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Effect of monoamine reuptake inhibition and a_1 blockade on respiratory arrest and death following electroshock-induced seizures in mice

Stephen W. Kruse^{#1,5}, Kyle G. Dayton^{#3,5}, Benton S. Purnell^{3,5}, Jared I. Rosner⁴, and Gordon F. Buchanan^{2,3,5,6}

¹Department of Biomedical Engineering, University of Iowa, Iowa City, IA 52242.

²Department of Neurology, University of Iowa, Iowa City, IA 52242.

³Interdisciplinary Graduate Program in Neuroscience, University of Iowa, Iowa City, IA 52242.

⁴Secondary Student Training Program, University of Iowa, Iowa City, IA 52242.

⁵Iowa Neuroscience Institute, University of Iowa, Iowa City, IA 52242.

⁶Carver College of Medicine, University of Iowa, Iowa City, IA 52242.

[#] These authors contributed equally to this work.

Summary

Abstract

Objective: Sudden unexpected death in epilepsy (SUDEP) is the leading cause of death in patients with refractory epilepsy. While the mechanisms for SUDEP are incompletely understood, seizure-induced respiratory arrest (S-IRA) has been strongly and consistently implicated. A body of evidence indicates that serotonin (5-HT), a modulator of breathing, plays a critical role in SUDEP. Because the 5-HT and norepinephrine (NE) systems interact in many biological processes and NE is known to modulate breathing and seizures, we hypothesized that NE may play a role in S-IRA and SUDEP.

Disclosure of conflicts of interest

The authors have no conflict of interest to disclose.

Additional information

Competing interests None of the authors has any competing interests to disclose.

We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

Corresponding Author: Gordon F. Buchanan, MD, PhD, Department of Neurology, University of Iowa Carver College of Medicine, 1332 Pappajohn Biomedical Discovery Building, 169 Newton Road, Iowa City, IA 52242, Phone: (319) 335-9812, Fax: (319) 384-7199, gordon-buchanan@uiowa.edu.

Author contributions

All work was completed in the Buchanan laboratory in the Department of Neurology at the University of Iowa, Carver College of Medicine. K.G.D., J.I.R., and G.F.B. conceived and designed the work; K.G.D., S.W.K., B.S.P., J.I.R., and G.F.B. collected, analyzed, and interpreted the data; K.G.D, S.W.K, and J.I.R. drafted the manuscript; S.W.K., B.S.P., and G.F.B. edited the manuscript; K.G.D., S.W.K. B.S.P., J.I.R., and G.F.B. approved the final version of the manuscript.

Methods: We examined the effects of pharmacological manipulation of 5-HT and NE on S-IRA and death following maximal electroshock (MES)-induced seizures in adult wild type (WT) mice, genetically 5-HT neuron deficient ($Lmx1b^{f/f/p}$) mice, and chemically NE neuron deficient mice. Mice were treated with pharmacological agents targeting the serotonergic and noradrenergic systems, and subjected to seizure induction via MES while breathing was measured via whole body plethysmography.

Results: S-IRA and death was reduced in WT mice with NE reuptake inhibitors (NRI), reboxetine and atomoxetine, selective serotonin reuptake inhibitors (SSRI), fluoxetine and citalopram, and the dual 5-HT/NE reuptake inhibitor (SNRI), duloxetine. S-IRA and death was also reduced in $Lmx1b^{f/f/p}$ mice with reboxetine and fluoxetine. The protective effects of the reuptake inhibitors were prevented by the α_1 antagonist, prazosin. Citalopram did not reduce S-IRA and death in NE neuron deficient mice.

Significance: These data suggest that 5-HT and NE critically interact in modulation of breathing following a seizure and potentially inform preventive strategies for SUDEP.

Keywords

serotonin; norepinephrine; SUDEP

Introduction

Epilepsy is a heterogeneous group of neurological disorders marked by recurrent unprovoked seizures¹. One in 26 Americans will develop epilepsy sometime in their life². One-third of epilepsy patients will not become seizure free after treatment with two or more antiepileptic drugs (AED), and will be diagnosed with refractory epilepsy³. These patients are at high risk for sudden unexpected death in epilepsy (SUDEP), the leading cause of death in patients with refractory epilepsy. SUDEP is second only to stroke in terms of years of potential life lost due to a neurological condition⁴, and thus is a major public health problem.

Despite its societal cost, the etiology of SUDEP has yet to be elucidated; however, considerable evidence implicates seizure-induced respiratory arrest (S-IRA) in SUDEP^{5–8}. While seizure-related cardiac dysregulation has also been strongly implicated and surely plays an important role, in recorded cases of SUDEP occurring in epilepsy monitoring units, terminal respiratory arrest precedes terminal asystole⁹. Furthermore, cardiac effects have been shown to occur secondarily to hypoxemia, or hypoxia^{10–12}.

Due to its role in modulation of breathing, arousal, and seizures, serotonin (5hydroxytrypamine; 5-HT) has been implicated in the etiology of SUDEP. Patients with refractory epilepsy have a decreased risk for ictal hypoxemia if treated with selective serotonin reuptake inhibitors (SSRI)¹³. The SSRI, fluoxetine, prevents S-IRA and death in DBA/2 mice following audiogenic seizures⁶. The SSRIs fluoxetine, sertraline, fluvoxamine, and paroxetine prevent S-IRA and death in DBA/1 mice following audiogenic seizures^{14–16}. Similarly, the SSRI citalopram prevents S-IRA in WT mice following maximal electroshock (MES)-induced seizures, but not in 5-HT neuron deficient mice ($Lmx1b^{f/f/p}$)^{8;17}. Similar

protective effects are afforded by 5-HT_{2A} receptor agonists, and the protective effects of these agonists and citalopram are prevented with 5-HT_{2A} receptor antagonists⁸. Similarly, the 5-HT₂ antagonist cyproheptadine increases S-IRA in DBA/2 mice⁶.

While there is ample evidence in support of a role for 5-HT in S-IRA, other neurotransmitters modulate breathing, arousal, and seizures, and could play a role in postictal respiratory control and SUDEP. One of these is norepinephrine $(NE)^{18}$. In two studies using DBA/1 mice, it was demonstrated that both the SSRIs fluvoxamine¹⁹ and fluoxetine²⁰, which have considerable activity at α_1 noradrenergic receptors, and the serotoninnorepinephrine reuptake inhibitor (SNRI) venlafaxine were more effective than the more 5-HT selective SSRI, paroxetine, in preventing S-IRA and subsequent death¹⁵. Recent evidence demonstrates that the norepinephrine reuptake inhibitor (NRI), atomoxetine, can also reduce susceptibility to S-IRA and death in DBA/1 mice^{21,22}.

