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Leadless Pacemaker Implantation: A Feasible and Reasonable Option in Transcatheter Heart Valve Replacement Patients

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Abstract

Background: Leadless pacemakers (LPMs) have been shown to have lower post- operative complications than traditional permanent pacemakers but there have been no studies on the outcomes of LPMs in patients with transcatheter heart valve replacements (THVRs). This study determined outcomes of LPMs compared to single chamber transvenous pacemakers (SCPs) post-THVR.

Methods: This is a retrospective single-center study including 10 patients who received LPMs post-THVR between February 2017 and August 2018 and a comparison group of 23 patients who received SCP post-THVR between July 2008 and August 2018. LPM or SCP was implanted at the discretion of electrophysiologists for atrial fibrillation with slow ventricular response or sinus node dysfunction with need for single chamber pacing only.

Results: LPMs were associated with decreased tricuspid regurgitation (p=0.04) and decreased blood loss during implantation (7.5 ± 2.5cc for LPMs versus 16.8 ± 3.2cc for SCPs, p=0.03). Five LPM patients had devices positioned in the right ventricular septum as seen on transthoracic echocardiogram. Frequency of ventricular pacing was similar between LPM and SCP groups. In the LPM group, one case was complicated by a pseudoaneurysm and one death was due to non-cardiac causes. There was one pneumothorax and one pocket infection in the SCP group.

Disclosures: None

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Conclusions: In this small retrospective study, LPMs were feasible post-THVR and found to perform as well as SCPs, had less intra-procedural blood loss, and were associated with less tricuspid regurgitation. Further larger studies are required to follow longer term outcomes and complications.

Keywords

leadless pacemaker; transcatheter heart valve replacement; tricuspid regurgitation; single chamber pacemaker; permanent pacemaker

INTRODUCTION

Transfemoral replacement of the aortic valve has steadily increased since the pivotal PARTNER trials^{1–3}, which has paved the way for development of new transcatheter heart valve replacement (THVR) techniques for the replacement of the mitral valve and tricuspid valve. Permanent pacemaker (PPM) implantation after transcatheter aortic valve replacement (TAVR) occurs at a rate between 2.3% to 37.7%⁴, with trial data showing newer generation valves to have PPM implantation rates between 12 and 20%.^{5–7} Little has been published for pacemaker implantation after transcatheter mitral valve replacement (TMVR). Traditional PPMs have long been known to have complications, such as surgical pocket infections, lead infections, and worsening tricuspid regurgitation, with short-term complication rates as high as 8 to 12%,.^{8–10} Since the implantations of THVR continue to increase, these complications rates should not be taken lightly and if there is an alternative to traditional PPMs with lower complication rates, then it should be investigated.

Leadless pacemakers (LPMs) were first approved for use by the United States Food and Drug Administration in April 2016.¹¹ Sitting entirely inside the right ventricle of the heart, LPMs have been shown in initial clinical trials to have excellent performance in terms of device electrical parameters up to 1 year. These initial trials also showed LPMs to have lower lead and pocket complication rates than traditional pacemakers, with rates ranging from 3.4 to 6.5%.^{12–15} Based on this data, LPMs could be considered a favorable alternative to traditional pacemakers post-THVR, especially since the THVR patient population usually is older and are more likely to have preexisting tricuspid regurgitation.¹⁶ However, the use of LPMs in patients who have undergone THVR has yet to be studied systematically. There are a few case reports published that have shown LPM implantation post-TAVR to be successful; however, these are all single cases.^{17–20}

This study included 10 patients who received LPMs post-THVR in order to analyze initial outcomes when compared with patients who received transvenous single-chamber pacemakers (SCPs) post-THVR. This is the largest study on LPMs post-THVR to the authors' knowledge and is also the first study to compare outcomes between LPMs and traditional SCPs post-THVR. This study will provide much needed data on how well patients do after receiving LPMs post-THVR.

METHODS

Patient Selection

This study was approved by the Columbia University Medical Center Institutional Review Board and was designed as a retrospective chart review. Patients post-THVR underwent implantation of the LPM at the discretion of the electrophysiologists at Columbia University Medical Center. Between February 2017 and August 2018, nine individuals received a LPM following TAVR and one patient received LPM following TMVR. For the comparison group, post-THVR patients who underwent SCP placement at Columbia University Medical Center were identified from the THVR QI database, which includes all patients who had a permanent pacemaker placed after TAVR/TMVR between July 2008 and August 2018. Twenty-three post-THVR patients in this database were identified as having had a SCP placed and included in the study. Patients who required dual chamber pacing were excluded from this study.

