites were not located in the mm10 empirical blacklists, and ii) the normalized counts in all three biological replicates in one group were larger than that in its input sample, and the normalized counts in at least 2 replicates were more than 2-folds larger than its normalized input count.

#### **RNA-Seq data analysis:**

Illumina paired-end reads were aligned to the mouse reference genome (mm10) using HISAT2 (version 2.0.5), with the parameter setting of “--no-unal --fr --known-splicesite-infile mm10\_splicesites.txt”. The “htseq-count” script in HTSeq package (v0.7.1) (<http://www-huber.embl.de/HTSeq>) was used to quantitate the gene expression level by generating a raw count table for each sample. Based on these raw count tables, edgeR (version 3.16.5) was adopted to perform the differential expression analysis between groups. EdgeR used a

trimmed mean of M-values to compute scale factors for library size normalization. Genes with counts per million (CPM) > 1 in at least 3 samples were kept for downstream analysis. We applied the quantile-adjusted conditional maximum likelihood (qCML) method to estimate dispersions and the quasi-likelihood F-test to determine differential expression. Differentially expressed genes between two groups were identified when FDR < 0.05. Gene ontology enrichment analysis for differentially expressed genes was performed using the functional annotation tool in DAVID Bioinformatics Resources (version 6.8)<sup>57,58</sup>.

#### **Determine distance from m6dA sites to N6amt1 sites:**

For each N6amt1 binding site (peak summit) locating in TSS +/- 500bp regions, we searched its nearby m6A sites and extracted the distance between the peak summit and its closest m6A site. The distribution plot shows that most N6amt1 binding sites have a nearby m6A site within 500bp, with 0–200 being the most abundant.

#### **m6dA MeDIP-DIP:**

1 µg of genomic DNA was diluted to 130 µl ultrapure water (Invitrogen) and sheared with an average size about 300bp prior to the capture. m6dA captured was performed using a m6dA antibody (Active Motif) to capture m6dA enriched genomic regions. The procedure was adapted from manufactory's protocol for Methyl DNA immunoprecipitation (Active motif). 500 ng of sheared DNA and 4 µg of m6dA antibody was used for each immunoprecipitation reaction and all selected targets (GATC site proximal BDNF P4: Chr2: 109692436–109692774; distal GATC site: Chr2: 109691953–109692103) were normalized to input DNA and then to their own controls by using the  $\Delta$ CT method, and each qPCR reaction was run in duplicate for each sample and repeated at least twice. Samples that didn't reach data from IgG enrichment is excluded.

#### **DpnI-qPCR:**

300 ng of sheared DNA was treated with 200 units of DpnI (NEB) for 16 hours at 37°C and followed by heat inactivation using 80 °C for 20 min. Treated DNA was then used in qPCR reactions. All selected targets were normalized to its own untreated control by using the  $\Delta$ CT method, and each PCR reaction was run in duplicate for each sample and repeated at least twice. A schema is included in figure 1B.

#### **FAIRE (Formaldehyde-Assisted Isolation of Regulatory Elements)-qPCR:**

The procedure was adapted from a previously published protocol<sup>11</sup>. ILPFC tissues were homogenized in 500ul of PBS. Molecular grade formaldehyde (16%, Thermofisher) was added directly to the cell suspension at room temperature (22–25°C) to a final concentration of 1% and incubated for 5min. Glycine was then added to a final concentration of 125mM for 5min at room temperature to stop fixation. Two rounds of PBS wash was performed and the cells were collected by centrifugation at 2000rpm for 4mins and stored at –80 °C. Fixed cell pellets was then treated with chIP lysis buffer as described above and samples sonicated using Covaris to generate chromatin fragments with an average length of 300bp (using Peak Power: 75, Duty Factor: 2, Cycle/Burst: 200, Duration: 900 Secs and temperature: between 5 °C to 9 °C). Cellular debris was cleared by spinning at 15,000 rpm for 10mins at 4°C.

DNA was isolated by adding an equal volume of phenol-chloroform (Sigma) and followed by vortex and spinning at 15,000 rpm 15mins at 4°C. The aqueous phase was isolated and stored in a fresh 1.5ml microcentrifuge tube. An additional 500ul of TE buffer was added to the organic phase, vortexed and centrifuged again at 15,000rpm for 15mins at 4°C. The aqueous phase was isolated and combined with the first aqueous fraction. Another phenol-chloroform extraction was performed on the pooled aqueous fractions to ensure that all protein was removed. The DNA was isolated by followed previous described DNA extraction procedures within chIP protocol. Input DNA isolation were performed as previously described. qPCR was performed using SYBR green master mix (Qiagen) on a Rotorgene platform (Qiagen). Relative enrichment of each target in the FAIRE-treated DNA was calculated based on untreated input DNA.

#### **N6amt1 knockdown constructs.**

Lentiviral plasmids were generated by inserting either N6amt1, N6amt2 shRNA or scrambled control fragments (supplementary table 1) immediately downstream of the human H1 promoter in a modified FG12 vector (FG12H1, derived from the FG12 vector originally provided by David Baltimore, CalTech) as previously described<sup>2</sup>. Lentivirus was prepared and maintained according to protocols approved by the Institutional Biosafety Committee at the University of California Irvine and the University of Queensland.

#### **N6amt1 over-expression lentiviral constructs.**

Lentiviral plasmids were generated by inserting a full mouse N6amt1 transcript cDNA with GFP from FUGW (addgene) backbone. First, a full length of n6amt1 cDNA was PCR amplified from N6amt1 (Myc-DDK-tagged) construct (Origene cDNA clone#MR227618). The forward primer is 5'-ATTCGTCGACTGGATCCGGT. The reverse primer is 5'-CCGAATTCGGCCGG CCGTTTAAACCTT. The PCR amplified fragments were inserted immediately downstream of the Ubiquitin C promoter of a lentiviral vector, FUIGW-K1. The original FUGW vector was used as an Empty vector control. Then, either N6amt1 over expression or control plasmid was co-transfected with lentiviral helper plasmids (pMDL, pVSVG and pREV) into HEK 293T cells with ~80% confluence. 4 hours later, Sodium butyrate was added to stimulate viral production. After two days incubations at 37°C and 5% CO<sub>2</sub>, virus were collected by ultracentrifugation. The titer was measured with Lenti-X Gostix (Clontech).

#### **Titration of Virus.**

4×10<sup>5</sup> 293T cells/well of a 6 well plate were plated the day before titration of virus. Next day, number of cells in each well were estimated by counting. Then, each virus was added 0.5, 1, 2 and 5ul per well and Incubated for 2–3 days. Percentage of cells expressing EGFP was used to calculate the virus titre by using following formula: % GFP positive cells X 1/ml of virus added to well X number of cells in well prior to infection = Infectious units (IU)/ml X 10<sup>3</sup> = IU/ml. Only virus that reached over 1X10<sup>8</sup> IU/ml was used within this study.



