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Screening hysteroscopy in subfertile women and women undergoing assisted reproduction (Review)

Kamath MS, Bosteels J, D'Hooghe TM, Seshadri S, Weyers S, Mol BWJ, Broekmans FJ, Sunkara SK

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[Intervention Review]

Screening hysteroscopy in subfertile women and women undergoing assisted reproduction

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ABSTRACT

Background

Screening hysteroscopy in infertile women with unexplained infertility, or prior to intrauterine insemination (IUI) or in vitro fertilisation (IVF) may reveal intrauterine pathology that may not be detected by routine transvaginal ultrasound. Hysteroscopy, whether purely diagnostic or operative may improve reproductive outcomes.

Objectives

To assess the effectiveness and safety of screening hysteroscopy in subfertile women undergoing evaluation for infertility, and subfertile women undergoing IUI or IVF.

Search methods

We searched the Cochrane Gynaecology and Fertility Group Specialised Register, CENTRAL CRSO, MEDLINE, Embase, ClinicalTrials.gov, and the World Health Organization International Clinical Trials Registry Platform (September 2018). We searched reference lists of relevant articles and handsearched relevant conference proceedings.

Selection criteria

Randomised controlled trials comparing screening hysteroscopy versus no intervention in subfertile women wishing to conceive spontaneously, or before undergoing IUI or IVF.

Data collection and analysis

We independently screened studies, extracted data, and assessed the risk of bias. The primary outcomes were live birth rate and complications following hysteroscopy. We analysed data using risk ratio (RR) and a fixed-effect model. We assessed the quality of the evidence by using GRADE criteria.



Main results

We retrieved 11 studies. We included one trial that evaluated screening hysteroscopy versus no hysteroscopy, in women with unexplained subfertility, who were trying to conceive spontaneously. We are uncertain whether ongoing pregnancy rate improves following a screening hysteroscopy in women with at least two years of unexplained subfertility (RR 4.30, 95% CI 2.29 to 8.07; 1 RCT; participants = 200; very low-quality evidence). For a typical clinic with a 10% ongoing pregnancy rate without hysteroscopy, performing a screening hysteroscopy would be expected to result in ongoing pregnancy rates between 23% and 81%. The included study reported no adverse events in either treatment arm. We are uncertain whether clinical pregnancy rate is improved (RR 3.80, 95% CI 2.31 to 6.24; 1 RCT; participants = 200; very low-quality evidence), or miscarriage rate increases (RR 2.80, 95% CI 1.05 to 7.48; 1 RCT; participants = 200; very low-quality evidence), following screening hysteroscopy in women with at least two years of unexplained subfertility.

We included ten trials that included 1836 women who had a screening hysteroscopy and 1914 women who had no hysteroscopy prior to IVF. Main limitations in the quality of evidence were inadequate reporting of study methods and higher statistical heterogeneity. Eight of the ten trials had unclear risk of bias for allocation concealment.

Performing a screening hysteroscopy before IVF may increase live birth rate (RR 1.26, 95% CI 1.11 to 1.43; 6 RCTs; participants = 2745; $I^2 = 69$ %; low-quality evidence). For a typical clinic with a 22% live birth rate, performing a screening hysteroscopy would be expected to result in live birth rates between 25% and 32%. However, sensitivity analysis done by pooling results from trials at low risk of bias showed no increase in live birth rate following a screening hysteroscopy (RR 0.99, 95% CI 0.82 to 1.18; 2 RCTs; participants = 1452; $I^2 = 0\%$).

Only four trials reported complications following hysteroscopy; of these, three trials recorded no events in either group. We are uncertain whether a screening hysteroscopy is associated with higher adverse events (Peto odds ratio 7.47, 95% CI 0.15 to 376.42; 4 RCTs; participants = 1872; I² = not applicable; very low-quality evidence).

Performing a screening hysteroscopy before IVF may increase clinical pregnancy rate (RR 1.32, 95% Cl 1.20 to 1.45; 10 RCTs; participants = 3750; $I^2 = 49\%$; low-quality evidence). For a typical clinic with a 28% clinical pregnancy rate, performing a screening hysteroscopy would be expected to result in clinical pregnancy rates between 33% and 40%.

There may be little or no difference in miscarriage rate following screening hysteroscopy (RR 1.01, 95% CI 0.67 to 1.50; 3 RCTs; participants = 1669; $I^2 = 0\%$; low-quality evidence).

We found no trials that compared a screening hysteroscopy versus no hysteroscopy before IUI.

Authors' conclusions

At present, there is no high-quality evidence to support the routine use of hysteroscopy as a screening tool in the general population of subfertile women with a normal ultrasound or hysterosalpingogram in the basic fertility work-up for improving reproductive success rates.

In women undergoing IVF, low-quality evidence, including all of the studies reporting these outcomes, suggests that performing a screening hysteroscopy before IVF may increase live birth and clinical pregnancy rates. However, pooled results from the only two trials with a low risk of bias did not show a benefit of screening hysteroscopy before IVF.

Since the studies showing an effect are those with unclear allocation concealment, we are uncertain whether a routine screening hysteroscopy increases live birth and clinical pregnancy, be it for all women, or those with two or more failed IVF attempts. There is insufficient data to draw conclusions about the safety of screening hysteroscopy.

PLAIN LANGUAGE SUMMARY

Screening hysteroscopy in subfertile women trying to conceive spontaneously, and before in vitro fertilisation

Review question

To assess the safety and usefulness of performing a screening hysteroscopy on reproductive outcomes in women trying to conceive spontaneously, and those undergoing in vitro fertilisation (IVF).

Background

In women with an unexplained problem in becoming pregnant, or those seeking advanced fertility treatment, such as intrauterine insemination or IVF, it has been suggested that performing a hysteroscopy (visualisation of the inside of the womb, using a telescope) may help improve success. The routine ultrasound done during the work-up may miss smaller abnormalities inside the womb, which may be detected and treated simultaneously by performing a hysteroscopy. It may also increase success by facilitating the subsequent insemination or embryo transfer, by widening the passage to the womb (cervical dilatation), or because of a scratching effect on the endometrium (lining of the womb), which may help to improve embryo implantation (adherence to lining of womb).

Study characteristics

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For women wishing to become pregnant spontaneously, we found one trial (200 women). For women undergoing IVF, we included ten trials (3750 women). All trials evaluated the effects of screening hysteroscopy compared to no hysteroscopy. The evidence is current to September 2018.

Key results

In women wishing to become pregnant spontaneously, hysteroscopy was associated with a higher chance for an ongoing and clinical pregnancy in one study at high risk of bias. The trial reported no adverse events following hysteroscopy. The miscarriage rate was higher following hysteroscopy.

In women undergoing IVF, the included studies suggested that performing a screening hysteroscopy first, improved the chances of live birth or clinical pregnancy. However, adverse events following hysteroscopy were poorly reported, and therefore, we were unable to assess the safety of this intervention. For women at a typical clinic with a 22% live birth rate, performing a screening hysteroscopy would be expected to result in live birth rates between 25% and 32%. There was no increased risk of miscarriage following hysteroscopy.

We found no trials with women who were seeking intrauterine insemination.

Quality of the evidence

There was very low-quality evidence from one study in women who were trying to become pregnant spontaneously.

There was low-quality evidence that a screening hysteroscopy, performed prior to IVF, may increase the chance of live birth or clinical pregnancy, and very low-quality evidence about adverse events following hysteroscopy. The quality of the evidence was reduced because of risk of bias and statistical heterogeneity.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. Screening hysteroscopy versus no hysteroscopy in women wishing to conceive spontaneously

Hysteroscopy compared with no hysteroscopy in women wishing to conceive spontaneously

Patient or population: women with unexplained subfertility wishing to conceive spontaneously

Settings: Arafa Hospital, Fayoum, Egypt

Intervention: screening hysteroscopy

Comparison: no hysteroscopy

Outcomes	Anticipated absolute	e effects* (95% CI)	Relative effect (95% CI)	No of Partici- pants	Quality of the evi- Comments dence
	Risk with no hys- teroscopy	Risk with hysteroscopy	- (55 / 61)	(studies)	(GRADE)
Live birth	100 per 1000	430 per 1000	RR 4.30	200	\$\$ \$ \$
		(229 to 807)	(2.29 to 8.07)	(1 RCT)	very low ^{a,b}
Adverse events	0 per 1000	0 per 1000	not estimable	(1 RCT)	0000 e e h e
		(0 to 0)			very low ^{a,b.c}
Clinical preg-	150 per 1000	570 per 1000	RR 3.80	200	
nancy		(347 to 936)	(2.31 to 6.24)	(1 RCT)	very low ^{a,b}
Miscarriage	50 per 1000	140 per 1000	RR 2.80	200	000
		(52 to 374)	(1.05 to 7.48)	(1 RCT)	very low ^{a,b,c}

*The basis for the **assumed risk** (e.g. the median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI). **CI:** Confidence interval; **RR:** Risk Ratio

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate. Very low quality: We are very uncertain about the estimate. ^{*a*}Very serious risk of bias, downgraded by two levels: unclear random sequence generation and allocation concealment - high risk of selective outcome reporting ^bSerious risk of indirectness, downgraded by one level; only one single-centre study ^cSerious risk of imprecision, downgraded by one level; no or low number of events

Summary of findings 2. Screening hysteroscopy versus no hysteroscopy in women before IVF

Screening hysteroscopy versus no hysteroscopy in women before IVF

Patient or population: women before IVF treatment Setting: academic and private clinics Intervention: screening hysteroscopy

Comparison: no hysteroscopy

Outcomes	Anticipated absolut	e effects [*] (95% CI)	Relative effect (95% CI)	№ of participants (studies)	Certainty of the Co evidence	omments
	Risk with no hys- teroscopy	Risk with hysteroscopy	(,	(,	(GRADE)	
Live birth	221 per 1000	279 per 1000 (245 to 316)	RR 1.26 (1.11 to 1.43)	2745 (6 RCTs)	⊕⊕⊙⊝ low ^{a,b}	
Adverse events	0 per 1000	0 per 1000 (0 to 0)	Peto OR 7.47 (0.15 to 376.42)	1872 (4 RCTs)	⊕⊕⊙⊝ very low ^{a,c}	
Clinical preg- nancy	278 per 1000	368 per 1000 (334 to 404)	RR 1.32 (1.20 to 1.45)	3750 (10 RCTs)	⊕⊕⊝⊝ lowa,d	
Miscarriage	53 per 1000	53 per 1000 (35 to 79)	RR 1.01 (0.67 to 1.50)	1669 (3 RCTs)	⊕⊕⊙⊝ low ^{a,e}	

*The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: Confidence interval; RR: Risk ratio; OR: Odds ratio;

GRADE Working Group grades of evidence

High certainty: We are very confident that the true effect lies close to that of the estimate of the effect

Moderate certainty: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different

Low certainty: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect

Very low certainty: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect

^aSerious risk of bias, downgraded by one level: only two studies had low risk of bias for all the domains. The rest of the studies had unclear risk for allocation concealment. One

study was categorised at high risk for 'other' domain. There is a likely chance of overestimating the treatment.

^bSerious inconsistency, downgraded by one level: there is a statistical heterogeneity of 69%, which is substantial.

cVery serious risk of imprecision, downgraded by two levels: due to wide confidence interval; number of events is too low.

^dSerious inconsistency, downgraded by one level: there is a statistical heterogeneity of 49%, which is moderate.

eSerious risk of imprecision, downgraded by one level: due to wide confidence interval.



BACKGROUND

Description of the condition

According to the International Committee for Monitoring Assisted Reproductive Technology (ICMART) and the World Health Organization's (WHO) revised glossary of assisted reproductive technology, subfertility is "a disease of the reproductive system, defined by the failure to achieve a clinical pregnancy after 12 months or more of regular unprotected sexual intercourse, or due to an impairment of a person's capacity, either as an individual, or with his or her partner" (Zegers-Hochschild 2017). It is estimated that 72.4 million women are subfertile, and that 40.5 million of these are currently seeking fertility treatment (Boivin 2007). A basic subfertility evaluation comprises tests for ovulation, tubal patency, and a transvaginal ultrasound to rule out uterine or ovarian pathology for the female partner, and semen analysis for the male partner (ASRM 2016). The evaluation of the uterine cavity could be considered an important step in the investigation of all subfertile women, as the uterine cavity and its inner layer, the endometrium, are assumed to be important for implantation of the human embryo.

In women undergoing in vitro fertilisation (IVF), despite numerous technological advances, live-birth rates are between 21% and 25% (Mansour 2014; EIM/ESHRE 2016). Even after transferring euploid embryos following pre-implantation genetic screening, pregnancy rate is only around 64% (Fiorentino 2014). Embryo implantation remains one of the crucial steps that determines the success of an IVF cycle. The successful implantation is dependent on embryouterine 'cross talk', which is mediated through various factors, such as cytokines, growth factors, and adhesion molecules (Singh 2011; Zhang 2013). Uterine factors, such as polyps and adhesions, may negatively impact the outcomes of IVF (Taylor 2008).

Description of the intervention

Hysteroscopy can both evaluate the uterine cavity for pathology, and either during the same procedure or in a further procedure, treat polyps, adhesions, septa, and fibroids. Screening hysteroscopy is carried out in asymptomatic women, with no detectable uterine cavity abnormalities on pelvic imaging. Hysteroscopy is a commonly performed gynaecological procedure with low complication rates (0.1% to 0.95% (Jansen 2000)). It can be carried out in an outpatient setting without general or regional anaesthesia. Various methods of pain relief are used, such as local, oral, or intravenous analgesia, either alone or in combination (Ahmad 2017). It is considered the gold standard for the diagnosis of uterine cavity pathology (Taylor 2008; Bosteels 2015).

Hysteroscopy allows the direct visualisation of the uterine cavity through a rigid, semi-rigid, or flexible endoscope. During hysteroscopy, the instrument is passed through the cervix into the uterine cavity. For optimal visualisation, a distension medium, commonly saline, is used to expand the uterine cavity. The hysteroscope consists of a rigid telescope with a proximal eyepiece, and a distal objective lens that can be angled at 0° to allow direct viewing, or offset at various angles to provide a forward-oblique view. The total working diameters of modern diagnostic hysteroscopes are typically 2.5 to 4.0 mm. Operative hysteroscopy requires adequate visualisation through a continuous fluid circulation using an in- and outflow channel. The outer diameters of modern operative hysteroscopes have been reduced to a diameter

of between 4.0 and 5.5 mm. The sheath system contains one or two 1.6 to 2.0 mm working channels for the insertion of small biopsy forceps, scissors, retraction loops and morcellators, or unipolar or bipolar electro diathermy instruments.

In clinical practice, evaluation of the uterine cavity is usually done with a transvaginal ultrasound scan (TVS) prior to IVF. Due to the perceived advantages of hysteroscopy over TVS, such as the potential for simultaneous detection and treatment of intrauterine pathologies, use of a pre-IVF screening hysteroscopy has gained widespread acceptance (Campo 2014).

How the intervention might work

It is assumed that uterine cavity abnormalities may interfere with factors that regulate the embryo-endometrium interplay, for example, hormones and cytokines, reducing the possibility of pregnancy. Many hypotheses have been formulated in the literature as to how endometrial polyps, submucous fibroids, intrauterine adhesions, and uterine septa may impair implantation of the human embryo; nevertheless, the precise mechanisms of the action through which each one of these cavity abnormalities affects this essential reproductive process are poorly understood.

Screening hysteroscopy in woman prior to IVF may reveal intrauterine pathology that may not be detected by routine TVS. The reported rate of intrauterine pathology is 12% in women undergoing first IVF (Smit 2016), and 27% in women with recurrent implantation failure (RIF) (El-Toukhy 2016). Hysteroscopy allows detection and treatment of many of these intrauterine pathologies, which may improve IVF outcomes (Oliveira 2003). Cervical dilation during pre-IVF hysteroscopy may facilitate subsequent embryo transfers, which could possibly improve outcomes. Another proposed mechanism to help improve IVF outcomes following hysteroscopy is local endometrial injury caused during the invasive procedure. The inflammatory reaction following endometrial injury leads to a release of cytokines and growth factors, which may help implantation and improve clinical pregnancy rates following IVF (Barash 2003; Nastri 2015).

Why it is important to do this review

Although detection of intrauterine pathologies in women with normal TVS prior to IVF is perceived as one of the benefits of performing hysteroscopy, we wish to evaluate whether treating these pathologies improves outcomes following IVF (Oliveira 2003; Pundir 2014; Smit 2016). Current guidelines do not advocate the routine use of screening hysteroscopy during the initial infertility work-up (Crosignani 2000; NICE 2013). Due to uncertainty about the role of screening hysteroscopy in women with normal TVS during infertility work-up, and prior to IVF, it is important to conduct a systematic appraisal of the current evidence.

OBJECTIVES

To assess the effectiveness and safety of screening hysteroscopy in subfertile women undergoing evaluation for infertility and subfertile women undergoing intrauterine insemination (IUI) or in vitro fertilisation (IVF).