Data Collection

The electronic medical records for each patient were screened for target data. This data included demographic and anthropometric information, comorbidities, echocardiographic, and electrocardiogram data at various time points (pre-THVR and post-PPM), operative data, complications, and device interrogation data post-PPM implantation. Grading of tricuspid regurgitation was based on reporting from board certified echocardiographers. Tricuspid regurgitation severity was converted to a numerical system (trace = 0, mild =1, moderate =2, severe = 3) for the purposes of data analysis. Positioning of LPMs was determined based on review of transthoracic echocardiograms, which were performed on all patients post-LPM placement. Patients were followed-up for an average of 158 ± 58 days post-LPM or post-SCP (range of 1 to 1185 days).

Data Analysis

Data analyses were performed using StatPlus software, v6.4.71. One- and two- sided *t*-tests for normally distributed variables were performed to assess for difference in means for each quantitative variable between the LPM and TPM groups, and the unpaired Wilcoxon rank sum test was used for non-normally distributed data. Means and standard error of the mean were calculated for continuous variables. Categorical variables were assessed for differences between groups via chi-square tests.

RESULTS

Subject Characteristics

There were no statistically significant differences between the groups who received SCPs compared to LPMs in age, gender, co-morbidities, BMI, or pre-THVR left ventricular ejection fraction (Table 1). The mean timing of transthoracic echocardiograms prior to TAVR was 20.2 ± 3.4 days and 40.9 ± 14.7 days for the SCP and LPM groups, respectively. Among patients who had a bundle branch block, there were more right than left bundle branch blocks for both the LPM and SCP groups (4 vs. 2 in the LPM group, respectively, and 7 vs. 6 in the SCP group, respectively). In both groups, the vast majority of patients

underwent THVR via transfemoral approach. Among the patients who received LPMs post-TAVR, the vast majority of them received SAPIEN 3 valves as opposed to other types of valves; more variability was seen in the SCP group, with roughly one third receiving CoreValves, another third receiving SAPIEN 3 valves, and the rest receiving a combination of SAPIEN and SAPIEN XT valves. The patient who underwent LPM placement post-TMVR received a SAPIEN 3 valve as well.

Procedural Characteristics

The mean time between TAVR and PPM implantation was 44.7 ± 23.8 days and 15.8 ± 13.2 days for LPMs and SCPs, respectively. Indications for either a LPM or SCP consisted of atrial fibrillation with slow ventricular response or sinus node dysfunction with need for single chamber pacing only. There was no statistically significant difference between the indication for PPM between the two groups, with the majority receiving a PPM for atrial fibrillation with slow ventricular response or high-grade AV block (Table 2). Among the SCP group, 11 out of 23 patients had temporary transvenous pacers (TVPs) left in place post-procedure, compared to the LPM group, where 5 out of 10 patients had TVPs left in place post-procedure. None had documented complications from the TVPs. LPMs were more commonly placed with monitored anesthesia care (MAC), whereas SCPs were more commonly placed with moderate/conscious sedation. LPMs required longer fluoroscopy time, 20.8 minutes, compared to SCPs, which required only 5.3 minutes on average, which is likely due to operator inexperience. Lastly, the average estimated blood loss in LPMs was significantly less than with SCPs.

The same access site, typically right femoral site, was successfully utilized for both TAVR and LPM placement in 8 out of the 10 patients. There were three individuals who were deemed not candidates for LPM due to vascular access issues, such as the presence of a large hematoma, recent IVC filter, or iliac vein stent of which two of were not included in this study and one who received a SCP. Based on echocardiographic data of the patients who received LPMs, 4 LPMs were placed apically, 5 in the septal position, and one LPM was placed in the apical septum (Figure 1).

Outcomes

Follow-up time in this retrospective study was a mean of 199 ± 87.6 days and 84 ± 31.9 days for the SCP and LPM groups, respectively. Patients with LPMs had a statistically significant lower likelihood of worsening tricuspid regurgitation (Table 3). Two post-operative complications in the study occurred in the SCP group: one developed a tension pneumothorax after SCP placement and one individual developed a pocket infection requiring device removal. There was one patient who developed a pseudoaneurysm post LPM, which was later treated with a covered stent due to concern for possible development of high output heart failure. There was no significant difference in frequency of ventricular pacing between LPM and SCP at 1 or 3 months post-PPM, though the LPM group did have lower thresholds and higher impedances. One of 10 patients who received a LPM died of renal failure, as did one of the 23 patients who received a SCP. The one LPM patient who died had chronic renal failure after a failed renal transplant performed over 10 years prior, as well as known long-standing congestive heart failure among other numerous co-morbidities,

had been admitted for volume overload and was on dialysis. The TAVR was placed 5 months prior to death, with the LPM implanted 17 days prior to death without any procedure related complications such as cardiac tamponade, perforation, excessive bleeding or contrast induced renal failure.