Since NE can modulate seizures²³ and breathing¹⁸, is released by NE-producing locus coeruleus (LC) neurons following a seizure²⁴, and is modulated in the LC by 5-HT^{25;26}, we hypothesized that the NE and 5-HT systems interact in mediating S-IRA. In this study we tested this hypothesis by pharmacologically manipulating the NE and 5-HT systems in $Lmx1b^{f/f/p}$ mice, their phenotypically WT littermates ($Lmx1b^{f/f}$), and C57BL/6 mice with or without toxin-mediated destruction of NE neurons in the LC, while monitoring seizure severity, respiratory activity, and survival following MES-induced seizures.

Methods

Ethical approval

All procedures and protocols were approved by the Institutional Animal Care and Use Committee at the University of Iowa, Carver College of Medicine in accordance with AAALAC guideline. Animals that did not succumb during experiments were euthanized with overdose of ketamine (100 mg/kg) and xylazine (10 mg/kg). Effort was made to minimize discomfort and use a minimum number of animals.

Experimental animals

Adult (2–4 mos) male C57BL/6, $Lmx1b^{f/f}$, and $Lmx1b^{f/f/p}$ mice from our colony were used in these studies. C57BL/6 mice were originally obtained from Jackson Laboratories (Bar Harbor, ME). $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ mice were originally obtained from Zhoufeng Chen at Washington University, St. Louis, MO¹⁷ and subsequently bred in our facilities. Mice were housed in cages in a 12 h light/12 h dark schedule with food and water available *ad libitum*. Breeding and genotyping of $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ mice has been described previously^{27;28}. Briefly, $Lmx1b^{f/f}$ mice carry two floxed Lmx1b alleles but are phenotypically normal, while $Lmx1b^{f/f/p}$ mice carry two floxed Lmx1b alleles and are hemizygous for ePet1-Cre and thus have a nearly complete elimination of 5-HT neurons in the central nervous system^{8;17;28}.

Surgery

All surgeries were performed with aseptic technique under isoflurane anesthesia (1-5% inh. induction; 0.5-2% inh. maintenance). A subset of animals was implanted with EEG/EMG headmounts (8206; Pinnacle Technologies, Inc.; Lawrence, KS) to verify seizures and correlate with breathing cessation⁸. Four holes were made in the skull with a 23 ga. needle 1 mm anterior to bregma and 1 mm posterior to lambda, ± 2 mm from midline. The headmount was fastened to the skull with stainless steel machine screws (000-120, 0.1 in. anterior, 0.125 in. posterior; Small Parts; Miami Lakes, FL) inserted into the holes. Electrical connectivity was enhanced with silver epoxy (M.G. Chemicals Ltd.; Ontario, Canada). EMG leads were secured in nuchal muscles ± 2 mm from midline. Subcutaneous ECG electrodes (Plastics One; Roanoke, VA) were implanted over the left chest wall and within the right axilla as described previously⁸. Another subset of mice was implanted with guide cannulae (Plastics One) into the right lateral ventricle (AP, -0.3 mm; ML, +1.0 mm, DV, -1.8 mm from bregma) for acute phenylephrine or vehicle application. Cannula placement was verified post-hoc via Nissl stain. Mice received meloxicam (2 mg/kg, *i.p.*) pre-operatively and once daily for at least two days post-operatively, and were closely monitored for at least five days after the surgery. Sutures were removed seven days postoperatively.

Maximal electroshock seizure induction and analysis

Seizures were induced via MES (50 mA, 200 msec, 60 Hz, sine wave), delivered via saline moistened ear clip electrodes connected to a rodent shocker (Hugo Sachs Elektronik; Grünstraße, Germany). Mice were video monitored for post-hoc analysis of seizure phenotype. Seizure severity was determined as described previously⁸ by the extension flexion (E/F) ratio, which is the ratio of the time the hindlimbs were extended 90° to the time they were flexed < 90°. Seizures were assessed by EEG recording in a subset of mice.

Assessment of breathing via whole body plethysmography

Animals were acclimated to the recording apparatus for at least one hour a day for two days. Compressed room air (21% $O_2 / 79\% N_2$; Praxair; Cedar Rapids, IA) flowed through the chamber at 0.40–0.45 L/min. Flow was balanced with a flow meter (Cole-Parmer; Vernon Hills, IL) and vacuum regulator (McMaster-Carr; Elmhurst, IL). An ultra-low volume pressure transducer (Honeywell, Morris Plains, NJ) on the recording chamber detected pressure waves associated with breathing. The transducer signal was amplified (100X) and band-pass filtered (0.3–30 Hz) with a data conditioning amplifier (Brownlee Precision 440; NeuroPhase; Palo Alto, CA). Signals were digitized (NI-USB-6008; National Instruments; Austin, TX) and passed to a computer running custom MATLAB software (Mathworks; Natick, MA), as described previously^{8;27}.

Respiratory data (100 s before and 30 min after treatments; 100 s before and 180 s after seizures) were analyzed in 10 s epochs for respiratory rate (RR), tidal volume (V_T), and minute ventilation (V_E). A mechanical ventilator (MiniVent 845; Hugo Sachs Elektronik) was used to calibrate the transducer signal. V_T was calculated using a barometric method²⁹ of transforming on the basis of breath amplitude, barometric pressure (www.wunderground.com), flow rate (Cole-Parmer), mouse temperature (rectal

thermocouple; Physitemp), and air temperature (Physitemp Instruments, Inc; Clifton, NJ). In these studies S-IRA was always associated with death. Thus, S-IRA was defined as an apnea which occurred as a result of the seizure and persisted until the death of the animal.

EEG/EMG/ECG data collection and analysis

In the subset of mice instrumented for recording, EEG, EMG, and ECG signals were collected using the same custom software as described previously^{8;27;30}. EEG signals were filtered (0.5 and 200 Hz) and amplified (50,000X). EMG signals were filtered (10 and 200 Hz) and amplified (50,000X). ECG signals were filtered (0.3 and 300 Hz) and amplified (20,000X). Data were sampled at 1000 Hz.