METHODS

Criteria for considering studies for this review

Types of studies

Published and unpublished randomised controlled trials (RCT) were eligible for inclusion. We excluded non-randomised studies and quasi-randomised trials.

Types of participants

- 1. Subfertile women, with otherwise unexplained infertility, in whom routine imaging did not show uterine cavity abnormalities, who wished to conceive spontaneously
- 2. Subfertile women, in whom routine imaging did not show uterine cavity abnormalities, and before treatment with IUI.
- 3. Women in whom routine imaging did not show uterine cavity abnormalities, and before treatment with IVF.

We excluded subfertile women with suspected uterine cavity abnormalities (present on any imaging techniques), as this topic is covered by another Cochrane review (Bosteels 2015).

Types of interventions

We included the following three randomised comparisons:

- 1. A routine screening hysteroscopy, with or without treatment of any detected uterine cavity abnormalities, versus no hysteroscopy, in subfertile women wishing to conceive spontaneously.
- 2. A routine screening hysteroscopy, with or without treatment of any detected uterine cavity abnormalities, versus no hysteroscopy, before intrauterine insemination (IUI).
- 3. A routine screening hysteroscopy, with or without treatment of any detected uterine cavity abnormalities, versus no hysteroscopy, before in vitro fertilisation (IVF).

Types of outcome measures

Primary outcomes

- 1. Live birth or (in studies that do not report live birth) ongoing pregnancy. The live-birth delivery rate (whether or not after assisted reproduction) was defined as delivery of a live foetus after 20 completed weeks of gestational age. We counted the delivery of singleton, twin, or multiple pregnancies as one live birth. The ongoing pregnancy rate (whether or not after assisted reproduction) was defined as evidence of a gestational sac with foetal heart motion at 12 weeks, confirmed by ultrasound. We counted multiple gestational sacs as one ongoing pregnancy. We used ongoing pregnancy as a surrogate outcome for live birth.
- 2. Adverse events: the incidence of complications due to the hysteroscopy procedure, analysed as a composite measure of any adverse events (including perforation, infection, vasovagal attacks).

Secondary outcomes

- 1. Clinical pregnancy rate (whether or not after assisted reproduction), defined as ultrasound evidence of a gestational sac.
- 2. Miscarriage rate (whether or not after assisted reproduction), defined as the spontaneous loss of a clinical pregnancy that

occurred before 20 completed weeks of gestation (18 weeks post-fertilisation) or, if gestational age was unknown, the loss of an embryo or foetus of less than 400 grams.

We did not exclude studies on the basis of their reported outcome measures. We reported any lack of data for key outcomes in the final results and discussion.

Search methods for identification of studies

We searched for all published and unpublished RCTs of routine hysteroscopy in infertile women, without language restriction, and in consultation with the Cochrane Gynaecology and Fertility Group (CGF) Information Specialist.

Electronic searches

We searched the following electronic databases, trial registers, and web sites from inception to 05 September 2018:

- Cochrane CGF Specialised Register, ProCite platform, searched 05 September 2018 (Appendix 1);
- Cochrane Central Register of Studies (CENTRAL CRSO), Web platform, searched 05 September 2018 (Appendix 2);
- MEDLINE, Ovid platform, searched from 1946 to 05 September 2018 (Appendix 3);
- Embase, Ovid platform, searched from 1980 to 05 September 2018(Appendix 4);
- PsycINFO, Ovid platform, searched from 1806 to 05 September 2018 (Appendix 5);
- CINAHL (Cumulative Index to Nursing and Allied Health Literature), EBSCO platform, searched from 1961 to 05 September 2018 (Appendix 6);
- US National Institutes of Health Ongoing Trials Register ClinicalTrials.gov (www.clinicaltrials.gov);
- World Health Organization International Trials Registry Platform (www.who.int/trialsearch/Default.aspx);
- DARE (Database of Abstracts of Reviews of Effects) on the Cochrane Library for reference lists from relevant non-Cochrane reviews (onlinelibrary.wiley.com/o/cochrane/ cochrane_cldare_articles_fs.html);
- Web of Knowledge (another source of trials and conference abstracts (wokinfo.com/));
- OpenGrey for unpublished literature from Europe (www.opengrey.eu/);
- LILACS (Latin American and Caribbean Health Science Information database) (regional.bvsalud.org/php/index.php? lang=en);
- PubMed and Google for recent trials not yet indexed in MEDLINE.

We combined the MEDLINE search with the Cochrane Highly Sensitive Search Strategy for identifying randomised trials, which appears in Section 6.4.11 of the *Cochrane Handbook for Systematic Reviews of Interventions* (Lefebre 2011).

We combined the Embase, PsycINFO, and CINAHL searches with trial filters developed by the Scottish Intercollegiate Guidelines Network (SIGN (www.sign.ac.uk/search-filters.html)).



Searching other resources

Four review authors (JB, SS for non-IVF comparisons; MSK, SKS for IVF comparison) handsearched reference lists of articles retrieved by the search, and contacted experts in the field to obtain additional data. We also handsearched relevant journals and conference abstracts that were not covered in the GFG register, in liaison with the Information Specialist.

Data collection and analysis

Selection of studies

Two review authors (MSK, SKS) conducted an initial screen of titles and abstracts identified by the search, after which we retrieved the full texts of all potentially eligible studies. Four review authors (SS, JB, SKS, MSK) independently examined these full-text articles for compliance with the inclusion criteria, and selected studies eligible for inclusion in the review. We corresponded with study investigators as required to clarify study eligibility. Disagreements as to study eligibility were resolved by discussion or by a fifth review author (BWJM). We documented the selection process with a PRISMA flow chart.

Data extraction and management

Four review authors (JB, MSK, SKS, SS) independently extracted data from eligible studies using a data extraction form designed and pilot-tested by the review authors. Any disagreement was resolved by discussion or by a fifth review author (BWJM). We extracted data that included study characteristics and outcome data (Appendix 7). We corresponded with study investigators for further data on methods or results, or both, as required. We included studies irrespective of whether outcomes were reported in a 'usable' way.

Assessment of risk of bias in included studies

Four review authors (JB, SS for non-IVF comparisons; MSK, SKS for IVF comparison) independently assessed the included studies for risk of bias using the Cochrane 'Risk of bias' assessment tool (Higgins 2011). We assessed the following items: selection (random sequence generation and allocation concealment); performance (blinding of participants and personnel); detection (blinding of outcome assessors); attrition (incomplete outcome data); reporting (selective reporting); and other bias. Disagreements were resolved by discussion or by a fifth review author. We described all judgements fully, and presented the conclusions in the 'Risk of bias' table, which were incorporated into the interpretation of review findings by means of sensitivity analyses (see Sensitivity analysis). Selective reporting is a type of reporting bias that affects the internal validity of an individual study. It refers to the selective reporting of some outcomes (e.g. positive outcomes) and the failure to report others (e.g. adverse events). We took care to search for within-trial selective reporting, such as trials failing to report obvious outcomes, or reporting them in insufficient detail to allow inclusion. We compared the outcomes between the published protocol and the final published study. Where identified studies failed to report the primary outcome of live birth, but did report interim outcomes, such as clinical pregnancy, we undertook informal assessment as to whether the interim values (e.g. pregnancy rates) were similar to those reported in studies that also reported live birth.

Measures of treatment effect

For dichotomous data (e.g. live-birth rates), we used the number of events in the control and intervention groups of each study to calculate risk ratios (RR). We used Peto odds ratio (OR) for outcomes with low event rates. We reversed the direction of effect of individual studies, if required, to ensure consistency across trials. We presented 95% confidence intervals (CI) for all outcomes. We compared the magnitude and direction of effect reported by studies with how they were presented in the current review, taking account of legitimate differences.

Unit of analysis issues

The primary analysis was per woman randomised; we included per pregnancy data for some outcomes (for the outcome miscarriage). We counted multiple live births (e.g. twins or triplets) as one livebirth event.

Dealing with missing data

We analysed the data on an intention-to-treat basis to the greatest degree possible, and attempted to obtain missing data from the original authors. We assumed live births or clinical pregnancies would not be present in women without a reported outcome. For other outcomes, we analysed only the available data.

For Imputated data, we had planned to conduct sensitivity analysis (see Sensitivity analysis).

Assessment of heterogeneity

We considered whether the clinical and methodological characteristics of the included studies were sufficiently similar for meta-analysis to provide a clinically meaningful summary. We assessed statistical heterogeneity using the I^2 statistic. An I^2 measurement greater than 50% indicated substantial heterogeneity (Higgins 2011).

Assessment of reporting biases

In view of the difficulty of detecting and correcting for publication bias and other reporting biases, the review authors aimed to minimise the potential impact of these biases by ensuring a comprehensive search for eligible studies, and by being alert for duplication of data. Since there were fewer than 10 studies in each population, we did not use a funnel plot.

Data synthesis

Four review authors (JB, SS for non-IVF comparisons; MSK, SKS for IVF comparison) entered the data and performed the statistical analysis using Review Manager 5 (RevMan 2014). We combined the data using a fixed-effect model for the following comparisons.

- Hysteroscopy versus no hysteroscopy for subfertile women wishing to conceive spontaneously
- Hysteroscopy versus no hysteroscopy for subfertile women undergoing IUI
- Hysteroscopy versus no hysteroscopy for women undergoing IVF

We displayed an increase in the odds of a particular outcome, which may be beneficial (e.g. live birth) or detrimental (e.g. adverse effects of the hysteroscopy) graphically in the meta-analyses to the right of the centre-line, and a decrease in the odds of an outcome to the left of the centre-line.

Subgroup analysis and investigation of heterogeneity

We conducted the following subgroup analysis:

For women undergoing IVF:

• First IVF versus two or more IVF failures.

Sensitivity analysis

We conducted sensitivity analyses for the primary outcome live birth and an important secondary outcome (clinical pregnancy rate) to determine whether the conclusions were robust to arbitrary decisions made regarding eligibility and analysis. These analyses included consideration of whether the review conclusions would have differed if:

- eligibility had been restricted to studies without high or unclear risk of bias in any domain;
- a random-effects model had been adopted;
- alternative imputation strategies had been implemented;
- the summary effect measure had been odds ratio rather than risk ratio;
- the primary outcome had been limited to live birth.

Overall quality of the body of evidence: 'Summary of findings' table

We prepared a 'Summary of findings' table using GRADEpro GDT and Cochrane methods (GRADEpro GDT; Higgins 2011). This table evaluated the overall quality of the body of evidence for all review outcomes (live birth, adverse events, clinical pregnancy, and miscarriage), for the following comparisons: a screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously; and a screening hysteroscopy versus no hysteroscopy in women before IVF. We assessed the quality of the evidence using GRADE criteria (risk of bias, consistency of effect, imprecision, indirectness, and publication bias). Two review authors independently made judgements about evidence quality (high, moderate, low, or very low), with any disagreements resolved by discussion. They justified, documented, and incorporated the judgments into report of results for each outcome. We extracted study data, formatted our comparisons in data tables, and prepared a 'Summary of findings' table before writing the results and conclusions of our review.

RESULTS

Description of studies

Results of the search

We ran our electronic search on 05 September 2018. The targeted search resulted in 761 records, out of which 227 were duplicate records. Two teams of review authors (JB and SS; MSK and SKS) screened the records simultaneously and independently, and examined the titles and abstracts to identify potentially eligible studies among the remaining 534 records.

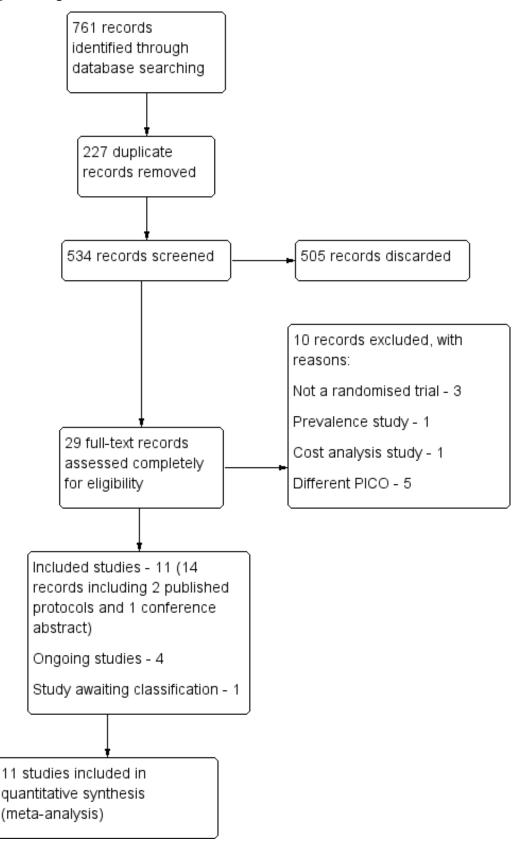
After independent assessment, two authors (JB, SS) found five potentially eligible studies for the randomised comparisons in subfertile women wishing to conceive spontaneously, or before intrauterine insemination (IUI); we only included one trial (Seyam 2015). One study is awaiting classification (Moramezi 2012). We excluded three trials for not addressing the research question of interest (Brown 2000; El-Khayat 2015; Shokeir 2016). See the 'Characteristics of excluded studies' tables.

Two authors (MSK, SKS) independently assessed studies that evaluated screening hysteroscopy before in vitro fertilisation (IVF), and found 24 records of potentially eligible studies. We excluded seven trials (Fatemi 2010; Wang 2011; Kasius 2013; Kamel 2015; Zhang 2015; Hebeisha 2018; Siristatidis 2017), and included ten trials in the review (Demirol 2004; Rama Raju 2006; El-Nashar 2011; Aghahosseini 2012; Shawki 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017; Juul Hare 2018). For two included trials, there were two published protocols and one conference abstract (Smit 2016; El-Toukhy 2016). We identified four ongoing trials (NCT02245750; NCT03173404; PACTR201402000691997; UMIN000025679). See the 'Characteristics of ongoing studies' tables.

When combining all the populations evaluated under this review, we found 26 potentially eligible studies, out of which we included 11 trials for quantitative synthesis. The search results are summarized in the PRISMA flow chart (Figure 1).



Figure 1. Study flow diagram





Included studies

See 'Characteristics of included studies' tables.

Design

We included a total of 11 randomised controlled trials (RCT) in the review. Out of these 11 included trials, eight were completed and published as full articles (Demirol 2004; Rama Raju 2006; Shawki 2012; Elsetohy 2015; Seyam 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017), and three were conference abstracts (El-Nashar 2011; Aghahosseini 2012; Juul Hare 2018). Three were multicentre trials, conducted in the Netherlands (Smit 2016), European centres (El-Toukhy 2016), and Denmark (Juul Hare 2018). The remaining eight trials were single centre trials. Two were conducted in Iran (Aghahosseini 2012; Alleyassin 2017), four in Egypt (El-Nashar 2011; Shawki 2012; Elsetohy 2015; Seyam 2015), one in India (Rama Raju 2006), and one in Turkey (Demirol 2004).

One of the studies was partly funded by the European Society of Human Reproduction and Embryology, the European Society for Gynaecological Endoscopy (ESGE), and the Karl Storz Company provided the hysteroscopy equipment for all centres (El-Toukhy 2016). The Dutch Organisation for Health Research and Development (ZonMW) funded the other multicentre trial (Smit 2016). The rest of the trials did not acknowledge any funding support.

Participants

Seyam 2015 enrolled 200 women with unexplained subfertility who attended a single centre in Egypt. The basic work-up included a hysterosalpingogram (HSG) and a transvaginal ultrasound to screen for uterine pathology and tubal patency. The authors of this RCT did not report whether or not a prior hysteroscopy or a concomitant endometrial biopsy were done. We could not obtain further clarification.

The characteristics of the participants among the IVF population are shown in Table 1. Three trials included subfertile women undergoing their first IVF (Elsetohy 2015; Smit 2016; Alleyassin 2017). Four trials included women with two or more IVF failures (Demirol 2004; Rama Raju 2006; Aghahosseini 2012; El-Toukhy 2016). Two trials included an unselected IVF population (El-Nashar 2011; Shawki 2012). One trial included women with one IVF failure who were undergoing their second IVF treatment (Juul Hare 2018). In six trials, participants had an additional radiological procedure, in the form of a HSG, as an inclusion criteria (Demirol 2004; Rama Raju 2006; Aghahosseini 2012; Shawki 2012; Elsetohy 2015; Alleyassin 2017). Two trials excluded participants with a history of previous hysteroscopy (Smit 2016; Alleyassin 2017); and one trial included women with a previous history of hysteroscopy in both the intervention and control arms (El-Toukhy 2016).

Interventions

Seyam 2015 randomly compared office microhysteroscopy versus no hysteroscopy in women with unexplained subfertility, for a mean duration of two years. Hysteroscopy was done in the follicular phase. When pathology was detected, treatment was done, including hysteroscopic resection of endometrial polyps and submucous fibroids, and excision of a uterine septum.