### **Cannulation surgery and lentiviral infusion.**

A double cannula (PlasticsOne) was implanted in the anterior posterior plane, +/- 30 degrees along the midline, into the ILPFC, a minimum of 3 days prior to viral infusion. The coordinates of the injection locations were centered at +1.80 mm in the anterior-posterior plane (AP), -2.7 mm in the dorsal-ventral plane (DV). For PLPFC cannulation surgery, the coordinates of the injection locations were centered at +1.80 mm in the anterior-posterior plane (AP), -2.0 mm in the dorsal-ventral plane (DV), and 0mm in the medial-lateral plane (ML). 1.0 ul of lentivirus was introduced bilaterally via 2 injections delivered within 48 hours. For knockdown experiments, mice were first fear conditioned, followed by 2 lentiviral infusions 24 hours post fear condition training, and after a one-week incubation; then, extinction trained. After training, viral spread was verified by immunohistochemistry according to a previously published protocol<sup>2</sup>.

### **Lentiviral knockdown and overexpression (Ox) of N6amt1, *in vitro*:**

1 µl of N6amt1 shRNA/OX or scrambled control/empty vector control lentivirus was applied to primary cortical neurons in a 6-well plate. After 7 days incubation, cells were harvested for RNA extraction.

### **Behavioral Tests.**

Two contexts (A and B) were used for all behavioral fear testing. Both conditioning chambers (Coulbourn Instruments) had two transparent walls and two stainless steel walls with a steel grid floors (3.2 mm in diameter, 8 mm centers); however, the grid floors in context B were covered by flat white plastic non-transparent surface with two white LED lights to minimize context generalization. Individual digital cameras were mounted in the ceiling of each chamber and connected via a quad processor for automated scoring of freezing measurement program (FreezeFrame). Fear conditioning was performed in context A with spray of vinegar (10% distilled vinegar). Then, actual fear condition protocol was starting with 120 sec pre-fear conditioning incubation; then, followed by three pairing of a 120 sec, 80dB, 16kHz pure tone conditioned stimulus (CS) co-terminating with a 1 sec (2 min intervals), 0.7 mA foot shock (US). Mice were randomly counterbalanced into equivalent treatment groups based on freezing during the third training CS. Animals that were not have 30% freezing during the last CS were excluded. For extinction, mice were exposed in context B with a stimulus light on and spray of Almond (10% Almond extracts and 10% ethanol). Mice allowed to be acclimated for 2 min, and then, extinction training comprised 60 non-reinforced 120 sec CS presentations (5-sec intervals). For the behavior control experiments, context exposure was performed for both fear condition and fear extinction training. Animal, inside 3CS-US or 60CS treatment, only exposed into either context A or B with equal times of mice spend there by fear condition or extinguished mice but were not exposed to any 3CS-US or 60CS. For the retention test, all mice were returned to context B and following a 2 min acclimation (used to minimize context generalization), freezing was assessed during three 120 sec CS presentations (120 sec intertribal interval). Animals were randomly selected for extinction memory test and freezing scores were automatically assessed using FreezeFrame (Colbourn). Memory was calculated as the

percentage of time spent freezing during the tests. Animals that showed a off target injection or not effective gene knockdown were excluded from the study.

### **Behavioral Training (for tissue collection):**

Naïve animals remained in their home cage until sacrifice. For the other groups, fear conditioning consisted of three pairing (120 sec inner-trial interval ITI) of a 120 sec, 80dB, 16kHz pure tone conditioned stimulus (CS) Co-terminating with a 1 sec, 0.7 mA foot shock in context A. Mice were matched into equivalent treatment groups based on freezing during the third training CS. Context A exposure group spent an equivalent amount of time in context A without any CS and US. One day later, the fear-conditioned mice were brought to context B, where the extinction group (EXT) was presented with 60 CS presentations (5s ITI). The fear-conditioned without extinction (FC No-EXT) group spent an equivalent amount of time in context B without any CS presentations. Animals that did show a significant reduction of fear were excluded. For pseudoconditioned controls (PseudoCon +EXT) group, mice were exposed to 3 unpaired Tone and foot shock in Context A on day 1. These mice then underwent a normal 60CS of extinction training in next day in Context B. Tissue was collected from these groups immediately after the end of either context B exposure (FC-No EXT) or extinction training (EXT).

### **Primary cortical neuron, N2A and HEK cell culture:**

Cortical tissue was isolated from E15 mouse embryos in a sterile atmosphere. Tissue was dissociated by finely chopping, followed by gentle pipette to create single cell suspension. To prevent clumping of cells due to DNA from dead cells, tissue was treated with 2 unit/ $\mu$ l of DNase I. Cells finally went through the 40 $\mu$ m cell strainer (BD Falcon) and were plated onto 6 well plate coated with Poly-L- Ornithine (Sigma P2533) at a density of  $1 \times 10^6$  cells per well. The medium used was Neurobasal media (Gibco) containing B27 supplement (Gibco). 1X Glutamax (Gibco), and 1% Pen/Strep (Sigma). N2a cell was maintained in medium contains half DMEM, high glucose (GIBCO), half OptiMEM 1 (Gibco) with 5% serum and 1% Pen/Strep. HEK293t cell was maintained in medium contains DMEM, high glucose (Gibco) with 5% serum and 1% Pen/Strep (Gibco).

### **Western blot:**

Protein samples were extracted by using NP40 solution followed manufactory's protocol (Thermofisher) and protein concentration was determined by using Qubit protein detection Kit (Invitrogen) followed by manufactory's protocol. Individual samples were run on a single 10 well gel or 12 well pre-made 4–12% gel (Thermofisher). Briefly, samples were prepared on ice (to final volume of 20  $\mu$ l) and then vortexed and denatured for 10 min at 90 °C. Gels were run with 1X Tris buffered saline-Tween (TBS-T) and proteins transferred onto nitrocellulose membrane (Bio-rad). The membrane was blocked by blocking buffer (Licor) for 1hr at room temperature, washed with TBS-T for 5 min (3X), and incubated with 5ml of N6amt1 (1:250; Santa Cruz) and Beta-actin (1:500; Santa Cruz) or beta-tubulin (1:500; Santa Cruz) antibodies in blocking buffer (Licor) for overnight at 4 °C. The membranes were washed with TBS-T (3X), incubated for 1hr with anti-mouse secondary antibody (1: 15000; Li-Cor) and anti-rabbit secondary antibody (1:15000; Li-Cor) in blocking buffer (Li-Cor), and washed three times with TBST for 10 min (5X) and 20 min

(1X). Optical density readings of the membrane were taken using a Li-Cor FX system followed by manufacturer's protocol. Detailed antibody information is attached within Reporting Summary file.