Histology

After all experiments were completed, all animals were euthanized, intracardially perfused, and brains were extracted and cryoprotected as described previously³¹. Frozen brains were cryostat sectioned (30 µm; Leica, Buffalo Grove, IL), and placed into free floating wells or mounted onto slides. Sections were washed (0.0125% Tween 20; 15 min), incubated in citrate buffer (10 mM sodium citrate; 0.05% Tween 20; 60° C; 20 min), placed into blocking solution (10% goat serum; 0.3% Triton-X; 60 min), incubated overnight with 5% goat serum/PBS and primary antibody [Aves Labs; chicken anti-tyrosine hydroxylase (TH), 1:2000], and then incubated in flurophore-conjugated secondary antibody (goat anti-chicken, 1:500) in 0.3% Triton-X in PBS. Mounted sections were observed with an epifluorescent microscope (Zeiss). Stereological cell counting of TH+ cells was performed using the optical fractionator approach and unbiased counting rules with 3-dimensional $200 \times 150 \times 10$ μ m counting frames using a 40× objective lens (Stereoinvestigator; MBF Biosciences; Williston, VT). TH+ cells were counted in three sections containing bilateral LC for each animal and compared to DSP-4 treated and vehicle treated mice. Tissue from *i.c.v.* cannulated animals was Nissl stained (0.1% cresyl violet) using standard procedures in the lab³¹. Only mice in which the cannula was verified in the lateral ventricle were included in analysis.

Drugs

Ketamine and xylazine were obtained from Midwest Veterinary Supply (Lakeville, MN). Meloxicam was obtained from Norbrook Laboratories (Overland Park, KS). Atomoxetine hydrochloride (1044469) and fluoxetine hydrochloride (F132) were obtained from Sigma-Aldrich (St. Louis, MO). Citalopram hydrobromide (1427), reboxetine mesylate (1982), N-(2-Chloroethyl)-N-ethyl-2-bromobenzylamine hydrochloride (DSP-4,2958), prazosin hydrochloride (0623), (S)-duloxetine hydrochloride (4798), propranolol hydrochloride (0624), and (R)-(–)-phenylephrine hydrochloride (2838) were obtained from Tocris Biosciences (Minneapolis, MN). Fluoxetine, citalopram, prazosin, and reboxetine were dissolved in 1% DMSO. DSP-4, phenylephrine, atomoxetine, propranolol, and duloxetine were dissolved in saline (0.9% NaCl).

Results

Systemic administration of NRIs prevented S-IRA and mortality

To determine whether noradrenergic stimulation could affect S-IRA and death, mice were subjected to seizure induction via MES 30 minutes following systemic application (*i.p.*) of vehicle or the NRIs reboxetine (0.1, 0.3, 1, 3, 10, or 30 mg/kg) or atomoxetine (10 mg/kg). Reboxetine and atomoxetine reduced S-IRA compared to vehicle (Figure 1A-D). Neither reboxetine at any tested dose nor atomoxetine had a significant effect on V_T, V_E, or RR compared to vehicle (Table 1). Reboxetine 30 mg/kg significantly reduced seizure severity (Table 2). Atomoxetine and lower doses of reboxetine had no significant effect on seizure severity (Table 2).

Intracerebroventricular application of the a_1 agonist, phenylephrine, reduced S-IRA and mortality in WT mice

Systemic activation of the NE system with NRIs effectively reduced S-IRA in WT mice. Excitatory effects of NE on breathing have been shown to occur through an α_1 receptor mediated mechanism^{18;32;33}. To determine whether α_1 receptor activation could prevent S-IRA and mortality, the α_1 agonist phenylephrine (1 µM, 1 µl) was applied *i.c.v.* 60 min prior to seizure induction via MES. Phenylephrine does not cross the blood brain barrier and has been delivered in a similar manner to cause central nervous system effects³⁴. Phenylephrine applied in this manner prevented S-IRA and death compared to vehicle (Figure 1E). *I.c.v.* application of phenylephrine did not significantly affect breathing (Table 1) or seizure severity (Table 2).

Systemic blockade of a_1 receptors prevented the protective effects of NRIs on S-IRA and mortality in WT mice

To determine whether the protective effects of reboxetine were exerted through activation of the α_1 receptors, mice underwent seizure induction via MES following pre-treatment with one of the following: (1) two doses of vehicle; (2) the α_1 receptor antagonist prazosin (10 mg/kg) followed by vehicle; (3) prazosin (10 mg/kg) followed by reboxetine (3.0 mg/kg); or (4) prazosin (10 mg/kg) followed by atomoxetine (10 mg/kg); *i.p.* injections, 30 min apart. The protective effects of reboxetine and atomoxetine were prevented by pre-treatment with prazosin (Figure 2A). All groups that received prazosin also exhibited less severe seizures compared to vehicle (Table 2). As expected¹⁸, breathing was significantly reduced by the administration of prazosin with vehicle, prazosin and reboxetine, prazosin and atomoxetine (Table 1).

Systemic blockade of α_1 receptors prevented the protective effects of SSRIs and SNRI on S-IRA and mortality in WT mice

We previously found that systemic application of the SSRI, citalopram, could prevent S-IRA following seizure induced by MES and postulated that this might represent a way to augment the respiratory system to reduce the effects of seizures on breathing and survival⁸. To determine whether this type of "breathing support" could also be affected by α_1 receptor blockade, mice underwent seizure induction via MES after pre-treatment with one of the

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following: (1) two doses of vehicle; (2) prazosin (0.3, 1.0, 3.0, and 10 mg/kg) followed by vehicle; (3) vehicle followed by prazosin (10 mg/kg); (4) prazosin (10 mg/kg) followed by fluoxetine (10 mg/kg); 5) vehicle followed by citalopram (20 mg/kg); 6) vehicle followed by duloxetine (10 mg/kg); 7) prazosin (10 mg/kg) followed by duloxetine (10 mg/kg); or 8) prazosin (10 mg/kg) followed by citalopram (20 mg/kg); *i.p.* injections 30 min apart. Prazosin at 0.3, 1.0, 3.0, and 10 mg/kg had no significant effect on S-IRA compared to vehicle. Fluoxetine, citalopram, and duloxetine alone prevented S-IRA and improved survival (Figure 2B). Prazosin 1.0 mg/kg significantly reduced seizure severity (Table 2). Prazosin 10 mg/kg prevented the protective effects of fluoxetine, citalopram, or duloxetine significantly reduced seizure severity (Table 2). Prazosin at 1.0, 3.0, and 10 mg/kg significantly reduced breathing (Table 1). Prazosin 10 mg/kg reduced breathing when co-administered with fluoxetine, citalopram, and duloxetine (Table 1).