Cycle characteristics of included studies of an IVF population are shown in (Table 1). Among the IVF population, the hysteroscopy

was performed in the luteal phase in one trial (Alleyassin 2017), and in the follicular phase in five trials (Demirol 2004; Rama Raju 2006; Elsetohy 2015; El-Toukhy 2016; Smit 2016). In four trials, the IVF was performed in the immediate cycle following hysteroscopy (Demirol 2004; Rama Raju 2006; El-Toukhy 2016; Alleyassin 2017); while in two trials, IVF was performed within one to three months after hysteroscopy (Elsetohy 2015; Smit 2016). No information on timing of hysteroscopy was available for four trials (El-Nashar 2011; Aghahosseini 2012; Shawki 2012; Juul Hare 2018).

In three trials, hysteroscopy was combined with endometrial biopsy in the intervention arm, but no procedure was done in the control arm (Rama Raju 2006; El-Nashar 2011; Juul Hare 2018). In six trials, hysteroscopy was done in the intervention arm, while no intervention was done in control arm (Demirol 2004; Aghahosseini 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017). In one trial, investigators performed an endometrial biopsy of suspicious lesions after injecting methylene blue in the hysteroscopy arm, while no intervention was done in the control arm (Shawki 2012).

In six trials, investigators performed a hysteroscopy and treated all of the detected intracavitary abnormalities prior to IVF in the intervention arm (Demirol 2004; Rama Raju 2006; El-Nashar 2011; Shawki 2012; Elsetohy 2015; Alleyassin 2017). In two trials, some of the intracavitary abnormalities detected during hysteroscopy were treated in the intervention arm, while some were not treated (El-Toukhy 2016; Smit 2016). In two trials, it was not clear if detected abnormalities were treated (Aghahosseini 2012; Juul Hare 2018).

Outcomes

Seyam 2015 did not report the primary outcome of live birth; the study report indicated the assessment of the cumulative ongoing pregnancy rate, although ongoing pregnancy was not defined. We used the data for this outcome as a surrogate for live birth. This study assessed an outcome measure - patient compliance - which was not of interest to this Cochrane Review.

Among the IVF population, six trials reported the primary outcome of live birth (Rama Raju 2006; Aghahosseini 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Juul Hare 2018). Four trials reported the primary outcome of adverse events (Elsetohy 2015; El-Toukhy 2016; Smit 2016; Juul Hare 2018). All ten trials reported clinical pregnancy rate as an outcome.

Excluded studies

We excluded three trials for not addressing the research questions of interest for the randomised comparisons in subfertile women wishing to conceive spontaneously or before IUI (Brown 2000; El-Khayat 2015; Shokeir 2016). See 'Characteristics of excluded studies' tables.

Among the IVF population, we excluded seven trials in ten records (Fatemi 2010; Wang 2011; Kasius 2013; Kamel 2015; Zhang 2015; Hebeisha 2018; Siristatidis 2017). Two trials were non-randomised, and hence, excluded (Kamel 2015; Siristatidis 2017). One was a prevalence study (Fatemi 2010), and another was a cost analysis study (Kasius 2013). One study was excluded due to a different study population (women with endometritis (Wang 2011)), and another study was excluded because hysteroscopy was performed in both the intervention and control arms, and those with intracavitary abnormalities were excluded (Zhang 2015).

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In another trial, the investigators mainly evaluated the role of endometrial scratch before Intracytoplasmic sperm injection (ICSI), and excluded women who were found to have intracavitary abnormalities during hysteroscopy (Hebeisha 2018).

Risk of bias in included studies

We assessed the included studies for methodological quality using the Cochrane 'Risk of bias' tool (Higgins 2011). See the 'Risk of bias' graph (Figure 2), and 'Risk of bias' summary (Figure 3).

Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies

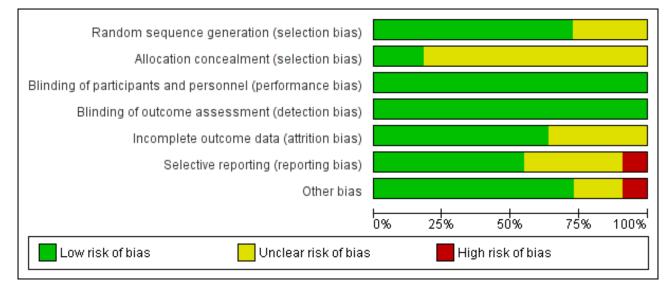
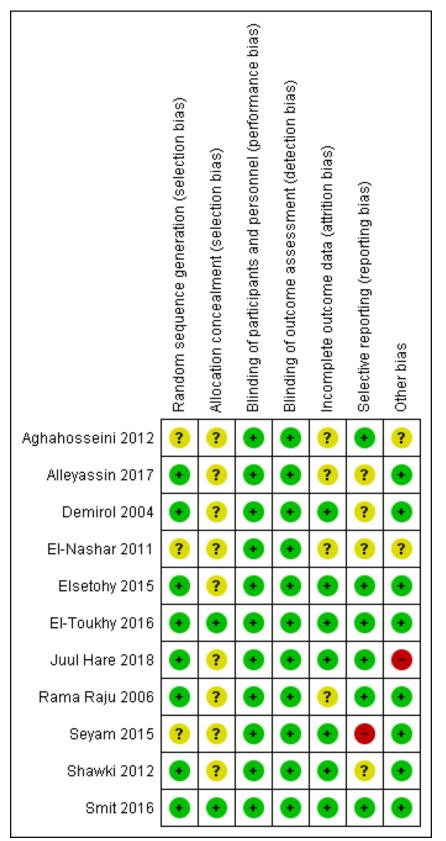




Figure 3. Risk of bias summary: review authors' judgements about each risk of bias item for each included study





Allocation

Generation of random sequence

Eight studies used adequate methods for random sequence generation and were at low risk of selection bias (Demirol 2004; Rama Raju 2006; Shawki 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017; Juul Hare 2018). Two multicentre trials among these seven studies used an intended third party trial management system (El-Toukhy 2016), and web-based randomisation (Smit 2016). The remaining three studies did not report the method used for randomisation clearly, and we categorised them as unclear risk of bias (El-Nashar 2011; Aghahosseini 2012; Seyam 2015).

Allocation concealment

Only two studies clearly stated the method of allocation concealment and we rated them at low risk of bias (El-Toukhy 2016; Smit 2016). The remaining nine trials did not state the method of allocation concealment clearly, and we assessed them as unclear risk of bias (Demirol 2004; Rama Raju 2006; El-Nashar 2011; Aghahosseini 2012; Shawki 2012; Elsetohy 2015; Seyam 2015; Alleyassin 2017; Juul Hare 2018).

Blinding

Most of the studies did not report blinding of either clinician or participant. One study mentioned blinding of clinician and embryologist (Alleyassin 2017), and one study mentioned blinding of embryologist and researcher for allocated group (El-Toukhy 2016). Since the outcomes (live birth, complications following hysteroscopy, ongoing and clinical pregnancy) were objective, we did not downgrade the quality of the studies for lack of blinding. Further, It was unlikely that the hysteroscopies were not performed according to the required standards, due to a lack of blinding. For these stated reasons, we deemed all the included studies to be at low risk of this bias.

Incomplete outcome data

Seven studies were deemed to be at low risk of attrition bias (Demirol 2004; Shawki 2012; Elsetohy 2015; Seyam 2015; El-Toukhy 2016; Smit 2016; Juul Hare 2018). Four studies did not mention about dropouts, and not enough information was available to make a judgement, hence, we deemed them as unclear risk of bias (Rama Raju 2006; El-Nashar 2011; Aghahosseini 2012; Alleyassin 2017).

Selective reporting

We judged Seyam 2015 to be at high risk of selective outcome reporting (live birth, primary outcome of interest not reported,

even though study duration was long enough (seven years), giving sufficient time for authors to capture live birth data). We judged six trials evaluating women undergoing IVF at low risk of bias for selective reporting (Rama Raju 2006; Aghahosseini 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Juul Hare 2018), and four trials as unclear risk of bias, since live birth was not reported (Demirol 2004; El-Nashar 2011; Shawki 2012; Alleyassin 2017).

Other potential sources of bias

Two trials, published as conference abstracts, did not have enough information available for us to judge, hence, we deemed both of these studies as unclear risk of bias (El-Nashar 2011; Aghahosseini 2012). One of these trials had an uneven distribution of randomised participants (142 versus 211), with substantially higher control numbers, with no clear available explanation (Aghahosseini 2012). We deemed another trial, which was also only available as a conference abstract, as high risk for this domain, due to premature termination of the trial. The authors made the decision due to slow recruitment (Juul Hare 2018). We did not observe any potential source of bias in the remaining eight trials, and deemed them to be at low risk (Demirol 2004; Rama Raju 2006; Shawki 2012; Elsetohy 2015; Seyam 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017).

Effects of interventions

See: Summary of findings for the main comparison Screening hysteroscopy versus no hysteroscopy in women wishing to conceive spontaneously; Summary of findings 2 Screening hysteroscopy versus no hysteroscopy in women before IVF

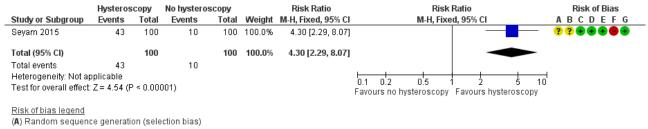
1. A routine screening hysteroscopy, including hysteroscopic treatment of any detected uterine cavity abnormalities, versus no hysteroscopy, in subfertile women wishing to conceive spontaneously

Primary outcomes

1.1 Live birth rate

Seyam 2015 reported data on ongoing pregnancies: we used these data as a surrogate outcome for the primary outcome of effectiveness, the live birth rate. There is very low-quality evidence, and we are uncertain whether ongoing pregnancy rate improves following screening hysteroscopy in women with at least two years of unexplained subfertility compared to no hysteroscopy (risk ratio (RR) 4.30, 95% confidence interval (Cl) 2.29 to 8.07; 1 RCT; participants = 200; Analysis 1.1; Figure 4). If 10% of women achieve an ongoing pregnancy without hysteroscopy, the evidence suggests that 43% of women (95% Cl 23% to 81%) will achieve an ongoing pregnancy after hysteroscopy.

Figure 4. Forest plot of comparison 1. Screening hysteroscopy versus no hysteroscopy in subfertile women. Outcome 1.1. Ongoing pregnancy was used as a surrogate outcome for live birth



(B) Allocation concealment (selection bias)

(C) Blinding of participants and personnel (performance bias)

(D) Blinding of outcome assessment (detection bias)

(E) Incomplete outcome data (attrition bias)

(F) Selective reporting (reporting bias)

(G) Other bias

1.2 Adverse events

Seyam 2015 reported no adverse events in either treatment arm. The effect estimate is not estimable (Analysis 1.2).

Secondary outcomes

1.3 Clinical pregnancy rate

There is very low-quality evidence, and we are uncertain whether clinical pregnancy rate improves following screening hysteroscopy in women with at least two years of unexplained subfertility compared to no hysteroscopy (RR 3.80, 95% CI 2.31 to 6.24; 1 RCT; participants = 200; Analysis 1.3). If 15% of women achieve a clinical pregnancy without hysteroscopy, the evidence suggests that 57% of women (95% CI 35% to 94%) will achieve an clinical pregnancy after hysteroscopy.

1.4 Miscarriage rate

There is very low-quality evidence, and we are uncertain whether miscarriage rate increases following screening hysteroscopy compared to no hysteroscopy in women with at least two years of unexplained subfertility compared to no hysteroscopy (RR 2.80, 95% Cl 1.05 to 7.48; 1 RCT; participants = 200; Analysis 1.4).

Sensitivity analyses

Sensitivity analyses on the choice of the summary effect measure (OR versus RR versus RD) or the analysis model (random-effects versus fixed-effect model) did not demonstrate differences of the direction of the treatment effect or the statistical significance tests for the outcomes live birth and clinical pregnancy.

2. Hysteroscopy versus no hysteroscopy for subfertile women undergoing intrauterine insemination (IUI)

We found no trials that investigated this comparison.

3. A routine screening hysteroscopy, including hysteroscopic treatment of any detected uterine cavity abnormalities, versus no hysteroscopy before in vitro fertilisation (IVF)

We pooled results from ten trials (3750 women) for this comparison (Demirol 2004; Rama Raju 2006; El-Nashar 2011; Aghahosseini 2012; Shawki 2012; Elsetohy 2015; El-Toukhy 2016; Smit 2016; Alleyassin 2017). Investigators of three trials reported performing endometrial biopsy along with hysteroscopy in the intervention arm (Rama Raju 2006; El-Nashar 2011; Juul Hare 2018).

Primary outcomes

3.1 Live birth rate

Six trials reported live birth rate. Low quality-evidence indicates that performing screening hysteroscopy before IVF may increase live birth rate compared to no hysteroscopy (RR 1.26, 95% CI 1.11 to 1.43; 6 RCTs; participants = 2745, $I^2 = 69\%$; Analysis 2.1; Figure 5). For a typical clinic with 22% live birth rate, performing a screening hysteroscopy would be expected to result in live birth rates between 25% and 32%.

Figure 5. Forest plot of comparison 2. Screening hysteroscopy versus no hysteroscopy in women under IVF. Outcome 2.1. Live birth.

	Hysteros	сору	No hystero:	scopy		Risk Ratio	Risk Ratio	Risk of Bias
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl	M-H, Fixed, 95% Cl	ABCDEFG
2.1.1 Unselected								
Juul Hare 2018 Subtotal (95% CI)	17	112 112	13	105 105	4.4% 4.4%	1.23 [0.63, 2.40] 1.23 [0.63, 2.40]		• ? • • • • •
Total events	17		13					
Heterogeneity: Not a	pplicable							
Test for overall effect	: Z = 0.59 (P	P = 0.55)						
2.1.2 First IVF								
Smit 2016	71	373	75	377	24.7%	0.96 [0.72, 1.28]	_	
Elsetohy 2015	58	102	33	101	11.0%	1.74 [1.25, 2.41]		••••
Subtotal (95% CI)		475		478	35.7%	1.20 [0.96, 1.49]	◆	
Total events	129		108					
Heterogeneity: Chi ² =	: 7.30, df = 1	(P = 0.0	007); I ^z = 869	6				
Test for overall effect	: Z = 1.63 (P	P = 0.10)						
2.1.3 Two or more N	/F failures							
El-Toukhy 2016	102	350	102	352	33.7%	1.01 [0.80, 1.27]	+	
Aghahosseini 2012	50	142	45	211	12.0%	1.65 [1.17, 2.32]		??
Rama Raju 2006 Subtotal (95% CI)	72	255 747	44	265 828	14.3% 59.9 %	1.70 [1.22, 2.37] 1.30 [1.10, 1.53]	•	•••••••••
Total events	224		191					
Heterogeneity: Chi ² =	9.11, df = 2	2 (P = 0.0	01); I ^z = 78%					
Test for overall effect	: Z = 3.12 (P	P = 0.002)					
Total (95% CI)		1334		1411	100.0%	1.26 [1.11, 1.43]	◆	
Total events	370		312					
Heterogeneity: Chi ² =	:16.34, df=	5 (P = 0	.006); I ^z = 69	%				—
Test for overall effect	: Z = 3.52 (P	? = 0.000	(4)				Favours no hysteroscopy Favours hysteroscopy	
Test for subgroup dif	ferences: C	hi² = 0.3	5, df = 2 (P =	0.84), l ^a	= 0%		Favours no hysteroscopy Favours hysteroscopy	
Risk of bias legend								
(A) Random sequen	ce generati	on (sele	ction bias)					
(B) Allocation concea	alment (sele	ection bia	as)					
(C) Blinding of partici	pants and p	ersonne	el (performar	nce bias)			
(D) Blinding of outcor	ne assessi	ment (de	etection bias)					

Sensitivity analysis

(G) Other bias

(E) Incomplete outcome data (attrition bias) (F) Selective reporting (reporting bias)

We performed sensitivity analysis, and after removing two trials in which an additional procedure (endometrial biopsy) was performed along with hysteroscopy, the result did not change (Rama Raju 2006; Juul Hare 2018): there was an increase in live birth rate in the intervention group (RR 1.19, 95% Cl 1.03 to 1.37; 4 RCTs; participants = 2008; l² = 77%). When we removed four trials with unclear or high risk for bias for any domain (Rama Raju 2006; Aghahosseini 2012; Elsetohy 2015; Juul Hare 2018), the pooled result showed no increase in live birth rate following screening hysteroscopy (RR 0.99, 95% Cl 0.82 to 1.18; 2 RCTs; participants = 1452; l² = 0%). Sensitivity analyses on the choice of the summary effect measure (OR versus RR), or the analysis model (fixed-effect versus random-effects model) did not demonstrate differences in the direction of the treatment effect, or the statistical significance tests.