### Statistical Analyses.

No Statistical methods were used to pre-determine sample sizes but our sample sizes are similar to those reported in previous publications<sup>2,22</sup>. In all cases where an unpaired t-test was employed, we opted for a one-tailed test with the a priori hypothesis that the accumulation of m6dA is permissive for gene expression and memory formation. Therefore, all experiments related to epigenetic and transcriptional machinery were hypothesized to show a positive correlation with m6dA, hence, a one-tailed test was employed. For behavioral analysis, freezing (the absence of all non-respiratory movement) was rated during all phases by automated digital analysis system, using a 5-sec instantaneous time sampling technique. The percentage of observations with freezing was calculated for each mouse, and data represent mean  $\pm$  SEM freezing percentages for groups of mice during specified time bins. Total session means were analyzed with one-way ANOVA for the behavioral data in Figure 6 and Suppl. Fig. 11. In experiments using viral manipulation and BDNF rescue, all data analysis was performed by two-way ANOVA for the data in Fig. 6 and 7, Suppl. Fig. 11. Dunnett's posthoc tests were used where appropriate. For DpnI-qPCR on FACS sorted samples in Suppl. Fig. 3, two-way ANOVA followed by Dunnett's posthoc tests. For behavioral studies, no blinding to group allocation since the groups were counterbalanced based on fear conditioning. During behavioral test, the data were captured and analysed using a fully automatic analysis program. For IHC, FACS and Sequencing, the investigators were blind to group allocation during data collection and analysis.

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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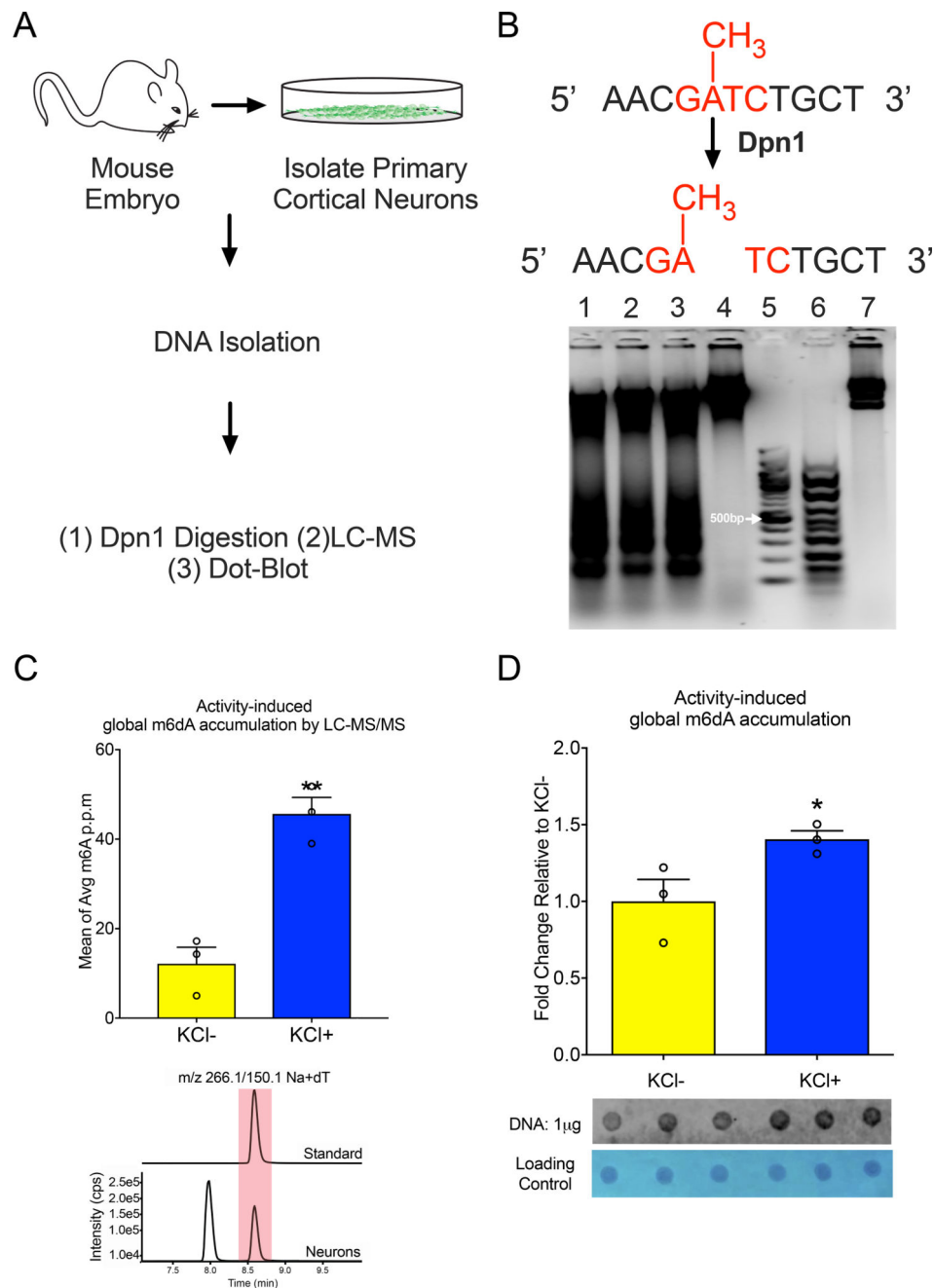
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**Fig. 1. m6dA is present in the neuronal genome and accumulates in response to neural activation.**

(A) Experimental plan to determine whether m6dA is a functionally relevant base modification in neurons. (B) The Dpn1 enzyme cuts DNA specifically at methylated adenine in GATC linker sequences; Dpn1 digestion reveals the abundance of m6dA in DNA derived from primary cortical neurons, but not in DNA from liver (from the left; lanes 1–3: Dpn1 digested DNA from mouse primary cortical neurons, lane 4: Dpn1 digested DNA from mouse liver, lane 5: DNA ladder, lane 6: Dpn1 digested DNA from *E. coli*, lane 7: undigested DNA from *E. coli*). (C) LC-MS/MS detects a neuronal activity-induced global m6dA induction (7DIV, 20mM KCl, 7 h, two-tailed, unpaired student's t test,  $t=6.411$ ,  $df=4$ ,

\*\*p=0.003, median: KCl-=12.17 p.p.m; KCl+=45.63 p.p.m); Representative LC-MS/MS chromatograms: control compound (m6dA standard) and isolated RNase-treated gDNA samples, which were extracted from primary cortical neurons, were used to directly quantify the global level of m6dA. (D) Dot blot assay shows global accumulation of m6dA in stimulated primary cortical neurons (7DIV, 20mM KCl, 7 h, two-tailed, unpaired student's t test,  $t=2.634$ ,  $df=4$ , \*p=0.02, median: KCl-=1; KCl+=1.406 ). (All n=3 biologically independent experiments /group; Error bars represent S.E.M.Data distribution was assumed to be normal but this was not formally tested.)