Systemic a_1 noradrenergic receptor blockade prevented the protective effects of fluoxetine and reboxetine on S-IRA and mortality in Lmx1b^{f/f/p} mice

We previously found that citalopram could prevent S-IRA following MES in $Lmx1b^{f/f}$ mice and that this effect was lost in $Lmx1b^{f/f/p}$ mice that do not have 5-HT neurons in the CNS⁸. To determine whether this effect would hold true for other SSRIs, we tested fluoxetine (10 mg/kg) in $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ mice. Fluoxetine, prevented S-IRA following MES induced seizures in $Lmx1b^{f/f}$ mice (Figure 3A); however, somewhat surprisingly, fluoxetine also prevented S-IRA in $Lmx1b^{f/f/p}$ mice (Figure 3A). Given that these mice do not have 5-HT transporters¹⁷, we hypothesized that fluoxetine might be exerting its effect in $Lmx1b^{f/f/p}$ mice through another mechanism, such as α_1 receptor activation.

To test this, reboxetine (3 mg/kg, *i.p.*) was given to $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ mice 30 min prior to seizure induction. Reboxetine prevented S-IRA in both genotypes (Figure 3B). a_1 blockade prevented the protective effects of NRI and SSRI application on S-IRA (Figure 2). To determine whether the reduction in S-IRA and death seen in $Lmx1b^{f/f/p}$ mice treated with fluoxetine or reboxetine was also due to a_1 receptor activation, $Lmx1b^{f/f/p}$ mice were given prazosin (10 mg/kg) followed 30 min later by fluoxetine (10 mg/kg) or reboxetine (3 mg/kg) and were then subjected seizures induction 30 min later. Prazosin prevented the protective effects of fluoxetine and reboxetine on S-IRA and death in $Lmx1b^{f/f/p}$ mice (Figure 3).

Systemic application of citalopram did not reduce S-IRA and mortality in NE neuron depleted mice.

Seven noradrenergic neuron populations (A1-A7) have been identified in the CNS³⁵. Several have been implicated in breathing regulation¹⁸. Among these, neurons from A6 (locus coeruleus; LC), have facilitory effects on respiratory networks^{18;36}. Given the previously identified role of LC on breathing¹⁸, seizures²³, and 5-HT signaling modulation³⁷, the LC was investigated here as opposed to other catecholaminergic nuclei. The above findings which demonstrate that prazosin could prevent the protective effects of SSRI on S-IRA suggest that these effects may be dependent on NE. To begin to examine contributions of NE from LC neurons we employed the DSP-4 neurotoxin, a small molecule toxin that, through

ill-defined mechanisms, targets the noradrenergic transporter and selectively destroys terminals originating form LC, and in some cases cell bodies in the LC³⁸. In order to determine an optimal treatment strategy for reducing NE cell bodies in the LC, groups of C57BL/6 mice received either one injection of saline, or one (50 or 75 mg/kg) or two (50 mg/kg; seven days apart) injections of DSP-4. One week after the last injection mice were intracardially perfused and the brain tissue was processed for histology. DSP-4 dose dependently reduced the number of TH+ cells in the LC, with the double-injection strategy having the greatest effect (Figure 4A-C). We decided to use this treatment strategy to

Two additional groups were treated with two doses of saline or DSP-4 (50 mg/kg) seven days apart as above. One week after the second injection, animals were subjected to seizure induction via MES 30 minutes following pre-treatment with either vehicle or citalopram (20 mg/kg). Citalopram was chosen for these experiments since it is a relatively more 5-HT selective SSRI. DSP-4 treatment had no effect on S-IRA in vehicle treated animals (Figure 4E); however, DSP-4 treatment prevented the protective effects of citalopram on S-IRA (Figure 4E). Following these studies, animals were euthanized and the extent of NE cell loss in the LC was evaluated. Again, there was similar reduction of TH+ cell bodies in the LC of mice that received saline or citalopram prior to MES (Figure 4D). There was no difference in the degree of cell loss between the saline or citalopram groups (Figure 4D). There was no effect of saline pre-treatment or citalopram pre-treatment (Table 1) on breathing or seizure severity (Table 2) in DSP-4 treated animals.

Administration of non-selective β -antagonist reduced S-IRA in C57BI/6 mice while coadministration with α_1 antagonist reversed this effect

determine whether LC neuron loss could alter the effect of SSRI on S-IRA.

To examine whether β -receptors might play a role in S-IRA, the β -receptor antagonist propranolol (10 mg/kg) was administered *i.p.* 30 minutes before MES-induced seizure. Propranolol significantly reduced S-IRA and death compared to vehicle (n = 8, p = 0.041). Pre-treatment with prazosin 10 mg/kg reversed this effect compared to propranolol alone (n = 8, p = 0.041). Administration of propranolol increased ventilation compared to pre-injection (Table 1) and did not affect seizure-severity (Table 2).

Discussion

A preponderance of evidence implicates 5-HT in S-IRA and SUDEP ^{39;40}. Recent data have implicated NE in S-IRA^{21;22}. Here we demonstrate that 5-HT and NE may act as part of a circuit that regulates breathing following a seizure. Both NE and 5-HT are modulated by seizures^{41–43}, are involved in breathing regulation^{18;44}, and have anti-epileptic properties^{41;45}. α_1 adrenergic receptor density is decreased in the epileptogenic foci of patients with intractable partial epilepsy⁴⁶. Despite the antiepileptic properties of NE and 5-HT, drugs employed in this study that modulate these neurotransmitter systems did not significantly alter MES seizure severity.

Recently, the NRI atomoxetine was shown to reduce S-IRA and death in the DBA/1 audiogenic seizure mouse model^{21;22}. Here we found that atomoxetine, as well as another NRI, reboxetine, reduced S-IRA and death following seizures induced in a different seizure

model, MES. In this study we further showed that the protective effect of NE is mediated through an α_1 receptor mechanism. α_1 receptors are expressed in key respiratory nodes and α_1 receptor activation positively modulates breathing¹⁸. Intriguingly, we found that α_1 receptor blockade could also prevent the protective effects of SSRI, suggesting that NE may act downstream of 5-HT in regulating breathing following a seizure. While, this is not the first study to implicate NE in seizure-related breathing changes, these results meaningfully extend the literature, particularly as it pertains to interactions between the 5-HT and NE systems. It is clear from the existing literature that serotonergic upregulation is protective against seizure-induced death in a variety of animal models; however, the current study suggests that the protective effect of serotonergic upregulation may be predicated on normally functioning noradrenergic neurotransmission.

Similar to what was reported for atomoxetine²¹, the maximal effect of reboxetine in protecting against S-IRA following MES-induced seizures was seen at mid-range doses and diminished at higher doses. For atomoxetine, the authors attributed the effect to increased activation of α_2 receptors at higher doses which inhibited norepinephrine release²¹. Reboxetine also exhibits α_2 receptor binding at higher doses⁴⁷. Furthermore, reboxetine has been previously shown to act on α_2 adrenoceptors on NE neurons in the LC to dose-dependently decrease neuronal firing⁴⁸.