Subgroup analysis

We conducted a priori subgroup analyses based on the number of IVF attempts for: an unselected IVF population, before first IVF attempt, and after two or more IVF failures. It showed no evidence of a difference between the subgroups; test for subgroup differences: $Chi^2 = 0.35$, df = 2 (P = 0.84), $l^2 = 0\%$.

3.1.1 Live birth rate in unselected population

There was no evidence of a difference in live birth rate following screening hysteroscopy versus no hysteroscopy in an unselected IVF population (RR 1.23, 95% CI 0.63 to 2.40; 1 RCT; participants = 217; I^2 = not applicable; Analysis 2.1; Figure 5).

3.1.2 Live birth rate before first IVF

There was no evidence of a difference in live birth rate following screening hysteroscopy versus no hysteroscopy in women undergoing their first IVF (RR 1.20, 95% CI 0.96 to 1.49; 2 RCTs; participants = 953; I^2 = 86%; Analysis 2.1; Figure 5).

2.1.3 Live birth rate after two or more IVF failures

There was an increase in live birth rate following screening hysteroscopy versus no hysteroscopy in women with two or more IVF failures (RR 1.30, 95% CI 1.10 to 1.53; 3 RCTs; participants = 652; $I^2 = 78\%$; Analysis 2.1; Figure 5).

3.2 Adverse events

Four trials reported adverse events. Three trials did not report any adverse events following hysteroscopy (Elsetohy 2015; El-Toukhy 2016; Juul Hare 2018). One trial reported a case of endometritis in the hysteroscopy arm (Smit 2016). There is very low-quality evidence, and we are uncertain whether screening hysteroscopy is associated with higher adverse events versus no

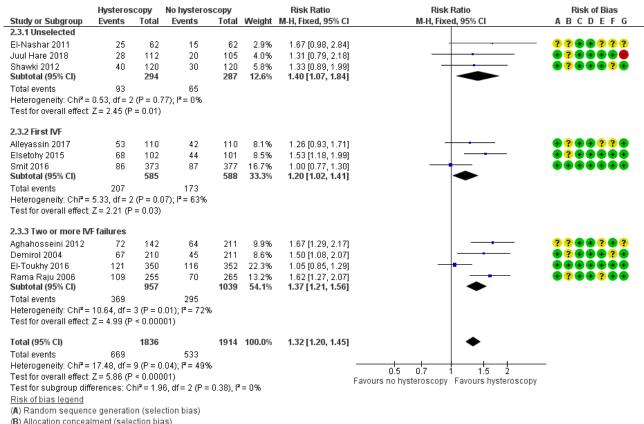
hysteroscopy (Peto odds ratio (OR) 7.47, 95% CI 0.15 to 376.42; 4 RCTs; participants = 1872; I^2 = not applicable; Analysis 2.2).

Secondary outcomes

3.3 Clinical pregnancy rate

Ten trials reported clinical pregnancy rate. Low-quality evidence indicates that performing screening hysteroscopy before IVF may increase clinical pregnancy rate compared to no hysteroscopy (RR 1.32, 95% CI 1.20 to 1.45; 10 RCTs; participants = 3750; I² = 49%; Analysis 2.3; Figure 6). For a typical clinic with 28% clinical pregnancy rate, performing a screening hysteroscopy would be expected to result in clinical pregnancy rates between 33% and 40%.

Figure 6. Forest plot of comparison 2. Screening hysteroscopy versus no hysteroscopy in women under IVF. **Outcome 2.3. Clinical pregnancy**



(B) Allocation concealment (selection bias)

(C) Blinding of participants and personnel (performance bias)

(D) Blinding of outcome assessment (detection bias)

(E) Incomplete outcome data (attrition bias)

(F) Selective reporting (reporting bias)

(G) Other bias

Sensitivity analysis

We conducted a sensitivity analysis by removing eight trials with unclear or high risk for bias for any domain (Demirol 2004; Rama Raju 2006; El-Nashar 2011; Aghahosseini 2012; Shawki 2012; Elsetohy 2015; Alleyassin 2017; Juul Hare 2018), which showed no increase in clinical pregnancy rate following screening hysteroscopy (RR 1.03, 95% CI 0.87 to 1.21; 2 RCTs; participants = 1452; $I^2 = 0\%$). Sensitivity analyses on the choice of the summary effect measure (OR versus RR), or the analysis model (fixed-effect versus random-effects model), did not demonstrate differences in the direction of the treatment effect, or the statistical significance tests.

Subgroup analysis

We conducted subgroup analysis according to the number of IVF attempts. It showed no evidence of a difference between the subgroups: test for subgroup differences: Chi^2 = 1.96, df = 2 (P = 0.38), $I^2 = 0\%$.

2.3.1 Clinical pregnancy rate in unselected IVF population

There was an increase in clinical pregnancy rate following screening hysteroscopy in an unselected IVF population (RR 1.40, 95% CI 1.07 to 1.84; 3 RCTs; participants = 581; $I^2 = 0\%$; Analysis 2.3; Figure 6).

2.3.2 Clinical pregnancy rate before first IVF

There was an increase in clinical pregnancy rate following screening hysteroscopy before first IVF (RR 1.20, 95% CI 1.02 to 1.41; 3 RCTs; participants = 1173; I² = 63%; Analysis 2.3; Figure 6).

2.3.3 Clinical pregnancy rate after two or more IVF failures

There was an increase in clinical pregnancy rate following screening hysteroscopy in women with two or more IVF failures (RR 1.37, 95% CI 1.21 to 1.56; 4 RCTs; participants = 1996; I^2 = 72%; Analysis 2.3; Figure 6).

3.4 Miscarriage rate per woman randomised

Three trials reported miscarriage rate. Low-quality evidence indicates that there may be little or no difference in miscarriage rate following screening hysteroscopy versus no hysteroscopy (RR 1.01, 95% CI 0.67 to 1.50; 3 RCTs; participants = 1669; $I^2 = 0\%$; Analysis 2.4). There may be little or no difference in miscarriage rate per pregnancy between the two groups (RR 0.97, 95% CI 0.67 to 1.40).

Subgroup analysis, according to the number of IVF attempts, showed no evidence of a difference between the subgroups; test for subgroup differences: $Chi^2 = 1.07$, df = 2 (P = 0.59), $I^2 = 0\%$.

In the subgroup analysis, there was one trial each under unselected population, first IVF, and two or more IVF failures, and we noted little or difference between the miscarriage rate between the two groups.

DISCUSSION

Summary of main results

Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously

We retrieved only one single-centre study, which reported ongoing pregnancy as a surrogate outcome for live birth. There was very low-quality evidence, and we are uncertain whether a screening hysteroscopy improves the ongoing or clinical pregnancy rates in women with at least two years of unexplained subfertility compared to no hysteroscopy (Summary of findings for the main comparison). The included trial reported no adverse events (complications following hysteroscopy) in either comparison arm. Evidence was very low-quality, and we are uncertain whether screening hysteroscopy increases miscarriage rate compared to no hysteroscopy.

Screening hysteroscopy versus no hysteroscopy before intrauterine insemination (IUI)

We found no studies that investigated this comparison.

Sreening hysteroscopy versus no hysteroscopy before in vitro fertilisation (IVF)

There was low-quality evidence that indicates that performing a screening hysteroscopy before IVF may increase the live birth and clinical pregnancy rates compared to no hysteroscopy (Summary of findings 2). Sensitivity analysis performed by excluding those studies in which hysteroscopy was combined with endometrial biopsy, showed similar estimates for live birth and clinical pregnancy rates between the two groups. Importantly, sensitivity analysis done by pooling only trials with low risk of bias showed

no improvement in live birth and clinical pregnancy rates following screening hysteroscopy. With very low-quality evidence, we are uncertain whether screening hysteroscopy is associated with higher adverse events (complications related to hysteroscopy) versus no hysteroscopy. Low-quality evidence indicates little or no difference in miscarriage rate following screening hysteroscopy versus no hysteroscopy.

Overall completeness and applicability of evidence

At present, there is no high-quality evidence to support the routine use of hysteroscopy as a screening tool in the general subfertile population, for improving reproductive outcomes. We retrieved only one trial, that provided very low-quality evidence, and assessed the effects of screening hysteroscopy in women with unexplained subfertility trying to conceive spontaneously.

The current review suggests that screening hysteroscopy may increase live birth and clinical pregnancy rates compared to no intervention, in women undergoing IVF. However, the applicability of the evidence may have some limitations and may vary according to different subpopulations. The subgroup analysis suggests that screening hysteroscopy may benefit women with two or more IVF failures.

We observed the presence of variations in eligibility criteria among individual trials in terms of additional radiological procedures done (e.g. hysterosalpingogram (HSG)) before 2D ultrasound versus only 2D ultrasound, hysteroscopy naive versus previous history of hysteroscopy, hysteroscopy alone versus hysteroscopy and endometrial biopsy, and treatment of all detected intracavitary abnormalities versus selective treatment (Table 1). The literature suggests that the diagnostic accuracy of 2D transvaginal ultrasound is suboptimal in terms of detecting intrauterine pathologies, such as polyps and adhesions, compared to other diagnostic procedures, such as sonohysterography or hysterosalpingography (Salle 1999; Ragni 2005). Trials including additional radiological procedures (e.g. HSG) would screen out more women with abnormalities, compared to trials relying solely on 2D transvaginal ultrasound before IVF, thereby, introducing some degree of heterogeneity. Further, there is supportive evidence of benefit of endometrial scratching (a procedure similar to endometrial biopsy) before IVF, and the addition of the same, along with screening hysteroscopy, may influence the true estimate (Nastri 2015). There is evidence of improved reproductive outcomes following treatment of intracavitary uterine abnormalities, such as a uterine septum and polyp (Bosteels 2015; ASRM 2016). The current review included a trial in which few women who were detected to have intracavitary abnormalities did not undergo correction in the intervention arm, and this could be a possible source of heterogeneity (Table 1). There could be some clinical heterogeneity among studies due to these stated variations in trials' protocols, as well as inclusion and exclusion criteria for recruited participants. In the IVF population, due to the high statistical heterogeneity for outcomes, such as live birth (69%) and clinical pregnancy (49%), these results should be interpreted with caution.

The optimum timing to perform hysteroscopy is still not clear, since the time interval between screening hysteroscopy and IVF varied between one and three months, although most included studies performed the hysteroscopy in the preceding menstrual cycle. Further, since the review included only studies involving fresh IVF

cycles, the evidence cannot be extrapolated to other types of ART treatments, such as frozen cycles. Importantly, the complications associated with hysteroscopy were reported by very few studies.

Quality of the evidence

The current review had three comparisons

- Hysteroscopy versus no hysteroscopy for subfertile women wishing to conceive spontaneously
- Hysteroscopy versus non hysteroscopy for subfertile women undergoing IUI.
- Hysteroscopy versus no hysteroscopy for women undergoing IVF.

In the comparison for subfertile women with unexplained subfertility wishing to conceive spontaneously, we reported ongoing pregnancy (as a surrogate for live birth) rate, adverse events (complications following hysteroscopy), clinical pregnancy rate, and miscarriage rate. The quality of the evidence was very low for the outcomes ongoing pregnancy and clinical pregnancy rates. Only one trial was included, and we downgraded by two levels for risk of bias and one level for indirectness. We assessed the evidence to be very low-quality for miscarriage rate, downgrading by one level each for risk of bias, indirectness, and imprecision.

We did not find any trials that compared screening hysteroscopy versus no hysteroscopy before IUI.

For the comparison with the greatest number of studies, i.e. studying an IVF population, we reported on live birth, adverse events (complications following hysteroscopy), clinical pregnancy rate, and miscarriage rate. Overall, the evidence for live birth and clinical pregnancy was of low quality. We found the majority of the studies with unclear descriptions of allocation concealment, hence, we downgraded by one level for risk of bias. We found substantial statistical heterogeneity (49% to 69%), which could not be explained on the basis of differences in population or intervention, hence, we downgraded the evidence by a further one level for the live birth and clinical pregnancy outcomes. The adverse events outcome, which comprised of complications following hysteroscopy, was poorly reported, and we graded it as very low-quality evidence (downgraded risk of bias by one, plus two levels for imprecision). We graded the miscarriage rate outcome as low-quality evidence due to risk of bias (downgraded by one level), and imprecision (downgraded by one level).

Potential biases in the review process

We aimed to search for and identify all the studies eligible for this review. The search was comprehensive, and included identifying ongoing studies through trial registries. We also tried contacting authors for additional information and clarification regarding their published data. However, for conference abstracts, it was difficult to contact authors because of the absence of contact addresses or information. We requested clarification regarding data from nine authors of the included studies, and got a satisfactory reply from three authors. Additionally, two authors of this review (BWM and FB) were investigators and authors of one of the included trials (Smit 2016). However, both these authors did not participate in selection of the studies or in extracting data from that study.

Agreements and disagreements with other studies or reviews

One systematic review evaluated the role of diagnostic hysteroscopy in infertile couples and women undergoing IVF (Di Spiezio Sardo 2016). For subfertile women wishing to conceive spontaneously, the findings are in accordance with the present Cochrane Review: there is only a limited body of evidence on the role of hysteroscopy as a screening tool in the early assessment of infertile women. More research is needed.

An earlier systematic review evaluated the role of office hysteroscopy in women undergoing IVF, and included both randomised (N = 2) and non-randomised trials (N = 3 (El-Toukhy 2008)).The included studies had women who were both undergoing their first IVF, and those with two or more IVF failures. The authors found a significant increase in clinical pregnancy following hysteroscopy after pooling the results from both the randomised and non-randomised trials (RR = 1.75, 95% CI 1.51 to 2.03). The authors suggested benefit could be due to the treatment of intracavitary abnormalities; negotiation of the cervical canal, thus, facilitating the subsequent embryo transfer; or inadvertent endometrial injury during hysteroscopy. These results are in agreement with current review findings, where we found a possible benefit of screening hysteroscopy, especially in women with two or more IVF failures.

Another systematic review evaluated the role of routine hysteroscopy before the first IVF, and included one RCT and five non-randomised trials (Pundir 2014). The authors reported significantly higher clinical pregnancy rate after pooling the results (RR, 1.44, 95% CI 1.08 to 1.92). The pooled RR for live birth was 1.30 (95% CI 1.00 to 1.67). The authors suggested improved IVF outcomes following routine hysteroscopy in women undergoing their first IVF. In the subgroup population of women undergoing their first IVF, the current review did not find an increase in live birth or clinical pregnancy following screening hysteroscopy. The reason for the difference from the earlier review could be due to the inclusion of non-randomised trials, which often overestimate the treatment effect.

In a fourth systematic review, the authors pooled three trials under the diagnostic hysteroscopy group, and found increased live birth following hysteroscopy compared to control (RR1.48, 95% CI 1.20 to 1.81); the quality of the evidence was very low. The pooled results from seven trials, found an increase in clinical pregnancy following hysteroscopy (RR 1.45, 95% CI 1.26 to 1.67); the quality of the evidence was moderate (Di Spiezio Sardo 2016). The current review pooled results from an additional three trials (Smit 2016; Alleyassin 2017; Juul Hare 2018). However, the results from both these reviews are in broad agreement.

AUTHORS' CONCLUSIONS

Implications for practice

At present, there is no high-quality evidence to support the routine use of hysteroscopy as a screening tool in the general population of subfertile women with a normal uterine cavity on ultrasound or hysterosalpingogram in the basic fertility work-up to improve reproductive success rates.

In women undergoing in vitro fertilisation (IVF), low-quality evidence from all studies reporting these outcomes, suggests that performing a screening hysteroscopy before IVF may increase live birth and clinical pregnancy rates. However, pooled results from the only two trials at low risk of bias, did not show that a screening hysteroscopy before IVF provided any benefit. Since the studies showing an effect are those with unclear allocation concealment, we are uncertain whether a routine screening hysteroscopy increases live birth and clinical pregnancy, be it for all women or those with two or more failed IVF attempts. There is insufficient data to draw conclusions about the safety of screening hysteroscopy.

Implications for research

High-quality randomised controlled trials are needed to assess the effectiveness of hysteroscopy as a screening tool in the general population of women with fertility problems, whether planning to conceive spontaneously, or undergo IUI or IVF. Future trials should also assess the cost-effectiveness of hysteroscopy as a screening tool in both these populations.

Even after publication of large, adequately powered trials evaluating the role of screening hysteroscopy before IVF, the uncertainties about its role seem to persists. Indeed, if there is a possible beneficial effect of screening hysteroscopy, the mechanism is not clear. There is a need to conduct trials comparing therapeutic intervention for intra cavitary abnormalities detected during screening hysteroscopy versus no intervention, and screening hysteroscopy versus sham procedure, involving only cervical dilation, before IVF, which will help elucidate the mechanism and explore its true effect. Trials are also needed to explore the optimal timing of a screening hysteroscopy before IVF. It remains uncertain if hysteroscopy alone, or hysteroscopy along with endometrial biopsy or scratching is beneficial. There is also a need to evaluate whether inclusion of women who are hysteroscopy naive versus those with a history of previous hysteroscopy, impact the outcomes.