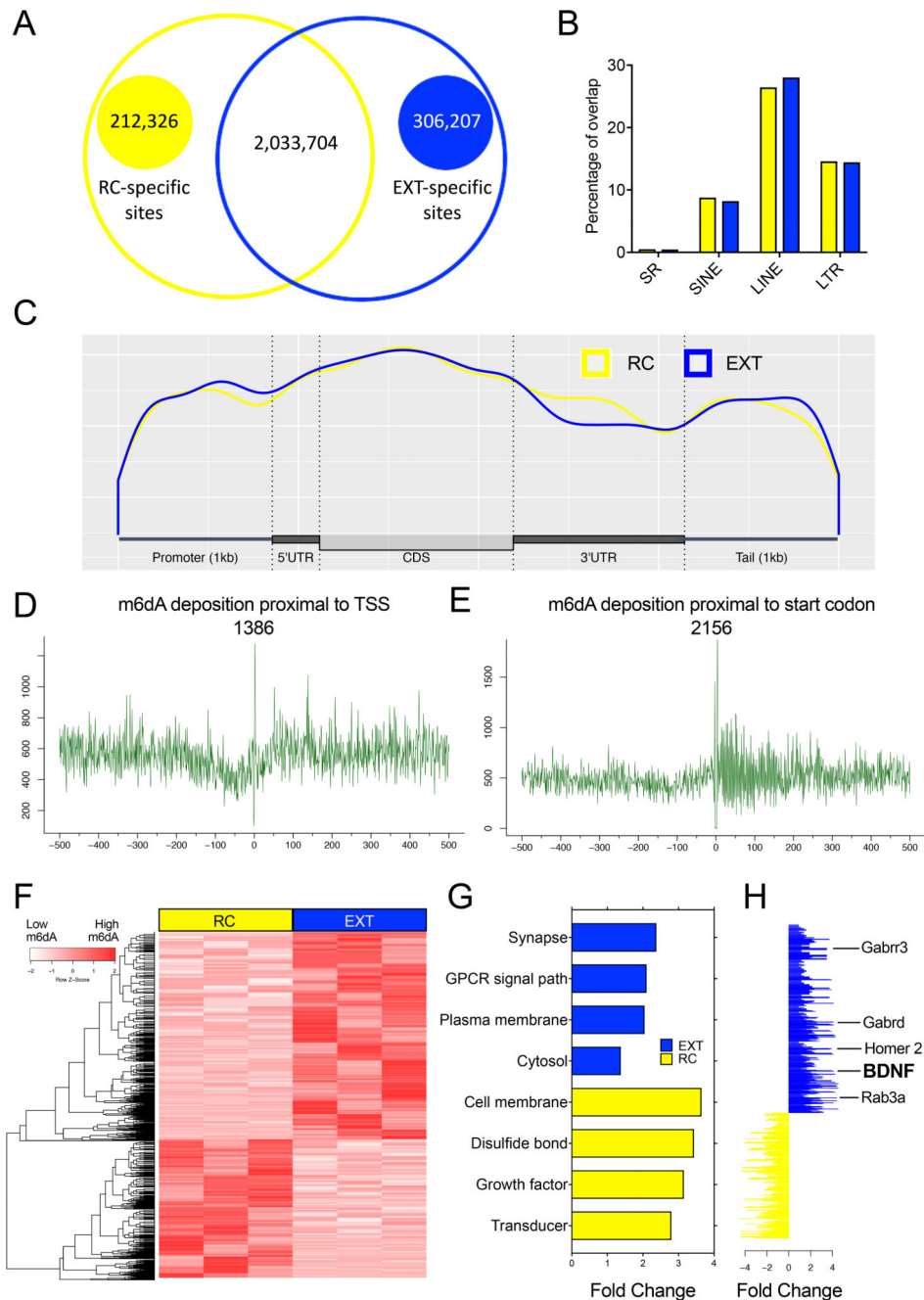
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**Fig. 2. Experience-dependent redistribution of m6dA deposition within ILPFC neurons that have been activated by extinction learning.**

(A) The Venn diagram shows the learning-induced increase in m6dA sites in retention control (RC) and extinction-trained (EXT) mice. (B) There is no obvious difference with respect to the specific accumulation of m6dA from RC and EXT groups within repetitive elements. (C) Metagenome plot shows that m6dA deposition is primarily located in the promoter, 5'UTR and CDS regions. (D) Frequency plots demonstrating that m6dA is enriched at +1bp from TSS, and (E) exhibits a significant increase in deposition at +4bp from the start codon. (F) Representative heat map of genome-wide m6dA enrichment within

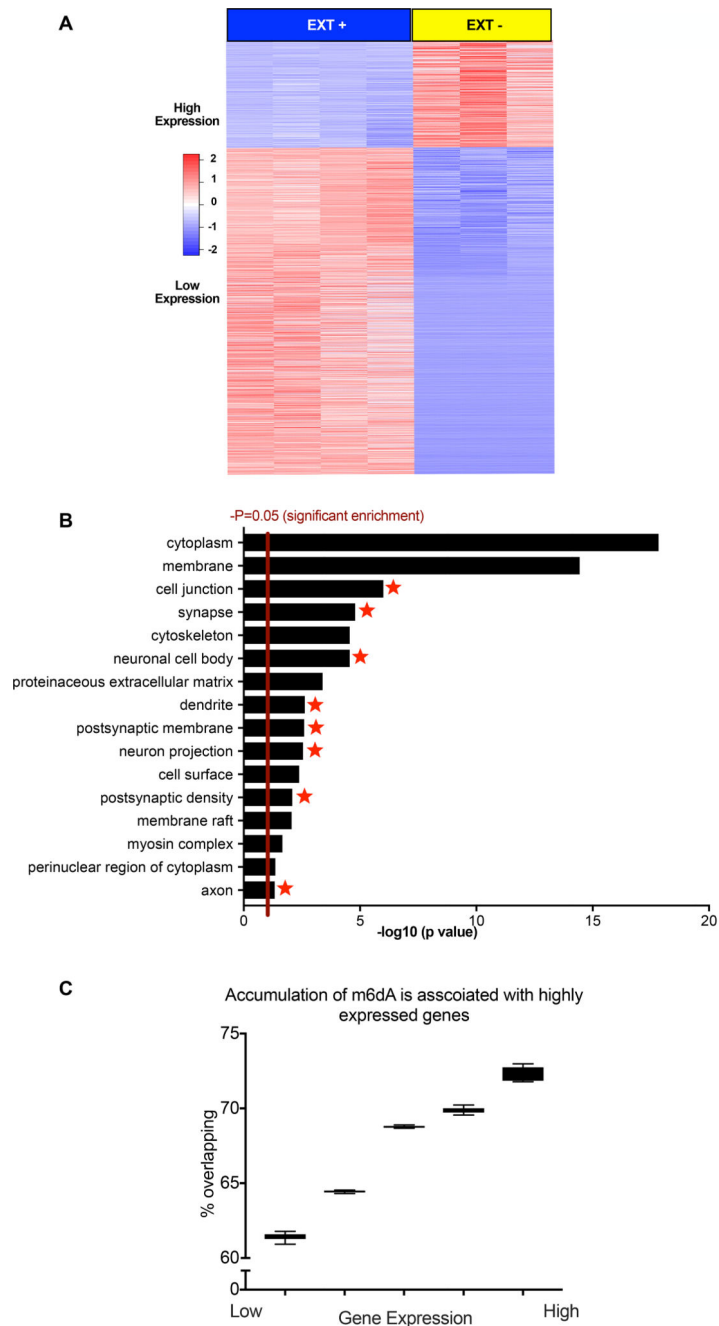
active neurons after behavioral training (All n=3 pooled samples per group; active neurons derived from 5 individual animals were pooled together). (G) Gene ontology analysis of 10 gene clusters associated with m6dA deposition in RC vs. EXT groups. (H) Representative list of genes that exhibit a significant increase in the accumulation of m6dA and that have been associated with synaptic function, learning and memory.