To assess the role of NE neurons from LC in preventing S-IRA, we pre-treated WT mice with DSP-4, resulting in ~80% loss of NE neurons in LC. In our previous study, citalopram prevented S-IRA in WT mice⁸. Here we found that citalopram was ineffective at reducing S-IRA in mice subjected to LC NE neuron destruction, suggesting that NE neuron activity may be necessary to prevent S-IRA.

The non-selective β -antagonist propranolol significantly reduced S-IRA and death compared to vehicle. The 10 mg/kg dose was used to maximize the drug's effects during S-IRA. However, it has been reported that propranolol can potentiate activity of NE at the α receptors through norepinephrine reuptake inhibition⁴⁹. Given that α_1 blockade with prazosin was sufficient to prevent the effect of propranolol, we believe that this effect was a result of the reuptake inhibition described, although a specific role for β -receptors cannot be ruled out and future experiments examining a role of β -receptors are warranted.

With the exception of phenylephrine, all drugs were applied systemically. The systemic nature of the drug application does not reveal the specific site of receptor activation. As there are α_1 receptors on respiratory nuclei in the brainstem, this might be the site of action¹⁸. While there are α_1 receptors on 5-HT neurons, that NRIs were effective in reducing S-IRA and death in *Lmx1b*^{f/f/p} mice and that this effect was similarly prevented with prazosin, suggests that α_1 receptors are normally activated somewhere other than on 5-HT neurons.

Prazosin reduced seizure severity in all groups receiving it. Despite reducing seizure severity, prazosin still prevented the protective effects of NRI, SNRI, and SSRI. This anti-seizure property of prazosin has been described previously, but had been attributed to a melatonin-2 receptor mechanism²³. Perhaps melatonin receptor mechanisms should also be probed in S-IRA. Prazosin also decreased breathing as expected. Thus, the fact that prazosin

prevented the protective effects of the reuptake inhibitors, could be attributed to the significant pre-ictal reduction in breathing and not necessarily a specific effect of α_1 blockade.

Here we found that decreasing NE neurons in the LC with the neurotoxin DSP-4 prevented the protective effect of citalopram on S-IRA and death. This suggests that noradrenergic input is important in regulating breathing after a seizure. One explanation is that 5-HT neurons modulate breathing after a seizure through NE neurons in the LC. Thus, eliminating the NE neurons in the LC disallows 5-HT to protect against S-IRA. However, 5-HT usually exerts inhibitory effects on NE neurons in the LC⁵⁰. Another possible explanation is that the 5-HT and NE systems interact at a final common effector site, such as the respiratory nuclei, which express both α_1 and 5-HT receptors¹⁸. In this sense, enhancing extracellular concentrations of NE or 5-HT is sufficient to protect breathing following a seizure, and may suggest that other pharmacological way of enhancing breathing would also be effective.

The MES model is not a model of epilepsy, *per se*, but rather is a model of acute seizure induced in a seizure naïve brain. Given that most witnessed SUDEP cases occur following post-ictal respiratory arrest, it is reasonable to try to model SUDEP in animals by eliciting post-ictal respiratory arrest. A limitation to the MES model is that each animal undergoes only a single seizure induction. In the DBA/1 and DBA/2 mouse models of audiogenic seizures, in which S-IRA and death are prevented with mechanical ventilation and mice can undergo serial testing and serve at their own controls^{6;39}; however, an advantage to the MES model is that it is simple to employ and seizure inductions are immediate.

In this study, prazosin, an exogenous antagonist, was used to examine a role for the α_1 noradrenergic receptor in seizure-induced death. However, prazosin may have off-target effects both systemically and in the central nervous system. Convergent evidence provided by optogenetic and transgenic manipulations or blood brain barrier impermeable drugs delivered *i.c.v.* will be critical to fully characterizing this effect.

Epilepsy, especially refractory epilepsy, is highly prevalent. SUDEP is an entirely too common consequence of refractory epilepsy. While pathophysiological mechanisms for SUDEP are poorly understood, it is clear that seizure related respiratory dysregulation plays a large role. Understanding these mechanisms and relevant neurotransmitter systems involved is vital to development of prophylactic strategies for patients at highest risk for SUDEP. 5-HT mechanisms have been implicated, including by our group, in seizure-induced respiratory arrest and death. Here we corroborate recent data implicating NE in the modulation of post-ictal respiration and provide additional mechanistic insights. As we continue to learn more about who is at greatest risk for SUDEP, studies like this one will help to inform pharmacologic prophylactic strategies, and may even inform choice of anti-epileptic therapy by taking into account mechanisms of action and off-target effects. Perhaps pharmacologic prophylaxis will involve combination therapy targeting serotonergic and noradrenergic systems.

All statistical analyses were completed using Graphpad Prism 7 (GraphPad Software Inc., La Jolla, CA) or Microsoft Excel (Redmond, WA). Two-tailed Fisher's Exact Tests were used to compare survival between groups. Unpaired two-tailed student's t-tests were employed to compare E/F ratio and pre/post-injection respiratory parameters. Comparisons were made between the effects of the different experimental manipulations on survival, breathing, seizure severity, and post-ictal respiratory recovery. Analyses were corrected for multiple comparisons. Unless otherwise specified, data is expressed as mean \pm standard deviation. The sample sizes of groups were determined using power calculations based on the observed effect sizes seen in pilot data in the lab. Significance threshold was set at p < 0.05 for all conditions.

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Key points summary

- SUDEP is the leading cause of death in patients with refractory epilepsy and thus is a major public health problem.
- A large body of evidence implicates serotonin in SUDEP; however, other neurotransmitters such as norepinephrine may play a role.
- Seizure-induced respiratory arrest was prevented by NRIs, SNRIs, SSRIs; α₁ noradrenergic blockade prevented these protective effects.
- The results suggest that norepinephrine may act as an intermediary in serotonergic modulation of breathing following a seizure.
- Manipulation of noradrenergic pathways with or without manipulation of serotonergic pathways may be helpful for preventing SUDEP.