Future trials should also report live birth or ongoing clinical pregnancy rate as an outcome. Pain, discomfort, and procedural complications associated the hysteroscopy should be adequately reported as outcomes in the trials.

Recent years have seen an increasing interest in basic research into the complex molecular network of the implantation process of the human embryo. This has led to the identification of markers of endometrial receptivity to help improve the clinical outcomes of IVF. The comparative cost-effectiveness of screening hysteroscopy versus the use of markers of endometrial receptivity is needed.

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* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by study ID]

Aghahosseini 2012

Methods	RCT
	Single centre
	Iran
Participants	Inclusion:
	women undergoing IVF with at least two implantation failures (recurrent ART failure)
	younger than 38 years, BMI less than 35 kg/m², no hysteroscopy in 2 months, normal HSG.
	Exclusion:
	not mentioned
Interventions	Intervention group (N = 142) underwent hysteroscopy prior to ART. No mention of any additional proce- dures during hysteroscopy, or whether abnormalities found were treated.
	Control group (N = 211) did not undergo hysteroscopy.
Outcomes	Clinical pregnancy rate, live birth rate, abnormal and normal hysteroscopy findings
Notes	This was published as a conference abstract. Authors did not respond to emails for clarification regard- ing participants and data.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Authors use 'randomized' in the abstract. However, information provided was insufficient for making a judgement.
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorized as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, cate- gorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information provided regarding losses to follow-up or dropouts. Insufficient information for making a judgement
Selective reporting (re- porting bias)	Low risk	No published protocol. However, all the prespecified outcomes of interest (in- cluding live birth) were reported.
Other bias	Unclear risk	The numbers randomised in both groups were uneven (142 vs 211) and control group numbers were substantially higher. No clear explanation was available



Aghahosseini 2012 (Continued)

for the unbalanced numbers since this is a conference abstract and authors did not respond to emails for clarification.

Methods	RCT	
	Single centre	
	Iran	
Participants	Inclusion:	
	women undergoing firs	st ICSI treatment
	normal TVS scan and n	ormal HSG
	Exclusion:	
	women with recurrent	miscarriages
	undergone hysterosco	py earlier
Interventions	0.1	= 110): hysteroscopy done; mid-luteal phase and down, regulation done using scopy was used, vaginoscopic approach.
	Intracavitary uterine al such as endometrial bi	pnormalities noticed were treated in the same sitting. No additional procedure, opsy, were mentioned.
	Control group (N =110)	: no hysteroscopy before ICSI treatment
Outcomes	Clinical pregnancy rate findings	, miscarriage rate, multiple pregnancy rate, normal and abnormal hysteroscopy
Notes	Authors were contacte	d for data, however, authors did not respond to emails.
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Computer generated table of random numbers".
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	"The physician performing embryo transfer and embryologist were blinded for group allocation."
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	While physician performing embryo transfer and embryologist were blind- ed, it was not clear if outcome assessors were blinded. However, blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, categorised as low risk for detection bias.
Incomplete outcome data	Unclear risk	While all the randomised participants were included in the analysis, no

Alleyassin 2017 (Continued) All outcomes

Selective reporting (re- porting bias)	Unclear risk	The published protocol for this study was not available. While prespecified outcomes were reported, primary outcome (live birth) was not reported.
Other bias	Low risk	We found no other potential sources of within-study bias. Source of funding was not mentioned.

Demirol 2004

Methods	RCT
	Single centre
	Turkey
Participants	Women who had undergone two or more failed IVF cycles, in which two or more good quality embryos were transferred
	All the participants had normal HSG (normal intrauterine cavity and bilaterally patent tubes)
	Age group 24 to 40 years
	All women had primary infertility
Interventions	Intervention group (N = 210) had office hysteroscopic evaluation of uterine cavity and cervix with in- trauterine lesions treated during the office procedure. No additional procedure, such as endometrial biopsy, was mentioned.
	Hysteroscopy was performed in the early proliferative phase, using saline distension medium
	All office hysteroscopies were performed 2 to 6 months after the last failed IVF cycle, by the same physi- cian
	All IVF treatments were carried out on the menstrual cycles after office hysteroscopy
	Control group (N = 211) did not have hysteroscopy prior to IVF.
Outcomes	Clinical pregnancy rate, first trimester miscarriage rate, normal and abnormal hysteroscopy findings
Notes	Authors were contacted for clarification regarding data, however authors did not respond to emails.
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Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Randomized into two groups using computer generated random numbers".
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.

Demirol 2004 (Continued)

Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned.However, absence of blinding is unlikely to influ- ence the findings for our primary and secondary outcomes, hence categorized under " low risk" for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned and appeared to be balanced. Intention-to-treat analysis was done.
Selective reporting (re- porting bias)	Unclear risk	The published protocol for this study was not available. While the prespecified outcomes were reported, the primary outcome (live birth) was not reported.
Other bias	Low risk	We found no other potential sources of within-study bias. Instituitional ethical board clearance and source of funding was not mentioned.

El-Nashar 2011

Methods	RCT
	Single centre
	Egypt
Participants	Included women with primary infertility undergoing ICSI cycle; no other criteria mentioned
	Exclusion criteria: not mentioned
Interventions	Intervention group (N = 62) underwent hysteroscopy and directed endometrial biopsy before ICSI. Any uterine abnormalities found were corrected.
	Control group (N = 62): no hysteroscopy
Outcomes	Clinical pregnancy rate, normal and abnormal hysteroscopy findings
Notes	This was published as a conference abstract. There was no response from authors to email queries re- garding participants and data.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Authors use "randomized" in the abstract. However, information provided was insufficient for making a judgement.
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, cate-gorised as low risk for detection bias.

El-Nashar 2011 (Continued)

Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information provided regarding losses to follow-up or dropouts. Insuffi- cient information for making a judgement
Selective reporting (re- porting bias)	Unclear risk	No published protocol. While all the prespecified outcomes were reported, pri- mary outcome (live birth) was not reported.
Other bias	Unclear risk	There was not enough information to make a judgement. This was a confer- ence abstract.

El-Toukhy 2016

Methods	RCT		
	Multicenter		
	European centres		
Participants	Included women aged < 3 cles without a pregnancy	38 years who had undergone at least two, three, or four fresh IVF or frozen cy-	
	Normal ultrasound assessment of the uterine cavity		
	At least 8 oocytes retrieved in the previous IVF cycle		
	Exclusion		
	Less than two, or more th	an four failed IVF cycles ending in an embryo transfer	
	Hysteroscopy less than two months before randomisation		
	Submucous or intramural fibroids diagnosed by ultrasound found to be distorting the uterine cavity		
	Untreated tubal hydrosalpinges		
	BMI > 35 kg/m ²		
Interventions	Intervention group (N = 350) had outpatient hysteroscopy.		
	Hysteroscopy was performed in the early proliferative phase using saline distension medium. intracavi- tary abnormalities, such as endometrial polyps, septums, and submucosal fibroids were treated.		
	No additional procedure, such as endometrial biopsy, was done		
	All IVF treatments were carried out on the menstrual cycles after office hysteroscopy		
	Control group (N = 352) had no hysteroscopy.		
Outcomes	Live birth rate, positive pregnancy rate, clinical pregnancy rate, implantation rate, miscarriage rate, normal and abnormal findings of hysteroscopy, adverse events following hysteroscopy		
Notes			
Risk of bias			
Bias	Authors' judgement	Support for judgement	
Random sequence genera- tion (selection bias)	Low risk	'Randomly assigned using independent third party trial management system"	

El-Toukhy 2016 (Continued)

Allocation concealment (selection bias)	Low risk	"Allocation concealment was done to mask the researchers to the order of group assignment at randomisation and recruitment". The minimisation pro- cedure, with a computer-based algorithm from the integrated trial manage- ment system, incorporates allocation concealment.
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	While the embryologists were not aware of the allocated group, the physicians performing the embryo transfer were not blinded. However, absence of blind- ing was unlikely to influence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	The researchers were not aware of the allocated group. Secondary outcome assessors and physicians were not blinded. Further, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, categorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned and appeared to be balanced. Intention-to-treat analysis was done.
Selective reporting (re- porting bias)	Low risk	Published protocol was available. All the prespecified outcomes (including live birth) were reported in the final analysis.
Other bias	Low risk	We found no other potential sources of within-study bias. Details regarding source of funding and ethical clearance were mentioned.

Elsetohy 2015

Methods	RCT
methods	RCI
	Egypt
	Single centre
Participants	Included women undergoing first IVF/ICSI treatment
	Normal transvaginal ultrasound apart from intramural myomas without uterine cavity deformity
	HSG done in the past one year
	Exclusion criteria:
	Uterine factor infertility
	History of recurrent miscarriage
	Abnormal HSG
	Abnormal transvaginal ultrasound
	Previous uterine surgery
	Contraindication for hysteroscopy
Interventions	Intervention group (N = 102) had office hysteroscopic evaluation of uterine cavity and cervix; intrauter ine lesions treated during the office procedure.
	Hysteroscopy was performed in the early mid-follicular phase of a menstrual cycle (day 3 to12) with a vaginoscopic approach without anaesthesia, using saline infusion medium.
	No additional procedure, such as endometrial biopsy, was done

Elsetohy 2015 (Continued) All IVF/ ICSI treatments were carried out within three months of hysteroscopic examination. Control group (N = 101) had no hysteroscopy. Outcomes Clinical pregnancy rate Live birth rate Adverse events Notes Authors were contacted for clarification regarding data (clinical pregnancy rate) and response recorded.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Using a computer generated table of random numbers"
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, categorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned, and ap- peared to be balanced. However, intention-to-treat analysis not done.
Selective reporting (re- porting bias)	Low risk	The published protocol for this study was not available, however, prespecified outcomes of interest (including live birth) were reported.
Other bias	Low risk	We found no other potential sources of within-study bias. Source of funding was not mentioned.

Juul Hare 2018

Methods	Randomized controlled trial	
	Denmark	
	Two centres	
Participants	Inclusion criteria:	
	Age: 18 to 40 years	
	Women submitted to IVF or ISCI treatment with previous one IVF failure (before 2nd IVF cycle)	
	• Age > 18 years	
	 Women able to read, speak, and understand Danish 	

Trusted evidence. Informed decisions. Better health.

Juul Hare 2018 (Continued)	Written consent	
	Exclusion Criteria:	
	 Intrauterine abnorn Infection BMI > 35 Known intrauterine Abuse of alcohol or Untreated medical or Pregnancy 	cause to the infertile condition drugs
Interventions	Intervention: hysteroso Control: no hysterosco	copy with endometrial biopsy (N = 112) before 2nd IVF cycle.
Outcomes		scarriage rate, live birth rate, complication rates
Notes	This was published as a conference abstract. The authors were contacted through email; authors re- sponded and gave clarification regarding data and methods used in the trial.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Using a computer generated randomization", as stated by authors
Allocation concealment (selection bias)	Unclear risk	Author responded "computer randomization and SAS program".
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not done. However, absence of blinding was unlikely to influence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not done. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, categorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned. Intention-to-treat analysis was done.
Selective reporting (re- porting bias)	Low risk	Published protocol was available. All the prespecified outcomes (including live birth) were reported in the final analysis.
Other bias	High risk	Original sample size for the trial was 300. However, the trial was stopped pre- maturely due to slow recruitment.

Rama Raju 2006

Methods

RCT

Single centre



Rama Raju 2006 (Continued)

	India		
Participants	Included women who had undergone two or more failed IVF cycles, in which two or more good quality embryos were transferred per procedure		
	Normal HSG (normal intrauterine cavity)		
	Informed consent obtained before study entry		
	Patient aged between 26 and 30 years		
	All patients had primary infertility		
	No exclusion criteria mentioned		
Interventions	Intervention group (N = 255) had outpatient hysteroscopy and sampling of the endometrium for histo- logical evaluation (endometrial biopsy).		
	Hysteroscopy was performed in the early proliferative phase using glycine.		
	Abnormalities detected by hysteroscopy were corrected in the same sitting.		
	After hysteroscopy, down regulation was initiated.		
	Control group (N = 265) had no hysteroscopy.		
Outcomes	Live birth rate, clinical pregnancy rate, miscarriage rate, abnormal and normal hysteroscopy findings.		
Notes	Authors were contacted for clarification regarding data (clinical pregnancy and live birth rate) and re- sponse recorded.		

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	Randomized "using computer generated numbers".
Allocation concealment (selection bias)	Unclear risk	Not mentioned
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, cate- gorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No clear information on dropouts after randomisation. It was unclear if inten- tion-to-treat analysis was done.
Selective reporting (re- porting bias)	Low risk	The published protocol for this study was not available, however, prespecified outcomes of interest (including livebirth) were reported.
Other bias	Low risk	We found no other potential sources of within-study bias. Source of funding was not mentioned.



Seyam 2015

Methods	Parallel-group randomised controlled trial Single centre, Arafa Hospital, Fayoum, Egypt Protocol approved by EC/IRB: yes Study protocol registration: not reported Statistical power calculation: not reported Funding: not reported Conflicts of interest reported: no
Participants	Number recruited: 200 Number randomly assigned: 200 women Number excluded: 0 women 200 infertile women, previously diagnosed as unexplained infertility, were recruited for the study be- tween 2006 and 2013. All patients had a transvaginal ultrasound scanning performed in the office prior to the procedure, to screen for uterine pathology, including uterine anomalies, and intramural or sub- serosal myomas, as well as to assess uterine position. The basic infertility work-up included a HSG to evaluate the uterine cavity and tubal patency. Inclusion criteria:
	 not reported Exclusion criteria: not reported Study duration: 84 months
Interventions	Office microhysteroscopy (intervention: N = 100) vs no office microhysteroscopy (control: N = 100) The participants were randomised using a computer software into two groups: (A) study group includ- ing 100 infertile women who were short-listed for the studied office microhysteroscopic procedure, and (B) control group including 100 women with unexplained infertility who were followed up without the proposed office microhysteroscopic intervention. All office microhysteroscopies were performed using a malleable 0 degree diagnostic and 30 degrees operative 2 mm fibreoptic microhysteroscope (Circon, Germany) with an operative channel for the use of grasping forceps, scissors, or coaxial bipolar electrode. Instruments were placed through the built- in operative channel when needed for treatment of pathology, after the diagnostic portion had been completed. Typically, less than 1 L of normal saline was used as the distention media for procedures, except with myomectomies, which occasionally required larger volumes. Operative procedures, includ ing hysteroscopic resection of endometrial polyps and submucous myomas, excision of intrauterine septum, and postoperative management plan for bicornuate uterus were performed, where another conventional operative session for bicornuate uterus was arranged by another team. For those longer cases, fluid balance was monitored by ancillary staff throughout the procedure. Diagnostic findings, operative outcomes, complications, and patient tolerance during the procedure were noted. The coax- ial bipolar electrode surgical system (Versapoint, Gynecare, NJ) was used for myomectomies. Power settings were from 60 W (desiccation) to 130 W (cutting). Office microhysteroscopies were performed during the early postmenstrual period. Patients requised conscious sedation with intravenous fentanyl (Cid, Egypt) and midazolam in place of the above regimen. All women were discharged immediately af- ter the procedure, except those who were discharged after 2 hours, due to prolonged operat
	scopic procedure in A and B groups, for spontaneous pregnancy without any intervention, while each pregnancy developed after the microhysteroscopic procedure was correlated to each uterine abnor- mality diagnosed and treated during the microhysteroscopic procedure. Early pregnancy complica- tions were evaluated for both groups, and some of the successful ongoing pregnancies were recorded as well.
Outcomes	No explicit prioritisation of outcomes by the primary study authors.



Seyam 2015 (Continued)	Main outcome: according to the abstract, the total developing cumulative spontaneous pregnancy rate after one year of follow-up was measured. Pregnancy was not defined in the manuscript. In the meth- ods section, the authors mentioned that the successful ongoing pregnancies were recorded as well. In the results section, table 2 reports data for the cumulative pregnancy rate and the ongoing pregnancy rate. We could not obtain further clarification from the primary study authors. Other outcomes: patient compliance
Notes	Not reported if participants had already had a hysteroscopy prior to the fertility assessment or not. No information whether endometrial biopsy was performed at the time of the screening hysteroscopy. We repeatedly contacted the corresponding author (Dr Emaduldin Mostafa Seyam), but failed to obtain fur- ther clarification.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Unclear risk	Quote: "The participants were randomized using a computer software into two groups: A. study group including 100 infertile women who were short-list- ed for the studied office microhysteroscopic procedure, and B. control group including 100 women with unexplained infertility who were followed up with- out the proposed office microhysteroscopic intervention". Comment: We could not obtain further clarification from the primary study authors on the specific computer software used to randomise.
Allocation concealment (selection bias)	Unclear risk	Comment: method of allocation concealment not reported - no further clarification obtained from the primary study authors.
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Women were not blinded, but this did not affect the main outcome measures of cumulative or ongoing pregnancy rate. No further clarification obtained from the primary study authors.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	It was not clear who did the outcome assessment. No further clarification obtained from the primary study authors. The main outcomes (cumulative or ongoing pregnancy rates) were very likely not influenced by a lack of blinding of the outcome assessors.
Incomplete outcome data (attrition bias) All outcomes	Low risk	200 women randomised - all data were available for analysis
Selective reporting (re- porting bias)	High risk	Protocol not available. Primary outcome of interest not reported (live birth), even though study duration was long enough (seven years), giving sufficient time for authors to collect live birth data.
Other bias	Low risk	No differences in the baseline characteristics. No co-treatment.