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**Fig. 3. Extinction learning-induced accumulation of m6dA positively correlates with gene expression in activated neurons.**

(A) Representative heat map of mRNA expression within activated neurons (EXT+) vs quiescent neurons (EXT-)(n= 4 biologically independent animals for EXT+; n = 3 individual animals for EXT-). (B) Gene ontology analysis was performed through DAVID bioinformatic database. GO results shows gene clusters enriched in the upregulated and differentially expressed genes; neuronal activity-related gene clusters are highlighted by red stars. (C) Extinction learning-induced m6dA sites positively correlate with highly expressed

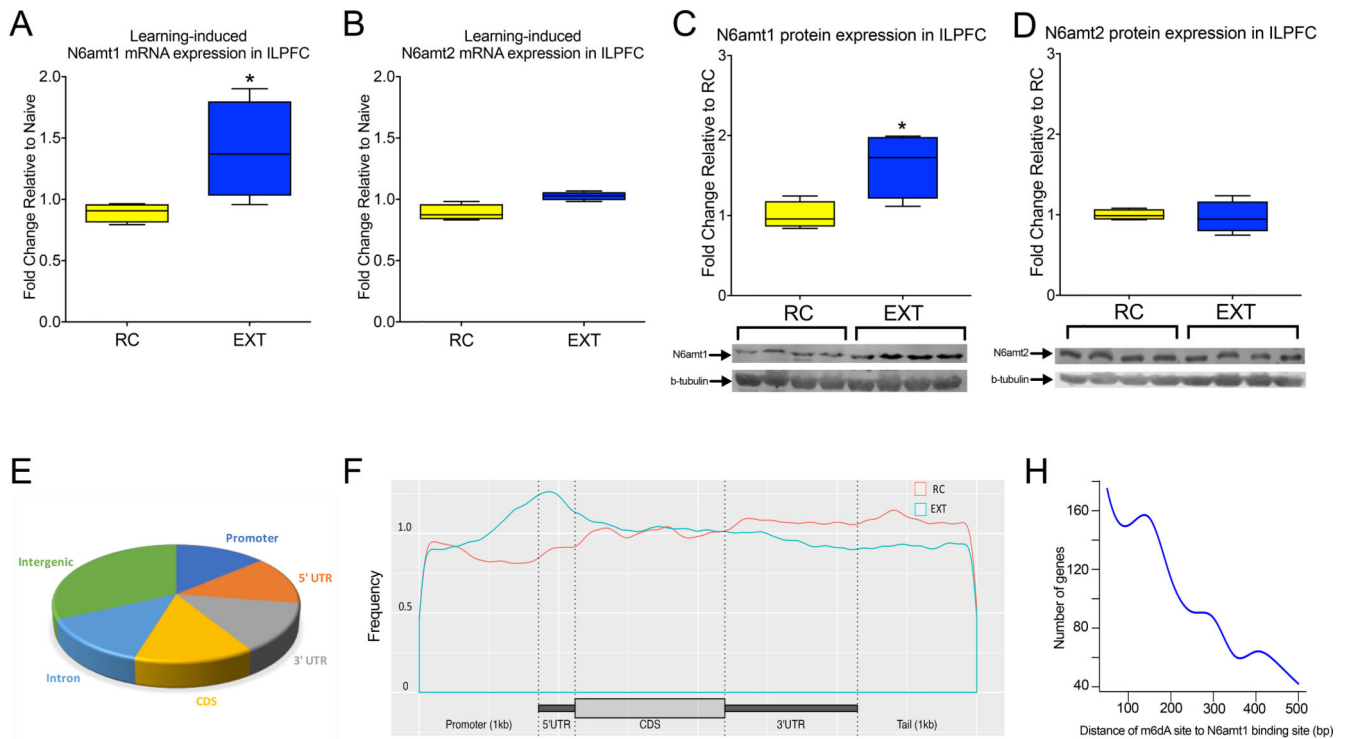
genes (n=4 biologically independent animals for EXT+ group was applied; median for each group from expression low to high: 61.398%, 64.445%, 68.769%, 69.844% and 72.297%).