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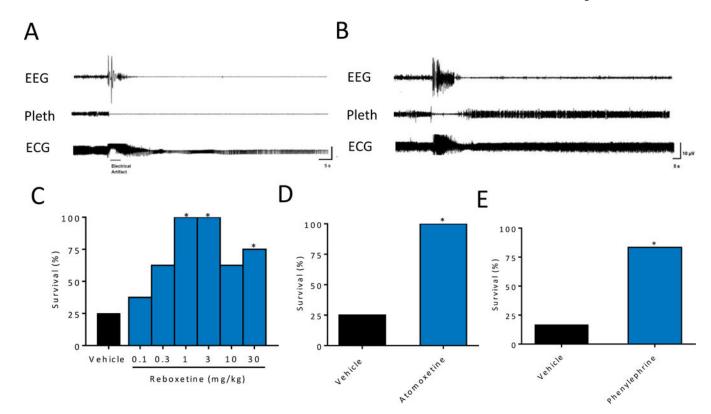


Figure 1. Norepinephrine reuptake inhibitors and an α_1 agonist prevent S-IRA and death following MES induced seizures in C57BL/6 mice.

A,B) 140-s raw EEG, breathing (Pleth), and ECG traces demonstrating death from a seizure following vehicle treatment (A) and survival from a seizure following reboxetine treatment (B). C-E) Percent survival from MES-induced seizures following systemic (*i.p.*) application of A) reboxetine (RBX; 0, 0.1, 0.3, 1, 3, 10, and 30 mg/kg *i.p.*, p = 1.00 for 0.1 mg/kg, p = 0.31 for 0.3 mg/kg, p = 0.007 for 1 mg/kg and 3 mg/kg; p = 0.3 for 10 mg/kg, p = 0.04 for 30 mg/kg) and B) atomoxetine (AXM; 10 mg/kg, p = 0.007), and C) following *i.c.v.* application of phenylephrine (1 μ M, 1 μ l, p = 0.03) or vehicle. n = 6-8 per group, as indicated in Table 1. *, p < 0.05 compared to vehicle.

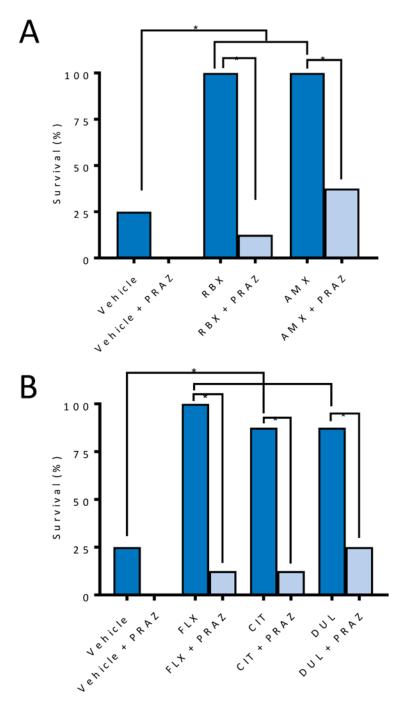
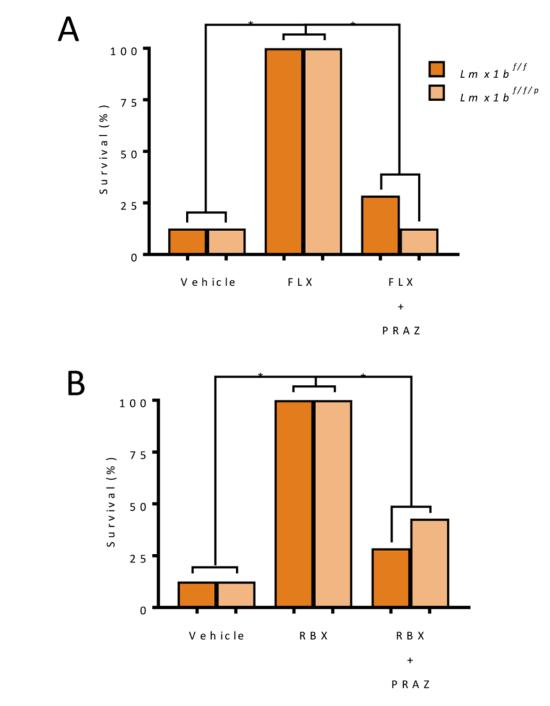
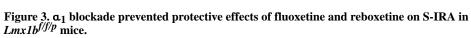


Figure 2. The a_1 antagonist, prazosin, prevents the protective effects of reboxetine, citalopram, and fluoxetine on S-IRA and death following MES induced seizures in C57BL/6 mice. A) Percentage of C57BL/6J mice surviving prazosin (PRAZ, 10 mg/kg, p = 0.47 compared to vehicle), reboxetine (3 mg/kg), alone (p = 0.007 compared to vehicle) or together (p = 0.001 compared to reboxetine alone), and atomoxetine (10 mg/kg), alone (p = 0.007 compared to vehicle) or together (p = 0.04 compared to atomoxetine alone) in C57BL/6J mice compared to control. RBX alone redrawn form Figure 1C. B) Percentage of C57BL/6J mice surviving MES-induced seizure when a_1 antagonist prazosin (PRAZ, 10 mg/kg) was co-administered with either vehicle, fluoxetine (FLX, 10 mg/kg, p = 0.001), citalopram

(CITAL, 20 mg/kg, p = 0.01), duloxetine (DUL, 10 mg/kg, p = 0.04), or when FLX, CITAL, or DUL were given with vehicle (FLX, p = 0.007; CITAL, p = 0.04; and DUL, p = 0.04). n = 6-8 per group, as indicated in Table 1. *, p < 0.05 between groups.





A) Percentage of $Lmx1b^{f/f/p}$ mice surviving MES-induced seizure when administered fluoxetine *i.p.* (FLX, 10 mg/kg, p = 0.001 for both $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ compared to vehicle) or fluoxetine and prazosin compared to vehicle and $Lmx1b^{f/f}$ controls (p = 0.007 compared to $Lmx1b^{f/f}$ fluoxetine alone and p = 0.001 compared to $Lmx1b^{f/f/p}$ fluoxetine alone). B) Percentage of $Lmx1b^{f/f/p}$ mice surviving MES-induced seizure when administered reboxetine (RBX, 3 mg/kg, p = 0.001 for both $Lmx1b^{f/f}$ and $Lmx1b^{f/f/p}$ compared to vehicle)

alone or administered reboxetine with prazosin (PRAZ, 10 mg/kg) compared to vehicle and $Lmx1b^{f/f}$ controls (p = 0.007 for $Lmx1b^{f/f}$ and p = 0.03 for $Lmx1b^{f/f/p}$. n = 7–8. *, p < 0.05.