Shawki 2012				
Moth	odc			

Methods	RCT
	Single centre
	Egypt
Participants	Included women undergoing ICSI cycle. Mixed group consisting of women undergoing first ICSI, or after one, two, or more failures. All women underwent HSG 2 to 3 months prior to IVF.

hawki 2012 (Continued)	Exclusion:	
	Abnormal HSG	
	Abnormal TVS	
	Intrauterine surgery his	story
	Contraindication for hy	
Interventions	ings, methylene blue ir	= 120): vaginoscopic approach hysteroscopy done. For normal hysteroscopy find njected to identify endometrial pathology, such as endometrial hyperplasia or osy taken. Abnormal hysteroscopy findings were recorded and treated.
	Control group (N = 120)): no hysteroscopy
Outcomes	Implantation rate, clini	ical pregnancy rate, normal and abnormal hysteroscopy findings
Notes	Authors were contacted for data, however, authors did not respond to emails.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Containing computer generated random numbers".
Allocation concealment (selection bias)	Unclear risk	Authors mention 'sealed envelopes' containing random numbers. Authors did not describe actual allocation concealment, specifically did not mention con- secutively numbered opaque envelopes.
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, cate- gorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned, and appeared to be balanced. However, intention-to-treat analysis not done.
Selective reporting (re- porting bias)	Unclear risk	The published protocol for this study was not available. While prespecified outcomes of interest were reported, primary outcome (live birth) was not reported.
Other bias	Low risk	We found no other potential sources of within-study bias. Source of funding was mentioned.

Smit 2016

Methods	RCT	
	Multicentre	
	The Netherlands	

Cochrane

Library

Smit 2016 (Continued)

1 2		
Participants	Included infertile wom	en undergoing first IVF, and normal transvaginal ultrasound
	Excluded women with teroscopy	two or more miscarriages, intermenstrual blood loss, previously undergone hys-
Interventions	abnormalities noticed	= 373): hysteroscopy done; mid follicular phase, 1 to 3 months before IVF. Uterine were treated during same sitting, or in some cases, at subsequent sitting. No ad- ch as endometrial biopsy, was done.
	Control group (N = 377): no hysteroscopy was done
Outcomes	Live birth rate, ongoing teroscopy findings	g pregnancy rate, implantation rate, miscarriage rate, abnormal and normal hys-
Notes		d for data, and they provided relevant data (clinical pregnancy and live birth rate inclusion in the review.
	In a few cases in hyster did not undergo therap	roscopy group, uterine abnormalities, such as septum (n = 5), and fibroids (n = 2), peutic intervention.
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence genera- tion (selection bias)	Low risk	"Web-based randomisation"
Allocation concealment (selection bias)	Low risk	Web-based randomisation incorporates allocation concealment.
Blinding of participants and personnel (perfor- mance bias) All outcomes	Low risk	Blinding was not mentioned. However, absence of blinding was unlikely to in- fluence performance bias. Hence, absence of blinding was categorised as low risk for performance bias.
Blinding of outcome as- sessment (detection bias) All outcomes	Low risk	Absence of blinding was unlikely to influence the findings for our primary and secondary outcomes, hence, categorised as low risk for detection bias.
Incomplete outcome data (attrition bias) All outcomes	Low risk	All randomised participants and losses to follow-up were mentioned, and appeared to be balanced. Intention-to-treat analysis was done.
Selective reporting (re-	Low risk	Published protocol was available. All the prespecified outcomes (including live

Selective reporting (re-Published protocol was available. All the prespecified outcomes (including live porting bias) birth) were reported in the final analysis. Other bias Low risk We found no other potential sources of within-study bias. Details regarding source of funding and ethical clearance were mentioned.

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Brown 2000	Not addressing the PICO research questions of the Cochrane Review.

Study	Reason for exclusion	
	Parallel group randomised trial comparing the diagnostic accuracy, pain scores, and procedure length of outpatient hysteroscopy, hysterosalpingography (HSG), and saline infusion hystero sonography (SIS) for evaluation of the uterine cavity of infertile women.	
El-Khayat 2015	Not addressing the PICO research questions of the Cochrane Review.	
	Parallel group randomised trial comparing office hysteroscopy with endometrial scratch versus of- fice hysteroscopy on intrauterine insemination outcome.	
	The aim of the trial was to evaluate the role of endometrial injury in the cycle preceding ovarian stimulation for intrauterine insemination (IUI) cycle on the clinical pregnancy rate.	
Fatemi 2010	Not a randomised controlled trial; prevalence study	
Hebeisha 2018	Randomised trial included women undergoing IVF, and investigated role of endometrial scratch before ICSI. The trial had three arms: first arm underwent endometrial scratch, second arm underwent hysteroscopy and endometrial scratch, and control arm underwent direct IVF.	
	Investigators excluded women who were found to have intracavitary abnormalities during hys- teroscopy (as communicated by authors). Since women who had normal ultrasound but intracav- itary abnormalities were excluded from hysteroscopy, we excluded this trial, since current review focus was on effectiveness of screening hysteroscopy with or without treatment of intracavitary abnormalities.	
Kamel 2015	Not a randomised controlled trial	
Kasius 2013	Cost-effectiveness analysis study	
Shokeir 2016	RCT on the effectiveness of local endometrial injury	
	To evaluate the efficacy of a hysteroscopic site-specific local endometrial injury (LEI) in a group of women with unexplained infertility (UI), undergoing expectant management with no fertility treat- ment versus no intervention.	
Siristatidis 2017	Non randomised trial	
Wang 2011	Different population; women with endometritis	
Zhang 2015	Diagnostic hysteroscopy was performed for both intervention and control group to rule out intra- cavitary pathologies. Those with intracavitary abnormalities on hysteroscopy were excluded.	

RCT = randomised controlled trial

Characteristics of studies awaiting assessment [ordered by study ID]

Methods	Parallel-group randomised controlled trial
	Single centre, Fertility, Infertility and Perinatology Research Center, School of Medicine, Ahvaz
	Jundishapour University of Medical Sciences, Ahvaz, Iran
	Protocol approved by EC/ IRB: yes
	Study protocol registration: not reported
	Statistical power calculation: not reported
	Funding: supported by a research grant from the Ahvaz Jundishapour University of Medical
	Sciences, Ahvaz, Iran
	Conflicts of interest reported: no
Participants	Number recruited: not reported



Moramezi 2012 (Continued)	 Number randomly assigned: 110 women Number excluded: 0 women 110 healthy women, between the ages of 22 and 44 years, candidate IUI cycles, were randomly assigned to one of two groups from the start of the cycle. Patient assessment included demographic information, as well as medical and gynaecological history taking, with physical examination and routine laboratory screening (including BMI, CBC, PAP smear, TSH, PRL, and viral serology). Comment: uncertain if all women were screened by transvaginal ultrasound before entering the trial. We could not obtain clarification from the primary study authors. Inclusion criteria: healthy women Exclusion criteria: sexually transmitted disease pelvic inflammatory disease pregnancy
	• active vaginal bleeding Study duration: 10 months.
Interventions	Hysteroscopy (intervention: N = 55) vs no hysteroscopy (control: N = 55) before IUI. The women of group 1 (intervention, N = 55) underwent hysteroscopy to rule out pathology of the endometrial cavity. During this procedure, the endometrial cavity was examined for the presence of polyps, or submucosal myoma, or other pathologic conditions. Any projection inside the uterine cavity was observed, with special attention to its shape and echo, whether it was of polypoid-like structure, or type of myomas. No data on the instrumentation used, the timing and technique of the hysteroscopic intervention, or the type of anaesthesia.
	In case of surgical treatment of unsuspected uterine cavity abnormalities, IUI was started after 2 or 3 cycles, whereas IUI was done in the next cycle when hysteroscopy was normal.
	The women of group 2 (control, N = 55) were treated with IUI without prior hysteroscopy.
	Clomifen (50 to 100 mg per day) followed by HMG (75 U per day) were given for ovarian stimula- tion. Transvaginal ultrasonography was done between cycle day 12 and 14. A single dose of human chorionic gonadotrophin (hCG) was used to induce ovulation if the follicles were about 18 to 20 mm. Semen specimens were washed using the swim-up method, and a single IUI using a volume of 0.3 mL was done 36 hours after hCG injection.
	Pregnancy was documented by the serum hCG level, 2 weeks after IUI. When pregnant, a transvagi- nal ultrasound examination was carried out 2 to 4 weeks later.
Outcomes	No explicit prioritisation of outcomes by the primary study authors.
	Main outcome: pregnancy rate. Pregnancy was not defined. In the abstract, the authors men- tion clinical pregnancy rates. According to the methods section, pregnancy was documented by a serum hCG level, 2 weeks after IUI. When positive, a transvaginal examination was scheduled 2 to 4 weeks later. We assume that only clinical pregnancies, defined by positive findings at transvaginal ultrasound after positive hCG testing, were counted as the main outcome measure. The time point at which the main outcome was measured (clinical pregnancy) was not reported. We judged that the clinical pregnancy rates were measured after one IUI cycle, since the number of women treated was 110 and the number of IUI cycles was 114,±,2.07 in the control group and 106,±,1.92 in the in- tervention group. Other outcomes: abortion rate - not defined, and hysteroscopy complications.
Notes	Did not report if participants had already had a hysteroscopy prior to the fertility assessment or not. No information on endometrial biopsy or not at the time of the screening hysteroscopy. We re- peatedly contacted the corresponding author (Dr Masoud Hemadi) but failed to obtain further clar- ification.

Screening hysteroscopy in subfertile women and women undergoing assisted reproduction (Review) Copyright © 2019 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

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hCG =

Characteristics of ongoing studies [ordered by study ID]

NCT02245750

Trial name or title	Value of routine hysteroscopy prior to IVF/ICSI cycles	
Methods	Randomized controlled trial	
Participants	Women with recurrent implantation failure planned for IVF	
	Inclusion Criteria: patient's age ranged from 20 to 40 years; normal appearance of the uterine cavi- ty on hysterosalpingography; patients prepared for IVF/ICSI cycle. Exclusion Criteria: Patients who have any contraindications for hysteroscopy. (menstruation, pregnancy, severe vaginitis or cervici- tis, endometrial infection, and history of pelvic inflammatory diseases); patients with uterine cavi- ty pathology previously known to the examiner; patients with previous uterine surgery, such as my- omectomy; patients with abnormal HSG	
Interventions	Hysteroscopy with endometrial injury	
Outcomes	Live birth, clinical pregnancy rates	
Starting date	August 2014	
Contact information	ahmadmarzok85@gmail.com	
Notes	We tried contacting the authors but did not get any response regarding status of the trial.	

NCT03173404	
Trial name or title	Benefits of hysteroscopy prior to performing a cycle of in vitro fertilization/intracytoplasmic sperm injection
Methods	Randomized controlled trial
Participants	Women scheduled for their first or second IVF/ICSI cycle and with no abnormality detected in trans- vaginal ultrasound examination
	Inclusion criteria:
	 Women with infertility, primary infertility Women who are about to start an IVF/ICSI cycle with their own eggs Age: 18 to 40 years
	 Women in whom a multiple follicular development will be developed with a short protocol with antagonists, or long with agonists, and starting dose of gonadotropins according to clinical crite- ria
	Women with uterine ultrasound without endometrial pathology
	Exclusion criteria:
	 Ovarian reserve: antimullerian hormone < 0.5 ng/dL or count of antral follicles < 5 between both ovaries Myomatous uterus: presence of > 2 myomas > 4 cm, or that deform uterine cavity Uterine malformations Body mass index (BMI) < 18 or > 30



NCT03173404 (Continued)	 Polycystic ovarian syndrome: according to European Society of Human Reproduction and Embryology (ESRHE)/Rotterdam 2003 criteria Moderate-severe endometriosis Background or presence of pelvic inflammatory disease Hydrosalpinx not excised or occluded Hyperprolactinemia, defined as prolactin levels greater than 50 ng/mL Diagnostic history of endometrial hyperplasia Severe male factor: severe oligoasthenoteratozoospermia with a sperm cell count (REM) < 100,000 spermatozoa/mL Impossibility to apply the treatments provided by the study in the terms established by the protocol Contraindication for the use of any of the treatments provided in the study
Interventions	Hysteroscopy before IVF
Outcomes	Biochemical pregnancy, ongoing pregnancy, and live birth rates
Starting date	2014
Contact information	La Paz University, Madrid. No contact email address or author name provided
Notes	We could not identify author names or email ID to contact for status of the study.

PACTR201402000691997

Trial name or title	Role of hysteroscopy before first trial ICSI: a prospective randomized controlled trial
Methods	Randomized controlled trial
Participants	Women undergoing first IVF
	Inclusion criteria: no previous IVF/ICSI cycle
	Exclusion criteria: antral follicle count (AFC) 4
	Anti-mullarian hormone (AMH) 0.7 Detectable uterine pathology by ultrasound
	Age minimum: 20 years Age maximum: 40 years
Interventions	Hysteroscopy before IVF
Outcomes	Clinical pregnancy, miscarriage rate
Starting date	June 2013
Contact information	hassanmaghraby@gmail.com
Notes	Status: ongoing recruitment on trial registry. We contacted one of the authors, but could not get confirmation on status of the trial.



UMIN000025679

Trial name or title	Technique with intrauterine fiberscope and curettage of the endometrium (IFCE) improves the pregnancy rate for infertile patients with repeated embryo implantation failures - a randomized controlled trial
Methods	Randomized controlled trial
Participants	Women with recurrent implantation failure planned for IVF
	Women age: 18 to 50 years
	BMI - 18.5 to 30
	Normal ovarian reserve: AFC = 8 ; FSH < 8
	Exclusion: severe male factor
Interventions	Hysteroscopy with endometrial scratch
Outcomes	Clinical pregnancy rate
Starting date	2014
Contact information	funabiki_m@oakclinic-group.com
Notes	We contacted the authors for data. The authors were currently doing data reanalysis and could no provide the necessary data for inclusion in the current review.

DATA AND ANALYSES

Comparison 1. Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Live birth	1	200	Risk Ratio (M-H, Fixed, 95% CI)	4.3 [2.29, 8.07]
2 Adverse outcomes	1	200	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
3 Clinical pregnancy	1	200	Risk Ratio (M-H, Fixed, 95% CI)	3.8 [2.31, 6.24]
4 Miscarriage	1	200	Risk Ratio (M-H, Fixed, 95% CI)	2.8 [1.05, 7.48]

Analysis 1.1. Comparison 1 Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously, Outcome 1 Live birth.

Study or subgroup	Hysteroscopy	No hys- teroscopy	-				Weight	Risk Ratio			
	n/N	n/N			M-H, F	ixed,	95% CI				M-H, Fixed, 95% Cl
Seyam 2015	43/100	10/100								100%	4.3[2.29,8.07]
	Favours	no hysteroscopy	0.1	0.2	0.5	1	2	5	10	Favours hysteroscopy	



Study or subgroup	Hysteroscopy	teroscopy No hys- teroscopy		Risk Ratio						Weight	Risk Ratio
	n/N	n/N			М-Н, F	ixed,	95% CI				M-H, Fixed, 95% CI
Total (95% CI)	100	100							•	100%	4.3[2.29,8.07]
Total events: 43 (Hysteroscopy), 10 (I	No hysteroscopy)					ĺ					
Heterogeneity: Not applicable											
Test for overall effect: Z=4.54(P<0.000	01)										
	Favours	no hysteroscopy	0.1	0.2	0.5	1	2	5	10	Favours hysteroscopy	

Analysis 1.2. Comparison 1 Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously, Outcome 2 Adverse outcomes.

Study or subgroup	Hysteroscopy	No hys- teroscopy			Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H	, Fixed, 95%	6 CI			M-H, Fixed, 95% CI
Seyam 2015	0/100	0/100							Not estimable
Total (95% CI)	100	100							Not estimable
Total events: 0 (Hysteroscopy), 0 (No hysteroscopy)								
Heterogeneity: Not applicable									
Test for overall effect: Not applical	ole								
	Favours	no hysteroscopy	0.01	0.1	1	10	100	Favours hysteroscopy	

Analysis 1.3. Comparison 1 Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously, Outcome 3 Clinical pregnancy.