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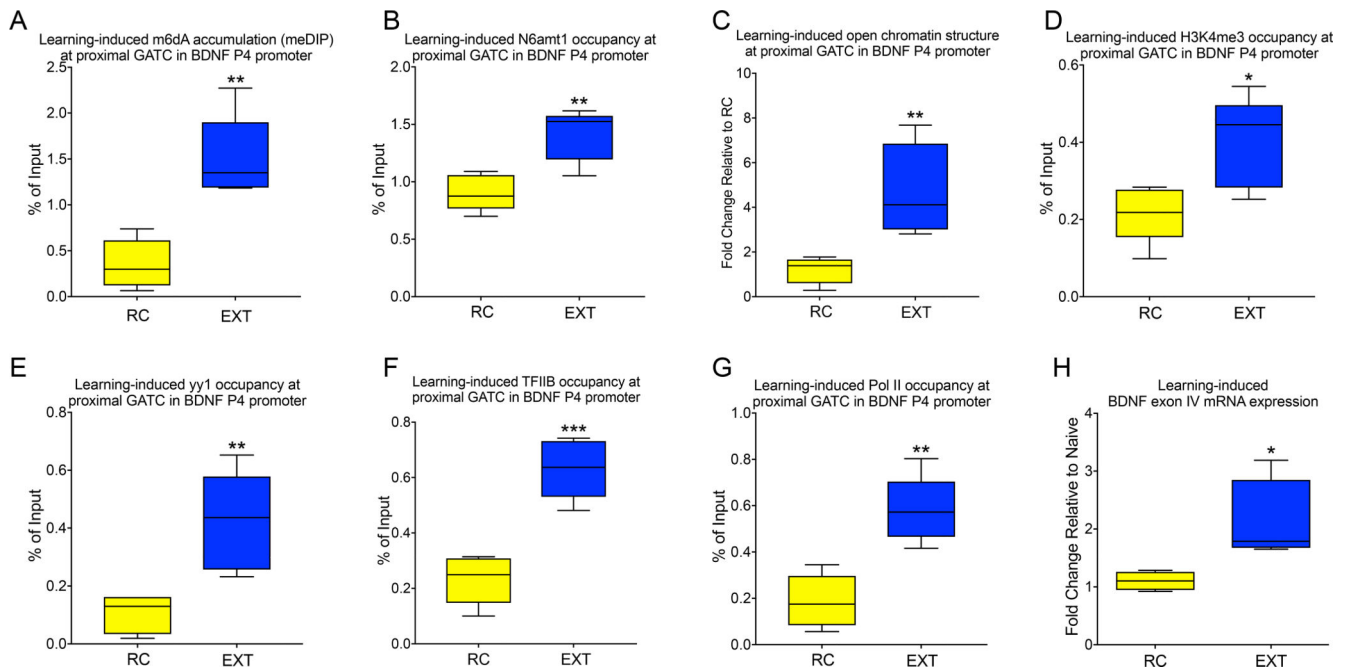
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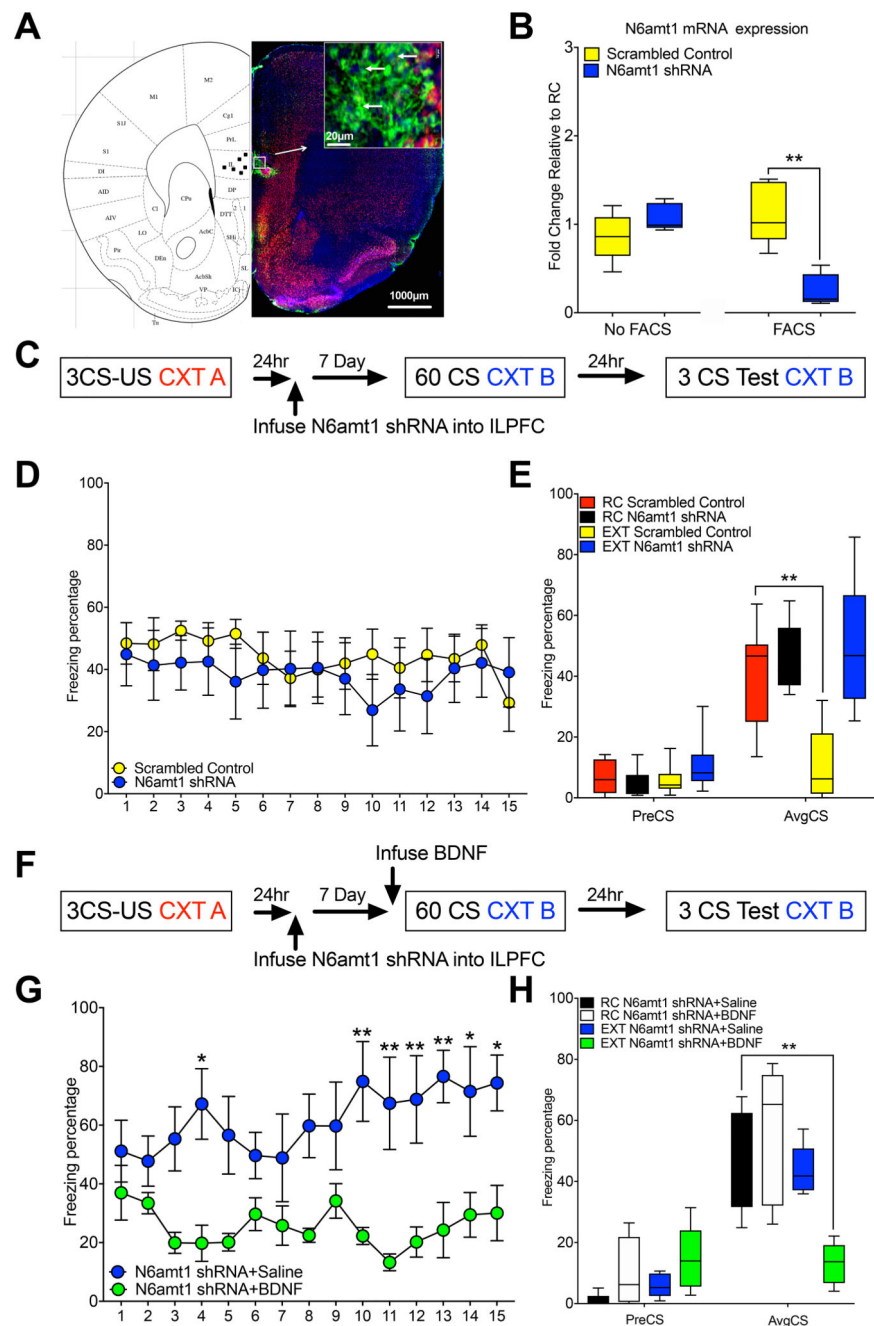
**Fig. 4. N6amt1 mRNA expression is induced in the ILPFC in response to fear extinction learning, and N6amt1 occupancy increases within gene promoters and 5'UTR.**

(A) Extinction-learning leads to increased expression of N6amt1 in the ILPFC ( $n=4$  biologically independent animals per group, two-tailed, unpaired student's *t* test,  $t=2.483$ ,  $df=6$ ,  $*p=.0476$ , RC: median=0.8931, data range: 0.794 to 0.964 and EXT: median=1.4, data range: 0.957 to 1.902). (B) No significant effect of learning on N6amt2 mRNA expression in the ILPFC ( $n=4$  biologically independent animals per group, two-tailed, unpaired student's *t* test,  $t=3.683$ ,  $df=6$ ,  $p=.0609$ , RC: median=0.8906, data range: 0.832 to 0.981 and EXT: median=1.027, data range: 0.982 to 1.068) (Data distribution was assumed to be normal but this was not formally tested). (C-D) N6amt1 protein level is induced post to extinction ( $n=4$  biologically independent animals per group, two-tailed, unpaired student's *t* test,  $t=2.843$ ,  $df=6$ ,  $*p=0.0295$ , RC: median=1, data range: 0.829 to 1.244 and EXT: median=1.64, data range: 1.116 to 1.991, WB Image is cropped) but not N6amt2 ( $n=4$  biologically independent animals per group, two-tailed, unpaired student's *t* test,  $t=0.2906$ ,  $df=6$ ,  $p=.7812$ , RC: median=1 data range: 0.939 to 1.081 and EXT: median=0.9691, data range: 0.748 to 1.236, WB image is cropped) (Data distribution was assumed to be normal but this was not formally tested). (E) N6amt1 distribution across genome. (F) Extinction training-induced increased in N6amt1 occupancy at promoter and 5'UTR regions. (G) There is a positive relationship between N6amt1 deposition and m6dA sites within promoter and 5'UTR region with more genes showing N6amt1 within 0–200bp of m6dA sites.