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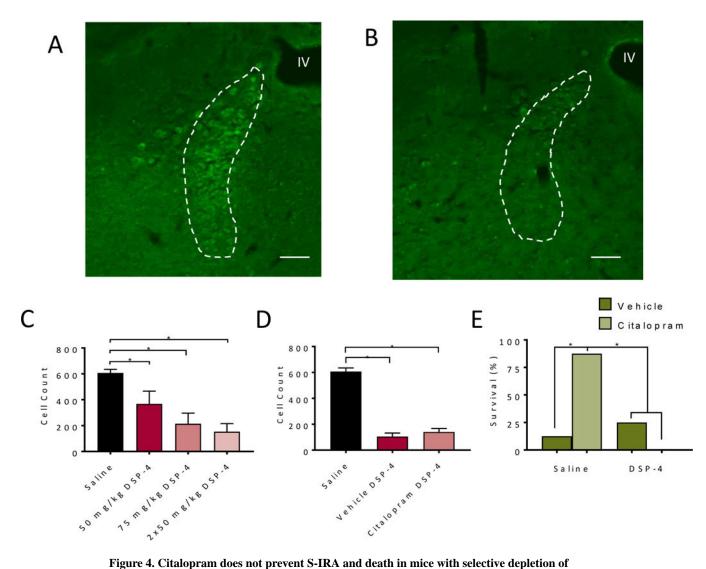


Figure 4. Citalopram does not prevent S-IRA and death in mice with selective depletion of noradrenergic neurons in the LC.

A,B) Representative micrographs from coronal sections of C57BL/6 mice treated with saline (A) or two doses DSP-4 (50 mg/kg) and immunostained with an antibody against tyrosine hydroxylase in locus coeruleus. IV, fourth ventricle. Scale bars, 100 μ m. C) TH+ cell counts in animals administered vehicle or varying doses of DSP-4 (one dose of 50 mg/kg (p = 0.003) or 75 mg/kg (p < 0.001), or 2 doses of 50 mg/kg (p < 0.001); *n* = 3 per group). D) TH + cell counts in animals which underwent maximal electroshock with citalopram 20 mg/kg (p < 0.001) or vehicle pre-treatment (p < 0.001, p = 0.072 between vehicle and citalopram groups) one week after the second of two 50 mg/kg DSP-4 doses (n = 7–8 per group), as indicated on Table 1. *, p < 0.05. E) Percentage of saline and DSP-4 treated mice surviving seizures induced by MES following treatment with vehicle (p = 0.02 vehicle with DSP-4 compared to citalopram without DSP-4) or citalopram (20 mg/kg, p = 0.001 citalopram with DSP-4 compared to citalopram without DSP-4). n = 8 per group. *, p < 0.05.

Table 1.

Effects of drugs on breathing.

	Mean Frequency, breath/min (SD)			Mean Tidal Volume, ml/g (SD)			Mean Ventilation, ml/min/g (SD)		
	Pre-Injection	Post-Injection	p-value	Pre-Injection	Post-Injection	p-value	Pre-Injection	Post-injection	p-value
Vehicle, n = 8	185.45 (27.89)	193.85 (17.69)	0.484	20.67 (4.22)	21.91 (3.25)	0.521	3.78 (0.67)	4.24 (0.72)	0.210
Atomoxetine 10 mg/kg, n = 8	170.63 (29.51)	182.59 (27.98)	0.419	21.50 (3.83)	20.68 (2.94)	0.641	3.72 (1.21)	3.83 (1.07)	0.852
Reboxetine 0.1 mg/kg, n = 8	187.37 (32.69)	173.63 (32.26)	0.412	20.65 (5.90)	21.40 (3.91)	0.771	3.79 (0.92)	3.74 (1.15)	0.930
Reboxetine 0.3 mg/kg, n = 8	165.70 (39.17)	166.49 (43.05)	0.970	22.44 (4.63)	19.96 (3.10)	0.230	3.75 (1.28)	3.37 (1.17)	0.545
Reboxetine 1 mg/kg , $n = 8$	172.75 (42.63)	188.89 (34.24)	0.418	21.39 (2.91)	23.59 (4.97)	0.299	3.68 (0.94)	4.53 (1.01)	0.207
Reboxetine 3 mg/kg , $n = 8$	178.84 (26.40)	177.51 (28.02)	0.924	21.68 (4.27)	21.78 (2.21)	0.956	3.85 (0.80)	3.84 (0.53)	0.968
Reboxetine 10 mg/kg, n = 8	180.89 (36.28)	178.06 (38.25)	0.882	21.29 (3.22)	21.18 (3.70)	0.952	3.89 (1.05)	3.75 (0.88)	0.772
Reboxetine 30 mg/kg, n = 8	163.61 (32.19)	182.51 (27.24)	0.226	22.38 (4.60)	23.40 (5.19)	0.685	3.73 (1.38)	4.22 (0.97)	0.425
<i>i.c.v.</i> Vehicle, n = 7	172.53 (32.36)	168.11 (24.03)	0.778	20.35 (3.36)	20.76 (4.02)	0.839	3.54 (1.04)	3.43 (0.48)	0.804
<i>i.c.v.</i> Phenylephrine 1 μM, n = 7	181.33 (41.98)	167.02 (34.84)	0.501	21.87 (4.85)	23.04 (3.83)	0.626	3.89 (0.85)	3.86 (1.20)	0.958
Fluoxetine 10 mg/kg n = 8	184.46 (23.92)	173.96 (36.14)	0.566	22.57 (5.24)	21.90 (2.94)	0.791	4.16 (1.10)	3.77 (0.74)	0.492
Citalopram 20 mg/kg , n = 6	177.47 (20.72)	188.76 (24.40)	0.408	22.42 (5.61)	20.58 (3.07)	0.498	3.93 (0.90)	3.88 (0.77)	0.920
Duloxetine 10 mg/kg , n = 8	198.91 (30.87)	214.42 (20.56)	0.257	23.63 (5.13)	24.13 (3.94)	0.830	4.68 (1.24)	5.18 [#] (0.99)	0.388
Propranolol 10 mg/kg, n = 8	174.74 (28.99)	218.62 (50.66)	0.052	19.75 (3.49)	21.00 (5.18)	0.580	3.41 (0.20)	4.45*(1.04)	0.015
Prazosin 0.3 mg/kg, n = 7	163.03 (43.28)	169.49 (39.69)	0.776	18.33 (4.77)	19.49 (1.41)	0.534	2.96 (0.93)	3.33 [#] (0.88)	0.459
Prazosin 1.0 mg/kg, n = 7	191.36 (36.95)	149.39 ^{*#} (19.61)	0.021	19.48 (1.56)	19.23 (2.21)	0.811	3.72 (0.72)	2.87 *# (0.56)	0.030
Prazosin 3.0 mg/kg, n = 7	201.87 (26.74)	166.74 *# (25.41)	0.027	20 .56 (2.92)	19.01 (3.36)	0.375	4.16 (0.83)	2.74 *# (0.69)	0.005
Prazosin 10 mg/kg, n = 7	188.81 (19.50)	152.64 *# (36.01)	0.038	22.50 (2.48)	17.50 *# (3.69)	0.012	4.24 (0.52)	2.69 *# (0.94)	0.003
Prazosin + Atomoxetine 10 mg/kg, n = 8	219.81 (37.00)	160.9 [*] (16.89)	0.001	23.09 (5.08)	16.45 [*] (5.31)	0.023	5.04 (0.44)	5.67 *# (0.58)	0.028
Prazosin + Reboxetine	192.15 (22.33)	155.27 *# (32.71)	0.046	18.92 (3.07)	16.99 ^{*#} (3.59)	0.031	3.64 (0.72)	2.64 *# (0.74)	0.041