Study or subgroup	Hysteroscopy	No hys- teroscopy			Risk Rati	0		Weight	Risk Ratio
	n/N	n/N		M-H	, Fixed, 9	5% CI			M-H, Fixed, 95% CI
Seyam 2015	57/100	15/100			-	-		100%	3.8[2.31,6.24]
Total (95% CI)	100	100				◆		100%	3.8[2.31,6.24]
Total events: 57 (Hysteroscopy	/), 15 (No hysteroscopy)								
Heterogeneity: Not applicable									
Test for overall effect: Z=5.27(F	><0.0001)								
	Favours	no hysteroscopy	0.01	0.1	1	10	100	Favours hysteroscopy	

Analysis 1.4. Comparison 1 Screening hysteroscopy versus no hysteroscopy in subfertile women wishing to conceive spontaneously, Outcome 4 Miscarriage.

Study or subgroup	Hysteroscopy	No hys- teroscopy		I	Risk Ratio)		Weight	Risk Ratio
	n/N	n/N		м-н,	Fixed, 95	% CI			M-H, Fixed, 95% CI
Seyam 2015	14/100	5/100				+		100%	2.8[1.05,7.48]
Total (95% CI)	100	100	1				1	100%	2.8[1.05,7.48]
	Favou	urs hysteroscopy	0.05	0.2	1	5	20	Favours no hysteroscor	ру



Study or subgroup	udy or subgroup Hysteroscopy				Risk Ratio)		Weight	Risk Ratio
	n/N	n/N		M-H	, Fixed, 95	% CI			M-H, Fixed, 95% CI
Total events: 14 (Hysteroscopy)), 5 (No hysteroscopy)								
Heterogeneity: Not applicable									
Test for overall effect: Z=2.05(P	=0.04)								
	Fav	ours hysteroscopy	0.05	0.2	1	5	20	Favours no hysteroso	ору

Comparison 2. Screening hysteroscopy versus no hysteroscopy in women before IVF

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Live birth	6	2745	Risk Ratio (M-H, Fixed, 95% CI)	1.26 [1.11, 1.43]
1.1 Unselected	1	217	Risk Ratio (M-H, Fixed, 95% CI)	1.23 [0.63, 2.40]
1.2 First IVF	2	953	Risk Ratio (M-H, Fixed, 95% CI)	1.20 [0.96, 1.49]
1.3 Two or more IVF fail- ures	3	1575	Risk Ratio (M-H, Fixed, 95% CI)	1.30 [1.10, 1.53]
2 Adverse outcomes	4	1872	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.47 [0.15, 376.42]
2.1 Unselected	1	217	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.2 First IVF	2	953	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.47 [0.15, 376.42]
2.3 Two or more IVF fail- ures	1	702	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3 Clinical pregnancy	10	3750	Risk Ratio (M-H, Fixed, 95% CI)	1.32 [1.20, 1.45]
3.1 Unselected	3	581	Risk Ratio (M-H, Fixed, 95% CI)	1.40 [1.07, 1.84]
3.2 First IVF	3	1173	Risk Ratio (M-H, Fixed, 95% CI)	1.20 [1.02, 1.41]
3.3 Two or more IVF fail- ures	4	1996	Risk Ratio (M-H, Fixed, 95% CI)	1.37 [1.21, 1.56]
4 Miscarriage	3	1669	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.67, 1.50]
4.1 Unselected	1	217	Risk Ratio (M-H, Fixed, 95% CI)	2.81 [0.12, 68.33]
4.2 First IVF	1	750	Risk Ratio (M-H, Fixed, 95% CI)	1.29 [0.59, 2.80]
4.3 Two or more IVF fail- ures	1	702	Risk Ratio (M-H, Fixed, 95% CI)	0.88 [0.55, 1.42]

Analysis 2.1. Comparison 2 Screening hysteroscopy versus no hysteroscopy in women before IVF, Outcome 1 Live birth.

Study or subgroup	Hysteroscopy	No hys- teroscopy	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% CI		M-H, Fixed, 95% Cl
2.1.1 Unselected					
Juul Hare 2018	17/112	13/105		4.44%	1.23[0.63,2.4]
Subtotal (95% CI)	112	105		4.44%	1.23[0.63,2.4]
Total events: 17 (Hysteroscopy),	13 (No hysteroscopy)				
Heterogeneity: Not applicable					
Test for overall effect: Z=0.59(P=0).55)				
2.1.2 First IVF					
Smit 2016	71/373	75/377		24.68%	0.96[0.72,1.28]
Elsetohy 2015	58/102	33/101	│ <u> </u> +	10.97%	1.74[1.25,2.41]
Subtotal (95% CI)	475	478		35.65%	1.2[0.96,1.49]
Total events: 129 (Hysteroscopy)	, 108 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =7.3,	df=1(P=0.01); I ² =86.3%				
Test for overall effect: Z=1.63(P=0).1)				
2.1.3 Two or more IVF failures					
El-Toukhy 2016	102/350	102/352	— —	33.65%	1.01[0.8,1.27]
Aghahosseini 2012	50/142	45/211		11.98%	1.65[1.17,2.32]
Rama Raju 2006	72/255	44/265	<u> </u>	14.28%	1.7[1.22,2.37]
Subtotal (95% CI)	747	828	•	59.91%	1.3[1.1,1.53]
Total events: 224 (Hysteroscopy)	, 191 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =9.11	, df=2(P=0.01); I ² =78.04%)			
Test for overall effect: Z=3.12(P=0))				
Total (95% CI)	1334	1411	•	100%	1.26[1.11,1.43]
Total events: 370 (Hysteroscopy)	, 312 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =16.3	34, df=5(P=0.01); l ² =69.41	%			
Test for overall effect: Z=3.52(P=0))				
Test for subgroup differences: Ch	ii ² =0.35, df=1 (P=0.84), I ² =	:0%			
	Favours	no hysteroscopy	0.5 0.7 1 1.5 2	Favours hysteroscop	У

Analysis 2.2. Comparison 2 Screening hysteroscopy versus no hysteroscopy in women before IVF, Outcome 2 Adverse outcomes.

Study or subgroup	Hysteroscopy	No hys- teroscopy		Peto C	Odds Ra	itio		Weight	Peto Odds Ratio
	n/N	n/N		Peto, Fi	ixed, 95	% CI			Peto, Fixed, 95% Cl
2.2.1 Unselected									
Juul Hare 2018	0/112	0/105							Not estimable
Subtotal (95% CI)	112	105							Not estimable
Total events: 0 (Hysteroscopy), 0 (No hysteroscopy)								
Heterogeneity: Not applicable									
Test for overall effect: Not applica	ble								
2.2.2 First IVF									
Elsetohy 2015	0/102	0/101							Not estimable
	Favo	ours hysteroscopy	0.001	0.1	1	10	1000	Favours no hysterosco	ру



Study or subgroup	Hysteroscopy	No hys- teroscopy		Peto	Odds Ratio		Weight	Peto Odds Ratio
	n/N	n/N		Peto, F	ixed, 95% CI			Peto, Fixed, 95% Cl
Smit 2016	1/373	0/377					100%	7.47[0.15,376.42]
Subtotal (95% CI)	475	478		-			100%	7.47[0.15,376.42]
Total events: 1 (Hysteroscopy), 0 (No	hysteroscopy)							
Heterogeneity: Not applicable								
Test for overall effect: Z=1.01(P=0.31)							
2.2.3 Two or more IVF failures								
El-Toukhy 2016	0/350	0/352						Not estimable
Subtotal (95% CI)	350	352						Not estimable
Total events: 0 (Hysteroscopy), 0 (No	hysteroscopy)							
Heterogeneity: Not applicable								
Test for overall effect: Not applicable	2							
Total (95% CI)	937	935					100%	7.47[0.15,376.42]
Total events: 1 (Hysteroscopy), 0 (No	hysteroscopy)							
Heterogeneity: Not applicable								
Test for overall effect: Z=1.01(P=0.31)							
Test for subgroup differences: Not a	oplicable							
	Favo	urs hysteroscopy	0.001	0.1	1 10	1000	Favours no hysteroscop	/

Analysis 2.3. Comparison 2 Screening hysteroscopy versus no hysteroscopy in women before IVF, Outcome 3 Clinical pregnancy.

Study or subgroup	Hysteroscopy	No hys- teroscopy	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% Cl		M-H, Fixed, 95% Cl
2.3.1 Unselected					
El-Nashar 2011	25/62	15/62	+	2.89%	1.67[0.98,2.84]
Juul Hare 2018	28/112	20/105		3.98%	1.31[0.79,2.18]
Shawki 2012	40/120	30/120	+	5.78%	1.33[0.89,1.99]
Subtotal (95% CI)	294	287		12.65%	1.4[1.07,1.84]
Total events: 93 (Hysteroscopy	/), 65 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =0.	.53, df=2(P=0.77); I ² =0%				
Test for overall effect: Z=2.45(P	P=0.01)				
2.3.2 First IVF					
Alleyassin 2017	53/110	42/110		8.09%	1.26[0.93,1.71]
Elsetohy 2015	68/102	44/101	·	8.52%	1.53[1.18,1.99]
Smit 2016	86/373	87/377	_	16.67%	1[0.77,1.3]
Subtotal (95% CI)	585	588	◆	33.28%	1.2[1.02,1.41]
Total events: 207 (Hysteroscop	y), 173 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =5.	.33, df=2(P=0.07); l ² =62.519	6			
Test for overall effect: Z=2.21(P	P=0.03)				
2.3.3 Two or more IVF failure	s				
Aghahosseini 2012	72/142	64/211	_	9.92%	1.67[1.29,2.17]
Demirol 2004	67/210	45/211	+	8.65%	1.5[1.08,2.07]
El-Toukhy 2016	121/350	116/352		22.28%	1.05[0.85,1.29]
Rama Raju 2006	109/255	70/265		13.23%	1.62[1.27,2.07]
	Favour	s no hysteroscopy	0.5 0.7 1 1.5 2	Favours hysteroscop	у



Study or subgroup	Hysteroscopy	No hys- teroscopy	Risk Ratio		Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95%	CI		M-H, Fixed, 95% Cl
Subtotal (95% CI)	957	1039	•	•	54.08%	1.37[1.21,1.56]
Total events: 369 (Hysterosco	opy), 295 (No hysteroscopy)					
Heterogeneity: Tau ² =0; Chi ² =	10.64, df=3(P=0.01); l ² =71.79%					
Test for overall effect: Z=4.99	(P<0.0001)					
Total (95% CI)	1836	1914	•		100%	1.32[1.2,1.45]
Total events: 669 (Hysterosco	opy), 533 (No hysteroscopy)					
Heterogeneity: Tau ² =0; Chi ² =	17.48, df=9(P=0.04); I ² =48.5%					
Test for overall effect: Z=5.86	(P<0.0001)					
Test for subgroup differences	s: Chi ² =1.96, df=1 (P=0.38), I ² =0	%				
	Favours n	o hysteroscopy	0.5 0.7 1	L.5 2	Favours hysteroscopy	

Analysis 2.4. Comparison 2 Screening hysteroscopy versus no hysteroscopy in women before IVF, Outcome 4 Miscarriage.

Study or subgroup	Hysteroscopy	No hys- teroscopy	Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H, Fixed, 95% Cl		M-H, Fixed, 95% CI
2.4.1 Unselected					
Juul Hare 2018	1/112	0/105		1.16%	2.81[0.12,68.33]
Subtotal (95% CI)	112	105		1.16%	2.81[0.12,68.33]
Total events: 1 (Hysteroscopy), 0 ((No hysteroscopy)				
Heterogeneity: Not applicable					
Test for overall effect: Z=0.64(P=0.	.52)				
2.4.2 First IVF					
Smit 2016	14/373	11/377		24.66%	1.29[0.59,2.8]
Subtotal (95% CI)	373	377	-	24.66%	1.29[0.59,2.8]
Total events: 14 (Hysteroscopy), 1	1 (No hysteroscopy)				
Heterogeneity: Not applicable					
Test for overall effect: Z=0.64(P=0.	.53)				
2.4.3 Two or more IVF failures					
El-Toukhy 2016	29/350	33/352		74.17%	0.88[0.55,1.42]
Subtotal (95% CI)	350	352		74.17%	0.88[0.55,1.42]
Total events: 29 (Hysteroscopy), 3					0.00[0.00,1.1.2]
Heterogeneity: Not applicable	(ito it)see seepy,				
Test for overall effect: Z=0.51(P=0.	.61)				
	,				
Total (95% CI)	835	834	•	100%	1.01[0.67,1.5]
Total events: 44 (Hysteroscopy), 4	4 (No hysteroscopy)				
Heterogeneity: Tau ² =0; Chi ² =1.07,	df=2(P=0.59); I ² =0%				
Test for overall effect: Z=0.03(P=0.	.98)				
Test for subgroup differences: Chi	² =1.07, df=1 (P=0.59), l ² =	=0%			
	Favo	ours hysteroscopy	0.02 0.1 1 10 5	⁵⁰ Favours no hysteros	сору

ADDITIONAL TABLES



Table 1. Cycle characteristics of included trials

Study ID	Population	Previous HSG or hysteroscopy	Interven- tion	Addition- al endome- trial biop- sy	Detected abnormal- ities treat- ed	Timing of hys- teroscopy
Seyam 2015	Unexplained infertility of 2 years duration	Normal HSG	Hys- teroscopy	No	Yes	Follicular phase
Aghahos- seini 2012	Two or more IVF failures	Normal HSG; no hysteroscopy in previous 2 months	Hys- teroscopy	No	No details	No details avail- able
Alleyassin 2017	First IVF	Normal HSG; women with history of hysteroscopy excluded.	Hys- teroscopy	No	Yes	Preceding cycle; luteal phase
Demirol 2004	Two or more IVF failures	Normal HSG; no details of history of hysteroscopy	Hys- teroscopy	No	Yes	Preceding cycle; follicular phase
El-Nashar 2011	Unselected IVF population	No details of HSG; no details of his- tory of hysteroscopy	Hys- teroscopy	Yes	Yes	No details
Elsetohy 2015	First IVF	Normal HSG; no details of history of hysteroscopy	Hys- teroscopy	No	Yes	Within 3 months of IVF; follicular phase
El-Toukhy Two or more		, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		No	Yes;	Preceding cycle;
2016	IVF failures	ed women with previous histo- ry of hysteroscopy (45% in hys-			(only one partial	follicular phase
		teroscopy group vs 44% in control)			septum not	
					treated).	
Juul Hare 2018	One IVF failure	No details available	Hys- teroscopy	Yes	No details available	No details avail- able
Rama Raju 2006	Two or more IVF failures	Normal HSG; no details of history of hysteroscopy	Hys- teroscopy	Yes	Yes	Preceding cycle; follicular phase
Shawki 2012	Unselected IVF population	Normal HSG; no details of history of hysteroscopy	Hys- teroscopy	Those with suspicious lesion after injecting methylene blue were biopsied.	Yes	No details avail- able
Smit 2016	First IVF	Excluded those with previous hys- teroscopy	Hys- teroscopy	No	Yes; (31/43 abnormal- ities treat- ed; 5 sep- tum and 2 submucous fibroids not treated)	1 to 3 months be- fore IVF; follicu- lar phase



IVF: in vitro fertilisation HSG: hysterosalpingography

APPENDICES

Appendix 1. Cochrane Gynaecology and Fertility Group (CGFG) Specialised Register search strategy

Searched 05 September 2018

Procite platform

Keywords CONTAINS "hysteroscopic "or "hysteroscope diameter" or "hysteroscope size" or "hysteroscopy" or "hysteroscopy, techniques" or "hysteroscopy-second look" or "hysterscope" or "uterine cavity assessment" or "mini-hysteroscopy" or "minihysteroscopy" or "endometrial polypectomy" or "endometrial polyps" or "endoscopy" or Title CONTAINS "hysteroscopic "or "hysteroscope diameter" "hysteroscope size" or "hysteroscopy" or "hysteroscopy, techniques" or "hysteroscopy-second look" or "hysteroscope" or "uterine cavity assessment" or "mini-hysteroscopy" or "hysteroscopy" or "endometrial polypectomy" or "endometrial polype" or "endoscopy" or "endometrial polype" or "hysteroscopy" or "hysterosco

AND

Keywords CONTAINS "IVF" or "ICSI" or "subfertility" or "in vitro fertilisation" or "in vitro fertilization" or "intracytoplasmic sperm injection" or "assisted conception" or "assisted reproduction" or "ART" or "infertility" or "IUI" or "Intrauterine Insemination" or "artificial insemination" or "ovarian hyperstimulation" or "ovarian stimulation" or "ovulation induction" or "COH" or "controlled ovarian " or "insemination" or "insemination-intrauterine" or "subfertility-female" or "IUI" or "Irecurrent miscarriage" or "pregnancy" or Title CONTAINS "IVF" or "ICSI" or "subfertility" or "in vitro fertilisation" or "in vitro fertilization" or "intracytoplasmic sperm injection" or "assisted conception" or "assisted reproduction" or "ART" or "infertility" or "IUI" or "Intrauterine Insemination" or "artificial insemination" or "ovarian hyperstimulation" or "ovarian stimulation" or "ovulation induction" or "COH" or "artificial insemination" or "ovarian hyperstimulation" or "ovarian stimulation" or "IUI" or "INTrauterine Insemination" or "artificial insemination" or "ovarian hyperstimulation" or "ovarian stimulation" or "ovulation induction" or "COH" or "controlled ovarian " or "insemination" or "insemination-intrauterine" or "subfertility-female" or "IUI" or "ICH" or "controlled ovarian " or "insemination" or "insemination-intrauterine" or "subfertility-female" or "IUI" or "ICH" or "controlled ovarian " or "insemination" or "insemination-intrauterine" or "subfertility-female" or "IUI" or "Pregnancy" (162 hits)