DISCUSSION

While LPMs are still relatively new in use, these devices are a promising option for patients with new arrhythmias after THVR requiring PPMs. In this study that included 10 patients receiving LPM post-THVR, which is not only the largest study on LPMs post-THVR to the authors' knowledge but also the first study to compare outcomes between LPMs and traditional SCPs post-THVR, LPMs were found to be associated with less tricuspid regurgitation and less blood loss than SCPs with only one complication associated with LPMs.

Although placement of LPM through the left femoral vein access is possible, when placing LPM in our electrophysiology laboratory, the right femoral vein is preferred. Even though the 27 Fr Micra delivery system is hydrophilic, it is rigid and maneuvering from the left femoral vein challenging, especially in an elderly population with tortuous and angulated venous anatomy. In our electrophysiology laboratory, we now use ultrasound guided for every LPM to minimize vascular complications, especially after the access complication of a pseudoaneurysm in one of our early cases. Prior to LPM placement, we also use femoral vein contrast venography after access with an 8 Fr sheath to roadmap the vein and help the operator decide whether the femoral vein can accommodate the Micra delivery system.

Our finding of less tricuspid regurgitation post-LPM than post-SCP is consistent with prior studies that have shown LPMs to lead to less tricuspid regurgitation than traditional PPMs. ^{12–15} This is an important consideration, especially in the THVR population, as this population tends to be older with a higher prevalence of tricuspid regurgitation at baseline.¹⁶ The decreased blood loss seen with LPMs as compared with SCPs is another important consideration that is particularly relevant to the THVR population, as patients post-THVR will typically be on some form of anti-platelet therapy. Also, over 35% of patients who undergo THVR have pre-existing atrial fibrillation,²¹ a population requiring therapeutic anticoagulation. It was also noted in this study that LPMs could be placed via the ipsilateral access site as THVR without notable complications while on systemic anticoagulation for atrial fibrillation. Lastly, while a significantly longer fluoroscopy time was noted for those undergoing LPM, this time decreased substantially with increased operator experience. The complications of pneumothorax and pocket infection in the SCP group were notable. These are all important factors that should prompt electrophysiologists to consider placement of a LPM in patients who develop bradyarrhythmias requiring a PPM post-THVR. Overall, these devices are most suitable for patients at high risk of infection with adequate vascular access and if performed by a knowledgeable/experienced operator.

Another novel aspect of this study is the analysis of the post-operative imaging of the positioning of LPMs post-THVR. The goal position for LPMs is the septum of the right ventricle.²² In this study, 5 out of the 10 patients who received LPMs post-TAVR had LPMs

Moore et al.

positioned in the septal position. This could be due to left ventricular hypertrophy that is commonly seen in patients with severe aortic stenosis, which can cause bowing of the septum such that the apex of the right ventricle may be more difficult to reach. There were no adverse outcomes associated with the septal positioning of LPMs and a previous study on Micra LPMs also found about 50% of LPMs to be placed in the septal position, similar to our study.²³ Also, in traditional PPMs, studies have shown that septal positioning of leads may actually be preferred to apical positioning as this leads to reduced ventricular dyssynchrony and significantly preserved left ventricular ejection fraction.^{24,25} Longer follow-up, however, will be needed to determine whether the same benefit would be seen with LPMs as with traditional PPMs.

Limitations

The main limitations of this study are 1) the small sample size and 2) its retrospective nature, with some patients having short follow up times. That being said, this is the largest group of LPM patients post-THVR identified in the literature to date. Further studies with longer follow-up times and larger sample sizes will be needed to determine if the results found in this study are seen long-term. Additionally, as this is a retrospective study so no causal effects can be claimed.

CONCLUSIONS

In this study, which is the largest study on LPMs post-THVR to date and also the first study to compare outcomes between LPMs and traditional SCPs post-THVR, LPMs were found to perform as well as SCPs and were found to have less tricuspid regurgitation as well as decreased blood loss during the procedure. Based on these results, LPMs should be considered for patients with new pacemaker-requiring bradyarrhythmias following THVR. Larger studies should be conducted to further investigate longer term outcomes of LPMs placed post-THVR.

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Moore et al.

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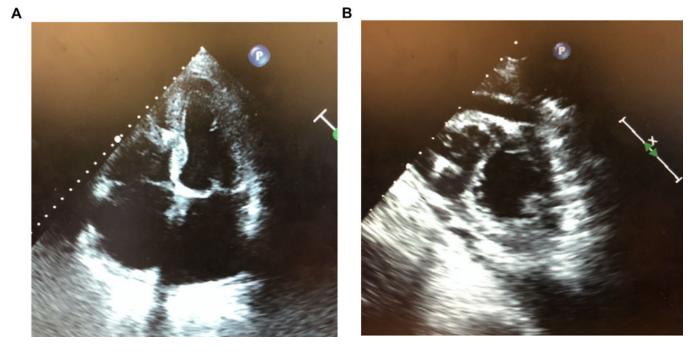


Figure 1.