	Mean Frequency, breath/min (SD)			Mean Tidal Volume, ml/g (SD)			Mean Ventilation, ml/min/g (SD)		
	Pre-Injection	Post-Injection	p-value	Pre-Injection	Post-Injection	p-value	Pre-Injection	Post-injection	p-value
30 mg/kg, n = 8									
Prazosin + Reboxetine 3 mg/kg, n = 7	179.88 (22.36)	148.20*#(30.81)	0.048	20.29 (3.31)	14.73 *# (3.10)	0.007	3.65 (0.77)	2.55 *# (0.79)	0.022
Prazosin 10 mg/kg + Fluoxetine 10 mg/kg, n = 8	184.82 (21.32)	160.01 [#] (25.32)	0.096	20.21 (1.00)	16.91 *# (2.11)	0.004	3.74 (0.53)	2.71 *# (0.58)	0.009
Prazosin 10 mg/kg + Citalopram 20 mg/kg, n = 8	187.48 (14.42)	163.06 [#] (23.01)	0.052	20.46 (3.24)	18.42 (4.16)	0.360	3.82 (0.45)	2.98 *# (0.63)	0.032
Prazosin 10 mg/kg + Duloxetine 10 mg/kg, n = 8	210.38 (41.63)	168.27*(21.44)	0.023	21.75 (4.27)	17.89 (3.49)	0.068	4.58 (0.14)	3.14*(0.73)	<0.001
Prazosin 10 mg/kg + Propranolol 10 mg/kg, n = 8	228.63 (32.54)	162.47 [*] (33.52)	0.001	22.88 (5.30)	16.55 [*] (4.14)	0.019	5.18 (0.89)	2.71 ^{*#} (0.92)	<0.001
DSP-4 Vehicle, n = 8	177.81 (26.18)	177.83 (32.35)	0.999	22.18 (3.03)	22.44 (5.42)	0.906	3.92 (0.68)	3.93 (0.95)	0.983
DSP-4 Citalopram 20 mg/mg, n = 7	179.20 (42.80)	175.34 (24.84)	0.840	21.77 (4.29)	21.38 (2.89)	0.845	3.98 (1.54)	3.76 (0.80)	0.745

Pre- and post-injection breathing changes across measures of frequency, tidal volume, and ventilation for all drug groups expressed as mean (standard deviation). Post-injection breathing for drug combinations was taken after injection of the second drug. P-values reflect post-injection breathing compared to pre-injection breathing of same drug. Unless otherwise noted, all drugs were injected *i.p.* n = 6-8 per group as indicated.

*, p < 0.05 compared to pre-injection values.

 $^{\#}$, p < 0.05 compared to vehicle.

Table 2.

Effects of drugs on seizure severity.

	Extension-Flexion Ratio (SD)		
	Mean	p-value	
Vehicle, n = 8	14.46 (5.81)	-	
Atomoxetine 10 mg/kg, n = 8	11.34 (1.14)	0.158	
Reboxetine 0.1 mg/kg, $n = 8$	11.36 (3.81)	0.228	
Reboxetine 0.3 mg/kg, $n = 8$	10.17 (2.24)	0.072	
Reboxetine 1 mg/kg, $n = 8$	10.63 (2.31)	0.105	
Reboxetine 3 mg/kg, $n = 8$	11.13 (4.67)	0.227	
Reboxetine 10 mg/kg, n = 8	8.80 (5.87)	0.073	
Reboxetine 30 mg/kg, n = 8	7.11*(5.03)	0.017	
<i>i.c. v.</i> Vehicle, n = 7	14.65 (8.80)	0.985	
<i>i.c. v.</i> Phenylephrine 1 mM, $n = 7$	10.30 (2.93)	0.136	
Fluoxetine 10 mg/kg, $n = 8$	15.64 (3.19)	0.622	
Citalopram 20 mg/kg, n = 6	14.61 (3.94)	0.958	
Duloxetine 10 mg/kg, n = 8	14.27 (2.15)	0.936	
Propranolol 10 mg/kg, n = 8	15.90 (1.51)	0.509	
Prazosin 0.3 mg/kg, n = 7	17.43 (4.23)	0.694	
Prazosin 1 mg/kg, $n = 7$	4.38*(3.58)	0.002	
Prazosin 3 mg/kg, n = 7	12.58 (7.34)	0.598	
Prazosin 10 mg/kg, n = 7	2.81*(1.06)	< 0.001	
Prazosin 10 mg/kg + Atomoxetine 10 mg/kg, n = 8	4.41*(1.71)	< 0.001	
Prazosin 10 mg/kg + Reboxetine 3 mg/kg, n = 8	6.85*(5.93)	0.026	
Prazosin 10 mg/kg + Reboxetine 30 mg/kg, n = 8	5.25*(1.03)	0.003	
Prazosin 10 mg/kg + Fluoxetine 10 mg/kg, n = 8	6.91*(0.78)	0.003	
Prazosin 10 mg/kg + Citalopram 20 mg/kg, n = 8	4.41*(2.01)	< 0.001	
Prazosin 10 mg/kg + Duloxetine 10 mg/kg, n = 8	4.83*(1.64)	< 0.001	
Prazosin 10 mg/kg + Propranolol 10 mg/kg, n = 8	7.30*(1.66)	0.005	
DSP-4 Vehicle, n = 8	15.76 (2.43)	0.569	
DSP-4 Citalopram 20 mg/kg, n = 7	14.61 (3.94)	0.955	

Extension-flexion ratio of seizures after drug administration for all groups. Values are expressed as mean (standard deviation) with p-values provided that reflect the drug group compared to extension-flexion ratio of vehicle group. Unless otherwise noted, all drugs were injected *i.p.* n = 6-8 per group as indicated.

*, p < 0.05 compared to vehicle.