Appendix 2. CENTRAL via Central Register of Studies Online (CRSO)

Searched 05 September 2018

Web platform

#1 MESH DESCRIPTOR Hysteroscopy EXPLODE ALL TREES 355

#2 Hysteroscop*:TI,AB,KY 1056

#3 Uteroscop*:TI,AB,KY 0

#4 minihysteroscop*:TI,AB,KY 10

#5 (Uter* adj3 Endoscop*):TI,AB,KY 9

#6 #1 OR #2 OR #3 OR #4 OR #5 1063

#7 MESH DESCRIPTOR Infertility, Female EXPLODE ALL TREES 1228

#8 MESH DESCRIPTOR Reproductive Techniques, Assisted EXPLODE ALL TREES 2977

#9 (subfertil* or infertil*):TI,AB,KY 6142

#10 (IVF or ICSI):TI,AB,KY 4909

#11 (artificial insemination):TI,AB,KY 189

#12 (assisted reproducti*):TI,AB,KY 1030

#13 (intrauterine insemination):TI,AB,KY 801

#14 IUI:TI,AB,KY 641

#15 pregnancy:TI,AB,KY 35148

#16 conception:TI,AB,KY 1071



#17 fertility:TI,AB,KY 2490

#18 MESH DESCRIPTOR Abortion, Habitual EXPLODE ALL TREES 252

#19 miscarriage*:TI,AB,KY 1151

#20 (pregnancy loss):TI,AB,KY 359

#21 conceive:TI,AB,KY 280

#22 MESH DESCRIPTOR Gynatresia EXPLODE ALL TREES 16

#23 Gynatresia:TI,AB,KY 16

#24 (implant* adj3 failure*):TI,AB,KY 1056

#25 IVF-ET:TI,AB,KY 441

#26 (ovulation induction):TI,AB,KY 2122

#27 #7 OR #8 OR #9 OR #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 41363

#28 #6 AND #27 324

Appendix 3. MEDLINE search strategy

Searched from 1946 to 05 September 2018

Ovid platform

1 exp Hysteroscopy/ (4409) 2 Hysteroscop\$.tw. (6236) 3 Uteroscop\$.tw. (13) 4 minihysteroscop\$.tw. (22) 5 (Uter\$ adj3 Endoscop\$).tw. (86) 6 or/1-5 (7237) 7 exp Infertility/ (61724) 8 subfertil\$.tw. (4619) 9 (IVF or ICSI).tw. (24871) 10 artificial insemination.tw. (6081) 11 assisted conception.tw. (1121) 12 intrauterine insemination.tw. (2231) 13 iui.tw. (1583) 14 reproductive techniques, assisted/ or exp embryo transfer/ or exp fertilization in vitro/ or exp sperm injections, intracytoplasmic/ or in vitro oocyte maturation techniques/ or exp insemination, artificial/ or exp ovulation induction/ or exp superovulation/ (60827) 15 exp Infertility, Female/ (27010) 16 Infertil\$.tw. (54744) 17 pregnancy.tw. (346819) 18 conception.tw. (27848) 19 fertility.tw. (69691) 20 Abortion, Habitual/ (6515) 21 miscarriage\$.tw. (11922) 22 recurrent pregnancy loss\$.tw. (1670) 23 conceive.tw. (4654) 24 Gynatresia/ (176) 25 (implant\$ adj3 failure\$).tw. (7800) 26 IVF-ET.tw. (2164) 27 ovulation induction.tw. (3384) 28 or/7-27 (519949) 29 randomized controlled trial.pt. (467803) 30 controlled clinical trial.pt. (92620) 31 randomized.ab. (420714) 32 randomised.ab. (84006) 33 placebo.tw. (196717)



34 clinical trials as topic.sh. (184694) 35 randomly.ab. (296498) 36 trial.ti. (186948) 37 (crossover or cross-over or cross over).tw. (77529) 38 or/29-37 (1228103) 39 exp animals/ not humans.sh. (4493304) 40 38 not 39 (1130506) 41 6 and 28 and 40 (227)

Appendix 4. Embase search strategy

Searched from 1980 to 05 September 2018

Ovid platform

1 exp Hysteroscopy/ (10545) 2 Hysteroscop\$.tw. (10349) 3 Uteroscop\$.tw. (20) 4 minihysteroscop\$.tw. (42) 5 (Uter\$ adj3 Endoscop\$).tw. (113) 6 or/1-5 (12891) 7 subfertil\$.tw. (6172) 8 (IVF or ICSI).tw. (41929) 9 artificial insemination.tw. (5364) 10 assisted conception.tw. (1610) 11 intrauterine insemination.tw. (3295) 12 iui.tw. (2883) 13 Infertil\$.tw. (74005) 14 pregnancy.tw. (402281) 15 conception.tw. (32699) 16 fertility.tw. (79564) 17 miscarriage\$.tw. (19484) 18 recurrent pregnancy loss\$.tw. (2820) 19 conceive.tw. (6360) 20 (implant\$ adj3 failure\$).tw. (10557) 21 IVF-ET.tw. (2970) 22 ovulation induction.tw. (4680) 23 exp infertility/ or exp female infertility/ or exp infertility therapy/ (164673) 24 assisted reproducti\$.tw. (19631) 25 exp intracytoplasmic sperm injection/ (18393) 26 exp artificial insemination/ (15778) 27 exp ovulation induction/ (13068) 28 exp superovulation/ (2593) 29 exp recurrent abortion/ (5281) 30 or/7-29 (613203) 31 6 and 30 (5090) 32 Clinical Trial/ (939390) 33 Randomized Controlled Trial/ (506064) 34 exp randomization/ (79110) 35 Single Blind Procedure/ (32096) 36 Double Blind Procedure/ (148976) 37 Crossover Procedure/ (56068) 38 Placebo/ (307810) 39 Randomi?ed controlled trial\$.tw. (183941) 40 Rct.tw. (29057) 41 random allocation.tw. (1783) 42 randomly allocated.tw. (30135) 43 allocated randomly.tw. (2330) 44 (allocated adj2 random).tw. (792) 45 Single blind\$.tw. (21113) 46 Double blind\$.tw. (182169) 47 ((treble or triple) adj blind\$).tw. (803) 48 placebo\$.tw. (269794)



49 prospective study/ (463707) 50 or/32-49 (1904367) 51 case study/ (55585) 52 case report.tw. (348767) 53 abstract report/ or letter/ (1017866) 54 or/51-53 (1413483) 55 50 not 54 (1855981) 56 31 and 55 (722)

Appendix 5. PsycINFO search strategy

Searched from 1806 to 05 September 2018

Ovid platform

1 subfertil\$.tw. (84) 2 (IVF or ICSI).tw. (558) 3 artificial insemination.tw. (251) 4 assisted conception.tw. (98) 5 intrauterine insemination.tw. (23) 6 iui.tw. (34) 7 Infertil\$.tw. (3267) 8 pregnancy.tw. (35219) 9 conception.tw. (21249) 10 fertility.tw. (6592) 11 miscarriage\$.tw. (1141) 12 recurrent pregnancy loss\$.tw. (13) 13 conceive.tw. (2967) 14 (implant\$ adj3 failure\$).tw. (46) 15 IVF-ET.tw. (17) 16 ovulation induction.tw. (21) 17 assisted reproducti\$.tw. (871) 18 exp Infertility/ (2028) 19 exp Reproductive Technology/ (1716) 20 exp Spontaneous Abortion/ (786) 21 or/1-20 (66886) 22 Hysteroscop\$.tw. (17) 23 21 and 22 (10)

Appendix 6. CINAHL search strategy

Searched from 1961 to 05 September 2018

EBSCO platform

#	Query	Results
S47	S32 AND S46	86
S46	S33 OR S34 or S35 or S36 OR S37 OR S38 OR S39 OR S40 OR S41 OR S42 OR S43 OR S44 OR S45	1,255,218
S45	TX allocat* random*	9,040
S44	(MH "Quantitative Studies")	20,289
S43	(MH "Placebos")	10,837
S42	TX placebo*	52,077



(Continued)		
S41	TX random* allocat*	9,040
S40	(MH "Random Assignment")	50,529
S39	TX randomi* control* trial*	153,082
S38	TX ((singl* n1 blind*) or (singl* n1 mask*)) or TX ((doubl* n1 blind*) or (dou- bl* n1 mask*)) or TX ((tripl* n1 blind*) or (tripl* n1 mask*)) or TX ((trebl* n1 blind*) or (trebl* n1 mask*))	972,341
S37	TX ((trebl* n1 blind*) or (trebl* n1 mask*))	201
S36	TX ((trebl* n1 blind*) or (trebl* n1 mask*))	201
S35	TX clinic* n1 trial*	227,629
S34	PT Clinical trial	86,040
S33	(MH "Clinical Trials+")	244,152
S32	S6 AND S31	598
S31	S7 OR S8 OR S9 OR S10 OR S11 OR S12 OR S13 OR S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27 OR S28 OR S29 OR S30	205,364
S30	TX ovulation induction	741
S29	TX IVF-ET	86
S28	TX (implant* N3 fail*)	2,614
S27	TX conceive	1,066
S26	TX (recurrent pregnancy loss)	289
S25	TX miscarriage	2,880
S24	(MM "Abortion, Habitual")	263
S23	TX fertility	10,698
S22	TX conception	25,694
S21	TX pregnancy	180,252
S20	TX Infertil*	10,835
S19	TX superovulation	28
S18	(MM "Ovulation Induction")	318
S17	TX (sperm injection* intracytoplasmic)	423
S16	(MM "Fertilization in Vitro")	1,971



(Continued)		
S15	(MH "Reproduction Techniques+")	7,812
S14	TX iui	165
S13	TX intrauterine insemination	241
S12	TX assisted conception	376
S11	(MM "Insemination, Artificial")	283
S10	TX artificial insemination	551
S9	TX (IVF or ICSI)	2,380
S8	TX subfertil*	602
S7	(MM "Infertility") OR (MM "Embryo Transfer")	5,152
S6	S1 OR S2 OR S3 OR S4 OR S5	1,576
S5	TX (Uter* N3 Endoscop*)	30
S4	TX minihysteroscop*	2
\$3	TX Uteroscop*	1
S2	TX Hysteroscop*	1,555
S1	(MM "Hysteroscopy")	677

tudy information			
1. Ref ID			
2. First author			
3. Year			
4. Published	q No		
5. Language			
Criteria for eligibility		YES	NO
Patients:	Couples undergoing hysteroscopy prior to IVF/ICSI	q	q
Intervention	Screening/routine hysteroscopy	q	q
	a) Prior to the first IVF/ICSI cycle		
	b) Prior to 2 or more failed IVF cycles		
Comparison	No hysteroscopy	q	q
Outcomes	Primary:	q	q
	Live-birth rate (per randomised couple)	q	q
	Secondary:	q	q
	Clinical pregnancy rate (per randomised couple; positive pregnancy test, gestational sac on ultrasound)	q	q
	Multiple pregnancy rate (per randomised couple)	q	q
	Miscarriage rate (per randomised couple)	q	q
	Congenital anomalies (per randomised couple)	q	q
	Additional:	q	q
		q	q

Cochrane Library

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Cochrane Database of Systematic Reviews

(Continued)				
Design				
1. Study design	RCT			Lip
	Parallel (intervention vs control)			library
	Cross-over (participants used as intervention	n and control group)		y ane
	Quotes:			Trust Bette
	Quotes.			r heat
2. Setting	Single-centre		q Multicentre	Trusted evidence. Informed.decisions. Better health.
	Country:			
Participants: in-	and exclusion			
3. Study criteria				
for patient in- clusion				
4. Study criteria				
for patient ex- clusion				
5. Description				
control/com- parison treat- ment				
Baseline charact	eristics			Cochrar
Previous IVF and/or ICSI treatment	Reported	q Not reported		Cochrane Database of Systematic Reviews
Intervention				f Syster
Embryo transfer	after IVF, ICSI			matic F
				leview
				õ 📕

	(Continued)		
	1. Time of randomisation during cycle	Prior to commencement of treatment cycle	V
	2. Nature of intervention	Hysteroscopy	Lip
		No hysteroscopy	:hra
•	3. Timing of intervention	Late luteal phase in the preceding cycle	ne
		# Follicular phase in the preceding cycle	Trus Info Bett
			usted evidence. formed decisions. tter health.



WHAT'S NEW

Date	Event	Description
17 April 2019	Amended	Minor textual amendments for sense and clarity.

CONTRIBUTIONS OF AUTHORS

MSK and JB screened the studies, extracted and analysed data, and wrote the review; SS and SKS contributed to screening, and data extraction, and commented on the review draft.

TDH, SW, BWM, and FB gave clinical and methodological advice, reviewed and commented on the review.

DECLARATIONS OF INTEREST

Mohan S Kamath, Jan Bosteels, Srividya Seshadri, Steven Weyers, and Sesh Kamal Sunkara have no conflicts of interest to declare.

Thomas M D'Hooghe, MD, PhD, is a Professor in Reproductive Medicine, Department of Development and Regeneration, University of Leuven (KU Leuven), Belgium, and Professor Adjunct, Department of Obstetrics and Gynecology, Yale University, New Haven, USA. Since October 2015, he has been Vice-President and Head of Global Medical Affairs Fertility, Merck KGaA, Darmstadt, Germany. His participation in this publication is part of his academic work. Merck KGaA is not involved in the development or marketing of products related to hysteroscopy. Professor D'Hooghe's employment by Merck is not in breach of Cochrane's Commercial Sponsorship Policy (clause 2), as he does not have a real or potential financial interest in the outcome of this review. This matter was referred to Cochrane's Funding Arbiter for advice.

Ben Willem J Mol has received consultancy fees from ObsEva Geneva, Guerbet, and Merck; payment for review preparation from European Journal of Obstetrics and Gynecology and Reproductive Biology; and travel, accommodation, and meeting expenses for various non-commercial scientific meetings. Ben Willem J Mol was author of a trial included in the review (Smit 2016). He did not participate in selection of the studies or in extracting data from that study.

Frank J Broekmans has received monetary compensation for the following: member of the external advisory board for Merck Serono and Ferring, the Netherlands; educational activities for Ferring BV, the Netherlands; consultancy work for Gedeon Richter, Belgium; strategic co-operation with Roche on automated anti-Müllerian hormone (AMH) assay development; and research co-operation with Ansh Labs. Frank K Broekmans was author of a trial included in the review (Smit 2016). He did not participate in selection of the studies or in extracting data from that study.

SOURCES OF SUPPORT

Internal sources

Cochrane South Asia, Prof BV Moses Centre for Evidence-Informed Health Care and Health Policy, Christian Medical College, Vellore, India.

Protocol development and review completion workshops

External sources

• None, Other.

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

We renamed the first category of randomised comparisons 'A routine, screening hysteroscopy, including hysteroscopic treatment of any detected uterine cavity abnormalities versus no hysteroscopy in subfertile women wishing to conceive spontaneously'.

Introduction of a second category of randomised comparisons, namely 'A routine, screening hysteroscopy, including hysteroscopic treatment of any detected uterine cavity abnormalities versus no hysteroscopy before intrauterine insemination (IUI)'. The inclusion of this category made the review more comprehensive.

We used ongoing pregnancy as a surrogate outcome for live birth when data for live birth were not available.



In the protocol, the planned sensitivity analysis was restricted to studies without high risk of bias (not at high risk of bias in any domain and at low risk for randomisation procedures). We changed the eligibility to studies at low risk of bias (without high or unclear risk of bias in any domain) as per recent Cochrane editorial guidelines.

In the protocol, the sensitivity analysis was planned only for primary outcomes but in the review, we conducted a sensitivity analysis for a clinically important secondary outcome (clinical pregnancy rate). This was done to test the robustness of our findings.

In the protocol, the planned analyses were to have been done using a random-effects model. In this review, we conducted analyses using a fixed-effect model.

INDEX TERMS

Medical Subject Headings (MeSH)

*Reproductive Techniques, Assisted; Fertilization in Vitro; Hysteroscopy [adverse effects] [*methods]; Infertility, Female [*diagnosis]; Live Birth; Pregnancy Rate; Randomized Controlled Trials as Topic

MeSH check words

Female; Humans; Pregnancy