Transthoracic echocardiograms of leadless pacemakers. (a) Apical 4-chamber view of the leadless pacemaker in the right ventricular septal position. (b) Parasternal short-axis view of the leadless pacemaker in the right ventricular apical position.

Table 1.

Baseline Demographic and THVR Characteristics

	Leadless Pacemaker (n = 10)	Single Chamber Pacemaker (n = 23)	<i>p</i> -value	
Age (y)	82.8 (3.1)	84 (1.4)	0.67	
Gender				
Males	6 (60%)	12 (52%)	0.68	
Females	4 (40%)	11 (48%)		
Body Mass Index	30.4 (2.5)	26.9 (1.5)	0.19	
Pre-THVR Left Ventricular Ejection Fraction	53 (5.2)	52 (3.8)	0.92	
Approach for THVR				
Transfemoral	9 (90%)	20 (87%)	n/a	
Transaortic	0	2 (9%)		
Transapical	1 (10%)	1 (4%)		
Valve Replaced	-			
Aortic	9 (90%)	23 (100%)	n/a	
Mitral	1 (10)	0		
Type of Valve Placed	•	•		
CoreValve	0	7 (30%)	n/a	
Evolut R	1 (10%)	0	а • •	
SAPIEN	0	5 (22%)		
SAPIEN XT	0	2 (9)		
SAPIEN 3	9 (90)	9 (39%)		
Post-TAVR EKG	•	•		
Right bundle branch block	4 (40%)	7 (32%)	0.59	
Left bundle branch block	2 (20%)	6 (27%)	0.70	

Values are presented as mean (SE) or n (%).

THVR = transcatheter heart valve replacement

Table 2.

Pacemaker Procedural Characteristics

	Leadless Pacemaker (n = 10)	Single Chamber Pacemaker (n = 23)	<i>p</i> -value				
Indication for pacemaker							
Atrial fibrillation with slow ventricular response	5 (62.5%)	10 (43%)	0.26				
High-grade atrioventricular block	3 (37.5%)	12 (52%)					
Sinus arrest	0	1 (5%)					
Temporary transvenous pacing	5 (50%)	11 (47.8%)	0.042*				
Fluoroscopy time (mins)	20.8 ±4.7	5.3 ±1.1	<0.01*				
Estimated blood loss (cc)	7.5 ± 2.5	16.8 ± 3.2	0.03*				
Type of anesthesia							
Moderate/Conscious sedation	1 (10%)	18 (78%)	<0.01*				
Monitored anesthesia care	9 (90%)	2 (9%)					
General anesthesia	0 (0)	3 (13%)	N/A				

Table 3.

Outcomes after pacemaker implantation.

	Leadless Pacemaker (n = 10)	Single Chamber Pacemaker (n = 23)	<i>p</i> -value
Change in tricuspid regurgitation grade pre-THVR to post-PPM *	-0.4 ± 0.5	0.11 ±0.17	0.04
Post-operative complications			•
Pseudoaneurysm	1 (4.5%)	0	N/A
Pneumothorax	0	1 (4.5%)	
Pocket infection	0	1 (4.5%)	
PPM Interrogation			
Follow-up post-PPM (d)	84 ± 32	199 ± 87	0.36
Frequency of ventricular pacing at 1 month post-PPM (%)	$50.9 \pm 19.4 \ (n = 5/10)$	$59.2 \pm 9.4 \ (n = 14/23)$	0.46
Frequency of ventricular pacing at 3 months post-PPM (%)	$29.9 \pm 24.2 \ (n = 2/10)$	$46.8 \pm 12.1 \ (n = 4/23)$	0.64
Ventricular capture threshold (V)	0.48 ± 0.07	0.70 ± 0.05	< 0.01
Impedance (ohm)	652 ± 56	544 ± 34	0.02
Sensed ventricular amplitude (mV)	8.6 ± 2.9	9.5 ± 1.9	0.01
Deaths			
PPM-related	0	0	N/A
Not PPM-related	1 (12.5%)	1 (4.3%)	0.51

Values are presented as mean (SE) or n (%).

* Change in tricuspid regurgitation was graded as 0=none, 1=trace, 2=mild, 3=moderate, 4=severe; PPM = permanent pacemaker; THVR = transcatheter heart valve replacement