**Fig. 5. Extinction learning-induced accumulation of m6dA is associated with an active chromatin landscape and increased *bdnf* exon IV mRNA expression.**

Fear extinction learning (EXT), relative to fear conditioned mice exposed to a novel context (retention control: RC), led to (A) increased m6dA at the previously identified GATC site (two-tailed, unpaired student's t test,  $t=4.921$ ,  $df=8$ ,  $**p=.0012$ , RC: median=0.354, data range: 0.065 to 0.739 and EXT: median=1.506, data range: 1.184 to 2.271), (B) a selective increase in N6amt1 occupancy (two-tailed, unpaired student's t test,  $t=4.133$ ,  $df=8$ ,  $**p=.0033$ , RC: median=0.9053, data range: 0.699 to 1.089 and EXT: median=1.412, data range: 1.052 to 1.617), (C) an increased open chromatin structure was detected by using FAIRE-qPCR (two-tailed, unpaired student's t test,  $t=3.76$ ,  $df=8$ ,  $**p=.0055$ , RC: median=1.185, data range: 0.282 to 1.780 and EXT: median=4.771, data range: 2.813 to 7.685), (D) a significant increase in H3K4<sup>me3</sup> occupancy (two-tailed, unpaired student's t test,  $t=2.986$ ,  $df=8$ ,  $*p=.0174$ , RC: median=0.2164, data range: 0.098 to 0.284 and EXT: median=0.400, data range: 0.252 to 0.447), (E) an increase in the recruitment of YY1 (two-tailed, unpaired student's t test,  $t=3.885$ ,  $df=8$ ,  $**p=.0046$ , RC: median=0.1044, data range: 0.019 to 0.162 and EXT: median=0.4216, data range: 0.232 to 0.652), (F) an increase in TFIIB occupancy (two-tailed, unpaired student's t test,  $t=6.474$ ,  $df=8$ ,  $**p=.0002$ , RC: median=0.2325, data range: 0.100 to 0.314 and EXT: median=0.6321, data range: 0.579 to 0.742), (G) an increase in Pol II occupancy (two-tailed, unpaired student's t test,  $t=4.838$ ,  $df=8$ ,  $**p=.0013$ , RC: median=0.1873, data range: 0.056 to 0.345 and EXT: median=0.5822, data range: 0.416 to 0.803). (H) a significant increase in *bdnf* exon IV mRNA expression within the ILPFC (two-tailed, unpaired student's t test,  $t=2.941$ ,  $df=8$ ,  $*p=.0187$ , RC: median=0.1.104, data range: 0.922 to 1.285 and EXT: median=2.104, data range: 1.650 to 3.188). (All  $n=5$  biologically independent animals per group, Data distribution was assumed to be normal but this was not formally tested).

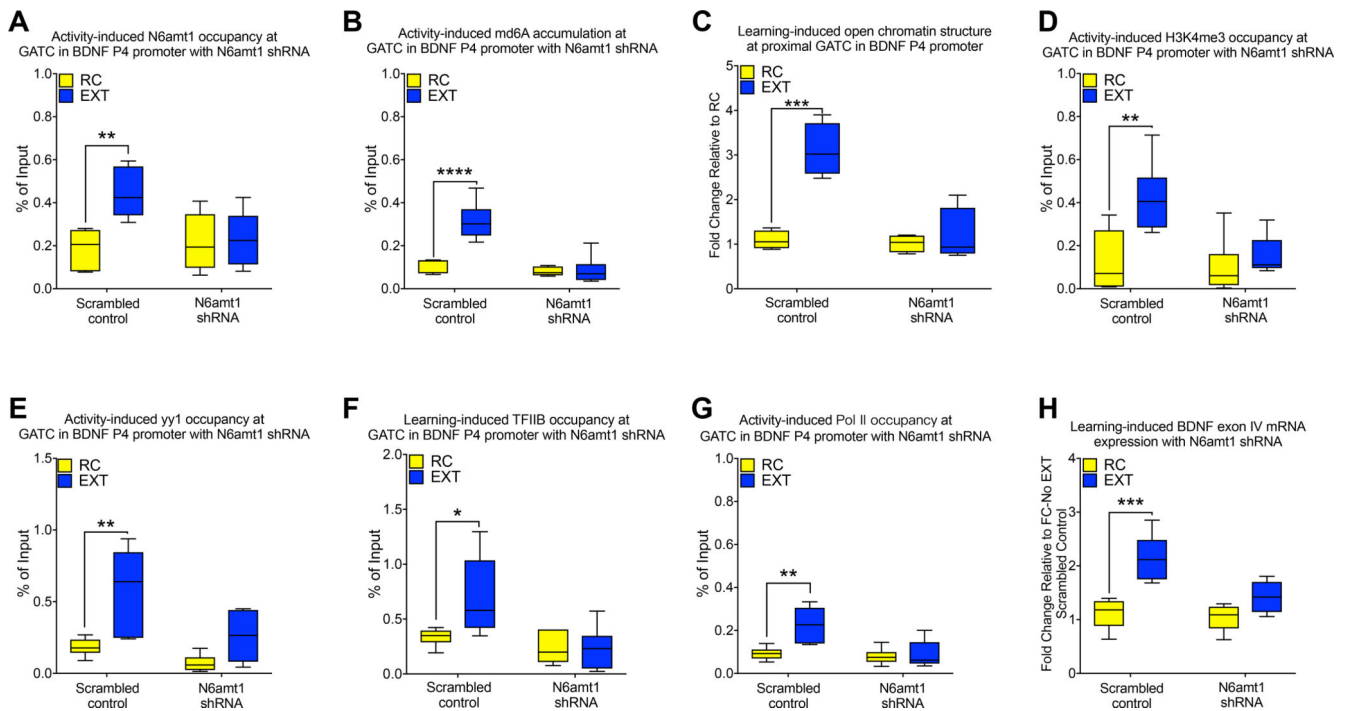


**Fig. 6. N6amt1-mediated accumulation of m6dA is required for fear extinction memory and for learning-induced bdnf exon IV mRNA expression in the ILPFC.**

(A) Left: representative image of cannula placement in the ILPFC, Right: transfection of N6amt1 shRNA into the ILPFC. (B) N6amt1 mRNA expression analysis in Non-FACS and FACS sorted cells, a significant reduction of N6amt1 expression was only observed post to FACS sorted cells (n=5 biologically independent animals per group. Non-FACS sorted groups: two-tailed, unpaired student's t test,  $t=1.559$ ,  $df=8$ , RC: mean=0.861, data range: 0.461 to 1.211 and EXT: mean=1.709, data range: 0.936 to 1.289. FACS sorted groups: two-tailed, unpaired student's t test,  $t=4.956$ ,  $df=8$ ,  $**p=.0011$ , RC: mean=1.128, data range:

0.671 to 1.510 and EXT: mean=0.2537, data range: 0.105 to 0.537). (C) Schematic of the behavioral protocol used to test the effect of lentiviral-mediated knockdown of N6amt1 in the ILPFC on fear extinction memory. (D) There was no effect of N6amt1 shRNA on within-session performance during the first 15 conditioned stimulus exposures during fear extinction training (n=8 biologically independent animals per group, two-way ANOVA,  $F_{1,210}=2.539$ ,  $p=0.1126$ ; Bonferroni's posthoc test, all section is  $P>0.9999$ ). (E) Although there was no effect of N6amt1 shRNA on fear expression in mice that had been fear conditioned and exposed to a novel context without extinction training, N6amt1 knockdown led to a significant impairment in fear extinction memory (n=8 biologically independent animals per group, two-way ANOVA,  $F_{1,28}=16.9$ ,  $p<.0001$ ; Dunnett's posthoc test: Scrambled control RC vs. Scrambled control EXT,  $**p=.0019$ , Scrambled control RC: median=40.21, data range: 13.56 to 63.78; shRNA RC: median=46.13, data range: 34.00 to 64.81; Scramble control EXT: median=10.57, data range: 0.00 to 32.07; shRNA EXT: median=49.68, data range: 30.29 to 85.75 ). (F) Schematic of the behavioral protocol used to test the effect of BDNF Injection within N6amt1 knockdown animals on fear extinction memory. (G) ILPFC infusion of BDNF has minimum effect during the section of extinction training (n=5 biologically independent animals per group, two-way ANOVA,  $F_{1,120}=105$ ,  $p<.0001$ ; Bonferroni's posthoc test: N6amt1 shRNA+Saline vs. N6amt1+BDNF section 4:  $*p=0.0121$  N6amt1 shRNA+Saline: median=67.2, data range: 38.56 to 95.33 and N6amt1+BDNF: median=19.78, data range: 3.67 to 40.22; 10:  $**p=0.0033$  N6amt1 shRNA+Saline: median=74.87, data range: 26.22 to 98.89 and N6amt1+BDNF: median=22.27, data range: 11.00 to 26.67; 11:  $**p=0.0022$  N6amt1 shRNA+Saline: median=67.41, data range: 10.21 to 96.67 and N6amt1+BDNF: median=13.27, data range: 2.44 to 19.20; 12:  $**p=0.0092$  N6amt1 shRNA+Saline: median=68.78, data range: 10.44 to 91.33 and N6amt1+BDNF: median=20.2, data range: 9.99 to 60.82; 13:  $**p=0.0035$  N6amt1 shRNA+Saline: median=76.58, data range: 54.16 to 96.89 and N6amt1+BDNF: median=24.26, data range: 9.99 to 60.82; 14:  $*p=0.0429$  N6amt1 shRNA+Saline: median=71.47, data range: 19.56 to 97.78 and N6amt1+BDNF: median=29.44, data range: 2.11 to 48.67 and 15:  $*p=0.0254$  N6amt1 shRNA+Saline: median=74.38, data range: 39.29 to 95.12 and N6amt1+BDNF: median=30.06, data range: 7.44 to 62.15), and (H) promotes extinction rescues the N6amt1 shRNA-induced impairment in fear extinction memory (n=5 biologically independent animals per group, two-way ANOVA,  $F_{1,17}=13.38$ ,  $p<.01$ ; Dunnett's posthoc test: N6amt1 shRNA+Saline vs. N6amt1+BDNF,  $**P=.0052$ , N6amt1 shRNA+Saline RC: median=48.82, data range: 24.86 to 67.76; N6amt1+BDNF RC: median=57.16, data range: 26.04 to 73.64; N6amt1 shRNA+Saline EXT: median=43.54, data range: 35.96 to 57.16; N6amt1+BDNF EXT: median=13.107, data range: 4.05 to 22.11).( Data distribution was assumed to be normal but this was not formally tested).





**Fig. 7. N6amt1 knockdown prevents the learning-induced accumulation of m6dA and related changes in chromatin and transcriptional landscape associated with the BDNF P4 promoter.** N6amt1 shRNA blocked (A) the learning-induced increase in N6amt1 occupancy (n=6 biologically independent animals per group, two-way ANOVA  $F_{1,20} = 7.663$ ,  $p < .05$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $**p = .0041$ , Scrambled control RC: median=0.187, data range: 0.082 to 0.280; Scrambled control EXT: median= 0.444, data range: 0.308 to 0.594) and (B) the deposition of m6dA (n=5 biologically independent animals in RC Scrambled control group; rest with n=6 biologically independent animals per group, two-way ANOVA  $F_{1,19} = 18.56$ ,  $p < .0001$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $****p < .0001$ , Scrambled control RC: median=0.107, data range: 0.066 to 0.133; Scrambled control EXT: median= 0.314, data range: 0.217 to 0.468), or (C) open chromatin structure (n=4 biologically independent animals per group, two-way ANOVA  $F_{1,12} = 19.38$ ,  $p < .001$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $***p = .0001$ , Scrambled control RC: median=1.089, data range: 0.866 to 1.365; Scrambled control EXT: median= 3.103, data range: 2.478 to 3.901), (D) the accumulation of H3K4me<sup>3</sup> (n=6 biologically independent animals per group, two-way ANOVA  $F_{1,20} = 9.815$ ,  $p < .01$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $**p = .0046$ , Scrambled control RC: median=0.126, data range: 0.008 to 0.342; Scrambled control EXT: median= 0.421, data range: 0.261 to 0.714), (E) YY1 (n=6 biologically independent animals per group, two-way ANOVA  $F_{1,20} = 17.64$ ,  $p < .001$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $**p = .0018$ , Scrambled control RC: median=0.183, data range: 0.088 to 0.268; Scrambled control EXT: median= 0.587, data range: 0.240 to 0.814), (F) induction of TFIIIB occupancy (n=6 biologically independent animals per group, two-way ANOVA  $F_{1,20} = 10.03$ ,  $p < .01$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $*p = .0258$ , Scrambled control RC: median=0.335, data range: 0.191 to 0.421; Scrambled control

EXT: median= 0.699, data range: 0.347 to 1.296) and (G) RNA Pol II (n=6 biologically independent animals per group, two-way ANOVA  $F_{1,20} = 8.883$ ,  $p < .01$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $**p = .0024$ , Scramble control RC: median=0.092, data range: 0.075 to 0.139; Scramble control EXT: median= 0.226, data range: 0.134 to 0.296) occupancy at the proximal GATC site within the BDNF P4 promoter. Also, (H) N6amt1 shRNA inhibited the bdnf exon IV mRNA expression (n=5 biologically independent animals per group, two-way ANOVA  $F_{1,16} = 20.95$ ,  $p < .001$ ; Dunnett's posthoc test: scrambled control RC vs. scrambled control EXT,  $***p = .0007$ , Scramble control RC: median=1.127, data range: 0.638 to 1.396; Scramble control EXT: median= 2.117, data range: 1.683 to 2.850). (Data distribution was assumed to be normal but this was not formally tested).